

Central Iowa Metro League Central Conference Cross Country Championship**Iowa State University****Ames, IA****October 13, 2015****60s, sunny & windy****Girls Team Results**

Place	School	Total	Finishers (offset scoring)							Average	Spread
1	Urbandale	42	1	5	7	11	18	40		18:53	1:43
2	Johnston	56	2	6	8	15	25	26	30	19:08	1:44
3	Waukee	80	3	10	12	23	32	33	37	19:25	1:48
4	Dowling Catholic	117	16	19	20	24	38	42	47	19:56	0:51
5	Ankeny Centennial	128	13	21	22	29	43	44	61	20:01	1:16
6	Ames	151	4	27	31	41	48	54	55	20:06	2:37
7	Valley	155	9	28	34	35	49	51	62	20:12	1:51
8	Ankeny	204	17	39	45	46	57	58	59	20:45	1:42
9	Southeast Polk	208	14	36	50	52	56	64		20:45	1:51
10	Mason City	310	53	60	63	66	68	70	72	22:20	1:50
11	Marshalltown	345	65	67	69	71	73	74	75	23:33	1:48

Incomplete Teams: Fort Dodge

Girls Individual Results

Place	Name	Year	Time	School
1	Julia Noah	Sr	18:03	Urbandale
2	Jessica McKee	So	18:14	Johnston
3	Rachel Brush	Sr	18:24	Waukee
4	Claire Dupuis	Sr	18:28	Ames
5	Elyse Prescott	Sr	18:29	Urbandale
6	Emily Poss	Jr	18:39	Johnston
7	Mickey Cole	Sr	18:50	Urbandale
8	Madeleine Bradley	Sr	19:10	Johnston
9	Helen Gould	Fr	19:15	Valley
10	Karson Foley	So	19:15	Waukee
11	Neanagit Malow	Sr	19:16	Urbandale
12	Odessa Neeley	Jr	19:18	Waukee
13	Ashley Arends	Jr	19:29	Ankeny Centennial
14	Sierra Mitchell	Jr	19:34	Southeast Polk
15	Anna Toot	Sr	19:36	Johnston
16	Vivian Broderick	Jr	19:41	Dowling Catholic
17	Alex Robran	So	19:44	Ankeny
18	Carly Klavins	Sr	19:45	Urbandale
19	Janey Meilander	Fr	19:45	Dowling Catholic
20	Kelsey Schweizer	Fr	19:46	Dowling Catholic
21	Megan Gray	So	19:53	Ankeny Centennial
22	McKenzie Geiger	So	19:54	Ankeny Centennial
23	Lily Campbell	So	19:56	Waukee
24	Caroline Fink	Fr	19:56	Dowling Catholic
25	Claire Burger	So	19:57	Johnston

