

**Shenandoah Cross Country Meet
Shenandoah High School
Shenandoah, IA**

Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Glenwood	37	2	3	6	9	17	21	25	1:38:58.23	19:47.65
2	Atlantic	56	1	8	12	16	19	26	34	1:40:02.57	20:00.52
3	Harlan	88	4	11	20	23	30	52		1:41:57.49	20:23.50
4	Alhs	113	5	10	27	35	36	44	51	1:43:09.01	20:37.81
5	Lewis Central	148	13	14	31	43	47	48	53	1:45:10.51	21:02.11
6	Shen-Essex	154	22	24	29	37	42	54	62	1:45:10.87	21:02.18
7	CB Jefferson	220	32	38	39	41	70	78		1:49:28.03	21:53.61
8	Ahstw	221	7	33	46	67	68	77		1:50:50.43	22:10.09
9	Red Oak	236	18	28	55	66	69	87	91	1:51:44.88	22:20.98
10	Underwood	289	50	56	58	61	64	71		1:54:46.60	22:57.32
11	St. Albert	310	15	49	72	86	88	94		1:57:23.17	23:28.64
12	Griswold	321	40	45	73	74	89			1:57:20.94	23:28.19
13	Southwest Valley	340	57	59	63	80	81	83	90	1:58:26.96	23:41.40
14	Treynor	366	60	65	75	82	84	85	92	2:00:29.34	24:05.87
15	Riverside	439	76	79	93	95	96			2:12:05.96	26:25.20

Varsity Girls Individual Results

Place	Athlete	Team	Time	Points
1	Schraft, Janette	East Mills	18:35.30	
2	Lucas, Emma	Bedford	19:04.74	
3	McCreedy, Taylor	Atlantic	19:08.91	1
4	Jackson, Lacey	Glenwood	19:19.01	2
5	Kaufman, Kate	Glenwood	19:22.89	3
6	Kaster, Greichaly	Harlan	19:36.18	4
7	Wilder, Claire	Alhs	19:50.92	5
8	McIntyre, Aubrey	Glenwood	19:53.21	6
9	Hall, Heidi	Ahstw	19:58.26	7
10	Rush, Karsyn	Atlantic	19:59.41	8
11	Malcom, Katelyn	Glenwood	20:01.52	9
12	Jones, Claire	Alhs	20:02.76	10
13	Van Baale, Brecken	Harlan	20:03.97	11
14	Wendt, Ashley	Atlantic	20:05.19	12
15	Smith, Isabella	Lewis Central	20:07.16	13
16	Bach, Haley	Lewis Central	20:11.47	14
17	Springman, Gracie	St. Albert	20:18.48	15
18	Pross, Pluma	Atlantic	20:21.22	16
19	Schultz, Abi	Glenwood	20:21.60	17
20	McCunn, Alexa	Red Oak	20:25.90	18
21	Goergen, Kennedy	Atlantic	20:27.84	19
22	Alberti, Abby	Harlan	20:31.08	20
23	Schultz, Erin	Glenwood	20:32.11	21
24	Godfread, Brenna	Shen-Essex	20:35.43	22
25	Rueschenberg, Kara	Harlan	20:40.97	23
26	Manrose, Carlie	Shen-Essex	20:46.44	24

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27	Becker, Lauren	Glenwood	20:51.75	25
28	Botos, Madison	Atlantic	20:55.55	26
29	Heilsen, Moriah	Alhs	20:57.05	27
30	Boeye, Juhi	Red Oak	21:00.82	28
31	Jackson, Jessica	Shen-Essex	21:01.76	29
32	Andersen, Olivia	Harlan	21:05.29	30
33	Pomrenke, Alissa	Lewis Central	21:06.01	31
34	Belt, Hannah	CB Jefferson	21:06.83	32
35	Kock, Julia	Ahstw	21:07.53	33
36	Saeugling, Emily	Atlantic	21:08.35	34
37	VanderVelde, Hayleigh	Alhs	21:08.88	35
38	Juarez, Jannette	Alhs	21:09.40	36
39	Holmes, Adrianna	Shen-Essex	21:09.95	37
40	Gant, Morgan	CB Jefferson	21:19.10	38
41	Hernandez, Yisel	CB Jefferson	21:27.85	39
42	Adams, Charli	Griswold	21:35.92	40
43	Ramos, Jasmine	CB Jefferson	21:36.53	41
44	VanRite, Kayla	Shen-Essex	21:37.29	42
45	Parks, Madi	Lewis Central	21:41.45	43
46	Plummer, Clare	Alhs	21:52.25	44
47	Young, Anna	Griswold	21:55.73	45
48	Falkena, Chloe	Ahstw	21:59.34	46
49	Kuckta, Kayla	Lewis Central	22:04.42	47
50	Ford, Anna	Lewis Central	22:08.51	48
51	Genereux, Clara	St. Albert	22:12.17	49
52	Ogle, Madi	Underwood	22:13.60	50
53	Welch, Kelle	Bedford	22:18.08	
54	Hartman, Hayley	Alhs	22:21.94	51
55	Parman, Savannah	Harlan	22:29.03	52
56	Dunphy, Kylee	Lewis Central	22:31.48	53
57	Mulligan, Hannah	Shen-Essex	22:31.92	54
58	Sherman, Eva	Red Oak	22:35.12	55
59	Joens, Logan	Underwood	22:37.07	56
60	Hummel, Mazzy	Southwest Valley	23:00.14	57
61	Wilson, Naomi	Underwood	23:03.29	58
62	Gray, Darah	Clarinda HS	23:04.18	
63	Boswell, Aubrey	Southwest Valley	23:09.00	59
64	Kudron, Isabelle	Treynor	23:12.08	60
65	Pinchot, Rachel	Underwood	23:17.98	61
66	Feller, Ashley	Shen-Essex	23:27.28	62
67	Pearson, Halle	Southwest Valley	23:30.13	63
68	Shapcott, Lauren	Underwood	23:34.66	64
69	Young, Allison	Treynor	23:39.19	65
70	Oyster, Jami	East Mills	23:40.13	
71	Plambeck, Haley	Red Oak	23:46.06	66
72	Draman, Jade	Ahstw	23:50.92	67

