

Vinton-Shellsburg Invitational

Varsity Girls School Campus - Vinton, IA 9/22/2020 Sunny, Wind S 5-10mph & 84°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Hudson	1	5	8	13	15	30	36	= 42	1:50:26.0	22:05.2	2:27.7
2	Benton Community	2	6	7	14	25	42	57	= 54	1:52:17.2	22:27.4	3:15.3
3	Cedar Rapids Jefferson	9	20	22	35	46	59	60	= 132	2:00:41.3	24:08.3	3:31.4
4	Vinton-Shellsburg	18	24	28	32	38	62	63	= 140	2:02:47.4	24:33.5	1:59.3
5	West Delaware	21	26	27	33	37	45	47	= 144	2:03:23.0	24:40.6	1:23.1
6	Union	12	16	43	44	48	58		= 163	2:02:53.0	24:34.6	3:24.0
7	Xavier	10	23	31	49	50			= 163	2:03:13.7	24:38.7	3:44.5
8	Beckman Catholic	3	29	40	41	51	52	61	= 164	2:03:16.8	24:39.4	4:19.2
9	Independence	4	17	39	53	54	55		= 167	2:03:26.1	24:41.2	4:50.0
10	South Tama	11	19	34	56	64	65		= 184	2:13:08.9	26:37.8	13:05.4

Incomplete Teams: Alburnett, Columbus Catholic

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Addison Grady	JR	Hudson	20:40.9	6:39
2	2	Jaida Lyons	FR	Benton Community	21:02.4	6:46
3	3	Maria Kruse	FR	Beckman Catholic	21:41.0	6:59
4	4	Marleigh Louvar	SO	Independence	21:41.3	6:59
5	5	Jessica Regenwether	SR	Hudson	21:51.4	7:02
6	6	Hailee Ricklefs	SR	Benton Community	22:02.4	7:06
7	7	Jaden Thys	SR	Benton Community	22:03.8	7:06
8	8	Maddie Hansen	JR	Hudson	22:04.1	7:06
9	9	Elizabeth Barraso	SR	Cedar Rapids Jefferson	22:13.3	7:09
10	10	Lizzy Schmitt	SR	Xavier	22:13.9	7:09
11	11	Alyssa Chyma	SR	South Tama	22:19.4	7:11
12	12	Ellie Rathe	JR	Union	22:30.3	7:15
13	13	Sofia Brown	FR	Hudson	22:41.0	7:18
14	14	Abby Rinderknecht	JR	Benton Community	22:51.0	7:21
15	15	Savannah Schneider	FR	Hudson	23:08.6	7:27
16	16	Lauren Youngblut	FR	Union	23:09.0	7:27
17	17	Alyssa Larson	JR	Independence	23:19.1	7:30
18	18	Charlee Johnson	JR	Vinton-Shellsburg	23:25.8	7:32
19	19	Jojo Tynnismaa	JR	South Tama	23:26.5	7:33
20	20	Christina Egger	FR	Cedar Rapids Jefferson	23:32.1	7:35
21	21	Faith Litterer	SO	West Delaware	23:55.4	7:42
22	22	Katrina Truit	SR	Cedar Rapids Jefferson	24:08.3	7:46
23		Alissa Sinnwell	JR	Columbus Catholic	24:10.5	7:47
24	23	Abby Horstmann	FR	Xavier	24:12.4	7:47
25	24	Molly Haisman	SO	Vinton-Shellsburg	24:17.4	7:49
26	25	Gwen King	SO	Benton Community	24:17.7	7:49
27	26	Faith Rich	SO	West Delaware	24:28.7	7:53
28	27	Grace Millenkamp	JR	West Delaware	24:38.0	7:56
29	28	Infinity Westlie	FR	Vinton-Shellsburg	24:39.0	7:56
30	29	Abby Knepper	SO	Beckman Catholic	24:41.0	7:57
31	30	MacKenzie Christopher	JR	Hudson	24:42.4	7:57
32	31	Hope Schulte	SR	Xavier	24:53.5	8:01
33	32	Lydia Radeke	SR	Vinton-Shellsburg	25:00.0	8:03
34	33	Lucy Loecke	JR	West Delaware	25:02.4	8:04
35	34	Kayla Heck	FR	South Tama	25:02.5	8:04
36	35	Megan Bumpus	SO	Cedar Rapids Jefferson	25:02.8	8:04
37	36	Sophia Schneider	JR	Hudson	25:03.1	8:04
38	37	Izzy Schmitz	FR	West Delaware	25:18.5	8:09
39	38	Kalley Kerkman	FR	Vinton-Shellsburg	25:25.1	8:11
40	39	Laura Smith	JR	Independence	25:25.8	8:11
41	40	Isabelle Kluesner	SR	Beckman Catholic	25:25.9	8:11
42	41	Kennedy Recker	FR	Beckman Catholic	25:28.7	8:12
43	42	Katelyn Buscher	SR	Benton Community	25:34.1	8:14
44	43	Sydney Anton	FR	Union	25:38.9	8:15
45	44	Elle Hookham	JR	Union	25:40.5	8:16
46	45	Maggie Millenkamp	FR	West Delaware	25:43.7	8:17
47	46	Hannah Hoeger	SR	Cedar Rapids Jefferson	25:44.7	8:17
48	47	Laney Demmer	SR	West Delaware	25:53.1	8:20
49	48	Alexa Weber	JR	Union	25:54.3	8:20
50	49	Faith Karl	JR	Xavier	25:55.5	8:21
51	50	Eden Campbell	JR	Xavier	25:58.4	8:22
52	51	Ellie Recker	SO	Beckman Catholic	26:00.2	8:22
53	52	Sydney Reiter	JR	Beckman Catholic	26:05.6	8:24
54	53	Bella Ressler	SO	Independence	26:28.5	8:31
55	54	Melody Kremer	JR	Independence	26:31.3	8:32
56	55	Ashlyn Martin	JR	Independence	26:35.6	8:34
57	56	Joselin Nunez	SR	South Tama	26:55.8	8:40
58	57	Jessa Demoss	FR	Benton Community	27:16.9	8:47
59	58	Ellie Keegan	FR	Union	27:18.8	8:47
60	59	Kelsey Palmer	JR	Cedar Rapids Jefferson	27:19.7	8:48
61	60	Anna Deam	JR	Cedar Rapids Jefferson	27:45.0	8:56
62		Lyndsey Hospodarsky	SO	Alburnett	27:57.6	9:00
63	61	Savanah Oberbroeckling	SR	Beckman Catholic	28:05.7	9:03
64	62	Annabelle Newton	SO	Vinton-Shellsburg	28:31.5	9:11

Vinton-Shellsburg Invitational

Varsity Girls School Campus - Vinton, IA 9/22/2020 Suny, Wind S 5-10mph & 84°

Place	Score	Name	Year	School	Time	Pace	mpm
65	63	Tori Elwick	FR	Vinton-Shellsburg	29:57.9	9:39	
66		Isabelle Graubard	FR	Alburnett	29:59.0	9:39	
67		Madison Graubard	SR	Alburnett	30:11.5	9:43	
68	64	Aubrey Roberts	SR	South Tama	35:24.7	11:24	
69	65	Maribel Castanon	SO	South Tama	36:39.4	11:48	

