

Norwalk Cross Country Invitational
Norwalk McAninch Sports Complex
Norwalk, IA
October 2, 2017
70s, Windy & Sunny

Varsity Girls Team Results

| Place | Team | Points | Places of Finishers (offset scoring) | | | | | | | | Average | Spread |
|-------|------------------|--------|--------------------------------------|----|----|----|----|----|----|---------|---------|--------|
| 1 | Ballard | 35 | 2 | 6 | 7 | 8 | 12 | 16 | 17 | 21:12.7 | 1:47.4 | |
| 2 | Pella | 39 | 3 | 4 | 5 | 13 | 14 | 21 | 30 | 21:20.3 | 1:33.3 | |
| 3 | Newton | 104 | 9 | 11 | 15 | 32 | 37 | 42 | 43 | 22:48.7 | 2:50.6 | |
| 4 | PCM | 118 | 10 | 18 | 23 | 26 | 41 | 47 | 48 | 23:13.5 | 3:37.3 | |
| 5 | Winterset | 131 | 19 | 22 | 25 | 31 | 34 | 35 | | 23:31.8 | 1:29.9 | |
| 6 | Norwalk | 146 | 20 | 28 | 29 | 33 | 36 | 46 | | 23:46.6 | 1:29.4 | |
| 7 | Bondurant-Farrar | 174 | 24 | 27 | 39 | 40 | 44 | 49 | 50 | 24:37.1 | 2:45.7 | |
| 8 | Carlisle | 187 | 1 | 38 | 45 | 51 | 52 | | | 25:06.9 | 7:51.4 | |

Varsity Girls Individual Results

| Place | Points | Athlete | Grade | Time | Team |
|-------|--------|-------------------|-------|---------|------------------|
| 1 | 1 | Megan Sievers | Jr | 19:51.7 | Carlisle |
| 2 | 2 | Ellie Twedt | So | 19:59.1 | Ballard |
| 3 | 3 | Caroline McMartin | So | 20:44.3 | Pella |
| 4 | 4 | Ashley Blommers | Fr | 20:46.4 | Pella |
| 5 | 5 | Annika Pingel | Sr | 20:47.5 | Pella |
| 6 | 6 | Caitlin Maher | Fr | 21:20.9 | Ballard |
| 7 | 7 | Lauren Matthews | So | 21:25.9 | Ballard |
| 8 | 8 | Rachel Wohlgemuth | So | 21:30.8 | Ballard |
| 9 | 9 | Rachel Rhoads | Jr | 21:33.6 | Newton |
| 10 | 10 | Kirstin Ives | Jr | 21:35.0 | PCM |
| 11 | 11 | Ashay Malow | Fr | 21:45.1 | Newton |
| 12 | 12 | Hailey Cole | So | 21:46.4 | Ballard |
| 13 | 13 | Makayla Kruse | Jr | 22:05.3 | Pella |
| 14 | 14 | Erica Halstead | Sr | 22:17.6 | Pella |
| 15 | 15 | Clare Muckler | Jr | 22:21.1 | Newton |
| 16 | 16 | Summer McVicker | Sr | 22:29.2 | Ballard |
| 17 | 17 | Josie Fleischmann | Fr | 22:39.0 | Ballard |
| 18 | 18 | Baylee Smith | Sr | 22:42.0 | PCM |
| 19 | 19 | Riley Kaufman | Sr | 22:48.9 | Winterset |
| 20 | 20 | Annika Schulz | So | 22:53.0 | Norwalk |
| 21 | 21 | Tirzah Wittenberg | So | 22:55.8 | Pella |
| 22 | 22 | Lizzie Wangler | So | 23:14.4 | Winterset |
| 23 | 23 | Klaire Jungling | So | 23:14.7 | PCM |
| 24 | 24 | Emily Erhardt | So | 23:15.6 | Bondurant-Farrar |
| 25 | 25 | Kiernan Blanchard | So | 23:19.3 | Winterset |
| 26 | 26 | Megan Townley | Jr | 23:23.5 | PCM |
| 27 | 27 | Maddy Padgett | Fr | 23:38.2 | Bondurant-Farrar |
| 28 | 28 | Annika Wallace | Fr | 23:47.3 | Norwalk |
| 29 | 29 | Taylor Bergan | So | 23:47.9 | Norwalk |
| 30 | 30 | Hailey Kowzan | So | 23:48.1 | Pella |
| 31 | 31 | Caitlin Fairchild | Jr | 23:57.4 | Winterset |

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| | | | | | |
|----|----|--------------------|----|---------|------------------|
| 32 | 32 | Tessa Keeton | Sr | 23:59.6 | Newton |
| 33 | 33 | Natalie Martin | Fr | 24:02.0 | Norwalk |
| 34 | 34 | Sophia Pastorino | So | 24:18.8 | Winterset |
| 35 | 35 | Abby Benshoof | Fr | 24:21.1 | Winterset |
| 36 | 36 | Abbie Davitt | So | 24:22.4 | Norwalk |
| 37 | 37 | Abbie Barr | Jr | 24:24.1 | Newton |
| 38 | 38 | Jocelyn Haack | Jr | 24:32.9 | Carlisle |
| 39 | 39 | Alyssa Fick | Fr | 25:02.1 | Bondurant-Farrar |
| 40 | 40 | Madison Montgomery | Fr | 25:08.1 | Bondurant-Farrar |
| 41 | 41 | Payton Schut | Jr | 25:12.3 | PCM |
| 42 | 42 | Willow Oswald | Fr | 25:54.3 | Newton |
| 43 | 43 | Original Tesfay | Sr | 26:00.2 | Newton |
| 44 | 44 | Allison Dicks | Jr | 26:01.3 | Bondurant-Farrar |
| 45 | 45 | Ella Anderson | Fr | 26:01.7 | Carlisle |
| 46 | 46 | Eva Hoch | Fr | 26:24.9 | Norwalk |
| 47 | 47 | Morgan Uhlenhopp | Jr | 26:51.1 | PCM |
| 48 | 48 | Ellie Steenhoek | Sr | 27:06.6 | PCM |
| 49 | 49 | Kinsey Lester | Sr | 27:10.2 | Bondurant-Farrar |
| 50 | 50 | Rachel Currant | Fr | 27:22.9 | Bondurant-Farrar |
| 51 | 51 | Ariana Graff | So | 27:25.0 | Carlisle |
| 52 | 52 | Kennedy Sorenson | Jr | 27:43.0 | Carlisle |

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Varsity Boys Team Results

| Place | Team | Points | Places of Finishers (offset scoring) | | | | | | | Average | Spread |
|-------|------------------|--------|--------------------------------------|----|----|----|----|----|----|---------|--------|
| 1 | Bondurant-Farrar | 44 | 2 | 7 | 9 | 12 | 14 | 15 | 22 | 18:01.4 | 1:03.9 |
| 2 | Carlisle | 50 | 4 | 5 | 8 | 16 | 17 | 19 | 34 | 18:08.7 | 1:03.8 |
| 3 | CR Xavier | 55 | 1 | 6 | 10 | 11 | 27 | 44 | 50 | 18:07.8 | 1:57.2 |
| 4 | Pella | 120 | 3 | 24 | 28 | 32 | 33 | 35 | 36 | 18:59.0 | 2:09.4 |
| 5 | Ballard | 149 | 23 | 25 | 29 | 31 | 41 | 47 | | 19:19.4 | 0:54.0 |
| 6 | Winterset | 173 | 13 | 18 | 42 | 48 | 52 | 55 | 56 | 19:40.9 | 2:51.8 |
| 7* | Norwalk | 189 | 20 | 37 | 40 | 43 | 49 | 51 | 54 | 19:47.0 | 1:49.4 |
| 8* | Newton | 189 | 21 | 38 | 39 | 45 | 46 | 58 | 61 | 19:45.3 | 1:26.4 |
| 9 | PCM | 225 | 26 | 30 | 53 | 57 | 59 | 60 | | 21:01.8 | 3:53.2 |

