

ADM Cross Country Invitational
Hillcrest Country Club
Adel, IA
Sep. 18, 2017
70s, mostly cloudy

Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Norwalk	35	5	6	7	8	9	10	26	23:47	0:41	
2	Ballard	46	3	4	11	12	16	23		23:54	1:48	
3	ADM	51	1	2	13	17	18	25		23:32	3:58	
4	West Central Valley	124	14	15	28	33	34			27:22	5:52	
5	Van Meter	129	21	22	27	29	30	31	32	26:27	1:31	
6	Woodward Granger	134	19	20	24	35	36	37		29:10	11:28	

Incomplete Teams: Carlisle, Interstate 35, Saydel

Varsity Girls Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Sadie Juergens	Jr	20:57	ADM
2	2	Hannah Welch	Fr	22:39	ADM
3	3	Anna Zielke	Sr	22:56	Ballard
4	4	Abby Ross	So	23:12	Ballard
5	5	Annika Wallace	Fr	23:24	Norwalk
6	6	Annika Schulz	So	23:27	Norwalk
7		Lizzy Parish	Sr	23:40	Interstate 35
8	7	Ellie Wermerskirchen	So	23:53	Norwalk
9		Jocelyn Haack	Jr	24:01	Carlisle
10	8	Taylor Bergan	So	24:03	Norwalk
11	9	Natalie Martin	Fr	24:05	Norwalk
12	10	Cacy Larson	So	24:13	Norwalk
13	11	Ashley Wuestenberg	Fr	24:13	Ballard
14	12	Kate Rietz	Sr	24:22	Ballard
15	13	Ashlie Hauf	Sr	24:24	ADM
16	14	Milayla Jaeger	So	24:33	West Central Valley
17	15	Aliyah Dickson	So	24:43	West Central Valley
18	16	Sydney Halverson	Jr	24:44	Ballard
19	17	Lizzy Lohman	So	24:45	ADM
20	18	Astraea Munyan	Fr	24:55	ADM
21	19	Natalie Helbling	So	25:12	Woodward Granger
22		Briley Albers	Fr	25:17	Interstate 35
23		Ella Anderson	Fr	25:22	Carlisle
24	20	Posey Robinson	Fr	25:31	Woodward Granger
25	21	Garrett Herr	Jr	25:39	Van Meter
26	22	Lilly Thompson	Fr	25:40	Van Meter
27	23	Quinn Thompson	Fr	25:52	Ballard
28	24	Chloe David	So	25:58	Woodward Granger
29	25	Zoe Marckmann	Fr	26:00	ADM
30	26	Tevka Lackmann	So	26:17	Norwalk
31		Jayda Tolentino	Sr	26:42	Saydel

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32	27	Matti Rebelsky	Fr	26:44	Van Meter
33	28	Joelle Grubbs	Jr	26:58	West Central Valley
34	29	Josie Cross	Fr	26:59	Van Meter
35	30	London Wille	Fr	27:10	Van Meter
36	31	Meagan Blomgren	Jr	27:35	Van Meter
37		Ariana Graff	So	27:46	Carlisle
38		Blexley Burton	So	28:52	Interstate 35
39	32	Emily Roberts	Jr	29:17	Van Meter
40	33	Naomi Bennett	Sr	30:08	West Central Valley
41	34	Alexis Spaulding	Jr	30:25	West Central Valley
42	35	AnnaMae Hanson	Fr	32:26	Woodward Granger
43		Hannah Bowman	Sr	33:40	Saydel
44		Katie Schmidt	Sr	35:00	Saydel
45	36	Emily Lingner	Jr	36:39	Woodward Granger
46	37	Hannah Lingner	Jr	37:33	Woodward Granger

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Varsity Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Carlisle	27	1	2	7	8	9	12	23	18:01	1:24	
2	Woodward Academy	54	3	10	11	13	17	22	48	18:42	1:32	
3	ADM	58	4	5	6	19	24	29	61	18:35	1:45	
4	Ballard	114	16	20	25	26	27	42	43	19:29	0:33	
5	Norwalk	152	14	30	31	37	40	50	54	19:55	1:29	
6	Saydel	160	18	21	28	46	47	53	60	20:03	1:40	
7	West Central Valley	206	15	35	36	56	64			21:09	5:08	
8	Woodward Granger	220	38	39	41	45	57	58	59	20:49	1:26	
9	Van Meter	229	33	44	49	51	52	55	63	20:54	1:24	
10	Interstate 35	259	32	34	62	65	66	67	68	22:24	4:40	

