

**Mississippi Valley Conference, Mississippi Divisional Cross Country Championships**  
**Dubuque Soccer Complex**  
**Dubuque, IA**  
**October 15, 2015**

**Girls Team Results**

Place	School	Total	Average	Total	Spread
1.	30	Iowa City City High	19:20.3	96:41.2	1:38.0
2.	43	Dubuque Hempstead	19:41.3	98:26.4	1:05.2
3.	98	Cedar Rapids Washington	20:41.1	103:25.2	4:02.8
4.	100	Prairie	20:38.6	103:12.6	1:18.9
5.	117	Cedar Rapids Xavier	20:56.3	104:41.3	2:08.1
6.	142	Waterloo West	21:40.0	108:20.0	2:30.0

**Girls Individual Results**

Place	Name	Year	School	Time	Pace
1	Mary Arch	11	Iowa City City High	18:27.3	5:57
2	Reagan Gorman	9	Cedar Rapids Washington	18:28.8	5:57
3	Anna Lindower	9	Iowa City City High	18:58.5	6:07
4	Kristin Brown	11	Dubuque Hempstead	19:06.8	6:10
5	Emily Bywater	11	Iowa City City High	19:24.1	6:15
6	Jenny Dickes	12	Cedar Rapids Xavier	19:25.7	6:16
7	Casey Nichols	10	Dubuque Hempstead	19:28.0	6:16
8	Heather Hostager	10	Dubuque Hempstead	19:42.3	6:21
9	Mollie Hansen	11	Iowa City City High	19:46.0	6:22
10	Alesha Duccini	12	Dubuque Hempstead	19:57.3	6:26
11	Sarah Altemeier	10	Cedar Rapids Washington	19:59.0	6:26
12	Aly Hecker	9	Iowa City City High	20:05.3	6:28
13	Alissa Neubauer	10	Prairie	20:06.2	6:29
14	Brenna Fransen	11	Dubuque Hempstead	20:12.0	6:31
15	Amelia Morrow	10	Iowa City City High	20:16.6	6:32
16	Cayla Renwick	11	Prairie	20:21.3	6:34
17	Drueana Uribe	12	Waterloo West	20:22.0	6:34
18	Emily Bucheit	11	Dubuque Hempstead	20:32.7	6:37
19	Celeste Chadwick	11	Iowa City City High	20:32.8	6:37
20	Heidi Welu	11	Dubuque Hempstead	20:34.4	6:38
21	Avery Henderson	10	Prairie	20:37.9	6:39
22	Victoria Enyart	11	Prairie	20:42.1	6:40
23	Megan Lenss	11	Cedar Rapids Xavier	20:48.1	6:42
24	Camryn Meyer	9	Waterloo West	21:01.0	6:46
25	Serena Eck	10	Cedar Rapids Washington	21:12.4	6:50
26	Brett Visser	12	Cedar Rapids Washington	21:13.4	6:50
27	Lydia Brown	12	Cedar Rapids Xavier	21:22.9	6:53
28	Kirstin Skriver	10	Prairie	21:25.1	6:54
29	Aliyah Robinson	11	Waterloo West	21:25.4	6:54
30	Emiko Coffey	11	Cedar Rapids Xavier	21:30.8	6:56
31	Annie Sigmon	11	Cedar Rapids Xavier	21:33.8	6:57
32	Meghan Brune	11	Prairie	21:37.9	6:58

33	Abigail Tanko	11	Cedar Rapids Xavier	22:01.6	7:06
34	Mallory Sage	11	Waterloo East	22:23.6	7:13
35	Mekela Spence	10	Cedar Rapids Washington	22:31.6	7:16
36	Reiley Lichty	9	Waterloo West	22:39.6	7:18
37	Megan Grimm	10	Prairie	22:45.7	7:20
38	Abby Avis	9	Waterloo West	22:52.0	7:22
39	Ruth Schares	10	Waterloo West	23:10.3	7:28
40	Sierra Sheets	12	Cedar Rapids Washington	23:17.2	7:30
41	Elizabeth Abarca	11	Waterloo West	23:46.4	7:40
42	Olivia Kennedy	9	Cedar Rapids Washington	24:22.6	7:51
43	Jessica Knebel	11	Waterloo East	25:13.5	8:08

