IATC Boys Class 1A All-State

Long Jump

Newcomb, Bryce	12	GMG, Garwin	21-09.25
Wheatly, Emmitt	12	Adair-Casey	21-07.25

Shot Put

Tritle, Keegan	12	Lisbon	57-02.00
Fitzgerald, Nathan	12	Central, Elkader	56-06.50

High Jump

Moeller, Cole	10	C-Wheatland	6-09.00
Martin, Mitchell	10	Danville	6-08.00

Discus

Yezek, Tom	11	Nwood-Kensett	172-04
Goeller, Jake	12	Wapsie Valley	171-02

100 Dash

Sander, Korby	11	Belmond-Klemme	11.48
Wheatly, Emmitt	12	Adair-Casey	11.52

200 Dash

Sander, Korby	11	Belmond-Klemme	22.42
Wheatly, Emmitt	12	Adair-Casey	22.43

400 Dash

Prenger, Brett	12	Lawton-Bronson	48.47
Newcomb, Bryce	12	GMG, Garwin	49.36

800 Run

Dolecheck, Kyle	11	Mount Ayr	1:59.23
Emmanuel, Ross	11	Maharishi, F	2:00.75

1600 Run

Izer, Ryan	12	Turkey Val, JJ	4:28.35
Krob, T.J.	12	Lisbon	4:28.74

3200 Run

Sieperda, Gable	09	Cent Lyon, RR	9:59.80
Krob, T.J.	12	Lisbon	10:03.39

110 HH

Garber, Will	12	BCLUW	14.91
Bush, Alex	12	Manson NW Web	15.23

400 LH

Engel, Nick	11	Hudson	54.29
Woods, Riley	12	Wapsie Val, F	55.02

4x100

Pleasantville		44.57
1) Zoss, Trever 12	2) Adreon, Zeb 11	
3) Busick, Brock 11	4) Wicks, Kirk 12	
Pekin		44.66
1) Copeland, Tyler 10	2) Winn, Keaton 11	
3) Wittrock, Christian 12	4) Copeland, Chase 11	

4x200

Pekin		1:31.04
1) Copeland, Tyler 10	2) Winn, Keaton 11	
3) Wittrock, Christian 12	4) Copeland, Chase 11	
Lawton-Bronson		1:32.03
1) Ashley, Anteres 11	2) Peters, Austin 11	
3) Hanks, Keesten 11	4) Prenger, Brett 12	

4x400

Alta/Aurelia		3:25.86
1) Ruby, Jeremiah 12	2) Delp, Trenton 12	
3) Pearson, Nathan 11	4) Fritz, Mitchell 12	
Mount Ayr		3:26.41
1) Murphy, Rhett 11	2) Anderson, Trevor 11	
3) Staats, Grant 12	4) Dolecheck, Kyle 11	

4x800

Alta/Aurelia		8:11.29
1) Ruby, Jeremiah 12	2) Pearson, Nathan 11	
3) Delp, Trenton 12	4) Fritz, Mitchell 12	
Bishop Garrigan		8:18.16
1) Marlow, Patrick 10	2) Kellner, Will 11	
3) Kollasch, Tony 12	4) Kollasch, Zach 12	

1600 Medley

Alta/Aurelia		3:34.52
1) Ruby, Jeremiah 12	2) Napierala, Connor 12	
3) Delp, Trenton 12	4) Fritz, Mitchell 12	
Mount Ayr		3:36.34
1) Wurster, Nick 11	2) Murphy, Rhett 11	
3) Anderson, Trevor 11	4) Dolecheck, Kyle 11	

Shuttle Hurdle

Earlham		1:00.23
1) Vanderheiden, Brian 10	2) Geneser, Jack 11	
3) Hensley, Derek 12	4) Kasap, Eli 10	
Audubon		1:00.50
1) Mulford, Jake 11	2) Smith, Nolan 09	
3) Riebhoff, Tyler 09	4) Nelsen, Mitchell 11	

