

# MVC Valley Divisional XC Meet JV Boys

## Dubuque Cross Country Complex

### Oct. 15, 2020

Sunny 52°, WNW 16 MPH, 28 Humidity  
Results by B & W Racing Services

PLACE	TEAM	POINTS	SCORES									AVG. TIME	SPREAD
1	Hemsptead H S.	17	1	2	3	5	6	7	9	18:19.1	1:16.1		
2	Iowa City West	58	4	8	13	16	17	23	28	19:19.6	1:16.2		
3	Cedar Rapids Jefferso	69	10	11	12	14	22	24	27	19:41.1	1:42.8		
4	Cr Xavier	108	18	19	20	25	26	34	35	20:49.8	1:21.7		
5	Waterloo	126	15	21	29	30	31	32	33	21:40.9	3:18.8		

Incomplete Teams: Cedar Rapids Kennedy, Dubuque Senior

PLACE	FINISHER	TIME	PACE	PLACE	FINISHER	TIME	PACE
1. Hemsptead H S.				5. Waterloo			
1	Justin Mootz, 11	17:36.3	5:40	15	Elijah Gehrke, 11	19:31.9	6:17
2	Nick Turnis, 12	17:54.8	5:46	21	Landon Stafsholt, 11	20:53.7	6:44
3	Gabe Solis, 12	18:23.2	5:55	29	Cadin Herrmann, 11	22:33.8	7:16
5	Cole Kaufmann, 12	18:48.6	6:03	30	Morgan Andre, 11	22:34.4	7:16
6	Sam Riffel, 11	18:52.3	6:04	31	Billy Hartson, 12	22:50.7	7:21
7	Adam Lange, 12	18:57.5	6:06	32	Malachi Daringer-Wright, 11	22:51.9	7:22
9	Devin Tigges, 12	19:14.5	6:12	33	William Klabunde, 11	23:38.0	7:36
Total Time = 1:31:35.2 Total Places = 17				Total Time = 1:48:24.5 Total Places = 126			
2. Iowa City West							
4	Chuck Duffy, 12	18:31.9	5:58				
8	Marek Ghabel, 12	19:05.8	6:09				
13	Clay Bopp, 11	19:27.1	6:16				
16	Alex McKane, 11	19:45.0	6:21				
17	Tommy Pierce, 10	19:48.1	6:22				
23	Noah Oriano, 11	21:09.2	6:48				
28	Iahn Shim, 10	21:35.6	6:57				
Total Time = 1:36:37.9 Total Places = 58							
3. Cedar Rapids Jefferso							
10	Caden Davis, 9	19:16.0	6:12				
11	Gunner Myers, 11	19:18.4	6:13				
12	Caden Schroeder, 11	19:24.3	6:15				
14	Zach Smith, 11	19:28.1	6:16				
22	Nick Henry, 10	20:58.7	6:45				
24	Tate Kuennen, 11	21:21.3	6:52				
27	Sean Aschenbrenner, 10	21:33.4	6:56				
Total Time = 1:38:25.5 Total Places = 69							
4. Cr Xavier							
18	Tim Lesnik, 10	20:08.7	6:29				
19	Blake Kellison, 12	20:22.2	6:33				
20	Blake Bohon, 12	20:45.8	6:41				
25	Will Karl, 10	21:21.5	6:52				
26	Quinn Laurent, 11	21:30.4	6:55				
34	James Le, 10	23:43.3	7:38				
35	Constantine White, 9	24:26.7	7:52				
Total Time = 1:44:08.6 Total Places = 108							

PLACE	TEAM PLACE	FINISHER	TIME	PACE	TEAM
1	1	Justin Mootz, 11	17:36.3	5:40	Hemsptead H S.
2	2	Nick Turnis, 12	17:54.8	5:46	Hemsptead H S.
3	3	Gabe Solis, 12	18:23.2	5:55	Hemsptead H S.
4	4	Chuck Duffy, 12	18:31.9	5:58	Iowa City West
6:00 Pace					
5	5	Cole Kaufmann, 12	18:48.6	6:03	Hemsptead H S.
6	6	Sam Riffel, 11	18:52.3	6:04	Hemsptead H S.
7	7	Adam Lange, 12	18:57.5	6:06	Hemsptead H S.
8	8	Marek Ghabel, 12	19:05.8	6:09	Iowa City West
9		Kyan Stricker, 11	19:06.7	6:09	Cedar Rapids Kennedy
10	9	Devin Tigges, 12	19:14.5	6:12	Hemsptead H S.
11	10	Caden Davis, 9	19:16.0	6:12	Cedar Rapids Jefferso
12	11	Gunner Myers, 11	19:18.4	6:13	Cedar Rapids Jefferso
13		Jackson Bradley, 12	19:20.2	6:13	Hemsptead H S.
14	12	Caden Schroeder, 11	19:24.3	6:15	Cedar Rapids Jefferso
15	13	Clay Bopp, 11	19:27.1	6:16	Iowa City West
16		Jonah Hallam, 11	19:27.9	6:16	Cedar Rapids Kennedy
17	14	Zach Smith, 11	19:28.1	6:16	Cedar Rapids Jefferso
18	15	Elijah Gehrke, 11	19:31.9	6:17	Waterloo
19		Noah Kurt, 10	19:33.6	6:18	Dubuque Senior
20		Jake Conlon, 11	19:41.6	6:20	Hemsptead H S.
21	16	Alex McKane, 11	19:45.0	6:21	Iowa City West
22	17	Tommy Pierce, 10	19:48.1	6:22	Iowa City West
23		Josh Wu, 12	20:00.7	6:26	Dubuque Senior
24	18	Tim Lesnik, 10	20:08.7	6:29	Cr Xavier
25		Alex Riniker, 11	20:16.9	6:32	Hemsptead H S.
26	19	Blake Kellison, 12	20:22.2	6:33	Cr Xavier
27		Jaydon Vaughn, 12	20:23.2	6:34	Hemsptead H S.
28	20	Blake Bohon, 12	20:45.8	6:41	Cr Xavier
29		Boris Miller, 12	20:46.7	6:41	Hemsptead H S.
30		Cesar Campa, 12	20:47.8	6:42	Hemsptead H S.
31	21	Landon Stafsholt, 11	20:53.7	6:44	Waterloo
32	22	Nick Henry, 10	20:58.7	6:45	Cedar Rapids Jefferso
33	23	Noah Oriano, 11	21:09.2	6:48	Iowa City West
34	24	Tate Kuennen, 11	21:21.3	6:52	Cedar Rapids Jefferso
35	25	Will Karl, 10	21:21.5	6:52	Cr Xavier
36	26	Quinn Laurent, 11	21:30.4	6:55	Cr Xavier
37	27	Sean Aschenbrenner, 10	21:33.4	6:56	Cedar Rapids Jefferso
38		John Glab, 11	21:34.4	6:57	Hemsptead H S.
39	28	Iahn Shim, 10	21:35.6	6:57	Iowa City West
7:00 Pace					
40		Luke Kotz, 12	21:49.8	7:02	Hemsptead H S.
41	29	Cadin Herrmann, 11	22:33.8	7:16	Waterloo
42	30	Morgan Andre, 11	22:34.4	7:16	Waterloo
43	31	Billy Hartson, 12	22:50.7	7:21	Waterloo
44	32	Malachi Daringer-Wright, 11	22:51.9	7:22	Waterloo
45		Devon Meyer, 11	23:05.5	7:26	Cedar Rapids Jefferso
46		Joseph Sullivan, 11	23:17.6	7:30	Dubuque Senior
47		Trent Vos, 11	23:27.9	7:33	Cedar Rapids Jefferso
48	33	William Klabunde, 11	23:38.0	7:36	Waterloo
49	34	James Le, 10	23:43.3	7:38	Cr Xavier
50	35	Constantine White, 9	24:26.7	7:52	Cr Xavier
8:00 Pace					
51		Ewan Greear, 12	26:04.2	8:23	Cedar Rapids Jefferso
52		Dayton Hasse, 12	26:39.7	8:35	Cedar Rapids Kennedy

