

M.S. GIRLS	YEAR	FINAL/TIME	POINTS/Finish place	TEAM SCORE	Algona	55
Algona						
Reese Taylor-Jostad		15:17.75	20			55
Addison Weydert		14:53.19	16		Spirit Lake	81
Mara Davis		12:46.98	2		Spencer	92
Sienna Fehr		16:31.35	29			
Hayden Kuhlmann		14:06.44	7			
Taylor Coleman		21:10.69	40			
Ellah Murphy		14:28.42	10			
Naamah Chapman		20:52.71	39			
Hana Perez		18:09.80	34			
Bishop Garrigan						
None						
Emmetsburg						
Danica Ringlaben		13:53.34	6			
Emily Thompson		14:59.03	17			
Hadlee Trembly		16:17.31	27			
Emmy Dooley		15:33.34	24			
Lizzi Thoren						
Estherville Lincoln Central						
Kylie Olson		15:16.31	19			
GTRA						
NONE						
North Iowa						
Lauren Hillesland		12:23.78	1			
Ava Meinders		13:21.14	4			
North Union						
Alexis Cummins		13:11.96	3			
Alyssa Welbig		14:40.50	13			
Pocahontas						
Alayna Kakacek						

Delaney Janssen						
Brooklyn Hubbel	15:18.24	21				
Erin Stuchlick						
Kristin Axman						
Graclyn Eastman						
Aubrey Erickson						
Lily Nelson						
Natalie Summerlot	16:00.63	26				
Remsen St. Mary's						
NONE						
Sibley-Ocheyedan						
NONE						
Spencer						
Rachel Bare	18:49.52	35				92
Lilly Doty	19:23.11	38				
Katie Eilts	15:18.69	22				
Kennedy Graettinger	16:48.31	31				
Miley Herke	24:30.36	41				
Hanna Hibbs	24:32.05	42				
Mercedes Krieg	17:01.31	33				
Lauren Lee	16:49.05	32				
Avery Metcalf	18:57.98	36				
Ava Morey	15:38.24	25				
Alex Palmer	14:26.74	9				
Emily Schmidt						
Maggie Scheleman	16:29.95	28				
Mia Schwartz	16:37.89	30				
Kaitlin Sirovy	14:20.38	8				
Autumn Weber	19:21.06	37				
Spirit Lake						
Bethany Frostestad	14:47.53	14				81
Audrina Bennett	15:15.64	18				

Mackenzie Bennett		14:51.34	15			
Carly Farmer		15:24.98	23			
Indy Holscher						
Cassie McKeen		14:32.73	11			
Miley Wells						
WBM						
Lily Morey	8th	14:39.96	12			

M.S. BOYS	YEAR	FINAL/TIME	POINTS/Finish	TEAM SCORE	Spirit Lake	40
Algona						60
Colin Roberts		17:02.87	45	77	Spencer	74
Gavin Weber		10:36.42	1		Estherville	77
Barrett Morgan		11:50.55	8		Algona	94
Conner Bruellman		14:44.68	32		Pocahontas	178
Owen Doocy-Bonstead					North Union	
Kyler Besch		13:31.43	18			
John Collins		18:32.97	49			
Wyatt Kelly		13:58.98	26			
Landon Campe		13:54.74	24			
Bishop Garrigan						
Corbin Darling		18:20.46	48			
Caelum Blocker			?			
Emmetsburg						
NONE						
Estherville Lincoln Central						
Warren Duitsman		10:56.30	3	74		
Bennett Duitsman		11:15.32	4			
Conner Matheson		13:51.93	22			
Clayton Burton		13:40.93	20			
Aiden White		14:45.64	33			
Wyatt Martin		14:34.08	29			
Jayden Pollock		13:56.45	25			
Dalton Lutat		15:19.84	38			
GTRA						
NONE						
North Iowa						
Isaac Beenken		16:11.82	42			
Noah Beenken		20:41.60	53			