IATC Boys Class 2A All-State

Long Jump			
Diercks, Chandler	12	Clear Lake	23-03.00
Williams, Xavior	11	W Burlington/ND	23-00.00
Shot Put			
Moser, Ryan	12	Clayton Ridge	56-03.50
Wirfs, Tristan	10	Mt Vernon	55-06.50
High Jump			
Giannettino, Jeff	12	W Burlington/ND	6-11.00
Durbin, Cody	11	OA-BCIG	6-10.00
Discus			
Wirfs, Tristan	10	Mt Vernon	167-03
Moser, Ryan	12	Clayton Ridge	164-09
100 Dash			
Trousil, Isaiah	10	W Burlington/ND	11.10
Weldon, Hunter	11	Albia	11.26
200 Dash			
Trousil, Isaiah	10	W Burlington/ND	21.90
Mossberg, Blake	12	Hinton	22.16
400 Dash			
Weldon, Hunter	11	Albia	48.61
Smith, Jacob	11	W Burlington/ND	50.01
800 Run			
Scheelhaase, Nic	12	KP-WC	1:53.32
Teubel, Nolan	12	Mt Vernon	1:54.42
1600 Run			
Lenz, Eric	12	Tipton	4:18.47
May, C.J.	11	Applntn-Parksbg	4:21.60
3200 Run			
Lenz, Eric	12	Tipton	9:25.91
May, C.J.	11	Applntn-Parksbg	9:31.03
110 HH			
Smith, Jacob	11	W Burlington/ND	14.86
Kemp, Bryce	12	CMB, Baxter	14.86
400 LH			
Smith, Jacob	11	W Burlington/ND	52.64

Heinrichs, Justin	12	Estherville-LC	53.57

4x100

W Burlington/ND 42.56
1) Williams, Timmy 12 2) Wrede, Brant 12
3) Trousil, Isaiah 10 4) Williams, Xavior 11

Regina, IC 43.01
1) Brinkman, Jacob 12 2) Nepola, Teddy 12
3) Edeker, Jack 11 4) Lincoln, Sam 11

4x200

W Burlington/ND 1:27.51*
1) Williams, Timmy 12 2) Wrede, Brant 12
3) Trousil, Isaiah 10 4) Smith, Jacob 11

Albia 1:28.05*
1) Bayer, Blake 11 2) Weldon, Hunter 11
3) Sarver, Luke 12 4) Leshen, Tony 10

4x400

Albia 3:20.74
1) Sarver, Ryan 12 2) Weldon, Hunter 11
3) Clouse, Jacob 10 4) Sarver, Luke 12

Camanche 3:23.82
1) Brantley, Thomas 12 2) Brady, Beal 12
3) Jones, Jeremiah 12 4) Seeser, Will 11

4x800

Monticello 7:50.39*
1) Easton, Jarrett 12 2) Loes, Jordan 11
3) Manternach, Derek 11 4) Manternach, Matt 11

Mt Vernon 7:57.96
1) Cochrane, Jack 10 2) Krogmann, Jeremy 10
3) Krogmann, Zach 10 4) Teubel, Nolan 12

1600 Medley

KP-WC 3:30.04
1) Butters, Brady 11 2) Harvey, Jacob 11
3) Wurth, Jayden 12 4) Scheelhaase, Nic 12

Dike-NH 3:31.44
1) Neuroth, Connor 11 2) Goos, Brody 11
3) Blough, Connor 10 4) Crew, John 11

Shuttle Hurdle

Camanche 57.49
1) Brady, Beal 12 2) Bialas, Blake 11
3) Feller, Zach 12 4) Brantley, Thomas 12

CMB, Baxter 57.52
1) Cather, Kyle 12 2) Stover, Brady 11
3) Nissen, Joey 12 4) Kemp, Bryce 12

IATC Boys Class 3A All-State

Long Jump

Cassutt, Ty	12	W Delaware	21-11.50
Dunkin, Tanner	12	Knoxville	21-04.00

Shot Put

Winters, Nathan	12	Knoxville	58-01.25
Jansen, Garret	12	Pella	55-04.50

High Jump

Zahn, Cal	12	Webster City	6-05.00
Cantrall, Cameron	10	Spencer	6-05.00

Discus

Winters, Nathan	12	Knoxville	173-05
Jansen, Garret	12	Pella	172-09

100 Dash

Dunkin, Tanner	12	Knoxville	11.31
Phillips, Cole	12	Mt Pleasant	11.34

200 Dash

Ham, Connor	12	Solon	22.35
Phillips, Cole	12	Mt Pleasant	22.50

400 Dash

Ontiveros, Will	11	Assumption	48.82
Carroll, Esden	12	Algona	49.05

.01

800 Run

Wolfe, Jay	12	Creston	1:55.18
Gatrost, Wyatt	11	Center Point	1:56.80

1600 Run

Pollard, Thomas	12	Gilbert	4:09.67*
Yeager, Josh	12	Center Point	4:25.03

3200 Run

Pollard, Thomas	12	Gilbert	9:07.41
DeJong, Spencer	12	Oskaloosa	9:35.21

110 HH

Ham, Connor	12	Solon	14.30
Phillips, Cole	12	Mt Pleasant	14.37

400 LH

Crosser, Cameron	12	Algona	53.35
Frost, JoJo	10	Center Point	53.78

4x100

Williamsburg 43.03
1) Heitshusen, Noah 11 2) Koeppel, Josh 12
3) Stahl, Mitchell 12 4) Hughes, Blake 11

