

**Class 4A State Qualifier at Lewis Central  
Iowa Western Community College  
Council Bluffs, IA  
October 22, 2015**

**Girls Team Results**

Place	School	Total	Finishers (offset scoring)								Total	Average
1	Urbandale	26	1	2	4	5	14	16	26	1:34:08.50	18:49.70	
2	Waukee	49	3	7	8	11	20	21	24	1:37:34.33	19:30.87	
3	Dowling Catholic	74	10	12	15	18	19	22	23	1:39:17.71	19:51.55	
4	Sioux City East	133	6	29	31	33	34	51	52	1:45:11.13	21:02.23	
5	Lewis Central	145	13	25	28	37	42	45	47	1:45:49.20	21:09.84	
6	Sioux City North	170	9	30	41	44	46	48	54	1:48:49.65	21:45.93	
7	Council Bluffs Abraham Lincoln	195	17	39	40	43	56	57	58	1:50:29.75	22:05.95	
8	Sioux City West	203	27	35	36	50	55	60	61	1:51:19.28	22:15.86	
9	Council Bluffs Thomas Jefferson	231	32	38	49	53	59	62	63	1:54:04.35	22:48.87	

**Girls Individual Results**

Place	Name	Year	School	Time
1	Noah, Julia	12	Urbandale	17:43.9
2	Prescott, Elyse	12	Urbandale	18:14.9
3	Brush, Rachel	12	Waukee	18:44.5
4	Malow, Neanagit	12	Urbandale	19:07.8
5	Cole, Mickey	12	Urbandale	19:17.9
6	Lester, Avery	11	Sioux City East	19:27.8
7	Foley, Karson	10	Waukee	19:29.8
8	Neeley, Odessa	11	Waukee	19:30.1
9	Yebra, Lillyana	11	Sioux City North	19:30.5
10	Broderick, Vivian	11	Dowling Catholic	19:37.5
11	Anderson, Maddie	12	Waukee	19:38.5
12	Schweizer, Kelsey	9	Dowling Catholic	19:43.1
13	Madsen, Kye	12	Lewis Central	19:43.5
14	Klavins, Carly	12	Urbandale	19:44.0
15	Fink, Caroline	9	Dowling Catholic	19:44.5
16	Peterson, Avery	10	Urbandale	19:45.8
17	Jones, Claire	10	Council Bluffs Abraham Lincoln	19:51.7
18	Mielander, Janey	9	Dowling Catholic	20:06.0
19	Hubbell, Harriet	11	Dowling Catholic	20:06.6
20	Laird, Maggie	11	Waukee	20:11.5
21	Boyle, Miranda	9	Waukee	20:15.1
22	Freeman, Cate	11	Dowling Catholic	20:15.7
23	Timboe, Kate	9	Dowling Catholic	20:20.6
24	Allen, Jordan	12	Waukee	20:30.4
25	Martin, Jacey	11	Lewis Central	20:35.6
26	Middleswart, Casey	12	Urbandale	20:46.6
27	Mckernan, Kierra	10	Sioux City West	20:51.6
28	Pomrenke, Alissa	10	Lewis Central	20:55.9
29	McCulley, Sami	11	Sioux City East	21:00.7

30	Oyadare, Mercy	11	Sioux City North	21:04.4
31	Vandyke, Lauren	10	Sioux City East	21:23.8
32	Willits, Elise	12	Thomas Jefferson	21:30.5
33	Hill, Joslyn	9	Sioux City East	21:35.4
34	Skokan, Shayna	12	Sioux City East	21:43.4
35	Molden, Emily	10	Sioux City West	21:47.8
36	Meis, Kathleen	12	Sioux City West	21:58.6
37	Parks, Madi	9	Lewis Central	21:59.7
38	Rodriguez, Ana	10	Thomas Jefferson	22:02.1
39	Saldana, Cici	12	Council Bluffs Abraham Lincoln	22:05.0
40	Riche, Hope	10	Council Bluffs Abraham Lincoln	22:15.0
41	Prescott, Nicole	12	Sioux City North	22:29.2
42	Kuckta, Kayla	9	Lewis Central	22:34.6
43	Wink, Sunshine	11	Council Bluffs Abraham Lincoln	22:35.5
44	Kelley, Taylor	10	Sioux City North	22:45.9
45	Ford, Anna	10	Lewis Central	22:50.2
46	Martinez, Lorena	9	Sioux City North	22:59.7
47	Miller, Nicole	12	Lewis Central	23:01.1
48	Glisar, Kelli	10	Sioux City North	23:01.8
49	Jones, Caitlyn	9	Thomas Jefferson	23:03.6
50	Hell, Chloe	10	Sioux City West	23:07.2
51	Hoelsing, Emily	12	Sioux City East	23:07.9
52	Hanson, Paige	10	Sioux City East	23:19.0
53	Blanco, Georgia	10	Thomas Jefferson	23:23.9
54	Courey, Jenna	10	Sioux City North	23:24.5
55	Briones, Giselle	12	Sioux City West	23:34.1
56	Hartman, Hayley	10	Council Bluffs Abraham Lincoln	23:42.5
57	Schilling, Sydney	10	Council Bluffs Abraham Lincoln	23:44.9
58	Lesinger, Emma	12	Council Bluffs Abraham Lincoln	23:52.3
59	Deal, Keyla	10	Thomas Jefferson	24:04.2
60	Valdivia, Karina	12	Sioux City West	24:10.1
61	Diaz, Valerie	9	Sioux City West	24:12.4
62	Englund, Treasure	10	Thomas Jefferson	24:19.2
63	Evers, Emma	9	Thomas Jefferson	24:31.8

