

# Little Hawkeye Conference Cross Country Championships

Westwood Golf Course

Newton, IA

October 9, 2017

60s, moderate Wind & Sunny

## Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Pella	41	3	4	5	12	17	24	28	20:55.3	1:23.7
2	Dallas Center Grimes	59	6	8	14	15	16	19	22	21:11.5	0:43.2
3	Indianola	62	2	9	11	13	27	30	36	21:17.9	2:32.6
4	Grinnell	80	1	10	18	20	31	35	42	21:26.3	3:32.9
5*	Oskaloosa	153	7	26	33	43	44	45	48	23:29.1	5:03.1
6*	Newton	153	21	23	32	38	39	46	47	23:06.8	2:13.7
7	Norwalk	165	25	29	34	37	40	41		23:24.4	1:51.2

Incomplete Teams: Pella Christian

## Varsity Girls Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Mary Blanchard	So	19:26.1	Grinnell
2	2	Grace Berg	Sr	20:13.5	Indianola
3	3	Caroline McMartin	So	20:20.0	Pella
4	4	Ashley Blommers	Fr	20:40.2	Pella
5	5	Annika Pingel	Sr	20:40.7	Pella
6		Emma Kolb	Fr	20:43.2	Pella Christian
7	6	Miranda Muhlstein	Fr	20:46.3	Dallas Center Grimes
8	7	Lauren Coon	Jr	20:47.7	Oskaloosa
9	8	Lexi Smith	Sr	20:55.2	Dallas Center Grimes
10	9	Bailey Blake	So	21:04.0	Indianola
11	10	Anjali Jones	So	21:05.7	Grinnell
12	11	Jadyn Forbes	Jr	21:08.0	Indianola
13	12	Chelsea Jorgensen	Fr	21:11.9	Pella
14	13	Ashley Rockhold	So	21:17.6	Indianola
15	14	Natalie Paulson	Jr	21:18.0	Dallas Center Grimes
16	15	Kaitlyn Murano	Sr	21:28.5	Dallas Center Grimes
17	16	Emma Angus	Fr	21:29.5	Dallas Center Grimes
18	17	Erica Halstead	Sr	21:43.7	Pella
19	18	Mairead Brownell	Sr	21:46.6	Grinnell
20	19	Nicole Merical	Fr	21:50.3	Dallas Center Grimes
21	20	Nola Conner	So	21:53.9	Grinnell
22	21	Ashay Malow	Fr	22:03.0	Newton
23	22	Sami Sterbenz	Jr	22:05.5	Dallas Center Grimes
24	23	Clare Muckler	Jr	22:05.6	Newton
25	24	Makayla Kruse	Jr	22:13.1	Pella
26	25	Annika Schulz	So	22:27.0	Norwalk
27	26	Aleeya Cheney	Jr	22:41.4	Oskaloosa
28	27	Rachel Engelhardt	Fr	22:46.0	Indianola
29	28	Patience Dykstra	Sr	22:51.5	Pella
30	29	Annika Wallace	Fr	22:52.6	Norwalk
31	30	Celia Askelson	Sr	22:54.4	Indianola

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32	31	Phoenix Chang-Roper	Sr	22:58.9	Grinnell
33	32	Rachel Rhoads	Jr	23:04.9	Newton
34	33	Leah Wilcox	Jr	23:14.3	Oskaloosa
35	34	Emily Kehoe	So	23:27.2	Norwalk
36	35	Zoe Shinefeld	Sr	23:28.0	Grinnell
37	36	Addison Smith	So	23:55.4	Indianola
38	37	Taylor Bergan	So	23:56.7	Norwalk
39		Annaliese Admiraal	So	24:01.7	Pella Christian
40	38	Tessa Keeton	Sr	24:03.6	Newton
41	39	Abbie Barr	Jr	24:16.6	Newton
42	40	Natalie Martin	Fr	24:18.1	Norwalk
43	41	Cacy Larson	So	24:29.0	Norwalk
44	42	Gracee Kivett	Sr	24:40.3	Grinnell
45	43	Lindy Slocum	Fr	24:51.2	Oskaloosa
46	44	Grace Versteegh	Jr	25:50.7	Oskaloosa
47	45	Addy Dykstra	So	25:52.4	Oskaloosa
48		Grace Bokhoven	Sr	25:58.8	Pella Christian
49	46	Willow Oswalt	Fr	26:04.4	Newton
50	47	Jenna Smith	So	26:23.7	Newton
51	48	Anniston McDougall	So	27:56.4	Oskaloosa

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## Varsity Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Total	Average
1	Dallas Center Grimes	40	2	8	9	10	11	12	21	17:29.6	0:38.5	
2	Indianola	49	3	4	7	17	18	26	46	17:36.5	0:51.5	
3	Grinnell	71	1	15	16	19	20	22	28	17:50.4	1:21.1	
4	Oskaloosa	104	6	14	25	29	30	32	50	18:21.0	1:37.3	
5	Pella	123	5	13	34	35	36	38	51	18:38.8	2:15.5	
6	Pella Christian	175	24	27	33	42	49	52		19:20.4	1:57.9	
7	Newton	184	23	37	40	41	43	53	54	19:33.1	1:31.5	
8	Norwalk	206	31	39	44	45	47	48	55	19:53.2	1:23.7	

