

**South East Polk Cross Country Invitational**  
**SEP High School, IA**  
**September 29, 2016**  
**70s and Sunny**

**Varsity Girls Team Results**

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Iowa City West	38	1	3	10	11	13	23	25	20:01	1:22	
2	Johnston	46	2	4	6	15	19	22	29	20:20	1:53	
3	Dowling Catholic	67	8	12	14	16	17	18	28	20:51	1:01	
4	Ankeny	112	9	20	21	27	35	40	46	21:26	2:01	
5	Southeast Polk	142	7	30	31	36	38	39	41	21:49	2:26	
6	Mason City	153	24	26	32	34	37	44		22:04	0:57	
7	Carlisle	205	5	47	50	51	52			24:20	5:38	
8	Hoover	234	42	43	45	49	55			24:52	3:08	
9	Des Moines Lincoln	253	33	53	54	56	57	58		25:40	5:07	
10	Des Moines East	290	48	59	60	61	62	63	64	28:35	5:17	

**Varsity Girls Individual Results**

Place	Points	Athlete	Grade	Time	Team
1	1	Gabby Skopec	Sr	19:12	Iowa City West
2	2	Emily Poss	Sr	19:25	Johnston
3	3	Bailey Nock	Jr	19:34	Iowa City West
4	4	Paige Horner	Fr	19:51	Johnston
5	5	Megan Sievers	So	20:03	Carlisle
6	6	Josie Hovey	So	20:06	Johnston
7	7	Sierra Mitchell	Sr	20:08	Southeast Polk
8	8	Kelsey Schweizer	So	20:14	Dowling Catholic
9	9	Alex Robran	Jr	20:18	Ankeny
10	10	Claire Ronnebaum	Jr	20:18	Iowa City West
11	11	Olivia Moore	Sr	20:27	Iowa City West
12	12	Kate Timboe	So	20:33	Dowling Catholic
13	13	Jessie Skopec	Sr	20:33	Iowa City West
14	14	Elzerie VanDyke	Jr	20:57	Dowling Catholic
15	15	Taryn Swaim	Jr	20:59	Johnston
16	16	Janey Meilander	So	21:13	Dowling Catholic
17	17	Caroline Fink	So	21:14	Dowling Catholic
18	18	Megan Szalay	Fr	21:16	Dowling Catholic
19	19	Mackenzie Laughlin	Jr	21:18	Johnston
20	20	Lydia Hill	Fr	21:22	Ankeny
21	21	Meghan Trimble	Jr	21:23	Ankeny
22	22	Lindsey Batkiewicz	So	21:25	Johnston
23	23	Deniz Ince	So	21:32	Iowa City West
24	24	Hannah Thomas	Fr	21:37	Mason City
25	25	Emma Durian	So	21:42	Iowa City West
26	26	Emma Davison	Jr	21:44	Mason City
27	27	Lily Jones	Sr	21:47	Ankeny
28	28	Katelyn Reichart	Fr	21:52	Dowling Catholic

29	29	Lauren Urban	So	21:56	Johnston
30	30	Paige Blackford	So	21:57	Southeast Polk
31	31	Sydney Milani	Jr	22:01	Southeast Polk
32	32	Sami Miller	Fr	22:11	Mason City
33	33	Caitlyn Lucht	Jr	22:12	Des Moines Lincoln
34	34	Abigail Read	Sr	22:15	Mason City
35	35	Hannah Zadeh	Sr	22:18	Ankeny
36	36	Tarryn Hill	Fr	22:25	Southeast Polk
37	37	Deidre Beavers	Sr	22:33	Mason City
38	38	Chaybrin Olsen	Jr	22:34	Southeast Polk
39	39	Natalie Clement	Fr	22:36	Southeast Polk
40	40	Emily Bosch	Sr	22:51	Ankeny
41	41	Lauryn Pritchard	Sr	22:58	Southeast Polk
42	42	Shiggo Shadin	So	23:37	Hoover
43	43	Lydia Swanson	So	24:00	Hoover
44	44	Madeline Burton	So	24:19	Mason City
45	45	Taylan Olson	Jr	24:31	Hoover
46	46	Brooke Johnson	Fr	24:42	Ankeny
47	47	Jocelyn Haack	So	24:58	Carlisle
48	48	Hagar Ibrahim	So	25:07	Des Moines East
49	49	Katie Bickel	Sr	25:26	Hoover
50	50	Sophie Fett	So	25:26	Carlisle
51	51	Tristine Viers	Fr	25:28	Carlisle
52	52	Hannah McCoy	Sr	25:41	Carlisle
53	53	Stephanie Jaimes	So	25:43	Des Moines Lincoln
54	54	Ashley Medina	So	25:57	Des Moines Lincoln
55	55	Rebekah Bourland	Jr	26:45	Hoover
56	56	Hadley Brown	Jr	27:07	Des Moines Lincoln
57	57	Laritza Flores	Jr	27:19	Des Moines Lincoln
58	58	Shyanne Schiltz	Sr	27:38	Des Moines Lincoln
59	59	Nina De La Cruz	So	28:36	Des Moines East
60	60	Libbie Skeffington,	Sr	28:45	Des Moines East
61	61	Marie Demuth	Sr	30:01	Des Moines East
62	62	Alexis Eshelman	Jr	30:23	Des Moines East
63	63	Sarah Landon	Fr	30:25	Des Moines East
64	64	Rebecca Curtis	Fr	32:43	Des Moines East

