

Little Cyclone Cross Country Invitational
Iowa State University
Ames, IA
September 1, 2016

Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Ankeny Centennial	47	1	6	7	16	17	26	29	1:42:14.64	20:26.93	
2	Cedar Falls	48	4	8	9	13	14	21	31	1:42:22.82	20:28.57	
3	Waukee	52	2	3	10	18	19	22	28	1:42:38.97	20:31.80	
4	Ankeny	104	5	15	24	27	33	34	49	1:45:21.79	21:04.36	
5	Ames	123	11	20	23	32	37	41	44	1:46:35.65	21:19.13	
6	Valley, WDM	171	12	30	39	43	47	52	56	1:49:18.63	21:51.73	
7	Ballard	184	25	35	36	42	46	50	51	1:49:56.66	21:59.34	
8	Grinnell	226	38	40	45	48	55	57	59	1:53:24.09	22:40.82	
9	Marshalltown	303	53	61	62	63	64	65	68	2:04:48.96	24:57.80	
10	West Waterloo	305	54	58	60	66	67	69	70	2:26:50.92	29:22.19	

Varsity Girls Individual Results

Place	Finisher	Grade	Team	Time	Points
1	Gordon, Emma	JR	Ankeny Centennial	19:55.52	1
2	Foley, Karson	JR	Waukee	20:02.88	2
3	Schafer, Sydney	FR	Waukee	20:14.29	3
4	Christopher, Cassidy	SR	Cedar Falls	20:15.18	4
5	Robran, Alex	JR	Ankeny	20:16.48	5
6	Lee, Sophia	FR	Ankeny Centennial	20:17.88	6
7	Gray, Megan	JR	Ankeny Centennial	20:21.11	7
8	Michael, Mackenzie	FR	Cedar Falls	20:22.27	8
9	Kvale, Paige	JR	Cedar Falls	20:27.01	9
10	Boyle, Miranda	SO	Waukee	20:30.38	10
11	Moore, Katelyn	JR	Ames	20:31.93	11
12	Gould, Helen	SO	Valley, WDM	20:33.82	12
13	Zierke, Allison	SR	Cedar Falls	20:36.42	13
14	VanDorn, Jessica	SO	Cedar Falls	20:41.94	14
15	Hill, Naomi	SR	Ankeny	20:44.33	15
16	Arends, Ashley	SR	Ankeny Centennial	20:48.21	16
17	Peters, Jeanne	FR	Ankeny Centennial	20:51.92	17
18	Laird, Maggie	SR	Waukee	20:52.99	18
19	Campbell, Lily	JR	Waukee	20:58.43	19
20	Weiss, Ryan	JR	Ames	21:02.53	20
21	Ross, Caroline	JR	Cedar Falls	21:06.14	21
22	Neeley, Odessa	SR	Waukee	21:08.83	22
23	Hill, Eva	SO	Ames	21:11.44	23
24	Hill, Lydia	FR	Ankeny	21:12.08	24
25	Twedt, Ellie	FR	Ballard	21:13.85	25
26	Gaumer, Jesslyn	SO	Ankeny Centennial	21:15.71	26
27	Jones, Lily	SR	Ankeny	21:23.13	27
28	Gosch, Lauren	SO	Waukee	21:27.47	28

29	Geiger, Kenzie	JR	Ankeny Centennial	21:34.30	29
30	Morrow, Blake	FR	Valley, WDM	21:43.72	30
31	Larsen, Madison	JR	Cedar Falls	21:44.80	31
32	Fukushima, Katie	JR	Ames	21:45.51	32
33	Trimble, Meghan	JR	Ankeny	21:45.77	33
34	Drea, Makenna	SO	Ankeny	21:45.97	34
35	Matthews, Lauren	FR	Ballard	21:53.20	35
36	Wohlgemuth, Rachel	FR	Ballard	22:04.07	36
37	Jackson, Camille	FR	Ames	22:04.24	37
38	Blanchard, Mary	FR	Grinnell	22:07.71	38
39	Bright, Riley	SR	Valley, WDM	22:10.27	39
40	Jones, Anjali	FR	Grinnell	22:10.55	40
41	Hanulikova, Caitlyn	FR	Ames	22:11.08	41
42	McVicker, Summer	JR	Ballard	22:16.18	42
43	Snodgrass, Kate	SO	Valley, WDM	22:19.25	43
44	Taylor, Madeline	SO	Ames	22:25.39	44
45	Brownell, Mairead	JR	Grinnell	22:27.84	45
46	Holmes, Kari	JR	Ballard	22:29.36	46
47	Lowe, Erin	SO	Valley, WDM	22:31.57	47
48	Conner, Nola	FR	Grinnell	22:37.63	48
49	Bosch, Emily	SR	Ankeny	22:46.50	49
50	Catus, Abby	JR	Ballard	23:13.27	50
51	Zielke, Anna	JR	Ballard	23:28.88	51
52	Trane, Grace	SR	Valley, WDM	23:31.54	52
53	Underhill, Tanna	SO	Marshalltown	23:39.49	53
54	Sage, Mallory	SR	West Waterloo	23:55.59	54
55	Cogley, Catherine	SR	Grinnell	24:00.36	55
56	Caskey, Emily	SR	Valley, WDM	24:04.04	56
57	Harrington, Emma	JR	Grinnell	24:08.17	57
58	Knebel, Jessica	SR	West Waterloo	24:13.03	58
59	Chang-Roper, Phoenix	JR	Grinnell	24:20.53	59
60	Robinson, Aliyah	SR	West Waterloo	24:36.94	60
61	Chadderdon, Aspen	SR	Marshalltown	24:55.90	61
62	Almanza, Aida	FR	Marshalltown	25:08.09	62
63	Barajas, Mia	FR	Marshalltown	25:09.96	63
64	Shirar, Hannah	SR	Marshalltown	25:55.52	64
65	Tejada, Jade	FR	Marshalltown	26:18.61	65
66	Ritter, Alayna	FR	West Waterloo	36:58.33	66
67	Hickman, Emma	FR	West Waterloo	37:07.03	67
68	Johnson, Victoria	JR	Marshalltown	37:13.46	68
69	Christenson, Natalie	JR	West Waterloo	37:17.11	69
70	Rodriguez, Adriana	JR	West Waterloo	38:09.33	70

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Varsity Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Valley, WDM	46	2	5	11	13	15	19	20	1:25:27.87	17:05.58	
2	Waukee	65	4	7	14	17	23	24	26	1:26:22.04	17:16.41	
3	Cedar Falls	92	1	12	22	27	30	39	43	1:27:06.04	17:25.21	
4	Grinnell	118	8	16	21	35	38	47	63	1:28:51.74	17:46.35	
5	Ankeny	133	6	10	31	42	44	46	50	1:28:59.01	17:47.81	
6	Ankeny Centennial	142	3	25	36	37	41	49	57	1:28:59.75	17:47.95	
7	Roosevelt	221	32	34	48	53	54	58		1:32:34.23	18:30.85	
8	Southeast Polk	223	18	40	51	55	59	62	64	1:32:46.63	18:33.33	
9	West Waterloo	235	9	33	56	66	71	72	76	1:34:20.03	18:52.01	
10	Ames	246	28	29	52	67	70	73	75	1:34:29.95	18:53.99	
11	Ballard	299	45	60	61	65	68	69	74	1:36:57.73	19:23.55	

Varsity Boys Individual Results

Place	Finisher	Grade	Team	Time	Points
1	Schillinger, Sam	SR	Cedar Falls	15:59.56	1
2	Kirk, Trevor	SR	Valley, WDM	16:15.35	2
3	Cox, Camden	JR	Ankeny Centennial	16:20.70	3
4	Lewis, Jackson	SR	Waukee	16:34.27	4
5	Habineza, Moise	JR	Valley, WDM	16:47.45	5
6	Sindt, Tim	SO	Ankeny	16:48.16	6
7	Sanders, Nathan	SR	Waukee	16:58.51	7
8	Clower, Thomas	JR	Grinnell	17:06.86	8
9	Streed, Clayton	JR	West Waterloo	17:17.35	9
10	Mixdorf, Jay	SR	Ankeny	17:17.53	10
11	Johnson, Nicholas	JR	Valley, WDM	17:23.80	11
12	Timm, Josh	SR	Cedar Falls	17:26.88	12
13	Day, Collin	SR	Valley, WDM	17:29.22	13
14	Smith, Moe	SO	Waukee	17:30.83	14
15	Williams, Ryan	JR	Valley, WDM	17:32.05	15
16	O'Halloran, Trenton	JR	Grinnell	17:32.90	16
17	Loecke, Tyler	SO	Waukee	17:33.62	17
18	Owens, Cutler	JR	Southeast Polk	17:35.71	18
19	Armitage, Evan	SO	Valley, WDM	17:38.00	19
20	Salas, Richard	SO	Valley, WDM	17:42.11	20
21	Roberts, William	SR	Grinnell	17:42.78	21
22	Eastman, Ben	SR	Cedar Falls	17:43.00	22
23	Kurth, Carsen	SR	Waukee	17:44.81	23
24	Loecke, Travis	SO	Waukee	17:46.58	24
25	Vicker, Jonah	SO	Ankeny Centennial	17:48.62	25
26	Reitsma, Ahren	JR	Waukee	17:51.10	26
27	Burjes, Caleb	JR	Cedar Falls	17:53.10	27

