

XC V PLACES

Position	Score	Bib	Name	Team	Grade	Time
1	1	18	Rebecca Anderson	Decorah	V	19:09.68
2	2	128	Jalyssa Blazek	Turkey Valley	V	20:11.54
3	3	103	Billie Wagner	South Winn.	V	20:33.78
4	4	105	Eryn Sabelka	South Winn.	V	21:06.95
5	5	99	Josie Tieskoetter	South Winn.	V	21:08.82
6	6	146	Ali Russler	New Hampton	V	21:16.67
7	7	78	Chloe Matthews	Nashua	V	21:18.62
8	8	24	Leila Johnson	Decorah	V	21:24.26
9	9	131	Cambree Kruse	Turkey Valley	V	21:33.67
10	10	1	Delaney Scherf	Central	V	21:34.07
11	11	2	Hannah Asche	Central	V	21:34.26
12	12	101	Megan Hageman	South Winn.	V	21:46.41
13	13	21	Kriya Atwell	Decorah	V	21:54.08
14	14	111	Annika Headington	Waukon	V	21:56.44
15	15	23	Samantha See	Decorah	V	22:03.05
16	16	114	Madelyn Helgerson	Waukon	V	22:10.29
17	17	20	Madison Tollefson	Decorah	V	22:18.24
18	18	127	Jaycie Byrne	Turkey Valley	V	22:23.55
19	19	22	Abby Halverson	Decorah	V	22:29.38
20	20	107	Bailey Shafer	Waukon	V	22:41.06
21	21	19	Annalise Skrade	Decorah	V	22:43.19
22	22	92	Clare Grau	MFL	V	22:47.67
23	23	3	Allie Mussman	Central	V	22:48.74
24	24	79	Aubrey Eick	Nashua	V	22:51.51
25	25	118	Paige Hansmeier	Waukon	V	23:17.22
26	26	109	Madelyn Waters	Waukon	V	23:18.10
27	27	80	Jennah Carpenter	Nashua	V	23:18.62
28	28	120	Cameron Johnson	Waukon	V	23:19.88
29	29	81	Ellie Eick	Nashua	V	23:25.11
30	30	100	Anna Dietzenbach	South Winn.	V	23:28.71
31	31	7	Jaydin Dettman	Central	V	23:37.41
32	32	82	Kara Levi	Nashua	V	23:38.32
33	33	6	Taylor Moser	Central	V	23:41.73
34	34	119	Kaitlyn Krambeer	Waukon	V	24:01.89
35	35	95	Kaylee Walch	MFL	V	24:16.35
36	36	130	Rosalie Busta	Turkey Valley	V	24:38.08
37	37	150	Catherine Pethoud	New Hampton	V	24:38.35
38		14	Michaela Blume	Clayton Ridge	V	24:54.67
39	38	149	Grace Burrett	New Hampton	V	25:13.35
40	39	148	Campbelle Kolbet	New Hampton	V	25:13.52
41	40	147	Natalie Marr	New Hampton	V	25:44.53
42	41	5	Maria Medberry	Central	V	25:49.36
43	42	4	Haley Mueller	Central	V	25:52.13
44		15	Abby Gaul	Clayton Ridge	V	26:15.27
45	43	129	Hailey Elsbernd	Turkey Valley	V	26:29.67
46	44	93	Ruby Koeller	MFL	V	26:37.93
47	45	83	Tamra Trewin	Nashua	V	26:43.69
48	46	89	Alexis Ross	MFL	V	27:31.86
49	47	94	Kaylee Nuehring	MFL	V	27:43.23
50	48	90	Cadence Weber	MFL	V	28:24.36
51	49	126	Kourtney Schmidt	Turkey Valley	V	29:09.87
52	50	85	Emma O'Neill	Nashua	V	30:23.42

SW XC GIRLS V SCHOOL RESULTS

Team

54	Decorah	1	8	13	15	17	19	21
54	South Winn.	3	4	5	12	30		
101	Waukon	14	16	20	25	26	28	34
108	Central	10	11	23	31	33	42	43
108	Turkey Valley	2	9	18	36	45	51	
115	Postville							
119	Nashua	7	24	27	29	32	47	52
160	New Hampton	6	37	39	40	41		
194	MFL	22	35	46	48	49	50	
	Clayton Ridge	38	44					
	Prairie							

Decorah

Score	Name	Grade	Time
1	Rebecca Anderson	V	19:09.68
8	Leila Johnson	V	21:24.26
13	Kriya Atwell	V	21:54.08
15	Samantha See	V	22:03.05
17	Madison Tollefson	V	22:18.24
19	Abby Halverson	V	22:29.38
21	Annalise Skrade	V	22:43.19
54			1:46:49

South Winn.

Score	Name	Grade	Time
3	Billie Wagner	V	20:33.78
4	Eryn Sabelka	V	21:06.95
5	Josie Tieskoetter	V	21:08.82
12	Megan Hageman	V	21:46.41
30	Anna Dietzenbach	V	23:28.71
54			1:48:05

Waukon

Score	Name	Grade	Time
14	Annika Headington	V	21:56.44
16	Madelyn Helgerson	V	22:10.29
20	Bailey Shafer	V	22:41.06
25	Paige Hansmeier	V	23:17.22
26	Madelyn Waters	V	23:18.10
28	Cameron Johnson	V	23:19.88
34	Kaitlyn Krambeer	V	24:01.89
101			1:53:23

Central

Score	Name	Grade	Time
10	Delaney Scherf	V	21:34.07
11	Hannah Asche	V	21:34.26
23	Allie Mussman	V	22:48.74
31	Jaydin Dettman	V	23:37.41
33	Taylor Moser	V	23:41.73
41	Maria Medberry	V	25:49.36
42	Haley Mueller	V	25:52.13
108			1:53:16

Turkey Valley

Score	Name	Grade	Time
2	Jalyssa Blazek	V	20:11.54
9	Cambree Kruse	V	21:33.67
18	Jaycie Byrne	V	22:23.55
36	Rosalie Busta	V	24:38.08
43	Hailey Elsbernd	V	26:29.67
49	Kourtney Schmidt	V	29:09.87
108			1:55:17

