

Steve Johnson Cross Country Invitational
Max Cross Country Course
Wartburg College
Waverly, IA
September 30, 2017
60s, windy & mostly sunny

Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Average	Spread
1	Onalaska	67	4	8	13	16	26	33	35	19:40.2	1:17.4
2	Dubuque Senior	88	7	10	22	24	25	31	36	19:51.1	1:01.6
3	Pleasant Valley	100	9	11	18	28	34	52	71	19:59.3	1:07.5
4	Ottumwa	120	2	12	14	44	48	55	62	20:07.5	2:25.1
5	Urbandale	125	15	17	21	29	43	45	49	20:15.2	1:02.1
6	North Scott	147	6	19	37	38	47	53	57	20:22.3	2:02.2
7	Indianola	189	5	27	42	46	69	104	105	20:44.2	2:54.3
8	Muscatine	201	20	30	32	54	65	78	81	20:56.1	1:58.7
9	Mason City	293	39	40	63	72	79	84	97	21:40.3	1:37.4
10	Waverly-Shell Rock	305	41	56	59	66	83	87	99	21:48.9	1:40.2
11	Kasson-Mantorville	316	1	23	85	89	118	129	131	21:51.9	6:25.4
12	Iowa City Regina	323	51	58	60	64	90	91	93	22:01.3	1:24.5
13	Benilde St Margaret's	333	3	68	80	82	100	102	107	21:52.5	4:32.7
14	Jesup	413	50	67	88	96	112	115	128	22:49.7	3:11.9
15	Nodaway Valley	457	61	76	94	101	125	127		23:31.7	4:50.2
16	Hoover	458	73	74	75	117	119	120	134	23:29.0	2:54.1
17	Saint Ansgar	473	70	92	95	106	110	111	113	23:20.0	2:14.0
18	South Hamilton	549	86	103	108	122	130	133		24:48.6	4:46.6
19	Starmont	561	77	116	121	123	124			25:16.4	4:04.6
20	Wapello	579	98	109	114	126	132			25:29.0	4:39.4

Incomplete Teams: Davenport West, Linn-Mar, Mfl Marmac, Rockford

Varsity Girls Individual Results

Place	Points	Athlete	Grade	Time	Team
1		Micah Poellet	Fr	18:10.1	Linn-Mar
2	1	Courtney West	Sr	18:37.7	Kasson-Mantorville
3	2	Kylie Latham	Sr	18:50.3	Ottumwa
4	3	Tracy Renier	Sr	18:52.5	Benilde St Margaret's
5	4	Kora Malecek	Fr	19:05.0	Onalaska
6	5	Grace Berg	Sr	19:09.6	Indianola
7	6	Presley Case	So	19:12.2	North Scott
8	7	Mia Rampton	Sr	19:12.7	Dubuque Senior
9	8	Lydia Malecek	Fr	19:14.1	Onalaska
10	9	Mallory Lafever	Jr	19:23.7	Pleasant Valley
11	10	Ashley Donovan	Jr	19:30.6	Dubuque Senior
12	11	Maddie Minard	Jr	19:37.5	Pleasant Valley
13	12	Alli Bookin-Nosbisch	So	19:39.8	Ottumwa
14	13	Amalia Malecek	Fr	19:41.1	Onalaska
15	14	Carollin Mellin	So	19:48.7	Ottumwa
16	15	Macy Gaskill	Fr	19:53.9	Urbandale
17	16	Ellie Smith	Fr	19:58.0	Onalaska

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18	17	Kayla Owens	So	19:58.3	Urbandale
19	18	Abby Riley	Jr	20:00.0	Pleasant Valley
20	19	Abbi Lafrenz	So	20:00.8	North Scott
21	20	Moriah Morter	Sr	20:02.0	Muscatine
22	21	Avery Peterson	Sr	20:03.0	Urbandale
23		Rachel Bohnenkamp	Sr	20:05.8	Linn-Mar
24	22	Isabelle Gorton	Fr	20:06.8	Dubuque Senior
25	23	Tiana Wiebke	Fr	20:07.6	Kasson-Mantorville
26	24	Lauren Miller	Jr	20:10.9	Dubuque Senior
27	25	Ava Frye	Sr	20:14.2	Dubuque Senior
28	26	Aubrey Clements	Fr	20:22.4	Onalaska
29	27	Ashley Rockhold	So	20:22.5	Indianola
30	28	Laura Brown	Sr	20:23.7	Pleasant Valley
31	29	Brie Ruch	Fr	20:24.7	Urbandale
32	30	Rylee Blake	So	20:25.4	Muscatine
33		Sheridan LaCoste	Sr	20:26.1	Rockford
34	31	Claire Edmondson	So	20:26.7	Dubuque Senior
35	32	Emmie Smith	Jr	20:27.7	Muscatine
36	33	Carolyn Kerns	Fr	20:29.7	Onalaska
37	34	Cecilie Schieffer	Jr	20:31.2	Pleasant Valley
38	35	Rachel Hosch	Fr	20:34.9	Onalaska
39	36	Olivia Kruse	Jr	20:36.8	Dubuque Senior
40	37	Sommer Clydesdale	Jr	20:41.8	North Scott
41	38	Grace Sindt	Fr	20:42.4	North Scott
42		Abby Van Rheenen	Sr	20:48.8	Linn-Mar
43	39	Emma Davison	Sr	20:50.3	Mason City
44	40	Hannah Thomas	So	20:51.9	Mason City
45	41	Emma Hoins	Fr	20:53.1	Waverly-Shell Rock
46	42	Bailey Blake	So	20:54.6	Indianola
47	43	Kati Heller	Sr	20:55.9	Urbandale
48	44	Meghan Coulter	Fr	21:02.9	Ottumwa
49	45	Abby Huls	So	21:04.0	Urbandale
50	46	Jadyn Forbes	Jr	21:10.3	Indianola
51		Claudia Delgado	Fr	21:11.4	Onalaska
52	47	Alissa Bockenfeld	Fr	21:14.3	North Scott
53	48	Alejandra Gaspar	Sr	21:15.4	Ottumwa
54	49	Mykenna Cole	Fr	21:25.5	Urbandale
55	50	Emily Treptow	Jr	21:26.6	Jesup
56		Reese Dial	So	21:30.2	Urbandale
57	51	Kennedy Scott	So	21:30.9	Iowa City Regina
58	52	Shannon Miller		21:32.1	Pleasant Valley
59		Kim Reyes	Sr	21:36.4	Urbandale
60	53	Katie Jackovich	Jr	21:41.3	North Scott

