



## Southeast Polk XC invite Varsity Girls

### SEP High School - Altoona, IA

Oct. 3, 2019

50s, wet grass & cloudy  
Results by Cal Murdock

Use the Find option of your Web Browser to find the performance of a specific individual or team.

**Last updated Oct. 3, 2019 5:15 PM**

PLACE	TEAM	POINTS	PLACES	OF FINISHERS	AVG. TIME	SPREAD
1	Waukee	51	3	4	7	17 20 27 35 20:19.6 1:09.4
2	Southeast Polk	65	6	8	12 13 26 30 50 20:31.2 1:05.6	
3	Dallas Center-Grimes	84	2	9	11 28 34 41 63 20:38.2 1:36.8	
4	Iowa City West	100	15	18	21 22 24 32 51 20:55.9 0:21.9	
5	Urbandale	143	16	19	25 40 43 53 54 21:12.2 0:54.0	
6	Des Moines Roosevelt	154	5	14	39 47 49 60 75 21:10.4 2:03.0	
7	Dowling (jv boys)	160	10	23	36 45 46 52 59 21:17.4 1:17.2	
8	Valley	200	31	33	38 42 56 57 70 21:33.8 0:52.3	
9	Ankeny	248	37	44	48 58 61 65 66 21:56.7 0:58.0	
10	Ames	251	1	55	62 64 69 72 73 21:44.3 4:08.0	
11	Atlantic	311	29	67	68 71 76 80 84 22:47.0 3:08.8	
12	Carlisle	403	78	79	81 82 83 90 93 25:18.4 1:04.5	
13	Des Moines Lincoln	427	77	85	86 87 92 96 97 27:09.8 5:36.8	
14	Des Moines East	436	74	88	89 91 94 95 29:00.0 8:29.9	

Incomplete Teams: Des Moines Hoover  
Individuals

PLACE	FINISHER	TIME
1.	Waukee	
3	Sydney Schaffer, Sr	19:48.1
4	Peyton Kelderman, Jr	19:48.6
7	Isabelle Schaffer, Sr	20:14.1
17	Molly Bannister, So	20:49.7
20	Jessica Caraway, Sr	20:57.5
27	Emma Shepard, Sr	21:06.8
35	Madison Judas, So	21:23.0
Total Time = 1:41:38.0		Total Places = 51
2.	Southeast Polk	
6	Mattison Plummer, Jr	20:01.0
8	Grace Larkins, Jr	20:22.0
12	Jenna Francois, Fr	20:33.1
13	Magda McGowan, Jr	20:33.3
26	Jacie Mitchell, Fr	21:06.6
30	Tarryn Hill, Sr	21:10.8
50	Natalie Clement, Sr	21:59.1
Total Time = 1:42:36.0		Total Places = 65
3.	Dallas Center-Grimes	
2	Megan Sterbenz, Jr	19:46.3
9	Hannah Little, So	20:23.8
11	Miranda Muhlstein, Jr	20:30.4
28	Emma Angus, Jr	21:07.5
34	Meredith McDermott, Fr	21:23.0
41	Lara Kallem, Sr	21:36.1
63	Madalyn Haupts, Jr	22:32.5
Total Time = 1:43:11.0		Total Places = 84
4.	Iowa City West	
15	Maddy Negley, Jr	20:43.0
18	Camden Zirker, So	20:53.0
21	Annie Schwartz, Fr	20:58.0
22	Erica Buetner, Jr	21:00.7
24	Lucy Westemeyer, Jr	21:04.8
32	Minou Emmad, Fr	21:16.7
51	Sara Alaya, So	22:03.1
Total Time = 1:44:39.5		Total Places = 100
5.	Urbandale	
16	Macy Gaskill, Jr	20:45.3
19	Erin Van Quathem, So	20:56.8
25	Brie Ruch, Jr	21:06.0

40 Ally Redenius, Sr 21:33.7  
 43 Jaden Scharingson, So 21:39.2  
 53 Julia Martinez-Lohf, So 22:04.5  
 54 Crystal Ruden, So 22:06.4  
 Total Time = 1:46:01.0 Total Places = 143

6. Des Moines Roosevelt  
 5 Arianna Jackson, Fr 19:55.2  
 14 Abi Hahn, Fr 20:36.0  
 39 Anna Gilbreath, Sr 21:33.1  
 47 Elle Green, So 21:49.6  
 49 Adrienne Buettner-Cable, Fr 21:58.1  
 60 Sarah Fleming, So 22:23.8  
 75 Livi Ovrom, Jr 23:59.8  
 Total Time = 1:45:52.0 Total Places = 154

