

Shenandoah Invitational Cross Country Meet 2016
Shenandoah Schools
September 29, 2016

Varsity Girls Team Results - corrected

Place	Team	Points	Places of Finishers (offset scoring)						
1	Atlantic HS	59	3	11	12	16	17	30	36
2	Alhs	68	6	8	13	20	21	33	48
3	Glenwood	72	4	7	10	25	26	41	50
4	Shen-Essex	84	2	5	22	27	28	37	46
5	Griswold	155	14	15	29	38	59	62	97
6	Underwood	162	1	18	24	58	61	81	
7	Lewis Central	174	19	31	39	42	43	55	68
8	CB Jefferson	220	23	35	45	54	63	76	
9	Treynor	275	44	51	56	60	64	67	71
10	Riverside	283	9	52	72	73	77	82	91
11	Clarinda HS	328	32	57	75	80	84	94	
12	Southwest ValleyTim	337	47	53	70	79	88	92	
13	Southwest Iowa	356	34	69	78	86	89	93	
14	St. Albert	366	49	66	74	87	90	96	100
15	Red Oak	368	40	65	83	85	95	98	99

Varsity Girls Individual Results

Place	Athlete	Team	Time	Points
1	Larson, Karley	Underwood	18:20.5	1
2	Schraft, Janette	East Mills	19:42.6	
3	Campbell, Claire	Shen-Essex	19:48.4	2
4	Wendt, Ashley	Atlantic HS	19:56.9	3
5	Mc Intyre, Aubrey	Glenwood	20:08.2	4
6	Manrose, Carlie	Shen-Essex	20:27.5	5
7	Heilsen, Moriah	Alhs	20:29.1	6
8	Jackson, Lacey	Glenwood	20:34.7	7
9	Wilder, Claire	Alhs	20:35.6	8
10	Post, Alexis	Riverside	20:36.0	9
11	Kaufman, Kate	Glenwood	20:41.0	10
12	Rush, Karsyn	Atlantic HS	11	
13	Pross, Pluma	Atlantic HS	20:43.8	12
14	VanderVelde, Hailey	Alhs	21:01.5	13
15	Young, Anna	Griswold	21:05.9	14
16	Topham, Joanna	Griswold	21:08.2	15
17	Seaugling, Emily	Atlantic HS	21:08.7	16
18	Lucas, Emma	Bedford	21:09.2	
19	Bailey, Halsey	Atlantic HS	21:10.8	17
20	Cook, Kiley	Underwood	21:12.5	18
21	Smith, Isabella	Lewis Central	21:13.8	19
22	Jones, Claire	Alhs	21:15.1	20
23	Juarez, Janette	Alhs	21:15.7	21
24	Gray, Devan	Shen-Essex	21:17.1	22

25	Gant, Morgan	CB Jefferson	21:19.4	23
26	Martin, Mary Grace	Underwood	21:22.3	24
27	Williams, Maiah	Glenwood	21:25.9	25
28	Palmer, Haley	Glenwood	21:29.4	26
29	Holmes, Adrianna	Shen-Essex	21:32.6	27
30	Jackson, Jessica	Shen-Essex	21:39.4	28
31	Adams, Charli	Griswold	21:41.4	29
32	Derby, Alexis	Atlantic HS	21:43.5	30
33	Parks, Madi	Lewis Central	21:45.5	31
34	VanFosson, Shelby	Clarinda HS	21:51.0	32
35	Plummer, Clare	Alhs	21:51.7	33
36	Belt, Vanessa	Southwest Iowa	22:05.7	34
37	Ramos, Jasmine	CB Jefferson	22:13.2	35
38	Zarbano, Piper	Atlantic HS	22:14.8	36
39	Webster, Vanessa	Shen-Essex	22:16.7	37
40	Seyler, Alisha	Griswold	22:17.6	38
41	Bernard, Gracie	Lewis Central	22:18.0	39
42	Boeye, Juhi	Red Oak	22:24.2	40
43	Wilwerding, Katelyn	Glenwood	22:26.9	41
44	Kuckta, Kayla	Lewis Central	22:28.6	42
45	Christianson, Emma	Lewis Central	22:30.8	43
46	Kudron, Isabelle	Treynor	22:42.1	44
47	Rodriguez, Ana	CB Jefferson	22:44.0	45
48	Zamarron, Fatima	Shen-Essex	22:45.3	46
49	Fuller, Elizabeth	Southwest Va	22:47.3	47
50	Hartman, Hayley	Albs	22:48.0	48
51	Genereux, Clara	St.Albert	22:48.4	49
52	Finnegan, Jillian	Glenwood	22:54.5	50
53	Carman, Sydney	Treynor	22:56.8	51
54	Kallsen, Jacey	Riverside	23:06.1	52
55	Hummel, Maslyn	Southwest Va	23:12.5	53
56	Jones, Caitlyn	CB Jefferson	23:14.1	54
57	Dunphy, Kylee	Lewis Central	23:17.3	55
58	Young, Allison	Treynor	23:17.7	56
59	Davidson, Grace	Clarinda HS	23:18.1	57
60	Shapcott, Lauren	Underwood	23:25.9	58
61	Peterson, Loryn	Griswold	23:28.0	59
62	Olsen, McKayla	Treynor	23:33.7	60
63	Wilson, Naomi	Underwood	23:36.2	61
64	Hering, Courtney	Griswold	23:43.8	62
65	Blanco, Georgia	CB Jefferson	23:54.0	63
66	Finnegan, Kaylee	Treynor	23:54.8	64
67	Plambeck, Haley	Red Oak	24:06.6	65
68	Sawyer, Marina	Tarkio	24:11.9	
69	Sykes, Sophie	St. Albert	24:13.9	66
70	Travis, Clare	Treynor	24:14.4	67
71	Williams, Cameron	Lewis Central	24:15.0	68
72	Walther, Kennedy	Southwest Iowa	24:19.9	69