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61	54	Lauren Dirth	So	21:44.7	Muscatine
62	55	Isabelle Mellin	Fr	21:45.1	Ottumwa
63	56	Anna Hoins	Jr	21:46.3	Waverly-Shell Rock
64	57	Emily Kundel	So	21:47.8	North Scott
65	58	Molly Vittetoe	Jr	21:49.3	Iowa City Regina
66	59	Libby Dix	Jr	21:50.6	Waverly-Shell Rock
67	60	Nourah Abusada	Sr	21:50.7	Iowa City Regina
68	61	Reagan Weinheimer	So	21:54.1	Nodaway Valley
69	62	Morgan Lawson	Sr	21:54.8	Ottumwa
70	63	Sami Miller	So	21:57.6	Mason City
71	64	Lauren Gaarde	Sr	22:00.0	Iowa City Regina
72	65	Molly Tigrett	Sr	22:00.6	Muscatine
73	66	Lauren Boevers	So	22:00.9	Waverly-Shell Rock
74	67	Mara Moore	Fr	22:03.7	Jesup
75	68	Abigail Swanson	So	22:03.8	Benilde St Margaret's
76	69	Rachel Engelhardt	Fr	22:03.9	Indianola
77	70	Addy Carlson	Jr	22:10.8	Saint Ansgar
78	71	Lucy Foley		22:10.8	Pleasant Valley
79		Sophia Ford	Fr	22:13.2	Ottumwa
80	72	Alana Wickering	Sr	22:14.0	Mason City
81	73	Rachel Math	Jr	22:21.3	Hoover
82		Jenny Harding	So	22:22.7	Onalaska
83	74	Taylan Olson	Sr	22:23.1	Hoover
84	75	Arabia Parkey	Fr	22:24.0	Hoover
85	76	Sophia Broers	Fr	22:24.9	Nodaway Valley
86	77	Bianca Malone	Sr	22:26.1	Starmont
87	78	Emma Maynard	Sr	22:26.7	Muscatine
88	79	Marcella Sierra	Fr	22:27.6	Mason City
89	80	Nicole Dorn	Sr	22:27.9	Benilde St Margaret's
90	81	Macey Rogers	Jr	22:32.0	Muscatine
91	82	Meagan Steck	Jr	22:32.9	Benilde St Margaret's
92	83	Emma Figura	Sr	22:33.3	Waverly-Shell Rock
93	84	Sami Haberman	Sr	22:33.4	Mason City
94	85	Sophie Gossard	Jr	22:37.6	Kasson-Mantorville
95	86	Yolanda Licea	Fr	22:40.9	South Hamilton
96	87	Camryn Grawe	So	22:49.8	Waverly-Shell Rock
97		Kali Dixon	Jr	22:49.8	Urbandale
98	88	Grace Thompson	So	22:52.1	Jesup
99	89	Nicole Kress	So	22:53.5	Kasson-Mantorville
100		Julia Moravec	Jr	22:54.4	Muscatine
101	90	Mary Catherine Graff	Jr	22:55.4	Iowa City Regina
102	91	Emma Welter	So	22:58.2	Iowa City Regina
103		Jessie Chalupa	So	22:59.3	Davenport West

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104	92	Jessica Gonnerman	Sr	23:01.0	Saint Ansgar
105	93	Bree Balke	Jr	23:03.2	Iowa City Regina
106	94	Mallory Kuhns	So	23:03.4	Nodaway Valley
107	95	Addy Witt	So	23:07.3	Saint Ansgar
108	96	Kylie Wilberding	Sr	23:07.4	Jesup
109		Abbie Guinta	Jr	23:08.5	Onalaska
110		Natalie Sueppel	Sr	23:09.8	Iowa City Regina
111		Savanah Strunk	Sr	23:11.9	Davenport West
112		Carlie Blazek	Fr	23:12.9	Muscatine
113		Ellie Cahill	Sr	23:13.3	Muscatine
114	97	Kayla Davis	Sr	23:14.8	Mason City
115	98	Eryka Dickey	So	23:19.2	Wapello
116		Natalie Shank	Sr	23:20.3	Iowa City Regina
117		Lauren Kimani	Jr	23:20.8	Iowa City Regina
118	99	Makayla Reed	So	23:22.8	Waverly-Shell Rock
119	100	Samantha Tarnowski	Sr	23:25.1	Benilde St Margaret's
120		Madeline Burton	Jr	23:26.3	Mason City
121	101	Madison Van Otterloo	So	23:31.4	Nodaway Valley
122	102	Felisha Fox	Sr	23:32.9	Benilde St Margaret's
123		Liz VanHove	Sr	23:35.8	Waverly-Shell Rock
124		Hailee Kent	Jr	23:38.7	Waverly-Shell Rock
125	103	Marissa Jensen	Fr	23:39.3	South Hamilton
126	104	Allison Coffey	Sr	23:42.8	Indianola
127	105	Celia Askelson	Sr	23:51.3	Indianola
128	106	Kirsten Boerjan	Fr	23:55.8	Saint Ansgar
129	107	Maggie Sexton	Sr	23:57.4	Benilde St Margaret's
130	108	Abby Ervin	Fr	24:03.7	South Hamilton
131		Brycelyn Hanson	Fr	24:03.9	Mason City
132		Malayna Carstens	So	24:10.7	Davenport West
133	109	Emma Reid	Jr	24:12.9	Wapello
134		Isabel Flemming	Jr	24:13.2	Benilde St Margaret's
135	110	Maggie Davis	Fr	24:24.8	Saint Ansgar
136	111	Miricle Corbo	Sr	24:34.4	Saint Ansgar
137		Kailyn Pedersen	Jr	24:35.2	Benilde St Margaret's
138	112	Camrin Moore	Jr	24:38.4	Jesup
139	113	Ella Brown	Fr	24:41.1	Saint Ansgar
140		Hannah Schutte	Fr	24:46.6	Mfl Marmac
141	114	Alexis Knight	So	24:50.0	Wapello
142	115	Chloe Even	Jr	24:52.4	Jesup
143	116	Raquel Rosburg	Fr	24:55.5	Starmont
144	117	Goods Temira	So	25:01.2	Hoover
145	118	Madelyn Torkelson	8	25:03.0	Kasson-Mantorville
146	119	Swanson Lydia	Jr	25:15.4	Hoover