Nashua

Score	Name	Grade	Time
7	Chloe Matthews	V	21:18.62
24	Aubrey Eick	V	22:51.51
27	Jannah Carpenter	V	23:18.62
29	Ellie Eick	V	23:25.11
32	Kara Levi	V	23:38.32
45	Tamra Trewin	V	26:43.69
50	Emma O'Neill	V	30:23.42
119			1:54:32

New Hampton

Score	Name	Grade	Time
6	Ali Russler	V	21:16.67
37	Catherine Pethoud	V	24:38.35
38	Grace Burrett	V	25:13.35

MFL

Score	Name	Grade	Time
22	Clare Grau	V	22:47.67
35	Kaylee Walch	V	24:16.35
44	Ruby Koeller	V	26:37.93

39	Campbelle Kolbet	V	25:13.52
40	Natalie Marr	V	25:44.53
160			2:02:06

46	Alexis Ross	V	27:31.86
47	Kaylee Nuehring	V	27:43.23
48	Cadence Weber	V	28:24.36
194			2:08:57

Clayton Ridge

Score	Name	Grade	Time
	Michaela Blume	V	24:54.67
	Abby Gaul	V	26:15.27

XC V PLACES

Position	Score	Bib	Name	Team	Grade	Time
1	1	16	Brady Hogan	Decorah	V	16:22.77
2	2	17	Noah Lovelace	Decorah	V	17:29.89
3	3	21	Izaak Eichinger	Decorah	V	17:36.33
4	4	138	Dylan Usher	New Hampton	V	17:40.92
5	5	19	Hogan Smith	Decorah	V	17:43.04
6	6	90	Omar Flores	South Winn.	V	17:43.43
7	7	101	Nathan O'Neill	Waukon	V	17:48.57
8	8	96	Chance Adam	South Winn.	V	17:50.53
9	9	18	Arlo Hayes	Decorah	V	17:51.73
10	10	100	Toby Conway	South Winn.	V	17:51.99
11	11	20	Larsson Shockey	Decorah	V	17:52.63
12	12	93	Isaiah Kruckman	South Winn.	V	17:54.61
13	13	4	Keaton Reimer	Clayton Ridge	V	18:20.79
14	14	60	Drew Wilken	Nashua	V	18:28.01
15	15	102	Logan Delaney	Waukon	V	18:32.23
16	16	104	Wyatt Gulla	Waukon	V	18:32.83
17	17	103	Ryan Lubahn	Waukon	V	18:33.78
18	18	22	Bennett Schutte	Decorah	V	18:34.40
19	19	105	John O'Neill	Waukon	V	18:37.90
20	20	6	Gavin Moser	Clayton Ridge	V	18:38.99
21	21	8	Teagan Palmer	Clayton Ridge	V	18:41.65
22		79	Angel Sandoval	Postville	V	18:49.75
23	22	140	Treyce Orr	New Hampton	V	18:50.19
24	23	141	Cam McMorris	New Hampton	V	19:13.51
25	24	142	Hayden Hauser	New Hampton	V	19:25.68
26	25	139	PJ Anderson	New Hampton	V	19:26.93
27	26	143	Jack Shawver	New Hampton	V	19:27.20
28	27	69	Caleb Nordheim	MFL	V	19:39.18
29	28	107	Skyler Dugan	Waukon	V	19:45.13
30	29	5	Jake Harwick	Clayton Ridge	V	19:47.47
31		1	Brayden Finley	Central	V	19:48.89
32	30	94	Ethan Maldonado	South Winn.	V	19:51.31
33		2	Corey Weber	Central	V	19:54.89
34	31	91	Hunter Wagner	South Winn.	V	19:57.31
35	32	61	Kendrick Huck	Nashua	V	20:12.45
36	33	73	William Koether	MFL	V	20:17.92
37	34	7	Erik Flores	Clayton Ridge	V	20:57.16
38	35	76	Colin Moses	MFL	V	20:59.48
39	36	144	Kaiser Croell	New Hampton	V	20:59.87
40	37	11	Jackson Patiño	Clayton Ridge	V	21:27.72
41	38	64	Levi Winters	Nashua	V	22:48.39
42		84	Mario Garcia	Postville	V	23:03.76
43	39	63	Connor Lee	Nashua	V	23:04.05
44	40	62	Keegan Ulrichs	Nashua	V	23:40.29
45	41	74	Cody Moses	MFL	V	24:01.35
46	42	68	Kylee Bries	MFL	V	24:21.95
47	43	66	Koal Klenk	MFL	V	25:04.38

SW XC BOYS V SCHOOL RESULTS

Team		1	2	3	5	9	11	18
20	Decorah							
66	South Winn.	6	8	10	12	32	34	
74	Waukon	7	15	16	17	19	29	
98	New Hampton	4	23	24	25	26	27	39
117	Clayton Ridge	13	20	21	30	37	40	
163	Nashua	14	35	41	43	44		
178	MFL	28	36	38	45	46	47	
	Central	31	33					
	Postville	22	42					
	Turkey Valley							
	Prairie							

Decorah		
Score	Name	Grade Time
1	Brady Hogan	V 16:22.77
2	Noah Lovelace	V 17:29.89
3	Izaak Eichinger	V 17:36.33
5	Hogan Smith	V 17:43.04
9	Arlo Hayes	V 17:51.73
11	Larsson Shockey	V 17:52.63
18	Bennett Schutte	V 18:34.40
20		1:27:04

South Winn.		
Score	Name	Grade Time
6	Omar Flores	V 17:43.43
8	Chance Adam	V 17:50.53
10	Toby Conway	V 17:51.99
12	Isaiah Kruckman	V 17:54.61
30	Ethan Maldonado	V 19:51.31
31	Hunter Wagner	V 19:57.31
66		1:31:12

Waukon		
Score	Name	Grade Time
7	Nathan O'Neill	V 17:48.57
15	Logan Delaney	V 18:32.23
16	Wyatt Gulla	V 18:32.83
17	Ryan Lubahn	V 18:33.78
19	John O'Neill	V 18:37.90
28	Skyler Dugan	V 19:45.13
74		1:32:05

