

Mississippi Valley Conference Super Meet
 Dubuque Soccer Complex - Hosted by Dubuque Hempstead
 Dubuque, Iowa
 October 5, 2017

Results provided by AccuRace Timing Services
 www accuracetimeing.com

**** Girls' Varsity 5000 Meter Run ****

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
1	1	4571	Bailey Nock	12	Iowa City West	18:07.1	5:50
2	2	4667	Micah Poellet	09	Linn-Mar	18:19.8	5:54
3	3	4658	Lilly Geelan	09	Linn-Mar	18:39.9	6:01
4	4	4760	Laurdyn Meyer	09	Prairie	18:54.3	6:06
5	5	3906	Mackenzie Michael	10	Cedar Falls	19:01.5	6:08
6	6	4320	Mia Rampton	12	Dubuque Senior	19:09.2	6:10
7	7	4846	Gabby Moran	09	Wahlert Catholic	19:09.6	6:11
8	8	4205	Hannah Brown	10	Dubuque Hempstead	19:12.3	6:11
9	9	4083	Reagan Gorman	11	Cedar Rapids Washington	19:16.9	6:13
10	10	4216	Shaelyn Hostager	10	Dubuque Hempstead	19:18.7	6:13
11	11	4215	Heather Hostager	12	Dubuque Hempstead	19:21.8	6:14
12	12	4300	Ashley Donovan	11	Dubuque Senior	19:23.1	6:15
13	13	4228	Casey Nichols	12	Dubuque Hempstead	19:25.2	6:16
14	14	4549	Colleen Bloeser	12	Iowa City West	19:27.0	6:16
15	15	3899	Anna Hertz	12	Cedar Falls	19:27.4	6:16
16	16	4842	Grace Herber	12	Wahlert Catholic	19:30.5	6:17
17	17	4567	Kiara Malloy-Salgado	09	Iowa City West	19:38.1	6:20
18	18	4563	Deniz Ince	11	Iowa City West	19:42.1	6:21
19	19	4550	Erica Buettner	09	Iowa City West	19:43.4	6:21
20	20	4671	Chloe Skidmore	09	Linn-Mar	19:43.4	6:21
21	21	4776	Kendall White	09	Prairie	19:43.7	6:21
22	22	4394	Aly Hecker	11	Iowa City City High	19:49.6	6:23
23	23	4306	MacKenzie Gaherty	12	Dubuque Senior	19:50.9	6:24
24	24	3902	Paige Kvale	12	Cedar Falls	19:59.6	6:27
25	25	4847	Kaylee Osterberger	12	Wahlert Catholic	20:00.0	6:27
26	26	4305	Ava Frye	12	Dubuque Senior	20:01.2	6:27
27	27	4220	Kaylee Leicht	10	Dubuque Hempstead	20:01.9	6:27
28	28	4307	Isabel Gorton	09	Dubuque Senior	20:02.8	6:28
29	29	4369	Esti Brady	10	Iowa City City High	20:04.7	6:28
30	30	4431	Annie Rummelhart	11	Iowa City City High	20:11.1	6:30
31	31	3914	Caroline Ross	12	Cedar Falls	20:17.6	6:32
32	32	3924	Jessica Vandorn	11	Cedar Falls	20:19.8	6:33
33	33	4373	Bridget Brown	12	Iowa City City High	20:22.5	6:34
34	34	4214	Emma Holesinger	10	Dubuque Hempstead	20:23.4	6:34
35	35	4303	Claire Edmondson	10	Dubuque Senior	20:25.4	6:35
36	36	3903	Madison Larsen	12	Cedar Falls	20:25.7	6:35
37	37	4410	Anna Lindower	11	Iowa City City High	20:27.2	6:35
38	38	4370	Kinsee Brands	12	Iowa City City High	20:30.1	6:36
39	39	3918	Meg Schmitz	12	Cedar Falls	20:36.4	6:38
40	40	1226	Hannah Fusselman	12	Cedar Rapids Kennedy	20:44.7	6:41
41	41	1228	Olivia Hamblin	10	Cedar Rapids Kennedy	20:47.3	6:42
42	42	4003	Rachel Nagel	10	Cedar Rapids Jefferson	20:50.2	6:43
43	43	4741	Riley Coulter	09	Prairie	20:51.0	6:43
44	44	4674	Abby Van Rheenen	12	Linn-Mar	20:53.8	6:44
45	45	4845	Gracie Long	11	Wahlert Catholic	20:55.8	6:45
46	46	4076	Sarah Altemeier	12	Cedar Rapids Washington	20:55.9	6:45
47	47	4839	Kylie Cox	11	Wahlert Catholic	20:59.7	6:46
48	48	4315	Lauren Miller	11	Dubuque Senior	21:04.4	6:47
49	49	1227	Lauren Gray	09	Cedar Rapids Kennedy	21:04.7	6:48
50	50	4577	Vana Slattery	10	Iowa City West	21:09.8	6:49
51	51	3995	Jenna Griffith	10	Cedar Rapids Jefferson	21:10.8	6:50
52	52	1229	Brianna McLaughlin	11	Cedar Rapids Kennedy	21:11.6	6:50
53	53	4761	Maggie Miskimen	09	Prairie	21:14.5	6:51
54	54	4663	AJ Kendrick	11	Linn-Mar	21:14.8	6:51
55	55	4233	Emily Richter	09	Dubuque Hempstead	21:19.3	6:52
56	56	4843	Holly Hohmann	12	Wahlert Catholic	21:24.4	6:54
57	57	4648	Dimia Burrell	10	Linn-Mar	21:27.6	6:55
58	58	4841	Emma Earles	12	Wahlert Catholic	21:27.7	6:55
59	59	4665	Sarah Murphy	09	Linn-Mar	21:31.1	6:56
60	60	1232	Kaelyn Ryan	11	Cedar Rapids Kennedy	21:33.8	6:57

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Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
61	61	4740	Hailey Cooper	09	Prairie	21:35.8	6:58
62	62	1231	Kalli Kolthoff	09	Cedar Rapids Kennedy	21:37.3	6:58
63	63	4140	Hannah Denman	10	Cedar Rapids Xavier	21:49.1	7:02
64	64	4764	Alissa Neubauer	12	Prairie	21:49.7	7:02
65	65	4574	Claire Ronnebaum	12	Iowa City West	21:52.7	7:03
66	66	4412	Gabriel McCormick	12	Iowa City City High	21:56.0	7:04
67	67	4091	Sydney Mitvalsky	09	Cedar Rapids Washington	21:56.1	7:04
68	68	1230	Anna Klein	12	Cedar Rapids Kennedy	21:57.0	7:04
69	69	3993	Josie Chung	11	Cedar Rapids Jefferson	21:57.4	7:05
70	70	4146	Claire Iversen	12	Cedar Rapids Xavier	22:05.7	7:07
71	71	4085	JoJo Hayes	10	Cedar Rapids Washington	22:10.8	7:09
72	72	4889	Ireland Frisch	11	Waterloo	22:13.5	7:10
73	73	4096	Emma Westphalen	11	Cedar Rapids Washington	22:14.9	7:10
74	74	4089	Olivia Kennedy	11	Cedar Rapids Washington	22:24.0	7:13
75	75	4156	Megan Meyer	10	Cedar Rapids Xavier	22:28.7	7:15
76	76	4884	Regan Davis	11	Waterloo	22:36.2	7:17
77	77	4900	Camryn Meyer	11	Waterloo	22:41.0	7:19
78	78	4751	Megan Grimm	12	Prairie	22:54.7	7:23
79	79	4897	Victoria Knight	09	Waterloo	23:05.3	7:26
80	80	4887	Meredith Eighmey	11	Waterloo	23:10.0	7:28
81	81	4165	Bridget Schmitt	11	Cedar Rapids Xavier	23:16.1	7:30
82	82	4906	Jordyn Smith	10	Waterloo	23:20.9	7:31
83	83	4095	Emily Weis	11	Cedar Rapids Washington	23:30.0	7:34
84	84	3991	Izzy Bushman	10	Cedar Rapids Jefferson	24:08.1	7:47
85	85	4153	Rilee Lansing	10	Cedar Rapids Xavier	24:19.5	7:50
86	86	4903	Adriana Rodriguez	12	Waterloo	24:34.0	7:55
87	87	3992	Callie Christofferson	09	Cedar Rapids Jefferson	25:15.1	8:08
88	88	4004	Olivia Prochnow	11	Cedar Rapids Jefferson	25:27.0	8:12
89	89	4007	Katrina Truitt	09	Cedar Rapids Jefferson	27:09.8	8:45

10/05/2017 6:24PM

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**** Girls' Varsity Team Score ****

1.	69	Dubuque Hempstead	(19:28.0	97:19.9	0:49.6)
1	8	Hannah Brown	10	19:12.3	
2	10	Shaelyn Hostager	10	19:18.7	
3	11	Heather Hostager	12	19:21.8	
4	13	Casey Nichols	12	19:25.2	
5	27	Kaylee Leicht	10	20:01.9	
6	(34)	Emma Holesinger	10	20:23.4	
7	(55)	Emily Richter	09	21:19.3	
2.	69	Iowa City West	(19:19.6	96:37.7	1:36.3)
1	1	Bailey Nock	12	18:07.1	
2	14	Colleen Bloeser	12	19:27.0	
3	17	Kiara Malloy-Salgado	09	19:38.1	
4	18	Deniz Ince	11	19:42.1	
5	19	Erica Buettner	09	19:43.4	
6	(50)	Vana Slattery	10	21:09.8	
7	(65)	Claire Ronnebaum	12	21:52.7	
3.	95	Dubuque Senior	(19:41.5	98:27.2	0:53.6)
1	6	Mia Rampton	12	19:09.2	
2	12	Ashley Donovan	11	19:23.1	
3	23	MacKenzie Gaherty	12	19:50.9	
4	26	Ava Frye	12	20:01.2	
5	28	Isabel Gorton	09	20:02.8	
6	(35)	Claire Edmondson	10	20:25.4	
7	(48)	Lauren Miller	11	21:04.4	
4.	107	Cedar Falls	(19:49.2	99:05.9	1:18.3)
1	5	Mackenzie Michael	10	19:01.5	
2	15	Anna Hertz	12	19:27.4	
3	24	Paige Kvale	12	19:59.6	
4	31	Caroline Ross	12	20:17.6	
5	32	Jessica Vandorn	11	20:19.8	
6	(36)	Madison Larsen	12	20:25.7	
7	(39)	Meg Schmitz	12	20:36.4	
5.	123	Linn-Mar	(19:46.4	98:51.7	2:55.0)
1	2	Micah Poellet	09	18:19.8	
2	3	Lilly Geelan	09	18:39.9	
3	20	Chloe Skidmore	09	19:43.4	
4	44	Abby Van Rheenen	12	20:53.8	
5	54	Aj Kendrick	11	21:14.8	
6	(57)	Dimia Burrell	10	21:27.6	
7	(59)	Sarah Murphy	09	21:31.1	
6.	140	Wahlert Catholic	(20:07.2	100:35.6	1:50.1)
1	7	Gabby Moran	09	19:09.6	
2	16	Grace Herber	12	19:30.5	
3	25	Kaylee Osterberger	12	20:00.0	
4	45	Gracie Long	11	20:55.8	
5	47	Kylie Cox	11	20:59.7	
6	(56)	Holly Hohmann	12	21:24.4	
7	(58)	Emma Earles	12	21:27.7	

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7.	151	Iowa City City High	(20:11.1 100:55.1 0:37.6)
1	22	Aly Hecker	11 19:49.6
2	29	Esti Brady	10 20:04.7
3	30	Annie Rummelhart	11 20:11.1
4	33	Bridget Brown	12 20:22.5
5	37	Anna Lindower	11 20:27.2
6	(38)	Kinsee Brands	12 20:30.1
7	(66)	Gabriel McCormick	12 21:56.0
8.	182	Prairie	(20:27.9 102:19.3 2:41.5)
1	4	Laurdyn Meyer	09 18:54.3
2	21	Kendall White	09 19:43.7
3	43	Riley Coulter	09 20:51.0
4	53	Maggie Miskimen	09 21:14.5
5	61	Hailey Cooper	09 21:35.8
6	(64)	Alissa Neubauer	12 21:49.7
7	(78)	Megan Grimm	12 22:54.7
9.	242	Cedar Rapids Kennedy	(21:04.5 105:22.1 0:49.1)
1	40	Hannah Fusselman	12 20:44.7
2	41	Olivia Hamblin	10 20:47.3
3	49	Lauren Gray	09 21:04.7
4	52	Brianna McLaughlin	11 21:11.6
5	60	Kaelyn Ryan	11 21:33.8
6	(62)	Kalli Kolthoff	09 21:37.3
7	(68)	Anna Klein	12 21:57.0
10.	266	Cedar Rapids Washington	(21:19.0 106:34.6 2:58.0)
1	9	Reagan Gorman	11 19:16.9
2	46	Sarah Altemeier	12 20:55.9
3	67	Sydney Mitvalsky	09 21:56.1
4	71	Jojo Hayes	10 22:10.8
5	73	Emma Westphalen	11 22:14.9
6	(74)	Olivia Kennedy	11 22:24.0
7	(83)	Emily Weis	11 23:30.0
11.	333	Cedar Rapids Jefferson	(22:40.4 113:21.6 4:24.9)
1	42	Rachel Nagel	10 20:50.2
2	51	Jenna Griffith	10 21:10.8
3	69	Josie Chung	11 21:57.4
4	84	Izzy Bushman	10 24:08.1
5	87	Callie Christofferson	09 25:15.1
6	(88)	Olivia Prochnow	11 25:27.0
7	(89)	Katrina Truitt	09 27:09.8
12.	374	Cedar Rapids Xavier	(22:47.9 113:59.1 2:30.4)
1	63	Hannah Denman	10 21:49.1
2	70	Claire Iversen	12 22:05.7
3	75	Megan Meyer	10 22:28.7
4	81	Bridget Schmitt	11 23:16.1
5	85	Rilee Lansing	10 24:19.5

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13. 384 Waterloo (22:45.2 113:46.0 0:56.5)

1	72	Ireland Frisch	11	22:13.5
2	76	Regan Davis	11	22:36.2
3	77	Camryn Meyer	11	22:41.0
4	79	Victoria Knight	09	23:05.3
5	80	Meredith Eighmey	11	23:10.0
6	(82)	Jordyn Smith	10	23:20.9
7	(86)	Adriana Rodriguez	12	24:34.0

