

IOWA ASSOCIATION of TRACK COACHES



Fall 2008 Newsletter
IATC Website: www.iatfcc.org

President's Message Tony Bussan IATC President

I hope you have all had an enjoyable and productive summer. Like many of you I greatly enjoyed the NCAA Championships at Drake. They were a very special time for track and field in Iowa. Brian Brown and his staff, along with all who were involved deserve tremendous credit. The IATC hosted the Senior Spotlight Meet at UNI. This marked our last hosting of the event for a few years. It will be moving to Platteville Wisconsin next summer. Dick Washburn has done a tremendous job over the years with the meet and he continues to coordinate the event. A side note: Best wishes to Coach Bucknam and Coach Case as they assume their new responsibilities at the top of the Arkansas track program. Also the IATC's best goes to Travis Geopfert as he takes over the UNI program.

Your IATC officers and representatives have been hard at work this summer preparing for a major improvement for our organization. We have contracted with INS Services of West Des Moines to design and implement an entirely new website. The officers and representatives have worked throughout the summer to provide input and receive training. The new site should be operational as you read this. I believe you will find it to be a significant improvement and far more user friendly. Dick Washburn continues as our web coordinator.

The IATC kicked off the new and improved version of our distance running clinic on the first Saturday in August. It was attended by nearly 60 coaches and featured some outstanding clinicians. Steve Brown serves as the clinic coordinator and he did an excellent job of organizing a first rate experience for coaches.

As we move to our fall season the IATC is very active in providing service and opportunities to the athletes, coaches and fans of our sport. We will once again be providing team and individual cross country rankings, meet results and information on our website. The IATC will be hosting the Washburn Statewide Middle School Cross Country Championships and the Senior All Star Cross Country Meet. There will also be regional meetings and our fall statewide meeting in Ankeny to allow for your input. Please do take the opportunity to become involved in our organization and events.

My best wishes to you and your teams as we embark on another great fall of competition.

IATC Officers:

President:

Tony Bussan
busnwc@msn.com

Vice President:

Al Neppi
al.neppi@ankenyschools.org

Second Vice President:

Kirk Schmaltz
kschmaltz@ames.k12.ia.us

Secretary:

Rob Smith
rtsmith5@iowatelecom.net

Treasurer:

Bill Neal
bill.neal@mchsi.com

Website Editor:

Dick Washburn

IATC Updated Website!

August 29, 2008, will be the introduction and launch of the totally new IATC Website. Same address, but new in navigation and content. The site will have an easier to navigate and find system so the information sought will be a simple click away. The same features and content we have relied upon are still available. We will just be able to do so much more for our coaches, athletes and fans.

First Vice President's Message

Al Neppi, Ankeny

The beginning of school always signifies the beginning of another cross country season. Many of you probably have student-athletes that have been working out on their own throughout the summer. I personally enjoyed running a cross country camp each summer and this was a great transition into the season.

Last year's Cross Country season and State Meet was yet another tremendous showcase for distance running in the state of Iowa. There are some outstanding young runners that have given Iowa publicity in terms of prep Cross Country and Track & Field. How could anyone forget the amazing performance of Lisa Koll at the NCAA Championships held at Drake University this past summer? On the topic of Cross Country have you had the opportunity to read the book "Freshman Sensation"? It is a fictional book chronicling the season of a high school girls Cross Country season. It's a short quick read and quite frankly I couldn't put it down, I plan to send copies to several of my former runners and friends.

As a member of the Iowa Association of Track/Cross Country Coaches, we urge you to take advantage of some of the outstanding opportunities that your organization offers to your student-athletes and to you as a coach. This fall in addition to your regular schedule of cross country meets mark your calendar for the Washburn Classic State-Wide Middle School Cross Country Meet and the Senior All-Star Cross Country Spotlight Meet. These events are organized, coordinated, and undertaken for the benefit of your student-athletes. These events also offer an excellent opportunity for you to expand your network of friends and coaches by volunteering at any of the IATC sponsored events.

Have a great fall and I hope to see many of you at a meet soon. Take care and good luck!

Second Vice President's Message

Kirk Schmaltz, Ames

After coaching cross country and track and field for the past 30 years in the state of Iowa, I decided to take a more active role in the leadership of our organization. I have served as head of the All-State Awards Committee for the past 20 years. I am honored to give back to our organization.

