

# Iowa Association of Track Coaches

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Fall 2013 Newsletter  
IATC Website: [www.iatfcc.org](http://www.iatfcc.org)

## **President's Message**

**Kirk Schmaltz, IATC President**

[kschmaltz@ames.k12.ia.us](mailto:kschmaltz@ames.k12.ia.us)

Greetings,

Welcome to another school year. Every fall I get excited for the beginning of a new school year and another cross country season. So far, the weather seems to be cooperating much more than last fall when we dealt with excessive heat. I hope all of you that are coaching this fall are having great practices.

This fall, IATC will be sending out a survey for all girls' cross-country coaches to complete. This survey concerns the length of the girls' race. As you know we currently run 4K races, and the purpose of the survey will be to see whether coaches are happy with the present format or would like to see it changed. Your input is extremely important, so please be sure and take the time to complete the survey for us. The role of IATC is to seek information from its membership and pass it on to the advisory boards for further review. We are not a decision maker, but they do want our input. Based on your input, we will pass the information on to the joint committee.

As we move into a more technological mode, the IATC is trying to grow as well in the social networking arena. We now are on Facebook and Twitter to help communicate more efficiently. It's always good to learn something new, so I'm trying to educate myself, since I'm not a digital native. See our website for information.

I completed the concussion online course prior to practice starting. I felt it was especially beneficial for classroom teachers and the symptoms associated with concussions. It's great information that all teachers should know. I plan to share that information with my colleagues in our science department meetings. I would

encourage each of you to share the information with your colleagues as well.

The participation in the Dick Washburn Classic for middle school students has become successful due in part to the communication that occurs between the high school coaches and the middle school coaches. I would invite you to make those connections if you haven't and encourage your middle school coaches to sign up for this meet. It's a great opportunity for the younger athletes to see what a state competition is like, and another way we can promote cross-country in the state.

It's that time of year when our memberships in IATC are up for renewal. Be sure to renew your membership in the next few weeks. I would recommend that you encourage your coaching staff members to also join.

Finally, my term as President will be complete in December. I have truly enjoyed my two-year term for IATC. It's been humbling to represent such a professional group of coaches. We are searching for a new second vice-president to begin in December. If you are interested in increasing your work with our organization, please contact one of the current officers. It is extremely rewarding to be a part of our organization, and this is a great step to get involved.

I hope to see each of you at any of the events sponsored by the IATC. Best of luck to all of you this fall!

Respectfully submitted,

Kirk Schmaltz, President IATC  
Ames Community Schools

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515-233-3343 (H)

515-450-0965 (C)

515-817-0600 (W)

## First Vice President's Message

**Marty Thomae, Benton Community**

[mthomae@benton.k12.ia.us](mailto:mthomae@benton.k12.ia.us)

Welcome to what should be another exciting fall of cross country competition here in the state of Iowa for the 2013-2014 school year. If the weather during the season is as good as it was all summer, then the times should be fast and the team competitions should be highly competitive come November 2nd, at Lakeside Golf Course in Fort Dodge, Iowa. The cool weather appears to be sticking around for the first week of practice so take advantage of it before it turns hot and humid again.

Attendance at our fall and spring IATC/IATO semi-annual meetings is crucial to our organization. At these meetings we conduct voting for Coach of the Year Awards, vote on Hall of Fame inductees, and discuss and conduct business that is important to the running of the IATC and to the sports of cross country and track and field. We are always looking for more coaches to attend these meetings and share your ideas with those present. If you are a current member of the Joint Statewide Cross Country Advisory Committee or the Joint Statewide Track and Field Advisory Committee, I would like to invite and encourage you to attend these two meetings. This will allow IATC members who attend an opportunity to discuss topics of interest and concern with you before you attend your annual meeting with the members of the IGHSAU and IHSAA after your sports respective season has ended. This invitation comes as a request from IATC members present at our meeting this past June. Meeting dates for the upcoming school year are Sunday, November 10th, 2013 and Saturday, June 7th, 2014. Both of these meetings will be held at Ames High School, in Ames, Iowa.