73	Jacobs, Kaylee	Southwest Va	24:24.9	70
74	Becker, Miranda	Treynor	24:27.6	71
75	Murphy, Sydney	Riverside	24:30.9	72
76	Welch, Kelle	Bedford	24:56.4	
77	Tate, Bailey	West Nodaway	24:57.6	
78	Brink, Alyssa	Riverside	25:03.7	73
79	O'Dell, Elissa	Bedford	25:15.2	
80	Noethe, Clare	St. Albert	25:21.9	74
81	Shackelford, Kenzie	Clarinda HS	25:24.5	75
82	Schubert, Allison	CB Jefferson	25:37.2	76
83	Weis, Olivia	Riverside	25:47.8	77
84	Townsend, Jessica	Southwest Iowa	25:48.0	78
85	Bergren, Diana	Southwest Va	25:53.8	79
86	Brown, Gracie	Clarinda HS	25:55.9	80
87	Myers, Cecilia	Underwood	25:58.4	81
88	Smith, Lilly	Riverside	26:01.5	82
89	Sherman, Abigail	Red Oak	26:12.4	83
90	Clark, Maddie	Clarinda HS	26:18.5	84
91	Hewett, Madi	Red Oak	26:29.2	85
92	Buttry, Halie	Southwest Iowa	26:57.1	86
93	Carlson, Jenna	St. Albert	27:01.7	87
94	Hummel, Miah	Southwest Va	27:22.4	88
95	Smith, Jayden	Southwest Iowa	27:24.4	89
96	Cox, Grace	St. Albert	27:26.6	90
97	Faga, Haley	Riverside	27:27.9	91
98	Keefe, Chloe	Southwest Va	27:35.1	92
99	Sederburg, Hannah	Southwest Iowa	27:38.0	93
100	St.Romain, Aliyah	Clarinda HS	27:47.9	94
101	Crouse, Ashley	Red Oak	28:05.2	95
102	Burke, Gabby	St. Albert	28:35.9	96
103	Seyler, Destiny	Griswold	29:18.7	97
104	Wemhoff, Elsa	Red Oak	30:20.0	98
105	Lemus, Cendi	Red Oak	31:20.0	99
106	Hohneke, Madeline	St. Albert	31:27.0	100

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Varsity Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Total	Average
1	CB Jefferson	63	6	10	12	17	18	32	49	1:27:09.37	17:25.88	
2	Glenwood	73	8	9	13	21	22	50	62	1:27:29.25	17:29.85	
3	Lewis Central	98	4	19	23	25	27	28	64	1:28:51.19	17:46.24	
4	Atlantic	98	2	7	16	30	43	60	66	1:27:53.69	17:34.74	
5	Shen-Essex	142	15	26	29	34	38	44	69	1:30:31.73	18:06.35	
6	Abraham Lincoln	192	31	33	37	45	46	58	63	1:31:56.52	18:23.31	
7	Underwood	213	14	41	47	55	56	97	98	1:32:23.82	18:28.77	
8	Red Oak	219	20	24	53	57	65	76	83	1:32:55.29	18:35.06	
9	Griswold	271	3	51	52	78	87	88	103	1:34:49.97	18:58.00	
10	Riverside	288	5	36	72	85	90	91	93	1:35:47.66	19:09.54	
11	Clarinda	303	35	54	70	71	73	77	110	1:36:12.34	19:14.47	
12	St. Albert	313	40	42	61	74	96	100	112	1:36:49.25	19:21.85	
13	Treynor	352	1	80	81	86	104	105	106	1:38:34.49	19:42.90	
14	Southwest Iowa	371	11	68	82	102	108	109	111	1:40:03.09	20:00.62	
15	Southwest Valley Tim	381	59	67	79	84	92	101	113	1:39:43.88	19:56.78	
16	Bedford	404	39	75	89	94	107	114		1:41:28.80	20:17.76	
17	Tarkio	473	48	95	99	115	116	117	118	1:55:04.34	23:00.87	

