

43rd Tom Karpan Cross Country Invitational
Valley High School course
West Des Moines, IA
September 12, 2017
70s and Sunny

Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Waukee	31	2	3	6	9	11	14	17	20:46	1:14	
2	Johnston	74	5	15	16	18	20	22	24	21:32	1:23	
3	Indianola	75	1	7	8	25	34	42	50	21:41	3:27	
4	Ames	88	12	13	19	21	23	37	38	21:47	0:52	
5	Valley	103	4	10	28	30	31	32	36	22:08	2:57	
6	Lewis Central	168	26	27	29	39	47	48	49	23:15	1:27	
7	C B Jefferson	201	33	40	41	43	44	52	55	23:47	0:41	
8	Marshalltown	230	35	45	46	51	53	54		24:15	1:51	

Incomplete Teams: Lincoln, North, East

Varsity Girls Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Grace Berg	Sr	19:56	Indianola
2	2	Sydney Schaffer	So	20:04	Waukee
3	3	Peyton Kelderman	Fr	20:10	Waukee
4	4	Helen Gould	Jr	20:17	Valley
5	5	Lindsey Batkiewicz	Jr	20:35	Johnston
6	6	Isabelle Schaffer	So	20:57	Waukee
7	7	Jadyn Forbes	Jr	21:06	Indianola
8	8	Ashley Rockhold	So	21:15	Indianola
9	9	Karson Foley	Sr	21:17	Waukee
10	10	Lauren Schulze	Fr	21:17	Valley
11	11	Lindsey Kelderman	Fr	21:18	Waukee
12	12	Eva Hill	Jr	21:20	Ames
13	13	Camille Jackson	So	21:26	Ames
14	14	Katie Groetken	So	21:35	Waukee
15	15	Taryn Swaim	Sr	21:37	Johnston
16	16	Mackenzie Laughlin	Sr	21:40	Johnston
17	17	Megan Groathouse	Jr	21:43	Waukee
18	18	Peyton McClure	Sr	21:48	Johnston
19	19	Madeline Taylor	Jr	21:57	Ames
20	20	Katherine Srail	Sr	21:58	Johnston
21	21	Emma Cardenas	Jr	22:01	Ames
22		Molly Statton	Fr	22:02	Waukee
23	22	Addy Franklin	Fr	22:07	Johnston
24		Ally Schaffer	So	22:08	Waukee
25	23	Sophia Wilson	Fr	22:11	Ames
26		Miranda Boyle	Jr	22:17	Waukee
27	24	Anika Schmitt	Sr	22:17	Johnston
28	25	Bailey Blake	So	22:43	Indianola
29	26	Isabella Smith	So	22:43	Lewis Central
30	27	Halley Bach	Fr	22:45	Lewis Central

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31	28	Megan Nelson	Jr	22:48	Valley
32	29	Alissa Pomrenke	Sr	22:56	Lewis Central
33	30	Jane Smeins	Sr	23:04	Valley
34	31	Haley Losh	Jr	23:13	Valley
35	32	Blake Morrow	So	23:18	Valley
36	33	Suzie Miller	So	23:19	C B Jefferson
37	34	Celia Askelson	Sr	23:22	Indianola
38	35	Mary Kate Gruening	Fr	23:26	Marshalltown
39	36	Megan Weis	So	23:28	Valley
40	37	Caitlyn Hanulikova	So	23:37	Ames
41	38	Claire Gilbert	Sr	23:38	Ames
42	39	Kayla Kuckta	Jr	23:38	Lewis Central
43	40	Yisel Hernandez	Sr	23:47	C B Jefferson
44	41	Ana Rodriguez	Sr	23:48	C B Jefferson
45		Cassie Larick	Jr	23:56	Valley
46	42	Rachel Engelhardt	Fr	23:57	Indianola
47	43	Jasmine Ramos	So	23:59	C B Jefferson
48	44	Morgan Gant	Jr	24:00	C B Jefferson
49		Erin Lowe	Jr	24:01	Valley
50		Libby Blosser	So	24:06	Valley
51		Lauren Cassaidy	Sr	24:07	Ames
52	45	Aida Almanza	So	24:08	Marshalltown
53	46	Kaci Uhde	So	24:08	Marshalltown
54	47	Kylee Dunphy	Jr	24:10	Lewis Central
55		Karlie Fincham	Sr	24:10	Ames
56		Caitlyn Lucht	Sr	24:11	Lincoln
57	48	Gracie Bernard	So	24:14	Lewis Central
58	49	Hannah Estrada	Fr	24:15	Lewis Central
59	50	Allison Coffey	Sr	24:15	Indianola
60	51	Jade Tejada	So	24:16	Marshalltown
61	52	Hannah Belt	Fr	24:34	C B Jefferson
62		Ikilas Hasan		24:51	North
63		Anna Ford	Sr	24:53	Lewis Central
64		Hager Ibrahim	Jr	25:06	East
65	53	Mia Barajas	So	25:16	Marshalltown
66		Bailey Kaas	Jr	25:45	Indianola
67	54	Odaly Flores	Fr	26:02	Marshalltown
68		Delefine Miyigena		26:27	North
69		Abby Malskeit	Jr	26:30	Lewis Central
70	55	Julia Slack	Fr	27:00	C B Jefferson
71		Laritza Flores	Sr	27:01	Lincoln
72		Lamonya Smith		27:42	North
73		Denisse SanElias	Sr	27:50	East
74		Consuela Manzano	Jr	28:09	Lincoln

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75	Abigail Monk	So	28:24	Lincoln
76	Jazmine Cruz Castro	So	31:20	East
77	Safi Nitanga		34:22	North

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Varsity Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Waukee	43	3	6	9	10	15	17	27	17:10	0:34	
2	Valley	48	1	5	12	14	16	31	38	17:11	0:51	
3	Ames	82	2	13	20	21	26	44		17:30	1:24	
4	Indianola	99	7	11	19	23	39	65	68	17:43	1:25	
5	Johnston	124	18	24	25	28	29	30	37	17:59	0:29	
6	Roosevelt	129	8	22	32	33	34	36	46	17:56	1:09	
7	Lincoln	213	4	35	45	63	66	69	73	18:46	2:55	
8	C B Jefferson	240	42	48	49	50	51	52	53	18:59	0:34	
9	Lewis Central	257	41	47	55	56	58	59	61	19:07	0:54	
10	Marshalltown	287	40	54	62	64	67	72	81	19:28	1:31	
11	East	304	43	57	60	70	74	78	80	19:52	2:32	
12	North	378	71	75	76	77	79	82	83	21:11	0:38	

Varsity Boys Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Habibu Moise	Sr	16:38	Valley
2	2	Aniey Akok	Fr	16:40	Ames
3	3	Moe Smith	Jr	16:53	Waukee
4	4	Andrew Klein	So	17:01	Lincoln
5	5	Evan Armitage	Jr	17:03	Valley
6	6	Danny Haisch	Jr	17:03	Waukee
7	7	Quentin Linnan	Sr	17:06	Indianola
8	8	Harrison Cota-Prentice	Jr	17:06	Roosevelt
9	9	Ahren Reitsma	Sr	17:11	Waukee
10	10	Travis Loecke	Jr	17:14	Waukee
11	11	Gabe Pottebaum	Sr	17:15	Indianola
12	12	Samuel Worlie	Sr	17:18	Valley
13	13	Colin Imhoff	Jr	17:22	Ames
14	14	Carter Owen	So	17:24	Valley
15	15	Jackson Smith	So	17:26	Waukee
16	16	Jacob Weisshaar	Sr	17:28	Valley
17	17	Tyler Loecke	Jr	17:32	Waukee
18	18	Hunter Briggs	So	17:39	Johnston
19	19	Jeb Borgmeyer	So	17:41	Indianola
20	20	Tyler Carney	Sr	17:42	Ames
21	21	Garang Akok	Jr	17:43	Ames
22	22	Ben Russell	Jr	17:58	Roosevelt
23	23	Thomas Naughton	Sr	18:00	Indianola
24	24	Michael Schmitz	Jr	18:00	Johnston
25	25	Cade Meyer	Jr	18:02	Johnston
26	26	Brayden Bergum	Jr	18:03	Ames
27	27	Ian Buske	Jr	18:04	Waukee

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28	28	Logan Swaim	Sr	18:06	Johnston
29	29	Drew Schmidt	So	18:07	Johnston
30	30	Brandon Vu	Sr	18:08	Johnston
31	31	Yuet Both	Sr	18:09	Valley
32	32	Festo Iranezeye	So	18:09	Roosevelt
33	33	Lars Elsbernd	Sr	18:12	Roosevelt
34	34	Austin Quinn	Jr	18:14	Roosevelt
35	35	Dylan Veigulis	Jr	18:16	Lincoln
36	36	Ethan James	Jr	18:18	Roosevelt
37	37	Ben Kinman	Jr	18:23	Johnston
38	38	Nick Johnson	Sr	18:26	Valley
39		Richy Salas	Jr	18:28	Valley
40		Ross Fix	Sr	18:30	Valley
41	39	Brock Elbert	Jr	18:30	Indianola
42	40	Luke Peterson	Sr	18:33	Marshalltown
43	41	Cael Woltmann	So	18:33	Lewis Central
44		Jack Smeins	So	18:33	Valley
45	42	Zack Booton	Sr	18:34	C B Jefferson
46	43	Isiaha Walton	Jr	18:34	East
47	44	Ean Warrick	Jr	18:44	Ames
48	45	Cole Rand	Sr	18:47	Lincoln
49	46	Rowen Abbas	So	18:49	Roosevelt
50	47	Nathan Sell	Fr	18:51	Lewis Central
51		Brian Goode	Sr	18:57	Roosevelt
52		Carter Kilgore	Fr	18:59	Roosevelt
53	48	Juan Carlos Martinez	Fr	19:02	C B Jefferson
54	49	Archie Powders	Jr	19:04	C B Jefferson
55	50	Beayha Gilo	Jr	19:04	C B Jefferson
56	51	Anthony Humpal	Sr	19:07	C B Jefferson
57	52	Wimach Gilo	So	19:16	C B Jefferson
58	53	Aidan Booton	Fr	19:18	C B Jefferson
59	54	Javier Rodriguez	Fr	19:19	Marshalltown
60	55	Keenan Diercks	Sr	19:21	Lewis Central
61	56	Ethan Fuller	Sr	19:21	Lewis Central
62	57	Steven Cruz-Castro	Sr	19:26	East
63	58	Tyler Ruiz	Fr	19:27	Lewis Central
64	59	Paul Mortensen	Sr	19:28	Lewis Central
65		Connor Crabill	Jr	19:28	Roosevelt
66	60	Anthony Rodriguez	Sr	19:31	East
67	61	Josh Sell	So	19:32	Lewis Central
68	62	Eli Thiesen	Fr	19:32	Marshalltown
69	63	Ryan Jasper	So	19:46	Lincoln
70	64	Zach Bitker	So	19:49	Marshalltown
71	65	Owen Fix	So	19:53	Indianola