Varsity Boys Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Kolby Fritz	So	17:11	Carlisle
2	2	Carter Logue	Jr	17:30	Carlisle
3	3	Rashawn Marshall	So	17:46	Woodward Academy
4	4	Nate Mueller	Fr	17:47	ADM
5	5	Rylan Heffernan	Sr	18:01	ADM
6	6	Ethan Juergens	Fr	18:14	ADM
7	7	Kobi Sadler	Sr	18:19	Carlisle
8	8	Collin Lister	Jr	18:28	Carlisle
9	9	Kyle Miller	So	18:35	Carlisle
10	10	Josh Terrones	Jr	18:42	Woodward Academy
11	11	Alejandro Avalos	Sr	18:48	Woodward Academy
12	12	Jon Flaws	Jr	18:48	Carlisle
13	13	Austin Rockwood	Sr	18:57	Woodward Academy
14	14	Jarod Riordan	Sr	19:01	Norwalk
15	15	Louden Foster	So	19:03	West Central Valley
16	16	Erik Ledet	Jr	19:06	Ballard
17	17	Noah Bowen	Jr	19:17	Woodward Academy
18	18	Seth Plascencia	So	19:18	Saydel
19	19	Braeden Hegarty	So	19:20	ADM
20	20	Ryan Ledet	Jr	19:23	Ballard
21	21	Nathan Nelson	Sr	19:28	Saydel
22	22	Darnell Geiger	Jr	19:30	Woodward Academy
23	23	Tristen Kessler	So	19:31	Carlisle
24	24	Gustavs Klavis	Jr	19:31	ADM
25	25	Nathan Wuestenberg	Jr	19:36	Ballard
26	26	Zane Charter	Jr	19:37	Ballard
27	27	Chase Winterboer	Jr	19:39	Ballard
28	28	Ryan Hynick	So	19:39	Saydel
29	29	Owen Meier	Jr	19:39	ADM

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30	30	Patrick Foster	Fr	19:43	Norwalk
31	31	Austin Brenizer	Fr	19:52	Norwalk
32	32	Zach Goering	Sr	19:54	Interstate 35
33	33	Hunter Norris	So	19:58	Van Meter
34	34	Wyatt Fitzgerald	So	20:11	Interstate 35
35	35	Weston Pote	So	20:20	West Central Valley
36	36	Cael Carl	Fr	20:23	West Central Valley
37	37	Liam Buckley	So	20:26	Norwalk
38	38	Alex Bice	So	20:27	Woodward Granger
39	39	Chandler Cavanaugh	Sr	20:29	Woodward Granger
40	40	Derek Webster	Fr	20:30	Norwalk
41	41	Caleb Jones	So	20:31	Woodward Granger
42	42	James Gute	Sr	20:41	Ballard
43	43	Seth Wohlgemuth	Jr	20:41	Ballard
44	44	Carson Wille	So	20:41	Van Meter
45	45	Kaya Bowsby	So	20:45	Woodward Granger
46	46	Cole Jaschke	Fr	20:49	Saydel
47	47	Caleb Jurgensen	So	20:57	Saydel
48	48	Rockey Reyes	Sr	20:59	Woodward Academy
49	49	Zach Pleggenkuhle	Fr	21:07	Van Meter
50	50	Jake Gaumer	Jr	21:08	Norwalk
51	51	Sam Bass	Sr	21:20	Van Meter
52	52	Tico Angel	Fr	21:21	Van Meter
53	53	Garrett Shinn	So	21:30	Saydel
54	54	Tommy Wright	Jr	21:30	Norwalk
55	55	Dylan Sloan	Sr	21:43	Van Meter
56	56	Alex Kalbach	Sr	21:44	West Central Valley
57	57	Keith Braunschweig	So	21:52	Woodward Granger
58	58	Hunter Pierce	Sr	22:00	Woodward Granger
59	59	Cody Garland	So	22:06	Woodward Granger
60	60	Kenne Michael	Fr	22:14	Saydel
61	61	Sean McGee	Jr	22:27	ADM
62	62	Evan Woosley	Fr	22:50	Interstate 35
63	63	Tyler Coffie	So	23:09	Van Meter
64	64	Ethan Beitz	So	24:11	West Central Valley
65	65	Ryan Truman	So	24:28	Interstate 35
66	66	Seth Dickinson	Fr	24:34	Interstate 35
67	67	Cody Parish	So	26:21	Interstate 35
68	68	Sean Wilson	Fr	27:35	Interstate 35

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Junior Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Average	Spread
1	Norwalk	16	1	2	3	4	6	7	14	25:12	0:51
2	ADM	43	5	8	9	10	11	12	13	26:26	1:44
3	Van Meter	85	15	16	17	18	19			34:48	7:07

