

**Central Iowa Metropolitan League
Metro Division
Cross Country Championships
Ewing Park, IA
Thursday, October 11, 2018**

Varsity Girls Team Results

Place	Team	Points
1	Roosvelt	25
2	Ottumwa	39
3	Hoover	90
4	North	117
5	Des Moines East	132
6	Lincoln	135

Varsity Girls Individual Results

Place	Athlete	Time	Team	Time
1	Carollin Mellin	20:20.19	Ottumwa	6:32
2	Alli Bookin-Nosbisch	20:36.75	Ottumwa	6:38
3	Fleming Sarah	20:55.01	Roosevelt	6:43
4	Colvig Clara	20:59.71	Roosevelt	6:45
5	Fleming Megan	21:19.88	Roosevelt	6:51
6	Gilbreath Anna	21:33.93	Roosevelt	6:56
7	Green Elle	21:59.99	Roosevelt	7:04
8	Isabelle Mellin	22:16.11	Ottumwa	7:10
9	Fry Zoe	22:43.38	Roosevelt	7:18
10	Ikilas Hasan	23:01.26	North	7:24
11	Hoard Gabi	23:01.37	Roosevelt	7:24
12	Meghan Coulter	23:08.87	Ottumwa	7:27
13	Arabia Parkey	23:13.75	Hoover	7:28
14	Gabriella Zanders	23:48.98	North	7:39
15	Marissa Thompson	23:59.65	Des Moines East	7:43
16	Lina Newland	24:11.89	Ottumwa	7:47
17	Lydia Swanson	24:25.93	Hoover	7:51
18	Hager Ibrahim	24:59.97	Des Moines East	8:02
19	Elizabeth Smith	25:24.63	Hoover	8:10
20	Shiggo Shadin	25:35.42	Hoover	8:14
21	Temira Goods	25:42.13	Hoover	8:16
22	Alexandra Chamu	25:42.46	Lincoln	8:16
23	Sophia Ford	25:56.58	Ottumwa	8:20
24	Stephanie Jaimes	26:22.90	Lincoln	8:29
25	Sydney Schlarbaum	26:30.20	Ottumwa	8:31
26	Rachel Math	26:42.20	Hoover	8:35
27	Karima Koko	27:08.70	North	8:44
28	Salome Sanchez	27:11.45	Lincoln	8:45
29	Jillian Sergeant	27:39.20	Des Moines East	8:54
30	Hailey Neer	28:31.63	Lincoln	9:10
31	Kaylee Weaver	28:32.94	Lincoln	9:11
32	Nirvana Perez Diaz	28:54.63	North	9:18

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33	Maria Reyes	28:58.91	Des Moines East	9:19
34	Said Perez Diaz	29:04.19	North	9:21
35	Sophia Torres	29:12.17	Lincoln	9:23
36	Eto Itabelo	30:02.42	North	9:40
37	Sarah Landon	30:39.42	Des Moines East	9:52
38	Daniela Gama	30:39.67	Des Moines East	9:52
39	Naomi Bourland	31:52.00	Hoover	10:15

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Varsity Boys Team Results

Place	Team	Points
1	Des Moines Roosevelt	20
2	Lincoln	69
3	East HS	75
4	Ottumwa	91
5	DSM North	133
6	Hoover	142