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**Boys Team Results**

Place	School	Total	Average	Total	Spread
1.	25	Prairie	16:06.4	80:31.6	0:54.0
2.	56	Dubuque Hempstead	16:29.8	82:28.9	0:38.6
3.	74	Iowa City City High	16:39.4	83:16.9	0:31.0
4.	99	Cedar Rapids Washington	16:47.1	83:55.2	0:39.9
5.	132	Waterloo West	17:05.0	85:24.8	0:43.7
6.	134	Cedar Rapids Xavier	17:15.9	86:19.1	1:36.0
7.	225	Waterloo East	20:43.2	103:36.0	2:27.9

**Boys Individual Results**

Place	Name	Year	School	Time	Pace
1	Tysen Vandraska	12	Prairie	15:29.5	5:00
2	Cam Steffens	11	Prairie	15:58.8	5:09
3	Adam Mueller	11	Dubuque Hempstead	16:11.8	5:13
4	Matthew Dodge	11	Iowa City City High	16:16.9	5:15
5	Chris Oehlert	12	Prairie	16:17.6	5:15
6	Isaac Slagel	12	Dubuque Hempstead	16:18.8	5:16
7	Steven Culpepper	12	Cedar Rapids Xavier	16:21.0	5:16
8	Jake Moore	12	Prairie	16:22.2	5:17
9	Colton Lagrange	9	Prairie	16:23.5	5:17
10	Samuel Eck	12	Cedar Rapids Washington	16:25.1	5:18
11	Joey Schultz	11	Dubuque Hempstead	16:32.1	5:20
12	Addison Kalb	10	Dubuque Hempstead	16:35.8	5:21
13	Elijah Vlasek	10	Prairie	16:39.0	5:22
14	Finbar Berry	12	Cedar Rapids Washington	16:41.6	5:23
15	Russell Martin	12	Iowa City City High	16:42.1	5:23
16	Ry Threkeld-Weigand	9	Iowa City City High	16:44.4	5:24
17	Clayton Streed	10	Waterloo West	16:45.6	5:24
18	Michael Taylor	11	Iowa City City High	16:45.6	5:24
19	Jonathan Francois	12	Cedar Rapids Xavier	16:47.6	5:25
20	Patrick Gorman	11	Cedar Rapids Washington	16:47.9	5:25
21	Tom McDowell	12	Iowa City City High	16:47.9	5:25
22	Grant Meardon	12	Iowa City City High	16:48.4	5:25
23	James Ritter	12	Waterloo West	16:49.1	5:25
24	Austin Pffifner	12	Dubuque Hempstead	16:50.4	5:26
25	David Holesinger	9	Dubuque Hempstead	16:52.6	5:26
26	Khory Nobles	9	Cedar Rapids Washington	16:55.6	5:27
27	Lucas Firmstone	10	Iowa City City High	16:57.6	5:28
28	Spencer Odekirk	10	Waterloo West	17:03.6	5:30
29	Paul Schneidermann	9	Cedar Rapids Washington	17:05.0	5:30
30	Ryan Strauss	12	Dubuque Hempstead	17:09.3	5:32
31	Isaiah Arndorfer	11	Waterloo West	17:17.2	5:34

32	Levi Lefebure	12	Prairie	17:19.4	5:35
33	Cody Samuelson	10	Waterloo West	17:29.3	5:38
34	Mahlon Steepleton	11	Cedar Rapids Xavier	17:35.4	5:40
35	Josh Sauer	11	Cedar Rapids Washington	17:35.6	5:40
36	John Pape	10	Cedar Rapids Xavier	17:38.1	5:41
37	William Huynh	12	Waterloo West	17:49.6	5:45
38	Nick Lyon	12	Cedar Rapids Xavier	17:57.0	5:47
39	Joe Scieszinski	10	Cedar Rapids Xavier	17:58.9	5:48
40	Sam O'Brien	10	Waterloo West	18:01.5	5:49
41	Nolan Pithan	10	Cedar Rapids Xavier	18:30.3	5:58
42	Sam McDermott	11	Cedar Rapids Washington	18:44.0	6:02
43	Blake Boeckman	10	Waterloo East	19:58.8	6:26
44	Jacob Smith	12	Waterloo East	20:00.6	6:27
45	Tyler Kamp	12	Waterloo East	20:17.9	6:32
46	Dan Snook	12	Waterloo East	20:52.0	6:43
47	Clayton Doyle	12	Waterloo East	22:26.7	7:14