Incomplete Teams: Ballard

Junior Varsity Girls Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Tatum LeQuatte	Sr	24:43	Norwalk
2	2	Eva Hoch	Fr	25:05	Norwalk
3	3	Taylor VanderHolt	Sr	25:15	Norwalk
4	4	Hannah Roberts	So	25:22	Norwalk
5	5	Kylie Hauf	Sr	25:25	ADM
6		Theresa Hannasch	Sr	25:27	Ballard
7	6	Cadyn Niemeyer	Fr	25:34	Norwalk
8	7	Tenley Schroeder	Fr	25:47	Norwalk
9	8	Jesse Howard	Sr	26:24	ADM
10	9	Mikayla Klein	Jr	26:32	ADM
11	10	Sydney Engleman	Sr	26:39	ADM
12	11	Holland Zwank	So	27:08	ADM
13	12	Faith Moyer	So	27:15	ADM
14	13	Kristen Baier	Jr	27:25	ADM
15	14	Alli Kreider	So	27:26	Norwalk
16		Carli Hansen	Sr	28:14	ADM
17		Hatchitt Grace	So	28:20	ADM
18		Sydney Deason	Fr	28:46	Ballard
19		Rachel Elliott	Sr	28:47	Norwalk
20		Callan Randall	Fr	28:55	Norwalk
21		Heather Schirm	Jr	29:02	Norwalk
22		Lauren Fick	So	29:14	Norwalk
23		Courtney Polka	Sr	29:25	Norwalk
24		Bailey Sharp	Sr	30:14	Norwalk
25	15	Kelsey Roberts	Jr	30:33	Van Meter
26		Aerial Giesken	Sr	31:45	Norwalk
27		Sasha VanEssen	Sr	33:06	Norwalk
28	16	Molly Blomgren	Fr	33:21	Van Meter
29	17	Bekah Walter	Sr	36:12	Van Meter
30	18	Mekena Little	Jr	36:14	Van Meter
31	19	Angela Junker	Sr	37:40	Van Meter

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Junior Varsity Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Carlisle	18	1	2	4	5	6	7	8	19:04	1:12	
2	Ballard	51	3	9	10	14	15	17	18	20:14	1:41	
3	ADM	84	11	13	19	20	21	22	24	21:00	1:16	
4	Woodward Academy	127	12	25	29	30	31			22:05	2:02	
5	Norwalk	157	16	27	34	39	41	43	45	22:33	2:36	
6	Saydel	158	23	26	35	36	38	44	47	22:34	1:52	
7	West Central Valley	218	32	37	40	51	58	60		24:25	5:13	
8	Woodward Granger	222	28	42	48	50	54	55	56	24:06	3:15	
9	Van Meter	233	33	46	49	52	53	57	59	24:28	2:43	

Junior Varsity Boys Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Nate Rowray	Jr	18:19	Carlisle
2	2	Brandon Kesner	Fr	18:48	Carlisle
3	3	Carter Thompson	So	19:08	Ballard
4	4	Truman Kruse	Jr	19:16	Carlisle
5	5	Hunter Snyder	So	19:22	Carlisle
6	6	Cole Osterhaus	Fr	19:31	Carlisle
7	7	Ethan Schlichte	Fr	19:36	Carlisle
8	8	Kaden Sadler	Fr	19:54	Carlisle
9	9	Gage Long	Fr	20:06	Ballard
10	10	Perry Kallio	Sr	20:17	Ballard
11	11	Micah Moyer	Sr	20:18	ADM
12		Nate Norton	So	20:34	Carlisle
13	12	Victor Abarca	Jr	20:38	Woodward Academy
14		Noah Imhoff	Sr	20:40	Carlisle
15	13	Cash Riker	Fr	20:42	ADM
16	14	Dante Jones	So	20:48	Ballard
17	15	Owen Zunkel	Sr	20:49	Ballard
18	16	Tyler Vaughan	Jr	20:54	Norwalk
19	17	Josh Purcell	So	20:58	Ballard
20	18	Jonah Olson	So	21:06	Ballard
21	19	Josh Schmitz	So	21:08	ADM
22		Spencer Catus	Jr	21:13	Ballard
23	20	Carter Goos	Jr	21:17	ADM
24		Ben Ward	Fr	21:33	Ballard
25	21	Jacob Yanacheak	Fr	21:34	ADM
26	22	Charles Bathey	So	21:34	ADM
27	23	Isaac Miller	Fr	21:35	Saydel
28	24	Nathan Royer	Fr	21:39	ADM
29		Phillip Hlas	Sr	21:42	ADM
30		Obi Soash	Fr	21:42	Ballard

