

Rich Engel Cross Country Classic
Birdsall Park
Cedar Falls, Iowa
September 14, 2017
Sunny, 89°, 33%, S @ 14 mph

Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Dubuque Senior	71	6	8	11	16	30	31	38	20:42	1:13	
2	Wahlert Catholic	72	3	10	14	22	23	49	51	20:41	1:10	
3	Cedar Falls	81	2	7	19	25	28	29	39	20:45	1:22	
4	Dubuque Hempstead	99	4	12	18	20	45	46	58	20:54	1:57	
5	Decorah	124	1	15	26	40	42	44	50	21:02	2:06	
6*	Ankeny	187	5	34	43	48	57	59	70	21:38	2:17	
7*	Charles City	187	9	13	47	54	64	73	80	21:41	2:16	
8	Mason City	238	27	33	52	55	71	72	74	17:36	1:36	
9	C R Kennedy	282	37	41	62	65	77	79	92	22:25	1:32	
10	Anamosa	286	24	35	63	81	83	90	115	22:25	2:09	
11	C R Washington	297	17	53	67	75	85	98	111	22:27	2:31	
12	Muscatine	300	21	32	60	88	99	101	127	22:33	3:02	
13	Hudson	340	36	68	69	76	91	121	130	22:52	2:15	
14	C R Xavier	422	56	78	87	97	104	117	123	23:30	2:00	
15	Waverly-Shell Rock	427	61	66	95	100	105	108	109	23:41	2:02	
16	Vinton Shellsburg	485	82	93	94	103	113	126		24:06	1:59	
17	Dike-New Hartford	524	86	102	106	112	118	119	128	24:38	2:19	
18	C R Jefferson	541	84	96	116	120	125	129		24:55	2:41	
19	Waterloo East-West	542	89	107	110	114	122	124		25:00	2:02	

Varsity Girls Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Katie Nimrod	12	19:43	Decorah
2	2	Mackenzie Michael	10	19:57	Cedar Falls
3	3	Gabby Moran	9	19:57	Wahlert Catholic
4	4	Hannah Brown	10	20:00	Dubuque Hempstead
5	5	Alex Robran	12	20:13	Ankeny
6	6	Mia Rampton	12	20:13	Dubuque Senior
7	7	Anna Hertz	12	20:22	Cedar Falls
8	8	Mackenzie Gaherty	12	20:27	Dubuque Senior
9	9	Kiki Connell	9	20:31	Charles City
10	10	Grace Herber	12	20:35	Wahlert Catholic
11	11	Isabelle Gorton	9	20:36	Dubuque Senior
12	12	Heather Hostager	12	20:38	Dubuque Hempstead
13	13	Whitney Martin	11	20:39	Charles City
14	14	Aunna Huseman	10	20:41	Wahlert Catholic
15	15	Shayla Betts	10	20:43	Decorah
16	16	Ashley Donovan	11	20:44	Dubuque Senior
17	17	Reagan Gorman	11	20:48	C R Washington
18	18	Shaelyn Hostager	10	20:50	Dubuque Hempstead
19	19	Madison Larsen	12	20:52	Cedar Falls
20	20	Casey Nichols	12	21:02	Dubuque Hempstead
21	21	Emmie Smith	11	21:03	Muscatine

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22	22	Kaylee Osterberger	12	21:05	Wahlert Catholic
23	23	Emma Earles	12	21:07	Wahlert Catholic
24	24	Emma Duncan	12	21:10	Anamosa
25	25	Paige Kvale	12	21:12	Cedar Falls
26	26	Jenna Galligan	12	21:13	Decorah
27	27	Emma Davison	12	21:17	Mason City
28	28	Jessica VanDorn	11	21:18	Cedar Falls
29	29	Caroline Ross	12	21:23	Cedar Falls
30	30	Claire Edmondson	10	21:26	Dubuque Senior
31	31	Ava Frye	12	21:32	Dubuque Senior
32	32	Rylee Blake	10	21:32	Muscatine
33	33	Hannah Thomas	10	21:34	Mason City
34	34	Madeleine Murphy	9	21:35	Ankeny
35	35	Claire Duncan	12	21:35	Anamosa
36	36	Jenna Twait	10	21:37	Hudson
37	37	Hannah Fusselman	12	21:37	C R Kennedy
38	38	Olivia Kruse	11	21:39	Dubuque Senior
39	39	Meg Schmitz	12	21:40	Cedar Falls
40	40	Meg Sessions	10	21:42	Decorah
41	41	Lauren Gray	9	21:43	C R Kennedy
42	42	Sarah Mikkelson	12	21:48	Decorah
43	43	Lauren Clark	10	21:50	Ankeny
44	44	Kaitlyn Rooney	12	21:52	Decorah
45		Lauren Miller	11	21:53	Dubuque Senior
46	45	Kaylee Leicht	10	21:57	Dubuque Hempstead
47	46	Emma Holesinger	10	21:57	Dubuque Hempstead
48	47	Mackenzey Bilharz	10	21:59	Charles City
49	48	Meghan Trimble	12	22:01	Ankeny
50	49	Holly Hohmann	12	22:04	Wahlert Catholic
51		Alyssa Neese	10	22:07	Cedar Falls
52	50	Allie Hafner	12	22:11	Decorah
53	51	Gracie Long	11	22:13	Wahlert Catholic
54		Jules Fromm	9	22:14	Cedar Falls
55	52	Sami Miller	10	22:15	Mason City
56	53	Sarah Altemeier	12	22:17	C R Washington
57	54	Mariah McKenzie	11	22:25	Charles City
58	55	Gwen Sewell	9		Mason City
59	56	Ellie Tanko	10	22:28	C R Xavier
60	57	Ellissa Peterson	12	22:29	Ankeny
61		Brooke Courtney	10	22:31	Decorah
62	58	Emily Richter	9	22:31	Dubuque Hempstead
63	59	Sarah Bosch	11	22:36	Ankeny
64		Lauren Gudenkauf	10	22:38	Dubuque Hempstead
65	60	Moriah Morter	12	22:40	Muscatine

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66	61	Libby Dix	11	22:45	Waverly-Shell Rock
67	62	Olivia Hamblin	10	22:45	C R Kennedy
68	63	Maddy Heims	9	22:46	Anamosa
69	64	Gillian King	12	22:47	Charles City
70	65	Briana McLaughlin	11	22:47	C R Kennedy
71	66	Emma Hoins	9	22:48	Waverly-Shell Rock
72	67	Mary Cline	9	22:48	C R Washington
73	68	Sophie Selenke	10	22:48	Hudson
74	69	Grace Jorgensen	12	22:52	Hudson
75	70	Cierra Fillingier	10	22:52	Ankeny
76	71	Marcella Sierra	9	22:53	Mason City
77	72	Alana Wickering	12	22:56	Mason City
78	73	Adison Olson	9	22:56	Charles City
79	74	Sami Haberman	12	22:57	Mason City
80	75	Sydney Mitvalsky	9	23:00	C R Washington
81		Brooke Johnson	10	23:00	Ankeny
82		Erin Scott	10	23:04	Dubuque Hempstead
83	76	Morgan Hansen	10	23:09	Hudson
84	77	Anna Klein	12	23:09	C R Kennedy
85	78	Claire Iversen	12	23:11	C R Xavier
86	79	Erica Schulte	9	23:12	C R Kennedy
87	80	Ingrid Hernandez	10	23:14	Charles City
88	81	Liz Riniker	9	23:15	Anamosa
89	82	Amelia Birker	10	23:16	Vinton Shellsburg
90		Julah Boggess	10	23:17	Ankeny
91	83	Lily Rogers	9	23:18	Anamosa
92	84	Rachel Nagel	10	23:19	C R Jefferson
93	85	Olivia Kennedy	11	23:19	C R Washington
94		Greta Berte	9	23:19	Cedar Falls
95	86	Sierra Loger	9	23:20	Dike-New Hartford
96	87	Hannah Denman	10	23:21	C R Xavier
97		Gracia Taylor	11	23:21	Decorah
98	88	Emma Maynard	12	23:25	Muscatine
99		Kayla Pitz	10	23:26	Ankeny
100	89	Victoria Knight	9	23:42	Waterloo East-West
101	90	Dakota Bierer	10	23:47	Anamosa
102	91	Allison Peck	10	23:51	Hudson
103	92	Kallie Kolthoff	9	23:52	C R Kennedy
104	93	Libbie Timmerman	11	23:53	Vinton Shellsburg
105	94	Lydia Radeke	9	23:53	Vinton Shellsburg
106	95	Camryn Grawe	10	23:56	Waverly-Shell Rock
107	96	Jenna Griffith	10	23:58	C R Jefferson
108	97	Rilee Lansing	10	23:59	C R Xavier
109	98	JoJo Hayes	10	24:01	C R Washington

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110	99	Lauren Dirth	10	24:05	Muscatine
111	100	Lauren Boevers	10	24:06	Waverly-Shell Rock
112	101	Molly Tigrett	12	24:08	Muscatine
113	102	Kaity Houts	9	24:09	Dike-New Hartford
114	103	Elly Gloede	12	24:11	Vinton Shellsburg
115		Emily Fusselman	9	24:17	C R Kennedy
116		Audrey Franklin	9	24:21	Dubuque Hempstead
117	104	Megan Meyer	10	24:28	C R Xavier
118	105	Anna Hoins	11	24:47	Waverly-Shell Rock
119		Madeline Burton	11	24:50	Mason City
120		Sarah Grams	9	24:51	C R Kennedy
121	106	Rachel Wardell	11	24:53	Dike-New Hartford
122	107	Regan Davis	11	24:56	Waterloo East-West
123	108	Makayla Reed	10	24:56	Waverly-Shell Rock
124	109	Liz VanHove	12	24:59	Waverly-Shell Rock
125		Allisa Gray	9	25:06	C R Kennedy
126	110	Meredith Eighmey	11	25:06	Waterloo East-West
127	111	Emma Westphalen	11	25:07	C R Washington
128		Jill Hughes	11	25:10	C R Washington
129	112	Addy Sohn	9	25:10	Dike-New Hartford
130	113	Maddie Erhart	11	25:14	Vinton Shellsburg
131		Hailee Kent	11	25:20	Waverly-Shell Rock
132		Emma Figura	12	25:26	Waverly-Shell Rock
133	114	Sierra Weldon	12	25:28	Waterloo East-West
134	115	Lilly Machart	9	25:32	Anamosa
135	116	Alex Smith	11	25:32	C R Jefferson
136	117	Carley Beck	11	25:34	C R Xavier
137	118	Emily Ballhagen	9	25:38	Dike-New Hartford
138	119	Jadyn Bennett	9	25:41	Dike-New Hartford
139	120	Izzy Bushman	10	25:42	C R Jefferson
140	121	Lexi Bergmeier	10	25:43	Hudson
141		Ella Davis	9	25:43	C R Washington
142	122	Camryn Meyer	11	25:44	Waterloo East-West
143		Emily Weis	11	25:45	C R Washington
144	123	Emily Jennings	11	25:50	C R Xavier
145	124	Jordyn Smith	10	26:00	Waterloo East-West
146	125	Jordan Hanna	12	26:00	C R Jefferson
147	126	Emily Trinkle	9	26:20	Vinton Shellsburg
148	127	Julia Moravec	11	26:40	Muscatine
149		Madison Rediske	11	26:46	Waverly-Shell Rock
150	128	Josie Claude	12	27:34	Dike-New Hartford
151		Sarah Hoehns	12	27:38	Dike-New Hartford
152	129	Olivia Prochnow	11	28:09	C R Jefferson
153	130	Grace Richter	10	28:30	Hudson

