

2019 Siouxland Conference Championships - 10/15/2019
 Sibley-Ocheyedan Hosts
 Sibley Golf Course

Event 1 Girls 5k Run CC Varsity

Name	Year	School	Finals	Points
1 Haverdink, Emily	10	Moc-Floyd Valley	19:41.10	1
2 Blum, Lizzy	12	Boyden-Hull-RV	20:30.12	2
3 Wasmund, Bria	09	Sibley-Ocheyedan	20:34.05	3
4 Duffy, Lexi	10	Okoboji	20:34.78	4
5 Zeutenhorst, Ellie	11	Sioux Center	20:50.76	5
6 Armstrong, Nevaeh	11	Okoboji	20:52.24	6
7 Haley, Emma	11	Moc-Floyd Valley	21:09.19	7
8 Strubbe, Madi	11	Boyden-Hull-RV	21:11.37	8
9 Jurrens, Lauren	12	George-LR-CL	21:23.96	9
10 Duffy, Lauren	10	Okoboji	21:24.80	10
11 Brouwer, Madison	09	Sibley-Ocheyedan	21:26.05	11
12 Wingate, Alayna	09	Sibley-Ocheyedan	21:28.15	12
13 Perez, Sarah	11	West Lyon	21:28.40	13
14 King, Jenna	11	Sioux Center	21:28.66	14
15 Dokter, Aryana	09	Moc-Floyd Valley	21:30.91	15
16 Howe, Julia	12	Moc-Floyd Valley	21:38.19	16
17 Yaw, Claire	10	Moc-Floyd Valley	21:41.64	17
18 Marco, Madison	09	Sibley-Ocheyedan	21:49.47	18
19 Carstens, Carly	09	Okoboji	22:01.71	19
20 Heemstra, Abby	11	Boyden-Hull-RV	22:03.48	20
21 Amirhamzech, Roya	09	George-LR-CL	22:24.80	21
22 Zeutenhorst, Janae	10	Sioux Center	22:31.06	22
23 Den Herder, Dana	12	Sioux Center	22:33.75	23
24 Post, Naomi	09	Boyden-Hull-RV	22:42.59	24
25 Hummel, Sarah	11	Moc-Floyd Valley	22:58.35	25
26 Feucht, Sadie	11	West Lyon	22:58.93	26
27 Wiltgen, Amanda	11	West Lyon	23:05.18	27
28 Snyders, Geena	09	West Lyon	23:07.79	28
29 DeBoer, Thea	11	George-LR-CL	23:09.89	29
30 Olthoff, Shay	10	Okoboji	23:10.22	30
31 Munoz, Angie	10	Boyden-Hull-RV	23:12.73	31
32 McCuddin, Kelsey	09	Sheldon	23:13.18	
33 Ramirez, Giselle	12	Sioux Center	23:14.39	32
34 Rusche, Rachel	10	Sibley-Ocheyedan	23:22.17	33
35 Knobloch, Ambria	11	West Lyon	23:22.46	34
36 Hanson, Abbie	10	Boyden-Hull-RV	23:24.94	35
37 Luevano, Jenny	09	Boyden-Hull-RV	23:28.20	36
38 Andersen, Amalie	11	Moc-Floyd Valley	23:28.74	37
39 Kramer, Claire	10	George-LR-CL	23:33.16	38
40 Boender, Kadence	09	George-LR-CL	24:03.71	39
41 Scheaffer, Gracia	09	Sheldon	24:04.03	
42 Nasers, Grace	09	Sibley-Ocheyedan	24:10.50	40
43 Ortiz-Ayala, America	10	Sibley-Ocheyedan	24:24.82	41
44 Struckman, Shania	12	George-LR-CL	24:34.08	42
45 Sandbulte, Olivia	10	Okoboji	24:37.34	43
46 Bahnson, Andraya	10	West Lyon	24:46.54	44
47 Greve, Emily	11	George-LR-CL	24:47.97	45
48 Tanner, Trista	10	Okoboji	25:42.05	46
49 Leuthold, Ella	09	West Lyon	25:58.16	47

