

Missouri River Cross Country Championships
Iowa Western Community College
Council Bluffs, IA
October 15, 2015

Girls Team Results

Place	School	Total	Finishers (Offset Scoring)								Total	Average
1	Bishop Heelan	39	3	6	7	11	12	14	16	1:45:07.69	21:01.54	
2	Sioux City East	44	2	5	9	13	15	32		1:44:55.97	20:59.20	
3	Sioux City North	81	1	10	19	24	27	30	31	1:48:49.07	21:45.82	
4	CB Abraham Lincoln	105	4	17	23	26	35	42	44	1:51:58.32	22:23.67	
5	Sioux City West	119	8	18	21	33	39	43	45	1:53:19.20	22:39.84	
6	Council Bluffs TJ	143	20	22	28	36	37	40		1:56:17.62	23:15.53	
7	Sergeant-Bluff Luton	167	25	29	34	38	41	46	47	1:59:02.19	23:48.44	

Girls Individual Results

Place	Name	School	Time
1	Yebra, Lillyana	Sioux City North	19:38.4
2	Lester, Avery	Sioux City East	19:51.6
3	Ryan, Kali	Bishop Heelan	20:09.7
4	Jones, Claire	CB Abraham Lincoln	20:29.0
5	Mcculley, Sami	Sioux City East	20:38.7
6	Jensen, Annie	Bishop Heelan	20:49.5
7	Hutchinson, Hannah	Bishop Heelan	20:59.2
8	Mckernan, Kierra	Sioux City West	21:00.8
9	Vandyke, Lauren	Sioux City East	21:05.0
10	Oyadare, Mercy	Sioux City North	21:05.4
11	Luft, Lauren	Bishop Heelan	21:34.5
12	Jochum, Madison	Bishop Heelan	21:34.8
13	Hill, Joslyn	Sioux City East	21:36.1
14	Peck, Ashlyn	Bishop Heelan	21:44.3
15	Skokan, Shayna	Sioux City East	21:44.5
16	Aesoph, Ashley	Bishop Heelan	21:44.8
17	Saldana, Cici	CB Abraham Lincoln	21:50.1
18	Meis, Kathleen	Sioux City West	21:55.3
19	Martinez, Lorena	Sioux City North	22:05.1
20	Willits, Elise	Council Bluffs TJ	22:12.0
21	Molden, Emily	Sioux City West	22:20.4
22	Rodriguez, Ana	Council Bluffs TJ	22:33.0
23	Riche, Hope	CB Abraham Lincoln	22:37.2
24	Kelley, Taylor	Sioux City North	22:47.5
25	Fields, Rachel	Sergeant-Bluff	22:57.5
26	Wink, Sunshine	CB Abraham Lincoln	23:00.0
27	Glisar, Kelli	Sioux City North	23:12.7
28	Jones, Caitlyn	Council Bluffs TJ	23:18.1
29	Christensen, Hannah	Sergeant-Bluff	23:23.6
30	Courey, Jenna	Sioux City North	23:26.2
31	Prescott, Nicole	Sioux City North	23:34.4

32	Hanson, Paige	Sioux City East	23:38.6
33	Hell, Chloe	Sioux City West	23:42.8
34	Johns, Jessica	Sergeant-Bluff	23:45.1
35	Lesinger, Emma	CB Abraham Lincoln	24:02.0
36	Blanco, Georgia	Council Bluffs TJ	24:02.8
37	Deal, Keyla	Council Bluffs TJ	24:11.8
38	Ryan, Kelsi	Sergeant-Bluff	24:18.4
39	Diaz, Valerie	Sioux City West	24:19.8
40	Evers, Emma	Council Bluffs TJ	24:35.9
41	Deitloff, Terri	Sergeant-Bluff	24:37.6
42	Schilling, Sydney	CB Abraham Lincoln	24:40.2
43	Briones, Giselle	Sioux City West	24:45.3
44	Hartman, Hayley	CB Abraham Lincoln	25:10.3
45	Valdivia, Karina	Sioux City West	25:29.3
46	Warren, Catie	Sergeant-Bluff	26:07.3
47	Dillavou, Mary	Sergeant-Bluff	26:48.6