# MVC Valley Divisional XC Meet Fresh Soph Boys

## Dubuque Cross Country Complex

### Oct. 15, 2020

Sunny 52°, WNW 16 MPH, 29% Humidity  
Results by B & W Racing Services

PLACE	TEAM	POINTS	SCORES								AVG. TIME	SPREAD
1	Hemsstead H S.	23	1	3	5	6	8	15	16	18:11.4	0:48.0	
2	Iowa City West	43	2	7	9	12	13	19	24	18:34.8	0:39.4	
3	Cedar Rapids Kennedy	74	4	11	18	20	21	23	25	19:23.8	1:53.2	
4	Waterloo	89	10	14	17	22	26	27	28	19:48.4	2:28.6	

#### Incomplete Teams: Dubuque Senior

PLACE	FINISHER	TIME	PACE
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#### 1. Hemsstead H S.

1	Caleb Kass, 10	17:44.0	5:42
3	Zach Johnson, 9	18:10.9	5:51
5	Kyle Duehr, 9	18:13.1	5:52
6	Devin Spahn, 10	18:17.0	5:53
8	Denis Masonivic, 9	18:32.0	5:58
15	Grant Misiag-Beckler, 10	18:58.0	6:06
16	Charlie Driscoll, 9	19:43.1	6:21
Total Time = 1:30:57.0		Total Places = 23	

#### 2. Iowa City West

2	Asher Overholt, 10	18:09.9	5:51
7	Robert Stong, 9	18:19.2	5:54
9	Mason Van Waning, 10	18:46.4	6:03
12	Carlo Tran, 10	18:49.0	6:03
13	James Dickens, 10	18:49.2	6:03
19	Zach Buchholz, 10	19:57.3	6:25
24	Anel Vukovic, 9	20:24.8	6:34
Total Time = 1:32:53.7		Total Places = 43	

#### 3. Cedar Rapids Kennedy

4	Crew Geater, 9	18:12.0	5:51
11	Bence Abonyi, 9	18:48.7	6:03
18	Christian Hodgins, 9	19:51.7	6:24
20	Kade Popenhagen, 9	20:01.5	6:27
21	Alexander Volden, 9	20:05.1	6:28
23	Ben Knipfer, 9	20:15.3	6:31
25	Aidan Ziegler, 9	20:31.6	6:36
Total Time = 1:36:59.0		Total Places = 74	

#### 4. Waterloo

10	Josiah Wendland, 9	18:48.4	6:03
14	Chase Nordman, 9	18:56.3	6:06
17	Braden Nystrom, 10	19:48.1	6:22
22	Caleb Kerkove, 9	20:12.1	6:30
26	Sam Lund, 10	21:17.0	6:51
27	Connor Heuthorst, 9	21:45.0	7:00
28	Kale Taylor, 10	23:20.1	7:31
Total Time = 1:39:01.9		Total Places = 89	

