



MVC DIVISIONAL

Iowa City, IA

Ashton Cross Country Course

10/17/2019

Race #1**9th/10th Grade Girls 5000M****FINAL RESULTS**

TEAM SCORING SUMMARY

Final Standings	Score	Total	Avg.	Division
1 Iowa City High	20	1:45:45	21:09	
2 Dubuque Senior	43	1:50:05	22:01	
3 CR Prairie	79	1:56:28	23:18	
4 Cedar Falls	97	1:59:59	24:00	
5 Western Dubuque	146	2:11:06	26:14	

INDIVIDUAL RESULTS

Athlete	Team	Score	Time
1 Natalie Kuhlmann	Iowa City High	1	20:49.5
2 Eva Reynolds	Iowa City High	2	20:52.9
3 Sydney Wilkes	Iowa City High	3	20:53.8
4 Emma Keiper	CR Prairie	4	21:06.1
5 Elise Hallstoos	Dubuque Senior	5	21:11.5
6 Avery Schultes	Iowa City High	6	21:17.2
7 Caylie Kosanke	Dubuque Senior	7	21:43.3
8 Tatum Frazier	Iowa City High	8	21:51.5
9 Julianne Caceres	Dubuque Senior	9	21:55.1
10 Lily Balayti	Dubuque Senior	10	22:35.3
11 Hannah Roe	CR Prairie	11	22:38.5
12 Anna Haber	Dubuque Senior	12	22:39.2
13 Annika Veit	Iowa City High	13	22:59.7
14 Megan Anton	Cedar Falls	14	23:18.2
15 Cora Becker	Iowa City High	15	23:35.9
16 Lily Krapfl	Dubuque Senior	16	23:39.9
17 Anna Cook	Dubuque Senior	17	23:40.3
18 Georgia Harms	Dubuque Senior	--	23:41.1
19 Ella Gunn	Dubuque Senior	--	23:44.4
20 Evelyn Wertzberger	Dubuque Senior	--	23:46.7
21 Ella Hertz	Cedar Falls	18	23:52.2
22 Makenna Eadie	CR Prairie	19	23:55.5
23 Aleah Timm	Cedar Falls	20	24:03.2
24 Mary Cate Pugh	Iowa City High	--	24:07.9
25 Kenna Prottzman	Iowa City High	--	24:10.5

Athlete	Team	Score	Time	
26	Jennie Gidal	Iowa City High	--	24:10.7
27	Alice Zhang	Cedar Falls	21	24:12.1
28	Annika Harvey	Iowa City High	--	24:15.9
29	Katelyn Leitheiser	CR Prairie	22	24:23.2
30	Marisa Kelsey	CR Prairie	23	24:24.4
31	Rachel Tornblom	Iowa City High	--	24:26.8
32	Lilyanna Ganfield	Cedar Falls	24	24:33.1
33	Bella Skay	Iowa City High	--	24:44.5
34	Prisca Kalala	Iowa City High	--	24:47.4
35	Maggie Sullivan	Dubuque Senior	--	24:49.0
36	Natalie Meyers	Western Dubuque	25	24:52.4
37	Danielle Ploessl	Western Dubuque	26	24:58.2
38	Annaliese Block	Cedar Falls	27	25:04.4
39	Lucy Dunning	Cedar Falls	28	25:06.3
40	Grace Fox	CR Washington	--	25:11.4
41	Molly Boevers	Cedar Falls	--	25:18.5
42	Audrey Sellon	CR Prairie	29	25:54.4
43	Jazzy Phonphiboun	Iowa City High	--	26:02.1
44	Vivian Tomack	Iowa City High	--	26:02.7
45	Rebecca Funk	Cedar Falls	--	26:08.6
46	Maddy Welbes	Western Dubuque	30	26:19.1
47	Wendy Buchanan	Iowa City High	--	26:23.4
48	Kaia Kempf	CR Prairie	31	26:31.6
49	Maddie Knock	Cedar Falls	--	26:38.0
50	Gracey Genkinger	Iowa City High	--	26:40.2
51	Cassidy Craig	Cedar Falls	--	26:41.2
52	Kylee Uchtyl	CR Prairie	--	26:42.5
53	Rachel Marsh	Iowa City High	--	26:46.6
54	Delaney Keenan	CR Prairie	--	26:48.2
55	Emily Deutmeyer	Western Dubuque	32	27:00.8
56	Annaliese Martinson	Cedar Falls	--	27:17.1
57	Maren Denison	Cedar Falls	--	27:17.2
58	Carley Mausser	Western Dubuque	33	27:54.9
59	Faith Krapfl	Western Dubuque	34	28:00.3
60	Ana Laura Leyser	Iowa City High	--	28:08.8
61	Julianne Drum	Iowa City High	--	28:34.2
62	Samantha Burds	Western Dubuque	35	28:36.7
63	Alicia Jones	CR Prairie	--	28:42.3
64	Stefanie Lewis	CR Prairie	--	28:42.7
65	Grace Herrig	Dubuque Senior	--	28:43.4
66	Grace Wu	Dubuque Senior	--	28:54.9
67	Nina DeMuth	Western Dubuque	--	29:26.1
68	Frances Bottorff	Iowa City High	--	29:38.6
69	Madilyn Vitti	Iowa City High	--	29:46.7
70	Lily Hoefflin	Dubuque Senior	--	29:50.8
71	Mae Barron	Iowa City High	--	31:01.4
72	Bridget Gustafson	CR Prairie	--	31:09.4

