

2021 Glenwood XC Invite - 8/28/2021

Glenwood Lake Park

Results

Event 1 Girls 5k Run CC Varsity

Name	Year	School	Finals	Points
Results - Women				
1 Hartley, Mayson	11	Clarinda HS	20:04.46	1
2 Sonderman, Lindsey	09	Harlan	20:24.19	2
3 Bieker, Kaia	12	Harlan	21:18.69	3
4 Pellett, Claire	10	Atlantic HS	21:22.71	4
5 Tingley, Tyler	09	St Albert	21:37.26	5
6 Jordan, Elizabeth	11	Sioux City North	21:37.88	6
7 Berglund, Madelyn	09	Glenwood Girls XC	21:39.75	7
8 Mullennax, Rachel	12	Glenwood Girls XC	21:39.85	8
9 DeGonia, Riley	11	Creston HS	21:41.09	9
10 Wiese, Riley	12	Glenwood Girls XC	21:49.40	10
11 Henke, Raenna	09	Clarinda HS	21:59.13	11
12 Gross, Ellie	12	Harlan	21:59.89	12
13 Nebel, Ryley	11	Glenwood Girls XC	22:25.46	13
14 Petersen, Breckyn	09	Glenwood Girls XC	22:39.61	14
15 Humlicek, Maya	09	Lewis Central	22:40.64	15
16 Schultz, Brooklyn	09	Glenwood Girls XC	22:43.65	16
17 McKeever, Carly	11	St Albert	22:58.16	17
18 Schneckloth, Quincey	09	Tri-Center	23:18.88	18
19 Eberly, Ashlyn	12	Clarinda HS	23:19.67	19
20 Argotsinger, Darbie	10	Harlan	23:31.33	20
21 Manz, Mahri	09	Lewis Central	23:38.40	21
22 Bieker, Talylor	10	Harlan	23:40.68	22
23 Corrin, Kyla	12	Tri-Center	23:44.19	23
24 King, Callie	09	Clarinda HS	23:46.46	24
25 Berg, Belle	10	Atlantic HS	23:52.17	25
26 Burchett, Makayla	12	Harlan	23:52.36	26
27 Hancock, Aphraditie	12	Sioux City North	23:56.36	27
28 Huffman, Hailey	09	Atlantic HS	24:01.02	28
29 Davis, Payton	09	Creston HS	24:02.97	29
30 Schechinger, Emily	10	Harlan	24:18.34	30
31 Huffman, Mariah	09	Atlantic HS	24:25.64	31
32 McNeal, Isabel	10	Lewis Central	24:29.15	32
33 Moreno, Jackie	12	CB Jefferson	24:37.77	33
34 Bass, Camryn	12	Red Oak	24:38.49	34
35 Altman, Faith	10	Atlantic HS	24:38.50	35
36 Grace, Steinmetz	09	Heartland Christian	24:45.72	
37 Corrin, Karis	12	Tri-Center	24:46.74	36
38 Smith, Brenna	12	St Albert	25:02.95	37
39 Ralston, Zoe	10	Creston HS	25:06.08	38
40 Zuehl, Nicole	12	Sioux City North	25:17.60	39
41 Franke, Jaden	11	Tri-Center	25:19.66	40
42 Pantini, Emma	11	Creston HS	25:28.03	41
43 Daley, Mallory	12	St Albert	25:34.06	42
44 Arkfeld, Oliva	11	Lewis Central	25:34.16	43
45 Hall, Delaney	12	Red Oak	25:36.64	44
46 Lemus, Eleana	11	CB Jefferson	26:00.23	45
47 Graham, Aedynn	12	Red Oak	26:19.74	46
48 Sunderman, Cheyenne	12	Clarinda HS	26:21.45	47
49 Rubio, Elizabeth	11	Sioux City North	26:21.83	48
50 Salas, Analicia	10	Sioux City North	26:23.20	49
51 Wiederstein, Claire	11	Atlantic HS	26:29.47	50
52 Hesse, Amelia	10	Clarinda HS	26:36.44	51

