

Iowa Association of Track Coaches



Spring 2011 Newsletter
IATC Website: www.iatfcc.org

President's Message

Al Nepl IATC President

al.nepl@ankenyschools.org

Greetings All,

Welcome new members and returning members of the IATC. The start of another track & field season is soon upon us and many of you have had athletes working out on their own over the winter months. The anticipation grew as you had that first team meeting. Soon you will be having that first practice and be wondering who will be the next freshman sensation. I have had the wonderful opportunity recently to volunteer at several indoor meets hosted by Iowa State University. The camaraderie of working along other officials and coaches from throughout Iowa is a great way for me to stay in contact with many of you.

With each new year we are looking for more ways for you to be involved in your organization and we would love to see you at one of the events we host throughout the year. Each year in the fall and spring your IATC does seek input from you on how the season went, how your district/regional meets went, and any feedback you have on the state cross country meet or the state track & field meet. I personally collect all of the emails and faxes and attempt to group the comments into common themes. We then pass the information along to other members who are on the joint advisory committees for both track & field and cross country. I also make sure to share the common themes with representatives from the IHSAA and the IGSAU. For example this fall there was a significant amount of feedback on wanting more individual state qualifiers in cross country. A proposal was made during the cross country advisory meeting. If there is support within the advisory committee the proposal then goes to the board of control for the IHSAA and the IGSAU. The reason we sort the feedback into common themes is to move forward the most important current issues within the coaching ranks. There are also

many other individual comments and viewpoints that we do not pass along as we are a representative organization. As we all know, all of our comments and opinions carry more weight if they come with suggestions and proposals for positive change. The IATC does it's best to represent our membership in this manner. However when it comes to making decisions that involve rules, schedules, dates, events, qualifying, or results the governing bodies of the IHSAA and IGSAU are the decision makers. Working together with these two organizations is the positive and productive way to support our student athletes.

As a member of the Iowa Association of Track Coaches, we urge you to take advantage of some of the outstanding opportunities that your organization offers to your student-athletes and to you as a coach. The newest thing we bring to you is the development of track & field power rankings. You will learn more about the power rankings within this newsletter and through email communication from your IATC. Many thanks go out to the coaches who have invested considerable time and effort in bringing the power rankings to you.

Have a great spring and I hope to see many of you at a meet soon.

Take care and good luck,

Al Nepl, President IATC
Ankeny Community Schools

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515-965-9620 (w)

515-783-4767 (c)

First Vice President's Message

Kirk Schmaltz, Ames

kschmaltz@ames.k12.ia.us

It's hard to believe that a year has already past since I became First-Vice President of our organization. The transition for me into this position has been very easy through the excellent leadership of Al Neppl and Marty Thomaе. Both have been extremely organized and easy to communicate with. Their leadership has made our organization even stronger.

There are a few things that always tell me that spring is just around the corner. The first one is getting this newsletter out to the track coaches across the state! It means practice is just around the corner. As an association, our goal is to help all of our members communicate any concerns they have regarding track and field. We strive to make our sport better each year, and the input we receive from our state coaches is vital to the improvement of our sport and organization. One of the things that all members of the association can continue to improve on his our time we commit to the organization. One of the ways to get involved is through volunteering at one of our spring events. These events include the two Mike Henderson Middle School Track and Field Meets (boys and girls), the Senior All-Star Spotlight Meet and the State Pentathlons (boys and girls). For the first time, Ames will be sending their middle school track participants to the Mike Henderson meets, along with several volunteers. Many of you already bring teams and volunteers to these meets now. As track coaches, we know how valuable volunteers are to the successful running of a meet, and it seems that we can never have enough volunteers. So, I would challenge each of you to bring additional volunteers with your participants this year. One additional volunteer can save so much time for others. We truly appreciate the volunteer efforts and hope to see many more help with our meets this spring.

One of the best ways to stay informed about the spring track and field season is to open the email that comes each spring with our spring newsletter. In addition, visiting the website is an easy way to stay informed about the latest news and developments with our association. In this technology age, communication has never really been easier, but we have to take advantage of the opportunities sent to us. Our contributors to the newsletters and our Webmaster, Dick Washburn, all do a great job of keeping up-to-date information available to us.