Athlete	Team	Score	Time
73 Lydia Karr	Iowa City High	--	32:56.2
74 Deborah Pongo	Iowa City High	--	33:01.1
75 Genesis Alachan	Iowa City High	--	37:05.3

Race #2**9th/10th Grade Boys 5000M****FINAL RESULTS****TEAM SCORING SUMMARY**

Final Standings	Score	Total	Avg.	Division
1 CR Prairie	30	1:28:54	17:47	
2 Iowa City High	44	1:29:26	17:54	
3 Cedar Falls	50	1:29:55	17:59	
4 Dubuque Senior	116	1:33:13	18:39	
5 CR Washington	146	1:36:27	19:18	
6 Western Dubuque	172	1:39:56	20:00	

INDIVIDUAL RESULTS

Athlete	Team	Score	Time
1 Bryson Canton	CR Prairie	1	17:29.9
2 Anthony Lee	CR Prairie	2	17:31.2
3 Braeden Marker	Iowa City High	3	17:34.1
4 Salem Strohbeen	Cedar Falls	4	17:49.6
5 Ammon Smith	Iowa City High	5	17:51.1
6 Zach Cooper	CR Prairie	6	17:51.3
7 Eli Copeland	CR Prairie	7	17:52.1
8 Joshua Burjes	Cedar Falls	8	17:53.7
9 Cayden Schellhorn	Cedar Falls	9	17:55.0
10 Kyle Westhoff	Cedar Falls	10	17:55.5
11 Sam Schaefer	Iowa City High	11	17:58.8
12 Matt Schaeckenbach	Iowa City High	12	18:00.5
13 Noah Carey	Iowa City High	13	18:01.2
14 Brady Cortez	CR Prairie	14	18:09.0
15 Matt Aguilar	Dubuque Senior	15	18:18.7
16 Jaxon Sickles	CR Prairie	16	18:19.5
17 Harrison Allard	CR Prairie	17	18:20.1
18 Ayman Noreldaim	Iowa City High	18	18:20.5
19 Pascal Cuhat	Cedar Falls	19	18:21.2
20 Isaac Miller	Iowa City High	20	18:24.2
21 Luis Hinkhouse	Iowa City High	--	18:25.1
22 Colin Johnson	Cedar Falls	21	18:25.1
23 Owen Hull	Dubuque Senior	22	18:26.5
24 Ryan Klauer	Dubuque Senior	23	18:26.8
25 Xavier Uhrmacher	Cedar Falls	24	18:30.1
26 Xander Steele	Cedar Falls	--	18:30.4
27 Joe Schmitt	Dubuque Senior	25	18:30.8
28 Colby Cryer	Cedar Falls	--	18:33.1
29 Max Quanrud	CR Prairie	--	18:35.4
30 Anson Fauchier	CR Prairie	--	18:41.7
31 Carson Sansenbach	CR Prairie	--	18:44.9