New Hampton		
Score	Name	Grade Time
4	Dylan Usher	V 17:40.92
22	Treyce Orr	V 18:50.19
23	Cam McMorris	V 19:13.51
24	Hayden Hauser	V 19:25.68
25	PJ Anderson	V 19:26.93
26	Jack Shawver	V 19:27.20
36	Kaiser Croell	V 20:59.87
98		1:34:37

Clayton Ridge		
Score	Name	Grade Time
13	Keaton Reimer	V 18:20.79
20	Gavin Moser	V 18:38.99
21	Teagan Palmer	V 18:41.65
29	Jake Harwick	V 19:47.47
34	Erik Flores	V 20:57.16
37	Jackson Patiño	V 21:27.72
117		1:36:26

Nashua		
Score	Name	Grade Time
14	Drew Wilken	V 18:28.01
32	Kendrick Huck	V 20:12.45
38	Levi Winters	V 22:48.39
39	Connor Lee	V 23:04.05
40	Keegan Ulrichs	V 23:40.29
163		1:48:13

MFL		
Score	Name	Grade Time
27	Caleb Nordheim	V 19:39.18
33	William Koether	V 20:17.92
35	Colin Moses	V 20:59.48
41	Cody Moses	V 24:01.35

Central		
Score	Name	Grade Time
	Brayden Finley	V 19:48.89
	Corey Weber	V 19:54.89

42	Kylee Bries	V	24:21.95
43	Koal Klenk	V	25:04.38
178			1:49:20

Postville

Score	Name	Grade	Time
	Angel Sandoval	V	18:49.75
	Mario Garcia	V	23:03.76

XC JV PLACES

Position	Score	Bib	Name	Team	Grade	Time
1	1	72	Taryn Sanderman	Deco	JV	22:42.83
2	2	47	Brielle Buresh	Deco	JV	23:06.00
3	3	58	Rachel Bower	Deco	JV	23:10.46
4	4	69	Mya Numedahl	Deco	JV	23:18.60
5	5	124	Mia Kurth	Waul	JV	23:22.83
6	6	31	Brynn Storhoff	Deco	JV	23:24.03
7	7	27	Danielle Losen	Deco	JV	23:38.51
8	8	26	Kathryn Kelly	Deco	JV	23:40.85
9		59	Morgan Brauer	Deco	JV	23:59.86
10		65	Maggie Kane	Deco	JV	24:02.08
11		44	Mairi Sessions	Deco	JV	24:06.55
12		104	Ella Wiley	South	JV	24:15.36
13		25	Grace Brynsaas	Deco	JV	24:35.53
14		57	Abby Bolson	Deco	JV	25:00.33
15		68	Kaia Neal	Deco	JV	25:03.24
16		71	Clara Rooney	Deco	JV	25:05.56
17		106	Emma Houdek	South	JV	25:07.82
18		75	Grace Thompson	Deco	JV	25:11.62
19	9	117	Hailie Hanson	Waul	JV	25:13.68
20		29	Claire Schutte	Deco	JV	25:36.21
21	10	122	Breckan Stewart	Waul	JV	25:39.01
22		74	Payton Taylor	Deco	JV	25:39.21
23		66	Anja Madsen	Deco	JV	25:45.91
24		43	Hannah Schnitzler	Deco	JV	26:04.55
25		42	Sylvia Sandhorst	Deco	JV	26:05.80
26		76	Cady Peterson	Deco	JV	26:08.75
27		40	Megan Roe	Deco	JV	26:15.31
28	11	108	Olivia Byrnes	Waul	JV	26:17.76
29		98	Josie Tollefsrud	South	JV	26:28.65
30		53	Abby Moen	Deco	JV	26:36.48
31		30	Naomi Simon	Deco	JV	26:37.56
32		97	Jarexy Vega	Post	JV	26:42.47
33		55	Ruby Sullivan	Deco	JV	26:45.54
34		49	Lexie Engen	Deco	JV	26:45.97
35		38	Grace Neal	Deco	JV	27:09.36
36		45	Rorie Wiedow	Deco	JV	27:09.74
37		77	Sierra Kruger	Deco	JV	27:11.96
38		64	Annika Lensch	Deco	JV	27:22.84
39		9	Carly Kluesner	Centr	JV	27:24.75
40		34	Sophia Christman	Deco	JV	27:30.27
41		51	Kaya Hines	Deco	JV	27:35.10
42	12	121	Olivia Marti	Waul	JV	27:36.13
43		52	Anya Lovstuen	Deco	JV	27:36.36
44		13	Mylee Wingert	Centr	JV	27:44.15
45	13	115	Meridian Snitker	Waul	JV	27:49.22
46		102	Quinn Kruckman	South	JV	27:52.92
47		54	Lexie Stammeyer	Deco	JV	28:18.61
48		32	Ashley Bjork	Deco	JV	28:22.30
49		96	Sandra Lopez	Post	JV	28:23.93
50		67	Olivia Mettille	Deco	JV	28:30.12
51		39	Kortni O'Connell	Deco	JV	28:31.45
52		12	Madylen Gregerson	Centr	JV	28:40.67

53		46 Ramsey Zilka	Deco JV	28:40.81
54		50 Karen Henriquez	Deco JV	28:56.77
55		144 Bailey Cox	New JV	29:18.18
56	14	112 Hailey Bresnehan	Waul JV	29:29.80
57		63 Isabelle Kingsbury	Deco JV	29:37.97
58		10 Eva Embretson	Centr JV	29:39.15
59		86 Sheyenne Bergmann	Nash JV	30:35.80
60		84 Ryan Reams	Nash JV	30:39.80
61		73 Cora Syverson	Deco JV	30:51.46
62		125 Natalie Byrnes	Waul JV	32:07.34
63		48 Morgan Dhly	Deco JV	32:30.63
64		145 Michaela Schwickerath	New JV	34:58.03
65		33 Hailey Bohr	Deco JV	37:10.34

SW XC GIRLS JV SCHOOL RESULTS

Team		1	2	3	4	6	7	8
16	Decorah							
46	Clayton Ridge							
47	Waukon	5	19	21	28	42	45	56
	Central	39	44	52	58			
	Nashua	59	60					
	MFL							
	Postville	32	49					
	South Winn.	12	17	29	46			
	Turkey Valley							
	Prairie							
	New Hampton	55	64					