Bishop Heelan 43.25
1) Clark, Saybein 09 2) Tobin, Tony 12
3) Fox, Joe 12 4) Clark, Odessa 11

4x200

Spirit Lake 1:29.52
1) Enderson, Blake 12 2) Jennings, Caleb 12
3) Renken, Zach 10 4) Backhaus, Logan 11

Carlisle 1:29.93
1) Sanders, Henry 12 2) Smith, Andrew 12
3) Crowley, Joe 11 4) Erb, Tyrell 12

4x400

Center Point 3:21.19
1) Frost, JoJo 10 2) Marshall, Michael 12
3) Gatrost, Wyatt 11 4) Kinsey, Brandon 12

Spirit Lake 3:22.62
1) Jennings, Caleb 12 2) Enderson, Blake 12
3) Renken, Zach 10 4) Backhaus, Logan 11

4x800

Gilbert 7:56.68
1) Lichty, Caleb 12 2) Greder, Wes 12
3) Rhoads, Wyatt 12 4) Pollard, Thomas 12

Pella 8:01.29
1) Burton, Sawyer 12 2) Dingeman, Travis 12
3) Warner, Ben 12 4) Vande Lune, Payson 11

1600 Medley

Algona 3:29.44
1) Zwiefel, Keagan 11 2) Arrowood, Noah 11
3) Carroll, Esden 12 4) Hjelle, Bo 12

Center Point 3:34.08

1) Burke, Alec 12 2) Marshall, Michael 12
3) Kinsey, Brandon 12 4) Gatrost, Wyatt 11

Shuttle Hurdle

Mt Pleasant 57.33
1) White, Spencer 12 2) Lowe, Jake 09
3) Wilson, Brock 10 4) Phillips, Cole 12

Carlisle 57.64
1) Wright, Dallas 10 2) Stephens, Peyton 11
3) Hagedorn, Josh 12 4) Sanders, Henry 12

IATC Boys Class 4A All-State

Long Jump			
Jackson, DeAngelo	11	DUB Senior	22-08.25
Thomas, Avery	10	CB, A Lincoln	22-07.75
Shot Put			
Johnson, Tyler	12	Epworth, WD	55-08.00
Heinrich, Jake	11	Urbandale	55-07.75
High Jump			
Seay, Jared	12	Johnston	6-09.00
Rhoads, Willie	12	CR Kennedy	6-08.00
Discus			
Nelson, Erik	12	Waukee	173-00
Jacobus, Dalles	11	CR Kennedy	164-06
100 Dash			
Washington, Cray	12	Fort Dodge	11.24
Kuyateh, Moussa	12	SE Polk	11.24
200 Dash			
Rima, Jalen	11	Prairie, CR	22.03
Williams, Cameron	12	DSM, Roosevelt	22.28
400 Dash			
Rima, Jalen	11	Prairie, CR	48.85
Foley, AJ	12	Urbandale	49.47
800 Run			
Schweizer, Ryan	11	Dowling C, WDM	1:53.14
Vandraska, Tysen	11	Prairie, CR	1:54.68
1600 Run			
Schweizer, Ryan	11	Dowling C, WDM	4:17.66
Vandraska, Tysen	11	Prairie, CR	4:21.70
3200 Run			
Schweizer, Ryan	11	Dowling C, WDM	9:17.53
Soto, Daniel	12	Valley, WDM	9:19.76
110 HH			
Harris, Deonne	12	Newton	14.63
Wessels, Nick	11	Waukee	14.83
400 LH			
Gray, Pat	12	Waukee	53.22
Eller, Gage	12	Ames	53.74

4x100

Cedar Falls 42.47
1) LaBeaux, TreyShawn 09 2) Abbas, Michael 11
3) Turcotte, Matt 12 4) Harrington, Denison 11

Linn-Mar 42.60
1) Scott, Perrion 12 2) Freese, Tristan 12
3) Freese, Griffin 10 4) Gorsich, Daniel 11