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73	Denning, Claire	Ahstw	23:54.38	68
74	Carrick, Taylor	Red Oak	23:56.98	69
75	Evers, Emma	CB Jefferson	23:57.72	70
76	Myers, Cecilia	Underwood	24:02.18	71
77	Gardner, Emma	St. Albert	24:02.71	72
78	Amos, Jocelyn	Griswold	24:03.45	73
79	Seyler, Alisha	Griswold	24:04.29	74
80	Becker, Miranda	Treynor	24:06.59	75
81	Brink, Alyssa	Riverside	24:07.16	76
82	Pace, Martha	Ahstw	24:09.43	77
83	Englund, Treasure	CB Jefferson	24:18.62	78
84	Weis, Olivia	Riverside	24:20.35	79
85	Westlake, Sydney	Southwest Valley	24:21.06	80
86	Seipold, Emma	East Mills	24:21.99	
87	Jacobs, Kaylee	Southwest Valley	24:26.63	81
88	Finnegan, Kaylee	Treynor	24:32.43	82
89	Johnson, Bella	Southwest Valley	24:44.72	83
90	Carley, Megan	Treynor	24:59.05	84
91	Travis, Clare	Treynor	25:07.64	85
92	Noethe, Clare	St. Albert	25:12.16	86
93	Porter, Cami	Red Oak	25:15.53	87
94	O'Dell, Hannah	Bedford	25:19.08	
95	Clark, Madolyn	Clarinda HS	25:23.25	
96	Sherbondy, Abi	St. Albert	25:37.65	88
97	Hering, Courtney	Griswold	25:41.55	89
98	Maxwell, Brianna	East Atchison	25:54.08	
99	Fichter, Damita	Southwest Iowa	25:57.10	
100	Wetzel, Abbie	Southwest Valley	26:07.54	90
101	Rolenc, Rhenn	Red Oak	26:17.79	91
102	Linehan, Rylie	Treynor	26:24.52	92
103	Perdew, Carmen	Bedford	26:33.91	
104	Manzer, Cailee	Riverside	26:42.85	93
105	Hunt, Emily	East Atchison	27:34.36	
106	Laumann, Danica	Southwest Iowa	27:40.57	
107	Hohneke, Madeline	St. Albert	27:41.89	94
108	Hackett, Jamie	Riverside	28:24.87	95
109	Faga, Haley	Riverside	28:30.73	96
110	Sloop, Haylee	Southwest Iowa	28:53.77	
111	Torkelson, Serenity	East Mills	30:35.77	
112	Shane, Addison	Clarinda HS	30:42.45	
113	White, Sophie	Southwest Iowa	31:08.62	
114	Lang, Melissa	East Atchison	38:45.70	

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Place	Team	Points	Places of Finishers (offset scoring)								Total	Average
1	CB Jefferson	68	6	10	16	17	19	27	35	1:24:38.55	16:55.71	
2	Lewis Central	75	8	9	11	22	25	36	52	1:24:37.74	16:55.55	
3	Glenwood	75	5	7	13	24	26	50	55	1:24:43.78	16:56.76	
4	St. Albert	141	3	21	32	42	43	81	102	1:27:22.15	17:28.43	
5	Abraham Lincoln	181	20	33	34	45	49	53	58	1:28:54.93	17:46.99	
6	Harlan	184	14	28	44	47	51	56	76	1:29:04.33	17:48.87	
7	Atlantic	186	4	39	41	48	54	72	78	1:29:12.72	17:50.55	
8	Shen-Essex	208	15	29	30	65	69	79	80	1:29:48.28	17:57.66	
9	Underwood	272	31	40	46	73	82	93	99	1:32:02.73	18:24.55	
10	Southwest Iowa	274	2	12	62	98	100	107		1:33:22.13	18:40.43	
11	Clarinda HS	275	18	37	63	67	90	95	97	1:32:21.42	18:28.29	
12	Treynor	278	1	59	66	68	84	89	94	1:31:36.47	18:19.30	
13	Red Oak	279	23	57	60	64	75	77	83	1:32:09.31	18:25.87	
14	Riverside	390	70	71	74	87	88	101	106	1:36:15.50	19:15.10	
15	Bedford	417	38	86	91	92	110			1:39:50.21	19:58.05	
16	East Mills	469	61	85	103	108	112			1:45:57.58	21:11.52	
17	Southwest Valley	525	96	104	105	109	111	113		1:49:28.35	21:53.67	

Varsity Boys Individual Results

Place	Athlete	Team	Time	Points
1	Jorgenson, Jerry	Treynor	15:52.35	1
2	Thompson, Adam	Southwest Iowa	16:21.26	2
3	Garrigan, Leo	St. Albert	16:33.58	3
4	Fischer, Dalton	Ahstw	16:36.22	
5	Petersen, Jalen	Atlantic	16:37.36	4
6	Parks, Mason	Glenwood	16:38.04	5
7	Humpal, Anthony	CB Jefferson	16:39.64	6
8	Covington, Parson	Glenwood	16:40.36	7
9	Woltmann, Cael	Lewis Central	16:41.01	8
10	Fuller, Ethan	Lewis Central	16:43.46	9
11	Booton, Aidan	CB Jefferson	16:46.72	10
12	Lancial, Connor	Lewis Central	16:48.80	11
13	Jorgenson, Noah	Southwest Iowa	16:51.09	12
14	Thompson, Gable	Glenwood	16:56.07	13
15	Gross, Trey	Harlan	16:59.97	14
16	Stanley, Nick	Shen-Essex	17:01.22	15
17	Gilo, Wimach	CB Jefferson	17:02.93	16
18	Powders, Archie	CB Jefferson	17:03.71	17
19	Halloran, Tyler	Clarinda HS	17:04.30	18
20	Booton, Zack	CB Jefferson	17:05.55	19
21	Harding, Joe	Abraham Lincoln	17:07.95	20
22	Heisterkamp, Bennett	St. Albert	17:08.87	21
23	Sell, Nathan	Lewis Central	17:09.60	22
24	Eubank, Liam	Red Oak	17:11.47	23