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**** Girls' Junior Varsity 5000 Meter Run ****

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
1	1	4313	Olivia Kruse	11	Dubuque Senior	20:19.7	6:33
2	2	4094	Elle Scriver	11	Cedar Rapids Washington	20:42.2	6:40
3	3	4421	Janet Nyamboneka	12	Iowa City City High	21:06.8	6:48
4		4662	EMMA Kelley	11	Linn-Mar	21:24.6	6:54
5	4	3900	Sydney Householder	11	Cedar Falls	21:26.3	6:55
6	5	4414	Naomi Meurice	11	Iowa City City High	21:33.5	6:57
7	6	4299	Elle Connolly	12	Dubuque Senior	21:38.4	6:58
8	7	4226	Jessica Mendenhall	12	Dubuque Hempstead	21:45.1	7:01
9	8	4436	Addy Smith	12	Iowa City City High	21:45.8	7:01
10	9	4837	Olivia Blosch	11	Wahlert Catholic	21:50.8	7:02
11	10	4312	Stacey Kloft	11	Dubuque Senior	21:52.8	7:03
12	11	4324	Sophie Shearer	11	Dubuque Senior	21:52.9	7:03
13	12	4850	Emma Wachter	12	Wahlert Catholic	21:54.4	7:04
14	13	3892	Beth Culberson	11	Cedar Falls	22:09.0	7:08
15	14	4432	Liza Sarsfield	11	Iowa City City High	22:10.0	7:09
16	15	4439	Rachel Strang	12	Iowa City City High	22:17.6	7:11
17	16	3889	Julia Bowman	11	Cedar Falls	22:18.2	7:11
18	17	4383	Anna Denniston	12	Iowa City City High	22:19.6	7:12
19	18	4328	Nadia Waid	12	Dubuque Senior	22:26.0	7:14
20	19	4208	Erin Connolly	12	Dubuque Hempstead	22:30.8	7:15
21	20	3913	Ruthie Rider	12	Cedar Falls	22:33.4	7:16
22	21	4767	Kirstin Skriver	12	Prairie	22:34.1	7:16
23	22	3915	Molly Rygh	12	Cedar Falls	22:34.7	7:17
24	23	4770	Amanda Stallman	11	Prairie	22:37.2	7:17
25	24	4239	Sage Smith	12	Dubuque Hempstead	22:39.0	7:18
26	25	4327	Emily Tigges	12	Dubuque Senior	22:39.0	7:18
27	26	4237	Emily Schmitt	12	Dubuque Hempstead	22:47.5	7:21
28	27	3907	Skyler Miller	12	Cedar Falls	22:47.7	7:21
29	28	4401	Isabel Jones	11	Iowa City City High	22:50.2	7:22
30	29	3916	Claire Sanderman	11	Cedar Falls	22:50.8	7:22
31	30	4243	Riley Uthe	11	Dubuque Hempstead	22:52.4	7:22
32	31	1233	Lilly Gust	12	Cedar Rapids Kennedy	22:52.5	7:22
33		3909	Megan North	11	Cedar Falls	22:52.7	7:22
34	32	4235	Grace Ries	11	Dubuque Hempstead	22:52.9	7:22
35	33	4298	Kathryn Burns	11	Dubuque Senior	22:54.5	7:23
36	34	1234	Camryn Jeffords	12	Cedar Rapids Kennedy	22:56.4	7:24
37	35	4242	Allison Till	11	Dubuque Hempstead	22:57.7	7:24
38		4390	Lottie Gidal	11	Iowa City City High	23:04.5	7:26
39		4308	Bailey Hammerand	11	Dubuque Senior	23:13.6	7:29
40	36	4088	Jill Hughes	11	Cedar Rapids Washington	23:17.2	7:30
41		4398	Ella Hennager	11	Iowa City City High	23:20.2	7:31
42		4225	Erin McGrath	12	Dubuque Hempstead	23:26.3	7:33
43	37	4097	Mara Westphalen	11	Cedar Rapids Washington	23:27.2	7:33
44		3901	Auriona Kimbrough	11	Cedar Falls	23:30.0	7:34
45	38	4081	Serena Eck	12	Cedar Rapids Washington	23:31.5	7:35
46	39	4848	Danielle Pape	11	Wahlert Catholic	23:38.9	7:37
47	40	4731	Anna Alldredge	11	Prairie	23:39.9	7:38
48		3919	Anna Shull	11	Cedar Falls	23:41.2	7:38
49		4229	Ellie Oneill	12	Dubuque Hempstead	23:51.2	7:41
50		4447	Nia Washington	12	Iowa City City High	23:52.3	7:42
51	41	4082	Sophie Fox	12	Cedar Rapids Washington	23:54.2	7:42
52		4653	Emma Clanin	12	Linn-Mar	23:54.8	7:42
53	42	4852	Samara Wigginton	10	Wahlert Catholic	23:55.3	7:42
54	43	4895	Emma Hickman	10	Waterloo	23:55.5	7:43
55	44	4573	Samantha Nowotny	11	Iowa City West	23:55.9	7:43
56	45	4892	Makayla Hanson	10	Waterloo	23:56.0	7:43
57	46	4746	Morgan Erickson	12	Prairie	23:58.8	7:44
58	47	4748	Eady Forrest	11	Prairie	23:58.8	7:44
59	48	4136	Sarah Bouska	12	Cedar Rapids Xavier	24:04.1	7:45
60	49	4840	Catherine Curtiss	09	Wahlert Catholic	24:05.9	7:46

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Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
61	50	4147	Emily Jennings	11	Cedar Rapids Xavier	24:10.8	7:47
62		4417	Anastasia Mwenemkamba	11	Iowa City City High	24:16.4	7:49
63	51	4005	Alex Smith	11	Cedar Rapids Jefferson	24:18.4	7:50
64		4203	Brosius Autumn	12	Dubuque Hempstead	24:23.4	7:52
65	52	4098	Emma Witt	12	Cedar Rapids Washington	24:25.5	7:52
66	53	4092	Lopou Peal	12	Cedar Rapids Washington	24:26.7	7:53
67	54	4849	Belle Pole	10	Wahlert Catholic	24:27.2	7:53
68	55	4907	Savannah Weldon	12	Waterloo	24:29.4	7:53
69		4329	Taylor Walsh	12	Dubuque Senior	24:29.5	7:53
70	56	4902	Alayna Ritter	10	Waterloo	24:32.0	7:54
71	57	4853	Millie Wilgenbusch	11	Wahlert Catholic	24:32.6	7:54
72		4400	Bihotza James	12	Iowa City City High	24:33.5	7:55
73		4246	Natalie Winger	11	Dubuque Hempstead	24:34.9	7:55
74	58	4555	Leah Elliott	12	Iowa City West	24:41.3	7:57
75	59	1235	Alexis Peterson	12	Cedar Rapids Kennedy	24:41.5	7:57
76	60	4610	CRK Jv	10	Cedar Rapids Kennedy	24:42.2	7:58
77	61	4557	Emma Gehlbach	11	Iowa City West	24:43.6	7:58
78		4234	Erin Rieckens	11	Dubuque Hempstead	24:47.3	7:59
79	62	4768	Avery Smith	11	Prairie	24:47.8	7:59
80		4310	Maya Holz	11	Dubuque Senior	24:50.5	8:00
81	63	4570	Catie Nielsen	12	Iowa City West	24:50.8	8:00
82		4424	Lindsey Parrott	12	Iowa City City High	24:51.4	8:01
83	64	4772	Beth Uthoff	12	Prairie	24:54.2	8:01
84		4838	Maeve Breslin	12	Wahlert Catholic	24:56.0	8:02
85	65	4886	Doris Dilparic	11	Waterloo	24:57.8	8:03
86	66	4908	Sierra Weldon	12	Waterloo	25:05.3	8:05
87	67	4890	Rachel Gehrke	11	Waterloo	25:11.0	8:07
88	68	4578	Peyton Steva	11	Iowa City West	25:16.3	8:09
89		4426	Madeline Pugh	11	Iowa City City High	25:19.1	8:09
90		4318	Isabel Petersen	11	Dubuque Senior	25:26.8	8:12
91		4894	Anna Hepworth	12	Waterloo	25:37.4	8:15
92		4366	Lily Bender	11	Iowa City City High	25:39.0	8:16
93	69	1245	Whitney Markham	10	Cedar Rapids Kennedy	25:39.2	8:16
94	70	4137	Kathryn Cosgrove	11	Cedar Rapids Xavier	25:44.3	8:18
95		4378	Serena Collins	12	Iowa City City High	25:53.2	8:20
96	71	4135	Carley Beck	11	Cedar Rapids Xavier	25:57.0	8:22
97		4084	Ashley Hageman	12	Cedar Rapids Washington	26:02.4	8:23
98		4405	Sofie Knudsen	12	Iowa City City High	26:05.3	8:24
99		4896	Aly Hurley	11	Waterloo	26:10.1	8:26
100	72	4000	Melodi Miller	11	Cedar Rapids Jefferson	26:11.2	8:26
101		4086	Isabel Hogg	12	Cedar Rapids Washington	26:13.4	8:27
102		4407	Megan Kuennen	11	Iowa City City High	26:17.2	8:28
103		4904	Taylor Sanderson	12	Waterloo	26:28.2	8:32
104		4415	Paula Mompio	12	Iowa City City High	26:30.8	8:33
105		4427	Jameson Reineke	12	Iowa City City High	26:32.1	8:33
106	73	4006	Selma Tommerberg	11	Cedar Rapids Jefferson	26:38.4	8:35
107		4893	Brell Hayes	12	Waterloo	26:51.4	8:39
108	74	4002	Harley Murray	09	Cedar Rapids Jefferson	26:53.9	8:40
109		4240	Audra Steil	12	Dubuque Hempstead	27:09.8	8:45
110		4762	Andrea Myers	12	Prairie	27:10.6	8:45
111		4738	Victoria Booth	12	Prairie	27:10.8	8:45
112		4309	Emma Hayes	11	Dubuque Senior	27:15.4	8:47
113		4296	Katie Barton	11	Dubuque Senior	27:16.5	8:47
114		4224	Haley Manders	12	Dubuque Hempstead	27:19.7	8:48
115		4905	Mari Shavers	12	Waterloo	27:24.5	8:50
116	75	4008	Kristen Urquhart	10	Cedar Rapids Jefferson	27:27.5	8:51
117		4891	Haley Graves	12	Waterloo	27:36.1	8:54
118	76	3994	Aliyah Collins	09	Cedar Rapids Jefferson	27:36.8	8:54
119	77	3996	Kendra Hamilton	11	Cedar Rapids Jefferson	27:42.6	8:56
120		4647	Megan Bunce	12	Linn-Mar	27:43.9	8:56

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Mississippi Valley Conference Super Meet
 Dubuque Soccer Complex - Hosted by Dubuque Hempstead
 Dubuque, Iowa
 October 5, 2017

Results provided by AccuRace Timing Services
 www accuracetimeing.com

**** Girls' Junior Varsity 5000 Meter Run ****

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
121		4232	Emersen Rheingans	12	Dubuque Hempstead	27:46.9	8:57
122	78	4160	Abby Pisney	12	Cedar Rapids Xavier	27:47.9	8:57
123		4885	Daria Dilparic	12	Waterloo	27:49.2	8:58
124		4766	Alicia Rinke	12	Prairie	27:58.4	9:01
125		4241	Joyce Sun	11	Dubuque Hempstead	28:00.5	9:01
126		4422	Shawna O'Malley	11	Iowa City City High	28:01.7	9:02
127		4758	Allison Laud	11	Prairie	28:02.3	9:02
128	79	1236	Grace Duffy	12	Cedar Rapids Kennedy	28:04.5	9:03
129		4881	Allyson Andriano	12	Waterloo	28:05.3	9:03
130	80	1237	Alexndra Bonat	12	Cedar Rapids Kennedy	28:10.7	9:05
131		4898	Sohpia Lee	12	Waterloo	28:13.0	9:05
132		4739	Meredith Bourgeois	12	Prairie	28:31.8	9:11
133		4765	Lisa Reed	12	Prairie	28:37.6	9:13
134		4774	Ellie Wehr	11	Prairie	28:38.2	9:14
135		4733	Cailey Barth	12	Prairie	28:53.8	9:19
136		4009	Infinity Watkins	11	Cedar Rapids Jefferson	28:57.4	9:20
137		4888	Felicity Frisch	09	Waterloo	29:13.5	9:25
138		4204	Sierra Baur	11	Dubuque Hempstead	29:48.5	9:36
139	81	4152	Theresa Lampe	12	Cedar Rapids Xavier	30:15.3	9:45
140		1238	Anyssa Ball	11	Cedar Rapids Kennedy	30:18.0	9:46
141		4077	Madalyn Appleby-Sparrow	12	Cedar Rapids Washington	30:26.3	9:48
142		4211	Mallory Dillon	12	Dubuque Hempstead	30:27.3	9:49
143		3921	Ashley Smith	11	Cedar Falls	30:41.4	9:53
144		4202	Adelei Aitchenson	11	Dubuque Hempstead	31:14.0	10:04
145		4419	Binh Nguyen	12	Iowa City City High	31:26.9	10:08
146		4393	Emma Hartwig	12	Iowa City City High	31:40.1	10:12
147		4769	Taylor Sopper	12	Prairie	31:40.6	10:12
148		4735	Marissa Bixby	12	Prairie	31:47.8	10:15
149		4403	Claire Kelly	12	Iowa City City High	31:57.9	10:18
150		3990	Chiara Affatigato	11	Cedar Rapids Jefferson	32:31.1	10:28
151	82	4155	Erin Marti	12	Cedar Rapids Xavier	32:50.1	10:35
152		4756	Jade Klinefelter	12	Prairie	35:53.8	11:34
153		4304	Wendy Flores	12	Dubuque Senior	35:57.0	11:35
154		4314	Kacie Mescher	12	Dubuque Senior	36:13.1	11:40

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Dubuque Soccer Complex - Hosted by Dubuque Hempstead
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**** Girls' Junior Varsity Team Score ****