PLACE	TEAM PLACE	FINISHER	TIME	PACE	TEAM
1	1	Caleb Kass, 10	17:44.0	5:42	Hemsptead H S.
2	2	Asher Overholt, 10	18:09.9	5:51	Iowa City West
3	3	Zach Johnson, 9	18:10.9	5:51	Hemsptead H S.
4	4	Crew Geater, 9	18:12.0	5:51	Cedar Rapids Kennedy
5	5	Kyle Duehr, 9	18:13.1	5:52	Hemsptead H S.
6	6	Devin Spahn, 10	18:17.0	5:53	Hemsptead H S.
7	7	Robert Stong, 9	18:19.2	5:54	Iowa City West
8	8	Denis Masonivic, 9	18:32.0	5:58	Hemsptead H S.
			6:00 Pace		
9	9	Mason Van Waning, 10	18:46.4	6:03	Iowa City West
10	10	Josiah Wendland, 9	18:48.4	6:03	Waterloo
11	11	Bence Abonyi, 9	18:48.7	6:03	Cedar Rapids Kennedy
12	12	Carlo Tran, 10	18:49.0	6:03	Iowa City West
13	13	James Dickens, 10	18:49.2	6:03	Iowa City West
14		Sam Weber, 9	18:51.3	6:04	Dubuque Senior
15	14	Chase Nordman, 9	18:56.3	6:06	Waterloo
16	15	Grant Misiag-Beckler, 10			
			18:58.0	6:06	Hemsptead H S.
17	16	Charlie Driscoll, 9	19:43.1	6:21	Hemsptead H S.
18	17	Braden Nystrom, 10	19:48.1	6:22	Waterloo
19	18	Christian Hodgins, 9	19:51.7	6:24	Cedar Rapids Kennedy
20	19	Zach Buchholz, 10	19:57.3	6:25	Iowa City West
21		Grant Nelson, 10	20:00.5	6:26	Hemsptead H S.
22	20	Kade Popenhagen, 9	20:01.5	6:27	Cedar Rapids Kennedy
23	21	Alexander Volden, 9	20:05.1	6:28	Cedar Rapids Kennedy
24	22	Caleb Kerkove, 9	20:12.1	6:30	Waterloo
25	23	Ben Knipfer, 9	20:15.3	6:31	Cedar Rapids Kennedy
26	24	Anel Vukovic, 9	20:24.8	6:34	Iowa City West
27		Logan Waters, 9	20:26.5	6:35	Iowa City West
28	25	Aidan Ziegler, 9	20:31.6	6:36	Cedar Rapids Kennedy
29		Malachy Bergmann, 10	20:47.6	6:42	Iowa City West
30		Cade Pakkebieer, 9	20:47.6	6:42	Cedar Rapids Kennedy
31		Reagan Roelofs, 9	20:48.4	6:42	Cedar Rapids Kennedy
32		Will Scott, 9	20:54.1	6:44	Hemsptead H S.
33		Landon Kelly, 9	20:59.9	6:45	Dubuque Senior
34		John Woodward, 10	21:04.8	6:47	Iowa City West
35		James Eichhorn, 9	21:11.0	6:49	Hemsptead H S.
36	26	Sam Lund, 10	21:17.0	6:51	Waterloo
37		Jacob Johnson, 10	21:18.0	6:51	Hemsptead H S.
38		Ben Barker, 9	21:21.7	6:53	Iowa City West
39		Lucas Dolphin, 10	21:42.7	6:59	Cedar Rapids Kennedy
			7:00 Pace		
40	27	Connor Heuthorst, 9	21:45.0	7:00	Waterloo
41		Collin Sweeney, 9	21:45.6	7:00	Cedar Rapids Kennedy
42		Cole Pruett, 9	21:57.5	7:04	Cedar Rapids Kennedy
43		Samuel Ruelas, 9	22:11.1	7:08	Iowa City West
44		Jack Furlong, 9	22:14.7	7:10	Iowa City West
45		Logan Dean, 9	22:19.5	7:11	Dubuque Senior
46		Henry Malcom, 10	22:58.6	7:24	Hemsptead H S.
47	28	Kale Taylor, 10	23:20.1	7:31	Waterloo
48		Logan Odekirk, 9	23:25.7	7:32	Waterloo
49		Micah Schlaak, 9	24:23.7	7:51	Cedar Rapids Kennedy
			8:00 Pace		
50		Kolby Kestell, 10	24:58.7	8:02	Waterloo
			9:00 Pace		
51		Riley Tigges, 9	28:14.8	9:05	Hemsptead H S.

# MVC Valley Divisional XC Meet Varsity Boys

## Dubuque Cross Country Complex

### Oct. 15, 2020

Sunny 52°, WNW 16 MPH, 27% Humidity  
Results by B & W Racing Services

PLACE	TEAM	POINTS	SCORES								AVG. TIME	SPREAD
1	Hemsptead H S.	20	1	3	4	5	7	9	11	16:17.8	0:59.8	
2	Iowa City West	62	6	8	14	15	19	21	34	16:59.0	0:47.2	
3	Cedar Rapids Kennedy	96	12	16	20	23	25	26	41	17:24.6	0:54.7	
4	Dubuque Senior	97	2	18	22	27	28	29	32	17:22.8	1:40.6	
5	Cedar Rapids Jefferso	113	10	13	17	35	38	39	42	17:36.6	1:43.9	
6	Waterloo	174	30	31	33	37	43	44	47	18:18.9	0:47.4	
7	Cr Xavier	191	24	36	40	45	46	48	49	18:31.8	1:09.7	