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72	66	Gage Simmer	Jr	19:56	Lincoln
73		Kyle Soriano	Sr	19:58	C B Jefferson
74	67	Noah Hermenson	Fr	20:03	Marshalltown
75		Mark Kavars	Sr	20:04	Lewis Central
76	68	Alex Lynch	Fr	20:06	Indianola
77		Isaac Chain	Sr	20:15	Lewis Central
78		Austin Baker	Sr	20:16	C B Jefferson
79		Joseph DeWall	Fr	20:34	Indianola
80	69	Coby Konkol	Jr	20:37	Lincoln
81	70	Donny Carpenter	Jr	20:44	East
82	71	Kiran Adhikari	Jr	20:47	North
83	72	Trey Gardner	Fr	20:47	Marshalltown
84	73	Michael Spoonholtz	Jr	20:59	Lincoln
85	74	Abraham Salgado	Sr	21:05	East
86	75	Raeqwan Hurrins	Sr	21:09	North
87	76	Jesus Juarez	Jr	21:12	North
88		Sam Higginbotham	Fr	21:18	Lewis Central
89	77	Daniel Sunga	Fr	21:19	North
90	78	Carlos Jimenez	So	21:22	East
91	79	Joseph Routh	Fr	21:24	North
92	80	John Rickabaugh	Sr	21:29	East
93	81	Wyatt Demeyer	So	21:41	Marshalltown
94		Jose Dominguez	So	21:45	East
95		Trenton Burkheimer	So	21:48	East
96	82	Parker Swigert	Jr	21:53	North
97		Kade Dolphin	So	22:58	East
98	83	Wyatt Evans	So	23:20	North

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Junior Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Average	Spread
1	Waukee	17	1	2	3	5	6	7	10	22:43	0:54
2	Johnston	44	4	8	9	11	12	15	20	23:29	1:11
3	Ames	96	13	17	21	22	23	24	25	25:09	1:15
4	Valley	106	16	18	19	26	27	29	31	25:34	1:16
5	Indianola	147	14	28	30	36	39	42	44	26:56	3:59
6	Marshalltown	177	32	33	34	38	40	43	45	28:24	1:18
7	Lincoln	206	35	37	41	46	47	48	49	30:45	5:51

Incomplete Teams: C B Jefferson, East, Lewis Central

Junior Varsity Girls Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Frances Loeffelholz	So	22:18	Waukee
2	2	Emma Shepard	So	22:39	Waukee
3	3	Ellie Huisman	Fr	22:41	Waukee
4	4	Maggie Hapgood	So	22:44	Johnston
5	5	Brooke Trampel	Sr	22:46	Waukee
6	6	Abby Benson	Jr	23:11	Waukee
7	7	Margaux Basart	Fr	23:27	Waukee
8	8	Kaya Young	So	23:28	Johnston
9	9	Grace Chickering	So	23:28	Johnston
10	10	Haley Horman	Fr	23:29	Waukee
11		Jordan Stahly	Fr	23:30	Waukee
12	11	Jamie Hoss	Jr	23:49	Johnston
13	12	Molly Lunn	So	23:54	Johnston
14		Riley Stevenson	Fr	24:04	Waukee
15		Kayla Van Langen	Jr	24:08	Waukee
16	13	Chloe Wilson	So	24:28	Ames
17		Meredith Wood	Jr	24:33	Waukee
18		Paige Christensen	So	24:38	Waukee
19		Rylee Johnson	Jr	24:39	Waukee
20		Alaina Johannes	Jr	24:45	Waukee
21	14	Addison Smith	So	24:45	Indianola
22		Calissa Weers	Jr	24:49	Waukee
23	15	Lily Dunley-Williamson	Jr	24:56	Johnston
24	16	Teghan Booth	Fr	24:57	Valley
25		Libby Storts	Sr	24:57	Waukee
26		Kenzie Hunt	Jr	24:58	Waukee
27	17	Kaitlyn Goodman	So	24:59	Ames
28		Mason Nikolaus	So	25:00	Waukee
29	18	Lindsay Chappell	Jr	25:12	Valley
30	19	Faith Skinner	So	25:15	Valley
31	20	Abbie McLaren	Fr	25:16	Johnston

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32	21	Katarina Kozakova	Fr	25:16	Ames	
33	22	Daniela Adams-Valenzuel	Fr	25:19		Ames
34		Eliza Frentress	Jr	25:25	Waukee	
35		Julie Srail	Sr	25:26	Johnston	
36		Olivia Hayes	Fr	25:27	Johnston	
37		Madison Banwart	Sr	25:32	Waukee	
38		Gracie Smith	Sr	25:33	Waukee	
39		Katherine Currier	Jr	25:34	Johnston	
40		Susie Sullivan	Sr	25:37	Johnston	
41		Katie Simon	So	25:40	Waukee	
42	23	Eily Mickelson	Jr	25:42	Ames	
43	24	Hannah Huang	So	25:46	Ames	
44		Sophie Finken	So	25:56	Waukee	
45		Brooke Seashore	Fr	25:57	Waukee	
46		Taylor Hatch	Sr	25:58	Waukee	
47	25	Jordan Nicholson	Fr	26:00	Ames	
48		Elizabeth Fjelstad	Sr	26:05	Johnston	
49		Fiorella Meyer	Jr	26:08	Ames	
50		Anna Brooks	So	26:08	Waukee	
51		Grace Palmer	Fr	26:11	Waukee	
52	26	Lauren Graff	Fr	26:11	Valley	
53	27	Faith Rafferty	So	26:12	Valley	
54	28	Hailey Seifrig	Fr	26:12	Indianola	
55		Breanna VanDyke	Fr	26:16	Ames	
56	29	Abi Christudoss	Fr	26:19	Valley	
57		Rachel Gantt	Fr	26:19	Waukee	
58		Clare Vilmont	Fr	26:20	Waukee	
59		Casey Monson	So	26:21	Johnston	
60	30	Terrill Hagener	So	26:24	Indianola	
61		Sonja Barrett	Sr	26:24	Waukee	
62		Natalie Lloyd	Jr	26:26	Johnston	
63	31	Kalista Socarras	Sr	26:27	Valley	
64		Claire Moore	Fr	26:34	Ames	
65		Lizbeth Clark	So	26:36	Waukee	
66		Riley Kuennen	Jr	26:39	Valley	
67		Danielle Nichols	Sr	26:41	Valley	
68		Katie Phillips	So	26:45	Waukee	
69		Taylor Siebert	So	26:48	Johnston	
70		Erin Murphy	Fr	26:50	Ames	
71		Ellie Johnson	Fr	26:53	Waukee	
72		Caroline Ash	So	26:59	Valley	
73		Kylie Eischen	So	27:00	Waukee	
74		Makenzie Campbell	So	27:01	Valley	
75		Annie Culbert	Fr	27:02	Johnston	

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76		Ada Chen	Fr	27:03	Johnston
77		Ashley Franke	Fr	27:07	Johnston
78		Sasha Hentzen	Jr	27:10	Valley
79		Darby Marsh	So	27:14	Waukee
80		Grace Lee	Sr	27:20	Ames
81		Elisabeth Knudsen	So	27:21	Valley
82		Charisma Mendez	Sr	27:23	Valley
83		Chiara Travesset	Jr	27:25	Ames
84		Elizabeth Day	Sr	27:33	Valley
85		Hailey Russell	Jr	27:41	Johnston
86		Betsy Heiser	Fr	27:43	Johnston
87		Maggie Baughman	Sr	27:48	Valley
88	32	Sloan Vry	Jr	27:53	Marshalltown
89		Victoria Kyveryga	So	27:54	Ames
90	33	Isabel Ramirez	Jr	28:01	Marshalltown
91		Claire Sattler	Jr	28:03	Valley
92		Natalie Ulrich	Fr	28:03	Valley
93		Maddie Gibson	Sr	28:04	Waukee
94		Jocelyn Coady	Sr	28:05	Waukee
95		Regan Day	So	28:06	Valley
96		Emma Livingston	Fr	28:09	Lewis Central
97		Emily Peters	Fr	28:10	Ames
98	34	Emily Miller	Jr	28:10	Marshalltown
99		Katie Uitenbroek	Jr	28:12	Johnston
100		Nova Thornton	Fr	28:16	Johnston
101		MacKenzie Kort	Jr	28:17	Valley
102		Adelade Nason	So	28:19	Ames
103	35	Olivia Corey	Fr	28:20	Lincoln
104		Keely Diercks	Fr	28:21	Lewis Central
105		Mikayla Lies	Fr	28:26	Johnston
106		Natalie Rigatuso	Sr	28:28	Lewis Central
107		Yujie Chen	Fr	28:28	Ames
108		Haley Yoder	So	28:28	Ames
109		Mekhia Hillgren	Jr	28:29	Valley
110		Allison Ohringer	Jr	28:29	Valley
111		Jordyn Anglea	Sr	28:30	Valley
112		Lauren Anderson	Sr	28:33	Valley
113	36	Sarah Jordan	Sr	28:33	Indianola
114		Abby Maitre	Fr	28:34	Johnston
115	37	Jacqueline Bernardino	Fr	28:36	Lincoln
116		Valerine Jepchirchir	Fr	28:37	Valley
117		Harkiran Ballagan	So	28:37	Waukee
118		Anna Finch	Jr	28:38	Waukee
119		Tessa Morgan	Fr	28:40	Valley

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120	38	Maggie Augustine	Fr	28:41	Marshalltown
121		Regan Kuennen	Fr	28:42	Valley
122	39	Hannah Eilers	Fr	28:44	Indianola
123		Lilah Fidler	Sr	28:45	Valley
124		Grace Campidilli	Jr	28:52	Johnston
125		Ally Andreasen	Sr	28:52	Johnston
126		Amanda Gantt	Jr	28:53	Waukee
127		Makhilde Hames	Sr	28:54	Valley
128		Mya Moore	So	28:59	Valley
129		Lizzy Finch	Fr	28:59	Waukee
130		Ella Slade	Jr	29:00	Ames
131		Elizabeth Andrews	So	29:02	Ames
132		Makayla Houston	Fr	29:08	Valley
133		Kayla Fincham	Fr	29:08	Ames
134		Riley Bartlett	Jr	29:08	Valley
135		Christine Emerald	Jr	29:09	Waukee
136	40	Makenna Ainsworth	So	29:11	Marshalltown
137		Rachel Aksamit	Sr	29:12	Valley
138	41	Susmita Wagle	Jr	29:15	Lincoln
139	42	Hayden Werling	Fr	29:17	Indianola
140		Sarah May	Sr	29:19	Ames
141		Katelin Edwardson	Jr	29:21	Ames
142		Ellie Dunphy	Fr	29:21	Waukee
143		Shreya Gaddi	Fr	29:24	Valley
144		Annica Chervenka	Fr	29:25	Waukee
145		Ellie Burke	Fr	29:26	Valley
146		Hattie Stenberg	Sr	29:26	Ames
147		Sarah Amro	So	29:27	Valley
148		Bella Anania	Jr	29:31	Waukee
149		Arianna Williams-Suarez	Fr	29:40	Ames
150		Sloan Speten	Sr	29:46	Waukee
151		Hannah Walker	So	29:46	Valley
152		Alyssa Roush	Fr	29:47	Waukee
153		Ashton Dilla	Fr	29:48	Valley
154		Jubilee Horton	Jr	29:49	Ames
155		Alexis Derby	Jr	29:50	Waukee
156		Kailee Allen	Sr	29:51	Waukee
157	43	Pricila Vergara	So	29:55	Marshalltown
158		Ana Johnson	Jr	29:56	Valley
159		Jacy Lehman	Jr	29:56	Ames
160		Wendy Jiang	Jr	29:56	Ames
161	44	Liza Lathrum	Sr	29:57	Indianola
162		Caylee Fuqua	Jr	29:58	Ames
163		Sophia Alexander	Fr	29:59	Valley