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147		Megan Gooder	Fr	25:21.1	Saint Ansgar
148	120	Rebekah Bourland	Sr	25:36.4	Hoover
149		Keri Picha	Fr	25:58.2	Mfl Marmac
150		Cassidy Penrod	Fr	26:01.6	Mfl Marmac
151	121	Kalyn McTaggart	So	26:07.8	Starmont
152	122	Emily Willadsen	Jr	26:11.5	South Hamilton
153	123	Callan Willie	So	26:21.6	Starmont
154	124	Grace Smith	Sr	26:30.7	Starmont
155		Madison Rediske	Jr	26:37.3	Waverly-Shell Rock
156	125	Jessica Huff	Fr	26:44.3	Nodaway Valley
157	126	Dani Massey	Jr	27:04.0	Wapello
158	127	Caidynce Schwartz	Fr	27:07.6	Nodaway Valley
159		Chloe Levan	Jr	27:16.7	Saint Ansgar
160	128	Emily Clark	Jr	27:23.1	Jesup
161	129	Isabella Selthun	8	27:24.7	Kasson-Mantorville
162	130	Ella Carlson	Jr	27:27.5	South Hamilton
163	131	Annabel Smith	So	27:43.0	Kasson-Mantorville
164		Leah Borgerding	So	27:47.1	Jesup
165	132	Claire Hoeg	Fr	27:58.5	Wapello
166		Noa Marting	So	28:15.1	Jesup
167	133	Brooklyn George	So	28:31.7	South Hamilton
168	134	Naomi Bourland	So	29:43.2	Hoover
169		Jayden Jorgensen	Jr	32:10.9	Rockford
170		Bailey Orthel	Jr	32:22.6	Rockford
171		Molly Jenkins	So	33:53.1	Saint Ansgar

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Varsity Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Average	Spread
1	Hemsptead	27	1	2	5	9	10	13	23	16:21.9	0:44.3
2	Dubuque Senior	118	3	8	24	32	51	58	64	16:53.7	1:36.5
3	Nodaway Valley	137	7	12	25	28	65	80	102	17:04.8	1:28.4
4	Indianola	141	11	15	29	39	47	67		17:08.6	0:43.8
5	Kasson-Mantorville	146	14	18	33	37	44	55	79	17:10.3	0:36.4
6	Urbandale	151	4	19	26	50	52	59	78	17:06.2	1:29.0
7	Benilde St Margaret's	196	20	27	41	42	66	70	75	17:23.1	1:00.7
8	Davenport West	220	6	31	46	68	69	82	89	17:25.3	1:37.4
9	North Scott	224	17	36	53	57	61	76	77	17:30.0	0:56.5
10	Waverly-Shell Rock	258	21	22	48	72	95	99	109	17:41.5	1:49.0
11	South Hamilton	273	30	35	45	49	114	124	129	17:47.1	2:15.2
12	Mason City	305	16	60	63	81	85	91	100	17:53.1	1:36.8
13	Starmont	333	38	54	71	84	86	123	125	18:01.1	1:08.8
14	Onalaska	338	34	56	73	87	88	92	97	18:05.2	1:24.0
15	Wapello	454	40	93	96	108	117	121	130	18:44.1	2:07.8
16	Ottumwa	475	62	101	103	104	105	106	113	18:46.3	1:11.9
17	Iowa City Regina	487	43	74	120	122	128	143		18:59.2	2:24.2
18	Hoover	498	83	90	98	112	115	126	132	18:56.3	1:02.7
19	Jesup	604	110	111	118	131	134	137	138	19:39.9	1:09.2
20	Saint Ansgar	619	94	119	127	139	140			20:17.5	3:10.0
21	Rockford	671	116	133	135	142	145			21:25.8	5:39.5
22	Mfl Marmac	674	107	136	141	144	146			22:28.9	7:18.1

Varsity Boys Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Addison Kalb	Sr	16:01.2	Hemsptead
2	2	Ben Hermiston	Jr	16:02.4	Hemsptead
3	3	Jalen Hildebrand	Sr	16:02.6	Dubuque Senior
4	4	Payton Marrs	So	16:10.6	Urbandale
5	5	David Holesinger	Jr	16:14.9	Hemsptead
6	6	Andrew Wright	Sr	16:23.8	Davenport West
7	7	Brycen Wallace	Sr	16:27.7	Nodaway Valley
8	8	Isaiah Schaetzel	So	16:29.3	Dubuque Senior
9	9	Nick Torrey	Jr	16:45.2	Hemsptead
10	10	Matthew Jungk	So	16:45.5	Hemsptead
11	11	Gabe Pottebaum	Sr	16:47.4	Indianola
12	12	Skyler Rawlings	Sr	16:48.0	Nodaway Valley
13	13	Matt Schatz	Jr	16:49.7	Hemsptead
14	14	Isaac Threinen	So	16:51.7	Kasson-Mantorville
15	15	Quentin Linnan	Sr	16:52.7	Indianola
16	16	Michael Rowe	Jr	16:54.5	Mason City

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17	17	Jackson Schrock	Jr	16:54.7	North Scott
18	18	George Gustafson	8	16:55.8	Kasson-Mantorville
19	19	Ryan Finer	Sr	16:57.4	Urbandale
20	20	Peter Lynch	So	16:57.9	Benilde St Margaret's
21	21	Sam Kepford	Jr	16:58.7	Waverly-Shell Rock
22	22	Eamonn McCullough	Sr	16:59.3	Waverly-Shell Rock
23	23	Nolan Welbes	Sr	17:02.0	Hemspstead
24	24	Evan Wille	Jr	17:03.7	Dubuque Senior
25	25	Tyler Breheny	So	17:04.5	Nodaway Valley
26	26	Sam Schweizer	So	17:05.0	Urbandale
27	27	Aidan Luebke	Jr	17:06.0	Benilde St Margaret's
28	28	Joshua Baudler	So	17:07.3	Nodaway Valley
29	29	Eric Baldus	Jr	17:07.4	Indianola
30	30	Quinton Grove	So	17:07.6	South Hamilton
31	31	Kameron Morgan	Jr	17:10.4	Davenport West
32	32	Will Whalen	Sr	17:13.4	Dubuque Senior
33	33	Jace Minelli	Jr	17:15.0	Kasson-Mantorville
34	34	Aj Ervin	So	17:15.7	Onalaska
35	35	Josiah Brown	Sr	17:17.0	South Hamilton
36	36	Max Adkinsson	Fr	17:19.8	North Scott
37	37	Benjamin Trihey	Sr	17:20.8	Kasson-Mantorville
38	38	Mitchell Hayes	Sr	17:23.4	Starmont
39	39	Thomas Naughton	Sr	17:24.1	Indianola
40	40	Aiden Housman	So	17:24.6	Wapello
41	41	Sam Ryan	Fr	17:26.1	Benilde St Margaret's
42	42	Greg Ramel III	Sr	17:26.7	Benilde St Margaret's
43	43	Nathan Meyer	Sr	17:27.6	Iowa City Regina
44	44	Charlie Miller	Sr	17:28.0	Kasson-Mantorville
45	45	Logan Peters	Jr	17:30.1	South Hamilton
46	46	Jordan Gravert	Jr	17:30.9	Davenport West
47	47	Jeb Borgmeyer	So	17:31.2	Indianola
48	48	Noah Campbell	So	17:35.5	Waverly-Shell Rock
49	49	Ty Skartvedt	Fr	17:37.9	South Hamilton
50	50	Drew Dabney	Sr	17:38.2	Urbandale
51	51	Matt Johnson	So	17:39.1	Dubuque Senior
52	52	Jack Larson	So	17:39.6	Urbandale
53	53	Owen West	Fr	17:40.2	North Scott
54	54	Caleb Wittman	Sr	17:41.8	Starmont
55	55	Mason Iverson	Sr	17:43.2	Kasson-Mantorville
56	56	Aiden Robinson	Fr	17:43.5	Onalaska
57		Jacob Westermeyer	So	17:43.9	Hemspstead
58	57	Gabe Jensen	Jr	17:44.1	North Scott
59	58	Ben Cook	Jr	17:44.8	Dubuque Senior