Athlete	Team	Score	Time	
32	Jeremiah Pruessner	Iowa City High	--	18:46.2
33	Cameron Switzer	Cedar Falls	--	18:49.3
34	Pit Werde	Iowa City High	--	18:52.7
35	Oliver Palmer	Iowa City High	--	18:53.5
36	Finn DeBoom	CR Washington	26	19:00.4
37	Jack Rogers	CR Washington	27	19:01.1
38	Nathan Rudd	CR Prairie	--	19:10.0
39	Levi Meyer	Western Dubuque	28	19:12.6
40	Rigby Templeman	Iowa City High	--	19:15.3
41	John Lorenz	CR Washington	29	19:16.2
42	Lucas McCarley	CR Washington	30	19:22.6
43	Gavin Denholm	Cedar Falls	--	19:25.0
44	Mike Rew	Iowa City High	--	19:26.5
45	Whit Jury	Iowa City High	--	19:27.9
46	Owen VanderLinden	Iowa City High	--	19:28.3
47	Ty Printy	Dubuque Senior	31	19:29.8
48	Jack Cochran	Iowa City High	--	19:32.7
49	Jonathan Squires	Cedar Falls	--	19:33.8
50	Iain Garfinkel	Iowa City High	--	19:38.2
51	Philip MacGillivray	Iowa City High	--	19:39.4
52	Dylan Schwarz	CR Prairie	--	19:40.1
53	Carter Fadiga	Cedar Falls	--	19:42.9
54	Eli Smith	Dubuque Senior	32	19:45.1
55	Rhys Zawojewski	Iowa City High	--	19:45.5
56	Drew Meyer	Western Dubuque	33	19:45.7
57	Cameron Lewis-Atkins	CR Washington	34	19:46.5
58	Nash Wertz	CR Prairie	--	19:47.3
59	Isaiah Jennings	Cedar Falls	--	19:56.2
60	Juma Amisi	Iowa City High	--	19:56.4
61	Nate Fischer	Dubuque Senior	35	19:56.8
62	Chase Loftus	Iowa City High	--	19:57.3
63	Michael Reyes	CR Prairie	--	20:01.3
64	Kaden Druecker	CR Prairie	--	20:03.5
65	Reece Gallagher	Cedar Falls	--	20:04.1
66	Ethan Gruening	Cedar Falls	--	20:07.3
67	Brady Horsfall	Western Dubuque	36	20:08.2
68	Ben Horwitz	Iowa City High	--	20:13.8
69	Brett Ehler	CR Prairie	--	20:16.4
70	Derek Fangmann	Western Dubuque	37	20:17.8
71	Noah Backes	Cedar Falls	--	20:21.6
72	Will Dickson	Iowa City High	--	20:22.6
73	Isaiah Hammerand	Western Dubuque	38	20:31.4
74	Joshua Levering	CR Prairie	--	20:36.9
75	Lane Wunderlich	Cedar Falls	--	20:38.4
76	Hal Seamans	Iowa City High	--	20:41.5
77	Calyx Hadley	Cedar Falls	--	20:44.1
78	Elliott Lewis	Iowa City High	--	20:47.2

Athlete	Team	Score	Time	
79	Noah Phillis	Cedar Falls	--	20:49.9
80	Andrew Herreweyers	Iowa City High	--	20:50.4
81	Jonas Ackerman	Iowa City High	--	20:50.8
82	Sam Hagedorn	Iowa City High	--	20:50.9
83	Go Benesh	CR Prairie	--	20:52.7
84	Keaton Houser	CR Prairie	--	20:56.6
85	Braiden Petrick	CR Prairie	--	20:56.6
86	Ian Lucas	CR Washington	39	20:59.8
87	Aiden Roemig	CR Prairie	--	21:03.3
88	Tommy Le	Iowa City High	--	21:04.6
89	Hogan Fuessel	Cedar Falls	--	21:06.5
90	Jack Bierbaum	CR Washington	40	21:07.1
91	Alex Wittnebel	CR Washington	--	21:10.5
92	Noah Kurt	Dubuque Senior	--	21:17.1
93	Kalvin Bell	CR Washington	--	21:27.1
94	Caden Coyle	Western Dubuque	41	21:29.6
95	Zach Whittlesey	CR Prairie	--	21:30.6
96	Dan Solomon	Cedar Falls	--	21:41.5
97	Cameron Smeby	CR Washington	--	21:43.3
98	Carson Anton	Cedar Falls	--	21:44.9
99	Carter Prull	CR Prairie	--	21:59.4
100	Patrick Sarsfield	Iowa City High	--	22:00.7
101	Connor McDowell	Iowa City High	--	22:00.9
102	Jack Jarchow	Cedar Falls	--	22:01.9
103	Henry Schoon	Iowa City High	--	22:08.0
104	Timmy Horsfall	Western Dubuque	42	22:17.0
105	Corbin Clasen	CR Prairie	--	22:19.7
106	Jacob Staner	Western Dubuque	--	22:20.6
107	Connor Doyle	Cedar Falls	--	22:20.8
108	Tyler Dahlstrom	Dubuque Senior	--	22:23.2
109	Tharu Jayawichrama	Dubuque Senior	--	22:24.0
110	Brevin Kinard	Cedar Falls	--	22:24.7
111	Ben Hellman	CR Prairie	--	22:30.5
112	Kent Zdan	Iowa City High	--	22:34.2
113	Thomas Blair	Western Dubuque	--	22:38.0
114	Sean Reardon	Iowa City High	--	22:41.0
115	Aiden Sellon	CR Prairie	--	22:44.1
116	Henry Cooper	Iowa City High	--	22:44.9
117	Nathan McDermott	CR Washington	--	22:49.8
118	Jack Ayers	Iowa City High	--	22:53.5
119	Zach Fare	CR Prairie	--	23:01.4
120	Jefferson Roberts	Cedar Falls	--	23:04.3
121	Ibrahim Shaheen	Iowa City High	--	23:12.6
122	Bo Andrews	CR Prairie	--	23:21.8
123	Aidan Kenaga	Cedar Falls	--	23:28.6
124	Noah Reu	CR Prairie	--	23:30.3
125	Hassan Kieta	Iowa City High	--	23:40.2