28	Kear, Kear	JR	Ames	17:56.65	28
29	Carney, Tyler	JR	Ames	17:58.96	29
30	Conrad, Brandon	SO	Cedar Falls	18:03.50	30
31	Wagener, Daylan	JR	Ankeny	18:04.27	31
32	Russell, Ben	SO	Roosevelt	18:06.89	32
33	Samuelson, Cody	JR	West Waterloo	18:10.61	33
34	Voss, Matt	SR	Roosevelt	18:10.90	34
35	Simon, Joe	SO	Grinnell	18:13.63	35
36	Patkin, Alex	SO	Ankeny Centennial	18:14.06	36
37	Oshrak, Jayden	JR	Ankeny Centennial	18:14.24	37
38	Chamberland, Lucas	SR	Grinnell	18:15.57	38
39	Ostrich, Jacob	SO	Cedar Falls	18:17.00	39
40	Jauron, Jacob	JR	Southeast Polk	18:18.39	40
41	Peters, Curt	JR	Ankeny Centennial	18:22.13	41
42	Reichenbacher, Joey	SO	Ankeny	18:23.29	42
43	Jorgensen, Jens	SO	Cedar Falls	18:23.88	43
44	Vlahakis, Steven	JR	Ankeny	18:25.76	44
45	Kohut-Jackson, Noah	FR	Ballard	18:27.41	45
46	Blay, Eli	SR	Ankeny	18:30.50	46
47	Cunningham, Matthew	SO	Grinnell	18:32.62	47
48	Cota-Prentice, Harrison	SO	Roosevelt	18:38.74	48
49	Portal-Figueroa, Juan	JR	Ankeny Centennial	18:43.19	49
50	Jacobsen, Cole	SR	Ankeny	18:44.14	50
51	Hanson, Drake	FR	Southeast Polk	18:45.30	51
52	Alden, Johnson	JR	Ames	18:45.69	52
53	Shafer, Ethan	SR	Roosevelt	18:47.85	53
54	Johnson, Cole	SO	Roosevelt	18:49.85	54
55	Owens, Andrew	JR	Southeast Polk	18:50.78	55
56	Shomo, Austin	FR	Marshalltown	18:52.73	
57	O'Brien, Sam	JR	West Waterloo	19:01.53	56
58	Hines, Matt	JR	Ankeny Centennial	19:04.25	57
59	Bandstra, Avery	JR	Roosevelt	19:15.12	58
60	Kooker, Devon	JR	Southeast Polk	19:16.45	59
61	Pederson, Luke	JR	Marshalltown	19:18.75	
62	Fletcher, Ian	SR	Ballard	19:24.91	60
63	Winterboer, Chase	SO	Ballard	19:25.92	61
64	Wilson, Evan	SO	Southeast Polk	19:34.69	62
65	Gilbert, David	SR	Grinnell	19:41.48	63
66	Shrum, Oakley	JR	Southeast Polk	19:45.82	64
67	Beall, Jace	FR	Ballard	19:46.60	65
68	Davis, Isaac	SO	West Waterloo	19:47.71	66
69	Eric, Hall-Floden	JR	Ames	19:49.83	67
70	Ledet, Erik	SO	Ballard	19:52.89	68
71	Wuestenberg, Nathan	SO	Ballard	19:53.97	69
72	Tameron, Paulson	JR	Ames	19:58.82	70
73	Torrey, Scyler	SR	West Waterloo	20:02.83	71
74	Newlon, Andrew	SO	West Waterloo	20:05.59	72
75	Alexander, Berryhill	JR	Ames	20:14.63	73

76	Zunkel, Owen	JR	Ballard	20:36.85	74
77	Dut, Aken	JR	Ames	20:44.30	75
78	McFadden, Scott	SR	West Waterloo	21:59.93	76

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Junior Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Ankeny Centennial	34	2	4	8	9	11	12	13	1:51:46.80	22:21.36	
2	Cedar Falls	83	1	3	17	26	36	47	48	1:55:14.40	23:02.88	
3	Waukee	84	6	7	18	25	28	33	34	1:56:37.55	23:19.51	
4	Valley, WDM	96	5	15	16	19	41	43	44	1:57:25.79	23:29.16	
5	Ames	109	14	20	21	24	30	35	42	1:59:00.45	23:48.09	
6	Ballard	165	27	31	32	37	38	40	45	2:02:16.70	24:27.34	
7	Ankeny	170	10	23	39	46	52	53	55	2:03:47.44	24:45.49	
8	Grinnell	204	22	29	49	50	54	56	57	2:07:37.55	25:31.51	
9	West Waterloo	296	51	59	61	62	63	64	65	2:27:27.62	29:29.53	
10	Marshalltown	319	58	60	66	67	68			2:42:26.98	32:29.40	

Junior Varsity Girls Individual Results

Place	Finisher	Grade	Team	Time	Points
1	Schmitz, Meg	JR	Cedar Falls	21:09.41	1
2	Wubben, Claire	JR	Ankeny Centennial	21:36.85	2
3	Simpson, Miranda	SR	Cedar Falls	21:39.00	3
4	Birchmier, Jaedyn	JR	Ankeny Centennial	21:51.73	4
5	Nelson, Megan	SO	Valley, WDM	21:58.56	5
6	Trampel, Brooke	JR	Waukee	22:11.86	6
7	Konopik, Molly	SR	Waukee	22:37.98	7
8	Jackson, Kaylee	SR	Ankeny Centennial	22:41.41	8
9	Gjerde, Morgan	SR	Ankeny Centennial	22:41.93	9
10	Zadeh, Hannah	SR	Ankeny	22:49.08	10
11	Smith, Abby	SR	Ankeny Centennial	22:54.88	11
12	Lyons, Kelsey	JR	Ankeny Centennial	22:56.30	12
13	Hegstad, Brittany	SR	Ankeny Centennial	23:02.35	13
14	Forney, Beriah	JR	Ames	23:10.18	14
15	Frazier, Chloe	JR	Ankeny Centennial	23:13.73	
16	Degen, Emma	SR	Valley, WDM	23:18.70	15
17	Malhortra, Shifali	SR	Valley, WDM	23:20.52	16
18	Hansen, Carina	SR	Cedar Falls	23:34.66	17
19	Banwart, Madison	JR	Waukee	23:41.45	18
20	Wright, Elsa	SR	Valley, WDM	23:49.05	19
21	Gilbert, Claire	JR	Ames	23:50.11	20
22	Cassaidy, Lauren	JR	Ames	23:52.22	21
23	Stark, Leslie	SR	Grinnell	23:52.72	22
24	Sanders, Tara	JR	Ankeny	23:56.23	23
25	Palensky, Hayley	JR	Ames	23:57.23	24
26	Sjursen, Ashley	SR	Waukee	23:59.99	25
27	Hartwig, Shelby	JR	Cedar Falls	24:04.83	26
28	Cole, Haley	FR	Ballard	24:05.75	27