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60	59	Reece Knepper	So	17:45.0	Urbandale
61	60	Jack Phillips	Sr	17:47.3	Mason City
62	61	Chase Porter	Fr	17:51.1	North Scott
63	62	Conner Riley	Sr	17:51.9	Ottumwa
64	63	Derek Johnson	Sr	17:52.5	Mason City
65	64	Greyson Kincaid	Sr	17:53.9	Dubuque Senior
66	65	Ben Breheny	Fr	17:56.1	Nodaway Valley
67	66	Quetin Struwe	Jr	17:58.6	Benilde St Margaret's
68	67	Brock Elbert	Jr	17:58.8	Indianola
69	68	Brett Wisor	Jr	17:59.8	Davenport West
70	69	Michael Anfinson	Sr	18:01.2	Davenport West
71	70	Lorenzo Cerda	Sr	18:02.4	Benilde St Margaret's
72	71	Colt Gilson	Sr	18:03.2	Starmont
73	72	Luke Stromberg	Jr	18:06.0	Waverly-Shell Rock
74	73	Jacob Hitchler	So	18:07.3	Onalaska
75	74	Anthony Knepper	Fr	18:10.8	Iowa City Regina
76		Owen Dawson	Jr	18:12.4	Valley Lutheran
77	75	Mark Ramel	So	18:12.6	Benilde St Margaret's
78	76	Colin Wiersema	Jr	18:13.8	North Scott
79	77	Nick Boddicker	Sr	18:14.2	North Scott
80	78	Anthony Moran	Fr	18:14.7	Urbandale
81	79	Jared Johnson	Sr	18:15.1	Kasson-Mantorville
82	80	Austin Lundy	Sr	18:18.8	Nodaway Valley
83	81	Joey Daoud	Jr	18:19.8	Mason City
84		Sean Biwer	Sr	18:20.3	Benilde St Margaret's
85	82	Alex Schwindt	Jr	18:20.7	Davenport West
86	83	Quilin Kirkpatrick	Jr	18:22.1	Hoover
87	84	Carson Willie	Sr	18:24.9	Starmont
88		Reid Spreiter	So	18:28.6	Kasson-Mantorville
89	85	Claudio Mateo	Fr	18:31.3	Mason City
90	86	Christopher Baumgartner	So	18:32.1	Starmont
91		Michael Pupel	Sr	18:38.7	Benilde St Margaret's
92	87	Jaden Coles	So	18:39.6	Onalaska
93	88	Sam Conway	Fr	18:39.6	Onalaska
94	89	Jackson Hessel	Fr	18:41.6	Davenport West
95	90	Archie Weah	So	18:42.6	Hoover
96	91	Luke Mulholland	So	18:43.0	Mason City
97	92	Andrew Runde	Jr	18:44.5	Onalaska
98	93	Dan Meeker	So	18:45.0	Wapello
99	94	Seth Hershey	So	18:45.0	Saint Ansgar
100		Bryce Golden	So	18:45.1	North Scott
101		Matt Brockway	So	18:47.4	Urbandale
102	95	Kyle Kueker	Jr	18:47.6	Waverly-Shell Rock

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103		Sam Nelson	Jr	18:49.4	Benilde St Margaret's
104		Aydan Daza	Fr	18:50.3	Urbandale
105	96	Armando Osornio	Sr	18:52.1	Wapello
106	97	Isaac Burnette	Jr	18:53.2	Onalaska
107	98	Brice Rhodes	Jr	18:53.9	Hoover
108	99	Andrew Schwab	Jr	18:54.7	Waverly-Shell Rock
109	100	David Johnson	So	18:55.2	Mason City
110	101	Luis Sosa	Jr	18:56.1	Ottumwa
111	102	Carter Menefee	So	18:57.7	Nodaway Valley
112	103	Trenton Elliott	So	18:59.6	Ottumwa
113	104	Javon Martin	Jr	18:59.8	Ottumwa
114		Keagan May	Jr	19:00.1	Mason City
115		Jesse Johnson	Jr	19:00.3	Nodaway Valley
116	105	Isacc Ford	So	19:03.8	Ottumwa
117	106	Max Thomason	Fr	19:04.7	Ottumwa
118	107	Kolton Matthews	Jr	19:04.9	Mfl Marmac
119	108	Brian Redmond	So	19:06.2	Wapello
120		Damon Zielke	Fr	19:07.4	Onalaska
121		Carson Nagy	Fr	19:08.5	Onalaska
122	109	Noah Dilly	Jr	19:08.6	Waverly-Shell Rock
123	110	Ethan Backes	Sr	19:10.9	Jesup
124		Colby Johnson	Sr	19:12.5	Kasson-Mantorville
125	111	Zach Tovar	Jr	19:13.0	Jesup
126	112	Mohamed Temsah	Fr	19:18.1	Hoover
127	113	Adrian Dubon	So	19:18.8	Ottumwa
128		Riely Wellendorf	Fr	19:18.9	Onalaska
129	114	Logan Austin	So	19:22.8	South Hamilton
130		Isaac Mize	Sr	19:23.2	North Scott
131	115	Devin Sinanovic	So	19:24.8	Hoover
132	116	Jake Staudt	Jr	19:27.0	Rockford
133		Ethan Malek	So	19:29.3	Mason City
134	117	Jacob Ewart	Jr	19:32.3	Wapello
135	118	Brady Wilson	So	19:34.1	Jesup
136	119	Ryan Wagner	So	19:34.2	Saint Ansgar
137		Gage Clabaugh	Jr	19:37.3	Urbandale
138	120	Robert Beck	Sr	19:40.5	Iowa City Regina
139	121	Tristin Kauffman	Fr	19:40.6	Wapello
140	122	Michael Dunn	So	19:45.2	Iowa City Regina
141	123	Henry Hahn	Jr	19:45.8	Starmont
142		Ryan Cherry	Sr	19:46.4	Waverly-Shell Rock
143	124	Clay Willadsen	Fr	19:47.0	South Hamilton
144	125	Tyler Lynde	Sr	19:47.6	Starmont
145	126	Ferdinand Alobo	So	19:49.0	Hoover