7. Dowling (jv boys)  
 10 Annie Flood, Sr 20:28.0  
 23 Lauryn Frerichs, Fr 21:04.7  
 36 Karleigh Osborn, Jr 21:25.6  
 45 Megan Wainright, So 21:43.2  
 46 Megan Szalay, Sr 21:45.1  
 52 Maddy Hall, So 22:03.4  
 59 Kate Easter, So 22:20.7  
 Total Time = 1:46:26.6 Total Places = 160

8. Valley  
 31 Lauren Schulze, Jr 21:15.3  
 33 Madeline Hollander, So 21:18.6  
 38 Emily Bright, So 21:28.5  
 42 Joshua King, Fr 21:38.8  
 56 Mya DouBrava, Fr 22:07.6  
 57 Hayley Chappell, Jr 22:14.5  
 70 Aidan Limback, Fr 22:51.6  
 Total Time = 1:47:48.8 Total Places = 200

9. Ankeny  
 37 Marika Kisgen, Jr 21:26.1  
 44 Jenna Pitz, Fr 21:42.3  
 48 Madeleine Murphy, Jr 21:53.0  
 58 Megan Bosch, Jr 22:18.1  
 61 Cierra Fillinger, Sr 22:24.0  
 65 Paige Beason, Fr 22:38.0  
 66 Eva Van De Mortel, Jr 22:38.0  
 Total Time = 1:49:43.5 Total Places = 248

10. Ames  
 1 Camille Jackson, Sr 18:41.6  
 55 Serena Cross, Jr 22:06.7  
 62 Sydney Turk, Fr 22:28.3  
 64 Nyadio Chan, So 22:35.2  
 69 Payton Stewart, Fr 22:49.6  
 72 Kaitlyn Goodman, Sr 23:15.0  
 73 Kiah Synder, So 23:16.6  
 Total Time = 1:48:41.4 Total Places = 251

11. Atlantic  
 29 Ava Rush, Fr 21:08.5  
 67 Pluma Pross, Sr 22:43.5  
 68 Madison Botos, Jr 22:48.5  
 71 Addie DeArment, So 22:57.1  
 76 Katie Saluk, Sr 24:17.2  
 80 Claire Wiederstein, Fr 25:12.3  
 84 Kelsie Siedlik, Sr 26:12.1  
 Total Time = 1:53:54.8 Total Places = 311

12. Carlisle  
 78 Laura Downs, Fr 24:47.4  
 79 Maria Kuittinen, Sr 24:53.5  
 81 Isabella Pagel, Fr 25:16.8  
 82 Abook Dok, So 25:42.4  
 83 Mady Taylor, So 25:51.9  
 90 Hannah McGraw, Fr 29:51.9  
 93 Assem Imankarina, Sr 30:13.7  
 Total Time = 2:06:32.0 Total Places = 403

13. Des Moines Lincoln  
 77 Hailey Neer, So 24:30.2  
 85 Jaenelle Bryant, Fr 26:47.1  
 86 Nirel Webb, So 27:12.1  
 87 Alexandra Chamu-Delgado, Sr 27:12.2  
 92 Candy Alvarez-Perez, Sr 30:07.0  
 96 Neyda Hernandez-Ramirez, Sr 37:04.8  
 97 Nakia Whitney, So 37:13.3  
 Total Time = 2:15:48.6 Total Places = 427

14. Des Moines East  
 74 Marissa Thompson, Jr 23:31.6  
 88 Rebecca Curtis, Sr 29:39.2  
 89 Daniela Gama, Sr 29:47.2  
 91 Jazmine Cruz-Castro, Sr 30:00.1  
 94 Sabrina Vongphandy, Sr 32:01.5  
 95 Paulina Hernandez, Sr 32:06.6  
 Total Time = 2:24:59.6 Total Places = 436  
 Top

