

# Panorama Cross Country Invitational

Varsity Boys    Panora, IA    9/17/2020    Cloudy 78°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Madrid	1	2	12	15	30	31	46	= 60	1:28:16	17:39	2:09
2	Earlham	4	6	13	20	24			= 67	1:29:12	17:50	1:49
3	Des Moines Christian	5	7	22	25	28	49	66	= 87	1:30:14	18:03	1:45
4	Ogden	8	21	26	42	59	82	130	= 156	1:34:00	18:48	2:35
5	Adair-Casey/Guthrie Center	10	33	36	43	52	61	67	= 174	1:35:08	19:02	2:00
6	Nodaway Valley	11	16	29	57	78	97	104	= 191	1:35:45	19:09	2:56
7	IKM-Manning	9	32	40	55	63	83	98	= 199	1:35:54	19:11	2:46
8	Greene County	17	23	45	56	58	92	96	= 199	1:36:33	19:19	1:37
9	Clarinda High School	18	39	47	53	54	65	75	= 211	1:37:08	19:26	1:33
10	Kuemper Catholic	14	27	34	68	70	73	79	= 213	1:36:52	19:22	2:25
11	Tri-Center CSD	3	41	60	84	110	115		= 298	1:39:58	20:00	5:41
12	Southeast Valley	35	62	64	69	89	105	108	= 319	1:41:25	20:17	2:17
13	Boyer Valley	19	48	87	88	95	121	122	= 337	1:42:29	20:30	3:17
14	Woodbine	37	50	74	77	101	114	119	= 339	1:42:31	20:30	2:50
15	Van Meter	44	71	72	76	90	91	99	= 353	1:43:04	20:37	1:56
16	Woodward Granger	38	94	107	117	118	124	125	= 474	1:49:20	21:52	3:42
17	C A M	85	86	100	103	106	116	129	= 480	1:49:08	21:50	1:08
18	Ankeny Christian Academy	51	93	102	113	131	134		= 490	1:49:47	21:57	3:58
19	West Central Valley	80	81	120	126	127	133	135	= 534	1:51:58	22:24	2:31
20	Woodward Academy	109	111	112	123	128	132		= 583	1:54:38	22:56	0:59

Incomplete Teams: Audubon, Exira-EHK School, Orient-Macksburg, Panorama

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Jason Renze	SR	Madrid	16:40	5:22
2	2	Clay Pehl	SR	Madrid	16:40	5:22
3	3	Brett McGee	SR	Tri-Center CSD	16:50	5:25
4	4	Jayden Dickson	JR	Earlham	16:51	5:25
5	5	Carson Houg	JR	Des Moines Christian	17:00	5:28
6	6	Zach Dixon	SR	Earlham	17:08	5:31
7	7	Aaron Fynaardt	SO	Des Moines Christian	17:14	5:33
8	8	Stephen Flynn	SR	Ogden	17:24	5:36
9	9	Quentin Dreyer	SR	IKM-Manning	17:27	5:37
10	10	Trevin Suhr	SO	Adair-Casey/Guthrie Center	17:45	5:43
11	11	Toby Bower	SR	Nodaway Valley	17:57	5:47
12	12	Ethan Loutzenheiser	FR	Madrid	17:58	5:47
13	13	Dominic Braet	JR	Earlham	18:04	5:49
14	14	Michael Pottebaum	JR	Kuemper Catholic	18:08	5:50
15	15	Gabe Soda	SR	Madrid	18:09	5:51
16	16	Doug Berg	SO	Nodaway Valley	18:09	5:51
17	17	Luis Velazco	SR	Greene County	18:22	5:55
18	18	Jon McCall	SR	Clarinda High School	18:24	5:55
19	19	Patrick Heffernan	SO	Boyer Valley	18:25	5:56
20	20	Riley Harger	SR	Earlham	18:30	5:57
21	21	Jordan King	SO	Ogden	18:30	5:57
22	22	Elijah Hummel	SR	Des Moines Christian	18:32	5:58
23	23	Logan Woodruff	JR	Greene County	18:38	6:00
24	24	T.J. Harkins	SR	Earlham	18:40	6:01
25	25	Nate Moser	SR	Des Moines Christian	18:42	6:01
26	26	Payton Van Sickle	SO	Ogden	18:43	6:01
27	27	Kaleb Booth	JR	Kuemper Catholic	18:45	6:02
28	28	Christian Castile	SR	Des Moines Christian	18:46	6:02
29	29	Ben Breheny	SR	Nodaway Valley	18:46	6:02
30	30	Trevor Faltonson	SR	Madrid	18:49	6:03
31	31	Cooper Skinner	SR	Madrid	18:54	6:05
32	32	Connor Keller	SR	IKM-Manning	18:57	6:06
33	33	Justin Reinhart	SO	Adair-Casey/Guthrie Center	18:59	6:07
34	34	Jacob Greving	FR	Kuemper Catholic	19:03	6:08
35	35	Cooper Nuss	SO	Southeast Valley	19:07	6:09
36	36	Donnie Swanson	SR	Adair-Casey/Guthrie Center	19:11	6:10
37	37	Landon Bendgen	FR	Woodbine	19:12	6:11
38	38	Carsten Wright	SO	Woodward Granger	19:16	6:12
39	39	Michael Mayer	JR	Clarinda High School	19:21	6:14
40	40	Tanner Spoelstra	SR	IKM-Manning	19:21	6:14
41	41	Sean McGee	SO	Tri-Center CSD	19:22	6:14
42	42	Parker Trusler	SO	Ogden	19:24	6:15
43	43	Bo Arrasmith	FR	Adair-Casey/Guthrie Center	19:27	6:16
44	44	Creighton Netten	SR	Van Meter	19:34	6:18
45	45	Jayden Carstensen	JR	Greene County	19:35	6:18
46	46	Clay Warson	FR	Madrid	19:35	6:18
47	47	Alec Wyman	SO	Clarinda High School	19:37	6:19
48	48	Clay Roberts	SR	Boyer Valley	19:39	6:20
49	49	Ryker Diekevers	SO	Des Moines Christian	19:41	6:20
50	50	Nate Wright	JR	Woodbine	19:42	6:21
51	51	Brody Hoefle	FR	Ankeny Christian Academy	19:44	6:21
52	52	Zander Kenyon	JR	Adair-Casey/Guthrie Center	19:45	6:22
53	53	Treyton Schaapherder	FR	Clarinda High School	19:50	6:23
54	54	Luke Baker	SO	Clarinda High School	19:57	6:25