2021 Glenwood XC Invite - 8/28/2021**Glenwood Lake Park****Results****....Event 1 Girls 5k Run CC Varsity**

4 Atlantic HS	123	4	25	28	31	35	50
Total Time: 1:58:20.04							
Average: 23:40.01							
5 St Albert	155	5	17	37	42	54	64
Total Time: 2:03:05.50							
Average: 24:37.10							
6 Lewis Central	163	15	21	32	43	52	61
Total Time: 2:03:31.58							
Average: 24:42.32							
7 Sioux City North	169	6	27	39	48	49	
Total Time: 2:03:36.87							
Average: 24:43.38							
8 Creston HS	170	9	29	38	41	53	
Total Time: 2:03:30.01							
Average: 24:42.01							
9 Tri-Center	173	18	23	36	40	56	
Total Time: 2:05:36.17							
Average: 25:07.24							
10 Red Oak	238	34	44	46	55	59	63
Total Time: 2:14:25.49							
Average: 26:53.10							
11 CB Jefferson	253	33	45	57	58	60	62
Total Time: 2:19:02.79							
Average: 27:48.56							

2021 Glenwood XC Invite - 8/28/2021

Glenwood Lake Park

Results

Event 4 Boys 5k Run CC Varsity

Name	Year	School	Finals	Points
Results - Men				
1 Lohr, William	12	Sioux City North	15:51.08	1
2 Kifle, Natnael	10	Sioux City North	15:58.99	2
3 Nash, Gabe	11	Sioux City North	16:26.28	3
4 Kifle, Yemane	12	Sioux City North	16:34.91	4
5 Eichhorn, Ethan	10	Lewis Central	16:40.35	5
6 Smith, Andrew	10	Glenwood	16:42.16	6
7 Lillie, Colin	11	St Albert	16:49.70	7
8 Gutema, Beshanena	11	Sioux City North	16:51.01	8
9 Shelton, Tyler	12	Harlan	16:51.76	9
10 Keller, Bryant	10	Glenwood	17:22.03	10
11 Hays, Liam	10	Glenwood	17:38.79	11
12 Greenslade, Cooper	12	Adm Cross Country	17:52.60	12
13 Kimrey, Quinton	12	Adm Cross Country	18:01.72	13
14 Timmerman, Torin	09	Adm Cross Country	18:17.13	14
15 Engler, Drew	12	Atlantic HS	18:18.83	15
16 McGee, Sean	11	Tri-Center	18:20.74	16
17 Soriano, Roi	12	CB Jefferson	18:23.20	17
18 Schaapherder, Treyton	10	Clarinda HS	18:23.46	18
19 Wagoner, Kyle	09	Clarinda HS	18:28.89	19
20 Nicholas, Milner	09	Heartland Christian	18:31.26	
21 Berg, Zane	12	Atlantic HS	18:31.98	20
22 Diercks, Kade	10	Lewis Central	18:35.25	21
23 Anderson, Dillon	11	Glenwood	18:43.13	22
24 Wiese, Ashton	10	Glenwood	18:47.84	23
25 Fuller, Logan	11	Lewis Central	18:48.19	24
26 Bergren, Baylor	12	Red Oak	18:51.37	25
27 Milliken, Kaiden	12	Harlan	18:55.57	26
28 Entriken, Ryan	10	Adm Cross Country	18:58.30	27
29 Jones, Mitchell	12	Shenandoah	19:03.35	28
30 Everett, Mark	12	Clarinda HS	19:09.39	29
31 Holdmeyer, Shay	09	Adm Cross Country	19:10.30	30
32 Arkfeld, Marshall	09	Lewis Central	19:14.98	31
33 Shannon, Jake	11	Glenwood	19:16.14	32
34 Churchill, Jonah	12	Lewis Central	19:20.58	33
35 Chaplin, Hubie	10	Adm Cross Country	19:22.02	34
36 Shelton, Ian	10	Harlan	19:26.39	35
37 Whetstone, Bennett	10	Atlantic HS	19:27.93	36
38 Holdmeyer, Keegan	09	Adm Cross Country	19:28.09	37
39 Sonntag, Alex	10	Atlantic HS	19:33.57	38
40 Mayer, Michael	12	Clarinda HS	19:37.67	39
41 Denny, Adam	11	St Albert	19:38.91	40
42 Brewer, Jaxon	09	Lewis Central	19:50.76	41
43 Christensen, Lorcan	12	Sioux City North	19:54.07	42
44 Regehr, Lance	12	Clarinda HS	19:54.11	43
45 Pobanz, Nathan	12	Atlantic HS	19:54.25	44
46 Williams, Andrew	12	Glenwood	19:55.83	45
47 Wipperman, Riley	11	Creston HS	20:00.18	
48 Greenstreet, Davian	11	Sioux City North	20:01.82	46
49 Schuster, Eli	12	Shenandoah	20:05.63	47
50 Wise, Owen	10	St Albert	20:08.80	48
51 Racine, Tony	10	Essex MS	20:12.75	
52 Bragg, Joseph	10	Harlan	20:18.61	49