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Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Decorah	82	2	7	14	22	37	54	59	17:20	1:25	
2	C R Kennedy	91	9	12	13	24	33	47	56	17:33	0:38	
3	Ankeny	107	1	18	21	25	42	55	77	17:25	2:12	
4	C R Washington	142	5	8	17	31	81	87	136	17:43	1:47	
5	Dubuque Senior	164	3	23	30	44	64	80	100	17:46	1:48	
6	Cedar Falls	198	4	6	28	76	84	106	107	17:51	2:01	
7	Waverly-Shell Rock	259	11	36	45	69	98	119	124	18:13	1:44	
8	C R Xavier	260	15	26	57	61	101	110	114	18:14	1:43	
9	Southeast Polk	262	10	49	63	68	72	85	92	18:15	1:23	
10	Wahlert Catholic	269	35	46	48	62	78	88	111	18:18	0:50	
11	Muscatine	326	19	53	60	89	105	123	146	18:30	1:37	
12	Charles City	327	16	27	51	116	117	118	120	18:33	2:12	
13	C R Jefferson	329	34	43	50	93	109	113	115	18:31	1:23	
14	Dubuque Hemsptead	346	41	70	74	75	86	97	103	18:36	0:49	
15	Mason City	349	20	52	79	90	108	112	121	18:35	1:39	
16	Vinton Shellsburg	400	39	67	94	96	104	126	128	18:46	1:11	
17	Anamosa	403	40	71	82	83	127	129	134	18:53	1:59	
18	Waterloo West	422	38	65	95	99	125	132	135	18:53	1:53	
19	Aplington-Parkersburg	448	29	58	91	133	137	139		19:16	2:58	
20	Hudson	517	32	102	122	130	131	138	142	19:28	2:27	
21	Dike-New Hartford	563	66	73	140	141	143	144	145	20:24	3:47	

Varsity Boys Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Tim Sindt	11	15:56	Ankeny
2	2	Andrew Kephart	12	16:32	Decorah
3	3	Jalen Hildebrand	12	16:40	Dubuque Senior
4	4	Brandon Conrad	11	16:51	Cedar Falls
5	5	Max Locher	10	17:03	C R Washington
6	6	Caleb Burjes	12	17:03	Cedar Falls
7	7	Gus Hayes	11	17:06	Decorah
8	8	Paul Schneidermann	11	17:16	C R Washington
9	9	Jacob Green	10	17:16	C R Kennedy
10	10	Cutler Owens	12	17:19	Southeast Polk
11	11	Eamonn McCullough	12	17:19	Waverly-Shell Rock
12	12	Lucas Middlekauff	10	17:23	C R Kennedy
13	13	Jackson Foley	12	17:24	C R Kennedy
14	14	Spencer Peterson	10	17:24	Decorah
15	15	John Pape	12	17:26	C R Xavier
16	16	Gavin Connell	12	17:28	Charles City
17	17	Lewis Kleman	10	17:32	C R Washington
18	18	Joey Reichenbacker	11	17:32	Ankeny

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19	19	Tyler Olson	12	17:37	Muscatine
20	20	Michael Rowe	11	17:39	Mason City
21	21	Daylan Wagener	12	17:41	Ankeny
22	22	Rye Hawley-Bourcier	12	17:41	Decorah
23	23	Isaiah Schaezel	10	17:42	Dubuque Senior
24	24	Sean Casey	11	17:44	C R Kennedy
25	25	Jaylen Elwell	11	17:45	Ankeny
26	26	Jonathan Lansing	12	17:45	C R Xavier
27	27	Mason Deeter	11	17:46	Charles City
28	28	Hollis Wilson	10	17:47	Cedar Falls
29	29	Mason Tyler	12	17:48	Aplington-Parkersburg
30	30	Will Whalen	12	17:51	Dubuque Senior
31	31	Caleb Kleman	12	17:51	C R Washington
32	32	Wyatt Kelly	12	17:52	Hudson
33	33	Gage Cadenhead	12	17:54	C R Kennedy
34	34	Aidan Meyer	11	17:54	C R Jefferson
35	35	Luke Schaeffer	12	17:55	Wahlert Catholic
36	36	Sam Kepford	11	17:55	Waverly-Shell Rock
37	37	Jackson Varney	12	17:57	Decorah
38	38	Cody Samuelson	12	17:58	Waterloo West
39	39	Cole Tharp	12	18:02	Vinton Shellsburg
40	40	Daniel Miller	12	18:03	Anamosa
41	41	Nolan Welbes	12	18:03	Dubuque Hemsptead
42	42	Steven Vlahakis	12	18:07	Ankeny
43	43	Robert Larson	12	18:09	C R Jefferson
44	44	Evan Wille	11	18:10	Dubuque Senior
45	45	Noah Campbell	10	18:11	Waverly-Shell Rock
46	46	Connor Belken	11	18:12	Wahlert Catholic
47	47	Ricardo Calderon	11	18:12	C R Kennedy
48	48	Nathan Munshower	9	18:13	Wahlert Catholic
49	49	Drake Hanson	10	18:14	Southeast Polk
50	50	Sri Sheshashai	12	18:15	C R Jefferson
51	51	Nick Litterer	11	18:15	Charles City
52	52	Jack Phillips	12	18:16	Mason City
53	53	Brighton Kraft	11	18:18	Muscatine
54	54	Jarod Phillips	12	18:20	Decorah
55	55	Cole Buffington	10	18:22	Ankeny
56	56	Matt Knox	12	18:23	C R Kennedy
57	57	Nolan Pithan	12	18:23	C R Xavier
58	58	Hunter Brouwer	12	18:23	Aplington-Parkersburg
59	59	Brayden Krivachek	11	18:24	Decorah
60	60	Tovar Tevin	11	18:25	Muscatine
61	61	Jack Renning	10	18:25	C R Xavier
62	62	Jacob Hocking	10	18:26	Wahlert Catholic

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63	63	Caden Mitchell	9	18:27	Southeast Polk
64	64	Ben Cook	11	18:27	Dubuque Senior
65	65	Sam O'Brien	12	18:28	Waterloo West
66	66	Seth Wibben	11	18:29	Dike-New Hartford
67	67	Nolan Haisman	11	18:30	Vinton Shellsburg
68	68	Jacob Jauron	12	18:33	Southeast Polk
69	69	Luke Stromberg	11	18:35	Waverly-Shell Rock
70		Will Stecker	11	18:39	C R Kennedy
71	70	Jesse Smith	12	18:40	Dubuque Hemsptead
72	71	Pierce Fairbanks	12	18:41	Anamosa
73	72	C J Schrock	11	18:41	Southeast Polk
74	73	Conlee Lyons	10	18:41	Dike-New Hartford
75	74	Jacob Westermeyer	10	18:42	Dubuque Hemsptead
76		Matthew Hand	10	18:42	C R Kennedy
77	75	Brandon Doser	11	18:43	Dubuque Hemsptead
78	76	Michael Goodenbour	9	18:43	Cedar Falls
79	77	Tristan Weaverling	12	18:44	Ankeny
80	78	Zach Berning	11	18:44	Wahlert Catholic
81	79	Derek Johnson	12	18:45	Mason City
82	80	Jonathan Schultz	10	18:48	Dubuque Senior
83	81	Ethan Stout	9	18:49	C R Washington
84	82	Gabe Countryman	12	18:50	Anamosa
85	83	Eian Countryman	12	18:50	Anamosa
86	84	Paul Pease	12	18:51	Cedar Falls
87	85	Lucas Mortensen	10	18:52	Southeast Polk
88	86	Carter Welbes	10	18:52	Dubuque Hemsptead
89	87	Bryan Ennis	11	18:53	C R Washington
90	88	Carter Oberfoell	11	18:57	Wahlert Catholic
91	89	Eli Roeth	10	18:57	Muscatine
92	90	Joey Daoud	11	18:57	Mason City
93	91	Jack Maitland	11	18:58	Aplington-Parkersburg
94	92	Devon Kooker	12	18:59	Southeast Polk
95	93	Blaze Bouzek	11	19:00	C R Jefferson
96	94	Cameron Karr	10	19:01	Vinton Shellsburg
97	95	Isaac Davis	11	19:01	Waterloo West
98	96	Matt Karr	12	19:02	Vinton Shellsburg
99	97	Connor Gudenkauf	12	19:02	Dubuque Hemsptead
100	98	Kyle Kueker	11	19:03	Waverly-Shell Rock
101		Austin Myli	12	19:05	Decorah
102	99	Logan Nelson	10	19:06	Waterloo West
103	100	Greyson Kincaid	12	19:06	Dubuque Senior
104		Matt Johnson	10	19:08	Dubuque Senior
105	101	Colby Flynn	12	19:09	C R Xavier
106		Jaden Schuster	11	19:09	Ankeny

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107	102	Alan Jackson	11	19:11	Hudson
108	103	Nick Poggemiller	11	19:11	Dubuque Hemsptead
109	104	Matt Andressen	12	19:12	Vinton Shellsburg
110	105	Lukkarinen Ryan	10	19:13	Muscatine
111	106	Jens Jorgensen	11	19:14	Cedar Falls
112	107	Blake Arends	10	19:15	Cedar Falls
113		Ryan Ehlinger	12	19:17	Dubuque Hemsptead
114	108	Luke Mulholland	10	19:17	Mason City
115	109	Andrew French	10	19:17	C R Jefferson
116		Mason Suarez	9	19:18	Dubuque Hemsptead
117	110	Grayson Walther	11	19:19	C R Xavier
118	111	Trenton Dodds	11	19:19	Wahlert Catholic
119	112	Claudio Mateo	9	19:20	Mason City
120		Wes Turner	10	19:21	C R Kennedy
121	113	Lukas Lamparek	9	19:23	C R Jefferson
122	114	Grant Schnoebelen	11	19:25	C R Xavier
123		Luke Hilby	12	19:28	Wahlert Catholic
124		Sean Bradley	11	19:29	Dubuque Hemsptead
125	115	Zac Goodall	10	19:35	C R Jefferson
126	116	Hayden Pleggenkuhle	10	19:36	Charles City
127	L	ars Marquardt	11	19:39	Decorah
128	117	Austin Connerley	9	19:40	Charles City
129	118	Zack Graeser	9	19:44	Charles City
130	119	Reese Wilson	11	19:45	Waverly-Shell Rock
131	120	Antwone Cooper	9	19:45	Charles City
132	121	David Johnson	10	19:46	Mason City
133	122	Sam Hansen	9	19:46	Hudson
134	123	Booth Matt	12	19:47	Muscatine
135	124	Ryan Cherry	12	19:49	Waverly-Shell Rock
136		Luke Stock	12	19:50	Decorah
137	125	Mason Nordman	11	19:51	Waterloo West
138		Nick Frommelt	11	19:54	Wahlert Catholic
139	126	Trent Sivola	11	19:57	Vinton Shellsburg
140	127	Taylor Siebels	12	20:01	Anamosa
141	128	Tyler Hekel	12	20:01	Vinton Shellsburg
142	129	Brady Lasack	11	20:04	Anamosa
143	130	Ben Kelly	9	20:08	Hudson
144		Keagan May	11	20:09	Mason City
145		Kody Vogt	11	20:14	Vinton Shellsburg
146	131	Collin Luck	11	20:19	Hudson
147	132	Sam Tudor	12	20:23	Waterloo West
148	133	Brent Gibson	12	20:24	Aplington-Parkersburg
149		Noah Dilly	11	20:27	Waverly-Shell Rock
150		Casey Funk	11	20:27	Vinton Shellsburg