29	Stender, Erin	SR	Waukee	24:06.27	28
30	Shinefeld, Zoe	SO	Grinnell	24:06.84	29
31	McGarry, Madeline	JR	Ames	24:10.71	30
32	Rietz, Kate	JR	Ballard	24:13.04	31
33	Knittel, Stephanie	SR	Ballard	24:19.28	32
34	Ingle, Katie	JR	Waukee	24:20.71	33
35	Olson, Maya	SR	Waukee	24:22.16	34
36	Arnold, Peyton	SR	Ankeny Centennial	24:32.50	
37	Joiner, Jane	JR	Ames	24:41.07	35
38	Schmidt, Alyssa	SR	Cedar Falls	24:46.49	36
39	Mather, Cadynce	JR	Ballard	24:48.69	37
40	Dee, Olivia	SO	Ballard	24:49.94	38
41	Fischer, Kelsey	SR	Ankeny	24:50.22	39
42	Halverson, Sydeny	SO	Ballard	24:57.15	40
43	Socarras, Kalista	JR	Valley, WDM	24:58.96	41
44	Mitchell, Morgan	SR	Waukee	25:00.79	
45	Barrett, Sonja	JR	Waukee	25:04.40	
46	Goodman, Allyson	JR	Ames	25:06.59	42
47	Coady, Jocelyn	JR	Waukee	25:09.42	
48	Bennett, Kiki	JR	Ankeny Centennial	25:10.35	
49	Heston, Abby	SR	Ankeny Centennial	25:11.26	
50	Wiese, Whitney	SR	Valley, WDM	25:11.53	43
51	Blazevich, Grace	SR	Valley, WDM	25:12.53	44
52	Ross, Abbey	FR	Ballard	25:15.49	45
53	McClure, Annis	JR	Ankeny	25:16.45	46
54	Fidler, Lilah	JR	Valley, WDM	25:24.51	
55	Schmid, Rachel	JR	Cedar Falls	25:28.81	47
56	Rygh, Katie	SR	Cedar Falls	25:30.31	48
57	Worlie, Grace	SR	Valley, WDM	25:37.60	
58	Epp, Sidney	SR	Ankeny Centennial	25:48.00	
59	Haynes, Jadon	SR	Waukee	25:51.03	
60	Mason, Elizabeth	SR	Cedar Falls	25:51.53	
61	Hatch, Taylor	JR	Waukee	25:57.87	
62	Cullins, Katelyn	JR	Ankeny Centennial	25:58.22	
63	Stratford, Bethany	JR	Grinnell	25:58.51	49
64	Doty, Reagan	SR	Ballard	25:59.66	
65	Bratsch-Prince, Naomi	JR	Ames	26:01.23	
66	Burmeister, Hanna	SR	Waukee	26:01.70	
67	Gibson, Maddie	JR	Waukee	26:03.20	
68	Huntley, Maddie	JR	Waukee	26:05.59	
69	Lajoie, Katie	JR	Ankeny Centennial	26:06.63	
70	Sandholdt, Ida	JR	Ames	26:07.04	
71	Long, Meredith	JR	Ankeny Centennial	26:07.33	
72	Day, Elizabeth	SO	Valley, WDM	26:09.04	
73	Osborn, Liz	SR	Valley, WDM	26:11.78	
74	DeKutolki, Alyssa	JR	Cedar Falls	26:13.28	
75	Welp, Jordan	JR	Ames	26:16.00	
76	Coughlin, Shaye	JR	Waukee	26:17.96	

77	Jones, Taylor	SR	Valley, WDM	26:28.07	
78	Townsend, Lexie	SO	Grinnell	26:33.42	50
79	Nisius, Rita	JR	Ankeny Centennial	26:38.84	
80	Ash, Elizabeth	SR	Valley, WDM	26:43.08	
81	Hoy, Sara	SR	Cedar Falls	26:46.18	
82	Graves, Haley	JR	West Waterloo	26:46.39	51
83	Allen, Kailee	FR	Waukee	26:50.15	
84	Marlett, Nicole	SR	Valley, WDM	26:54.06	
85	Smith, Gracie	JR	Waukee	26:54.94	
86	Jacobsen, Alli	JR	Ankeny	26:55.45	52
87	Mckenzie, Laura	JR	Ankeny	26:59.11	53
88	Bantz, Salena	SR	Valley, WDM	27:05.15	
89	Peak, Ashley	SR	Grinnell	27:06.06	54
90	Beamer, Cassidy	SR	Valley, WDM	27:07.70	
91	Derouin, AnneMarie	SR	Valley, WDM	27:10.72	
92	Knox, Jessica	SR	Cedar Falls	27:17.07	
93	Nichols, Danielle	JR	Valley, WDM	27:20.44	
94	Peterson, Ellissa	JR	Ankeny	27:21.20	55
95	Fuhrman, Maggie	JR	Waukee	27:21.46	
96	Vuong, Suilley	SR	Valley, WDM	27:23.63	
97	Franke, Judith	JR	Ames	27:29.73	
98	Aksamit, Rachel	JR	Valley, WDM	27:33.67	
99	May, Sarah	JR	Ames	27:36.08	
100	Storts, Libby	JR	Waukee	27:37.08	
101	Stenberg, Hattie	JR	Ames	27:37.59	
102	Johnson, Arin	JR	Valley, WDM	27:37.86	
103	Kuhlmann, Sophia	JR	Ames	27:42.61	
104	Hall, Jaylene	SR	Grinnell	27:46.22	56
105	Heims, Kaitlyn	SR	Waukee	27:53.46	
106	Bolles, Emma	JR	Waukee	27:55.39	
107	Jones, Tatum	JR	Valley, WDM	27:59.60	
108	Bintner, Emily	JR	Ankeny	28:00.96	
109	Varineau, Allison	JR	Ankeny	28:02.27	
110	Speten, Sloan	JR	Waukee	28:05.03	
111	Brown, Sylvia	JR	Cedar Falls	28:14.06	
112	Frazier, Emma	JR	Ankeny Centennial	28:14.72	
113	Smith, Mariah	JR	Ankeny Centennial	28:15.65	
114	West, Kara	FR	Grinnell	28:18.55	57
115	Robeoltman, Taylor	JR	Valley, WDM	28:29.10	
116	Weisshaar, Lauren	SR	Valley, WDM	28:29.71	
117	Topliff, Madelyn	SR	Grinnell	28:35.17	
118	Lack, Erica	SR	Valley, WDM	28:36.25	
119	Miller, Emily	SO	Marshalltown	28:39.44	58
120	Lee, Grace	JR	Ames	28:39.65	
121	Mendez, Charisma	JR	Valley, WDM	28:45.42	
122	Beuter, Emma	SR	Ankeny Centennial	28:49.20	
123	Montgomery, Lexi	SR	Ankeny Centennial	28:51.96	
124	Cowles, Kyliegh	JR	Ames	28:54.09	

125	Dreismeier, Tavia	JR	Ankeny Centennial	28:55.50	
126	Morhfeld, Kaitlyn	SR	Ankeny	28:55.71	
127	Olson, Autumn	SR	Ankeny	28:56.55	
128	Hyunh, Rose	JR	Ankeny	29:03.29	
129	Niehm, Lauren	JR	Ames	29:16.39	
130	Salti, Tala	JR	Ames	29:18.46	
131	Zikuda, Hanna	SR	West Waterloo	29:19.37	59
132	Nguyen, Britney	JR	Valley, WDM	29:20.07	
133	White, Ashleigh	SR	Waukee	29:23.30	
134	Lenkaitis, Charlotte	JR	Ames	29:27.00	
135	Pelzer, Teresa	JR	Ames	29:28.50	
136	Whitcomb, Sam	SR	Valley, WDM	29:29.72	
137	Carr, Casey	SR	Valley, WDM	29:30.76	
138	Evans, Sarah	JR	Ames	29:33.10	
139	Hinrichs, Maggie	JR	Ankeny	29:37.57	
140	McBeth, Ashley	SR	Marshalltown	29:47.18	60
141	Fouraker, Marissa	JR	Ankeny Centennial	30:04.53	
142	Dilparic, Daria	JR	West Waterloo	30:05.76	61
143	Canon, Amy	JR	Ames	30:06.37	
144	Junck, Taylor	JR	Ames	30:07.20	
145	Anglea, Jordyn	JR	Valley, WDM	30:24.56	
146	Fraizer, Bianca	SR	West Waterloo	30:31.19	62
147	Andriano, Allyson	JR	West Waterloo	30:44.91	63
148	Koehler, Grace	JR	Ames	30:47.35	
149	Auer, Sammy	JR	Valley, WDM	30:59.40	
150	Chu, Tiffany	JR	Ames	31:03.70	
151	Reisinger, Leah	SR	West Waterloo	31:06.49	64
152	Washington, Divine	SR	West Waterloo	31:07.81	65
153	Jacobs, Hannah	SR	West Waterloo	31:08.04	
154	Mesman, Ellie	SR	Waukee	31:24.92	
155	Anderson, Camryn	JR	Ankeny	31:26.02	
156	Gates, Marissa	JR	West Waterloo	31:27.55	
157	Metzger, Grace	JR	Marshalltown	31:27.73	66
158	Krohn, Greta	JR	Ankeny	31:31.16	
159	Cho, Nicole	JR	Ames	31:35.14	
160	Stiles, Brooke	SR	Ankeny	31:38.48	
161	Oppedal, Oliva	JR	Ames	31:41.13	
162	Perry, Sarah	FR	Valley, WDM	31:43.55	
163	Chun, Rachel	JR	Ames	31:45.23	
164	Cook, Madeline	SR	Waukee	31:48.96	
165	Rozanek, Kate	JR	Valley, WDM	32:15.06	
166	Ankrum, Michelle	SR	Marshalltown	32:37.10	67
167	Hegde, Suchaeta	SR	Waukee	32:38.85	
168	Jackson, Elizabeth	JR	Ames	32:57.48	
169	Shavers, Mari	JR	West Waterloo	32:58.76	
170	Lang, Emma	SR	Grinnell	33:14.87	
171	Isaak, Kritina	SR	Waukee	33:18.20	
172	Madden, Paris	JR	Ankeny	33:48.24	