2021 Glenwood XC Invite - 8/28/2021**Glenwood Lake Park****Results****...Event 4 Boys 5k Run CC Varsity**

53 Denning, Michael	12 Tri-Center	20:19.11	50
54 Morton, Chase	12 St Albert	20:19.14	51
55 Woltmann, Luke	10 Lewis Central	20:20.60	52
56 Little Thunder, Damian	09 Shenandoah	20:32.27	53
57 Bergren, Bryton	10 Red Oak	20:32.92	54
58 Dahir, Christian	10 Tri-Center	20:48.92	55
59 Eblen, Anthony	10 Creston HS	20:50.02	
60 Altman, Isaac	12 Atlantic HS	20:51.81	56
61 Lihs, Alex	10 Clarinda HS	20:56.04	57
62 Schuster, Josh	12 Shenandoah	20:57.10	58
63 Anderson, Seth	11 Harlan	21:05.91	59
64 Barncastle, Triston	12 Creston HS	21:08.50	
65 Gast, Alex	12 St Albert	21:08.55	60
66 Bose, Ethan	11 CB Jefferson	21:17.59	61
67 Martin, George	12 Shenandoah	21:25.08	62
68 Ruhl, Anderson	10 Red Oak	21:28.88	63
69 Meyer, Cole	12 Tri-Center	21:33.79	64
70 Heilesen, Keaton	10 Harlan	21:38.74	65
71 LeRette, Joshua	10 Red Oak	21:44.46	66
72 Obermiller, Anthony	11 East Mills	21:48.60	67
73 Irlmeier, Luke	09 Atlantic HS	21:54.02	68
74 Gavin, Andersen	11 Heartland Christian	21:55.58	
75 Georgius, Drew	12 Tri-Center	22:03.33	69
76 Markuson, Mark	11 CB Jefferson	22:12.64	70
77 Blackman, Nolan	12 Red Oak	22:12.90	71
78 Erickson, Brett	09 Red Oak	22:19.15	72
79 Holste, Davin	09 Shenandoah	22:48.01	73
80 Barrett, Steven	10 East Mills	22:54.37	74
81 Jenkins, Ty	10 Red Oak	23:03.91	75
82 Weers, Simeon	10 Tri-Center	23:06.72	76
83 McDonald, Kyle	09 Tri-Center	23:32.79	77
84 Johnson, Camryn	11 East Mills	23:37.61	78
85 Vallin, Emmanuel	11 CB Jefferson	24:28.92	79
86 Berg, Nick	10 CB Jefferson	24:35.43	80
87 Neville, Asa	11 CB Jefferson	24:42.42	81
88 Boswell, Jacob	09 St Albert	24:46.74	82
89 Hopkins, Gabe	09 Creston HS	24:55.02	
90 Laramie, AJ	11 East Mills	26:36.39	83
91 Wade, Thoren	11 East Mills	26:39.40	84
92 Burney, Aaron	12 CB Jefferson	27:25.03	85
-- Bose, Ethan	11 Cbtj	DNS	
-- Burney, Aaron	12 Cbtj	DNS	
-- Berg, Nick	10 Cbtj	DNS	
-- Evans, Gavin	10 Creston HS	DNS	
-- Evans, Tristan	09 Creston HS	DNS	
-- Vallin, Emmanuel	11 Cbtj	DNS	
-- Razez, Alex	10 Shenandoah	DNS	
-- Vandemark, Noah	09 Essex MS	DNS	
-- Williams, Zach	11 St Albert	DNS	
-- Piskorski, Hadyn	12 St Albert	DNS	
-- Markuson, Mark	11 Cbtj	DNS	
-- Soriano, Roi	12 Cbtj	DNS	
-- Neville, Asa	11 Cbtj	DNS	