Athlete	Team	Score	Time	
126	Jack Pieters	Cedar Falls	--	23:46.1
127	Cooper Fort	Cedar Falls	--	23:55.4
128	Chase Yoder	CR Prairie	--	24:01.2
129	Will Cosley	Western Dubuque	--	24:15.8
130	Ryan Gaines	Cedar Falls	--	24:23.1
131	Alexander Escorcia	Iowa City High	--	24:40.0
132	Elliott Bourgeois	CR Prairie	--	25:25.0
133	Joseph Sullivan	Dubuque Senior	--	25:31.1
134	Jackson Martin	Dubuque Senior	--	25:47.6
135	Brom Leapold	Iowa City High	--	25:59.2
136	Benjamin Rumsey	Cedar Falls	--	33:40.8

Race #3
Varsity Girls 5000M
FINAL RESULTS
TEAM SCORING SUMMARY

Final Standings		Score	Total	Avg.	Division
1	Dubuque Senior	32	1:35:49	19:10	
2	Iowa City High	56	1:38:06	19:38	
3	CR Prairie	57	1:38:11	19:39	
4	Western Dubuque	100	1:41:40	20:20	
5	Cedar Falls	152	1:46:07	21:14	
6	CR Washington	158	1:47:44	21:33	
7	Xavier	194	1:51:54	22:23	

INDIVIDUAL RESULTS

Athlete	Team	Score	Time	
1	Lillian Schmidt	Dubuque Senior	1	18:21.9
2	Claire Edmondson	Dubuque Senior	2	18:48.8
3	Rowan Boulter	Iowa City High	3	18:54.5
4	Izzy Gorton	Dubuque Senior	4	18:57.9
5	Gabby Cortez	CR Prairie	5	18:58.7
6	Lilly Reynolds	Iowa City High	6	19:14.1
7	Lauren Klein	Western Dubuque	7	19:14.2
8	Mary Cline	CR Washington	8	19:21.3
9	Laurdyn Meyer	CR Prairie	9	19:27.3
10	Carli Reittinger	CR Prairie	10	19:41.2
11	Kate Miron	Dubuque Senior	11	19:41.2
12	Iris Wedemeyer	Iowa City High	12	19:47.2
13	Erin Anderson	Iowa City High	13	19:54.4
14	Lucy Tompkins Garoutte	Dubuque Senior	14	19:58.8
15	Grace Ries	Dubuque Senior	15	20:00.8
16	Alyza Koppes	CR Prairie	16	20:01.1
17	Kendall White	CR Prairie	17	20:01.9
18	Audrey Biermann	Western Dubuque	18	20:04.2
19	Lilly Boge	Western Dubuque	19	20:08.7
20	Josie Stackis	Dubuque Senior	20	20:12.3
21	Grace Long	CR Prairie	21	20:13.7
22	Mary Bounds	Iowa City High	22	20:16.1
23	Elyza Hoffman	Dubuque Senior	--	20:27.8
24	Elly Burds	Western Dubuque	23	20:32.1
25	Esti Brady	Iowa City High	24	20:35.6
26	Lily Johannes	CR Prairie	25	20:37.6
27	Lucy Corbin	Iowa City High	26	20:43.4
28	Paige Wageman	Cedar Falls	27	20:43.8
29	Anna Scannell	Cedar Falls	28	20:52.1
30	Hannah Denman	Xavier	29	20:59.8

Athlete	Team	Score	Time
31 Rachel Mandt	Cedar Falls	30	21:19.3
32 Libby Wickham	CR Washington	31	21:21.3
33 Gretchen Fixen	Cedar Falls	32	21:21.4
34 Macy Simon	Western Dubuque	33	21:40.8
35 Sage Slessor	CR Washington	34	21:45.5
36 Natalie Degabriele	Cedar Falls	35	21:50.4
37 Devin O'Loughlin	Cedar Falls	36	21:57.0
38 Elizabeth Schmitt	Xavier	37	21:57.6
39 Lydia Ochoa	Cedar Falls	38	22:04.9
40 Mary Clare Bean	Xavier	39	22:13.3
41 Jaden Swarts	Cedar Falls	--	22:14.5
42 Mary Schlueter	Western Dubuque	40	22:18.6
43 Caylee Hermsen	Western Dubuque	41	22:19.3
44 Sara Goodenbour	Cedar Falls	--	22:20.5
45 Maggie Gorman	CR Washington	42	22:33.8
46 JoJo Hayes	CR Washington	43	22:41.9
47 Delaney Behning	Western Dubuque	--	22:59.0
48 Megan Meyer	Xavier	44	23:03.5
49 Kylie Nauman	Western Dubuque	--	23:20.4
50 Nike Zillessen	Xavier	45	23:40.0
51 Ellie Rockwell	CR Washington	46	23:43.4
52 Madelyn Dake	Xavier	47	23:50.0
53 Katya Kelman	CR Washington	48	23:50.3
54 Anna Tarvestad	CR Washington	--	23:53.3
55 Leah Digmann	Western Dubuque	--	23:59.3
56 Ella Davis	CR Washington	--	24:13.3
57 Ellen Houtz	CR Washington	--	24:42.4
58 Jordan Jansen	Xavier	49	24:49.7
59 Faith Karl	Xavier	--	24:52.2
60 Hope Schulte	Xavier	--	24:57.1
61 Rilee Lansing	Xavier	--	25:45.4