## Varsity Boys Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Thomas Clower	Sr	16:49.0	Grinnell
2	2	Jacob Waymire	Sr	17:06.1	Dallas Center Grimes
3	3	Gabe Pottebaum	Sr	17:13.9	Indianola
4	4	Quentin Linnan	Sr	17:16.6	Indianola
5	5	Thomas Gauley	Sr	17:18.7	Pella
6	6	Carter Huyser	Jr	17:19.9	Oskaloosa
7	7	Eric Baldus	Jr	17:22.5	Indianola
8	8	Brian Miner	Sr	17:26.8	Dallas Center Grimes
9	9	Bradley Ramsey	So	17:28.5	Dallas Center Grimes
10	10	Alex Thompson	Sr	17:41.9	Dallas Center Grimes
11	11	Ean Followwill	Sr	17:44.6	Dallas Center Grimes
12	12	Trenton Meggers	Sr	17:53.4	Dallas Center Grimes
13	13	Drew Van Hauen	Jr	18:00.2	Pella
14	14	Talon Munger	Sr	18:00.3	Oskaloosa
15	15	Landon Steffen	Sr	18:00.4	Grinnell
16	16	Joe Simon	Jr	18:03.2	Grinnell
17	17	Brock Elbert	Jr	18:04.1	Indianola
18	18	Jeb Borgmeyer	So	18:05.4	Indianola
19	19	Trenton O'Halloran	Sr	18:09.4	Grinnell
20	20	Matthew Cunningham	Jr	18:10.0	Grinnell
21	21	Steve Borneman	Sr	18:11.5	Dallas Center Grimes
22	22	Isaac Bryant	So	18:23.5	Grinnell
23	23	Adam Hunter	Jr	18:26.8	Newton
24	24	Lucas Bandstra	Jr	18:31.5	Pella Christian
25	25	Jacob Spears	Sr	18:34.5	Oskaloosa
26	26	Thomas Naughton	Sr	18:37.5	Indianola
27	27	Nathan VerMeer	Sr	18:40.4	Pella Christian
28	28	Sergio Perez-Valentin	So	18:47.6	Grinnell
29	29	Jacob Hacker	Jr	18:53.1	Oskaloosa
30	30	Jack Miller	Sr	18:57.1	Oskaloosa
31	31	Jarod Riordan	Sr	18:58.4	Norwalk

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32	32	Kadin Gerard	So	19:00.6	Oskaloosa
33	33	Brayton Juffer	Fr	19:04.7	Pella Christian
34	34	Adam Houtz	Sr	19:09.6	Pella
35	35	Mason Johnston	So	19:11.2	Pella
36	36	Jordan Buma	Jr	19:34.2	Pella
37	37	Jack Callaghan	Sr	19:38.8	Newton
38	38	Teagen Vander Waal	Jr	19:45.7	Pella
39	39	Austin Brenizer	Fr	19:49.6	Norwalk
40	40	Chad Nolin	Sr	19:50.3	Newton
41	41	Luke Zaabel	So	19:51.2	Newton
42	42	Daniel Mora Demestri	So	19:56.0	Pella Christian
43	43	Dylan Main	Sr	19:58.3	Newton
44	44	Patrick Foster	Fr	20:00.3	Norwalk
45	45	Derek Webster	Fr	20:15.3	Norwalk
46	46	Joseph DeWall	Fr	20:21.2	Indianola
47	47	Liam Buckley	So	20:22.0	Norwalk
48	48	Jake Gaumer	Jr	20:23.5	Norwalk
49	49	David Bernhagen	So	20:29.4	Pella Christian
50	50	Jack Dawson	So	20:33.2	Oskaloosa
51	51	Braden Rowe	Fr	20:49.3	Pella
52	52	Tanner Garton	So	21:10.0	Pella Christian
53	53	Anthony Bestell	Fr	21:47.7	Newton
54	54	Blake Robson	Sr	23:33.5	Newton
55	55	Tyrus Lankford	So	24:27.0	Norwalk

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## Junior Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Dallas Center Grimes	20	1	3	4	5	7	10	12	23:02.5	0:46.1
2	Pella	46	2	8	9	13	14	20	30	23:30.6	1:14.9
3	Norwalk	86	11	15	17	18	25	26	29	24:28.1	1:23.3
4	Grinnell	92	6	16	21	22	27	32	38	24:33.3	1:58.1
5	Indianola	127	19	23	24	28	33	34	35	25:17.9	1:55.1
6	Newton	196	31	37	39	44	45	46		29:00.4	6:20.7
7	Oskaloosa	202	36	40	41	42	43			29:16.9	5:02.0

## Junior Varsity Girls Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Grace Robbins	Jr	22:36.0	Dallas Center Grimes
2	2	Hailey Kowzan	So	22:46.9	Pella
3	3	Elizabeth Belling	Sr	23:02.0	Dallas Center Grimes
4	4	Megan Sterbenz	Fr	23:05.7	Dallas Center Grimes
5	5	Madalyn Hautps	Fr	23:06.5	Dallas Center Grimes
6	6	Bethany Stratford	Sr	23:18.5	Grinnell
7	7	Jaci Versluis	So	23:22.1	Dallas Center Grimes
8	8	Ellie Roorda	So	23:22.6	Pella
9	9	Jacque Lensing	Jr	23:27.6	Pella
10	10	Ila Heins	Jr	23:44.9	Dallas Center Grimes
11	11	Abbie Davitt	So	23:47.4	Norwalk
12	12	Alysa Rath	Jr	23:52.3	Dallas Center Grimes
13	13	Tirzah Wittenberg	So	23:53.7	Pella
14	14	Naomi Tripp	Sr	24:01.8	Pella
15	15	Eva Hoch	Fr	24:17.6	Norwalk
16		Alexa Riesselman	Fr	24:19.5	Dallas Center Grimes
17	16	Emma Harrington	Sr	24:24.5	Grinnell
18		Courtney Stanley	Fr	24:28.9	Dallas Center Grimes
19	17	Tatum LeQuatte	Sr	24:31.1	Norwalk
20	18	Lily Quade	So	24:33.6	Norwalk
21	19	Allison Coffey	Sr	24:35.0	Indianola
22	20	Elizabeth Schroder	Jr	24:47.2	Pella
23	21	Julia Chamberland	Sr	24:53.3	Grinnell
24	22	Mezekerta Tesfay	So	24:53.7	Grinnell
25		Lara Kallem	So	24:58.4	Dallas Center Grimes
26	23	Terrill Hagener	So	24:59.2	Indianola
27	24	Bailey Kaas	Jr	25:04.4	Indianola
28	25	Kallie Hirl	Sr	25:10.7	Norwalk
29	26	Taylor VanderHolt	Sr	25:10.9	Norwalk
30	27	Lexie Townsend	Jr	25:16.5	Grinnell
31	28	Hailey Seifrig	Fr	25:20.6	Indianola
32	29	Lauren Bice	So	25:34.2	Norwalk