2021 Glenwood XC Invite - 8/28/2021

Glenwood Lake Park

Results

Event 2 Girls 5k Run CC Junior Varsity

Name	Year	School	Finals	Points
Results - Women				
1 Nightser, Julia	10	Glenwood Girls XC	23:48.12	1
2 Griffin, Emerson	11	Glenwood Girls XC	23:48.91	2
3 DeGonia, Amber	09	Creston HS	23:56.94	
4 Hughes, Kate	11	Glenwood Girls XC	24:42.02	3
5 Rang, Mahala	10	Glenwood Girls XC	25:11.11	4
6 Anderson, Kayla	09	Harlan	25:28.97	5
7 Smith, Dani	10	Harlan	25:30.01	6
8 Rohrberg, Sydney	10	Glenwood Girls XC	25:57.41	7
9 Smith, Alexis	09	Glenwood Girls XC	26:00.25	8
10 Duncan, Addison	09	St Albert	26:19.05	
11 Anderson, Kassie	09	Harlan	26:24.77	9
12 Kaster, Ania	12	Harlan	26:45.09	10
13 Heithoff, Kate	12	Harlan	26:52.58	11
14 Gonzalez, Ali	09	Sioux City North	27:03.33	12
15 Curren, Ally	12	Harlan	27:14.47	13
16 Niklasen, Aspen	12	Atlantic HS	27:18.76	
17 Kasymova, Nozima	09	Harlan	27:35.46	14
18 Wipperman, Caytee	09	Creston HS	27:48.72	
19 Rice, Tristen	11	Creston HS	27:48.73	
20 Olson, Kaylee	10	Sioux City North	27:52.51	15
21 Dvorak, Mattie	11	Atlantic HS	28:04.83	
22 Mullenix, Elise	09	Lewis Central	28:06.61	16
23 Swensen, Molly	09	Harlan	28:13.87	
24 Wingert, Lauren	10	Harlan	28:32.08	
25 Calderon, Carmen	12	Sioux City North	28:33.19	17
26 Barrett, Ann	12	East Mills	28:46.08	
27 Elgert, Alaina	09	Sioux City North	28:57.65	18
28 Hiller, Abby	09	Glenwood Girls XC	29:25.85	19
29 Moore, Addison	09	Clarinda HS	29:50.35	
30 Hanna, Kyleigh	11	Lewis Central	29:50.91	20
31 Venegas, Jenny	10	Sioux City North	30:01.11	21
32 Argotsinger, Hadlie	09	Harlan	30:14.26	
33 Hosick, Sydney	12	CB Jefferson	30:18.75	
34 Proctor, Lilly	12	East Mills	30:25.50	
35 Schrunck, Ashley	09	Sioux City North	30:26.06	22
36 Wells, Megan	11	East Mills	30:37.84	
37 Carlson, Hailey	11	CB Jefferson	30:42.91	
38 Isabelle, Wilson	09	Heartland Christian	30:56.26	
39 Schmitz, Kathleen	09	Harlan	30:58.32	
40 Kopp, Megan	12	Sioux City North	30:59.81	23
41 Daly, Kaedance	09	Clarinda HS	31:13.20	
42 Johnson, Emma	09	Glenwood Girls XC	31:19.12	
43 Sundberg, Paige	10	St Albert	31:34.91	
44 Elgert, Adelynn	09	Sioux City North	32:03.98	
45 Molgaard, Nissa	09	Atlantic HS	32:57.78	
46 Vollmer, Lilee	11	Sioux City North	33:32.65	
47 Aguilar, Felicity	12	Sioux City North	34:12.45	
48 Puetz, Kendall	10	Sioux City North	35:07.65	
49 Burgett, Isabella	11	Lewis Central	35:30.23	24
50 Salmons, Ravyn	11	Clarinda HS	35:43.56	
51 Miller, Lauren	12	Lewis Central	35:45.03	25
52 Hindman, Shelby	12	East Mills	41:32.37	