1	1	Camille Jackson, Sr	18:41.6	Ames
2	2	Megan Sterbenz, Jr	19:46.3	Dallas Center-Grimes
3	3	Sydney Schaffer, Sr	19:48.1	Waukee
4	4	Peyton Kelderman, Jr	19:48.6	Waukee
5	5	Arianna Jackson, Fr	19:55.2	Des Moines Roosevelt
6	6	Mattison Plummer, Jr	20:01.0	Southeast Polk
7	7	Isabelle Schaffer, Sr	20:14.1	Waukee
8	8	Grace Larkins, Jr	20:22.0	Southeast Polk
9	9	Hannah Little, So	20:23.8	Dallas Center-Grimes
10	10	Annie Flood, Sr	20:28.0	Dowling (jv boys)
11	11	Miranda Muhlstein, Jr	20:30.4	Dallas Center-Grimes
12	12	Jenna Francois, Fr	20:33.1	Southeast Polk
13	13	Magda McGowan, Jr	20:33.3	Southeast Polk
14	14	Abi Hahn, Fr	20:36.0	Des Moines Roosevelt
15	15	Maddy Negley, Jr	20:43.0	Iowa City West
16	16	Macy Gaskill, Jr	20:45.3	Urbandale
17	17	Molly Bannister, So	20:49.7	Waukee
18	18	Camden Zirker, So	20:53.0	Iowa City West
19	19	Erin Van Quathem, So	20:56.8	Urbandale
20	20	Jessica Caraway, Sr	20:57.5	Waukee
21	21	Annie Schwartz, Fr	20:58.0	Iowa City West
22	22	Erica Buetner, Jr	21:00.7	Iowa City West
23	23	Laurn Frerichs, Fr	21:04.7	Dowling (jv boys)
24	24	Lucy Westemeyer, Jr	21:04.8	Iowa City West
25	25	Brie Ruch, Jr	21:06.0	Urbandale
26	26	Jacie Mitchell, Fr	21:06.6	Southeast Polk
27	27	Emma Shepard, Sr	21:06.8	Waukee
28	28	Emma Angus, Jr	21:07.5	Dallas Center-Grimes
29	29	Ava Rush, Fr	21:08.5	Atlantic
30	30	Tarryn Hill, Sr	21:10.8	Southeast Polk
31	31	Lauren Schulze, Jr	21:15.3	Valley
32	32	Minou Emmad, Fr	21:16.7	Iowa City West
33	33	Madeline Hollander, So	21:18.6	Valley
34	34	Meredith McDermott, Fr	21:23.0	Dallas Center-Grimes
35	35	Madison Judas, So	21:23.0	Waukee
36	36	Karleigh Osborn, Jr	21:25.6	Dowling (jv boys)
37	37	Marika Kisgen, Jr	21:26.1	Ankeny
38	38	Emily Bright, So	21:28.5	Valley
39	39	Anna Gilbreath, Sr	21:33.1	Des Moines Roosevelt
40	40	Ally Redenius, Sr	21:33.7	Urbandale
41	41	Lara Kallem, Sr	21:36.1	Dallas Center-Grimes
42	42	Joshua King, Fr	21:38.8	Valley
43	43	Jaden Scharingson, So	21:39.2	Urbandale
44	44	Jenna Pitz, Fr	21:42.3	Ankeny
45	45	Megan Wainright, So	21:43.2	Dowling (jv boys)
46	46	Megan Szalay, Sr	21:45.1	Dowling (jv boys)
47	47	Elle Green, So	21:49.6	Des Moines Roosevelt
48	48	Madeleine Murphy, Jr	21:53.0	Ankeny
49	49	Adrienne Buettner-Cable, Fr	21:58.1	Des Moines Roosevelt
50	50	Natalie Clement, Sr	21:59.1	Southeast Polk
51		Kariin Roush, So	22:02.4	Waukee
52	51	Sara Alaya, So	22:03.1	Iowa City West
53	52	Maddy Hall, So	22:03.4	Dowling (jv boys)
54	53	Julia Martinez-Lohf, So	22:04.5	Urbandale
55	54	Crystal Ruden, So	22:06.4	Urbandale
56	55	Serena Cross, Jr	22:06.7	Ames
57	56	Mya DouBrava, Fr	22:07.6	Valley
58	57	Hayley Chappell, Jr	22:14.5	Valley
59		Natalie Katz, Sr	22:16.3	Iowa City West
60		Lauren Peterson, So	22:17.0	Urbandale
61	58	Megan Bosch, Jr	22:18.1	Ankeny
62		Ava Carder, So	22:18.5	Waukee
63		Emily Buettel, Jr	22:19.6	Southeast Polk
64	59	Kate Easter, So	22:20.7	Dowling (jv boys)
65	60	Sarah Fleming, So	22:23.8	Des Moines Roosevelt
66	61	Cierra Fillinger, Sr	22:24.0	Ankeny
67	62	Sydney Turk, Fr	22:28.3	Ames
68		Emma Kearney, Jr	22:32.3	Iowa City West
69	63	Madalyn Hapts, Jr	22:32.5	Dallas Center-Grimes
70		Jaci Versluis, Sr	22:33.2	Dallas Center-Grimes
71	64	Nyadio Chan, So	22:35.2	Ames
72		1b27366	22:37.4	
73	65	Paige Beason, Fr	22:38.0	Ankeny
74	66	Eva Van De Mortel, Jr	22:38.0	Ankeny
75		Maddie Walsh, Fr	22:40.5	Ankeny
76		Nicole Luebke, So	22:43.3	Dallas Center-Grimes
77	67	Pluma Pross, Sr	22:43.5	Atlantic
78		Skyler Blessman, So	22:43.9	Dallas Center-Grimes
79		Natalie Thomas, So	22:47.6	Dowling (jv boys)
80	68	Madison Botos, Jr	22:48.5	Atlantic
81	69	Payton Stewart, Fr	22:49.6	Ames
82	70	Aidan Limback, Fr	22:51.6	Valley
83		Lindsey Kelderman, Jr	22:55.4	Waukee
84		Katelyn Reichart, Sr	22:56.1	Dowling (jv boys)
85		Briella Osborn, Fr	22:56.2	Dowling (jv boys)
86	71	Addie DeArment, So	22:57.1	Atlantic
87		Lauren Clark, Sr	23:01.3	Ankeny
88		Jasmine Ortega, So	23:10.9	Iowa City West
89	72	Kaitlyn Goodman, Sr	23:15.0	Ames
90	73	Kiah Synder, So	23:16.6	Ames
91		Teghan Booth, Jr	23:20.4	Valley
92		Katie Baerenwald, So	23:30.1	Southeast Polk
93	74	Marissa Thompson, Jr	23:31.6	Des Moines East
94		Jasmin Mendoza, Sr	23:33.1	Southeast Polk
95		Claire Galvin, So	23:55.1	Ames
96	75	Livi Ovrom, Jr	23:59.8	Des Moines Roosevelt