Varsity Boys Individual Results

Place	Athlete	Team	Time	Points
1	Jorgenson , Jerry	Treynor	16:15.91	1
2	Shadden, Phoenix	Atlantic	16:33.34	2
3	Thompson, David	Griswold	16:49.22	3
4	O 'Brien, Brenden	Lewis Central	16:51.71	4
5	Matejka, Otis	Riverside	16:55.44	5
6	Carey, Daniel	CB Jefferson	16:59.28	6
7	Dennis, Bradley	Atlantic	17:02.27	7
8	Covington, Parson	Glenwood	17:07.45	8
9	Parks, Mason	Glenwood	17:07.82	9
10	Powders, Archie	CB Jefferson	17:11.97	10
11	Thompson, Adam	Southwest Iowa	17:12.25	11
12	Booton, Zack	CB Jefferson	17:28.46	12
13	McIntyre, Sam	Glenwood	17:29.86	13
14	Conn, Thomas	Underwood	17:37.14	14
15	Finnegan, Trent	Shen-Essex	17:38.67	15
16	Petersen, Jalen	Atlantic	17:39.01	16
17	Zermeno, Allen	CB Jefferson	17:43.49	17
18	Humpal, Anthony	CB Jefferson	17:46.17	18
19	Woltmann, Cael	Lewis Central	17:46.59	19
20	Rolenc, Weston	Red Oak	17:50.62	20
21	Rounds, Richard	Glenwood	17:50.97	21
22	Mullennax, Andrew	Glenwood	17:53.15	22

23	Kavars, Mark	Lewis Central	18:02.49	23
24	Eubank, Liam	Red Oak	18:02.99	24
25	Lancial, Connor	Lewis Central	18:03.94	25
26	Nebel, Bridger	Shen-Essex	18:04.72	26
27	Shipman, Tyler	Lewis Central	18:06.46	27
28	Mortensen, Paul	Lewis Central	18:06.79	28
29	Stanley, Nick	Shen-Essex	18:08.23	29
30	Pellett, Cale	Atlantic	18:08.90	30
31	Harding, Joe	Abraham Lincoln	18:12.69	31
32	Soriano, Kyle	CB Jefferson	18:13.13	32
33	Schumann, Zach	Abraham Lincoln	18:13.35	33
34	Rice, Hunter	Shen-Essex	18:17.50	34
35	Foster, Dakota	Clarinda	18:17.74	35
36	Sama, Yona	Clarinda Academy	18:18.40	
37	Hansen, Dean	Riverside	18:19.66	36
38	Leinen, Caleb	Abraham Lincoln	18:22.06	37
39	Campbell, Jack	Shen-Essex	18:22.61	38
40	Oldenkamp, Quenten	Bedford	18:23.26	39
41	Garrigan, Leo	St. Albert	18:23.91	40
42	Rosas, Justin	Underwood	18:24.99	41
43	Heisterkamp, Bennett	St.Albert	18:26.04	42
44	Brununer, Evan	Atlantic	18:30.17	43
45	Cain, Todd	Shen-Essex	18:31.32	44
46	Dreismeier, Adam	Abraham Lincoln	18:33.88	45
47	Kinney, Thad	Abraham Lincoln	18:34.54	46
48	Patten, Blake	Underwood	18:35.08	47
49	Hansen, Nolan	East Mills	18:39.67	
50	Garrison, Zack	Tarkio	18:40.59	48
51	Gila, Beayha	CB Jefferson	18:41.28	49
52	McIntyre, Dillon	Glenwood	18:43.40	50
53	Brownlee, Josh	Griswold	18:44.43	51
54	Seyler, John	Griswold	18:46.36	52
55	Koppa, Connor	Red Oak	18:48.98	53
56	Halloran, Tyler	Clarinda	18:50.40	54
57	Shapcott, Kyle	Underwood	18:52.65	55
58	Wade, Ben	Underwood	18:53.96	56
59	Graham, Avery	Red Oak	18:54.52	57
60	Colburn, Jacob	Abraham Lincoln	19:06.15	58
61	Haggerty, Connor	Southwest Va	19:07.01	59
62	Jipsen, Clayton	Atlantic	19:09.19	60
63	Blaha, Luke	St. Albert	19:10.48	61
64	Hughes, Nathan	Glenwood	19:10.77	62
65	Fitch, Caleb	Abraham Lincoln	19:12.99	63
66	Diercks, Keenan	Lewis Central	19:14.81	64
67	Taylor, August	Red Oak	19:18.18	65
68	Brockman, Nathan	Atlantic	19:19.14	66
69	Davis, Dalton	Southwest Va	19:28.53	67
70	Miramontes, Nicolas	Southwest Iowa	19:30.65	68

