

Sheldon XC Invitational - 9/22/2020
 Risefest
 Sheldon, Iowa

Event 1 Girls 5k Run CC Varsity

Name	Year	School	Finals	Points
1 Downs, Kaia	11	Sioux City East	18:58.66	1
2 Jordan, Elizabeth	10	Sioux City North	19:40.72	2
3 Haverdink, Emily	11	Moc-Floyd Valley	20:33.16	3
4 Helt, Sydney	11	Sioux City East	20:51.77	4
5 Wasmund, Bria	10	Sibley-Ocheyedan	21:40.37	
6 Duffy, Lexi	11	Okoboji	21:57.59	5
7 Garay, Lillian	12	Sioux City North	21:59.11	6
8 Hazuka, Sabrina	11	Sgt. Bluff-Luton	22:04.28	7
9 Haley, Emma	12	Moc-Floyd Valley	22:15.67	8
10 Norton, Mia	12	Sioux City North	22:20.99	9
11 Flattery, Alex	09	Sioux City East	22:21.68	10
12 Karras, Sophia	10	Sgt. Bluff-Luton	22:21.91	11
13 Strubbe, Madi	12	Boyden-Hull-RV	22:21.95	12
14 Te Krony, Megan	10	Unity Christian	22:24.56	13
15 Van Essen, Amaya	11	Unity Christian	22:25.60	14
16 Heemstra, Abby	12	Boyden-Hull-RV	22:26.61	15
17 Ryan, Gabby	10	Sgt. Bluff-Luton	22:43.59	16
18 Armstrong, Nevaeh	12	Okoboji	22:51.41	17
19 Zuehl, Nicole	11	Sioux City North	22:54.52	18
20 Heald, Lydia	12	Sioux City East	23:02.82	19
21 Munoz, Angie	11	Boyden-Hull-RV	23:08.20	20
22 Dokter, Aryana	10	Moc-Floyd Valley	23:08.73	21
23 Duffy, Lauren	11	Okoboji	23:22.45	22
24 Bomgaars, Kyler	11	Boyden-Hull-RV	23:24.34	23
25 Marco, Madison	10	Sibley-Ocheyedan	23:28.12	
26 Perez, Sarah	12	West Lyon	23:28.55	24
27 Yaw, Claire	11	Moc-Floyd Valley	23:28.79	25
28 Hummel, Sarah	12	Moc-Floyd Valley	23:38.02	26
29 Morrow, Mariah	10	Sioux City East	23:45.48	27
30 Brester, Ella	11	Sgt. Bluff-Luton	23:49.86	28
31 Knobloch, Emma	10	West Lyon	23:53.80	29
32 Feucht, Sadie	12	West Lyon	23:54.24	30
33 Fehl, Olivia	10	Sgt. Bluff-Luton	23:54.57	31
34 Bahrke, Payge	09	Moc-Floyd Valley	23:57.16	32
35 Hench, Olivia	09	Sibley-Ocheyedan	23:58.90	
36 Howard, Logan	10	Sgt. Bluff-Luton	24:02.92	33
37 Smith, Grace	11	Sioux City East	24:07.74	34
38 Frerichs, Adison	09	Okoboji	24:08.69	35
39 Sandbulte, Olivia	11	Okoboji	24:17.94	36
40 Benjamin, Aza'lea	12	Spirit Lake	24:23.07	37
41 Hartzell, Anna	09	Spirit Lake	24:27.56	38
42 Joiner, Courtney	11	Unity Christian	24:31.51	39
43 Holmes, Zoey	09	Okoboji	24:35.47	40
44 Kleinwolterink, Faith	11	Boyden-Hull-RV	24:38.03	41
45 Young, Allison	12	Estherville-LC	24:39.01	
46 Wiltgen, Amanda	12	West Lyon	24:41.08	42
47 Sorenson, Leah	11	Okoboji	24:43.97	43
48 Hancock, Aphraditie	11	Sioux City North	24:48.16	44