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**Boys Team Results**

Place	School	Total	Finishers (offset scoring)					Total Average		Spread	
1	Dowling Catholic	20	1	2	3	4	10	20	21	1:20:33.61	16:06.73
2	Waukee	71	6	8	16	19	22	24	25	1:23:22.23	16:40.45
3	Urbandale	74	5	11	17	18	23	33	35	1:23:33.07	16:42.62
4	Sioux City North	108	12	13	26	27	30	32	58	1:25:35.27	17:07.06
5	Council Bluffs Thomas Jefferson	118	7	15	29	31	36	38	50	1:26:18.67	17:15.74
6	Lewis Central	195	14	39	44	45	53	55	61	1:31:16.04	18:15.21
7	Council Bluffs Abraham Lincoln	208	28	42	43	46	49	56	57	1:32:01.57	18:24.32
8	Sioux City East	209	34	37	40	47	51	52	60	1:32:13.25	18:26.65
9	Sioux City West	211	9	41	48	54	59	62	63	1:32:21.68	18:28.34

**Boys Individual Results**

Place	Name	Year	School	Time
1	Schweizer, Ryan	12	Dowling Catholic	15:50.0
2	Fraizer, Matt	11	Dowling Catholic	16:01.4
3	Carmody, Matthew	10	Dowling Catholic	16:04.2
4	Riesberg, Skyler	12	Dowling Catholic	16:12.6
5	Westphal, Michael	12	Urbandale	16:14.5
6	Lewis, Jackson	11	Waukee	16:16.4
7	Dahlheimer, Jon	12	Thomas Jefferson	16:21.8
8	Sanders, Nathan	11	Waukee	16:22.1
9	Larned, Phoenix	11	Sioux City West	16:25.0
10	Turner, Jack	12	Dowling Catholic	16:25.4
11	Henrichs, Drake	11	Urbandale	16:29.9
12	Folchert, Daniel	12	Sioux City North	16:32.6
13	Bush, Gavin	11	Sioux City North	16:33.6
14	O'Brien, Brenden	11	Lewis Central	16:35.9
15	Midkiff, McGwire	11	Thomas Jefferson	16:36.5
16	Fouts, Dakota	11	Waukee	16:44.7
17	Penningroth, Jonah	12	Urbandale	16:48.5
18	Clabaugh, Griffin	12	Urbandale	16:49.3
19	Phillips, Lincoln	12	Waukee	16:52.4
20	Conner, Kevin	9	Dowling Catholic	16:56.8
21	Clingan, John	11	Dowling Catholic	17:02.0
22	Andrews, Josh	11	Waukee	17:06.6
23	Friedrichsen, Cade	11	Urbandale	17:10.8
24	LeVere, Noah	12	Waukee	17:11.3
25	Dixon, Izaak	11	Waukee	17:15.7
26	Zeman, Will	10	Sioux City North	17:25.0
27	Beller, Camden	11	Sioux City North	17:27.1
28	Schumann, Zach	10	Council Bluffs Abraham Lincoln	17:28.5
29	Carey, Daniel	11	Thomas Jefferson	17:35.6

30	Maynard, Kaleb	12	Sioux City North	17:37.0
31	Raes, Parker	12	Thomas Jefferson	17:38.2
32	Baker, Jackson	10	Sioux City North	17:41.1
33	Mellott, Jacob	11	Urbandale	17:41.1
34	Garcia, Alex	10	Sioux City East	17:57.2
35	Samuel, Dieudonne	12	Urbandale	18:04.8
36	Phillips, Nathan	12	Thomas Jefferson	18:06.6
37	Taylor, Cole	10	Sioux City East	18:10.2
38	Powders, Archie	9	Thomas Jefferson	18:12.9
39	Smith, Daytona	12	Lewis Central	18:16.5
40	Hill, Jeremy	12	Sioux City East	18:24.0
41	Claussen, Tyler	11	Sioux City West	18:24.2
42	Leinen, Caleb	10	Council Bluffs Abraham Lincoln	18:26.7
43	Branigan, Kevin	12	Council Bluffs Abraham Lincoln	18:28.5
44	King, Will	11	Lewis Central	18:37.3
45	Ogg, Chris	11	Lewis Central	18:42.1
46	Dreismeier, Adam	10	Council Bluffs Abraham Lincoln	18:47.0
47	Deweerd, William	10	Sioux City East	18:48.8
48	Rodriguez, Benito	9	Sioux City West	18:49.3
49	Colburn, Jake	10	Council Bluffs Abraham Lincoln	18:51.0
50	Foote, Kenny	12	Thomas Jefferson	18:52.8
51	Sopoci, Rich	12	Sioux City East	18:53.1
52	Protexter, Jake	10	Sioux City East	18:56.5
53	Teply, Bailey	12	Lewis Central	19:04.2
54	Benson, Luke	9	Sioux City West	19:07.9
55	Korner, Noah	12	Lewis Central	19:08.2
56	Kinney, Thad	10	Council Bluffs Abraham Lincoln	19:09.7
57	McMullen, Chandler	11	Council Bluffs Abraham Lincoln	19:29.8
58	Noble, Jacobus	12	Sioux City North	19:32.9
59	Holman, Hiatt	9	Sioux City West	19:35.4
60	Voloshen, Eddie	9	Sioux City East	19:36.2
61	Lodes, River	11	Lewis Central	19:46.4
62	Carabante, Brian	10	Sioux City West	20:12.0
63	Cheron Hernandez, C	11	Sioux City West	20:47.8