Vinton-Shellsburg Invitational

Varsity Girls School Campus - Vinton, IA 9/22/2020 Sunny, Wind S 5-10mph & 84°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) Hudson				10) South Tama			
		Score = 42				Score = 184	
1	Addison Grady, JR	20:40.9	6:39	11	Alyssa Chyma, SR	22:19.4	7:11
5	Jessica Regenwether, SR	21:51.4	7:02	19	Jojo Tynismaa, JR	23:26.5	7:33
8	Maddie Hansen, JR	22:04.1	7:06	34	Kayla Heck, FR	25:02.5	8:04
13	Sofia Brown, FR	22:41.0	7:18	56	Joselin Nunez, SR	26:55.8	8:40
15	Savannah Schneider, FR	23:08.6	7:27	64	Aubrey Roberts, SR	35:24.7	11:24
30	MacKenzie Christopher, JR	24:42.4	7:57	65	Maribel Castanon, SO	36:39.4	11:48
36	Sophia Schneider, JR	25:03.1	8:04				
2) Benton Community				Incomplete Teams:			
		Score = 54		Alburnett			
2	Jaida Lyons, FR	21:02.4	6:46	62	Lyndsey Hospodarsky, SO	27:57.6	9:00
6	Hailee Ricklefs, SR	22:02.4	7:06	66	Isabelle Graubard, FR	29:59.0	9:39
7	Jaden Thys, SR	22:03.8	7:06	67	Madison Graubard, SR	30:11.5	9:43
14	Abby Rinderknecht, JR	22:51.0	7:21	Columbus Catholic			
25	Gwen King, SO	24:17.7	7:49	23	Alissa Sinnwell, JR	24:10.5	7:47
42	Katelyn Buscher, SR	25:34.1	8:14				
57	Jessa Demoss, FR	27:16.9	8:47				
3) Cedar Rapids Jefferson							
		Score = 132					
9	Elizabeth Barraso, SR	22:13.3	7:09				
20	Christina Egger, FR	23:32.1	7:35				
22	Katrina Truit, SR	24:08.3	7:46				
35	Megan Bumpus, SO	25:02.8	8:04				
46	Hannah Hoeger, SR	25:44.7	8:17				
59	Kelsey Palmer, JR	27:19.7	8:48				
60	Anna Deam, JR	27:45.0	8:56				
4) Vinton-Shellsburg							
		Score = 140					
18	Charlee Johnson, JR	23:25.8	7:32				
24	Molly Haisman, SO	24:17.4	7:49				
28	Infinity Westlie, FR	24:39.0	7:56				
32	Lydia Radeke, SR	25:00.0	8:03				
38	Kalley Kerkman, FR	25:25.1	8:11				
62	Annabelle Newton, SO	28:31.5	9:11				
63	Tori Elwick, FR	29:57.9	9:39				
5) West Delaware							
		Score = 144					
21	Faith Litterer, SO	23:55.4	7:42				
26	Faith Rich, SO	24:28.7	7:53				
27	Grace Millenkamp, JR	24:38.0	7:56				
33	Lucy Loecke, JR	25:02.4	8:04				
37	Izzy Schmitz, FR	25:18.5	8:09				
45	Maggie Millenkamp, FR	25:43.7	8:17				
47	Laney Demmer, SR	25:53.1	8:20				
6) Union							
		Score = 163					
12	Ellie Rathe, JR	22:30.3	7:15				
16	Lauren Youngblut, FR	23:09.0	7:27				
43	Sydney Anton, FR	25:38.9	8:15				
44	Elle Hookham, JR	25:40.5	8:16				
48	Alexa Weber, JR	25:54.3	8:20				
58	Ellie Keegan, FR	27:18.8	8:47				
7) Xavier							
		Score = 163					
10	Lizzy Schmitt, SR	22:13.9	7:09				
23	Abby Horstmann, FR	24:12.4	7:47				
31	Hope Schulte, SR	24:53.5	8:01				
49	Faith Karl, JR	25:55.5	8:21				
50	Eden Campbell, JR	25:58.4	8:22				
8) Beckman Catholic							
		Score = 164					
3	Maria Kruse, FR	21:41.0	6:59				
29	Abby Knepper, SO	24:41.0	7:57				
40	Isabelle Kluesner, SR	25:25.9	8:11				
41	Kennedy Recker, FR	25:28.7	8:12				
51	Ellie Recker, SO	26:00.2	8:22				
52	Sydney Reiter, JR	26:05.6	8:24				
61	Savannah Oberbroeckling, SR	28:05.7	9:03				
9) Independence							
		Score = 167					
4	Marleigh Louvar, SO	21:41.3	6:59				
17	Alyssa Larson, JR	23:19.1	7:30				
39	Laura Smith, JR	25:25.8	8:11				
53	Bella Ressler, SO	26:28.5	8:31				
54	Melody Kremer, JR	26:31.3	8:32				
55	Ashlyn Martin, JR	26:35.6	8:34				

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Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	West Delaware	3	6	7	12	13	16	24	= 41	1:31:34.9	18:19.0	0:56.1
2	Cedar Rapids Jefferson	1	2	4	17	19	29	47	= 43	1:31:32.2	18:18.4	1:45.6
3	Hudson	9	10	21	22	23	50	58	= 85	1:35:02.2	19:00.4	0:55.4
4	Benton Community	5	18	27	33	35	49	57	= 118	1:36:15.4	19:15.1	1:46.0
5	Xavier	11	26	31	36	38	39	53	= 142	1:37:32.9	19:30.6	1:29.4
6	South Tama	8	14	34	42	48	52	66	= 146	1:37:08.3	19:25.7	2:08.4
7	Columbus Catholic	15	30	37	41	44			= 167	1:38:26.8	19:41.4	1:20.7
8	Vinton-Shellsburg	20	28	51	54	55	70	74	= 208	1:41:26.7	20:17.3	1:45.1
9	Alburnett	25	43	46	60	64			= 238	1:43:06.1	20:37.2	2:25.8
10	Independence	32	45	56	68	71	72	76	= 272	1:45:27.4	21:05.5	2:23.9
11	Union	40	59	61	69	78			= 307	1:49:13.4	21:50.7	4:12.8
12	Beckman Catholic	62	63	65	67	73	75	77	= 330	1:49:48.4	21:57.7	1:09.4

Incomplete Teams:

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Lukas Lamparek	SR	Cedar Rapids Jefferson	17:29.7	5:38
2	2	Gavin Hall	JR	Cedar Rapids Jefferson	17:48.3	5:44
3	3	Cael Meyer	SR	West Delaware	17:48.7	5:44
4	4	Xander Scaglione	SR	Cedar Rapids Jefferson	18:04.8	5:49
5	5	Trey Schulte	SO	Benton Community	18:04.9	5:49
6	6	Robinson Martinez	SR	West Delaware	18:07.9	5:50
7	7	Tyger Vaske	SR	West Delaware	18:08.9	5:50
8	8	Tommy Tynnismaa	FR	South Tama	18:10.1	5:51
9	9	Sam Hansen	SR	Hudson	18:26.8	5:56
10	10	Ryan Peck	SO	Hudson	18:30.3	5:57
11	11	Randall Kinner	JR	Xavier	18:31.8	5:58
12	12	Staveley Maury	SR	West Delaware	18:44.5	6:02
13	13	Zach Wenger	FR	West Delaware	18:44.9	6:02
14	14	James Brant	FR	South Tama	18:45.0	6:02
15	15	Jordan Tovar	SR	Columbus Catholic	18:45.4	6:02
16	16	Matthew Mensen	SR	West Delaware	18:46.2	6:03
17	17	Cael Abrams	SR	Cedar Rapids Jefferson	18:54.1	6:05
18	18	Brady Osborn	JR	Benton Community	19:06.0	6:09
19	19	Zach Egger	JR	Cedar Rapids Jefferson	19:15.3	6:12
20	20	Elijah Blix	SO	Vinton-Shellsburg	19:18.0	6:13
21	21	Lucas Grady	FR	Hudson	19:20.9	6:14
22	22	Brady Hansen	FR	Hudson	19:22.0	6:14
23	23	Ben Holton	SO	Hudson	19:22.3	6:14
24	24	Blake Smith	SR	West Delaware	19:26.5	6:15
25	25	McAuley Riley	SR	Alburnett	19:27.0	6:16
26	26	Brady Horstmann	JR	Xavier	19:27.4	6:16
27	27	Isaac Morris	FR	Benton Community	19:28.0	6:16
28	28	Merritt Bodeker	SO	Vinton-Shellsburg	19:33.5	6:18
29	29	Quinn Cohen	JR	Cedar Rapids Jefferson	19:37.1	6:19
30	30	Sam Ludwig	FR	Columbus Catholic	19:37.4	6:19
31	31	Bryor Hansel	SR	Xavier	19:39.0	6:19
32	32	Cameron Kriens	JR	Independence	19:44.8	6:21
33	33	Nicson Franck	SR	Benton Community	19:45.7	6:22
34	34	Jonathan Meyer	JR	South Tama	19:50.3	6:23
35	35	Owen Sadler	JR	Benton Community	19:50.8	6:23
36	36	John Trotta	SR	Xavier	19:53.4	6:24
37	37	Leo Christensen	FR	Columbus Catholic	19:54.4	6:24
38	38	Lucas Lowder	SR	Xavier	20:01.2	6:27
39	39	Hank Esker	SR	Xavier	20:01.8	6:27
40	40	Conner Prestemon	SO	Union	20:02.6	6:27
41	41	Peter Minard	SO	Columbus Catholic	20:03.5	6:27
42	42	Clayton Graff	JR	South Tama	20:04.5	6:28
43	43	Landon McGraw	SR	Alburnett	20:05.1	6:28
44	44	Theodore Ahern	SO	Columbus Catholic	20:06.1	6:28
45	45	Ryan Eddy	SR	Independence	20:12.9	6:30
46	46	Lucas Ahrendsen	JR	Alburnett	20:14.8	6:31
47	47	Nathan Pearson	SR	Cedar Rapids Jefferson	20:14.9	6:31
48	48	Trusten Rosenberger	JR	South Tama	20:18.5	6:32
49	49	Ryan Lange	JR	Benton Community	20:21.4	6:33
50	50	Lane Rogers	SO	Hudson	20:22.5	6:33
51	51	Aldin Swanson	FR	Vinton-Shellsburg	20:36.3	6:38
52	52	Kaden Kopsa	FR	South Tama	20:45.0	6:41
53	53	Marcus Camacho	FR	Xavier	20:46.0	6:41
54	54	Ian Allsup	SO	Vinton-Shellsburg	20:55.9	6:44
55	55	Eli Page	FR	Vinton-Shellsburg	21:03.1	6:47
56	56	Weiland Kale	SO	Independence	21:20.1	6:52
57	57	Marcus Ricklefs	FR	Benton Community	21:23.2	6:53
58	58	Alex Steele	FR	Hudson	21:23.4	6:53
59	59	Wyatt Hoy	FR	Union	21:25.1	6:54
60	60	Andrew Ossman	JR	Alburnett	21:26.3	6:54
61	61	Asher Beermann	SO	Union	21:28.5	6:55
62	62	Jacob Schlarmann	FR	Beckman Catholic	21:29.7	6:55