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25	Huey, Tyler	Glenwood	17:13.49	24
26	Ruiz, Tyler	Lewis Central	17:14.87	25
27	McIntyre, Sam	Glenwood	17:15.82	26
28	Martinez, Juan Carlos	CB Jefferson	17:27.23	27
29	Voge, Drew	Harlan	17:28.70	28
30	Finnegan, Trent	Shen-Essex	17:33.38	29
31	Campbell, Jack	Shen-Essex	17:34.90	30
32	Conn, Thomas	Underwood	17:38.19	31
33	Blaha, Luke	St. Albert	17:38.68	32
34	Leinen, Caleb	Abraham Lincoln	17:39.43	33
35	Hornberg, Steven	Abraham Lincoln	17:44.10	34
36	Gilo, Beayha	CB Jefferson	17:46.60	35
37	Kavars, Mark	Lewis Central	17:48.82	36
38	Espinosa, Jesse	Clarinda HS	17:50.93	37
39	Welch, Cameron	Bedford	17:51.57	38
40	Brummer, Evan	Atlantic	17:54.04	39
41	Rosas, Justin	Underwood	17:57.45	40
42	Brownlee, Joshua	Griswold	17:58.32	
43	Brockman, Nathan	Atlantic	17:59.21	41
44	Pauley, Dan	St. Albert	18:00.19	42
45	Kouri, Augustus	St. Albert	18:00.83	43
46	Shelton, Andrew	Harlan	18:04.24	44
47	Willadsen, Reed	Abraham Lincoln	18:08.38	45
48	Savin, Cal	Underwood	18:10.76	46
49	Clemons, Michael	Harlan	18:11.18	47
50	Pellett, Cale	Atlantic	18:14.63	48
51	Leinen, Ethan	Abraham Lincoln	18:15.07	49
52	Brooks, Jayden	Glenwood	18:16.68	50
53	Jones, Isaac	Harlan	18:20.24	51
54	Diercks, Keenan	Lewis Central	18:21.24	52
55	Kinney, Thad	Abraham Lincoln	18:23.32	53
56	Moore, Aybren	Atlantic	18:27.48	54
57	Godbout, Brenden	Glenwood	18:27.97	55
58	Rueschenberg, Mitchell	Harlan	18:31.91	56
59	Graham, Avery	Red Oak	18:34.23	57
60	Fitch, Caleb	Abraham Lincoln	18:34.56	58
61	Hayes, Max	Treynor	18:34.93	59
62	Horn, Ethan	Red Oak	18:37.94	60
63	Moore, Luke	East Mills	18:39.69	61
64	Lovett, Starson	Southwest Iowa	18:40.04	62
65	Meyer, Jonah	Clarinda HS	18:40.30	63
66	Lukehart, Bruce	Red Oak	18:40.57	64
67	Garrison, Zachery	East Atchison	18:43.94	
68	Detrick, Levi	Shen-Essex	18:46.03	65
69	Ingraham, Duke	North West Nodaway	18:49.57	
70	Navara, Quinn	Treynor	18:51.47	66

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71	Shatava, Aiden	Clarinda HS	18:51.87	67
72	Carolus, Gabe	Treynor	18:52.43	68
73	Son, Blake	Shen-Essex	18:52.74	69
74	Schroder, Ben	Riverside	18:52.95	70
75	Woods, Drake	Riverside	18:56.16	71
76	Pelzer, Blake	Atlantic	18:57.01	72
77	Campin, Liam	Underwood	18:59.72	73
78	Henderson, Cole	Riverside	19:02.10	74
79	Smith, Taylor	Red Oak	19:05.10	75
80	Obrecht, Wyatt	Harlan	19:10.81	76
81	Koppa, Connor	Red Oak	19:11.37	77
82	Roskens, Cody	Ahstw	19:11.79	
83	Williams, Ethan	Atlantic	19:12.84	78
84	Rogers, Tim	Shen-Essex	19:15.10	79
85	Son, Levi	Shen-Essex	19:15.64	80
86	Crawley, Greg	St. Albert	19:16.15	81
87	Shapcott, Kyle	Underwood	19:16.61	82
88	Sellers, Jacob	Red Oak	19:19.27	83
89	Freeman, Tre	Clarinda Academy	19:20.58	
90	Davidson, Cainan	Treynor	19:25.29	84
91	Sanchez, Jose	East Mills	19:27.06	85
92	Neihart, Josh	Bedford	19:38.52	86
93	Wichman, Mason	Riverside	19:39.21	87
94	Seyler, John	Griswold	19:39.91	
95	McDonald, Dylan	Riverside	19:45.08	88
96	Keay, Jacob	Treynor	19:48.12	89
97	Nellis, Raymond	Clarinda HS	19:54.02	90
98	Johnson, Bradley	Bedford	19:56.81	91
99	Burn, Stephen	Bedford	19:58.91	92
100	Ziegler, Zane	Underwood	20:07.43	93
101	Lang, Jake	Treynor	20:14.00	94
102	Bergren, Zach	Clarinda HS	20:15.03	95
103	Solari, Camren	Southwest Valley	20:15.31	96
104	Pace, Robert	Ahstw	20:22.70	
105	Yearington, Hunter	Clarinda HS	20:33.70	97
106	Miramontes, Nicolas	Southwest Iowa	20:40.33	98
107	Larson, Dalton	Underwood	20:48.72	99
108	Benedict, Micheal	Southwest Iowa	20:49.41	100
109	Schroder, Mick	Riverside	20:50.22	101
110	Evezic, Wilhelm	St. Albert	20:52.30	102
111	Wells, Justin	East Mills	20:58.78	103
112	Pattee, Evan	Ahstw	21:05.22	
113	Newton, Trent	Southwest Valley	21:11.01	104
114	Hutchings, Kade	Southwest Valley	21:17.78	105
115	Hering, Dustin	Riverside	21:30.15	106
116	Moyer, Dane	Southwest Iowa	21:40.38	107