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**Varsity Boys Team Results**

Place	Team	Points	Places of Finishers (offset scoring)							Average	Spread
1	Ankeny	32	1	3	5	9	14	15	26	17:26	1:28
2	Carlisle	71	2	13	17	19	20	23	30	18:08	1:48
3	Southeast Polk	79	8	10	18	21	22	27	28	18:26	1:00
4	Mason City	81	4	6	7	31	33	34	38	18:19	2:05
5	Des Moines Lincoln	100	11	12	16	29	32	37	45	18:35	1:26
6	Hoover	186	24	25	44	46	47			20:55	3:49
7	Des Moines East	191	35	36	39	40	41	42	43	20:10	0:44

**Varsity Boys Individual Results**

Place	Points	Athlete	Grade	Time	Team
1	1	Tim Sindt	So	16:39	Ankeny
2	2	Jj Orput	Sr	16:53	Carlisle
3	3	Jay Mixdorf	Sr	17:00	Ankeny
4	4	Thomas Rowe	Sr	17:25	Mason City
5	5	Cole Jacobsen	Sr	17:28	Ankeny
6	6	Jack Phillips	Jr	17:33	Mason City
7	7	Michael Rowe	So	17:46	Mason City
8	8	Jacob Jauron	Jr	17:55	Southeast Polk
9	9	Joey Reichenbacher	So	17:55	Ankeny
10	10	Cutler Owens	Jr	17:57	Southeast Polk
11	11	Andrew Klein	Fr	18:00	Des Moines Lincoln
12	12	Noah Worthington	Sr	18:02	Des Moines Lincoln
13	13	Collin Lister	So	18:04	Carlisle
14	14	Eli Blay	Sr	18:06	Ankeny
15	15	Steven Vlahakis	Jr	18:11	Ankeny
16	16	Dylan Veigulis	So	18:13	Des Moines Lincoln
17	17	Zachary Willcox	So	18:24	Carlisle
18	18	Beau Lessard	Jr	18:34	Southeast Polk
19	19	Carter Logue	So	18:36	Carlisle
20	20	Kolby Fritz	Fr	18:40	Carlisle
21	21	Andrew Owens	Jr	18:49	Southeast Polk
22	22	Devon Kooker	Jr	18:55	Southeast Polk
23	23	Nate Rowray	So	18:58	Carlisle
24	24	Joel Jackson	Jr	19:04	Hoover
25	25	Brice Rhodes	So	19:06	Hoover
26	26	Drake Strnad	So	19:08	Ankeny
27	27	Drake Hanson	Fr	19:09	Southeast Polk
28	28	Andrew Huffman	Sr	19:12	Southeast Polk
29	29	Cole Rand	Jr	19:13	Des Moines Lincoln
30	30	Jon Flaws	So	19:17	Carlisle
31	31	Josh Burton	Sr	19:22	Mason City

32	32	Gage Simmer	So	19:26	Des Moines Lincoln
33	33	Kyle Younker	Sr	19:29	Mason City
34	34	Derek Johnson	Jr	19:33	Mason City
35	35	John Rickabaugh	Jr	19:41	Des Moines East
36	36	Austin Mapes	Sr	20:00	Des Moines East
37	37	Coby Konkol	So	20:08	Des Moines Lincoln
38	38	Joey Daoud	So	20:16	Mason City
39	39	Isiaha Walton	So	20:19	Des Moines East
40	40	Anthon Rodriguez-Aguayo	Jr	20:24	Des Moines East
41	41	Hardik Kalra	Sr	20:24	Des Moines East
42	42	Donald Carpenter	So	20:29	Des Moines East
43	43	Raeqwan Hurrins	Sr	21:15	Des Moines East
44	44	Josh Caramenatte	So	21:35	Hoover
45	45	Barry Bartlett	Jr	21:39	Des Moines Lincoln
46	46	Ferdinand Alobo	Fr	21:54	Hoover
47	47	Rodney Washington	So	22:53	Hoover