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31		Cale Bangs	Sr	21:44	Ballard
32		Jack Chism	Fr	21:50	Ballard
33	25	Jaylan Lacy	Fr	21:58	Woodward Academy
34		Alec Goos	Sr	21:58	ADM
35	26	Kaleb Jaschke	Fr	22:01	Saydel
36		Patrick Origer	Jr	22:03	ADM
37	27	Jack Foster	Jr	22:07	Norwalk
38		Connor Post	So	22:13	ADM
39		Joe Fletcher	So	22:20	Ballard
40		Caleb Hamerlinck	Jr	22:25	Ballard
41	28	Dylan Steele	So	22:26	Woodward Granger
42	29	Antinio Rios	Sr	22:33	Woodward Academy
43		Quincy Griffin	Fr	22:33	Carlisle
44	30	Carlos Gutierrez	So	22:34	Woodward Academy
45		Ryan Mohwinkle	Fr	22:37	Carlisle
46		Noah Stewart	Fr	22:38	ADM
47	31	Gerald Lee	Sr	22:39	Woodward Academy
48	32	Kade Kunkle	So	22:41	West Central Valley
49	33	Cole Rice	Jr	22:48	Van Meter
50	34	Justen Caplinger	Jr	22:49	Norwalk
51		Tyler Crall	So	22:49	Carlisle
52	35	Bryce Campbell	Sr	22:51	Saydel
53	36	Manny Mazariegos	Jr	22:57	Saydel
54		Seth Entriken	So	22:57	ADM
55		Zach Zeller	Sr	22:59	Ballard
56		Dalton Hinders	Fr	23:11	Carlisle
57	37	Riley Abbott	So	23:17	West Central Valley
58		Tate Battani	Sr	23:18	Ballard
59		Carter Sorenson	Jr	23:21	Carlisle
60		Miko Rosado	Fr	23:23	ADM
61		Aiden Whiteing	Fr	23:24	Ballard
62	38	Billy Burr	So	23:26	Saydel
63	39	Yousef Abdelmuhi	Sr	23:26	Norwalk
64	40	Farruch Azizuv	Sr	23:27	West Central Valley
65	41	Jake Neller	Jr	23:29	Norwalk
66	42	Sam Peterson	Jr	23:35	Woodward Granger
67	43	Zach Dye	Jr	23:37	Norwalk
68		Tiernen Edgar	Fr	23:37	Ballard
69	44	Trent Stephenson	Sr	23:39	Saydel
70		Drake Wunder	So	23:46	Ballard
71		Alex Bangs	So	23:46	Ballard
72	45	Tyler Johnson	Jr	23:49	Norwalk
73		Rilee Johnson	Fr	23:59	Carlisle
74	46	Jacob Blomgren	Fr	24:14	Van Meter

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75	47	Ben Kayser	Fr	24:17	Saydel
76		Trenton Beck	Jr	24:21	Carlisle
77		Ryan Sullivan	Fr	24:21	ADM
78	48	Kurt Crouse	9	24:22	Woodward Granger
79	49	Nick Rasmussen	Sr	24:26	Van Meter
80	50	Nick Busch	So	24:27	Woodward Granger
81		Evan Anderson	Sr	24:32	Ballard
82		Adryan Stravers	So	24:32	Norwalk
83		Brennan McGee	Fr	24:33	ADM
84	51	Matt Clark	Sr	24:45	West Central Valley
85		Tyrone Williams	Sr	24:47	ADM
86		Alex Wiech	Fr	24:53	Ballard
87		Collin Williams	Fr	25:06	Carlisle
88		Colin Short	So	25:11	Carlisle
89	52	Jacob Pleggenkuhle	Sr	25:21	Van Meter
90	53	Ethan Kenoyer	So	25:31	Van Meter
91		Matthew Myers	Fr	25:31	Ballard
92	54	Kainen Fuson	9	25:40	Woodward Granger
93		Makail Brooks	So	25:41	Saydel
94	55	Cole Theisen	Sr	26:03	Woodward Granger
95		Thomas Sithiphong	Fr	26:23	Norwalk
96		Stephen Spangler	So	26:36	Norwalk
97		Sam Stous	Jr	26:43	ADM
98	56	Logan Roll	9	26:46	Woodward Granger
99		Ethan Book	Fr	26:50	ADM
100		Logan Duffy	So	26:54	Norwalk
101		Colton Davis	So	26:56	Norwalk
102		Tobey Ellis	Fr	27:44	Saydel
103	57	Owen Koster	Sr	27:54	Van Meter
104	58	Homeen Patel	So	27:54	West Central Valley
105	59	Colby Wemer	So	29:06	Van Meter
106		Justin Scott	Fr	29:29	Saydel
107		Killian Farrell	So	29:46	Norwalk
108		Kaydence Boock	Fr	30:08	Ballard
109		Sebastian Gallardo	Jr	30:59	Ballard
110		Jude Albrecht	Fr	39:15	Ballard
111	60	Nathan Kalbach	Fr	41:36	West Central Valley