4x200

Linn-Mar 1:29.13
1) Zimmerman, Sean 12 2) Freese, Tristan 12
3) Gorsich, Daniel 11 4) Scott, Perrion 12

Ankeny Cent 1:29.14
1) VanBaale, Ryan 09 2) Wilson, Jacob 10
3) Nichols, Garrett 10 4) Kramme, Isaiah 12

4x400

Cedar Falls 3:18.02
1) Jamison, Josh 12 2) O'Hair, Gaven 11
3) LaBeaux, TreyShawn 09 4) Lavallee, Hunter 11

Waukee 3:18.80
1) Vogel, Ross 12 2) Allen, Trevor 12
3) Schneiter, Koy 12 4) Gray, Pat 12

4x800

Ames 7:41.43!
1) Grim, Lee 11 2) Chol, Kuol 12
3) Akok, Atem 12 4) Chan, Daniel 12

Waukee 7:53.43
1) Modlin, Ryan 10 2) Andrews, Josh 10
3) Grossmann, Zach 12 4) Penn, Kayde 11

1600 Medley

Dowling C, WDM 3:25.27
1) Deskin, Cole 10 2) Gorsche, Joe 12
3) Kasap, Max 12 4) Schweizer, Ryan 11

Ames 3:27.38
1) Martin, Darrius 11 2) Stringfellow, DeVaughn 11
3) Chol, Kuol 12 4) Akok, Atem 12

Shuttle Hurdle

Waukee 56.02
1) Renshaw, Kalen 11 2) Gray, Pat 12
3) Brown, Justin 12 4) Wessels, Nick 11

Linn-Mar 57.26
1) Baker, Zeal 10 2) Dochterman, Gavren 11
3) House, Nick 10 4) Gorsich, Daniel 11

IATC Boys Elite All-State

Long Jump

Diercks, Chandler	12	Clear Lake	23-03.00
Williams, Xavior	11	W Burlington/ND	23-00.00
Koenig, Cooper	11	West Branch	22-10.50
Jackson, DeAngelo	11	DUB Senior	22-08.25

Shot Put

Winters, Nathan	12	Knoxville	58-01.25
Tritle, Keegan	12	Lisbon	57-02.00
Fitzgerald, Nathan	12	Central, Elkader	56-06.50
Moser, Ryan	12	Clayton Ridge	56-03.50

High Jump

Giannettino, Jeff	12	W Burlington/ND	6-11.00
Durbin, Cody	11	OA-BCIG	6-10.00
Seay, Jared	12	Johnston	6-09.00
Williams, Xavior	11	W Burlington/ND	6-08.00
Rhoads, Willie	12	CR Kennedy	6-08.00

Discus

Winters, Nathan	12	Knoxville	173-05
Nelson, Erik	12	Waukee	173-00
Jansen, Garret	12	Pella	172-09
Yezek, Tom	11	Nwood-Kensett	172-04

100 Dash

Trousil, Isaiah	10	W Burlington/ND	11.10
Washington, Cray	12	Fort Dodge	11.24
Kuyateh, Moussa	12	SE Polk	11.24
Weldon, Hunter	11	Albia	11.26

200 Dash

Trousil, Isaiah	10	W Burlington/ND	21.90
Mossberg, Blake	12	Hinton	22.16
Rima, Jalen	11	Prairie, CR	22.03
Koenig, Cooper	11	West Branch	22.21

400 Dash

Prenger, Brett	12	Lawton-Bronson	48.47
Weldon, Hunter	11	Albia	48.61
Ontiveros, Will	11	Assumption	48.82
Rima, Jalen	11	Prairie, CR	48.85

800 Run

Schweizer, Ryan	11	Dowling C, WDM	1:53.14
Scheelhaase, Nic	12	KP-WC	1:53.32
Teubel, Nolan	12	Mt Vernon	1:54.42
Vandraska, Tysen	11	Prairie, CR	1:54.68

1600 Run

Pollard, Thomas	12	Gilbert	4:09.67
Schweizer, Ryan	11	Dowling C, WDM	4:17.66
Lenz, Eric	12	Tipton	4:18.47
May, C.J.	11	Applntn-Parksbg	4:21.60

3200 Run

Pollard, Thomas	12	Gilbert	9:07.41
Schweizer, Ryan	11	Dowling C, WDM	9:17.53
Soto, Daniel	12	Valley, WDM	9:19.76
Lenz, Eric	12	Tipton	9:25.91