173	Sirotiak, Arie	JR	Ames	34:09.33	
174	Galyon, Olivia	JR	Ames	34:30.79	
175	Thippeswam, Achala	JR	Ames	34:31.18	
176	Helmer, Emily	JR	Ames	36:32.54	
177	Pareti, Samantha	JR	Ankeny	36:51.23	
178	Vandenberg, D'Nel	JR	Ames	39:55.11	
179	Lopez, Ruby	JR	Marshalltown	39:55.53	68
180	Mohmand, Amber	JR	Ames	42:18.57	

Little Cyclone Cross Country Invitational
Iowa State University
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Junior Varsity Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Waukee	19	1	2	3	4	9	10	11	1:30:20.16	18:04.04	
2	Valley, WDM	73	5	8	13	21	26	30	32	1:35:31.82	19:06.37	
3	Grinnell	114	6	17	18	33	40	54	57	1:37:53.93	19:34.79	
4	Cedar Falls	116	7	12	27	34	36	38	41	1:37:35.58	19:31.12	
5	Roosevelt	120	20	23	24	25	28	45	48	1:38:54.36	19:46.88	
6	Ankeny	151	14	22	29	31	55	56	58	1:40:12.36	20:02.48	
7	Ankeny Centennial	185	15	39	42	43	46	66	75	1:41:31.60	20:18.32	
8	Ames	210	16	35	44	51	64	68	70	1:42:53.51	20:34.71	
9	Southeast Polk	236	19	37	52	59	69	76	77	1:44:27.13	20:53.43	
10	Ballard	272	47	50	53	60	62	65	67	1:45:57.93	21:11.59	
11	West Waterloo	316	49	61	63	71	72	73	74	1:49:01.03	21:48.21	

Junior Varsity Boys Individual Results

Place	Finisher	Grade	Team	Time	Points
1	Fouts, Dakota	SR	Waukee	17:45.52	1
2	Andrews, Josh	SR	Waukee	17:53.96	2
3	Kato, Kevin	SR	Waukee	17:55.19	3
4	Haisch, Danny	SO	Waukee	18:11.68	4
5	Weisshaar, Jacob	JR	Valley, WDM	18:22.12	5
6	Steffen, Landon	JR	Grinnell	18:27.96	6
7	Pease, Paul	JR	Cedar Falls	18:30.18	7
8	Worlie, Samuel	JR	Valley, WDM	18:31.17	8
9	Buske, Ian	SO	Waukee	18:33.81	9
10	Muenzenmay, Gus	SR	Waukee	18:37.90	10
11	Modlin, Ryan	SR	Waukee	18:40.41	11
12	Denny, Garret	JR	Cedar Falls	18:41.23	12
13	Dixon, Izaak	SR	Waukee	18:41.99	
14	Oberman, Max	SR	Waukee	19:07.46	
15	Yersin, Grant	SR	Valley, WDM	19:10.00	13
16	Peterson, Evian	JR	Waukee	19:10.92	
17	Noll, Pete	JR	Ankeny	19:13.49	14
18	Davis, Ahren	JR	Ankeny Centennial	19:15.02	15
19	Larsen, Parker	SR	Waukee	19:17.03	
20	Ryan, Mills	JR	Ames	19:23.41	16
21	Parmley, Stiven	SO	Grinnell	19:24.66	17
22	Gruman, Adam	JR	Grinnell	19:26.04	18
23	Lessard, Beau	JR	Southeast Polk	19:28.79	19
24	Heston, Jack	SR	Roosevelt	19:32.16	20
25	Fix, Ross	JR	Valley, WDM	19:35.90	21
26	McCrary, Aaron	JR	Waukee	19:37.71	
27	Rognes, Austin	JR	Ankeny	19:37.99	22

28	Iranzeyeye, Festo	FR	Roosevelt	19:43.28	23
29	Siddiqi, Anil	SO	Roosevelt	19:47.49	24
30	O'Leary, Connor	SR	Waukee	19:48.11	
31	Abbass, Rowan	FR	Roosevelt	19:50.65	25
32	Hutchinson, Spencer	SR	Valley, WDM	19:52.63	26
33	Sannes, Drew	SR	Cedar Falls	19:59.86	27
34	Keith, Noah	JR	Roosevelt	20:00.78	28
35	Lammers, Colton	JR	Ankeny	20:00.99	29
36	Sandor, Andrew	JR	Valley, WDM	20:04.90	30
37	Pick, Isaiah	JR	Ankeny	20:07.20	31
38	Horak, Garrett	JR	Valley, WDM	20:08.78	32
39	Perez-Valentin, Sergio	FR	Grinnell	20:09.72	33
40	Lyman, Brock	JR	Cedar Falls	20:11.15	34
41	Ander, Tebbutt	JR	Ames	20:11.39	35
42	Kramer, Jay	SR	Cedar Falls	20:13.16	36
43	Huffman, Andrew	SR	Southeast Polk	20:16.26	37
44	Boeke, Andrew	JR	Waukee	20:19.69	
45	Stauts, Chase	JR	Cedar Falls	20:22.88	38
46	Wright, Noah	JR	Ankeny Centennial	20:23.38	39
47	Ivanov, Eli	SO	Grinnell	20:25.55	40
48	Keagle, Jacob	JR	Cedar Falls	20:26.73	41
49	Hylar, Joel	JR	Ankeny Centennial	20:31.43	42
50	Boyle, Michael	SR	Waukee	20:36.15	
51	Mortiz, Jackson	SR	Valley, WDM	20:37.14	
52	Bruder, Matt	SR	Ankeny Centennial	20:37.33	43
53	Noah, Stevens	JR	Ames	20:41.00	44
54	Stenstrom, Kevin	JR	Roosevelt	20:42.29	45
55	Neils, Connor	JR	Ankeny Centennial	20:44.44	46
56	Le, Tom	SR	Valley, WDM	20:45.25	
57	Grinstead, Jacob	JR	Cedar Falls	20:45.67	
58	Berthusen, Noah	SR	Waukee	20:45.95	
59	Charter, Zane	SO	Ballard	20:46.56	47
60	Bashey, Ibrahim	JR	Roosevelt	20:50.20	48
61	Nelson, Logan	FR	West Waterloo	20:51.39	49
62	Cinnamon, Nicholas	JR	Valley, WDM	20:51.87	
63	Wohlgemuth, Kaleb	SR	Ballard	20:56.28	50
64	Donnelly, Ryan	JR	Valley, WDM	20:58.44	
65	Andrew, Grandgenett	JR	Ames	20:59.13	51
66	Gilbreath, Connor	SR	Roosevelt	21:01.04	
67	Karllestad, Seth	JR	Roosevelt	21:02.56	
68	Schmidt, Gavin	JR	Southeast Polk	21:02.82	52
69	Kremer, Matthew	SR	Cedar Falls	21:04.29	
70	Williams, Evan	SR	Ballard	21:10.01	53
71	Spence, Benjamin	JR	Valley, WDM	21:12.16	
72	Gruman, Ryan	SO	Grinnell	21:12.44	54
73	Carson, Parker	JR	Ankeny	21:12.69	55
74	Elsbernd, Lars	JR	Roosevelt	21:15.15	
75	Poppens, Matthew	SR	Cedar Falls	21:15.42	