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Middle School Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Dallas Center Grimes	43	3	5	6	13	16	20	33	13:08.4	1:24.4	
2	Ballard	75	9	10	12	15	29	35	44	13:47.7	1:48.2	
3	ADM	77	2	11	19	22	23	24	32	13:48.0	2:06.1	
4	Carlisle	106	1	17	27	30	31	36	41	14:11.1	3:27.4	
5	Saydel	140	7	18	26	43	46	52	54	15:03.1	3:48.6	
6	Van Meter	147	4	8	25	51	59			15:21.2	6:34.8	
7	Woodward Granger	168	21	28	34	37	48			15:27.3	2:37.2	
8	Hoover	224	14	39	56	57	58	61	63	17:11.0	5:21.6	
9	Lincoln	233	42	45	47	49	50	53	55	16:44.8	0:45.4	
10	North	264	38	40	60	62	64			21:30.7	12:00.9	

Incomplete Teams: Interstate 35, West Central Valley

Middle School Girls Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Ainsley Erzen	8	11:41.5	Carlisle
2	2	Geneva Timmerman	7	12:20.9	ADM
3	3	Meredith McDermott	7	12:34.6	Dallas Center Grimes
4	4	Clare Kelly	7	12:44.2	Van Meter
5	5	Hannah Little	8	12:45.0	Dallas Center Grimes
6	6	Avery Korsching	8	12:47.6	Dallas Center Grimes
7	7	Aleah McBee	8	13:02.8	Saydel
8	8	Mary Kelly	7	13:03.1	Van Meter
9	9	Brooke Loewe	8	13:13.0	Ballard
10	10	Meg Reitz	8	13:21.1	Ballard
11		Abbi Goering	8	13:29.5	Interstate 35
12	11	Olivia Tollari	8	13:32.3	ADM
13	12	Christianne Ledet	7	13:33.0	Ballard
14	13	Kami Smith	7	13:35.6	Dallas Center Grimes
15	14	Ellie Smith	8	13:48.7	Hoover
16	15	Kate Huisinga	8	13:50.0	Ballard
17	16	Elena Bartak	7	13:59.0	Dallas Center Grimes
18	17	Tessa Erzen	7	14:03.1	Carlisle
19	18	Rylee Carney	8	14:04.3	Saydel
20	19	Natalie Smith	8	14:13.0	ADM
21	20	Olivia Valline	8	14:16.7	Dallas Center Grimes
22	21	Makayla Hanna	8	14:17.6	Woodward Granger
23	22	Hallie Henfling	8	14:26.7	ADM
24	23	Lucy Mallory	7	14:26.9	ADM
25	24	Brynn Busta	8	14:30.3	ADM
26	25	Nicole Osier	7	14:40.9	Van Meter
27	26	Orianna Martin	8	14:48.4	Saydel
28	27	Riley Sievers	7	14:54.2	Carlisle