1.	45	Iowa City City High	(21:46.8 108:53.7 1:10.8)
1	3	Janet Nyamboneka	12 21:06.8
2	5	Naomi Meurice	11 21:33.5
3	8	Addy Smith	12 21:45.8
4	14	Liza Sarsfield	11 22:10.0
5	15	Rachel Strang	12 22:17.6
6	(17)	Anna Denniston	12 22:19.6
7	(28)	Isabel Jones	11 22:50.2
2.	46	Dubuque Senior	(21:38.0 108:09.8 2:06.3)
1	1	Olivia Kruse	11 20:19.7
2	6	Elle Connolly	12 21:38.4
3	10	Stacey Kloft	11 21:52.8
4	11	Sophie Shearer	11 21:52.9
5	18	Nadia Waid	12 22:26.0
6	(25)	Emily Tigges	12 22:39.0
7	(33)	Kathryn Burns	11 22:54.5
3.	75	Cedar Falls	(22:12.4 111:01.6 1:08.4)
1	4	Sydney Householder	11 21:26.3
2	13	Beth Culberson	11 22:09.0
3	16	Julia Bowman	11 22:18.2
4	20	Ruthie Rider	12 22:33.4
5	22	Molly Rygh	12 22:34.7
6	(27)	Skyler Miller	12 22:47.7
7	(29)	Claire Sanderman	11 22:50.8
4.	106	Dubuque Hempstead	(22:31.0 112:34.8 1:07.3)
1	7	Jessica Mendenhall	12 21:45.1
2	19	Erin Connolly	12 22:30.8
3	24	Sage Smith	12 22:39.0
4	26	Emily Schmitt	12 22:47.5
5	30	Riley Uthe	11 22:52.4
6	(32)	Grace Ries	11 22:52.9
7	(35)	Allison Till	11 22:57.7
5.	151	Wahlert Catholic	(23:05.1 115:25.3 2:15.1)
1	9	Olivia Blosch	11 21:50.8
2	12	Emma Wachter	12 21:54.4
3	39	Danielle Pape	11 23:38.9
4	42	Samara Wigginton	10 23:55.3
5	49	Catherine Curtiss	09 24:05.9
6	(54)	Belle Pole	10 24:27.2
7	(57)	Millie Wilgenbusch	11 24:32.6
6.	154	Cedar Rapids Washington	(22:58.5 114:52.3 3:12.0)
1	2	Elle Sriver	11 20:42.2
2	36	Jill Hughes	11 23:17.2
3	37	Mara Westphalen	11 23:27.2
4	38	Serena Eck	12 23:31.5
5	41	Sophie Fox	12 23:54.2
6	(52)	Emma Witt	12 24:25.5
7	(53)	Lopou Peal	12 24:26.7

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**** Girls' Junior Varsity Team Score ****

7.	177	Prairie	(23:21.8	116:48.8	1:24.7)
1	21	Kirstin Skriver	12	22:34.1	
2	23	Amanda Stallman	11	22:37.2	
3	40	Anna Alldredge	11	23:39.9	
4	46	Morgan Erickson	12	23:58.8	
5	47	Eady Forrest	11	23:58.8	
6	(62)	Avery Smith	11	24:47.8	
7	(64)	Beth Uthoff	12	24:54.2	
8.	253	Cedar Rapids Kennedy	(24:10.4	120:51.8	2:46.7)
1	31	Lilly Gust	12	22:52.5	
2	34	Camryn Jeffords	12	22:56.4	
3	59	Alexis Peterson	12	24:41.5	
4	60	Crk Jv	10	24:42.2	
5	69	Whitney Markham	10	25:39.2	
6	(79)	Grace Duffy	12	28:04.5	
7	(80)	Alexndra Bonat	12	28:10.7	
9.	264	Waterloo	(24:22.2	121:50.7	1:02.3)
1	43	Emma Hickman	10	23:55.5	
2	45	Makayla Hanson	10	23:56.0	
3	55	Savannah Weldon	12	24:29.4	
4	56	Alayna Ritter	10	24:32.0	
5	65	Doris Dilparic	11	24:57.8	
6	(66)	Sierra Weldon	12	25:05.3	
7	(67)	Rachel Gehrke	11	25:11.0	
10.	294	Iowa City West	(24:41.6	123:27.9	1:20.4)
1	44	Samantha Nowotny	11	23:55.9	
2	58	Leah Elliott	12	24:41.3	
3	61	Emma Gehlbach	11	24:43.6	
4	63	Catie Nielsen	12	24:50.8	
5	68	Peyton Steva	11	25:16.3	
11.	317	Cedar Rapids Xavier	(25:32.9	127:44.1	3:43.8)
1	48	Sarah Bouska	12	24:04.1	
2	50	Emily Jennings	11	24:10.8	
3	70	Kathryn Cosgrove	11	25:44.3	
4	71	Carley Beck	11	25:57.0	
5	78	Abby Pisney	12	27:47.9	
6	(81)	Theresa Lampe	12	30:15.3	
7	(82)	Erin Marti	12	32:50.1	
12.	345	Cedar Rapids Jefferson	(26:17.9	131:29.4	3:09.1)
1	51	Alex Smith	11	24:18.4	
2	72	Melodi Miller	11	26:11.2	
3	73	Selma Tommerberg	11	26:38.4	
4	74	Harley Murray	09	26:53.9	
5	75	Kristen Urquhart	10	27:27.5	
6	(76)	Aliyah Collins	09	27:36.8	
7	(77)	Kendra Hamilton	11	27:42.6	

Incomplete Teams:

Linn-Mar

EmmaKelley 11, Emma Clanin 12, Megan Bunce 12

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**** Girls' Fresh/Soph 5000 Meter Run ****

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
1	1	4323	Lily Schmidt	09	Dubuque Senior	20:12.0	6:31
2	2	3895	Jayna Freeman	10	Cedar Falls	20:30.9	6:37
3	3	4425	Janie Perrill	09	Iowa City City High	20:38.8	6:39
4	4	4212	Audrey Franklin	09	Dubuque Hempstead	20:44.6	6:41
5	5	4579	Lucy Westemeyer	09	Iowa City West	20:45.0	6:41
6	6	3896	Jules Fromm	09	Cedar Falls	20:48.5	6:42
7	7	3908	Alyssa Neese	10	Cedar Falls	20:56.9	6:45
8	8	4330	Kes Whalen	10	Dubuque Senior	20:58.2	6:45
9	9	4317	Lucia Nelson	09	Dubuque Senior	20:59.4	6:46
10	10	3898	Sara Goodenbour	09	Cedar Falls	21:01.3	6:46
11	11	4561	Katie Hoefler	09	Iowa City West	21:08.0	6:49
12	12	4428	Lilly Reynolds	09	Iowa City City High	21:08.7	6:49
13	13	3904	Amara Lytle	09	Cedar Falls	21:09.7	6:49
14	14	4444	Julia Veit	10	Iowa City City High	21:10.2	6:49
15	15	3917	Sophia Schillinger	10	Cedar Falls	21:11.3	6:50
16	16	4238	Erin Scott	10	Dubuque Hempstead	21:15.0	6:51
17	17	4213	Lauren Gudenkauf	10	Dubuque Hempstead	21:15.9	6:51
18	18	3894	Gretchen Fixen	10	Cedar Falls	21:24.0	6:54
19	19	4569	Maddy Negley	09	Iowa City West	21:26.0	6:54
20	20	4660	Lindsay Ginger	09	Linn-Mar	21:29.0	6:55
21	21	4322	Grace Ries	10	Dubuque Senior	21:31.2	6:56
22	22	4316	Kate Miron	10	Dubuque Senior	21:33.8	6:57
23	23	4326	Josie Stackis	10	Dubuque Senior	21:35.8	6:58
24	24	4311	Evelyn Jenkins	09	Dubuque Senior	21:37.4	6:58
25	25	4581	Emma Kearneyd	09	Iowa City West	21:38.9	6:59
26	26	4568	Anna Moore	09	Iowa City West	21:46.0	7:01
27	27	4404	CeCe Kelly-Harvey	09	Iowa City City High	21:49.2	7:02
28	28	4227	Emily Morley	10	Dubuque Hempstead	21:50.1	7:02
29	29	4659	Olivia Genskow	10	Linn-Mar	21:50.9	7:02
30	30	4559	Sarah Hamed	10	Iowa City West	21:53.4	7:03
31	31	4423	Grace Parrott	10	Iowa City City High	21:59.6	7:05
32	32	4429	Paige Rocca	10	Iowa City City High	22:04.0	7:07
33		3887	Greta Berte	09	Cedar Falls	22:20.5	7:12
34	33	4446	Maya Warren	09	Iowa City City High	22:20.7	7:12
35		3890	Rachel Brokenshire	10	Cedar Falls	22:23.2	7:13
36	34	4206	Emma Coates	10	Dubuque Hempstead	22:24.4	7:13
37		3905	Sabine Martin	10	Cedar Falls	22:26.9	7:14
38	35	1243	Morgan Butschi	10	Cedar Rapids Kennedy	22:27.4	7:14
39		4368	Mary Bounds	10	Iowa City City High	22:28.6	7:15
40		4384	Harper Denniston	09	Iowa City City High	22:30.9	7:15
41		4381	Jae Dancer	09	Iowa City City High	22:31.2	7:15
42	36	1239	Emily Fusselman	09	Cedar Rapids Kennedy	22:33.1	7:16
43	37	1240	Sarah Grams	09	Cedar Rapids Kennedy	22:36.9	7:17
44		3893	Natalie Degabriele	09	Cedar Falls	22:40.2	7:18
45		3910	Devin O'Loughlin	10	Cedar Falls	22:42.3	7:19
46	38	4219	Victoria Larson	10	Dubuque Hempstead	22:45.7	7:20
47		4367	Julianne Berry-Stoelzle	09	Iowa City City High	22:46.2	7:20
48	39	4676	Stacy Westman	09	Linn-Mar	22:51.4	7:22
49	40	4657	Jamison Feldman	10	Linn-Mar	22:52.7	7:22
50	41	4668	Allison Post	10	Linn-Mar	22:52.9	7:22
51	42	4736	Anna Boller	10	Prairie	22:54.0	7:23
52		3923	Abagail Townsend	09	Cedar Falls	22:54.8	7:23
53	43	4744	Anna Eckert	09	Prairie	23:01.0	7:25
54		3886	Dylan Beecher	09	Cedar Falls	23:08.7	7:27
55	44	4672	Sadie Staker	10	Linn-Mar	23:09.6	7:28
56		4385	Maya Djalali-Gomez	10	Iowa City City High	23:12.8	7:29
57	45	1241	Elizabeth Stone	10	Cedar Rapids Kennedy	23:19.5	7:31
58		4391	Sylvia Gidal	10	Iowa City City High	23:23.3	7:32
59		4321	Alora Rapp-Uptegraph	09	Dubuque Senior	23:28.3	7:34
60	46	4749	Samantha Forrest	10	Prairie	23:28.4	7:34

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**** Girls' Fresh/Soph 5000 Meter Run ****

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
61		4450	Kate Wolfe	09	Iowa City City High	23:28.9	7:34
62	47	4223	Alexis Lonning	10	Dubuque Hempstead	23:35.3	7:36
63		4087	Ellen Houtz	10	Cedar Rapids Washington	23:35.6	7:36
64		4302	Autumn Duehr	10	Dubuque Senior	23:39.5	7:37
65		4325	Mattie Sheckles	10	Dubuque Senior	23:40.8	7:38
66	48	1242	Alissa Gray	09	Cedar Rapids Kennedy	23:41.8	7:38
67		4245	Jaime Weidemann	09	Dubuque Hempstead	23:46.7	7:40
68	49	4650	Lizzy Bushlack	10	Linn-Mar	23:53.2	7:42
69		4411	Alex Marsh	10	Iowa City City High	23:56.3	7:43
70		4396	Zoe Hellberg	09	Iowa City City High	24:06.6	7:46
71		4651	Elise Cagnard	10	Linn-Mar	24:07.2	7:46
72		4656	Katelyn Eilders	10	Linn-Mar	24:13.1	7:48
73	50	4166	Elizabeth Schmitt	09	Cedar Rapids Xavier	24:15.7	7:49
74	51	4752	Emilee Horak	09	Prairie	24:15.8	7:49
75		4080	Ella Davis	09	Cedar Rapids Washington	24:15.9	7:49
76	52	4734	Natalie Bennet	09	Prairie	24:24.0	7:52
77		4666	Mika Ndikuana	09	Linn-Mar	24:29.6	7:54
78		4379	Georgia Corbin	10	Iowa City City High	24:33.1	7:55
79		4231	Skylynn Redding	10	Dubuque Hempstead	24:35.8	7:56
80	53	4743	Haley Deurksen	10	Prairie	24:35.8	7:56
81		4413	Zoe Meaney	09	Iowa City City High	24:39.0	7:57
82		4244	Aaliyah Waggoner	10	Dubuque Hempstead	24:43.2	7:58
83	54	4755	Cassidy Kline	10	Prairie	24:45.1	7:58
84	55	4556	Anya Emerson	09	Iowa City West	24:45.4	7:59
85		4319	Cali Rampton	09	Dubuque Senior	24:47.1	7:59
86		4438	Caleigh Stanier	09	Iowa City City High	24:55.9	8:02
87		4230	Clairie Paulson	10	Dubuque Hempstead	25:06.1	8:05
88		4580	Kaisa Whittaker	09	Iowa City West	25:08.7	8:06
89		4655	Julia Drew	09	Linn-Mar	25:12.3	8:07
90		4217	Abby Kallaher	10	Dubuque Hempstead	25:13.7	8:08
91		4406	Ana Koch	09	Iowa City City High	25:13.9	8:08
92		4210	Claire Daack	10	Dubuque Hempstead	25:17.6	8:09
93		4387	Sophia Friton	09	Iowa City City High	25:22.4	8:11
94	56	1244	Annabelle Hallam	10	Cedar Rapids Kennedy	25:24.6	8:11
95		4677	Josie Winn	09	Linn-Mar	25:25.0	8:11
96		4759	Viviana Martinez	09	Prairie	25:27.3	8:12
97		4669	Ella Schultz	09	Linn-Mar	25:28.9	8:13
98		4582	Julie Xian	10	Iowa City West	25:33.0	8:14
99		4652	Julie Cagnard	09	Linn-Mar	25:38.8	8:16
100		4747	Megan Fear	10	Prairie	25:39.9	8:16
101		4732	Riley Anderson	09	Prairie	25:41.2	8:17
102		4763	Kayla Nelson	09	Prairie	25:43.7	8:17
103		4673	Abby Stanlick	10	Linn-Mar	25:44.9	8:18
104		4654	Marin Doyle	10	Linn-Mar	25:46.4	8:18
105	57	4134	Avery Arens	09	Cedar Rapids Xavier	25:47.9	8:19
106		4443	Ana Van Beek	09	Iowa City City High	25:48.7	8:19
107		4649	Emily Bushlack	10	Linn-Mar	25:55.5	8:21
108	58	4149	Ella Kane	10	Cedar Rapids Xavier	25:57.0	8:22
109		4664	Morgan Lensch	09	Linn-Mar	25:58.6	8:22
110	59	4144	Gabby Flynn	09	Cedar Rapids Xavier	26:05.0	8:24
111		4301	Josie Duccini	09	Dubuque Senior	26:06.1	8:25
112		4670	Peyton Shock	10	Linn-Mar	26:06.7	8:25
113		4730	Ella Achey	09	Prairie	26:10.7	8:26
114		4753	Abby Johnson	10	Prairie	26:13.4	8:27
115	60	4158	Maddie Murphy	10	Cedar Rapids Xavier	26:15.8	8:28
116		4745	Samantha Ehler	10	Prairie	26:27.7	8:32
117		4440	Melanie Tran-Duong	09	Iowa City City High	26:27.7	8:32
118		4364	Ananya Albrecht-Buehler	09	Iowa City City High	26:39.6	8:35
119		4409	Sonja Liebig	09	Iowa City City High	26:42.5	8:36
120		4773	Alyssa Valde	09	Prairie	26:45.5	8:37