76	Kelly, Jon	JR	Ankeny	21:18.57	56
77	Rose, Jarrett	SO	Grinnell	21:19.85	57
78	Blad, Quintin	JR	Ankeny	21:23.42	58
79	Tunks, Willie	JR	Southeast Polk	21:26.23	59
80	Farrell, Connor	JR	Ankeny	21:27.50	
81	Jones, Calvin	SR	Ballard	21:30.38	60
82	Wright, Caleb	SR	Ankeny	21:31.63	
83	Strauss, Parker	JR	Cedar Falls	21:31.98	
84	Schmitz, Sam	SR	Cedar Falls	21:32.41	
85	Nordman, Mason	SO	West Waterloo	21:32.74	61
86	Baack, Nic	JR	Roosevelt	21:33.06	
87	Ledet, Ryan	SO	Ballard	21:34.70	62
88	Ko, Ko	SO	West Waterloo	21:35.70	63
89	Kinseth, Jack	JR	Valley, WDM	21:38.08	
90	Johnson, Jack	JR	Valley, WDM	21:38.37	
91	Michael, Holm	JR	Ames	21:38.58	64
92	Cary, Cooper	JR	Roosevelt	21:39.90	
93	Gould, Thomas	SR	Valley, WDM	21:40.18	
94	Romp, Jack	SR	Roosevelt	21:40.72	
95	LaPrade, Abbott	SR	Roosevelt	21:41.84	
96	Creps, Jayden	SO	Grinnell	21:43.11	
97	Kallio, Perry	JR	Ballard	21:43.34	65
98	Williams, Nate	JR	Ankeny Centennial	21:44.30	66
99	Purcell, Josh	FR	Ballard	21:44.76	67
100	Olson, Jonah	FR	Ballard	21:45.17	
101	Bangs, Cale	JR	Ballard	21:45.43	
102	Schupbach, Owen	SR	Cedar Falls	21:48.12	
103	Blaess, Tyler	JR	Waukee	21:48.64	
104	Caleb, Devick	JR	Ames	21:49.41	68
105	Harter, Brannon	SR	Grinnell	21:49.89	
106	Gosselink, Kaiden	SR	Grinnell	21:52.73	
107	Gosselink, Dalton	SO	Grinnell	21:53.02	
108	Hammerlinck, Caleb	SO	Ballard	21:55.27	
109	Frantzen, Eli	JR	Roosevelt	21:55.88	
110	Wohlgemuth, Seth	SO	Ballard	22:01.56	
111	Thompson, Ryan	JR	Cedar Falls	22:02.99	
112	Corson, Cameron	JR	Cedar Falls	22:06.16	
113	Givant, Noah	SR	Valley, WDM	22:07.18	
114	Connell, Joe	JR	Waukee	22:07.41	
115	Sanders, Trevor	SR	Cedar Falls	22:08.82	
116	McDonald, Levi	JR	Roosevelt	22:09.35	
117	Torrez, Miguel	SR	Marshalltown	22:11.41	
118	Wignall, Kelly	JR	Ankeny	22:12.78	
119	Jones, Seth	SR	Southeast Polk	22:13.03	69
120	Blaess, Matt	SR	Waukee	22:13.73	
121	Reichenbacher, Tom	SR	Ankeny	22:17.56	
122	Matthew, Kerton	JR	Ames	22:22.65	70
123	Nebbe, Iann	SR	Ballard	22:22.90	

124	Carson, Drake	JR	Ankeny	22:23.13	
125	Ledet, Tom	SO	Ballard	22:23.68	
126	Jordan, Joe	SO	Ballard	22:24.10	
127	Briggs, Noble	JR	Valley, WDM	22:25.81	
128	Ayard, Marco	JR	West Waterloo	22:27.17	71
129	Mueller, Teryn	SR	Cedar Falls	22:28.52	
130	Jason, Zheng	JR	Ames	22:29.71	
131	Weaverling, Tristan	JR	Ankeny	22:30.40	
132	Dunlop, John	SR	Cedar Falls	22:31.16	
133	Tudor, Sam	JR	West Waterloo	22:34.03	72
134	Beck, Brock	FR	Grinnell	22:34.27	
135	Tanchinh, Zachary	SR	Valley, WDM	22:34.77	
136	Sharpe, Steven	SR	Grinnell	22:35.24	
137	Ian, Hillier	JR	Ames	22:35.77	
138	Zeller, Zach	JR	Ballard	22:36.39	
139	Stephany, Nathan	SR	Ballard	22:39.22	
140	Palmer, Aiden	SR	Roosevelt	22:40.71	
141	Luttenegger, Carson	JR	Ankeny	22:42.52	
142	Hixson, Samuel	SR	Valley, WDM	22:46.41	
143	Bangs, Alex	FR	Ballard	22:48.66	
144	Nelson, Lucas	SR	Ankeny	22:52.41	
145	Klemensen, Drake	JR	Cedar Falls	22:53.86	
146	Geren, Landon	JR	Ankeny	22:57.39	
147	Fletcher, Joe	FR	Ballard	22:58.14	
148	Burken, Sampson	JR	Cedar Falls	23:00.03	
149	Oscar, Rodriguez	JR	Ames	23:02.62	
150	Roszhart, Grant	SR	Waukee	23:03.16	
151	Cameron, Tritle	JR	Ames	23:09.30	
152	Roseburrough, Dylan	JR	Marshalltown	23:09.61	
153	Brownell, Aidan	FR	Grinnell	23:10.71	
154	Andrews, Joe	JR	Ballard	23:14.81	
155	Toms, Hunter	FR	Ballard	23:17.58	
156	Olsen, Sam	JR	Cedar Falls	23:20.38	
157	Jones, Dante	FR	Ballard	23:21.41	
158	Klabunde, Steven	SO	West Waterloo	23:21.77	73
159	Knight, Nicholas	FR	West Waterloo	23:23.08	74
160	Romain, Obame Ndoutoume	JR	Ames	23:24.67	
161	Thomas, Sam	SR	Waukee	23:26.47	
162	Thomas, DeLay	JR	Ames	23:30.31	
163	Fredrick, Max	SR	Ankeny	23:32.32	
164	Steffen, Michael	SR	Ankeny	23:36.11	
165	Eckhardt, Roland	JR	Grinnell	23:38.07	
166	Burken, Will	JR	Cedar Falls	23:44.70	
167	Waddell, Nick	JR	Ankeny Centennial	23:53.12	75
168	Gross, Ryan	SR	Ankeny	24:07.91	
169	Jacobi, Riley	FR	West Waterloo	24:12.45	
170	Aubrey, Branch	JR	Ames	24:18.46	
171	Wood, Jaden	FR	West Waterloo	24:21.21	

172	Patel, Nikki	SO	Grinnell	24:21.52	
173	Cardenas, Trevor	SR	Ankeny	24:23.80	
174	Carson, Campbell	JR	Ames	24:24.61	
175	Gibson, Brett	SO	Grinnell	24:45.37	
176	Alcaraz, Irvin	SR	Marshalltown	24:51.52	
177	Potter, Charles	JR	Cedar Falls	25:00.57	
178	Caruso, Richie	JR	Ankeny	25:09.81	
179	Dosedel, Evan	SR	Waukee	25:11.36	
180	Ambrosio, Johnny	FR	Grinnell	25:13.37	
181	Thompson, Henry	FR	Ballard	25:16.74	
182	Webster, Ben	JR	Roosevelt	25:31.68	
183	Carson, Ryan	SR	Ballard	25:34.77	
184	Harter, Jarek	FR	Grinnell	25:38.89	
185	Furness, Noah	JR	Grinnell	25:41.76	
186	Wuestenberg, Caleb	SR	Ballard	25:47.50	
187	Drabek, Tanner	JR	Roosevelt	25:50.02	
188	Schmitt, Sam	SR	Cedar Falls	25:59.88	
189	Hansen, Christian	SR	Cedar Falls	26:00.07	
190	Imm, Trevor	JR	Waukee	26:08.44	
191	Stambach, Alex	SR	Southeast Polk	26:43.20	76
192	Gunderson, Otto	JR	Roosevelt	26:44.62	
193	Beattie, Nick	SR	Southeast Polk	26:55.72	77
194	Gaines, Michael	JR	Cedar Falls	27:04.16	
195	Volkman, Sloan	JR	Grinnell	27:52.37	
196	Harvey, Zach	FR	Ballard	27:56.25	
197	Bui, Nathan	JR	Roosevelt	28:11.42	
198	Thompson, Andrew	SO	Ballard	28:43.35	
199	Shay, Duncan	JR	Roosevelt	28:44.74	
200	Stephen, McKown	JR	Ames	29:52.06	
201	Rebelsky, Daniel	SO	Grinnell	43:46.12	
202	Norenberg, Jr	FR	Grinnell	43:58.96	

Little Cyclone Cross Country Invitational
Iowa State University
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Freshman-Sophomore Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Waukee	39	1	3	10	12	13	27	29	1:51:28.48	22:17.70	
2	Ankeny Centennial	49	5	6	7	9	22	23	24	1:52:27.60	22:29.52	
3	Cedar Falls	50	2	8	11	14	15	20	25	1:52:23.24	22:28.65	
4	Valley, WDM	121	4	16	28	33	40	42	45	1:58:14.97	23:39.00	
5	West Waterloo	147	17	19	21	44	46	48	50	2:01:08.07	24:13.62	
6	Ames	157	18	30	34	37	38	43	47	2:01:20.35	24:16.07	
7	Ankeny	160	26	31	32	35	36	39	41	2:00:51.50	24:10.30	
8	Marshalltown	259	49	51	52	53	54	55		2:29:57.44	29:59.49	