As second-vice president of IATC, one of my responsibilities is to develop our newsletter that is sent out twice a year. We will continue to include the usual information, but also would be happy to include any information that might be important for all cross country and/or track coaches to know. If you have any information to submit to our spring 2009 newsletter, please send it to me at kschmaltz@ames.k12.ia.us. Please send the information in a Word document.

IATC & IATO Banquet

Dan Davis, Urbandale

This year's IATC & IATO Banquet will begin promptly at 12:30 on Saturday, December 13. This will be 15 minutes after the conclusion of the clinic.

Advance Reservations by December 1st

Adults \$18 Children \$11

Tickets at the door

Adults \$25 Children \$11

Please send your reservations to me at my address, 4825 84th St., Urbandale, IA 50322 by **December 1st**. We will continue to offer two free tickets to our Hall of Fame inductees and one free ticket to our coaches receiving a coach of the year award.

Cross Country Results

Bill Neal, Williamsburg

Coaches are encouraged to send meet results to the IATC once again this fall. We will post all meet results that include the team scores and up to the top 25 meet finishers.

It's important that coaches send all of your meet results, as this is the only way that we have to know how teams and individuals are competing throughout the season. This in turn allows for more accurate Team & Individual rankings. Team ranking is one of the tools used by the IGHSAU & IHSAA when determining District Meet assignments.

Please send all your meet results to Bill Neal via e-mail or fax.

Email results to: bill.neal@mchsi.com

Fax results to: 319-668-2754

Joint Cross Country Advisory Committee Meeting

Tony Bussan, Webster City

Please contact me or any of the other members regarding any issues of concern related to cross country. We usually meet in November at a date set following the state meet.

Congratulations Mike Dick

IATC and IATO wish to congratulate Mike Dick to his new position as Executive Director of the Iowa Girls High School Athletic Union. Mike has been a long-time friend and contact person for cross country and track for many years. We wish him the best and look forward to working with him and the rest of the union staff.

UPCOMING MEET INFORMATION

Senior All-Star Cross Country Meet

Dick Washburn, Muscatine

The Senior All-Star Cross Country Meet and Open Run for will be held Saturday, November 8 at the Iowa State University National Championship Cross Country Course.

Coaches please nominate your top Senior Cross Country runners through the web-site. Up to 160 male and 160 female runners will be invited to compete. Please remember this is for senior runners only and by invitation, all other high school runner can compete in the Open Race. The Open Race is for anyone and is divided into age groups for awards.

College coaches from around the mid-west and other parts of the country are invited and attend the meet. This is a great opportunity to meet and talk with coaches for those considering to continue competing in college.

Washburn State Junior High Cross Country Meet

Mary Madsen,

The Washburn State-Wide Junior High Cross Country Meet will be held Saturday, October 18, 2008 at Saydel High School. The course is located just behind the High School building.

Information about the meet can be found on the IATC website iatfcc.org

In an effort to eliminate on site entries, due to the large number of competitors, all entries should be sent on line to Mary Madsen. A form and email address can be found in the meet information letter.

As with all IATC events, the help of members is always needed. If you are able to help the day of the meet, contact Mary Madsen.

This Junior High event, along with the Mike Henderson's Boys' and Girls' Junior High State Track and Field Meet is one of the ways we acknowledge the talents of our young athletes.

Pass this information on to the Junior High CC Coach at your school, and come and be a part of a truly exciting event.

AWARDS AND HONORS

25 Year Award Recipients

Mitch Anderson, Mt. Pleasant

I continue to be the coordinator of this prestigious award. Please contact me to nominate yourself or a deserving colleague. You will find a nomination form available on the IATC website. Please note the change of email address listed above. Nominations must be received no later than April 1st in order for the recipient to be recognized that year. Awards are presented during the Saturday session of the state track and field meet at Drake Stadium. The award is presented to coaches who have served as contracted high school or middle school track and/or cross country coaches for 25 years or more in the state of Iowa.