**South East Polk Cross Country Invitational  
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**Junior Varsity Girls Team Results**

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Dowling Catholic	20	2	3	4	5	6	10	12	21:48	0:38	
2	Johnston	36	1	7	8	9	11	14	15	22:17	1:40	
3	Southeast Polk	102	16	17	20	24	25	26	33	23:41	0:43	
4	Ankeny	113	13	22	23	27	28	29	31	24:05	1:23	
5	Iowa City West	137	18	21	30	32	36	38	40	24:16	1:32	
6	Mason City	164	19	34	35	37	39	41	42	25:00	2:44	
7	Des Moines Lincoln	227	43	44	45	47	48	49	50	30:18	2:05	
8	Des Moines East	256	46	51	52	53	54	55		35:29	7:04	

Incomplete Teams: Carlisle

**Junior Varsity Girls Individual Results**

Place	Points	Athlete	Grade	Time	Team
1	1	Kendall Nead	Fr	21:11	Johnston
2	2	Jillian Jaeger	Sr	21:28	Dowling Catholic
3	3	Bella Heidesch	So	21:43	Dowling Catholic
4	4	Sydnee Miller	So	21:49	Dowling Catholic
5	5	Harriet Hubbell	Sr	21:51	Dowling Catholic
6	6	Vivian Broderick	Sr	22:05	Dowling Catholic
7	7	Lily Dunley-Williamson	So	22:16	Johnston
8	8	Claire Burger	Jr	22:27	Johnston
9	9	Grace Chickering	Fr	22:38	Johnston
10	10	Mary Noel Kelly	So	22:40	Dowling Catholic
11	11	Kaya Young	Fr	22:50	Johnston
12	12	Alexis Riesberg	So	22:52	Dowling Catholic
13		Alyssa Weber	Sr	23:13	Dowling Catholic
14	13	Kayla Pitz	Fr	23:16	Ankeny
15	14	Peyton McClure	Jr	23:20	Johnston
16	15	Elizabeth Fjelstad	Jr	23:21	Johnston
17	16	Gretta Hartz	Fr	23:21	Southeast Polk
18	17	Taylor Beyer	So	23:21	Southeast Polk
19	18	Sarah Hamed	Fr	23:22	Iowa City West
20	19	Karynna Jones	So	23:30	Mason City
21		Emily Erickson	Jr	23:32	Dowling Catholic
22	20	Jasmin Mendoza	Fr	23:37	Southeast Polk
23	21	Bethany Schillinger	Sr	23:39	Iowa City West
24		Alexis Schweizer	So	23:43	Dowling Catholic
25		Katherine Srail	Jr	23:45	Johnston
26	22	Rose Schweitzer	So	23:58	Ankeny
27	23	Ellie Land	Fr	23:58	Ankeny
28	24	Lexy Winecke	Sr	23:59	Southeast Polk
29		Jessica Thomas	So	24:02	Dowling Catholic