71	Son, Levi	Shen-Essex	19:32.47	69
72	Shatava, Lucas	Clarinda	19:37.51	70
73	Espinosa, Jesse	Clarinda	19:37.83	71
74	Dillon, Adrian	Riverside	19:38.17	72
75	Luckado, Tyler	Clarinda	19:48.86	73
76	Pauley, Dan	St. Albert	19:59.74	74
77	Edwards , Trevor	Bedford	20:00.88	75
78	Cashatt, Jacob	Red Oak	20:01.89	76
79	Murray, Briar	Clarinda	20:05.55	77
80	Hartman, Andy	Griswold	20:06.55	78
81	Bright, Lyndon	Southwest Va	20:07.39	79
82	Lutz, Mitche II	Treynor	20:12.48	80
83	Keay, Jacob	Treynor	20:13.59	81
84	Benedict, Michael	Southwest Iowa	20:14.24	82
85	Smith, Taylor	Red Oak	20:14.85	83
86	Kinyon, Jacob	Southwest Va	20:16.36	84
87	Wichman, Mason	Riverside	20:16.82	85
88	Davidson, Cainan	Treynor	20:22.71	86
89	Jahnke, Kade	Griswold	20:23.41	87
90	Rossell, Ayden	Griswold	20:27.57	88
91	Welch, Eric	Bedford	20:35.10	89
92	McDonald, Dylan	Riverside	20:37.57	90
93	Wilber, Lucas	Riverside	20:43.94	91
94	McAlpin, Wyatt	Southwest Va	20:44.59	92
95	Clevenger, Mick	Riverside	20:45.70	93
96	Beemer, Jett	Bedford	20:47.25	94
97	Joesting, Dawson	Tarkio	20:47.77	95
98	Shudak, Danny	St. Albert	20:49.08	96
99	Cain, Conner	Clarinda Academy	20:59.11	
100	Privia, Jacob	Underwood	21:02.73	97
101	Larson, Dalton	Underwood	21:04.97	98
102	Driskell, Alex	Tarkio	21:15.22	99
103	Crawley, Greg	St. Albert	21:18.76	100
104	Kinyon, Daniel	Southwest Va	21:22.32	101
105	Kingery , Bryaint	Southwest Iowa	21:22.75	102
106	Feltner, Taber	Griswold	21:28.82	103
107	Lang, Jake	Treynor	21:29.80	104
108	Reelfs, Jacob	Treynor	21:30.53	105
109	Hayes, Max	Treynor	21:33.22	106
110	Johnson, Bradley	Bedford	21:42.31	107
111	Graham, Devon	Southwest Iowa	21:43.20	108
112	Lovett, Sterling	Southwest Iowa	21:44.11	109
113	Middleton, Marcus	Clarinda	21:56.03	110
114	Rasco, Calder	Southwest Iowa	22:01.34	111
115	Eickholt, Jack	St. Albert	22:45.65	112
116	Curin, Phillip	Southwest Va	22:52.10	113
117	Macias, Javier	Clarinda Academy	23:47.75	
118	Akers, Keaton	Bedford	24:04.25	114

119	Tunnell, Hunter	Tarkio	26:23.24	115
120	Sapp, Zach	Tarkio	27:57.52	116
121	Joesting, Colin	Tarkio	29:23.62	117
122	Lambert, Braylen	Tarkio	30:48.21	118

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Junior Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Total	Average
1	Glenwood	23	1	4	5	6	7	8	14	1:55:40.00	23:08.00	
2	Atlantic	40	2	3	9	11	15	16	17	1:57:09.98	23:26.00	
3	Alhs	72	10	12	13	18	19	20	21	2:00:54.84	24:10.97	
4	Treynor	120	22	23	24	25	26	27		2:16:01.41	27:12.29	

Junior Varsity Girls Individual Results

Place	Athlete	Team	Time	Points
1	Schultz, Abi	Glenwood	22:34.00	1
2	Dukes, Alyssa	Shen-Essex	22:52.94	
3	Lapp, Fiona	St. Albert	22:56.54	
4	Bean, Aleigh	Atlantic	22:58.28	2
5	Behrens, Alyssa	Atlantic	23:10.34	3
6	Presley, Grace	Glenwood	23:11.71	4
7	Schuppan, Nikki	Glenwood	23:16.61	5
8	Mixan , Savanna	Glenwood	23:17.85	6
9	Becker, Jenna	Glenwood	23:19.83	7
10	Hankins, Lexi	Glenwood	23:21.78	8
11	Parker, Sierra	Atlantic	23:22.50	9
12	Wink, Sunshine	Alhs	23:25.31	10
13	Williams , Heidi	Atlantic	23:29.48	11
14	Schilling, Sydney	Alhs	23:38.87	12
15	Mulligan, Hannah	Shen-Essex	23:49.04	
16	Brown, Mckenzie	Alhs	24:00.86	13
17	Manley , Jillian	Glenwood	24:01.98	14
18	Allgood , Sadey	Glenwood	24:08.69	
19	Saluk, Katie	Atlantic	24:09.38	15
20	Bruckner, Grace	Atlantic	24:17.46	16
21	Wendt, Erin	Atlantic	24:22.14	17
22	Bittle, Caroline	Glenwood	24:33.36	
23	Siedlik, Kelsie	Atlantic	24:43.66	
24	Smith, Enuna	Lewis Central	24:46.12	
25	Brockman , Alexis	Atlantic	24:52.78	
26	Cox, Kayleana	Alhs	24:53.64	18
27	Gibler, Julia	Alhs	24:56.16	19
28	Doty, Kenadie	Alhs	25:07.10	20
29	Hipnar, Ashley	Alhs	25:08.32	21
30	Kuhl, Taylor	Glenwood	25:14.45	
31	Morales, Lydia	Shen-Essex	25:16.24	
32	Spanjer, Mckenzie	Alhs	25:28.95	
33	Arellano , Felicia	Glenwood	25:31.39	
34	Miller, Sydney	Glenwood	25:33.05	
35	Gress, Alexis	Alhs	25:45.07	

