

Doug Hendershot Cross Country Meet 2016
Sioux City West Wolverines
West High School Campus
September 15, 2016

Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Bishop Heelan	33	1	4	6	8	14	15	19	1:44:09.09	20:49.82	
2	Sioux City East	41	2	7	9	11	12	13	16	1:45:19.82	21:03.97	
3	Sioux City North	71	3	10	17	20	21	24	29	1:51:10.79	22:14.16	
4	Sgt Bluff-Luton	114	18	22	23	25	26	27	28	1:59:55.63	23:59.13	
5	Sioux City West	131	5	30	31	32	33	34		2:27:25.94	29:29.19	

Varsity Girls Individual Results

Place	Finisher	Grade	Team	Time	Points
1	Aesoph, Amber	09	Bishop Heelan	20:03.86	1
2	Barnes, Olivia	09	Sioux City East	20:04.65	2
3	Yebra, Lillyana	12	Sioux City North	20:21.48	3
4	Jochum, Madison	10	Bishop Heelan	20:27.02	4
5	Pullman, Hailey	12	Sioux City West	20:28.43	5
6	Hutchinson, Hannah	10	Bishop Heelan	20:29.77	6
7	Lester, Avery	12	Sioux City East	20:46.83	7
8	Jensen, Annie	11	Bishop Heelan	21:07.20	8
9	Lewis, Alee	10	Sioux City East	21:20.32	9
10	Oyadare, Mercy	12	Sioux City North	21:29.80	10
11	Mercural, Lily	09	Sioux City East	21:33.90	11
12	Hill, Joslyn	10	Sioux City East	21:34.12	12
13	Mcculley, Sami	12	Sioux City East	21:53.29	13
14	Peck, Ashlyn	10	Bishop Heelan	22:01.24	14
15	Aesoph, Ashley	10	Bishop Heelan	22:07.82	15
16	Philips, Karlee	09	Sioux City East	22:11.18	16
17	Phillips, Brenda	10	Sioux City North	22:18.14	17
18	Santiago, Leila	09	Sgt Bluff-Luton	22:42.78	18
19	Boeshart, Kiley	12	Bishop Heelan	22:56.75	19
20	Martinez, Lorena	10	Sioux City North	23:12.82	20
21	Molden, Emily	11	Sioux City West	23:15.22	
22	Glisar, Kelli	11	Sioux City North	23:48.55	21
23	Christenesen, Hannah	11	Sgt Bluff-Luton	23:49.59	22
24	Farley, Justice	10	Sioux City West	23:56.28	
25	Okine, Erica	10	Dakota Valley	23:59.57	
26	Lucas, Anna	11	Sgt Bluff-Luton	24:17.59	23
27	Feiges, Isobel	09	Sioux City North	24:19.12	24
28	Sims, Emersyn	09	Sgt Bluff-Luton	24:29.97	25
29	Ryan, Kelsi	11	Sgt Bluff-Luton	24:35.70	26
30	Sandwell, Eryn	11	Dakota Valley	24:50.51	
31	Brown, Taylor	11	Sgt Bluff-Luton	24:53.07	27
32	Narcia, Alba	11	Sioux City West	25:00.05	
33	Savary, Kaitlin	12	Sgt Bluff-Luton	25:25.77	28

34	Quintanilla, Leila	10	Sioux City North	26:06.45	29
35	Ponce, Gabby	10	Sioux City West	26:07.31	
36	Avery, Emma	11	Sioux City West	28:26.39	30
37	Topete, Marlyn	11	Sioux City West	32:15.66	31
38	Rubio, Bianca	09	Sioux City West	33:06.15	32
39	Morgan, Megan	09	Sioux City West	33:09.31	33
40	Bueso, Vannesa	11	Sioux City West	33:59.90	34

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Varsity Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Bishop Heelan	45	2	4	9	12	18	19	24	1:30:24.85	18:04.97	
2	Sioux City North	63	3	6	13	15	26	27	28	1:32:45.78	18:33.16	
3	Sioux City West	74	5	11	14	21	23	32	37	1:33:31.73	18:42.35	
4	Dakota Valley	92	7	10	16	29	30	34	36	1:35:14.40	19:02.88	
5	Sgt Bluff-Luton	111	1	8	25	38	39	40	42	1:36:03.51	19:12.71	
6	Sioux City East	123	17	20	22	31	33	35	41	1:37:23.08	19:28.62	