30	25	Rachel Larkins	Jr	24:03	Southeast Polk
31		Anika Schmitt	Jr	24:08	Johnston
32		Mara Timmerman	So	24:13	Dowling Catholic
33		Jamie Hoss	So	24:22	Johnston
34		Mary Grace Stanco	Sr	24:22	Dowling Catholic
35		Megan Kavlock	Jr	24:23	Dowling Catholic
36	26	Samantha Milani	Fr	24:29	Southeast Polk
37	27	Lauren Clark	Fr	24:34	Ankeny
38		Molly Lunn	Fr	24:36	Johnston
39		Julie Srail	Jr	24:38	Johnston
40	28	Annie McClure	Jr	24:38	Ankeny
41	29	Cierra Fillinger	Fr	24:39	Ankeny
42	30	Emma Gehlbach	So	24:41	Iowa City West
43		Taylor Siebert	Fr	24:42	Johnston
44	31	Julah Boggess	Fr	24:43	Ankeny
45	32	Annika Jensen	Sr	24:43	Iowa City West
46		Maura Small	Jr	24:44	Dowling Catholic
47		Anne Teeling	Sr	24:46	Dowling Catholic
48	33	Cassidy Dilks	Jr	24:47	Southeast Polk
49	34	Sami Haberman	Jr	24:47	Mason City
50		Olivia Denkinger	Sr	24:48	Dowling Catholic
51	35	Makayla Percy	Sr	24:51	Mason City
52	36	Valerie Welch	Sr	24:54	Iowa City West
53		Camaryn Mohan	Jr	24:57	Dowling Catholic
54		Amanda Mackey	Sr	24:58	Johnston
55		Cate Freeman	Sr	25:07	Dowling Catholic
56		Livvy Willets	Fr	25:13	Ankeny
57		Rachel Gross	So	25:19	Ankeny
58		Julia Reichart	Sr	25:23	Dowling Catholic
59		Ellissa Peterson	Jr	25:27	Ankeny
60		Maddie Christian	Sr	25:31	Dowling Catholic
61		Allison Schafer	Jr	25:32	Southeast Polk
62		Kayla Armantrout	Fr	25:33	Southeast Polk
63		Kelsey Fischer	Sr	25:35	Ankeny
64		Natalie Lloyd	So	25:36	Johnston
65		Karissa Smedley	Fr	25:38	Ankeny
66		Annie Flood	Fr	25:38	Dowling Catholic
67		Emma Moomey	So	25:39	Ankeny
68	37	Danielle Beavers	Sr	25:39	Mason City
69		Kirby Marie Power	Jr	25:41	Dowling Catholic
70		Riley Beyer	Sr	25:44	Southeast Polk
71	38	Samantha Nowotny	Jr	25:44	Iowa City West
72		McKenna Davidson	Jr	25:44	Southeast Polk
73		Natalie Henriksen	Sr	25:46	Southeast Polk
74		Emily Bintner	Jr	25:52	Ankeny
75		Lauren Riggs	Sr	25:56	Dowling Catholic
76		Casey Monson	Fr	26:05	Johnston
77		Mollie Cox	Fr	26:07	Ankeny

78	39	Hannah Bendin	Jr	26:13	Mason City
79		Emily Highness	Sr	26:14	Dowling Catholic
80		Caroline Brosnahan	Sr	26:15	Dowling Catholic
81		Kelly Flynn	Sr	26:22	Dowling Catholic
82		Laurel McGonegle	Jr	26:23	Dowling Catholic
83		Ellen Lloyd	Sr	26:23	Dowling Catholic
84		Rose Hyunh	Jr	26:28	Ankeny
85		Samantha Kline	So	26:31	Southeast Polk
86		Olivia Magneson	Fr	26:31	Dowling Catholic
87		Hailey Russell	So	26:33	Johnston
88		Eileen Moran	Sr	26:33	Johnston
89		Amy Wu	Sr	26:38	Ankeny
90	40	Asha Irani	Sr	26:44	Iowa City West
91		Fiona Riordan	Fr	26:45	Ankeny
92		Susie Sullivan	Jr	26:48	Johnston
93		Grace Recker	Sr	26:54	Dowling Catholic
94		Chloe Thoetenson	So	27:00	Southeast Polk
95		Laura McKenzie	Jr	27:02	Ankeny
96		Leah Elliott	Jr	27:08	Iowa City West
97		Saige Adamson	So	27:13	Ankeny
98		Jessica Bigelow	Sr	27:17	Johnston
99		Elizabeth Thilges	Jr	27:18	Dowling Catholic
100		Sadie Brocka	So	27:18	Johnston
101		Katie Uitenbroek	So	27:22	Johnston
102		Toni Veldhuizen	Jr	27:24	Southeast Polk
103		Ally Andreasen	Jr	27:26	Johnston
104		Allison Varineau	Jr	27:28	Ankeny
105		Nicole Hobson	Sr	27:32	Johnston
106		Katherine Michalski	So	27:37	Johnston
107		Katelyn Schultz	Sr	27:39	Johnston
108		Megan Linder	Fr	27:44	Ankeny
109		Jayden Bohnsack	Jr	27:47	Johnston
110	41	Emily Morrison	Jr	27:49	Mason City
111		Ragen Brotherson	Fr	27:57	Johnston
112		Cabria Olsen	Fr	27:57	Southeast Polk
113		Megan Solberg	So	27:58	Johnston
114	42	Morgan Wendel	Jr	27:58	Mason City
115		Sarah Shadle	Sr	28:02	Dowling Catholic
116		Isabel Ahmann	Fr	28:03	Dowling Catholic
117		Molly McNeal	Fr	28:28	Dowling Catholic
118		Paige Jacobsen	So	28:37	Ankeny
119		Sloane Wilhelm	So	28:54	Johnston
120		Grace Campidilli	Jr	28:54	Johnston
121	43	Gabriela Vazquez	So	28:59	Des Moines Lincoln
122		Katherine James	Jr	29:01	Dowling Catholic
123		Kate Brosnahan	Jr	29:08	Dowling Catholic
124		Leah Lentsch	Jr	29:09	Dowling Catholic
125		Alexis Benitez	So	29:11	Mason City

