

4A District XC Girls 5 km

Southeast Polk High School, Pleasant Hill, IA

Oct. 24, 2019

Results by Michael Franke

Use the Find option of your Web Browser to find the performance of a specific individual or team.

Last updated Oct. 24, 2019 5:04 PM

Qualifiers shown in red.

PLACE TEAM	POINTS	PLACES OF FINISHERS	AVG. TIME	SPREAD
1 Southeast Polk	34	2 5 7 9 11 20 28	20:21.5	0:36.5
2 Valley	68	4 10 13 16 25 32 34	20:49.0	1:20.9
3 Dowling Catholic	75	3 8 17 23 24 31 33	20:53.5	1:16.0
4 Roosevelt	76	1 6 18 22 29 30 35	20:54.3	2:15.9
5 Iowa City West	81	12 14 15 19 21 26 27	20:56.9	0:33.8
6 Lincoln	192	36 37 38 39 42	27:05.2	3:01.2
7 East	213	40 41 43 44 45 46	29:16.8	2:03.3

Incomplete Teams: North, Hoover

[Individuals](#)

PLACE	FINISHER	TIME
1. Southeast Polk		
2	Mattison Plummer, Jr	19:59.5
5	Jenna Francois, Fr	20:18.5
7	Magda McGowan, Jr	20:24.1
9	Grace Larkins, Jr	20:29.4
11	Tarryn Hill, Sr	20:36.0
20	Jacie Mitchell, Fr	21:13.0
28	Natalie Clement, Sr	21:49.2
Total Time = 1:41:47.5		Total Places = 34
2. Valley		
4	Lauren Schulze, Jr	20:12.3
10	Madeline Hollander, So	20:31.0
13	Kamryn Ensley, So	20:41.3
16	Amanda Overton, Fr	21:07.0
25	Emily Bright, So	21:33.1
32	Teghan Booth, Jr	22:37.2
34	Mya DouBrava, Fr	22:43.3
Total Time = 1:44:04.7		Total Places = 68
3. Dowling Catholic		
3	Annie Flood, Sr	20:06.2

8 lauryn frerichs, Fr 20:28.4
 17 Maddy Hall, So 21:08.5
 23 Megan Szalay, Sr 21:22.2
 24 Katelyn Reichart, Sr 21:22.2
 31 Kate Easter, So 22:19.2
 33 Megan Wainright, So 22:38.9
 Total Time = 1:44:27.5 Total Places = 75

4. Roosevelt

1 Arianna Jackson, Fr 19:41.6
 6 Abi Hahn, Fr 20:19.1
 18 Adrienne Buettner-Cable, Fr
 21:11.5
 22 Elle Green, So 21:21.8
 29 Anna Gilbreath, Sr 21:57.4
 30 Clara Colvig, Sr 21:58.5
 35 Livi Ovrum, So 23:20.5
 Total Time = 1:44:31.4 Total Places = 76

5. Iowa City West

12 Camden Zirker, So 20:39.4
 14 Maddy Negley, Jr 20:41.7
 15 Annie Schwartz, Fr 20:57.3
 19 Lucy Westemeyer, Jr 21:12.7
 21 Erica Buettner, Jr 21:13.2
 26 Emma Kearney, Jr 21:38.5
 27 Minou Emmad, Fr 21:48.7
 Total Time = 1:44:44.3 Total Places = 81

6. Lincoln

36 Hailey Neer, So 25:40.7
 37 Jaenelle Bryant, Fr 26:36.8
 38 Nirel Webb, So 27:12.0
 39 Alexandra Chamu-Delgado, Sr
 27:14.3
 42 Candy Alvarez-Perez, Sr 28:41.9
 Total Time = 2:15:25.7 Total Places = 192

7. East

40 Jasmine Cruz-Castro, Sr 28:29.6
 41 Daniela Gama, Sr 28:33.5
 43 Sarah Landon, Sr 29:18.7
 44 Rebecca Curtis, Sr 29:29.0
 45 Jamie Gomez, So 30:32.8
 46 Sabrina Vongphandy, Sr 30:36.0
 Total Time = 2:26:23.6 Total Places = 213