49	Dokter, Biyanca	10	Moc-Floyd Valley	24:56.61	45
50	Post, Naomi	10	Boyden-Hull-RV	25:00.27	46
51	Perez, Jisela	10	Sioux City North	25:00.40	47
52	Snyders, Geena	10	West Lyon	25:02.58	48
53	Hanson, Abigail	11	Boyden-Hull-RV	25:08.38	49
54	Blair, Emerson	09	Estherville-LC	25:21.76	
55	Pritchard, Charlotte	09	Spirit Lake	25:23.28	50
56	Dekkers, Ella	11	Unity Christian	25:25.39	51
57	Butler, Sophia	12	Spirit Lake	25:35.01	52
58	Huizenga, Katelyn	10	Unity Christian	25:42.93	53
59	Timmer, Katy	11	Unity Christian	25:43.55	54
60	Van Etten, Arilynn	09	Sioux City North	25:44.26	55
61	Sorenson, Jordyn	12	Spirit Lake	25:47.86	56
62	Muilenbrug, Shay	12	Unity Christian	25:51.17	57
63	Hoksbergen, Shawna	12	Trinity Christian	25:55.77	
64	McCuddin, Kelsey	10	Sheldon	26:07.61	58
65	Matheson, Ava	09	Estherville-LC	26:16.72	
66	Roberts, Gracie	12	Sioux City West	26:25.88	
67	McCade-Knuckols, Brinda	09	Sheldon	26:28.18	59
68	Radcliffe, Grace	12	Spirit Lake	26:29.88	60
69	Nunes, Madison	09	Sheldon	26:31.85	61
70	Knobloch, Ambria	12	West Lyon	27:22.32	62
71	Scheaffer, Gracia	10	Sheldon	27:35.96	63
72	Slater, Abi	09	Spirit Lake	27:50.84	64
73	Sickles, Liberty	09	Sheldon	27:52.15	65
74	Domek, Maggie	12	Estherville-LC	28:00.75	
75	Heynen, Keahna	10	Trinity Christian	28:20.71	
76	Nicolas, Bethzy	09	Sioux City West	29:44.59	
77	Payes, Alejandra	09	Sioux City West	29:48.63	
78	Tule, Lupita	09	Sioux City West	34:30.20	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8
=====										
=====										
*9										
=====										
=====										
1	Sioux City East	61	1	4	10	19	27	34		
	Total Time:									
	Average:									
2	Sioux City North	79	2	6	9	18	44	47	55	
	Total Time:									
	Average:									
3	Moc-Floyd Valley	83	3	8	21	25	26	32	45	
	Total Time:									
	Average:									
4	Sgt Bluff High School	93	7	11	16	28	31	33		
	Total Time:									
	Average:									
5	Boyden-Hull-RV	111	12	15	20	23	41	46	49	
	Total Time:									
	Average:									
6	Okoboji	115	5	17	22	35	36	40	43	
	Total Time:									
	Average:									
7	Unity Christian High Scho	170	13	14	39	51	53	54	57	

	Total Time:	2:00:29.99							
	Average:	24:06.00							
8	West Lyon		173	24	29	30	42	48	62
	Total Time:	2:01:00.25							
	Average:	24:12.05							
9	Spirit Lake		233	37	38	50	52	56	60 64
	Total Time:	2:05:36.78							
	Average:	25:07.36							
10	Sheldon		306	58	59	61	63	65	
	Total Time:	2:14:35.75							
	Average:	26:55.15							

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Event 3 Boys 5k Run CC Varsity