Lastly, I would encourage each of you to contact members of the Executive Committee with any questions or concerns you have. As an association, we have the power to make recommendations and voice concerns with regard to changes in track and field rules. However, we cannot voice the recommendations and concerns of our association without your input. It's important that we hear from each of you with anything, positive or

negative, you would like shared with those bodies that make decisions which impact our student-athletes.

I hope to see all of you this spring on the track or field!

Kirk Schmaltz, First Vice-President, IATC
Ames High School

Second Vice President's Message

Marty Thomaе, Benton Community

mthomae@benton.k12.ia.us

This past year has gone by very fast and I have been blessed to work with many great people within our organization. Al Neppl, Kirk Schmaltz, Bill Neal, Rod Smith, Dick Washburn, Tim Thomas, and many others have had a great deal of influence on me during this time. I also have had the opportunity to talk to and learn about many of the concerns that you all have about the great sports that we have the opportunity to coach. Please keep the lines of communication open so that we can best try and serve you as an organization. One of the biggest changes that you will see this spring is the way that individuals and relay teams qualify for the State Track and Field Meet. For the first time both the boys and girls will be qualifying for the meet under the same guidelines. You can find this information on the new qualifying standards on the Iowa Girls High School Athletic Union Website. When you enter the website click on the Track and Field heading at the top of the page. Once there, on the left hand side you will see the heading Track and Field 2011 Manual PDF. Click on this link to view the new qualifying standards. The key points that you want to be aware of are: the way which they establish the preliminary list of 24 qualifiers in each class, the fact that the 12th best time/effort will become the qualifying standard, if you are not on the initial list of 24 qualifiers you can make the list by bettering or equaling the 12th best time/effort standard, there are two criteria for breaking ties within the list, and if you are a district/regional champion you are automatically qualified for the state meet. This will be an interesting change for many of us who were used to the old system. My advice to you is to write up an event and create some scenarios for that event and apply them to the rules to better your understanding of how the new system works. If you have any questions or concerns feel free to e-mail or call me and I would be glad to explain better how qualifying will happen this spring. I am looking forward to a great spring track and field season. Thank you for all of your support this past year.

Marty Thomaе, Second Vice-President, IATC
Benton Community High School

Mike Henderson Middle School State Track and Field Meets

Mary Madsen, Melbourne
runcoach@wildblue.net

Saturday May 7th is this year's date for the Mike Henderson Girls and Boys Junior High State Track Meets. Girls will continue to be held at the Ankeny High School Track and the Boys will be at the Gilbert High School Track with Tim and Aaron Thomas as the Boys Meet Coordinators.

The Mike Henderson Junior High State Track and Field Meets are one of the major events that the IATC is involved in and there is a great need for our membership to volunteer their time to make sure that these meets continue to be run as the premiere junior high athletic competitions. We are always in need of IATC members to be the head official at each of our field events. Some of these events are finished by noon and some a little later.

Please consult the informational letter under the Middle School heading on our website for all details of the meet and contact either Mary Madsen or Tim Thomas to volunteer your time and talent at either meet. Have a great track season,

Mary Madsen
Mike Henderson Girls Meet Coordinator

Senior All-Star Spotlight Track and Field Meet

Dick Washburn, Muscatine
wash@machlink.com

The thirteenth annual Senior All-Star Spotlight Meet for 2011 will be held at the University of Wisconsin – Platteville on Saturday, June 11 with athletes arriving for lodging and pre-meet activities Friday, June 10. It is the goal each year to have our best Senior Track and Field Athletes compete for Team Iowa, and in this way our tribute to honor them for all they have done for our sport. Each athlete only needs to provide transportation to the meet site and all other expenses are covered.

Athletes are to be nominated, both on-line and/or by an e-mail. E-mails may be sent to the Team Iowa Lead Coaches, (Girls) Bob Saunders – OA-BCIG and (Boys) George Ashman – Woodward-Granger. E-mail addresses and an on-line link can be found on the IATC Website in the Senior All-Star Spotlight Meet section.

Athletes will be invited to become a member of Team Iowa and contacted directly or through his/her coach. Acceptance notification will be by e-mail, phone or postal mail. Individual and meet information is posted on the IATC Website. Any other questions may be

resolved by contacting Dick Washburn, Bob Saunders or George Ashman.