2019 Siouxland Conference Championships - 10/15/2019
 Sibley-Ocheyedan Hosts
 Sibley Golf Course

Event 3 Boys 5k Run CC Varsity

Name	Year	School	Finals	Points
1 May, Sam	10	Moc-Floyd Valley	16:51.40	1
2 VandeVegte, Carter	12	Sioux Center	16:58.11	2
3 Harrison, Sam	12	Sioux Center	17:08.44	3
4 Lopez, Marco	11	Boyden-Hull-RV	17:11.26	4
5 Wasmund, Trevin	12	Sibley-Ocheyedan	17:22.93	5
6 Schriever, Daniel	11	George-LR-CL	17:23.28	6
7 Brunsting, Dayton	11	Boyden-Hull-RV	17:24.92	7
8 DeGroot, Kleyton	11	Moc-Floyd Valley	17:26.16	8
9 Moser, Kirk	11	West Lyon	17:27.66	9
10 Roozeboom, Jager	11	Sheldon	17:28.49	10
11 Blom, Tyson	10	Moc-Floyd Valley	17:34.84	11
12 Blom, Tristan	10	Moc-Floyd Valley	17:35.81	12
13 Hulshof, Isaiah	09	Moc-Floyd Valley	17:37.08	13
14 Sandven, Erik	12	Okoboji	17:38.16	14
15 Lamb, Jacob	12	Okoboji	17:41.28	15
16 Parsons, Taylor	12	Okoboji	17:46.86	16
17 Mills, Derek	11	Moc-Floyd Valley	17:47.42	17
18 Miller, Caleb	11	Okoboji	18:11.43	18
19 Lorenzen, Lucas	10	Okoboji	18:12.63	19
20 Santos, Jimmy	09	Okoboji	18:13.88	20
21 Scheaffer, Elliot	11	Sheldon	18:20.35	21
22 Van Westen, Keagan	10	Sibley-Ocheyedan	18:30.09	22
23 Spiess, Carter	11	George-LR-CL	18:31.34	23
24 Janzen, Evan	09	Boyden-Hull-RV	18:32.17	24
25 Haken, Matt	12	George-LR-CL	18:34.79	25
26 TeGrotenhuis, Casey	12	Sioux Center	18:36.79	26
27 Ditsworth, Xander	09	George-LR-CL	18:43.00	27
28 Holtrop, Nathan	12	Sheldon	18:43.41	28
29 Bonestroo, Micah	10	Moc-Floyd Valley	18:43.86	29
30 Kelderman, Marcus	11	Boyden-Hull-RV	18:55.25	30
31 Moore, Logan	12	Boyden-Hull-RV	18:57.88	31
32 Byers, Jackson	10	Sibley-Ocheyedan	19:04.59	32
33 Dominguez, Deyvi	11	West Lyon	19:11.38	33
34 Brouwer, Carter	11	Sibley-Ocheyedan	19:13.94	34
35 Henrichs, Lane	09	George-LR-CL	19:14.24	35
36 Menting, Kanta	11	Okoboji	19:20.78	36
37 Post, John	11	Boyden-Hull-RV	19:21.26	37
38 Meester, Sam	09	West Lyon	19:27.38	38
39 Bandstra, Blake	09	Sioux Center	19:44.91	39
40 Mouw, Hudson	11	Sioux Center	19:46.88	40
41 Westra, Caleb	12	Boyden-Hull-RV	19:52.39	41
42 Carlson, Jack	12	Sibley-Ocheyedan	19:55.87	42
43 Schmidt, Johnny	12	George-LR-CL	19:58.03	43
44 Van Briesen, Brandon	09	George-LR-CL	19:58.50	44
45 Blanco, Isaiah	09	Sibley-Ocheyedan	20:12.80	45
46 Perez, Johnny	12	West Lyon	20:26.65	46
47 VandeVegte, Graham	10	Sioux Center	20:33.63	47
48 Ocampo, Osvaldo	11	Sheldon	21:08.00	48
49 Meiburg, Aaron	11	West Lyon	21:39.90	49
50 Patel, Neil	10	Sheldon	21:43.39	50
51 Strehlow, Micheal	09	Sheldon	21:44.88	51
52 Paca, Grant	11	Sibley-Ocheyedan	21:53.12	52
53 Vanden Hull, Drew	10	Sheldon	22:27.44	53

