

## Senior All-Star Track Meet Schedule 2018



9:45 a.m.	<b>Parade of Senior All-Stars</b>
<b>Field Events</b>	
10:30 a.m.	Shot Put Women – followed by Men
	Discus Women (after completion of Men's Shot Put) – followed by Men
	Long Jump Men – followed by Women
	High Jump Women – followed by Men
	Pole Vault Women – followed by Men
	Triple Jump Men (after completion of Women's LJ) – followed by Women
<b>Running Events</b>	
11:00 a.m.	Shuttle Hurdle Relay Women (33")
11:10 a.m.	Shuttle High Hurdle Relay Men (39")
11:20 a.m.	100m Dash Women
11:25 a.m.	100m Dash Men
11:32 a.m.	3200m Women
11:47 a.m.	3200m Men
12:01 p.m.	4x800m Relay Women
12:15 p.m.	4x800m Relay Men
12:30 p.m.	1600m Medley Women (200-200-400-800)
12:40 p.m.	1600m Medley Men (200-200-400-800)
12:48 p.m.	400m Dash Women
12:55 p.m.	400m Dash Men
1:02 p.m.	4x200m Relay Women
1:10 p.m.	4x200m Relay Men
1:20 p.m.	110m High Hurdles Men (39")
1:30 p.m.	100m Hurdles Women (33")
1:40 p.m.	800m Run Women
1:45 p.m.	800m Run Men
1:52 p.m.	200m Dash Women
1:58 p.m.	200m Dash Men
2:10 p.m.	400m Low Hurdles Women (30")
2:15 p.m.	400m Low Hurdles Men (30")
2:22 p.m.	1600m Run Women
2:30 p.m.	1600m Run Men
2:40 p.m.	4x100m Relay Women
2:45 p.m.	4x100m Relay Men
2:50 p.m.	4x400m Relay Women
3:00 p.m.	4x400m Relay Men
3:15 p.m.	<b>Awards Presentation</b>

**CONGRATULATIONS SENIORS!**