Varsity Boys Individual Results

Place	Athlete	Time	Team	Time
1	Andrew Klein	17:39.68	Lincoln	5:41
2	Harry Prentice	17:57.53	Des Moines Roosevelt	5:46
3	Ethan James	18:12.05	Des Moines Roosevelt	5:51
4	Austin Quinn	18:17.54	Des Moines Roosevelt	5:53
5	Ben Russell	18:17.55	Des Moines Roosevelt	5:53
6	Lucas George	18:19.99	Des Moines Roosevelt	5:54
7	Andres Cruz-Castro	18:25.51	East HS	5:55
8	Donald Carpenter	18:34.28	East HS	5:58
9	Dylan Veigulis	18:41.01	Lincoln	6:00
10	Brice Rhodes	18:52.21	Hoover	6:04
11	Max Thomason	18:58.12	Ottumwa	6:06
12	Isiaha Walton	19:00.97	East HS	6:07
13	Vital Nyabushi	19:02.41	DSM North	6:07
14	Joseph Routh	19:07.94	DSM North	6:09
15	Festo Iranezeye	19:20.54	Des Moines Roosevelt	6:13
16	Andres Hernandez Pool	19:26.67	Ottumwa	6:15
17	Luis Sosa	19:30.95	Ottumwa	6:16
18	Josh Artero	19:30.95	Lincoln	6:16
19	Anthony Nguyen	19:38.02	Lincoln	6:19
20	Rowen Abbas	19:39.52	Des Moines Roosevelt	6:19
21	Zachary Niederklopfner	19:44.81	East HS	6:21
22	Keylan Irvin	19:51.27	Lincoln	6:23
23	Asa Canny	19:53.02	Ottumwa	6:23
24	Aytonn Bar-Shimon	20:02.51	Ottumwa	6:27
25	Adrian Dubon	20:18.67	Ottumwa	6:32
26	Bryer Wallace	20:32.77	Ottumwa	6:36
27	Alexander Wallace	20:35.38	East HS	6:37
28	Wyatt Evans	20:44.99	DSM North	6:40
29	Mohamed Temsah	20:45.02	Hoover	6:40
30	Benjamin Alvarado	20:47.22	Lincoln	6:41
31	Coby Sanchez	20:48.24	Lincoln	6:41
32	Jose Chavez	20:53.13	Hoover	6:43
33	Jose Dominguez	20:58.25	East HS	6:44

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34	Dan Abimana	21:02.32	East HS	6:46
35	Robert Burris	21:02.73	Hoover	6:46
36	Trevor Jackson	21:23.01	Hoover	6:52
37	Rodney Norris	22:05.25	Hoover	7:06
38	Aime Mukiza	22:09.75	DSM North	7:07
39	Sam Mitchell	22:20.51	Hoover	7:11
40	Muhammad Salaam Yahya	22:37.25	DSM North	7:16
41	Thee-Waden Pathuma-Soot	24:00.00	DSM North	7:43
42	Arion Cartsen	24:07.49	DSM North	7:45

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Junior Varsity Girls Team Results

Place	Team	Points
1	Des Moines Roosevelt	15
2	East	72
3	Des Moines Lincoln	81
4	Ottumwa	84
5	Hoover	137

Junior Varsity Girls Individual Results

Place	Athlete	Time	Team	Time
1	Fishbaugher Sophia	22:54.54	Roosevelt	7:22
2	Ovrom Olivia	23:34.10	Roosevelt	7:35
3	Erin Martin	23:40.28	Roosevelt	7:37
4	Levy Kiki	23:48.98	Roosevelt	7:39
5	Halfhill-Boone Sage	24:16.79	Roosevelt	7:48
6	Collet Ingrid	24:20.79	Roosevelt	7:50
7	Prosperi Mia	24:44.97	Roosevelt	7:57
8	Mcdonough Ellen	24:59.77	Roosevelt	8:02
9	Hahn Liz	25:36.77	Roosevelt	8:14
10	Krone Emmie	25:54.72	Roosevelt	8:20
11	Sly Evie	25:59.80	Roosevelt	8:22
12	Fialkov Madeline	26:00.52	Roosevelt	8:22
13	Fiihr Lily	26:50.96	Roosevelt	8:38
14	Schlueter Peyton	27:18.05	Roosevelt	8:47
15	Lila Stock	27:22.13	Ottumwa	8:48
16	Alexis Johnston	27:37.51	Ottumwa	8:53
17	Wilson Jackie	27:44.95	Roosevelt	8:55
18	Jocelyn Maw	28:20.19	Ottumwa	9:07
19	Corwin Alexia	28:43.00	Roosevelt	9:14
20	Busick Anika	28:46.06	Roosevelt	9:15
21	Merrett Troyisha	29:52.66	Roosevelt	9:36
22	Lydia Swarney	30:03.67	Ottumwa	9:40
23	Muratori Marta	30:26.23	Roosevelt	9:47
24	Mayela Chaidez	33:04.97	Des Moines East	10:38
25	Rebecca Curtis	33:06.96	Des Moines East	10:39
26	Debbie Crespo	34:00.46	Hoover	10:56
27	Mia Cooper	34:12.83	Lincoln	11:00
28	Sabrina Vongphandy	34:19.45	Des Moines East	11:02
29	Dulce Flores	35:09.61	Des Moines East	11:18
30	Zmolek Zoe	35:09.95	Roosevelt	11:19
31	Vanessa Cruz	35:16.53	Lincoln	11:21
32	Olivia Corey	36:22.15	Lincoln	11:42
33	Neyda Hernandez	37:36.89	Lincoln	12:06
34	Damanth Koirala	40:46.30	Lincoln	13:07