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151	134	Payton Auman	12	20:28	Anamosa
152		Miguel Jaime	10	20:28	Mason City
153	135	Nicolas Knight	10	20:31	Waterloo West
154		Luke Simcox	10	20:37	Wahlert Catholic
155	136	Campbell Mitvalsky	10	20:40	C R Washington
156		Will King	10	20:43	Anamosa
157	137	Alec Oberhauser	12	20:46	Aplington-Parkersburg
158	138	Bohdan Shkamarida	11	20:48	Hudson
159	139	Riley Oberhauser	10	21:04	Aplington-Parkersburg
160		Adam Hein	11	21:13	Waverly-Shell Rock
161		Mike Cooling	12	21:14	Mason City
162	140	Eli Lint	9	21:15	Dike-New Hartford
163	141	Sawyer Loger	11	21:17	Dike-New Hartford
164		Joe Fish	12	21:25	Anamosa
165		Phillip Kalina	9	21:26	Vinton Shellsburg
166		Noah Sams	12	21:33	Anamosa
167	142	Jackson Selenke	10	22:15	Hudson
168	143	Seth Eden	11	22:15	Dike-New Hartford
169	144	Mason Lage	9	22:21	Dike-New Hartford
170	145	Brady Huff	11	22:56	Dike-New Hartford
171		Carter Sherwood	10	24:40	Dike-New Hartford
172	146	Aaron Webb	11	26:42	Muscatine

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Junior Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Dubuque Senior	42	4	5	6	7	20	44	64	23:40	1:05	
2	Cedar Falls	94	10	14	16	26	28	52	60	24:27	1:12	
3	Ankeny	101	2	19	21	23	36	39	62	24:25	2:23	
4	Wahlert Catholic	127	3	11	15	35	63	78		24:46	3:50	
5	Dubuque Hempstead	144	18	25	27	32	42	48	57	25:01	1:36	
6	Charles City	149	8	12	29	47	53	61	65	25:09	2:39	
7	Decorah	153	9	30	34	37	43	45	82	25:12	2:02	
8	C R Kennedy	156	22	24	31	33	46	84	85	25:14	1:30	
9*	Waterloo East-West	267	41	50	51	55	70	73	76	26:31	1:38	
10*	Waverly-Shell Rock	267	38	40	49	68	72	75	77	26:29	2:00	
11	Aplington-Parkersburg	284	17	54	58	74	81	89	91	26:43	4:06	
12	C R Washington	337	1	66	83	88	99	108	116	27:37	7:31	
13	Mason City	346	13	56	80	96	101			27:56	6:27	
14	C R Xavier	390	59	67	71	93	100	110	113	28:21	3:45	
15	Dike-New Hartford	444	69	86	90	94	105	107	114	29:22	4:12	
16	C R Jefferson	479	79	97	98	102	103	106	109	30:08	3:12	
17	Anamosa	489	87	92	95	104	111	112	115	30:42	4:38	

Incomplete Teams: Muscatine, Vinton Shellsburg

Junior Varsity Girls Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Elle Scriver	11	22:58	C R Washington
2	2	Lydia Hill	10	23:09	Ankeny
3	3	Kylie Cox	11	23:11	Wahlert Catholic
4	4	Stacey Kloft	11	23:12	Dubuque Senior
5	5	Nadia Waid	12	23:32	Dubuque Senior
6	6	Elle Connolly	12	23:38	Dubuque Senior
7	7	Sophie Shearer	11	23:41	Dubuque Senior
8	8	Selah Opp	10	23:51	Charles City
9	9	Cassidy Carolan	11	23:51	Decorah
10	10	Sydney Householder	11	23:54	Cedar Falls
11	11	Emma Wachter	12	23:59	Wahlert Catholic
12	12	Mindi Neve	10	24:04	Charles City
13	13	Kayla Davis	12	24:06	Mason City
14	14	Megan North	11	24:07	Cedar Falls
15	15	Olivia Blosch	11	24:08	Wahlert Catholic
16	16	Julia Bowman	11	24:11	Cedar Falls
17	17	Miranda Oldenburger	11	24:13	Aplington-Parkersburg
18	18	Emily Schmitt	12	24:15	Dubuque Hempstead
19	19	Ellie Land	10	24:16	Ankeny
20	20	Emily Tigges	12	24:17	Dubuque Senior
21		Macey Rogers	11	24:18	Muscatine

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22	21	Hannah Loftus	9	24:26	Ankeny
23	22	Lily Gust	11	24:38	C R Kennedy
24	23	Abigail Johnson	9	24:40	Ankeny
25	24	Morgan Butschi	10	24:42	C R Kennedy
26	25	Grace Ries	11	24:46	Dubuque Hempstead
27	26	Claire Sanderman	11	24:55	Cedar Falls
28	27	Sage Smith	12	24:56	Dubuque Hempstead
29	28	Molly Rygh	12	25:06	Cedar Falls
30	29	Libbie McKeag	9	25:07	Charles City
31	30	Sydney Landstrom	11	25:12	Decorah
32	31	Elizabeth Stone	10	25:14	C R Kennedy
33	32	Jenna Coates	12	25:16	Dubuque Hempstead
34	33	Alexis Peterson	12	25:28	C R Kennedy
35	34	Rylea Ranum	12	25:30	Decorah
36	35	Danielle Pape	11	25:31	Wahlert Catholic
37	36	Rachel Gross	11	25:32	Ankeny
38	37	Josie Numedahl	11	25:33	Decorah
39	38	Izzy Staudt	9	25:35	Waverly-Shell Rock
40	39	Rose Schweitzer	11	25:43	Ankeny
41	40	Julia Reed	10	25:46	Waverly-Shell Rock
42	41	Adriana Rodriguez	12	25:48	Waterloo East-West
43	42	Erin Connolly	12	25:51	Dubuque Hempstead
44	43	Jenna Raddatz	11	25:53	Decorah
45	44	Kathryn Burns	11	25:59	Dubuque Senior
46	45	Celia Lesmeister	11	26:02	Decorah
47	46	Camryn Jeffords	12	26:08	C R Kennedy
48	47	Brianna Ross	9	26:10	Charles City
49	48	Riley Uthe	11	26:13	Dubuque Hempstead
50	49	Mackenzie Rupe	11	26:16	Waverly-Shell Rock
51	50	Emma Hickman	10	26:17	Waterloo East-West
52	51	Anna Hepworth	12	26:25	Waterloo East-West
53	52	Anna Shull	11	26:26	Cedar Falls
54	53	Astrid Hernandez	10	26:30	Charles City
55	54	Avari Everts	11	26:37	Aplington-Parkersburg
56	55	Savannah Weldon	12	26:37	Waterloo East-West
57	56	Kalina Cole	12	26:38	Mason City
58	57	Allison Till	11	26:43	Dubuque Hempstead
59	58	Ella Junker	10	26:46	Aplington-Parkersburg
60	59	Kathryn Cosgrove	11	26:46	C R Xavier
61	60	Auriona Kimbrough	11	26:48	Cedar Falls
62	61	Brynn Parks	11	26:49	Charles City
63	62	Rose Huynh	12	26:59	Ankeny
64	63	Maeve Breslin	12	27:01	Wahlert Catholic
65		Sydney Davis	12	27:02	Cedar Falls

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66	64	Bailey Hammerand	11	27:05	Dubuque Senior
67	65	Rylie Patrie	9	27:07	Charles City
68	66	Mara Westphalen	11	27:07	C R Washington
69	67	Sarah Bouska	12	27:08	C R Xavier
70		Taylor Walsh	12	27:09	Dubuque Senior
71		Olivia Fourneau	12	27:10	Muscatine
72	68	Abby Sassman	11	27:11	Waverly-Shell Rock
73	69	Alana Barrett	11	27:20	Dike-New Hartford
74	70	Alayna Ritter	10	27:26	Waterloo East-West
75	71	Janessa Klein	12	27:32	C R Xavier
76	72	Morgan Chandler	12	27:35	Waverly-Shell Rock
77	73	Rachel Gehrke	11	27:37	Waterloo East-West
78	74	Laikyn Miller	12	27:39	Aplington-Parkersburg
79	75	Josie Faga	9	27:45	Waverly-Shell Rock
80	76	Reiley Lichty	11	27:54	Waterloo East-West
81	77	Madi Overmann	12	27:56	Waverly-Shell Rock
82		Maegan Bird	12	28:00	Waverly-Shell Rock
83		Amari Burt	11	28:05	Waterloo East-West
84	78	Millie Wilgenbusch	11	28:08	Wahlert Catholic
85	79	Callie Christofferson	9	28:09	C R Jefferson
86	80	Katie Cooling	11	28:12	Mason City
87		Doris Dilparic	11	28:14	Waterloo East-West
88		Makenna Schmiedel	10	28:15	Charles City
89		Autumn Brosius	12	28:16	Dubuque Hempstead
90		Maddie VanHove	11	28:17	Waverly-Shell Rock
91		Molly Ramker	10	28:19	Waverly-Shell Rock
92	81	Ainsley Brungard	10	28:19	Aplington-Parkersburg
93	82	Emily Franzen	12	28:20	Decorah
94		Brell Hayes	12	28:24	Waterloo East-West
95	83	Sophie Fox	12	28:31	C R Washington
96		Natalie Tapscott	11	28:38	Decorah
97		Mari Shavers	12	28:41	Waterloo East-West
98	84	Anyssa Ball	11	28:44	C R Kennedy
99		Rachel Less	11	28:46	Dubuque Hempstead
100		Natalie Winger	11	28:48	Dubuque Hempstead
101	85	Annabelle Hallan	10	28:49	C R Kennedy
102	86	Olivia Woodley	9	28:50	Dike-New Hartford
103	87	Sydney Heims	12	28:52	Anamosa
104	88	Ava Klopfenstein	12	28:57	C R Washington
105		Alexus Donath	11	29:00	Muscatine
106	89	Halie Peterson	9	29:02	Aplington-Parkersburg
107		Maya Holz	11	29:02	Dubuque Senior
108		Rachelle Sullivan	12	29:06	Decorah
109		Alyson Hurley	11	29:08	Waterloo East-West