Decorah		
Score	Name	Grade Time
1	Taryn Sanderman	JV 22:42.83
2	Brielle Buresh	JV 23:06.00
3	Rachel Bower	JV 23:10.46
4	Mya Numedahl	JV 23:18.60
6	Brynn Storhoff	JV 23:24.03
7	Danielle Losen	JV 23:38.51
8	Kathryn Kelly	JV 23:40.85
	Morgan Brauer	JV 23:59.86
	Maggie Kane	JV 24:02.08
	Mairi Sessions	JV 24:06.55
	Grace Brynsaas	JV 24:35.53
	Abby Bolson	JV 25:00.33
	Kaia Neal	JV 25:03.24
	Clara Rooney	JV 25:05.56
	Grace Thompson	JV 25:11.62
	Claire Schutte	JV 25:36.21
	Payton Taylor	JV 25:39.21
	Anja Madsen	JV 25:45.91
	Hannah Schnitzler	JV 26:04.55
	Sylvia Sandhorst	JV 26:05.80
	Cady Peterson	JV 26:08.75
	Megan Roe	JV 26:15.31
	Abby Moen	JV 26:36.48
	Naomi Simon	JV 26:37.56
	Ruby Sullivan	JV 26:45.54
	Lexie Engen	JV 26:45.97
	Grace Neal	JV 27:09.36
	Rorie Wiedow	JV 27:09.74
	Sierra Kruger	JV 27:11.96
	Annika Lensch	JV 27:22.84
	Sophia Christman	JV 27:30.27
	Kaya Hines	JV 27:35.10
	Anya Lovstuen	JV 27:36.36
	Lexie Stammeyer	JV 28:18.61
	Ashley Bjork	JV 28:22.30
	Olivia Mettill	JV 28:30.12

Waukon		
Score	Name	Grade Time
5	Mia Kurth	JV 23:22.83
9	Hailie Hanson	JV 25:13.68
10	Breckan Stewart	JV 25:39.01
11	Olivia Byrnes	JV 26:17.76
12	Olivia Marti	JV 27:36.13
13	Meridian Snitker	JV 27:49.22
14	Hailey Bresnehan	JV 29:29.80
	Natalie Byrnes	JV 32:07.34
47		2:08:09

Kortni O'Connell	JV	28:31.45
Ramsey Zilka	JV	28:40.81
Karen Henriquez	JV	28:56.77
Isabelle Kingsbury	JV	29:37.97
Cora Syverson	JV	30:51.46
Morgan Dhly	JV	32:30.63
Hailey Bohr	JV	37:10.34

16

1:55:42

Central		
Score	Name	Grade Time
	Carly Kluesner	JV 27:24.75
	Mylee Wingert	JV 27:44.15
	MadylenGregerson	JV 28:40.67
	Eva Embretson	JV 29:39.15

Nashua		
Score	Name	Grade Time
	Sheyenne Bergmann	JV 30:35.80
	Ryan Reams	JV 30:39.80

Postville		
Score	Name	Grade Time
	Jarexy Vega	JV 26:42.47
	Sandra Lopez	JV 28:23.93

South Winn.		
Score	Name	Grade Time
	Ella Wiley	JV 24:15.36
	Emma Houdek	JV 25:07.82
	Josie Tollefsrud	JV 26:28.65
	Quinn Kruckman	JV 27:52.92

New Hampton		
Score	Name	Grade Time
	Bailey Cox	JV 29:18.18
	Michaela Schwickerath	JV 34:58.03

XC JV PLACES

Position	Score	Bib	Name	Team	Grade	Time
1	1	24	Cade Olson	Decorah	JV	18:25.20
2	2	23	August Witt	Decorah	JV	18:27.60
3	3	26	Jake Magner	Decorah	JV	19:03.70
4	4	25	Adrian Huang	Decorah	JV	19:23.10
5	5	32	Tate Schissel	Decorah	JV	19:28.10
6	6	31	Brady Hook	Decorah	JV	19:28.80
7	7	28	Dane Cole	Decorah	JV	19:30.10
8	8	108	Josh Keenan	Waukon	JV	19:51.00
9	9	109	Nate Keenan	Waukon	JV	19:54.70
10		27	Landon Folkedahl	Decorah	JV	19:55.80
11		29	Drew Berns	Decorah	JV	20:08.00
12		34	Tyler Irwin	Decorah	JV	20:17.20
13		33	David Olson	Decorah	JV	20:26.30
14		39	Darin Rude	Decorah	JV	20:27.80
15		30	James Groux	Decorah	JV	20:28.20
16		40	Alex Zweibohmer	Decorah	JV	20:34.00
17		37	Benson Newhouse	Decorah	JV	20:42.20
18		36	Luke Walter	Decorah	JV	20:43.80
19		38	Max Wilson	Decorah	JV	20:44.10
20		120	Dale Schwamman	Turkey Valley	JV	20:58.60
21		41	Karter Einck	Decorah	JV	21:00.50
22	10	130	Aydin Ries	New Hampton	JV	21:06.20
23	11	106	Hunter O'niel	Waukon	JV	21:10.00
24	12	92	Kyle Hageman	South Winn.	JV	21:10.40
25	13	110	Tanner Marting	Waukon	JV	21:13.40
26	14	89	Chase Adam	South Winn.	JV	21:13.90
27	15	111	James VanderVelden	Waukon	JV	21:14.80
28		35	Henry Weis	Decorah	JV	21:25.10
29		43	Aiden Nalean- Carlson	Decorah	JV	21:45.10
30		46	Joseph Stammeyer	Decorah	JV	21:45.50
31		48	Brock Taylor	Decorah	JV	21:59.80
32	16	9	Obreth Lopez	Clayton Ridge	JV	22:09.00
33		45	Isaac Knaack	Decorah	JV	22:10.20
34	17	131	Lance Reicks	New Hampton	JV	22:11.10
35		47	Lucas Arendt	Decorah	JV	22:11.20
36		44	Simon Mumford	Decorah	JV	22:23.60
37	18	87	Aiden Feickert	South Winn.	JV	22:26.90
38	19	95	Dayten Ondrashek	South Winn.	JV	22:28.80
39		49	Peter Essa	Decorah	JV	22:32.00
40	20	113	Caleb Perkins	Waukon	JV	22:45.20
41		42	Travis Nordheim	Decorah	JV	22:55.80
42		51	Dylan Mulbhauer	Decorah	JV	22:59.40
43	21	88	Dawson Wenthold	South Winn.	JV	23:18.10
44	22	97	Connor Frana	South Winn.	JV	23:18.40
45		53	Montana Jump-Gerleman	Decorah	JV	23:23.70
46		50	Carter Kowitz	Decorah	JV	23:24.30
47	23	133	Ashton McShane	New Hampton	JV	23:46.90
48	24	116	Cashton Lloyd	Waukon	JV	24:01.00
49	25	13	Jackson Smith	Clayton Ridge	JV	24:03.60
50	26	137	Kyler Glenn	New Hampton	JV	24:12.40
51	27	10	Nate Meier	Clayton Ridge	JV	24:14.30
52		54	Noah Tapscott	Decorah	JV	24:16.10

