

2019 West Sioux Cross Country Meet - 10/10/2019

Hawarden Golf Club

Rankings

Event 100 Girls 5k Run CC Varsity

Name	Year School	Finals	Points
1 Hardie, Alea	O'Gorman Hig	18:52.36	1
2 Downs, Kaia	Sioux City East CS	19:27.45	2
3 Pardy, Ruth	O'Gorman Hig	19:57.44	3
4 Kippes, Bella	O'Gorman Hig	20:03.84	4
5 Helt, Sydney	Sioux City East CS	20:11.45	5
6 Garay, Lillian	Sioux City North	20:18.47	6
7 Sugrue, George	O'Gorman Hig	20:33.77	7
8 Phillips, Karlee	Sioux City East CS	20:37.65	8
9 Jordan, Elizabeth	Sioux City North	20:38.95	9
10 Waage, Grace	O'Gorman Hig	20:40.16	10
11 Calhoun, Chloe	Le Mars Community	20:45.32	11
12 Lammers, Katie	Sioux City East CS	20:47.54	12
13 Zuehl, Nicole	Sioux City North	20:59.65	13
14 Czarnecki, Genet	O'Gorman Hig	21:02.15	14
15 Thornton, Paige	O'Gorman Hig	21:31.65	15
16 Boardman, Abby	South O'Brien	21:33.79	16
17 Albrecht, Kara	Le Mars Community	21:38.46	17
18 Goth, Kaitlyn	Marcus-Merid	21:51.55	
19 Kelley, Emma	Sioux City North	21:54.60	18
20 Norton, Mia	Sioux City North	21:54.82	19
21 Washburn, Paige	Le Mars Community	21:54.96	20
22 Olson, Monica	Sioux City North	22:07.45	21
23 Schneiders, Victoria	Sioux City North	22:08.54	22
24 Chamberlain, Emily	Le Mars Community	22:51.63	23
25 Britt, Kylee	Le Mars Community	22:53.48	24
26 Cunningham, Katie	Le Mars Community	23:04.09	25
27 Faust, Sophia	South O'Brien	23:09.65	26
28 Heald, Lydia	Sioux City East CS	23:15.47	27
29 Conley, Takara	South O'Brien	23:25.21	28
30 Barnes, Olivia	Sioux City East CS	23:30.07	29
31 McNaughton, Lilly	Le Mars Community	23:44.68	30
32 Chicoine, Emily	South O'Brien	23:49.65	31
33 Sitzmann, Patricia	Gehlen Catholic	23:50.02	32
34 Tesch, Harlie	Gehlen Catholic	24:02.15	33
35 Bueso, Dayana	West Sioux	24:23.61	
36 Bueso, Yanira	West Sioux	24:43.11	
37 Evans, Madison	Sioux City W	24:47.51	34
38 Weber, Addison	Gehlen Catholic	24:51.36	35
39 Van Wyhe, Emma	West Sioux	24:58.64	
40 Sitzmann, Kailey	Gehlen Catholic	25:09.65	36
41 Steele, Emma	Sioux City East CS	25:37.41	37
42 Proctor, Simiah	Sioux City W	25:49.11	38
43 Jones, Kamari	Sioux City W	25:53.21	39
44 Vigil, Lisbet	Sioux City W	25:55.54	40
45 Stucky, Morgan	Hinton	26:01.23	
46 Roberts, Gracie	Sioux City W	26:04.58	41
47 Gnade, Sarah	South O'Brien	26:14.57	42
48 Zubrod, Hannah	Gehlen Catholic	26:39.13	43
49 Narcia, Rosie	Sioux City W	26:41.27	44
50 Arens, Addison	Gehlen Catholic	27:00.22	45
51 Zermeno, Alondra	Sioux City W	27:22.46	46
52 Deandra, Johanna	Hinton	27:32.11	