Vinton-Shellsburg Invitational

Varsity Boys School Campus - Vinton, IA 9/22/2020 Suny, Wind S 5-10mph & 84°

Place	Score	Name	Year	School	Time	Pace mpm
63	63	Spencer Rea	SO	Beckman Catholic	21:43.1	6:59
64	64	Dylan Barenz	JR	Alburnett	21:52.8	7:03
65	65	Auden Recker	JR	Beckman Catholic	21:55.4	7:03
66	66	Braxten Rohrs	FR	South Tama	22:00.2	7:05
67	67	Joe Schneider	SO	Beckman Catholic	22:00.9	7:05
68	68	Robert Hansen	JR	Independence	22:01.0	7:05
69	69	Sam Fehl	FR	Union	22:01.7	7:05
70	70	Preston Tippie	SR	Vinton-Shellsburg	22:04.5	7:06
71	71	Matt Tudor	JR	Independence	22:08.7	7:08
72	72	Wilcox Isaac	SO	Independence	22:37.4	7:17
73	73	Nate Schaefer	SR	Beckman Catholic	22:39.2	7:17
74	74	Elias Colsch	SR	Vinton-Shellsburg	22:40.2	7:18
75	75	Ryan Schlarmann	JR	Beckman Catholic	22:51.9	7:22
76	76	Gates Blake	FR	Independence	22:54.9	7:23
77	77	Cassius McGrane	JR	Beckman Catholic	23:37.2	7:36
78	78	Sam Klein	SO	Union	24:15.4	7:48

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Place	Name	Time	mpm	Place	Name	Time	mpm
1) West Delaware				10) Independence			
Score = 41				Score = 272			
3	Cael Meyer, SR	17:48.7	5:44	32	Cameron Kriens, JR	19:44.8	6:21
6	Robinson Martinez, SR	18:07.9	5:50	45	Ryan Eddy, SR	20:12.9	6:30
7	Tyger Vaske, SR	18:08.9	5:50	56	Weiland Kale, SO	21:20.1	6:52
12	Staveley Maury, SR	18:44.5	6:02	68	Robert Hansen, JR	22:01.0	7:05
13	Zach Wenger, FR	18:44.9	6:02	71	Matt Tudor, JR	22:08.7	7:08
16	Matthew Mensen, SR	18:46.2	6:03	72	Wilcox Isaac, SO	22:37.4	7:17
24	Blake Smith, SR	19:26.5	6:15	76	Gates Blake, FR	22:54.9	7:23
2) Cedar Rapids Jefferson				11) Union			
Score = 43				Score = 307			
1	Lukas Lamparek, SR	17:29.7	5:38	40	Conner Prestemon, SO	20:02.6	6:27
2	Gavin Hall, JR	17:48.3	5:44	59	Wyatt Hoy, FR	21:25.1	6:54
4	Xander Scaglione, SR	18:04.8	5:49	61	Asher Beermann, SO	21:28.5	6:55
17	Cael Abrams, SR	18:54.1	6:05	69	Sam Fehl, FR	22:01.7	7:05
19	Zach Egger, JR	19:15.3	6:12	78	Sam Klein, SO	24:15.4	7:48
29	Quinn Cohen, JR	19:37.1	6:19	12) Beckman Catholic			
47	Nathan Pearson, SR	20:14.9	6:31	Score = 330			
3) Hudson				62 Jacob Schlarmann, FR			
Score = 85				63 Spencer Rea, SO			
9	Sam Hansen, SR	18:26.8	5:56	65 Auden Recker, JR			
10	Ryan Peck, SO	18:30.3	5:57	67 Joe Schneider, SO			
21	Lucas Grady, FR	19:20.9	6:14	73 Nate Schaefer, SR			
22	Brady Hansen, FR	19:22.0	6:14	75 Ryan Schlarmann, JR			
23	Ben Holton, SO	19:22.3	6:14	77 Cassius McGrane, JR			
50	Lane Rogers, SO	20:22.5	6:33	21:29.7 6:55			
58	Alex Steele, FR	21:23.4	6:53	21:43.1 6:59			
4) Benton Community				21:55.4 7:03			
Score = 118				22:00.9 7:05			
5	Trey Schulte, SO	18:04.9	5:49	22:39.2 7:17			
18	Brady Osborn, JR	19:06.0	6:09	22:51.9 7:22			
27	Isaac Morris, FR	19:28.0	6:16	23:37.2 7:36			
33	Nicson Franck, SR	19:45.7	6:22	Incomplete Teams:			
35	Owen Sadler, JR	19:50.8	6:23				
49	Ryan Lange, JR	20:21.4	6:33				
57	Marcus Ricklefs, FR	21:23.2	6:53				
5) Xavier							
Score = 142							
11	Randall Kinner, JR	18:31.8	5:58				
26	Brady Horstmann, JR	19:27.4	6:16				
31	Bryor Hansel, SR	19:39.0	6:19				
36	John Trotta, SR	19:53.4	6:24				
38	Lucas Lowder, SR	20:01.2	6:27				
39	Hank Esker, SR	20:01.8	6:27				
53	Marcus Camacho, FR	20:46.0	6:41				
6) South Tama							
Score = 146							
8	Tommy Tyynismaa, FR	18:10.1	5:51				
14	James Brant, FR	18:45.0	6:02				
34	Jonathan Meyer, JR	19:50.3	6:23				
42	Clayton Graff, JR	20:04.5	6:28				
48	Trusten Rosenberger, JR	20:18.5	6:32				
52	Kaden Kopsa, FR	20:45.0	6:41				
66	Braxten Rohrs, FR	22:00.2	7:05				
7) Columbus Catholic							
Score = 167							
15	Jordan Tovar, SR	18:45.4	6:02				
30	Sam Ludwig, FR	19:37.4	6:19				
37	Leo Christensen, FR	19:54.4	6:24				
41	Peter Minard, SO	20:03.5	6:27				
44	Theodore Ahern, SO	20:06.1	6:28				
8) Vinton-Shellsburg							
Score = 208							
20	Elijah Blix, SO	19:18.0	6:13				
28	Merritt Bodeker, SO	19:33.5	6:18				
51	Aldin Swanson, FR	20:36.3	6:38				
54	Ian Allsup, SO	20:55.9	6:44				
55	Eli Page, FR	21:03.1	6:47				
70	Preston Tippie, SR	22:04.5	7:06				
74	Elias Colsch, SR	22:40.2	7:18				
9) Alburnett							
Score = 238							
25	McAuley Riley, SR	19:27.0	6:16				
43	Landon McGraw, SR	20:05.1	6:28				
46	Lucas Ahrendsen, JR	20:14.8	6:31				
60	Andrew Ossman, JR	21:26.3	6:54				
64	Dylan Barenz, JR	21:52.8	7:03				

