

West Central Valley Cross Country Classic
1086 State Highway 25
Menlo, IA
West Central Valley Schools
Thursday, August 30, 2018

Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Panorama	24	1	2	3	7	11	14	17	1:49:18.85	21:51.77
2	Greene County	101	8	16	21	26	30	48	49	2:03:33.06	24:42.62
3	Nodaway Valley	101	4	5	18	36	38			2:03:52.63	24:46.53
4	Exira-EHK School	104	6	15	24	28	31	39	41	2:04:49.94	24:57.99
5	Audubon	117	9	10	19	35	44	45		2:08:23.58	25:40.72
6	Southwest Valley	119	13	22	23	29	32	43	46	2:06:24.24	25:16.85
7	Martensdale St. Marys	156	12	33	34	37	40			2:12:39.14	26:31.83
8	Cam	161	20	25	27	42	47	50	51	2:16:34.32	27:18.87

Girls Individual Results

Place	Athlete	Team	Time	Pace	Points
1	Waddle, Ella	Panorama	6:22.8	19:49.21	1
2	Beckman, Payton	Panorama	7:00.5	21:46.38	2
3	Steffen, Gwen	Panorama	7:02.3	21:51.78	3
4	Weinheimer, Reagan	Nodaway Valley	7:05.9	22:03.06	4
5	Broers, Sophia	Nodaway Valley	7:08.8	22:12.10	5
6	Goering, Abby	Interstate 35		7:11.3	22:20.00
7	Hansen, Kate	Exira-EHK	7:16.1	22:34.73	6
8	Steffen, Olivia	Panorama	7:16.5	22:35.91	7
9	Lamoureux, Kassie	Greene County	7:16.6	22:36.34	8
10	Slater, Grace	Audubon	7:21.8	22:52.36	9
11	Isenhardt, Emma	Des Moines C	7:25.9	23:05.09	
12	Nielsen, Katelyn	Audubon	7:28.0	23:11.61	10
13	Behrends, Brooklyn	Panorama	7:29.2	23:15.57	11
14	Stewart, Skylyr	Martensdale	7:31.0	23:21.10	12
15	Dickson, Aliyah	West Central Valley	7:32.1	23:24.61	
16	Davies, Sydney	Southwest Valley	7:33.8	23:29.70	13
17	Fett, Leah	Panorama	7:41.3	23:53.00	14
18	Fink, Kelli	Interstate 35		7:47.8	24:13.31
19	Wilson, Shelbi	Exira-EHK	7:48.0	24:14.02	15
20	Allender, Conner	Greene County	7:48.3	24:14.94	16
21	Steffen, Bryn	Panorama	7:49.9	24:19.68	17
22	Cobb, Abby	Panorama	7:51.1	24:23.37	
23	Kuhns, Mallory	Nodaway Valley	7:55.0	24:35.48	18
24	Escoto, Emily	West Central Valley	7:56.9	24:41.41	
25	Thygesen, Hannah	Audubon	7:58.2	24:45.42	19
26	Holaday, Whitney	Cam	7:58.2	24:45.60	20
27	Harmeyer, Ashlee	Greene County	7:58.7	24:47.03	21
28	Pearson, Halle	Southwest Valley	7:59.6	24:49.90	22