PLACE	FINISHER	TIME	PACE	PLACE	FINISHER	TIME	PACE
1. Hemsptead H S.				5. Cedar Rapids Jefferso			
1	Ryan Winger, 12	15:41.3	5:03	10	Lukas Lamparek, 12	16:49.5	5:25
3	Derek Leicht, 11	16:14.4	5:14	13	Gavin Hall, 11	16:59.9	5:28
4	Brady Blean, 11	16:24.4	5:17	17	Xander Scaglione, 12	17:19.2	5:34
5	Josh Davis, 12	16:27.7	5:18	35	Zach Egger, 11	18:21.0	5:54
7	Mason Suarez, 12	16:41.0	5:22	38	Quinn Cohen, 11	18:33.4	5:58
9	Marcus Leitzen, 11	16:46.1	5:24	39	Cael Abrams, 12	18:36.3	5:59
11	George Holesinger, 11	16:49.6	5:25	42	Jack Goudy, 12	18:47.9	6:03
Total Time = 1:21:28.8    Total Places = 20				Total Time = 1:28:03.0    Total Places = 113			
2. Iowa City West				6. Waterloo			
6	Caden Noeller, 11	16:34.9	5:20	30	Andrew Tracy, 11	18:01.8	5:48
8	Seth Cheney, 10	16:43.7	5:23	31	Andrew Congdon, 11	18:07.0	5:50
14	Mohan Kumar, 12	17:06.3	5:30	33	Kaelan Eilers, 11	18:12.3	5:52
15	Tosh Klever, 12	17:07.8	5:31	37	Ian Lucas, 11	18:24.2	5:55
19	Drew Peterson, 12	17:22.1	5:35	43	Cooper Paxton, 10	18:49.1	6:03
21	Sebastian Cochran, 12	17:27.7	5:37	44	Preston Engstrom, 12	18:49.2	6:03
34	Ike Taylor, 12	18:18.7	5:54	47	Ryan Bulver, 11	18:59.2	6:07
Total Time = 1:24:54.8    Total Places = 62				Total Time = 1:31:34.4    Total Places = 174			
3. Cedar Rapids Kennedy				7. Cr Xavier			
12	Miles Wilson, 10	16:54.1	5:26	24	Randall Kinner, 11	17:48.0	5:44
16	Jacob Bruns, 9	17:11.4	5:32	36	Bryor Hansel, 12	18:24.2	5:55
20	Henry McMahan, 9	17:27.7	5:37	40	Brady Horstmann, 11	18:36.7	5:59
23	Dylan Sines, 12	17:40.8	5:41	45	Marcus Camacho, 9	18:52.1	6:04
25	Jacob Horton, 10	17:48.7	5:44	46	Alec Battien, 10	18:57.6	6:06
26	Connor McGovern, 11	17:50.8	5:45	48	John Trotta, 12	19:05.4	6:09
41	Reece Murrav, 9	18:43.9	6:02	49	Lucas Lowder, 12	20:19.2	6:32
Total Time = 1:27:02.7    Total Places = 96				Total Time = 1:32:38.6    Total Places = 191			
4. Dubuque Senior							
2	Conner Kilgore, 12	16:12.0	5:13				
18	Robert Howes, 10	17:20.7	5:35				
22	Jack Tonn, 11	17:37.5	5:40				
27	Nick Conforti, 10	17:50.8	5:45				
28	Zach Kahle, 12	17:52.6	5:45				
29	Eli Smith, 10	17:57.8	5:47				
32	Ryan Klauer, 11	18:07.4	5:50				
Total Time = 1:26:53.6    Total Places = 97							

PLACE	TEAM PLACE	FINISHER	TIME	PACE	TEAM
1	1	Ryan Winger, 12	15:41.3	5:03	Hemsptead H S.
2	2	Conner Kilgore, 12	16:12.0	5:13	Dubuque Senior
3	3	Derek Leicht, 11	16:14.4	5:14	Hemsptead H S.
4	4	Brady Blean, 11	16:24.4	5:17	Hemsptead H S.
5	5	Josh Davis, 12	16:27.7	5:18	Hemsptead H S.
6	6	Caden Noeller, 11	16:34.9	5:20	Iowa City West
7	7	Mason Suarez, 12	16:41.0	5:22	Hemsptead H S.
8	8	Seth Cheney, 10	16:43.7	5:23	Iowa City West
9	9	Marcus Leitzen, 11	16:46.1	5:24	Hemsptead H S.
10	10	Lukas Lamparek, 12	16:49.5	5:25	Cedar Rapids Jefferso
11	11	George Holesinger, 11	16:49.6	5:25	Hemsptead H S.
12	12	Miles Wilson, 10	16:54.1	5:26	Cedar Rapids Kennedy
13		Jonathon O'Brien, 11	16:55.1	5:27	Hemsptead H S.
14	13	Gavin Hall, 11	16:59.9	5:28	Cedar Rapids Jefferso
15	14	Mohan Kumar, 12	17:06.3	5:30	Iowa City West
16	15	Tosh Klever, 12	17:07.8	5:31	Iowa City West
17	16	Jacob Bruns, 9	17:11.4	5:32	Cedar Rapids Kennedy
18		John Maloney, 9	17:16.2	5:34	Hemsptead H S.
19	17	Xander Scaglione, 12	17:19.2	5:34	Cedar Rapids Jefferso
20	18	Robert Howes, 10	17:20.7	5:35	Dubuque Senior
21	19	Drew Peterson, 12	17:22.1	5:35	Iowa City West
22		Andrew Johnson, 12	17:26.6	5:37	Hemsptead H S.
23	20	Henry McMahan, 9	17:27.7	5:37	Cedar Rapids Kennedy
24	21	Sebastian Cochran, 12	17:27.7	5:37	Iowa City West
25	22	Jack Tonn, 11	17:37.5	5:40	Dubuque Senior
26	23	Dylan Sines, 12	17:40.8	5:41	Cedar Rapids Kennedy
27	24	Randall Kinner, 11	17:48.0	5:44	Cr Xavier
28	25	Jacob Horton, 10	17:48.7	5:44	Cedar Rapids Kennedy
29	26	Connor McGovern, 11	17:50.8	5:45	Cedar Rapids Kennedy
30	27	Nick Conforti, 10	17:50.8	5:45	Dubuque Senior
31	28	Zach Kahle, 12	17:52.6	5:45	Dubuque Senior
32	29	Eli Smith, 10	17:57.8	5:47	Dubuque Senior
33	30	Andrew Tracy, 11	18:01.8	5:48	Waterloo
34	31	Andrew Congdon, 11	18:07.0	5:50	Waterloo
35	32	Ryan Klauer, 11	18:07.4	5:50	Dubuque Senior
36		Owen Nauman, 9	18:11.3	5:51	Dubuque Senior
37	33	Kaelan Eilers, 11	18:12.3	5:52	Waterloo
38	34	Ike Taylor, 12	18:18.7	5:54	Iowa City West
39	35	Zach Egger, 11	18:21.0	5:54	Cedar Rapids Jefferso
40		Easton Stackis, 11	18:24.0	5:55	Dubuque Senior
41	36	Bryor Hansel, 12	18:24.2	5:55	Cr Xavier
42	37	Ian Lucas, 11	18:24.2	5:55	Waterloo
43		Owen Hull, 10	18:32.1	5:58	Dubuque Senior
44	38	Quinn Cohen, 11	18:33.4	5:58	Cedar Rapids Jefferso
45		346c2c7	18:33.5	5:58	
46	39	Cael Abrams, 12	18:36.3	5:59	Cedar Rapids Jefferso
47	40	Brady Horstmann, 11	18:36.7	5:59	Cr Xavier
			6:00 Pace		
48	41	Reece Murray, 9	18:43.9	6:02	Cedar Rapids Kennedy
49	42	Jack Goudy, 12	18:47.9	6:03	Cedar Rapids Jefferso
50	43	Cooper Paxton, 10	18:49.1	6:03	Waterloo
51	44	Preston Engstrom, 12	18:49.2	6:03	Waterloo
52	45	Marcus Camacho, 9	18:52.1	6:04	Cr Xavier
53	46	Alec Battien, 10	18:57.6	6:06	Cr Xavier
54	47	Ryan Bulver, 11	18:59.2	6:07	Waterloo
55		Layton Ritter, 11	19:02.1	6:08	Waterloo
56		Caleb Moe, 11	19:04.3	6:08	Waterloo
57	48	John Trotta, 12	19:05.4	6:09	Cr Xavier
58		Sam Jahnke, 12	19:06.5	6:09	Cedar Rapids Jefferso
59		Nathan Pearson, 12	19:09.8	6:10	Cedar Rapids Jefferso
60		Bryce Grissom, 11	19:12.5	6:11	Cedar Rapids Jefferso
61	49	Lucas Lowder, 12	20:19.2	6:32	Cr Xavier