53		115 Ethan Hooten	Waukon	JV	24:18.70
54		114 Denzel Decker	Waukon	JV	24:21.10
55	28	12 Joshua Stade	Clayton Ridge	JV	24:36.80
56		52 Lange Betts	Decorah	JV	24:41.30
57	29	135 Carter Newbrough	New Hampton	JV	24:47.00
58		122 Luke Langreck	Turkey Valley	JV	24:54.40
59	30	134 Jake Frahm	New Hampton	JV	25:03.90
60		117 Riley Palmer	Waukon	JV	25:14.60
61		56 Thomas Foster	Decorah	JV	25:17.10
62		55 Alex McGohan	Decorah	JV	25:21.60
63	31	132 Landon Bruess	New Hampton	JV	25:58.30
64		118 Ethan Lewey	Waukon	JV	25:58.50
65		75 Kole Pape	MFL	JV	26:33.00
66	32	15 Hiram Werger	Clayton Ridge	JV	26:56.70
67		71 Hunter Kugel	MFL	JV	28:12.00
68		121 Nelson Riecks	Turkey Valley	JV	28:14.20
69	33	85 Abe Conway	South Winn.	JV	28:41.60
70		86 Max Moonen	South Winn.	JV	28:42.40
71		58 Quin Reynolds-Dunlap	Decorah	JV	28:47.90
72		70 Reilly Franzen	MFL	JV	28:56.00
73		136 Isaiah Eike	New Hampton	JV	34:47.50
74	34	14 Blake Ihde	Clayton Ridge	JV	35:47.60

SW XC BOYS JV SCHOOL RESULTS

Team								
15	Central							
15	Decorah	1	2	3	4	5	6	7
56	Waukon	8	9	23	25	27	40	48
84	South Winn.	24	26	37	38	43	44	69
105	Nashua							
105	New Hampton	22	34	47	50	57	59	63
128	Clayton Ridge	32	49	51	55	66	74	
	MFL	65	67	72				
	Postville							
	Turkey Valley	20	58	68				
	Prairie							

Decorah				Waukon			
Score	Name	Grade	Time	Score	Name	Grade	Time
1	Cade Olson	JV	18:25.20	8	Josh Keenan	JV	19:51.00
2	August Witt	JV	18:27.60	9	Nate Keenan	JV	19:54.70
3	Jake Magner	JV	19:03.70	11	Hunter O'niel	JV	21:10.00
4	Adrian Huang	JV	19:23.10	13	Tanner Marting	JV	21:13.40
5	Tate Schissel	JV	19:28.10	15	James VanderVelden	JV	21:14.80
6	Bradyn Hook	JV	19:28.80	20	Caleb Perkins	JV	22:45.20
7	Dane Cole	JV	19:30.10	24	Cashton Lloyd	JV	24:01.00
	Landon Folkedahl	JV	19:55.80		Ethan Hooten	JV	24:18.70
	Drew Berns	JV	20:08.00		Denzel Decker	JV	24:21.10
	Tyler Irwin	JV	20:17.20		Riley Palmer	JV	25:14.60
	David Olson	JV	20:26.30		Ethan Lewey	JV	25:58.50
	Darin Rude	JV	20:27.80	56			1:43:24
	James Groux	JV	20:28.20				
	Alex Zweibohmer	JV	20:34.00				
	Benson Newhouse	JV	20:42.20				
	Luke Walter	JV	20:43.80				
	Max Wilson	JV	20:44.10				
	Karter Einck	JV	21:00.50				
	Henry Weis	JV	21:25.10				
	Aiden Nalean- Carlson	JV	21:45.10				
	Joseph Stammeyer	JV	21:45.50				
	Brock Taylor	JV	21:59.80				
	Isaac Knaack	JV	22:10.20				
	Lucas Arendt	JV	22:11.20				
	Simon Mumford	JV	22:23.60				
	Peter Essa	JV	22:32.00				
	Travis Nordheim	JV	22:55.80				
	Dylan Mulbhauer	JV	22:59.40				
	Montana Jump-Gerleman	JV	23:23.70				
	Carter Kowitz	JV	23:24.30				
	Noah Tapscott	JV	24:16.10				
	Lange Betts	JV	24:41.30				
	Thomas Foster	JV	25:17.10				
	Alex McGohan	JV	25:21.60				
	Quin Reynolds-Dunlap	JV	28:47.90				
15			1:34:48				

South Winn.