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Place	Score	Name	Year	School	Time	Pace mpm
55	55	Caden Keller	SO	IKM-Manning	19:57	6:25
56	56	Dakota Mobley	SO	Greene County	19:58	6:26
57	57	Malachi Broers	FR	Nodaway Valley	19:59	6:26
58	58	Ethan Frederick	SO	Greene County	19:59	6:26
59	59	Linden Seeger	JR	Ogden	19:59	6:26
60	60	Michael Denning	JR	Tri-Center CSD	20:00	6:26
61	61	Miles Kading	JR	Adair-Casey/Guthrie Center	20:09	6:29
62	62	Oscar Hanson	FR	Southeast Valley	20:09	6:29
63	63	Lane Sams	SO	IKM-Manning	20:13	6:30
64	64	Zach Thompson	JR	Southeast Valley	20:13	6:31
65	65	Alex Lihs	FR	Clarinda High School	20:17	6:32
66	66	Sam Steensen	JR	Des Moines Christian	20:19	6:32
67	67	Andrew Mahaffey	FR	Adair-Casey/Guthrie Center	20:23	6:34
68	68	Victor Esquivel	JR	Kuemper Catholic	20:23	6:34
69	69	Asa Haub	JR	Southeast Valley	20:31	6:36
70	70	Carter Drake	JR	Kuemper Catholic	20:33	6:37
71		Blake Thompson	SR	Orient-Macksburg	20:34	6:37
72		Jackson Deist	JR	Audubon	20:34	6:37
73	71	Chris Coffie	JR	Van Meter	20:37	6:38
74	72	Dustin Barth	JR	Van Meter	20:38	6:38
75	73	Ryan North	FR	Kuemper Catholic	20:40	6:39
76	74	Conrad Schafer	SR	Woodbine	20:42	6:40
77	75	Nathan King	SO	Clarinda High School	20:45	6:41
78	76	Taylor Birks	SR	Van Meter	20:46	6:41
79	77	Trey Burgermeyer	FR	Woodbine	20:53	6:43
80	78	Gavin Shoemaker	JR	Nodaway Valley	20:54	6:44
81	79	Caleb Monahan	SR	Kuemper Catholic	20:57	6:45
82	80	Matt Gerling	JR	West Central Valley	20:58	6:45
83	81	Cael Hazen	FR	West Central Valley	21:02	6:46
84	82	Braydon Doty	SO	Ogden	21:09	6:48
85	83	Jayden Phipps	FR	IKM-Manning	21:15	6:50
86	84	Drew Georgius	JR	Tri-Center CSD	21:16	6:51
87	85	Korben Brunt	FR	C A M	21:16	6:51
88	86	Ryland Ogelsbee	FR	C A M	21:18	6:51
89	87	Evan Ten Eyck	FR	Boyer Valley	21:18	6:51
90		Avery Norman	JR	Panorama	21:18	6:51
91	88	Jack Heistand	SO	Boyer Valley	21:24	6:53
92	89	Blake Peterson	SR	Southeast Valley	21:24	6:53
93	90	Tico Angel	SR	Van Meter	21:30	6:55
94	91	Leo Hayes	FR	Van Meter	21:31	6:55
95	92	Jax Carstensen	JR	Greene County	21:33	6:56
96	93	Josiah Davenport	JR	Ankeny Christian Academy	21:39	6:58
97	94	Xavier Ibarra	SR	Woodward Granger	21:41	6:59
98	95	Nathaniel Green	SR	Boyer Valley	21:42	6:59
99		Treaven Hill-Borger	SO	Exira-EHK School	21:44	7:00
100	96	Ethan Larsen	JR	Greene County	21:57	7:04
101	97	Jaxon Christensen	JR	Nodaway Valley	21:58	7:04
102	98	Nathan Johnson	SO	IKM-Manning	21:58	7:04
103	99	Chris Wall	FR	Van Meter	21:59	7:05
104	100	Carson Cary	SO	C A M	22:01	7:05
105	101	Aidan Carmody	JR	Woodbine	22:02	7:06
106	102	Tyler Millard	SO	Ankeny Christian Academy	22:03	7:06
107	103	Ethan Follman	JR	C A M	22:09	7:08
108	104	Ben Pearson	SO	Nodaway Valley	22:09	7:08
109	105	Wyatt Sprecher	SO	Southeast Valley	22:14	7:09
110	106	Gavin Clayton	SO	C A M	22:25	7:13
111	107	Elijah Bell	SO	Woodward Granger	22:27	7:14
112	108	Caelen Oakes	SO	Southeast Valley	22:29	7:14
113	109	Isaiah Duffield	SR	Woodward Academy	22:31	7:15
114	110	Matt Eikenberry	FR	Tri-Center CSD	22:31	7:15
115	111	Dj Pettigrew	SO	Woodward Academy	22:39	7:17
116	112	Alan Council	SR	Woodward Academy	22:40	7:18
117	113	Noah Garcia	SO	Ankeny Christian Academy	22:40	7:18
118	114	Easton Reisz	JR	Woodbine	22:40	7:18
119	115	Christian Dahir	FR	Tri-Center CSD	22:41	7:18
120	116	Walker Gettler	SR	C A M	22:54	7:22
121		Ely Deist	FR	Audubon	22:55	7:23
122	117	Kainen Fuson	SR	Woodward Granger	22:58	7:24
123	118	Dillon Limoges	FR	Woodward Granger	22:58	7:24
124	119	Luke Ryerson	SO	Woodbine	22:59	7:24
125	120	Brett Hazen	SR	West Central Valley	23:03	7:25
126	121	Ben Nichols	SO	Boyer Valley	23:08	7:27
127	122	Medalid Yoc-Fuentes	SO	Boyer Valley	23:13	7:28
128	123	Alex Polidore	SR	Woodward Academy	23:19	7:30
129	124	Kurt Crouse	SR	Woodward Granger	23:20	7:31
130	125	Joel Harney	JR	Woodward Granger	23:23	7:32
131	126	Adin Huet	FR	West Central Valley	23:25	7:32
132		McCarthy Ryan	FR	Panorama	23:26	7:33