Name	Year	School	Finals	Points
1 Bouwers, Jaysen	12	Sioux City North	15:46.28	1
2 Lohr, William	11	Sioux City North	16:10.70	2
3 Nash, Gabe	10	Sioux City North	16:20.42	3
4 Cain, Brendan	12	Sheldon	16:33.58	4
5 Gutema, Beshanena	10	Sioux City North	16:35.95	5
6 Kifle, Yemane	11	Sioux City North	16:42.59	6
7 Lopez, Marco	12	Boyden-Hull-RV	16:59.05	7
8 Andemichael, Fithawi	10	Sioux City North	17:17.18	8
9 Rodriguez, Carlos	11	Sgt. Bluff-Luton	17:38.77	9
10 Brunsting, Dayton	12	Boyden-Hull-RV	17:54.55	10
11 May, Sam	11	Moc-Floyd Valley	18:01.66	11
12 Campbell, Ryan	11	Sioux City East	18:07.92	12
13 Janzen, Evan	10	Boyden-Hull-RV	18:10.71	13
14 Blom, Tyson	11	Moc-Floyd Valley	18:12.04	14
15 Duitsman, Parker	09	Estherville-LC	18:13.61	15
16 Roozeboom, Jager	12	Sheldon	18:13.86	16
17 Bryan, Isaac	12	Sgt. Bluff-Luton	18:15.94	17
18 Miller, Caleb	12	Okoboji	18:18.01	18
19 Moser, Kirk	12	West Lyon	18:21.06	19
20 Hoak, Owen	12	Sioux City East	18:23.63	20
21 Blom, Tristan	11	Moc-Floyd Valley	18:25.89	21
22 Santos, Jimmy	10	Okoboji	18:30.09	22
23 Widjaja, Michael	11	Sioux City East	18:31.01	23
24 Muller, Nick	12	Sgt. Bluff-Luton	18:34.53	24
25 Mills, Derek	12	Moc-Floyd Valley	18:35.05	25
26 Byers, Jackson	11	Sibley-Ocheyedan	18:36.52	
27 Gelinne, Easton	12	Sioux City West	18:37.47	26
28 Gamble, Hayden	10	Sgt. Bluff-Luton	18:40.75	27
29 Gorter, Wyatt	12	Boyden-Hull-RV	18:45.96	28
30 Cambara, Jordy	10	Sioux City West	18:46.38	29
31 Hulshof, Isaiah	10	Moc-Floyd Valley	18:48.29	30
32 De Groot, Kleyton	12	Moc-Floyd Valley	18:52.56	31
33 Brummel, Braxton	12	Trinity Christian	18:57.82	32
34 Jones, Dylan	10	Okoboji	18:59.01	33
35 Tracy, Tommy	11	Moc-Floyd Valley	19:03.63	34
36 Thompson, Kyle	12	Okoboji	19:04.42	35
37 Block, Will	12	Spirit Lake	19:06.13	36
38 Denker, Jacob	10	Sioux City East	19:07.03	37
39 Schreurs, Stephen	09	Unity Christian	19:07.29	38
40 Breems, Jonathon	10	Unity Christian	19:07.63	39
41 Stoos, Gavin	10	Sioux City East	19:08.33	40
42 Van Grootheest, Ian	12	Boyden-Hull-RV	19:10.82	41
43 Hesseltine, Dakota	10	Okoboji	19:13.15	42
44 Dykstra, Jacksen	11	Unity Christian	19:13.20	43
45 Aymar, Gannon	10	Sgt. Bluff-Luton	19:14.32	44
46 Partello, Parker	11	Spirit Lake	19:16.10	45
47 Dominguez, Deyvi	12	West Lyon	19:23.56	46
48 Landman, Ezra	09	Unity Christian	19:25.87	47
49 Hesse, Christian	10	Okoboji	19:27.20	48

50	Samayoa, Sairus	10	Sioux City East	19:28.86	49
51	Gehling, David	09	Sgt. Bluff-Luton	19:31.98	50
52	Kueper, Connor	10	Spirit Lake	19:33.42	51
53	Blum, Ben	09	Boyden-Hull-RV	19:39.30	52
54	Jones, Caleb	11	Okoboji	19:43.44	53
55	Keeling, Jackson	12	Spirit Lake	19:52.26	54
56	Van Beek, Taeden	12	Unity Christian	19:52.61	55
57	Meester, Sam	10	West Lyon	19:53.44	56
58	Scheaffer, Elliot	12	Sheldon	19:54.01	57
59	Post, John	12	Boyden-Hull-RV	19:57.96	58
60	Huisman, Jesse	09	Unity Christian	20:08.89	59
61	Eldridge, Carter	09	Sgt. Bluff-Luton	20:09.85	60
62	Petty, Caden	10	Spirit Lake	20:10.88	61
63	Young, Kaleb	10	Estherville-LC	20:12.70	62
64	Mulder, Daylen	09	Unity Christian	20:13.99	63
65	Brummel, Isaiah	11	Trinity Christian	20:16.32	64
66	Vlahoulis, Kellen	10	Sioux City East	20:22.47	65
67	Profit, Tommy	10	Spirit Lake	20:25.75	66
68	Ocampo, Osvaldo	12	Sheldon	20:26.54	67
69	Benson, Carter	10	Sioux City West	20:34.41	68
70	Holdorf, Aiden	09	Spirit Lake	20:47.99	69
71	Hoksbergen, Dustin	09	Trinity Christian	21:05.00	70
72	Martin, Will	10	Estherville-LC	21:42.13	71
73	Morales, David	09	Sioux City West	21:50.67	72
74	De Zeeuw, Aiden	09	Sibley-Ocheyedan	21:53.00	
75	Jager, Noah	11	Sheldon	22:03.66	73
76	Poppema, drew	10	Trinity Christian	22:06.67	74
77	Strouth, Gavin	09	Sheldon	22:09.77	75
78	Knudson, Jacob	10	Estherville-LC	22:32.14	76
79	Jennings, Aidan	09	West Lyon	22:45.08	77
80	Wiersma, David	10	Sheldon	22:47.52	78
81	Wynia, Kyle	09	Trinity Christian	23:13.07	79
82	Blanco, Isaiah	10	Sibley-Ocheyedan	23:16.59	
83	Garnder, Gary	12	Estherville-LC	23:32.20	80
84	Kuiper, Jacob	09	Trinity Christian	23:33.03	81
85	Lausen, Caleb	09	Estherville-LC	23:37.94	82
86	Houts, Kirk	10	Sioux City West	23:40.97	83
87	Van Engen, Nicolas	10	Trinity Christian	23:42.77	84
88	Hasselmann, Carter	10	West Lyon	23:45.34	85