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33		Shelby Johnson	Fr	25:36.2	Dallas Center Grimes
34		Jillian Rants	Fr	25:37.7	Dallas Center Grimes
35		Bren Moritz	Fr	25:44.7	Norwalk
36	30	Erica Bossard	Sr	25:46.0	Pella
37		Tenley Schroeder	Fr	25:47.4	Norwalk
38	31	Original Tesfay	Sr	25:52.5	Newton
39	32	Theresa Crawford	So	26:03.4	Grinnell
40		Brianna Borneman	Fr	26:08.4	Dallas Center Grimes
41		Morgan Feller-Gomis	Sr	26:11.0	Dallas Center Grimes
42		Cadyn Niemeyer	Fr	26:19.2	Norwalk
43	33	Hannah Eilers	Fr	26:30.1	Indianola
44	34	Hayden Werling	Fr	26:33.4	Indianola
45	35	Sarah Jordan	Sr	26:36.2	Indianola
46		Heather Schirm	Jr	26:44.2	Norwalk
47	36	Hayley Westercamp	So	26:46.4	Oskaloosa
48		Alissa Albright	Sr	26:58.1	Dallas Center Grimes
49		Tevka Lackmann	So	27:00.1	Norwalk
50		Callan Randall	Fr	27:00.4	Norwalk
51		Meerimai Stanova	Sr	27:06.8	Dallas Center Grimes
52		Abby Ryan	Sr	27:15.7	Dallas Center Grimes
53		Ashley Perkins	Jr	27:16.0	Dallas Center Grimes
54		Gracie Roberts	So	27:16.9	Norwalk
55	37	Jordan Banfield	Sr	27:18.2	Newton
56		Kendyl Kern	Jr	27:39.7	Indianola
57		Kaitlyn Carpenter	Jr	27:41.3	Dallas Center Grimes
58		Morgan Chambers	So	27:43.1	Norwalk
59	38	Kara West	So	27:44.0	Grinnell
60	39	Tes Schuster	So	27:44.1	Newton
61		Brianna Nelsen	Sr	27:47.3	Dallas Center Grimes
62		Caitlin Alexander	Jr	28:05.6	Dallas Center Grimes
63		Zoey Ross	Jr	28:12.6	Dallas Center Grimes
64		Frances DeArmond	Jr	28:29.4	Pella
65	40	Ellie Snyder	Jr	28:31.9	Oskaloosa
66		Ashley Murrow	Sr	28:55.8	Dallas Center Grimes
67		Payel Patel	Fr	28:59.3	Grinnell
68		Eva Gabel	So	29:01.8	Indianola
69		Alli Kreider	So	29:03.3	Norwalk
70		Jenny Messemaker	So	29:06.4	Indianola
71		Katherine Nicholson	Fr	29:08.7	Indianola
72	41	Emily Grahek	Sr	29:18.0	Oskaloosa
73		Rachel Elliott	Sr	29:23.0	Norwalk
74		Chloe Henrici	Fr	29:23.1	Dallas Center Grimes
75	42	Ava Vande Wall	So	29:59.8	Oskaloosa
76		Sasha VanEssen	Sr	30:03.8	Norwalk

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77		Hailey Darr	So	30:15.8	Indianola
78		Ruthie Duey	Fr	30:28.2	Indianola
79		Mikayla Ozella	Sr	30:33.1	Indianola
80		Aerial Giesken	Sr	30:50.6	Norwalk
81		Nicole Wulf	Sr	31:36.2	Norwalk
82	43	Lauren Trainer	Jr	31:48.3	Oskaloosa
83	44	Jillian Waits	So	31:53.7	Newton
84	45	Abigail Adkison	Fr	32:13.2	Newton
85		Maggie Staudacher	So	32:24.6	Indianola
86		Micheala Baker	So	33:08.1	Indianola
87		Raea Hennigan	Fr	39:48.2	Dallas Center Grimes
88	46	Sadie Steinbach	So	42:23.0	Newton

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## Junior Varsity Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Total	Average
1	Dallas Center Grimes	15	1	2	3	4	5	7	8	18:24.3	0:34.0	
2	Grinnell	59	6	9	11	15	18	22	28	19:23.4	0:58.3	
3	Indianola	76	10	12	13	20	21	27	31	19:42.7	0:36.1	
4	Pella	94	14	16	17	23	24	29	30	19:49.8	0:27.1	
5	Oskaloosa	136	19	25	26	32	34	35	36	20:24.5	1:15.0	
6	Norwalk	188	33	37	38	39	41	42	43	22:10.2	2:14.0	
7	Newton	222	40	44	45	46	47			25:32.7	8:38.1	