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Place	Score	Name	Year	School	Time	Pace mpm
133	127	Dalton Harwood	JR	West Central Valley	23:30	7:34
134	128	Noah Dolezal	SR	Woodward Academy	23:30	7:34
135		Paul Hansen	SR	Panorama	23:35	7:35
136	129	Ben Bartlett	FR	C A M	23:38	7:36
137	130	Trey Minnihan	SR	Ogden	23:38	7:36
138	131	Landon Nehring	FR	Ankeny Christian Academy	23:42	7:38
139		Chance Kiddoo	SR	Orient-Macksburg	23:42	7:38
140		Chase Walker	JR	Orient-Macksburg	23:59	7:43
141	132	Antonio Douglas	JR	Woodward Academy	24:16	7:49
142		Izzy Pierce	FR	Orient-Macksburg	24:35	7:55
143	133	Caleb Huet	SO	West Central Valley	24:49	7:59
144	134	Keenan Jacobs	SR	Ankeny Christian Academy	25:41	8:16
145	135	Nick Smith	SO	West Central Valley	27:27	8:50
146		Nick Dezeeuw	SO	West Central Valley	29:46	9:35

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Varsity Boys    Panora, IA    9/17/2020    Cloudy 78°

Place	Name	Time	mpm	Place	Name	Time	mpm
<b>1) Madrid</b>				<b>Score = 60</b>			
1	Jason Renze, SR	16:40	5:22				
2	Clay Pehl, SR	16:40	5:22				
12	Ethan Loutzenheiser, FR	17:58	5:47				
15	Gabe Soda, SR	18:09	5:51				
30	Trevor Faltonson, SR	18:49	6:03				
31	Cooper Skinner, SR	18:54	6:05				
46	Clay Warson, FR	19:35	6:18				
<b>2) Earlham</b>				<b>Score = 67</b>			
4	Jayden Dickson, JR	16:51	5:25				
6	Zach Dixon, SR	17:08	5:31				
13	Dominic Braet, JR	18:04	5:49				
20	Riley Harger, SR	18:30	5:57				
24	T.J. Harkins, SR	18:40	6:01				
<b>3) Des Moines Christian</b>				<b>Score = 87</b>			
5	Carson Houg, JR	17:00	5:28				
7	Aaron Fynaardt, SO	17:14	5:33				
22	Elijah Hummel, SR	18:32	5:58				
25	Nate Moser, SR	18:42	6:01				
28	Christian Castile, SR	18:46	6:02				
49	Ryker Diekevers, SO	19:41	6:20				
66	Sam Steensen, JR	20:19	6:32				
<b>4) Ogden</b>				<b>Score = 156</b>			
8	Stephen Flynn, SR	17:24	5:36				
21	Jordan King, SO	18:30	5:57				
26	Payton Van Sickle, SO	18:43	6:01				
42	Parker Trusler, SO	19:24	6:15				
59	Linden Seeger, JR	19:59	6:26				
82	Braydon Doty, SO	21:09	6:48				
130	Trey Minnihan, SR	23:38	7:36				
<b>5) Adair-Casey/Guthrie Center</b>				<b>Score = 174</b>			
10	Trevin Suhr, SO	17:45	5:43				
33	Justin Reinhart, SO	18:59	6:07				
36	Donnie Swanson, SR	19:11	6:10				
43	Bo Arrasmith, FR	19:27	6:16				
52	Zander Kenyon, JR	19:45	6:22				
61	Miles Kading, JR	20:09	6:29				
67	Andrew Mahaffey, FR	20:23	6:34				
<b>6) Nodaway Valley</b>				<b>Score = 191</b>			
11	Toby Bower, SR	17:57	5:47				
16	Doug Berg, SO	18:09	5:51				
29	Ben Breheny, SR	18:46	6:02				
57	Malachi Broers, FR	19:59	6:26				
78	Gavin Shoemaker, JR	20:54	6:44				
97	Jaxon Christensen, JR	21:58	7:04				
104	Ben Pearson, SO	22:09	7:08				
<b>7) IKM-Manning</b>				<b>Score = 199</b>			
9	Quentin Dreyer, SR	17:27	5:37				
32	Connor Keller, SR	18:57	6:06				
40	Tanner Spoelstra, SR	19:21	6:14				
55	Caden Keller, SO	19:57	6:25				
63	Lane Sams, SO	20:13	6:30				
83	Jayden Phipps, FR	21:15	6:50				
98	Nathan Johnson, SO	21:58	7:04				
<b>8) Greene County</b>				<b>Score = 199</b>			
17	Luis Velazco, SR	18:22	5:55				
23	Logan Woodruff, JR	18:38	6:00				
45	Jayden Carstensen, JR	19:35	6:18				
56	Dakota Mobley, SO	19:58	6:26				
58	Ethan Frederick, SO	19:59	6:26				
92	Jax Carstensen, JR	21:33	6:56				
96	Ethan Larsen, JR	21:57	7:04				
<b>9) Clarinda High School</b>				<b>Score = 211</b>			
18	Jon McCall, SR	18:24	5:55				
39	Michael Mayer, JR	19:21	6:14				
47	Alec Wyman, SO	19:37	6:19				
53	Treyton Schaapherder, FR	19:50	6:23				
54	Luke Baker, SO	19:57	6:25				
65	Alex Lihs, FR	20:17	6:32				
75	Nathan King, SO	20:45	6:41				
<b>10) Kuemper Catholic</b>				<b>Score = 213</b>			
14	Michael Pottebaum, JR	18:08	5:50				
27	Kaleb Booth, JR	18:45	6:02				