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164	45	Sasha Hadley	Jr	30:01	Marshalltown
165		Katherine Van Arnum	Jr	30:01	Valley
166		Lydia Linch	Jr	30:03	Ames
167		Emma Bolles	Sr	30:08	Waukee
168		Anika Slowing	So	30:08	Ames
169		Marta Bao	Sr	30:10	Marshalltown
170		Lauren Altier	Fr	30:31	Johnston
171		Abby Nichol	Jr	30:31	Johnston
172		Danielle Socarras	Fr	30:37	Valley
173		Maggie Fuhrman	Sr	30:42	Waukee
174		Lydia Hill	Fr	30:43	Ames
175		Angela Zheng	Jr	30:48	Ames
176		Kya Stilwell	So	30:53	Valley
177		Lillian Montabon	Jr	31:02	Ames
178		Teresa Pelzer	Sr	31:07	Ames
179		Kaitlyn Simpson	Fr	31:08	Lewis Central
180		Ruthie Duey	Fr	31:15	Indianola
181		Hailey Amro	Jr	31:29	Valley
182		Lauren Jahn	Jr	31:31	Valley
183		Valerie Flores	Jr	31:32	Valley
184		Kara Dieke	Jr	31:46	Waukee
185		Sally Schrunk	Sr	31:46	Ames
186		Olivia Galyon	Sr	31:50	Ames
187		Naomi Boland	Sr	31:53	Marshalltown
188		Mikayla Ozella	Sr	31:58	Indianola
189		Baleigh Thompson	Sr	32:07	Waukee
190		Laura Kerton	Jr	32:10	Ames
191		Linda Roque	Fr	32:10	C B Jefferson
192		Grace Metzger	Sr	32:10	Marshalltown
193		Abbileni Rodriguez	So	32:15	Marshalltown
194		Natalie Biggerstaff	Sr	32:16	Waukee
195		Riley Plummer	Sr	32:27	Valley
196		Eva Gabel	So	32:29	Indianola
197		Emily White	So	32:46	Waukee
198		Molly Wright	So	32:55	Valley
199		Lucy Weis	Fr	33:06	Valley
200		Angela Larson	Sr	33:20	C B Jefferson
201	46	Vanessa Cruz	So	33:20	Lincoln
202		Hailey Darr	So	33:30	Indianola
203		Julia Cannon	Fr	33:32	Valley
204		Nicole Cho	Sr	33:32	Ames
205		Mara Jendro	Jr	33:33	Johnston
206		Emily Helmer	Sr	33:39	Ames
207		Saida Komjo	Fr	33:39	Valley

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208		Ondrea Li	Fr	33:43	Valley
209		Brooklyn Bergum	Fr	33:47	Ames
210		Kate Rozanek	Sr	33:55	Valley
211		Lucy Bennett	Fr	33:57	Ames
212	47	Alexis Belger	Fr	34:11	Lincoln
213	48	Wendy Lerma-Guerrero Jr		34:12	Lincoln
214		Jamey McCalley	Fr	34:21	Ames
215		Aspen Holm	Jr	34:27	Ames
216		Sammie Auer	Sr	34:30	Valley
217		Britney Nguyen	Sr	34:30	Valley
218		Josie Huffman	Jr	34:37	Valley
219		Ste Roseburrough-Borras Jr		34:54	Marshalltown
220	49	Nancy Coronel	Jr	34:58	Lincoln
221		Kaitlynn Calabro	Fr	35:08	C B Jefferson
222		Anna Larson	Sr	35:12	C B Jefferson
223		Micah Probasco	Jr	35:16	Lincoln
224		Maggie Staudacher	So	35:19	Indianola
225		Katherine Nicholson	Fr	35:26	Indianola
226		Sarah Currier	Fr	35:48	Ames
227		Hannah Craven	Sr	35:58	Waukee
228		Paige Lucas	Fr	36:14	Waukee
229		Micheala Baker	So	36:35	Indianola
230		Hailey Johnson	Sr	37:07	Valley
231		Daniela Gama	So	37:36	East
232		Priscilla Macias	So	39:52	East
233		Arie Sirotiak	Sr	39:54	Ames
234		Kathleen Pelzer	So	40:01	Ames
235		Mary Horton	So	40:09	Ames
236		Kathy Le	So	40:29	East
237		Jayda Allen	So	41:58	Valley
238		Jasmine Hernandez	Fr	41:59	Lincoln
239		Ruby Lopez	Sr	43:15	Marshalltown
240		Alondra Lopez	Jr	43:54	Marshalltown
241		Amber Mohmand	Sr	45:01	Ames
242		Sierra Mueller	Sr	45:10	Waukee

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Junior Varsity Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Waukee	24	1	3	5	7	8	13	24	18:25	0:33	
2	Johnston	38	2	6	9	10	11	12	21	18:35	0:34	
3	Valley	70	4	14	15	18	19	23	25	18:52	0:34	
4	Ames	102	16	17	20	22	27	29	30	19:09	0:35	
5	Roosevelt	159	26	31	33	34	35	37	39	19:56	0:45	
6	Indianola	202	28	36	41	47	50	51	52	20:38	1:49	
7	C B Jefferson	209	32	40	43	46	48	53	58	20:48	1:17	
8	Lewis Central	246	38	42	49	57	60	63	64	21:25	1:58	
9	Lincoln	262	44	45	55	56	62	70	71	21:46	1:34	
10	Marshalltown	312	54	59	61	65	73	74	79	22:45	1:59	
11	East	358	66	69	72	75	76	78	80	23:52	1:23	
12	North	375	67	68	77	81	82	83		25:56	6:22	

Junior Varsity Boys Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Andy Boeke	Sr	18:02	Waukee
2	2	Asher Heuss	Jr	18:12	Johnston
3	3	Riley DeJohn	So	18:25	Waukee
4	4	Jacob Arnold	So	18:28	Valley
5	5	Cade Simpson	Jr	18:31	Waukee
6	6	Karson Kleve	So	18:32	Johnston
7	7	Jordan Swanson	Jr	18:32	Waukee
8	8	Nathan Holstrom	Fr	18:35	Waukee
9	9	Jason White	So	18:38	Johnston
10	10	Ben Lunn	Sr	18:43	Johnston
11	11	Zach Anthofer	Jr	18:46	Johnston
12	12	Carsten Thompson	Sr	18:46	Johnston
13	13	Tyler Stallman	So	18:46	Waukee
14	14	Aj Sandor	Sr	18:50	Valley
15	15	Luke Carroll	Fr	18:57	Valley
16	16	Samuel Taylor	Jr	18:59	Ames
17	17	Carter Robinson	Jr	19:00	Ames
18	18	Jacob Soto	So	19:00	Valley
19	19	Landon Denker	So	19:01	Valley
20	20	Cameron Campbell	Jr	19:04	Ames
21	21	Paxson Picken	So	19:05	Johnston
22		Nathan Kellar	Fr	19:07	Johnston
23	22	Dominick Arce-Matos	Fr	19:07	Ames
24	23	Sterling Mills	So	19:08	Valley
25		Matthew Kliegl	So	19:08	Johnston
26	24	Augie Muenzenmay	Jr	19:13	Waukee
27	25	Jack Vander Weide	Sr	19:14	Valley

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28		Carter Borwick	Fr	19:14	Johnston	
29		Ethan Hartle	Jr	19:16	Johnston	
30		Luke Bazan	So	19:21	Waukee	
31	26	Kevin Stenstrom	Sr	19:23	Roosevelt	
32		Henric Krause	Sr	19:25	Johnston	
33		Dain Tack	Jr	19:27	Johnston	
34	27	Charles Arroyo	Fr	19:34	Ames	
35		Andrew Ross	Fr	19:36	Valley	
36	28	Andrew West	So	19:36	Indianola	
37		Carsen Codel	So	19:38	Valley	
38	29	Ander Tebbutt	Sr	19:42	Ames	
39		Graham Margulies	So	19:42	Valley	
40	30	Ryan Smith	Jr	19:43	Ames	
41		Grant Shaw	Jr	19:44	Waukee	
42		Ryan Donnelly	Sr	19:47	Valley	
43		Tyler Keny	Fr	19:51	Waukee	
44		Seamus O'Conner-Walker	Sr	19:55		Ames
45	31	Lucas George	Fr	19:56	Roosevelt	
46		Nicholas Lewis	Fr	19:58	Valley	
47	32	Bryan Aguilera	Fr	19:59	C B Jefferson	
48		Alexander Berryhill	Sr	20:03	Ames	
49		Tyler Rodriguez	Jr	20:05	Waukee	
50		Noah Haynes	Sr	20:05	Johnston	
51	33	Marcko Dalay	Fr	20:06	Roosevelt	
52		Garrett Horak	Sr	20:06	Valley	
53	34	Cooper Cary	Sr	20:06	Roosevelt	
54		Tameron Paulson	Sr	20:06	Ames	
55		Evan Schmidt	Sr	20:07	Johnston	
56	35	Jack Joyce	Fr	20:08	Roosevelt	
57	36	Brody Greenwood	Jr	20:09	Indianola	
58		Ledg Downs	Sr	20:10	Waukee	
59	37	Avery Bandstra	Sr	20:10	Roosevelt	
60		Daniel Fu	Jr	20:11	Johnston	
61		Mitch Hanson	Sr	20:13	Johnston	
62		Grant Welk	Jr	20:17	Ames	
63		Nate Wilson	Jr	20:18	Waukee	
64		Quinn Swaim	Sr	20:20	Johnston	
65		Bennett Ryken	Fr	20:20	Ames	
66	38	Tanner Higgins	So	20:22	Lewis Central	
67		Preston Witte	Jr	20:23	Ames	
68		Carl Murphy	So	20:24	Valley	
69		Kyle Battani	Fr	20:25	Johnston	
70		Grant Allen	Fr	20:30	Johnston	
71		Lucas Bleyle	Jr	20:32	Ames	

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72		Gage Schmidt	Sr	20:32	Johnston
73	39	Forrest LaPrade	Jr	20:35	Roosevelt
74		Ethan Robus	So	20:38	Waukee
75		Will Henrichsen	Jr	20:41	Johnston
76	40	Cesar Salazar	Sr	20:42	C B Jefferson
77		Will Morlock	So	20:42	Johnston
78		Malachi Thompson	So	20:42	Johnston
79		Matt Borgmeier	Fr	20:43	Johnston
80	41	Justin Seifrig	Jr	20:46	Indianola
81		Issac Holtz	So	20:47	Waukee
82		Jackson Marshall	Jr	20:47	Johnston
83		Jake Sterling	So	20:47	Johnston
84		Nic Baack	Sr	20:48	Roosevelt
85		Jacob Marks	Sr	20:48	Ames
86		Will Keck	So	20:50	Waukee
87		Alex Ling	So	20:51	Valley
88	42	Luke Meyer	Fr	20:51	Lewis Central
89		Charlie Pattinson	So	20:51	Johnston
90		Tyler Blaess	Sr	20:51	Waukee
91		Cael Camenisch	So	20:53	Ames
92		Yohanna Yual	Fr	20:53	Johnston
93		Jacob Holtz	So	20:53	Waukee
94		Kyle Geerts	So	20:54	Johnston
95		Jake Umble	So	20:55	Valley
96		Chanler Braman	Jr	20:56	Waukee
97		Thomas DeLay	Sr	20:58	Ames
98		Ryland Welch	So	20:58	Waukee
99	43	D'Mitre Hedrick	So	20:59	C B Jefferson
100	44	Anthony Nguyen	Fr	21:00	Lincoln
101		Jose Cordova	So	21:01	Waukee
102		Ben Kock	So	21:01	Waukee
103		Imani Muganza	Sr	21:02	Johnston
104		Jack Westemeyer	Jr	21:02	Valley
105		Benjamin Spence	Sr	21:02	Valley
106		Alec Dephillips	Fr	21:02	Valley
107	45	Alex Crimmins	So	21:03	Lincoln
108	46	Owen Dofner	Sr	21:04	C B Jefferson
109		Hunter Groteluschen	Fr	21:06	Valley
110		Noah Miller	Jr	21:09	Waukee
111		Alex Traynor	Fr	21:09	Valley
112	47	Miles Combs	So	21:14	Indianola
113	48	Aiden Keller	Fr	21:16	C B Jefferson
114		Josh Meyer	So	21:17	Johnston
115		Michael Holm	Sr	21:19	Ames