36	Sutherland, Emily	Treynor	25:45.51	22
37	Finnegan , Jordan	Treynor	25:58.01	23
38	Dorsett, Alea	Alhs	25:58.71	
39	Olson, Mikayla	Alhs	25:59.18	
40	Henderson, Paige	Atlantic	26:07.37	
41	Warner, Sabrina	Clarinda Academy	26:27.34	
42	Louet , Charlie	Alhs	26:37.77	
43	Willie, LaTeah	CB Jefferson	26:38.26	
44	Larson, Angela	CB Jefferson	26:38.82	
45	Larson, Anna	CB Jefferson	26:39.41	
46	Linehan, Riley	Treynor	27:20.49	24
47	Johnson, Bella	Southwest Va	27:38.22	
48	Rope, Morgan	Clarinda	27:47.39	
49	Ticer, Klara	Treynor	28:03.41	25
50	Becker, Lillian	Glenwood	28:20.31	
51	Hunter, Andi	Shen-Essex	28:22.93	
52	Lowe, Jordan	Treynor	28:53.99	26
53	Blackledge , Kaylie	Treynor	29:20.65	27
54	Iekel, Anna	Atlantic	29:21.36	
55	Santacruz , Jenifer	CB Jefferson	29:24.76	
56	Hackett , Jamie	Riverside	29:26.27	
57	Fichter, Damita	Southwest Iowa	29:37.56	
58	Wingfield , Skyla	East Mills	29:39.09	
59	VanGundy, Jordan	Clarinda	29:42.62	
60	Kettle, Asya	Clarinda Academy	29:44.52	
61	Shane, Addison	Clarinda	29:44.89	
62	Sloop, Haylee	Southwest Iowa	29:51.99	
63	Blank, Hannah	Tarkio	30:33.89	
64	Jarquín, Sarah	Alhs	30:45.39	
65	Yeary, Novalee	Tarkio	31:02.05	
66	Milstead, Arlette	Alhs	31:43.92	
67	Goodwin, Oakley	Southwest Va	32:34.44	
68	Carter, Meaghan	Clarinda Academy	32:47.50	
69	Torkelson, Serenity	East Mills	32:51.38	
70	Herrera, Sestina	Clarinda Academy	33:14.67	
71	Edie, Lainie	Red Oak	33:32.74	
72	Hendrix, Dixie	Tarkio	33:43.97	
73	Birkholtz, Megan	Clarinda	34:02.24	
74	Lang, Melissa	Tarkio	44:08.91	

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Junior Varsity Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Glenwood	65	3	4	11	19	28	34	42	1:36:53.03	19:22.61
2	Lewis Central	70	9	10	14	17	20	22	23	1:37:35.62	19:31.13
3	CB Jefferson	75	5	12	16	18	24	26	27	1:37:43.25	19:32.65
4	Atlantic	84	2	6	21	25	30	35	39	1:38:21.53	19:40.31
5	Shen-Essex	115	7	8	31	33	36	37	40	1:40:13.73	20:02.75
6	Abraham Lincoln	136	1	13	29	44	49	50		1:41:49.47	20:21.90
7	Red Oak	201	15	38	43	48	57	58	60	1:47:46.85	21:33.37
8	Riverside	211	32	41	45	46	47	53	55	1:46:43.53	21:20.71
9	Southwest Valley Tim	272	51	52	54	56	59			1:59:33.28	23:54.66

Junior Varsity Boys Individual Results

Place	Athlete	Team	Time	Points
1	Hornberg, Steven	Abraham Lincoln	18:24.81	1
2	Carey, Kolton	Atlantic	18:37.50	2
3	Carter, Weston	West Nodaway	18:41.24	
4	Carr, Jackson	Glenwood	18:44.86	3
5	Thompson, Gable	Glenwood	18:53.53	4
6	Dofner, Owen	CB Jefferson	18:55.03	5
7	Cox, Carter	Atlantic	19:16.32	6
8	Finnegan, Trevor	Shen-Essex	19:17.62	7
9	Detrick, Levi	Shen-Essex	19:19.24	8
10	King, Will	Lewis Central	19:20.19	9
11	Chain, Isaac	Lewis Central	19:20.73	10
12	Congdon, Christian	Glenwood	19:22.92	11
13	Contreras, Christian	CB Jefferson	19:26.91	12
14	Meyers, Chaunce	Abraham Lincoln	19:27.74	13
15	Penney, Tyler	Lewis Central	19:31.45	14
16	Koppa , Ben	Red Oak	19:35.24	15
17	Lesley, Chandler	CB Jefferson	19:36.23	16
18	Lodes, River	Lewis Central	19:36.63	17
19	Santacruz, Adrian	CB Jefferson	19:40.75	18
20	Parks, Jacob	Glenwood	19:40.98	19
21	Nielsen, Kristian	Lewis Central	19:46.62	20
22	McKay, Zachary	Atlantic	19:58.10	21
23	Higgins, Tanner	Lewis Central	19:58.35	22
24	Stoufer, Nate	Lewis Central	20:03.53	23
25	Hedrick, D'Mitre	CB Jefferson	20:04.33	24
26	Phippen, Carter	Atlantic	20:05.08	25
27	Baker, Austin	CB Jefferson	20:06.39	26
28	Hauxwell, Bret	CB Jefferson	20:08.39	27
29	Moore, Luke	East Mills	20:09.59	
30	Brooks, Jayden	Glenwood	20:10.74	28