126		Jade Benter	So	29:12	Mason City
127		Shelbie Brotherson	Sr	29:12	Johnston
128		Elle Buffington	Fr	29:34	Mason City
129		Lauren Hartlieb	Sr	29:44	Dowling Catholic
130		Rockie Greenslade	Fr	29:44	Dowling Catholic
131		Megan Utterback	Fr	29:57	Ankeny
132		Madeline Cox	Fr	30:00	Ankeny
133	44	Lauren Edwards	Sr	30:02	Des Moines Lincoln
134		Tessa Miller	Fr	30:09	Iowa City West
135		Haily Egan	Jr	30:15	Dowling Catholic
136		Abby Dowd	Sr	30:16	Dowling Catholic
137		Ava McDonald	So	30:19	Southeast Polk
138	45	Consuelo Manzano	So	30:27	Des Moines Lincoln
139		Leah Morrison	Jr	30:33	Mason City
140		Jackie Liang	Fr	30:38	Johnston
141		Taylor Caffrey	Jr	30:45	Johnston
142		Hannah Johnson	Jr	30:51	Dowling Catholic
143	46	Munisa Sharifkhojaeva	Sr	30:55	Des Moines East
144		Taylor Martin	So	30:56	Mason City
145	47	Micah Probasco	So	30:57	Des Moines Lincoln
146	48	Sophia Sanchez	Sr	31:04	Des Moines Lincoln
147		Mary Beth Westercamp	Fr	31:22	Dowling Catholic
148		Madi Peterson	So	31:29	Ankeny
149	49	Vanessa Cruz	Fr	31:33	Des Moines Lincoln
150		Klaudia Golebiewsk	Sr	31:36	Dowling Catholic
151	50	Jasmine Hernandez	So	31:49	Des Moines Lincoln
152		Cristal Martinez	So	31:55	Des Moines Lincoln
153		Mariah Johannsen	Sr	31:56	Southeast Polk
154		Maggie Hinrichs	Jr	31:59	Ankeny
155		Brooke Stiles	Sr	32:10	Ankeny
156		Cecily Vance	Sr	32:43	Iowa City West
157		Tara Huberty	Sr	33:06	Southeast Polk
158		Catie Nielsen	Jr	33:12	Iowa City West
159		Kennedy Sorenson	So	33:15	Carlisle
160		Kalina Cole	Jr	33:16	Mason City
161		Madison Todd	Sr	34:25	Southeast Polk
162		Brooke Hoover	Sr	34:35	Southeast Polk
163		Leslie Trinidad	So	34:35	Des Moines Lincoln
164		Adrianna Reed	Jr	34:37	Southeast Polk
165		Ryann Rose	So	34:47	Southeast Polk
166	51	Sydney Frazier	Jr	35:06	Des Moines East
167		Nancy Coronel	So	35:48	Des Moines Lincoln
168		Sarah McKenzie	Jr	35:55	Dowling Catholic
169		Elizabeth Lara	So	36:08	Carlisle
170	52	Eriana Brown	Jr	36:21	Des Moines East
171	53	Laura Lo	Jr	37:03	Des Moines East
172		Sophia Wignall	Jr	37:07	Ankeny
173		Paris Madden	Jr	37:10	Ankeny



174	54	Jasmin Salgado	Jr	37:58	Des Moines East
175		Vlada Krasnnyuk	Sr	38:00	Southeast Polk
176		Maddie Brown	So	38:03	Southeast Polk
177		Elizabeth Jones	Fr	38:17	Johnston
178	55	Marialet Flores	Jr	38:26	Des Moines East
179		Samantha Pareti	Jr	38:55	Ankeny
180		Neyda Hernandez	Fr	41:18	Des Moines Lincoln
181		Cellest Ford	Fr	43:09	Des Moines Lincoln

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**Junior Varsity Boys Team Results**