T&F Team Power Rankings

Brian Martz, Iowa City West (Boys)

Martz.Brian@iccsd.k12.ia.us

Eric Cogdill, Ames (Girls)

eric.cogdill@ames.k12.ia.us

New this season the IATC is offering a team ranking system for Track & Field. The goal of the Team Power Ranking is to promote track and field as a team sport based on the culmination of individual efforts regardless of ability.

The Team Power Ranking is **strictly voluntary**. It is our hope each team, in all classes and each gender, will take a few minutes to submit their best team performance. In a few weeks an e-mail will be sent to all the head T&F coaches outlining how the system works, how to send a meet's results and to whom to send it. Please be looking for this e-mail from the IATC.

A short overview of the process is that your entry reflects the effort of your lineup for any one meet during the season, **NOT** an all-star roster of your seasons' best performances. Each time the coach feels that his/her team performed at a higher level, he/she is welcome to submit a new ranking form for that newer meet.

First thing to do to join in will be to simply download the spreadsheet/Excel file from the IATC Website and save the download. Just use the same form each time a new meet is sent in. Simply type your entries into the form along with the times and distances performed and send.

- * Regular entry limitations are to be followed.
- * Two (2) individuals and One (1) relay per meet.
- * A maximum of Four (4) events per athlete

Remember the entries reflect the effort of the team lineup for any one meet during the season and can be sent for each and every meet the coach sees an improvement for a better ranking score.

State Pentathlon

Steve Roth, Washington

sroth@washington.k12.ia.us

The Pentathlon date for this year is Tuesday, May 24th at Washington High School, Washington with a rain date of Thursday, May 26th. A reminder that there has been a change in the boy's portion of the event, the boys will now compete in the low hurdles, rather than the 200 meter dash. Competition will be held for both High School and Middle School for both genders at the Washington High School Track. Look to the IATC website for meet information and up-dates.

Junior High CC Coach of the Year Junior High Track Coach of the Year

Deb Anderson, Gilbert

msaxc@aol.com

Please send any nominations to Deb Anderson at Gilbert. Please include with your nomination the following criteria. Note that there are two separate awards – one for cross country and one for track and field. The following criteria are used when choosing the Junior High Coach of the Year Award:

- Longevity will be taken into consideration
- Strongly promotes their sport at their level
- Must STILL be ACTIVELY coaching at an IATC member school
- Should be either a career junior high cross country or track and field coach (may be a varsity coach in another sport)

25 Year Award Recipients

Mitch Anderson, Mt. Pleasant

andersonm@mt-pleasant.k12.ia.us

I continue to be the coordinator of this prestigious award. Please contact me to nominate yourself or a deserving colleague. You will find a nomination form available on the IATC website. Nominations must be received no later than April 1st, 2011 in order for the recipient to be recognized at the 2011 state track and field meet. Awards are presented during the Saturday session of the state track and field meet at Drake Stadium. The award is presented to coaches who have served as contracted high school or middle school track and/or cross country coaches for 25 years or more.

Academic All-State

Peggy Steva, Iowa City West

psteva@msn.com

Academic All-State Track and Field forms can be found on the IATC website in the "Track and Field" section under the All-State heading. Please be aware of the following reminders when filling out these forms:

1. Athletes MUST achieve all three criteria.
2. Fill out the entire form, completely.
3. We will take late forms but the turn around time could be slower.

Thank you for your attention to the above details.

IATC Clothing for Sale

IATC Clothing items are now available to be ordered from the IATC website. To do so just download an order form and send it to Bill Neal and the items will be shipped in a few days.

IATC/IATO SPRING 2011 Meeting

We would like to encourage all members to attend the spring 2011 IATC meeting on Saturday, June 4th, in Ames, at Ames High School. Committee meetings will begin at 9:00 A.M. with the general meeting beginning at 9:30 A.M. (**Note time change**) Voting for Coach of the Year Awards for track and field will take place at this meeting.

Join the IATC

Bill Neal, Williamsburg

bill.neal@mchsi.com

We would like to invite you and your school to become a member of the Iowa Association of Track Coaches (IATC). For the past several years, we have had over 300 individuals and schools join the IATC. We encourage you to take advantage of the many benefits the IATC has to offer for cross country and track and field coaches. Through your membership, we can continue to support the track and field/cross country coaches and athletes of Iowa.