2021 Glenwood XC Invite - 8/28/2021

Glenwood Lake Park

Results

Event 5 Boys 5k Run CC Junior Varsity

Name	Year	School	Finals	Points
Results - Men				
1 Griffin, Jackson	11	Glenwood	19:07.92	1
2 Landphair, Hunter	10	Adm Cross Country	19:22.30	2
3 Schultz, Kiefer	09	Sioux City North	19:30.95	3
4 Schultz, Connor	09	Sioux City North	19:44.74	4
5 Vandemark, Noah	09	Essex MS	19:44.77	
6 Mixan, Maverick	10	Glenwood	19:45.87	5
7 Gomez, Raul	11	Sioux City North	19:45.91	6
8 Gutierrez, Jose	12	Sioux City North	19:49.92	7
9 Getter, Will	09	Glenwood	19:58.76	8
10 Slayman, Preston	11	Glenwood	20:01.20	9
11 Peters, Sam	10	Adm Cross Country	20:13.64	10
12 Evans, Jaden	09	Glenwood	20:18.93	11
13 Vandevoorde, Grant	12	Adm Cross Country	20:27.92	12
14 Cox, Haidyn	10	Lewis Central	20:31.63	13
15 Alexander, Jacob	11	Adm Cross Country	20:43.79	14
16 Voudry, Dylan	10	Lewis Central	20:47.03	15
17 McMullen, Jack	11	Glenwood	20:47.05	16
18 Hawkinson, Matthew	10	Sioux City North	20:48.79	17
19 Spurr, Braden	10	Atlantic HS	20:51.74	18
20 Desmarais, Harrison	11	Adm Cross Country	20:56.54	19
21 Gishe, Yasin	11	Sioux City North	20:57.00	20
22 Edwards, Ethan	12	Lewis Central	20:57.96	21
23 Thompson, Christian	09	Atlantic HS	21:02.79	22
24 Yanacheak, Luke	09	Adm Cross Country	21:02.99	23
25 Hook, Tom	10	Adm Cross Country	21:06.05	24
26 McQueen, Aaron	10	Glenwood	21:09.09	25
27 McDowell, Brandon	10	Shenandoah	21:12.03	26
28 Schlachter, Paul	11	Shenandoah	21:22.04	27
29 McFadden, Mason	10	Atlantic HS	21:27.33	28
30 Leu, Josh	09	Glenwood	21:27.75	
31 Patzer, Sawyer	11	Glenwood	21:32.43	
32 Coleman, Shawn	10	Lewis Central	21:33.41	29
33 Purvis, Hunter	10	Glenwood	21:35.79	
34 Woolworth, Logan	09	Sioux City North	21:42.60	30
35 Barr, Grant	10	Clarinda HS	21:48.47	31
36 Murray, Sam	10	Lewis Central	21:56.81	32
37 Truitt, Tate	09	Adm Cross Country	21:57.67	
38 Schaben, Carter	12	Glenwood	22:04.66	
39 Martin-Ramos, Maximo	12	Sioux City North	22:10.60	
40 McQueen, Alex	11	Glenwood	22:10.64	
41 Russel, Erik	11	Glenwood	22:11.96	
42 Kavars, Jack	12	Lewis Central	22:15.73	33
43 Kathol, Preston	12	Lewis Central	22:20.08	34
44 White, Drew	11	Lewis Central	22:20.70	
45 West, Ethan	10	Glenwood	22:28.14	
46 Selken, Richard	09	Lewis Central	22:35.97	
47 Silence, Conner	09	Atlantic HS	22:39.34	35
48 Smith, Noah	11	Adm Cross Country	22:40.72	
49 Papadopoulos, Thomas	11	Adm Cross Country	22:45.45	
50 Bonsack, Caleb	10	Lewis Central	22:58.69	
51 Fields, Devon	09	Atlantic HS	23:00.97	36
52 Chapman, Isaac	09	Adm Cross Country	23:04.22	