34	Jacob Greving, FR	19:03	6:08				
68	Victor Esquivel, JR	20:23	6:34				
70	Carter Drake, JR	20:33	6:37				
73	Ryan North, FR	20:40	6:39				
79	Caleb Monahan, SR	20:57	6:45				
<b>11) Tri-Center CSD</b>				<b>Score = 298</b>			
3	Brett McGee, SR	16:50	5:25				
41	Sean McGee, SO	19:22	6:14				
60	Michael Denning, JR	20:00	6:26				
84	Drew Georgius, JR	21:16	6:51				
110	Matt Eikenberry, FR	22:31	7:15				
115	Christian Dahir, FR	22:41	7:18				
<b>12) Southeast Valley</b>				<b>Score = 319</b>			
35	Cooper Nuss, SO	19:07	6:09				
62	Oscar Hanson, FR	20:09	6:29				
64	Zach Thompson, JR	20:13	6:31				
69	Asa Haub, JR	20:31	6:36				
89	Blake Peterson, SR	21:24	6:53				
105	Wyatt Sprecher, SO	22:14	7:09				
108	Caelen Oakes, SO	22:29	7:14				
<b>13) Boyer Valley</b>				<b>Score = 337</b>			
19	Patrick Heffernan, SO	18:25	5:56				
48	Clay Roberts, SR	19:39	6:20				
87	Evan Ten Eyck, FR	21:18	6:51				
88	Jack Heistand, SO	21:24	6:53				
95	Nathaniel Green, SR	21:42	6:59				
121	Ben Nichols, SO	23:08	7:27				
122	Medalid Yoc-Fuentes, SO	23:13	7:28				
<b>14) Woodbine</b>				<b>Score = 339</b>			
37	Landon Bendgen, FR	19:12	6:11				
50	Nate Wright, JR	19:42	6:21				
74	Conrad Schafer, SR	20:42	6:40				
77	Trey Burgermeyer, FR	20:53	6:43				
101	Aidan Carmody, JR	22:02	7:06				
114	Easton Reisz, JR	22:40	7:18				
119	Luke Ryerson, SO	22:59	7:24				
<b>15) Van Meter</b>				<b>Score = 353</b>			
44	Creighton Netten, SR	19:34	6:18				
71	Chris Coffie, JR	20:37	6:38				
72	Dustin Barth, JR	20:38	6:38				
76	Taylor Birks, SR	20:46	6:41				
90	Tico Angel, SR	21:30	6:55				
91	Leo Hayes, FR	21:31	6:55				
99	Chris Wall, FR	21:59	7:05				
<b>16) Woodward Granger</b>				<b>Score = 474</b>			
38	Carsten Wright, SO	19:16	6:12				
94	Xavier Ibarra, SR	21:41	6:59				
107	Elijah Bell, SO	22:27	7:14				
117	Kainen Fuson, SR	22:58	7:24				
118	Dillon Limoges, FR	22:58	7:24				
124	Kurt Crouse, SR	23:20	7:31				
125	Joel Harney, JR	23:23	7:32				
<b>17) C A M</b>				<b>Score = 480</b>			
85	Korben Brunt, FR	21:16	6:51				
86	Ryland Ogelsbee, FR	21:18	6:51				
100	Carson Cary, SO	22:01	7:05				
103	Ethan Follman, JR	22:09	7:08				
106	Gavin Clayton, SO	22:25	7:13				
116	Walker Gettler, SR	22:54	7:22				
129	Ben Bartlett, FR	23:38	7:36				

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Place	Name	Time	mpm	Place	Name	Time	mpm
<b>18) Ankeny Christian Academy</b>				<b>Score = 490</b>			
51	Brody Hoefle, FR	19:44	6:21				
93	Josiah Davenport, JR	21:39	6:58				
102	Tyler Millard, SO	22:03	7:06				
113	Noah Garcia, SO	22:40	7:18				
131	Landon Nehring, FR	23:42	7:38				
134	Keenan Jacobs, SR	25:41	8:16				
<b>19) West Central Valley</b>				<b>Score = 534</b>			
80	Matt Gerling, JR	20:58	6:45				
81	Cael Hazen, FR	21:02	6:46				
120	Brett Hazen, SR	23:03	7:25				
126	Adin Huet, FR	23:25	7:32				
127	Dalton Harwood, JR	23:30	7:34				
133	Caleb Huet, SO	24:49	7:59				
135	Nick Smith, SO	27:27	8:50				
	Nick Dezeeuw, SO	29:46	9:35				
<b>20) Woodward Academy</b>				<b>Score = 583</b>			
109	Isaiah Duffield, SR	22:31	7:15				
111	Dj Pettigrew, SO	22:39	7:17				
112	Alan Council, SR	22:40	7:18				
123	Alex Polidore, SR	23:19	7:30				
128	Noah Dolezal, SR	23:30	7:34				
132	Antonio Douglas, JR	24:16	7:49				
Incomplete Teams:							
<b>Audubon</b>							
72	Jackson Deist, JR	20:34	6:37				
121	Ely Deist, FR	22:55	7:23				
<b>Exira-EHK School</b>							
99	Treaven Hill-Borger, SO	21:44	7:00				
<b>Orient-Macksburg</b>							
71	Blake Thompson, SR	20:34	6:37				
139	Chance Kiddoo, SR	23:42	7:38				
140	Chase Walker, JR	23:59	7:43				
142	Izzy Pierce, FR	24:35	7:55				
<b>Panorama</b>							
90	Avery Norman, JR	21:18	6:51				
132	McCarthy Ryan, FR	23:26	7:33				
135	Paul Hansen, SR	23:35	7:35				

