

Hawkeye 10 Conference Cross Country Championships
Iowa Western Community College
Council Bluffs, IA
October 13, 2016

Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Denison-Schleswig	50	1	2	13	14	20	33	45	1:41:56.52	20:23.31
2	Shen-Essex	65	4	9	15	18	19	32	44	1:44:09.26	20:49.86
3	Glenwood	68	6	8	11	17	26	36	42	1:43:54.71	20:46.95
4	Atlantic	72	7	10	12	21	22	28	35	1:44:23.96	20:52.80
5	Harlan	141	3	24	31	37	46	52	55	1:49:10.38	21:50.08
6	Lewis Central	143	23	25	27	30	38	43	64	1:49:06.34	21:49.27
7	Creston	173	5	34	39	47	48	50		1:51:52.91	22:22.59
8	Kuemper Catholic	228	16	40	54	56	62	71		1:59:10.02	23:50.01
9	Clarinda	256	29	49	58	59	61	67		2:01:50.31	24:22.07
10	Red Oak	285	41	53	60	65	66	68	74	2:05:13.94	25:02.79
11	St. Albert	310	51	57	63	69	70	72	73	2:08:50.59	25:46.12

Varsity Girls Individual Results

Place	Athlete	Grade	Team	Time	Points
1	Andersen, Raegan	10	Denison-Schleswig	19:16.02	1
2	Mendlik, Ellie	11	Denison-Schleswig	19:36.24	2
3	Kaster, Greichaly	10	Harlan	19:47.02	3
4	Campbell, Claire	10	Shen-Essex	19:56.62	4
5	Baker, Brielle	10	Creston	20:07.06	5
6	McIntyre, Aubrey	10	Glenwood	20:09.12	6
7	Wendt, Ashley	10	Atlantic	20:12.96	7
8	Jackson, Lacey	10	Glenwood	20:24.05	8
9	Manrose, Carlie	10	Shen-Essex	20:31.34	9
10	Rush, Karsyn	10	Atlantic	20:33.80	10
11	Kaufman, Kate	11	Glenwood	20:35.52	11
12	Pross, Pluma	09	Atlantic	20:42.81	12
13	Lora, Dayana	10	Denison-Schleswig	20:48.99	13
14	Goslar, Morgan	10	Denison-Schleswig	20:53.75	14
15	Jackson, Jessica	11	Shen-Essex	21:05.24	15
16	Klein, Olivia	10	Kuemper Catholic	21:07.18	16
17	Palmer, Haley	12	Glenwood	21:11.46	17
18	Holmes, Adrianna	11	Shen-Essex	21:16.72	18
19	Gray, Devan	12	Shen-Essex	21:19.34	19
20	Gunderson, Vanessa	10	Denison-Schleswig	21:21.52	20
21	Derby, Alexis	10	Atlantic	21:24.37	21
22	Seaugling, Emily	11	Atlantic	21:30.02	22
23	Smith, Isabella	09	Lewis Central	21:33.21	23
24	Parman, Savannah	10	Harlan	21:33.62	24
25	Martin, Jacey	12	Lewis Central	21:34.09	25
26	Finnegan, Jillian	12	Glenwood	21:34.56	26
27	Parks, Madi	10	Lewis Central	21:35.05	27

28	Bailey, Halsey	10	Atlantic	21:53.34	28
29	VanFosson, Shelby	12	Clarinda	21:54.93	29
30	Kuckta, Kayla	10	Lewis Central	21:56.43	30
31	Rueschenberg, Kara	11	Harlan	21:58.59	31
32	Webster, Vanessa	11	Shen-Essex	22:00.12	32
33	Gierstorf, Morgan	11	Denison-Schleswig	22:00.72	33
34	Shepherd, Rachel	12	Creston	22:01.36	34
35	Zarbano, Piper	09	Atlantic	22:08.50	35
36	Wilwerding, Katelyn	10	Glenwood	22:19.71	36
37	Alberti, Abby	09	Harlan	22:27.15	37
38	Bernard, Gracie	09	Lewis Central	22:27.56	38
39	Groumoutis, Sophia	11	Creston	22:31.78	39
40	Tidgren, Lauren	11	Kuemper Catholic	22:45.18	40
41	Boeye, Juhi	11	Red Oak	22:47.21	41
42	Williams, Maiah	10	Glenwood	22:52.99	42
43	Dunphy, Kylee	10	Lewis Central	22:55.62	43
44	Zamarron, Fatima	11	Shen-Essex	23:06.06	44
45	Wingrove, Courtney	12	Denison-Schleswig	23:17.18	45
46	Williamson, Asia	10	Harlan	23:24.00	46
47	Linch, Brittany	09	Creston	23:35.09	47
48	Castillo, Danielle	11	Creston	23:37.62	48
49	Davidson, Grace	12	Clarinda	23:41.37	49
50	Little, Lexie	12	Creston	23:47.18	50
51	Genereux, Clara	11	St. Albert	24:05.30	51
52	Irlbeck, Alexis	11	Harlan	24:10.40	52
53	Plambeck, Haley	09	Red Oak	24:22.90	53
54	Olberding, Abby	12	Kuemper Catholic	24:25.02	54
55	Buman, Jess	12	Harlan	24:34.24	55
56	Eischeid, Brandi	11	Kuemper Catholic	24:59.12	56
57	Sykes, Sophie	11	St. Albert	25:03.28	57
58	Shackelford, Kenzie	09	Clarinda	25:16.75	58
59	Clark, Maddie	11	Clarinda	25:23.08	59
60	Ross, Emma	12	Red Oak	25:29.34	60
61	Brown, Gracie	10	Clarinda	25:34.18	61
62	Higby, Paige	09	Kuemper Catholic	25:53.52	62
63	Noethe, Clare	11	St. Albert	25:54.18	63
64	Christianson, Emma	09	Lewis Central	26:05.09	64
65	Crouse, Ashley	12	Red Oak	26:13.06	65
66	Sherman, Abigail	11	Red Oak	26:21.43	66
67	St.Romain, Aliyah	10	Clarinda	26:31.90	67
68	Hewett, Madi	09	Red Oak	26:32.56	68
69	Carlson, Jenna	11	St. Albert	26:53.02	69
70	Cox, Grace	11	St. Albert	26:54.81	70
71	Grote, Chloe	11	Kuemper Catholic	27:02.06	71
72	Burke, Gabby	10	St. Albert	29:03.46	72
73	Hohneke, Madeline	11	St. Albert	29:07.43	73
74	Wemhoff, Elsa	11	Red Oak	30:27.87	74