# MVC Valley Divisional XC Meet Fresh Soph Girls

## Dubuque Cross Country Complex

### Oct. 15, 2020

Sunny 52°, WNW 16 MPH, 28% Humidity  
Results by B & W Racing Services

PLACE	TEAM	POINTS	SCORES							AVG. TIME SPREAD	
1	Dubuque Senior	16	1	2	3	4	6	7	8	21:44.0	1:02.5
2	Iowa City West	61	5	9	13	16	18			24:46.1	6:21.7
3	Hempstead	62	10	11	12	14	15	17	19	24:00.3	1:54.0

Incomplete Teams: Cedar Rapids Kennedy

PLACE	FINISHER	TIME	PACE
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#### 1. Dubuque Senior

1	Clara Wagner, 9	21:14.0	6:50
2	Georgia Harms, 10	21:19.1	6:52
3	Josie Potts, 10	21:41.5	6:59
4	Lily Krapfl, 10	22:08.7	7:08
6	Ella Gunn, 10	22:16.5	7:10
7	Anna Haber, 10	22:17.6	7:10
8	Julia Kilgore, 10	22:48.2	7:20
Total Time = 1:48:39.8		Total Places = 16	

#### 2. Iowa City West

5	Cindy Wang, 9	22:13.8	7:09
9	Violet Clark, 9	23:04.4	7:26
13	Leslie Kimura, 9	24:38.1	7:56
16	Cora Abbas, 10	25:18.3	8:09
18	Aubrey Miller, 10	28:35.5	9:12
Total Time = 2:03:50.1		Total Places = 61	

#### 3. Hempstead

10	Lauren Gehl, 9	23:09.3	7:27
11	Audrey Hruska, 9	23:24.3	7:32
12	Lauren Henneberry, 9	23:45.3	7:39
14	Kourtney Berns, 9	24:39.3	7:56
15	Emily Davisdon, 10	25:03.3	8:04
17	Sydney Block, 10	26:30.2	8:32
19	Katherine Moore, 9	30:06.0	9:41
Total Time = 2:00:01.5		Total Places = 62	

PLACE	TEAM	PLACE	FINISHER	TIME	PACE	TEAM
1		1	Clara Wagner, 9	21:14.0	6:50	Dubuque Senior
2		2	Georgia Harms, 10	21:19.1	6:52	Dubuque Senior
3		3	Josie Potts, 10	21:41.5	6:59	Dubuque Senior
4		4	Lily Krapfl, 10	22:08.7	7:08	Dubuque Senior
5		5	Cindy Wang, 9	22:13.8	7:09	Iowa City West
6		6	Ella Gunn, 10	22:16.5	7:10	Dubuque Senior
7		7	Anna Haber, 10	22:17.6	7:10	Dubuque Senior
8		8	Julia Kilgore, 10	22:48.2	7:20	Dubuque Senior
9		9	Violet Clark, 9	23:04.4	7:26	Iowa City West
10		10	Lauren Gehl, 9	23:09.3	7:27	Hempstead
11		11	Audrey Hruska, 9	23:24.3	7:32	Hempstead
12		12	Ashlyn Blockhus, 10	23:33.3	7:35	Cedar Rapids Kennedy
13		13	Lauren Henneberry, 9	23:45.3	7:39	Hempstead
14		14	Eva Ford, 9	23:54.4	7:42	Cedar Rapids Kennedy
15		15	Ella Donovan, 9	23:54.5	7:42	Dubuque Senior
16		16	Lauren Nemmers, 9	24:20.8	7:50	Dubuque Senior
17		17	Leslie Kimura, 9	24:38.1	7:56	Iowa City West
18		18	Kourtney Berns, 9	24:39.3	7:56	Hempstead
19		19	London Montgomery, 9	24:48.3	7:59	Dubuque Senior
20		20	Emily Davisdon, 10	25:03.3	8:04	Hempstead
21		21	Carly Hefel, 10	25:04.1	8:04	Dubuque Senior
22		22	Cora Abbas, 10	25:18.3	8:09	Iowa City West
23		23	Grace Hallam, 9	25:33.2	8:13	Cedar Rapids Kennedy
24		24	Ava Poppen, 9	25:35.5	8:14	Dubuque Senior
25		25	Sydney Block, 10	26:30.2	8:32	Hempstead
26		26	Hannah Reel, 10	27:00.3	8:41	Dubuque Senior
27		27	Rosalynd Hoefflin, 9	27:52.3	8:58	Dubuque Senior
28		28	Aubrey Miller, 10	28:35.5	9:12	Iowa City West
29		29	Katherine Moore, 9	30:06.0	9:41	Hempstead
30		30	Rachel Richter, 9	30:08.5	9:42	Hempstead
31		31	Alli Cook, 9	30:45.3	9:54	Dubuque Senior
32		32	Laura Brito, 9	40:35.5	13:04	Hempstead