Race #4
Varsity Boys 5000M
FINAL RESULTS
TEAM SCORING SUMMARY

Final Standings	Score	Total	Avg.	Division
1 Cedar Falls	41	1:22:14	16:27	
2 CR Prairie	45	1:21:38	16:20	
3 Iowa City High	86	1:23:39	16:44	
4 CR Washington	101	1:24:40	16:56	
5 Western Dubuque	117	1:24:54	16:59	
6 Dubuque Senior	160	1:27:25	17:29	
7 Xavier	181	1:30:28	18:06	

INDIVIDUAL RESULTS

Athlete	Team	Score	Time
1 Jack Pendergast	CR Prairie	1	15:44.3
2 Brayden Burnett	Cedar Falls	2	16:06.0
3 Max Locher	CR Washington	3	16:06.5
4 Hunter Kalous	CR Prairie	4	16:07.3
5 Andrew Bickford	CR Prairie	5	16:17.8
6 Eli Smith	Cedar Falls	6	16:24.1
7 Tj Tomlyanovich	Cedar Falls	7	16:27.2
8 Ford Washburn	Iowa City High	8	16:30.6
9 Jack Renning	Xavier	9	16:31.1
10 Mitchell Wilkes	Iowa City High	10	16:31.6
11 Cade Messer	Western Dubuque	11	16:34.0
12 Joel Burris	Cedar Falls	12	16:37.6
13 Mckade Adams	CR Prairie	13	16:38.5
14 Alex Horstman	Cedar Falls	14	16:39.3
15 Lewis Kleman	CR Washington	15	16:44.2
16 Ben Mulert	Western Dubuque	16	16:44.9
17 Conner Kilgore	Dubuque Senior	17	16:44.9
18 Ethan Stout	CR Washington	18	16:46.0
19 Cooper Olsen	Cedar Falls	19	16:46.2
20 Michael Goodenbour	Cedar Falls	20	16:47.0
21 Truman Thompson	Iowa City High	21	16:49.7
22 Ryan Neubauer	CR Prairie	22	16:49.8
23 Lance Smith	Iowa City High	23	16:49.9
24 Evan McElory	Iowa City High	24	16:57.2
25 Eli Naumann	Western Dubuque	25	16:58.1
26 Carlo Dannenfelser	CR Prairie	26	16:58.9
27 Lukas Engledow	CR Washington	27	17:01.2
28 Parker Max	Iowa City High	28	17:05.2
29 Foster Hull	Dubuque Senior	29	17:05.6
30 Sullivan Hall	Iowa City High	30	17:06.7

Athlete	Team	Score	Time
31 Elliot Dunnwald	Iowa City High	--	17:08.0
32 Jake Opitz	CR Prairie	31	17:17.3
33 Connor Coyle	Western Dubuque	32	17:18.0
34 Austin Huberty	Western Dubuque	33	17:19.2
35 Ethan Kober	Cedar Falls	--	17:19.6
36 Andrew Weber	Dubuque Senior	34	17:20.7
37 Trenton Hammerand	Western Dubuque	35	17:21.0
38 Jacob Olthoff	Cedar Falls	--	17:21.0
39 Alex Mujica	Cedar Falls	--	17:21.8
40 Kale Cartee	Western Dubuque	36	17:22.8
41 Lohman Provorse	Iowa City High	--	17:30.7
42 Collin Musick	Xavier	37	17:31.8
43 Eduardo Garces	Iowa City High	--	17:32.2
44 Matt Gassman	Western Dubuque	--	17:39.1
45 Eric Monahan	Western Dubuque	--	17:54.4
46 Seamus Thompson	CR Washington	38	18:01.4
47 Zach Kahle	Dubuque Senior	39	18:04.1
48 Britt Edwards	CR Washington	40	18:04.4
49 Easton Stackis	Dubuque Senior	41	18:09.5
50 Jack Tonn	Dubuque Senior	42	18:09.8
51 Noah Westhoff	Western Dubuque	--	18:12.6
52 Reed Kelly	Dubuque Senior	43	18:17.6
53 Randall Kinner	Xavier	44	18:19.1
54 Robert Howes	Dubuque Senior	--	18:26.5
55 John Trotta	Xavier	45	19:00.8
56 Brady Horstmann	Xavier	46	19:04.9
57 Bryor Hansel	Xavier	47	19:07.7
58 Ryan McCaffrey	CR Washington	48	19:09.1
59 Will Karl	Xavier	49	19:52.1
60 Alec Battien	Xavier	--	20:26.9
61 Lucas Lowder	Xavier	--	20:34.7
62 Blake Bohon	Xavier	--	20:43.3
63 Nick Conforti	Dubuque Senior	--	24:03.3