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117	Oyster, Jesse	East Mills	21:46.59	108
118	McCormick, Sean	Southwest Valley	21:50.63	109
119	Swierczek, Tyler	Clarinda Academy	22:06.28	
120	Bredensteiner, Sam	Bedford	22:24.40	110
121	Smith, Jaydin	Clarinda Academy	22:34.81	
122	Leon, Sergio	Clarinda Academy	22:35.69	
123	Avila, Brayden	Southwest Valley	24:53.62	111
124	Ossman, Christian	East Mills	25:05.46	112
125	Ulrich, Christoffer	Southwest Valley	25:21.03	113

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Junior Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Glenwood	29	1	4	6	7	11	13	15	1:46:57.60	21:23.52
2	Harlan	56	2	5	12	16	21	34	40	1:50:20.05	22:04.01
3	Atlantic	73	8	9	14	20	22	25	28	1:52:24.03	22:28.81
4	Alhs	93	3	17	23	24	26	31	32	1:55:02.66	23:00.54
5	Lewis Central	114	10	18	27	29	30	36	41	1:57:26.75	23:29.35
6	CB Jefferson	178	19	33	38	43	45			2:08:18.19	25:39.64
7	Red Oak	197	35	37	39	42	44	46	47	2:11:00.82	26:12.17

Junior Varsity Girls Individual Results

Place	Athlete	Team	Time	Points
1	Hankins, Lexi	Glenwood	20:26.84	1
2	Baldwin, Abi	Harlan	20:47.91	2
3	Riche, Hope	Alhs	21:22.44	3
4	Gillespie, Kaylin	Glenwood	21:25.54	4
5	Freund, Liv	Harlan	21:28.86	5
6	Presley, Grace	Glenwood	21:29.70	6
7	Woods, Haley	Glenwood	21:30.43	7
8	Bailey, Halsey	Atlantic	21:35.41	8
9	Saluk, Katie	Atlantic	21:51.70	9
10	Bernard, Gracie	Lewis Central	22:01.80	10
11	Springer, Arianna	Glenwood	22:05.09	11
12	Juhl, Amelia	Harlan	22:09.29	12
13	Schuppan, Nikki	Glenwood	22:26.66	13
14	Wendt, Erin	Atlantic	22:36.38	14
15	Free, Taylor	Glenwood	22:40.27	15
16	Tate, Bailey	North West Nodaway	22:41.95	
17	Williamson, Asia	Harlan	22:43.36	16
18	Spanjer, Mckenzie	Alhs	22:44.16	17
19	Simpson, Kaitlyn	Lewis Central	23:00.34	18
20	Slack, Julia	CB Jefferson	23:02.61	19
21	Siedlik, Kelsie	Atlantic	23:06.59	20
22	Sotelo, Alyssa	Harlan	23:10.63	21
23	Behrens, Alyssa	Atlantic	23:13.95	22
24	Hipnar, Ashley	Alhs	23:19.91	23
25	Brown, Kenzie	Alhs	23:36.27	24
26	Altman, Abby	Atlantic	23:37.85	25
27	McGinnis, Hannah	Glenwood	23:48.00	
28	Silvius, Maya	Glenwood	23:49.58	
29	Raymond, Karlee	Glenwood	23:57.44	
30	Fichter, Rylee	Alhs	23:59.88	26
31	Diercks, Keely	Lewis Central	24:01.47	27
32	Bruckner, Grace	Atlantic	24:01.94	28
33	Zamarron, Fatima	Shen-Essex	24:03.82	
34	Livingston, Emma	Lewis Central	24:04.42	29

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35	Christenson, Emma	Lewis Central	24:18.72	30
36	Sherlound, Brandi	Alhs	24:27.14	31
37	Schilling, Sydney	Alhs	24:41.61	32
38	Engler, Haley	Atlantic	24:47.57	
39	Roque, Linda	CB Jefferson	24:55.63	33
40	Metzger, Lindsey	Harlan	25:01.14	34
41	Ewald, Cadence	Glenwood	25:11.97	
42	Brummett, Araina	Red Oak	25:16.05	35
43	Rigatuso, Natalie	Lewis Central	25:16.63	36
44	Stromgren, Shaelee	Glenwood	25:23.30	
45	Bittle, Caroline	Glenwood	25:27.70	
46	Graber, Maci	Red Oak	25:30.92	37
47	Williams, Heidi	Atlantic	25:45.90	
48	Calabro, Kaitlynn	CB Jefferson	25:57.32	38
49	Bruce, Madison	Red Oak	25:58.14	39
50	Doty, Kennadie	Alhs	26:03.72	
51	Mahlberg, Victoria	Harlan	26:06.67	40
52	Beall-Overgard, Jessica	Lewis Central	26:07.42	41
53	Hewett, Madison	Red Oak	26:23.78	42
54	Larson, Anna	CB Jefferson	26:27.41	43
55	Bopp, Delaney	Shen-Essex	26:35.24	
56	Cox, Kayleana	Alhs	26:44.54	
57	Finnegan, Jordan	Treynor	26:58.47	
58	Kohl, Casey	Harlan	27:19.66	
59	Freese, Belle	Underwood	27:34.77	
60	Hoegh, Baylee	Harlan	27:41.66	
61	Wemhoff, Elsa	Red Oak	27:51.92	44
62	Larson, Angela	CB Jefferson	27:55.22	45
63	Philby, Kaylee	Red Oak	27:56.42	46
64	Belem, Warda	Shen-Essex	28:35.31	
65	Young, Nicole	Alhs	28:36.03	
66	Gass, Kadee	Red Oak	29:07.81	47
67	Lowe, Jordan	Treynor	29:21.07	
68	Rice, Alissa	Red Oak	29:26.69	
69	Shultz, Jade	Southwest Valley	29:38.65	
70	Milstead, Arlette	Alhs	29:46.81	
71	Baker, Macy	Red Oak	30:04.59	
72	Hinch, Alexis	Clarinda Academy	30:25.53	
73	Goodvin, Oakley	Southwest Valley	31:20.62	
74	Lemus, Cendi	Red Oak	31:30.40	