Vinton-Shellsburg Invitational

JV Girls School Campus - Vinton, IA 9/22/2020 Sun, Wind S 5-10mph & 84°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	West Delaware	5	6	7	8	10	12	13	= 36	2:13:27.3	26:41.5	0:11.8
2	Xavier	3	4	9	14	15	17	19	= 45	2:14:01.0	26:48.2	3:03.6
3	Cedar Rapids Jefferson	1	2	11	16	18			= 48	2:13:07.8	26:37.6	4:33.0

Incomplete Teams: Beckman Catholic, Benton Community, Hudson, Vinton-Shellsburg

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Adriana Brandis	SO	Cedar Rapids Jefferson	24:14.8	7:48
2	2	Paige Wiebke	SR	Cedar Rapids Jefferson	24:47.7	7:59
3	3	Allison Talyat	SR	Xavier	25:13.6	8:07
4		Greta Regenwether	SO	Hudson	25:22.1	8:10
5		Izzy Jorgensen	JR	Hudson	25:53.9	8:20
6	4	Madelyn Dake	JR	Xavier	26:15.0	8:27
7	5	Makayla Gasper	JR	West Delaware	26:34.3	8:33
8	6	Anna Werner	SR	West Delaware	26:39.6	8:35
9		Jessica Crawford	JR	Benton Community	26:39.7	8:35
10	7	Lanae Leclere	FR	West Delaware	26:43.2	8:36
11	8	Brooke Lewin	SO	West Delaware	26:44.2	8:36
12	9	Alma Cosgrove	SO	Xavier	26:46.0	8:37
13	10	Addie Reetz	SR	West Delaware	26:46.0	8:37
14	11	Bella Dougherty	SO	Cedar Rapids Jefferson	26:55.6	8:40
15	12	Katie McGrane	SR	West Delaware	26:56.9	8:40
16		Taylor Rogers	FR	Hudson	27:20.7	8:48
17	13	Karsyn Welcher	SR	West Delaware	27:25.9	8:50
18	14	Maddie Serbousek	SR	Xavier	27:29.3	8:51
19		Bailey Weeks	SO	Vinton-Shellsburg	27:40.3	8:54
20		Alexis McTaggart	JR	West Delaware	28:10.0	9:04
21	15	Avery Arens	SR	Xavier	28:17.2	9:06
22	16	Taylor Troy	JR	Cedar Rapids Jefferson	28:22.0	9:08
23	17	Paige Denman	SO	Xavier	28:24.1	9:09
24		Jordan Thier	SO	Beckman Catholic	28:26.6	9:09
25		Emma Schwake	SO	Benton Community	28:47.4	9:16
26	18	Anna Warkel	SR	Cedar Rapids Jefferson	28:47.8	9:16
27		Sylvie Mersch	SO	West Delaware	29:39.0	9:33
28		Rachel Rollinger	FR	Vinton-Shellsburg	30:05.1	9:41
29		Rebecca Caldwell	FR	Benton Community	30:05.4	9:41
30		Keara Emerson	SO	West Delaware	30:06.3	9:41
31		Abigail O'Rear	FR	West Delaware	30:06.3	9:41
32	19	Ana Maria Cawley	JR	Xavier	30:08.8	9:42
33		Allison Mullen	JR	West Delaware	34:10.5	11:00
34		Destiny Lindsey	SO	Benton Community	36:51.8	11:52

Vinton-Shellsburg Invitational

JV Girls School Campus - Vinton, IA 9/22/2020 Sun, Wind S 5-10mph & 84°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) West Delaware		Score = 36					
5	Makayla Gasper, JR	26:34.3	8:33				
6	Anna Werner, SR	26:39.6	8:35				
7	Lanae Leclere, FR	26:43.2	8:36				
8	Brooke Lewin, SO	26:44.2	8:36				
10	Addie Reetz, SR	26:46.0	8:37				
12	Katie McGrane, SR	26:56.9	8:40				
13	Karsyn Welcher, SR	27:25.9	8:50				
	Alexis McTaggart, JR	28:10.0	9:04				
	Sylvie Mersch, SO	29:39.0	9:33				
	Keara Emerson, SO	30:06.3	9:41				
	Abigail O'Rear, FR	30:06.3	9:41				
	Allison Mullen, JR	34:10.5	11:00				
2) Xavier		Score = 45					
3	Allison Talyat, SR	25:13.6	8:07				
4	Madelyn Dake, JR	26:15.0	8:27				
9	Alma Cosgrove, SO	26:46.0	8:37				
14	Maddie Serbousek, SR	27:29.3	8:51				
15	Avery Arens, SR	28:17.2	9:06				
17	Paige Denman, SO	28:24.1	9:09				
19	Ana Maria Cawley, JR	30:08.8	9:42				
3) Cedar Rapids Jefferson		Score = 48					
1	Adriana Brandis, SO	24:14.8	7:48				
2	Paige Wiebke, SR	24:47.7	7:59				
11	Bella Dougherty, SO	26:55.6	8:40				
16	Taylor Troy, JR	28:22.0	9:08				
18	Anna Warkel, SR	28:47.8	9:16				
Incomplete Teams:							
Beckman Catholic							
24	Jordan Thier, SO	28:26.6	9:09				
Benton Community							
9	Jessica Crawford, JR	26:39.7	8:35				
25	Emma Schwake, SO	28:47.4	9:16				
29	Rebecca Caldwell, FR	30:05.4	9:41				
34	Destiny Lindsey, SO	36:51.8	11:52				
Hudson							
4	Greta Regenwether, SO	25:22.1	8:10				
5	Izzy Jorgensen, JR	25:53.9	8:20				
16	Taylor Rogers, FR	27:20.7	8:48				
Vinton-Shellsburg							
19	Bailey Weeks, SO	27:40.3	8:54				
28	Rachel Rollinger, FR	30:05.1	9:41				

Vinton-Shellsburg Invitational

JV Boys School Campus - Vinton, IA 9/22/2020 Suny, Wind S 5-10mph & 84°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	West Delaware	1	3	4	6	8	11	12	= 22	1:39:26.7	19:53.3	1:36.6
2	Cedar Rapids Jefferson	2	7	9	10	14	28	32	= 42	1:42:55.1	20:35.0	2:29.1
3	South Tama	15	16	22	23	27	35	43	= 103	1:50:41.5	22:08.3	1:03.2
4	Xavier	5	13	18	33	39	54	56	= 108	1:50:38.2	22:07.6	3:37.6
5	Benton Community	17	19	21	38	41	44	45	= 136	1:54:04.2	22:48.8	2:29.7
6	Hudson	20	24	25	30	37			= 136	1:53:43.9	22:44.8	1:36.5
7	Vinton-Shellsburg	29	31	40	46	55	57	60	= 201	2:00:35.1	24:07.0	3:18.3
8	Alburnett	26	36	47	48	58	59		= 215	2:02:57.2	24:35.4	4:35.5
9	Beckman Catholic	34	42	49	50	51	52	53	= 226	2:03:12.5	24:38.5	1:42.1