This fall, if you are the head boy's and/or girl's cross country coach, you can help the IATC Team and Individual Ranking Committees by providing information about meets from across the state to assist us with these rankings. Our request to you is that you, as the head coach, or your athletic director sends the results of your home cross country invitational to the IGHSAU, the IHSAA, and to Bill Neal ([bill.neal@mchsi.com](mailto:bill.neal@mchsi.com)) IATC Treasurer. This will insure that meet results are available from all areas of the state. Thank you for taking the time to attend to this important detail.

Finally, I would like to thank Kirk Schmaltz, IATC President from Ames, for the past six years of dedication and hard work on the IATC Executive Committee. Kirk will be finishing his term as IATC President in December and I want to personally thank him for his

leadership and the direction that he has given to me the past four years. I am going to miss working directly with him and the thoughtful approach that he brought to his position as president of our organization. With that said, Kirk has graciously agreed to let us continue to hold our semi-annual meetings of the IATC/IATO in Ames, at Ames High School. This will continue to allow us to have a more central location (statewide) to conduct our business. Thank you Kirk!

Thank you once again for allowing me to serve you in the capacity of First Vice-President. If I can be of assistance to you please, feel free to e-mail or call me at any time. I hope that you have a great start to your school year and a rewarding fall season.

Marty Thomae, First Vice President  
Benton Community High School

## Second Vice President's Message

**Steve Roth, Washington Community Schools**

[stroth@washington.k12.ia.us](mailto:stroth@washington.k12.ia.us)

I also hope the weather stays like it has been! It will be an outstanding cross country season! It is an exciting time with the start of a new year and all remember to talk to your AD's and join the association! Also, we know we're all busy, but get involved in the official association, too! They are doing the right thing and are very good for cross country and track and field! Thanks to Dick Washburn and Bill Neal for all they do behind the scenes for the Association! Hope everyone has a successful year and see all of you soon at the winter clinic in Ames!

Steve Roth, 2<sup>nd</sup> Vice President  
Washington Demons

## Looking for a Meet? Need Teams?

Send your meet information to the web-editor and have your meet placed in the "Looking for Meets" section. Be sure to periodically check for meets you might be looking to enter.

## **Washburn Classic Middle School/Junior High Meet Mary Madsen, Melbourne [mbmadsen12@gmail.com](mailto:mbmadsen12@gmail.com)**

The Washburn Classic will be held Saturday, October 19, 2013 at Saydel High School Cross Country Course. All information can be found on the IATC website under Middle School and then Washburn Classic.

Entries open in early September and close the Tuesday before the meet. Payments can be made online after you declare your athletes, or sent to Mary Madsen PO Box 2391 Ames, Iowa 50010.

Late entries will incur a substantial late registration fee. There will be no race day entries.

To contact Mary: [mbmadsen12@gmail.com](mailto:mbmadsen12@gmail.com)

## **Senior All-Star Cross Country Meet Dick Washburn, Muscatine [wash@machlink.com](mailto:wash@machlink.com)**

The 2013 Senior All-Star Cross Country Meet will be held Saturday, November 9<sup>th</sup> on the DMACC Campus in Ankeny.

Please go to the IATC Website for Meet information and how to nominate a senior athlete for the All-Star Meet.

## **The Next Level Iowa**

Be sure to check-out The Next Level Iowa. <http://www.nextleveliowa.com/> Mike and Jim Kirby have been contributed up-dates and info to the IATC Website with volumes more of information concerning our past Iowa preps as they continue their CC and T&F careers at the college level and beyond.

## **Masters Program At Home**

Tim Bell (Marshalltown) has taken on the role of the Midwest Recruitment Coordinator for an On-Line Masters program for Coaching and Athletic Administration. Tim writes, "This is a great program for busy coaches which allows them to work around their professional and personal schedules. I only wish I had this opportunity instead of 2 years of driving to sit through all of those classes. Just think doing all classes on line with out ever attending a class!" Contact Tim for interest and more information at 641-485-7742, or at [tim.bell@cui.edu](mailto:tim.bell@cui.edu) You can also find more information concerning this program in the IATC Headlines under "Masters Program At Home".