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116	49	Adam Mortensen	So	21:21	Lewis Central
117		Jakob Hanson	Jr	21:22	Roosevelt
118	50	Caleb Nostrala	So	21:25	Indianola
119	51	Brayden Beinhart	So	21:26	Indianola
120		Aaron McCrary	Sr	21:29	Waukee
121		Jacob Windust	Jr	21:30	Valley
122		Kenny McAleer	So	21:31	Waukee
123		Mohamed Kordier	Jr	21:32	Roosevelt
124		Zachary Hill	Fr	21:32	Valley
125		Nicholas Cinnamon	Sr	21:35	Valley
126		William Schaeuble	Sr	21:35	Valley
127		Brenden Hinspeter	So	21:35	Waukee
128		Corbin Truitt	Fr	21:35	Waukee
129		Connor Barry	Fr	21:36	Waukee
130		Andrew O'Connell	Fr	21:36	Waukee
131	52	Logan Grover	Fr	21:41	Indianola
132		Colin Sparks	So	21:42	Waukee
133		Eric Schmitt	So	21:43	Johnston
134		Spencer Dunham	Jr	21:44	Waukee
135		Ricardo Moreno	Fr	21:45	Valley
136		Noah Barker	Jr	21:46	Ames
137		Connor Niland	So	21:49	Valley
138	53	Alex Mosqueda	So	21:51	C B Jefferson
139		Ty Polson	Sr	21:52	Johnston
140		Kyle Schmidt	Sr	21:53	Johnston
141		Nathan Andrews	Fr	21:56	Waukee
142		John Doty	Fr	21:57	Waukee
143		Jordan Alexander	Jr	21:57	Valley
144		Cameron Tritle	Sr	21:58	Ames
145		Ryan Grandenett	Jr	21:58	Ames
146		Jacob Schwarzenbach	Sr	21:58	Johnston
147		Tye Erickson	Jr	21:59	Ames
148	54	Ethan Benscooter	Fr	22:02	Marshalltown
149	55	Deon Turner	Sr	22:03	Lincoln
150		Wyatt Woodruff	Fr	22:05	Indianola
151		Samuel Overton	So	22:07	Valley
152	56	Keylan Irvin	Jr	22:08	Lincoln
153		Jack Borgmeier	So	22:08	Johnston
154		Josh Barretta	Sr	22:09	Indianola
155	57	Matthew Shoemaker	Fr	22:10	Lewis Central
156	58	Hugo Miguel	Fr	22:11	C B Jefferson
157		Tate Marsh	So	22:12	Waukee
158		Chandler Lesley	Sr	22:14	C B Jefferson
159		Gabe Pflueger	Sr	22:17	C B Jefferson

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160	59	Daniel Campos	Sr	22:18	Marshalltown
161		Joseph Smith	Fr	22:20	Valley
162	60	Ryan Bradshaw	Sr	22:20	Lewis Central
163		Jack Schaeuble	So	22:23	Valley
164		Alexander Staub	Fr	22:23	Valley
165		James Howard	Jr	22:24	Indianola
166		Trey McDaniel	So	22:25	C B Jefferson
167		Bashar Eid	So	22:26	Roosevelt
168		Danny Kelly	Fr	22:26	Roosevelt
169		Joseph Kiplagat	Fr	22:28	Valley
170		Caleb Hyde	Fr	22:29	Roosevelt
171	61	Peyton Hilsabeck	Jr	22:31	Marshalltown
172		Carson Stanley	Fr	22:31	Johnston
173	62	Leon Urias	Sr	22:33	Lincoln
174		Colin McKillip	Jr	22:36	Valley
175		Shane Esposito	Jr	22:38	Roosevelt
176		Blake Kennedy	So	22:38	Indianola
177		Nicholas Lucht	So	22:39	Valley
178		Christian Contreras	Jr	22:40	C B Jefferson
179		Josh Larreau	So	22:40	Waukee
180		Casey Collins	So	22:40	Valley
181		Ben Tope	Fr	22:41	Waukee
182		Warren Breeden	Fr	22:41	Indianola
183		Berrigan Cadogan	Jr	22:44	Ames
184		Jack Johnson	Sr	22:45	Valley
185		Andrew Greene	Jr	22:47	Ames
186		Harrison Yoder	Jr	22:47	Ames
187		Vincent Hodges	Fr	22:49	Waukee
188	63	Zach Moore	Sr	22:50	Lewis Central
189	64	Nate Stoufer	Sr	22:51	Lewis Central
190	65	Freddy Ross	Fr	22:51	Marshalltown
191		Max Jacob-Oliver	Fr	22:51	Roosevelt
192		Jack Kinseth	Sr	22:51	Valley
193		Liam Hostetter	Fr	22:53	Ames
194		Alex Carter	Fr	22:54	Waukee
195		Cameron Mesman	Fr	22:56	Waukee
196		David Imhoff	Sr	22:57	Ames
197		Brayden Topic	Fr	22:57	Valley
198		Joey Connell	Sr	22:57	Waukee
199	66	Zane Pettis	Sr	22:57	East
200		Connor Schroeder	So	22:58	Ames
201		Hunter Ryba	Fr	23:08	C B Jefferson
202		Joshua Gartin	Jr	23:09	Ames
203		Jayden Karlstad	Fr	23:12	Roosevelt

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204	67	Nathaniel Routh	Jr	23:13	North
205		Jack Neel	Fr	23:14	Roosevelt
206		Wahl Leyton	Fr	23:15	Ames
207		Drake Downard	Fr	23:17	Indianola
208		Brady Willis	Fr	23:20	Johnston
209		Ean Cummings	Fr	23:21	Roosevelt
210		Brandon Harold	Fr	23:24	Ames
211		Wyatt Kacmarynski	So	23:25	Johnston
212		Juan Galvan	Fr	23:25	C B Jefferson
213		Jack Olson	Fr	23:27	Roosevelt
214	68	Rojan Dahal	Jr	23:27	North
215		Hans Bunn	So	23:28	Valley
216		Seth Kallestad	Sr	23:28	Roosevelt
217		Andy Kramer	Jr	23:29	Roosevelt
218		Jens Rasmussen	Jr	23:31	Johnston
219		Jeron Sampson	Sr	23:34	C B Jefferson
220		Will Greteman	So	23:36	Waukee
221		Trevor Hulsing	Fr	23:37	Waukee
222		Garrett Burger	Jr	23:39	Valley
223		Joel Kellar	Fr	23:39	Johnston
224		Isaac Helton	Fr	23:39	Roosevelt
225		Karson Lee	So	23:40	Johnston
226		Dominic Rivas	Jr	23:44	Indianola
227		Levi Schultz	Fr	23:45	Valley
228		Andrew Benson	Jr	23:45	Waukee
229		Harrison Eckard-Garrett	So	23:45	Roosevelt
230		Aidan Trotter	Jr	23:46	Indianola
231		Logan Ogden	Jr	23:46	Johnston
232		Robert Goode	So	23:46	Roosevelt
233		Joseph Donahoe	Fr	23:46	Valley
234		Jackson Slagter	Sr	23:47	Waukee
235		Anthony Schwindt	Fr	23:48	Roosevelt
236		Peter Swanda	Fr	23:48	Roosevelt
237	69	Dan Abimana	Jr	23:50	East
238	70	Sam Benschoter	Fr	23:51	Lincoln
239	71	Preston Huberty	So	23:52	Lincoln
240		Jamison Cunningham	Fr	23:52	Johnston
241		Bryce Ladd	Jr	23:52	Waukee
242		Nick Rider	So	23:57	Roosevelt
243		Ryan Srail	Fr	23:57	Johnston
244	72	Christian Roberts	So	23:57	East
245		Keevan Pagett	Sr	23:58	C B Jefferson
246		Beckett Newton	So	23:58	Valley
247		Brody Kucharo	Fr	23:59	Valley

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248		Jack McKinney	So	24:01	Waukee
249	73	Jaimen Rivera	So	24:01	Marshalltown
250		Freddy Chavez	So	24:03	C B Jefferson
251		Sukhman Viridi	Jr	24:07	Valley
252		Aric Berryhill	Jr	24:07	Ames
253		Charles Keitges	So	24:08	Ames
254		Davis Verhoeven	Fr	24:10	Ames
255		Gabe Vald	Jr	24:11	Roosevelt
256	74	Jacob Bitkar	Jr	24:13	Marshalltown
257	75	Xander Wallace	So	24:13	East
258		Luke Pottebaum	So	24:15	Waukee
259		Avery Mosher	Fr	24:15	Ames
260		Cade Bergantzel	Jr	24:17	Lewis Central
261	76	Alejandro Zarate	Sr	24:20	East
262		Alexander Kovar	So	24:23	Ames
263		William Zheng	So	24:24	Ames
264		Cael Fitch	Fr	24:26	Roosevelt
265		Mason Slack	So	24:36	C B Jefferson
266		Kyle Goben	So	24:38	Johnston
267		Jacob Peters	Jr	24:41	Ames
268		Ian Hillier	Sr	24:45	Ames
269		Zachary McDaniel	So	24:46	Lewis Central
270		Nathan Waters	Fr	24:47	Johnston
271		Carter Luttrell	So	24:49	Indianola
272	77	Benjamin Huyser	Fr	24:50	North
273		Evan Milner	Fr	24:50	C B Jefferson
274		Matthew Christ	Fr	24:50	Roosevelt
275		Max Swinton	Fr	24:52	Roosevelt
276		Cj Wilson	So	24:53	Lewis Central
277		Erik Johnson	Jr	24:54	Ames
278		Joel Nepl	Jr	24:54	Ames
279		Zavier Hahn	Fr	24:56	Roosevelt
280		Alex Ruhaak	Fr	24:57	Lewis Central
281		Ricardo Muniz	Fr	24:57	Lincoln
282		Daniel Pfeifer	Jr	24:58	Lincoln
283		Sam Burns	Fr	24:59	Valley
284		Gajin Kim	Sr	25:00	Ames
285		Harper Sullivan	Jr	25:01	Ames
286		Miles Curtis	Jr	25:04	Lincoln
287		Cameron Amos	Fr	25:07	Lincoln
288		Andrew Ritchie	So	25:08	Johnston
289		Andrew Debner	Fr	25:09	Ames
290		Tanner Kenin	Fr	25:14	Johnston
291		Cole Barrett	So	25:16	Waukee

