

Iowa Association of Track Coaches



Spring 2013 Newsletter
IATC Website: www.iatfcc.org

President's Message

Kirk Schmaltz, IATC President

kschmaltz@ames.k12.ia.us

Greetings All,

There are several events that happen throughout the winter that remind that track season is just around the corner. One of these events is Groundhog Day... which gives me a clue as to the type of weather I can expect in the spring. Punxsutawney Phil did NOT see his shadow on February 2, which is GREAT news! That means spring is just around the corner. The other event that tells me spring will soon be here is putting together a new message for our spring newsletter. I get to send a note to my fellow track coaches in hopes of getting them equally excited for the start of a new season.

As I start my second year as President, I want to thank the IATC officers for their dedication to our organization and for helping me "learn the ropes" in my new role this year.

There are several events that the IATC supports in the spring. Those events include: 1) the boys and girls junior high state meets; 2) the pentathlon meet; 3) the senior all-star meet; and 4) the hospitality room at the Drake Relays. We will continue to recognize coaches that have reached milestones in their coaching careers with the 25-year award at the state meet in May. At our spring meeting, we will choose the regional and state coaches of the year for boys and girls track. Another service that we started last spring was the power rankings for both boys and girls track. We encourage all coaches this year to continue your participation in this service. All the data is looked through by both the Iowa Boys High School Athletic Association and the Iowa Girls Athletic Union to help evaluate the strengths of teams across the state. The power rankings are still a work in progress as we try

to continue to make it better. We can always use input from coaches, and especially the members of our association.

One of my goals in my last year as president of the IATC is to increase membership. We have a strong support from most of the coaches across the state, but we always want to improve our participation percentages. This has been a continued theme of all past presidents. We want to continue to membership to grow in order to be a strong voice for track and field across the state.

One of the main keys to any organization's success is communication. We will be working closely again this year with both the Iowa High School Athletic Association (www.iahsaa.org) and the Iowa Girls High School Athletic Union (www.ighsau.org) to provide information and feedback on issues related to track and field. Our input to both organizations is important. Please feel free to contact me when you have an issue or something you would like shared with these organizations. Our role with both the boys association and the girls union is to provide them with input from IATC membership. The IATC does its best to represent our membership with both groups. When it comes to making decisions regarding rules, dates, events, schedules, qualifying or results, however, the governing bodies of the IAHSAA and IGHS AU are the decision makers. By working together with these organizations, we can provide a positive and productive way to support our student athletes.

Last year, an online rules meeting was established for coaches. This year's online rules meeting will be posted and available by March 1st. be sure to complete this REQUIRED online meeting shortly after March 1st.

Lastly, if I haven't had a chance to meet you, please come up and introduce yourself to me if we are attending

the same track and field event. I would like to meet as many track and field coaches as I can during this last year as president. Have a great spring, and I hope to see many of you at a meet soon!

Kirk Schmaltz, President IATC

Kirk.schmaltz@ames.k12.ia.us

515-233-3343 (h)

515-450-0965 (c)

515-817-0600 (w)

First Vice President's Message

Marty Thomae, Benton Community

mthomae@benton.k12.ia.us

Today as I am sitting here at my computer I remember how yesterday it was fifty degrees outside and our track was completely clear of snow and ice. What a difference a day makes. Today it is once again blanketed from end to end with six inches of new snow. This reminder that the weather in Iowa is unpredictable and ever changing holds the promise that things will eventually settle down and return to normal. It also reminds us that very soon we will be starting another spring of highly anticipated competition in track and field across our great state. Every year I am amazed at no matter how bad the weather can be to start the season that we can always look forward to with great anticipation, to the many outstanding performances that will occur in May at the State Track and Field Meet. This is all due to the hard work that you as coaches and your athletes put in before that meet occurs and that time will soon be on us to start that process.

As coaches we are always trying to improve our programs by learning more about our sport. This June there is a great opportunity available for you to hear some very good speakers from across the country here in Iowa. The National High School Athletic Coaches Convention will be hosting their National Coaches Convention in Des Moines at the Airport Holiday Inn from June 22nd to June 26th. There are many exciting opportunities available during this event including opportunities to earn college credits. You can find more details about the entire convention by going to the following website www.nhsaca.org. The president of the NHSACA this year is Jerry Horton from Pekin who was recently inducted into the IATC Hall of Fame this past December. We also have three well deserving, long time, Iowa coaches who are National Coach of the Year Finalists this year. They include Bob Mudd from North Linn in Girls' Cross Country, Thomas Horton from Dubuque Wahlert in Boys' Cross Country, and Mark Kauk from Unity Christian in Orange City in Girls'

Track and Field. We want to wish each of them good luck at this event.