This year we are attempting to eliminate membership mailings to member schools. You may join the IATC by either going to the IATC website and printing out the membership form and sending it in or later in September you may go online and register through the IATC website. It is our hope to make joining the IATC much easier for member schools. If you have any questions regarding membership, please contact Bill Neal at 319-530-9703, or by e-mail bill.neal@mchsi.com. A complete and up to date listing of member schools may be found under membership on the IATC website.

IATC OFFICER CONTACT INFORMATION

Contact information for all IATC officers and committee members, including e-mail addresses and phone numbers can be found on the IATC website www.iatfcc.org. When you enter the website, click on the heading "Contact Us" at the top of the page to access this information. We encourage you to communicate any questions or concerns to us so that we might serve you more efficiently.

IATC Hall of Fame Tim Thomas Chairman

IATC Hall of Fame

The class of 2010 was inducted to the IATC Hall of Fame on December 11, 2010. The class consisted of the following athletes: Brett Carney – Ames High School, Ron Davis – Perry High School, Tim Dwight – Iowa City City High School. For service: Tim Thomas – Holstein. This award is now known as the LaVerne Kloster Service Award.

We will be selecting the Class of 2011 at the spring meeting. If you have someone whom you feel deserves consideration please go to the IATC website and complete the application located under the Hall of Fame icon. We need all of the nominations by May 1st.

I am also including a list of Hall of Fame members that we need bio-information, to complete our website and also the kiosk at the Iowa Hall of Pride. If you can help us locate this information it would be deeply appreciated.

Tim Thomas

IATC Hall of Fame Chairman

Missing Biographies for IATC Hall of Fame:

Lyle D "Andy" Anderson – Coach (Waterloo)

Clyde Carney - Track Official (Centerville)

Ken Dean – Coach (Marshalltown)

W.L. "Ole" Eidahl – Coach (Newton)

Steve Everett – Coach (Britt)

John Grace – Coach (Emmetsburg)

Skip Harsh – Official (Adel)

Tom Karpan – Coach (West Des Moines)

Bill Hodan – Coach (Des Moines Hoover)

Mark Lynn – Coach (Clinton)

Orville "Orv" Madsen – Athlete (Ames)

Mark McLarnan – Coach (Sioux City Central)

Bill Moore – Coach (Mason City)

Ray Obermiller – Coach (Grinnell)

Frank Shadle – Coach (Osage)

A.W. Vander Wilt – Coach (Spencer)

Larry Bullock – Coach (Farnhamville)

Cole Collinge – Coach (Cedar Falls)

Phil Delavan - Athlete (Glenwood & ISU)

Vincent Else – Service (Villisca)

AJ "Chick" Forwald – Coach (Iowa City)

Wally Hanson – Coach (Eagle Grove)

Rex Harvey – Athlete (Dexfield & ISU)

George Kjome – Coach (Decorah)

Noland Laird – Service (IGHSAU)

Jim Lyle – Coach (Des Moines North)

Bill McClymonds – Coach (Corydon)

Floyd Miller – Official (Urbandale)

Julian Nitzke – Coach (Fort Dodge)

Gus Rump – Coach (Des Moines Roosevelt)

Cecil Spatcher – Coach (Ames)



IATC

Membership Form 2010-2011

Print this page mail it to Bill Neal.

Send To:

Bill Neal
 P.O. Box 509
 Williamsburg, Iowa 52361
 Phone: 319-530-9703
 E-mail: bill.neal@mchsi.com

Membership:

Individual Membership - \$15.00
 1A Staff Membership - \$30.00
 2A, 3A & 4A Staff Membership - \$40.00
 College Staff Membership - \$40.00

***Note:** Be sure to include the first and last names of all staff members and individuals that you wish to receive a membership card. Use the back of this page if needed.

Sender's Name: _____ **School Mailing Address:** _____

School: _____

E-Mail Address: _____

Schools Classification: (circle one)

1A 2A 3A 4A College/University

Please list the T&F and CC Coach(s) in your School System:

New Coach(s): _____

Veteran Coach(s):

Sample: _____ Bill Neal _____ Years Coaching: T&F 5 CC 7

Name: _____ Years Coaching: T&F _____ CC _____

Name: _____ Years Coaching: T&F _____ CC _____

Name: _____ Years Coaching: T&F _____ CC _____

Name: _____ Years Coaching: T&F _____ CC _____

Name: _____ Years Coaching: T&F _____ CC _____

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Name: _____ Years Coaching: T&F _____ CC _____