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Varsity Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Total	Average
1	Glenwood	61	5	9	14	15	18	27	31	1:27:49.20	17:33.84	
2	Atlantic	77	1	4	12	28	32	36	65	1:27:17.12	17:27.43	
3	Denison-Schleswig	88	6	8	10	30	34	41	45	1:28:32.63	17:42.53	
4	Lewis Central	96	3	17	19	22	35	43	47	1:29:06.28	17:49.26	
5	Kuemper Catholic	106	2	11	21	23	49	59	63	1:29:14.97	17:51.00	
6	Shen-Essex	125	13	16	26	33	37	48	54	1:30:28.67	18:05.74	
7	Harlan	209	29	40	44	46	50	58	66	1:34:11.83	18:50.37	
8	Red Oak	209	20	24	51	53	61	64	68	1:34:14.68	18:50.94	
9	Creston	233	7	25	62	69	70	72	73	1:35:55.17	19:11.04	
10	St. Albert	263	39	42	52	55	75	76		1:37:43.94	19:32.79	
11	Clarinda	278	38	56	57	60	67	71	74	1:37:08.13	19:25.63	

Varsity Boys Individual Results

Place	Athlete	Grade	Team	Time	Points
1	Shadden, Phoenix	12	Atlantic	16:21.31	1
2	Grote, Ben	12	Kuemper Catholic	16:32.37	2
3	O'Brien, Brenden	12	Lewis Central	16:45.72	3
4	Dennis, Bradley	09	Atlantic	16:52.15	4
5	Covington, Parson	10	Glenwood	17:00.43	5
6	Salazar, David	12	Denison-Schleswig	17:02.02	6
7	Irr, Ben	12	Creston	17:17.50	7
8	Miller, Corey	10	Denison-Schleswig	17:21.28	8
9	Parks, Mason	10	Glenwood	17:22.75	9
10	Martinez, Esteban	09	Denison-Schleswig	17:26.52	10
11	Tigges, Jared	11	Kuemper Catholic	17:28.28	11
12	Petersen, Jalen	10	Atlantic	17:30.24	12
13	Finnegan, Trent	11	Shen-Essex	17:36.78	13
14	McIntyre, Sam	09	Glenwood	17:44.52	14
15	Mullennax, Andrew	12	Glenwood	17:46.72	15
16	Rice, Hunter	11	Shen-Essex	17:47.81	16
17	Kavars, Mark	11	Lewis Central	17:54.02	17
18	Rounds, Richard	11	Glenwood	17:54.78	18
19	Woltmann, Cael	09	Lewis Central	17:57.12	19
20	Eubank, Liam	11	Red Oak	17:58.56	20
21	Rawlings, Reed	12	Kuemper Catholic	17:59.21	21
22	Lancial, Connor	09	Lewis Central	18:00.02	22
23	Bock, Brennan	11	Kuemper Catholic	18:03.02	23
24	Rolenc, Weston	12	Red Oak	18:03.65	24
25	Wignall, Isaac	12	Creston	18:11.96	25
26	Stanley, Nick	11	Shen-Essex	18:12.68	26
27	McIntyre, Dillon	09	Glenwood	18:13.17	27
28	Brummer, Evan	09	Atlantic	18:13.62	28