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110		Sophia Figura	9	29:10	Waverly-Shell Rock
111		Bailey Walsh	10	29:14	Waverly-Shell Rock
112		Kylie Billings	12	29:16	Waverly-Shell Rock
113	90	Jayne Eilderts	9	29:17	Dike-New Hartford
114	91	Madison Oldenburger	11	29:18	Aplington-Parkersburg
115		Ellie O'Neil	12	29:21	Dubuque Hempstead
116		Eryn Lindell	10	29:28	Waverly-Shell Rock
117		Maggie Hinrichs	12	29:29	Ankeny
118	92	Lyndsay Gienapp	10	29:30	Anamosa
119		Kaylee O'Connell	11	29:31	Decorah
120		Lydia Thompson	9	29:33	Charles City
121		Lynn Hoeft	10	29:34	Charles City
122		Gillian Anderson	9	29:37	Charles City
123		Sophie Thompson	11	29:43	Charles City
124	93	Abby Pisney	12	29:46	C R Xavier
125	94	Madyson Mrzlak	9	29:50	Dike-New Hartford
126		Rachel Hines	12	29:57	Decorah
127		Sophia Lee	12	30:00	Waterloo East-West
128	95	Allison Hersom	12	30:04	Anamosa
129		Ashlynn Cother	9	30:08	Charles City
130	96	Emily Morrison	12	30:11	Mason City
131	97	Morgan Settlage	12	30:13	C R Jefferson
132		Anna ten Hoeve	9	30:14	Waverly-Shell Rock
133	98	Sydney Miller	12	30:14	C R Jefferson
134		Katie Barton	11	30:19	Dubuque Senior
135	99	Isabel Hogg	12	30:29	C R Washington
136	100	Annie Fekkether	12	30:31	C R Xavier
137	101	Leah Morrison	12	30:33	Mason City
138		Erin Rieckens	11	30:40	Dubuque Hempstead
139		Ann Meirick	11	30:41	Decorah
140	102	Melody Miller	11	30:43	C R Jefferson
141		Ashlyn Lensing	11	30:46	Decorah
142		Haley Manders	12	30:58	Dubuque Hempstead
143		Hannah Timm	11	31:04	Cedar Falls
144		Laura McKenzie	12	31:07	Ankeny
145		Alexandra Bonat	11	31:14	C R Kennedy
146		Grace Duffy	12	31:14	C R Kennedy
147		Britney Sires	12	31:16	Cedar Falls
148		Daria Dilparic	12	31:19	Waterloo East-West
149		Sydni Wendling	11	31:20	Ankeny
150	103	Felicia Cain	12	31:21	C R Jefferson
151		Emma Seward	9	31:21	Waverly-Shell Rock
152		Olivia Sowle	10	31:25	Waverly-Shell Rock
153		Joyce Sun	11	31:26	Dubuque Hempstead

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154		Helen Weis	11	31:27	Decorah
155		Jeri Birgen	12	31:28	Waverly-Shell Rock
156		Britany Gearheart	9	31:29	C R Kennedy
157	104	Jayden Ellis	9	31:31	Anamosa
158	105	Katrina Miller	9	31:32	Dike-New Hartford
159		Jenna Steffen	12	31:35	Waverly-Shell Rock
160		Rose Gullekson	11	31:38	Decorah
161		Marlee Duwe	11	31:40	Decorah
162		Elise Miller	11	31:42	Decorah
163	106	Kristen Urquhart	10	31:43	C R Jefferson
164		Sophia Dilley	9	31:44	Vinton Shellsburg
165		Madilyn Peterson	11	31:46	Ankeny
166		Sophia Maguina	11	31:48	Decorah
167		Gwen Thorne	10	31:49	Aplington-Parkersburg
168		Kaitlin Walter	11	31:53	Decorah
169	107	Payton Mills	9	31:56	Dike-New Hartford
170		Marissa Deeter	12	32:03	Charles City
171	108	Madalyn Appleby-Sparrow	12	32:04	C R Washington
172		Amy Titus	11	32:05	Charles City
173		Brianna Whitney	12	32:10	Waverly-Shell Rock
174		Katlyn Marty	11	32:30	Charles City
175		Kayla Tjebkes	12	32:33	Waverly-Shell Rock
176	109	Kendra Hamilton	11	32:35	C R Jefferson
177		Emersen Rheingans	12	32:36	Dubuque Hempstead
178		Infinity Walkins	11	32:51	C R Jefferson
179	110	Brooke Welter	12	32:52	C R Xavier
180		Amber Ogden	12	32:56	Waverly-Shell Rock
181		Emma Forest	9	33:09	Waverly-Shell Rock
182		Abigail Nathe	10	33:19	Waterloo East-West
183		Mallory Dillon	12	33:23	Dubuque Hempstead
184		Harley Murray	9	33:28	C R Jefferson
185	111	Ali Braden	12	33:30	Anamosa
186		Sierra Baur	11	33:38	Dubuque Hempstead
187		Felicity Frisch	9	33:56	Waterloo East-West
188	112	Paige Fahey	10	33:58	Anamosa
189	113	Theresa Lampe	12	34:14	C R Xavier
190		Abigail Feltman	12	34:14	C R Xavier
191	114	Hailey Wenzel	9	34:28	Dike-New Hartford
192		Celina Feldhake	10	34:31	Waverly-Shell Rock
193		Adelei Aitchenson	11	34:35	Dubuque Hempstead
194		Aliyah Collins	9	34:39	C R Jefferson
195	115	Haley Nelson	11	34:49	Anamosa
196		Ashley Smith	11	35:42	Cedar Falls
197		Samantha Pareti	12	35:53	Ankeny

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198		Emily O'Rourke	11	35:57	C R Xavier
199		Mara Frieden	11	36:02	Decorah
200		Erin Marti	12	36:19	C R Xavier
201	116	Eko Mason	11	36:19	C R Washington
202		Allie Cross	9	36:35	Charles City
203		Mallory Nesmith	12	36:35	C R Kennedy
204		Luz Maria Perez Mejia	12	37:04	Waverly-Shell Rock
205		Wendy Flores	12	37:38	Dubuque Senior
206		Chiara Affatigato	11	37:50	C R Jefferson
207		Cindy Fischer	12	37:56	Dike-New Hartford
208		Kacie Mescher	12		Dubuque Senior

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Junior Varsity Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Ankeny	22	1	3	5	6	7	11	12	18:59	1:05	
2	Cedar Falls	50	2	4	9	17	18	26	27	19:23	1:04	
3	Decorah	103	10	15	22	23	33	35	38	19:57	1:02	
4	Southeast Polk	126	14	21	29	30	32	41	52	20:11	0:48	
5	Dubuque Hemsptead	140	8	20	31	39	42	49	116	20:14	1:33	
6	C R Xavier	171	16	24	34	37	60	69	85	20:33	2:09	
7	Charles City	193	19	36	43	47	48	55	56	20:41	1:13	
8	Wahlert Catholic	303	28	44	65	82	84	86	92	21:57	2:52	
9	C R Jefferson	304	40	51	58	59	96	102	103	21:51	3:13	
10	Dubuque Senior	333	45	53	57	70	108			22:18	4:16	
11	Waverly-Shell Rock	337	50	62	66	71	88	89	91	22:09	2:10	
12	C R Kennedy	340	13	46	81	95	105			22:28	5:14	
13	Aplington-Parkersburg	345	63	67	68	72	75	90	94	22:14	0:45	
14	Vinton Shellsburg	356	54	61	64	80	97	106	107	22:28	2:34	
15	C R Washington	386	25	77	83	100	101	115	119	22:59	4:05	
16	Anamosa	438	73	76	79	98	112	118		23:51	4:40	
17	Waterloo West	471	78	87	93	104	109	113		24:01	2:23	
18	Dike-New Hartford	508	74	99	110	111	114	117		25:24	5:09	

Incomplete Teams: Hudson, Mason City, Waterloo East

Junior Varsity Boys Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Aiden McCombs	11	18:14	Ankeny
2	2	Jacob Ostrich	11	18:47	Cedar Falls
3	3	Connor Farrell	12	19:00	Ankeny
4	4	D J Barney	11	19:06	Cedar Falls
5	5	David Robran	10	19:09	Ankeny
6	6	Cole Johnson	11	19:11	Ankeny
7	7	Drake Strnad	11	19:19	Ankeny
8	8	Connor Kaufmann	11	19:20	Dubuque Hemsptead
9	9	Erik Walther	11	19:24	Cedar Falls
10	10	Tyler Vande Lune	12	19:25	Decorah
11	11	Noah Odson	11	19:27	Ankeny
12	12	Marc Medici	10	19:33	Ankeny
13	13	Bailey Voss	12	19:35	C R Kennedy
14	14	Andrew Owens	12	19:38	Southeast Polk
15	15	Joseph Seo	10	19:39	Decorah
16	16	Joe Scieszinski	12	19:41	C R Xavier
17	17	Zach Biles	11	19:43	Cedar Falls
18		Colton Lammers	11	19:48	Ankeny
19	18	Ryan Thompson	12	19:51	Cedar Falls
20	19	Phillip Bachman	10	19:51	Charles City
21	20	Tim Robertson	11	19:53	Dubuque Hemsptead

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22		Austin Rognes	12	19:58	Ankeny
23	21	Eli Hanson	11	20:04	Southeast Polk
24	22	Daniel Willie	12	20:05	Decorah
25		Kelly Wignall	12	20:06	Ankeny
26	23	Willem Hawley-Bourcier	10	20:07	Decorah
27	24	Keegan Schultschik	12	20:09	C R Xavier
28	25	Nathaniel Burke	12	20:14	C R Washington
29	26	Quin O'Hair	11	20:16	Cedar Falls
30	27	Christian Simpson	11	20:16	Cedar Falls
31		Chase Stauts	12	20:19	Cedar Falls
32		Jacob Grinstead	12	20:21	Cedar Falls
33	28	Logan Sauser	11	20:21	Wahlert Catholic
34	29	Alex Rickabaugh	11	20:22	Southeast Polk
35	30	Evan Wilson	11	20:24	Southeast Polk
36	31	Brandon Stanley	12	20:24	Dubuque Hemsptead
37	32	Mircea Nastase	11	20:26	Southeast Polk
38	33	Corban Rowley	12	20:27	Decorah
39	34	Nathan Hagarty	11	20:27	C R Xavier
40		Evan Reiter	11	20:27	Ankeny
41		Landon Geren	12	20:31	Ankeny
42	35	Jonah Johnson	12	20:32	Decorah
43	36	John Perez	12	20:32	Charles City
44		Joey Dunning	11	20:33	Cedar Falls
45	37	Ethan Nasution	11	20:37	C R Xavier
46	38	Raul Campos Jr	12	20:39	Decorah
47		Noah Lovelace	9	20:39	Decorah
48	39	James Schmidt	10	20:40	Dubuque Hemsptead
49	40	Riley Walton	11	20:40	C R Jefferson
50		Jon Kelly	12	20:43	Ankeny
51		Bryce Buhlman	11	20:50	Waterloo East
52	41	Nick Cheung	11	20:51	Southeast Polk
53	42	Sam Ross	11	20:52	Dubuque Hemsptead
54	43	Isaac Jensen	11	20:55	Charles City
55	44	Jarrett Tranel	12	20:57	Wahlert Catholic
56		Christian Johnson	11	20:57	Decorah
57	45	Jacob Sindt	11	21:01	Dubuque Senior
58	46	Tate Weaver	12	21:02	C R Kennedy
59	47	Josiah Carr	10	21:02	Charles City
60	48	Luke Smith	10	21:04	Charles City
61		Andrew VanPatten	11	21:07	Cedar Falls
62		Will Burken	12	21:07	Cedar Falls
63	49	Zach Lewis	11	21:09	Dubuque Hemsptead
64	50	Logan McCullough	10	21:10	Waverly-Shell Rock
65		Hunter Secor	12	21:11	Cedar Falls