Race #5
Junior Varsity Girls 5000M
FINAL RESULTS
TEAM SCORING SUMMARY

Final Standings	Score	Total	Avg.	Division
1 Iowa City High	29	1:45:21	21:05	
2 Dubuque Senior	37	1:46:31	21:19	
3 CR Prairie	64	1:50:12	22:03	
4 Western Dubuque	128	2:07:05	25:25	
5 Xavier	138	2:11:24	26:17	

INDIVIDUAL RESULTS

Athlete	Team	Score	Time
1 CeCe Kelly-Harvey	Iowa City High	1	20:18.8
2 Jordan Sekafetz	Iowa City High	2	20:30.6
3 Lucia Nelson	Dubuque Senior	3	20:40.4
4 Hailey Cooper	CR Prairie	4	20:40.5
5 Eva Wood	Dubuque Senior	5	20:50.1
6 Janie Perrill	Iowa City High	6	21:02.4
7 Julia Veit	Iowa City High	7	21:15.2
8 Kes Whalen	Dubuque Senior	8	21:17.4
9 Riley Coulter	CR Prairie	9	21:38.0
10 Emma Loney	Dubuque Senior	10	21:48.0
11 Alora Rapp-Uptegraph	Dubuque Senior	11	21:54.4
12 Evelyn Jenkins	Dubuque Senior	12	21:57.9
13 Grace Parrott	Iowa City High	13	22:13.5
14 Jae Dancer	Iowa City High	14	22:15.5
15 Hannah Walsh	Dubuque Senior	15	22:23.0
16 Ashley Lappin	CR Prairie	16	22:32.8
17 Lindsey Barnes	CR Prairie	17	22:32.8
18 Natalie Bennett	CR Prairie	18	22:47.7
19 Chiara Loesche	CR Prairie	19	22:53.2
20 Harper Denniston	Iowa City High	20	22:56.4
21 Anna Eckert	CR Prairie	21	22:57.2
22 Lexi Schuster	Dubuque Senior	--	23:05.3
23 Emilee Horak	CR Prairie	--	23:13.5
24 Rachel Brokenshire	Cedar Falls	--	23:14.0
25 Sylvia Gidal	Iowa City High	--	23:14.5
26 Josie Duccini	Dubuque Senior	--	23:17.6
27 Mattie Sheckles	Dubuque Senior	--	23:19.3
28 Mya Kilker	CR Prairie	--	23:20.4
29 Abigail Klapatauskas	Dubuque Senior	--	23:23.3
30 Abby Balong	Cedar Falls	--	23:25.9
31 Cali Rampton	Dubuque Senior	--	23:31.1
32 Reagan Whalen	Dubuque Senior	--	23:33.7

Athlete	Team	Score	Time	
33	Zoe Meaney	Iowa City High	--	23:38.5
34	Sophia Davis	CR Washington	--	23:47.7
35	Lexi Lansing	Western Dubuque	22	23:56.3
36	Samantha Forrest	CR Prairie	--	24:11.8
37	Jessa Day	CR Prairie	--	24:21.8
38	Dylan Beecher	Cedar Falls	--	24:25.0
39	Ava Schilling	Dubuque Senior	--	24:25.5
40	Jordan Dubrava	Iowa City High	--	24:28.6
41	Abigail Townsend	Cedar Falls	--	24:34.0
42	Elizabeth Graber	Western Dubuque	23	24:36.0
43	Kate Wolfe	Iowa City High	--	24:36.7
44	Sonja Liebig	Iowa City High	--	24:37.7
45	Ella Achey	CR Prairie	--	24:37.9
46	Josie Dalton	CR Prairie	--	24:50.0
47	Ashley Sheehan	Iowa City High	--	24:51.4
48	Sophie Trom	Iowa City High	--	24:59.6
49	Melanie Tran-Duong	Iowa City High	--	25:01.0
50	Anna Boller	CR Prairie	--	25:02.5
51	Saye Traore	Iowa City High	--	25:03.2
52	Abby Johnson	CR Prairie	--	25:11.1
53	Lara Nicolletti	Iowa City High	--	25:13.9
54	Alyssa Valde	CR Prairie	--	25:20.0
55	Taylor Kenny	CR Prairie	--	25:20.7
56	Allie Krapfl	Western Dubuque	24	25:26.5
57	Evelyn Weisenstine	CR Prairie	--	25:29.4
58	Megan Fear	CR Prairie	--	25:35.9
59	Katherine Geerdes	Iowa City High	--	25:49.0
60	Cate Tucker	Xavier	25	25:51.6
61	Danielle Oberfoell	Xavier	26	25:54.0
62	Alma Cosgrove	Xavier	27	26:08.0
63	Paige Denman	Xavier	28	26:08.7
64	Haley Duerksen	CR Prairie	--	26:10.2
65	Rachel Krapfl	Western Dubuque	29	26:26.8
66	Lucie Brennan	Iowa City High	--	26:33.9
67	Hannah Fangmann	Western Dubuque	30	26:39.6
68	Georgia Corbin	Iowa City High	--	26:42.9
69	Nicole Gudenkauf	Western Dubuque	31	26:52.0
70	Callie Kyte	CR Prairie	--	26:53.7
71	Leah Carson	CR Washington	--	26:54.9
72	Mariah Clay	Dubuque Senior	--	26:57.6
73	Christine Benedict	Dubuque Senior	--	27:16.8
74	Ella Kane	Xavier	32	27:21.2
75	Laura Bostwick	Xavier	33	27:24.0
76	Alex Marsh	Iowa City High	--	27:41.5
77	Jordan Vontalge	Western Dubuque	34	28:02.3
78	Carrie Krapfl	Western Dubuque	--	29:03.8
79	Sarah Cunningham	Xavier	35	30:07.5