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8
1	Sioux City North Total Time: 1:21:35.94 Average: 16:19.19	17	1	2	3	5	6	8		
2	Boyden-Hull-RV Total Time: 1:31:01.09 Average: 18:12.22	99	7	10	13	28	41	52	58	
3	Moc-Floyd Valley Total Time: 1:32:02.94 Average: 18:24.59	101	11	14	21	25	30	31	34	
4	Sgt Bluff High School	121	9	17	24	27	44	50	60	

	Total Time:	1:32:24.31							
	Average:	18:28.87							
5	Sioux City East	132	12	20	23	37	40	49	65
	Total Time:	1:33:17.92							
	Average:	18:39.59							
6	Okoboji	150	18	22	33	35	42	48	53
	Total Time:	1:34:04.68							
	Average:	18:48.94							
7	Sheldon	217	4	16	57	67	73	75	78
	Total Time:	1:37:11.65							
	Average:	19:26.33							
8	Unity Christian High Scho	222	38	39	43	47	55	59	63
	Total Time:	1:36:46.60							
	Average:	19:21.32							
9	Spirit Lake	247	36	45	51	54	61	66	69
	Total Time:	1:37:58.79							
	Average:	19:35.76							
10	Sioux City West	278	26	29	68	72	83		
	Total Time:	1:43:29.90							
	Average:	20:41.98							
11	West Lyon	283	19	46	56	77	85		
	Total Time:	1:44:08.48							
	Average:	20:49.70							
12	Estherville-LC	304	15	62	71	76	80	82	
	Total Time:	1:46:12.78							
	Average:	21:14.56							
13	Trinity Christian	319	32	64	70	74	79	81	84
	Total Time:	1:45:38.88							
	Average:	21:07.78							