97	Breanna Van Dyke, Jr	24:02.3	Ames
98	Maggie Gardner, Sr	24:04.9	Urbandale
99	Fiona Riordan, Sr	24:10.9	Ankeny
100	76 Katie Saluk, Sr	24:17.2	Atlantic
101	77 Hailey Neer, So	24:30.2	Des Moines Lincoln
102	78 Laura Downs, Fr	24:47.4	Carlisle
103	79 Maria Kuittinen, Sr	24:53.5	Carlisle
104	80 Claire Wiederstein, Fr	25:12.3	Atlantic
105	Caitlyn Hanulikova, Sr	25:16.4	Ames
106	81 Isabella Pagel, Fr	25:16.8	Carlisle
107	82 Abook Dok, So	25:42.4	Carlisle
108	83 Mady Taylor, So	25:51.9	Carlisle
109	84 Kelsie Siedlik, Sr	26:12.1	Atlantic
110	Elizabeth Smith, So	26:32.9	Des Moines Hoover
111	Corri Pelzer, Sr	26:45.1	Atlantic
112	85 Jaenelle Bryant, Fr	26:47.1	Des Moines Lincoln
113	Laney Brosam, Fr	26:58.2	Atlantic
114	86 Nirel Webb, So	27:12.1	Des Moines Lincoln
115	87 Alexandra Chamu-Delgado, Sr	27:12.2	Des Moines Lincoln
116	Edria Brummer, Fr	28:37.0	Atlantic
117	88 Rebecca Curtis, Sr	29:39.2	Des Moines East
118	89 Daniela Gama, Sr	29:47.2	Des Moines East
119	90 Hannah McGraw, Fr	29:51.9	Carlisle
120	91 Jazmine Cruz-Castro, Sr	30:00.1	Des Moines East
121	92 Candy Alvarez-Perez, Sr	30:07.0	Des Moines Lincoln
122	93 Assem Imankarina, Sr	30:13.7	Carlisle
123	94 Sabrina Vongphandy, Sr	32:01.5	Des Moines East
124	95 Paulina Hernandez, Sr	32:06.6	Des Moines East
125	Eugenie Lumanya, Sr	33:36.1	Des Moines Hoover
126	Bahiti Eleson, Sr	35:04.2	Des Moines Hoover
127	96 Neyda Hernandez-Ramirez, Sr	37:04.8	Des Moines Lincoln
128	97 Nakia Whitney, So	37:13.3	Des Moines Lincoln
129	Vanessa Cruz, Sr	37:47.2	Des Moines Lincoln
130	Chelsea Corson, Jr	41:36.2	Des Moines Hoover

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## Southeast Polk XC invite Varsity Boys

### SEP High School - Altoona, IA

Oct. 3, 2019

50s, wet grass & cloudy  
Results by Cal Murdock

Use the Find option of your Web Browser to find the performance of a specific individual or team.