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35	Nevaida Wanders	41:39.82	Des Moines East	13:24
36	Brianna Crane	42:25.64	North	13:39
37	Chelsea Corson	46:34.09	Hoover	14:59

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Place	Team	Points
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2	East	72
3	Des Moines Lincoln	81
4	Ottumwa	84
5	Hoover	137

Junior Varsity Boys Individual Results

Place	Athlete	Time	Team	Time
1	Jackson Haugh	18:49.84	Des Moines Roosevelt	6:03
2	Carter Kilgore	18:51.47	Des Moines Roosevelt	6:04
3	Jack Joyce	19:00.37	Des Moines Roosevelt	6:07
4	Henry Nagle	19:21.37	Des Moines Roosevelt	6:13
5	Connor Crabill	19:31.02	Des Moines Roosevelt	6:16
6	Marcko Dalay	19:38.37	Des Moines Roosevelt	6:19
7	Nick Jackson	19:41.88	Des Moines Roosevelt	6:20
8	Matthew Crist	19:58.11	Des Moines Roosevelt	6:25
9	Jaden Johnson	19:58.12	Des Moines Roosevelt	6:25
10	Tyler McCormac	19:58.80	Des Moines Roosevelt	6:25
11	Mohamed Kordeir	20:05.61	Des Moines Roosevelt	6:28
12	Beckett Laprade	20:06.53	Des Moines Roosevelt	6:28
13	Forrest Laprade	20:10.20	Des Moines Roosevelt	6:29
14	Peter Swanda	20:11.42	Des Moines Roosevelt	6:29
15	Alexis Castro	20:18.57	Des Moines Roosevelt	6:32
16	Cosmas Nyaika	20:26.29	East	6:34
17	Theo Whitehead	20:26.29	Des Moines Roosevelt	6:34
18	Andy Kramer	20:30.82	Des Moines Roosevelt	6:36
19	Quintin Hull	20:36.72	Ottumwa	6:38
20	Jack Olson	20:38.54	Des Moines Roosevelt	6:38
21	Andrew Lamb	20:45.38	East	6:40
22	Jack Neel	20:49.35	Des Moines Roosevelt	6:42
23	Jackson Grant	20:52.57	Des Moines Roosevelt	6:43
24	Andres Torres	20:53.58	Des Moines Lincoln	6:43
25	Bashar Eid	20:55.43	Des Moines Roosevelt	6:44
26	Barry Adoobe	20:56.04	Hoover	6:44
27	Christian Roberts	20:58.09	East	6:44
28	Anthony Reyman	20:59.60	Ottumwa	6:45
29	Harrison Eckard-Garrett	21:00.60	Des Moines Roosevelt	6:45
30	Alex Crimmins	21:00.75	Des Moines Lincoln	6:45
31	Hayden McCormac	21:02.35	Des Moines Roosevelt	6:46
32	Dominic Caligiuri	21:03.08	Des Moines Lincoln	6:46
33	Ean Cummings	21:03.85	Des Moines Roosevelt	6:46
34	Shane Esposito	21:04.12	Des Moines Roosevelt	6:46