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Event 2 Girls 5k Run CC JV

Name	Year	School	Finals	Points
1 Jones, Alexys	10	Sioux City East	25:00.41	1
2 Pas, Tara	11	Okoboji	25:32.69	2
3 Johnson, Bella	09	Sgt. Bluff-Luton	25:42.66	3
4 Pausley, Grace	09	Okoboji	25:46.38	4
5 Calderon, Carmen	11	Sioux City North	25:53.60	5
6 Miller, Lily	09	Okoboji	25:55.14	6
7 Skinner, Ella	10	Sgt. Bluff-Luton	25:58.14	7
8 Brenneman, Maci	12	Moc-Floyd Valley	25:58.66	8
9 Hulstein, Hannah	11	Moc-Floyd Valley	26:07.16	9
10 Loffswold, Sophie	10	Sgt. Bluff-Luton	26:22.23	10
11 Garrison, McKenzie	09	Sgt. Bluff-Luton	26:41.98	11
12 Bruening, Gracie	09	Sioux City East	26:44.43	12
13 Garrett, Linkynn	12	Sgt. Bluff-Luton	26:50.53	13
14 De Jong, Anna	09	Unity Christian	26:52.36	
15 Ahrendt, Kendall	10	Sgt. Bluff-Luton	27:06.27	14
16 Ruskamp, Olivia	09	Sgt. Bluff-Luton	27:07.34	15
17 Olthoff, Shay	11	Okoboji	27:15.74	16
18 Cliff, Marissa	12	Sioux City East	27:22.24	17
19 Van Kekerix, Kinzie	09	Moc-Floyd Valley	27:24.12	18
20 Walz, Emma	12	Sioux City North	27:37.22	19
21 Barto, Elizabeth	09	Sgt. Bluff-Luton	28:13.31	
22 Beaty, Maren	11	Moc-Floyd Valley	28:39.53	20
23 Skatges, Kelsi	09	Sgt. Bluff-Luton	29:12.88	
24 Risetter, Cameron	10	Sioux City North	29:26.24	21
25 Vazquez, Laysa	09	Moc-Floyd Valley	29:31.97	22
26 Lucas, Lauren	12	Sgt. Bluff-Luton	29:47.17	
27 Nordstrom, Liberty	12	Sioux City North	29:50.54	23
28 Sale, Katie	11	Sgt. Bluff-Luton	29:55.42	
29 Wilson, Bailey	10	Sioux City East	30:05.88	24
30 Calsbeek, Mia	09	Moc-Floyd Valley	30:07.69	25
31 Cunningham, Addison	09	Okoboji	30:16.50	26
32 greigg, Cyann	09	Sioux City East	30:18.04	27
33 Graves, Emma	09	Okoboji	30:28.84	28
34 Budden, Isabella	10	Moc-Floyd Valley	30:30.76	29
35 Kelderman, Ashtyn	09	Boyden-Hull-RV	30:51.02	
36 Yesda, Allyson	10	Unity Christian	30:55.93	
37 Bundy, Lydia	09	Okoboji	31:14.93	30
38 Downing, Grace	10	Okoboji	31:35.55	
39 Dake, Autumn	12	Sibley-Ocheyedan	31:36.80	
40 Salas, Analicia	09	Sioux City North	31:37.27	31
41 Garrison, Madison	09	Sgt. Bluff-Luton	31:39.81	
42 Castro-Condon, Yeni	09	Sioux City North	32:02.52	32
43 Solberg, Abby	10	Boyden-Hull-RV	32:07.76	
44 Ussery, Liliana	09	Spirit Lake	32:25.21	
45 Keeling, Zoe	09	Spirit Lake	32:25.39	
46 McHugh-Hoskins, Riley	12	Sgt. Bluff-Luton	33:29.63	
47 Vos, Meghan	10	Unity Christian	33:36.03	
48 Grond, Josie	11	Boyden-Hull-RV	34:23.06	
49 Maury, Mikayla	09	Moc-Floyd Valley	34:27.73	

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Event 4 Boys 5k Run CC JV

Name	Year	School	Finals	Points
1 Kifle, Natnael	09	Sioux City North	17:52.51	1
2 Kling, Steven	09	Sioux City North	18:09.86	2
3 Walters, Nick	12	Sioux City North	19:00.85	3
4 Gutierrez, Jose	11	Sioux City North	19:31.38	4
5 Bonestroo, Micah	11	Moc-Floyd Valley	19:36.66	5
6 Wright, Dajon	10	Sioux City East	19:37.61	6
7 De Young, Micah	10	Moc-Floyd Valley	19:40.07	7
8 Parker, Jonah	12	Moc-Floyd Valley	19:41.61	8
9 Huang, Jack	11	Moc-Floyd Valley	19:48.19	9
10 Gishe, Yasin	10	Sioux City North	19:50.79	10
11 Andres, Gabe	12	Moc-Floyd Valley	20:05.29	11
12 Bomgaars, AJ	11	Moc-Floyd Valley	20:11.00	12
13 Blake, James	12	Sgt. Bluff-Luton	20:11.37	13
14 Senn, Nathanul	11	Moc-Floyd Valley	20:15.02	14
15 Fuentes, Juan	12	Sioux City East	20:19.75	15
16 Stellish, Kenny	12	Sioux City North	20:29.89	16
17 Jostand, Akron	09	Okoboji	20:33.80	17
18 Campbell, Luke	09	Sioux City East	20:36.79	18
19 Healy, Austin	12	Sgt. Bluff-Luton	20:38.14	19
20 Schaap, Brady	12	Sgt. Bluff-Luton	20:45.28	20
21 Christensen, Lorcan	11	Sioux City North	20:46.87	21
22 Bazaldua, Nate	12	Boyden-Hull-RV	20:49.35	22
23 Schaap, Dylon	10	Sgt. Bluff-Luton	21:02.72	23
24 Greenstreit, Davian	10	Sioux City North	21:04.84	
25 De Leon, Eric	09	Boyden-Hull-RV	21:05.66	24
26 Reda, Merhawe	09	Sioux City North	21:06.04	
27 Erickson, Gavin	12	Spirit Lake	21:07.23	25
28 Hoggard, Sam	09	Okoboji	21:16.16	26
29 Newton, Brayden	12	Okoboji	21:17.23	27
30 Golke, Paul	12	Okoboji	21:17.50	28
31 Menting, Kanta	12	Okoboji	21:18.00	29
32 Debates, Joseph	10	Sioux City East	21:21.51	30
33 Sorenson, Riley	09	Spirit Lake	21:21.60	31
34 Dirksen, Emmet	12	Sgt. Bluff-Luton	21:23.06	32
35 Osler, Ethan	11	Okoboji	21:28.04	33
36 Burkhart, Noah	11	Sioux City East	21:34.93	34
37 Chett, Aydin	11	Sioux City East	21:36.04	35
38 Muniz, Daniel	10	Boyden-Hull-RV	21:37.35	36
39 Barba, Niko	09	Okoboji	21:41.78	37
40 Walz, Elliot	10	Sioux City North	21:44.39	
41 Norris, Sam	11	Spirit Lake	22:06.09	38
42 Krysl, Jacob	11	Sioux City North	22:12.07	
43 Westerbeek, Pieter	12	Unity Christian	22:15.27	39
44 Klompfen, Evan	10	Unity Christian	22:27.98	40
45 Robinson, Garrett	09	Sioux City East	22:29.58	41
46 Monroe, Iain	10	Unity Christian	22:45.17	42
47 Strehlow, Michael	10	Sheldon	22:46.81	43
48 Lohr, Matthew	12	Sioux City North	22:51.90	
49 Calderon, Kevyn	09	Sioux City North	22:54.45	