2021 Glenwood XC Invite - 8/28/2021**Glenwood Lake Park****Results****...Event 5 Boys 5k Run CC Junior Varsity**

53 Anderson, Jaxton	11 Lewis Central	23:10.72	
54 Morrison, Kammeron	09 Glenwood	23:13.04	
55 Barradas, Luis	12 Lewis Central	23:20.54	
56 Sampson, Alex	12 Atlantic HS	23:20.59	37
57 Smithers, Jack	09 Glenwood	23:24.72	
58 Walz, Elliot	11 Sioux City North	23:25.43	
59 Olson, Jamison	09 Lewis Central	23:27.09	
60 Cosgrove, William	09 Atlantic HS	23:30.62	38
61 Iversen, Deacon	10 Clarinda HS	23:31.20	39
62 McGoldrick, Landon	09 Glenwood	23:32.99	
63 Carey, Trahyger	10 Atlantic HS	23:34.53	
64 Brady, Dingus	09 Heartland Christian	23:38.65	
65 Krysl, Jacob	12 Sioux City North	23:42.14	
66 Houser, Lee	12 Atlantic HS	23:49.32	
67 Fishell, Parker	10 Lewis Central	23:49.65	
68 Phippen, Hayden	12 Lewis Central	23:56.30	
69 Niklasen, Tate	10 Atlantic HS	24:00.03	
70 Sonderman, Jeb	09 Harlan	24:10.50	40
71 Kern, Michael	12 Lewis Central	24:21.53	
72 Sorensen, Micah	10 Harlan	24:23.83	41
73 Lawrence, Andrew	10 Shenandoah	24:27.64	42
74 Hinsley, Tyler	12 Lewis Central	24:27.75	
75 Eikenberry, Matt	10 Tri-Center	24:33.30	43
76 Sorensen, Jorgen	10 Harlan	24:34.88	44
77 Lee, Pierson	11 Adm Cross Country	24:35.70	
78 Johnson, Broedy	11 Lewis Central	24:37.15	
79 Campbell, Caleb	12 Lewis Central	24:39.83	
80 Edwards, Jackson	11 Lewis Central	24:40.17	
81 Mathisen, Tristan	12 Atlantic HS	24:46.54	
82 Lee, Patrick	09 Adm Cross Country	24:51.12	
83 Rodewald, Rafe	10 Shenandoah	24:53.92	45
84 Stickland, Bennett	10 Red Oak	24:54.17	46
85 Eberly, Forrest	11 Clarinda HS	24:57.55	47
86 Haroldson, Gavin	09 Sioux City North	25:14.03	
87 Ruby, Cael	11 Adm Cross Country	25:22.06	
88 Embrock, Adam	10 Sioux City North	25:28.51	
89 Houser, Tye	09 Atlantic HS	25:29.07	
90 Kolhof, Jacob	09 Lewis Central	25:29.71	
91 Bortmess, Ethan	09 Lewis Central	25:31.85	
92 Baase, Rylan	10 Adm Cross Country	25:32.38	
93 Stowe, Matt	11 Tri-Center	25:33.38	48
94 Johnson, Aidan	09 Lewis Central	25:38.05	
95 Kellin, Braden	12 CB Jefferson	25:42.49	
96 Norton, Jonah	10 Clarinda HS	25:52.44	49
97 Delperdang, Xander	12 Sioux City North	25:59.67	
98 Eubank, Griffin	10 Red Oak	26:01.21	50
99 King, Charlie	12 Lewis Central	26:12.97	
100 Johnson, Korbin	10 Atlantic HS	26:22.44	
101 Thramer, Caden	09 Lewis Central	26:24.04	
102 Lajeuness, Talon	09 Atlantic HS	26:28.52	
103 Lepe, Chino	11 Red Oak	26:35.06	51
104 Smith, Jordan	09 Lewis Central	26:38.39	
105 Hillwick, Garrett	10 Harlan	26:47.08	52
106 Elijah, Lewis	10 Heartland Christian	26:49.38	
107 Stearns, Cooper	09 East Mills	26:58.35	53

2021 Glenwood XC Invite - 8/28/2021

Glenwood Lake Park

Results

...Event 5 Boys 5k Run CC Junior Varsity

108	Valladolid, Jose	11	Sioux City North	26:59.03	
109	Wright, Dalton	10	Clarinda HS	27:22.75	54
110	Schueth, Bronson	12	Sioux City North	27:29.08	
111	Fields, Anthony	10	Harlan	27:36.06	55
112	Seipold, Walter	09	East Mills	27:36.14	56
113	Welchans, Logan	10	Red Oak	27:50.35	57
114	Hsee, Poe	12	CB Jefferson	27:51.38	
115	Ellsworth, Archer	09	Tri-Center	27:52.88	58
116	Proctor, Fletcher	09	East Mills	27:55.07	59
117	Diego, Huey	09	Heartland Christian	27:58.32	
118	Derby, Drew	09	Atlantic HS	28:02.47	
119	Short, Adam	12	Creston HS	28:03.85	
120	Hewett, Grayson	12	Red Oak	28:17.94	60
121	Schmitt, Wyatt	09	East Mills	28:36.14	61
122	Baldwin, Wyatt	11	Shenandoah	28:41.30	62
123	Blum, Nick	12	Adm Cross Country	28:53.53	
124	Morelock, Drew	09	Shenandoah	28:53.92	63
125	Smith, Nolan	10	St Albert	29:13.52	
126	Saavedra, Carlos	11	Adm Cross Country	29:16.06	
127	Pearson, Dylan	10	Lewis Central	29:17.95	
128	Josiah, Gray	09	Heartland Christian	29:30.79	
129	Ploen, Zach	09	Tri-Center	29:43.05	64
130	Embree, Owen	10	Adm Cross Country	29:53.12	
131	Philpot, Caleb	09	Adm Cross Country	29:58.35	
132	Bouwers, Paul	09	Sioux City North	30:04.52	
133	Harms, Tyler	09	Harlan	30:27.39	65
134	Breyfogle, Logan	09	Harlan	30:45.09	66
135	Wigginton, Jackson	10	St Albert	31:11.43	
136	Brower, Jacob	09	Red Oak	31:20.26	67
137	Kluver, David	12	Harlan	31:34.04	
138	Chaudhari, Om	11	Lewis Central	31:55.58	
139	Hunt, Caleb	11	CB Jefferson	32:58.09	
140	Ellis, Isaak	10	Glenwood	33:24.11	
141	Williams, Jordan	09	East Mills	34:27.84	68
142	Smith, Ripley	09	Glenwood	36:13.37	
143	Phipps, Ethan	09	Shenandoah	36:37.68	69
144	Smith, Hunter	09	Tri-Center	38:07.53	70
145	Palmer, Hendrix	09	Shenandoah	41:19.55	
146	Murdock, Evan	09	Creston HS	49:04.52	
--	Kilker, Gage	10	Adm Cross Country	DNS	
--	Rusler, Rashaud	09	Sioux City North	DNS	
--	Hsee, Poe	12	Cbtj	DNS	
--	Fields, Rickie	10	Atlantic HS	DNS	
--	Hunt, Caleb	11	Cbtj	DNS	
--	Mendez, Angel	10	Sioux City North	DNS	
--	Kumbi, Abubekar	10	Sioux City North	DNS	
--	Olson, Joseph	11	Sioux City North	DNS	
--	Morales-Perez, Osmar	10	Sioux City North	DNS	
--	Bowen, Brandon	10	CB Jefferson	DNS	
--	Santacruz, Joel	11	CB Jefferson	DNS	
--	Tallman, Will	09	St Albert	DNS	
--	Boswell, Jacob	09	St Albert	DNS	
--	Morales, Drew	10	CB Jefferson	DNS	
--	Aguilar, Anthony	09	Cbtj	DNS	
--	Henderson, Brock	10	Atlantic HS	DNS	