Score	Name	Grade	Time
12	Kyle Hageman	JV	21:10.40
14	Chase Adam	JV	21:13.90
18	Aiden Feickert	JV	22:26.90
19	Dayten Ondrashek	JV	22:28.80
21	Dawson Wenthold	JV	23:18.10
22	Connor Frana	JV	23:18.40
33	Abe Conway	JV	28:41.60
	Max Moonen	JV	28:42.40
84			1:50:38

New Hampton

Score	Name	Grade	Time
10	Aydin Ries	JV	21:06.20
17	Lance Reicks	JV	22:11.10
23	Ashton McShane	JV	23:46.90
26	Kyler Glenn	JV	24:12.40
29	Carter Newbrough	JV	24:47.00
30	Jake Frahm	JV	25:03.90
31	Landon Bruess	JV	25:58.30
	Isaiah Eike	JV	34:47.50
105			1:56:04

Clayton Ridge

Score	Name	Grade	Time
16	Obreth Lopez	JV	22:09.00
25	Jackson Smith	JV	24:03.60
27	Nate Meier	JV	24:14.30
28	Joshua Stade	JV	24:36.80
32	Hiram Werger	JV	26:56.70
34	Blake Ihde	JV	35:47.60
128			2:02:00

MFL

Score	Name	Grade	Time
	Kole Pape	JV	26:33.00
	Hunter Kugel	JV	28:12.00
	Reilly Franzen	JV	28:56.00

Turkey Valley

Score	Name	Grade	Time
	Dale Schwamman	JV	20:58.60
	Luke Langreck	JV	24:54.40
	Nelson Riecks	JV	28:14.20

JH FEMALE RESULTS

Position	Score	Bib	Name	Team	Grade	Time
1		69	Kadence Huck	Nashua	F	13:06.42
2	1	37	Anastasia Simon	Decorah	F	13:43.79
3	2	88	Cora Keehner	MFL	F	13:53.43
4	3	36	Amelia Roe	Decorah	F	13:54.86
5	4	136	Natalie Nosbisch	New Hampton	F	14:08.97
6		70	Amberley Gerholdt	Nashua	F	14:16.98
7	5	102	Karissa Wenthold	South Winn.	F	14:23.27
8	6	19	Lily Sandhorst	Decorah	F	14:41.18
9	7	33	Deborah Hougen	Decorah	F	14:42.12
10	8	34	Nora Lesmeister	Decorah	F	14:42.98
11	9	25	McKenzie Riley	Decorah	F	15:04.29
12	10	18	Natalie Goodner	Decorah	F	15:07.77
13	11	87	Emma Koether	MFL	F	15:13.52
14		42	Stella Pole	Decorah	F	15:23.42
15		32	Violet Cummings	Decorah	F	15:25.81
16		23	Elsa Johnson	Decorah	F	15:31.26
17	12	137	Keziah Uglum	New Hampton	F	15:46.69
18	13	138	Tegan Dungey	New Hampton	F	15:47.10
19	14	142	Abbi McQuillen	New Hampton	F	15:51.56
20		26	Kamryn Steines	Decorah	F	15:52.53
21	15	101	Katie Shimek	South Winn.	F	15:53.73
22	16	100	Izzy Kuboushek	South Winn.	F	15:54.88
23	17	114	Mallory Berns	Waukon	F	16:01.79
24	18	97	Grace Zweibohmer	South Winn.	F	16:04.75
25		29	Naomi Pedlar	Decorah	F	16:08.90
26	19	96	Tessa Phillips	South Winn.	F	16:15.52
27		130	Annika Bodensteiner	Turkey Valley	F	16:17.14
28		24	Addison Lukes-Smith	Decorah	F	16:17.91
29		43	Olivia Huinker	Decorah	F	16:19.61
30		129	Maci Weber	Turkey Valley	F	16:35.62
31	20	98	Maddy Jansen	South Winn.	F	16:37.30
32	21	140	Olivia Eichenberger	New Hampton	F	16:42.51
33		12	Alyssa Sadewasser	Clayton Ridge	F	16:45.96
34		15	Grace Blikre	Decorah	F	16:46.42
35	22	84	Isabella Torkelson	MFL	F	16:47.95
36		28	Amelia Wadsworth	Decorah	F	16:49.65
37		22	Greta Jones	Decorah	F	16:54.49
38		17	Jaidyn Duvel	Decorah	F	17:02.59
39	23	139	Brooklyn McShane	New Hampton	F	17:10.19
40	24	99	Julia Carnesi	South Winn.	F	17:11.86
41		31	Elsa Christman	Decorah	F	17:17.31
42	25	86	Mariah Moser	MFL	F	17:27.25
43	26	116	Trudy Baxter	Waukon	F	17:28.14
44		1	Loyal Embretson	Central	F	17:28.83
45		30	Mara Branum	Decorah	F	17:29.43
46		39	June Breitenbach-Dirk	Decorah	F	17:32.61
47		20	Leah Suhr	Decorah	F	17:37.49
48		38	Sierra Jump-Gerlemai	Decorah	F	17:39.67
49		104	abby wagner	South Winn.	F	17:46.47
50		91	Kia Swangstu	Postville	F	17:57.29
51		14	Hailey Gaul	Clayton Ridge	F	18:08.42
52		10	Alexis Thiese	Central	F	18:18.29

53		103 Dahlia Trujillo	South Winn.	F	18:19.93
54		105 kelsey timp	South Winn.	F	18:34.83
55	27	141 McKenna Demaray	New Hampton	F	18:48.54
56	28	115 Emma Retallick	Waukon	F	18:57.58
57	29	117 Roxie Grotegut	Waukon	F	19:22.63
58		144 Zoey Dreckman	New Hampton	F	19:51.29
59		40 Abby Larson	Decorah	F	19:59.52
60		35 Kyra O'Hara	Decorah	F	20:00.52
61		143 McKenzie Herzberg	New Hampton	F	20:20.53
62		16 Elliana Brodbeck	Decorah	F	20:41.01
63		93 Jeidy Castillo-Hernanc	Postville	F	20:51.53
64		27 Gwen Thompson	Decorah	F	20:55.21
65		11 Brooke Tieden	Central	F	23:08.15
66	30	83 Karish Kluth	MFL	F	23:15.72
67	31	85 Addison Bucheit	MFL	F	25:49.42

SW JH XC RESULTS

Team		2	4	8	9	10	11	12
17	Decorah							
43	New Hampton	5	17	18	19	32	39	55
54	South Winn.	7	21	22	24	26	31	40
60	MFL	3	13	35	42	66	67	
100	Waukon	23	43	56	57			
	Central	44	52	65				
	Clayton Ridge	33	51					
	Nashua	1	6					
	Postville	50	63					
	Turkey Valley	27	30					

