

Central Iowa Metro League, Metro Conference, Cross Country Championships
Ewing Park
Des Moines, IA
October 15, 2015

Girls Team Results

Place	School	Total	Finishers (offset scoring)							Average Spread	
1	Indianola	30	2	4	5	8	11	15	20	20:51	1:04
2	Roosevelt	39	1	7	9	10	12	16	17	21:07	1:08
3	Ottumwa	76	3	13	18	19	23	24	26	22:48	3:50
4	Lincoln	105	6	14	27	28	30	31	33	24:02	4:59
5	Hoover	129	21	22	25	29	32			25:18	3:06

Incomplete Teams: North, East

Girls Individual Results

Place	Name	Year	School	Time	Pace
1	Brennan Drake	So	20:25	Roosevelt	
2	Paige Nicholson	Sr	20:26	Indianola	
3	Kylie Latham	So	20:33	Ottumwa	
4	Grace Berg	So	20:36	Indianola	
5	Katelyn Schulze	Jr	20:44	Indianola	
6	Audrey Klein	Sr	20:48	Lincoln	
7	Megan Fleming	Fr	20:57	Roosevelt	
8	Jadyne Forbes	Fr	20:57	Indianola	
9	Sarah Schott	So	21:16	Roosevelt	
10	Alex Kozlowski	Jr	21:21	Roosevelt	
11	Jensen Gebhart	So	21:30	Indianola	
12	Mae Murphy	Jr	21:32	Roosevelt	
13	Alejandra Gaspar	So	22:14	Ottumwa	
14	Caitlyn Lucht	So	22:23	Lincoln	
15	Micheala Baretta	Sr	22:29	Indianola	
16	Beyonce Karlstad	Fr	23:12	Roosevelt	
17	Rebecca Osthus	Jr	23:13	Roosevelt	
18	Sam McCoy	Jr	23:21	Ottumwa	
19	Georgia Garrett	Sr	23:30	Ottumwa	
20	Jacque McGinnis	Jr	23:37	Indianola	
21	Pryce Johnson	Jr	24:11	Hoover	
22	Rachel Math	Fr	24:16	Hoover	
23	Sydney Schlarbaum	Fr	24:22	Ottumwa	
24	Karen Granados-Nada	Sr	24:43	North	
25	Morgan Lawson	So	24:54	Ottumwa	
26	Deissy Gonzalez	So	24:56	East	
27	Lydia Swanson	Fr	24:57	Hoover	
28	Raquel Contreras	Sr	25:02	Ottumwa	
29	Hager Ibrahim	Fr	25:18	East	
30	Joslyn Cardenas	So	25:30	Lincoln	
31	Hadley Brown	So	25:40	Lincoln	
32	Rebekah Bourland	So	25:45	Hoover	

33	Delefine Niyigena	So	25:46	North
34	Emily Hoffman	So	25:47	Lincoln
35	Marie Demuth	Jr	25:59	East
36	Isabelle Gruis	Sr	26:23	Lincoln
37	Sam Jones	Sr	27:17	Hoover
38	Sophia Sanchez	Jr	27:29	Lincoln
39	Libbie Skeffington	Jr	29:46	East
40	Ella Cummings	Fr	32:36	North
41	Riziki Kipendo	Fr	37:56	North

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Boys Team Results

Place	School	Total	Finishers (offset scoring)							Average Spread	
1	Indianola	24	1	3	5	7	8	9	13	17:01	0:29
2	Roosevelt	53	6	10	11	12	14	16	23	17:33	0:53
3	Ottumwa	83	4	15	17	18	29	32	34	18:18	2:17
4	Lincoln	130	2	27	31	33	37	38	43	19:02	3:20
5	Hoover	138	22	24	26	30	36	45	46	19:21	0:10
6	East	149	19	21	28	40	41	47	48	19:30	1:40
7	North	161	20	25	35	39	42	44	49	19:42	1:44

Boys Individual Results

Place	Name	Year	School	Time
1	Oleg Nochvay	Sr	16:42	Indianola
2	Tanner Wood	Sr	16:42	Lincoln
3	Quentin Linnan	So	16:56	Indianola
4	dalton bowers	Jr	17:04	Ottumwa
5	Tyler Combs	Sr	17:06	Indianola
6	Abdisalan Omar	Sr	17:06	Roosevelt
7	Gabe Pottebaum	So	17:09	Indianola
8	Seth Nostrala	Jr	17:11	Indianola
9	Joe Howard	Sr	17:26	Indianola
10	Harry Prentice	Fr	17:26	Roosevelt
11	Ethan Shafer	Jr	17:30	Roosevelt
12	Ali Lula	Jr	17:40	Roosevelt
13	Dudley Yeoman	Jr	17:51	Indianola
14	Matt Moreland	Sr	17:59	Roosevelt
15	conner riley	So	18:08	Ottumwa
16	Matt Voss	Jr	18:19	Roosevelt
17	curtis ford	Sr	18:23	Ottumwa
18	roger cruz	Jr	18:34	Ottumwa
19	Michael Gebre	Jr	18:40	East
20	Peter Ngo	Fr	18:42	North
21	Sahal Sahal	So	18:54	East
22	Cooper Mortenson	Sr	18:57	Hoover
23	Jack Wahlig	Sr	19:06	Roosevelt
24	Ashton Johnson	Jr	19:07	Hoover
25	Albert Rassavong	Jr	19:08	North
26	Owen McGuffin	Jr	19:11	Hoover
27	Dylan Veigulis	Fr	19:13	Lincoln
28	John Rickabaugh	So	19:14	East
29	riley wynn	Sr	19:20	Ottumwa
30	Hernan Martinez	Sr	19:29	Hoover
31	Noah Worthington	Jr	19:34	Lincoln

32	jenelson lopez	Jr	19:37	Ottumwa
33	Zach Acevedo	Sr	19:38	Lincoln
34	drew riley	So	19:47	Ottumwa
35	Emmanuel Deng	Fr	19:56	North
36	Vella Tembe	Sr	19:57	Hoover
37	Barry Bartlett	So	20:01	Lincoln
38	Gage Simmer	Fr	20:06	Lincoln
39	Musa Kipendo	So	20:16	North
40	Anthony Rodriguez	So	20:19	East
41	Taryn Anderson	Fr	20:19	East
42	William Rassavong	Fr	20:25	North
43	Coby Konkol	Fr	20:33	Lincoln
44	Jesus Juarez	Fr	20:37	North
45	Josh Siefken	Sr	21:07	Hoover
46	Matt Bourland	Sr	21:21	Hoover
47	Hardik Kalra	Jr	21:34	East
48	Donald Carpenter	Fr	21:44	East
49	Emmanuel Poweh	Fr	21:50	North