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Junior Varsity Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Total	Average
1	Lewis Central	35	1	2	3	7	22	25	28	1:32:05.63	18:25.13	
2	Glenwood	45	4	6	9	12	14	21	24	1:33:09.43	18:37.89	
3	CB Jefferson	57	5	10	11	15	16	19	23	1:34:24.55	18:52.91	
4	Shen-Essex	124	13	17	27	33	34	35	44	1:39:18.15	19:51.63	
5	Abraham Lincoln	145	18	20	30	37	40	42	50	1:42:53.16	20:34.64	
6	Atlantic	166	26	29	32	36	43	46	51	1:44:37.91	20:55.59	
7	St. Albert	189	8	41	45	47	48			1:47:42.57	21:32.52	
8	Red Oak	215	31	38	39	53	54	56	57	1:53:57.53	22:47.51	
9	Clarinda HS	273	49	52	55	58	59			2:04:17.67	24:51.54	

Junior Varsity Boys Individual Results

Place	Athlete	Team	Time	Points
1	Mortensen, Paul	Lewis Central	17:55.25	1
2	Sell, Josh	Lewis Central	18:02.04	2
3	Higgins, Tanner	Lewis Central	18:02.75	3
4	Hansen, Nolan	Treynor	18:08.73	
5	Ingels, William	Glenwood	18:16.10	4
6	Soriano, Kyle	CB Jefferson	18:18.25	5
7	Hughes, Nathan	Glenwood	18:28.17	6
8	Chain, Isaac	Lewis Central	18:29.52	7
9	Rommelspacher, Gregor	St. Albert	18:35.23	8
10	Presley, Adison	Glenwood	18:39.68	9
11	Baker, Austin	CB Jefferson	18:43.35	10
12	Duenas, Steven	CB Jefferson	18:47.02	11
13	Warren, Trevor	Glenwood	18:48.08	12
14	Vance, Dominic	Shen-Essex	18:52.65	13
15	Parks, Jacob	Glenwood	18:57.40	14
16	Sampson, Jeron	CB Jefferson	19:16.09	15
17	Dofner, Owen	CB Jefferson	19:19.84	16
18	Harms, Zach	Shen-Essex	19:27.45	17
19	Rodriguez, Anthony	Abraham Lincoln	19:32.53	18
20	Hedrick, D'Mitre	CB Jefferson	19:33.27	19
21	Mumm, Tim	Harlan	19:33.94	
22	Dreismeier, Adam	Abraham Lincoln	19:34.65	20
23	Arbogast, Gavin	Glenwood	19:35.33	21
24	Mortensen, Adam	Lewis Central	19:36.07	22
25	Mosqueda, Alex	CB Jefferson	19:40.90	23
26	McDaniel, Trey	CB Jefferson	19:42.76	
27	Stanislav, Christian	Glenwood	19:43.50	24
28	Clayton, Adam	Glenwood	19:46.57	
29	Van Winkle, Dalton	Lewis Central	19:50.41	25
30	Keller, Aiden	CB Jefferson	19:53.08	
31	Patzer, Hank	Glenwood	19:56.70	
32	Contreras, Christian	CB Jefferson	19:57.20	

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33	Parkhurst, Jackson	Harlan	19:57.98	
34	Pflueger, Gabe	CB Jefferson	19:58.75	
35	Rohrberg, Nathan	Glenwood	19:59.35	
36	Roefeld, Tyler	Atlantic	20:02.53	26
37	Langley, Daniel	Shen-Essex	20:04.84	27
38	Bergantzel, Cade	Lewis Central	20:06.30	28
39	Krogh, Chris	Atlantic	20:07.98	29
40	Stoufer, Nate	Lewis Central	20:09.59	
41	Rief, Matthew	Abraham Lincoln	20:12.28	30
42	Rang, Kaiden	Glenwood	20:13.06	
43	Wardlow, Tyler	Lewis Central	20:13.29	
44	Reelfs, Jacob	Treynor	20:13.73	
45	Owen, Quran	CB Jefferson	20:15.07	
46	Tallmon, Jon	Glenwood	20:16.52	
47	Vukonich, Adam	Red Oak	20:17.89	31
48	Guevara, Bryan	Lewis Central	20:19.43	
49	Chavez, Freddy	CB Jefferson	20:20.98	
50	Nantz, Alvin	Atlantic	20:25.20	32
51	Jacobs, Jeb	Shen-Essex	20:26.23	33
52	Saner, Mason	Shen-Essex	20:26.98	34
53	Slack, Mason	CB Jefferson	20:28.30	
54	Meyer, Luke	Lewis Central	20:29.38	
55	Lesley, Chandler	CB Jefferson	20:32.59	
56	Moore, Zach	Lewis Central	20:38.11	
57	Herrick, Caleb	Glenwood	21:39.03	
58	Privia, Jacob	Underwood	21:40.95	
59	Waters, Blake	Shen-Essex	21:41.48	35
60	Ryba, Hunter	CB Jefferson	21:42.56	
61	Spurr, Caleb	Atlantic	21:43.40	36
62	Tabata, Shunji	Abraham Lincoln	21:43.45	37
63	Cashatt, Jacob	Red Oak	21:46.72	38
64	McDaniel, Zachary	Lewis Central	21:48.21	
65	Eubank, Aidan	Red Oak	21:48.28	39
66	Shoemaker, Matthew	Lewis Central	21:49.33	
67	Funk, Trenton	Abraham Lincoln	21:50.25	40
68	Higginbotham, Sam	Lewis Central	21:53.51	
69	Shudak, Danny	St. Albert	21:55.32	41
70	Wilson, CJ	Lewis Central	21:56.03	
71	Bradshaw, Ryan	Lewis Central	21:57.44	
72	Pregon, Dalton	Abraham Lincoln	22:00.73	42
73	Milner, Evan	CB Jefferson	22:02.55	
74	Sonntag, Joe	Atlantic	22:18.80	43
75	Newquist, Landen	Shen-Essex	22:21.65	44
76	Narmi, Samuel	St. Albert	22:22.50	45
77	Buliche, Brainhart	Atlantic	22:23.51	46
78	Ruhaak, Alex	Lewis Central	22:24.08	