Incomplete Teams: Pella Christian

## Junior Varsity Boys Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Eric Johansson	Jr	18:06.1	Dallas Center Grimes
2	2	Cooper Pierce	Jr	18:19.2	Dallas Center Grimes
3	3	Caleb Rhoads	Jr	18:20.9	Dallas Center Grimes
4	4	Carter Eischeid	Jr	18:35.3	Dallas Center Grimes
5	5	Jared Klaessy	Sr	18:40.0	Dallas Center Grimes
6	6	Kendall Praitis-Hill	Jr	18:46.2	Grinnell
7	7	Jackson Bridie	Sr	18:55.2	Dallas Center Grimes
8	8	Logan Herbsleb	Jr	18:55.3	Dallas Center Grimes
9		Jacob Hochstetler	So	19:00.3	Dallas Center Grimes
10		Tyler Borneman	Jr	19:08.3	Dallas Center Grimes
11	9	Adam Gruman	Sr	19:19.1	Grinnell
12		Max Hull	Jr	19:20.4	Dallas Center Grimes
13		Nolan Grimes	Sr	19:22.6	Dallas Center Grimes
14	10	Alex Lynch	Fr	19:23.2	Indianola
15	11	Robert Groves	So	19:27.1	Grinnell
16		Devon Johnson	Sr	19:31.1	Dallas Center Grimes
17		Chad Sayles	Sr	19:33.3	Dallas Center Grimes
18	12	Wyatt Woodruff	Fr	19:36.6	Indianola
19	13	Andrew West	So	19:37.2	Indianola
20	14	Nick Singer	So	19:39.2	Pella
21	15	Jarrett Rose	So	19:40.1	Grinnell
22	16	Will Rasmussen	Fr	19:40.2	Pella
23		Blake Croushore	Fr	19:40.4	Dallas Center Grimes
24	17	Troy Miller	Jr	19:41.1	Pella
25	18	Logan Moline	Fr	19:44.5	Grinnell
26	19	Kyle Shullaw	Sr	19:56.3	Oskaloosa
27	20	Aidan Trotter	Jr	19:57.1	Indianola
28		Tyler Tice	So	19:59.1	Dallas Center Grimes
29	21	Justin Seifrig	Jr	19:59.2	Indianola
30		Harrison Stallman	Fr	19:59.8	Dallas Center Grimes
31	22	Brett Gibson	Jr	20:00.2	Grinnell



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32	23	Gavin Tierney	Jr	20:02.2	Pella
33	24	Thomas Gaul	So	20:06.3	Pella
34		Jonah Schaeffer	Sr	20:09.6	Dallas Center Grimes
35	25	Gareth Stefanc	Fr	20:10.8	Oskaloosa
36	26	Nick Walter	Jr	20:15.0	Oskaloosa
37	27	Owen Fix	So	20:15.9	Indianola
38	28	Dalton Gosselink	Jr	20:20.0	Grinnell
39	29	Ryan Van Donselaar	Fr	20:20.1	Pella
40		Jayden Creps	Jr	20:25.0	Grinnell
41		Andrew Cogley	Fr	20:26.3	Grinnell
42		Eli Followwill	Fr	20:28.2	Dallas Center Grimes
43	30	Kaden Visser	So	20:28.6	Pella
44	31	Logan Grover	Fr	20:28.6	Indianola
45	32	Nic Koenig	So	20:29.1	Oskaloosa
46		Marty Allen	Jr	20:36.7	Grinnell
47		Gavin Petrak	So	20:40.6	Dallas Center Grimes
48		Brody Greenwood	Jr	20:40.7	Indianola
49	33	Tyler Vaughan	Jr	20:46.2	Norwalk
50		Marcus Rosenbeck	Sr	20:50.4	Dallas Center Grimes
51		A J. Furr	So	20:51.5	Pella
52		Weston Hefel	Sr	20:54.6	Dallas Center Grimes
53		Miles Wylie	So	20:55.8	Dallas Center Grimes
54		Ryan Gruman	Jr	20:55.9	Grinnell
55		Ben Cretors	Sr	20:58.8	Dallas Center Grimes
56		Caden Peters	Fr	20:59.7	Pella
57		Keegan Bianchi	Jr	21:09.8	Dallas Center Grimes
58	34	Jared Mass	Sr	21:11.2	Oskaloosa
59	35	Sam Carmichael	Sr	21:11.2	Oskaloosa
60		Stiven Parmley	Jr	21:15.1	Grinnell
61		Brayden Beinhart	So	21:15.9	Indianola
62		Brock Beck	So	21:17.7	Grinnell
63		Drew Bormann	So	21:19.0	Dallas Center Grimes
64		Matthew Thompson	Jr	21:24.9	Pella
65		Antonio Leovan	Fr	21:25.3	Pella
66		Zechariah Schrauben	Jr	21:25.6	Pella
67		Caleb Powell	Fr	21:29.4	Dallas Center Grimes
68		Davis Montgomery	So	21:32.0	Pella Christian
69		John Aldrich	Jr	21:34.4	Indianola
70		Camden Forry	Jr	21:37.2	Indianola
71		Aidan Brownell	So	21:44.5	Grinnell
72		Cody Kime	So	21:47.8	Pella
73	36	Vlad Munger	Fr	21:53.1	Oskaloosa
74	37	Keaton Moret	So	21:54.6	Norwalk
75		Caleb Nostrala	So	21:54.6	Indianola