31	McMullen, Chandler	Abraham Lincoln	20:11.08	29
32	Moore, Zach	Lewis Central	20:11.47	
33	Smyser , Dalton	West Nodaway	20:12.92	
34	Brink, Zack	CB Jefferson	20:13.57	
35	Pelzer, Blake	Atlantic	20:24.53	30
36	Bopp, Connor	Shen-Essex	20:26.30	31
37	Henderson, Cole	Riverside	20:30.22	32
38	Vance, Dominic	Shen-Essex	20:31.60	33
39	Presley, Adison	Glenwood	20:34.25	34
40	Moore, Aybren	Atlantic	20:35.49	35
41	Ogle, Parker	West Nodaway	20:37.10	
42	Son, Blake	Shen-Essex	20:38.97	36
43	Harms, Zach	Shen-Essex	20:41.88	37
44	Volentine, Joey	Lewis Central	20:44.82	
45	Griffin, Sean	Red Oak	20:47.31	38
46_	Carey, Dawson	Atlantic	20:51.52	39
47	Langley, Daniel	Shen-Essex	20:51.78	40
48	Deree, Deric	CB Jefferson	20:52.96	
49	Lin, Jacob	Lewis Central	20:53.33	
50	McDaniel, Trey	CB Jefferson	20:54.61	
51	Smith , Gabe	Riverside	20:56.14	41
52	Arbogast, Gavin	Glenwood	20:56.46	42
53	Sellers, Jake	Red Oak	20:59.49	43
54	Hoeker, Gus	West Nodaway	21:01.69	
55	Williams, Caleb	Atlantic	21:06.10	
56	Rodriguez, Anthony	Abraham Lincoln	21:08.54	44
57	Mosqueda, Alex	CB Jefferson	21:09.16	
58	Pfluger, Gabe	CB Jefferson	21:13.88	
59	Tallman, Jon	Glenwood	21:16.07	
60	Spurr, Caleb	Atlantic	21:20.58	
61	Carlton, Jesse	Griswold	21:24.02	
62	Sanchez, Jose	East Mills	21:29.25	
63	Kelly, Evan	Griswold	21:30.97	
64	Petty, Tyler	Atlantic	21:32.43	
65	Clayton, Adam	Glenwood	21:34.36	
66	Hodges, Austin	Riverside	21:36.74	45
67	Gregory, Austyn	Lewis Central	21:39.77	
68	Henderson, Ethan	Riverside	21:44.99	46
69	Vanwinkle, Dalton	Lewis Central	21:46.23	
70	Johnson, Gabe	Lewis Central	21:47.88	
71	Plourde, Joe	CB Jefferson	21:49.98	
72	Pilling, Denny	Riverside	21:55.44	47
73	Grebert , Alec	Shen-Essex	22:00.77	
74	Bowen, Briggs	Lewis Central	22:05.09	
75	Eubank, Aidan	Red Oak	22:08.70	48
76	Maxwell, Izaiha	CB Jefferson	22:13.31	
77	Saner, Mason	Shen-Essex	22:23.27	
78	Aruta, Tyler	Shen-Essex	22:23.69	

79	Roefeld, Tyler	Atlantic	22:24.48	
80	Stogdill, Zach	Lewis Central	22:26.08	
81	Lincoln, Tim	Lewis Central	22:30.61	
82	Ferguson, Kobie	Abraham Lincoln	22:37.30	49
83	Wallar, Bodi	Underwood	22:38.04	
84	Rothfusz, Aaron	Atlantic	22:45.21	
85	Fitzpatrick, Wyatt	Clarinda	22:45.49	
86	Jones , William	Abraham Lincoln	22:59.04	50
87	Fannon, Chris	Southwest Va	23:02.48	51
88	Nantz, Alvin	Atlantic	23:07.83	
89	Krogh, Chris	Atlantic	23:13.62	
90	Patzer, Hank	Glenwood	23:14.21	
91	Archer, Jake	Lewis Central	23:18.38	
92	Narmi, Sam	St. Albert	23:30.13	
93	Hoover, Tyler	Southwest Va	23:38.83	52
94	Hering, Dustin	Riverside	23:39.03	53
95	Newton, Trent	Southwest Va	23:41.68	54
96	Lovett, Starson	Southwest Iowa	23:42.90	
97	Frieze, Joe	CB Jefferson	23:51.91	
98	Peyter, Nazary	Riverside	23:54.04	55
99	Ettleman , Layne	Southwest Iowa	24:00.55	
100	Solari, Camren	Southwest Va	24:03.99	56
101	McCord, Jackson	Southwest Iowa	24:13.74	
102	Ross, Zachary	Red Oak	24:16.11	57
103	Marshall, Dylan	St. Albert	24:17.24	
104	Lee, Nick	St. Albert	24:37.87	
105	Reese, Hunter	Red Oak	24:59.56	58
106	McCormick, Sean	Southwest Va	25:06.30	59
107	Merk, Grant	CB Jefferson	25:24.99	
108	McDaniel, Zachary	Lewis Central	25:36.22	
109	Dreager, Dawson	Atlantic	25:44.97	
110	Wilson, CJ	Lewis Central CB	25:46.05	
111	Woolsoncroft, Ryan	Jefferson	26:06.00	
112	Wolfe, Tristan	Red Oak	26:26.61	60
113	Buliche, Brainhart	Atlant ic	26:39.33	
114	Matheny, Trace	Clarinda	27:27.68	
115	Perkins, Mason	Red Oak	29:20.00	

Shenandoah Invitational Cross Country Meet 2016
Shenandoah Schools
September 29, 2016