Decorah			
Score	Name	Grade	Time
1	Anastasia Simon	F	13:43.79
3	Amelia Roe	F	13:54.86
6	Lily Sandhorst	F	14:41.18
7	Deborah Hougen	F	14:42.12
8	Nora Lesmeister	F	14:42.98
9	McKenzie Riley	F	15:04.29
10	Natalie Goodner	F	15:07.77
	Stella Pole	F	15:23.42
	Violet Cummings	F	15:25.81
	Elsa Johnson	F	15:31.26
	Kamryn Steines	F	15:52.53
	Naomi Pedlar	F	16:08.90
	Addison Lukes-Smith	F	16:17.91
	Olivia Huinker	F	16:19.61
	Grace Blikre	F	16:46.42
	Amelia Wadsworth	F	16:49.65
	Greta Jones	F	16:54.49
	Jaidyn Duvel	F	17:02.59
	Elsa Christman	F	17:17.31
	Mara Branum	F	17:29.43
	June Breitenbach-Dirk	F	17:32.61
	Leah Suhr	F	17:37.49
	Sierra Jump-Gerlemar	F	17:39.67
	Abby Larson	F	19:59.52
	Kyra O'Hara	F	20:00.52
	Elliana Brodbeck	F	20:41.01
	Gwen Thompson	F	20:55.21
17			1:02:15

New Hampton			
Score	Name	Grade	Time
4	Natalie Nosbisch	F	14:08.97
12	Keziah Uglum	F	15:46.69
13	Tegan Dungey	F	15:47.10
14	Abbi McQuillen	F	15:51.56
21	Olivia Eichenberger	F	16:42.51
23	Brooklyn McShane	F	17:10.19
27	McKenna Demaray	F	18:48.54
	Zoey Dreckman	F	19:51.29
	McKenzie Herzberg	F	20:20.53
43			1:07:10

South Winn.			
Score	Name	Grade	Time
5	Karissa Wenthold	F	14:23.27
15	Katie Shimek	F	15:53.73
16	Izzy Kuboushek	F	15:54.88
18	Grace Zweibohmer	F	16:04.75
19	Tessa Phillips	F	16:15.52
20	Maddy Jansen	F	16:37.30

MFL			
Score	Name	Grade	Time
2	Cora Keehner	F	13:53.43
11	Emma Koether	F	15:13.52
22	Isabella Torkelson	F	16:47.95
25	Mariah Moser	F	17:27.25
30	Karish Kluth	F	23:15.72
31	Addison Bucheit	F	25:49.42

24	Julia Carnesi	F	17:11.86
	abby wagner	F	17:46.47
	Dahlia Trujillo	F	18:19.93
	kelsey timp	F	18:34.83
54			1:07:40

60

1:10:06

Waukon

Score	Name	Grade	Time
17	Mallory Berns	F	16:01.79
26	Trudy Baxter	F	17:28.14
28	Emma Retallick	F	18:57.58
29	Roxie Grotegut	F	19:22.63
100			0:59:26

Central

Score	Name	Grade	Time
	Loyal Embretson	F	17:28.83
	Alexis Thiese	F	18:18.29
	Brooke Tieden	F	23:08.15

Clayton Ridge

Score	Name	Grade	Time
	Alyssa Sadewasser	F	16:45.96

Nashua

Score	Name	Grade	Time
	Kadence Huck	F	13:06.42
		F	14:16.98

Grade	Time
F	16:17.14
F	16:35.62

JH MALE RESULTS

Position	Score	Bib	Name	Team	Grade	Time
1		80	Jacob Schellhorn	MFL	M	12:01.78
2	1	118	Ethan Gibbs	Waukon	M	12:13.32
3	2	2	Gavin Holst	Central	M	12:17.83
4	3	44	Grant Zilka	Decorah	M	12:19.92
5	4	52	D'Mitry Lesser	Decorah	M	12:25.13
6		94	Melvin Martin	Postville	M	12:25.92
7	5	45	Riley Berns	Decorah	M	12:26.88
8	6	119	Caleb Helgerson	Waukon	M	12:27.79
9	7	46	Davis Coppola	Decorah	M	12:35.12
10	8	51	Kyle Pattison	Decorah	M	12:39.05
11	9	47	Reid Berns	Decorah	M	12:40.32
12	10	122	Isaac Reisinger	Waukon	M	12:43.60
13	11	50	Tommy Hammel	Decorah	M	12:56.24
14	12	127	Colton O'Neill	Waukon	M	13:09.14
15	13	131	Calyb Zeien	New Hampton	M	13:09.53
16		49	Landyn Hook	Decorah	M	13:28.02
17		53	Will Robinson	Decorah	M	13:30.20
18		48	Carson Bohner	Decorah	M	13:33.53
19		56	Max Grimstad	Decorah	M	13:36.64
20		54	Grant Remington	Decorah	M	13:40.27
21		58	Oliver Bolinger	Decorah	M	13:50.64
22	14	132	Jarrin Robinson	New Hampton	M	13:55.24
23		57	Ezra Vorvick	Decorah	M	13:59.37
24		59	Keaton Nalean-Carlson	Decorah	M	13:59.99
25		55	Garrett See	Decorah	M	14:00.70
26		79	Tucker Ruff	MFL	M	14:10.88
27	15	73	Caleb Sinnwell	Nashua	M	14:13.23
28	16	109	Matson Winings	South Winn.	M	14:14.37
29	17	72	Luke Paplow	Nashua	M	14:17.50
30	18	112	kaden barton	South Winn.	M	14:21.39
31	19	4	Braxton Bormann	Central	M	14:22.15
32		60	Liam Chamberlain	Decorah	M	14:22.55
33	20	5	Caden Fette	Central	M	14:25.32
34	21	120	Memphis Miller	Waukon	M	14:33.93
35		13	Colten Hoeger	Clayton Ridge	M	14:52.64
36		68	Logan Smith	Decorah	M	14:57.06
37	22	71	Braiden Schafenbuel	Nashua	M	14:57.83
38	23	111	Aiden Rothmeyer	South Winn.	M	15:05.08
39	24	125	Drake Hankes	Waukon	M	15:10.39
40		64	Beau Newhouse	Decorah	M	15:18.26
41	25	121	Pryson Rasmussen	Waukon	M	15:24.91
42		63	Garrett Willie	Decorah	M	15:27.28
43	26	133	Carter Orr	New Hampton	M	15:32.27
44	27	113	john donovan	South Winn.	M	15:37.21
45		123	Tucker Burrichter	Waukon	M	15:50.01
46		124	Kelby Cahalan	Waukon	M	15:57.92
47	28	75	Landon Foelske	Nashua	M	15:58.84
48	29	108	Landon Merrill	South Winn.	M	16:04.23
49		61	Andrew Olson	Decorah	M	16:06.85
50		126	Isaak Kovarik	Waukon	M	16:29.21
51		66	Isaiah Yos-Eddy	Decorah	M	16:43.78
52	30	110	Holden Miller	South Winn.	M	16:51.32