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146		Zach Jankowski	So	19:49.1	Kasson-Mantorville
147		Evan Baumgartner	So	19:49.6	Starmont
148	127	Uziel Garcia	Sr	19:50.0	Saint Ansgar
149	128	Zach Kratz	Jr	19:51.8	Iowa City Regina
150	129	Gage Koster	Fr	19:52.7	South Hamilton
151		Taylor Young	So	19:58.0	Ottumwa
152		Andreas Hernandez	Sr	19:59.2	Ottumwa
153	130	Christopher Ewart	Fr	19:59.3	Wapello
154	131	Heath Wyant	So	20:01.3	Jesup
155		Logan McCullough	So	20:01.6	Waverly-Shell Rock
156	132	Jonathan Garcia	Fr	20:09.1	Hoover
157	133	Andrew Longcor	Sr	20:10.0	Rockford
158		Adam Hein	Jr	20:16.2	Waverly-Shell Rock
159	134	Alex Moore	Sr	20:20.0	Jesup
160		Josh Carmenatte	Jr	20:20.1	Hoover
161	135	Jacob Stokes	Jr	20:22.8	Rockford
162	136	Keagan Smerud	Fr	20:29.3	Mfl Marmac
163		Griffin Schoonover	So	20:52.8	Wapello
164		Jahret Vanenglehoven	Sr	20:56.9	Ottumwa
165	137	Zach Meade	Jr	21:05.2	Jesup
166		Joel Blazek	Jr	21:09.3	Nodaway Valley
167	138	Casey Alferink	Fr	21:20.3	Jesup
168	139	Eddie Mendoza	Jr	21:23.3	Saint Ansgar
169		Dustin Finck	Sr	21:24.1	Nodaway Valley
170		Josh Johnson	Jr	21:31.2	Jesup
171		Daniel Hemphill	So	21:46.2	Wapello
172	140	Joel Carlson	Sr	21:55.0	Saint Ansgar
173	141	Colin Moses	Fr	21:57.2	Mfl Marmac
174	142	Colton Ewing	Jr	22:02.7	Rockford
175		Clayton Smith	Sr	22:06.3	Starmont
176		Miguel Jaime	So	22:08.5	Mason City
177		Andrew Guthrie	Fr	22:27.2	Valley Lutheran
178	143	Nicholas Abusada	Fr	22:38.8	Iowa City Regina
179		Garrett Wellman	Sr	22:55.8	Jesup
180		Brett Determan	So	23:31.9	Valley Lutheran
181		Nick Beier	So	23:44.3	Valley Lutheran
182		Michael Conduff	Sr	24:15.0	Starmont
183	144	Jesse Breuer	Fr	24:29.7	Mfl Marmac
184	145	Cory Marth	Fr	25:06.4	Rockford
185	146	Coltin Ball	Jr	26:23.0	Mfl Marmac

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Junior Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Dubuque Senior	18	1	2	4	5	6	7	10	21:19.8	0:48.0	
2	Linn-Mar	46	3	8	9	11	15	19	20	22:10.4	2:15.0	
3	Muscatine	97	14	17	18	22	26	43	44	23:59.4	1:22.3	
4	Waverly-Shell Rock	108	13	21	23	24	27	29	31	24:20.6	1:23.6	
5	Benilde St Margaret's	152	12	33	34	36	37	39	42	24:56.3	2:25.9	
6	Onalaska	176	30	32	35	38	41			25:26.4	0:54.1	
7	Starmont	195	25	28	45	47	50	53		26:18.0	3:41.6	
8	Mason City	199	16	40	46	48	49	51	52	26:26.2	4:39.1	

Incomplete Teams: Hoover, Iowa City Regina, Jesup, Ottumwa, South Hamilton

Junior Varsity Girls Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Lily Schmidt	Fr	20:48.0	Dubuque Senior
2	2	Kes Whalen	So	21:13.4	Dubuque Senior
3	3	Aj Kendrick	Jr	21:14.2	Linn-Mar
4	4	Kate Miron	So	21:27.5	Dubuque Senior
5	5	Josie Stackis	So	21:34.1	Dubuque Senior
6	6	Lucia Nelson	Fr	21:35.9	Dubuque Senior
7	7	Evelyn Jenkins	Fr	21:43.4	Dubuque Senior
8	8	Sarah Murphy	Fr	21:48.7	Linn-Mar
9	9	Lindsay Ginger	Fr	21:55.9	Linn-Mar
10	10	Grace Ries	So	21:56.5	Dubuque Senior
11		Elle Connolly	Sr	22:06.3	Dubuque Senior
12		Sophie Shearer	Jr	22:08.2	Dubuque Senior
13	11	Genskow Olivia	So	22:23.6	Linn-Mar
14		Nadia Waid	Sr	22:30.1	Dubuque Senior
15		Stacey Kloft	Jr	23:01.3	Dubuque Senior
16		Kathryn Burns	Jr	23:05.2	Dubuque Senior
17	12	Camden Gage	7	23:09.5	Benilde St Margaret's
18		Emily Tigges	Sr	23:19.9	Dubuque Senior
19	13	Molly Ramker	So	23:28.6	Waverly-Shell Rock
20	14	Emma Hoag	Fr	23:29.0	Muscatine
21	15	Staker Sadie	So	23:29.2	Linn-Mar
22		Alora Rapp-Uptegraph	Fr	23:31.1	Dubuque Senior
23	16	Katie Cooling	Jr	23:31.5	Mason City
24	17	Kaleigh Bell	Sr	23:34.1	Muscatine
25		Mattie Sheckles	So	23:42.3	Dubuque Senior
26	18	Rebekah McNeely	Fr	23:45.2	Muscatine
27		Autumn Duehr	So	23:48.9	Dubuque Senior
28	19	Stacy Westman	Fr	23:49.1	Linn-Mar
29	20	Cagnard Elise	So	23:59.0	Linn-Mar