Middle School Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Glenwood	25	1	2	5	7	10	12	15	1:06:16.30	13:15.26
2	Shenandoah	55	3	6	9	18	19	22	26	1:10:52.84	14:10.57
3	Red Oak	78	4	13	16	20	25	27	28	1:13:21.11	14:40.23
4	St Albert Jr High	99	8	17	21	24	29	30	31	1:16:51.61	15:22.33
5	Southwest Valley	113	11	14	23	32	33	34		1:20:00.17	16:00.04

Middle School Girls Individual Results

Place	Athlete	Team	Time	Points
1	Hughes, Emma	Glenwood	11:48.40	1
2	Matheny, Caryl	Clarinda	12:09.60	
3	McIntyre, Abby	Glenwood	12:27.83	2
4	Godfread , Brenna	Shenandoah	12:46.80	3
5	Mccunn, Alexa	Red Oak	12:57.18	4
6	Davidson, Josie	Treynor	13:34.00	
7	Becker, Lauren	Glenwood	13:45.31	5
8	VanRite, Kayla	Shenandoah	14:00.33	6
9	Wiese, Riley	Glenwood	14:01.72	7
10	Smith, Brenna	St Albert	14:07.05	8
11	Jensen, Riley	Shenandoah	14:12.47	9
12	Woods, Haley	Glenwood	14:13.04	10
13	Rasco, Caitlynn	Southwest Iowa	14:15.71	
14	Boswell, Aubrey	Southwest Valley	14:17.60	11
15	Silvius, Maya	Glenwood	14:24.35	12
16	Graham, Aedyn	Red Oak	14:24.71	13
17	Pearson, Halle	Southwest Valley	14:29.06	14
18	Patten, Mackenzie	Glenwood	14:33.72	15
19	Smith, Isabelle	Clarinda	14:35.91	
20	Graber, Maci	Red Oak	14:50.19	16
21	McKeever, Carly	St Albert	14:53.98	17
22	Buzzard, Jillian	Shenandoah	14:55.45	18
23	Kinghorn, Hadlee	Shenandoah	14:57.79	19
24	Porter, Cami	Red Oak	15:18.34	20
25	Williams, Lillia	St Albert	15:18.61	21
26	Sun, Jessica	Shenandoah	15:31.63	22
27	Raymond, Karlee	Glenwood	15:32.57	
28	Randolph, Sadie	Glenwood	15:37.35	
29	Westlake, Sydney	Southwest Valley	15:38.37	23
30	Duncan, Reese	St Albert	15:43.53	24
31	Perdew, Carmen	Bedford	15:45.86	
32	Bruce, Madison	Red Oak	15:50.69	25
33	Razee, Keelee	Shenandoah	15:53.75	26
34	Becker, Madeline	Glenwood	16:02.36	

35	Graber, Morgan	Red Oak	16:03.12	27
36	Lukehart, Jessica	Red Oak	16:03.64	28
37	Pries, Karigan	Southwest Iowa	16:07.82	
38	Hunter, Riley	Shenandoah	16:21.07	
39	Morse, Chloe	Glenwood	16:24.62	
40	McGinnis, Hannah	Glenwood	16:36.95	
41	Ewald , Cadence	Glenwood	16:37.39	
42	Lewis, Claire	St Albert	16:48.44	29
43	Sherman , Eva	Red Oak	16:59.32	
44	Rolenc, Rhenn	Red Oak	17:12.08	
45	Zito, Alexis	Shenandoah	17:14.31	
46	Gomez, Aleigha	Shenandoah	17:16.40	
47	Woodward, Jaylin	Glenwood	17:18.12	
48	Williams, Olivia	St Albert	17:18.54	30
49	Kiley, Brianna	St Albert	17:25.62	31
50	Shires, Danna	Southwest Valley	17:33.49	32
51	Hammons, Mya	Shenandoah	17:46.94	
52	Loftesness, Julie	Red Oak	17:50.41	
53	Fink, Novalea	Red Oak	17:52.29	
54	Moore, Joslynn	Southwest Valley	18:01.65	33
55	Morgan-Fine, Hazel	Clarinda	18:09.22	
56	Degroot, Anna	Clarinda	18:20.03	
57	Clayton, Sarah	Glenwood	18:22.47	
58	Ortiz, Charlene	Clarinda Academy	18:26.45	
59	Klynn, Jenna	Red Oak	19:02.65	
60	Hovarth, Sammy	St Albert	19:14.20	
61	French, Karlie	Red Oak	19:39.20	
62	Gass, Kadee	Red Oak	19:53.05	
63	Dieguez, Emmaleigh	Bedford	20:42.14	
64	Gotto, Madison	Southwest Valley	24:04.70	34

Shenandoah Invitational Cross Country Meet 2016
Shenandoah Schools
September 29, 2016

Middle School Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Total	Average
1	Glenwood	59	4	7	9	16	23	26	31	1:05:29.27	13:05.86	
2	St Albert	62	1	2	14	17	28	29	38	1:05:23.84	13:04.77	
3	51640	101	8	18	20	22	33	52	53	1:09:18.50	13:51.70	
4	Riverside	101	10	11	21	25	34	56		1:08:56.12	13:47.23	
5	Clarinda	146	15	19	35	36	41	42		1:11:45.56	14:21.12	
6	East Mills	147	6	24	27	44	46			1:12:04.02	14:24.81	
7	Red Oak	152	3	12	39	47	51	55	57	1:13:13.76	14:38.76	
8	Shenandoah	157	5	32	37	40	43	45	48	1:11:39.79	14:19.96	
9	Treynor	196	13	30	49	50	54	58		1:19:37.98	15:55.60	