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66	51	Alex Johnson	11	21:11	C R Jefferson
67		Drake Klemensen	12	21:11	Cedar Falls
68		Nate Burris	12	21:12	Cedar Falls
69	52	Wiley Parks	11	21:12	Southeast Polk
70		Mitch Pevestorf	11	21:13	Ankeny
71		Tate Schissel	9	21:15	Decorah
72		Jeremy Marchesani	11	21:17	Cedar Falls
73	53	Grant Day	12	21:18	Dubuque Senior
74		James Groux	9	21:20	Decorah
75		Lars Christiason	11	21:21	Cedar Falls
76	54	Preston Tippie	9	21:22	Vinton Shellsburg
77	55	Cameron Kakac	9	21:24	Charles City
78		Camden Dusenbery	11	21:25	Cedar Falls
79	56	Aaron Jensen	9	21:25	Charles City
80		Jackson Berlage	11	21:37	Decorah
81	57	Jack Fisher	11	21:38	Dubuque Senior
82		Evan Ripley	12	21:39	Ankeny
83		Beau Hawley-Bourcier	10	21:41	Decorah
84		Eddie Lara	11	21:44	Mason City
85	58	Dillon Vorwald	11	21:44	C R Jefferson
86		Cole Reams	11	21:46	Charles City
87	59	Brandon Egger	11	21:48	C R Jefferson
88	60	Peter Serrot	12	21:50	C R Xavier
89	61	Weston Powers	11	21:52	Vinton Shellsburg
90		Zach Person	11	21:52	Southeast Polk
91	62	Mason Boevers	10	21:53	Waverly-Shell Rock
92		Alex Hanson	11	21:55	Cedar Falls
93	63	Carson Weichers	10	21:56	Aplington-Parkersburg
94		Andrew Kozelka	12	21:59	Decorah
95		Jake Beattie	11	22:01	Southeast Polk
96	64	Bruce Authier	12	22:02	Vinton Shellsburg
97	65	George Barton	11	22:03	Wahlert Catholic
98	66	Ethyn Chesnut	9	22:04	Waverly-Shell Rock
99		Alex Bauer	9	22:04	Charles City
100	67	Eric Sceglavs	11	22:05	Aplington-Parkersburg
101		Duncan Meyer	11	22:06	Cedar Falls
102	68	Keivan Oldenburger	9	22:08	Aplington-Parkersburg
103		Charles Potter	12	22:09	Cedar Falls
104	69	Keaton Maier	12	22:09	C R Xavier
105		Cameron Corson	12	22:12	Cedar Falls
106		Carson Luttenegger	12	22:13	Ankeny
107	70	Connor Miller	11	22:14	Dubuque Senior
108	71	Evan Ellsworth	10	22:17	Waverly-Shell Rock
109	72	Christian Eilers	9	22:17	Aplington-Parkersburg

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110		Zach Fretheim	11	22:20	Decorah
111	73	Ben Moss	10	22:25	Anamosa
112	74	Isaiah Woodley	11	22:31	Dike-New Hartford
113		Ryan Strickland	11	22:36	Southeast Polk
114	75	Thomas Dominy	12	22:40	Aplington-Parkersburg
115	76	Milton Moctezuma	11	22:41	Anamosa
116		Max Deeter	10	22:42	Charles City
117		Solomon Thompson	11	22:43	Decorah
118	77	Hal Versteegh	12	22:52	C R Washington
119		Thomas Foster	9	22:57	Decorah
120		Parker Strauss	12	22:58	Cedar Falls
121		Jake Burgett	10	23:00	Hudson
122	78	Parker Palmer	10	23:01	Waterloo West
123	79	Nathan Hollett	11	23:03	Anamosa
124		Cade Williams	9	23:04	Charles City
125	80	Colston Neilson	11	23:05	Vinton Shellsburg
126	81	Yam Yeung	12	23:07	C R Kennedy
127	82	Mitch Pregler	11	23:09	Wahlert Catholic
128		D J Barnes	11	23:09	Southeast Polk
129		Evan Bracewell	11	23:12	Southeast Polk
130	83	Gabe Greco	11	23:12	C R Washington
131		Logan Hauber	12	23:12	Decorah
132	84	Matt McGuire	11	23:13	Wahlert Catholic
133		Kaleb Osier	11	23:14	Charles City
134		Marshall Holzer	12	23:15	Charles City
135	85	Cameron Kadlec	11	23:15	C R Xavier
136	86	Sam Jochum	11	23:16	Wahlert Catholic
137	87	Steven Klabunde	11	23:16	Waterloo West
138		Noah Tapscott	9	23:18	Decorah
139	88	Marshall Gonnerman	11	23:20	Waverly-Shell Rock
140		Jacob Frieden	11	23:22	Mason City
141	89	Sam Solheim	10	23:24	Waverly-Shell Rock
142	90	Gannon Oberhauser	10	23:25	Aplington-Parkersburg
143	91	Luke Tobin	11	23:26	Waverly-Shell Rock
144		Alex Levad	11	23:26	Mason City
145		Hunter Tiller	12	23:28	Cedar Falls
146		Billy Lange	11	23:28	Decorah
147		Kameron Sikkink	12	23:29	Decorah
148		Peter Kennedy	11	23:32	C R Xavier
149		Isaiah Tilton	10	23:38	Charles City
150	92	Andrew Timmerman	11	23:39	Wahlert Catholic
151		Drew Staudt	9	23:40	Charles City
152	93	Jaden Wood	10	23:41	Waterloo West
153	94	Sam Bachman	11	23:41	Aplington-Parkersburg

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154		Gabriel Anderson	9	23:41	Decorah
155		Owen Henning	10	23:43	Decorah
156	95	Jacob Kiesey	11	23:46	C R Kennedy
157		Isaac Roberts	10	23:50	Decorah
158		Sawyer Vandebrink	11	23:50	Decorah
159		Devin Jones	11	23:51	Charles City
160	96	Nick Standefer	12	23:52	C R Jefferson
161		Louis Ungs	12	23:54	Wahlert Catholic
162	97	Mitchell Bos	12	23:56	Vinton Shellsburg
163		Ethan Lowder	12	23:56	C R Xavier
164		Luke Walter	9	23:56	Decorah
165	98	Jacob Koopmann	10	23:58	Anamosa
166		Nick Heinz	11	23:59	Waterloo East
167		Gage O'Connor	11	24:02	Ankeny
168		Dylan Salinas	9	24:10	Charles City
169		Liam Houlgrave	12	24:14	Aplington-Parkersburg
170	99	Ryan Hinde	12	24:15	Dike-New Hartford
171		Gabe Wigginton	10	24:16	Wahlert Catholic
172	100	David Hebrink	11	24:17	C R Washington
173	101	Paul Linville	11	24:19	C R Washington
174		Isaiah Ortiola	11	24:20	Charles City
175		Dawson Christopher	11	24:21	Decorah
176	102	David Grommon	11	24:32	C R Jefferson
177		Peter Noll	12	24:40	Ankeny
178		Sampson Burken	12	24:42	Cedar Falls
179		Rory Bostwick	11	24:43	C R Xavier
180	103	Billy Haut	12	24:44	C R Jefferson
181	104	Josh Taylor	9	24:44	Waterloo West
182		Brady Benning	9	24:47	Waverly-Shell Rock
183		Braden Laue	12	24:48	Waverly-Shell Rock
184	105	Isaac Toth	12	24:48	C R Kennedy
185		Luke Schueller	12	24:52	C R Xavier
186		Connor Cook	10	24:52	Decorah
187	106	Charlie Cooling	11	24:54	Vinton Shellsburg
188		Logan Shears	12	24:56	Waverly-Shell Rock
189	107	Isaac Allsup	9	24:59	Vinton Shellsburg
190		Jax Watson	9	25:05	Vinton Shellsburg
191		Morgan Knock	11	25:07	Aplington-Parkersburg
192		Zac Birgen	9	25:07	Waverly-Shell Rock
193		Owen Weber	9	25:08	Charles City
194		Mason Holmen	10	25:09	Charles City
195		Jarrett Huffman	9	25:10	Charles City
196		Silas Barrett	11	25:15	Aplington-Parkersburg
197	108	Jason Reichel	11	25:16	Dubuque Senior

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198		Derek Wurth	12	25:19	Mason City
199	109	Riley Jacobi	10	25:23	Waterloo West
200		Kole Johnson	11	25:27	Ankeny
201		Zach Denton	12	25:40	Waverly-Shell Rock
202		Ivan Wilson	11	25:42	Hudson
203		Kaden Campbell	9	25:42	Aplington-Parkersburg
204		Caleb Graham	9	25:43	Aplington-Parkersburg
205		Michael Pruisner	10	25:45	Aplington-Parkersburg
206		Ripken Holst	12	25:47	Waverly-Shell Rock
207	110	Nick Heidemann	12	25:57	Dike-New Hartford
208		Isaac vrba	12	26:04	Vinton Shellsburg
209		Chris Campbell	12	26:10	Charles City
210		Mason Ellerbroek	9	26:15	Waverly-Shell Rock
211		Thomas Kenealy	12	26:23	Waverly-Shell Rock
212		Cade Sauer	12	26:31	Waverly-Shell Rock
213		Evan Bixby	10	26:32	Waverly-Shell Rock
214	111	Marco Garcia	12	26:34	Dike-New Hartford
215		Aaron Montemayor	10	26:37	Charles City
216		Angel Pena Rodriguez	10	26:46	Decorah
217		Lucas Lubben	11	27:01	Hudson
218	112	Harry Watson	12	27:05	Anamosa
219		Joe Little	12	27:17	Aplington-Parkersburg
220	113	Anthony Sandovol	10	27:30	Waterloo West
221		Clint Boevers	12	27:35	Cedar Falls
222	114	Jacob Thompson	11	27:40	Dike-New Hartford
223		Davis Phimpangsy	11	27:53	Southeast Polk
224		Nathan Shultz	10	28:28	Charles City
225		Cory Rude	11	28:30	Decorah
226		Will Van Hove	9	28:30	Waverly-Shell Rock
227	115	Tyler Cruise	11	28:30	C R Washington
228		Scott Lewis	9	28:33	Charles City
229		Rickey Chase	10	28:35	Vinton Shellsburg
230		Wesly Smith	11	28:37	Decorah
231	116	Brett Tigges	11	28:42	Dubuque Hemsptead
232		Dylan Ellis	12	28:54	Aplington-Parkersburg
233	117	Andrew Sloth	11	29:27	Dike-New Hartford
234		Cole Lammers	9	29:44	Waverly-Shell Rock
235		Nicholas Roney	10	29:54	Charles City
236		Zack Quade	10	30:57	Charles City
237		Elias Colsch	9	30:59	Vinton Shellsburg
238	118	Nick Ralston	9	32:30	Anamosa
239	119	Zack Brown	11	33:01	C R Washington
240		Sage Holmes	9	37:03	Vinton Shellsburg
241		Alex Klingus	11	42:27	Hudson