29	Voge, Drew	11	Harlan	18:15.06	29
30	Hernandez, David	12	Denison-Schleswig	18:15.72	30
31	Hughes, Nathan	09	Glenwood	18:17.52	31
32	Carey, Kolton	12	Atlantic	18:19.80	32
33	Nebel, Bridger	12	Shen-Essex	18:20.72	33
34	Morales, Oscar	09	Denison-Schleswig	18:27.09	34
35	Shipman, Tyler	11	Lewis Central	18:29.40	35
36	Pellett, Cale	11	Atlantic	18:30.11	36
37	Cain, Todd	12	Shen-Essex	18:30.68	37
38	Foster, Dakota	12	Clarinda	18:31.08	38
39	Garrigan, Leo	10	St. Albert	18:36.59	39
40	Henry, Jacob	12	Harlan	18:38.37	40
41	Lopez, Nelson	12	Denison-Schleswig	18:39.40	41
42	Heisterkamp, Bennett	09	St. Albert	18:49.28	42
43	Mortensen, Paul	11	Lewis Central	18:55.28	43
44	Shelton, Andrew	11	Harlan	18:58.90	44
45	Gonzalez, Carlos	12	Denison-Schleswig	19:03.46	45
46	Obrecht, Wyatt	09	Harlan	19:05.78	46
47	Diercks, Keenan	11	Lewis Central	19:07.37	47
48	Campbell, Jack	10	Shen-Essex	19:08.06	48
49	Hagen, Jack	09	Kuemper Catholic	19:12.09	49
50	Jones, Isaac	09	Harlan	19:13.72	50
51	Graham, Avery	09	Red Oak	19:15.44	51
52	Pauley, Dan	10	St. Albert	19:17.49	52
53	Koppa, Connor	09	Red Oak	19:17.91	53
54	Son, Levi	10	Shen-Essex	19:23.12	54
55	Blaha, Luke	10	St. Albert	19:24.93	55
56	Shatava, Lucas	12	Clarinda	19:25.81	56
57	Halloran, Tyler	10	Clarinda	19:29.59	57
58	Eshelman, Dylan	11	Harlan	19:34.24	58
59	Schreck, Jacob	11	Kuemper Catholic	19:35.84	59
60	Luckado, Tyler	12	Clarinda	19:38.72	60
61	Koppa, Ben	12	Red Oak	19:39.12	61
62	Hitz, Levi	09	Creston	19:39.59	62
63	Putney, Tyler	09	Kuemper Catholic	19:41.68	63
64	Taylor, August	12	Red Oak	19:46.28	64
65	Jipsen, Clayton	09	Atlantic	19:49.65	65
66	Renkly, Ben	12	Harlan	19:51.62	66
67	Espinosa, Jesse	11	Clarinda	20:02.93	67
68	Cashatt, Jacob	10	Red Oak	20:04.15	68
69	Fry, Hunter	09	Creston	20:22.41	69
70	Linch, Dylan	11	Creston	20:23.71	70
71	Murray, Briar	11	Clarinda	20:32.72	71
72	Moreland, Jared	09	Creston	20:59.59	72
73	Baker, Devin	09	Creston	21:19.87	73
74	ton, Marcus	12	Clarinda	21:34.81	74
75	Crawley, Greg	11	St. Albert	21:35.65	75
76	Narmi, Sam	09	St. Albert	23:04.75	76

Junior Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Glenwood	22	1	3	5	6	7	11	12	1:53:12.57	22:38.52
2	Atlantic	33	2	4	8	9	10	15	16	1:54:43.40	22:56.68
3	Denison-Schleswig	85	13	14	17	19	22	24	27	2:01:19.45	24:15.89
4	Harlan	111	18	20	21	23	29	32	33	2:06:12.74	25:14.55
5	Creston	140	25	26	28	30	31	34		2:10:38.02	26:07.61

Junior Varsity Girls Individual Results

Place	Athlete	Grade	Team	Time	Points
1	Hankins, Lexi	09	Glenwood	21:40.12	1
2	Bean, Aleigh	10	Atlantic	22:10.62	2
3	Schultz, Abi	10	Glenwood	22:25.06	3
4	Dukes, Alyssa	09	Shen-Essex	22:25.86	
5	Lapp, Fiona	12	St. Albert	22:29.40	
6	Behrens, Alyssa	10	Atlantic	22:50.58	4
7	Presley, Grace	11	Glenwood	22:58.21	5
8	Mixan, Savanna	11	Glenwood	22:58.59	6
9	Mulligan, Hannah	09	Shen-Essex	23:05.84	
10	Schuppan, Nikki	11	Glenwood	23:10.59	7
11	Saluk, Katie	09	Atlantic	23:11.24	8
12	Brockman, Alexis	12	Atlantic	23:15.15	9
13	Siedlik, Kelsie	09	Atlantic	23:15.81	10
14	Manley, Jillian	11	Glenwood	23:17.57	11
15	Becker, Jenna	12	Glenwood	23:18.24	12
16	Marquez, Adriana	10	Denison-Schleswig	23:25.87	13
17	Schuppan, Kari	09	Glenwood	23:31.78	
18	Bruck, Madison	10	Denison-Schleswig	23:35.09	14
19	Allgood, Sadey	10	Glenwood	23:41.99	
20	Williams, Heidi	10	Atlantic	23:54.05	15
21	Bruckner, Grace	09	Atlantic	24:03.20	16
22	Seuntjens, Alyssa	12	Denison-Schleswig	24:19.78	17
23	Miller, Sydney	12	Glenwood	24:19.84	
24	Parker, Sierra	10	Atlantic	24:20.52	
25	Wendt, Erin	10	Atlantic	24:35.21	
26	Bittle, Caroline	11	Glenwood	24:36.50	
27	Bird, Lexi	09	Glenwood	24:37.15	
28	Hansen, Bailey	12	Harlan	24:39.75	18
29	Kuhl, Taylor	12	Glenwood	24:41.68	
30	Lee, Caytlin	11	Denison-Schleswig	24:43.90	19
31	Sotelo, Alyssa	11	Harlan	24:45.72	20
32	Conaway, Sydney	11	Lewis Central	24:53.24	
33	Renze, Olivia	09	Harlan	24:56.91	21
34	Williams, Cameron	12	Lewis Central	25:03.68	
35	Gutierrez, Andrea	11	Denison-Schleswig	25:14.81	22
36	Morales, Lydia	09	Shen-Essex	25:22.40	
37	Hoegh, Cierra	09	Harlan	25:24.48	23
38	Faya, Sarah	09	Denison-Schleswig	25:30.52	24