Varsity Boys Individual Results

| Place | Points | Athlete | Grade | Time | Team |
|-------|--------|--------------------|-------|---------|------------------|
| 1 | 1 | Jonathan Lansing | Sr | 17:12.6 | CR Xavier |
| 2 | 2 | Drake VanBaale | Sr | 17:20.5 | Bondurant-Farrar |
| 3 | 3 | Thomas Gauley | Sr | 17:25.7 | Pella |
| 4 | 4 | Carter Logue | Jr | 17:35.3 | Carlisle |
| 5 | 5 | Collin Lister | Jr | 17:47.0 | Carlisle |
| 6 | 6 | Nolan Pithan | Sr | 17:55.7 | CR Xavier |
| 7 | 7 | Isaac McCleary | Sr | 18:00.8 | Bondurant-Farrar |
| 8 | 8 | Kobi Sadler | Sr | 18:04.8 | Carlisle |
| 9 | 9 | Jackson McGovern | So | 18:05.1 | Bondurant-Farrar |
| 10 | 10 | John Pape | Sr | 18:09.6 | CR Xavier |
| 11 | 11 | Jack Renning | So | 18:10.9 | CR Xavier |
| 12 | 12 | Seth VanBaale | So | 18:16.2 | Bondurant-Farrar |
| 13 | 13 | Wynn Yeager | So | 18:17.3 | Winterset |
| 14 | 14 | Blaine Adams | So | 18:24.4 | Bondurant-Farrar |
| 15 | 15 | Caleb Townsend | Sr | 18:30.6 | Bondurant-Farrar |
| 16 | 16 | Kyle Miller | So | 18:37.2 | Carlisle |
| 17 | 17 | Kolby Fritz | So | 18:39.1 | Carlisle |
| 18 | 18 | Luke Esser | Jr | 18:45.3 | Winterset |
| 19 | 19 | Jon Flaws | Jr | 18:48.6 | Carlisle |
| 20 | 20 | Jarod Riordan | Sr | 18:49.8 | Norwalk |
| 21 | 21 | Adam Hunter | Jr | 18:50.1 | Newton |
| 22 | 22 | Payton Rowe | Fr | 18:54.3 | Bondurant-Farrar |
| 23 | 23 | Chase Winterboer | Jr | 18:55.7 | Ballard |
| 24 | 24 | Drew Van Hauen | Jr | 19:00.7 | Pella |
| 25 | 25 | Nathan Wuestenberg | Jr | 19:04.5 | Ballard |
| 26 | 26 | Jason Stafford | So | 19:05.5 | PCM |
| 27 | 27 | Grayson Walther | Jr | 19:09.8 | CR Xavier |
| 28 | 28 | Teagen Vander Waal | Jr | 19:20.6 | Pella |
| 29 | 29 | Carter Thompson | So | 19:21.6 | Ballard |
| 30 | 30 | Beau Webb | Fr | 19:24.6 | PCM |

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|----|----|--------------------|----|---------|-----------|
| 31 | 31 | Ryan Ledet | Jr | 19:25.5 | Ballard |
| 32 | 32 | Braden Rowe | Fr | 19:32.5 | Pella |
| 33 | 33 | Jordan Buma | Jr | 19:35.1 | Pella |
| 34 | 34 | Nate Rowray | Jr | 19:36.2 | Carlisle |
| 35 | 35 | Mason Johnston | So | 19:37.7 | Pella |
| 36 | 36 | Nick Singer | So | 19:39.4 | Pella |
| 37 | 37 | Austin Brenizer | Fr | 19:42.2 | Norwalk |
| 38 | 38 | Dylan Main | Sr | 19:42.4 | Newton |
| 39 | 39 | Luke Zaabel | So | 19:45.2 | Newton |
| 40 | 40 | Patrick Foster | Fr | 19:47.4 | Norwalk |
| 41 | 41 | Erik Ledet | Jr | 19:49.6 | Ballard |
| 42 | 42 | Daniel Howell | So | 19:51.7 | Winterset |
| 43 | 43 | Derek Webster | Fr | 19:56.3 | Norwalk |
| 44 | 44 | Keegan Schultschik | Sr | 20:00.7 | CR Xavier |
| 45 | 45 | Jack Callaghan | Sr | 20:12.2 | Newton |
| 46 | 46 | Chad Nolin | Sr | 20:16.4 | Newton |
| 47 | 47 | Zane Charter | Jr | 20:18.7 | Ballard |
| 48 | 48 | Colton Seidler | Fr | 20:20.8 | Winterset |
| 49 | 49 | Liam Buckley | So | 20:39.1 | Norwalk |
| 50 | 50 | Colby Flynn | Sr | 20:42.9 | CR Xavier |
| 51 | 51 | Jake Gaumer | Jr | 20:44.2 | Norwalk |
| 52 | 52 | Preston Rogers | Jr | 21:09.1 | Winterset |
| 53 | 53 | Brady North | Sr | 21:11.8 | PCM |
| 54 | 54 | Tyler Vaughan | Jr | 21:13.8 | Norwalk |
| 55 | 55 | Jackson Kimball | Fr | 21:47.9 | Winterset |
| 56 | 56 | Henry Comstock | Sr | 22:12.0 | Winterset |
| 57 | 57 | Caleb Peter | Sr | 22:28.4 | PCM |
| 58 | 58 | Anthony Bestell | Fr | 22:43.8 | Newton |
| 59 | 59 | Jacob Cox | So | 22:58.7 | PCM |
| 60 | 60 | Carson Clark | Jr | 23:41.1 | PCM |
| 61 | 61 | Blake Robson | Sr | 23:59.9 | Newton |

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Junior Varsity Girls Team Results

| Place | Team | Points | Places of Finishers (offset scoring) | | | | | | | Average | Spread |
|-------|------------------|--------|--------------------------------------|----|----|----|----|----|----|---------|---------|
| 1 | Pella | 39 | 1 | 3 | 6 | 10 | 19 | 20 | 21 | 23:26.7 | 3:08.4 |
| 2 | Ballard | 42 | 2 | 7 | 8 | 12 | 13 | 14 | 16 | 23:31.6 | 1:54.7 |
| 3 | Norwalk | 44 | 4 | 5 | 9 | 11 | 15 | 17 | 18 | 23:41.2 | 1:49.7 |
| 4 | Winterset | 140 | 22 | 23 | 28 | 33 | 34 | | | 28:58.4 | 4:54.1 |
| 5 | Bondurant-Farrar | 141 | 24 | 27 | 29 | 30 | 31 | 32 | | 29:05.5 | 2:47.2 |
| 6 | Newton | 159 | 25 | 26 | 35 | 36 | 37 | | | 32:43.5 | 14:23.6 |