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292		Ryan Derrick	So	25:24	Waukee
293		Ryan Williams	Fr	25:25	Roosevelt
294		Jordan Eppert	So	25:29	Valley
295		Jack Gilbert	Fr	25:30	Ames
296		Aidan Buske	Fr	25:32	Waukee
297		Nate Stone	Fr	25:33	Roosevelt
298		Matt Foster	Fr	25:34	C B Jefferson
299		Brayden Richards	Fr	25:37	Ames
300		Adam Eichorn	Jr	25:42	Ames
301		Brad Vu	So	25:46	Johnston
302		Zachary Komanapalli	Fr	25:47	Valley
303		Sam Nadler	Fr	25:47	Johnston
304		Keenan Peters	Fr	25:52	Waukee
305		Finn McNally	Sr	25:56	Roosevelt
306		Mason Delange	Fr	25:56	Roosevelt
307		Anthony Rosser	Fr	25:58	Ames
308		Colin Jacob-Oliver	Fr	25:59	Roosevelt
309		Nick Wittmer	Fr	26:00	Waukee
310		Samuel Bonner	Fr	26:07	Valley
311		Luke Mullen	So	26:11	Johnston
312		Christopher Buchwald	Fr	26:11	Ames
313		Zane Barker	Fr	26:18	Ames
314	78	Zach Wallace	So	26:21	East
315	79	Dylan Bracy	So	26:22	Marshalltown
316		Nick Jensen	Fr	26:22	Indianola
317		Andrew Kovar	Fr	26:28	Ames
318	80	Cosmas Nyaika	So	26:29	East
319		Eric Paskach	So	26:31	Ames
320		Elijah Brungardt	So	26:31	Ames
321		Jacob Knox	So	26:36	Johnston
322		John Aldrich	Jr	26:37	Indianola
323		Brett Twelmeyer	Fr	26:37	Lincoln
324		Avi Kaufman	Fr	26:44	Valley
325		Alan Trevino	Fr	27:19	East
326		Jacob Phillips	Fr	27:20	Valley
327		Charley Dunham	Fr	27:21	Roosevelt
328		Luis Avila, Jr.	Jr	27:21	Lincoln
329		Anthony Arroyo	Jr	27:23	Roosevelt
330		Grant Brown	Fr	27:40	Roosevelt
331		Nate Bell	Fr	27:47	Lincoln
332		Cole Ross	Fr	27:54	Valley
333		Dillon Brackney	So	27:59	Lincoln
334		Tanner Drabek	Sr	28:01	Roosevelt
335		Emmett Badder	Jr	28:04	Marshalltown

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336		Jacob Demuth	Jr	28:14	East
337		Kobe Tanchinh	Fr	28:17	Valley
338		Rocky Vizcarra	So	28:24	East
339		Tom Giampolo	So	28:26	Johnston
340		Cody Vansylalom	Fr	28:26	East
341	81	Angel Berber	Fr	28:34	North
342		Chase Koletzke	Fr	28:37	C B Jefferson
343		Mike Jacks	Jr	28:39	Indianola
344		Spencer Jones	Fr	29:02	Roosevelt
345		Ryan Magalhaes	Fr	29:16	Indianola
346		Grant Merk	So	29:22	C B Jefferson
347		Amer Ibar	Fr	29:24	C B Jefferson
348	82	Julio Quintanar	Jr	29:35	North
349		Leo Brooks	Fr	29:52	Roosevelt
350		Sam McDaniel	Fr	30:08	Johnston
351		Danny Stewart	Jr	30:24	Waukee
352		Cody Collins	Fr	30:52	Valley
353		Josiah Schumacher	Fr	30:52	Ames
354		William Wagoner	So	31:00	East
355		Caleb Roberts	Fr	31:27	C B Jefferson
356	83	NaKay Ya	Sr	31:32	North
357		Joel Graham	Fr	31:35	Valley
358		Nicholas Brien	Fr	31:35	Ames
359		Daniel Young	Sr	31:55	Lincoln
360		Jose Orozco Beltre	So	32:59	Marshalltown
361		Mitchell Wood	Fr	34:13	Waukee
362		Dakota Still	Fr	34:20	C B Jefferson
363		Ethan Straight	Jr	34:27	East
364		Andrew Wedemeyer	Fr	34:51	Johnston
365		Sam Dolde	So	37:01	Johnston
366		Marcus Msuya	Jr	40:09	Indianola
367		Jared Knudson	Jr	44:35	Waukee
368		Dan Crowley	Jr	44:49	Indianola

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Middle School Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Waukee	44	2	6	7	14	15	24	31	14:33	1:14	
2	Johnston	61	1	3	9	21	27	36	39	14:35	1:43	
3	Valley	101	11	12	17	28	33	37	41	15:09	0:55	
4	Urbandale	122	18	19	20	22	43	44	51	15:25	1:13	
5	Roosevelt	124	4	8	25	38	49	60	62	15:21	2:12	
6	Southeast Polk	182	5	32	42	46	57	65	68	15:58	2:36	
7	Dowling	192	16	26	35	54	61	73	75	16:02	2:06	
8	Ames	201	13	23	52	55	58	59	70	16:12	2:09	
9	Ankeny Centennial	204	10	34	47	50	63	66	71	16:10	2:43	
10	Ankeny	216	30	40	45	48	53	56	69	16:20	1:26	
11*	Lincoln	355	64	67	72	74	78	81	82	18:14	2:02	
12*	Hoover	355	29	79	80	83	84	86		20:06	8:36	
13	North	413	76	77	85	87	88			26:38	14:17	

Incomplete Teams: East

Middle School Girls Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Aleah Tenpas	8	13:37	Johnston
2	2	Madison Judas	8	13:46	Waukee
3	3	Faith Nead	8	14:06	Johnston
4	4	Arianna Jackson	7	14:25	Roosevelt
5	5	Mitchell Jacie	7	14:25	Southeast Polk
6	6	Molly Bannister	8	14:27	Waukee
7	7	Ava Carder	8	14:35	Waukee
8	8	Abigail Hahn	7	14:36	Roosevelt
9	9	Lauryn Johannsen	8	14:37	Johnston
10	10	Kendall Jorgensen	8	14:37	Ankeny Centennial
11	11	Madeline Hollander	8	14:44	Valley
12	12	Emily Bright	8	14:53	Valley
13	13	Cameron Moon	7	14:54	Ames
14	14	Mallory Drake	8	14:58	Waukee
15	15	Ella Parker	8	14:59	Waukee
16	16	Lauryn Frerichs	7	15:01	Dowling
17	17	Brookelyn Buttolph	8	15:05	Valley
18	18	Erin Van Quathem	8	15:08	Urbandale
19	19	Sydney Dial	8	15:10	Urbandale
20	20	Grace Marquardt	8	15:10	Urbandale
21	21	Bailey Vaughan	8	15:12	Johnston
22	22	Anna Davison	8	15:13	Urbandale
23	23	Claire Galvin	8	15:14	Ames
24	24	Mallory Metzger	8	15:15	Waukee
25	25	Julia Smith	8	15:16	Roosevelt

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26	26	McKenzie Dryden	8	15:19	Dowling
27	27	Olivia Swalley	7	15:19	Johnston
28	28	Kamryn Ensley	8	15:20	Valley
29	29	Ellie Smith	8	15:24	Hoover
30	30	Anna Schmitz	8	15:27	Ankeny
31	31	Vanessa Demarco	8	15:30	Waukee
32	32	Francois Jenna	7	15:34	Southeast Polk
33	33	Bailee Dawson	8	15:39	Valley
34	34	Erica Peters	8	15:41	Ankeny Centennial
35		Chloe Olson	8	15:42	Waukee
36	35	Clare O'Halloran	8	15:42	Dowling
37	36	Erica Butler	7	15:43	Johnston
38	37	Megan Wainwright	8	15:44	Valley
39	38	Tatum Long	8	15:47	Roosevelt
40	39	Sheridan Johnson	7	15:58	Johnston
41	40	Emma Rittgers	8	16:17	Ankeny
42	41	Morgan Hunt	8	16:18	Valley
43	42	Raasch Olivia	8	16:18	Southeast Polk
44		Jenna Woodsmall	8	16:20	Johnston
45	43	Jazlyn Hoehle	7	16:21	Urbandale
46	44	Maria Long	7	16:24	Urbandale
47	45	Talia Dosh	8	16:25	Ankeny
48	46	Causey Olivia	7	16:32	Southeast Polk
49	47	Emily Petersen	8	16:35	Ankeny Centennial
50		Ella Duenas	8	16:36	Waukee
51	48	Ava Callahan	8	16:36	Ankeny
52	49	Mia Prosperi	8	16:37	Roosevelt
53	50	Alexa Gunn	8	16:38	Ankeny Centennial
54	51	Crystal Ruden	8	16:40	Urbandale
55		Kariin Roush	8	16:40	Waukee
56		Allison Zahn	8	16:41	Johnston
57		Bryn Inserra	8	16:44	Waukee
58	52	Isabel Andreotti	8	16:47	Ames
59		Cali Trygstad	7	16:48	Valley
60		Ellen Mitchell	8	16:51	Valley
61	53	Ella Sharar	8	16:53	Ankeny
62	54	Emma Isenhardt	8	16:58	Dowling
63	55	Sophia Cordoba	8	16:59	Ames
64	56	Maddie Fay	8	17:01	Ankeny
65	57	Johnson Catherine	7	17:01	Southeast Polk
66		Lily Waters-Smith	7	17:01	Urbandale
67	58	Lucy Brekke	7	17:03	Ames
68	59	Emily Poag	8	17:04	Ames
69		Sophia Huber	7	17:05	Urbandale

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70	60	Elle Green	8	17:06	Roosevelt
71	61	Kate Easter	8	17:07	Dowling
72		Addison Danenhauer	7	17:07	Urbandale
73	62	Lindsey Fleming	7	17:08	Roosevelt
74		Jeden Scharingson	8	17:09	Urbandale
75		Elise Henrichsen	8	17:12	Johnston
76		Maggie Miner	7	17:12	Johnston
77		Ivy Hemesath	8	17:14	Waukee
78		Marina Mihura	8	17:15	Waukee
79	63	Savanna Klingensmith	8	17:19	Ankeny Centennial
80		Ashlyn Perry	8	17:22	Urbandale
81	64	Isabella Naderman	7	17:22	Lincoln
82	65	Leeper Chloe	7	17:25	Southeast Polk
83	66	Taysia Bettis	8	17:26	Ankeny Centennial
84		Elaine Wang	8	17:38	Valley
85	67	Alexa Amos	7	17:40	Lincoln
86		Morgan Larick	8	17:41	Waukee
87		Victoria Verde	8	17:42	Johnston
88		Apeksha Adhikari	8	17:44	Waukee
89		Emily Krone	8	17:44	Johnston
90		Lizzie Sorensen	8	17:45	Waukee
91		Lauren Gano	7	17:46	Johnston
92	68	Pritchard Laryssa	8	17:48	Southeast Polk
93	69	Angelina Hemphill	8	17:49	Ankeny
94	70	Dana Drobny	8	17:53	Ames
95		Ella Troja	7	17:54	Urbandale
96		Ella DeHaan	8	17:55	Ankeny
97		Kamden Carico	7	17:57	Southeast Polk
98		Evan Brakke	8	17:58	Ames
99		Kate Anthofer	8	17:58	Johnston
100	71	Avah Marse	8	17:59	Ankeny Centennial
101		Sydney Weaverling	8	18:02	Ankeny
102	72	Marissa Albright	7	18:05	Lincoln
103		Ruby Gisvold	7	18:07	Johnston
104		Claire Liskey	8	18:07	Waukee
105		Miller Rylea	7	18:08	Southeast Polk
106	73	Olivia Dohrmann	7	18:10	Dowling
107		Ivy McFetridge	7	18:11	Roosevelt
108		Yara Homedan	8	18:14	Waukee
109		Kathryn Owens	8	18:15	Roosevelt
110		Bryce Bearson	8	18:16	Ames
111		Sivani Manimaran	8	18:18	Ames
112		Katie Clark	8	18:19	Waukee
113		Emma Kurth	7	18:19	Roosevelt