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**** Girls' Fresh/Soph 5000 Meter Run ****

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
121		4775	Evelyn Weisenstine	09	Prairie	26:47.3	8:38
122		3885	Abigail Balong	10	Cedar Falls	26:47.9	8:38
123	61	4168	Lauren Skala	10	Cedar Rapids Xavier	26:50.5	8:39
124		4441	Saye Traore	10	Iowa City City High	26:50.9	8:39
125		4560	Kaitlyn Hansen	10	Iowa City West	26:51.6	8:39
126		4078	Leah Carson	10	Cedar Rapids Washington	26:54.5	8:40
127		4757	McKenzie Kohl	10	Prairie	27:06.5	8:44
128	62	4171	Cate Tucker	10	Cedar Rapids Xavier	27:11.2	8:46
129		4754	Mya Kilker	09	Prairie	27:17.1	8:47
130		4093	Ellie Rockwell	09	Cedar Rapids Washington	27:22.0	8:49
131		4397	Madelyn Hellwig	09	Iowa City City High	27:31.8	8:52
132		4402	Aubryn Kaine	10	Iowa City City High	27:36.1	8:54
133		4742	Josie Dalton	09	Prairie	27:47.2	8:57
134		4445	Madigan Wallace	09	Iowa City City High	27:53.8	8:59
135		4297	Christine Benedict	10	Dubuque Senior	28:13.1	9:05
136		4389	Katherine Geerdes	09	Iowa City City High	28:17.9	9:07
137	63	4619	CRK Fs	10	Cedar Rapids Kennedy	28:32.4	9:12
138		4161	Grace Ries	10	Cedar Rapids Xavier	28:36.6	9:13
139		4737	Ellie Boller	09	Prairie	28:40.9	9:14
140		4750	Kaitlyn Gammon	10	Prairie	28:45.2	9:16
141		4564	Kaitlin Lamkins	09	Iowa City West	30:00.4	9:40
142		4771	Abby Stegemoller	10	Prairie	30:18.1	9:46
143		4448	Julia Weiner	09	Iowa City City High	30:30.3	9:50
144		3888	Claire Biles	09	Cedar Falls	30:57.2	9:58
145		4236	Haley Rindflefch	09	Dubuque Hempstead	31:34.8	10:10

10/05/2017 6:24PM

Mississippi Valley Conference Super Meet
Dubuque Soccer Complex - Hosted by Dubuque Hempstead
Dubuque, Iowa
October 5, 2017

Results provided by AccuRace Timing Services
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**** Girls' Fresh/Soph Team Score ****

1.	38	Cedar Falls	(20:53.5 104:27.3 0:38.8)
1	2	Jayna Freeman	10 20:30.9
2	6	Jules Fromm	09 20:48.5
3	7	Alyssa Neese	10 20:56.9
4	10	Sara Goodenbour	09 21:01.3
5	13	Amara Lytle	09 21:09.7
6	(15)	Sophia Schillinger	10 21:11.3
7	(18)	Gretchen Fixen	10 21:24.0
2.	61	Dubuque Senior	(21:03.0 105:14.6 1:21.8)
1	1	Lily Schmidt	09 20:12.0
2	8	Kes Whalen	10 20:58.2
3	9	Lucia Nelson	09 20:59.4
4	21	Grace Ries	10 21:31.2
5	22	Kate Miron	10 21:33.8
6	(23)	Josie Stackis	10 21:35.8
7	(24)	Evelyn Jenkins	09 21:37.4
3.	86	Iowa City West	(21:20.8 106:43.9 1:01.0)
1	5	Lucy Westemeyer	09 20:45.0
2	11	Katie Hoefer	09 21:08.0
3	19	Maddy Negley	09 21:26.0
4	25	Emma Kearneyd	09 21:38.9
5	26	Anna Moore	09 21:46.0
6	(30)	Sarah Hamed	10 21:53.4
7	(55)	Any Emerson	09 24:45.4
4.	87	Iowa City City High	(21:21.3 106:46.5 1:20.8)
1	3	Janie Perrill	09 20:38.8
2	12	Lilly Reynolds	09 21:08.7
3	14	Julia Veit	10 21:10.2
4	27	Cece Kelly-Harvey	09 21:49.2
5	31	Grace Parrott	10 21:59.6
6	(32)	Paige Rocca	10 22:04.0
7	(33)	Maya Warren	09 22:20.7
5.	99	Dubuque Hempstead	(21:30.0 107:30.0 1:39.8)
1	4	Audrey Franklin	09 20:44.6
2	16	Erin Scott	10 21:15.0
3	17	Lauren Gudenkauf	10 21:15.9
4	28	Emily Morley	10 21:50.1
5	34	Emma Coates	10 22:24.4
6	(38)	Victoria Larson	10 22:45.7
7	(47)	Alexis Lonning	10 23:35.3
6.	169	Linn-Mar	(22:23.4 111:56.9 1:23.9)
1	20	Lindsay Ginger	09 21:29.0
2	29	Olivia Genskow	10 21:50.9
3	39	Stacy Westman	09 22:51.4
4	40	Jamison Feldman	10 22:52.7
5	41	Allison Post	10 22:52.9
6	(44)	Sadie Staker	10 23:09.6
7	(49)	Lizzy Bushlack	10 23:53.2

Mississippi Valley Conference Super Meet
Dubuque Soccer Complex - Hosted by Dubuque Hempstead
Dubuque, Iowa
October 5, 2017

Results provided by AccuRace Timing Services
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**** Girls' Fresh/Soph Team Score ****

7.	201	Cedar Rapids Kennedy	(22:55.8	114:38.7	1:14.4)
1	35	Morgan Butschi	10	22:27.4	
2	36	Emily Fusselman	09	22:33.1	
3	37	Sarah Grams	09	22:36.9	
4	45	Elizabeth Stone	10	23:19.5	
5	48	Alissa Gray	09	23:41.8	
6	(56)	Annabelle Hallam	10	25:24.6	
7	(63)	Crk Fs	10	28:32.4	
8.	234	Prairie	(23:36.7	118:03.2	1:30.0)
1	42	Anna Boller	10	22:54.0	
2	43	Anna Eckert	09	23:01.0	
3	46	Samantha Forrest	10	23:28.4	
4	51	Emilee Horak	09	24:15.8	
5	52	Natalie Bennet	09	24:24.0	
6	(53)	Haley Deurksen	10	24:35.8	
7	(54)	Cassidy Kline	10	24:45.1	
9.	284	Cedar Rapids Xavier	(25:40.3	128:21.4	2:00.1)
1	50	Elizabeth Schmitt	09	24:15.7	
2	57	Avery Arens	09	25:47.9	
3	58	Ella Kane	10	25:57.0	
4	59	Gabby Flynn	09	26:05.0	
5	60	Maddie Murphy	10	26:15.8	
6	(61)	Lauren Skala	10	26:50.5	
7	(62)	Cate Tucker	10	27:11.2	

Incomplete Teams:

Cedar Rapids Washington

Ellen Houtz 10, Ella Davis 09, Leah Carson 10, Ellie Rockwell 09

Mississippi Valley Conference Super Meet
 Dubuque Soccer Complex - Hosted by Dubuque Hempstead
 Dubuque, Iowa
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Results provided by AccuRace Timing Services
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**** Boys' Varsity 5000 Meter Run ****

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
1	1	4607	Kolby Greiner	11	Iowa City West	15:43.7	5:04
2	2	4265	Addison Kalb	12	Dubuque Hempstead	16:01.7	5:10
3	3	4259	Ben Hermiston	11	Dubuque Hempstead	16:02.7	5:10
4	4	4344	Jalen Hildebrand	12	Dubuque Senior	16:04.7	5:11
5	5	3939	Brandon Conrad	11	Cedar Falls	16:05.6	5:11
6	6	4260	David Holesinger	11	Dubuque Hempstead	16:05.8	5:11
7	7	4822	Jack Pendergast	10	Prairie	16:11.9	5:13
8	8	4809	robert Laue	12	Prairie	16:18.1	5:15
9	9	4055	Jacob Green	10	Cedar Rapids Kennedy	16:18.5	5:15
10	10	4121	Max Locher	10	Cedar Rapids Washington	16:19.5	5:16
11	11	4702	COLIN Johnston	12	Linn-Mar	16:21.6	5:16
12	12	4054	Jackson Foley	12	Cedar Rapids Kennedy	16:22.0	5:17
13	13	4801	mike Jasa	12	Prairie	16:23.5	5:17
14	14	4808	maxwell Laue	12	Prairie	16:26.0	5:18
15	15	4604	Ethan Goers	12	Iowa City West	16:26.2	5:18
16	16	4128	Paul Schneidermann	11	Cedar Rapids Washington	16:26.5	5:18
17	17	4688	Dylan Dolezal	10	Linn-Mar	16:30.9	5:19
18	18	3932	Caleb Burjes	12	Cedar Falls	16:31.9	5:20
19	19	4806	colton Lagrange	11	Prairie	16:34.2	5:20
20	20	4357	Isaiah Schaetzel	10	Dubuque Senior	16:34.3	5:21
21	21	4541	Caden Turnbough	10	Iowa City City High	16:35.4	5:21
22	22	4834	elijah Vlasek	12	Prairie	16:37.1	5:21
23	23	4281	Matt Schatz	11	Dubuque Hempstead	16:37.4	5:22
24	24	4722	Brycen Snell	12	Linn-Mar	16:40.2	5:22
25	25	4498	Quenton Max	12	Iowa City City High	16:40.8	5:23
26	26	4124	Khory Nobles	11	Cedar Rapids Washington	16:41.5	5:23
27	27	4264	Matthew Jungk	10	Dubuque Hempstead	16:49.0	5:25
28	28	4064	Lucas Middlekauff	10	Cedar Rapids Kennedy	16:49.9	5:26
29	29	4709	Trent Long	11	Linn-Mar	16:53.7	5:27
30	30	4362	Evan Wille	11	Dubuque Senior	16:55.5	5:27
31	31	4047	Ricardo Calderon	11	Cedar Rapids Kennedy	16:56.3	5:28
32	32	4691	Cadin Evans	10	Linn-Mar	16:56.9	5:28
33	33	4290	Nick Torrey	11	Dubuque Hempstead	16:57.8	5:28
34	34	4361	Willy Whalen	12	Dubuque Senior	16:58.0	5:28
35	35	3987	Hollis Wilson	10	Cedar Falls	16:58.8	5:28
36	36	4185	Jonathan Lansing	12	Cedar Rapids Xavier	17:01.1	5:29
37	37	4464	Jonathan Brown	11	Iowa City City High	17:02.1	5:29
38	38	4048	Sean Casey	11	Cedar Rapids Kennedy	17:02.8	5:30
39	39	4295	Ryan Winger	09	Dubuque Hempstead	17:04.1	5:30
40	40	4862	Luke Hilby	12	Wahlert Catholic	17:04.9	5:30
41	41	4035	Sri Sheshashai	12	Cedar Rapids Jefferson	17:05.2	5:30
42	42	4192	Nolan Pithan	12	Cedar Rapids Xavier	17:05.9	5:31
43	43	4637	Ethan Trepka	12	Iowa City West	17:06.1	5:31
44	44	4723	Preston Stecklein	11	Linn-Mar	17:06.9	5:31
45	45	4594	Will Conrad	11	Iowa City West	17:07.8	5:31
46	46	3951	Jens Jorgensen	11	Cedar Falls	17:10.0	5:32
47	47	4929	Clayton Streed	12	Waterloo West	17:11.8	5:33
48	48	4117	Caleb Kleman	12	Cedar Rapids Washington	17:12.1	5:33
49	49	4505	James Momberg	12	Iowa City City High	17:12.4	5:33
50	50	4628	Yousif Salama	11	Iowa City West	17:18.1	5:35
51	51	4518	JP Rethwisch	12	Iowa City City High	17:21.1	5:36
52	52	4547	Mitchell Wilkes	10	Iowa City City High	17:21.2	5:36
53	53	4538	Eric Thomas	12	Iowa City City High	17:21.7	5:36
54	54	4872	Luke Schaefer	12	Wahlert Catholic	17:23.0	5:36
55	55	4046	Gage Chadenhead	12	Cedar Rapids Kennedy	17:24.2	5:37
56	56	4061	MATT Knox	12	Cedar Rapids Kennedy	17:25.5	5:37
57	57	4348	Matt Johnson	10	Dubuque Senior	17:27.7	5:38
58	58	4028	Robert Larson	12	Cedar Rapids Jefferson	17:29.4	5:38
59	59	4193	Jack Renning	10	Cedar Rapids Xavier	17:29.6	5:38
60	60	4337	Ben Cook	11	Dubuque Senior	17:29.8	5:38