39	Wignall, Rachel	10	Creston	25:44.15	25
40	Pantini, Sydney	09	Creston	25:45.75	26
41	Villegas, Cynthia	10	Denison-Schleswig	25:49.31	27
42	Aguilera, Bianca	10	Denison-Schleswig	25:54.34	
43	Sandoval, Sanibel	10	Denison-Schleswig	25:54.96	
44	Green, Cora	12	Creston	25:58.09	28
45	Mendoza, Lauren	11	Lewis Central	26:05.58	
46	Pick, Kailey	10	Denison-Schleswig	26:23.87	
47	Kopiasz, Ryan	11	Harlan	26:25.88	29
48	Hartsock, Sydney	09	Creston	26:26.75	30
49	Thams, Haley	10	Denison-Schleswig	26:40.97	
50	Berning, Emma	10	Creston	26:43.28	31
51	Gubbels, Molly	11	Harlan	26:45.97	32
52	Henderson, Paige	12	Atlantic	26:53.68	
53	Rope, Morgan	09	Clarinda	26:59.81	
54	Hoegh, Baylee	11	Harlan	27:00.80	33
55	Metzger, Lindsey	10	Harlan	27:08.99	
56	Becker, Lillian	09	Glenwood	27:33.99	
57	Martinez, Ashley	10	Denison-Schleswig	27:36.40	
58	Shane, Addison	10	Clarinda	27:49.12	
59	Jones, Kenzie	11	Harlan	28:04.96	
60	Bendorf, Jordon	12	Harlan	28:12.81	
61	VanGundy, Jordan	09	Clarinda	28:20.78	
62	Kipwasa, Salma	11	Creston	28:23.84	34
63	Iekel, Anna	12	Atlantic	28:48.40	
64	Roecker, Brooke	11	Denison-Schleswig	28:53.81	
65	Mendoza, Maria	09	Denison-Schleswig	29:27.15	
66	Edie, Lainie	11	Red Oak	29:35.71	
67	Lemus, Cendi	11	Red Oak	30:01.78	
68	Thul, Ali	09	Denison-Schleswig	30:11.37	
69	Bendorf, Morgan	11	Harlan	31:13.65	
70	Birkholtz, Megan	09	Clarinda	34:07.80	

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Junior Varsity Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Glenwood	38	1	2	6	9	20	23	27	1:35:12.03	19:02.41
2	Lewis Central	41	4	5	7	11	14	24	29	1:35:21.51	19:04.31
3	Shen-Essex	69	8	10	13	17	21	30	32	1:37:23.57	19:28.72
4	Denison-Schleswig	107	3	12	25	28	39	42	43	1:38:36.15	19:43.23
5	Atlantic	138	15	18	34	35	36	40	41	1:40:21.72	20:04.35
6	Harlan	168	16	33	37	38	44	45	52	1:41:56.52	20:23.31
7	Red Oak	180	22	26	31	47	54	55	56	1:44:35.29	20:55.06
8	Kuemper Catholic	212	19	46	48	49	50	51	53	1:45:20.06	21:04.02

Junior Varsity Boys Individual Results

Place	Athlete	Grade	Team	Time	Points
1	Carr, Jackson	10	Glenwood	18:34.71	1
2	Thompson, Gable	10	Glenwood	18:38.21	2
3	Mendez, Fernando	11	Denison-Schleswig	18:47.21	3
4	Ogg, Chris	12	Lewis Central	18:48.43	4
5	King, Will	12	Lewis Central	18:51.75	5
6	Congdon, Christian	12	Glenwood	18:56.90	6
7	Mortensen, Adam	09	Lewis Central	18:57.21	7
8	Vance, Dominic	11	Shen-Essex	19:09.96	8
9	Parks, Jacob	10	Glenwood	19:13.21	9
10	Detrick, Levi	09	Shen-Essex	19:15.90	10
11	Chain, Isaac	11	Lewis Central	19:16.56	11
12	Ahrenholtz, Dennis	12	Denison-Schleswig	19:18.09	12
13	Harms, Zach	10	Shen-Essex	19:24.34	13
14	Penney, Tyler	12	Lewis Central	19:27.56	14
15	Brockman, Nathan	10	Atlantic	19:29.93	15
16	Gross, Dalton	09	Harlan	19:34.24	16
17	Langley, Daniel	11	Shen-Essex	19:43.09	17
18	Phippen, Carter	11	Atlantic	19:43.46	18
19	Danner, Chase	12	Kuemper Catholic	19:46.52	19
20	Tye, Austin	12	Glenwood	19:49.00	20
21	Bopp, Connor	12	Shen-Essex	19:50.28	21
22	Griffin, Sean	12	Red Oak	19:50.84	22
23	Presley, Adison	09	Glenwood	19:51.37	23
24	Lodes, River	12	Lewis Central	19:54.96	24
25	Dahm, Logan	09	Denison-Schleswig	19:55.65	25
26	Smith, Taylor	11	Red Oak	19:56.43	26
27	Brooks, Jayden	10	Glenwood	20:00.59	27
28	Flores, Manny	10	Denison-Schleswig	20:01.12	28
29	Higgins, Tanner	09	Lewis Central	20:01.65	29
30	Rogers, Tim	11	Shen-Essex	20:03.99	30