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114		Chambers Madeline	8	18:19	Southeast Polk
115		Jocelyn Naranjo	8	18:20	Urbandale
116		Mikayla Kloth	8	18:23	Ames
117		Annika Swenson	8	18:24	Valley
118		Laynie Walberg	8	18:27	Waukee
119		Annie Diener	8	18:29	Waukee
120		Emily McGowan	8	18:30	Johnston
121		Jordon Kloth	8	18:35	Ames
122		Sunneva Sigurdsdottir	8	18:35	Ames
123		Zoe Kerchal	7	18:36	Urbandale
124		Ava Anderson	8	18:37	Ames
125	74	Jaenelle Bryant	7	18:38	Lincoln
126	75	Evan Dicker	7	18:38	Dowling
127		Serena Carlson	7	18:39	Valley
128		Jenna Helfer	8	18:39	Ames
129		Libby White	8	18:42	Valley
130		Joani Barlow	8	18:44	Southeast Polk
131		Grace Wolford	8	18:45	Valley
132		Melanie Ulrich	7	18:45	Valley
133		Rachel Bennett	8	18:46	Ames
134		Mia Dukle	8	18:49	Valley
135		Paige Peterson	7	18:50	Johnston
136		Sophia Stineman	8	18:54	Dowling
137		Gwenyth Willeford	7	18:55	Southeast Polk
138		Jayna Janssen	8	18:56	Johnston
139		Sydney Turk	7	18:59	Ames
140		Ellie Smidt	8	19:02	Valley
141		Camryn Kerterson	8	19:06	Ankeny Centennial
142		Taylor Lehman	8	19:08	Ankeny Centennial
143		Abby Loder	8	19:10	Ankeny
144		Ella Barkey	8	19:11	Johnston
145		Grace Roesler	8	19:13	Urbandale
146	76	Allana Cummins	7	19:15	North
147		Rabina Subba-Conradi	8	19:15	Valley
148		Cecilia Hathaway	7	19:18	Ames
149		Julianne Stevens	8	19:18	Ankeny Centennial
150		Claire Sullivan	8	19:18	Dowling
151	77	Jhoanna Hernandez		19:19	North
152		Lewis Natalie	8	19:22	Southeast Polk
153	78	Hailey Neer	8	19:23	Lincoln
154		Lauren Peterson	8	19:25	Urbandale
155		Sophie Wempfen	8	19:40	Waukee
156		Zadie Hoff	7	19:40	Roosevelt
157		Leah Davis	8	19:41	Ankeny

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158		Brynlea DeGroot	8	19:42	Valley
159		Aviella Holtz	8	19:43	Waukee
160	79	Grace Clingan	8	19:46	Hoover
161	80	Terhas Bakit	7	19:47	Hoover
162		Abigail Schaefer	7	19:47	Southeast Polk
163		Abby Bielecki	8	19:49	Ankeny
164		Lainey Potratz	8	19:50	Waukee
165		Brylee Barnes	7	19:50	Southeast Polk
166		Reagan Griffith	8	19:54	Valley
167		Olivia Mulford	8	19:54	Roosevelt
168		Polson Krista	8	19:54	Southeast Polk
169		Lehman Rylee	7	19:58	Southeast Polk
170		Lafferty Kayla	7	19:58	Southeast Polk
171	81	Alexis Dorsett	8	20:01	Lincoln
172		Kiah Snyder	8	20:01	Ames
173		Sadie Tyler	8	20:02	Roosevelt
174		Abi Kueter	8	20:05	Valley
175		Abigail Thompson	8	20:06	Ames
176	82	Ripley Berg	8	20:06	Lincoln
177		Amelia Brown	8	20:12	Ankeny
178		Hanna Roettger	8	20:12	Ames
179		Sophie Fehn	7	20:13	Johnston
180		Regan Vukovich	7	20:13	Johnston
181		Gabi Michalski	8	20:16	Johnston
182		Kaylen Witte	8	20:17	Ames
183		Abigail Crozier	7	20:22	Roosevelt
184		Charlotte Kennedy	8	20:23	Dowling
185		Hannah Neyens	7	20:35	Urbandale
186		Cori Baker	7	20:39	Roosevelt
187		Olsen Ciana	7	20:39	Southeast Polk
188		Cerda Keila	7	20:41	Southeast Polk
189		Megan Smith	8	20:42	Valley
190		Payton Stewart	7	20:45	Ames
191		Emily Devereux	8	20:53	Ankeny Centennial
192		Sydnee Babcock	8	20:54	Ankeny Centennial
193		Emma Etnyre	7	20:56	Southeast Polk
194		Josie Birdwell	8	20:59	Urbandale
195		Alyssa Giles	8	20:59	Waukee
196		Leslie Chavez	8	20:59	East
197		Summer Dunham	8	21:00	Valley
198		Jenna Maifeld	8	21:01	Waukee
199		Claire Gilbert	8	21:02	Valley
200		Julia Sillman	8	21:04	Ames
201		Jamie Gomez	8	21:05	East

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202		Jackie Hernandez	8	21:07	Urbandale
203		Emily Cook	8	21:10	Lincoln
204		Megan Heilskov	7	21:11	Roosevelt
205		Sophia Gates	8	21:13	Urbandale
206		Maude Malone	8	21:13	Roosevelt
207		Kaylee Fornoff	8	21:14	Ankeny Centennial
208		Sheridan Conroy	7	21:30	Johnston
209	83	Lauralei Saunders	8	21:34	Hoover
210		Bella Flemming	7	21:34	Johnston
211		Anika Busick	8	21:38	Roosevelt
212		Radden Breanna	8	21:40	Southeast Polk
213		Annie Pierson	7	21:40	Dowling
214		Jolyn Ask	7	21:45	Ames
215		Clara Hol	7	21:52	Roosevelt
216		Emma Heine	8	21:53	Ankeny
217		Dakota Lewin	7	21:55	Ames
218		Quynh Tran	8	21:57	Urbandale
219		Morris Lillian	7	22:00	Southeast Polk
220		Tate Bernard	7	22:01	Ames
221		Meg Cushman	8	22:03	Johnston
222		Lisi Main	8	22:18	Dowling
223		Ada Fender	8	22:20	Roosevelt
224		Maycee Fisher	7	22:20	Southeast Polk
225		Nithya Myeni	8	22:29	Valley
226		Callie Wicker	8	22:29	Lincoln
227		Kate Foster	7	22:32	Johnston
228		Dotson Grace	8	22:35	Johnston
229		Julia Moody	7	22:35	Roosevelt
230		Olivia Speers	7	22:36	Roosevelt
231		Julia Martinez-Lohf	8	22:41	Urbandale
232		Audrey VanRyswyk	8	22:42	Ames
233		Hannah Sheldon	8	22:43	Ames
234		Jillian Williams	7	22:47	Lincoln
235		Anna Swick	8	22:51	Urbandale
236		Reese Monson	7	22:53	Johnston
237		Cossette Cannon	7	22:54	Ames
238		O'Riley Paige	7	22:59	Southeast Polk
239		Jennifer Leong	8	23:01	Urbandale
240		Claudia Ossman	8	23:01	Valley
241		Mia Basic	8	23:02	Valley
242		Sarah Andrews	8	23:02	Ames
243		Olivia Tice	7	23:05	Roosevelt
244		Ella Darsee	8	23:09	Urbandale
245		Lucia Randazzo	7	23:20	Roosevelt

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246		Kenyan Smith	7	23:22	Valley	
247		Ava Brunkhorst	7	23:24	Dowling	
248		Shani Yount-Wheels	7	23:25	Southeast Polk	
249		Julia Brehm-Stecher	8	23:27	Ames	
250		Molly Manning	8	23:32	Lincoln	
251		Nadia Palmer	8	23:39	Roosevelt	
252		Elizabeth Ernst	8	23:42	Ankeny Centennial	
253		Sophia Miller	8	23:45	Ankeny	
254		Leah Rhode	7	23:59	Dowling	
255		Cecilia Beacom	8	23:59	Dowling	
256	84	Kawa Mida	8	23:59	Hoover	
257		Phoebe Smith	8	24:06	Johnston	
258		Grace Bollhoeffter	8	24:17	Ames	
259		Madina Mirsodikova	7	24:21	Ames	
260		Jorja Thompson	7	24:21	Ames	
261		Hanna Herzberg	7	24:26	Urbandale	
262		Maya Owens	7	24:30	Dowling	
263		Patchin Eliza	7	24:31	Southeast Polk	
264		Sofia Ream	7	24:32	Roosevelt	
265		Kylie Camarata	7	24:32	Dowling	
266		Jaiden Holt	8	24:43	Ankeny Centennial	
267		Ava Morgan	7	25:13	Johnston	
268		Hannah Fuqua	8	25:29	Ames	
269		Sierra Mills	7	25:30	Johnston	
270		Brittany White-Buffalo	7	25:32	Ames	
271		Jewelle Smith	8	25:38	Southeast Polk	
272		Madison Turner	7	25:43	Lincoln	
273		Maggie Pattinson	7	25:45	Johnston	
274		Ellie Lashier	8	25:49	Johnston	
275		Olivia Cook	8	26:04	Lincoln	
276		Bian Schuleuger-Valadao			7 26:04	Lincoln
277		Christie Danielson	7	26:06	Lincoln	
278		Alanna Schroeder	8	26:10	Ames	
279		Awien Marac	8	26:12	Ames	
280		Elaine Hall	8	26:15	Ames	
281		Cara Kennedy	7	26:20	Urbandale	
282		Alondra Castanda	8	26:37	Johnston	
283		Elizabeth Wilcoxson	8	26:45	Roosevelt	
284		Clare Barber	7	26:48	Roosevelt	
285		Nakia Whiteny	8	27:13	Lincoln	
286		Haley McGovern	7	27:47	Johnston	
287	85	Jaleesa Lewis		27:49	North	
288		Cydney Irvine	7	27:53	Roosevelt	
289		Grace Wiggins	7	28:59	Southeast Polk	

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290		Tylar Cameron	7	29:02	Southeast Polk
291	86	Tasha Richardson	8	29:07	Hoover
292		Jessica Emerson	7	29:29	Urbandale
293	87	Ximena Deavila		33:14	North
294	88	Maria Hernandez-Raya		33:31	North

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Middle School Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Average	Spread
1	Dowling	41	2	5	6	13	15	28	39	12:45	0:56	
2	Waukee	60	1	10	14	17	18	20	34	13:00	1:08	
3	Roosevelt	104	4	12	26	30	32	37	60	13:22	1:23	
4	Ankeny	113	16	21	23	24	29	44	48	13:29	0:31	
5	Ankeny Centennial	159	11	19	31	45	53	54	56	13:47	1:16	
6	Ames	170	9	25	38	47	51	58	71	13:50	1:24	
7	Southeast Polk	173	3	35	40	43	52	55	76	13:46	2:09	
8	Johnston	202	7	36	41	50	68	74	75	14:00	2:22	
9	Valley	219	8	42	49	59	61	62	69	14:08	1:54	
10	Urbandale	245	22	33	57	66	67	70	73	14:22	1:29	
11	Lincoln	324	46	63	65	72	78	81	82	15:00	1:50	
12	East	382	27	87	88	89	91			19:14	10:37	
13	Hoover	390	64	79	80	83	84	85	86	16:38	3:04	
14	North	446	77	90	92	93	94			26:03	17:01	