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Freshman-Sophomore Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Dubuque Senior	15	1	2	3	4	5	11	22	22:42	1:06	
2	Cedar Falls	42	6	7	8	9	12	14	18	23:27	0:50	
3	Decorah	80	10	13	17	19	21	28	30	24:26	1:21	
4	Muscatine	114	15	16	25	26	32	44	47	25:17	2:07	
5	Dubuque Hempstead	153	20	23	34	35	41	42	45	26:20	3:01	
6	Ankeny	163	27	29	33	36	38	39	40	26:29	1:10	
7	Mason City	198	24	31	46	48	49	51		28:17	5:05	
8	C R Xavier	235	37	43	50	52	53	54	55	30:02	5:37	

Incomplete Teams: C R Washington, Wahlert Catholic

Freshman-Sophomore Girls Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Kate Miron	10	21:55	Dubuque Senior
2	2	Kes Whalen	10	22:40	Dubuque Senior
3	3	Grace Ries	10	22:52	Dubuque Senior
4	4	Josie Stackis	10	23:00	Dubuque Senior
5	5	Lucia Nelson	9	23:01	Dubuque Senior
6	6	Jayna Freeman	10	23:05	Cedar Falls
7	7	Sophia Schillinger	10	23:08	Cedar Falls
8	8	Kellen Chenoweth	10	23:32	Cedar Falls
9	9	Natalie DeGabriele	9	23:35	Cedar Falls
10	10	Fiona Buresh	9	23:37	Decorah
11	11	Evelyn Jenkins	9	23:40	Dubuque Senior
12	12	Sabine Martin	10	23:55	Cedar Falls
13	13	Rachel Bower	9	24:00	Decorah
14	14	Amara Lytle	9	24:12	Cedar Falls
15	15	Raquel Navarrete	10	24:17	Muscatine
16	16	Carlie Blazek	9	24:19	Muscatine
17	17	Leila Johnson	9	24:40	Decorah
18	18	Abigail Townsend	9	24:41	Cedar Falls
19		Devin O'Loughlin	10	24:43	Cedar Falls
20		Gretchen Fixen	10	24:46	Cedar Falls
21	19	Annette Leschensky	10	24:55	Decorah
22	20	Emily Morley	10	24:58	Dubuque Hempstead
23	21	Kalea Oftedahl	10	24:58	Decorah
24	22	Mattie Sheckles	10	25:08	Dubuque Senior
25	23	Alexis Lonning	10	25:18	Dubuque Hempstead
26	24	Brycelyn Hanson	9	25:21	Mason City
27		Sara Goodenbour	9	25:25	Cedar Falls
28	25	Rebekah McNeely	9	25:29	Muscatine
29		Ella Rekow	10	25:34	Cedar Falls
30		Rachel Brokenshire	10	25:40	Cedar Falls

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31	26	Jenna McLaughlin	9	25:55	Muscatine
32	27	Fiona Riordan	10	25:55	Ankeny
33	28	Britta Swanson	10	26:04	Decorah
34	29	Calyssa Wright	9	26:04	Ankeny
35	30	Payton Taylor	9	26:14	Decorah
36		Abby Bolson	9	26:16	Decorah
37		Samara Wigginton	10	26:18	Wahlert Catholic
38	31	Izabele Jaime	9	26:20	Mason City
39	32	Gwen Kuhn	9	26:23	Muscatine
40		Cady Peterson	9	26:26	Decorah
41		Reagen Whalen	9	26:27	Dubuque Senior
42		Alora Rapp-Uptegraph	9	26:28	Dubuque Senior
43	33	Mollie Cox	10	26:32	Ankeny
44	34	Aaliyah Waggoner	10	26:38	Dubuque Hempstead
45	35	Skylynn Redding	10	26:44	Dubuque Hempstead
46		Catherine Curtiss	9	26:47	Wahlert Catholic
47	36	Eva van de Mortel	9	26:50	Ankeny
48	37	Avery Arens	9	26:52	C R Xavier
49	38	Marika Kisgen	9	27:04	Ankeny
50		Ellen Houtz	10	27:10	C R Washington
51	39	Grace Porath	9	27:11	Ankeny
52	40	Ameera Ali	9	27:31	Ankeny
53		Autumn Duehr	10	27:41	Dubuque Senior
54		Grace Thompson	9	27:51	Decorah
55	41	Jaime Weidemann	9	27:58	Dubuque Hempstead
56	42	Abby Kallaher	10	28:02	Dubuque Hempstead
57	43	Elizabeth Schmitt	9	28:13	C R Xavier
58		Abby Moen	9	28:13	Decorah
59		Katie Valkosky	10	28:16	Decorah
60	44	Rachel Mullikin	10	28:38	Muscatine
61	45	Claire Daack	10	28:42	Dubuque Hempstead
62		Dylan Beecher	9	28:43	Cedar Falls
63		Sophie Grouws	9	28:58	Decorah
64		Lillian Grouws	10	29:00	Decorah
65		Maggie Kane	9	29:05	Decorah
66	46	Maya Jalukar	10	29:09	Mason City
67	47	Rebekah Brunson	9	29:13	Muscatine
68		Claire Paulson	10	29:14	Dubuque Hempstead
69		Abigail Balong	10	29:19	Cedar Falls
70		Morgan Brauer	9	29:25	Decorah
71		Laurel Bender	9	29:31	Muscatine
72		Ellie Howard	10	29:42	Muscatine
73		Megan Utterback	10	29:55	Ankeny
74		Madie Parker	9	30:00	Ankeny

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75		Kaylin Beadle	9	30:00	Muscatine
76		Josie Duccini	9	30:06	Dubuque Senior
77	48	Rosie Levad	10	30:07	Mason City
78		Cali Rampton	9	30:15	Dubuque Senior
79		Kaya Hougen	10	30:19	Decorah
80	49	Makayla Weber	10	30:26	Mason City
81		Madeline Cox	10	30:31	Ankeny
82	50	Alexandra Rump	9	30:37	C R Xavier
83	51	Sophia Ihlenfeldt	9	30:38	Mason City
84		Leah Carson	10	30:51	C R Washington
85		Lillian Smith	10	31:00	Decorah
86		Skyler Miller	12	31:02	Cedar Falls
87	52	Ella Kane	10	31:56	C R Xavier
88		Christine Benedict	10	32:05	Dubuque Senior
89		Laura Miro Rodrigo	10	32:27	Decorah
90	53	Lauren Skala	10	32:29	C R Xavier
91		Johanna Hoppe	10	32:34	Decorah
92		Mya Sullivan	10	33:09	Decorah
93		Anja Madsen	9	34:02	Decorah
94	54	Samantha Robinson	9	34:41	C R Xavier
95	55	Grace Ries	10	35:16	C R Xavier
96		Ella Runestad	10	35:39	Decorah
97		Claire Biles	9	37:22	Cedar Falls
98		Virginia Russell	9	38:13	C R Xavier
99		Haley Rindfleifch	9	38:26	Dubuque Hempstead
100		Katya Baldwin	10	38:46	Decorah

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Freshman-Sophomore Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Average	Spread
1	C R Kennedy	60	1	2	3	25	29	36	43	19:36	1:43
2	Cedar Falls	66	8	10	13	16	19	20	22	19:55	0:22
3	Dubuque Senior	79	5	12	15	23	24	41	44	19:55	0:59
4	Dubuque Hemsptead	121	14	17	27	31	32	33	38	20:19	0:41
5	Southeast Polk	137	4	6	26	48	53	54	57	20:25	2:30
6	Muscatine	141	7	18	21	45	50	55	68	20:27	1:50
7	C R Jefferson	185	9	30	35	51	60	62	67	20:57	2:27
8	Ankeny	208	28	39	40	49	52	56	59	21:03	1:21
9	C R Xavier	218	11	37	46	61	63	69	71	21:21	2:53
10	Mason City	304	34	58	65	70	77	80	82	22:34	3:45
11	Wahlert Catholic	331	42	64	66	78	81	83	84	23:19	4:37
12	C R Washington	341	47	72	73	74	75	76	79	23:08	2:59

Freshman-Sophomore Boys Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Haji Ali	10	18:47	C R Kennedy
2	2	Levi Sullivan	10	19:09	C R Kennedy
3	3	Jaxson Hornett	10	19:13	C R Kennedy
4	4	Chase Bartlett	9	19:18	Southeast Polk
5	5	Conner Kilgore	9	19:19	Dubuque Senior
6	6	Cade Mash	10	19:20	Southeast Polk
7	7	Logan Kirchner	9	19:37	Muscatine
8	8	Ben Campbell	10	19:43	Cedar Falls
9	9	Nathan Lauterwasser	10	19:44	C R Jefferson
10	10	Noah Arends	10	19:46	Cedar Falls
11	11	Collin Musick	10	19:46	C R Xavier
12	12	Foster Hull	9	19:47	Dubuque Senior
13	13	Alex Mujica	9	19:57	Cedar Falls
14	14	Andrew Johnson	9	19:57	Dubuque Hemsptead
15	15	Collin Hillary	9	19:59	Dubuque Senior
16	16	Jacob Olthoff	10	20:02	Cedar Falls
17	17	Josh Davis	9	20:02	Dubuque Hemsptead
18	18	Dawson Sweat	10	20:03	Muscatine
19	19	Jack Jorgensen	9	20:04	Cedar Falls
20	20	Cooper Olsen	9	20:07	Cedar Falls
21	21	Joel Diedrichs	9	20:08	Muscatine
22	22	Joel Burris	9	20:11	Cedar Falls
23	23	Brian Day	10	20:11	Dubuque Senior
24	24	Zenebe Andrews	9	20:18	Dubuque Senior
25		Josh Kuehl	9	20:19	Cedar Falls
26	25	Drake Beauregard	10	20:21	C R Kennedy
27	26	Alex Wilson	9	20:22	Southeast Polk