Incomplete Teams: Columbus Catholic, Independence

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Andrew Salas	SR	West Delaware	19:00.0	6:07
2	2	Sam Jahnke	SR	Cedar Rapids Jefferson	19:04.4	6:08
3	3	Jacob Wenger	SR	West Delaware	19:47.1	6:22
4	4	Nicholas Stocks	SR	West Delaware	19:50.6	6:23
5	5	Tim Lesnik	SO	Xavier	20:11.8	6:30
6	6	Nick Mensen	FR	West Delaware	20:12.5	6:30
7	7	Caden Davis	FR	Cedar Rapids Jefferson	20:33.9	6:37
8	8	Ethan Hoefler	JR	West Delaware	20:36.6	6:38
9	9	Bryce Grissom	JR	Cedar Rapids Jefferson	20:43.4	6:40
10	10	Jack Goudy	SR	Cedar Rapids Jefferson	20:59.8	6:46
11	11	Jesse Thurn	JR	West Delaware	21:01.6	6:46
12	12	Brayden Maury	FR	West Delaware	21:02.6	6:46
13		Reily Dolan	SR	West Delaware	21:12.0	6:49
14		Evan Kartman	FR	West Delaware	21:18.0	6:51
15		Dominic Mastin	FR	West Delaware	21:18.8	6:52
16		Garrison Gillihan	FR	West Delaware	21:22.1	6:53
17	13	Alec Battien	SO	Xavier	21:26.9	6:54
18	14	Zach Smith	JR	Cedar Rapids Jefferson	21:33.5	6:56
19	15	Cade Rosenberger	FR	South Tama	21:36.4	6:57
20	16	Omar Castanon	JR	South Tama	21:37.0	6:57
21	17	Eben Ellis	SR	Benton Community	21:46.1	7:00
22	18	Will Karl	SO	Xavier	21:55.5	7:03
23	19	Tristan West	JR	Benton Community	21:57.5	7:04
24		Nolan Mensen	SO	West Delaware	21:58.0	7:04
25		Gabe Quint	FR	West Delaware	21:59.6	7:05
26	20	Drew Hansen	SO	Hudson	22:02.7	7:06
27		Owen Neuhaus	FR	West Delaware	22:05.3	7:07
28	21	Brandon Schultz	SO	Benton Community	22:20.1	7:11
29	22	Enrique Anaya	FR	South Tama	22:22.4	7:12
30	23	Amare Chavez	FR	South Tama	22:26.2	7:13
31	24	Drew Barber	FR	Hudson	22:31.4	7:15
32	25	Culin Ugrin	FR	Hudson	22:32.5	7:15
33	26	Max Crist	JR	Alburnett	22:37.9	7:17
34	27	Phillip Myli	FR	South Tama	22:39.6	7:18
35		Blake Cook	SR	West Delaware	22:46.5	7:20
36		Mason Rolling	FR	West Delaware	22:48.1	7:20
37	28	Gunner Myers	JR	Cedar Rapids Jefferson	22:49.6	7:21
38	29	Max Janssen	FR	Vinton-Shellsburg	22:55.2	7:23
39	30	Roberto Verastegui	SR	Hudson	22:58.1	7:24
40	31	Reese Truax	FR	Vinton-Shellsburg	23:02.2	7:25
41	32	Sean Aschenbrenner	SO	Cedar Rapids Jefferson	23:04.8	7:26
42		Zach O'Rear	SO	West Delaware	23:11.2	7:28
43		Caden Schroeder	JR	Cedar Rapids Jefferson	23:14.4	7:29
44	33	Blake Kellison	SR	Xavier	23:14.5	7:29
45		Tate Kuennen	JR	Cedar Rapids Jefferson	23:14.7	7:29
46		Ethan Grawe	FR	West Delaware	23:23.8	7:32
47	34	John Paul Grebner	SO	Beckman Catholic	23:30.2	7:34
48	35	Jeremy Dolash	FR	South Tama	23:36.7	7:36
49	36	Reed Callahan	SO	Alburnett	23:38.6	7:37
50	37	Jared King	SR	Hudson	23:39.2	7:37
51		Carter Homan	FR	Independence	23:40.0	7:37
52	38	Brady Ellis	SR	Benton Community	23:44.8	7:39
53	39	Quinn Laurent	JR	Xavier	23:49.4	7:40
54	40	Isaac Allsup	SR	Vinton-Shellsburg	23:59.5	7:43
55	41	Will Von Ahsen	SR	Benton Community	24:15.8	7:49
56	42	Sheldon Corkery	JR	Beckman Catholic	24:16.2	7:49
57	43	Dominick Ochoa	FR	South Tama	24:18.4	7:49
58		Will Perry	SO	Independence	24:19.4	7:50
59	44	Isaac Lueckenotto	JR	Benton Community	24:22.8	7:51
60	45	Bryton Grimm	SO	Benton Community	24:24.3	7:51
61	46	Hugh Mangold	FR	Vinton-Shellsburg	24:24.6	7:51
62	47	Neo Magoon	JR	Alburnett	24:28.6	7:53
63		Carson Less	SO	West Delaware	24:38.7	7:56
64		Carson Paul	SO	Columbus Catholic	24:46.6	7:58
65	48	Blaine McGraw	JR	Alburnett	24:58.6	8:02

Vinton-Shellsburg Invitational

JV Boys School Campus - Vinton, IA 9/22/2020 Suny, Wind S 5-10mph & 84°

Place	Score	Name	Year	School	Time	Pace mpm
66		Griffin Gruman	SO	Independence	25:05.7	8:05
67	49	Max Oberbroeckling	FR	Beckman Catholic	25:06.4	8:05
68	50	Sean Heinrichsen	SR	Beckman Catholic	25:07.5	8:05
69		Devon Meyer	JR	Cedar Rapids Jefferson	25:08.5	8:06
70	51	Isaac Westhoff	SO	Beckman Catholic	25:12.2	8:07
71	52	Tyler Salrin	JR	Beckman Catholic	25:24.4	8:11
72	53	Andrew Salrin	FR	Beckman Catholic	25:25.2	8:11
73	54	James Le	SO	Xavier	25:34.0	8:14
74		Jose Placencia	FR	South Tama	25:35.8	8:14
75		Trent Vos	JR	Cedar Rapids Jefferson	25:48.0	8:18
76		Louis Minard	FR	Columbus Catholic	25:48.6	8:18
77		Riley White	FR	Beckman Catholic	26:10.0	8:25
78	55	Emmett Colsch	FR	Vinton-Shellsburg	26:13.6	8:26
79		Keenan Waugh	FR	West Delaware	26:27.0	8:31
80		Holden Schirmer	FR	South Tama	26:31.7	8:32
81	56	Jack Delaney	SR	Xavier	26:32.7	8:33
82	57	Matthew Bookmieer	FR	Vinton-Shellsburg	26:46.0	8:37
83		Nick Henry	SO	Cedar Rapids Jefferson	26:57.2	8:41
84		Ean Brown	SO	Beckman Catholic	27:12.0	8:45
85	58	Evan Loeffelholz	JR	Alburnett	27:13.4	8:46
86	59	Noah Kruckenberg	FR	Alburnett	27:24.4	8:49
87	60	Sage Holmes	SR	Vinton-Shellsburg	28:04.6	9:02
88		Jesus Mendoza	SO	Columbus Catholic	28:24.2	9:09
89		Constantine White	FR	Xavier	31:06.6	10:01
90		Ian Sallee	SO	Vinton-Shellsburg	31:45.4	10:13
91		Ian Vrba	SO	Vinton-Shellsburg	32:12.7	10:22