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79	Lee, Nick	St. Albert	22:24.55	47
80	Arculeo, Vincent	St. Albert	22:24.97	48
81	Foster, Matt	CB Jefferson	22:43.74	
82	Kuipers, Trey	Clarinda HS	22:52.12	49
83	Jones, William	Abraham Lincoln	22:56.72	50
84	Maxwell, Izaiha	CB Jefferson	22:57.22	
85	Mullin, Jackson	Atlantic	23:15.93	51
86	Slater, Quentin	Shen-Essex	23:16.87	
87	Schuppen, Troy	Glenwood	23:21.23	
88	Houchin, Carter	Shen-Essex	23:23.82	
89	Barnes, Matthew	Clarinda HS	23:25.33	52
90	Sorensen, Colton	Underwood	24:05.27	
91	Martin, Sam	Shen-Essex	24:10.43	
92	Dreager, Dawson	Atlantic	24:29.28	
93	Koletzke, Chase	CB Jefferson	24:44.49	
94	Hidalgo, Isaac	Red Oak	24:59.19	53
95	Ross, Zac	Red Oak	25:05.45	54
96	Pullen, Connor	Clarinda HS	25:22.56	55
97	Ross, Xavier	Red Oak	25:46.58	56
98	Ernst, Nate	Red Oak	25:52.38	57
99	Shirley, Drew	Red Oak	25:52.79	
100	VanNostrand, Grant	Clarinda HS	26:02.80	58
101	Dettbarn, Reid	Underwood	26:03.94	
102	Roberts, Caleb	CB Jefferson	26:28.29	
103	Wulbecker, Eben	Clarinda HS	26:34.86	59
104	Still, Dakota	CB Jefferson	26:59.60	
105	Strunk, Tyler	Red Oak	27:25.26	
106	Perkins, Mason	Red Oak	27:25.91	
107	O'Briant, Drake	Southwest Valley	27:37.23	
108	Currin, Phillip	Southwest Valley	27:47.56	
109	Kotrous, Zack	CB Jefferson	28:17.57	
110	Fustos, Braeden	Glenwood	28:25.20	
111	Lucas, Conery	Southwest Iowa	28:43.64	
112	Deas, Aiden	Harlan	29:55.18	
113	Slater, Kaden	Southwest Iowa	32:32.18	

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Middle School Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Clarinda MS	57	1	4	10	14	28			1:09:48.69	13:57.74
2	Lcms	58	3	6	15	16	18	19	20	1:09:51.82	13:58.37
3	Atlantic MS	67	2	8	11	12	34	35	42	1:11:39.48	14:19.90
4	Glenwood	83	5	7	22	23	26	27	38	1:12:27.53	14:29.51
5	Shenandoah MS	135	21	24	29	30	31	32	33	1:17:20.28	15:28.06
6	Ahstw	173	13	36	39	41	44			1:21:38.34	16:19.67
7	Southwest Valley MS	174	9	37	40	43	45	47	49	1:21:56.81	16:23.37
8	Red Oak	186	17	25	46	48	50	51		1:26:23.21	17:16.65

Middle School Girls Individual Results

Place	Athlete	Team	Time	Points
1	Hartley, Mayson	Clarinda MS	12:39.41	1
2	Rush, Ava	Atlantic MS	13:06.32	2
3	Smith, Natalie	Lcms	13:07.65	3
4	Wittler, Ashlyn	Clarinda MS	13:10.22	4
5	Wiese, Riley	Glenwood	13:10.57	5
6	Orth, Amara	Lcms	13:21.07	6
7	Nebel, Ryley	Glenwood	13:57.63	7
8	Mullenix, Chloe	Atlantic MS	13:59.18	8
9	Haer, Maggie	Southwest Valley	14:00.76	9
10	Smith, Isabelle	Clarinda MS	14:02.42	10
11	Huddleson, Madison	Atlantic MS	14:12.53	11
12	DeArment, Addison	Atlantic MS	14:13.31	12
13	Peterson, Ellie	Ahstw	14:15.35	13
14	Smith, Brenna	St. Albert	14:20.03	
15	Milleson, Hannah	Clarinda MS	14:20.47	14
16	Humlicek, Ella	Lcms	14:22.80	15
17	McKeever, Carly	St. Albert	14:27.69	
18	Barnes, Sophia	Lcms	14:28.03	16
19	Graham, Aedyn	Red Oak	14:29.60	17
20	Swenson, Reegan	Lcms	14:32.27	18
21	Barrett, Ann	East MillsJH	14:35.76	
22	McNeal, Ava	Lcms	14:40.03	19
23	Elam, Megan	Lcms	14:45.91	20
24	O'Doniel, Katie	Lcms	14:46.51	
25	Gilbert, Sara	Shenandoah MS	14:49.92	21
26	McKenzie, Ashlee	Lcms	14:52.84	
27	Griffin, Emerson	Glenwood	14:54.31	22
28	Carnes, Kaitlyn	Glenwood	14:55.73	23
29	Montgomery, Alysia	East MillsJH	15:00.05	
30	Johnson, Christene	Shenandoah MS	15:16.14	24
31	Wink, Lillie	Lcms	15:17.49	
32	Crouse, Aspen	East MillsJH	15:25.92	
33	Lukehart, Jessica	Red Oak	15:27.30	25