26	Taryn Swaim	So	19:58	Johnston
27	Emily Rehmann	Sr	20:03	Ames
28	Emily Ash	Fr	20:04	Valley
29	Taylor Brown	Sr	20:05	Ankeny Centennial
30	Sara Ness	Sr	20:05	Johnston
31	Katelyn Moore	Jr	20:11	Ames
32	Maddie Anderson	Sr	20:12	Waukee
33	Maggie Laird	Jr	20:13	Waukee
34	Sam Ellis	Sr	20:13	Valley
35	Kate Snodgrass	Fr	20:20	Valley
36	Kaitlyn Walker	Sr	20:26	Southeast Polk
37	Miranda Boyle	Fr	20:28	Waukee
38	Kate Timboe	Fr	20:31	Dowling Catholic
39	Lily Jones	Jr	20:32	Ankeny
40	Casey Middleswart	Sr	20:38	Urbandale
41	Katie Fukushima	Jr	20:43	Ames
42	Molly Flood	So	20:44	Dowling Catholic
43	Jesslyn Gaumer	Fr	20:44	Ankeny Centennial
44	Jaedyn Birchmier	So	20:46	Ankeny Centennial
45	Meghan Trimble	So	20:58	Ankeny
46	Naomi Hill	Jr	21:02	Ankeny
47	Jillian Jaeger	Jr	21:04	Dowling Catholic
48	Ryan Weiss	Jr	21:05	Ames
49	Gretta Hingl	Sr	21:05	Valley
50	Mikaela Lawler	Sr	21:06	Southeast Polk
51	Riley Bright	Jr	21:09	Valley
52	Chaybrin Olsen	So	21:12	Southeast Polk
53	Diedre Beavers	Jr	21:19	Mason City
54	Eva Hill	Fr	21:20	Ames
55	Emma Cardenas	Fr	21:20	Ames
56	Taylor Beyer	Fr	21:24	Southeast Polk
57	Hannah Zadeh	Jr	21:26	Ankeny
58	Emily Bosch	Jr	21:30	Ankeny
59	Makenna Drea	Fr	21:34	Ankeny
60	Gabby Estlund	So	21:45	Fort Dodge
61	Julia Dunlavey	Jr	21:50	Mason City
62	Savanna Henning	Sr	21:57	Ankeny Centennial
63	Haley Anglea	Sr	22:05	Valley
64	Alyssa Wendel	Sr	22:22	Mason City
65	Sydney Milani	So	22:30	Southeast Polk
66	Ruth Boland	Sr	22:52	Marshalltown
67	Abigail Read	Jr	22:58	Mason City
68	Tanna Underhill	Fr	23:08	Marshalltown
69	Karynna Jones	Fr	23:09	Mason City
70	Ellyn Boland	Sr	23:16	Marshalltown
71	Halle Phillips	Sr	23:20	Mason City
72	Aspen Chadderdon	Jr	23:47	Marshalltown
73	Odeleine Daugherty	Fr	24:16:00	Mason City

74	Katarina Olson	Sr	24:24:00	Fort Dodge
75	Daisy Gomez	Sr	24:40:00	Marshalltown
76	Kayla Smith	Fr	28:30:00	Fort Dodge
77	Victoria Johnson	So	31:08:00	Marshalltown
78	Ashley MacBeth	Jr	31:46:00	Marshalltown

Central Iowa Metro League Central Conference Cross Country Championship**Iowa State University****Ames, IA****October 13, 2015****60s, sunny & windy****Boys Team Results**

Place	School	Total	Finishers (offset scoring)							Average	Spread
1	Dowling Catholic	44	6	8	9	10	11	18	31	16:22	0:22
2	Valley	88	4	5	22	25	32	33		16:39	1:04
3	Waukee	103	12	15	17	24	35	46	58	16:52	0:42
4	Urbandale	113	7	19	21	27	39			16:53	1:07
5	Johnston	128	1	3	34	42	48	52		16:45	1:47
6	Ames	150	13	26	30	36	45	55	62	17:06	0:44
7	Ankeny	159	14	20	38	40	47	53	61	17:09	0:42
8	Ankeny Centennial	197	2	41	43	54	57	59	64	17:15	1:50
9	Southeast Polk	222	23	44	49	50	56	63		17:26	0:50
10	Mason City	234	28	29	51	60	66	69	72	17:36	1:19
11	Fort Dodge	255	16	37	65	67	70	75	79	17:53	1:54
12	Marshalltown	362	68	71	73	74	76	77	78	19:17	1:31

Boys Individual Results

Place	Name	Year	Time	School
1	Patrick Bose	Jr	15:42	Johnston
2	Camden Cox	So	15:58	Ankeny Centennial
3	Zach Smith	Sr	16:00	Johnston
4	Habibu Moise	So	16:03	Valley
5	Trevor Kirk	Jr	16:09	Valley
6	Matt Fraizer	Jr	16:10	Dowling Catholic
7	Michael Westphal	Sr	16:12	Urbandale
8	Jack Fink	Jr	16:18	Dowling Catholic
9	Matthew Carmody	So	16:23	Dowling Catholic
10	Skyler Riesberg	Sr	16:26	Dowling Catholic
11	Jack Turner	Sr	16:31	Dowling Catholic
12	Jackson Lewis	Jr	16:32	Waukee
13	Lee Grim	Sr	16:42	Ames
14	Tim Sindt	Fr	16:45	Ankeny
15	Nathan Sanders	Jr	16:46	Waukee
16	Ryan Wagner	Jr	16:49	Fort Dodge
17	Josh Andrews	Jr	16:50	Waukee
18	John Clingan	Jr	16:51	Dowling Catholic
19	Drake Henrichs	Jr	16:53	Urbandale
20	Grant Acoymo	Sr	16:53	Ankeny
21	Jonah Penningroth	Sr	16:55	Urbandale
22	Robert Knudsen	Sr	16:56	Valley
23	Dalten Lehman	Sr	16:56	Southeast Polk
24	Lincoln Phillips	Sr	16:57	Waukee
25	Nicholas Johnson	So	16:58	Valley