Mississippi Valley Conference Super Meet
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**** Boys' Varsity 5000 Meter Run ****

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
61	61	4683	Max Colton	11	Linn-Mar	17:30.0	5:38
62	62	4350	Conner Kilgore	09	Dubuque Senior	17:30.5	5:39
63	63	4118	Lewis Kleman	10	Cedar Rapids Washington	17:31.3	5:39
64	64	4854	George Barton	11	Wahlert Catholic	17:33.5	5:40
65	65	4793	chandler Frieden	12	Prairie	17:34.4	5:40
66	66	3929	Zach Biles	11	Cedar Falls	17:34.8	5:40
67	67	4924	Sam O'Brien	12	Waterloo West	17:35.0	5:40
68	68	4926	Cody Samuelson	12	Waterloo West	17:35.4	5:40
69	69	4027	Lukas Lamparek	09	Cedar Rapids Jefferson	17:36.8	5:41
70	70	3944	Michael Goodenbour	09	Cedar Falls	17:37.2	5:41
71	71	4636	Kyle Sulwer	12	Iowa City West	17:39.6	5:42
72	72	4857	Trenton Dodds	11	Wahlert Catholic	17:39.9	5:42
73	73	4590	Micah Bailey	11	Iowa City West	17:40.5	5:42
74	74	3968	Paul Pease	12	Cedar Falls	17:48.0	5:44
75	75	4856	Zach Berning	11	Wahlert Catholic	17:53.6	5:46
76	76	4130	Ethan Stout	09	Cedar Rapids Washington	18:07.7	5:51
77	77	4868	Carter Oberfoell	11	Wahlert Catholic	18:09.0	5:51
78	78	4920	Logan Nelson	10	Waterloo West	18:10.7	5:52
79	79	4012	Blaze Bouzek	11	Cedar Rapids Jefferson	18:15.4	5:53
80	80	4108	Bryan Ennis	11	Cedar Rapids Washington	18:18.3	5:54
81	81	4029	Nathan Lauterwasser	10	Cedar Rapids Jefferson	18:20.4	5:55
82	82	4914	Isaac Davis	11	Waterloo West	18:23.2	5:56
83	83	4018	Andrew French	10	Cedar Rapids Jefferson	18:23.5	5:56
84	84	4201	Grayson Walther	11	Cedar Rapids Xavier	18:33.2	5:59
85	85	4030	Aidan Meyer	11	Cedar Rapids Jefferson	18:35.3	5:59
86	86	4923	Mason Nordman	10	Waterloo West	18:36.2	6:00
87	87	4194	Grant Schnoebelen	11	Cedar Rapids Xavier	18:37.1	6:00
88	88	4179	Nathaniel Hagarty	11	Cedar Rapids Xavier	18:45.7	6:03
89		4909	Bryce Buhlman	11	Waterloo East	19:24.3	6:15
90	89	4922	Andrew Newlon	11	Waterloo West	20:02.8	6:28

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Mississippi Valley Conference Super Meet
Dubuque Soccer Complex - Hosted by Dubuque Hempstead
Dubuque, Iowa
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**** Boys' Varsity Team Score ****

1.	61	Prairie	(16:22.8	81:53.7	0:22.3)
1	7	Jack Pendergast	10	16:11.9	
2	8	Robert Laue	12	16:18.1	
3	13	Mike Jasa	12	16:23.5	
4	14	Maxwell Laue	12	16:26.0	
5	19	Colton Lagrange	11	16:34.2	
6	(22)	Elijah Vlasek	12	16:37.1	
7	(65)	Chandler Frieden	12	17:34.4	
2.	61	Dubuque Hempstead	(16:19.4	81:36.6	0:47.3)
1	2	Addison Kalb	12	16:01.7	
2	3	Ben Hermiston	11	16:02.7	
3	6	David Holesinger	11	16:05.8	
4	23	Matt Schatz	11	16:37.4	
5	27	Matthew Jungk	10	16:49.0	
6	(33)	Nick Torrey	11	16:57.8	
7	(39)	Ryan Winger	09	17:04.1	
3.	113	Linn-Mar	(16:40.7	83:23.3	0:35.3)
1	11	Colin Johnston	12	16:21.6	
2	17	Dylan Dolezal	10	16:30.9	
3	24	Brycen Snell	12	16:40.2	
4	29	Trent Long	11	16:53.7	
5	32	Cadin Evans	10	16:56.9	
6	(44)	Preston Stecklein	11	17:06.9	
7	(61)	Max Colton	11	17:30.0	
4.	118	Cedar Rapids Kennedy	(16:41.9	83:29.5	0:44.3)
1	9	Jacob Green	10	16:18.5	
2	12	Jackson Foley	12	16:22.0	
3	28	Lucas Middlekauff	10	16:49.9	
4	31	Ricardo Calderon	11	16:56.3	
5	38	Sean Casey	11	17:02.8	
6	(55)	Gage Cadenhead	12	17:24.2	
7	(56)	Matt Knox	12	17:25.5	
5.	145	Dubuque Senior	(16:48.1	84:00.2	1:23.0)
1	4	Jalen Hildebrand	12	16:04.7	
2	20	Isaiah Schaetzel	10	16:34.3	
3	30	Evan Wille	11	16:55.5	
4	34	Willy Whalen	12	16:58.0	
5	57	Matt Johnson	10	17:27.7	
6	(60)	Ben Cook	11	17:29.8	
7	(62)	Conner Kilgore	09	17:30.5	
6.	154	Iowa City West	(16:44.4	83:41.9	1:34.4)
1	1	Kolby Greiner	11	15:43.7	
2	15	Ethan Goers	12	16:26.2	
3	43	Ethan Trepka	12	17:06.1	
4	45	Will Conrad	11	17:07.8	
5	50	Yousif Salama	11	17:18.1	
6	(71)	Kyle Sulwer	12	17:39.6	
7	(73)	Micah Bailey	11	17:40.5	

Mississippi Valley Conference Super Meet
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**** Boys' Varsity Team Score ****

7.	163	Cedar Rapids Washington	(16:50.2	84:10.9	1:11.8)
1	10	Max Locher	10	16:19.5	
2	16	Paul Schneidermann	11	16:26.5	
3	26	Khory Nobles	11	16:41.5	
4	48	Caleb Kleman	12	17:12.1	
5	63	Lewis Kleman	10	17:31.3	
6	(76)	Ethan Stout	09	18:07.7	
7	(80)	Bryan Ennis	11	18:18.3	
8.	170	Cedar Falls	(16:52.3	84:21.1	1:29.2)
1	5	Brandon Conrad	11	16:05.6	
2	18	Caleb Burjes	12	16:31.9	
3	35	Hollis Wilson	10	16:58.8	
4	46	Jens Jorgensen	11	17:10.0	
5	66	Zach Biles	11	17:34.8	
6	(70)	Michael Goodenbour	09	17:37.2	
7	(74)	Paul Pease	12	17:48.0	
9.	183	Iowa City City High	(16:58.4	84:51.8	0:45.7)
1	21	Caden Turnbough	10	16:35.4	
2	25	Quenton Max	12	16:40.8	
3	37	Jonathan Brown	11	17:02.1	
4	49	James Momberg	12	17:12.4	
5	51	Jp Rethwisch	12	17:21.1	
6	(52)	Mitchell Wilkes	10	17:21.2	
7	(53)	Eric Thomas	12	17:21.7	
10.	305	Wahlert Catholic	(17:31.0	87:34.9	0:48.7)
1	40	Luke Hilby	12	17:04.9	
2	54	Luke Schaefer	12	17:23.0	
3	64	George Barton	11	17:33.5	
4	72	Trenton Dodds	11	17:39.9	
5	75	Zach Berning	11	17:53.6	
6	(77)	Carter Oberfoell	11	18:09.0	
11.	308	Cedar Rapids Xavier	(17:45.4	88:46.9	1:36.0)
1	36	Jonathan Lansing	12	17:01.1	
2	42	Nolan Pithan	12	17:05.9	
3	59	Jack Renning	10	17:29.6	
4	84	Grayson Walther	11	18:33.2	
5	87	Grant Schnoebelen	11	18:37.1	
6	(88)	Nathaniel Hagarty	11	18:45.7	
12.	328	Cedar Rapids Jefferson	(17:45.5	88:47.2	1:15.2)
1	41	Sri Sheshashai	12	17:05.2	
2	58	Robert Larson	12	17:29.4	
3	69	Lukas Lamparek	09	17:36.8	
4	79	Blaze Bouzek	11	18:15.4	
5	81	Nathan Lauterwasser	10	18:20.4	
6	(83)	Andrew French	10	18:23.5	
7	(85)	Aidan Meyer	11	18:35.3	

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**** Boys' Varsity Team Score ****

13. 342 Waterloo West (17:47.3 88:56.1 1:11.4)

1	47	Clayton Streed	12	17:11.8
2	67	Sam O'Brien	12	17:35.0
3	68	Cody Samuelson	12	17:35.4
4	78	Logan Nelson	10	18:10.7
5	82	Isaac Davis	11	18:23.2
6	(86)	Mason Nordman	10	18:36.2
7	(89)	Andrew Newlon	11	20:02.8

Incomplete Teams:

Waterloo East
Bryce Buhlman 11

Mississippi Valley Conference Super Meet
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**** Boys' Junior Varsity 5000 Meter Run ****

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
1	1	4293	Nolan Welbes	12	Dubuque Hempstead	16:48.2	5:25
2	2	4475	Lucas Firmstone	12	Iowa City City High	16:58.3	5:28
3	3	4490	Owen Jones	11	Iowa City City High	17:07.1	5:31
4	4	4527	Tim Simmons	11	Iowa City City High	17:12.0	5:33
5	5	4721	TYE Skilang	11	Linn-Mar	17:24.3	5:37
6	6	4693	Noah Gilkes	11	Linn-Mar	17:29.1	5:38
7	7	4586	Lukas Anson	11	Iowa City West	17:29.9	5:38
8	8	4682	Grant Chlystun	12	Linn-Mar	17:37.6	5:41
9	9	4525	Olivier Shabani	11	Iowa City City High	17:39.0	5:41
10	10	4254	Branden Doser	11	Dubuque Hempstead	17:44.1	5:43
11	11	4715	Zion Rios	10	Linn-Mar	17:45.0	5:43
12	12	4499	Charles Maxwell	11	Iowa City City High	17:46.5	5:44
13	13	4700	Ethan Harthun	10	Linn-Mar	17:47.6	5:44
14	14	4686	Jacob Derr	09	Linn-Mar	17:48.4	5:44
15	15	4267	Connor Kaufmann	11	Dubuque Hempstead	17:50.4	5:45
16	16	4470	Nolan Cochran	12	Iowa City City High	17:55.7	5:47
17	17	4513	Jared Parr	12	Iowa City City High	17:57.0	5:47
18	18	4617	Isaac Miller	12	Iowa City West	17:59.4	5:48
19		4540	Samba Traore	11	Iowa City City High	18:01.8	5:49
20	19	4620	Daniel Neese	12	Iowa City West	18:03.2	5:49
21	20	4717	Cooper Sanor	12	Linn-Mar	18:03.3	5:49
22	21	4802	Mason Johnson	12	Prairie	18:04.1	5:49
23	22	4277	Tim Robertson	11	Dubuque Hempstead	18:06.6	5:50
24	23	4618	Owen Millers	12	Iowa City West	18:06.6	5:50
25	24	4588	Hunter Bagan	11	Iowa City West	18:07.3	5:50
26	25	4352	Greyson Kincade	12	Dubuque Senior	18:09.5	5:51
27		4536	Max Swain	12	Iowa City City High	18:09.8	5:51
28	26	4257	Connor Gudenkauf	12	Dubuque Hempstead	18:10.7	5:52
29		4710	DANIEL Medin	11	Linn-Mar	18:12.7	5:52
30	27	4178	Colby Flynn	12	Cedar Rapids Xavier	18:13.7	5:53
31	28	4255	Ryan Ehlinger	12	Dubuque Hempstead	18:14.1	5:53
32		4486	Yasar Hassan	11	Iowa City City High	18:14.2	5:53
33	29	4625	Ian Prescott	11	Iowa City West	18:15.2	5:53
34	30	3979	Ryan Thompson	12	Cedar Falls	18:15.3	5:53
35		4695	DREW Ginger	11	Linn-Mar	18:16.5	5:53
36	31	4634	Riley Snyder	12	Iowa City West	18:18.0	5:54
37		4506	John Momberg	12	Iowa City City High	18:18.3	5:54
38	32	4824	bailey Reiseck	11	Prairie	18:18.3	5:54
39	33	3983	Andrew Vanpatten	11	Cedar Falls	18:18.9	5:54
40	34	4249	Sean Bradley	11	Dubuque Hempstead	18:20.2	5:55
41	35	3928	D.J. Barney	11	Cedar Falls	18:22.1	5:55
42		4631	Tysen Skopec	11	Iowa City West	18:26.7	5:57
43	36	3984	Erik Walther	11	Cedar Falls	18:28.1	5:57
44	37	4803	zack Johnson	12	Prairie	18:28.8	5:57
45		4705	NOAH Keller	11	Linn-Mar	18:31.0	5:58
46		4630	Jonathan Shilyansky	11	Iowa City West	18:31.5	5:58
47		4286	Brandon Stanley	12	Dubuque Hempstead	18:32.5	5:59
48		4716	Carter Rstom	09	Linn-Mar	18:37.2	6:00
49	38	4198	Joe Scieszinski	12	Cedar Rapids Xavier	18:37.7	6:00
50		4587	Ivan Badovinac	11	Iowa City West	18:38.7	6:01
51	39	4827	zach Schmidt	12	Prairie	18:39.9	6:01
52	40	4197	Keegan Schultschik	12	Cedar Rapids Xavier	18:45.4	6:03
53		4548	Dean Wortman	12	Iowa City City High	18:47.0	6:03
54		4271	Zach Lewis	11	Dubuque Hempstead	18:47.6	6:03
55	41	4831	Blake Stewart	11	Prairie	18:48.6	6:04
56	42	3985	Brock Lyman	12	Cedar Falls	18:48.7	6:04
57	43	4790	collin Farr	12	Prairie	18:51.8	6:05
58	44	3976	Chase Stauts	12	Cedar Falls	18:52.1	6:05
59		4597	Eric Doorn	11	Iowa City West	18:52.2	6:05
60	45	4871	Logan Sauser	11	Wahlert Catholic	18:52.6	6:05