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34	Woods, McKenna	Glenwood	15:29.29	26
35	McCrave, MaKayna	Glenwood	15:30.03	27
36	Ned, Skylar	Clarinda MS	15:36.17	28
37	Kinghorn, Hadlee	Shenandoah MS	15:39.95	29
38	Sun, Le Yuan	Shenandoah MS	15:46.87	30
39	Razee, Keelee	Shenandoah MS	15:47.40	31
40	Buzzard, Jillian	Shenandoah MS	15:48.61	32
41	Gomez, Aleigha	Shenandoah MS	15:50.12	33
42	Wells, Megan	East MillsJH	16:00.06	
43	Williams, Olivia	St. Albert	16:02.24	
44	Olsen, Lanee	Lcms	16:03.17	
45	Rothfusz, Kaitlyn	Atlantic MS	16:08.14	34
46	Guyer, Aubrey	Atlantic MS	16:08.92	35
47	Cordes, Liz	Ahstw	16:12.95	36
48	Laughlin, Savannah	Southwest Valley	16:13.86	37
49	Gray, Cordelia	Glenwood	16:38.23	38
50	Meier, Karlee	Glenwood	16:40.54	
51	Falkena, Charlie	Ahstw	16:51.27	39
52	Larsen, Samantha	Southwest Valley	16:56.15	40
53	Blotzer, Jordan	Ahstw	16:57.16	41
54	Vandevanter, Brooklyn	Atlantic MS	17:00.88	42
55	Smith-Burns, Rhianna	Glenwood	17:03.33	
56	Birt, Ally	Southwest Valley	17:19.75	43
57	Petersen, Cali	Ahstw	17:21.61	44
58	Shires, Danna	Southwest Valley	17:26.29	45
59	Pierce, Chloe	Glenwood	17:27.20	
60	German, Riley	Lcms	17:29.26	
61	Johnson, Rio	Atlantic MS	17:32.67	
62	Glassel, Bella	Red Oak	17:43.99	46
63	Dreager, Dayna	Atlantic MS	17:47.41	
64	Stanislav, Lauren	Glenwood	17:48.16	
65	Inman, Rebecca	Southwest Valley	17:48.62	47
66	Fulmer, Evelyn	Lcms	17:55.44	
67	Martin, Lucy	Shenandoah MS	18:04.18	
68	Lewis, Claire	St. Albert	18:21.79	
69	Harder, Kaytlin	Glenwood	18:27.11	
70	Hammons, Mya	Shenandoah MS	18:31.57	
71	Porter, Lindsey	Red Oak	18:36.91	48
72	Wallis, Josselyn	Glenwood	18:40.88	
73	Wetzel, Rebecca	Southwest Valley	18:56.11	49
74	Dymond, Kloey	Bedford	19:27.32	
75	Shipley, Sarah	Southwest Valley	19:28.13	
76	Jones, Abbie	Lcms	19:38.45	
77	Miller, Lauren	Lcms	19:48.77	
78	Raymond, Paige	Glenwood	20:04.88	
79	Medina, Stephany	Red Oak	20:05.41	50

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80	Koricic, Allison	Treynor	20:18.36	
81	Petersen, Lanie	Treynor	20:34.14	
82	Duff, Monica	Lcms	20:57.92	
83	Millett, Hannah	Riverside	22:18.85	
84	Rolenc, Tessa	Red Oak	22:30.20	51
85	Gotto, Madison	Southwest Valley	22:43.84	

**Shenandoah Cross Country Meet
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Middle School Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Atlantic MS	54	2	9	11	12	20	32	34	1:02:19.14	12:27.83
2	Lcms	61	6	7	10	13	25	26	33	1:03:20.70	12:40.14
3	St. Albert	68	4	5	8	16	35	37	39	1:03:40.26	12:44.06
4	Glenwood	96	14	18	19	21	24	27	28	1:05:29.72	13:05.95
5	Treynor	127	17	22	23	29	36	38	40	1:07:04.23	13:24.85
6	Red Oak	128	1	3	31	43	50			1:13:24.67	14:40.94
7	Southwest Valley MS	191	15	41	44	45	46	49		1:16:53.08	15:22.62
8	Hamburg	218	30	42	47	48	51			1:27:42.09	17:32.42

Middle School Boys Individual Results

Place	Athlete	Team	Time	Points
1	Bergren, Baylor	Red Oak	11:10.75	1
2	Berg, Zane	Atlantic MS	11:12.29	2
3	Galicia, Luis	Red Oak	11:48.65	3
4	Lillie, Colin	St. Albert	12:00.88	4
5	Churchill, Jonah	St. Albert	12:03.37	5
6	Porter, Gable	Lcms	12:04.33	6
7	Ahman, Ben	Lcms	12:18.55	7
8	Schuster, Josh	Shenandoah MS	12:26.09	
9	Fischer, Hayden	Ahstw	12:29.10	
10	Hill, Adyn	St. Albert	12:35.10	8
11	McLaren, Garrett	Atlantic MS	12:36.75	9
12	Gutzmer, Will	Southwest Iowa	12:37.40	
13	Rhodes, Clayton	Lcms	12:41.98	10
14	Jipsen, Cooper	Atlantic MS	12:42.46	11
15	Johnson, Noah	Bedford	12:42.80	
16	Engler, Drew	Atlantic MS	12:43.65	12
17	Allen, Quentin	Lcms	12:45.38	13
18	Spies, Clayton	Riverside	12:46.84	
19	VanHouten, Payten	Southwest Iowa	12:47.30	
20	Anderson, Dillon	Glenwood	12:50.00	14
21	Fuller, Gabe	Southwest Valley	12:56.07	15
22	Dukes, Christian	Shenandoah MS	12:58.20	
23	Golti, Jack	St. Albert	12:59.45	16
24	Yochum, Mason	Treynor	12:59.92	17
25	Williams, Andrew	Glenwood	13:01.41	18
26	Schuster, Eli	Shenandoah MS	13:03.15	
27	Griffin, Jackson	Glenwood	13:03.60	19
28	Comes, Dylan	Atlantic MS	13:03.99	20
29	Parks, Ethan	Glenwood	13:06.79	21
30	Bach, Ryan	Treynor	13:08.94	22
31	Reelfs, Tyler	Treynor	13:12.35	23
32	McPherson, Aaron	Glenwood	13:27.92	24
33	Fry, Kolby	Lcms	13:30.46	25