50	MacClure, Nathaniel	09	Sgt. Bluff-Luton	22:55.40	44
51	Langel, Logan	12	Okoboji	23:00.42	
52	Bates, Cody	12	Sioux City East	23:06.13	
53	Hoey, Elijah	10	Moc-Floyd Valley	23:13.44	
54	Carstens, Kole	12	Okoboji	23:14.80	
55	Embrock, Adam	09	Sioux City North	23:15.57	
56	Sears, Justin	12	Boyden-Hull-RV	23:25.99	45
57	Sandven, Drew	09	Okoboji	23:31.82	
58	Heppner, Noah	09	Okoboji	23:38.67	
59	Thoreson, Carter	12	Spirit Lake	23:39.71	46
60	Obbink, Elias	11	Unity Christian	23:43.39	47
61	Van Beek, Torii	12	Unity Christian	23:44.90	48
62	Winkel, Mallik	10	Sioux City East	23:46.67	
63	Harscamp, Nick	10	Spirit Lake	23:50.04	49
64	Francis, Dylan	11	Boyden-Hull-RV	23:52.51	50
65	Zevenbergen, Braden	09	Unity Christian	23:54.22	51
66	Dagel, Noah	10	Sheldon	23:57.21	52
67	Moreau, Levi	12	Unity Christian	24:02.83	53
68	Obbink, Dylan	09	Unity Christian	24:11.06	
69	Batman, Gabe	10	Okoboji	24:14.54	
70	Delperdang, Xander	11	Sioux City North	24:25.94	
71	Link, Isaiah	09	Sioux City North	24:30.14	
72	Sickels, Justice	11	Sheldon	24:30.74	54
73	Strantz, Tristan	09	Okoboji	24:32.58	
74	Frohwein, Andrew	10	Sheldon	24:43.70	55
75	Spaans, Kayden	09	Boyden-Hull-RV	24:52.90	56
76	Keleher, Ashton	11	Sioux City North	25:02.70	
77	Krummen, Clay	09	Spirit Lake	25:02.90	57
78	Van Schouwen, Tyler	11	Unity Christian	25:09.72	
79	Eberly, Jace	11	Sioux City East	25:25.97	
80	Sholly, Christian	09	Moc-Floyd Valley	25:30.17	
81	De Young, Isaac	12	Moc-Floyd Valley	25:47.90	
82	Moeller, Charlie	09	Moc-Floyd Valley	25:54.74	
83	Blomster, Jake	11	Spirit Lake	25:58.28	58
84	Van Zee, Zach	09	Moc-Floyd Valley	26:00.91	
85	Dykstra, Gaven	11	Boyden-Hull-RV	26:05.46	59
86	Odendahl, Sam	09	Spirit Lake	26:10.75	
87	Moreau, Landon	10	Unity Christian	26:21.79	
88	Baldwin, Canyon	11	Sioux City East	26:34.62	
89	Roelfs, Matt	09	Sibley-Ocheyedan	26:38.50	
90	Kasch, Austin	10	Okoboji	26:39.09	
91	Beyer, Vincent		Sgt. Bluff-Luton	26:43.87	60
92	Snyders, Aiden	09	West Lyon	27:02.10	
93	Haider, Mickey	11	Sgt. Bluff-Luton	27:04.39	
94	Fude, Roman	10	Sheldon	27:13.15	61
95	Hallengren, Hunter	09	Okoboji	27:17.31	
96	Cunningham, Connor	10	Okoboji	27:21.01	
97	Robinson, Noah	09	Sheldon	27:34.15	62
98	Hawkinson, Matthew	09	Sioux City North	27:36.33	
99	Werchman-Gilmore, Keegan	09	Sioux City West	27:36.75	63
100	Martyr, Gunner	09	Spirit Lake	27:51.75	
101	Haverdink, Andrew	09	Moc-Floyd Valley	27:54.89	
102	Nonhof, Samuel	10	Unity Christian	28:01.50	
103	Miller, Ian	10	Spirit Lake	28:02.44	
104	Frostestad, Caleb	10	Spirit Lake	28:02.68	
105	Reinke, Isaac	10	Estherville-LC	28:25.96	
106	Orosco, Collin	10	Okoboji	29:57.34	