Incomplete Teams: PCM

Junior Varsity Girls Individual Results

| Place | Points | Athlete | Grade | Time | Team |
|-------|--------|----------------------|-------|---------|------------------|
| 1 | 1 | Chelsea Jorgensen | Fr | 22:15.9 | Pella |
| 2 | 2 | Anna Zielke | Sr | 22:24.2 | Ballard |
| 3 | 3 | Patience Dykstra | Sr | 22:37.7 | Pella |
| 4 | 4 | Emily Kehoe | So | 23:02.1 | Norwalk |
| 5 | 5 | Ellie Wermerskirchen | So | 23:04.1 | Norwalk |
| 6 | 6 | Jacque Lensing | Jr | 23:10.7 | Pella |
| 7 | 7 | Abby Ross | So | 23:12.1 | Ballard |
| 8 | 8 | Kate Rietz | Sr | 23:33.5 | Ballard |
| 9 | 9 | Lily Quade | So | 23:41.2 | Norwalk |
| 10 | 10 | Ellie Roorda | So | 23:44.6 | Pella |
| 11 | 11 | Cacy Larson | So | 23:46.8 | Norwalk |
| 12 | 12 | Ashley Wuestenberg | Fr | 24:09.3 | Ballard |
| 13 | 13 | Quinn Thompson | Fr | 24:18.9 | Ballard |
| 14 | 14 | Olivia Dee | Jr | 24:39.0 | Ballard |
| 15 | 15 | Tatum LeQuatte | Sr | 24:51.7 | Norwalk |
| 16 | 16 | Theresa Hannasch | Sr | 24:53.4 | Ballard |
| 17 | 17 | Taylor VanderHolt | Sr | 25:08.1 | Norwalk |
| 18 | 18 | Tevka Lackmann | So | 25:09.0 | Norwalk |
| 19 | | Kallie Hirl | Sr | 25:10.2 | Norwalk |
| 20 | | Hannah Roberts | So | 25:13.3 | Norwalk |
| 21 | 19 | Naomi Tripp | Sr | 25:24.3 | Pella |
| 22 | | Lauren Bice | So | 25:42.2 | Norwalk |
| 23 | | Sydney Halverson | Jr | 25:46.3 | Ballard |
| 24 | 20 | Erica Bossard | Sr | 25:50.2 | Pella |
| 25 | | Cadyn Niemeyer | Fr | 26:10.7 | Norwalk |
| 26 | 21 | Elizabeth Schroder | Jr | 26:18.2 | Pella |
| 27 | 22 | Brooklyn McVay | So | 26:18.9 | Winterset |
| 28 | | Gracie Roberts | So | 26:38.3 | Norwalk |
| 29 | | Callan Randall | Fr | 26:51.5 | Norwalk |
| 30 | | Tenley Schroeder | Fr | 26:57.4 | Norwalk |
| 31 | 23 | Mackenzie Lawrence | Sr | 27:00.1 | Winterset |
| 32 | 24 | Madison Dicks | Jr | 27:14.6 | Bondurant-Farrar |

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|----|----|------------------|----|---------|------------------|
| 33 | | Heather Schirm | Jr | 27:25.1 | Norwalk |
| 34 | | Bren Moritz | Fr | 27:30.5 | Norwalk |
| 35 | 25 | Tes Schuster | So | 27:30.9 | Newton |
| 36 | 26 | Jordan Banfield | Sr | 28:11.8 | Newton |
| 37 | | Rachel Elliott | Sr | 28:16.8 | Norwalk |
| 38 | | Sydney Deason | Fr | 28:24.8 | Ballard |
| 39 | | Morgan Chambers | So | 28:34.0 | Norwalk |
| 40 | 27 | Maya Frakes | So | 28:48.0 | Bondurant-Farrar |
| 41 | | Bailey Sharp | Sr | 28:51.2 | Norwalk |
| 42 | 28 | Mollie Wilson | So | 29:18.1 | Winterset |
| 43 | 29 | Libby Crook | Fr | 29:30.0 | Bondurant-Farrar |
| 44 | | Katie Henkenius | So | 29:42.5 | PCM |
| 45 | 30 | Jessica Duffy | Fr | 29:52.8 | Bondurant-Farrar |
| 46 | 31 | Faith Crook | Fr | 30:01.7 | Bondurant-Farrar |
| 47 | | Nicole Wulf | Sr | 30:28.1 | Norwalk |
| 48 | | Alli Kreider | So | 30:40.1 | Norwalk |
| 49 | | Aerial Giesken | Sr | 30:51.2 | Norwalk |
| 50 | 32 | Lydia McCleary | So | 30:56.4 | Bondurant-Farrar |
| 51 | 33 | Emma Allen | Jr | 31:01.9 | Winterset |
| 52 | 34 | Megan McDonald | So | 31:13.0 | Winterset |
| 53 | | Sasha VanEssen | Sr | 32:19.0 | Norwalk |
| 54 | | Frances DeArmond | Jr | 32:22.7 | Pella |
| 55 | 35 | Jillian Waits | So | 32:58.7 | Newton |
| 56 | 36 | Abigail Adkison | Fr | 33:01.3 | Newton |
| 57 | | Maddy Buys | Jr | 36:32.3 | PCM |
| 58 | | Lauren England | Sr | 39:49.9 | Norwalk |
| 59 | 37 | Sadie Steinbach | So | 41:54.5 | Newton |

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Junior Varsity Boys Team Results

| Place | Team | Points | Places of Finishers (offset scoring) | | | | | | | Average | Spread |
|-------|------------------|--------|--------------------------------------|----|----|----|----|----|----|---------|---------|
| 1 | Pella | 36 | 2 | 7 | 8 | 9 | 10 | 15 | 23 | 19:38.9 | 0:45.3 |
| 2 | Carlisle | 45 | 1 | 6 | 11 | 13 | 14 | 19 | 27 | 19:34.4 | 1:35.0 |
| 3 | Ballard | 88 | 12 | 17 | 18 | 20 | 21 | 24 | 25 | 20:26.2 | 0:54.2 |
| 4 | CR Xavier | 91 | 3 | 5 | 16 | 33 | 34 | 41 | 44 | 20:24.4 | 2:05.8 |
| 5 | Bondurant-Farrar | 113 | 4 | 22 | 28 | 29 | 30 | 38 | 39 | 20:43.6 | 1:45.6 |
| 6 | Norwalk | 173 | 26 | 31 | 36 | 37 | 43 | 48 | 50 | 21:32.4 | 1:11.0 |
| 7 | Winterset | 212 | 32 | 42 | 45 | 46 | 47 | 54 | 60 | 22:35.8 | 2:03.7 |
| 8 | PCM | 231 | 35 | 40 | 49 | 52 | 55 | 56 | 57 | 23:10.6 | 2:59.3 |
| 9 | Newton | 282 | 51 | 53 | 58 | 59 | 61 | | | 26:58.5 | 10:09.5 |

Junior Varsity Boys Individual Results

| Place | Points | Athlete | Grade | Time | Team |
|-------|--------|---------------------|-------|---------|------------------|
| 1 | 1 | Brandon Kesner | Fr | 18:23.7 | Carlisle |
| 2 | 2 | Adam Houtz | Sr | 19:05.2 | Pella |
| 3 | 3 | Nathan Hagarty | Jr | 19:20.5 | CR Xavier |
| 4 | 4 | Devon Keuning | Fr | 19:25.2 | Bondurant-Farrar |
| 5 | 5 | Grant Schnoebelen | Jr | 19:37.1 | CR Xavier |
| 6 | 6 | Cole Osterhaus | Fr | 19:39.1 | Carlisle |
| 7 | 7 | Will Rasmussen | Fr | 19:40.6 | Pella |
| 8 | 8 | Gavin Tierney | Jr | 19:47.8 | Pella |
| 9 | 9 | Thomas Gaul | So | 19:50.1 | Pella |
| 10 | 10 | Kaden Visser | So | 19:50.4 | Pella |
| 11 | 11 | Kaden Sadler | Fr | 19:52.1 | Carlisle |
| 12 | 12 | Gage Long | Fr | 19:53.4 | Ballard |
| 13 | 13 | Ethan Schlichte | Fr | 19:58.4 | Carlisle |
| 14 | 14 | Hunter Snyder | So | 19:58.7 | Carlisle |
| 15 | 15 | Troy Miller | Jr | 19:59.5 | Pella |
| 16 | 16 | Blake Bohon | Fr | 20:12.4 | CR Xavier |
| 17 | 17 | Seth Wohlgemuth | Jr | 20:21.5 | Ballard |
| 18 | 18 | James Gute | Sr | 20:27.5 | Ballard |
| 19 | 19 | Noah Imhoff | Sr | 20:36.6 | Carlisle |
| 20 | 20 | Perry Kallio | Sr | 20:40.8 | Ballard |
| 21 | 21 | Dante Jones | So | 20:47.6 | Ballard |
| 22 | 22 | Kirby Daniel | So | 20:48.6 | Bondurant-Farrar |
| 23 | 23 | A J. Furr | So | 20:54.4 | Pella |
| 24 | | Zechariah Schrauben | Jr | 20:54.7 | Pella |
| 25 | 24 | Jack Chism | Fr | 20:55.3 | Ballard |
| 26 | 25 | Owen Zunkel | Sr | 20:59.5 | Ballard |
| 27 | 26 | Tyrus Lankford | So | 20:59.7 | Norwalk |
| 28 | 27 | Nate Norton | So | 21:03.4 | Carlisle |
| 29 | 28 | Joseph McGovern | Sr | 21:06.0 | Bondurant-Farrar |
| 30 | 29 | Trenton Silvers | Fr | 21:07.4 | Bondurant-Farrar |