# MVC Valley Divisional XC Meet Varsity Girls

## Dubuque Cross Country Complex

### Oct. 15, 2020

Sunny 48°, WNW 13 MPH, 28% Humidity  
Results by B & W Racing Services

PLACE	TEAM	POINTS	SCORES							AVG. TIME	SPREAD
1	Dubuque Senior	32	2	3	7	9	11	13	17	19:15.7	2:00.8
2	Hempstead	39	1	4	5	14	15	16	21	19:18.6	2:27.3
3	Cedar Rapids Kennedy	73	6	10	12	22	23	30	33	20:12.7	1:49.8
4	Iowa City West	91	8	18	19	20	26	27	28	20:34.3	1:43.1
5	Waterloo West	171	24	32	35	36	44	46	47	22:54.1	3:24.1
6	Jefferson	176	29	31	37	39	40	45	49	23:02.8	2:17.6
7	Xavier	180	25	34	38	41	42	43	48	23:14.9	2:59.7

#### Incomplete Teams:

PLACE	FINISHER	TIME	PACE	PLACE	FINISHER	TIME	PACE
1. Dubuque Senior				47 Laura Hepworth, 12 25:12.5 8:07			
2	Lillian Schmidt, 12	18:02.1	5:48	Total Time = 1:54:30.3 Total Places = 171			
3	Izzy Gorton, 12	18:49.5	6:04	6. Jefferson			
7	Lucia Nelson, 12	19:30.0	6:17	29	Elizabeth Barraso, 12	21:34.3	6:57
9	Leah Klatatauskas, 9	19:54.0	6:24	31	Katrina Truit, 12	22:31.2	7:15
11	Kaitlyn Miller, 9	20:02.8	6:27	37	Megan Bumpus, 10	23:30.0	7:34
13	Elyza Hoffman, 12	20:13.1	6:30	39	Paige Wiebke, 12	23:46.5	7:39
17	Hanna Walsh, 12	20:26.4	6:35	40	Hannah Hoeger, 12	23:51.9	7:41
Total Time = 1:36:18.4 Total Places = 32				45	Anna Deam, 11	24:38.4	7:56
2. Hempstead				49	Taylor Troy, 11	25:26.0	8:11
1	Keelee Leitzen, 9	17:53.7	5:46	Total Time = 1:55:13.9 Total Places = 176			
4	Brooke O'Brien, 10	18:55.7	6:06	7. Xavier			
5	Julia Gehl, 9	19:03.6	6:08	25	Lizzy Schmitt, 12	21:11.4	6:49
14	Ellie Hermiston, 9	20:18.6	6:32	34	Hope Schulte, 12	23:05.2	7:26
15	Audrey Franklin, 12	20:21.0	6:33	38	Eden Campbell, 11	23:38.7	7:37
16	Emily Richter, 12	20:26.2	6:35	41	Alma Cosgrove, 10	24:08.0	7:46
21	Maddie Digman, 10	20:41.0	6:39	42	Faith Karl, 11	24:11.0	7:47
Total Time = 1:36:32.6 Total Places = 39				43	Madelyn Dake, 11	24:15.7	7:49
3. Cedar Rapids Kennedy				48	Maddie Serbousek, 12	25:18.4	8:09
6	Bethany Smeed, 11	19:12.9	6:11	Total Time = 1:56:14.3 Total Places = 180			
10	Anabel Bradley, 10	19:55.4	6:25				
12	Lauren Gray, 12	20:03.4	6:27				
22	Erica Schulte, 12	20:49.1	6:42				
23	Sarah Grams, 12	21:02.6	6:46				
30	Kayleigh Duncan, 11	21:50.8	7:02				
33	Rebekkah Martin, 11	22:57.9	7:23				
Total Time = 1:41:03.4 Total Places = 73							
4. Iowa City West							
8	Maddy Negley, 12	19:46.1	6:22				
18	Vicki Carrica, 10	20:29.7	6:36				
19	Sara Alaya, 11	20:32.4	6:37				
20	Gabby Moniza, 9	20:33.7	6:37				
26	Katie Hoefler, 12	21:29.2	6:55				
27	Erinn Varga, 9	21:29.2	6:55				
28	Mattie Harms, 11	21:30.6	6:55				
Total Time = 1:42:51.1 Total Places = 91							
5. Waterloo West							
24	Charlotte Gettman, 9	21:04.4	6:47				
32	Victoria Knight, 12	22:38.5	7:17				
35	Alivia See, 12	23:05.3	7:26				
36	Madison Tieskotter, 11	23:13.7	7:29				
44	Eleanor Filippone, 12	24:28.4	7:53				
46	Ajla Dzelic, 12	24:54.7	8:01				