31	Sellers, Jake	11	Red Oak	20:09.62	31
32	Arbogast, Gavin	09	Glenwood	20:10.24	
33	Son, Blake	09	Shen-Essex	20:14.90	32
34	Noeth, Ronan	09	Harlan	20:15.80	33
35	Pelzer, Blake	11	Atlantic	20:17.74	34
36	Patzer, Hank	09	Glenwood	20:20.14	
37	Stoufer, Nate	11	Lewis Central	20:21.02	
38	McKay, Zachary	09	Atlantic	20:23.09	35
39	Moore, Aybren	09	Atlantic	20:27.50	36
40	Jones, Keaton	11	Harlan	20:31.12	37
41	Mumm, Tim	10	Harlan	20:32.84	38
42	Ramos, Juan	10	Denison-Schleswig	20:34.08	39
43	Carey, Dawson	10	Atlantic	20:37.31	40
44	Krogh, Chris	10	Atlantic	20:45.33	41
45	Finnegan, Trevor	11	Shen-Essex	20:47.75	
46	Volentine, Joey	09	Lewis Central	20:53.21	
47	Voss, Jordan	11	Denison-Schleswig	20:57.24	42
48	Madera, Refugio	12	Denison-Schleswig	20:58.96	43
49	Tallman, Jon	11	Glenwood	21:00.12	
50	Moore, Zach	11	Lewis Central	21:01.15	
51	Dawson-Anderson, Eric	11	Harlan	21:02.52	44
52	Peterson, Jack	09	Harlan	21:06.28	45
53	Brincks, Ryan	12	Kuemper Catholic	21:08.74	46
54	Eubank, Aidan	09	Red Oak	21:12.09	47
55	Dammen, Andrew	09	Denison-Schleswig	21:14.09	
56	Uhlenkamp, Cole	09	Kuemper Catholic	21:14.65	48
57	VanWinkle, Dalton	10	Lewis Central	21:16.21	
58	Estrada, Guadalupe	12	Denison-Schleswig	21:27.02	
59	Ahrenholtz, Josh	09	Denison-Schleswig	21:30.62	
60	Williams, Caleb	12	Atlantic	21:31.55	
61	Spurr, Caleb	10	Atlantic	21:32.06	
62	Tidgren, Eliot	09	Kuemper Catholic	21:34.50	49
63	Eischeid, Kobe	12	Kuemper Catholic	21:35.65	50
64	Lincoln, Tim	10	Lewis Central	21:36.34	
65	Drumheller, Sully	11	Kuemper Catholic	21:40.11	51
66	Clayton, Adam	09	Glenwood	21:40.87	
67	Smith, Dawson	12	Creston	21:41.58	
68	Saner, Mason	10	Shen-Essex	21:43.42	
69	Lin, Jacob	09	Lewis Central	21:44.12	
70	Mahoney, Devin	11	Harlan	21:48.84	52
71	Deas, A.J.	10	Harlan	21:49.78	
72	Roefeld, Tyler	10	Atlantic	21:50.52	
73	Gregory, Austyn	12	Lewis Central	21:51.31	
74	De La Cruz, Diego	12	Denison-Schleswig	21:51.92	
75	Johnson, Gabe	12	Lewis Central	21:52.44	
76	Cheney, Jared	12	Kuemper Catholic	21:53.15	53
77	Grebert, Alec	12	Shen-Essex	21:54.93	
78	Petty, Tyler	12	Atlantic	21:55.68	

79	Bowen, Briggs	12	Lewis Central	21:58.49	
80	Tait, Jeffrey	12	Kuemper Catholic	22:04.15	
81	Lux, Tyler	11	Kuemper Catholic	22:04.90	
82	Kluender, Trey	12	Denison-Schleswig	22:06.93	
83	Meiners, Grant	11	Kuemper Catholic	22:13.96	
84	Riesberg, Tanner	11	Kuemper Catholic	22:21.34	
85	Schettler, Evan	12	Kuemper Catholic	22:22.28	
86	Stogdill, Zach	11	Lewis Central	22:23.12	
87	Rothfusz, Aaron	11	Atlantic	22:23.50	
88	Ludwig, Carson	09	Kuemper Catholic	22:23.90	
89	Milliken, Zac	12	Harlan	22:25.59	
90	Pizano, Diego	11	Denison-Schleswig	22:33.28	
91	Mahoney, Niall	09	Harlan	22:34.81	
92	Hulsing, Austin	09	Kuemper Catholic	22:37.25	
93	Nantz, Alvin	10	Atlantic	22:51.02	
94	Seuntjens, Caleb	10	Denison-Schleswig	22:56.81	
95	Smith, Stone	10	Kuemper Catholic	22:57.52	
96	Meyers, DJ	09	Denison-Schleswig	23:01.50	
97	Jacobson, Isaac	09	Creston	23:07.12	
98	Muck, Ethan	09	Denison-Schleswig	23:09.68	
99	Aruta, Tyler	09	Shen-Essex	23:16.84	
100	Ross, Zachary	11	Red Oak	23:26.31	54
101	Lee, Nick	09	St. Albert	23:35.75	
102	Reese, Hunter	12	Red Oak	23:36.41	55
103	Ausborn, Karston	11	Kuemper Catholic	23:52.37	
104	Boelter, Josh	11	Denison-Schleswig	24:01.65	
105	Heithoff, Max	12	Kuemper Catholic	24:08.09	
106	Mendoza, Ethan	09	Lewis Central	24:15.52	
107	Miller, Max	09	Harlan	24:20.75	
108	Sampson, Ben	09	Kuemper Catholic	24:21.34	
109	Patel, Dhruvit	12	Denison-Schleswig	24:27.93	
110	Ayala, Brandon	12	Denison-Schleswig	24:47.15	
111	Dreager, Dawson	11	Atlantic	24:55.21	
112	Estrada, Axel	09	Denison-Schleswig	25:09.59	
113	Buliche, Brainhart	10	Atlantic	25:27.43	
114	Matheny, Trace	10	Clarinda	25:50.34	
115	Wilson, CJ	09	Lewis Central	26:02.00	
116	Bonilla, Joel	09	Denison-Schleswig	26:10.56	
117	Brincks, Evan	09	Kuemper Catholic	26:20.31	
118	Wanninger, Brett	09	Kuemper Catholic	26:24.28	
119	Perkins, Mason	11	Red Oak	26:57.18	56
120	Bedingfield, Spencer	09	Harlan	28:20.09	
121	Moreno, Jose	12	Denison-Schleswig	28:36.91	
122	Kraus, Grant	10	Kuemper Catholic	29:02.65	
123	Vorrath, Joe	11	Denison-Schleswig	32:12.06	
124	Koster, Evan	10	Kuemper Catholic	32:54.59	