Varsity Boys Individual Results

Place	Finisher	Grade	Team	Pace	Time	Points
1	Scott, Miles	11	Sgt Bluff-Luton	5:24.2	16:47.27	1
2	Ritz, Connor	12	Bishop Heelan	5:29.8	17:04.38	2
3	Gemeda, Merga	11	Sioux City North	5:40.1	17:36.56	3
4	Freissen, Adam	12	Bishop Heelan	5:41.8	17:41.72	4
5	Larned, Phoenix	12	Sioux City West	5:46.2	17:55.50	5
6	Miller, Caleb	12	Sioux City North	5:49.2	18:04.85	6
7	Green, Jon	12	Dakota Valley	5:50.9	18:09.99	7
8	Ritz, Easton	10	Sgt Bluff-Luton	5:51.5	18:12.03	8
9	Saulsbury, Charlie	10	Bishop Heelan	5:51.9	18:13.25	9
10	Graves, Joe	09	Dakota Valley	5:54.2	18:20.45	10
11	Benson, Luke	10	Sioux City West	5:55.6	18:24.63	11
12	Dougherty, John	12	Bishop Heelan	5:55.8	18:25.25	12
13	Baker, Jackson	11	Sioux City North	6:01.7	18:43.68	13
14	Rodriguez, Benito	10	Sioux City West	6:04.2	18:51.29	14
15	Okine, Chris	12	Sioux City North	6:05.9	18:56.68	15
16	Kennedy, Tyler	11	Dakota Valley	6:06.2	18:57.57	16
17	Taylor, Cole	11	Sioux City East	6:06.8	18:59.37	17
18	Alvarado, Dan	12	Bishop Heelan	6:07.1	19:00.25	18
19	Murphy, Ben	11	Bishop Heelan	6:07.2	19:00.57	19
20	Deweerd, Will	11	Sioux City East	6:08.0	19:03.20	20
21	Holman, Hiatt	10	Sioux City West	6:08.7	19:05.39	21
22	Voloshen, Eddie	10	Sioux City East	6:10.8	19:11.92	22
23	Claussen, Tyler	12	Sioux City West	6:11.8	19:14.92	23
24	Barber, Nate	12	Bishop Heelan	6:12.4	19:16.72	24
25	Lincoln, Joe	11	Sgt Bluff-Luton	6:12.9	19:18.45	25
26	South, Dakota	10	Sioux City North	6:14.7	19:24.00	26
27	Beller, Drake	11	Sioux City North	6:17.4	19:32.37	27
28	Eybers, Aaron	11	Sioux City North	6:23.6	19:51.62	28
29	Jensen, Henry	10	Dakota Valley	6:23.9	19:52.51	29
30	Midland, Josh	11	Dakota Valley	6:24.3	19:53.88	30
31	Morales, Angel	11	Sioux City East	6:25.3	19:56.86	31
32	Surber, Auston	10	Sioux City West	6:26.9	20:02.04	32

33	Vakulskas, Jake	10	Sioux City East	6:30.1	20:11.73	33
34	Jensen, Hayden	11	Dakota Valley	6:33.2	20:21.62	34
35	Perry, Nick	09	Sioux City East	6:34.1	20:24.16	35
36	Freebern, Jack	07	Dakota Valley	6:35.7	20:29.20	36
37	Schroeder, Brandon	11	Sioux City West	6:37.7	20:35.44	37
38	Grames, Tyler	11	Sgt Bluff-Luton	6:41.0	20:45.66	38
39	Dillavou, Danny	11	Sgt Bluff-Luton	6:45.6	21:00.10	39
40	Murphy, Max	10	Sgt Bluff-Luton	6:50.9	21:16.41	40
41	Chhet, Chance	11	Sioux City East	6:52.5	21:21.41	41
42	Mcgregor, Ryley	12	Sgt Bluff-Luton	7:18.0	22:40.83	42
43	Owen, Curtis	09	Sioux City West	7:39.4	23:47.19	
44	Reed, Trevor	11	Sioux City West	7:53.5	24:30.92	
45	VeenStrege, Logan	11	Sioux City West	8:45.4	27:12.26	