PLACE	TEAM PLACE	FINISHER	TIME	PACE	TEAM
1	1	Keelee Leitzen, 9	17:53.7	5:46	Hempstead
2	2	Lillian Schmidt, 12	18:02.1	5:48	Dubuque Senior
			6:00	Pace	
3	3	Izzy Gorton, 12	18:49.5	6:04	Dubuque Senior
4	4	Brooke O'Brien, 10	18:55.7	6:06	Hempstead
5	5	Julia Gehl, 9	19:03.6	6:08	Hempstead
6	6	Bethany Smeed, 11	19:12.9	6:11	Cedar Rapids Kennedy
7	7	Lucia Nelson, 12	19:30.0	6:17	Dubuque Senior
8	8	Maddy Negley, 12	19:46.1	6:22	Iowa City West
9	9	Leah Klatatauskas, 9	19:54.0	6:24	Dubuque Senior
10	10	Anabel Bradley, 10	19:55.4	6:25	Cedar Rapids Kennedy
11	11	Kaitlyn Miller, 9	20:02.8	6:27	Dubuque Senior
12	12	Lauren Gray, 12	20:03.4	6:27	Cedar Rapids Kennedy
13	13	Elyza Hoffman, 12	20:13.1	6:30	Dubuque Senior
14	14	Ellie Hermiston, 9	20:18.6	6:32	Hempstead
15	15	Audrey Franklin, 12	20:21.0	6:33	Hempstead
16	16	Emily Richter, 12	20:26.2	6:35	Hempstead
17	17	Hanna Walsh, 12	20:26.4	6:35	Dubuque Senior
18	18	Vicki Carrica, 10	20:29.7	6:36	Iowa City West
19	19	Sara Alaya, 11	20:32.4	6:37	Iowa City West
20	20	Gabby Moniza, 9	20:33.7	6:37	Iowa City West
21	21	Maddie Digman, 10	20:41.0	6:39	Hempstead
22		Eva Wood, 12	20:41.1	6:39	Dubuque Senior
23	22	Erica Schulte, 12	20:49.1	6:42	Cedar Rapids Kennedy
24		Natalie Schlichte, 10	20:52.2	6:43	Hempstead
25		Anna Besler, 10	20:52.8	6:43	Hempstead
26		Evelyn Jenkins, 12	20:53.0	6:43	Dubuque Senior
27	23	Sarah Grams, 12	21:02.6	6:46	Cedar Rapids Kennedy
28	24	Charlotte Gettman, 9	21:04.4	6:47	Waterloo West
29		Isabel Brauhn, 9	21:05.6	6:47	Hempstead
30	25	Lizzy Schmitt, 12	21:11.4	6:49	Xavier
31	26	Katie Hoefler, 12	21:29.2	6:55	Iowa City West
32	27	Erinn Varga, 9	21:29.2	6:55	Iowa City West
33	28	Mattie Harms, 11	21:30.6	6:55	Iowa City West
34	29	Elizabeth Barraso, 12	21:34.3	6:57	Jefferson
			7:00	Pace	
35	30	Kayleigh Duncan, 11	21:50.8	7:02	Cedar Rapids Kennedy
36	31	Katrina Truit, 12	22:31.2	7:15	Jefferson
37	32	Victoria Knight, 12	22:38.5	7:17	Waterloo West
38	33	Rebekkah Martin, 11	22:57.9	7:23	Cedar Rapids Kennedy
39	34	Hope Schulte, 12	23:05.2	7:26	Xavier
40	35	Alivia See, 12	23:05.3	7:26	Waterloo West
41	36	Madison Tieskotter, 11	23:13.7	7:29	Waterloo West
42	37	Megan Bumpus, 10	23:30.0	7:34	Jefferson
43		3461d40	23:30.1	7:34	
44	38	Eden Campbell, 11	23:38.7	7:37	Xavier
45	39	Paige Wiebke, 12	23:46.5	7:39	Jefferson
46	40	Hannah Hoeger, 12	23:51.9	7:41	Jefferson
47	41	Alma Cosgrove, 10	24:08.0	7:46	Xavier
48	42	Faith Karl, 11	24:11.0	7:47	Xavier
49	43	Madelyn Dake, 11	24:15.7	7:49	Xavier
50	44	Eleanor Filippone, 12	24:28.4	7:53	Waterloo West
51	45	Anna Deam, 11	24:38.4	7:56	Jefferson
			8:00	Pace	
52	46	Ajla Dzelic, 12	24:54.7	8:01	Waterloo West
53	47	Laura Hepworth, 12	25:12.5	8:07	Waterloo West
54	48	Maddie Serbousek, 12	25:18.4	8:09	Xavier
55	49	Taylor Troy, 11	25:26.0	8:11	Jefferson

# MVC Valley Divisional XC Meet JV Girls

## Dubuque Cross Country Complex

### Oct. 15, 2020

Sunny 52°, WNW 16 MPH, 28% Humidity  
Results by B & W Racing Services

PLACE	TEAM	POINTS	SCORES							AVG. TIME	SPREAD
1	Dubuque Senior	24	2	3	4	5	10	11	21	21:43.6	1:08.5
2	Hempstead	47	6	7	9	12	13	14	20	22:21.0	1:12.9
3	Iowa City West	57	1	8	15	16	17	18	19	22:43.6	2:25.4
4	Waterloo West	120	22	23	24	25	26			27:31.6	4:51.6

Incomplete Teams: Cedar Rapids Kennedy, Jefferson, Xavier

PLACE	FINISHER	TIME	PACE
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#### 1. Dubuque Senior

2	Julianne Caceres, 11	21:16.5	6:51
3	Alora Rapp Uptegraph, 12	21:29.1	6:55
4	Caylie Kosanke, 11	21:41.0	6:59
5	Cali Rampton, 12	21:46.0	7:00
10	Emma Loney, 12	22:25.0	7:13
11	Emma Chambers, 11	22:27.2	7:14
21	Reagan Whalen, 12	24:33.6	7:54
Total Time = 1:48:37.6		Total Places = 24	

#### 2. Hempstead

6	Trinity Kessler, 11	21:47.3	7:01
7	Emily Onken, 11	21:47.5	7:01
9	Jamie Weidemann, 12	22:20.2	7:11
12	Kaylee Herrig, 11	22:49.7	7:21
13	Amelia Benham, 12	23:00.1	7:24
14	Ella Heim, 12	23:06.5	7:26
20	Samantha Schmitt, 11	24:15.5	7:48
Total Time = 1:51:44.8		Total Places = 47	