110 HH

Ham, Connor	12	Solon	14.30
Phillips, Cole	12	Mt Pleasant	14.37
Harris, Deonne	12	Newton	14.63
Kruse, Dane	12	Glenwood	14.76

400 LH

Smith, Jacob	11	W Burlington/ND	52.64
Gray, Pat	12	Waukee	53.22
Crosser, Cameron	12	Algona	53.35
Heinrichs, Justin	12	Estherville-LC	53.57

4x100

Cedar Falls 42.47
1) LaBeaux, TreyShawn 09 2) Abbas, Michael 11
3) Turcotte, Matt 12 4) Harrington, Denison 11

W Burlington/ND 42.56
1) Williams, Timmy 12 2) Wrede, Brant 12
3) Trousil, Isaiah 10 4) Williams, Xavior 11

Linn-Mar 42.60
1) Scott, Perrion 12 2) Freese, Tristan 12
3) Freese, Griffin 10 4) Gorsich, Daniel 11

IC, City High 42.76
1) Riley, Chuck 12 2) Rodney, Rajay 10
3) Martinez-Burney, James 11 4) Runge, Bryson 12

4x200

W Burlington/ND 1:27.51*
1) Williams, Timmy 12 2) Wrede, Brant 12
3) Trousil, Isaiah 10 4) Smith, Jacob 11

Albia 1:28.05*
1) Bayer, Blake 11 2) Weldon, Hunter 11
3) Sarver, Luke 12 4) Leshen, Tony 10

Linn-Mar 1:29.13
1) Zimmerman, Sean 12 2) Freese, Tristan 12
3) Gorsich, Daniel 11 4) Scott, Perrion 12

Ankeny Cent 1:29.14
1) VanBaale, Ryan 09 2) Wilson, Jacob 10
3) Nichols, Garrett 10 4) Kramme, Isaiah 12

4x400

Cedar Falls 3:18.02

1) Jamison, Josh 12 2) O'Hair, Gaven 11
3) LaBeaux, TreyShawn 09 4) Lavallee, Hunter 11

Waukee 3:18.80
1) Vogel, Ross 12 2) Allen, Trevor 12
3) Schneiter, Koy 12 4) Gray, Pat 12

Dowling C, WDM 3:20.32
1) Hummel, Jake 10 2) Desio, Joe 12
3) Gorsche, Joe 12 4) Kasap, Max 12

Albia 3:20.74
1) Sarver, Ryan 12 2) Weldon, Hunter 11
3) Clouse, Jacob 10 4) Sarver, Luke 12

4x800

Ames 7:41.43!
1) Grim, Lee 11 2) Chol, Kuol 12
3) Akok, Atem 12 4) Chan, Daniel 12

Monticello 7:50.39*
1) Easton, Jarrett 12 2) Loes, Jordan 11
3) Manternach, Derek 11 4) Manternach, Matt 11

Waukee 7:53.43
1) Modlin, Ryan 10 2) Andrews, Josh 10
3) Grossmann, Zach 12 4) Penn, Kayde 11

Linn-Mar 7:54.11
1) Dolezal, Greyson 12 2) A'Hearn, Joe 12
3) Mather, Michael 11 4) Fogerty, Bryan 12

1600 Medley

Dowling C, WDM 3:25.27
1) Deskin, Cole 10 2) Gorsche, Joe 12
3) Kasap, Max 12 4) Schweizer, Ryan 11

Ames 3:27.38
1) Martin, Darrius 11 2) Stringfellow, DeVaughn 11
3) Chol, Kuol 12 4) Akok, Atem 12

Cedar Falls 3:27.40
1) Turcotte, Matt 12 2) Abbas, Michael 11
3) Jamison, Josh 12 4) Lavallee, Hunter 11

Algona 3:29.44
1) Zwiefel, Keagan 11 2) Arrowood, Noah 11
3) Carroll, Esden 12 4) Hjelle, Bo 12

Shuttle Hurdle

Waukee 56.02
1) Renshaw, Kalen 11 2) Gray, Pat 12
3) Brown, Justin 12 4) Wessels, Nick 11

Linn-Mar 57.26
1) Baker, Zeal 10 2) Dochterman, Gavren 11
3) House, Nick 10 4) Gorsich, Daniel 11

Mt Pleasant 57.33
1) White, Spencer 12 2) Lowe, Jake 09
3) Wilson, Brock 10 4) Phillips, Cole 12

Camanche 57.49
1) Brady, Beal 12 2) Bialas, Blake 11
3) Feller, Zach 12 4) Brantley, Thomas 12