2019 West Sioux Cross Country Meet - 10/10/2019

Hawarden Golf Club

Rankings

Event 150 Boys 5k Run CC Varsity

Name	Year School	Finals	Points
1 Bouwers, Jaysen	Sioux City North	16:04.55	1
2 Lohr, Will	Sioux City North	16:40.21	2
3 Roder, Will	Gehlen Catholic	16:52.33	3
4 Gutema, Beshanena	Sioux City North	17:01.69	4
5 Nash, Gabe	Sioux City North	17:01.71	5
6 Hilger, Dylan	O'Gorman Hig	17:02.22	6
7 Greenwell, Colin	Sioux City North	17:06.54	7
8 Nation, Dylan	Sioux City East CS	17:28.46	8
9 Walters, Nick	Sioux City North	17:36.98	9
10 Tesch, Carson	Gehlen Catholic	17:47.56	10
11 Campbell, Ryan	Sioux City East CS	17:50.70	11
12 Dido, Ahmed	Sioux City North	17:51.42	12
13 Sugrue, Will	O'Gorman Hig	17:51.90	13
14 Mahrous, Evan	O'Gorman Hig	17:58.60	14
15 Henry, Deven	West Sioux	18:03.22	
16 Vaske, Isaac	Gehlen Catholic	18:04.87	15
17 Gonzalez, Rey	Sioux City W	18:11.44	16
18 Wilson, Brady	O'Gorman Hig	18:17.56	17
19 Greigg, Kevin	Sioux City East CS	18:24.45	18
20 Greigg, Steven	Hinton	18:24.51	19
21 Staab, Brett	Marcus-Merid	18:42.55	20
22 Hoak, Owen	Sioux City East CS	18:53.52	21
23 Ruhland, Carver	Gehlen Catholic	18:54.21	22
24 Hardie, Cole	O'Gorman Hig	18:55.50	23
25 Christiansen, Aiden	Hinton	18:55.67	24
26 Burge, Ethan	Sioux City East CS	18:57.87	25
27 Augustine, Jeff	Gehlen Catholic	18:58.20	26
28 Leng, Gavin	South O'Brien	19:00.90	27
29 Brannon, Sam	Siouxland Christian	19:06.54	28
30 Gelinne, Easton	Sioux City W	19:12.54	29
31 Andre, Brenden	Sioux City East CS	19:21.45	30
32 Harris, Craig	Sioux City East CS	19:25.78	31
33 Pardy, Sam	O'Gorman Hig	19:32.54	32
34 Alesch, Owen	Marcus-Merid	20:02.50	33
35 Mars, Eric	South O'Brien	20:03.46	34
36 Johnson, Jacob	Sioux City W	20:10.19	35
37 Ballestrazzi, Vittorio	Gehlen Catholic	20:17.85	36
38 Presthus, Alex	South O'Brien	20:22.45	37
39 Devries, Dylan	Hinton	20:25.55	38
40 Wulf, Tyson	South O'Brien	20:28.47	39
41 Grage, Gunnar	Marcus-Merid	20:32.54	40
42 Benson, Carter	Sioux City W	20:33.56	41
43 Johannsen, Josh	South O'Brien	20:33.84	42
44 Lopez, Jose	Sioux City W	20:36.66	43
45 Wilford, Alex	Siouxland Christian	20:53.22	44
46 Nemmers, Nathan	Gehlen Catholic	20:53.75	45
47 Astidias, Preston	Marcus-Merid	20:57.45	46
48 Steffen, Kamden	Marcus-Merid	21:06.64	47
49 Harsma, Jackson	Siouxland Christian	21:17.54	48
50 Dirks, Brayden	Marcus-Merid	21:26.54	49
51 Spersma, Zach	Hinton	21:29.25	50
52 Goth, Derek	Marcus-Merid	21:55.56	51