Freshman-Sophomore Girls Individual Results

Place	Finisher	Grade	Team	Time	Points
1	Schafer, Isabelle	FR	Waukee	21:43.90	1
2	Neese, Alyssa	FR	Cedar Falls	21:49.48	2
3	Schafer, Ally	FR	Waukee	21:58.11	3
4	Losh, Haley	SO	Valley, WDM	22:05.26	4
5	Smith, Brianna	SO	Ankeny Centennial	22:07.23	5
6	King, Meredith	SO	Ankeny Centennial	22:08.71	6
7	Pierson, Caita	SO	Ankeny Centennial	22:15.72	7
8	Schillinger, Sophia	FR	Cedar Falls	22:25.32	8
9	Smoldt, Megan	SO	Ankeny Centennial	22:27.73	9
10	Groathouse, Megan	SO	Waukee	22:27.92	10
11	North, Megan	SO	Cedar Falls	22:36.21	11
12	Christensen, Paige	FR	Waukee	22:37.28	12
13	VanLangen, Kayla	SO	Waukee	22:41.27	13
14	Martin, Sabine	FR	Cedar Falls	22:44.49	14
15	Culberson, Beth	SO	Cedar Falls	22:47.74	15
16	Poulsen, Annalyn	FR	Valley, WDM	22:55.43	16
17	Meyer, Camryn	SO	West Waterloo	22:57.17	17
18	Cardenas, Emma	SO	Ames	23:03.55	18
19	Frisch, Ireland	SO	West Waterloo	23:08.83	19
20	Rekow, Ella	FR	Cedar Falls	23:12.91	20
21	Licht, Reiley	SO	West Waterloo	23:25.31	21
22	McLaughlin, Ella	FR	Ankeny Centennial	23:28.21	22
23	Hoogensen, Kate	FR	Ankeny Centennial	23:28.62	23
24	Hernandez, Shantal	SO	Ankeny Centennial	23:32.57	24
25	Nelson, Hannah	FR	Ankeny Centennial	23:32.85	
26	Freeman, Jayna	FR	Cedar Falls	23:34.49	25
27	Pitz, Kayla	FR	Ankeny	23:36.19	26
28	Lackey, Haven	SO	Waukee	23:44.08	27
29	Larick, Cassie	SO	Valley, WDM	23:45.01	28
30	Arends, Emma	FR	Ankeny Centennial	23:47.35	

31	Johannes, Alaina	SO	Waukee	23:57.24	29
32	Wilson, Chloe	FR	Ames	23:58.17	30
33	Shull, Anna	SO	Cedar Falls	23:58.97	
34	Land, Ellie	FR	Ankeny	24:05.43	31
35	Willets, Livvy	FR	Ankeny	24:05.63	32
36	Frentress, Eliza	SO	Waukee	24:05.79	
37	Wyatt, Katie	SO	Valley, WDM	24:06.68	33
38	Loeffelholz, Frances	FR	Waukee	24:12.99	
39	Weers, Calissa	SO	Waukee	24:13.36	
40	Goodman, Kaitlyn	FR	Ames	24:13.71	34
41	Sanderman, Claire	SO	Cedar Falls	24:14.51	
42	Boss, Carly	SO	Waukee	24:16.66	
43	Hunt, Kenzie	SO	Waukee	24:20.36	
44	Schweitzer, Rose	SO	Ankeny	24:20.92	35
45	McTernan, Lauren	SO	Ankeny Centennial	24:24.63	
46	Huisman, Emma	SO	Waukee	24:26.53	
47	Clark, Lauren	FR	Ankeny	24:43.33	36
48	Cox, Celesta	FR	Ankeny Centennial	24:43.71	
49	Robben, Anna	SO	Ankeny Centennial	24:53.49	
50	Ochoa, Lydia	FR	Cedar Falls	24:55.88	
51	Mickelson, Eily	SO	Ames	24:58.08	37
52	Finken, Sophie	FR	Waukee	25:00.54	
53	Simon, Katie	FR	Waukee	25:02.22	
54	Andrews, Elizabeth	FR	Ames	25:06.84	38
55	Moomey, Emma	SO	Ankeny	25:12.62	39
56	Blosser, Libby	FR	Valley, WDM	25:22.59	40
57	Smedley, Karissa	FR	Ankeny	25:23.64	41
58	Johnson, Brooke	FR	Ankeny	25:23.96	
59	Hillgren, Mekhia	SO	Valley, WDM	25:25.95	42
60	Melvin, Emily	SO	Ankeny Centennial	25:26.18	
61	Boggess, Julah	FR	Ankeny	25:28.33	
62	Heidt, Becca	SO	Waukee	25:31.47	
63	Dennis, Bailey	FR	Ankeny Centennial	25:32.00	
64	Tiffany, Savannah	FR	Waukee	25:32.50	
65	Slade, Ella	SO	Ames	25:41.38	43
66	Davis, Regan	SO	West Waterloo	25:43.48	44
67	Block, Haley	SO	Cedar Falls	25:47.08	
68	Ohringer, Allison	SO	Valley, WDM	25:49.55	45
69	Clark, Lizbeth	FR	Waukee	25:49.82	
70	Eighmey, Meredith	SO	West Waterloo	25:53.28	46
71	Kyveryga, Victoria	FR	Ames	26:03.54	47
72	Hentzen, Sasha	SO	Valley, WDM	26:07.24	
73	Lehman, Jacy	SO	Ames	26:08.25	
74	Wilson, Kira	SO	Ankeny Centennial	26:10.21	
75	Knudsen, Elisabeth	FR	Valley, WDM	26:11.05	
76	Wilson, Ellie	FR	Ankeny Centennial	26:11.44	
77	Skinner, Faith	FR	Valley, WDM	26:11.87	
78	Meter, Grace	FR	Ankeny Centennial	26:12.81	

79	Weis, Megan	FR	Valley, WDM	26:25.05	
80	Campbell, Makenzie	FR	Valley, WDM	26:31.44	
81	Gross, Rachel	SO	Ankeny	26:32.21	
82	Kuennen, Riley	SO	Valley, WDM	26:35.35	
83	Anania, Bella	SO	Waukee	26:38.62	
84	Ash, Caroline	FR	Valley, WDM	26:39.79	
85	Martinez, Ingrid	FR	Waukee	26:47.71	
86	Cisneros, Mady	FR	Ankeny	26:49.61	
87	Kouba, Lourdes	FR	Ames	26:52.27	
88	Linder, Megan	SO	Ankeny	26:53.22	
89	Emerald, Christine	SO	Waukee	26:53.87	
90	Goode, Hannah	SO	Ankeny Centennial	26:54.71	
91	Walker, Hannah	FR	Valley, WDM	26:58.41	
92	Segar, Gabrielle	SO	Ankeny Centennial	27:00.25	
93	Flores, Valarie	SO	Valley, WDM	27:10.20	
94	Dilparic, Doris	SO	West Waterloo	27:11.33	48
95	Guge, Caroline	FR	Valley, WDM	27:12.96	
96	Amro, Sarah	FR	Valley, WDM	27:15.87	
97	Woerdeman, Lauryn	FR	Ankeny Centennial	27:16.87	
98	Decker, Olivia	FR	Waukee	27:20.30	
99	Vergara, Priscila	FR	Marshalltown	27:21.18	49
100	Ellinger, Emily	SO	Valley, WDM	27:22.79	
101	Kort, MacKenzie	SO	Valley, WDM	27:25.64	
102	Jiang, Wenjing	FR	Valley, WDM	27:29.78	
103	Bowman, Julia	SO	Cedar Falls	27:31.15	
104	Cox, Mollie	FR	Ankeny	27:32.15	
105	Nason, Adelaide	FR	Ames	27:32.78	
106	Edwardson, Katelin	SO	Ames	27:44.63	
107	Yoder, Haley	FR	Ames	27:44.84	
108	Akers, Kaitlyn	FR	Ames	27:46.47	
109	Avis, Abby	SO	West Waterloo	27:53.20	50
110	Brouillet, Alyssa	SO	Ankeny Centennial	27:55.74	
111	Van Arnum, Katherine	SO	Valley, WDM	28:02.43	
112	Dieke, Kara	SO	Waukee	28:04.22	
113	Lorenz, Gabrielle	SO	Ames	28:15.64	
114	Balong, Abigail	FR	Cedar Falls	28:17.93	
115	Johnson, Ana	SO	Valley, WDM	28:22.54	
116	Forney, Rachel	SO	Valley, WDM	28:23.38	
117	Gherke, Rachel	SO	West Waterloo	28:28.26	
118	Glade, Taylor	FR	Waukee	28:31.21	
119	Simmons, Kira	SO	Ames	28:33.15	
120	Hadley, Sasha	SO	Marshalltown	28:33.68	51
121	Jiang, Wendy	SO	Ames	28:34.12	
122	Vry, Sloan	SO	Marshalltown	28:38.62	52
123	Adamson, Saige	SO	Ankeny	28:45.00	
124	Finch, Anna	SO	Waukee	28:49.68	
125	Linch, Lydia	SO	Ames	28:55.39	
126	Hixson, Spohie	FR	Valley, WDM	28:55.88	