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76		Drake Downard	Fr	21:56.3	Indianola
77		Drew Appleget	Jr	21:57.9	Oskaloosa
78		Warren Breeden	Fr	21:58.8	Indianola
79		Spencer Leovan	Jr	22:01.3	Pella
80	38	Tommy Wright	Jr	22:12.9	Norwalk
81		Riley Peters	Jr	22:18.1	Pella
82		Sage Cochran	Fr	22:26.4	Oskaloosa
83		Dallas DeNeve	So	22:31.8	Grinnell
84		John Fetty	So	22:32.2	Pella
85		Colin Fiechtner	So	22:34.3	Oskaloosa
86		Logan White	So	22:34.7	Pella
87		Brandon Scovel	Sr	22:40.2	Indianola
88		Nikki Patel	Jr	22:41.6	Grinnell
89		Parker Volkman	So	22:43.2	Grinnell
90		Kell Bowen	Fr	22:47.8	Dallas Center Grimes
91		Cayden Van Ee	Fr	22:54.5	Pella
92		James Howard	Jr	22:56.4	Indianola
93	39	Justen Caplinger	Jr	22:56.9	Norwalk
94		Zach Tarr	So	22:57.5	Oskaloosa
95	40	Trent Hamand	Fr	22:58.8	Newton
96	41	Jake Neller	Jr	23:00.1	Norwalk
97	42	Jack Foster	Jr	23:06.4	Norwalk
98		Caden Rehmeier	Fr	23:12.5	Indianola
99		Carter Bowen	So	23:13.6	Dallas Center Grimes
100	43	Zach Dye	Jr	23:13.8	Norwalk
101		Ryan Magalhaes	Fr	23:16.7	Indianola
102		Rob Kreklau	Sr	23:17.4	Dallas Center Grimes
103		Gavin Moran	So	23:18.1	Dallas Center Grimes
104		Miles Combs	So	23:27.3	Indianola
105		Dominic Rivas	Jr	23:31.2	Indianola
106		Ben Diehl	Sr	23:45.8	Pella Christian
107		Tim Friesen	Sr	23:54.3	Dallas Center Grimes
108		Tyler Johnson	Jr	23:56.4	Norwalk
109		Jarek Harter	So	24:06.0	Grinnell
110		Jacob Schemm	Jr	24:09.2	Pella
111		Adryan Stravers	So	24:10.8	Norwalk
112		Collin Hartz	So	24:16.8	Grinnell
113		Asa Schumann	Fr	24:17.8	Norwalk
114	44	Noah Cook	So	24:18.5	Newton
115	45	Dakota Gooden	Fr	24:20.5	Newton
116		Zach Ross	Fr	24:22.6	Dallas Center Grimes
117		Jon Weddle	So	24:24.2	Dallas Center Grimes
118	46	Addison Dunwell	So	24:28.5	Newton
119		Max Levandowski	Fr	24:31.8	Grinnell

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120	Garrett Anderson	Jr	24:42.2	Dallas Center Grimes
121	Carter Luttrell	So	24:53.9	Indianola
122	Ben Jablonski	So	24:53.9	Pella
123	Mike Jacks	Jr	24:57.8	Indianola
124	Wyatt Kelp	So	25:00.2	Pella
125	Zack Murray	Sr	25:19.8	Dallas Center Grimes
126	Nick Jensen	Fr	25:24.2	Indianola
127	Thomas Sithiphong	Fr	25:30.7	Norwalk
128	Jacob Ridnour	So	25:36.7	Dallas Center Grimes
129	Logan Duffy	So	26:02.2	Norwalk
130	Stephen Spangler	So	27:00.7	Norwalk
131	Kyle Endsley	Jr	27:11.2	Dallas Center Grimes
132	Ismae Del Rosario Mateo	Sr	27:20.8	Dallas Center Grimes
133	Colton Davis	So	27:34.4	Norwalk
134	Noah Furness	Sr	28:36.3	Grinnell
135	Johnny Ambrosio	So	28:37.2	Grinnell
136	Sloan Volkman	Sr	28:37.6	Grinnell
137	Henry Hutchison	Fr	28:40.1	Grinnell
138	Killian Farrell	So	29:19.0	Norwalk
139	Mason Fuentes	Fr	30:26.4	Dallas Center Grimes
140	47 Izaak Miller	So	31:36.8	Newton
141	Daniel Rebelsky	So	33:24.2	Grinnell
142	Kolby Dirks	So	35:32.4	Dallas Center Grimes
143	Marcus Msuya	Jr	37:31.0	Indianola
144	Tyler Lindsay	So	37:53.2	Dallas Center Grimes
145	Dan Crowley	Jr	42:04.7	Indianola

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## Middle School Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Dallas Center Grimes	26	2	3	4	6	11	25	27	14:22.8	1:21.9
2	Indianola	58	1	5	9	21	22	23	29	14:45.9	1:40.5
3	Grinnell	82	12	13	18	19	20	40	43	15:11.3	0:12.0
4	Norwalk	96	8	15	16	24	33	45	47	15:26.4	1:21.9
5	Oskaloosa	132	7	26	31	32	36	37	41	15:52.7	1:42.3
6	Newton	140	14	17	30	35	44	51	53	16:00.8	2:05.2
7	Pella	170	10	34	38	42	46	49	50	16:33.6	2:12.8
8	Pella Christian	221	28	39	48	52	54			18:15.3	5:01.9