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30	21	Julia Reed	So	24:01.6	Waverly-Shell Rock
31		Bushlack Lizzie	So	24:07.7	Linn-Mar
32		Taylor Walsh	Sr	24:09.2	Dubuque Senior
33		Reagen Whalen	Fr	24:12.2	Dubuque Senior
34		Bailey Hammerand	Jr	24:13.8	Dubuque Senior
35	22	Gwen Kuhn	Fr	24:17.2	Muscatine
36		Bushlack Emily	So	24:29.8	Linn-Mar
37	23	Sophia Figura	Fr	24:38.3	Waverly-Shell Rock
38	24	Mackenzie Rupe	Jr	24:42.0	Waverly-Shell Rock
39		Mika Ndikumana	Fr	24:44.2	Linn-Mar
40	25	Gabrielle Moellers	Sr	24:48.4	Starmont
41	26	Laurel Bender	Fr	24:51.3	Muscatine
42	27	Morgan Chandler	Sr	24:52.1	Waverly-Shell Rock
43		Cali Rampton	Fr	24:55.3	Dubuque Senior
44	28	Amanda Becker	Fr	24:56.2	Starmont
45	29	Maddie VanHove	Jr	25:00.0	Waverly-Shell Rock
46	30	Brooke Visker	So	25:01.1	Onalaska
47		Shock Peyton	So	25:01.3	Linn-Mar
48	31	Abby Sassman	Jr	25:03.9	Waverly-Shell Rock
49	32	Vicky Kearns	Sr	25:04.4	Onalaska
50	33	Sarah Kinney	Jr	25:08.9	Benilde St Margaret's
51		Alexis Johnston	Fr	25:11.4	Ottumwa
52	34	Madeline Zachman	So	25:16.7	Benilde St Margaret's
53		Julia Drey	Fr	25:23.1	Linn-Mar
54	35	Kayla Krueger	Jr	25:28.2	Onalaska
55	36	Xela Gunvelson	Fr	25:30.7	Benilde St Margaret's
56		Josie Faga	Fr	25:33.3	Waverly-Shell Rock
57	37	Carly Smithmier	8	25:35.4	Benilde St Margaret's
58		Maya Holz	Jr	25:35.6	Dubuque Senior
59		Madi Overmann	Sr	25:36.4	Waverly-Shell Rock
60		Maegan Bird	Sr	25:39.4	Waverly-Shell Rock
61	38	Jaidyn Groshek	So	25:43.0	Onalaska
62		Ella Schultz	Fr	25:44.1	Linn-Mar
63		Julie Cagnard	Fr	25:48.4	Linn-Mar
64		Kylie Billings	Sr	25:51.8	Waverly-Shell Rock
65	39	Lucia Brooks	Jr	25:53.0	Benilde St Margaret's
66	40	Kalina Cole	Sr	25:54.0	Mason City
67	41	Lauren Ecklund	Fr	25:55.2	Onalaska
68		Josie Duccini	Fr	25:58.3	Dubuque Senior
69	42	Ali Tarnowski	8	25:59.1	Benilde St Margaret's
70		Maggie Amaris	8	26:00.1	Benilde St Margaret's
71	43	Ellie Howard	So	26:01.7	Muscatine
72	44	Alexus Donath	Jr	26:10.6	Muscatine

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73		Lauren Benter	Fr	26:20.6	Linn-Mar
74		Morgan Lensch	Fr	26:23.1	Linn-Mar
75		Kylie Nevells	Sr	26:25.4	Benilde St Margaret's
76	45	Avery Lamphier	Fr	26:28.7	Starmont
77		Sarah Frantsen	Jr	26:32.2	Waverly-Shell Rock
78	46	Sophia Ihlenfeldt	Fr	26:33.7	Mason City
79		Jeanna Edlund	Jr	26:43.3	Benilde St Margaret's
80		Ashley Schultz	Sr	26:43.7	Waverly-Shell Rock
81	47	Madeline Harford	Fr	26:46.8	Starmont
82		Eryn Lindell	So	26:58.6	Waverly-Shell Rock
83		Lillian Galvin	Sr	27:01.6	Benilde St Margaret's
84		Stanlick Abby	So	27:04.1	Linn-Mar
85		Rebekah Brunson	Fr	27:08.0	Muscatine
86		Megan Bunce	Sr	27:16.8	Linn-Mar
87		Olivia Fournneau	Sr	27:26.2	Muscatine
88		Kayla Tjebkes	Sr	27:30.8	Waverly-Shell Rock
89		Katie Barton	Jr	27:33.0	Dubuque Senior
90		Starr Kester	Jr	27:35.0	Ottumwa
91		Madeline Adam	So	27:59.9	Iowa City Regina
92	48	Rosie Levad	So	28:01.0	Mason City
93		Hayley Bell	Jr	28:09.2	South Hamilton
94	49	Izabele Jaime	Fr	28:10.5	Mason City
95		Alisa Pursley	Jr	28:13.9	Iowa City Regina
96		Brianna Whitney	Sr	28:16.8	Waverly-Shell Rock
97		Christine Benedict	So	28:18.1	Dubuque Senior
98		Julia Schwartz	7	28:20.6	Benilde St Margaret's
99	50	Kristin Hamlett	Sr	28:29.9	Starmont
100		Sarah Rice	Sr	28:33.7	Iowa City Regina
101		Olivia Sowle	So	28:52.2	Waverly-Shell Rock
102	51	Makayla Weber	So	29:02.7	Mason City
103		Jenna Steffen	Sr	29:06.4	Waverly-Shell Rock
104		Vicky Wang	Jr	29:14.0	Linn-Mar
105	52	Leah Morrison	Sr	29:16.4	Mason City
106		Audrey Dickson	Jr	29:34.5	Benilde St Margaret's
107		Celina Feldhake	So	29:40.1	Waverly-Shell Rock
108		Amber Ogden	Sr	29:58.5	Waverly-Shell Rock
109		Sam Yexley	Fr	30:14.9	Jesup
110		Grace Distler	So	30:15.1	Jesup
111		Emma Forest	Fr	30:18.6	Waverly-Shell Rock
112		Jazzmyn Holden	So	30:28.3	Benilde St Margaret's
113		Erin Krotz	Sr	30:51.0	Benilde St Margaret's
114	53	Audry Goedken	Sr	31:18.3	Starmont
115		Esther Emberton	Sr	31:42.8	Ottumwa

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116	Morgan Wendel	Sr	33:20.5	Mason City
117	Katlyn Ralston	Jr	34:55.8	South Hamilton
118	Wendy Flores	Sr	36:58.6	Dubuque Senior
119	Kacie Mescher	Sr	38:34.0	Dubuque Senior
120	Hannah Burkhart	Sr	40:07.4	South Hamilton
121	Chelsea Corson	Fr	43:51.7	Hoover