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|----|----|---------------------|----|---------|------------------|
| 31 | | Matthew Thompson | Jr | 21:08.7 | Pella |
| 32 | 30 | Jordan Clark | Fr | 21:10.7 | Bondurant-Farrar |
| 33 | | Ben Ward | Fr | 21:10.9 | Ballard |
| 34 | | Antonio Leovan | Fr | 21:16.5 | Pella |
| 35 | 31 | Tommy Wright | Jr | 21:18.5 | Norwalk |
| 36 | 32 | Abram Wadle | Fr | 21:19.0 | Winterset |
| 37 | | Caden Peters | Fr | 21:19.1 | Pella |
| 38 | 33 | Ethan Nasution | Jr | 21:25.6 | CR Xavier |
| 39 | 34 | Aidan Bostwick | So | 21:26.2 | CR Xavier |
| 40 | | Spencer Catus | Jr | 21:28.2 | Ballard |
| 41 | | Andrew Whiteing | Sr | 21:28.9 | Ballard |
| 42 | | Tyler Crall | So | 21:29.5 | Carlisle |
| 43 | | Tom Ledet | Jr | 21:31.6 | Ballard |
| 44 | 35 | Brenden Vanderpool | Jr | 21:32.3 | PCM |
| 45 | 36 | Keaton Moret | So | 21:34.9 | Norwalk |
| 46 | | Dakota Bigbee | Sr | 21:36.7 | Pella |
| 47 | 37 | Jack Foster | Jr | 21:38.0 | Norwalk |
| 48 | | Jonah Olson | So | 21:40.0 | Ballard |
| 49 | | Josh Purcell | So | 21:46.8 | Ballard |
| 50 | 38 | Andrew Beeman | Jr | 21:54.7 | Bondurant-Farrar |
| 51 | 39 | Ben Riemersma | Sr | 21:56.3 | Bondurant-Farrar |
| 52 | | Quincy Griffin | Fr | 21:56.8 | Carlisle |
| 53 | 40 | Ayrton Breckenridge | So | 21:56.9 | PCM |
| 54 | | Cale Bangs | Sr | 21:57.5 | Ballard |
| 55 | 41 | John Trotta | Fr | 21:58.6 | CR Xavier |
| 56 | | Austin Ingle | Fr | 21:59.0 | Bondurant-Farrar |
| 57 | 42 | Mac Groves | So | 21:59.7 | Winterset |
| 58 | | Wyatt Bailey | So | 22:00.7 | Bondurant-Farrar |
| 59 | | Ryan Van Donselaar | Fr | 22:02.7 | Pella |
| 60 | | Caleb Hamerlinck | Jr | 22:05.4 | Ballard |
| 61 | | Ryan Mohwinkle | Fr | 22:07.2 | Carlisle |
| 62 | | Zach Zeller | Sr | 22:10.1 | Ballard |
| 63 | 43 | Justen Caplinger | Jr | 22:10.7 | Norwalk |
| 64 | 44 | Peter Serrot | Sr | 22:11.5 | CR Xavier |
| 65 | | Ethan Wengert | Jr | 22:12.5 | Bondurant-Farrar |
| 66 | | Obi Soash | Fr | 22:18.4 | Ballard |
| 67 | | Spencer Leovan | Jr | 22:18.9 | Pella |
| 68 | | Blake Kellison | Fr | 22:22.3 | CR Xavier |
| 69 | | Alex Bangs | So | 22:35.8 | Ballard |
| 70 | | Rory Bostwick | Jr | 22:38.5 | CR Xavier |
| 71 | | Reese Ohde | Fr | 22:50.3 | CR Xavier |
| 72 | | Keaton Kruse | Fr | 22:50.9 | Carlisle |
| 73 | | Ryan Eckert | Jr | 22:59.4 | Bondurant-Farrar |
| 74 | 45 | Peyton Dick | So | 23:05.8 | Winterset |

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|-----|----|-------------------|----|---------|------------------|
| 75 | | Carter Sorenson | Jr | 23:08.4 | Carlisle |
| 76 | | Dalton Hinders | Fr | 23:10.5 | Carlisle |
| 77 | | John Fetty | So | 23:11.0 | Pella |
| 78 | 46 | Ben Williams | Fr | 23:11.4 | Winterset |
| 79 | | Peter Kennedy | Jr | 23:16.8 | CR Xavier |
| 80 | 47 | Branden Buckalew | So | 23:22.7 | Winterset |
| 81 | | Joe Fletcher | So | 23:23.9 | Ballard |
| 82 | | Zach McDaniel | Sr | 23:24.1 | Bondurant-Farrar |
| 83 | | Aiden Whiteing | Fr | 23:36.5 | Ballard |
| 84 | 48 | Jake Neller | Jr | 23:36.9 | Norwalk |
| 85 | | Sean Deegan | So | 23:38.2 | CR Xavier |
| 86 | | Evan Anderson | Sr | 23:41.7 | Ballard |
| 87 | | Jacob Schemm | Jr | 23:43.4 | Pella |
| 88 | 49 | Dylan Masterson | Fr | 23:44.3 | PCM |
| 89 | 50 | Tyler Johnson | Jr | 23:45.6 | Norwalk |
| 90 | | Caleb Wirtz | Fr | 23:46.2 | Bondurant-Farrar |
| 91 | | Zach Dye | Jr | 23:48.3 | Norwalk |
| 92 | | Keaton Maier | Sr | 23:55.4 | CR Xavier |
| 93 | | Adryan Stravers | So | 23:56.3 | Norwalk |
| 94 | | Ryan Mangin | Sr | 23:59.2 | Carlisle |
| 95 | 51 | Trent Hamand | Fr | 24:00.8 | Newton |
| 96 | | Trenton Beck | Jr | 24:02.1 | Carlisle |
| 97 | | Kyle Kenney | Fr | 24:02.8 | CR Xavier |
| 98 | | Jaxon Hooper | Fr | 24:05.8 | Bondurant-Farrar |
| 99 | | Asa Schumann | Fr | 24:06.3 | Norwalk |
| 100 | 52 | Garin Padget | Fr | 24:08.0 | PCM |
| 101 | | Cade Collison | So | 24:09.1 | Bondurant-Farrar |
| 102 | | Gabriel O'Brien | Fr | 24:09.9 | Bondurant-Farrar |
| 103 | | Logan White | So | 24:15.4 | Pella |
| 104 | | Cody Kime | So | 24:16.4 | Pella |
| 105 | | Rilee Johnson | Fr | 24:16.9 | Carlisle |
| 106 | 53 | Addison Dunwell | So | 24:21.2 | Newton |
| 107 | 54 | Justin Good | So | 24:28.1 | Winterset |
| 108 | 55 | Cooper Vandelune | So | 24:31.5 | PCM |
| 109 | 56 | Bradley McClellan | Sr | 24:32.3 | PCM |
| 110 | | Tiernen Edgar | Fr | 24:33.6 | Ballard |
| 111 | | Noah Robben | Fr | 24:34.1 | Bondurant-Farrar |
| 112 | | Yousef Abdelmuhti | Sr | 24:44.4 | Norwalk |
| 113 | | Luke Schueller | Sr | 24:55.9 | CR Xavier |
| 114 | | Riley Peters | Jr | 25:03.1 | Pella |
| 115 | | Colin Short | So | 25:18.5 | Carlisle |
| 116 | | Ben Jablonski | So | 25:21.5 | Pella |
| 117 | | Stephen Spangler | So | 25:25.0 | Norwalk |
| 118 | | Wyatt Kelp | So | 25:26.9 | Pella |