## Middle School Girls Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Emily Naughton	7	13:37.7	Indianola
2	2	Meredith McDermott	7	13:39.8	Dallas Center Grimes
3	3	Hannah Little	8	14:03.2	Dallas Center Grimes
4	4	Avery Korsching	8	14:25.2	Dallas Center Grimes
5	5	Joey Werling	8	14:35.8	Indianola
6	6	Kami Smith	7	14:43.8	Dallas Center Grimes
7	7	Sage Adam	8	14:43.9	Oskaloosa
8	8	Kennedy Wendl	8	14:57.3	Norwalk
9	9	Sadie Fredericks	8	15:00.4	Indianola
10	10	Tricia Lundy	7	15:01.5	Pella
11	11	Elena Bartak	7	15:01.6	Dallas Center Grimes
12	12	Ivey Schmidt	8	15:04.2	Grinnell
13	13	Bridget Blanchard	8	15:04.4	Grinnell
14	14	Lauren Zaabel	8	15:07.4	Newton
15	15	Morgan Weeks	8	15:10.8	Norwalk
16	16	Choe Martin	7	15:11.0	Norwalk
17	17	Grace Benson	8	15:15.4	Newton
18	18	Kayla Sieck	8	15:15.7	Grinnell
19	19	Thea Larsson	8	15:16.0	Grinnell
20	20	Harleigh Wood	8	15:16.2	Grinnell
21	21	Brynn Ortlund	7	15:17.0	Indianola
22	22	Shae Sams	7	15:18.2	Indianola
23	23	Haylee Heuton	8	15:18.9	Indianola
24	24	Presley Lucas	7	15:33.7	Norwalk
25	25	Olivia Valline	8	15:41.0	Dallas Center Grimes
26	26	Ella Roach	8	15:55.5	Oskaloosa
27	27	Emma Miner	7	16:00.4	Dallas Center Grimes
28	28	Sophie Milligan	7	16:04.0	Pella Christian
29	29	Hannah Graham	8	16:05.1	Indianola
30	30	Morgan Stalzer	8	16:06.1	Newton
31		Abby Jensen	8	16:06.6	Indianola

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32	31	Addi Carter	8	16:07.4	Oskaloosa
33		Caroline White	7	16:07.8	Dallas Center Grimes
34		Alivia Fuller	8	16:09.3	Indianola
35		Trysta Hawkins	8	16:09.5	Indianola
36	32	Audrey Cheney	7	16:10.3	Oskaloosa
37	33	Allison Schumaker	8	16:19.2	Norwalk
38	34	Haley VanHouweling	7	16:20.5	Pella
39	35	Kelsey Church	8	16:22.5	Newton
40	36	Madeline Moorman	7	16:26.2	Oskaloosa
41		Natalie Parkins	8	16:33.9	Indianola
42		Karlyn Parkins	8	16:34.6	Indianola
43		Makenna Odegaard	7	16:35.2	Dallas Center Grimes
44		Maren Haynes	7	16:38.0	Indianola
45		Elise Heckert	8	16:40.1	Indianola
46		Hannah Allen	7	16:42.2	Indianola
47		Makayla Tracy	7	16:44.8	Dallas Center Grimes
48	37	Olivia Stodghill	8	16:58.0	Oskaloosa
49	38	Luci Laidlaw	8	16:59.9	Pella
50		Grace Gioffredi	8	17:00.0	Indianola
51	39	Metje Michmershuizen	7	17:06.0	Pella Christian
52		Elle Gannon	7	17:07.4	Dallas Center Grimes
53		Sydney Ashby	7	17:07.7	Dallas Center Grimes
54	40	Kelsey VanCompernelle	7	17:08.1	Grinnell
55		Isabel Christensen	7	17:09.9	Indianola
56		Carly Richards	7	17:10.3	Indianola
57	41	Cierra Williams	8	17:11.4	Oskaloosa
58	42	Nora Rasmussen	7	17:11.8	Pella
59	43	Anya Latham	8	17:12.1	Grinnell
60	44	Kate Muckler	7	17:12.6	Newton
61		Emma Smith	8	17:13.0	Dallas Center Grimes
62	45	Susanna Kritzler	7	17:13.2	Norwalk
63		Taylor Wickman	8	17:13.5	Dallas Center Grimes
64	46	Tatum Tierney	7	17:14.3	Pella
65		Jasmine Leib	7	17:17.1	Oskaloosa
66		Anna Miller	8	17:19.7	Indianola
67		Grace Ruelle	7	17:23.4	Indianola
68		Skyler Blessman	8	17:28.5	Dallas Center Grimes
69	47	Raegan Levi	8	17:28.9	Norwalk
70		Lola Blitz	7	17:28.9	Dallas Center Grimes
71	48	Bridget Vande Zande	7	17:30.0	Pella Christian
72		Bella Parker	8	17:30.9	Indianola
73		Gretchen Faust	7	17:32.7	Norwalk
74		Rachel Frost	8	17:32.9	Oskaloosa
75		Abby Drost	8	17:33.9	Oskaloosa