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29	28	Sydney Grell	8	14:54.6	Woodward Granger
30	29	Maya Ehresman	8	15:01.2	Ballard
31	30	Laura Downs	7	15:07.8	Carlisle
32	31	Jersey Watts	7	15:08.9	Carlisle
33	32	Sophia Chesney	7	15:09.5	ADM
34	33	Elle Gannon	7	15:21.6	Dallas Center Grimes
35		Madelyn Jaeger	8	15:25.0	West Central Valley
36	34	Katie Grell	8	15:25.7	Woodward Granger
37	35	Josie Jensen	8	15:33.9	Ballard
38		Makayla Tracy	7	15:38.4	Dallas Center Grimes
39	36	Kadence Lisk	8	15:39.4	Carlisle
40		Emma Miner	7	15:40.1	Dallas Center Grimes
41	37	Makenzie Dresback	8	15:43.6	Woodward Granger
42	38	Gabby Zanders	8	15:43.8	North
43	39	Terhas Bakit	7	15:45.3	Hoover
44		Caroline White	7	15:46.2	Dallas Center Grimes
45		Leah Vallad	8	15:46.6	West Central Valley
46	40	Allana Cummins	7	15:47.9	North
47		Emilee Sargent	7	15:48.8	West Central Valley
48		Sydney Ashby	7	15:50.9	Dallas Center Grimes
49		Lauren Bussanmas	7	15:54.7	Interstate 35
50		Carly Kuhse	8	15:58.3	ADM
51	41	Madylina Taylor	8	16:00.2	Carlisle
52		Makenna Odegaard	7	16:08.4	Dallas Center Grimes
53	42	Isabella Naderman	7	16:11.4	Lincoln
54		Alexis Nemechek	7	16:22.0	ADM
55		Jasmine Peacock	7	16:24.2	Carlisle
56		Taylor Wickman	8	16:26.6	Dallas Center Grimes
57		Emma Smith	8	16:27.5	Dallas Center Grimes
58	43	Claire Miller	8	16:28.6	Saydel
59	44	Abby Zielke	8	16:38.3	Ballard
60		Lilah Hegarty	8	16:43.2	ADM
61	45	Alexa Amos	7	16:45.9	Lincoln
62		Piper Giles	7	16:47.3	ADM
63		Madison Lachacz	7	16:47.9	Dallas Center Grimes
64		Abigail Bowen	7	16:49.5	Dallas Center Grimes
65		Skyler Blessman	8	16:50.4	Dallas Center Grimes
66	46	Haile Sims	8	16:51.4	Saydel
67		Macy Nelson	8	16:53.1	Interstate 35
68	47	Marissa Albright	7	16:53.4	Lincoln
69	48	Kaitlyn Smith	8	16:54.7	Woodward Granger
70	49	Jaenelle Bryant	7	16:56.3	Lincoln
71	50	Alexis Dorsett	8	16:56.7	Lincoln
72		Abook Dok	8	16:56.8	Carlisle

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73	51	Shae Bernhardt	8	16:58.7	Van Meter
74	52	Maddy Miller	7	17:00.7	Saydel
75		Shayna Wahman	7	17:03.9	West Central Valley
76		Lola Blitz	7	17:06.6	Dallas Center Grimes
77		Ellie Schmitz	7	17:06.8	Dallas Center Grimes
78	53	Hailey Neer	8	17:18.2	Lincoln
79		Delaney Halverson	7	17:24.2	Ballard
80		Shewaye Johnson	7	17:49.6	Ballard
81	54	Alivia Brooks	7	17:57.9	Saydel
82		Maya Worley	8	18:09.9	Dallas Center Grimes
83	55	Emily Cook	8	18:16.6	Lincoln
84		Ripley Berg	8	18:16.8	Lincoln
85	56	Thu Pham	7	18:33.4	Hoover
86		Gracie Ross	7	18:33.6	Ballard
87	57	Grace Clingan	8	18:37.1	Hoover
88		Sophia Kirkpatrick	7	18:49.0	ADM
89		Molly Manning	8	19:03.1	Lincoln
90	58	Lauralei Saunders	8	19:10.3	Hoover
91	59	Claire Newell	7	19:19.0	Van Meter
92		Sarah Denherder	8	19:23.6	ADM
93		Jillian Williams	7	19:43.8	Lincoln
94		Sophie Henderson	7	21:14.2	Lincoln
95		Madison Turner	7	21:19.2	Lincoln
96		Hannah McGaw	7	22:03.1	Carlisle
97		Bailey Pierce	8	22:28.6	Dallas Center Grimes
98	60	Jaleesa Lewis	7	22:31.2	North
99		Tatum Anthony	7	22:56.4	ADM
100		Rian Brewer-Hawbaker	8	23:07.6	ADM
101		Lilly Wells	7	23:27.9	Carlisle
102	61	Ikram Ali	7	24:02.2	Hoover
103		Nakia Whitney	8	24:06.0	Lincoln
104	62	Ximena DeAvila	7	25:45.9	North
105	63	Mi So	8	26:22.5	Hoover
106	64	Maria Hernandez-Raya	7	27:44.6	North

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Middle School Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	ADM	37	3	7	8	9	10	22	24	12:24	1:12	
2	Dallas Center Grimes	77	2	5	6	29	35	36	39	12:33	2:15	
3	Carlisle	100	16	18	20	21	25	32	40	13:17	0:15	
4	Ballard	139	13	15	33	37	41	49	56	13:33	0:59	
5	Lincoln	147	12	17	28	43	47	57	62	13:41	1:27	
6	Hoover	161	1	31	38	45	46	48	52	13:30	3:01	
7	Interstate 35	173	14	19	26	53	61	64	65	14:00	2:25	
8	Van Meter	209	11	23	44	58	73	74	75	14:36	4:49	
9	West Central Valley	224	4	34	50	66	70			14:39	5:02	
10	Saydel	226	27	30	54	55	60	67	68	14:19	1:35	
11	Woodward Granger	284	42	51	59	63	69	71	72	15:17	2:49	