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34	Powell, Riley	Lcms	13:32.26	26
35	McDanel, Johnny	Glenwood	13:33.70	27
36	Slaughter, Jacob	Glenwood	13:34.21	28
37	Coffman, Brady	Treynor	13:34.95	29
38	Beam, Kyle	Hamburg	13:39.17	30
39	Vasquez, Sebastian	Red Oak	13:40.97	31
40	Altman, Isaac	Atlantic MS	13:41.81	32
41	Houser, Adam	Griswold	13:45.06	
42	Barnes, Stevie	Lcms	13:50.03	33
43	Edwards, Ethan	Lcms	13:52.13	
44	Hayes, Brayden	Clarinda MS	13:57.04	
45	Sanchez, Hector	Atlantic MS	14:00.16	34
46	Denny, Adam	St. Albert	14:01.46	35
47	Cornejo, Kaedyn	Ahstw	14:03.62	
48	Wiggins, Corbin	Treynor	14:08.07	36
49	Gast, Alex	St. Albert	14:10.32	37
50	Spies, Brant	Riverside	14:11.62	
51	Nelson, Noah	Treynor	14:13.70	38
52	Piskorski, Hadyn	St. Albert	14:14.13	39
53	Smith, Carter	Atlantic MS	14:14.79	
54	Burmeister, Sam	Treynor	14:15.90	40
55	York, Bryan	Atlantic MS	14:16.84	
56	Goltl, Joe	St. Albert	14:20.93	
57	Petersen, Nathan	Treynor	14:25.80	
58	Dales, Tanner	Lcms	14:26.87	
59	Anderson, Jaxton	Lcms	14:27.31	
60	Lorson, Ian	Glenwood	14:29.02	
61	Phippen, Hayden	Lcms	14:29.87	
62	Jones, Eli	St. Albert	14:30.58	
63	Humpal, Julian	Lcms	14:32.63	
64	Okerbloom, Owen	Lcms	14:38.22	
65	Hawk, Will	St. Albert	14:44.22	
66	Tripp, Gaige	Lcms	14:45.04	
67	Stoufer, Drew	Lcms	14:48.86	
68	Westlake, Logan	Southwest Valley	14:51.02	41
69	Greenwood, Payton	Lcms	14:56.44	
70	Young, Alan	Treynor	14:59.17	
71	Tarrell, Logan	Atlantic MS	15:00.91	
72	Jentzsch, Jerett	East MillsJH	15:02.26	
73	Racine, Zek	Hamburg	15:06.25	42
74	Wade, Thoren	East MillsJH	15:06.81	
75	VonWeihe, Caden	Lcms	15:09.04	
76	Ross, John	Treynor	15:18.42	
77	Travis, Gabe	Treynor	15:19.82	
78	Schaben, Carter	Glenwood	15:20.66	
79	Kern, Michael	Lcms	15:24.51	

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80	Wray, Brody	East MillsJH	15:25.00	
81	Christensen, Tyler	Treynor	15:28.52	
82	Jones, Ethan	St. Albert	15:30.51	
83	Buckles, Quinten	Lcms	15:41.62	
84	Finney, Jacob	St. Albert	15:46.20	
85	Lea, Karson	Lcms	15:50.59	
86	Kavars, Jack	Lcms	15:54.30	
87	Fisher, Steven	Lcms	15:57.85	
88	Tallman, Will	St. Albert	15:58.53	
89	Barradas, Luis	Lcms	16:03.90	
90	Bruce, Aiden	Red Oak	16:09.74	43
91	McCuen, Logan	Southwest Valley	16:12.22	44
92	Tullis, Hunter	Southwest Valley	16:17.42	45
93	Horton, Corbin	Treynor	16:27.97	
94	Ford, Jayden	Atlantic MS	16:31.12	
95	Saar, Andrew	Treynor	16:35.21	
96	True, Tyler	Southwest Valley	16:36.35	46
97	Johnson, Broedy	Lcms	16:43.04	
98	Brownlee, Camron	Griswold	16:43.82	
99	Edwards, Jackson	Lcms	16:48.74	
100	McDaniel, Lucas	Lcms	17:02.74	
101	King, Charlie	Lcms	17:22.65	
102	Foote, Dustin	Clarinda MS	17:27.77	
103	Barrett, Dylan	Hamburg	17:36.30	47
104	Wise, Owen	St. Albert	17:49.19	
105	Lincoln, Ryan	Lcms	17:54.36	
106	Youngblood, Cormack	Lcms	18:00.17	
107	Barron, Aiden	Lcms	18:07.87	
108	Laramy, Andrew	East MillsJH	18:17.49	
109	Messell, Anthony	Lcms	18:43.22	
110	Brandt, Mason	Hamburg	19:00.66	48
111	Weis, Alex	Riverside	19:32.49	
112	Flowers, Quaynton	Lcms	19:54.75	
113	O'Briant, Dakota	Southwest Valley	20:01.92	49
114	Stickland, Truman	Red Oak	20:34.56	50
115	Ruiz, Grant	Lcms	21:55.52	
116	Osborne, Lincon	Hamburg	22:19.71	51
117	Ayers, Hayden	Riverside	22:43.84	