Place	Team	Points	Places of Finishers (offset scoring)							Average	Spread
1	Dowling Catholic	15	1	2	3	4	5	6	7	17:59	0:26
2	Ankeny	54	8	10	11	12	13	15	16	19:03	0:20
3	Carlisle	97	9	17	18	25	28	30	35	19:53	1:40
4	Southeast Polk	98	14	19	20	21	24	26	39	19:56	1:04
5	Des Moines Lincoln	153	23	31	32	33	34	42	43	20:35	0:33
6	Mason City	156	22	27	29	38	40	41	46	20:37	0:56
7	Des Moines East	209	36	37	44	45	47	48	49	21:27	1:49

Incomplete Teams: Hoover

**Junior Varsity Boys Individual Results**

Place	Points	Athlete	Grade	Time	Team
1	1	Michael Ode	Sr	17:45	Dowling Catholic
2	2	Niall Moore	Jr	17:53	Dowling Catholic
3	3	Zach Fry	Fr	17:59	Dowling Catholic
4	4	Matthew Berns	Sr	18:08	Dowling Catholic
5	5	Jake Miller	So	18:10	Dowling Catholic
6	6	Drew Brase	So	18:11	Dowling Catholic
7	7	Matthew Bishop	Jr	18:32	Dowling Catholic
8		John Clingan	Sr	18:43	Dowling Catholic
9		Shane McCullum	Jr	18:49	Dowling Catholic
10	8	Noah Odson	So	18:53	Ankeny
11	9	Kobi Sadler	Jr	18:54	Carlisle
12	10	David Robran	Fr	18:54	Ankeny
13	11	Jaylen Elwell	So	19:06	Ankeny
14	12	Isaiah Pick	Jr	19:07	Ankeny
15		Charlie Wingert	Sr	19:10	Dowling Catholic
16	13	Austin Rognes	Jr	19:13	Ankeny
17		Carlos Quijano	Jr	19:13	Dowling Catholic
18		Noah Smith	So	19:15	Dowling Catholic
19		Joey Dohrmann	Sr	19:20	Dowling Catholic
20		Till Schaeffeler	Jr	19:21	Dowling Catholic
21	14	Cj Schrock	So	19:23	Southeast Polk
22		Jonah Magneson	So	19:37	Dowling Catholic
23	15	Pete Noll	Jr	19:37	Ankeny
24		Aidan Cunningham	So	19:37	Dowling Catholic
25	16	Cole Buffington,	Fr	19:44	Ankeny
26	17	Josh Felger	Sr	19:45	Carlisle
27	18	Truman Kruse	So	19:45	Carlisle
28		Daniel Ordaz	So	19:51	Dowling Catholic
29	19	Oakley Shrum	Jr	19:51	Southeast Polk
30		Colin LaBrie	So	19:52	Dowling Catholic

31	20	Alex Rickabaugh,	So	19:55	Southeast Polk
32	21	Eli Hanson	So	20:00	Southeast Polk
33		Colton Lammers,	Jr	20:06	Ankeny
34	22	Keagan May	So	20:07	Mason City
35		Paul Johnson	Fr	20:08	Dowling Catholic
36		Jaden Schuster	So	20:08	Ankeny
37		Cody Slagter	Fr	20:08	Ankeny
38	23	Angel Fabi Lozoya Perea	Sr	20:09	Des Moines Lincoln
39		Tristan Weaverling	Jr	20:15	Ankeny
40		Reiter Evan	So	20:16	Ankeny
41		Michael Frazier	Fr	20:16	Dowling Catholic
42		Ryan O'Halloran	Fr	20:17	Dowling Catholic
43		Grant Ganpat	Fr	20:19	Ankeny
44		Brandon Latting	Fr	20:20	Dowling Catholic
45		Danny Lasky	Jr	20:23	Dowling Catholic
46	24	Willie Tunks	Jr	20:27	Southeast Polk
47	25	Tristen Kessler	Fr	20:28	Carlisle
48		Brody Schlaht	Fr	20:28	Ankeny
49	26	Gavin Schmidt	Jr	20:29	Southeast Polk
50	27	Miguel Jaime	Fr	20:29	Mason City
51		Connor Farrell	Jr	20:32	Ankeny
52	28	Noah Imhoff	Jr	20:33	Carlisle
53	29	Ethan Malek	Fr	20:35	Mason City
54	30	Kyle Miller	Fr	20:36	Carlisle
55	31	Michael Spoonholtz	So	20:39	Des Moines Lincoln
56	32	Frenando Rocha	Jr	20:41	Des Moines Lincoln
57	33	Alexander Meza-Garcia	Sr	20:42	Des Moines Lincoln
58	34	Ryan Jasper	Fr	20:42	Des Moines Lincoln
59		Michael Castellano	Sr	20:42	Dowling Catholic
60	35	Ian Wilkins	Jr	20:42	Carlisle
61	36	Taryn Anderson	So	20:44	Des Moines East
62		Logan Shanks	Fr	20:46	Ankeny
63		Griffin Rhode	Fr	20:47	Dowling Catholic
64		Parker Carson	Jr	20:49	Ankeny
65	37	Michael Boylan	So	20:51	Des Moines East
66	38	Eddie Lara	So	20:51	Mason City
67	39	Cael Newman	Fr	20:55	Southeast Polk
68		Brayden Smith	So	21:01	Ankeny
69	40	Alex Levad	So	21:03	Mason City
70	41	Jordan Brown	Jr	21:03	Mason City
71		Gus Mote	Sr	21:04	Dowling Catholic
72		Nick Cheung	So	21:06	Southeast Polk
73		Jon Kelly	Jr	21:08	Ankeny
74		Steffen Osborn	Fr	21:10	Dowling Catholic
75		Joe Bussey	Fr	21:10	Dowling Catholic
76		Marc Medici	Fr	21:13	Ankeny
77		Matthew Probst	Fr	21:13	Dowling Catholic
78		Dustin Kutz	Fr	21:14	Ankeny