**Last updated Oct. 3, 2019 5:33 PM**

PLACE	TEAM	POINTS	PLACES OF FINISHERS										AVG. TIME	SPREAD
1	Ames	78	3	8	15	25	27	44	49	17:28.4	1:10.2			
2*	Waukee	101	4	20	22	24	31	33	42	17:37.6	1:09.0			
3*	Urbandale	101	2	5	28	32	34	51	59	17:34.4	1:22.7			
4	Southeast Polk	116	1	13	21	40	41	45	62	17:35.8	1:42.5			
5	Valley	132	10	11	29	39	43	48	67	17:48.9	0:52.5			
6	Carlisle	134	14	17	19	37	47	54	56	17:48.5	0:46.8			
7	Dallas Center-Grimes	136	6	16	23	38	53	57	60	17:46.1	1:22.0			
8	Ankeny	200	18	30	36	50	66	72	73	18:08.0	1:02.2			
9	Des Moines Roosevelt	253	12	52	55	65	69	71	74	18:17.3	1:17.1			
10	Atlantic	265	7	58	61	64	75	80	81	18:18.5	1:53.4			
11	Dowling (jv boys)	290	35	46	63	70	76	77	78	18:32.6	0:55.7			
12	Des Moines Lincoln	294	9	26	84	85	90	91	92	19:31.5	3:49.1			
13	Des Moines East	423	79	83	86	87	88	93	94	20:31.3	1:28.2			
14	Des Moines Hoover	430	68	82	89	95	96	97	98	20:37.1	3:11.2			

Incomplete Teams:  
Individuals

PLACE	FINISHER	TIME
<b>1. Ames</b>		
3	Noah Kohut-Jackson, Sr	16:48.8
8	Aniey Akok, Jr	17:13.5
15	Benett Ryken, Jr	17:30.2
25	Akol Atack, Jr	17:50.3
27	Kon Dut, So	17:59.0
44	Charles Orngard, So	18:13.9
49	Leyton Wahl, So	18:18.5
Total Time = 1:27:21.8		Total Places = 78
<b>2*. Waukee</b>		
4	Kyle Ruby, So	16:54.6
20	David Parks, So	17:39.9
22	Tyler Stallman, Sr	17:42.9
24	Jacob Christensen, Jr	17:46.9
31	Vincent Hodges, Jr	18:03.6
33	Corbin Truitt, Jr	18:05.4
42	Tyler Merhar, So	18:11.4
Total Time = 1:28:07.9		Total Places = 101
<b>3*. Urbandale</b>		
2	Payton Marrs, Sr	16:44.0
5	Anthony Moran, Jr	16:57.0
28	Sam Schweizer, Sr	17:59.6
32	Reece Knepper, Sr	18:04.3
34	Lucas Miller, Sr	18:06.7
51	Cole Leggett, So	18:19.3
59	Andrew Donoho, Fr	18:25.4
Total Time = 1:27:51.6		Total Places = 101
<b>4. Southeast Polk</b>		
1	Drake Hanson, Sr	16:28.3
13	Cade Mash, Sr	17:26.7
21	Chase Bartlett, Jr	17:42.6
40	Caden Mitchell, Jr	18:10.5
41	Eric Patterson, Jr	18:10.8
45	Carson Owens, Fr	18:14.8
62	Hudson Frank, So	18:30.9
Total Time = 1:27:58.9		Total Places = 116
<b>5. Valley</b>		
10	Jack Smeins, Sr	17:19.2
11	Carter Owen, Sr	17:22.2
29	Jacob Soto, Sr	18:01.1

39	Adam Hisel, Jr	18:10.1	
43	Jacob Arnold, Sr	18:11.7	
48	Landon Denker, Sr	18:16.5	
67	Carter Smith, So	18:38.7	
Total Time = 1:29:04.3		Total Places = 132	

6. Carlisle			
14	Kyle Miller, Sr	17:29.1	
17	Kolby Fritz, Sr	17:33.9	
19	Brandon Kesner, Jr	17:35.0	
37	Kaden Sadler, Jr	18:08.5	
47	Tristen Kessler, Sr	18:15.8	
54	Ethan Schlichte, Jr	18:23.4	
56	Hunter Snyder, Sr	18:24.5	
Total Time = 1:29:02.3		Total Places = 134	