**Norwalk Cross Country Invitational
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| | | | | | |
|-----|----|-------------------|----|---------|------------------|
| 119 | 57 | Luke Kramer | Sr | 25:28.2 | PCM |
| 120 | | Zach Dewey | Sr | 25:34.3 | Bondurant-Farrar |
| 121 | | Matthew Myers | Fr | 25:36.2 | Ballard |
| 122 | | Alex Wiech | Fr | 25:46.4 | Ballard |
| 123 | 58 | Noah Cook | So | 25:49.7 | Newton |
| 124 | | Mason Shirk | Fr | 25:56.3 | PCM |
| 125 | 59 | Dakota Gooden | Fr | 26:30.1 | Newton |
| 126 | | Joe Jordan | Jr | 26:31.1 | Ballard |
| 127 | | Anthony Karl | Jr | 26:42.4 | CR Xavier |
| 128 | | Colton Davis | So | 26:42.6 | Norwalk |
| 129 | | Garrett Graber | Fr | 27:05.6 | PCM |
| 130 | 60 | Izaak Wadle | Sr | 27:11.1 | Winterset |
| 131 | | Ethan Williams | Fr | 27:41.3 | Bondurant-Farrar |
| 132 | | Eli Clayton | Fr | 27:42.8 | Bondurant-Farrar |
| 133 | | Kaydence Boock | Fr | 27:52.3 | Ballard |
| 134 | | Matthias Beattie | Fr | 28:07.2 | Carlisle |
| 135 | | Logan Duffy | So | 28:24.9 | Norwalk |
| 136 | | Paul Riemersma | Fr | 28:29.0 | Bondurant-Farrar |
| 137 | | Payton Konek | Jr | 28:33.5 | PCM |
| 138 | | Caleb Mueller | So | 28:52.7 | Winterset |
| 139 | | Thomas Sithiphong | Fr | 29:39.0 | Norwalk |
| 140 | | Killian Farrell | So | 30:02.6 | Norwalk |
| 141 | | Nicholas Currant | Sr | 30:59.4 | Bondurant-Farrar |
| 142 | | Marshall Moore | Jr | 31:05.0 | Bondurant-Farrar |
| 143 | | Ethan Swartz | Fr | 33:55.3 | Bondurant-Farrar |
| 144 | 61 | Izaak Miller | So | 34:10.3 | Newton |

**Norwalk Cross Country Invitational
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Middle School Girls Team Results

| Place | Team | Points | Places of Finishers (offset scoring) | | | | | | | Average | Spread |
|-------|-----------|--------|--------------------------------------|----|----|----|----|----|----|---------|--------|
| 1 | Winterset | 63 | 4 | 5 | 11 | 17 | 26 | 48 | 51 | 15:12.1 | 1:56.1 |
| 2 | Ballard | 79 | 6 | 7 | 16 | 22 | 28 | 30 | 38 | 15:26.8 | 1:35.8 |
| 3 | Indianola | 80 | 3 | 8 | 19 | 21 | 29 | 32 | 33 | 15:24.8 | 2:10.4 |
| 4 | ADM | 92 | 2 | 12 | 20 | 27 | 31 | 36 | 37 | 15:32.0 | 2:40.1 |
| 5 | Carlisle | 117 | 1 | 13 | 23 | 39 | 41 | 44 | 46 | 15:35.3 | 4:08.3 |
| 6 | Dowling | 130 | 14 | 15 | 18 | 40 | 43 | 47 | 53 | 16:12.6 | 1:20.3 |
| 7 | Norwalk | 136 | 10 | 24 | 25 | 35 | 42 | 50 | 52 | 16:11.0 | 1:38.0 |
| 8 | Pella | 212 | 9 | 45 | 49 | 54 | 55 | 56 | 57 | 17:27.2 | 3:24.0 |
| 9 | PCM | 272 | 34 | 58 | 59 | 60 | 61 | 62 | 63 | 19:26.2 | 4:33.3 |

Middle School Girls Individual Results

| Place | Points | Athlete | Grade | Time | Team |
|-------|--------|-------------------|-------|---------|-----------|
| 1 | 1 | Ainsley Erzen | 8 | 12:46.2 | Carlisle |
| 2 | 2 | Geneva Timmerman | 7 | 13:41.6 | ADM |
| 3 | 3 | Emily Naughton | 7 | 14:09.6 | Indianola |
| 4 | 4 | Darci Wiseman | 8 | 14:15.1 | Winterset |
| 5 | 5 | Dyllan Kaufman | 7 | 14:23.6 | Winterset |
| 6 | 6 | Meg Reitz | 8 | 14:38.9 | Ballard |
| 7 | 7 | Brooke Loewe | 8 | 14:39.2 | Ballard |
| 8 | 8 | Joey Werling | 8 | 14:46.7 | Indianola |
| 9 | 9 | Tricia Lundy | 7 | 15:08.9 | Pella |
| 10 | 10 | Kennedy Wendl | 8 | 15:18.1 | Norwalk |
| 11 | 11 | Mia Kerr | 8 | 15:24.9 | Winterset |
| 12 | 12 | Brynn Busta | 8 | 15:27.5 | ADM |
| 13 | 13 | Tessa Erzen | 7 | 15:30.8 | Carlisle |
| 14 | 14 | Emma Isenhardt | 8 | 15:39.2 | Dowling |
| 15 | 15 | Lauryn Frerichs | 7 | 15:42.9 | Dowling |
| 16 | 16 | Christianne Ledet | 7 | 15:43.7 | Ballard |
| 17 | 17 | Micah Yeager | 8 | 15:45.6 | Winterset |
| 18 | 18 | Clare O'Halloran | 8 | 15:50.7 | Dowling |
| 19 | 19 | Sadie Fredericks | 8 | 15:51.4 | Indianola |
| 20 | 20 | Olivia Tollari | 8 | 15:55.2 | ADM |
| 21 | 21 | Shae Sams | 7 | 15:55.9 | Indianola |
| 22 | 22 | Kate Huisinga | 8 | 15:57.2 | Ballard |
| 23 | 23 | Riley Sievers | 7 | 15:58.6 | Carlisle |
| 24 | 24 | Morgan Weeks | 8 | 15:59.7 | Norwalk |
| 25 | 25 | Choe Martin | 7 | 16:10.4 | Norwalk |
| 26 | 26 | Karsyn Kaufman | 7 | 16:11.1 | Winterset |
| 27 | 27 | Hallie Henfling | 8 | 16:13.9 | ADM |
| 28 | 28 | Maya Ehresman | 8 | 16:14.7 | Ballard |
| 29 | 29 | Haylee Heuton | 8 | 16:20.0 | Indianola |
| 30 | 30 | Claire Landmesser | 7 | 16:21.5 | Ballard |