Vinton-Shellsburg Invitational

JV Boys School Campus - Vinton, IA 9/22/2020 Suny, Wind S 5-10mph & 84°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) West Delaware				7) Vinton-Shellsburg			
Score = 22				Score = 201			
1	Andrew Salas, SR	19:00.0	6:07	29	Max Janssen, FR	22:55.2	7:23
3	Jacob Wenger, SR	19:47.1	6:22	31	Reese Truax, FR	23:02.2	7:25
4	Nicholas Stocks, SR	19:50.6	6:23	40	Isaac Allsup, SR	23:59.5	7:43
6	Nick Mensen, FR	20:12.5	6:30	46	Hugh Mangold, FR	24:24.6	7:51
8	Ethan Hoefler, JR	20:36.6	6:38	55	Emmett Colsch, FR	26:13.6	8:26
11	Jesse Thurn, JR	21:01.6	6:46	57	Matthew Bookmieer, FR	26:46.0	8:37
12	Brayden Maury, FR	21:02.6	6:46	60	Sage Holmes, SR	28:04.6	9:02
	Reily Dolan, SR	21:12.0	6:49		Ian Sallee, SO	31:45.4	10:13
	Evan Kartman, FR	21:18.0	6:51		Ian Vrba, SO	32:12.7	10:22
	Dominic Mastin, FR	21:18.8	6:52	8) Alburnett			
	Garrison Gillihan, FR	21:22.1	6:53	Score = 215			
	Nolan Mensen, SO	21:58.0	7:04	26	Max Crist, JR	22:37.9	7:17
	Gabe Quint, FR	21:59.6	7:05	36	Reed Callahan, SO	23:38.6	7:37
	Owen Neuhaus, FR	22:05.3	7:07	47	Neo Magoon, JR	24:28.6	7:53
	Blake Cook, SR	22:46.5	7:20	48	Blaine McGraw, JR	24:58.6	8:02
	Mason Rolling, FR	22:48.1	7:20	58	Evan Loeffelholz, JR	27:13.4	8:46
	Zach O'Rear, SO	23:11.2	7:28	59	Noah Kruckenberg, FR	27:24.4	8:49
	Ethan Grawe, FR	23:23.8	7:32	9) Beckman Catholic			
	Carson Less, SO	24:38.7	7:56	Score = 226			
	Keenan Waugh, FR	26:27.0	8:31	34	John Paul Grebner, SO	23:30.2	7:34
2) Cedar Rapids Jefferson				9) Beckman Catholic			
Score = 42				Score = 226			
2	Sam Jahnke, SR	19:04.4	6:08	42	Sheldon Corkery, JR	24:16.2	7:49
7	Caden Davis, FR	20:33.9	6:37	49	Max Oberbroeckling, FR	25:06.4	8:05
9	Bryce Grissom, JR	20:43.4	6:40	50	Sean Heinrichsen, SR	25:07.5	8:05
10	Jack Goudy, SR	20:59.8	6:46	51	Isaac Westhoff, SO	25:12.2	8:07
14	Zach Smith, JR	21:33.5	6:56	52	Tyler Salrin, JR	25:24.4	8:11
28	Gunner Myers, JR	22:49.6	7:21	53	Andrew Salrin, FR	25:25.2	8:11
32	Sean Aschenbrenner, SO	23:04.8	7:26		Riley White, FR	26:10.0	8:25
	Caden Schroeder, JR	23:14.4	7:29		Ean Brown, SO	27:12.0	8:45
	Tate Kuennen, JR	23:14.7	7:29	Incomplete Teams:			
	Devon Meyer, JR	25:08.5	8:06	Columbus Catholic			
	Trent Vos, JR	25:48.0	8:18	64	Carson Paul, SO	24:46.6	7:58
	Nick Henry, SO	26:57.2	8:41	76	Louis Minard, FR	25:48.6	8:18
3) South Tama				Columbus Catholic			
Score = 103				Score = 226			
15	Cade Rosenberger, FR	21:36.4	6:57	88	Jesus Mendoza, SO	28:24.2	9:09
16	Omar Castanon, JR	21:37.0	6:57	Independence			
22	Enrique Anaya, FR	22:22.4	7:12	51	Carter Homan, FR	23:40.0	7:37
23	Amare Chavez, FR	22:26.2	7:13	58	Will Perry, SO	24:19.4	7:50
27	Phillip Myli, FR	22:39.6	7:18	66	Griffin Gruman, SO	25:05.7	8:05
35	Jeremy Dolash, FR	23:36.7	7:36				
43	Dominick Ochoa, FR	24:18.4	7:49				
	Jose Placencia, FR	25:35.8	8:14				
	Holden Schirmer, FR	26:31.7	8:32				
4) Xavier				4) Xavier			
Score = 108				Score = 108			
5	Tim Lesnik, SO	20:11.8	6:30				
13	Alec Battien, SO	21:26.9	6:54				
18	Will Karl, SO	21:55.5	7:03				
33	Blake Kellison, SR	23:14.5	7:29				
39	Quinn Laurent, JR	23:49.4	7:40				
54	James Le, SO	25:34.0	8:14				
56	Jack Delaney, SR	26:32.7	8:33				
	Constantine White, FR	31:06.6	10:01				
5) Benton Community				5) Benton Community			
Score = 136				Score = 136			
17	Eben Ellis, SR	21:46.1	7:00				
19	Tristan West, JR	21:57.5	7:04				
21	Brandon Schultz, SO	22:20.1	7:11				
38	Brady Ellis, SR	23:44.8	7:39				
41	Will Von Ahsen, SR	24:15.8	7:49				
44	Isaac Lueckenotto, JR	24:22.8	7:51				
45	Bryton Grimm, SO	24:24.3	7:51				
6) Hudson				6) Hudson			
Score = 136				Score = 136			
20	Drew Hansen, SO	22:02.7	7:06				
24	Drew Barber, FR	22:31.4	7:15				
25	Culin Ugrin, FR	22:32.5	7:15				
30	Roberto Verastegui, SR	22:58.1	7:24				
37	Jared King, SR	23:39.2	7:37				

Vinton-Shellsburg Invitational

MS Girls School Campus - Vinton, IA 9/22/2020 Sun, Wind S 5-10mph & 84°

Place	School	1	2	3	4	5	6	Total	Ttl Time	Ave Time	Spread
1	West Delaware MS	4	7	8	15	17	19	= 34	1:04:52.0	16:13.0	2:16.2
2	Independence MS	3	6	12	13	21	24	= 34	1:03:29.8	15:52.4	2:41.8
3	Hudson	1	2	18	20	23	26	= 41	1:04:23.8	16:05.9	5:17.3
4	Union	9	10	11	14	16	25	= 44	1:06:33.7	16:38.4	1:02.3
5	Vinton-Shellsburg MS	5	22	29	31	32		= 87	1:22:52.0	20:43.0	9:08.1
6	South Tama	27	28	30	33			= 118	1:34:49.9	23:42.5	3:20.7

Incomplete Teams: Alburnett, Beckman Catholic, Benton Community MS, Blessed Maria Assunta Pallotta