127	Jacobsen, Paige	SO	Ankeny	28:56.67	
128	Kerton, Laura	SO	Ames	29:28.91	
129	Utterback, Megan	FR	Ankeny	29:39.96	
130	Riordan, Fiona	FR	Ankeny	29:41.06	
131	Awan, Nawal	SO	Waukee	29:51.24	
132	Garcia, Denice	FR	Marshalltown	29:51.45	53
133	Taylor, Josie	SO	Ames	30:10.61	
134	Meyer, Fiorella	SO	Ames	30:12.60	
135	Montabon, Lillian	SO	Ames	30:20.22	
136	Barlett, Riley	SO	Valley, WDM	31:16.06	
137	Peterson, Madi	SO	Ankeny	31:26.29	
138	Den Beste, Macy	FR	Ankeny Centennial	31:32.86	
139	Holvey, Grace	SO	Waukee	32:23.55	
140	Markham, Courtney	SO	Valley, WDM	33:11.60	
141	Jahn, Lauren	SO	Valley, WDM	33:46.92	
142	Pelzer, Kathleen	FR	Ames	33:47.24	
143	Holm, Aspen	SO	Ames	33:48.06	
144	Horton, Mary	FR	Ames	33:48.27	
145	Hurley, Alyson	SO	West Waterloo	34:06.68	
146	Horton, Jubilee	SO	Ames	34:08.94	
147	Cox, Madeline	FR	Ankeny	34:14.13	
148	Daniels, Kali	FR	Ankeny	35:04.04	
149	Zheng, Angela	SO	Ames	35:08.56	
150	Roseburrough Borrás, Ste	SO	Marshalltown	35:32.51	54
151	Allen, Jayda	FR	Valley, WDM	37:42.66	
152	Bettis, Jane	SO	Ames	38:14.58	
153	Brouillet, Haley	FR	Ankeny Centennial	38:45.80	
154	Cohen, Rebecca	FR	Ames	41:03.37	
155	Lopez, Alondra	SO	Marshalltown	41:10.61	55

Little Cyclone Cross Country Invitational
Iowa State University
Ames, IA
September 1, 2016

Freshman-Sophomore Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Waukee	34	2	4	5	10	13	14	15	1:35:14.60	19:02.92	
2	Ames	41	1	3	6	11	20	22	27	1:35:04.77	19:00.96	
3	Ankeny	94	7	18	19	21	29	35	37	1:39:18.32	19:51.67	
4	Valley, WDM	109	12	16	24	26	31	33	34	1:40:06.79	20:01.36	
5	Cedar Falls	118	8	17	25	32	36	39	42	1:40:39.45	20:07.89	
6	Ankeny Centennial	169	9	30	41	44	45	47	50	1:43:10.78	20:38.16	
7	Roosevelt	209	28	38	40	51	52	59	61	1:45:17.07	21:03.42	
8	Southeast Polk	214	23	43	46	49	53	54	55	1:45:46.33	21:09.27	
9	Marshalltown	279	48	56	57	58	60	62	63	1:49:32.92	21:54.59	

Freshman-Sophomore Boys Individual Results

Place	Finisher	Grade	Team	Time	Points
1	Garang, Akok	SO	Ames	17:57.03	1
2	Muenzenmay, Augie	SO	Waukee	18:31.94	2
3	Caleb, Kong	SO	Ames	18:34.03	3
4	Swanson, Jordan	SO	Waukee	18:55.35	4
5	Smith, Jackson	FR	Waukee	18:57.11	5
6	Ean, Warrick	SO	Ames	19:08.60	6
7	Odson, Noah	SO	Ankeny	19:11.05	7
8	Biles, Zach	SO	Cedar Falls	19:15.26	8
9	Watgen, Seth	FR	Ankeny Centennial	19:17.12	9
10	DeJohn, Riley	FR	Waukee	19:17.77	10
11	Ryan, Smith	SO	Ames	19:30.21	11
12	Smeins, Jack	FR	Valley, WDM	19:31.01	12
13	Shaw, Grant	SO	Waukee	19:32.43	13
14	Bazan, Luke	FR	Waukee	19:33.90	14
15	Robus, Ethan	FR	Waukee	19:35.22	15
16	Arnold, jacob	FR	Valley, WDM	19:40.44	16
17	Bremner, Dawson	SO	Cedar Falls	19:48.83	17
18	Strnad, Drake	SO	Ankeny	19:51.62	18
19	Robran, David	FR	Ankeny	19:53.93	19
20	Preston, Witte	SO	Ames	19:54.90	20
21	Elwell, Jaylen	SO	Ankeny	19:55.12	21
22	Cameron, Campbell	SO	Ames	19:57.41	22
23	Stallman, Tyler	FR	Waukee	20:00.27	
24	Schrock, CJ	SO	Southeast Polk	20:03.62	23
25	Vanyo, Vincent	SO	Waukee	20:05.13	
26	Ling, Alex	FR	Valley, WDM	20:06.83	24
27	Izaak, Sam	SO	Waukee	20:09.27	
28	Wilson, Hollis	FR	Cedar Falls	20:10.19	25
29	Chambers, Michael	SO	Valley, WDM	20:10.72	26

30	Carter, Robinson	SO	Ames	20:11.28	27
31	Quinn, Austin	SO	Roosevelt	20:16.42	28
32	Medici, Marc	FR	Ankeny	20:26.60	29
33	Cary, Smith	SO	Ames	20:28.30	
34	Sash, Nick	SO	Ankeny Centennial	20:36.84	30
35	Margulies, Graham	FR	Valley, WDM	20:37.79	31
36	Lucas, Bleyle	SO	Ames	20:38.58	
37	Simpson, Christian	SO	Cedar Falls	20:39.16	32
38	Soto, Jacob	FR	Valley, WDM	20:40.11	33
39	Mills, Sterling	FR	Valley, WDM	20:40.51	34
40	Denker, Landon	FR	Valley, WDM	20:40.65	
41	Rodriguez, Tyler	SO	Waukee	20:44.16	
42	Villaraza, Harry	FR	Ankeny	20:45.64	35
43	Le, Nathan	FR	Cedar Falls	20:46.01	36
44	Slagter, Cody	FR	Ankeny	20:46.56	37
45	Stenberg, Nate	SO	Roosevelt	20:47.24	38
46	VanPatten, Andrew	SO	Cedar Falls	20:48.95	39
47	Dahlon, Grant	SO	Valley, WDM	20:49.73	
48	Rodriguez, Christian	SO	Roosevelt	20:50.28	40
49	Hveem, Treyton	FR	Ankeny Centennial	20:50.62	41
50	Buffington, Cole	FR	Ankeny	20:52.59	
51	Codel, Carson	FR	Valley, WDM	20:56.99	
52	Schuster, Jaden	SO	Ankeny	20:58.07	
53	Wessels, Nick	SO	Cedar Falls	21:01.34	42
54	Hanson, Eli	SO	Southeast Polk	21:01.61	43
55	Marchesani, Jeremy	SO	Cedar Falls	21:03.43	
56	Arrends, Noah	FR	Cedar Falls	21:05.21	
57	Ganpat, Grant	FR	Ankeny	21:06.09	
58	Arrends, Blake	FR	Cedar Falls	21:08.90	
59	Cunningham, Cade	SO	Ankeny Centennial	21:12.63	44
60	Lyons, Ben	SO	Ankeny Centennial	21:13.57	45
61	Benson, Andrew	SO	Waukee	21:14.58	
62	Colin, Imhoff	SO	Ames	21:14.84	
63	Jacob, Denny	SO	Ames	21:17.60	
64	Rickabaugh, Alex	SO	Southeast Polk	21:22.41	46
65	Campbell, Ben	FR	Cedar Falls	21:23.94	
66	Noah, Barker	SO	Ames	21:25.83	
67	Sckerl, Easton	FR	Cedar Falls	21:26.79	
68	Van Meeteren, Kade	FR	Ankeny Centennial	21:28.56	47
69	Andrew, Greene	SO	Ames	21:29.35	
70	DeMeyer, Wyatt	FR	Marshalltown	21:30.78	48
71	Niland, Connor	FR	Valley, WDM	21:31.57	
72	Cheung, Nick	SO	Southeast Polk	21:32.34	49
73	Brink, Abe	FR	Ankeny Centennial	21:34.47	50
74	Keck, Will	FR	Waukee	21:35.47	
75	Holtz, Issac	FR	Waukee	21:38.03	
76	LaPrade, Forrest	SO	Roosevelt	21:38.75	51
77	Walther, Erik	SO	Cedar Falls	21:41.12	