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Junior Varsity Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Linn-Mar	23	1	2	5	7	8	12	14	17:50.3	0:25.5	
2	Hemsptead	46	3	6	9	13	15	16	17	18:06.4	0:50.7	
3	Dubuque Senior	62	4	10	11	18	19	20	22	18:17.9	1:03.2	
4	Benilde St Margaret's	134	21	25	26	29	33	34	35	19:44.0	1:20.5	
5	Mason City	175	23	32	39	40	41	42	45	20:31.6	1:39.5	
6	Kasson-Mantorville	181	27	28	36	44	46	54	56	20:36.2	1:46.0	
7	Waverly-Shell Rock	189	24	31	37	47	50	51	52	20:46.7	2:01.7	
8	Ottumwa	240	30	43	49	58	60			22:07.1	4:45.8	
9	South Hamilton	251	38	48	53	55	57	59	61	22:00.0	1:50.6	

Incomplete Teams: Hoover, Iowa City Regina, Jesup, Onalaska

Junior Varsity Boys Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Max Colton	Jr	17:37.2	Linn-Mar
2	2	Noah Gilkes	Jr	17:40.1	Linn-Mar
3	3	Brandon Doser	Jr	17:41.7	Hemsptead
4	4	Conner Kilgore	Fr	17:42.0	Dubuque Senior
5	5	Cooper Sanor	Sr	17:53.9	Linn-Mar
6	6	Mason Suarez	Fr	17:55.8	Hemsptead
7	7	Tryton Harper	So	17:57.5	Linn-Mar
8	8	Jacob Derr	Fr	18:02.7	Linn-Mar
9	9	Connor Kaufmann	Jr	18:03.2	Hemsptead
10	10	Foster Hull	Fr	18:09.4	Dubuque Senior
11	11	Jonathan Schultz	So	18:12.5	Dubuque Senior
12	12	Daniel Medin	Jr	18:14.4	Linn-Mar
13	13	Carter Welbes	So	18:18.8	Hemsptead
14	14	Ethan Harthun	So	18:19.9	Linn-Mar
15		Zion Rios	So	18:21.0	Linn-Mar
16	15	Connor Gudenkauf	Sr	18:32.4	Hemsptead
17	16	Andrew Johnson	Fr	18:33.5	Hemsptead
18	17	Tim Robertson	Jr	18:34.3	Hemsptead
19		Daniel Ibarra	So	18:34.3	Hemsptead
20		Josh Davis	Fr	18:37.7	Hemsptead
21		Carter Rstom	Fr	18:38.5	Linn-Mar
22	18	Collin Hillary	Fr	18:40.4	Dubuque Senior
23		Drew Ginger	Jr	18:42.0	Linn-Mar
24	19	Zenebe Andrews	Fr	18:45.2	Dubuque Senior
25		Brandon Stanley	Sr	18:47.1	Hemsptead
26	20	Jack Fisher	Jr	18:54.7	Dubuque Senior
27		Sean Bradley	Jr	18:57.5	Hemsptead
28	21	Walker Niebergall	So	18:57.7	Benilde St Margaret's

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29		Tyson Shock	Sr	19:11.1	Linn-Mar
30		Josh King	Sr	19:17.0	Linn-Mar
31		Adam Riffel	So	19:18.4	Hemsptead
32		Owen Maloney	Fr	19:19.3	Hemsptead
33		Tyler Colvin	So	19:19.4	Linn-Mar
34	22	Gregor Kincade	So	19:20.8	Dubuque Senior
35		Scott Hostager	So	19:21.4	Hemsptead
36		Connor Miller	Jr	19:22.3	Dubuque Senior
37		Zach Kahle	Fr	19:22.5	Dubuque Senior
38		Obed Micomyiza	Sr	19:22.8	Linn-Mar
39	23	Peyton Christensen	Jr	19:25.0	Mason City
40		Zach Lewis	Jr	19:26.6	Hemsptead
41		Sean McGrath	So	19:31.6	Hemsptead
42		Tate Billmeyer	So	19:37.1	Hemsptead
43		Cole Gansen	So	19:40.2	Linn-Mar
44		Jake Kraemer	Sr	19:42.2	Linn-Mar
45		Justin Schultz	So	19:42.6	Hemsptead
46	24	Evan Ellsworth	So	19:43.1	Waverly-Shell Rock
47		Adam Lange	Fr	19:44.0	Hemsptead
48	25	Brendan Lempe	Sr	19:44.4	Benilde St Margaret's
49	26	Patrick Binish	Sr	19:45.8	Benilde St Margaret's
50	27	Andrew Jennissen	Sr	19:46.8	Kasson-Mantorville
51	28	Keifen Link	So	19:46.9	Kasson-Mantorville
52		Caleb Wallace	Jr	19:46.9	Onalaska
53		Grant Day	Sr	19:51.2	Dubuque Senior
54		Tim Iverson	So	19:53.6	Dubuque Senior
55	29	Jack Feld	Sr	19:53.9	Benilde St Margaret's
56	30	Reese Jones	Fr	19:57.4	Ottumwa
57		Isaac Littler	Sr	19:57.8	Linn-Mar
58	31	Mason Boevers	So	20:00.1	Waverly-Shell Rock
59		Nick Turnis	Fr	20:01.1	Hemsptead
60		Calvin Davis	So	20:01.5	Dubuque Senior
61		Julian DeBrower	Sr	20:01.9	Linn-Mar
62		Griffin Janikowski	Fr	20:03.8	Onalaska
63		Jacob Tilp	So	20:08.2	Dubuque Senior
64		Kunal Chugh	Fr	20:09.1	Hemsptead
65	32	Mike Cooling	Sr	20:12.6	Mason City
66		Michael Biertzer	So	20:14.9	Linn-Mar
67		Thomas Gilkes	Fr	20:16.3	Linn-Mar
68	33	Michael McCormick	Fr	20:18.2	Benilde St Margaret's
69		Luke Kotz	Fr	20:18.9	Hemsptead
70	34	Noah Swindelhorst	Sr	20:20.3	Benilde St Margaret's
71		Ryan Connolly	Fr	20:24.8	Dubuque Senior