2019 Siouxland Conference Championships - 10/15/2019
 Sibley-Ocheyedan Hosts
 Sibley Golf Course

Event 4 Boys 5k Run CC JV

Name	Year	School	Finals	Points
1 Jones, Caleb	10	Okobojo	18:58.72	1
2 Huang, Jack	10	Moc-Floyd Valley	19:11.61	2
3 VanDenBerg, Easton	09	Sioux Center	19:30.31	3
4 Newton, Brayden	11	Okobojo	19:31.50	4
5 Macias, Ulises	09	George-LR-CL	19:37.64	5
6 Wittrock, Tyler	12	Okobojo	19:41.51	6
7 Fernstrom, Ashton	11	Moc-Floyd Valley	19:48.97	7
8 DeYoung, Micah	09	Moc-Floyd Valley	19:57.98	8
9 Tracy, Tommy	10	Moc-Floyd Valley	20:03.38	9
10 DeJong, Kaden	09	Moc-Floyd Valley	20:06.54	10
11 Bomgaars, AJ		Moc-Floyd Valley	20:06.75	11
12 Dykstra, Gaven	10	Boyden-Hull-RV	20:08.61	12
13 Thompson, Kyle	11	Okobojo	20:13.37	13
14 Senn, Nathanul	10	Moc-Floyd Valley	20:19.67	14
15 Flores, Miguel	12	Sioux Center	20:24.06	15
16 Langel, Logan	11	Okobojo	20:40.74	16
17 Hesselstine, Dakota	09	Okobojo	20:50.28	17
18 Muniz, Daniel	09	Boyden-Hull-RV	20:55.49	18
19 King, Matthew	10	Sioux Center	20:57.94	19
20 Hesse, Christian	09	Okobojo	20:59.64	20
21 DeJager, Aiden	09	Sioux Center	21:06.29	21
22 Batman, Gabe	09	Okobojo	21:18.33	
23 Faber, Reese	09	Sioux Center	21:20.57	22
24 DeYoung, Isaac	10	Moc-Floyd Valley	21:20.87	
25 ReynosoPerez, Keivy	10	Sioux Center	21:21.85	23
26 Mirande, Daniel	10	Moc-Floyd Valley	21:26.65	
27 Osler, Ethan	10	Okobojo	21:31.07	
28 Dekkers, Reese	09	Sioux Center	21:32.31	24
29 Carstens, Kole	11	Okobojo	21:36.84	
30 Atherton, Garrett	09	Sibley-Ocheyedan	21:46.28	
31 Dekkers, Gabe	09	Sioux Center	21:49.80	
32 VandeKop, Trey	11	George-LR-CL	21:50.46	25
33 Klein, Chad	12	Moc-Floyd Valley	21:55.69	
34 Alexander, John	12	Okobojo	21:56.42	
35 Downing, Chase	11	Okobojo	22:04.52	
36 Vargas, Ariel	09	Boyden-Hull-RV	22:11.12	26
37 Lokhorst, Tanner	12	Boyden-Hull-RV	22:19.25	27
38 Jager, Noah	10	Sheldon	22:29.63	28
39 Gruis, Sam	09	George-LR-CL	22:30.28	29
40 Langholdt, Matthew	09	George-LR-CL	22:39.90	30
41 Vietor, Christian	10	Sioux Center	22:49.53	
42 Huisman, Cody	12	George-LR-CL	22:51.40	31
43 Schuiteman, Marshall	12	Sioux Center	23:26.00	
44 Hurst, William	09	Sioux Center	23:29.42	
45 Butler, Gage	12	Sheldon	23:36.92	32
46 Wiersma, David	09	Sheldon	23:37.13	33
47 Francis, Dylan	10	Boyden-Hull-RV	23:45.20	34
48 Frohwein, Andrew	09	Sheldon	24:02.16	35
49 Dagel, Noah	09	Sheldon	24:11.69	36
50 Jostand, Caden	09	Okobojo	24:30.91	
51 Kasch, Austin	09	Okobojo	24:40.79	
52 Cunningham, Connor	09	Okobojo	24:45.42	
53 Schuiteman, Miles	09	Sioux Center	25:15.06	