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76	49	Norma Spiker	7	17:36.1	Pella
77		Ellie Schmitz	7	17:46.1	Dallas Center Grimes
78		Madison Lachacz	7	17:49.1	Dallas Center Grimes
79		Abigail Bowen	7	17:49.4	Dallas Center Grimes
80		Ellie Paskorz	7	17:50.2	Indianola
81	50	Emma Curry	8	17:54.7	Pella
82		Ellie Parker	7	18:02.6	Indianola
83		Emily Bellizzi	8	18:14.0	Norwalk
84		Emily Juergens	7	18:37.5	Norwalk
85		Paige Turner	8	18:44.2	Indianola
86	51	Zoie Danks	8	18:54.6	Newton
87		Skye Rhoten	7	18:55.3	Pella
88		Maddie Heaberlin	7	19:10.8	Indianola
89		Liz Fredregill	8	19:17.2	Norwalk
90		Taylor Hurley	7	19:19.4	Norwalk
91		Monica Gruman	7	19:25.9	Grinnell
92		Abbey Bogaards	7	19:29.3	Pella
93		Giovy Eekhoff	8	19:30.3	Pella
94	52	Claire Vander Molen	7	19:30.5	Pella Christian
95		Paige Green	8	19:31.3	Grinnell
96		Laurel Leuwerke	8	19:32.0	Indianola
97	53	Heather Perry	8	19:34.3	Newton
98		Emily Garcia	8	19:35.5	Indianola
99		Kathryn Van Manen	8	19:39.2	Newton
100		Sydney Hatcher	8	19:42.2	Grinnell
101		Skyler Gooden	7	19:44.1	Newton
102		Graysen Boswell	7	19:45.4	Indianola
103		Ella Stephens	8	19:51.3	Grinnell
104		Whitney Ebeling	7	20:25.0	Pella
105		Hannah Dew	8	20:26.6	Indianola
106		Amor Hilburn	8	20:28.4	Newton
107		Ashley Uitermarkt	8	20:32.4	Pella
108		Trinity Keller	8	20:45.4	Indianola
109		Alaina Joss	8	20:54.2	Norwalk
110	54	Ella Bandstra	7	21:05.9	Pella Christian
111		Jaclynn Adams	7	21:06.8	Norwalk
112		Ayla Berman	7	21:07.0	Grinnell
113		Keara Arnold	7	21:09.2	Norwalk
114		Maya Worley	8	21:19.4	Dallas Center Grimes
115		Emily VanderMolen	7	21:20.5	Pella
116		Kendall Benz	7	21:44.9	Grinnell
117		Ellie Kinsey	7	21:45.8	Indianola
118		Allysn Jenkins	7	21:46.4	Indianola
119		Marlee Hixson	7	21:47.9	Indianola

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120	Brynn Davis	8	21:52.0	Norwalk
121	Morgan Gassman	7	21:53.6	Norwalk
122	Sami Clark	7	22:29.2	Pella
123	Bailey Pierce	8	23:34.4	Dallas Center Grimes
124	Zoe Blanton	7	23:35.0	Pella
125	Keila Seu	7	24:15.1	Newton
126	Maddy White	8	24:21.1	Pella
127	Bailey Walz	7	24:46.4	Pella

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## Middle School Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Indianola	62	4	6	16	17	19	23	33	13:14.3	1:15.4
2	Newton	67	9	12	13	15	18	21	22	13:23.9	0:43.0
3	Pella	72	1	3	14	26	28	47	48	13:05.1	2:18.2
4	Dallas Center Grimes	86	2	7	8	31	38	39	40	13:20.7	2:29.3
5	Oskaloosa	116	10	11	29	32	34	37	43	13:49.6	1:19.6
6	Norwalk	136	5	24	30	36	41	42	52	14:00.1	2:02.8
7	Grinnell	182	25	27	35	46	49	50	51	14:34.2	1:16.9
8	Pella Christian	216	20	44	45	53	54	55		15:28.0	2:52.3

## Middle School Boys Individual Results

Place	Points	Athlete	Grade	Time	Team
1	1	Josiah Wittenberg	8	11:46.1	Pella
2	2	Jacob Storey	8	12:03.9	Dallas Center Grimes
3	3	Chase Lauman	7	12:08.5	Pella
4	4	Logan Hoger	8	12:27.5	Indianola
5	5	Jack Brown	7	12:38.8	Norwalk
6	6	Curtis Johnson	8	12:47.9	Indianola
7	7	Owen Pries	8	12:51.6	Dallas Center Grimes
8	8	Aidan Ramsey	8	12:58.6	Dallas Center Grimes
9	9	Treycen Garton	8	12:59.3	Newton
10	10	Patrick De Ronde	8	13:03.7	Oskaloosa
11	11	Caden Ayala	8	13:16.2	Oskaloosa
12	12	Brennan Amos	8	13:24.1	Newton
13	13	Hunter Kennedy	8	13:24.7	Newton
14	14	Logan Solomon	7	13:26.8	Pella
15	15	Emmanuel Roy	8	13:29.0	Newton
16	16	Hunter Seifrig	7	13:34.2	Indianola
17	17	Krishyon Grabovskis	8	13:38.9	Indianola
18	18	Derek Beiner	8	13:42.2	Newton
19	19	Keene Barnes	8	13:42.8	Indianola
20	20	Danny Andringa	8	13:50.4	Pella Christian
21	21	Ryan Nook	8	13:51.5	Newton
22	22	Jared Smith	7	13:53.7	Newton
23	23	Preston Bily	7	13:55.1	Indianola
24	24	Will Chase	7	13:57.7	Norwalk
25	25	Hayden Eaton	8	13:59.2	Grinnell
26	26	Cutler Turner	8	13:59.8	Pella
27	27	Rauri Brownell	7	14:04.2	Grinnell
28	28	Jobey Olson	8	14:04.3	Pella
29	29	Hayden Nienkerk	8	14:05.9	Oskaloosa
30	30	Owen Oppel	7	14:11.8	Norwalk
31	31	Kyle Snyder	8	14:16.0	Dallas Center Grimes