## **Nike Cross Country Regional's**

### **MEET DATE & LOCATION**

11/10/2013

Yankton Trails Park, Sioux Falls, SD

### **STATES INCLUDED**

IA - KS - MN - NE - ND - SD - WI

Contact: Todd Goodell, state ambassador for Iowa

[tgoodell@linmar.k12.ia.us](mailto:tgoodell@linmar.k12.ia.us) /// 319-447-3073

## **IATC/IATO Fall 2013 Meeting**

We encourage all members to attend the Fall 2013 IATC meeting on Sunday, November 10<sup>th</sup>, in Ames, at Ames High School. The general meeting will beginning at 9:30 A.M. Voting for Coach of the Year Awards for Cross Country will take place at this meeting.

## **Join the IATC**

**Bill Neal, Williamsburg**

[bill.neal@mchsi.com](mailto:bill.neal@mchsi.com)

We would like for you and your and your school to become a member of the Iowa Association of Track Coaches (IATC). For the past several years, we have had over 300 individuals and schools join the IATC. Please take advantage of the many benefits the IATC has to offer for cross country and track and field coaches. Through your membership, we can continue to support the track and field/cross country coaches and athletes of Iowa.

You may join the IATC by either going to the IATC website and printing out the membership form and sending it in or go on-line and register through the IATC website. If you have any questions regarding membership, please contact Bill Neal at 319-530-9703, or by e-mail [bill.neal@mchsi.com](mailto:bill.neal@mchsi.com). A complete and up to date listing of member schools may be found under membership on the IATC website.

## **IATC OFFICER CONTACT INFORMATION**

Contact information for all IATC officers and committee members, including e-mail addresses and phone numbers can be found on the IATC website [www.iatfcc.org](http://www.iatfcc.org). When you enter the website, click on the heading "Contact Us" at the top of the page to access this information. We encourage you to communicate any questions or concerns to us so that we might serve you more efficiently.



# IATC

## Membership Form

Print this page mail it to Bill Neal.

*Send To:*

Bill Neal  
 P.O. Box 509  
 Williamsburg, Iowa 52361  
 Phone: 319-530-9703  
 E-mail: bill.neal@mchsi.com

Membership:  
 Individual Membership - \$20.00  
 1A Staff Membership - \$35.00  
 2A, 3A & 4A Staff Membership - \$45.00  
 College Staff Membership - \$45.00

**\*Note:** Be sure to include the first and last names of all staff members and individuals that you wish to receive a membership card. Use the back of this page if needed.

**Sender's Name:** \_\_\_\_\_

**School Mailing Address:** \_\_\_\_\_

**School:** \_\_\_\_\_

**E-Mail Address:** \_\_\_\_\_

Schools Classification: (circle one)

**1A      2A      3A      4A      College/University**

Please list the T&F and CC Coach(s) in your School System:

New Coach(s): \_\_\_\_\_  
 \_\_\_\_\_

**Veteran Coach(s):**

Sample: \_\_\_\_\_ Bill Neal \_\_\_\_\_ Years Coaching: T&F 5 CC 7

Name: \_\_\_\_\_ Years Coaching: T&F \_\_\_\_\_ CC \_\_\_\_\_

Name: \_\_\_\_\_ Years Coaching: T&F \_\_\_\_\_ CC \_\_\_\_\_

Name: \_\_\_\_\_ Years Coaching: T&F \_\_\_\_\_ CC \_\_\_\_\_

Name: \_\_\_\_\_ Years Coaching: T&F \_\_\_\_\_ CC \_\_\_\_\_

Name: \_\_\_\_\_ Years Coaching: T&F \_\_\_\_\_ CC \_\_\_\_\_

Name: \_\_\_\_\_ Years Coaching: T&F \_\_\_\_\_ CC \_\_\_\_\_

Name: \_\_\_\_\_ Years Coaching: T&F \_\_\_\_\_ CC \_\_\_\_\_