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28	27	Scott Hostager	10	20:22	Dubuque Hemsptead
29	28	Cody Slagter	10	20:26	Ankeny
30		Eli Smith	9	20:28	Cedar Falls
31	29	Dylan Falck	10	20:30	C R Kennedy
32		T J Tomlyanovich	9	20:30	Cedar Falls
33	30	Brandon Cano	10	20:31	C R Jefferson
34	31	Adam Riffel	10	20:33	Dubuque Hemsptead
35	32	Owen Maloney	9	20:38	Dubuque Hemsptead
36	33	Sean McGrath	10	20:38	Dubuque Hemsptead
37	34	Ethan Malek	10	20:40	Mason City
38	35	Theo Habimana	10	20:42	C R Jefferson
39	36	Kayde Bowers	10	20:45	C R Kennedy
40	37	Blake Bohon	9	20:46	C R Xavier
41	38	Daniel Ibarra	10	20:48	Dubuque Hemsptead
42	39	Andrew Pooock	9	20:50	Ankeny
43	40	Dustin Kutz	10	20:50	Ankeny
44	41	Gregor Kincade	10	20:53	Dubuque Senior
45	42	Evan Poirier	9	20:55	Wahlert Catholic
46	43	Drew Jensen	10	20:56	C R Kennedy
47	44	Zach Kahle	9	20:57	Dubuque Senior
48	45	Cannon Jones	10	20:58	Muscatine
49	46	Clayton Schultschik	10	21:01	C R Xavier
50	47	Perry Lindeman	9	21:01	C R Washington
51		Bailey Roybal	9	21:07	Cedar Falls
52		Korbin Bateman	9	21:15	C R Kennedy
53	48	Eric Patterson	9	21:17	Southeast Polk
54	49	Wyatt Sipes	9	21:19	Ankeny
55		Calvin Davis	10	21:23	Dubuque Senior
56	50	J T. Green	9	21:27	Muscatine
57		Tim Iverson	10	21:30	Dubuque Senior
58	51	Adam Haut	10	21:34	C R Jefferson
59		Tate Billmeyer	10	21:36	Dubuque Hemsptead
60		Trae Ellenz	10	21:39	C R Kennedy
61	52	Tedd Behr	9	21:47	Ankeny
62	53	Noah Waldon	10	21:48	Southeast Polk
63	54	Eric Fitzpatrick	9	21:48	Southeast Polk
64	55	Joel Larue	9	21:49	Muscatine
65		Antoine Cuhat	9	21:49	Cedar Falls
66	56	Nathan Bielecki	10	21:50	Ankeny
67	57	Cade Nickell	9	21:51	Southeast Polk
68		Ryan Connolly	9	21:52	Dubuque Senior
69		Nolan Larsen	10	21:53	Southeast Polk
70		Jacob Tilp	10	21:54	Dubuque Senior
71	58	Adam Dettmer	10	22:00	Mason City

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72		Dylan Sines	9	22:01	C R Kennedy
73		Justin Schultz	10	22:02	Dubuque Hemsptead
74	59	Grant Ganpat	10	22:05	Ankeny
75		Paul Cory	10	22:07	C R Kennedy
76		Liam Sass	10	22:10	Dubuque Senior
77	60	Xander Scaglione	9	22:11	C R Jefferson
78		Kolin Jasper	10	22:12	Cedar Falls
79		Connor Woods	9	22:12	Cedar Falls
80		Adam Lange	9	22:14	Dubuque Hemsptead
81		Ian Lewis	9	22:22	Cedar Falls
82		Nathan Gladwyn-Nash	9	22:25	Southeast Polk
83	61	Sean Deegan	10	22:30	C R Xavier
84	62	Cael Abrams	9	22:34	C R Jefferson
85		Josh Wu	9	22:38	Dubuque Senior
86	63	Blake Kellison	9	22:39	C R Xavier
87	64	Robbie Keller	9	22:39	Wahlert Catholic
88		Carsyn Mueller	10	22:40	Cedar Falls
89	65	Jacob Lewerke	9	22:42	Mason City
90	66	Cayden Ellis	9	22:43	Wahlert Catholic
91		Ryan Westhoff	10	22:50	Cedar Falls
92	67	Cameron Burnell	10	22:57	C R Jefferson
93	68	Erber Kevin	10	23:00	Muscatine
94	69	Aidan Bostwick	10	23:02	C R Xavier
95	70	Eddie Callanan	10	23:02	Mason City
96		Isaiah KellEy	10	23:03	C R Kennedy
97		Kunal Chugh	9	23:03	Dubuque Hemsptead
98	71	Reese Ohde	9	23:04	C R Xavier
99	72	Kaden Fields	9	23:05	C R Washington
100		Isaac Anderson	10	23:07	Southeast Polk
101		Trevon Kyer	9	23:13	Southeast Polk
102		Jacob Martin	9	23:14	Southeast Polk
103		Kevin Meissner	9	23:15	Ankeny
104		Micha Smith	9	23:18	Muscatine
105		Austin Fickbohm	10	23:19	Southeast Polk
106		Stauts Garret	10	23:20	Cedar Falls
107		Sameer Faruquee	10	23:22	Dubuque Hemsptead
108		Nathan Le	10	23:24	Cedar Falls
109		Hoffman Seth	10	23:27	Muscatine
110		Simon Burns	9	23:28	Dubuque Senior
111		Sam Jahnke	9	23:31	C R Jefferson
112		Boris Miller	9	23:33	Dubuque Hemsptead
113		Lucas Buie	10	23:38	Cedar Falls
114		Brett Lund	10	23:39	Cedar Falls
115		Jacob Schemmel	9	23:42	Dubuque Hemsptead

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116	73	Joe Foreman	9	23:42	C R Washington
117		John Trotta	9	23:43	C R Xavier
118		Max Breitbart	10	23:43	Dubuque Hemsptead
119		Josh Patterson	9	23:45	Ankeny
120	74	Isaac Tominsky	9	23:48	C R Washington
121		Nathan Eades	10	23:50	C R Kennedy
122		Kyle Kenney	9	23:51	C R Xavier
123	75	Matthew Gearhart	9	24:00	C R Washington
124		Jack Goudy	9	24:00	C R Jefferson
125		Luke Kotz	9	24:04	Dubuque Hemsptead
126	76	Sam Arkenberg	9	24:05	C R Washington
127		Brendan Suter	10	24:06	C R Jefferson
128		Randy Zhang	9	24:23	Cedar Falls
129	77	Sawyer Berg	9	24:24	Mason City
130		Michael Kremer	10	24:32	Cedar Falls
131	78	Eli Shubatt	9	24:45	Wahlert Catholic
132		Davontae Balayti	9	24:46	Dubuque Senior
133	79	Cooper Chindlund	9	24:47	C R Washington
134		Kobe Chindlund	9	24:51	C R Washington
135		Kip Wiggins	9	24:52	Ankeny
136		Jackson Bradley	9	24:53	Dubuque Hemsptead
137		Brome Churchill	9	24:57	Southeast Polk
138		Devin Tigges	9	25:06	Dubuque Hemsptead
139		Carter Davis	9	25:16	Dubuque Senior
140		Sam Appenzeller	11	25:21	Cedar Falls
141		Lucas Shaw	10	25:22	Cedar Falls
142	80	Tyler Arndt	10	25:28	Mason City
143	81	Roberto Verastegui	9	25:31	Wahlert Catholic
144	82	Isaiah Bahls	9	25:34	Mason City
145		Luke Busch	9	25:34	Dubuque Senior
146		Paxton Foor	9	25:37	Muscatine
147		August Davison	10	25:38	Mason City
148	83	Brock Moroney	9	25:40	Wahlert Catholic
149		Peter Sullivan	10	25:44	Dubuque Senior
150		Trenton Holden	9	25:50	Cedar Falls
151		Sharik Khan	10	26:22	Dubuque Hemsptead
152		Zach Matheny	9	26:32	C R Kennedy
153		Grayden Pilcher	9	26:50	Ankeny
154		Sam Hearden	10	27:22	Dubuque Hemsptead
155		Ethan Butler	9	27:32	Southeast Polk
156		Lucas Lowder	9	27:43	C R Xavier
157		Noah Miller	9	28:34	Cedar Falls
158		Alex Rivera	9	29:23	C R Kennedy
159		Alex Larison	9	29:25	C R Kennedy

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160	84	Matthew Morel	10	29:48	Wahlert Catholic
161		Connor Welsh	10	30:26	Southeast Polk
162		Rusty Wagon	11	30:30	Ankeny
163		Brian Altfillisch	10	31:37	C R Washington
164		Skylar Musel	9	33:43	C R Kennedy
165		Chase Olsen	9	34:38	Mason City

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Middle School Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Vinton-Shellsburg M S	41	2	6	8	10	15	20	22	16:03	1:46	
2	Cedar Falls M S	45	1	4	5	17	18	21	23	16:01	2:51	
3	Dike-New Hart M S	71	3	13	14	16	25	28	29	16:56	4:08	
4	Waverly-S R M S	73	7	9	11	19	27	30	32	17:17	3:40	
5	Waterloo M S	126	12	24	26	31	33			19:41	6:24	

Incomplete Teams: Anamosa M S, Aplington-Park M S, St Patrick M S

Middle School Girls Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Taylor Kvale	8	14:17	Cedar Falls
2	2	Charlee Johnson	8	14:55	Vinton-Shellsburg
3		Lia Hovenga	7	15:00	Aplington-Park
4	3	Camille Landphair	7	15:18	Dike-New Hart
5		Kennedy Lind	7	15:22	Aplington-Park
6	4	Ella Hertz	7	15:35	Cedar Falls
7	5	Morgan Linck	8	15:58	Cedar Falls
8	6	Molly Haisman	7	16:00	Vinton-Shellsburg
9	7	Kylie Morrey	7	16:17	Waverly-S R
10	8	Grace Sutton	8	16:18	Vinton-Shellsburg
11	9	Mia Wagoner	7	16:19	Waverly-S R
12	10	Kinzy Miracle	8	16:21	Vinton-Shellsburg
13	11	Morgan Schut	8	16:30	Waverly-S R
14	12	Madison Tieskotter	8	16:31	Waterloo
15	13	Becca Jorgensen	8	16:33	Dike-New Hart
16	14	Zoie Callan	8	16:36	Dike-New Hart
17	15	Cameron Dlouhy	8	16:40	Vinton-Shellsburg
18	16	Alana Corwin	8	16:47	Dike-New Hart
19	17	Kendall Mallaro	8	17:05	Cedar Falls
20	18	Ava Mallaro	7	17:08	Cedar Falls
21	19	Sarah Hemer	8	17:18	Waverly-S R
22	20	Bailey Weeks	8	17:22	Vinton-Shellsburg
23		Emma Dales	8	17:40	Anamosa
24	21	Rachel Mandt	7	17:44	Cedar Falls
25	22	Campbell Dlouhy	8	17:47	Vinton-Shellsburg
26		Ellery Johnson	7	17:48	Vinton-Shellsburg
27		Hannah Crane	8	17:50	Vinton-Shellsburg
28	23	Jesika Basurto	7	17:53	Cedar Falls
29		Annaliese Block	7	17:59	Cedar Falls
30		Emma Lau	7	18:17	Cedar Falls
31		Rylea Wickham	7	18:17	Anamosa
32		Anna Scannell	7	18:20	Cedar Falls
33		Lilyanna Ganfield	7	18:22	Cedar Falls