Mississippi Valley Conference Super Meet
 Dubuque Soccer Complex - Hosted by Dubuque Hempstead
 Dubuque, Iowa
 October 5, 2017

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**** Boys' Junior Varsity 5000 Meter Run ****

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
61		4546	Gabrial Weigel	12	Iowa City City High	18:53.3	6:05
62		4278	Sam Ross	11	Dubuque Hempstead	18:53.6	6:05
63		4687	Thomas Digmann	11	Linn-Mar	18:55.6	6:06
64	46	4103	Nathaniel Burke	12	Cedar Rapids Washington	18:55.7	6:06
65		4711	Obed Micomyiza	12	Linn-Mar	18:55.8	6:06
66		4708	Isaac Littler	12	Linn-Mar	19:01.6	6:08
67		4707	Jake Kraemer	12	Linn-Mar	19:03.7	6:09
68	47	4343	Jackson Fisher	11	Dubuque Senior	19:04.8	6:09
69		4706	Josh King	12	Linn-Mar	19:05.8	6:09
70		4720	Tyson Shock	12	Linn-Mar	19:06.9	6:10
71	48	4811	grant Matthews	12	Prairie	19:07.0	6:10
72	49	4919	Nicholas Knight	10	Waterloo West	19:07.2	6:10
73	50	3972	Hunter Secor	12	Cedar Falls	19:09.4	6:10
74	51	4190	Ethan Nasution	11	Cedar Rapids Xavier	19:10.2	6:11
75		4684	Tyler Colvin	10	Linn-Mar	19:10.7	6:11
76	52	4353	Connor Miller	11	Dubuque Senior	19:12.8	6:12
77		3946	Alex Hanson	11	Cedar Falls	19:14.3	6:12
78		3942	Joey Dunning	11	Cedar Falls	19:14.3	6:12
79		4466	Ryan Ceynar	11	Iowa City City High	19:15.7	6:12
80		4521	Younes Rouabhi	11	Iowa City City High	19:15.7	6:12
81	53	4931	Sam Tudor	12	Waterloo West	19:16.1	6:13
82	54	4877	Jarrett Tranel	12	Wahlert Catholic	19:19.4	6:14
83		3936	Nate Burris	12	Cedar Falls	19:20.0	6:14
84	55	4040	Riley Walton	11	Cedar Rapids Jefferson	19:20.5	6:14
85		4497	Will Martin	12	Iowa City City High	19:22.3	6:15
86		4600	Jacob Fisher	12	Iowa City West	19:23.7	6:15
87		3953	Drake Klemensen	12	Cedar Falls	19:24.7	6:15
88		4463	Daniel Brown	11	Iowa City City High	19:26.7	6:16
89		4826	gabe Rummel	11	Prairie	19:27.1	6:16
90	56	4026	Alex Johnson	11	Cedar Rapids Jefferson	19:30.1	6:17
91		4529	Simeon Smith	11	Iowa City City High	19:31.5	6:18
92		3964	Quin O'Hair	11	Cedar Falls	19:34.6	6:19
93		4477	Josh Fletcher	11	Iowa City City High	19:34.6	6:19
94		4474	Kahleb Fallon	11	Iowa City City High	19:35.0	6:19
95	57	4188	Keaton Maier	12	Cedar Rapids Xavier	19:41.5	6:21
96	58	4129	Max Stark	12	Cedar Rapids Washington	19:42.7	6:21
97		4494	Anders Lie	11	Iowa City City High	19:43.2	6:21
98		4615	Austen Mattingly	11	Iowa City West	19:43.6	6:21
99	59	4341	Grant Day	12	Dubuque Senior	19:45.4	6:22
100		4685	Julian Debrower	12	Linn-Mar	19:45.9	6:22
101		3945	Jacob Grinstead	12	Cedar Falls	19:47.9	6:23
102		4835	Trenten Wennermark	12	Prairie	19:48.4	6:23
103		3959	Jeremy Marchesani	11	Cedar Falls	19:50.1	6:24
104		4818	sam Olson	12	Prairie	19:50.4	6:24
105		3974	Christian Simpson	11	Cedar Falls	19:52.8	6:24
106		3934	Will Burken	12	Cedar Falls	19:55.6	6:25
107	60	4032	Angel Nuñez	12	Cedar Rapids Jefferson	19:58.1	6:26
108		3943	Camden Dusenbery	11	Cedar Falls	19:58.4	6:26
109		4585	Grant Anderson	11	Iowa City West	19:59.1	6:26
110		4074	Tate Weaver	12	Cedar Rapids Kennedy	20:00.4	6:27
111		4530	Keegan Sotelo	11	Iowa City City High	20:03.1	6:28
112		4725	JOEY Sullivan	12	Linn-Mar	20:07.6	6:29
113	61	4133	Hal Versteegh	12	Cedar Rapids Washington	20:08.5	6:29
114	62	4114	Gabe Greco	11	Cedar Rapids Washington	20:09.5	6:30
115	63	4855	Connor Belken	11	Wahlert Catholic	20:10.3	6:30
116	64	4925	Parker Palmer	11	Waterloo West	20:10.4	6:30
117		4701	Ryan Hearn	11	Linn-Mar	20:15.4	6:32
118		3938	Lars Christiason	11	Cedar Falls	20:18.6	6:33
119		4911	Daniel Kaahau	09	Waterloo East	20:20.5	6:33
120		3940	Cameron Corson	12	Cedar Falls	20:21.2	6:34

Mississippi Valley Conference Super Meet
 Dubuque Soccer Complex - Hosted by Dubuque Hempstead
 Dubuque, Iowa
 October 5, 2017

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**** Boys' Junior Varsity 5000 Meter Run ****

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
121	65	4017	Brandon Egger	11	Cedar Rapids Jefferson	20:21.4	6:34
122	66	4199	Peter Serrot	12	Cedar Rapids Xavier	20:21.6	6:34
123	67	4863	Sam Jochum	11	Wahlert Catholic	20:24.3	6:35
124		4279	Jared Rutkowski	11	Dubuque Hempstead	20:24.6	6:35
125		4462	Jonah Brook	12	Iowa City City High	20:28.1	6:36
126		4598	Thomas Duong	11	Iowa City West	20:30.3	6:36
127		4602	Dylan Gesell	11	Iowa City West	20:30.6	6:37
128		4783	tom Bush	11	Prairie	20:31.4	6:37
129		4698	Andrew Grant	12	Linn-Mar	20:33.6	6:38
130	68	4932	Jaden Wood	10	Waterloo West	20:35.0	6:38
131	69	4876	Daniel Timmerman	11	Wahlert Catholic	20:36.5	6:38
132		4060	Jacob Kiesey	11	Cedar Rapids Kennedy	20:50.0	6:43
133		3960	Duncan Meyer	11	Cedar Falls	20:50.2	6:43
134		4482	Arvid Gustafson	11	Iowa City City High	21:01.3	6:46
135	70	4111	Will Foreman	12	Cedar Rapids Washington	21:03.7	6:47
136	71	4342	Jacob Dean	12	Dubuque Senior	21:06.9	6:48
137		4507	Ollie Morelli	11	Iowa City City High	21:10.4	6:49
138		3969	Charles Potter	12	Cedar Falls	21:14.8	6:51
139		4807	Pete Lande	11	Prairie	21:16.4	6:51
140		4523	Nick Seabold	11	Iowa City City High	21:17.2	6:52
141	72	4031	Kade Nordman	11	Cedar Rapids Jefferson	21:21.0	6:53
142	73	4039	Dillon Vorwald	11	Cedar Rapids Jefferson	21:21.5	6:53
143	74	4916	Riley Jacobi	10	Waterloo West	21:22.2	6:53
144	75	4921	Raison Nelson	12	Waterloo West	21:25.2	6:54
145	76	4878	Louis Ungs	12	Wahlert Catholic	21:30.5	6:56
146	77	4870	Mitch Pregler	11	Wahlert Catholic	21:30.7	6:56
147		4782	hunter Booth	12	Prairie	21:33.1	6:57
148	78	4036	Nick Standefer	12	Cedar Rapids Jefferson	21:40.0	6:59
149		4591	Ethan Chen	11	Iowa City West	21:48.6	7:02
150		4024	Billy Haut	12	Cedar Rapids Jefferson	21:50.9	7:02
151		4520	Phil Rocca	11	Iowa City City High	21:52.5	7:03
152		4481	Nelson Gredell	12	Iowa City City High	21:52.9	7:03
153		4719	Elijah Shelby	12	Linn-Mar	21:54.8	7:04
154		4713	Nathan Nebraska	11	Linn-Mar	21:56.5	7:04
155	79	4912	Sam Anderson	12	Waterloo West	21:59.9	7:05
156		3933	Sampson Burken	12	Cedar Falls	22:00.6	7:06
157		4813	byron Nelson	11	Prairie	22:02.0	7:06
158		4880	Gabe Wigginton	11	Wahlert Catholic	22:04.1	7:07
159	80	4131	Adam Todd	12	Cedar Rapids Washington	22:14.4	7:10
160		4075	Yam Yeung	12	Cedar Rapids Kennedy	22:17.0	7:11
161	81	4126	Filipe Rocha	12	Cedar Rapids Washington	22:23.7	7:13
162		4071	Isaac Toth	12	Cedar Rapids Kennedy	22:24.3	7:13
163		4866	Matt Morel	10	Wahlert Catholic	22:25.0	7:13
164		4115	David Hebrink	11	Cedar Rapids Washington	22:27.4	7:14
165		4728	Luke White	12	Linn-Mar	22:30.3	7:15
166	82	4195	Luke Schueller	12	Cedar Rapids Xavier	22:31.4	7:15
167		4640	Matt Whichart	12	Iowa City West	22:36.1	7:17
168		4120	Paul Linville	11	Cedar Rapids Washington	22:39.0	7:18
169		4186	Ethan Lowder	12	Cedar Rapids Xavier	22:40.2	7:18
170		4021	David Grommon	11	Cedar Rapids Jefferson	22:50.9	7:22
171		4622	Thomas Peters	11	Iowa City West	22:54.9	7:23
172		4917	Kenny Jaros	11	Waterloo West	23:53.2	7:42
173		4875	Andrew Timmerman	11	Wahlert Catholic	24:00.1	7:44
174		4107	Tyler Cruise	11	Cedar Rapids Washington	24:09.5	7:47
175	83	4354	David Miner	12	Dubuque Senior	24:18.0	7:50
176		4016	Jaden Collins	12	Cedar Rapids Jefferson	24:45.6	7:59
177		4796	griffin Gull	12	Prairie	25:50.6	8:20
178		4927	Anthony Sandoval	10	Waterloo West	25:52.6	8:20
179		3930	Clint Boevers	12	Cedar Falls	26:02.5	8:23
180		4288	Brett Tigges	11	Dubuque Hempstead	26:43.1	8:36

Mississippi Valley Conference Super Meet
Dubuque Soccer Complex - Hosted by Dubuque Hempstead
Dubuque, Iowa
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**** Boys' Junior Varsity Team Score ****

1.	30	Iowa City City High	(17:20.6	86:42.9	0:48.2)
1	2	Lucas Firmstone	12	16:58.3	
2	3	Owen Jones	11	17:07.1	
3	4	Tim Simmons	11	17:12.0	
4	9	Olivier Shabani	11	17:39.0	
5	12	Charles Maxwell	11	17:46.5	
6	(16)	Nolan Cochran	12	17:55.7	
7	(17)	Jared Parr	12	17:57.0	
2.	43	Linn-Mar	(17:36.8	88:03.6	0:23.3)
1	5	Tye Skilang	11	17:24.3	
2	6	Noah Gilkes	11	17:29.1	
3	8	Grant Chlystun	12	17:37.6	
4	11	Zion Rios	10	17:45.0	
5	13	Ethan Harthun	10	17:47.6	
6	(14)	Jacob Derr	09	17:48.4	
7	(20)	Cooper Sanor	12	18:03.3	
3.	74	Dubuque Hempstead	(17:44.0	88:40.0	1:22.5)
1	1	Nolan Welbes	12	16:48.2	
2	10	Branden Doser	11	17:44.1	
3	15	Connor Kaufmann	11	17:50.4	
4	22	Tim Robertson	11	18:06.6	
5	26	Connor Gudenkauf	12	18:10.7	
6	(28)	Ryan Ehlinger	12	18:14.1	
7	(34)	Sean Bradley	11	18:20.2	
4.	91	Iowa City West	(17:57.3	89:46.4	0:37.4)
1	7	Lukas Anson	11	17:29.9	
2	18	Isaac Miller	12	17:59.4	
3	19	Daniel Neese	12	18:03.2	
4	23	Owen Millers	12	18:06.6	
5	24	Hunter Bagan	11	18:07.3	
6	(29)	Ian Prescott	11	18:15.2	
7	(31)	Riley Snyder	12	18:18.0	
5.	170	Prairie	(18:28.0	92:19.7	0:44.5)
1	21	Mason Johnson	12	18:04.1	
2	32	Bailey Reiseck	11	18:18.3	
3	37	Zack Johnson	12	18:28.8	
4	39	Zach Schmidt	12	18:39.9	
5	41	Blake Stewart	11	18:48.6	
6	(43)	Collin Farr	12	18:51.8	
7	(48)	Grant Matthews	12	19:07.0	
6.	176	Cedar Falls	(18:26.7	92:13.1	0:33.4)
1	30	Ryan Thompson	12	18:15.3	
2	33	Andrew Vanpatten	11	18:18.9	
3	35	D.J. Barney	11	18:22.1	
4	36	Erik Walther	11	18:28.1	
5	42	Brock Lyman	12	18:48.7	
6	(44)	Chase Stauts	12	18:52.1	
7	(50)	Hunter Secor	12	19:09.4	

Mississippi Valley Conference Super Meet
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**** Boys' Junior Varsity Team Score ****