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72		Ryan Hearn	Jr	20:24.9	Linn-Mar
73		Thomas Digmann	Jr	20:25.1	Linn-Mar
74		Joey Sullivan	Sr	20:27.9	Linn-Mar
75	35	Justin Doll	Fr	20:29.9	Benilde St Margaret's
76		Cesar Campa	Fr	20:31.2	Hemsptead
77		Donovan Eichorst	So	20:33.1	Linn-Mar
78		Alex Oftedahl	So	20:36.9	Dubuque Senior
79	36	Joseph Thomas	8	20:37.0	Kasson-Mantorville
80		Aidan Bergman	Fr	20:42.2	Benilde St Margaret's
81		Josh Wu	Fr	20:42.5	Dubuque Senior
82		Sameer Faruquee	So	20:43.5	Hemsptead
83		Simon Burns	Fr	20:45.9	Dubuque Senior
84	37	Ethyn Chesnut	Fr	20:47.6	Waverly-Shell Rock
85		Matt Lizak	Fr	20:50.4	Benilde St Margaret's
86	38	Trevor Lammers	So	20:52.6	South Hamilton
87		Liam Sass	So	20:55.5	Dubuque Senior
88	39	Caleb Currier	Fr	20:57.0	Mason City
89	40	Jacob Lewerke	Fr	20:58.7	Mason City
90		Jesse Hill	Sr	20:58.8	Hoover
91		Jacob Dean	Sr	20:59.0	Dubuque Senior
92		Alex Drahos	Fr	21:00.3	Linn-Mar
93		Andrew Grant	Sr	21:00.4	Linn-Mar
94		Michael Shurson	8	21:00.7	Benilde St Margaret's
95		Jacob Goode	Fr	21:01.3	Linn-Mar
96		Nick O'Toole	So	21:02.3	Linn-Mar
97		Jackson Bradley	Fr	21:02.7	Hemsptead
98		Cole Kaufmann	Fr	21:03.6	Hemsptead
99	41	Eddie Lara	Jr	21:04.4	Mason City
100		Boris Miller	Fr	21:04.9	Hemsptead
101	42	Eddie Callanan	So	21:05.2	Mason City
102		Cameron Simon	Fr	21:05.4	Onalaska
103		Max Breitbart	So	21:07.2	Hemsptead
104	43	Ayton Bar-Shimon	Jr	21:09.0	Ottumwa
105		Matthew Jimenez	8	21:10.4	Benilde St Margaret's
106		Jelani Waynewood	7	21:13.2	Benilde St Margaret's
107		Patrick Mullin	8	21:15.5	Benilde St Margaret's
108	44	Lars Wagener	Sr	21:17.4	Kasson-Mantorville
109	45	Alex Levad	Jr	21:21.2	Mason City
110		Truman Kinne	Sr	21:21.7	Benilde St Margaret's
111		Dayton Gonyea	Sr	21:27.1	Benilde St Margaret's
112		Christian Sanderson	Sr	21:29.6	Benilde St Margaret's
113		Thomas Libbey	Fr	21:31.1	Benilde St Margaret's
114		Adam Dettmer	So	21:32.1	Mason City

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115	46	Carter Bebee	8	21:32.8	Kasson-Mantorville
116	47	Marshall Gonnerman	Jr	21:37.9	Waverly-Shell Rock
117	48	Jose Galeano	So	21:41.9	South Hamilton
118		Robert Burris	Fr	21:42.2	Hoover
119	49	Alex Leon	Fr	21:44.4	Ottumwa
120	50	Luke Tobin	Jr	21:44.7	Waverly-Shell Rock
121	51	Zach Denton	Sr	21:45.7	Waverly-Shell Rock
122		Jake Palmer	Sr	21:55.4	Mason City
123	52	Zac Birgen	Fr	21:55.6	Waverly-Shell Rock
124		Jack Hower	Sr	21:58.8	Benilde St Margaret's
125		Elijah Shelby	Sr	22:06.6	Linn-Mar
126	53	Evan Payne	Fr	22:08.6	South Hamilton
127		Luke White	Sr	22:09.5	Linn-Mar
128	54	Ryan Ludvigsen	7	22:10.0	Kasson-Mantorville
129		Sam Solheim	So	22:11.5	Waverly-Shell Rock
130		Thomas Sauer	8	22:25.3	Benilde St Margaret's
131		Landon Carter	Fr	22:25.3	Linn-Mar
132		Sawyer Berg	Fr	22:27.1	Mason City
133	55	Josh Ralston	So	22:33.7	South Hamilton
134		Parker Duwe	Fr	22:38.7	Jesup
135	56	Noah Maixner	7	22:40.6	Kasson-Mantorville
136		Will Peterson	8	22:42.2	Benilde St Margaret's
137	57	Triston Koopmann	Sr	22:43.2	South Hamilton
138		Derek Wurth	Sr	22:46.6	Mason City
139		Logan Shears	Sr	22:48.5	Waverly-Shell Rock
140		Mason Ellerbroek	Fr	22:48.7	Waverly-Shell Rock
141		Tyler Arndt	So	22:48.9	Mason City
142		Joesph Flachman	8	22:55.5	Benilde St Margaret's
143		Devin Tigges	Fr	22:56.3	Hemsptead
144		Rodney Norris	Jr	23:00.0	Hoover
145	58	Jacob Young	Jr	23:01.4	Ottumwa
146		Isaiah Bahls	Fr	23:03.9	Mason City
147		Sam Miller	So	23:04.9	Linn-Mar
148		August Davison	So	23:06.2	Mason City
149		Gavin Nolan	Fr	23:08.1	Jesup
150		Charlie Hower	8	23:12.7	Benilde St Margaret's
151		Sam Hearnden	So	23:13.6	Hemsptead
152		Drew Willer	Fr	23:16.6	Linn-Mar
153		Davontae Balayti	Fr	23:23.9	Dubuque Senior
154		Luka Jones	Fr	23:32.0	Linn-Mar
155		Ripken Holst	Sr	23:37.7	Waverly-Shell Rock
156		Luke Busch	Fr	23:40.7	Dubuque Senior
157		Sharik Khan	So	23:47.8	Hemsptead

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158		Noah Weiner	Sr	23:50.9	Iowa City Regina
159	59	Everett Beach	So	24:36.8	South Hamilton
160	60	Max Stursma	Sr	24:43.1	Ottumwa
161		Nick Gutierrez	So	24:44.5	Jesup
162		Drake Stubblefield	Jr	24:58.7	Linn-Mar
163		Charlie Anderson	So	24:59.6	Onalaska
164		Brett Studebaker	So	25:16.0	Jesup
165		Paul Weidler	So	25:42.9	Waverly-Shell Rock
166		Thomas Kenealy	Sr	25:58.8	Waverly-Shell Rock
167		Andrew Deets	Sr	26:46.6	Mason City
168		Luke Tift	Sr	26:58.6	Benilde St Margaret's
169	61	Connor Higgins	So	27:12.2	South Hamilton
170		Will Van Hove	Fr	27:12.9	Waverly-Shell Rock
171		Gavin Goeke	Fr	27:13.0	Waverly-Shell Rock
172		Cole Lammers	Fr	27:22.3	Waverly-Shell Rock
173		Brett Tigges	Jr	27:38.8	Hemsptead
174		Hunter Arneson	Fr	29:57.4	South Hamilton
175		Mason Berg	Sr	30:30.6	Mason City
176		Chase Olsen	Fr	30:30.7	Mason City
177		Aiden Penning	Fr	34:49.4	South Hamilton