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Varsity Girls    Panora, IA    9/17/2020    Cloudy 78°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Panorama	2	7	10	11	29	52	57	= 59	1:49:37	21:55	2:43
2	Adair-Casey/Guthrie Center	5	14	21	24	31	40	49	= 95	1:53:22	22:40	2:37
3	Van Meter	1	8	28	30	33	37	46	= 100	1:53:15	22:39	3:17
4	Des Moines Christian	9	13	15	22	43	44	54	= 102	1:53:53	22:47	2:58
5	Earlham	4	17	18	58	60	62	68	= 157	1:57:50	23:34	4:40
6	Nodaway Valley	12	32	35	48	50	82		= 177	1:59:43	23:57	3:00
7	Clarinda High School	3	26	38	59	65			= 191	2:00:07	24:01	5:03
8	Kuemper Catholic	20	36	45	69	71	85	88	= 241	2:04:31	24:54	3:37
9	Audubon	6	25	41	76	99	101	103	= 247	2:05:52	25:10	8:18
10	Tri-Center CSD	23	27	70	72	78			= 270	2:06:29	25:18	4:03
11	Exira-EHK School	39	51	56	73	91	97	98	= 310	2:09:47	25:57	4:01
12	Boyer Valley	16	34	79	86	105			= 320	2:14:13	26:51	10:19
13	Madrid	19	63	75	77	96			= 330	2:11:26	26:17	6:01
14	Ogden	42	55	64	93	94			= 348	2:12:36	26:31	3:51
15	Southeast Valley	61	66	67	81	87	89	95	= 362	2:13:08	26:38	1:55
16	Woodward Granger	47	74	80	90	92	104		= 383	2:15:05	27:01	3:31
17	Greene County	53	83	84	100	102			= 422	2:20:28	28:06	5:24

Incomplete Teams: Ankeny Christian Academy, C A M, IKM-Manning, Orient-Macksburg, West Central Valley, Woodbine, Woodward Academy

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Clare Kelly	SO	Van Meter	20:34	6:37
2	2	Ella Waddle	SR	Panorama	20:54	6:43
3	3	Mayson Hartley	SO	Clarinda High School	20:58	6:45
4	4	Lily Dixon	SO	Earlham	21:04	6:47
5	5	Rylee Sloss	SR	Adair-Casey/Guthrie Center	21:11	6:49
6	6	Grace Slater	JR	Audubon	21:28	6:55
7	7	Gwen Steffen	SR	Panorama	21:29	6:55
8	8	Mary Kelly	SO	Van Meter	21:35	6:57
9	9	Kate Muller	SR	Des Moines Christian	21:40	6:58
10	10	Olivia Steffen	SR	Panorama	21:47	7:01
11	11	Payton Beckman	JR	Panorama	21:51	7:02
12	12	Sophia Broers	SR	Nodaway Valley	22:02	7:05
13	13	Ella Jicinsky	FR	Des Moines Christian	22:08	7:07
14	14	Kiersten Knobbe	SO	Adair-Casey/Guthrie Center	22:27	7:14
15	15	Megan Miller	SR	Des Moines Christian	22:29	7:14
16	16	Abby Mandel	FR	Boyer Valley	22:34	7:16
17	17	Rowen Fisk	FR	Earlham	22:39	7:17
18	18	Katie Noah	SR	Earlham	22:46	7:20
19	19	Emily White	SO	Madrid	22:48	7:20
20	20	Marie Dea	FR	Kuemper Catholic	22:53	7:22
21	21	Jorja Hoover	SR	Adair-Casey/Guthrie Center	22:55	7:23
22	22	Sophie Stineman	JR	Des Moines Christian	22:57	7:23
23	23	Karis Corrin	JR	Tri-Center CSD	22:58	7:24
24	24	Hayden Coffman	FR	Adair-Casey/Guthrie Center	23:00	7:24
25	25	Hannah Thygesen	JR	Audubon	23:07	7:27
26	26	Ashlyn Eberly	JR	Clarinda High School	23:18	7:30
27	27	Kyla Corrin	JR	Tri-Center CSD	23:26	7:32
28	28	Maddie Waldorf	FR	Van Meter	23:36	7:36
29	29	Mia Waddle	FR	Panorama	23:37	7:36
30	30	Maya Herman	JR	Van Meter	23:40	7:37
31	31	Kelsey Carlson	FR	Adair-Casey/Guthrie Center	23:48	7:40
32	32	Lily Day	SO	Nodaway Valley	23:48	7:40
33	33	Eden Moore	FR	Van Meter	23:51	7:40
34	34	Kylie Petersen	SR	Boyer Valley	23:56	7:42
35	35	Erin Ford	JR	Nodaway Valley	23:58	7:43
36	36	Siena Argarin	JR	Kuemper Catholic	24:04	7:45
37	37	Matti Rebelsky	SR	Van Meter	24:06	7:45
38	38	Amelia Hesse	FR	Clarinda High School	24:07	7:46
39		Christa Cass	SO	Orient-Macksburg	24:08	7:46
40	39	Camryn Paulsen	SR	Exira-EHK School	24:14	7:48
41	40	Emmakay McClain	SR	Adair-Casey/Guthrie Center	24:30	7:53
42	41	Katelyn Nielsen	SR	Audubon	24:33	7:54
43	42	Dakota Tromblay	FR	Ogden	24:34	7:54
44	43	Reagan Lentz	SO	Des Moines Christian	24:39	7:56
45	44	Hannah Overholt	JR	Des Moines Christian	24:39	7:56
46	45	Keziah Janssen	SO	Kuemper Catholic	24:43	7:57
47	46	Claire Newell	SO	Van Meter	24:45	7:58
48	47	Libby Grell	FR	Woodward Granger	24:46	7:58
49		Chasey Rowan	FR	West Central Valley	24:49	7:59
50		Taitlin Koch	FR	West Central Valley	24:49	7:59
51	48	Abby Engels	SO	Nodaway Valley	24:54	8:01
52		Nicole Sherer	SO	Woodbine	24:56	8:01
53	49	Alyson Embleton	SR	Adair-Casey/Guthrie Center	24:59	8:02
54	50	Annika Nelson	FR	Nodaway Valley	25:01	8:03
55	51	Ella Petersen	SO	Exira-EHK School	25:02	8:04
56	52	Abby Cobb	SR	Panorama	25:03	8:04