7.	213	Cedar Rapids Xavier	(18:53.7	94:28.5	1:27.8)
1	27	Colby Flynn	12	18:13.7	
2	38	Joe Scieszinski	12	18:37.7	
3	40	Keegan Schultschik	12	18:45.4	
4	51	Ethan Nasution	11	19:10.2	
5	57	Keaton Maier	12	19:41.5	
6	(66)	Peter Serrot	12	20:21.6	
7	(82)	Luke Schueller	12	22:31.4	
8.	254	Dubuque Senior	(19:27.9	97:19.4	2:57.4)
1	25	Greyson Kincade	12	18:09.5	
2	47	Jackson Fisher	11	19:04.8	
3	52	Connor Miller	11	19:12.8	
4	59	Grant Day	12	19:45.4	
5	71	Jacob Dean	12	21:06.9	
6	(83)	David Miner	12	24:18.0	
9.	297	Cedar Rapids Washington	(20:00.1	100:00.1	2:08.0)
1	46	Nathaniel Burke	12	18:55.7	
2	58	Max Stark	12	19:42.7	
3	61	Hal Versteegh	12	20:08.5	
4	62	Gabe Greco	11	20:09.5	
5	70	Will Foreman	12	21:03.7	
6	(80)	Adam Todd	12	22:14.4	
7	(81)	Filipe Rocha	12	22:23.7	
10.	298	Wahlert Catholic	(19:52.7	99:23.1	1:43.9)
1	45	Logan Sauser	11	18:52.6	
2	54	Jarrett Tranel	12	19:19.4	
3	63	Connor Belken	11	20:10.3	
4	67	Sam Jochum	11	20:24.3	
5	69	Daniel Timmerman	11	20:36.5	
6	(76)	Louis Ungs	12	21:30.5	
7	(77)	Mitch Pregler	11	21:30.7	
11.	308	Cedar Rapids Jefferson	(20:06.3	100:31.1	2:00.5)
1	55	Riley Walton	11	19:20.5	
2	56	Alex Johnson	11	19:30.1	
3	60	Angel Nuñez	12	19:58.1	
4	65	Brandon Egger	11	20:21.4	
5	72	Kade Nordman	11	21:21.0	
6	(73)	Dillon Vorwald	11	21:21.5	
7	(78)	Nick Standefer	12	21:40.0	
12.	308	Waterloo West	(20:06.2	100:30.9	2:15.0)
1	49	Nicholas Knight	10	19:07.2	
2	53	Sam Tudor	12	19:16.1	
3	64	Parker Palmer	11	20:10.4	
4	68	Jaden Wood	10	20:35.0	
5	74	Riley Jacobi	10	21:22.2	
6	(75)	Raison Nelson	12	21:25.2	
7	(79)	Sam Anderson	12	21:59.9	

Incomplete Teams:

Cedar Rapids Kennedy

Mississippi Valley Conference Super Meet
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 Dubuque, Iowa
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**** Boys' Fresh/Soph 5000 Meter Run ****

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
1	1	4778	McKade Adams	10	Prairie	16:49.0	5:25
2	2	4861	Jacob Hocking	10	Wahlert Catholic	16:55.9	5:27
3	3	4641	Ken Wilbur	10	Iowa City West	17:07.6	5:31
4	4	4804	Hunter Kalous	09	Prairie	17:17.0	5:34
5	5	4627	Osman Salama	10	Iowa City West	17:26.8	5:37
6	6	4643	Raymond Yang	10	Iowa City West	17:38.8	5:41
7	7	3975	Eli Smith	09	Cedar Falls	17:40.7	5:42
8	8	4860	Nathan Munshower	09	Wahlert Catholic	17:41.2	5:42
9	9	4504	Andre Miller	09	Iowa City City High	17:42.8	5:43
10	10	4491	Noah Kabat	10	Iowa City City High	17:44.5	5:43
11	11	4070	Levi Sullivan	10	Cedar Rapids Kennedy	17:44.7	5:43
12	12	4294	Jacob Westermeyer	10	Dubuque Hempstead	17:46.1	5:44
13	13	4056	Matthew Hand	10	Cedar Rapids Kennedy	17:51.7	5:45
14	14	4780	Andrew Bickford	09	Prairie	17:57.9	5:47
15	15	4058	WESLEY Jackson	10	Cedar Rapids Kennedy	17:58.2	5:48
16	16	4287	Mason Suarez	09	Dubuque Hempstead	17:58.8	5:48
17	17	4358	Jonathan Schultz	10	Dubuque Senior	18:00.0	5:48
18	18	4292	Carter Welbes	10	Dubuque Hempstead	18:00.4	5:48
19	19	4635	Awelu Abdalla	10	Iowa City West	18:01.0	5:48
20	20	4488	Kyden Hotka	09	Iowa City City High	18:01.6	5:49
21	21	4616	Jack Gray	10	Iowa City West	18:04.6	5:50
22	22	4057	Jaxson Hornett	10	Cedar Rapids Kennedy	18:05.1	5:50
23	23	4787	Carlo Dannenfelser	10	Prairie	18:10.1	5:51
24	24	4642	Chen-You Wu	10	Iowa City West	18:13.4	5:52
25	25	4253	Josh Davis	09	Dubuque Hempstead	18:13.5	5:52
26	26	4041	Haji Ali	10	Cedar Rapids Kennedy	18:14.1	5:53
27	27	4263	Andrew Johnson	09	Dubuque Hempstead	18:14.5	5:53
28	28	3955	Josh Kuehl	09	Cedar Falls	18:16.7	5:53
29	29	4786	Ty Costigan	09	Prairie	18:18.3	5:54
30	30	4836	Riley Wheeler	10	Prairie	18:18.7	5:54
31	31	4638	Alex Wang	09	Iowa City West	18:20.0	5:55
32	32	4346	Foster Hull	09	Dubuque Senior	18:20.7	5:55
33	33	3926	Blake Arends	10	Cedar Falls	18:20.7	5:55
34	34	3963	Alex Mujica	09	Cedar Falls	18:24.1	5:56
35	35	4262	Daniel Ibarra	10	Dubuque Hempstead	18:31.0	5:58
36	36	4545	Noah Weaver	10	Iowa City City High	18:31.4	5:58
37	37	3971	Easton Sckerl	10	Cedar Falls	18:31.5	5:58
38		4596	Ethan D'Allessandro	10	Iowa City West	18:32.0	5:58
39	38	3965	Cooper Olsen	09	Cedar Falls	18:32.1	5:58
40	39	3927	Noah Arends	10	Cedar Falls	18:32.3	5:59
41	40	4276	Adam Riffel	10	Dubuque Hempstead	18:32.4	5:59
42		4601	Jacob Gelbach	09	Iowa City West	18:33.6	5:59
43	41	4512	Soren Ostby	09	Iowa City City High	18:33.9	5:59
44		3966	Jacob Olthoff	10	Cedar Falls	18:35.9	6:00
45		3981	TJ Tomlyanovich	09	Cedar Falls	18:37.1	6:00
46		4608	Jaymeson Harms	09	Iowa City West	18:38.9	6:01
47		4247	Tate Billmeyer	10	Dubuque Hempstead	18:42.7	6:02
48		3935	Joel Burris	09	Cedar Falls	18:42.9	6:02
49	42	4332	Zenebe Andrews	09	Dubuque Senior	18:43.1	6:02
50	43	4044	Kayde Bowers	10	Cedar Rapids Kennedy	18:43.2	6:02
51	44	4788	Aiden Djerf	09	Prairie	18:45.9	6:03
52	45	4345	Collin Hillary	09	Dubuque Senior	18:47.8	6:03
53	46	4516	Blessings Pongo	09	Iowa City City High	18:48.9	6:04
54		4639	Julian Wemme	10	Iowa City West	18:50.5	6:04
55		3937	Ben Campbell	10	Cedar Falls	18:51.7	6:05
56		4270	Adam Lange	09	Dubuque Hempstead	18:53.6	6:05
57		3956	Nathan Le	10	Cedar Falls	18:54.2	6:06
58	47	4694	Thomas Gilkes	09	Linn-Mar	18:55.3	6:06
59		3950	Jack Jorgensen	09	Cedar Falls	18:58.0	6:07
60	48	4062	Cade Kuennen	10	Cedar Rapids Kennedy	18:58.9	6:07

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**** Boys' Fresh/Soph 5000 Meter Run ****

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
61		4272	Owen Maloney	09	Dubuque Hempstead	18:59.2	6:07
62	49	4727	Kain Wempen	09	Linn-Mar	18:59.6	6:07
63		3941	Antoine Cuhat	09	Cedar Falls	19:00.0	6:07
64		4261	Scott Hostager	10	Dubuque Hempstead	19:00.2	6:07
65		3970	Bailey Roybal	09	Cedar Falls	19:03.1	6:08
66	50	4458	Liam Barron	10	Iowa City City High	19:03.2	6:08
67	51	4340	Brian Day	10	Dubuque Senior	19:03.6	6:09
68	52	4015	Brandon Cano	10	Cedar Rapids Jefferson	19:05.7	6:09
69		4072	Wes Turner	10	Cedar Rapids Kennedy	19:07.5	6:10
70	53	4122	Campbell Mitvalsky	10	Cedar Rapids Washington	19:08.6	6:10
71	54	4105	Kobe Chindlund	09	Cedar Rapids Washington	19:09.8	6:11
72		4472	Paul Cornell	10	Iowa City City High	19:11.0	6:11
73	55	4678	Michael Biertzer	10	Linn-Mar	19:12.7	6:12
74	56	4019	Zac Goodall	10	Cedar Rapids Jefferson	19:12.9	6:12
75	57	4874	Luke Simcox	10	Wahlert Catholic	19:16.3	6:13
76		4053	Dylan Falck	10	Cedar Rapids Kennedy	19:16.7	6:13
77		4479	Eduardo Garces	09	Iowa City City High	19:17.1	6:13
78		4833	Justin Valde	09	Prairie	19:17.3	6:13
79		4284	Justin Schultz	10	Dubuque Hempstead	19:17.4	6:13
80	58	4104	Cooper Chindlund	09	Cedar Rapids Washington	19:18.3	6:13
81	59	4349	Zach Kahle	09	Dubuque Senior	19:19.0	6:14
82	60	4869	Evan Poirier	09	Wahlert Catholic	19:19.5	6:14
83		4798	Reese Hermanson	10	Prairie	19:23.6	6:15
84		4584	Robbie Alaya	10	Iowa City West	19:24.1	6:15
85	61	4347	Tim Iverson	10	Dubuque Senior	19:26.2	6:16
86		4042	KORBIN Bateman	09	Cedar Rapids Kennedy	19:28.6	6:17
87	62	4692	Cole Gansen	10	Linn-Mar	19:29.0	6:17
88		4471	Satchel Cochran	10	Iowa City City High	19:30.6	6:17
89	63	4023	Adam Haut	10	Cedar Rapids Jefferson	19:31.3	6:17
90		4274	Sean McGrath	10	Dubuque Hempstead	19:31.7	6:18
91		4291	Nick Turnis	09	Dubuque Hempstead	19:32.1	6:18
92		4487	Franklin Horbuckle	10	Iowa City City High	19:33.3	6:18
93	64	4173	Blake Bohon	09	Cedar Rapids Xavier	19:33.5	6:18
94		4519	Matt Rew	10	Iowa City City High	19:36.4	6:19
95		4528	Lance Smith	09	Iowa City City High	19:37.7	6:20
96		4043	Drake Beauregard	10	Cedar Rapids Kennedy	19:38.1	6:20
97		4356	Liam Sass	10	Dubuque Senior	19:38.4	6:20
98		4828	Jordan Schroeder	10	Prairie	19:39.2	6:20
99		4067	DYLAN Sines	09	Cedar Rapids Kennedy	19:40.3	6:20
100		4351	Greg Kincade	10	Dubuque Senior	19:41.4	6:21
101	65	4864	Robert Keller	09	Wahlert Catholic	19:42.9	6:21
102		4457	Ilario Balestrieri-Fox	09	Iowa City City High	19:47.1	6:23
103		4338	Calvin Davis	10	Dubuque Senior	19:50.4	6:24
104		4621	Alexander Nelson	10	Iowa City West	19:52.7	6:24
105	66	4119	Perry Lindeman	09	Cedar Rapids Washington	19:53.5	6:25
106	67	4010	Cael Abrams	09	Cedar Rapids Jefferson	19:54.9	6:25
107		4543	Barrett Walsh	10	Iowa City City High	19:55.5	6:25
108		4795	Michael Guckenberger	09	Prairie	19:56.1	6:25
109		4465	Ryan Carter	10	Iowa City City High	19:58.0	6:26
110		4336	Ryan Connolly	09	Dubuque Senior	19:58.9	6:26
111		4522	Joe Schuessler	10	Iowa City City High	19:59.1	6:26
112		4476	Joe Fischer	09	Iowa City City High	19:59.1	6:26
113		4360	Jacob Tilp	10	Dubuque Senior	19:59.6	6:27
114	68	4034	Xander Scaglione	09	Cedar Rapids Jefferson	20:00.1	6:27
115		4252	Kunal Chugh	09	Dubuque Hempstead	20:00.1	6:27
116		4478	Bigad Gaber	09	Iowa City City High	20:01.0	6:27
117	69	4858	Cayden Ellis	09	Wahlert Catholic	20:01.5	6:27
118		4624	Chris Pigge	09	Iowa City West	20:03.1	6:28
119		4611	Tosh Klever	09	Iowa City West	20:04.1	6:28
120		4251	Cesar Campa	09	Dubuque Hempstead	20:08.5	6:29

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**** Boys' Fresh/Soph 5000 Meter Run ****