Athlete	Team	Score	Time
80 Maddie Serbousek	Xavier	--	30:08.1
81 Emily Bonert	Western Dubuque	--	30:37.3
82 Libby Freiburger	Western Dubuque	--	31:08.4
83 Natalie DeMuth	Western Dubuque	--	33:20.6
84 Jordan Allen	CR Prairie	--	33:25.8
85 Selena Fischer	Western Dubuque	--	33:29.2
86 Abby Stegemoller	CR Prairie	--	33:43.8
87 Kaitlyn Gammon	CR Prairie	--	33:43.8
88 Julia Gasper	Western Dubuque	--	37:07.1
89 Keonna Earl	Iowa City High	--	41:40.3
90 Lexi Kramer	Western Dubuque	--	42:22.3

Race #6
Junior Varsity Boys 5000M
FINAL RESULTS
TEAM SCORING SUMMARY

Final Standings	Score	Total	Avg.	Division
1 Iowa City High	26	1:27:20	17:28	
2 Cedar Falls	57	1:29:51	17:59	
3 CR Prairie	72	1:30:39	18:08	
4 CR Washington	84	1:31:52	18:23	
5 Western Dubuque	138	1:38:53	19:47	
6 Xavier	186	1:45:07	21:02	

INDIVIDUAL RESULTS

Athlete	Team	Score	Time
1 Ty Costigan	CR Prairie	1	16:58.6
2 Caden Turnbough	Iowa City High	2	17:08.7
3 Andre Miller	Iowa City High	3	17:09.9
4 Joe Fischer	Iowa City High	4	17:24.4
5 Jack Jorgensen	Cedar Falls	5	17:37.1
6 Noah Arends	Cedar Falls	6	17:37.7
7 Cooper Chindlund	CR Washington	7	17:44.2
8 Matt Taylor	Iowa City High	8	17:47.6
9 Hayden Beerends	Iowa City High	9	17:49.5
10 Riley Wheeler	CR Prairie	10	17:52.8
11 Brice Ronek	Western Dubuque	11	17:54.1
12 Josh Kuehl	Cedar Falls	12	17:57.4
13 Carson Frazee	CR Prairie	13	17:57.9
14 Sam Arkenberg	CR Washington	14	18:08.2
15 Blake Arends	Cedar Falls	15	18:10.5
16 Satchel Cochran	Iowa City High	16	18:19.1
17 Kobe Chindlund	CR Washington	17	18:19.9
18 Liam Barron	Iowa City High	18	18:26.2
19 Ben Campbell	Cedar Falls	19	18:27.6
20 Antoine Cuhat	Cedar Falls	20	18:28.4
21 Elliot Tomek	Iowa City High	--	18:33.5
22 Noah Weaver	Iowa City High	--	18:33.7
23 Romey Angerer	Iowa City High	--	18:37.6
24 Easton Sckerl	Cedar Falls	21	18:40.5
25 Kaden Fields	CR Washington	22	18:45.1
26 Kelby Anderson	Iowa City High	--	18:45.7
27 Ceondae Adams	CR Prairie	23	18:52.3
28 Quinter Harvey	Iowa City High	--	18:52.4
29 Jeffrey Abraham	CR Washington	24	18:54.0
30 Reese Hermanson	CR Prairie	25	18:56.7
31 Frankie Dunning	Cedar Falls	--	18:58.2