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Middle School Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Total	Average
1	LCMS	55	5	7	12	14	17	22	24	1:08:22.83	13:40.57	
2	Glenwood	64	1	6	16	18	23	31	37	1:08:46.95	13:45.39	
3	Creston	82	3	10	11	26	32	43	44	1:09:37.51	13:55.51	
4	Harlan	102	8	19	20	25	30	33	40	1:11:39.77	14:19.96	
5	Atlantic	150	4	13	21	51	61	62		1:14:13.39	14:50.68	
6	Shenandoah	169	9	28	39	45	48	52	56	1:15:18.67	15:03.74	
7	St Albert	196	27	34	35	42	58	64	68	1:16:45.88	15:21.18	
8	Red Oak	199	15	38	46	47	53	54	57	1:17:17.11	15:27.43	
9	Clarinda	201	2	29	36	65	69			1:19:38.40	15:55.68	
10	Kuemper	288	41	50	60	67	70			1:25:42.57	17:08.52	
11	Denison-Schleswig	292	49	55	59	63	66	71	72	1:24:10.53	16:50.11	

Middle School Girls Individual Results

Place	Athlete	Grade	Team	Time	Points
1	Hughes, Emma	8	Glenwood	12:34.78	1
2	Matheny, Coryl	7	Clarinda	12:39.37	2
3	Baker, Braelyn	8	Creston	12:50.34	3
4	McCreedy, Taylor	8	Atlantic	12:55.90	4
5	Bracker, Paige	7	LCMS	13:10.65	5
6	McIntyre, Abby	8	Glenwood	13:12.99	6
7	Daoudi, Rayhanna	7	LCMS	13:25.20	7
8	Van Baale, Brecken	8	Harlan	13:26.84	8
9	Godfread, Brenna	8	Shenandoah	13:31.11	9
10	Boyer, Rachel	8	Creston	13:33.99	10
11	Buxton, Morgan	8	Creston	13:36.86	11
12	Estrada, Hannah	8	LCMS	13:38.46	12
13	Goergen, Kennedy	8	Atlantic	13:40.30	13
14	Orth, Amara	7	LCMS	13:49.84	14
15	McCunn, Alexa	8	Red Oak	13:59.24	15
16	Becker, Lauren	8	Glenwood	14:07.68	16
17	Smith, Natalie	7	LCMS	14:18.68	17
18	Kuhl, Taylor	12	Glenwood	14:19.89	18
19	Burchett, Makayla	7	Harlan	14:22.05	19
20	Baldwin, Abi	8	Harlan	14:23.37	20
21	Botos, Madison	8	Atlantic	14:27.71	21
22	McKenzie, Ashlee	7	LCMS	14:29.11	22
23	Wiese, Riley	7	Glenwood	14:31.61	23
24	Williams, Callie	7	LCMS	14:37.92	24
25	Freund, Olivia	8	Harlan	14:39.02	25
26	Davis, Paige	8	Creston	14:40.24	26
27	Smith, Brenna	7	St Albert	14:41.40	27

28	Jensen, Riley	7	Shenandoah	14:45.52	28
29	Wittler, Ashlyn	7	Clarinda	14:47.02	29
30	Gross, Ellie	7	Harlan	14:48.49	30
31	Woods, Haley	8	Glenwood	14:54.65	31
32	Rice, Peyton	8	Creston	14:56.08	32
33	Wink, Lillie	7	LCMS	14:57.40	
34	Shaeffer, Eden	8	Harlan	14:58.55	33
35	Bach, Haley	8	LCMS	14:59.90	
36	Duncan, Reese	7	St Albert	15:03.62	34
37	Kiley, Brianna	7	St Albert	15:07.36	35
38	Smith, Isabelle	7	Clarinda	15:12.34	36
39	O'Doniel, Katie	7	LCMS	15:13.84	
40	Silvius, Maya	8	Glenwood	15:14.90	37
41	Graham, Aedyn	7	Red Oak	15:17.49	38
42	VanRite, Kayla	8	Shenandoah	15:17.62	39
43	Anderson, Olivia	8	Harlan	15:18.90	40
44	Tabor, Emma	7	LCMS	15:20.23	
45	Quandt, Savannah	8	Kuemper	15:22.65	41
46	Williams, Lillia	7	St Albert	15:24.02	42
47	Christensen, Ali	8	Creston	15:25.30	43
48	Chuong, Angelina	8	Creston	15:26.67	44
49	Kaster, Ania	7	Harlan	15:36.08	
50	Patten, Mackenzie	8	Glenwood	15:37.39	
51	Diercks, Keely	8	LCMS	15:40.46	
52	Buzzard, Jillian	7	Shenandoah	15:48.90	45
53	Porter, Cami	8	Red Oak	15:50.30	46
54	Swenson, Reegan	7	LCMS	15:52.74	
55	Lukehart, Jessica	7	Red Oak	15:53.78	47
56	Kinghorn, Hadlee	7	Shenandoah	15:55.52	48
57	Clemons, Caitlin	8	Harlan	15:56.68	
58	Madera, Lisbet	8	Denison-Schleswig	15:57.96	49
59	St. Peter, Bailey	8	Kuemper	16:02.93	50
60	Randolph, Sadie	8	Glenwood	16:03.50	
61	Irlmeier, Gwen	8	Atlantic	16:05.46	51
62	Razee, Keelee	7	Shenandoah	16:15.08	52
63	Sherman, Eva	8	Red Oak	16:16.30	53
64	Graber, Maci	8	Red Oak	16:20.24	54
65	Rodriguez, Lady	8	Denison-Schleswig	16:21.62	55
66	Parman, Madison	8	Harlan	16:22.65	
67	McGinnis, Hannah	8	Glenwood	16:25.40	
68	Gomez, Aleigha	7	Shenandoah	16:26.84	56
69	Bruce, Madison	8	Red Oak	16:28.51	57
70	Williams, Olivia	7	St Albert	16:29.48	58
71	Becker, Madeline	8	Glenwood	16:30.46	
72	German, Riley	7	LCMS	16:33.14	
73	Raymond, Karlee	8	Glenwood	16:34.28	
74	Sun, Jessica	7	Shenandoah	16:35.68	
75	Thams, Alyssa	7	Denison-Schleswig	16:41.61	59