7. Dallas Center-Grimes			
6	Aidan Ramsey, So	16:59.6	
16	Bradley Ramsey, Sr	17:32.8	
23	Jacob Ewers, So	17:46.3	
38	Jacob Storey, So	18:09.9	
53	Dawson Assink, Jr	18:21.5	
57	Owen Pries, So	18:24.8	
60	Jacob Hochstetler, Sr	18:27.2	
Total Time = 1:28:50.1		Total Places = 136	

8. Ankeny			
18	Tyler Hentzel, Sr	17:34.0	
30	Andrew Pooock, Jr	18:02.8	
36	Christian Rathje, So	18:07.9	
50	Paul Erredge, So	18:19.0	
66	Cael Cox, Jr	18:36.1	
72	Truman Patterson, So	18:48.0	
73	Marc Medici, Sr	18:50.2	
Total Time = 1:30:39.8		Total Places = 200	

9. Des Moines Roosevelt			
12	Jaxson Plumb, Fr	17:25.2	
52	Rowen Abbas, Sr	18:20.6	
55	Lucas George, Jr	18:23.6	
65	Jack Joyce, Jr	18:34.7	
69	Jackson Haugh, Jr	18:42.3	
71	Festo Iranezeyeye, Sr	18:47.9	
74	Logan Westin, Fr	18:58.9	
Total Time = 1:31:26.4		Total Places = 253	

10. Atlantic			
7	Craig Alan Becker, Jr	17:05.7	
58	Brad Dennis, Sr	18:25.3	
61	Zane Berg, So	18:29.8	
64	Evan Brummer, Sr	18:32.3	
75	Drew Engler, So	18:59.1	
80	Cooper Jipsen, So	19:26.2	
81	Ethan Williams, Jr	19:28.6	
Total Time = 1:31:32.2		Total Places = 265	

11. Dowling (jv boys)			
35	Max Brown, Jr	18:07.1	
46	Tyler Schweizer, So	18:15.4	
63	Andrew Robey, So	18:31.4	
70	Ryan O'Halloran, Sr	18:46.0	
76	Sam Leto, So	19:02.8	
77	Jack Ode, Fr	19:04.0	
78	Griffin Rhode, Sr	19:13.7	
Total Time = 1:32:42.7		Total Places = 290	

12. Des Moines Lincoln			
9	Andrew Klein, Sr	17:16.0	
26	Josh Artero, Sr	17:54.4	
84	Sam Benschoter, Jr	20:36.7	
85	Anthony Nguyen, Jr	20:45.2	
90	Joseph Daughenbaugh, So	21:05.1	
91	Yogesh Gurung, Sr	21:06.3	
92	Dominic Caligiuri, Sr	21:18.3	
Total Time = 1:37:37.4		Total Places = 294	

13. Des Moines East			
79	Jose Dominguez, Sr	19:25.8	
83	Cosmas Nyaika, Sr	20:34.1	
86	Xander Wallace, Sr	20:48.6	
87	Andrew Lamb, Sr	20:54.0	
88	Kade Dolphin, Sr	20:54.0	
93	Zach Wallace, Sr	21:25.7	
94	Symon Yates, So	21:40.0	
Total Time = 1:42:36.5		Total Places = 423	

14. Des Moines Hoover			
68	Adam Ibrahim, Jr	18:41.5	
82	Barry Adoobe, So	19:47.8	
89	Robert Burris, Jr	21:00.4	
95	Eric Amuri, So	21:42.9	
96	Deodonne Mfaume, Jr	21:52.6	
97	Morgan Jackson, So	22:28.3	
98	Shauri Lumona, Sr	23:13.7	
Total Time = 1:43:05.2		Total Places = 430	
Top			