2019 Siouxland Conference Championships - 10/15/2019
 Sibley-Ocheyedan Hosts
 Sibley Golf Course

Event 5 Mixed 2 Mile Run CC Junior High

Name	Year	School	Finals	Points
Results - Women 2Mile Mile Run				
1 Bandstra, Blair	W08	Sioux Center	13:30.37	1
2 Schriever, Mary	W08	George-LR-CL	13:49.01	
3 Van Der Werff, Elin	W07	Moc-Fv-Middl	13:51.52	2
4 Landis, Alexis	W08	George-LR-CL	13:57.17	
5 Frerichs, Adison	W08	Okobojo	13:59.22	3
6 Hoekstra, Macey	W08	Sibley-Ocheyedan	13:59.94	
7 Hench, Olivia	W08	Sibley-Ocheyedan	14:25.93	
8 Kraayenbrink, Olivia	W08	Sioux Center	14:34.17	4
9 Zwart, Elyse	W07	Boyden-Hull-RV	14:38.82	5
10 Clarey, Alexa	W07	Boyden-Hull-RV	14:39.22	6
11 Zeutenhorst, Kendra	W08	Sioux Center	14:49.30	7
12 Ramirez, Geonella	W07	Sioux Center	14:56.37	8
13 Fernstrum, Kennedy	W08	Moc-Fv-Middl	14:58.13	9
14 McCabe-Nuckols, Brinda	WMS	Sheldon	15:04.59	10
15 Holmes, Zoey	W08	Okobojo	15:05.73	11
16 May, Sarah	W08	Moc-Fv-Middl	15:06.05	12
17 Nunes, Madison	WMS	Sheldon	15:07.99	13
18 MartinezDeLira, Lupita	W07	Sioux Center	15:11.58	14
19 Van Es, Isabella	W08	Sioux Center	15:11.87	15
20 Ferguson, Brooklyn	W08	Okobojo	15:17.16	16
21 Olvera, Jackquelyn	W07	Sioux Center	15:21.39	17
22 Bahrke, Payge	W08	Moc-Fv-Middl	15:25.12	18
23 Boender, Aubree	W07	Boyden-Hull-RV	15:27.86	19
24 Bunde, Lydia	W08	Okobojo	15:31.66	20
25 Rentschler, Malison	W07	West Lyon	15:40.21	
26 Miller, Lily	W08	Okobojo	15:41.37	21
27 Rensink, Aria	W08	Boyden-Hull-RV	15:50.70	22
28 Quanbeck, Emily	W08	Okobojo	15:51.53	23
29 Pausley, Grace	W08	Okobojo	15:52.98	24
30 Scheaffer, Elisa	WMS	Sheldon	15:57.04	25
31 Johnson, Addison	W07	Okobojo	16:01.58	
32 Vermeer, Emalee	W08	Sioux Center	16:05.46	
33 Henry, Lilly	W08	George-LR-CL	16:09.17	
34 Downing, Lydia	W07	Okobojo	16:14.23	
35 Calsbeek, Mia	W08	Moc-Fv-Middl	16:20.61	26
36 Hoey, Tehya	W07	Moc-Fv-Middl	16:23.50	27
37 Graves, Emma	W08	Okobojo	16:24.04	
38 Blankespoor, Kylie	W08	Boyden-Hull-RV	16:47.85	28
39 Ness, Brynn	W07	Okobojo	16:49.73	
40 Kelderman, Ashtyn	W08	Boyden-Hull-RV	16:52.30	29
41 Vazquez, Laysa	W07	Moc-Fv-Middl	16:54.59	30
42 Lopez, Daisy	W08	Boyden-Hull-RV	16:57.72	31
43 Kellenberger, Zoe	W07	West Lyon	16:58.78	
44 Zazueta, Mara	W08	Moc-Fv-Middl	17:03.71	
45 McEldowney, Sarah	W07	Sioux Center	17:12.75	
46 Cunningham, Addison	W08	Okobojo	17:14.71	
47 Sickels, Liberty	WMS	Sheldon	17:18.46	32
48 Brockshus, Emma	W08	Sibley-Ocheyedan	17:21.18	
49 DeYoung, Annisa	W07	Moc-Fv-Middl	17:49.85	
50 Lambertus, Brylee	W07	Okobojo	17:55.03	
51 Lange, Carlee	W07	Boyden-Hull-RV	18:23.26	
52 Remmerde, Avery	W07	Boyden-Hull-RV	18:32.55	

53 Campos, Alexa	W07	Boyden-Hull-RV	18:42.80	
54 Curiel, Aika	W08	Boyden-Hull-RV	19:00.68	
55 Godsey, Zoey	W07	Moc-Fv-Middl	19:23.88	
56 Christoffels, Lauren	W07	Okoboji	20:15.63	
57 Laursen, Constance	WMS	Sheldon	20:17.98	33
58 Kaufman, Jozephine	W08	Boyden-Hull-RV	20:29.46	
59 Maury, Mikayla	W08	Moc-Fv-Middl	20:41.91	
60 Heie, Averi	W07	Sioux Center	20:48.48	
61 Bonestroo, Annika	W07	Moc-Fv-Middl	21:08.21	
62 Beltman, Kylah	W08	Moc-Fv-Middl	22:16.01	
63 Paulsen, Teylor	W07	Moc-Fv-Middl	22:27.49	