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29	Boswell, Aubrey	Southwest Valley	8:00.9	24:54.11	23
30	Paulsen, Camryn	Exira-EHK	8:03.3	25:01.41	24
31	Plagman, Emily	Cam	8:03.3	25:01.57	25
32	Kafer, Makala	Greene County	8:08.5	25:17.71	26
33	Smith, Emily	Panorama	8:10.2	25:23.00	
34	Martin, Orianna	Saydel	8:13.9	25:34.48	
35	Webster, Chloe	Panorama	8:16.7	25:43.13	
36	Stephenson, Cadence	Cam	8:20.0	25:53.18	27
37	Garton, Vanessa	Saydel	8:20.0	25:53.33	
38	Pieper, Ali	Des Moines C	8:27.3	26:16.12	
39	Yoshida, McKenzie	Exira-EHK	8:28.6	26:20.07	28
40	Westlake, Sydney	Southwest Valley	8:31.3	26:28.35	29
41	Bravard, Izzy	Greene County	8:34.1	26:37.04	30
42	Schultes, Ellie	Exira-EHK	8:34.9	26:39.71	31
43	Jacobs, Kaylee	Southwest Valley	8:35.7	26:42.18	32
44	Archibald, Jensen	Martensdale	8:37.1	26:46.33	33
45	Amfahr, Katelyn	Martensdale	8:37.7	26:48.40	34
46	Sporrer, Kodie	Audubon	8:39.1	26:52.68	35
47	Sotter, Kandice	Saydel	8:40.8	26:58.03	
48	Poldberg, Angel	Panorama	8:44.8	27:10.27	
49	Waddle, Jaelyn	Panorama	8:46.9	27:17.03	
50	Yonker, Jena	Nodaway Valley	8:49.0	27:23.41	36
51	Slifka, Halle	Martensdale	8:50.1	27:26.81	37
52	Ford, Erin	Nodaway Valley	8:53.9	27:38.58	38
53	Chadwick, Cassidy	Exira-EHK	9:05.1	28:13.56	39
54	Hart, Grace	Martensdale	9:06.1	28:16.50	40
55	Doherty, Justice	Exira-EHK	9:07.4	28:20.54	41
56	Glasgow, Zhoie	Des Moines C	9:09.8	28:28.15	
57	Jackson, Jade	Cam	9:12.2	28:35.37	42
58	Lowe, Emily	Saydel	9:17.9	28:53.31	
59	Wahman, Shaynna	West Central Valley	9:22.5	29:07.45	
60	Schlueter, Claire	Exira-EHK	9:31.8	29:36.25	
61	Johnson, Bella	Southwest Valley	9:41.2	30:05.53	43
62	Becker, Olivia	West Central Valley	9:41.5	30:06.62	
63	Albertsen, Gracye	Audubon	9:52.8	30:41.51	44
64	Andersen, Chloe	Audubon	9:55.9	30:51.29	45
65	Stineman, Sophia	Des Moines C	10:06.1	31:22.88	
66	Wetzel, Abbie	Southwest Valley	10:12.1	31:41.67	46
67	Jahde, Sammi	Cam	10:24.0	32:18.59	47
68	Tucker, Tieryn	Greene County	10:27.0	32:27.86	48
69	Lamoureux, Kirsten	Greene County	10:27.1	32:28.03	49

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70	Caniglia, Leslie	Exira-EHK	10:37.4	33:00.31	
71	Becker, Haley	Cam	11:21.7	35:17.87	50
72	South, Carlee	Cam	11:21.8	35:18.12	51
73	Perry, RoAnn	Cam	12:04.2	37:29.76	
74	Scar, Kate	Cam	12:04.9	37:32.09	

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Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Nodaway Valley	37	1	4	8	10	14	18	60	1:30:51.75	18:10.35
2	Des Moines Christian	51	3	5	9	12	22	23	37	1:32:24.09	18:28.82
3	Saydel	70	6	7	17	19	21	29	40	1:34:06.97	18:49.40
4	Martensdale St. Marys	134	15	20	28	33	38	41	58	1:39:27.86	19:53.58
5	West Central Valley	148	2	13	36	42	55	70		1:40:49.05	20:09.81
6	Panorama	159	24	26	27	39	43	46	49	1:42:01.03	20:24.21
7	Greene County	179	25	30	35	44	45	53	54	1:43:31.38	20:42.28
8	Ankeny Christian Academy	210	31	34	47	48	50	61	63	1:45:56.85	21:11.37
9	Interstate 35	229	11	32	56	64	66	67	72	1:51:01.61	22:12.33
10	Cam	240	16	51	52	59	62	75		1:50:59.15	22:11.83
11	Southwest Valley	330	57	65	68	69	71	73	74	2:07:00.96	25:24.20