Athlete	Team	Score	Time	
32	Caleb Young	CR Prairie	26	19:00.4
33	Jacob Kruse	CR Prairie	27	19:03.2
34	Carsyn Mueller	Cedar Falls	--	19:05.5
35	Brogan Heefner	CR Prairie	--	19:05.8
36	Daniel Hughes	CR Washington	28	19:21.2
37	Jordan Schroeder	CR Prairie	--	19:25.1
38	Connor Woods	Cedar Falls	--	19:29.9
39	Tim Iverson	Dubuque Senior	--	19:33.7
40	Atticus Ojile	Iowa City High	--	19:34.1
41	Luis Abreu	Iowa City High	--	19:40.1
42	Josh Wu	Dubuque Senior	--	19:40.9
43	Campbell Tressler	Cedar Falls	--	19:42.0
44	AJ Seamans	Iowa City High	--	19:42.5
45	Randy Zhang	Cedar Falls	--	19:45.8
46	Fateh Abdalla	CR Prairie	--	19:48.4
47	Jack Haverland	Western Dubuque	29	19:50.2
48	Thomas McMillan	Iowa City High	--	19:52.1
49	Jacobi Butler	CR Washington	30	19:52.5
50	Oisin Leopold	Iowa City High	--	19:52.7
51	Arrick Rinke	CR Prairie	--	19:58.8
52	Joe Foreman	CR Washington	--	20:00.2
53	Aiden Spurgetis	Iowa City High	--	20:03.4
54	Ethan Hoefler	Western Dubuque	31	20:05.4
55	Tyler Harvey	CR Prairie	--	20:06.1
56	Campbell Mitvalsky	CR Washington	--	20:10.3
57	Krystof Doubek	CR Washington	--	20:12.9
58	Daniel Hollinger	CR Prairie	--	20:15.1
59	Michael Kremer	Cedar Falls	--	20:16.9
60	Matt Rew	Iowa City High	--	20:18.3
61	Christian Holbert	Cedar Falls	--	20:19.0
62	Blake Kellison	Xavier	32	20:24.5
63	Ryan Carter	Iowa City High	--	20:29.2
64	Sokong Chea	Iowa City High	--	20:30.3
65	Michael Kemp	Western Dubuque	33	20:31.1
66	William Lopez	Western Dubuque	34	20:31.9
67	Lucas Shaw	Cedar Falls	--	20:37.4
68	Connor Dolphin	Western Dubuque	35	20:38.0
69	Will Arling	Iowa City High	--	20:48.0
70	Sai Khu Htoo	CR Washington	--	20:48.8
71	Matthew Gearhart	CR Washington	--	20:51.1
72	Jacob Gottschalk	Western Dubuque	36	20:51.4
73	Andy Castillo	CR Prairie	--	20:54.9
74	Hank Esker	Xavier	37	20:55.7
75	Noah Miller	Cedar Falls	--	20:58.3
76	Owen Pfremmer	CR Washington	--	21:02.7
77	Ryan Westhoff	Cedar Falls	--	21:02.8
78	Lance Gustafson	CR Prairie	--	21:03.8

Athlete	Team	Score	Time	
79	Liam Kettlekamp	Xavier	38	21:05.1
80	Chase Janssen	Xavier	39	21:19.7
81	Clayton Schultschik	Xavier	40	21:21.9
82	Kyle McDowell	Iowa City High	--	21:23.7
83	Aidan Bostwick	Xavier	41	21:29.9
84	Kolin Jasper	Cedar Falls	--	21:30.6
85	Parker Coffman	CR Prairie	--	21:44.9
86	Quinn Laurent	Xavier	42	21:48.5
87	Austin Humphrey	CR Prairie	--	22:02.8
88	Max Stelzer	Iowa City High	--	22:06.8
89	Nick Cassidy	CR Prairie	--	22:07.9
90	Caden Hecker	CR Washington	--	22:11.6
91	Peter Sullivan	Dubuque Senior	--	22:18.5
92	Isaac Tominsky	CR Washington	--	22:33.7
93	Greg Lesnik	Xavier	--	22:33.8
94	Tristan Ashworth	CR Washington	--	22:35.0
95	Kalvin Loss	CR Washington	--	23:00.0
96	Tony Lyon	Western Dubuque	--	23:01.1
97	Levi Burds	Western Dubuque	--	23:01.1
98	Noah Hartwig	Iowa City High	--	23:01.7
99	James Le	Xavier	--	23:15.0
100	Cody Gadberry	Western Dubuque	--	23:26.1
101	Demetrious Littlemoon	Iowa City High	--	23:39.8
102	Trenton Holden	Cedar Falls	--	24:19.8
103	John Keiper	CR Prairie	--	24:32.4
104	Cayle Hermsen	Western Dubuque	--	24:41.8
105	Ben Cleveland	Iowa City High	--	26:09.2