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32	32	Aaron Scholes	8	14:18.9	Oskaloosa
33	33	Caden Souer-Fehrer	8	14:21.1	Indianola
34	34	Aden Scott	8	14:23.2	Oskaloosa
35	35	Brian Nusbaum	8	14:24.1	Grinnell
36		Jackson Overton	7	14:28.1	Indianola
37	36	Lance Nielsen	8	14:30.6	Norwalk
38	37	Elijah Ruckman	7	14:31.8	Oskaloosa
39	38	Tate Deremiah	7	14:33.1	Dallas Center Grimes
40		Dakota Hambaugh	7	14:35.0	Indianola
41	39	Karsten Newell	8	14:38.5	Dallas Center Grimes
42	40	Nathan Waknitz	8	14:39.9	Dallas Center Grimes
43	41	Luke Geyer	8	14:41.6	Norwalk
44		Zach Halverson	8	14:42.8	Dallas Center Grimes
45	42	Logan Boyd	8	14:43.3	Norwalk
46	43	Colton Eaton	7	14:45.2	Oskaloosa
47		Mason Jackson	7	14:45.8	Dallas Center Grimes
48		Tyler Halverson	8	14:50.6	Dallas Center Grimes
49		Dylan Roberts	7	14:53.7	Dallas Center Grimes
50		Elliot Adam	7	14:54.3	Oskaloosa
51		Kendall Bickford	8	14:55.6	Dallas Center Grimes
52		William Leonard	8	14:56.7	Oskaloosa
53		Bryce Aldridge	8	14:57.9	Indianola
54		Phillip Abrahamson	8	15:00.1	Oskaloosa
55		Brenden Merial	8	15:05.1	Indianola
56	44	Micah De Haan	8	15:06.0	Pella Christian
57	45	Kaden Van Wyngarden	7	15:06.7	Pella Christian
58	46	Ezra Praitis-Hill	7	15:07.3	Grinnell
59	47	Levi VanDusseldorp	8	15:07.4	Pella
60	48	Akira Lopez	8	15:10.7	Pella
61	49	Alexander Crites	7	15:16.1	Grinnell
62		Aaron Wilson	8	15:17.3	Oskaloosa
63		Jaison Anderson	7	15:19.6	Oskaloosa
64		Cooper VandeVoort	7	15:22.0	Pella
65		Lucas Phillips	8	15:27.9	Oskaloosa
66	50	Kaleb Krumm	8	15:29.7	Grinnell
67		Cole Olinger	7	15:32.2	Oskaloosa
68	51	Jaren Jordan	7	15:32.2	Grinnell
69		Nathan Epley	7	15:36.9	Indianola
70		Collin Buchli	7	15:39.6	Newton
71	52	Cody Hargin	8	15:42.5	Norwalk
72		Caden Menninga	7	15:47.0	Newton
73		Levi Webb	7	15:50.2	Norwalk
74		Spencer Taylor	8	15:54.7	Norwalk
75		Jacob Grubb	8	15:57.9	Indianola

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76		Keyten Doland	7	15:58.1	Newton
77		Morgen Clark	7	16:00.9	Pella
78		Elliot Nelson	7	16:02.6	Oskaloosa
79		Luke DeRidder	7	16:03.1	Grinnell
80		Luke Herbselb	8	16:04.2	Dallas Center Grimes
81		Cael Wineland	8	16:04.4	Dallas Center Grimes
82		Reid Hermanson	7	16:07.7	Pella
83		Jacob Alexander	7	16:09.2	Dallas Center Grimes
84		Marcus Watznauer	7	16:10.9	Dallas Center Grimes
85		Caleb Morris	7	16:18.0	Dallas Center Grimes
86		Sam Grieman	7	16:19.5	Dallas Center Grimes
87		Peyton Compton	7	16:20.7	Norwalk
88		Bryson Illian	8	16:22.4	Dallas Center Grimes
89		Garrett Goben	8	16:23.6	Indianola
90		Kenny Krogstad	8	16:29.1	Pella
91		Shane Ackelson	7	16:30.3	Indianola
92		Alex Yang	7	16:32.6	Oskaloosa
93		Isaac Seger	7	16:33.5	Indianola
94	53	Ben Gosselink	7	16:33.9	Pella Christian
95		Carson Springer	7	16:34.7	Dallas Center Grimes
96	54	Jack Zula	8	16:42.7	Pella Christian
97		Jackson Goshon	8	16:44.9	Norwalk
98		Luis Garcia	7	16:56.0	Oskaloosa
99		Tyler DeHeus	7	17:22.2	Pella
100		Brody Fuller	7	17:23.0	Newton
101		Carson Graham	8	17:23.7	Indianola
102		Kiran Jones	7	17:27.0	Grinnell
103		Gage Main	8	17:27.8	Oskaloosa
104		Casey Eagan	8	17:37.3	Norwalk
105		Trent Harper	8	17:39.1	Norwalk
106		David Andersen	7	17:44.3	Indianola
107		Brock Plum	7	17:52.0	Oskaloosa
108		Julio Parmley	8	17:52.6	Grinnell
109		Jacob Nichols	7	17:54.0	Newton
110		Lawson Morris	7	18:00.3	Oskaloosa
111		Korbin Siroky	7	18:00.3	Oskaloosa
112		Tate Knoot	8	18:00.8	Oskaloosa
113		Caleb Stewart	7	18:03.1	Pella
114		Alec Boblenz	7	18:10.4	Dallas Center Grimes
115		Kobe Headlee	8	18:16.9	Indianola
116		Aidan VanDonselaar	7	18:36.4	Pella
117		Josiah Howland	7	18:41.3	Norwalk
118		Alex Manley	8	18:47.1	Grinnell
119		Jacob Rietveld	7	18:49.6	Pella

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120		Nic Beudet	8	18:51.0	Dallas Center Grimes
121	55	William Spencer	8	19:02.7	Pella Christian
122		Harsh Patel	7	19:14.9	Pella
123		Eli Newland	8	19:23.3	Norwalk
124		Tyler Boege	7	19:23.8	Indianola
125		Roger Cambron	7	19:28.8	Indianola
126		Ronin Dennill	7	19:45.2	Pella
127		Zane Lathrum	8	19:57.4	Indianola
128		Blake Owens	8	19:58.2	Grinnell
129		Hayden Rozenboom	7	21:37.9	Pella
130		Isaac Boualavong	7	21:44.0	Pella
131		Pranav Karnam	7	21:44.0	Pella
132		Austin Astelle	8	22:26.5	Grinnell
133		Jake Brenizer	7	22:40.2	Pella