76	Rolenc, Rhenn	8	Red Oak	16:49.87	
77	Livingston, Emma	8	LCMS	16:52.87	
78	Lohff, Krista	7	Kuemper	16:54.43	60
79	Rothfusz, Katy	7	Atlantic	17:04.02	61
80	Wieser, Anna	8	Atlantic	17:05.46	62
81	Woodward, Jaylin	8	Glenwood	17:08.14	
82	Kohl, Casey	8	Harlan	17:09.49	
83	Morse, Chloe	8	Glenwood	17:17.78	
84	Mahlberg, Victoria	8	Harlan	17:22.96	
85	Carey, Elizabeth	7	Denison-Schleswig	17:23.10	63
86	Ewald, Cadence	8	Glenwood	17:26.02	
87	Buman, Justine	8	Harlan	17:27.58	
88	Metzger, Lilly	7	Harlan	17:29.08	
89	Loftesness, Julie	7	Red Oak	17:34.43	
90	Nielsen, Nicole	7	LCMS	17:35.81	
91	Lewis, Claire	7	St Albert	17:37.24	64
92	Hammons, Mya	7	Shenandoah	17:38.65	
93	Kelly, Ava	8	LCMS	17:40.26	
94	Morgan-Fine, Hazel	8	Clarinda	17:43.62	65
95	Miller, Lauren	7	LCMS	17:45.02	
96	Reisz, Emma	7	Denison-Schleswig	17:46.24	66
97	Auen, Kysa	8	Kuemper	17:55.48	67
98	Garrigan, Grace	8	St Albert	18:09.11	68
99	Schechinger, Julia	8	Harlan	18:18.56	
100	Clayton, Sarah	8	Glenwood	18:39.28	
101	Hovarth, Sammy	7	St Albert	18:45.18	
102	Gardner, Emma	8	St Albert	18:46.78	
103	Yamada, Taryn	8	Harlan	19:00.40	
104	DeGroot, Anna	8	Clarinda	19:16.05	69
105	Schechinger, Bella	8	Kuemper	19:27.08	70
106	Renkly, Julia	7	Harlan	19:48.21	
107	Klynn, Jenna	8	Red Oak	19:51.24	
108	Gass, Kadee	8	Red Oak	20:02.11	
109	Fineran, Mersadees	7	Denison-Schleswig	20:21.99	71
110	Gehlesn, Abby	8	Denison-Schleswig	20:27.50	72
111	French, Karlie	7	Red Oak	21:17.96	

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Middle School Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Total	Average
1	LCMS	41	3	4	8	11	15	17	18	1:02:15.02	12:27.01	
2	Denison-Schleswig	77	7	9	10	21	30	52		1:05:51.09	13:10.22	
3	Harlan	81	2	6	22	25	26	28	45	1:06:06.54	13:13.31	
4	Creston	108	1	14	19	36	38	46	48	1:07:56.99	13:35.40	
5	St Albert	122	13	20	24	32	33	35	42	1:09:59.55	13:59.91	
6	Red Oak	153	5	16	23	54	55	56	57	1:11:15.11	14:15.03	
7	Shenandoah	163	12	34	37	39	41	44	50	1:12:54.76	14:34.96	
8	Clarinda	214	31	40	43	47	53			1:17:09.77	15:25.96	
9	Atlantic	214	27	29	49	51	58			1:19:44.29	15:56.86	

Middle School Boys Individual Results

Place	Athlete	Grade	Team	Time	Points
1	Stafford, Clayton	8	Creston	11:42.40	1
2	Gross, Trey	8	Harlan	11:58.36	2
3	Rudloff, Aiden	7	LCMS	11:59.24	3
4	Ruiz, Tyler	8	LCMS	12:07.99	4
5	Bergren, Baylor	7	Red Oak	12:14.00	5
6	Rueschenberg, Mitchell	8	Harlan	12:16.52	6
7	Schulz, Kyler	8	Denison-Schleswig	12:19.81	7
8	Huey, Tyler	8	LCMS	12:21.37	8
9	Carlson, Cole	7	Denison-Schleswig	12:41.81	9
10	Ledesma, Enrique	7	Denison-Schleswig	12:43.27	10
11	Sell, Nathan	8	LCMS	12:47.52	11
12	Backus, Riley	8	Shenandoah	12:48.93	12
13	Lillie, Colin	7	St Albert	12:54.52	13
14	Merritt, Daniel	8	Creston	12:57.43	14
15	Meyer, Luke	8	LCMS	12:58.90	15
16	Alcaraz, Mario	8	Red Oak	13:02.02	16
17	Beavers, Andrew	7	LCMS	13:17.96	17
18	Higginbotham, Samuel	8	LCMS	13:20.55	18
19	Shoemaker, Matthew	8	LCMS	13:22.08	
20	Trembly, Keagan	8	Creston	13:23.68	19
21	Denny, Adam	7	St Albert	13:28.24	20
22	Vera Nieto, Eduardo	8	Denison-Schleswig	13:29.65	21
23	Vo, Thuong	8	Harlan	13:32.58	22
24	Wink, Tanner	8	LCMS	13:35.40	
25	McKenzie, Andrew	7	LCMS	13:42.58	
26	Devine, Williams	7	LCMS	13:43.95	
27	Horn, Ethan	8	Red Oak	13:45.30	23
28	Edwards, Ethan	7	LCMS	13:47.11	
29	Wilber, Sam	8	St Albert	14:02.77	24