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| | | | | | |
|----|----|--------------------|---|---------|-----------|
| 31 | 31 | Carly Kuhse | 8 | 16:21.7 | ADM |
| 32 | 32 | Natalie Parkins | 8 | 16:24.2 | Indianola |
| 33 | 33 | Karlynn Parkins | 8 | 16:25.1 | Indianola |
| 34 | 34 | Rylee DeVore | 7 | 16:27.5 | PCM |
| 35 | 35 | Presley Lucas | 7 | 16:30.7 | Norwalk |
| 36 | 36 | Sophia Chesney | 7 | 16:32.5 | ADM |
| 37 | 37 | Lucy Mallory | 7 | 16:33.6 | ADM |
| 38 | | Abby Jensen | 8 | 16:34.6 | Indianola |
| 39 | | Callie Moyer | 7 | 16:41.3 | ADM |
| 40 | 38 | Josie Jensen | 8 | 16:43.8 | Ballard |
| 41 | 39 | Madyline Taylor | 8 | 16:46.0 | Carlisle |
| 42 | | Alivia Fuller | 8 | 16:46.8 | Indianola |
| 43 | 40 | Bethany Patton | 7 | 16:50.8 | Dowling |
| 44 | | Trysta Hawkins | 8 | 16:53.4 | Indianola |
| 45 | 41 | Jersey Watts | 7 | 16:54.5 | Carlisle |
| 46 | 42 | Allison Schumaker | 8 | 16:56.1 | Norwalk |
| 47 | 43 | Olivia Dohrmann | 7 | 16:59.4 | Dowling |
| 48 | 44 | Laura Downs | 7 | 16:59.8 | Carlisle |
| 49 | 45 | Haley VanHouweling | 7 | 17:05.0 | Pella |
| 50 | | Hannah Graham | 8 | 17:12.5 | Indianola |
| 51 | | Elise Heckert | 8 | 17:14.8 | Indianola |
| 52 | | Carly Richards | 7 | 17:18.2 | Indianola |
| 53 | | Maren Haynes | 7 | 17:19.7 | Indianola |
| 54 | | Lilah Hegarty | 8 | 17:28.2 | ADM |
| 55 | | Isabel Christensen | 7 | 17:38.2 | Indianola |
| 56 | 46 | Cat Wyckoff | 8 | 17:44.7 | Carlisle |
| 57 | 47 | Carolina DePaula | 7 | 17:50.4 | Dowling |
| 58 | | Anna Miller | 8 | 17:51.2 | Indianola |
| 59 | 48 | Bailey Acton | 7 | 17:51.7 | Winterset |
| 60 | | Grace Gioffredi | 8 | 17:56.2 | Indianola |
| 61 | | Grace Ruelle | 7 | 17:57.7 | Indianola |
| 62 | 49 | Luci Laidlaw | 8 | 18:00.4 | Pella |
| 63 | 50 | Isabel George | 7 | 18:08.2 | Norwalk |
| 64 | 51 | Nicole Raku | 7 | 18:08.2 | Winterset |
| 65 | | Brynn Ortlund | 7 | 18:08.3 | Indianola |
| 66 | 52 | Raegan Levi | 8 | 18:09.1 | Norwalk |
| 67 | | Emily Juergens | 7 | 18:09.3 | Norwalk |
| 68 | | Delaney Halverson | 7 | 18:11.2 | Ballard |
| 69 | | Taylor Hurley | 7 | 18:15.3 | Norwalk |
| 70 | | Emily Bellizzi | 8 | 18:16.2 | Norwalk |
| 71 | | Hannah Allen | 7 | 18:18.4 | Indianola |
| 72 | 53 | Evan Dicker | 7 | 18:18.7 | Dowling |
| 73 | | Bella Parker | 8 | 18:20.2 | Indianola |
| 74 | | Morgan Busta | 8 | 18:22.1 | ADM |

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| | | | | | |
|-----|----|--------------------|---|---------|-----------|
| 75 | | Elizabeth Nigg | 7 | 18:25.5 | Winterset |
| 76 | 54 | Tatum Tierney | 7 | 18:28.8 | Pella |
| 77 | | Kate Easter | 8 | 18:29.6 | Dowling |
| 78 | 55 | Abbey Bogaards | 7 | 18:32.8 | Pella |
| 79 | | Jasmine Peacock | 7 | 18:33.7 | Carlisle |
| 80 | | Abby Zielke | 8 | 18:35.3 | Ballard |
| 81 | 56 | Norma Spiker | 7 | 18:36.0 | Pella |
| 82 | | Susanna Kritzler | 7 | 18:42.1 | Norwalk |
| 83 | | Ellie Parker | 7 | 18:47.8 | Indianola |
| 84 | | Kylie Larson | 7 | 18:54.8 | Dowling |
| 85 | 57 | Nora Rasmussen | 7 | 19:03.9 | Pella |
| 86 | 58 | Jillian Fairbanks | 7 | 19:08.1 | PCM |
| 87 | | Sophia Stineman | 8 | 19:18.2 | Dowling |
| 88 | | Liz Fredregill | 8 | 19:20.7 | Norwalk |
| 89 | | Alexis Nemechek | 7 | 19:25.6 | ADM |
| 90 | | Claire Sullivan | 8 | 19:28.9 | Dowling |
| 91 | | Paige Turner | 8 | 19:32.2 | Indianola |
| 92 | 59 | Emma Hiebert | 7 | 19:36.9 | PCM |
| 93 | | Laurel Leuwerke | 8 | 19:38.9 | Indianola |
| 94 | | Leah Rhode | 7 | 19:45.2 | Dowling |
| 95 | | Annamaria Dimon | 8 | 19:45.5 | Dowling |
| 96 | | Piper Giles | 7 | 20:02.8 | ADM |
| 97 | | Gracie Ross | 7 | 20:06.8 | Ballard |
| 98 | | Charlotte Kennedy | 8 | 20:09.3 | Dowling |
| 99 | | Maddie Heaberlin | 7 | 20:28.0 | Indianola |
| 100 | | Annie Pierson | 7 | 20:36.5 | Dowling |
| 101 | | Gretchen Faust | 7 | 20:41.4 | Norwalk |
| 102 | | Skye Rhoten | 7 | 20:42.5 | Pella |
| 103 | 60 | Teagan Glover | 7 | 20:57.4 | PCM |
| 104 | 61 | Allana Klein | 7 | 21:00.8 | PCM |
| 105 | | Emily Garcia | 8 | 21:03.6 | Indianola |
| 106 | | Graysen Boswell | 7 | 21:04.8 | Indianola |
| 107 | | Trinity Keller | 8 | 21:14.6 | Indianola |
| 108 | | Ellie Paskorz | 7 | 21:18.5 | Indianola |
| 109 | | Sophia Kirkpatrick | 7 | 21:25.9 | ADM |
| 110 | | Jaclynn Adams | 7 | 21:27.2 | Norwalk |
| 111 | | Emily VanderMolen | 7 | 21:44.9 | Pella |
| 112 | | Ashley Uitermarkt | 8 | 21:47.1 | Pella |
| 113 | | Ava Brunkhorst | 7 | 22:03.6 | Dowling |
| 114 | | Kennedy Hartson | 7 | 22:04.1 | Pella |
| 115 | | Whitney Ebeling | 7 | 22:34.8 | Pella |
| 116 | | Maya Owens | 7 | 22:38.5 | Dowling |
| 117 | | Kylie Camarata | 7 | 22:39.1 | Dowling |
| 118 | | Brynn Davis | 8 | 22:50.1 | Norwalk |