# Panorama Cross Country Invitational

Varsity Girls Panora, IA 9/17/2020 Cloudy 78°

Place	Score	Name	Year	School	Time	Pace mpm
57	53	Conner Allender	SR	Greene County	25:05	8:05
58		MacY Blomgren	SO	Van Meter	25:07	8:05
59		Shaynn Wahman	JR	West Central Valley	25:12	8:07
60	54	Madison Shimp	SO	Des Moines Christian	25:18	8:09
61	55	Kayden Spencer	SO	Ogden	25:18	8:09
62		Emily Plagman	SR	C A M	25:22	8:10
63	56	Quinn Grubbs	SO	Exira-EHK School	25:31	8:13
64	57	Leah Fett	JR	Panorama	25:34	8:14
65	58	Carly Schaffer	JR	Earlham	25:36	8:14
66		Julianna Stribe	SO	IKM-Manning	25:41	8:16
67	59	Molly Lihs	JR	Clarinda High School	25:43	8:17
68	60	Jayne Terwilliger	SO	Earlham	25:45	8:17
69		Kaitlyn Spoelstra	SO	IKM-Manning	25:48	8:18
70		Riley Kerger	JR	Woodbine	25:51	8:19
71	61	Morgan Farnham	SR	Southeast Valley	25:52	8:20
72	62	Katie Steward	FR	Earlham	25:54	8:20
73	63	Erin Schieltz	SR	Madrid	25:57	8:21
74	64	Isabelle McCloud	FR	Ogden	25:57	8:21
75	65	Hannah Milleson	SO	Clarinda High School	26:01	8:22
76		Eve Hyer	FR	Van Meter	26:01	8:23
77	66	Emily Hemmestad	SR	Southeast Valley	26:02	8:23
78		Lilly Thompson	SR	Van Meter	26:03	8:23
79	67	Marlie Johnson	SR	Southeast Valley	26:09	8:25
80	68	Emma Jensen	SR	Earlham	26:19	8:28
81	69	Callie Ferneding	FR	Kuemper Catholic	26:21	8:29
82		Josie Cross	SR	Van Meter	26:22	8:29
83	70	Jaden Franke	SO	Tri-Center CSD	26:26	8:30
84		Avery Bahrenfuss	FR	Panorama	26:28	8:31
85	71	Alexandria Klein	JR	Kuemper Catholic	26:30	8:32
86		Taylor Carlson	SO	Adair-Casey/Guthrie Center	26:33	8:33
87		Whitney Holaday	SR	C A M	26:34	8:33
88		Mia Terry	JR	Earlham	26:35	8:33
89	72	Olivia Matson	JR	Tri-Center CSD	26:38	8:34
90		Morgan Wyllie	JR	Earlham	26:40	8:35
91		Ali Pieper	JR	Des Moines Christian	26:41	8:35
92		Cadence Stephenson	SR	C A M	26:44	8:36
93	73	Kate Hansen	JR	Exira-EHK School	26:44	8:36
94	74	Sydney Grell	JR	Woodward Granger	26:46	8:37
95		Kylie Neligh	FR	Woodbine	26:48	8:38
96	75	Oksana Howard	JR	Madrid	26:52	8:39
97	76	Jordan Porsche	FR	Audubon	26:58	8:41
98	77	Elizabeth Tranel	SR	Madrid	27:00	8:42
99		Deana Solorzano	SR	Panorama	27:01	8:42
100	78	Faith McPhillips	SR	Tri-Center CSD	27:01	8:42
101		Kennedy Glaser	SO	Des Moines Christian	27:04	8:43
102		Chloe Schaffer	SR	Earlham	27:06	8:43
103	79	MacI Miller	JR	Boyer Valley	27:13	8:45
104	80	Katie Grell	JR	Woodward Granger	27:13	8:45
105	81	Chloe Parks	FR	Southeast Valley	27:19	8:47
106	82	Hope Kading	SO	Nodaway Valley	27:20	8:48
107		Emma Bruins	FR	Van Meter	27:24	8:49
108	83	Makala Kafer	SR	Greene County	27:29	8:51
109	84	Olivia Shannon	SO	Greene County	27:29	8:51
110		London Wille	SR	Van Meter	27:35	8:53
111	85	MacY Tiefenthaler	SO	Kuemper Catholic	27:37	8:53
112	86	Reagan Harris	SO	Boyer Valley	27:38	8:54
113		Olivia Spurling	FR	Earlham	27:39	8:54
114	87	Madison Doyle	JR	Southeast Valley	27:47	8:57
115		Alicia Palma-Venegas	JR	Woodward Academy	27:48	8:57
116	88	Lydia Meiners	SO	Kuemper Catholic	27:51	8:58
117		Tessa Schaffer	FR	Van Meter	27:53	8:59
118	89	Lauren Davis	SO	Southeast Valley	28:01	9:01
119	90	Makenzie Dresback	JR	Woodward Granger	28:04	9:02
120	91	McKenzie Yoshida	JR	Exira-EHK School	28:15	9:06
121	92	Kaitlyn Smith	JR	Woodward Granger	28:17	9:06
122	93	Marinza Roosa	FR	Ogden	28:21	9:08
123	94	April McGriff	SR	Ogden	28:25	9:09
124	95	Jayden Gardipee	JR	Southeast Valley	28:40	9:14
125	96	Sammie Pagel	SO	Madrid	28:49	9:16
126		Shae Bernhardt	JR	Van Meter	28:53	9:18
127	97	Tatum Grubbs	SR	Exira-EHK School	28:54	9:18
128	98	Haley Harris	JR	Exira-EHK School	29:14	9:24
129		Grace Sweers	JR	Earlham	29:18	9:26
130		Emily Escoto	SR	West Central Valley	29:29	9:29
131		Meranda Hemmestad	FR	Southeast Valley	29:44	9:34
132		Sophia Amys	FR	Des Moines Christian	29:44	9:34
133	99	Madison Burr	SO	Audubon	29:46	9:35
134		Alexis Peterson	FR	Southeast Valley	29:49	9:36