Incomplete Teams: North

Middle School Boys Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Zakariya Jama	8	11:25	Hoover
2	2	Jacob Storey	8	11:30	Dallas Center Grimes
3	3	Quinton Kimrey	8	11:32	ADM
4	4	Jayden Dickson	8	11:52	West Central Valley
5	5	Owen Pries	8	11:54	Dallas Center Grimes
6	6	Aidan Ramsey	8	11:59	Dallas Center Grimes
7	7	Sam Hlas	8	12:20	ADM
8	8	Caleb Crystal	8	12:38	ADM
9	9	Cooper Greenslade	8	12:44	ADM
10	10	Seth Walter	8	12:44	ADM
11	11	Dustin Barth	8	12:49	Van Meter
12	12	Tyler Sheldahl	8	12:59	Lincoln
13	13	Ian Dorrenkamp	8	13:01	Ballard
14	14	Kyler Kirkpatrick	8	13:07	Interstate 35
15	15	Conner Hill	8	13:09	Ballard
16	16	Keith Christenson	8	13:11	Carlisle
17	17	Andres Torres	8	13:12	Lincoln
18	18	Logan Howard	7	13:13	Carlisle
19	19	Colter Beck	8	13:14	Interstate 35
20	20	Mason Ramsey	8	13:14	Carlisle
21	21	Kaden Baxter	8	13:18	Carlisle
22	22	Joel Freiermuth	7	13:18	ADM
23	23	Chris Coffie	8	13:18	Van Meter
24	24	Slater Caudle	8	13:23	ADM
25	25	Brady Birkenholtz	7	13:26	Carlisle
26	26	Kale Day	8	13:31	Interstate 35
27	27	Gabe Worsham	7	13:31	Saydel

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28		Clayton Gustafson	8	13:34	ADM
29	28	Nauris Bryant	7	13:35	Lincoln
30	29	Kyle Snyder	8	13:36	Dallas Center Grimes
31	30	Jonah Peak	7	13:39	Saydel
32	31	Barry Adoobe	8	13:40	Hoover
33	32	Raymond Birech	7	13:42	Carlisle
34	33	Austin Shoen	7	13:44	Ballard
35	34	Matt Gerling	7	13:44	West Central Valley
36	35	Cael Wineland	8	13:44	Dallas Center Grimes
37	36	Mason Jackson	7	13:44	Dallas Center Grimes
38	37	Max Paulin	8	13:47	Ballard
39	38	Joshua Nichols	7	13:47	Hoover
40	39	Nathan Waknitz	8	13:48	Dallas Center Grimes
41		Troy Abarr	8	13:50	North
42		Dylan Roberts	7	13:55	Dallas Center Grimes
43	40	Wyatt Squires	8	13:56	Carlisle
44	41	Spencer Salasek	8	14:00	Ballard
45	42	Alex Foster	8	14:01	Woodward Granger
46		Peter Gano	8	14:03	Carlisle
47		Zach Halverson	8	14:10	Dallas Center Grimes
48		Tyler Halverson	8	14:10	Dallas Center Grimes
49	43	Derek Shade	7	14:12	Lincoln
50	44	Easton Padilla	7	14:12	Van Meter
51	45	Rafiq A	8	14:12	Hoover
52		Nick Blum	8	14:13	ADM
53	46	Tyler Ricketts	8	14:26	Hoover
54	47	Denarkus Shade	7	14:26	Lincoln
55	48	Ben Grear	7	14:29	Hoover
56	49	Ian Godbold	7	14:30	Ballard
57	50	Dalten Harwood	8	14:31	West Central Valley
58	51	Carsten Wright	7	14:31	Woodward Granger
59	52	Daniel Pinero	8	14:36	Hoover
60	53	Owen Festler	7	14:37	Interstate 35
61	54	Caleb Hecker	8	14:38	Saydel
62		Morgan Jackson	8	14:38	Hoover
63	55	Austin Schafer	8	14:41	Saydel
64	56	Kian Thompson	8	14:45	Ballard
65		Tate Deremiah	7	14:46	Dallas Center Grimes
66		Aaron Parks	7	14:47	Carlisle
67		Jeremiah Dronet	7	14:50	Carlisle
68		Marcus Watznauer	7	14:54	Dallas Center Grimes
69	57	David Galvin-Dominguez	8	14:55	Lincoln
70	58	Tristan Drake	8	15:04	Van Meter
71		Brayden Kessler	8	15:04	Carlisle