Boys Individual Results

Place	Athlete	Team	Time	Pace	Points
1	Baudler, Joshua	Nodaway Valley	5:30.1	17:05.35	1
2	Foster, Loudon	West Central Valley	5:33.4	17:15.62	2
3	Houg, Carson	Des Moines C	5:43.0	17:45.42	3
4	Breheny, Ben	Nodaway Valley	5:47.8	18:00.57	4
5	Fopma, Jacob	Des Moines C	5:48.8	18:03.59	5
6	Jurgensen, Caleb	Saydel	5:49.0	18:04.08	6
7	Hynick, Ryan	Saydel	5:52.0	18:13.58	7
8	Menefee, Carter	Nodaway Valley	5:53.4	18:17.80	8
9	Lounsbury, Luke	Des Moines C	5:55.8	18:25.40	9
10	Breheny, Tyler	Nodaway Valley	5:57.0	18:29.01	10
11	Fitzgerald, Wyatt	Interstate 35	5:59.7	18:37.52	11
12	Fopma, Noah	Des Moines C	6:03.6	18:49.56	12
13	Dickson, Jayden	West Central Valley	6:04.5	18:52.46	13
14	Bower, Toby	Nodaway Valley	6:06.7	18:59.02	14
15	Wenk, Jacob	Martensdale	6:09.2	19:06.93	15
16	Follman, Ethan	Cam	6:11.0	19:12.52	16
17	Plascencia, Seth	Saydel	6:11.8	19:15.02	17
18	Blazek, Joel	Nodaway Valley	6:11.9	19:15.46	18
19	Pyles, Austin	Saydel	6:12.2	19:16.17	19
20	Criswell, Robbie	Martensdale	6:12.4	19:16.87	20
21	Jaschke, Cole	Saydel	6:12.8	19:18.12	21
22	Castile, Christian	Des Moines C	6:13.4	19:20.12	22
23	Castile, Trey	Des Moines C	6:20.2	19:40.95	23
24	Cogil, Kevin	Panorama	6:21.5	19:44.99	24
25	Brus, Conner	Greene County	6:22.3	19:47.70	25
26	Richey, Levi	Panorama	6:22.5	19:48.36	26

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27	Kirtley, Noah	Panorama	6:25.1	19:56.39	27
28	Bloodgood, Derek	Martensdale	6:26.7	20:01.16	28
29	Shinn, Garrett	Saydel	6:27.6	20:03.97	29
30	Woodruff, Logan	Greene County	6:27.6	20:04.15	30
31	Garcia, Jacob	Ankeny Chris	6:28.3	20:06.26	31
32	Kirkpatrick, Kyler	Interstate 35	6:28.8	20:07.96	32
33	Kleve, Derek	Martensdale	6:30.1	20:11.96	33
34	Worsham, Gabe	Ankeny Chris	6:30.5	20:12.96	34
35	Bryson, Jack	Greene County	6:30.6	20:13.45	35
36	Gerling, Matt	West Central Valley	6:38.4	20:37.59	36
37	Moser, Nate	Des Moines C	6:40.2	20:43.38	37
38	Rose, Joey	Martensdale	6:42.7	20:50.94	38
39	Kemble, Kade	Panorama	6:44.7	20:57.17	39
40	Kayser, Ben	Saydel	6:48.6	21:09.31	40
41	Craig, Chris	Martensdale	6:53.1	21:23.35	41
42	Hazen, Brett	West Central Valley	6:56.0	21:32.23	42
43	McCarthy, Declan	Panorama	6:56.6	21:34.12	43
44	Lebeck, Trevor	Greene County	6:58.7	21:40.69	44
45	Carstensen, Jayden	Greene County	7:00.2	21:45.39	45
46	Bailey, Isaac	Des Moines C	7:00.8	21:47.09	
47	Norman, Avery	Panorama	7:01.2	21:48.37	46
48	Johnson, Malachi	Ankeny Chris	7:01.3	21:48.76	47
49	McDermott, Ben	Ankeny Chris	7:01.9	21:50.58	48
50	Wehmeyer, Jordan	Panorama	7:03.9	21:56.93	49
51	Davenport, Josiah	Ankeny Chris	7:04.4	21:58.29	50
52	Grensteiner, Christian	Des Moines C	7:06.7	22:05.58	
53	Hill, Michael	Cam	7:08.2	22:10.08	51
54	Hecker, Caleb	Saydel	7:09.4	22:14.04	
55	Mills, Alec	Panorama	7:09.7	22:14.97	
56	Stephenson, Seth	Cam	7:09.9	22:15.41	52
57	Brooks, Makail	Saydel	7:11.5	22:20.60	
58	Killeen, Tate	Audubon	7:12.4	22:23.42	
59	Hardaway, Brian	Greene County	7:12.5	22:23.67	53
60	Carstensen, Jax	Greene County	7:13.3	22:25.94	54
61	Abbot, Riley	West Central Valley	7:14.9	22:31.15	55
62	Budd, Cody	Audubon	7:17.9	22:40.30	
63	Losee, Isaiah	Greene County	7:20.7	22:49.16	
64	Dickinson, Seth	Interstate 35	7:21.2	22:50.67	56
65	Kinyon, Daniel	Southwest Valley	7:21.4	22:51.37	57
66	Christensen, Morgan	Audubon	7:21.6	22:51.95	
67	Higens, Dylan	Martensdale	7:22.2	22:53.59	58