Shleldon XC Invitational - 9/22/2020
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Event

Event 6 Girls 2 Mile Run CC Junior High

Name	Year School	Finals	Points
1 Van Der Werff, Elin	08 Moc-Fv MS	14:15.75	1
2 May, Sarah	08 Moc-Fv MS	15:36.69	2
3 Zwart, Elyse	08 Boyden-Hull-RV	15:40.21	3
4 Young, Katherine	07 Unity Christian	15:44.43	4
5 Fernstrum, Kennedy	08 Moc-Fv MS	15:58.85	5
6 De Jong, Jaidyn	08 Unity Christian	16:08.99	6
7 Boender, Aubree	08 Boyden-Hull-RV	16:20.03	7
8 Scheaffer, Elisa	08 Sheldon	16:26.17	8
9 Bunkers, Avery	07 Moc-Fv MS	16:43.92	9
10 Knoblock, Kayla	07 West Lyon	16:44.93	10
11 McKeen, Cassie	MS Spirit Lake	16:53.54	11
12 Tracy, Teagan	07 Moc-Fv MS	17:03.04	12
13 Vander Zwaag, Brierra	07 Moc-Fv MS	17:05.35	13
14 Rentschler, Malison	08 West Lyon	17:13.05	14
15 Bousema, Autumn	08 Unity Christian	17:14.46	15
16 Dykstra, Julia	08 Unity Christian	17:14.68	16
17 Moeller, Lilly	07 Moc-Fv MS	17:18.79	17
18 Lassen, Kienna	07 Moc-Fv MS	17:37.59	
19 Wells, Miley	MS Spirit Lake	17:44.92	18
20 Hackbarth, Cassie	MS Spirit Lake	17:45.55	19
21 Jack, Blair	07 Okoboji	17:47.00	20
22 Johnson, Addison	08 Okoboji	17:48.94	21
23 Downing, Lydia	08 Okoboji	17:53.26	22
24 Rentschler, Emersyn	07 West Lyon	18:21.65	23
25 Blomgren, Kiann	08 West Lyon	18:28.38	24
26 Olson, Kylie	07 Estherville-LC	18:32.14	
27 Holscher, Indy	MS Spirit Lake	18:39.94	25
28 Tinklenberg, Daylea	07 Unity Christian	18:56.92	26
29 De Young, Anisa	08 Moc-Fv MS	18:59.80	
30 Visser, Amalia	08 Unity Christian	19:13.11	27
31 Pausley, Abby	07 Okoboji	19:19.87	28
32 Van Schouwen, Kyra	08 Unity Christian	19:24.21	29
33 Newton, Addison	08 Okoboji	19:29.93	30
34 Campos, Alexa	08 Boyden-Hull-RV	19:29.97	31
35 Schwager, Halli	07 Sibley-Ocheyedan	19:41.86	
36 Gardner, Lexi	07 Boyden-Hull-RV	19:50.85	32
37 Eppinga, Esther	07 Unity Christian	19:57.08	
38 Farmer, Carly	MS Spirit Lake	20:01.93	33
39 Hesse, Makenna	08 Okoboji	20:14.11	34
40 Bailey, Erin	07 Boyden-Hull-RV	20:17.62	35
41 Shatto, Suri	07 Estherville-LC	20:20.28	
42 Vore, Abbi	07 Moc-Fv MS	20:38.78	
43 Plender, Bridget	08 Moc-Fv MS	20:39.46	
44 Elgersma, Kailey	07 Sheldon	20:41.70	36
45 Lambertus, Brylee	08 Okoboji	20:43.61	37
46 Stanislav, Madi	07 Moc-Fv MS	20:45.22	
47 Van Grouw, Kate	07 Unity Christian	20:52.22	