79		Nick Stumme	Fr	21:17	Southeast Polk
80	42	Mark Douglass	Fr	21:23	Des Moines Lincoln
81		Kaleb Roberson	So	21:25	Dowling Catholic
82	43	Deon Turner	Jr	21:27	Des Moines Lincoln
83		Kelly Wignall	Jr	21:27	Ankeny
84		Nolan Larsen	Fr	21:28	Southeast Polk
85		Wiley Parks	So	21:30	Southeast Polk
86	44	Michael Skelton	Sr	21:31	Des Moines East
87		Gage O'Connor	So	21:32	Ankeny
88		Caleb Wright	Sr	21:32	Ankeny
89		Keylan Irvin	So	21:33	Des Moines Lincoln
90		Gray Barrett	Jr	21:34	Dowling Catholic
91	45	Zane Pettis	Jr	21:35	Des Moines East
92		Samuel Volkmer	Sr	21:36	Dowling Catholic
93		Kristjan Henderson	So	21:36	Carlisle
94		Tristan Clubb	Sr	21:37	Dowling Catholic
95		Colin Recker	Fr	21:37	Dowling Catholic
96		Jacob Beattie	So	21:38	Southeast Polk
97		Dyer Jarabek	Fr	21:40	Dowling Catholic
98		Anthony Wiseland	Fr	21:42	Ankeny
99	46	Mike Cooling	Jr	21:43	Mason City
100		Wyatt Kruse	So	21:44	Carlisle
101		Thomas Bejarno	Sr	21:50	Dowling Catholic
102		Tyler Potter	Jr	21:51	Dowling Catholic
103		Mason Berg	Jr	21:54	Mason City
104		Ethan Scheck	So	21:54	Dowling Catholic
105		Luke Hillsman	Fr	21:55	Dowling Catholic
106		Evan Wilson	So	21:57	Southeast Polk
107		Kellen Cosgrove	Jr	22:01	Dowling Catholic
108		Evan Perry	So	22:01	Southeast Polk
109		Seth Jones	Sr	22:03	Southeast Polk
110		Alex Hong	Jr	22:04	Dowling Catholic
111		Jack Savage	So	22:05	Dowling Catholic
112		Ryan Gross	Sr	22:05	Ankeny
113		Amer Tokmic	So	22:08	Ankeny
114		Mitch Pevestorf	So	22:10	Ankeny
115		Evan Ripley	So	22:21	Ankeny
116		Dominic Caligiuri	Fr	22:21	Des Moines Lincoln
117		Noah Waldon	Fr	22:22	Southeast Polk
118		Keaton Schulte	So	22:22	Dowling Catholic
119		Peyton Christiansen	So	22:25	Mason City
120		Tyler Arndt	Fr	22:26	Mason City
121		Jacob Frieden	So	22:29	Mason City
122		Lucas Nelson	Sr	22:31	Ankeny
123	47	Zachary Wallace	Fr	22:32	Des Moines East
124		Tommy Donovan	Jr	22:32	Carlisle
125		Garrett Kruse	Sr	22:33	Carlisle
126		Cade Davis	Fr	22:36	Ankeny