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35	Noah Gumm	21:06.36	Des Moines Roosevelt	6:47
36	Zachary Wallace	21:06.47	East	6:47
37	Max Swinton	21:10.77	Des Moines Roosevelt	6:49
38	Miles Curtis	21:19.33	Des Moines Lincoln	6:51
39	Mason Young	21:19.34	Ottumwa	6:51
40	Sam Gumm	21:19.55	Des Moines Roosevelt	6:51
41	Mason Delange	21:21.78	Des Moines Roosevelt	6:52
42	Ben Mcfetridge	21:21.97	Des Moines Roosevelt	6:52
43	Trenton Elliott	21:30.95	Ottumwa	6:55
44	Tyler Sheldahl	21:31.16	Des Moines Lincoln	6:55
45	Charlie Craiger	21:32.10	Des Moines Roosevelt	6:55
46	Chris Luedtke	21:32.60	Ottumwa	6:56
47	Kase Murphy	21:33.02	Des Moines Lincoln	6:56
48	Seth Parry	21:40.35	Des Moines Roosevelt	6:58
49	Nathan Pendleton	21:43.62	East	6:59
50	Trenton Burkheimer	21:44.44	East	6:59
51	Marco Aranda	21:46.07	Des Moines Roosevelt	7:00
52	John Romo	21:46.85	Des Moines Roosevelt	7:00
53	Sam Benschoter	21:50.79	Des Moines Lincoln	7:01
54	Brady Gordon	21:52.63	East	7:02
55	Yogesh Gurung	21:53.25	Des Moines Lincoln	7:02
56	Cameron McNally	21:53.35	Des Moines Roosevelt	7:02
57	Liam Stamper	21:55.71	Des Moines Roosevelt	7:03
58	Isaiah Loaisiga	22:01.22	East	7:05
59	Nate Bell	22:05.55	Des Moines Lincoln	7:06
60	Cael Fitch	22:10.34	Des Moines Roosevelt	7:08
61	Ryan Williams	22:13.09	Des Moines Roosevelt	7:09
62	Zavier Hahn	22:19.09	Des Moines Roosevelt	7:10
63	Colin Easler	22:21.48	Des Moines Roosevelt	7:11
64	Kade Dolphin	22:22.09	East	7:11
65	Gabe Vald	22:25.09	Des Moines Roosevelt	7:12
66	Anthony Rivera	22:29.35	Des Moines Lincoln	7:14
67	Nate Stone	22:31.09	Des Moines Roosevelt	7:14
68	Owen Barstad	22:33.96	Des Moines Roosevelt	7:15
69	Trey Hull	22:35.35	Ottumwa	7:16
70	Morgan Jackson	22:38.25	Hoover	7:17
71	Nick Rider	22:40.70	Des Moines Roosevelt	7:17
72	Isaac Helton	22:43.55	Des Moines Roosevelt	7:18
73	Spencer Jones	22:43.75	Des Moines Roosevelt	7:18
74	Charlie III	22:44.34	Des Moines Roosevelt	7:19
75	Brian Martinez-Flores	22:46.22	Des Moines Lincoln	7:19
76	Anthony Schwindt	22:51.10	Des Moines Roosevelt	7:21
77	Akira Nemoto	22:54.97	Des Moines Roosevelt	7:22
78	Alex Granados	22:54.98	Des Moines Roosevelt	7:22

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79	Cody Vansylalom	22:57.02	East	7:23
80	Daniel Pinero	22:58.09	Des Moines Roosevelt	7:23
81	Rocky Vizcarra	23:04.35	East	7:25
82	Carter Elluiott	23:04.56	Ottumwa	7:25
83	Henry Mitchell	23:19.83	Des Moines Roosevelt	7:30
84	Charley Dunham	23:21.05	Des Moines Roosevelt	7:30
85	Cal Pennington	23:40.61	Des Moines Roosevelt	7:37
86	Duncan Silberhorn	23:44.51	Hoover	7:38
87	Toan Vo	23:46.60	Des Moines Lincoln	7:39
88	Jonas Gaster	23:46.93	Des Moines Roosevelt	7:39
89	Grant Brown	23:47.33	Des Moines Roosevelt	7:39
90	Brett Twelmeyer	23:54.83	Des Moines Lincoln	7:41
91	Brandon Luna	24:14.87	Hoover	7:48
92	Jared Rocha-Mendias	24:25.91	Des Moines Lincoln	7:51
93	Ajani Patton-Imani	24:30.33	Des Moines Roosevelt	7:53
94	Keven Suarez-Garcia	24:48.08	Des Moines Lincoln	7:58
95	Jacob Demuth	24:50.58	East	7:59
96	Jude Charlton	25:06.82	Des Moines Roosevelt	8:04
97	Caleb Fuller	25:08.07	East	8:05
98	Evan Hilton	25:11.78	Des Moines Roosevelt	8:06
99	Cameron Amos	25:16.82	Des Moines Lincoln	8:08
100	Anthony Arroyo	25:26.57	Des Moines Roosevelt	8:11
101	Hakeem Guanne	26:00.31	Hoover	8:22
102	Gary Quinn	26:03.79	Des Moines Roosevelt	8:23
103	Safari Niyonchiti	26:03.79	Hoover	8:23
104	Ricardo Muniz	26:05.01	Des Moines Lincoln	8:23
105	Jacob Thome	26:19.24	Des Moines Roosevelt	8:28
106	Godson Ugwuanyi	28:25.71	Hoover	9:08
107	Leo Brooks	28:40.83	Des Moines Roosevelt	9:13
108	Faisal Mahmud	32:20.27	Des Moines Lincoln	10:24