53		62	Andy Kruger	Decorah	M	17:16.82
54	31	134	RW Pethoud	New Hamptor	M	17:38.98
55		145	Dillian Navarro	Postville	M	17:39.90
56	32	107	Eli Higgins	South Winn.	M	17:44.42
57	33	78	Callahan Levi	Nashua	M	17:55.29
58		106	Cooper Franzen	South Winn.	M	17:59.04
59		65	Noah Vilardo	Decorah	M	18:20.46
60	34	74	Sam O'Neill	Nashua	M	18:22.03
61		128	Hayden Palmer	Waukon	M	19:05.02
62		82	Dracen Howe	MFL	M	19:50.82
63	35	6	Bryce Heller	Central	M	20:15.33
64	36	77	Cameron Cleveland	Nashua	M	20:55.77
65		76	Brexton Bird	Nashua	M	21:01.65
66	37	135	Codi Steinlage	New Hamptor	M	22:48.29
67		67	Elias Sassaman	Decorah	M	22:58.61
68		92	Moshe Slater	Postville	M	24:12.92
69	38	7	Michael White	Central	M	27:36.57

SW JH XC RESULTS

Team		4	5	7	9	10	11	13
19	Decorah							
29	Waukon	2	8	12	14	34	39	41
76	Central	3	31	33	63	69		
82	Nashua	27	29	37	47	57	60	64
84	South Winn.	28	30	38	44	48	52	56
84	New Hampton	15	22	43	54	66		
	Clayton Ridge	35						
	MFL	1	26	62				
	Postville	6	55	68				
	Turkey Valley							

Decorah

Score	Name	Grade	Time
3	Grant Zilka	M	12:19.92
4	D'Mitry Lesser	M	12:25.13
5	Riley Berns	M	12:26.88
7	Davis Coppola	M	12:35.12
8	Kyle Pattison	M	12:39.05
9	Reid Berns	M	12:40.32
11	Tommy Hammel	M	12:56.24
	Landyn Hook	M	13:28.02
	Will Robinson	M	13:30.20
	Carson Bohner	M	13:33.53
	Max Grimstad	M	13:36.64
	Grant Remington	M	13:40.27
	Oliver Bolinger	M	13:50.64
	Ezra Vorvick	M	13:59.37
	Keaton Nalean-Carlson	M	13:59.99
	Garrett See	M	14:00.70
	Liam Chamberlain	M	14:22.55
	Logan Smith	M	14:57.06
	Beau Newhouse	M	15:18.26
	Garrett Willie	M	15:27.28
	Andrew Olson	M	16:06.85
	Isaiah Yos-Eddy	M	16:43.78
	Andy Kruger	M	17:16.82
	Noah Vilardo	M	18:20.46
	Elias Sassaman	M	22:58.61
19			1:02:26

Waukon

Score	Name	Grade	Time
1	Ethan Gibbs	M	12:13.32
6	Caleb Helgerson	M	12:27.79
10	Isaac Reisinger	M	12:43.60
12	Colton O'Neill	M	13:09.14
21	Memphis Miller	M	14:33.93
24	Drake Hankes	M	15:10.39
25	Pryson Rasmussen	M	15:24.91
	Tucker Burrichter	M	15:50.01
	Kelby Cahalan	M	15:57.92
	Isaak Kovarik	M	16:29.21
	Hayden Palmer	M	19:05.02
29			1:04:48

Central

Score	Name	Grade	Time
2	Gavin Holst	M	12:17.83
19	Braxton Bormann	M	14:22.15
20	Caden Fette	M	14:25.32
35	Bryce Heller	M	20:15.33
38	Michael White	M	27:36.57
76			1:12:32

Nashua

Score	Name	Grade	Time
15	Caleb Sinnwell	M	14:13.23
17	Luke Paplow	M	14:17.50
22	Braiden Schafenbuel	M	14:57.83
28	Landon Foelske	M	15:58.84
33	Callahan Levi	M	17:55.29
34	Sam O'Neill	M	18:22.03
36	Cameron Cleveland	M	20:55.77
	Brexton Bird	M	21:01.65
82			1:12:47

South Winn.

Score	Name	Grade	Time
16	Matson Winings	M	14:14.37
18	kaden barton	M	14:21.39
23	Aiden Rothmeyer	M	15:05.08
27	john donovan	M	15:37.21
29	Landon Merrill	M	16:04.23
30	Holden Miller	M	16:51.32
32	Eli Higgins	M	17:44.42
	Cooper Franzen	M	17:59.04
84			1:12:19

New Hampton

Score	Name	Grade	Time
13	Calyb Zeien	M	13:09.53
14	Jarrin Robinson	M	13:55.24
26	Carter Orr	M	15:32.27
31	RW Pethoud	M	17:38.98
37	Codi Steinlage	M	22:48.29
84			1:12:52

Clayton Ridge

Score	Name	Grade	Time
	Colten Hoeger	M	14:52.64

MFL

Score	Name	Grade	Time
	Jacob Schellhorn	M	12:01.78
	Tucker Ruff	M	14:10.88
	Dracen Howe	M	19:50.82

Postville

Score	Name	Grade	Time
	Melvin Martin	M	12:25.92
	Dillian Navarro	M	17:39.90
	Moshe Slater	M	24:12.92