The IATC will also have a role in the convention this year. Past IATC President Bruce Henderson from Atlantic has organized a special one day clinic for coaches to attend and listen to outstanding coaches from across the country speak on Monday, June 24th in conjunction with the NHSACA Convention. The speakers will be successful track and field and cross country coaches from across the U.S.A. Most of the coaches will be finalists for coach of the year. For most of the day you will have a choice of two sessions, one for track and field and one for cross country. The speakers will be covering a variety of topics and you will have the opportunity to hear some very dynamic speakers. The clinic will run from 8:30 A.M. until 3:30 P.M. on Monday the 24th of June at the Airport Holiday Inn in Des Moines with a cost of just \$40 for the day. The exact schedule of speakers should be confirmed by Drake Relays time. Keep checking the IATC website for more updates in the spring and let's make an effort to support this great event.

With the start of practice approaching it is a good time to start thinking about all of the things you do as a coach to get ready for the season. It is also a good time to think about the ways in which you can support the IATC in our continuing mission to help keep track and field and cross country strong and viable in Iowa for years to come. Any way that you can become involved and support us would be greatly appreciated. I am once again looking forward to another year of working with our leadership group and helping President Kirk Schmaltz and Second Vice President Steve Roth in achieving our goals. Thank you for your continued efforts and best of luck to each one of you and your teams during the upcoming track and field season. As always, if you have any questions or concerns, please feel free to contact a member of the executive committee as we are willing to listen and help in any way that we can.

Marty Thomae, First Vice President

Benton Community High School

Second Vice President's Message

Steve Roth, Washington Community Schools

stroth@washington.k12.ia.us

Well, it's about that time of the year again...when we run in cold and finish in the heat! It's a great time of the year! But, first of all, I would like to just say how we have lost a great Track & Field coach and a great person too. Steve Lynn will be missed. I remember how he

made me feel so special when he talked to me. He had a great job at Iowa State and I was just a high school coach. He always had time to say hi and ask questions about my team. It has been different working college indoor meets not having Coach Lynn around. God Bless!

Speaking of indoor meets, the best way to learn in Track & Field is going to college indoors. They are always looking for workers! Also, don't forget to join our association. Check into the official association too.

Pentathlon and Senior Spotlight meets are coming up. Information can be found on the website. Good luck to you all this Spring! Hope the weather is awesome for you and your teams!

Steve Roth, 2nd Vice President
Washington Demons

Looking for a Meet? Need Teams?

Send your meet information to the web-editor and have your meet placed in the "Looking for Meets" section. Be sure to periodically check for meets you might be looking to enter.

State Pentathlon

Steve Roth, Washington
sroth@washington.k12.ia.us

The Pentathlon will be held Tuesday, May 21st at Case Field in Washington, Iowa. Senior Division athletes will begin at 9 am and Junior Division Athletes will begin at 10 am! The rain date is Thursday, May 23rd !! There are two completion divisions; a Junior Division (Junior High) and a Senior Division (High School) for both girls and boys. Competition is open to both individuals and team with medals and team plaques awarded.

Concessions are sponsor by the Washington Booster Club along with tee shirts for sale by IATC. For more information, go to the IATC Website or contact Steve Roth at sroth@washington.k12.ia.us
Have a great spring!

Mike Henderson Middle School State Track and Field Meets (New Home for the Boy's Meet)

Mary Madsen, Melbourne
runcoach@wildblue.net

The Mike Henderson Junior High Boys and Girls State Track and Field Meet will be held Saturday, May 4, 2013. The Boy's Meet will be held again this year at

Woodward-Granger High School Track in Woodward, Iowa. Meet Coordinator for the Boys' Meet is George Ashman, his email address is: gashman@woodward-granger.k12.ia.us to contact him to help out at field events or elsewhere at the meet.

The Girls' Meet will be held again at the Waukee High School Track in Waukee, Iowa. Mary Madsen is the Meet Coordinator and can be contacted at: mbasilm12@gmail.com

Entries will open Monday, March 25, 2013 at 7:30am and close Monday April 29, 2013 at 10:00pm.