78	Greer, Nathan	SO	Waukee	21:41.99	
79	Westhoff, Ryan	FR	Cedar Falls	21:42.78	
80	Esposito, Shane	SO	Roosevelt	21:44.37	52
81	Hanson, Alex	SO	Cedar Falls	21:45.41	
82	Lacey, Luke	FR	Ankeny Centennial	21:46.05	
83	Grass, Tyler	FR	Southeast Polk	21:46.35	53
84	Prajapati, Aryan	SO	Valley, WDM	21:46.56	
85	Perry, Evan	SO	Southeast Polk	21:46.98	54
86	Berrigan, Cadogan	SO	Ames	21:49.08	
87	Newman, Cael	FR	Southeast Polk	21:49.95	55
88	Gruening, Jack	FR	Marshalltown	21:53.87	56
89	McKillip, Colin	SO	Valley, WDM	21:54.82	
90	Windust, Jacob	SO	Valley, WDM	21:55.02	
91	Verastegui, Diego	FR	Waukee	21:56.15	
92	Hoff, Owen	SO	Ankeny Centennial	21:59.40	
93	Kock, Ben	FR	Waukee	22:00.15	
94	Drummer, Jay	FR	Marshalltown	22:01.11	57
95	Hilsabeck, Peyton	SO	Marshalltown	22:01.29	58
96	Housker, Theo	FR	Ankeny Centennial	22:04.10	
97	Neff, Jackson	FR	Roosevelt	22:04.63	59
98	Bitker, Zach	FR	Marshalltown	22:05.87	60
99	Oberender, Daniel	FR	Valley, WDM	22:06.43	
100	Parks, Wiley	SO	Southeast Polk	22:09.13	
101	Waldon, Noah	FR	Southeast Polk	22:11.19	
102	McNally, Cameron	FR	Roosevelt	22:12.64	61
103	Moseley, Carter	SO	Waukee	22:12.89	
104	Tadeas, Diress	SO	Ames	22:13.38	
105	Bryan, Andre	SO	Cedar Falls	22:13.66	
106	Rangel, Brandon	FR	Marshalltown	22:14.07	62
107	Pevestorf, Mitch	SO	Ankeny	22:14.38	
108	Miller, Noah	SO	Waukee	22:14.94	
109	Larsen, Nolan	FR	Southeast Polk	22:16.86	
110	Stumme, Nick	FR	Southeast Polk	22:17.27	
111	McKinney, Jack	FR	Waukee	22:17.27	
112	Wilson, Nathan	SO	Waukee	22:17.73	
113	Whisenand, Anthony	FR	Ankeny	22:19.74	
114	Smith, Braydon	FR	Ankeny	22:19.92	
115	Dunham, Spencer	SO	Waukee	22:20.72	
116	Kittle, Vitali	FR	Valley, WDM	22:24.12	
117	Nelson, Neko	FR	Ankeny Centennial	22:30.39	
118	Shanks, Logan	FR	Ankeny	22:36.48	
119	Kutz, Dustin	FR	Ankeny	22:37.52	
120	Joshua, Gartin	SO	Ames	22:40.81	
121	Maigaard, Michael	SO	Valley, WDM	22:42.32	
122	Pottebaum, Luke	FR	Waukee	22:43.96	
123	Harrison, Yoder	SO	Ames	22:44.79	
124	Ripley, Evan	SO	Ankeny	22:45.37	
125	Liam, Struck	SO	Ames	22:48.31	

126	Beattie, Jake	SO	Southeast Polk	22:51.10
127	Umble, Jake	FR	Valley, WDM	22:51.32
128	Gaunt, David	FR	Valley, WDM	22:51.65
129	Lee, William	FR	Valley, WDM	22:53.78
130	Kramer, Andy	SO	Roosevelt	22:56.70
131	Murphy, Carl	FR	Valley, WDM	22:58.63
132	Kerr, Kade	FR	Southeast Polk	23:02.86
133	Erik, Johnson	SO	Ames	23:11.72
134	Barnes, DJ	SO	Southeast Polk	23:13.16
135	Eckard-Garrett, Harrison	FR	Roosevelt	23:15.44
136	O'Connor, Gage	SO	Ankeny	23:16.09
137	Eid, Bashar	FR	Roosevelt	23:20.84
138	Connor, Schroeder	FR	Ames	23:22.03
139	Davis, Cade	FR	Ankeny	23:23.93
140	Overton, Sammy	FR	Valley, WDM	23:24.66
141	Niland, Patrick	FR	Valley, WDM	23:24.95
142	Burger, Garret	SO	Valley, WDM	23:30.22
143	Greteman, Will	FR	Waukee	23:32.17
144	O'Hair, Quin	SO	Cedar Falls	23:33.79
145	Dengler, Peter	FR	Ankeny Centennial	23:34.03
146	Charlton, Jude	SO	Roosevelt	23:37.49
147	Buie, Lucas	FR	Cedar Falls	23:41.49
148	Bierma, Issaac	FR	Valley, WDM	23:42.25
149	Eppert, Jordan	FR	Valley, WDM	23:48.01
150	Eric, Paskach	FR	Ames	23:52.22
151	Charles, Keitges	FR	Ames	23:53.93
152	Christiason, Lars	SO	Cedar Falls	23:56.19
153	Foell, Aiden	FR	Waukee	23:56.61
154	Stichter, Jack	FR	Cedar Falls	23:58.97
155	Hinspeter, Brenden	FR	Waukee	24:01.24
156	Wilson, Conor	FR	Ankeny Centennial	24:04.78
157	Vald, Gabe	SO	Roosevelt	24:08.31
158	Penning, George	FR	Marshalltown	24:08.97
159	Bracy, Dylan	FR	Marshalltown	24:09.15
160	Majure, Mitch	SO	Roosevelt	24:10.67
161	Boggess, Jai	FR	Ankeny	24:14.07
162	Larrison, Jonah	SO	Waukee	24:14.37
163	Barrett, Cole	FR	Waukee	24:19.48
164	Jacob, Peters	SO	Ames	24:32.43
165	Lane, Will	SO	Waukee	24:33.18
166	Strickland, Ryan	SO	Southeast Polk	24:34.67
167	Jasper, Kolin	FR	Cedar Falls	24:35.05
168	Didic, Elmin	FR	Waukee	24:43.51
169	McAleer, Kenny	FR	Waukee	24:45.26
170	Cole, Hillier	SO	Ames	24:45.43
171	Adam, Eichhorn	SO	Ames	24:49.18
172	Swanepoel, Jae	FR	Ankeny	24:53.08
173	Butruille, Francis	FR	Roosevelt	25:28.07

174	Evan, Uhlmeyer	SO	Ames	25:38.96
175	Eshelman, Cade	FR	Roosevelt	25:48.68
176	Joel, Neppel	SO	Ames	25:55.05
177	Petr, Karpov	SO	Ames	25:55.21
178	Bunn, Hans	FR	Valley, WDM	25:57.20
179	Rider, Nick	FR	Roosevelt	25:57.46
180	Bracewell, Evan	SO	Southeast Polk	26:00.94
181	Eshelman, Rhys	SO	Roosevelt	26:01.72
182	Derrick, Ryan	FR	Waukee	26:08.79
183	Newton, Becket	FR	Valley, WDM	26:16.55
184	Mueller, Nick	SO	Ankeny	26:19.45
185	Mueller, Carsyn	FR	Cedar Falls	26:20.62
186	Shaw, Lucas	FR	Cedar Falls	26:21.65
187	Johnson, Kole	SO	Ankeny	26:25.75
188	Orozco, Marco	FR	Roosevelt	26:47.74
189	Lund, Brett	FR	Cedar Falls	26:51.12
190	Bauder, Emmit	SO	Marshalltown	27:12.89
191	Stewart, Danny	SO	Waukee	27:24.62
192	Viridi, Sukhman	JR	Valley, WDM	27:44.92
193	Arroyo, Anthony	SO	Roosevelt	27:49.99
194	Anderson, Isaac	FR	Southeast Polk	27:52.20
195	Hewitt, Thoams	SO	Valley, WDM	28:12.43
196	Holbert, Christian	FR	Cedar Falls	28:19.83
197	Torrez, Joaquin	FR	Marshalltown	28:27.17
198	Appenzeller, Sam	FR	Cedar Falls	29:25.61