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Mollie Hansen	7th	Hudson	13:31.1	6:46
2	2	Ella Steele	7th	Hudson	13:55.4	6:58
3	3	Bella Louvar	8th	Independence MS	14:04.1	7:02
4		Carly McGraw	7th	Alburnett	15:01.9	7:31
5		Abby Jones	8th	Benton Community MS	15:06.2	7:33
6	4	Abby Kass	8th	West Delaware MS	15:15.3	7:38
7	5	Olivia Primrose	8th	Vinton-Shellsburg MS	15:22.9	7:41
8	6	Reaghan Ressler	8th	Independence MS	15:54.4	7:57
9	7	Josie McMahan	8th	West Delaware MS	15:58.0	7:59
10	8	Anna O'Rear	7th	West Delaware MS	16:07.2	8:04
11	9	Lily Lorenzen	8th	Union	16:14.9	8:07
12	10	Kate Carlson	8th	Union	16:23.6	8:12
13	11	Taryn Ambrose	7th	Union	16:37.9	8:19
14	12	Jasmine Wieland	8th	Independence MS	16:45.3	8:23
15	13	Ava Blaker	7th	Independence MS	16:45.9	8:23
16		Elise Wing	7th	Blessed Maria Assunta Pallotta	17:13.7	8:37
17	14	Lorelei Hinebaugh	7th	Union	17:17.2	8:39
18		Grace Marlin	8th	Blessed Maria Assunta Pallotta	17:19.9	8:40
19	15	Trudy Loecke	8th	West Delaware MS	17:31.5	8:46
20	16	Nikki Jackson	8th	Union	17:39.4	8:50
21	17	Lilianna Shappell	8th	West Delaware MS	17:46.2	8:53
22	18	Ella Ubben	7th	Hudson	18:08.9	9:04
23	19	Brooklin Ante	7th	West Delaware MS	18:27.3	9:14
24	20	Megan Steele	7th	Hudson	18:48.4	9:24
25	21	Lizzy Kremer	8th	Independence MS	18:58.3	9:29
26	22	Chloe Mossman	8th	Vinton-Shellsburg MS	19:03.7	9:32
27		Sloane Slouha	7th	Benton Community MS	19:05.7	9:33
28	23	Zoey Austin	8th	Hudson	19:22.1	9:41
29	24	Kennedi Bevans	7th	Independence MS	19:25.9	9:43
30	25	Kalen Nosko	8th	Union	19:43.9	9:52
31	26	Chloe Utsler	8th	Hudson	19:51.4	9:56
32		Ellie Richter	7th	Hudson	20:59.2	10:30
33		Rachel Schwarten	7th	Beckman Catholic	21:28.4	10:44
34	27	Belle Johannsen	8th	South Tama	22:06.3	11:03
35		Maria Kruse	FR	Beckman Catholic	22:20.3	11:10
36		Jacki Engledow	8th	Alburnett	22:29.7	11:15
37	28	Alexis Crouch	8th	South Tama	23:12.7	11:36
38		Ava Slade	7th	Hudson	23:23.5	11:42
39	29	Calli Torres	7th	Vinton-Shellsburg MS	23:54.3	11:57
40	30	Alex Castanon	7th	South Tama	24:03.9	12:02
41		Gwenith Pasker	8th	West Delaware MS	24:14.5	12:07
42		Monica Hernandez	8th	West Delaware MS	24:19.1	12:10
43		Cheyenne Geistkemper	7th	Beckman Catholic	24:25.1	12:13
44	31	Annalynn Stiefel	7th	Vinton-Shellsburg MS	24:31.0	12:16
45	32	Alexa Henkle	7th	Vinton-Shellsburg MS	24:37.5	12:19
46	33	Abigail Chyma	8th	South Tama	25:27.0	12:43

Vinton-Shellsburg Invitational

MS Girls School Campus - Vinton, IA 9/22/2020 Suny, Wind S 5-10mph & 84°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) West Delaware MS				Score = 34			
4	Abby Kass, 8th	15:15.3	7:38				
7	Josie McMahon, 8th	15:58.0	7:59				
8	Anna O'Rear, 7th	16:07.2	8:04				
15	Trudy Loecke, 8th	17:31.5	8:46				
17	Lilianna Shappell, 8th	17:46.2	8:53				
19	Brooklin Ante, 7th	18:27.3	9:14				
	Gwenith Pasker, 8th	24:14.5	12:07				
	Monica Hernandez, 8th	24:19.1	12:10				
2) Independence MS				Score = 34			
3	Bella Louvar, 8th	14:04.1	7:02				
6	Reaghan Ressler, 8th	15:54.4	7:57				
12	Jasmine Wieland, 8th	16:45.3	8:23				
13	Ava Blaker, 7th	16:45.9	8:23				
21	Lizzy Kremer, 8th	18:58.3	9:29				
24	Kennedi Bevans, 7th	19:25.9	9:43				
3) Hudson				Score = 41			
1	Mollie Hansen, 7th	13:31.1	6:46				
2	Ella Steele, 7th	13:55.4	6:58				
18	Ella Ubben, 7th	18:08.9	9:04				
20	Megan Steele, 7th	18:48.4	9:24				
23	Zoey Austin, 8th	19:22.1	9:41				
26	Chloe Utsler, 8th	19:51.4	9:56				
	Ellie Richter, 7th	20:59.2	10:30				
	Ava Slade, 7th	23:23.5	11:42				
4) Union				Score = 44			
9	Lily Lorenzen, 8th	16:14.9	8:07				
10	Kate Carlson, 8th	16:23.6	8:12				
11	Taryn Ambrose, 7th	16:37.9	8:19				
14	Lorelei Hinebaugh, 7th	17:17.2	8:39				
16	Nikki Jackson, 8th	17:39.4	8:50				
25	Kalen Nosko, 8th	19:43.9	9:52				
5) Vinton-Shellsburg MS				Score = 87			
5	Olivia Primrose, 8th	15:22.9	7:41				
22	Chloe Mossman, 8th	19:03.7	9:32				
29	Calli Torres, 7th	23:54.3	11:57				
31	Annalynn Stiefel, 7th	24:31.0	12:16				
32	Alexa Henkle, 7th	24:37.5	12:19				
6) South Tama				Score = 118			
27	Belle Johannsen, 8th	22:06.3	11:03				
28	Alexis Crouch, 8th	23:12.7	11:36				
30	Alex Castanon, 7th	24:03.9	12:02				
33	Abigail Chyma, 8th	25:27.0	12:43				
Incomplete Teams:							
Alburnett							
4	Carly McGraw, 7th	15:01.9	7:31				
36	Jacki Engledow, 8th	22:29.7	11:15				
Beckman Catholic							
33	Rachel Schwarten, 7th	21:28.4	10:44				
35	Maria Kruse, FR	22:20.3	11:10				
43	Cheyenne Geistkemper, 7th	24:25.1	12:13				
Benton Community MS							
5	Abby Jones, 8th	15:06.2	7:33				
27	Sloane Slouha, 7th	19:05.7	9:33				
Blessed Maria Assunta Pallo							
16	Elise Wing, 7th	17:13.7	8:37				
18	Grace Marlin, 8th	17:19.9	8:40				

Vinton-Shellsburg Invitational

MS Boys School Campus - Vinton, IA 9/22/2020 Suny, Wind S 5-10mph & 84°

Place	School	1	2	3	4	5	6	Total	Ttl Time	Ave Time	Spread
1	West Delaware MS	1	2	4	13	15	18	= 20	54:42.4	13:40.6	1:36.2
2	Alburnett	5	6	9	24	27	28	= 44	58:23.9	14:36.0	2:35.6
3	Beckman Catholic	7	10	17	19	20	21	= 53	58:48.9	14:42.2	1:11.9
4	Blessed Maria Assunta Pallo	8	16	22	26	31	32	= 72	1:02:09.2	15:32.3	2:59.4
5	South Tama	11	12	25	30			= 78	1:04:42.0	16:10.5	5:19.1
6	Benton Community MS	14	23	29	35	36	37	= 101	1:15:53.9	18:58.5	11:35.9
7	Vinton-Shellsburg MS	3	33	34	38			= 108	1:29:08.3	22:17.1	14:31.8