Sheldon XC Invitational - 9/22/2020
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Event 5 Boys 2 Mile Run CC Junior High

Name	Year School	Finals	Points
1 Jerge, Ethan	MS Spirit Lake	12:19.34	1
2 Van Der Werff, Ian	08 Moc-Fv MS	12:21.79	2
3 Anderson, Nathan	08 Moc-Fv MS	12:41.37	3
4 Heimdahl, Trigg	08 Okobojo	13:07.34	4
5 Hughes, Brandon	MS Spirit Lake	13:19.00	5
6 Hulstein, Gerritt	08 Moc-Fv MS	13:31.17	6
7 Doughan, Thatcher	07 Moc-Fv MS	13:32.57	7
8 Valentine, Carson	08 Moc-Fv MS	13:34.15	8
9 Wynia, Ethan	08 Unity Christian	14:02.16	9
10 Vande Griend, Joren	07 Unity Christian	14:02.22	10
11 Trautman, Carter	MS Spirit Lake	14:05.08	11
12 Osler, Evan	08 Okobojo	14:09.40	12
13 Borchers, Jaden	08 Unity Christian	14:17.31	13
14 Hoffman, Josh	08 Sheldon	14:26.49	
15 Hesper, Amos	08 Boyden-Hull-RV	14:44.47	
16 Katt, Cooper	07 Moc-Fv MS	14:44.68	14
17 Neider, Ryan	MS Spirit Lake	14:49.91	15
18 Roos, Josh	08 Moc-Fv MS	14:55.91	16
19 Feucht, Reed	07 West Lyon	15:00.36	
20 Moser, Cole	08 West Lyon	15:02.52	
21 Partello, Philip	MS Spirit Lake	15:19.11	17
22 Hagedorn, Kyler	MS Spirit Lake	15:23.55	18
23 Matheson, Conner	07 Estherville-LC	15:28.00	
24 Hoggard, Marc	08 Okobojo	15:34.40	19
25 Van Donge, Micah	07 Unity Christian	15:36.47	20
26 De Boom, Reece	07 Unity Christian	15:54.15	21
27 Obbink, Brennan	07 Unity Christian	16:08.88	22
28 Bonnema, James	08 Moc-Fv MS	16:36.92	
29 Poppen, David	08 Sibley-Ocheyedan	17:01.16	23
30 Knudtson, Asher	07 Okobojo	17:16.09	24
31 Pollock, Jayden	07 Estherville-LC	17:20.26	
32 Clark, Tazmanian	07 Okobojo	17:26.39	25
33 Obbink, Brevan	07 Unity Christian	17:30.92	26
34 Dykstra, Cole	08 Sibley-Ocheyedan	17:39.24	27
35 Thiner, Eli	07 Sheldon	17:51.56	
36 Sohl, Taylor	08 Boyden-Hull-RV	17:56.66	
37 Brennan, Cody	08 Moc-Fv MS	17:58.38	
38 Oolman, Caden	08 Unity Christian	18:01.28	
39 Kaiser, Ray	08 Okobojo	18:02.50	28
40 Kleinwolterink, Eric	07 Sibley-Ocheyedan	18:35.87	29
41 Scholtens, Gabe	07 Moc-Fv MS	18:41.37	
42 Frerichs, Andrew	07 Okobojo	18:47.79	30
43 Kock, Alec	07 West Lyon	19:35.08	
44 Brown, Jaxon	08 Sheldon	19:59.53	
45 Moss, David	07 Moc-Fv MS	20:04.83	
46 Lingle, Sebastian	07 Sheldon	20:22.28	
47 Huang, Jerry	07 Moc-Fv MS	20:38.38	
48 Bousema, Joshua	07 Unity Christian	20:46.38	
49 Peta, Cohltyn	MS Spirit Lake	20:59.70	31