# Panorama Cross Country Invitational

Varsity Girls    Panora, IA    9/17/2020    Cloudy 78°

Place	Score	Name	Year	School	Time	Pace mpm
135	100	Autumn Stevens	SO	Greene County	29:54	9:37
136	101	Chloe Andersen	SR	Audubon	30:00	9:39
137		Kayla Davenport	FR	Ankeny Christian Academy	30:03	9:40
138		Claire Schlueter	SR	Exira-EHK School	30:05	9:41
139		MacY Emgarten	JR	Exira-EHK School	30:18	9:45
140		Isabelle Rouse	FR	Adair-Casey/Guthrie Center	30:22	9:46
141	102	Sadie Wilson	SR	Greene County	30:29	9:49
142		Audrey Ireland	SR	Woodbine	30:44	9:53
143		Haley Stewart	FR	Southeast Valley	31:12	10:03
144		Hannah Lake	FR	Van Meter	31:18	10:05
145	103	Taryn Zinke	FR	Audubon	31:22	10:06
146	104	Madisyn Mann	SO	Woodward Granger	31:36	10:10
147		Justice Doherty	JR	Exira-EHK School	31:50	10:15
148	105	Claire Gross	SR	Boyer Valley	32:53	10:35



# Panorama Cross Country Invitational

Varsity Girls Panora, IA 9/17/2020 Cloudy 78°

Place	Name	Time	mpm	Place	Name	Time	mpm
<b>1) Panorama</b>				<b>7) Clarinda High School</b>			
Score = 59				Score = 191			
2	Ella Waddle, SR	20:54	6:43	3	Mayson Hartley, SO	20:58	6:45
7	Gwen Steffen, SR	21:29	6:55	26	Ashlyn Eberly, JR	23:18	7:30
10	Olivia Steffen, SR	21:47	7:01	38	Amelia Hesse, FR	24:07	7:46
11	Payton Beckman, JR	21:51	7:02	59	Molly Lihs, JR	25:43	8:17
29	Mia Waddle, FR	23:37	7:36	65	Hannah Milleson, SO	26:01	8:22
52	Abby Cobb, SR	25:03	8:04	<b>8) Kuemper Catholic</b>			
57	Leah Fett, JR	25:34	8:14	Score = 241			
	Avery Bahrenfuss, FR	26:28	8:31	20	Marie Dea, FR	22:53	7:22
	Deana Solorzano, SR	27:01	8:42	36	Siena Argarin, JR	24:04	7:45
<b>2) Adair-Casey/Guthrie Center</b>				45	Keziah Janssen, SO	24:43	7:57
Score = 95				69	Callie Ferneding, FR	26:21	8:29
5	Rylee Sloss, SR	21:11	6:49	71	Alexandria Klein, JR	26:30	8:32
14	Kiersten Knobbe, SO	22:27	7:14	85	MacY Tiefenthaler, SO	27:37	8:53
21	Jorja Hoover, SR	22:55	7:23	88	Lydia Meiners, SO	27:51	8:58
24	Hayden Coffman, FR	23:00	7:24	<b>9) Audubon</b>			
31	Kelsey Carlson, FR	23:48	7:40	Score = 247			
40	Emmakay McClain, SR	24:30	7:53	6	Grace Slater, JR	21:28	6:55
49	Alyson Embleton, SR	24:59	8:02	25	Hannah Thygesen, JR	23:07	7:27
	Taylor Carlson, SO	26:33	8:33	41	Katelyn Nielsen, SR	24:33	7:54
	Isabelle Rouse, FR	30:22	9:46	76	Jordan Porsche, FR	26:58	8:41
<b>3) Van Meter</b>				99	Madison Burr, SO	29:46	9:35
Score = 100				101	Chloe Andersen, SR	30:00	9:39
1	Clare Kelly, SO	20:34	6:37	103	Taryn Zinke, FR	31:22	10:06
8	Mary Kelly, SO	21:35	6:57	<b>10) Tri-Center CSD</b>			
28	Maddie Waldorf, FR	23:36	7:36	Score = 270			
30	Maya Herman, JR	23:40	7:37	23	Karis Corrin, JR	22:58	7:24
33	Eden Moore, FR	23:51	7:40	27	Kyla Corrin, JR	23:26	7:32
37	Matti Rebelsky, SR	24:06	7:45	70	Jaden Franke, SO	26:26	8:30
46	Claire Newell, SO	24:45	7:58	72	Olivia Matson, JR	26:38	8:34
	MacY Blomgren, SO	25:07	8:05	78	Faith McPhillips, SR	27:01	8:42
	Eve Hyer, FR	26:01	8:23	<b>11) Exira-EHK School</b>			
	Lilly Thompson, SR	26:03	8:23	Score = 310			
	Josie Cross, SR	26:22	8:29	39	Camryn Paulsen, SR	24:14	7:48
	Emma Bruins, FR	27:24	8:49	51	Ella Petersen, SO	25:02	8:04
	London Wille, SR	27:35	8:53	56	Quinn Grubbs, SO	25:31	8:13
	Tessa Schaffer, FR	27:53	8:59	73	Kate Hansen, JR	26:44	8:36
	Shae Bernhardt, JR	28:53	9:18	91	McKenzie Yoshida, JR	28:15	9:06
	Hannah Lake, FR	31:18	10:05	97	Tatum Grubbs, SR	28:54	9:18
<b>4) Des Moines Christian</b>				98	Haley Harris, JR	29:14	9:24
Score = 102					Claire Schlueter, SR	30:05	9:41