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72	59	Joel Harney	8	15:04	Woodward Granger
73	60	Aaron Losee	7	15:05	Saydel
74		Bryson Illian	8	15:11	Dallas Center Grimes
75		Charlie Alleman	8	15:12	Carlisle
76		Caleb Morris	7	15:12	Dallas Center Grimes
77		Karsten Newell	8	15:15	Dallas Center Grimes
78		Aj Snyder	7	15:26	Carlisle
79		Jacob Alexander	7	15:26	Dallas Center Grimes
80		Luke Herbselb	8	15:27	Dallas Center Grimes
81		Carson Springer	7	15:29	Dallas Center Grimes
82		Caiden Williams	7	15:29	Hoover
83		Arob Wor	7	15:30	Hoover
84		Ian Schwarzkopf	8	15:31	ADM
85	61	Aidan Weckman	8	15:31	Interstate 35
86		Trent Payne	7	15:32	Ballard
87	62	Anthony Fonza	8	15:36	Lincoln
88		Kase Murphy	8	15:36	Lincoln
89		Sam Grieman	7	15:42	Dallas Center Grimes
90		Michael Vandermark	7	15:50	ADM
91		Aiden Edgar	7	15:52	Ballard
92	63	Parker Griffin	8	15:55	Woodward Granger
93		Lucas Riley	7	15:55	Hoover
94	64	Mason Maiers	7	15:57	Interstate 35
95	65	Carson Allen	7	15:59	Interstate 35
96		Diego Mosquera	8	15:59	Lincoln
97		Grant Harrison	7	16:00	Lincoln
98		Jackson Barry	8	16:10	Carlisle
99		Alex Holmes	7	16:10	Ballard
100	66	Logan Guzinski	7	16:15	West Central Valley
101	67	Kevin Martin	7	16:17	Saydel
102	68	Riley Goss	8	16:18	Saydel
103		Conner Brooner	7	16:27	Saydel
104		Arob Wor	8	16:35	Hoover
105		Jace Gebhart	7	16:41	Saydel
106		Hla Su	7	16:42	Hoover
107		Anyaar Mayom	7	16:45	Hoover
108		Trevor Lause	7	16:46	Saydel
109	69	Landon Bogardus	7	16:50	Woodward Granger
110	70	Nick Smith	7	16:53	West Central Valley
111	71	Lucas Hansen	8	17:00	Woodward Granger
112		Jayden Cordova	7	17:00	Saydel
113		Gumer Carrillo	8	17:07	Saydel
114		Dylan Atkinson	7	17:08	Saydel
115		Josh Coney	7	17:10	Hoover

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116		Alec McCormick	7	17:15	Carlisle
117	72	Ryan Fitch	7	17:24	Woodward Granger
118		Max Anderson	7	17:32	Ballard
119	73	Nathan Schlueter	8	17:37	Van Meter
120		Alec Boblenz	7	17:39	Dallas Center Grimes
121		Jack Ahartz	7	17:45	Carlisle
122		Austin Follis	7	17:47	Carlisle
123		Tyler Nablo	8	17:47	Carlisle
124		Brant Morris	7	17:48	Interstate 35
125		Nic Beaudet	8	17:48	Dallas Center Grimes
126		Tristan Hummel	7	17:50	Carlisle
127		Nick Bermel	7	17:51	Woodward Granger
128		Hei Moo	7	17:56	Hoover
129		Noah Leach	8	17:59	Saydel
130		Owen Dickenson	7	18:38	Interstate 35
131		Osman Sirleaf	7	18:43	Hoover
132		Kaiden Feldman	8	18:44	Hoover
133	74	Parker Lake	7	19:03	Van Meter
134		Daniel Cornelio	8	19:15	Saydel
135		Dante Kinney	7	19:42	Lincoln
136		Robinson Moore	7	19:48	Lincoln
137		Owen Comiskey	7	19:53	Lincoln
138		Sir A	8	20:27	Hoover
139		Ethan Robinson	8	20:43	Carlisle
140		Jack Shepard	7	20:53	Ballard
141		Yasir A	8	21:05	Hoover
142		Jordan Leek	7	21:13	Lincoln
143	75	Joey Junker	8	21:28	Van Meter
144		Cooper Wadle	8	21:58	ADM
145		Gunnar Peterson	7	22:17	Ballard
146		Remy Baccam	7	24:24	Carlisle
147		Luke Powers	8	24:27	Lincoln
148		David Hollingsworth	7	24:29	North