127		Will Fagerland	Sr	22:37	Dowling Catholic
128		Nate Norton	Fr	22:37	Carlisle
129		Jai Boggess	Fr	22:38	Ankeny
130		Ryan Strickland	So	22:40	Southeast Polk
131		Dj Barnes	So	22:44	Southeast Polk
132		Logan Atkinson	So	22:46	Carlisle
133	48	Trenton Burkheimer	Fr	22:47	Des Moines East
134	49	Gabriel Ewert	Jr	22:47	Des Moines East
135		Trevor Cardenas	Sr	22:48	Ankeny
136		Michael Steffen	Sr	23:07	Ankeny
137		Landon Geren	Jr	23:13	Ankeny
138		Zachary Kobes	Sr	23:13	Dowling Catholic
139		Okaydo Van Duong	Jr	23:14	Southeast Polk
140		Chris Trevino	Jr	23:15	Des Moines East
141		Jared Baker	Sr	23:20	Hoover
142		Rocky Vizcarra	Fr	23:21	Des Moines East
143		Andrew Ryan	So	23:22	Dowling Catholic
144		Colin Lacey	Sr	23:25	Dowling Catholic
145		Blake Springer	Sr	23:25	Des Moines East
146		Nick Mueller	So	23:26	Ankeny
147		Kade Dolphin	Fr	23:27	Des Moines East
148		Max Fredrick	Sr	23:27	Ankeny
149		Thai Pham	Sr	23:28	Des Moines East
150		Alex Stambach	Sr	23:32	Southeast Polk
151		Alexander Wallace	Fr	23:35	Des Moines East
152		Trevor Jackson	Fr	23:38	Hoover
153		Joseph Seymour	So	23:41	Dowling Catholic
154		Alonso Franco	Jr	23:44	Dowling Catholic
155		Leon Urias	Jr	23:45	Des Moines Lincoln
156		Ryan Mangin	Jr	23:49	Carlisle
157		Zach Person	So	23:50	Southeast Polk
158		Carson Luttenegger	Jr	23:50	Ankeny
159		Derek Wurth	Jr	23:52	Mason City
160		Evan Bracewell	So	23:54	Southeast Polk
161		Zach Rinke	So	23:57	Dowling Catholic
162		Darek Tingle	So	24:08	Carlisle
163		Luke Mulholland	Fr	24:13	Mason City
164		Blaze Peterson	So	24:15	Mason City
165		Isaac Anderson	Fr	24:20	Southeast Polk
166		Macalister Downing	Jr	24:26	Des Moines Lincoln
167		George Long	Jr	24:32	Dowling Catholic
168		Abraham Salgado	Jr	24:32	Des Moines East
169		Tyler Crall	Fr	24:34	Carlisle
170		Nick Beattie	Sr	24:35	Southeast Polk
171		Drake Carson	Jr	24:37	Ankeny
172		Zach Morfeld	So	24:37	Ankeny
173		Jae Swanepoel	Fr	24:38	Ankeny
174		Colin Short	Fr	24:40	Carlisle

175	Nick Bindel	Fr	24:45	Dowling Catholic
176	Sam Coleman	Sr	25:01	Dowling Catholic
177	Tyler Blakely	Jr	25:02	Dowling Catholic
178	Casey Shanaberger	So	25:04	Dowling Catholic
179	Matthew Simmons-Waters	Fr	25:09	Des Moines Lincoln
180	Antonio Ramirez	So	25:47	Des Moines Lincoln
181	Tom Nahas	Jr	25:59	Dowling Catholic
182	Timothy Bettcher	Jr	26:11	Des Moines Lincoln
183	August Olsen	Jr	26:16	Mason City
184	Trevor Carr	Sr	26:17	Mason City
185	Nick Dietrich	Jr	26:18	Dowling Catholic
186	Noah Harvey	Sr	26:25	Des Moines East
187	Matthew Horvath	Fr	26:28	Dowling Catholic
188	Johnathan Dooley	So	26:42	Des Moines Lincoln
189	Ashton Feldman	Fr	26:55	Hoover
190	Dalton Cale	Fr	27:30	Dowling Catholic
191	Jacob Demuth	So	27:37	Des Moines East
192	Giovanni Tenikat	Sr	28:02	Des Moines Lincoln
193	William Wagner	Fr	28:06	Des Moines East
194	Miles Curtis	So	28:18	Des Moines Lincoln
195	Stephen Cahalan	Fr	30:04	Dowling Catholic
196	James Simmons-Waters	Jr	30:41	Des Moines Lincoln
197	James Gomez	Fr	34:17	Des Moines East
198	Alejandro Zarate	Jr	34:49	Des Moines East
199	Liam Sweeney	Jr	35:00	Dowling Catholic
200	Dillon Brackney	Fr	35:35	Des Moines Lincoln