TEAM

PLACE	SCORE	FINISHER	TIME	TEAM
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[Top](#)

1	1	Arianna Jackson, Fr	19:41.6	Roosevelt
2	2	Mattison Plummer, Jr	19:59.5	Southeast Polk
3	3	Annie Flood, Sr	20:06.2	Dowling Catholic
4	4	Lauren Schulze, Jr	20:12.3	Valley
5	5	Jenna Francois, Fr	20:18.5	Southeast Polk
6	6	Abi Hahn, Fr	20:19.1	Roosevelt
7	7	Magda McGowan, Jr	20:24.1	Southeast Polk
8	8	lauryn frerichs, Fr	20:28.4	Dowling Catholic
9	9	Grace Larkins, Jr	20:29.4	Southeast Polk

10	10	Madeline Hollander, So	20:31.0	Valley
11	11	Tarryn Hill, Sr	20:36.0	Southeast Polk
12	12	Camden Zirker, So	20:39.4	Iowa City West
13	13	Kamryn Ensley, So	20:41.3	Valley
14	14	Maddy Negley, Jr	20:41.7	Iowa City West
15	15	Annie Schwartz, Fr	20:57.3	Iowa City West
16	16	Amanda Overton, Fr	21:07.0	Valley
17	17	Maddy Hall, So	21:08.5	Dowling Catholic
18	18	Adrienne Buettner-Cable, Fr	21:11.5	Roosevelt
19	19	Lucy Westemeyer, Jr	21:12.7	Iowa City West
20	20	Jacie Mitchell, Fr	21:13.0	Southeast Polk
21	21	Erica Buetner, Jr	21:13.2	Iowa City West
22	22	Elle Green, So	21:21.8	Roosevelt
23	23	Megan Szalay, Sr	21:22.2	Dowling Catholic
24	24	Katelyn Reichart, Sr	21:22.2	Dowling Catholic
25	25	Emily Bright, So	21:33.1	Valley
26	26	Emma Kearney, Jr	21:38.5	Iowa City West
27	27	Minou Emmad, Fr	21:48.7	Iowa City West
28	28	Natalie Clement, Sr	21:49.2	Southeast Polk
29	29	Anna Gilbreath, Sr	21:57.4	Roosevelt
30	30	Clara Colvig, Sr	21:58.5	Roosevelt
31	31	Kate Easter, So	22:19.2	Dowling Catholic
32	32	Teghan Booth, Jr	22:37.2	Valley
33	33	Megan Wainright, So	22:38.9	Dowling Catholic
34	34	Mya DouBrava, Fr	22:43.3	Valley
35	35	Livi Ovrum, So	23:20.5	Roosevelt
36	36	Ikilas Hasan, So	23:28.1	North
37	36	Hailey Neer, So	25:40.7	Lincoln
38	37	Jaenelle Bryant, Fr	26:36.8	Lincoln
39	38	Nirel Webb, So	27:12.0	Lincoln
40	39	Alexandra Chamu-Delgado, Sr	27:14.3	Lincoln
41	40	Elizabeth Smith, So	27:37.3	Hoover
42	41	Tesfanya Ponis, Jr	27:38.2	North
43	40	Jasmine Cruz-Castro, Sr	28:29.6	East
44	41	Daniela Gama, Sr	28:33.5	East
45	42	Candy Alvarez-Perez, Sr	28:41.9	Lincoln
46	43	Sarah Landon, Sr	29:18.7	East
47	44	Rebecca Curtis, Sr	29:29.0	East
48	45	Eugenie Lumanya, Sr	29:32.4	Hoover
49	46	Eklas Usman, Fr	30:31.3	North
50	45	Jamie Gomez, So	30:32.8	East
51	46	Sabrina Vongphandy, Sr	30:36.0	East
52	47	Shaona Mwenge, Jr	32:29.6	Hoover
53	48	Bahiti Elson, Sr	34:55.8	Hoover

Return to [home page](#).