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| | | | | | |
|-----|----|----------------------|---|---------|-----------|
| 119 | | Ellie Kinsey | 7 | 22:50.1 | Indianola |
| 120 | | Alaina Joss | 8 | 22:52.9 | Norwalk |
| 121 | | Allysn Jenkins | 7 | 22:55.0 | Indianola |
| 122 | | Marlee Hixson | 7 | 22:58.2 | Indianola |
| 123 | | Giovy Eekhoff | 8 | 23:19.7 | Pella |
| 124 | | Sarah Denherder | 8 | 23:20.5 | ADM |
| 125 | | Hannah Dew | 8 | 23:25.6 | Indianola |
| 126 | | Keara Arnold | 7 | 23:26.5 | Norwalk |
| 127 | | Lisi Main | 8 | 23:30.7 | Dowling |
| 128 | | Morgan Gassman | 7 | 23:38.1 | Norwalk |
| 129 | | Hannah McGaw | 7 | 23:55.2 | Carlisle |
| 130 | | Sami Clark | 7 | 24:29.2 | Pella |
| 131 | 62 | Chloe Rasmusson | 7 | 24:39.9 | PCM |
| 132 | | Rian Brewer-Hawbaker | 8 | 25:29.7 | ADM |
| 133 | | Tatum Anthony | 7 | 26:06.9 | ADM |
| 134 | 63 | Isabelle Lorton | 7 | 26:41.1 | PCM |
| 135 | | Maddy White | 8 | 26:58.9 | Pella |
| 136 | | Bailey Walz | 7 | 27:45.0 | Pella |

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Middle School Boys Team Results

| Place | Team | Points | Places of Finishers (offset scoring) | | | | | | | | Average | Spread |
|-------|-----------|--------|--------------------------------------|----|----|----|----|----|----|---------|---------|--------|
| 1 | Dowling | 46 | 7 | 8 | 9 | 10 | 12 | 16 | 18 | 13:04.0 | 0:35.1 | |
| 2 | ADM | 63 | 6 | 11 | 13 | 14 | 19 | 42 | 44 | 13:20.9 | 0:54.7 | |
| 3 | Pella | 82 | 1 | 2 | 20 | 27 | 32 | 41 | 47 | 13:11.2 | 2:26.7 | |
| 4 | Indianola | 84 | 3 | 5 | 23 | 24 | 29 | 37 | 39 | 13:25.7 | 1:40.7 | |
| 5 | Carlisle | 120 | 15 | 21 | 25 | 28 | 31 | 33 | 35 | 13:56.1 | 0:38.6 | |
| 6 | Norwalk | 124 | 4 | 17 | 22 | 36 | 45 | 51 | 53 | 14:02.8 | 2:51.8 | |
| 7 | Winterset | 207 | 26 | 34 | 43 | 50 | 54 | 55 | 58 | 15:02.5 | 1:59.3 | |
| 8 | Ballard | 213 | 30 | 40 | 46 | 48 | 49 | 52 | 57 | 15:08.4 | 1:30.3 | |
| 9 | PCM | 274 | 38 | 56 | 59 | 60 | 61 | | | 17:41.2 | 6:55.7 | |

Middle School Boys Individual Results

| Place | Points | Athlete | Grade | Time | Team |
|-------|--------|---------------------|-------|---------|-----------|
| 1 | 1 | Josiah Wittenberg | 8 | 11:48.1 | Pella |
| 2 | 2 | Chase Lauman | 7 | 12:07.2 | Pella |
| 3 | 3 | Logan Hoger | 8 | 12:25.1 | Indianola |
| 4 | 4 | Jack Brown | 7 | 12:39.2 | Norwalk |
| 5 | 5 | Curtis Johnson | 8 | 12:41.3 | Indianola |
| 6 | 6 | Quinton Kimrey | 8 | 12:41.5 | ADM |
| 7 | 7 | Will Ryan | 8 | 12:53.9 | Dowling |
| 8 | 8 | Tommy Hancock | 8 | 12:55.1 | Dowling |
| 9 | 9 | Joe Reed | 8 | 12:59.8 | Dowling |
| 10 | 10 | Carson Houg | 8 | 13:02.1 | Dowling |
| 11 | 11 | Sam Hlas | 8 | 13:21.5 | ADM |
| 12 | 12 | Tyler Schweizer | 8 | 13:28.9 | Dowling |
| 13 | 13 | Caleb Crystal | 8 | 13:32.2 | ADM |
| 14 | 14 | Seth Walter | 8 | 13:33.0 | ADM |
| 15 | 15 | Logan Howard | 7 | 13:33.7 | Carlisle |
| 16 | 16 | Ben Huegerich | 8 | 13:34.9 | Dowling |
| 17 | 17 | Lance Nielsen | 8 | 13:35.6 | Norwalk |
| 18 | 18 | Jake Noonan | 8 | 13:35.7 | Dowling |
| 19 | 19 | Cooper Greenslade | 8 | 13:36.2 | ADM |
| 20 | | Gabe Shaw | 7 | 13:40.7 | Dowling |
| 21 | 20 | Cutler Turner | 8 | 13:43.3 | Pella |
| 22 | 21 | Keith Christenson | 8 | 13:49.0 | Carlisle |
| 23 | 22 | Will Chase | 7 | 13:52.7 | Norwalk |
| 24 | 23 | Krishyon Grabovskis | 8 | 13:56.6 | Indianola |
| 25 | 24 | Hunter Seifrig | 7 | 13:59.7 | Indianola |
| 26 | 25 | Mason Ramsey | 8 | 14:00.2 | Carlisle |
| 27 | 26 | Luke Heithoff | 7 | 14:01.6 | Winterset |
| 28 | 27 | Logan Solomon | 7 | 14:02.6 | Pella |
| 29 | 28 | Brady Birkenholtz | 7 | 14:05.0 | Carlisle |
| 30 | 29 | Preston Bily | 7 | 14:05.8 | Indianola |

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| | | | | | |
|----|----|---------------------|---|---------|-----------|
| 31 | 30 | Conner Hill | 8 | 14:07.2 | Ballard |
| 32 | | Christopher Pierson | 8 | 14:09.2 | Dowling |
| 33 | 31 | Kaden Baxter | 8 | 14:12.2 | Carlisle |
| 34 | 32 | Jobey Olson | 8 | 14:14.7 | Pella |
| 35 | 33 | Chris Holland | 8 | 14:18.2 | Carlisle |
| 36 | 34 | Jaydon Songer | 7 | 14:21.3 | Winterset |
| 37 | 35 | Brant Murray | 7 | 14:31.2 | Carlisle |
| 38 | 36 | Owen Oppel | 7 | 14:35.4 | Norwalk |
| 39 | | Garrett Putze | 8 | 14:37.6 | Dowling |
| 40 | | Jake Miller | 8 | 14:43.6 | Dowling |
| 41 | 37 | Keene Barnes | 8 | 14:43.7 | Indianola |
| 42 | 38 | Caden Bouwkamp | 7 | 14:46.7 | PCM |
| 43 | 39 | Bryce Aldridge | 8 | 14:47.1 | Indianola |
| 44 | | Caden Souer-Fehrer | 8 | 14:47.2 | Indianola |
| 45 | 40 | Max Paulin | 8 | 14:47.9 | Ballard |
| 46 | | Jackson Overton | 7 | 14:57.5 | Indianola |
| 47 | 41 | Levi VanDusseldorp | 8 | 15:00.5 | Pella |
| 48 | | Wyatt Squires | 8 | 15:01.1 | Carlisle |
| 49 | | Jackson Ode | 7 | 15:03.5 | Dowling |
| 50 | | Dakota Hambaugh | 7 | 15:05.4 | Indianola |
| 51 | 42 | Clayton Gustafson | 8 | 15:06.2 | ADM |
| 52 | 43 | Sean Dole | 7 | 15:08.0 | Winterset |
| 53 | | Will Bussey | 8 | 15:08.3 | Dowling |
| 54 | | Raymond Birech | 7 | 15:15.3 | Carlisle |
| 55 | | Flynn Milligan | 7 | 15:15.6 | Dowling |
| 56 | | Kinnick Werling | 7 | 15:15.9 | Indianola |
| 57 | | Cooper Chia | 7 | 15:18.9 | Dowling |
| 58 | 44 | Joel Freiermuth | 7 | 15:19.4 | ADM |
| 59 | | Aaron Parks | 7 | 15:20.6 | Carlisle |
| 60 | | Brayden Kessler | 8 | 15:27.0 | Carlisle |
| 61 | 45 | Levi Webb | 7 | 15:31.0 | Norwalk |
| 62 | 46 | Ian Godbold | 7 | 15:33.5 | Ballard |
| 63 | 47 | Akira Lopez | 8 | 15:33.6 | Pella |
| 64 | 48 | Austin Shoен | 7 | 15:35.6 | Ballard |
| 65 | 49 | Spencer Salasek | 8 | 15:37.5 | Ballard |
| 66 | | Cooper VandeVoort | 7 | 15:39.6 | Pella |
| 67 | 50 | Bryce Buckalew | 7 | 15:40.6 | Winterset |
| 68 | | Nathan Epley | 7 | 15:41.4 | Indianola |
| 69 | | Reid Hermanson | 7 | 15:41.7 | Pella |
| 70 | 51 | Spencer Taylor | 8 | 15:52.2 | Norwalk |
| 71 | | Jason Latta | 7 | 15:54.1 | Dowling |
| 72 | 52 | Ian Dorrenkamp | 8 | 15:55.6 | Ballard |
| 73 | 53 | Luke Geyer | 8 | 15:57.0 | Norwalk |
| 74 | | Logan Boyd | 8 | 15:59.9 | Norwalk |