26	Marcus Reecy	Jr	17:00	Ames
27	Griffin Clabaugh	Sr	17:03	Urbandale
28	Thomas Rowe	Jr	17:04	Mason City
29	Jack Phillips	So	17:04	Mason City
30	Brian Today	Jr	17:05	Ames
31	Kevin Conner	Fr	17:06	Dowling Catholic
32	Collin Day	Jr	17:06	Valley
33	Britton Klomstad	Sr	17:07	Valley
34	Dallin Russell	Sr	17:10	Johnston
35	Noah LeVere	Sr	17:13	Waukee
36	Ariel Rizhsky- Yakob	Sr	17:15	Ames
37	Jason Halvorson	Jr	17:16	Fort Dodge
38	Jay Mixdorf	Jr	17:19	Ankeny
39	Cade Friedrichsen	Jr	17:19	Urbandale
40	Riley Trent	Sr	17:19	Ankeny
41	Jayden Oshirak	So	17:21	Ankeny Centennial
42	Isaac Tegeler	Sr	17:21	Johnston
43	Dakota Lucht	Sr	17:22	Ankeny Centennial
44	Beau Lessard	So	17:24	Southeast Polk
45	Shafim Khoda	Sr	17:26	Ames
46	Izaak Dixon	Jr	17:26	Waukee
47	Daylan Wagener	So	17:27	Ankeny
48	Erik Francois	Sr	17:28	Johnston
49	Jake Jauron	So	17:30	Southeast Polk
50	Cutler Owens	So	17:35	Southeast Polk
51	John Kraft	Sr	17:36	Mason City
52	Braden Cooper	Sr	17:39	Johnston
53	Jacob Babcock	Sr	17:40	Ankeny
54	Tanner Stumm	Sr	17:43	Ankeny Centennial
55	Kear Kear	So	17:45	Ames
56	Andrew Owens	So	17:45	Southeast Polk
57	Jonah Vicker	Fr	17:48	Ankeny Centennial
58	Kevin Kato	Jr	17:52	Waukee
59	Alex Patkin	Fr	17:53	Ankeny Centennial
60	Michael Rowe	Fr	17:53	Mason City
61	Cole Jacobson	Jr	17:57	Ankeny
62	Malkan Santiago	Sr	18:00	Ames
63	Brandon Lynch	Sr	18:02	Southeast Polk
64	Juan Portal-Figueroa	So	18:03	Ankeny Centennial
65	Cole Determing	Sr	18:11	Fort Dodge
66	Kyle Younker	Jr	18:23	Mason City
67	Ian Ebelsheiser	Sr	18:24	Fort Dodge
68	Tony Smith	Sr	18:25	Marshalltown
69	Jacob Lang	So	18:27	Mason City
70	Brady Read	Jr	18:42	Fort Dodge
71	Luke Peterson	So	18:48	Marshalltown
72	Derek Johnson	So	19:11	Mason City
73	John Boland	Jr	19:37	Marshalltown

74	Reggie Johannes	Sr	19:38	Marshalltown
75	Justin Vaughn	So	19:48	Fort Dodge
76	Dylan Roseburrough	So	19:56	Marshalltown
77	Samson Prebot	Fr	20:02	Marshalltown
78	Sam Arneson	Sr	20:03	Marshalltown
79	Brennen DeCoursey	Jr	20:33	Fort Dodge