9	Kate Muller, SR	21:40	6:58		MacY Emgarten, JR	30:18	9:45
13	Ella Jicinsky, FR	22:08	7:07		Justice Doherty, JR	31:50	10:15
15	Megan Miller, SR	22:29	7:14	<b>12) Boyer Valley</b>			
22	Sophie Stineman, JR	22:57	7:23	Score = 320			
43	Reagan Lentz, SO	24:39	7:56	16	Abby Mandel, FR	22:34	7:16
44	Hannah Overholt, JR	24:39	7:56	34	Kylie Petersen, SR	23:56	7:42
54	Madison Shimp, SO	25:18	8:09	79	MacI Miller, JR	27:13	8:45
	Ali Pieper, JR	26:41	8:35	86	Reagan Harris, SO	27:38	8:54
	Kennedy Glaser, SO	27:04	8:43	105	Claire Gross, SR	32:53	10:35
	Sophia Amys, FR	29:44	9:34	<b>13) Madrid</b>			
<b>5) Earlham</b>				Score = 330			
Score = 157				19	Emily White, SO	22:48	7:20
4	Lily Dixon, SO	21:04	6:47	63	Erin Schieltz, SR	25:57	8:21
17	Rowen Fisk, FR	22:39	7:17	75	Oksana Howard, JR	26:52	8:39
18	Katie Noah, SR	22:46	7:20	77	Elizabeth Tranel, SR	27:00	8:42
58	Carly Schaffer, JR	25:36	8:14	96	Sammie Pagel, SO	28:49	9:16
60	Jayne Terwilliger, SO	25:45	8:17	<b>14) Ogden</b>			
62	Katie Steward, FR	25:54	8:20	Score = 348			
68	Emma Jensen, SR	26:19	8:28	42	Dakota Tromblay, FR	24:34	7:54
	Mia Terry, JR	26:35	8:33	55	Kayden Spencer, SO	25:18	8:09
	Morgan Wyllie, JR	26:40	8:35	64	Isabelle McCloud, FR	25:57	8:21
	Chloe Schaffer, SR	27:06	8:43	93	Marinza Roosa, FR	28:21	9:08
	Olivia Spurling, FR	27:39	8:54	94	April McGriff, SR	28:25	9:09
	Grace Sweers, JR	29:18	9:26	<b>15) Southeast Valley</b>			
<b>6) Nodaway Valley</b>				Score = 362			
Score = 177				61	Morgan Farnham, SR	25:52	8:20
12	Sophia Broers, SR	22:02	7:05	66	Emily Hemmestad, SR	26:02	8:23
32	Lily Day, SO	23:48	7:40	67	Marlie Johnson, SR	26:09	8:25
35	Erin Ford, JR	23:58	7:43	81	Chloe Parks, FR	27:19	8:47
48	Abby Engels, SO	24:54	8:01	87	Madison Doyle, JR	27:47	8:57
50	Annika Nelson, FR	25:01	8:03	89	Lauren Davis, SO	28:01	9:01
82	Hope Kading, SO	27:20	8:48	95	Jayden Gardipee, JR	28:40	9:14
					Meranda Hemmestad, FR	29:44	9:34
					Alexis Peterson, FR	29:49	9:36
					Haley Stewart, FR	31:12	10:03

# Panorama Cross Country Invitational

Varsity Girls    Panora, IA    9/17/2020    Cloudy 78°

Place	Name	Time	mpm	Place	Name	Time	mpm
<b>16) Woodward Granger</b>		<b>Score = 383</b>					
47	Libby Grell, FR	24:46	7:58				
74	Sydney Grell, JR	26:46	8:37				
80	Katie Grell, JR	27:13	8:45				
90	Makenzie Dresback, JR	28:04	9:02				
92	Kaitlyn Smith, JR	28:17	9:06				
104	Madisyn Mann, SO	31:36	10:10				
<b>17) Greene County</b>		<b>Score = 422</b>					
53	Conner Allender, SR	25:05	8:05				
83	Makala Kafer, SR	27:29	8:51				
84	Olivia Shannon, SO	27:29	8:51				
100	Autumn Stevens, SO	29:54	9:37				
102	Sadie Wilson, SR	30:29	9:49				
Incomplete Teams:							
<b>Ankeny Christian Academy</b>							
137	Kayla Davenport, FR	30:03	9:40				
<b>C A M</b>							
62	Emily Plagman, SR	25:22	8:10				
87	Whitney Holaday, SR	26:34	8:33				
92	Cadence Stephenson, SR	26:44	8:36				
<b>IKM-Manning</b>							
66	Julianna Stribe, SO	25:41	8:16				
69	Kaitlyn Spoelstra, SO	25:48	8:18				
<b>Orient-Macksburg</b>							
39	Christa Cass, SO	24:08	7:46				
<b>West Central Valley</b>							
49	Chasey Rowan, FR	24:49	7:59				
50	Taitlin Koch, FR	24:49	7:59				
59	Shaynn Wahman, JR	25:12	8:07				
130	Emily Escoto, SR	29:29	9:29				
<b>Woodbine</b>							
52	Nicole Sherer, SO	24:56	8:01				
70	Riley Kerger, JR	25:51	8:19				
95	Kylie Neligh, FR	26:48	8:38				
142	Audrey Ireland, SR	30:44	9:53				
<b>Woodward Academy</b>							
115	Alicia Palma-Venegas, JR	27:48	8:57				