Workers are needed at each Meet and all Field Events will be Officiated by IATC members. Please contact the Meet Coordinator to volunteer at their meet. Have a great track season,
Mary Madsen
IATC Junior High State Meets Coordinator

Senior All-Star Spotlight Track and Field Meet

Dick Washburn, Muscatine
wash@machlink.com

The fifteenth annual Senior All-Star Spotlight Meet 2013 will be hosted by Team Illinois. Athletes will be housed at St. Francis University, Joliet, Illinois. Team Iowa Athletes arrive for lodging and pre-meet activities Friday June 7th with competition commencing Saturday, June 8th at the Joliet Memorial Stadium, located at 3000 West Jefferson St. within the Inwood Sports Complex located on Joliet's west side. The complex is considered one of Illinois' premier sports facilities. It is the goal each year to have our best Senior Track and Field Athletes compete for Team Iowa, and in this way our tribute to honor them for all they have done for our sport. Each athlete only needs to provide transportation to the meet site and all other expenses are covered. New this year the IATC will have a Team Iowa Bus available to transport athletes needing assistance with any athletes needing transportation to and from the meet site. The bus will follow Interstate 80 beginning in western Iowa with several pick-up points along the bus route. There will be a small round trip fee for bus travel that will be set on a sliding scale as determined by where the athlete boards

Athletes can be nominated, both on-line or by an e-mail. E-mails may be sent to the Team Iowa Lead Coaches, (Girls) Bob Saunders – OA-BCIG and (Boys) George Ashman – Woodward-Granger. E-mail addresses and an

on-line link can be found on the IATC Website in the Senior All-Star Spotlight Meet section.

Athletes will be invited to become a member of Team Iowa and contacted directly, or through his/her coach. Acceptance notification will be by e-mail, phone or postal mail. Individual and meet information is posted on the IATC Website. Any other questions may be resolved by contacting Dick Washburn, Bob Saunders or George Ashman.

Junior High Track & Field Coach of the Year

Deb Anderson, Gilbert

msaxc@aol.com

Please send your nominations to Deb Anderson. Please include with your nomination information concerning the criteria used for the selection process for the Junior High Coach of the Year Award:

- Longevity will be taken into consideration
- Strongly promotes their sport at their level
- Must STILL be ACTIVELY coaching at an IATC member school
- Should be either a career junior high cross country or track and field coach (may be a varsity coach in another sport)

**Note that there are two separate awards – one for cross country (Fall) and one for track and field (Spring).

25 Year Award Recipients

Mitch Anderson, Mt. Pleasant

andersonm@mt-pleasant.k12.ia.us

The award is presented to coaches who have served as contracted high school or middle school track and/or cross country coaches for 25 years or more in Iowa. Please contact Mitch to nominate a deserving colleague or yourself. You will find a nomination form available on the IATC website under IATC Awards in the left navigation column, click 25 Year Award. Nominations must be received no later than **April 1st, 2013** in order for the recipient to be recognized at the 2013 state track and field meet. Awards are presented during the Saturday session of the state track and field meet at Drake Stadium.

T&F Team Power Rankings

Don't forget to check how your team is doing throughout the season in the 2013 IATC Team Power Rankings. The Power Rankings are a joint effort of both the IATC and ASPI Meetz through Quik-Stats. More information will be coming your

way via e-mail and on the IATC Website in the coming weeks.

Academic All-State

Peggy Steva, Iowa City West

psteva@msn.com

New beginning 2013 all Academic All-State Track and Field nominations will be submitted through **the on-line form** found on the IATC website in the "Track and Field" section under the All-State heading.

Please be aware of the following reminders when filling out the form:

1. Athletes MUST achieve all three criteria.
2. Fill out the entire form, completely.
3. We will take late forms but the turn around time could be slower.

Thank you for your attention to the above details.

All-State & Academic All-State Certificates

All-State and Academic All-State teams will be announced following the State Co-ed T&F Meet. The All-State certificates are now offered on-line through the IATC Website only. Many coaches have asked if they might be able to have the certificates made available at a sooner date in order to be completed in time for any season end activities for their teams. The All-State and Academic All-State Certificates will be made available shortly after the State Meet and will be available for downloading for several weeks following the state meet. The certificates are in PDF format that can be easily enlarged to fit different paper sizes. A reminder of this information will be sent around state meet time.

Hall of Fame Nominations

Mike Jay, Columbus Junction

mikejay59@gmail.com

The IATC Hall of Fame committee is always looking for deserving candidates for consideration to the Hall of Fame. We make our selections at the spring meeting of the IATC Executive Committee meeting.

Our Hall of Fame can also be found at the Iowa Hall of Pride.

Candidates are up for consideration for a five year period at which time they must be re-nominated if they are not selected.

Guidelines for selection are found below. An applications can be downloaded from our website and submitted to Mike Jay, IATC Chairman.

IATC Clothing for Sale

IATC Clothing items are now available to be ordered from the IATC website. To do so just download an order form and send it to Bill Neal and the items will be shipped in a few days.

IATC/IATO SPRING 2013 Meeting

We would like to encourage all members to attend the Spring 2013 IATC meeting on Saturday, June 1st, in Ames, at Ames High School. Committee meetings will begin at 9:00 A.M. with the general meeting beginning at 9:30 A.M. (**Note time change**) Voting for Coach of the Year Awards for track and field will take place at this meeting.