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Boys Team Results

Place	School	Total	Finishers (Offset Scoring)							Total	Average
1	Sioux City North	39	4	7	8	9	11	14	21	1:26:38.31	17:19.67
2	Council Bluffs TJ	48	2	3	10	13	20	22	23	1:26:53.28	17:22.66
3	Bishop Heelan	104	5	12	28	29	30	37	42	1:31:37.67	18:19.54
4	Sioux City East	112	17	18	19	27	31	32	44	1:32:26.20	18:29.24
5	Abraham Lincoln	113	15	16	24	25	33	35	39	1:32:01.43	18:24.29
6	Sioux City West	141	1	26	36	38	40	41	43	1:34:06.94	18:49.39
7	Sergeant-Bluff Luton	178	6	34	45	46	47			1:39:34.07	19:54.82

Boys Individual Results

Place	Name	School	Time
1	Larned, Phoenix	Sioux City West	16:26.4
2	Dahlheimer, Jon	Council Bluffs TJ	16:37.9
3	Midkiff, Mcgwire	Council Bluffs TJ	16:46.8
4	Bush, Gavin	Sioux City North	16:58.0
5	Ritz, Conner	Bishop Heelan	17:09.4
6	Scott, Miles	Sergeant-Bluff	17:12.5
7	Zeman, Will	Sioux City North	17:17.8
8	Beller, Camden	Sioux City North	17:25.1
9	Maynard, Kaleb	Sioux City North	17:26.3
10	Raes, Parker	Council Bluffs TJ	17:26.6
11	Folchert, Daniel	Sioux City North	17:31.1
12	Friessen, Adam	Bishop Heelan	17:34.4
13	Carey, Daniel	Council Bluffs TJ	17:38.2
14	Baker, Jackson	Sioux City North	17:42.5
15	Branigan, Kevin	Abraham Lincoln	17:46.2
16	Schumann, Zachary	Abraham Lincoln	17:50.7
17	Taylor, Cole	Sioux City East	18:03.4
18	Hill, Jeremy	Sioux City East	18:12.3
19	Garcia, Alex	Sioux City East	18:16.6
20	Powders, Archie	Council Bluffs TJ	18:23.7
21	Noble, Jacobus	Sioux City North	18:27.2
22	Phillips, Nathan	Council Bluffs TJ	18:31.7
23	Foote, Kenny	Council Bluffs TJ	18:33.0
24	Dreismeier, Adam	Abraham Lincoln	18:33.9
25	Leinen, Caleb	Abraham Lincoln	18:37.1
26	Claussen, Tyler	Sioux City West	18:41.4
27	Deweerd, William	Sioux City East	18:49.6
28	Barber, Nathan	Bishop Heelan	18:53.5
29	Dougherty, John	Bishop Heelan	18:59.5
30	Murphy, Ben	Bishop Heelan	19:00.8
31	Sopoci, Rich	Sioux City East	19:04.3

32	Protexter, Jake	Sioux City East	19:04.8
33	Colburn, Jacob	Abraham Lincoln	19:13.5
34	Lincoln, Joe	Sergeant-Bluff	19:16.9
35	Messenger, Tyler	Abraham Lincoln	19:21.0
36	Benson, Luke	Sioux City West	19:28.8
37	Suhr, Brenden	Bishop Heelan	19:30.4
38	Carabante, Brian	Sioux City West	19:32.1
39	Mcmullen, Chandler	Abraham Lincoln	19:47.5
40	Holman, Hiatt	Sioux City West	19:58.2
41	Reyna Zapon, Andrew	Sioux City West	20:00.2
42	Callaghan, Sean	Bishop Heelan	20:02.8
43	Cota, Byron	Sioux City West	20:03.6
44	Ferguson, Noah	Sioux City East	20:04.3
45	Grames, Tyler	Sergeant-Bluff	20:14.5
46	Wall, Brady	Sergeant-Bluff	21:07.3
47	Dillavou, Danny	Sergeant-Bluff	21:42.9