2021 Glenwood XC Invite - 8/28/2021

Glenwood Lake Park

Results

Event 9 Girls 2400 Meter Run CC Junior High

Name	Year	School	Finals	Points
Results - Women				
1 Hebel, Caitlin	08	Glenwood Girls XC	13:52.57	1
2 Hunter, Maya	08	Clarinda MS	13:52.88	2
3 Hughes, Megan	07	Glenwood Girls XC	14:10.41	3
4 Berglund, Grace	07	Glenwood Girls XC	14:44.99	4
5 Hesse, Elaina	07	Clarinda MS	14:48.62	5
6 Harms, Katelyn	07	Glenwood Girls XC	15:20.11	6
7 Diehm, Kiera	07	Heartland Christian	15:30.68	
8 Scheer, Mya	07	Kirn	15:41.83	7
9 Hughes, Haylee	08	Glenwood Girls XC	15:45.85	8
10 Barnes, Alexa	07	Clarinda MS	15:55.55	9
11 Newman, Averi	08	Glenwood Girls XC	15:59.07	10
12 Downey, Kylar	07	Clarinda MS	16:17.62	11
13 Wood, Maddie	08	St. Wenceslaus	16:25.65	12
14 Jaffe, Inga	07	Kirn	16:30.31	13
15 Stroud, Sophia	07	Glenwood Girls XC	16:33.56	14
16 Tynan, Grace	08	St. Wenceslaus	16:34.09	15
17 Visty, Ella	08	St. Wenceslaus	16:49.12	16
18 Beacom, Amelia	08	St. Wenceslaus	16:51.41	17
19 Zimmerman, Avery	08	Kirn	16:51.75	18
20 Kirchner, Elayna	07	Clarinda MS	17:00.65	19
21 Johansen, Audrina	08	Glenwood Girls XC	17:01.52	
22 Wilson, Kaylee	07	Heartland Christian	17:03.05	
23 Cohrs, Addison	08	Kirn	17:04.49	20
24 Ketelsen, Sami	07	St. Wenceslaus	17:13.01	21
25 Pearce, Alexandra	07	Kirn	17:13.54	22
26 Stott, Norah	08	Kirn	17:44.26	23
27 Jones, Eva	07	St Albert	17:48.69	
28 Acamo, Georgie	07	St. Wenceslaus	17:58.78	24
29 Moore, Jaila	07	Kirn	18:24.11	25
30 Muff, Richlyn	08	Clarinda MS	18:27.02	26
31 Abels, Delaney	07	St. Wenceslaus	18:28.11	27
32 Kollars, Charlotte	7	St. Wenceslaus	18:31.37	
33 Herron, Kianna	08	Glenwood Girls XC	18:35.59	
34 Kolamneo, Britney	07	Clarinda MS	19:11.39	28
35 Long, Isabella	07	St. Wenceslaus	19:22.15	
36 Johnson, Lily	07	Atlantic MS	19:35.36	
37 Tolliver, Dani	07	St. Wenceslaus	19:42.46	
38 Zimmerman, Addison	08	Kirn	19:47.88	
39 Solorio Valdez, Jocelyn	08	Kirn	19:49.32	
40 Kohl, Kylie	08	Kirn	20:09.86	
41 Millar, Lakisha	07	Glenwood Girls XC	20:17.98	
42 Kollars, Caroline	7	St. Wenceslaus	20:35.59	
43 Renander, Aubrey	07	Clarinda MS	20:46.40	
44 Newman, Autumn	07	Glenwood Girls XC	20:50.29	
45 Conrad, Dylan	08	Kirn	21:27.74	
46 Sandahl, Ella	07	Essex MS	22:20.03	
47 Thurman, Skylar	08	Kirn	23:04.47	
48 Stuck, Winifred	07	Essex MS	23:33.78	
49 Oliver, Alivia	07	Kirn	25:07.76	
50 Huff, Hannah	08	Kirn	26:21.82	
-- Visty, Reese	07	St. Wenceslaus	DNS	
-- Royse, Calli	07	St. Wenceslaus	DNS	