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| | | | | | |
|-----|----|--------------------|---|---------|-----------|
| 75 | 54 | Brayden Dinkla | 7 | 16:00.9 | Winterset |
| 76 | | Jeremiah Dronet | 7 | 16:03.0 | Carlisle |
| 77 | | Cody Hargin | 8 | 16:05.2 | Norwalk |
| 78 | 55 | Seth Gardner | 8 | 16:06.9 | Winterset |
| 79 | | Nick Blum | 8 | 16:11.3 | ADM |
| 80 | 56 | Kyle Sanders | 8 | 16:13.8 | PCM |
| 81 | | Charlie Alleman | 8 | 16:14.1 | Carlisle |
| 82 | | Trevor Fitzpatrick | 8 | 16:21.8 | Dowling |
| 83 | | Evan Holt | 7 | 16:22.0 | Dowling |
| 84 | | Ian Schwarzkopf | 8 | 16:25.0 | ADM |
| 85 | | Joey Eginoire | 8 | 16:28.8 | Indianola |
| 86 | 57 | Alex Holmes | 7 | 16:38.8 | Ballard |
| 87 | | Michael Vandermark | 7 | 16:45.9 | ADM |
| 88 | | Danny Nielsen | 7 | 16:47.7 | Dowling |
| 89 | | Jackson Goshon | 8 | 16:48.2 | Norwalk |
| 90 | | Brenden Merical | 8 | 16:52.8 | Indianola |
| 91 | | Jacob Grubb | 8 | 16:55.1 | Indianola |
| 92 | 58 | Devin Bott | 8 | 16:59.2 | Winterset |
| 93 | | Shane Ackelson | 7 | 17:01.8 | Indianola |
| 94 | | Joe Wilwerding | 7 | 17:04.9 | Dowling |
| 95 | | Jackson Barry | 8 | 17:05.9 | Carlisle |
| 96 | | David Andersen | 7 | 17:10.8 | Indianola |
| 97 | | Tyler Condon | 7 | 17:13.7 | Norwalk |
| 98 | | Johnny Fox | 7 | 17:15.4 | Dowling |
| 99 | | Isaac Seger | 7 | 17:17.2 | Indianola |
| 100 | | Boston Anker | 8 | 17:19.9 | Winterset |
| 101 | | Aiden Edgar | 7 | 17:21.4 | Ballard |
| 102 | | Jack Ahartz | 7 | 17:21.8 | Carlisle |
| 103 | | Aj Snyder | 7 | 17:22.0 | Carlisle |
| 104 | | Aaron Flynaardt | 7 | 17:22.1 | Dowling |
| 105 | | Jack Power | 7 | 17:24.1 | Dowling |
| 106 | | John Lawler | 7 | 17:25.9 | Dowling |
| 107 | 59 | Will Owens | 7 | 17:28.7 | PCM |
| 108 | | Peyton Compton | 7 | 17:41.4 | Norwalk |
| 109 | | Garrett Goben | 8 | 17:51.1 | Indianola |
| 110 | | Luke Bringle | 7 | 17:56.8 | Dowling |
| 111 | 60 | Mickey Mackawich | 7 | 18:14.1 | PCM |
| 112 | | Keith Steele | 7 | 18:16.7 | Winterset |
| 113 | | Ben Mortvedt | 8 | 18:21.8 | Winterset |
| 114 | | Alec McCormick | 7 | 18:22.9 | Carlisle |
| 115 | | Kenny Krogstad | 8 | 18:23.6 | Pella |
| 116 | | Tyler Nablo | 8 | 18:24.1 | Carlisle |
| 117 | | Carson Graham | 8 | 18:30.0 | Indianola |
| 118 | | Trent Harper | 8 | 18:49.3 | Norwalk |

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| | | | | | |
|-----|----|--------------------|---|---------|-----------|
| 119 | | Casey Eagan | 8 | 19:08.2 | Norwalk |
| 120 | | Josiah Howland | 7 | 19:11.6 | Norwalk |
| 121 | | Austin Follis | 7 | 19:15.8 | Carlisle |
| 122 | | Jacob Rietveld | 7 | 19:22.2 | Pella |
| 123 | | Tristan Hummel | 7 | 19:31.2 | Carlisle |
| 124 | | Caleb Stewart | 7 | 19:40.6 | Pella |
| 125 | | Aidan VanDonselaar | 7 | 19:50.7 | Pella |
| 126 | | Tyler DeHeus | 7 | 19:59.7 | Pella |
| 127 | | Eli Newland | 8 | 20:00.0 | Norwalk |
| 128 | | Kobe Headlee | 8 | 20:15.2 | Indianola |
| 129 | | Max Anderson | 7 | 20:17.8 | Ballard |
| 130 | | Jack Shepard | 7 | 20:19.4 | Ballard |
| 131 | | Jaxon Miller | 7 | 20:21.8 | Ballard |
| 132 | | Nate Strawn | 7 | 20:27.6 | Dowling |
| 133 | | Roger Cambron | 7 | 21:02.8 | Indianola |
| 134 | | Zane Lathrum | 8 | 21:05.4 | Indianola |
| 135 | | Ronin Dennill | 7 | 21:08.4 | Pella |
| 136 | 61 | Ty True | 7 | 21:42.3 | PCM |
| 137 | | Tyler Boege | 7 | 21:51.0 | Indianola |
| 138 | | Jack Grossman | 8 | 21:53.2 | Dowling |
| 139 | | Hayden Rozenboom | 7 | 21:53.7 | Pella |
| 140 | | Harsh Patel | 7 | 22:20.7 | Pella |
| 141 | | Grant Anderson | 7 | 22:27.4 | Pella |
| 142 | | Cooper Wadle | 8 | 22:52.9 | ADM |
| 143 | | Nathan Baumhover | 8 | 23:13.4 | Dowling |
| 144 | | Remy Baccam | 7 | 23:25.0 | Carlisle |
| 145 | | Pranav Karnam | 7 | 23:28.2 | Pella |
| 146 | | Isaac Boualavong | 7 | 23:35.1 | Pella |
| 147 | | Jake Brenizer | 7 | 24:47.4 | Pella |
| 148 | | Gunnar Peterson | 7 | 25:50.8 | Ballard |
| 149 | | Alex Pennington | 8 | 26:07.6 | Indianola |