Middle School Boys Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Kyle Ruby	8	12:11	Waukee
2	2	Joe Reed	8	12:15	Dowling
3	3	Ben Miller	8	12:16	Southeast Polk
4	4	Jaxson Plumb	7	12:28	Roosevelt
5	5	Will Ryan	8	12:29	Dowling
6	6	Jackson Heidesch	7	12:36	Dowling
7	7	Jared Meyer	8	12:36	Johnston
8	8	Thomas Knudsen	8	12:50	Valley
9	9	Charlie Orngard	8	12:58	Ames
10	10	Josh DeJohn	8	13:01	Waukee
11	11	Kellen Welsch	8	13:10	Ankeny Centennial
12	12	Beckett LaPrade	8	13:10	Roosevelt
13	13	Carson Houg	8	13:11	Dowling
14	14	Tyler Merhar	8	13:11	Waukee
15	15	Gabe Shaw	7	13:11	Dowling
16	16	Hunter Yeatts	8	13:13	Ankeny
17	17	Chad DenAdel	8	13:18	Waukee
18	18	Jake Wiersma	8	13:18	Waukee
19	19	Caden Rasmus	8	13:19	Ankeny Centennial
20	20	Max Holt	8	13:21	Waukee
21	21	Mason Yeatts	8	13:24	Ankeny
22	22	Ethan Smith	7	13:27	Urbandale
23	23	Carter Smith	8	13:31	Ankeny
24	24	Carter Clark	8	13:31	Ankeny
25	25	Carter Peterson	8	13:32	Ames

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26	26	Carson Lane	7	13:35	Roosevelt
27	27	Zac Niedercloffer	8	13:41	East
28	28	Tommy Hancock	8	13:43	Dowling
29	29	Paul Erreege	8	13:44	Ankeny
30	30	Elijah Gumm	7	13:44	Roosevelt
31	31	Will Blackmore	8	13:49	Ankeny Centennial
32	32	Pablo Cerda	7	13:51	Roosevelt
33	33	William Sebastian	7	13:52	Urbandale
34	34	Charles Peterson	8	13:55	Waukee
35	35	Jenkin Fulmer	7	13:58	Southeast Polk
36	36	Logan Becker	8	13:58	Johnston
37	37	Henry Nagle	8	13:59	Roosevelt
38	38	Will Hatcher	8	13:59	Ames
39		Luke Wellet	8	14:00	Waukee
40	39	Tyler Schweizer	8	14:02	Dowling
41	40	Cooper Hansen	8	14:03	Southeast Polk
42	41	Mengesha Hennes	7	14:03	Johnston
43	42	Thomas Hansen	8	14:03	Valley
44		Jake Noonan	8	14:04	Dowling
45	43	Carson Owens	7	14:05	Southeast Polk
46	44	Griffin Gade	8	14:06	Ankeny
47	45	Braden Miller	8	14:12	Ankeny Centennial
48	46	Tyler Sheldahl	8	14:13	Lincoln
49	47	Jonathon Williams	7	14:17	Ames
50	48	Truman Patterson	8	14:18	Ankeny
51		Nathan Schwab	8	14:21	Waukee
52	49	Carter Smith	8	14:21	Valley
53	50	Joseph Kerber	8	14:22	Johnston
54	51	John Higgins	7	14:22	Ames
55	52	Grant Vorwerk	8	14:25	Southeast Polk
56	53	Tyler Schermerhorn	8	14:25	Ankeny Centennial
57		Christopher Pierson	8	14:27	Dowling
58		Jackson Penningroth	8	14:29	Ankeny
59		David Parks	8	14:30	Waukee
60		Owen Fulton	8	14:32	Waukee
61		Conor Wahlberg	8	14:32	Ankeny
62	54	London Hershberger	8	14:36	Ankeny Centennial
63	55	Jack Casey	7	14:36	Southeast Polk
64	56	Joel Nelson	8	14:36	Ankeny Centennial
65		Thomas Brustkern	8	14:37	Ankeny Centennial
66	57	Aiden Paine	8	14:40	Urbandale
67	58	Brett Wineinger	8	14:40	Ames
68		Jack Lacey	8	14:41	Ankeny Centennial
69	59	Jackson Skahill	8	14:41	Valley

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70	60	Nick Jackson	8	14:42	Roosevelt	
71	61	Jacob Naja	8	14:43	Valley	
72		Ty Rounds	8	14:44	Ankeny Centennial	
73	62	Andrew Haugen	8	14:45	Valley	
74		Zach Zinn	8	14:46	Ankeny Centennial	
75	63	Andres Torres	8	14:47	Lincoln	
76		Cooper Majors	8	14:48	Ankeny Centennial	
77		Jackson Ode	7	14:49	Dowling	
78	64	Barry Adoobe	8	14:50	Hoover	
79		Theo Whitehead	8	14:51	Roosevelt	
80	65	David Galvin-Dominguez	8	14:52		Lincoln
81		Jacob Smith	8	14:53	Ankeny Centennial	
82	66	Tyler Straka	7	14:54	Urbandale	
83	67	Kuel Kuany	7	14:56	Urbandale	
84		Drew Folkerts	7	14:56	Roosevelt	
85		Jake Rosenow	8	14:56	Waukee	
86	68	Alexander Wear	7	14:57	Johnston	
87	69	Ezra Kristensen	8	14:58	Valley	
88		Blake Ganpat	8	14:59	Ankeny	
89	70	Cole Leggett	8	14:59	Urbandale	
90		Thomas DeBower	8	15:02	Ankeny	
91	71	Camden Wacha	7	15:03	Ames	
92		Simon Janelle	8	15:04	Ankeny Centennial	
93	72	Nauris Bryant	7	15:05	Lincoln	
94	73	Cohen Darsee	8	15:05	Urbandale	
95	74	Aidan O'Connor	7	15:05	Johnston	
96		Tommy Stroud	8	15:06	Waukee	
97		Elliot Donovan	7	15:08	Roosevelt	
98		Garrett Putze	8	15:08	Dowling	
99	75	Nick Bechtel	8	15:12	Johnston	
100		Jake Miller	8	15:13	Dowling	
101		Dylan Grandon	7	15:15	Johnston	
102	76	Isaiah Boren	8	15:15	Southeast Polk	
103	77	Troy Abarr	8	15:17	North	
104		Michael Lord	8	15:18	Dowling	
105		Nate Willey	8	15:18	Ankeny Centennial	
106		Gavin Mally	8	15:19	Johnston	
107		Andrew Phillips	8	15:19	Waukee	
108		Timy Hanulik	7	15:20	Ames	
109		Carson Packer	8	15:22	Ames	
110		Kyle Pederson	8	15:24	Ankeny	
111		Flynn Milligan	7	15:25	Dowling	
112		Ayden Lyon	8	15:25	Johnston	
113		Stephen Beaman	8	15:26	Johnston	

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114	Ethan Keomala	7	15:27	Southeast Polk
115	Charles Brownell	8	15:29	Urbandale
116	Isaac Forristall	7	15:29	Southeast Polk
117	Lucas Lueth	7	15:29	Ames
118	Brock DeCarlo	8	15:31	Valley
119	Grant Purcell	8	15:32	Urbandale
120	Jake Wagner	8	15:34	Johnston
121	Jay Voss	7	15:34	Ames
122	Bennett Sebastian	7	15:38	Urbandale
123	Issac O'Toole	8	15:38	Ankeny
124	Paul Andersen	8	15:39	Valley
125	Benton McFetridge	8	15:40	Roosevelt
126	Joey Dombrosky	8	15:40	Waukee
127	Alonzo Spencer	8	15:41	Roosevelt
128	Grant Jackson	8	15:44	Roosevelt
129	Charlie Hoffman	8	15:48	Ankeny Centennial
130	Jack Wille	8	15:49	Ankeny
131	Charles III	8	15:51	Roosevelt
132	Jonah Sterling	8	15:51	Johnston
133	John Sehnert	8	15:52	Waukee
134	Chris Moseley	8	15:53	Waukee
135	Devon TeKolste	8	15:55	Southeast Polk
136	Evan Holt	7	15:56	Dowling
137	Cooper Chia	7	15:56	Dowling
138	Ethan Holter	8	15:57	Johnston
139	Brandon Ness	8	15:59	Johnston
140	Nathan Hupfer	7	16:01	Johnston
141	Hank Simms	8	16:02	Southeast Polk
142	78 Derek Shade	7	16:02	Lincoln
143	Joel McCleary	8	16:02	Ankeny Centennial
144	Avery Carlson	8	16:03	Ankeny Centennial
145	Brett Cullinan	8	16:04	Urbandale
146	Connor Hall	7	16:05	Southeast Polk
147	Joe Wilwerding	7	16:05	Dowling
148	Will Bussey	8	16:06	Dowling
149	John Zheng	7	16:06	Ames
150	Matthew Alaimo	8	16:07	Johnston
151	Samuel Hennes	8	16:07	Johnston
152	Daniel Yakobson	8	16:08	Ames
153	Alan Tribble	8	16:09	Waukee
154	Jayden Bible	8	16:09	Ankeny
155	Caleb Hill	7	16:11	Ames
156	Charlie Craiger	8	16:12	Roosevelt
157	Cameron Johnson	8	16:12	Valley

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158		Alexis Castro	7	16:13	Roosevelt
159		Ryan Trujillo	7	16:14	Southeast Polk
160		Andres Lopez	8	16:14	Ankeny
161		J D. Ramsey	8	16:17	Valley
162		Logan Westin	7	16:18	Roosevelt
163		Theo Linebaugh	8	16:18	Roosevelt
164	79	Tyler Rickets	8	16:19	Hoover
165		James Barnes	8	16:20	Dowling
166	80	Leing HlaSu	7	16:21	Hoover
167		Matthew Bonner	7	16:23	Roosevelt
168		Jake Pemble	8	16:24	Johnston
169		Dawson Young	7	16:24	Southeast Polk
170		Colin Miller	7	16:24	Southeast Polk
171		Luis Jimenez	8	16:26	Urbandale
172		Tyler Moore	7	16:27	Johnston
173		Hunter Shepherd	7	16:27	Southeast Polk
174		Brewer Thielman	8	16:31	Urbandale
175		John Lawler	7	16:32	Dowling
176		Danny Nielsen	7	16:35	Dowling
177	81	Denarkus Shade	7	16:37	Lincoln
178		Aryen Clipper	8	16:37	Ames
179		Zachary Braggs	7	16:37	Urbandale
180		Tommy DeWilde	8	16:38	Ankeny
181		Kellen Jones	8	16:38	Ankeny Centennial
182		Roman Keahna-Harris	8	16:42	Ankeny Centennial
183		Connor Fogarty	7	16:44	Valley
184		Jason Latta	7	16:45	Dowling
185		Luke Trannel	8	16:45	Valley
186		Will Marshall	7	16:45	Southeast Polk
187		Luke Bringle	7	16:46	Dowling
188		Michael Hayden	8	16:46	Ankeny
189		Will Upper	7	16:47	Johnston
190		Braeden Gierstorf	7	16:48	Johnston
191		Jerry Peng	8	16:50	Waukee
192		Zachary Corsbie	8	16:55	Johnston
193		Spencer Clifton	8	16:55	Southeast Polk
194		Nate Bierma	7	16:56	Valley
195		Tayden Baccam	8	16:57	Urbandale
196		Roberto Dubiel	8	16:57	Ames
197		Jack Power	7	16:59	Dowling
198		Carson Enfield	7	16:59	Ames
199		Matthew Monsivais	8	16:59	Ankeny Centennial
200		Luke Weeklund	8	17:00	Valley
201		Johnny Fox	7	17:00	Dowling