2021 Glenwood XC Invite - 8/28/2021

Glenwood Lake Park

Results

Event 10 Boys 2400 Meter Run CC Junior High

Name	Year	School	Finals	Points
Results - Men				
1 Coots, Kevin	08	Glenwood	11:39.06	1
2 Tallmon, Jace	07	Glenwood	12:25.42	2
3 Teetor, Max	07	St. Wenceslaus	12:29.36	3
4 Lunning, Rowan	08	St. Wenceslaus	12:41.29	4
5 Markut, Xander	08	Glenwood	13:10.30	5
6 Prusha, Jordan	07	Glenwood	13:45.75	6
7 Meekins, Joey	07	St. Wenceslaus	14:05.97	7
8 Schaa, Cooper	07	Kirn	14:15.94	8
9 Wells, Mark	07	East Mills	14:24.65	
10 Steele, Colin	08	Glenwood	14:38.05	9
11 Gray, Malachi	07	Heartland Christian	14:44.79	
12 Yagmour, CJ	07	St. Wenceslaus	14:47.20	10
13 Stuva, Colton	08	St. Wenceslaus	14:47.66	11
14 Wolfe, Lincoln	08	St. Wenceslaus	15:16.84	12
15 Widerstein, Dane	07	Atlantic MS	15:19.71	13
16 Chappel, Aaron	07	Glenwood	15:23.28	14
17 Schmidt, Louie	08	St. Wenceslaus	15:24.04	15
18 Peters, Williams	08	Glenwood	15:35.78	16
19 Powers, Conor	07	St. Wenceslaus	15:49.07	
20 Stogdill, Isaiah	07	Clarinda MS	16:32.39	
21 Sneed, Brodie	7	Glenwood	16:39.84	
22 McNaughton, James	07	St. Wenceslaus	16:40.75	
23 Lampe, Pearson	08	Atlantic MS	16:43.40	17
24 Gard, Joey	07	St. Wenceslaus	16:46.97	
25 McDaniel, Malak	07	Kirn	17:13.31	18
26 Mead, Riley	08	St. Wenceslaus	17:21.19	
27 Cook, Xander	07	Atlantic MS	17:25.60	19
28 Hamilston, Isaac	07	Kirn	17:27.13	20
29 Smith, Brady	08	St Albert	17:30.54	
30 Harris, Garrett	07	Essex MS	17:47.15	
31 Taylor, Malcom	07	Clarinda MS	17:51.31	
32 Schoening, Ben	07	Glenwood	18:34.77	
33 Ginther, Brady	07	Atlantic MS	18:35.29	21
34 Steinkraus, Noah	07	St. Wenceslaus	18:58.68	
35 Stacy, Kaden	07	Atlantic MS	19:12.77	22
36 Van Sickle, Alexander	08	Kirn	19:15.08	23
37 Pettit, Cain	08	Kirn	19:18.65	24
38 Steinkemper, Shane	07	St. Wenceslaus	21:49.61	
39 Marsh, Max	08	St Albert	21:53.90	
40 Holtmyer, Michael	08	Heartland Christian	22:33.56	
41 Horton, Mak	07	Glenwood	23:45.01	
42 Ragland, Jeremy	07	Glenwood	24:55.31	
43 Borchre, Wyatt	07	Glenwood	27:26.75	
44 Lynes, Brendon	07	Glenwood	28:01.61	
-- Plumb, Tim	08	Clarinda MS	DNS	
-- Rowe, Zachariah	08	Clarinda MS	DNS	
-- Huston, Logan	07	Atlantic MS	DNS	
-- Shanahan, Killian	08	St. Wenceslaus	DNS	
-- Vanaparti, Nathan	07	St. Wenceslaus	DNS	