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
121		3949	Kolin Jasper	10	Cedar Falls	20:12.5	6:31
122		4453	Kelby Anderson	10	Iowa City City High	20:14.7	6:31
123		4059	ISAIAH Kelley	10	Cedar Rapids Kennedy	20:15.9	6:32
124	70	4109	Kaden Fields	09	Cedar Rapids Washington	20:16.1	6:32
125		4629	Evan Sharafuddin	09	Iowa City West	20:20.8	6:33
126		4467	Gustar Champlin	10	Iowa City City High	20:22.1	6:34
127	71	4132	Isaac Tominsky	09	Cedar Rapids Washington	20:22.9	6:34
128	72	4697	Jacob Goode	09	Linn-Mar	20:22.9	6:34
129		4461	Jacob Bouska	10	Iowa City City High	20:25.3	6:35
130		4792	cole Frazee	10	Prairie	20:25.9	6:35
131		4363	Josh Wu	09	Dubuque Senior	20:26.2	6:35
132		4599	Quinten Eberly	10	Iowa City West	20:27.3	6:36
133		4825	arrick Rinke	10	Prairie	20:28.9	6:36
134		4050	PAUL Cory	10	Cedar Rapids Kennedy	20:30.3	6:36
135	73	4200	John Trotta	09	Cedar Rapids Xavier	20:30.3	6:36
136	74	4110	Joe Foreman	09	Cedar Rapids Washington	20:30.5	6:37
137		4068	Joe Skittone	10	Cedar Rapids Kennedy	20:33.5	6:38
138		4269	Luke Kotz	09	Dubuque Hempstead	20:35.0	6:38
139		4256	Sameer Faruquee	10	Dubuque Hempstead	20:35.4	6:38
140		4817	Colby Nicewanner	09	Prairie	20:38.5	6:39
141	75	4020	Jack Goudy	09	Cedar Rapids Jefferson	20:42.6	6:40
142		4614	Jason Lu	09	Iowa City West	20:45.7	6:41
143	76	4714	Nick O'Toole	10	Linn-Mar	20:45.7	6:41
144		3988	Connor Woods	09	Cedar Falls	20:47.6	6:42
145	77	4690	Donovan Eichorst	10	Linn-Mar	20:48.1	6:42
146		4493	Oisin Leopold	10	Iowa City City High	20:52.4	6:44
147		4816	Brady Nicewanner	09	Prairie	20:53.8	6:44
148		4485	Quinter Harvey	09	Iowa City City High	20:53.9	6:44
149		4781	Jorge Boland	09	Prairie	20:55.5	6:45
150		4275	Boris Miller	09	Dubuque Hempstead	20:56.3	6:45
151		4517	Demetrius Ramirez	10	Iowa City City High	20:57.1	6:45
152		4334	Simon Burns	09	Dubuque Senior	20:58.3	6:45
153		4113	Matthew Gearhart	09	Cedar Rapids Washington	21:00.1	6:46
154		3957	Ian Lewis	09	Cedar Falls	21:01.3	6:46
155		4777	Mohammed Abdalla	10	Prairie	21:01.6	6:47
156		4489	Ethan Hudson	10	Iowa City City High	21:03.2	6:47
157		4789	Luka Elges	10	Prairie	21:06.4	6:48
158		4248	Jackson Bradley	09	Dubuque Hempstead	21:06.5	6:48
159		4815	Austin Nicewanner	09	Prairie	21:08.7	6:49
160		4779	Grant Beach	09	Prairie	21:08.9	6:49
161		4250	Max Breitbach	10	Dubuque Hempstead	21:12.4	6:50
162		4266	Cole Kaufmann	09	Dubuque Hempstead	21:14.0	6:51
163		4100	Sam Arkenberg	09	Cedar Rapids Washington	21:14.4	6:51
164		4633	Ronan Smith	10	Iowa City West	21:14.5	6:51
165	78	4025	Sam Jahnke	09	Cedar Rapids Jefferson	21:18.8	6:52
166		3977	Garrit Stauts	10	Cedar Falls	21:23.0	6:53
167		3989	Randy Zhang	09	Cedar Falls	21:28.3	6:55
168	79	4873	Elijah Shubatt	09	Wahlert Catholic	21:32.2	6:56
169		4800	Connor Husemann	10	Prairie	21:36.6	6:58
170		3986	Ryan Westhoff	10	Cedar Falls	21:37.8	6:58
171	80	4184	Kyle Kenney	09	Cedar Rapids Xavier	21:38.7	6:59
172		3931	Lucas Buie	10	Cedar Falls	21:41.7	6:59
173		4051	NATHAN Eades	10	Cedar Rapids Kennedy	21:45.1	7:01
174	81	4182	Blake Kellison	09	Cedar Rapids Xavier	21:46.6	7:01
175	82	4191	Reese Ohde	09	Cedar Rapids Xavier	21:46.7	7:01
176		4339	Carter Davis	09	Dubuque Senior	21:49.9	7:02
177		4812	Spencer McAfee	10	Prairie	21:54.2	7:03
178		4531	Aidan Spurgetis	09	Iowa City City High	21:55.6	7:04
179		4524	AJ Seamans	10	Iowa City City High	21:56.5	7:04
180		4623	Drew Peterson	09	Iowa City West	21:56.6	7:04

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**** Boys' Fresh/Soph 5000 Meter Run ****

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
181		3954	Michael Kremer	10	Cedar Falls	21:57.5	7:05
182		4797	Tyler Harvey	09	Prairie	21:59.3	7:05
183		3958	Brett Lund	10	Cedar Falls	22:03.0	7:06
184		4794	Karter Griffin	10	Prairie	22:03.3	7:06
185		4681	Landon Carter	09	Linn-Mar	22:08.8	7:08
186		4605	Calvin Greene	09	Iowa City West	22:08.9	7:08
187		4680	Austin Carstens	10	Linn-Mar	22:13.1	7:10
188		4456	Gabriel Ashitey	09	Iowa City City High	22:14.2	7:10
189		3948	Trenton Holden	09	Cedar Falls	22:14.7	7:10
190		4515	Omar Paz	09	Iowa City City High	22:14.7	7:10
191		4819	Jake Opitz	09	Prairie	22:25.5	7:14
192		4544	Jonathon Wargo	10	Iowa City City High	22:26.2	7:14
193		3973	Lucas Shaw	10	Cedar Falls	22:27.6	7:14
194		4799	Daniel Hollinger	09	Prairie	22:29.1	7:15
195		4712	Sam Miller	10	Linn-Mar	22:29.5	7:15
196		4459	Hayden Beerends	09	Iowa City City High	22:31.1	7:15
197		4333	Davontae Balayti	09	Dubuque Senior	22:38.6	7:18
198		4289	Devin Tigges	09	Dubuque Hempstead	22:45.7	7:20
199		4679	Jaxon Brandt	10	Linn-Mar	22:47.7	7:21
200		4258	Sam Hearnden	10	Dubuque Hempstead	22:47.7	7:21
201		4832	Luke Urich	09	Prairie	22:47.9	7:21
202		4784	Nick Cassady	10	Prairie	22:50.5	7:22
203		4879	Roberto Verastegui	09	Wahlert Catholic	22:51.7	7:22
204		4829	Jackson Schultz	09	Prairie	22:52.1	7:22
205		4127	Nic Ryan	09	Cedar Rapids Washington	22:55.2	7:23
206		4063	ZACH Matheny	09	Cedar Rapids Kennedy	22:56.0	7:23
207		4268	Sharik Khan	10	Dubuque Hempstead	23:01.0	7:25
208		3925	Sam Appenzeller	10	Cedar Falls	23:08.2	7:27
209		4535	Sam Strathearn	09	Iowa City City High	23:10.3	7:28
210		4791	carson Frazee	10	Prairie	23:11.4	7:28
211		4455	Will Arling	09	Iowa City City High	23:19.3	7:31
212		4038	Dakota Tatro	10	Cedar Rapids Jefferson	23:21.5	7:32
213		4099	Brian Altfillisch	10	Cedar Rapids Washington	23:27.9	7:34
214		4101	Lamon Boyce	10	Cedar Rapids Washington	23:28.0	7:34
215		4468	Sokong Chea	09	Iowa City City High	23:28.8	7:34
216		4335	Luke Busch	09	Dubuque Senior	23:31.0	7:35
217		4037	Brendan Suter	10	Cedar Rapids Jefferson	23:34.4	7:36
218		4503	Henry Mildenstein	09	Iowa City City High	23:49.9	7:41
219		4703	Luka Jones	09	Linn-Mar	23:55.5	7:43
220		4704	Brent Kaliban	09	Linn-Mar	23:59.3	7:44
221		3961	Noah Miller	09	Cedar Falls	24:15.1	7:49
222		4865	Matthew McGuire	11	Wahlert Catholic	24:22.1	7:51
223		3982	Campbell Tressler	09	Cedar Falls	24:31.9	7:54
224		4500	Kyle McDowell	09	Iowa City City High	24:37.9	7:56
225		3947	Christian Holbert	10	Cedar Falls	24:39.7	7:57
226		4644	Abdul Ahmed	10	Iowa City West	24:42.9	7:58
227		4820	Collin Pasker	09	Prairie	24:48.9	8:00
228		4867	Brock Moroney	09	Wahlert Catholic	24:51.2	8:00
229		4859	John Flanagan	09	Wahlert Catholic	24:57.6	8:03
230		4066	ALEX Rivera	09	Cedar Rapids Kennedy	25:18.4	8:09
231		4785	Parker Coffman	10	Prairie	25:42.3	8:17
232		4451	Doak Allgood	09	Iowa City City High	25:57.6	8:22
233		4065	SKYLAR Musel	09	Cedar Rapids Kennedy	25:59.7	8:23
234		4484	Noah Hartwig	09	Iowa City City High	26:41.9	8:36
235		4359	Peter Sullivan	10	Dubuque Senior	26:58.8	8:42
236		4532	Max Stelzer	09	Iowa City City High	28:12.5	9:05

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**** Boys' Fresh/Soph Team Score ****

1.	54	Iowa City West	(17:39.8 88:18.8 0:57.0)
1	3	Ken Wilbur	10 17:07.6
2	5	Osman Salama	10 17:26.8
3	6	Raymond Yang	10 17:38.8
4	19	Awelu Abdalla	10 18:01.0
5	21	Jack Gray	10 18:04.6
6	(24)	Chen-You Wu	10 18:13.4
7	(31)	Alex Wang	09 18:20.0
2.	71	Prairie	(17:42.5 88:32.3 1:29.3)
1	1	McKade Adams	10 16:49.0
2	4	Hunter Kalous	09 17:17.0
3	14	Andrew Bickford	09 17:57.9
4	23	Carlo Dannenfelser	10 18:10.1
5	29	Ty Costigan	09 18:18.3
6	(30)	Riley Wheeler	10 18:18.7
7	(44)	Aiden Djerf	09 18:45.9
3.	87	Cedar Rapids Kennedy	(17:58.8 89:53.8 0:29.4)
1	11	Levi Sullivan	10 17:44.7
2	13	Matthew Hand	10 17:51.7
3	15	Wesley Jackson	10 17:58.2
4	22	Jaxson Hornett	10 18:05.1
5	26	Haji Ali	10 18:14.1
6	(43)	Kayde Bowers	10 18:43.2
7	(48)	Cade Kuennen	10 18:58.9
4.	98	Dubuque Hempstead	(18:02.7 90:13.3 0:28.4)
1	12	Jacob Westermeyer	10 17:46.1
2	16	Mason Suarez	09 17:58.8
3	18	Carter Welbes	10 18:00.4
4	25	Josh Davis	09 18:13.5
5	27	Andrew Johnson	09 18:14.5
6	(35)	Daniel Ibarra	10 18:31.0
7	(40)	Adam Riffel	10 18:32.4
5.	116	Iowa City City High	(18:06.9 90:34.2 0:51.1)
1	9	Andre Miller	09 17:42.8
2	10	Noah Kabat	10 17:44.5
3	20	Kyden Hotka	09 18:01.6
4	36	Noah Weaver	10 18:31.4
5	41	Soren Ostby	09 18:33.9
6	(46)	Blessings Pongo	09 18:48.9
7	(50)	Liam Barron	10 19:03.2
6.	139	Cedar Falls	(18:14.8 91:13.7 0:50.8)
1	7	Eli Smith	09 17:40.7
2	28	Josh Kuehl	09 18:16.7
3	33	Blake Arends	10 18:20.7
4	34	Alex Mujica	09 18:24.1
5	37	Easton Sckerl	10 18:31.5
6	(38)	Cooper Olsen	09 18:32.1
7	(39)	Noah Arends	10 18:32.3

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7.	187	Dubuque Senior	(18:35.1 92:55.2 1:03.6)
1	17	Jonathan Schultz	10 18:00.0
2	32	Foster Hull	09 18:20.7
3	42	Zenebe Andrews	09 18:43.1
4	45	Collin Hillary	09 18:47.8
5	51	Brian Day	10 19:03.6
6	(59)	Zach Kahle	09 19:19.0
7	(61)	Tim Iverson	10 19:26.2
8.	192	Wahlert Catholic	(18:35.2 92:55.8 2:47.0)
1	2	Jacob Hocking	10 16:55.9
2	8	Nathan Munshower	09 17:41.2
3	57	Luke Simcox	10 19:16.3
4	60	Evan Poirier	09 19:19.5
5	65	Robert Keller	09 19:42.9
6	(69)	Cayden Ellis	09 20:01.5
7	(79)	Elijah Shubatt	09 21:32.2
9.	285	Linn-Mar	(19:23.9 96:59.5 1:27.6)
1	47	Thomas Gilkes	09 18:55.3
2	49	Kain Wempen	09 18:59.6
3	55	Michael Biertzer	10 19:12.7
4	62	Cole Gansen	10 19:29.0
5	72	Jacob Goode	09 20:22.9
6	(76)	Nick O'Toole	10 20:45.7
7	(77)	Donovan Eichorst	10 20:48.1
10.	301	Cedar Rapids Washington	(19:33.3 97:46.3 1:07.5)
1	53	Campbell Mitvalsky	10 19:08.6
2	54	Kobe Chindlund	09 19:09.8
3	58	Cooper Chindlund	09 19:18.3
4	66	Perry Lindeman	09 19:53.5
5	70	Kaden Fields	09 20:16.1
6	(71)	Isaac Tominsky	09 20:22.9
7	(74)	Joe Foreman	09 20:30.5
11.	306	Cedar Rapids Jefferson	(19:33.0 97:44.9 0:54.4)
1	52	Brandon Cano	10 19:05.7
2	56	Zac Goodall	10 19:12.9
3	63	Adam Haut	10 19:31.3
4	67	Cael Abrams	09 19:54.9
5	68	Xander Scaglione	09 20:00.1
6	(75)	Jack Goudy	09 20:42.6
7	(78)	Sam Jahnke	09 21:18.8
12.	380	Cedar Rapids Xavier	(21:03.2 105:15.8 2:13.2)
1	64	Blake Bohon	09 19:33.5
2	73	John Trotta	09 20:30.3
3	80	Kyle Kenney	09 21:38.7
4	81	Blake Kellison	09 21:46.6
5	82	Reese Ohde	09 21:46.7