#### 3. Iowa City West

1	Emma Kearney, 12	21:10.4	6:49
8	Brianna Newton, 11	22:18.7	7:11
15	Anna Moore, 12	23:09.6	7:27
16	Kaisa Whittaker, 12	23:23.3	7:32
17	Payton DeVena, 11	23:35.8	7:36
18	Jasmine Ortega, 11	24:01.9	7:44
19	Annabel Hendrickson, 12	24:11.7	7:47
Total Time = 1:53:37.8		Total Places = 57	

#### 4. Waterloo West

22	Isabelle Stoffer, 11	25:51.5	8:19
23	Kathleen Hepworth, 12	26:14.0	8:27
24	Emma Schellhorn, 12	27:24.3	8:49
25	Lydia Illiff, 12	27:24.9	8:49
26	Mya Johnson, 10	30:43.1	9:53
Total Time = 2:17:37.8		Total Places = 120	

PLACE	TEAM	FINISHER	TIME	PACE	TEAM
1	1	Emma Kearney, 12	21:10.4	6:49	Iowa City West
2	2	Julianne Caceres, 11	21:16.5	6:51	Dubuque Senior
3	3	Alora Rapp Uptegraph, 12	21:29.1	6:55	Dubuque Senior
4	4	Caylie Kosanke, 11	21:41.0	6:59	Dubuque Senior
				7:00 Pace	
5	5	Cali Rampton, 12	21:46.0	7:00	Dubuque Senior

6	6	Trinity Kessler, 11	21:47.3	7:01	Hempstead
7	7	Emily Onken, 11	21:47.5	7:01	Hempstead
8	8	Brianna Newton, 11	22:18.7	7:11	Iowa City West
9	9	Jamie Weidemann, 12	22:20.2	7:11	Hempstead
10	10	Emma Loney, 12	22:25.0	7:13	Dubuque Senior
11	11	Emma Chambers, 11	22:27.2	7:14	Dubuque Senior
12	12	Kaylee Herrig, 11	22:49.7	7:21	Hempstead
13		Emily Fusselman, 12	22:57.5	7:23	Cedar Rapids Kennedy
14	13	Amelia Benham, 12	23:00.1	7:24	Hempstead
15	14	Ella Heim, 12	23:06.5	7:26	Hempstead
16	15	Anna Moore, 12	23:09.6	7:27	Iowa City West
17	16	Kaisa Whittaker, 12	23:23.3	7:32	Iowa City West
18	17	Payton DeVena, 11	23:35.8	7:36	Iowa City West
19	18	Jasmine Ortega, 11	24:01.9	7:44	Iowa City West
20	19	Annabel Hendrickson, 12			
			24:11.7	7:47	Iowa City West
21	20	Samantha Schmitt, 11	24:15.5	7:48	Hempstead
22		Cecelia Darter, 11	24:20.9	7:50	Hempstead
23		Anna Gehl, 11	24:21.3	7:50	Hempstead
24		Bella Dougherty, 10	24:28.6	7:53	Jefferson
25		Allison Talyat, 12	24:29.6	7:53	Xavier
26		Allison Ehlinger, 12	24:33.6	7:54	Hempstead
27	21	Reagan Whalen, 12	24:33.6	7:54	Dubuque Senior
28		Chloe Timmerman, 12	24:35.2	7:55	Hempstead
29		Grace Becker, 12	24:35.9	7:55	Hempstead
			8:00 Pace		
30		Whitney Markham, 12	24:50.9	8:00	Cedar Rapids Kennedy
31		Ava Schilling, 12	25:10.0	8:06	Dubuque Senior
32		Josie Duccini, 12	25:16.2	8:08	Dubuque Senior
33		Claire Lahey, 11	25:19.1	8:09	Hempstead
34		Lucy Conlon, 12	25:22.4	8:10	Hempstead
35		Kelsey Palmer, 11	25:44.2	8:17	Jefferson
36		Clairie Bennett, 12	25:46.5	8:18	Hempstead
37	22	Isabelle Stoffer, 11	25:51.5	8:19	Waterloo West
38		Avery Arens, 12	25:56.4	8:21	Xavier
39		Kamille Berns, 11	26:04.2	8:23	Hempstead
40		Ava Bergquist, 11	26:10.7	8:26	Hempstead
41	23	Kathleen Hepworth, 12	26:14.0	8:27	Waterloo West
42		Mariah Clay, 12	26:23.4	8:30	Dubuque Senior
43		Paige Denman, 10	26:24.9	8:30	Xavier
44		Lily Hoefflin, 11	26:35.3	8:33	Dubuque Senior
45		Anna Warkel, 12	27:22.9	8:49	Jefferson
46	24	Emma Schellhorn, 12	27:24.3	8:49	Waterloo West
47	25	Lydia Illiff, 12	27:24.9	8:49	Waterloo West
			9:00 Pace		
48		Peyton Connolly, 12	28:11.5	9:04	Hempstead
49		Ana Maria Cawley, 11	28:32.4	9:11	Xavier
50		Grace Herrig, 11	28:46.1	9:16	Dubuque Senior
51		Jennifer Villanueva, 12	29:10.7	9:23	Hempstead
52		Zoe Schultz, 11	30:15.8	9:44	Hempstead
53	26	Mya Johnson, 10	30:43.1	9:53	Waterloo West
			10:00 Pace		
54		Nadia Vang, 12	31:02.7	10:00	Hempstead
55		Haley Rindfleifch, 12	31:05.4	10:00	Hempstead
56		Hannah Williams, 11	33:20.5	10:44	Hempstead
			11:00 Pace		
57		Maddie Timmerman, 12			
			36:00.7	11:35	Hempstead