1	1	Drake Hanson, Sr	16:28.3	Southeast Polk
2	2	Payton Marrs, Sr	16:44.0	Urbandale
3	3	Noah Kohut-Jackson, Sr	16:48.8	Ames
4	4	Kyle Ruby, So	16:54.6	Waukee
5	5	Anthony Moran, Jr	16:57.0	Urbandale
6	6	Aidan Ramsey, So	16:59.6	Dallas Center-Grimes
7	7	Craig Alan Becker, Jr	17:05.7	Atlantic
8	8	Aniey Akok, Jr	17:13.5	Ames
9	9	Andrew Klein, Sr	17:16.0	Des Moines Lincoln
10	10	Jack Smeins, Sr	17:19.2	Valley
11	11	Carter Owen, Sr	17:22.2	Valley
12	12	Jaxson Plumb, Fr	17:25.2	Des Moines Roosevelt
13	13	Cade Mash, Sr	17:26.7	Southeast Polk
14	14	Kyle Miller, Sr	17:29.1	Carlisle
15	15	Benett Ryken, Jr	17:30.2	Ames
16	16	Bradley Ramsey, Sr	17:32.8	Dallas Center-Grimes
17	17	Kolby Fritz, Sr	17:33.9	Carlisle
18	18	Tyler Hentzel, Sr	17:34.0	Ankeny
19	19	Brandon Kesner, Jr	17:35.0	Carlisle
20	20	David Parks, So	17:39.9	Waukee
21	21	Chase Bartlett, Jr	17:42.6	Southeast Polk
22	22	Tyler Stallman, Sr	17:42.9	Waukee
23	23	Jacob Ewers, So	17:46.3	Dallas Center-Grimes
24	24	Jacob Christensen, Jr	17:46.9	Waukee
25	25	Akol Atack, Jr	17:50.3	Ames
26	26	Josh Artero, Sr	17:54.4	Des Moines Lincoln
27	27	Kon Dut, So	17:59.0	Ames
28	28	Sam Schweizer, Sr	17:59.6	Urbandale
29	29	Jacob Soto, Sr	18:01.1	Valley
30	30	Andrew Poock, Jr	18:02.8	Ankeny
31	31	Vincent Hodges, Jr	18:03.6	Waukee
32	32	Reece Knepper, Sr	18:04.3	Urbandale
33	33	Corbin Truitt, Jr	18:05.4	Waukee
34	34	Lucas Miller, Sr	18:06.7	Urbandale
35	35	Max Brown, Jr	18:07.1	Dowling (jv boys)
36	36	Christian Rathje, So	18:07.9	Ankeny
37	37	Kaden Sadler, Jr	18:08.5	Carlisle
38	38	Jacob Storey, So	18:09.9	Dallas Center-Grimes
39	39	Adam Hisel, Jr	18:10.1	Valley
40	40	Caden Mitchell, Jr	18:10.5	Southeast Polk
41	41	Eric Patterson, Jr	18:10.8	Southeast Polk
42	42	Tyler Merhar, So	18:11.4	Waukee
43	43	Jacob Arnold, Sr	18:11.7	Valley
44	44	Charles Orngard, So	18:13.9	Ames
45	45	Carson Owens, Fr	18:14.8	Southeast Polk
46	46	Tyler Schweizer, So	18:15.4	Dowling (jv boys)
47	47	Tristen Kessler, Sr	18:15.8	Carlisle
48	48	Landon Denker, Sr	18:16.5	Valley
49	49	Leyton Wahl, So	18:18.5	Ames
50	50	Paul Erredge, So	18:19.0	Ankeny
51	51	Cole Leggett, So	18:19.3	Urbandale
52	52	Rowen Abbas, Sr	18:20.6	Des Moines Roosevelt
53	53	Dawson Assink, Jr	18:21.5	Dallas Center-Grimes
54	54	Ethan Schlichte, Jr	18:23.4	Carlisle
55	55	Lucas George, Jr	18:23.6	Des Moines Roosevelt
56	56	Jonah Christensen, Jr	18:24.3	Waukee
57	57	Hunter Snyder, Sr	18:24.5	Carlisle
58	58	Owen Pries, So	18:24.8	Dallas Center-Grimes
59	59	Brad Dennis, Sr	18:25.3	Atlantic
60	60	Andrew Donoho, Fr	18:25.4	Urbandale
61	61	Jonathon Williams, Fr	18:26.2	Ames
62	62	Jacob Hochstetler, Sr	18:27.2	Dallas Center-Grimes
63	63	Zane Berg, So	18:29.8	Atlantic
64	64	Nate Norton, Sr	18:30.0	Carlisle
65	65	Hudson Frank, So	18:30.9	Southeast Polk
66	66	Jacob Holtz, Sr	18:30.9	Waukee
67	67	Andrew Robey, So	18:31.4	Dowling (jv boys)
68	68	Evan Brummer, Sr	18:32.3	Atlantic
69	69	Nahom Clark, Jr	18:32.3	Urbandale
70	70	Jack Joyce, Jr	18:34.7	Des Moines Roosevelt
71	71	Cael Cox, Jr	18:36.1	Ankeny
72	72	Carter Smith, So	18:38.7	Valley
73	73	Adam Ibrahim, Jr	18:41.5	Des Moines Hoover
74	74	Jackson Haugh, Jr	18:42.3	Des Moines Roosevelt
75	75	Ryan O'Halloran, Sr	18:46.0	Dowling (jv boys)
76	76	Festo Iranezeyeye, Sr	18:47.9	Des Moines Roosevelt
77	77	Truman Patterson, So	18:48.0	Ankeny
78	78	Marc Medici, Sr	18:50.2	Ankeny
79	79	Nathan Holstrom, Jr	18:55.2	Waukee
80	80	Charles Arroyo, Jr	18:57.1	Ames
81	81	Matt Brockway, Sr	18:58.3	Urbandale
82	82	Logan Westin, Fr	18:58.9	Des Moines Roosevelt
83	83	Drew Engler, So	18:59.1	Atlantic
84	84	Carsen Codel, Sr	19:02.4	Valley
85	85	Sam Leto, So	19:02.8	Dowling (jv boys)
86	86	Michael Hayden, So	19:03.6	Ankeny
87	87	Jack Ode, Fr	19:04.0	Dowling (jv boys)
88	88	Alec Knepper, Sr	19:06.2	Urbandale
89	89	Nicholas Grandgenett, Jr	19:06.5	Ames
90	90	Griffin Rhode, Sr	19:13.7	Dowling (jv boys)
91	91	Jake Umble, Sr	19:14.6	Valley
92	92	Brayden Kessler, So	19:20.2	Carlisle
93	93	Nick Jackson, So	19:21.0	Des Moines Roosevelt
94	94	Alec DePhillips, Jr	19:23.8	Valley
95	95	Jose Dominguez, Sr	19:25.8	Des Moines East
96	96	Cooper Jipsen, So	19:26.2	Atlantic
97	97	Ethan Williams, Jr	19:28.6	Atlantic