Junior High CC Coach of the Year Junior High Track Coach of the Year

Deb Andersen, Gilbert

Please send any nominations to Deb Anderson at Gilbert. Please include with your nomination the following criteria. Note they are two separate CC and track coaching awards:

The following criteria is used in choosing the JH Coaches of the year:

- Should be either a career jr. high cross country and/or track coach (may be a varsity coach in a different sport)
- Longevity should be taken into consideration
- Strongly promotes their sport at their level
- Must STILL be ACTIVELY coaching at a member school

New Website Feature!

All of the events sponsored by the Iowa Track Coaches Association can now be found by checking the IATF website (www.iatfcc.org). A big thanks to Al Neppi for providing this listing for our organization!

IATC Hall of Fame Tim Thomas Chairman

The IATC Hall of Fame committee is always looking for deserving candidates for consideration to the Hall of Fame. We make our selections at the Spring Meeting of the IATC Executive Committee meeting. The 2008 selections were: Coaches: Bruce Henderson from Atlantic and David Long from Mason City, Athlete: Jim Eicken from Davenport Central and Service: Deb Anderson from Gilbert. I have included the guidelines for selection in this newsletter. Applications can be downloaded from our website and submitted to Tim Thomas, IATC Chairman.

IATC Hall of Fame Guidelines

I. Criteria for nomination and selection to IATC Hall of Fame.

a. Coach:

- i. Must have coached a minimum of 20 years at any level.**
- ii. Must have had outstanding success at the local level and success at the state level of competition and beyond.**
- iii. Must have received the respect of his/her peers in coaching, shown leadership and character.**
- iv. Must receive 2/3 vote of the Executive Committee membership present for the final selection.**

b. Athlete:

- i. Must have performed in an exemplary manner in Iowa High School**
- ii. Competition at the local level, state meet and/or the Drake Relays.**
- iii. Must have demonstrated outstanding talents above that of the excellent high school athlete.**
- iv. May have performed in a manner to have achieved recognition of talent which did or would make**
- v. The athlete competitive at a regional or national level.**
- vi. Must have completed their high school career at least 5 years prior to being nominated.**
- vii. Must receive 2/3 vote of the Executive Committee membership present for the final selection.**

c. Service:

- i. Must have contributed to the sport of Track and Field in Iowa in some significant manner which**
- ii. Is recognized by the Executive Committee as a supporter or contributor to the betterment of Track & Field in Iowa.**
- iii. Must receive 2/3 vote of the Executive Committee membership present for the final selection.**

II. Other items to be considered in selecting people for the Hall of Fame.

- a. A maximum of 4 candidates may be selected per year.**
- b. No more than one Service Award per year.**
- c. Final selection will be made at the spring meeting of the IATC Executive Committee.**
- d. If a nominee is on the list for 5 consecutive years without becoming an inductee the name is dropped and it must be resubmitted. The person who submitted the nominee will be notified.**
- e. A nominee's name may be submitted by completion of the form found on the IATC website.**



IATC

Membership Form 2008-2009

Print this page mail it to Bill Neal.

Send To:

Bill Neal
 P.O. Box 509
 Williamsburg, Iowa 52361
 Phone: 319-530-9703
 E-mail: bill.neal@mchsi.com

Membership:

Individual Membership - \$15.00
 1A Staff Membership - \$30.00
 2A, 3A & 4A Staff Membership - \$40.00
 College Staff Membership - \$40.00

***Note:** Be sure to include the first and last names of all staff members and individuals that you wish to receive a membership card. Use the back of this page if needed.

Sender's Name: _____ **School Mailing Address:** _____

School: _____

E-Mail Address: _____

Schools Classification: (circle one)

1A 2A 3A 4A College/University

Please list the T&F and CC Coach(s) in your School System:

New Coach(s): _____

Veteran Coach(s):

Sample: _____ Bill Neal _____ Years Coaching: T&F 5 CC 7

Name: _____ Years Coaching: T&F _____ CC _____

Name: _____ Years Coaching: T&F _____ CC _____

Name: _____ Years Coaching: T&F _____ CC _____

Name: _____ Years Coaching: T&F _____ CC _____

Name: _____ Years Coaching: T&F _____ CC _____

Name: _____ Years Coaching: T&F _____ CC _____

Name: _____ Years Coaching: T&F _____ CC _____

Name: _____ Years Coaching: T&F _____ CC _____

Name: _____ Years Coaching: T&F _____ CC _____

Name: _____ Years Coaching: T&F _____ CC _____