Results - Men 2Mile Mile Run

1 Vonk, Hudson	M08	Sioux Center	12:02.28	1
2 Schruers, Stephen	MMS	Sheldon	12:07.30	2
3 Nilles, Eric	M08	Boyden-Hull-RV	12:08.48	3
4 Helkenn, Matt	M08	George-LR-CL	12:10.21	4
5 Van Der Werff, Ian	M07	Moc-Fv-Middl	12:21.51	5
6 DeLeon, Eric	M08	Boyden-Hull-RV	12:24.60	6
7 Schouten, Caden	M08	Sioux Center	12:29.80	7
8 Foltz, Logan	M08	Sioux Center	12:34.00	8
9 Mirande, Trevor	M07	Moc-Fv-Middl	12:36.99	9
10 Duin, Chase	M08	George-LR-CL	12:51.21	10
11 Heimdal, Trigg	M07	Okoboji	12:54.14	11
12 Blum, Ben	M08	Boyden-Hull-RV	12:57.40	12
13 Kroese, Easton	M08	Sioux Center	12:58.47	13
14 Springer, Aaron	M08	George-LR-CL	12:58.84	14
15 Barba, Nico	M08	Okoboji	12:59.98	15
16 Valentine, Carson	M07	Moc-Fv-Middl	13:02.02	16
17 Osler, Evan	M07	Okoboji	13:09.20	17
18 Hamilton, Charlie	M08	George-LR-CL	13:10.42	18
19 VandeVegte, Micah	M07	Sioux Center	13:14.20	19
20 Herrera, Felipe	M08	Boyden-Hull-RV	13:17.29	20
21 Jumbeck, Micah	M08	George-LR-CL	13:19.03	21
22 Hulstein, Gerrit	M08	Moc-Fv-Middl	13:23.10	22
23 Schmidt, Micah	M07	Moc-Fv-Middl	13:25.29	23
24 Dahm, Nicholas	M08	Sioux Center	13:26.31	24
25 Dean, Kellan	M08	Sioux Center	13:28.84	25
26 Miller, Sawyer	M08	Okoboji	13:38.42	26
27 Jostand, Akron	M08	Okoboji	13:39.41	27
28 Smit, Gavin	M08	George-LR-CL	13:40.55	28
29 Sprock, Quintin	M07	George-LR-CL	13:50.19	29
30 Van Otterloo, Ryan	M08	Boyden-Hull-RV	13:55.50	30
31 Schnepf, Sam	M08	Sibley-Ocheyedan	13:58.79	31
32 Roos, Josh	M07	Moc-Fv-Middl	14:06.31	32
33 Sholly, Christian	M08	Moc-Fv-Middl	14:10.39	33
34 Reiter, Cale	M07	Sibley-Ocheyedan	14:13.43	34
35 Hoffman, Josh	MMS	Sheldon	14:16.44	35
36 Van Es, Jett	M07	Sioux Center	14:19.18	
37 Anzua, Kevin	M08	Moc-Fv-Middl	14:27.37	
38 Lincecum, Tanner	M07	George-LR-CL	14:29.36	
39 Martinez, Jesus	M08	George-LR-CL	14:30.16	
40 Spaans, Kayden	M08	Boyden-Hull-RV	14:31.33	36
41 Dubbelde, Jerad	M08	Sioux Center	14:33.75	
42 Moeller, Charlie	M08	Moc-Fv-Middl	14:38.20	
43 Rosales, Gabriel	M07	Boyden-Hull-RV	14:38.53	37
44 Tomas, Luis	M08	Boyden-Hull-RV	14:40.36	
45 Van Zee, Zach	M08	Moc-Fv-Middl	14:40.76	
46 Ruiz, Jose	MMS	Sheldon	14:44.09	38
47 Rice, Noah	M08	Okoboji	14:49.86	39
48 Dykstra, Cole	M07	Sibley-Ocheyedan	14:53.97	40
49 Evink, Ross	M07	Moc-Fv-Middl	14:59.99	