30	Randolph, Jason	7	LCMS	14:04.27	
31	Kramer, Cayden	8	Harlan	14:05.81	25
32	Mages, Clayton	8	Harlan	14:13.27	26
33	Brundige, Blake	7	LCMS	14:14.64	
34	Sampson, Alex	7	Atlantic	14:16.08	27
35	Allen, Quentin	7	LCMS	14:24.96	
36	Benck, Cody	7	LCMS	14:26.40	
37	Stoufer, Drew	7	LCMS	14:30.62	
38	Ruhaak, Alex	8	LCMS	14:32.95	
39	Frame, Connor	7	Harlan	14:34.05	28
40	Sonntag, Joesph	8	Atlantic	14:35.11	29
41	Castellanos, Esteban	7	Denison-Schleswig	14:36.55	30
42	Kuipers, Trey	8	Clarinda	14:43.05	31
43	Jerdon, Adam	8	St Albert	14:44.21	32
44	Kavars, Jack	7	St Albert	14:49.81	33
45	Jacobs, Jeb	8	Shenandoah	14:51.11	34
46	Gast, Alex	7	St Albert	14:51.25	35
47	Parsons, Justin	7	Creston	14:52.49	36
48	Dukes, Christian	7	Shenandoah	14:53.62	37
49	Shields, Isaac	7	Creston	15:00.99	38
50	Nielsen, Grant	8	Kuemper	15:02.21	
51	Goodson, Derek	7	Shenandoah	15:04.99	39
52	Ahmann, Ben	7	LCMS	15:06.34	
53	Adams, Easton	7	LCMS	15:08.52	
54	Shum, Jordan	8	Clarinda	15:09.90	40
55	Person, Kayden	8	LCMS	15:11.18	
56	Slater, Quentin	8	Shenandoah	15:16.11	41
57	Sutter, Brandon	7	LCMS	15:21.49	
58	Piskorski, Hadyen	7	St Albert	15:28.14	42
59	Barnes, Matthew	8	Clarinda	15:29.84	43
60	Johnette, Trenton	7	LCMS	15:38.87	
61	Houchin, Carter	8	Shenandoah	15:39.24	44
62	Tallman, Will	7	St Albert	15:41.78	
63	Evans, Joe	8	Harlan	15:43.14	45
64	Callahan, Tristan	7	Creston	15:44.40	46
65	VanOstrand, Grant	8	Clarinda	15:45.40	47
66	McCutchan, Foster	8	Creston	15:46.89	48
67	Ford, Jayden	7	Atlantic	15:47.78	49
68	Schuster, Josh	7	Shenandoah	15:51.58	50
69	York, Bryan	7	Atlantic	15:59.14	51
70	Vargas, Angel	7	Denison-Schleswig	16:00.42	52
71	McAndrews, Chase	8	Clarinda	16:01.58	53
72	Turnbull, Owen	7	Red Oak	16:04.08	54
73	Pauley, Nick	7	St Albert	16:06.93	
74	Dales, Tanner	7	LCMS	16:07.99	
75	Vasquez, Sebastian	7	Red Oak	16:09.71	55
76	Powell, Riley	7	LCMS	16:10.99	
77	Buckles, Quinten	7	LCMS	16:12.40	

78	Pekney, Reese	7	St Albert	16:17.30	
79	Hill, Adyn	7	St Albert	16:24.33	
80	Kluyer, David	7	Harlan	16:28.14	
81	Gruber, Jamison	7	LCMS	16:31.96	
82	Lytle, Ethan	7	Harlan	16:36.96	
83	Jones, Ethan	7	St Albert	16:37.20	
84	Kern, Michael	7	LCMS	16:48.34	
85	Barradas, Luis	7	LCMS	16:51.27	
86	Walker, Bryce	7	LCMS	16:56.62	
87	Rath, Carter	7	Kuemper	16:59.11	
88	Ross, Xavier	8	Red Oak	17:02.58	56
89	Lee, Elijah	7	Kuemper	17:06.78	
90	Deas, Aiden	8	Harlan	17:10.96	
91	Schuster, Eli	7	Shenandoah	17:19.34	
92	Tripp, Gaige	7	LCMS	17:21.02	
93	Woods, Dillon	7	LCMS	17:24.49	
94	Wolfe, Corbin	8	Red Oak	17:30.78	57
95	King, Charles	7	LCMS	18:23.24	
96	Lincoln, Ryan	7	LCMS	18:42.02	
97	McIntosh, Gavin	8	St Albert	19:01.84	
98	Thompson, Mikade	7	Atlantic	19:06.18	58
99	Neumann, Sam	7	LCMS	19:22.08	
100	Schmadeke, Cael	8	Red Oak	19:45.43	
101	Beeman, Logan	7	Harlan	19:57.02	
102	Ruiz, Grant	7	LCMS	22:31.54	
103	Birchard, Joey	7	St Albert	23:44.81	