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Junior Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Average	Spread
1	Bishop Heelan	15	1	2	3	4	5	6	7	2:01:08.98	24:13.80
2	Sioux City North	60	8	10	12	13	17			2:24:40.37	28:56.08
3	Sioux City East	65	9	11	14	15	16			2:18:08.57	27:37.72

Junior Varsity Girls Individual Results

Place	Finisher	Grade	Team	Time	Points
1	Joyce, Brenna	09	Bishop Heelan	23:25.10	1
2	Klemme, Lexie	07	Dakota Valley	24:15.30	
3	Doohen, Callie	11	Bishop Heelan	24:17.81	2
4	Porath, Meghan	10	Bishop Heelan	24:21.46	3
5	Doohen, Brooke	11	Bishop Heelan	24:31.15	4
6	Froliceh, Brooklin	10	Bishop Heelan	24:33.46	5
7	Lynn, Alexia	09	Sgt Bluff-Luton	24:52.80	
8	Bernard, Claire	10	Bishop Heelan	24:53.57	6
9	Koob, Haley	10	Bishop Heelan	25:05.22	7
10	Coyle, Mckenzie	11	Sioux City North	25:08.62	8
11	Breyfogle, Hannah	10	Sioux City East	25:12.20	9
12	Granstrom, Vanessa	07	Dakota Valley	25:34.31	
13	Olson, Monica	09	Sioux City North	25:36.77	10
14	Leiting, Emilee	10	Bishop Heelan	25:46.60	
15	Conlon, Sienna	09	Sioux City East	25:52.86	11
16	Deitloff, Terri	11	Sgt Bluff-Luton	25:55.44	
17	Nguyen, Emily	11	Sioux City North	26:58.96	12
18	Vasquez, Andrea	09	Sioux City West	27:02.31	
19	Wilmeesherr, Brooke	10	Bishop Heelan	27:14.13	
20	Skatges, Alyssa	09	Sgt Bluff-Luton	27:56.67	
21	Dial, Nichole	11	Dakota Valley	28:09.34	
22	Dillavou, Maryjane	12	Sgt Bluff-Luton	28:10.92	
23	Walters, Jaycelyn	10	Sioux City North	28:27.02	13
24	Burkhart, Marah	12	Sioux City East	28:46.43	14
25	Zink, Hazel	12	Sioux City East	29:06.11	15
26	Burbridge, Beth	11	Sioux City East	29:10.97	16
27	Walding, Maddie	12	Sioux City North	38:29.00	17

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Junior Varsity Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Bishop Heelan	23	1	3	4	7	8	30	31	1:40:10.30	20:02.06	
2	Sioux City North	59	2	6	15	16	20	21	26	1:46:16.15	21:15.23	
3	Dakota Valley	63	9	11	12	14	17	19	23	1:47:21.80	21:28.36	
4	Sioux City West	70	5	10	13	18	24	36	38	1:47:09.04	21:25.81	
5	Sioux City East	136	22	25	28	29	32	33	34	1:55:01.28	23:00.26	
6	Sgt Bluff-Luton	178	27	35	37	39	40			2:04:08.55	24:49.71	