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68	Steffensen, Eyan	Cam	7:22.6	22:55.09	59
69	Michael, Kenne	Saydel	7:23.6	22:58.17	
70	Menefee, Mason	Nodaway Valley	7:26.7	23:07.59	60
71	Hafner, Drew	Panorama	7:29.5	23:16.53	
72	Mortale, Zander	Martensdale	7:35.1	23:33.74	
73	Jacobs, Keenan	Ankeny Chris	7:43.2	23:59.04	61
74	VanOtterloo, Lucas	Nodaway Valley	7:46.7	24:09.97	
75	Ralls, David	Martensdale	7:47.6	24:12.54	
76	Gettler, Walker	Cam	7:51.9	24:26.05	62
77	Bakke, Joe	Ankeny Chris	7:53.5	24:30.92	63
78	Wilson, Sean	Interstate 35	7:54.2	24:33.03	64
79	Venteicher, Blake	Southwest Valley	7:54.4	24:33.91	65
80	Larsen, Ethan	Greene County	7:55.7	24:37.67	
81	Tolsdorf, Anthony	Greene County	7:58.9	24:47.75	
82	Weckman, Aidan	Interstate 35	8:00.4	24:52.43	66
83	VanderWerf, Colton	Interstate 35	8:07.6	25:14.80	67
84	Lause, Trevor	Saydel	8:14.8	25:37.06	
85	Pierce, Kacey	Des Moines C	8:16.6	25:42.61	
86	Wetzler, Ian	Martensdale	8:17.0	25:44.05	
87	Hansen, Paul	Panorama	8:18.9	25:49.76	
88	McCormick, Sean	Southwest Valley	8:22.5	26:00.92	68
89	Harris, Raymond	Southwest Valley	8:25.6	26:10.76	69
90	Egger, Jake	West Central Valley	8:27.8	26:17.39	70
91	Edema, August	Ankeny Chris	8:35.9	26:42.76	
92	Newton, Trent	Southwest Valley	8:49.2	27:24.00	71
93	Truman, Ryan	Interstate 35	8:50.7	27:28.70	72
94	Pelham, Noah	Ankeny Chris	8:56.5	27:46.68	
95	Peterson, Logan	Interstate 35	9:08.6	28:24.40	
96	Hutzel, Adam	Martensdale	9:10.3	28:29.61	
97	Larsen, Jackson	Ankeny Chris	9:19.4	28:58.00	
98	Maddox, Daniel	Southwest Valley	9:20.3	29:00.72	73
99	Avila, Brayden	Southwest Valley	9:23.0	29:09.17	74
100	Rehkemper, Drake	Des Moines C	9:29.1	29:27.95	
101	Riker, Noah	Cam	9:36.3	29:50.47	75
102	Bounds, Gaven	Martensdale	10:48.5	33:34.70	
103	Borseth, Will	Interstate 35	11:20.5	35:13.98	