Middle School Boys Individual Results

Place	Athlete	Team	Time	Points
1	Jerdon, Adam	St Albert	11:50.82	1
2	Lillie, Colin	St Albert	12:15.29	2
3	Alcaraz, Mario	Red Oak	12:21.25	3
4	Rohrberg, Nathan	Glenwood	12:26.27	4
5	Backus, Riley	Shenandoah	12:31.47	5
6	Wells, Justin	East MillsJH	12:35.78	6
7	Ingraham, Duke	West Nodaway	12:36.17	
8	Warren, Trevor	Glenwood	12:41.47	7
9	Bateman, Preston	West Nodaway	12:44.00	
10	Loudon, Aido	51640	12:51.95	8
11	William, Andrew	Glenwood	12:52.15	9
12	Schroder, Ben	Riverside	12:56.54	10
13	Meyers, Zach	Riverside	12:59.42	11
14	Horn, Ethan	Red Oak	13:03.03	12
15	Westin, Devin	Treynor	13:14.53	13
16	Denny, Adam	St Albert	13:17.78	14
17	Shatava, Aiden	Clarinda	13:19.11	15
18	Parks, Ethan	Glenwood	13:19.49	16
19	Gutzmer, Will	Southwest Iowa	13:29.23	
20	Fuller, Gabe	Southwest Valley	13:37.40	
21	Lillie, Evan	St Albert	13:38.35	17
22	Schalk, Hayden	51640	13:44.82	18
23	Kuipers, Trey	Clarinda	14:02.14	19
24	Beam, Kyle	51640	14:02.86	20
25	Schroder, Mick	Riverside	14:08.62	21
26	Thompson, Brody	51640	14:09.45	22
27	Slaughter, Jacob	Glenwood	14:09.89	23
28	Wray, Jackson	East MillsJH	14:14.98	24
29	Baker, Alex	Riverside	14:16.02	25
30	Avila, Brayden	Southwest Valley	14:18.03	

31	Pevestorf, Caleb	Glenwood	14:19.12	26
32	Oyster, Jesse	East MillsJH	14:19.61	27
33	Piskorski, Hadyen	St Albert	14:21.60	28
34	Gast, Alex	St Albert	14:23.81	29
35	Kellar, Cannon	Treynor	14:25.29	30
36	Schuppen , Troy	Glenwood	14:27.66	31
37	Jacobs, Jeb	Shenandoah	14:28.62	32
38	Martin, Jayden	51640	14:29.42	33
39	Dawson, Hunter	West Nodaway	14:30.15	
40	Spies, Clayton	Riverside	14:35.52	34
41	Shum, Jordan	Clarinda	14:38.86	35
42	Barnes, Matthew	Clarinda	14:41.03	36
43	Houchin, Carter	Shenandoah	14:41.97	37
44	Kavars, Jack	St Albert	14:47.18	38
45	Turnbull, Owen	Red Oak	14:47.65	39
46	Slater, Quentin	Shenandoah	14:48.03	40
47	Houser, Adam	Griswold	14:49.40	
48	Johnson, Noah	West Nodaway	14:56.12	
49	Vanostrand, Grant	Clarinda	15:04.42	41
50	McAndrews, Chase	Clarinda	15:08.24	42
51	Goodson, Derek	Shenandoah	15:09.70	43
52	Jones, Ethan	St Albert	15:11.15	
53	Hill, Adyn	St Albert	15:22.80	
54	Croghan, Karsen	East MillsJH	15:24.43	44
55	Newquist, Landen	Shenandoah	15:28.92	45
56	Anderson, Levi	East MillsJH	15:29.22	46
57	Vasquez , Sebastian	Red Oak	15:56.64	47
58	Schuster, Josh	Shenandoah	16:07.34	48
59	Travis, Gabe	Treynor	16:46.71	49
60	Cox, Dylan	Glenwood	16:50.60	
61	Brown, Cayden	Treynor	16:54.95	50
62	Lorson, Ian	Glenwood	17:03.59	
63	Wolfe , Corbin	Red Oak	17:05.19	51
64	Oakes, Steven	51640	17:48.39	52
65	Moore, Dylan	51640	17:49.94	53
66	Christensen, Tyler	Treynor	18:16.50	54
67	Perrin, Adam	Southwest Iowa	18:27.40	
68	Schmadeke, Cael	Red Oak	18:29.57	55
69	Owen, Cameron	51640	18:30.18	
70	Weis, Alex	Riverside	18:31.92	56
71	Ross, Xavier	Red Oak	18:48.80	57
72	Schulter, Donte	51640	18:49.77	
73	Ortiz, Jordan	51640	18:59.53	
74	West , Derrick	51640	19:07.11	
75	Racine, Donovan	51640	19:07.99	
76	Davis, Michael	Treynor	19:24.10	58
77	Schuster, Eli	Shenandoah	20:47.94	
78	Brandt , Mason	51640	23:46.03	

79	Heming , Jonathan	51640	24:10.31
80	Studey, Landon	51640	24:40.86
81	Birchard, Joey	St Albert	24:40.86