Incomplete Teams: Hudson, Independence MS

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Ashton Chesmore	8th	West Delaware MS	12:51.7	6:26
2		Tyler Wieland	8th	Independence MS	13:07.4	6:34
3	2	Braden Wenger	8th	West Delaware MS	13:35.7	6:48
4	3	Ryan Sivola	8th	Vinton-Shellsburg MS	13:39.6	6:50
5	4	Christian Timmerman	8th	West Delaware MS	13:47.1	6:54
6	5	Hayden Gustafson	7th	Alburnett	13:49.0	6:55
7	6	Brady Scott	7th	Alburnett	14:02.0	7:01
8	7	Andrew Schlarmann	7th	Beckman Catholic	14:05.3	7:03
9	8	Drew Lindsay	8th	Blessed Maria Assunta Pallotta	14:07.8	7:04
10	9	Logan Ossman	7th	Alburnett	14:08.2	7:04
11	10	Cooper Klas	8th	Beckman Catholic	14:14.2	7:07
12	11	Cale Graff	8th	South Tama	14:17.9	7:09
13	12	Barrett Jesina	7th	South Tama	14:18.8	7:09
14		Ethan Wilcox	8th	Independence MS	14:19.2	7:10
15	13	Michael Kephart	8th	West Delaware MS	14:27.9	7:14
16	14	Luke Lange	8th	Benton Community MS	14:29.4	7:15
17	15	Ashton Fangman	8th	West Delaware MS	14:37.3	7:19
18		Dawson Grady	7th	Hudson	14:48.4	7:24
19	16	Vincent Pranger	7th	Blessed Maria Assunta Pallotta	14:54.1	7:27
20	17	Shawn Brunsmann	7th	Beckman Catholic	15:12.3	7:36
21	18	Jase Turnis	8th	West Delaware MS	15:14.4	7:37
22	19	Alexander Kerper	7th	Beckman Catholic	15:17.2	7:39
23	20	Brenndan Engler	7th	Beckman Catholic	15:35.1	7:48
24	21	Parker Domeyer	8th	Beckman Catholic	15:37.3	7:49
25	22	Thomas Wall	8th	Blessed Maria Assunta Pallotta	16:00.1	8:00
26	23	Weston Kaestner	7th	Benton Community MS	16:01.3	8:01
27	24	Austin Schechinger	8th	Alburnett	16:24.6	8:12
28		William Hansen	8th	Independence MS	16:26.2	8:13
29	25	Jerome Kapayou	8th	South Tama	16:28.3	8:14
30	26	Jalen Hart	8th	Blessed Maria Assunta Pallotta	17:07.2	8:34
31	27	Trenton Abel	8th	Alburnett	17:13.4	8:37
32		Trent Menard	7th	West Delaware MS	17:18.0	8:39
33	28	Brady Hospodarsky	7th	Alburnett	17:25.1	8:43
34		Ryan Smith	8th	Alburnett	17:43.1	8:52
35		Gage Rauch	7th	Alburnett	18:03.7	9:02
36		Adam Cook	8th	West Delaware MS	18:50.5	9:25
37		Brody Hageman	7th	Beckman Catholic	19:17.8	9:39
38	29	Braeton Havel	8th	Benton Community MS	19:17.9	9:39
39		Nathaniel Carolan	7th	Alburnett	19:27.0	9:43
40	30	Riley Bastarache	7th	South Tama	19:37.0	9:49
41		Cam McGraw	7th	Alburnett	19:39.3	9:50
42	31	Nicholas Carda	7th	Blessed Maria Assunta Pallotta	19:55.2	9:58
43	32	Maximo Zuniga	8th	Blessed Maria Assunta Pallotta	19:56.3	9:58
44		William Kelley	7th	West Delaware MS	20:25.3	10:13
45		Aiden Cornwell	8th	Alburnett	20:55.3	10:28
46		Wes Duggan	8th	West Delaware MS	21:59.4	11:00
47		Aiden Chopard	7th	West Delaware MS	22:08.1	11:04
48		Blake Farwell	8th	Hudson	22:22.0	11:11
49		Steven Dekutoski	7th	Hudson	22:28.1	11:14
50		Juan Pablo Park	8th	Blessed Maria Assunta Pallotta	23:23.2	11:42
51	33	Hayden Henkle	7th	Vinton-Shellsburg MS	23:30.7	11:45
52	34	Hudson Rule	7th	Vinton-Shellsburg MS	23:46.7	11:53
53		Rylee Placke	7th	West Delaware MS	24:44.2	12:22
54	35	Andrew Hines	7th	Benton Community MS	26:05.3	13:03
55	36	Brady Gammill	8th	Benton Community MS	26:26.4	13:13
56	37	Nate Becker	7th	Benton Community MS	26:35.4	13:18
57		Jackson Silhanek	7th	Benton Community MS	26:57.4	13:29
58	38	Caius Higley	8th	Vinton-Shellsburg MS	28:11.4	14:06
59		Cade Fessler	7th	West Delaware MS	29:38.7	14:49

Vinton-Shellsburg Invitational

MS Boys School Campus - Vinton, IA 9/22/2020 Suny, Wind S 5-10mph & 84°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) West Delaware MS		Score = 20					
1	Ashton Chesmore, 8th	12:51.7	6:26				
2	Braden Wenger, 8th	13:35.7	6:48				
4	Christian Timmerman, 8th	13:47.1	6:54				
13	Michael Kephart, 8th	14:27.9	7:14				
15	Ashton Fangman, 8th	14:37.3	7:19				
18	Jase Turnis, 8th	15:14.4	7:37				
	Trent Menard, 7th	17:18.0	8:39				
	Adam Cook, 8th	18:50.5	9:25				
	William Kelley, 7th	20:25.3	10:13				
	Wes Duggan, 8th	21:59.4	11:00				
	Aiden Chopard, 7th	22:08.1	11:04				
	Rylee Placke, 7th	24:44.2	12:22				
	Cade Fessler, 7th	29:38.7	14:49				
2) Alburnett		Score = 44					
5	Hayden Gustafson, 7th	13:49.0	6:55				
6	Brady Scott, 7th	14:02.0	7:01				
9	Logan Ossman, 7th	14:08.2	7:04				
24	Austin Schechinger, 8th	16:24.6	8:12				
27	Trenton Abel, 8th	17:13.4	8:37				
28	Brady Hospodarsky, 7th	17:25.1	8:43				
	Ryan Smith, 8th	17:43.1	8:52				
	Gage Rauch, 7th	18:03.7	9:02				
	Nathaniel Carolan, 7th	19:27.0	9:43				
	Cam McGraw, 7th	19:39.3	9:50				
	Aiden Cornwell, 8th	20:55.3	10:28				
3) Beckman Catholic		Score = 53					
7	Andrew Schlarmann, 7th	14:05.3	7:03				
10	Cooper Klas, 8th	14:14.2	7:07				
17	Shawn Brunsman, 7th	15:12.3	7:36				
19	Alexander Kerper, 7th	15:17.2	7:39				
20	Brenndan Engler, 7th	15:35.1	7:48				
21	Parker Domeyer, 8th	15:37.3	7:49				
	Brody Hageman, 7th	19:17.8	9:39				
4) Blessed Maria Assunta Pallott		Score = 72					
8	Drew Lindsay, 8th	14:07.8	7:04				
16	Vincent Pranger, 7th	14:54.1	7:27				
22	Thomas Wall, 8th	16:00.1	8:00				
26	Jalen Hart, 8th	17:07.2	8:34				
31	Nicholas Carda, 7th	19:55.2	9:58				
32	Maximo Zuniga, 8th	19:56.3	9:58				
	Juan Pablo Park, 8th	23:23.2	11:42				
5) South Tama		Score = 78					
11	Cale Graff, 8th	14:17.9	7:09				
12	Barrett Jesina, 7th	14:18.8	7:09				
25	Jerome Kapayou, 8th	16:28.3	8:14				
30	Riley Bastarache, 7th	19:37.0	9:49				
6) Benton Community MS		Score = 101					
14	Luke Lange, 8th	14:29.4	7:15				
23	Weston Kaestner, 7th	16:01.3	8:01				
29	Braeton Havel, 8th	19:17.9	9:39				
35	Andrew Hines, 7th	26:05.3	13:03				
36	Brady Gammill, 8th	26:26.4	13:13				
37	Nate Becker, 7th	26:35.4	13:18				
	Jackson Silhanek, 7th	26:57.4	13:29				
7) Vinton-Shellsburg MS		Score = 108					
3	Ryan Sivola, 8th	13:39.6	6:50				
33	Hayden Henkle, 7th	23:30.7	11:45				
34	Hudson Rule, 7th	23:46.7	11:53				
38	Caius Higley, 8th	28:11.4	14:06				
Incomplete Teams:							
Hudson							
18	Dawson Grady, 7th	14:48.4	7:24				
48	Blake Farwell, 8th	22:22.0	11:11				
49	Steven Dekutoski, 7th	22:28.1	11:14				
Independence MS							
2	Tyler Wieland, 8th	13:07.4	6:34				
14	Ethan Wilcox, 8th	14:19.2	7:10				
28	William Hansen, 8th	16:26.2	8:13				