2019 West Sioux Cross Country Meet - 10/10/2019

Hawarden Golf Club

Rankings

Event 4 Mixed 5k Run CC JV

Name	Year School	Finals	Points
Results - Women 5000 Run			
1 Vavra, Ashton	W O'Gorman Hig	21:19.54	1
2 Castelluzzo, Sienna	W O'Gorman Hig	21:27.88	2
3 Heldenbrand, Claire	W O'Gorman Hig	21:31.25	3
4 Lent, Anna	W O'Gorman Hig	22:19.65	4
5 Stoops, Karlie	W Sioux City East CS	22:22.10	5
6 Morrow, Mariah	W Sioux City East CS	22:46.54	6
7 Satter, Maggie	W O'Gorman Hig	23:10.54	7
8 Ly, Christina	W Sioux City North	23:22.33	8
9 Sanchez, Michelle	W Sioux City North	23:55.44	9
10 Hancock, Aphraditie	W Sioux City North	24:15.63	10
11 Munce, Maddy	W O'Gorman Hig	24:18.54	11
12 VonHagel, Emma	W Sioux City East CS	24:54.06	12
13 Kopp, Megan	W Sioux City North	25:11.69	13
14 Perez, Jisela	W Sioux City North	25:18.89	14
15 Brewer, Kayleeanna	W Siouxland Christian	25:19.10	
16 Walz, Emma	W Sioux City North	25:42.19	15
17 Calderon, Carmen	W Sioux City North	26:04.31	16
18 Wilson, Bailey	W Sioux City East CS	26:58.87	17
19 Feiges, Isobel	W Sioux City North	27:20.15	
20 Risetter, Cameron	W Sioux City North	27:37.49	
21 Cliff, Marissa	W Sioux City East CS	27:43.21	18
22 Konidas, Froso	W Sioux City North	27:54.88	
23 Tift, Tristen	W West Sioux	28:05.44	
24 Nordstrom, Liberty	W Sioux City North	28:16.33	
25 Specht, Nicole	W Marcus-Merid	29:06.47	
26 Pellegrini, Sustika	W Sioux City North	29:11.44	
27 Hogan, Abby	W Sioux City East CS	29:26.55	19
28 Stout, Abby	W South O'Brien	29:36.57	
29 Kenney, Laci	W South O'Brien	31:31.42	
30 Rodriguez, Ashley	W West Sioux	32:06.32	
Results - Men 5000 Run			
1 Kifle, Yemane	M Sioux City North	17:30.22	1
2 Gish, Yasin	M Sioux City North	18:36.25	2
3 Gleeson, Alex	M Sioux City North	18:40.27	3
4 Gutierrez, Jose	M Sioux City North	18:56.98	4
5 Burrack, Owen	M Sioux City North	19:18.02	5
6 Stellish, Kenny	M Sioux City North	19:26.54	6
7 Christensen, Lorcan	M Sioux City North	19:29.27	7
8 Olson, Joseph	M Sioux City North	19:34.65	
9 Wetzell, Max	M O'Gorman Hig	19:38.47	
10 Nielsen, Drew	M O'Gorman Hig	19:50.24	
11 VanderVeen, Brandon	M Sioux City East CS	19:52.88	8
12 Chhet, Aydin	M Sioux City East CS	19:53.09	9
13 Fuentes, Juan	M Sioux City East CS	20:17.18	10
14 Greenwell, Liam	M Sioux City North	20:31.64	
15 Widjaja, Michael	M Sioux City East CS	20:42.57	11
16 Burkhardt, Noah	M Sioux City East CS	21:02.49	12
17 Debates, Joseph	M Sioux City East CS	21:03.06	13
18 Barker, Max	M Sioux City East CS	21:06.07	14
19 Krysl, Jacob	M Sioux City North	21:33.64	
20 Stoss, Gavin	M Sioux City East CS	21:35.49	
21 Lohr, Matt	M Sioux City North	21:47.85	

2019 West Sioux Cross Country Meet - 10/10/2019

Hawarden Golf Club

Rankings

....Event 4 Mixed 5k Run CC JV

3	Sioux City East CS	58	5	6	12	17	18	19
	Total Time:	2:04:44.78						
	Average:	24:56.96						