98	Isaac Anderson, Sr	19:37.5	Southeast Polk
99	Carter Smith, So	19:41.6	Ankeny
100	Christopher Pierson, So	19:46.5	Dowling (jv boys)
101	Elijah Gumm, Fr	19:47.0	Des Moines Roosevelt
102	82 Barry Adoobe, So	19:47.8	Des Moines Hoover
103	Keith Christenson, So	19:48.6	Carlisle
104	Flynn Milligan, Fr	19:54.5	Dowling (jv boys)
105	Aybren Moore, Sr	20:07.5	Atlantic
106	Nolan Larsen, Sr	20:16.5	Southeast Polk
107	Griffin Gade, So	20:29.0	Ankeny
108	83 Cosmas Nyaika, Sr	20:34.1	Des Moines East
109	Ben Andersen, Sr	20:34.2	Atlantic
110	84 Sam Benschoter, Jr	20:36.7	Des Moines Lincoln
111	Noah Waldon, Sr	20:38.7	Southeast Polk
112	85 Anthony Nguyen, Jr	20:45.2	Des Moines Lincoln
113	86 Xander Wallace, Sr	20:48.6	Des Moines East
114	87 Andrew Lamb, Sr	20:54.0	Des Moines East
115	88 Kade Dolphin, Sr	20:54.0	Des Moines East
116	89 Robert Burris, Jr	21:00.4	Des Moines Hoover
117	90 Joseph Daughenbaugh, So	21:05.1	Des Moines Lincoln
118	91 Yogesh Gurung, Sr	21:06.3	Des Moines Lincoln
119	92 Dominic Caligiuri, Sr	21:18.3	Des Moines Lincoln
120	93 Zach Wallace, Sr	21:25.7	Des Moines East
121	Isaac Altman, So	21:34.5	Atlantic
122	94 Symon Yates, So	21:40.0	Des Moines East
123	95 Eric Amuri, So	21:42.9	Des Moines Hoover
124	96 Deodonne Mfaume, Jr	21:52.6	Des Moines Hoover
125	Alvin Lopez, Jr	22:19.8	Des Moines Lincoln
126	97 Morgan Jackson, So	22:28.3	Des Moines Hoover
127	Brady Gordon, So	22:52.7	Des Moines East
128	98 Shauri Lumona, Sr	23:13.7	Des Moines Hoover
129	Jordan Leek, Fr	23:17.3	Des Moines Lincoln
130	Mohamed Temsah, Jr	23:23.4	Des Moines Hoover
131	LaBresh Kieren, Sr	24:17.6	Des Moines Hoover
132	Justin Bebanga, Jr	24:18.0	Des Moines Hoover
133	Alex Sampson, So	25:21.6	Atlantic
134	Carlos Pena, Sr	29:58.9	Des Moines East

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