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202		Caden Winterboer	7	17:01	Johnston
203		Carter Davis	8	17:01	Ankeny
204		Landon Smithhart	7	17:03	Southeast Polk
205		Peyton Grotulschen	7	17:05	Valley
206		Alex Ladner	8	17:07	Ankeny Centennial
207	82	Anthony Fonza	8	17:09	Lincoln
208		Elliot Baughman	7	17:09	Valley
209		Brayden Lumley	8	17:11	Urbandale
210		Hayden Sinclair	7	17:12	Ames
211		Aaron Flynaardt	7	17:13	Dowling
212		Korbin Keomala	7	17:15	Southeast Polk
213		Cameron Capalbo	7	17:17	Johnston
214		Rohan Devadas	7	17:19	Johnston
215		Derek Marsh	8	17:20	Johnston
216		Christian Rathje	8	17:20	Ankeny
217		Ethan Ver Helst	8	17:20	Ankeny Centennial
218		Trevor Fitzpatrick	8	17:20	Dowling
219		Elie Tulikumwenya	8	17:21	Roosevelt
220		Andrew Croft	7	17:21	Valley
221		Tyler Pegg	8	17:25	Johnston
222		Saladin Hodzic	8	17:26	Johnston
223		Harrison Niepert	7	17:26	Roosevelt
224		Andrew Sullivan	8	17:26	Ames
225		Logan Eilers	8	17:27	Ankeny Centennial
226		Jaxon Hill	8	17:28	Urbandale
227		Eric Borgmeier	7	17:29	Johnston
228		Jack Wanamaker	8	17:31	Ames
229		Joshua Neahs	7	17:32	Urbandale
230		Noah Segar	8	17:32	Ankeny Centennial
231		Danny Diggins	7	17:32	Roosevelt
232		Jesse Floyd	8	17:34	Valley
233		Ben Hansen	7	17:35	Johnston
234		Sutton Christensen	7	17:36	Southeast Polk
235		Samuel Wandera	7	17:37	Roosevelt
236		Kenny Chu	8	17:38	Waukee
237		Carter Hanson	8	17:39	Waukee
238		Tate Severs	8	17:40	Johnston
239		Drew Hedrick	8	17:43	Valley
240		Bradley Koehler	8	17:44	Johnston
241	83	Hei Moo	7	17:45	Hoover
242		Ryan VanDenover	8	17:47	Johnston
243		Adam Strahorn	7	17:49	Johnston
244	84	Anyaar Mayom	7	17:54	Hoover
245	85	Lucas Riley	7	17:55	Hoover

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246	86	Morgan Jackson	8	17:57	Hoover
247	87	Alan Granados	7	17:59	East
248		Carson Clearwater	7	18:00	Urbandale
249		Daniel Pinero	8	18:01	Hoover
250		Amari Julich	7	18:01	Ames
251		Colin Yuska	7	18:04	Johnston
252		Eli Munch	8	18:04	Valley
253		Scott Knutsen	7	18:04	Southeast Polk
254		Keegan Strub	7	18:05	Johnston
255		Jacob Altoff	8	18:06	Roosevelt
256		Brandon Williams	8	18:08	Ankeny
257		Sam Ritland	7	18:09	Southeast Polk
258		Kristian Hansen	7	18:09	Roosevelt
259		Brody Stout	8	18:09	Urbandale
260		Reece Gross	8	18:10	Ankeny
261		Caleb Van Wyk	7	18:11	Southeast Polk
262		Grant Tack	7	18:13	Johnston
263		Mario Napolitano	8	18:14	Ames
264		Aidan Fredericks	7	18:15	Johnston
265		Ryan Clark	7	18:16	Roosevelt
266		Blake Clabaugh	8	18:20	Urbandale
267		Brian VanDeVoorde	7	18:21	Southeast Polk
268		Carolina DePaula	7	18:22	Dowling
269		Ian Gaunt	8	18:23	Valley
270		Isaac Kronberg	8	18:23	Johnston
271		Hudson Bretey	8	18:23	Ames
272		Jackson Lozier	8	18:24	Roosevelt
273		Benjamin Christy	7	18:25	Johnston
274		Sam Covill	8	18:26	Dowling
275		Brooks Murphy	8	18:27	Roosevelt
276		Cody Iwig	8	18:27	Urbandale
277		Isaiah Lecocq	7	18:31	Hoover
278		Kyler Hall	7	18:33	Ames
279		Gavin Snelson	8	18:35	Waukee
280		Hunter Peck	8	18:38	Valley
281		Ian Nelson	8	18:38	Ames
282		Elijah Pelds	8	18:38	Southeast Polk
283		Brandon Vorst	7	18:40	Ames
284		Leo Gaukel	7	18:42	Roosevelt
285		Easton Mittelstaedt	7	18:44	Ames
286		Jack Beason	8	18:45	Ankeny
287		Karsten Holm	8	18:45	Ames
288		Joesph Rempe	7	18:46	Urbandale
289		Luis Velesco	8	18:46	Waukee

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290	Tomas Hernandez	7	18:47	Ames
291	Owen Crabbs	8	18:47	Waukee
292	Connor Johnson	7	18:47	Ames
293	Zane Salti	7	18:48	Ames
294	Nicholas Goodman	7	18:49	Ames
295	McClain Laird	8	18:54	Waukee
296	Alex Owens	8	18:55	Valley
297	Jacob DeLange	7	18:56	Roosevelt
298	Xander Pooch	7	19:00	Johnston
299	Carter McInville	7	19:01	Urbandale
300	Hayden Weber	7	19:01	Urbandale
301	Nick Edgar	8	19:04	Valley
302	Will Thompson	8	19:06	Valley
303	John Widerstein	7	19:06	Southeast Polk
304	Sam Agan	8	19:09	Ankeny Centennial
305	Grant Harrison	7	19:12	Lincoln
306	Michael Miller	8	19:12	Urbandale
307	Drew Schindel	8	19:15	Ames
308	Matthew He	8	19:16	Johnston
309	Jackson Neahs	7	19:16	Urbandale
310	Samuel Vanryswyk	8	19:18	Ames
311	Nate Strawn	7	19:18	Dowling
312	Eddie Kazmierczak	7	19:19	Valley
313	Owen Lovan	7	19:21	Southeast Polk
314	Elijah Chow	8	19:21	Johnston
315	Grant Woodward	8	19:21	Ames
316	Alek McGaughy	8	19:22	Johnston
317	Tate Meinhard	8	19:22	Ames
318	Bradley Sponsler	8	19:29	Ankeny
319	Cody Pearce	8	19:30	Urbandale
320	Luke McCann	8	19:35	Valley
321	Nathan Collett	7	19:37	Ames
322	Caedmon Crawford	8	19:39	Ames
323	Evan Leggett	7	19:41	Urbandale
324	Aidan Alaimo	8	19:44	Johnston
325	Lance Lewers	8	19:46	Waukee
326	Russell Ostrander	7	19:49	Johnston
327	James Krutchen	7	19:50	Valley
328	Ben Grear	7	19:51	Hoover
329	Benjamin Herbst	7	19:54	Johnston
330	88 Mason Williams	7	19:56	East
331	Tristan Garcia	8	19:58	Valley
332	Payton Belger	8	20:03	Urbandale
333	Dilean Regalado	7	20:03	Valley

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334		Osman Sirleaf	7	20:07	Hoover
335	89	Roman Close	8	20:13	East
336		Abushan Pradhan	8	20:13	Valley
337		Diego Mosquera	8	20:23	Lincoln
338		Michael Huang	7	20:33	Ames
339		Sutton Battles	7	20:38	Ames
340		Cole Kyer	7	20:41	Southeast Polk
341		Carter Sharp	7	20:45	Johnston
342		Ryan Borth	7	20:53	Southeast Polk
343		Ethan Letsch	8	21:02	Valley
344		Nathan Church	8	21:03	Ames
345		Dylan Luong	8	21:03	Urbandale
346		Luke Biever	7	21:04	Ames
347		A J. Alger	8	21:07	Valley
348		Bryce Huey	7	21:27	Urbandale
349		Austin Loomis	7	21:37	Ames
350		Jack Grossman	8	21:37	Dowling
351		Michael Gyure	7	21:38	Urbandale
352		Gage Schutjer	7	21:42	Roosevelt
353		Cory Pair	7	21:44	Urbandale
354		Trevor Felgate	8	21:54	Valley
355		Reza Choudhury	8	21:58	Urbandale
356		Brandon Giampolo	7	22:05	Johnston
357		Mason Hausman	7	22:06	Southeast Polk
358	90	Josue Schakel	8	22:08	North
359		Noah Pins	8	22:11	Valley
360		Joshua Motl	7	22:14	Ames
361		Kaiden Feldman	8	22:21	Hoover
362		Kunal Singhal	8	22:32	Johnston
363		Will Holm	7	22:33	Johnston
364		Aiden Evers	8	22:33	Ames
365		Alex Read	8	22:37	Ames
366		Andy Tran	8	22:54	Valley
367		Everett Hagrove	7	22:56	Ames
368		Cris Sehmman	7	22:57	Ames
369		Robinson Moore	7	22:59	Lincoln
370		Akhtan Oryspayev	7	23:00	Ames
371		Ethan Melby	8	23:00	Ames
372		Robert Renken	7	23:01	Urbandale
373		Arob Wor	8	23:04	Hoover
374		Kenny Pochinski	8	23:06	Ankeny
375		Blake Staton	8	23:07	Urbandale
376		Dante Kinney	7	23:11	Lincoln
377		Bryce Getter	7	23:15	Urbandale

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378		Caiden Williams	7	23:17	Hoover
379		William Jacobsen	7	23:27	Urbandale
380		Christian Grafft	8	23:30	Valley
381		Elijah Stopoulos-Rit	7	23:31	Urbandale
382		Carter Smith	8	23:32	Urbandale
383		Jack McAllister	8	23:39	Ankeny Centennial
384		Anthony Scarcello	8	23:45	Valley
385		Ian Sharp	7	23:54	Urbandale
386		Morgan Adamovicz	8	24:00	Southeast Polk
387		Kellen Casper	8	24:15	Valley
388		Jaxon DeVries	7	24:16	Southeast Polk
389	91	Michael Roby	7	24:17	East
390		Brennan Neese	7	24:28	Urbandale
391		Luke Nelson	8	24:42	Valley
392		Alex Rivas	8	24:47	Urbandale
393		Nathan Dewanz	8	25:07	Urbandale
394		Kaydin Moore	8	25:07	Waukee
395		Jordan Leek	7	25:09	Lincoln
396		Sebastian Pearson	7	25:23	Hoover
397		Zachary Stambach	8	25:29	Southeast Polk
398		Varun Prasanna	8	25:39	Ames
399		Bond Hageman	7		Urbandale
400		Eric Song	8	26:21	Valley
401		Evan Smith	7	26:37	Ames
402		Jay Bell	7	26:57	Valley
403		Max Crowder	8	27:01	Johnston
404		Sebastian Saucedo	8	27:17	Ames
405		Hezekiah Moyer	7	27:25	Johnston
406		Wyatt Pastour	7	27:26	Southeast Polk
407		Luke Wedemeyer	7	27:28	Johnston
408		Donovan Kennedy	8	27:32	Southeast Polk
409		Owen Comiskey	7	27:56	Lincoln
410	92	David Hollingsworth	7	30:15	North
411	93	Keighan Myers	7	30:17	North
412		Samuel Cochran	7	32:00	Urbandale
413	94	Isaac Sosa	7	32:18	North
414		Daniel Maravelli	8	32:57	Valley