Join the IATC

Bill Neal, Williamsburg

bill.neal@mchsi.com

We would like to invite you and your school to become a member of the Iowa Association of Track Coaches (IATC). For the past several years, we have had over 300 individuals and schools join the IATC. We encourage you to take advantage of the many benefits the IATC has to offer for cross country and track and field coaches. Through your membership, we can continue to support the track and field/cross country coaches and athletes of Iowa.

You may join the IATC by either going to the IATC website and printing out the membership form and sending it in or later in September you may go online and register through the IATC website. It is our hope to make joining the IATC much easier for member schools. If you have any questions regarding membership, please contact Bill Neal at 319-530-9703, or by e-mail bill.neal@mchsi.com. A complete and up to date listing of member schools may be found under membership on the IATC website.

IATC OFFICER CONTACT INFORMATION

Contact information for all IATC officers and committee members, including e-mail addresses and phone numbers can be found on the IATC website www.iatfcc.org. When you enter the website, click on the heading "Contact Us" at the top of the page to access this information. We encourage you to communicate any questions or concerns to us so that we might serve you more efficiently.

IATC Hall of Fame

Mike Jay - Chairman

The IATC Hall of Fame committee is always looking for deserving candidates for consideration to the Hall of Fame. We make our selections at the spring meeting of the IATC Executive Committee meeting.

Our Hall of Fame can also be found at the Iowa Hall of Pride.

Candidates are up for consideration for a five year period at which time they must be re-nominated if they are not selected.

I have included the guidelines for selection in this newsletter. Applications can be downloaded from our website and submitted to Tim Thomas, IATC Chairman.

IATC Hall of Fame Guidelines

I. Criteria for nomination and selection to IATC Hall of Fame.

A. Coach:

- Must have coached a minimum of 20 years at any level.
- Must have had outstanding success at the local level and success at the state level of competition and beyond.
- Must have received the respect of his/her peers in coaching, shown leadership and character.
- Must receive 2/3 vote of the Executive Committee membership present for the final selection.

B. Athlete:

- Must have performed in an exemplary manner in Iowa High School competition at the local level, state meet and/or the Drake Relays.
- Must have demonstrated outstanding talents above that of the excellent high school athlete.
- May have performed in a manner to have achieved recognition of talent which did or would make the athlete competitive at a regional or national level.
- Must have completed their high school career at least 5 years prior to being nominated.
- Must receive 2/3 vote of the Executive Committee membership present for the final selection.

LaVerne Kloster Service Award:

- Must have contributed to the sport of Track and Field in Iowa in some significant manner which is recognized by the Executive Committee as a supporter or contributor to the betterment of Track & Field in Iowa.
- Must receive 2/3 vote of the Executive Committee membership present for the final selection.

II. Other items to be considered in selecting people for the Hall of Fame.

- A. A maximum of 4 candidates may be selected per year.
- B. No more than one Service Award per year.
- C. Final selection will be made at the spring meeting of the IATC Executive Committee.
- D. If a nominee is on the list for 5 consecutive years without becoming an inductee the name is removed from consideration and may be resubmitted. The person who submitted the nominee will be notified.
- E. A nominee's name may be submitted by completion of the form found on the IATC website.

IOWA ASSOCIATION OF TRACK COACHES

Dedicated to the support and promotion of Track & Field and Cross Country.

The IATC is here for you. Join us and make a difference.

Why be a member of the Iowa Association of Track Coaches?

- *Membership in the IATC provides support and services to the coaches and athletes in the sports of Track & Field and Cross Country that wouldn't otherwise be available.
- *Membership means promoting the sports of Track & Field and Cross Country on a local, state, regional and national level.
- *Membership means a voice in the decision making process that determines the directions our sports take in the years to come.
- *Membership means Track & Field and Cross Country Newsletter.
- *Membership means Track & Field and Cross Country All-State Team Awards.
- *Membership means Track & Field and Cross Country Academic All-State Teams.
- *Membership means Track & Field and Cross Country Coaches of the Year Awards.
- *Membership means Track & Field and Cross Country 25 Year Coaching Awards.
- *Membership means Track & Field and Cross Country Hall of Fame Awards.
- *Membership means Track & Field and Cross Country Hall of Fame Banquet.
- *Membership means Track & Field and Cross Country representation on the State Advisory Committees.
- *Membership means Track & Field Interstate Senior All-Star Meet.
- *Membership means Cross Country Senior All-Star Meet.
- *Membership means a Track & Field and Cross Country website (<http://www.iatfcc.org>)
- *Membership means Track & Field and Cross Country more to you, THE COACH.