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34		Ella Kemp	8	18:27	Cedar Falls
35		Ella Luebbers	7	18:27	Aplington-Park
36		Madelyn Knock	8	18:28	Cedar Falls
37		Charis Crozier	8	18:33	Cedar Falls
38		Riley Groen	8	18:36	Aplington-Park
39	24	Abigail Wendland	8	18:42	Waterloo
40		Summer Winehoff	7	19:01	Anamosa
41	25	Madisen Theel	7	19:26	Dike-New Hart
42	26	Claire Snook	7	19:30	Waterloo
43		Rebecca Funk	8	19:35	St Patrick
44		Grace Tidwell	7	19:45	Cedar Falls
45		Kate Timmerman	7	19:49	Vinton-Shellsburg
46		Annabelle Newton	7	19:49	Vinton-Shellsburg
47	27	Emily Vering	8	19:57	Waverly-S R
48		Hope Chiattello	7	19:59	Cedar Falls
49		Malina Amjadi	8	20:03	St Patrick
50	28	Ella Costello	7	20:22	Dike-New Hart
51	29	Liv Bakken	7	20:25	Dike-New Hart
52		Ella Huffman	7	20:28	Cedar Falls
53	30	Paige Hoffman	7	20:39	Waverly-S R
54		Ella Seger	7	20:40	Cedar Falls
55	31	Makenna Chidester	7	20:48	Waterloo
56		Emma Yarrow	8	20:56	Cedar Falls
57		Carleigh Wilson	7	20:58	Vinton-Shellsburg
58		MaryClaire McCarter	7	21:01	Dike-New Hart
59		Hailey Bell	7	21:06	Cedar Falls
60		Jazlynn Bernardy	7	21:10	Cedar Falls
61		Leah Hendrickson	8	21:12	Vinton-Shellsburg
62	32	Arjes Megan	7	21:39	Waverly-S R
63		Morgan Morrill	8	21:43	Waverly-S R
64		Bekah Lindauer	7	22:15	Vinton-Shellsburg
65		Lora Apel	7	22:18	Dike-New Hart
66		Ruby Robertson	7	22:19	Anamosa
67		Jaden Swarts	7	22:29	Cedar Falls
68		Emily Steffen	8	22:36	Cedar Falls
69		Alice Stone	7	22:46	Waverly-S R
70		Gwen Woodley	7	22:47	Dike-New Hart
71	33	Alyssa Rule	7	22:54	Waterloo
72		Lily Bennett	8	23:01	Dike-New Hart
73		Averie Freeman	7	23:07	Cedar Falls
74		Sidney Watters	7	23:11	Cedar Falls
75		Gemma Beam	7	23:16	Waverly-S R
76		Hailey Leavens	7	23:31	Cedar Falls
77		Anglea Ahrenstein	7	23:47	Vinton-Shellsburg

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78	Jaide Bittinger	7	25:21	Waverly-S R
79	Maggie Henry	7	25:22	Vinton-Shellsburg
80	Rebecca Zheng	7	25:34	Waverly-S R
81	Darby Glynn	7	25:59	Vinton-Shellsburg
82	Ashlynn Owens	7	26:00	Cedar Falls
83	Maddie Grinstead	7	26:57	Cedar Falls

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Middle School Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Cedar Falls M S	25	1	2	5	8	9	11	12	13:16	1:30	
2	Anamosa M S	78	10	14	16	17	21	38	40	14:28	1:13	
3	Vinton-Shellsburg M S	82	4	6	18	25	29	41	42	14:31	2:01	
4	Waverly-S R M S	84	3	7	15	28	31	33	36	14:30	2:17	
5	Dike-New Hart M S	114	19	20	22	23	30	32	39	15:06	0:44	
6	Waterloo M S	124	13	24	26	27	34	35	37	15:13	1:28	

Incomplete Teams: Aplington-Park M S, St Patrick M S

Middle School Boys Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Brayden Burnett	8	12:12	Cedar Falls
2	2	Kyle Westhoff	8	13:15	Cedar Falls
3	3	Jack Beam	8	13:19	Waverly-S R
4	4	Austin Kemp	7	13:29	Vinton-Shellsburg
5	5	Cayden Schellhorn	7	13:31	Cedar Falls
6	6	Kale Schulte	8	13:34	Vinton-Shellsburg
7	7	Andrew Cummer	8	13:36	Waverly-S R
8	8	Dayton Popenhagen	7	13:37	Cedar Falls
9	9	Cameron Switzer	8	13:42	Cedar Falls
10	10	Tristan Weers	8	13:43	Anamosa
11	11	Xander Steele	8	13:49	Cedar Falls
12	12	Ethan Gruening	8	13:57	Cedar Falls
13		Carter Fadiga	7	13:58	Cedar Falls
14		Salem Strohsbeen	8	13:59	Cedar Falls
15		Alex Horstman	8	14:01	Cedar Falls
16		Simon Plassman	8	14:07	Cedar Falls
17		Josh Burjes	8	14:07	Cedar Falls
18	13	Maxwell Villa	8	14:18	Waterloo
19	14	Ky Kaufmann	8	14:22	Anamosa
20		Xavier Uhrmacker	8	14:34	Cedar Falls
21	15	Nicholas Kepford	8	14:34	Waverly-S R
22	16	Jared Nelson	8	14:35	Anamosa
23		Reece Gallagher	8	14:39	Cedar Falls
24		Ryan Marten	8	14:41	Cedar Falls
25	17	Kolin Wilmoth	8	14:42	Anamosa
26		Colin Johnson	7	14:42	Cedar Falls
27	18	Gunnar Moen	8	14:43	Vinton-Shellsburg
28	19	Parker Latwesen	8	14:50	Dike-New Hart
29	20	Ian Steffen	8	14:52	Dike-New Hart
30		Cooper Jensen	7	14:54	Cedar Falls
31		Carter Guse	7	14:54	Cedar Falls

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32	21	Joel Ellis	8	14:55	Anamosa
33	22	Sawyer Wibben	8	15:06	Dike-New Hart
34	23	Jacob Gibbs	8	15:07	Dike-New Hart
35		Kye Buerkle	8	15:09	Cedar Falls
36	24	Skylar Fecht	8	15:14	Waterloo
37		Bryan Bailey	8	15:17	Cedar Falls
38	25	Logan Zearley	8	15:18	Vinton-Shellsburg
39		Holden Fromm	7	15:20	Cedar Falls
40	26	Chase Hollis	8	15:21	Waterloo
41	27	Caleb Moe	8	15:22	Waterloo
42	28	Lance Myers	7	15:23	Waverly-S R
43	29	Elijah Blix	7	15:29	Vinton-Shellsburg
44	30	Tyler Nystel	7	15:33	Dike-New Hart
45		Steven Williams	7	15:34	Cedar Falls
46	31	Oliver Dilly	8	15:35	Waverly-S R
47	32	Max Tjoa	7	15:38	Dike-New Hart
48	33	Caden Kueker	7	15:44	Waverly-S R
49	34	Wyatt Jungck	8	15:46	Waterloo
50		Hogan Fuessel	7	15:51	Cedar Falls
51		Isaiah Jennings	8	15:52	Cedar Falls
52		Roman Harbaugh	7	15:58	Aplington-Park
53	35	Donovan Stone	8	16:01	Waterloo
54		Colby Cryer	7	16:03	Cedar Falls
55	36	Mason Kotlarz	8	16:04	Waverly-S R
56	37	Mac Van Fleet	7	16:05	Waterloo
57		Gavin Miller	8	16:12	Cedar Falls
58		Chase Sannes	8	16:13	Cedar Falls
59		Sidney Atkins	8	16:14	Cedar Falls
60		Elijah Marchese	8	16:15	Cedar Falls
61		Lane Wunderlich	7	16:16	Cedar Falls
62		Aiden Kenaga	7	16:17	Cedar Falls
63		Devin Bernard	7	16:19	Aplington-Park
64		Tourik Alibegic	7	16:20	Waterloo
65		Salem Bird	8	16:26	Waverly-S R
66		Ronald Wilcox	8	16:26	Waverly-S R
67		Ascher Terpstra Schwab	7	16:26	Cedar Falls
68	38	Drew Uthoff	7	16:39	Anamosa
69		Braden Nystrom	7	16:48	Waterloo
70		Colman Geffert	7	16:50	Cedar Falls
71	39	Shayden Loger	7	16:52	Dike-New Hart
72		Connor Trunnell	7	16:53	Cedar Falls
73		Jonathon Squires	7	16:58	Cedar Falls
74		Pacal Cuhat	7	17:08	Cedar Falls
75		Brayden Ubben	7	17:10	Waterloo

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76		Gavin Denholm	7	17:11	Cedar Falls
77		Connor Doyle	7	17:12	Cedar Falls
78	40	Liam Flecking	8	17:18	Anamosa
79		Mason Eldridge	8	17:20	Cedar Falls
80		Zackary Lewis	7	17:21	Cedar Falls
81		Noah Phillis	7	17:25	Cedar Falls
82	41	Braden Stainbrook	8	17:26	Vinton-Shellsburg
83	42	Alex Guenther	8	17:26	Vinton-Shellsburg
84		Jefferson Roberts	8	17:27	Cedar Falls
85		Brayden Schreck	7	17:27	Cedar Falls
86		Jack Jarchow	8	17:29	Cedar Falls
87		Breck Rea	7	17:46	Cedar Falls
88		Emerson Linney	7	17:51	Cedar Falls
89		Connor DeGroote	8	17:53	Cedar Falls
90		Chase Rippel	8	17:56	Vinton-Shellsburg
91		Chris Paulsen	7	17:57	Cedar Falls
92		Gabriel Holden	8	18:07	Waverly-S R
93		Brock Hagedorn	7	18:09	St Patrick
94		Deric Kieler	7	18:09	Waterloo
95		Ashton Slaton	7	18:12	Vinton-Shellsburg
96		Ashton Haag	7	18:12	Waterloo
97		Aaron Dighton	8	18:17	Vinton-Shellsburg
98		Drew Pate	8	18:21	Anamosa
99		Ian Allsup	7	18:33	Vinton-Shellsburg
100		Shea Kiester	7	18:36	Anamosa
101		Tanner Nuss	7	18:42	Waverly-S R
102		Theodore Ahern	7	18:44	St Patrick
103		Ian Sabanagic	7	18:46	Waterloo
104		Baber Nicholas	7	18:48	Waverly-S R
105		Ian Vrba	7	18:57	Vinton-Shellsburg
106		Sean Hollet	7	19:02	Anamosa
107		Nick Hudson	7	19:08	Cedar Falls
108		Caleb Eskelson	8	19:10	Cedar Falls
109		Zachary Wickham	8	19:26	Cedar Falls
110		Logan Watson	7	19:35	Vinton-Shellsburg
111		Seth Hanson	8	19:57	St Patrick
112		Ervin Rizvic	8	20:13	Waterloo
113		Jered Lotts	8	20:25	Dike-New Hart
114		Henry Reints	7	20:45	Aplington-Park
115		Aiden Freiburger	8	20:50	Waverly-S R
116		Eric Nguyn	7	21:14	Waterloo
117		Quinton Hulme	7	21:39	Waterloo
118		Cayden Schnack	7	21:47	Waverly-S R
119		Bret Fischer	7	22:21	Dike-New Hart

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120	Dino Vallem	7	22:27	Waterloo
121	Sam Edmonson	7	22:28	Waterloo
122	Kolby Kestel	7	22:35	Waterloo
123	Nate Venem	7	23:07	Cedar Falls
124	Berne Denison	7	23:16	Cedar Falls
125	Ryan Watson	7	24:18	Cedar Falls
126	Ben Tjaden	7	24:45	Cedar Falls
127	Zane Weiss	7	24:46	Waverly-S R
128	Cameron Mundt	8	24:50	Cedar Falls
129	Willum Spree	7	25:32	Waverly-S R
130	Nate Rosckes	7	25:54	Cedar Falls
131	Louis Fekkether	8	25:59	Dike-New Hart
132	Micah Johnson	8	26:56	Dike-New Hart
133	William Lammers	8	27:06	Waverly-S R
134	Joseph Kangas	7	29:29	Cedar Falls