Junior Varsity Boys Individual Results

Place	Finisher	Grade	Team	Pace	Time	Points
1	Suhr, Brenden	12	Bishop Heelan	6:05.0	18:53.81	1
2	Tucker, Dayson	09	Sioux City North	6:19.8	19:39.97	2
3	Greer, John	09	Bishop Heelan	6:20.4	19:41.76	3
4	Leiting, Michael	09	Bishop Heelan	6:24.9	19:55.83	4
5	Leon, Alexis	11	Sioux City West	6:25.6	19:57.77	5
6	Sorenson, Ethan	10	Sioux City North	6:36.3	20:31.18	6
7	Brown, Jake	11	Bishop Heelan	6:41.4	20:46.84	7
8	Huls, Marshall	10	Bishop Heelan	6:43.0	20:52.06	8
9	Foster, Evan	07	Dakota Valley	6:45.4	20:59.35	9
10	ReynaZapon, Andrew	11	Sioux City West	6:48.0	21:07.53	10
11	Messersmith, Jared	11	Dakota Valley	6:49.5	21:12.04	11
12	Vick, Aidan	11	Dakota Valley	6:56.5	21:33.93	12
13	CheronHernandez, Christ	11	Sioux City West	6:57.8	21:37.99	13
14	Olsen, Chase	11	Dakota Valley	6:59.6	21:43.58	14
15	Bush, Ethan	10	Sioux City North	7:02.1	21:51.15	15
16	Oldenkamp, Daniel	10	Sioux City North	7:02.3	21:51.85	16
17	Aldalor, Julen	11	Dakota Valley	7:02.6	21:52.89	17
18	Cota, Byron	11	Sioux City West	7:03.3	21:55.15	18
19	Morales, Will	09	Dakota Valley	7:06.2	22:04.17	19
20	Mcclure, Cole	10	Sioux City North	7:12.0	22:22.00	20
21	Goddard, Carson	10	Sioux City North	7:12.1	22:22.26	21
22	Sassman, Caleb	09	Sioux City East	7:13.3	22:26.21	22
23	Schmiedt, Blake	07	Dakota Valley	7:14.4	22:29.64	23
24	Marcoe, Calvin	10	Sioux City West	7:14.8	22:30.60	24
25	Hobbs, Logan	10	Sioux City East	7:22.6	22:55.03	25
26	Baker, Todd	10	Sioux City North	7:22.8	22:55.59	26
27	Dillavou, Jherek	09	Sgt Bluff-Luton	7:23.0	22:56.32	27
28	Haaf, Greg	11	Sioux City East	7:26.3	23:06.33	28
29	Munson, Jordan	12	Sioux City East	7:26.6	23:07.25	29
30	Saulsbury, James	12	Bishop Heelan	7:28.0	23:11.77	30
31	Greer, Andrew	11	Bishop Heelan	7:30.2	23:18.61	31
32	Perry, Devyn	12	Sioux City East	7:32.7	23:26.46	32

33	Vanderveen, Brandon	09	Sioux City East	7:34.3	23:31.33	33
34	Reyes, Angel	11	Sioux City East	7:35.8	23:35.95	34
35	Gill, Cade	10	Sgt Bluff-Luton	7:39.5	23:47.62	35
36	Demers, Patrick	09	Bishop Heelan	7:39.9	23:48.69	
37	Roerig, Noah	10	Bishop Heelan	7:40.2	23:49.62	
38	Longwell, Evan	09	Sioux City West	7:41.5	23:53.56	36
39	Harris, Craig	09	Sioux City East	7:44.6	24:03.36	
40	Frey, Brenden	10	Bishop Heelan	7:45.0	24:04.61	
41	Kakacek, Blake	12	Bishop Heelan	7:46.7	24:09.79	
42	Smith, Landon	11	Sgt Bluff-Luton	7:48.4	24:15.08	37
43	Rea, Peyton	10	Sioux City North	7:50.1	24:20.55	
44	Roeun, Johnson	12	Sioux City West	7:50.5	24:21.68	38
45	Wright, Keaten	07	Dakota Valley	7:54.9	24:35.41	
46	Miller, Nick	11	Dakota Valley	8:01.3	24:55.06	
47	Hueser, Tanner	09	Sgt Bluff-Luton	8:04.5	25:05.13	39
48	Donaldson, Reed	07	Dakota Valley	8:07.2	25:13.47	
49	Miller, Elias	09	Sioux City North	8:11.1	25:25.61	
50	Martin, Aidan	07	Dakota Valley	8:12.7	25:30.61	
51	Dewaal, Michael	09	Dakota Valley	8:13.2	25:32.07	
52	Laws, Kane	09	Sioux City North	8:14.4	25:36.00	
53	Ruelas, Jose	10	Sioux City North	8:24.2	26:06.35	
54	Beresford, Ashton	07	Dakota Valley	8:40.7	26:57.55	
55	Philpotts, Brandon	10	Sioux City North	8:47.1	27:17.65	
56	Messersmith, Alex	08	Dakota Valley	8:52.9	27:35.67	
57	Taylor, Kaleb	10	Sioux City North	8:54.0	27:39.03	
58	Stoos, Colby	12	Sgt Bluff-Luton	9:02.2	28:04.40	40
59	Bradshaw, Nicholas	09	Dakota Valley	9:07.0	28:19.20	
60	Masters, Sean	08	Dakota Valley	9:23.7	29:11.28	
61	Granstrom, Michael	08	Dakota Valley	9:25.1	29:15.66	
62	Lohr, Eric	09	Bishop Heelan	9:58.7	31:00.10	
63	Gilreath, Jacob	10	Bishop Heelan	10:18.0	32:00.00	