Ezekiel Garst			16:02.28	40			
Jasper Wirth			13:54.74	23			
North Union							
Aiden Bauer			13:39.23	19		178	
Jeremiah Campbell			16:56.91	44			
Kade Madden			14:43.62	31			
Richard Smith			16:05.27	41			
Michael Tobin			16:43.10	43			
Pocahontas							
Chase Flaherty			12:27.13	9		94	
Jackson Flaherty			13:09.34	15			
Jack Gerdes			14:22.75	27			
Collin Dreith			12:50.88	13			
Kellen Kinkade			14:35.44	30			
Nathan Gregerson							
Justin Shearer			14:53.47	36			
Coen Hammen							
Remsen St. Mary's							
Sam Gerreitts		7th	19:52.66	51			
Kinnick Mohning		7th	14:30.13	28			
Sibley-Ocheyedan							
NONE							
Spencer							
Reno Anderson			13:50.14	21		60	
Cayden Brewer							
Noah Fullhart			12:43.59	11			
Ethan Hass			14:47.02	34			
Jayden Hibbs			15:07.47	37			
Kase Kardell			20:51.85	54			
Keagen Mammen							

Nolan McCusker		10:47.65	2				
Owen McNea							
Camden Mosher		13:16.59	16				
Creighton Parsons		17:51.18	46				
Nathan Rodriguez		12:52.62	14				
Joe Ruden		19:33.15	50				
William Salton							
Colby Sherrod		13:25.66	17				
Cameron Van Der Heide		14:50.68	35				
Tate Zinn		17:53.01	47				
Spirit Lake							
Samson Coates		15:32.78	39			40	
Jace Hungerford		11:42.42	6				
Keagan VandHoef		12:38.93	10				
Michael Cilliers							
Noah Lee		12:50.45	12				
Carter Trautman		11:49.44	7				
Wes Walz		11:35.69	5				
WBM							
NONE							

J.V. GIRLS	YEAR	FINAL/TIME	POINTS/Finish	TEAM SCORE
Algona				
NONE				
Bishop Garrigan				
NONE				
Emmetsburg				
Macy Van Wyhe		30:43.52	7	
Taytum Sargent		31:19.21	8	
Estherville Lincoln Central				
NONE				
GTRA				
NONE				
North Iowa				
NONE				
North Union				
Allison Nelson		26:53.85	3	
Jennifer Carranza		27:42.26	5	
Michaela Carranza				
Harley Tobin				
Pocahontas				
NONE				
Remsen St. Mary's				
Olivia Hensch				
Macey Hoekstra				
Emily Vos				
Sibley-Ocheyedan				
America Ortiz-Ayala		26:12.27	2	
Makya Dykstra		26:56.88	4	

Addi Douma		24:33.99	1
Emily Vos		30:28.66	6
Spencer			
NONE			
Spirit Lake			
NONE			
WBM			
Lexi Welter	Fr.		

J.V. BOYS	YEAR	FINAL/TIME	POINTS/Finish	TEAM SCORE
Algona				
NONE				
Bishop Garrigan				
NONE				
Emmetsburg				
NONE				
Estherville Lincoln Central				
Isaac Rienke		27:46.18	4	
Eli Ross		36:49.76	5	
GTRA				
NONE				
North Iowa				
NONE				
North Union				
Ben Strueber		22:41.21	1	
Landon Price		24:58.60	2	
Pocahontas				
NONE				
Remsen St. Mary's				
NONE				
Sibley-Ocheyedan				
Matt Roelfs			Ran varsity	
Elliot Daiker			Ran Varsity	
Spencer				
NONE				
Spirit Lake				

NONE				
WBM				
Holden McClintock		So.	26:32.88	3

VARSITY BOYS	YEAR	FINAL TIME	POINTS/Finish	TEAM SCORE	Estherville	
Algona						67
NONE					Bishop Garrigan	68
Bishop Garrigan					Sibley-Ocheyedan	75
Quinn Swift		17:42.54	2	68	North Iowa	108
Gavin Swift		19:48.36	12		Emmetsburg	126
Hollis Bode		20:32.60	16		GTRA	143
Saben Meraz		20:32.14	15			
Xander Darling		21:38.52	23			
Ethan Kuper		22:06.67	30			
C.J. Weydert		24:38.92	38			
Emmetsburg						
Robert Frederick		27:30.40	42	126		
Fabian Bowman		18:23.62	5			
Lucian Benjamin		26:19.41	40			
Ben Hurley		24:33.59	37			
Esben Enriquez		24:26.78	36			
Aslessandro Ercoli		29:05.41	44			
Isaac Janssen		19:01.43	8			
Estherville Lincoln Central						
Parker Duitsman		17:29.40	1	67		
Kaleb Young		19:34.91	11			
Alex Cruz		19:34.55	10			
Jacob Knudson		21:36.45	21			
Will Martin		22:05.61	29			
Austin Hansen		21:49.20	24			
Caleb Lausen		23:35.97	34			
GTRA						
David Griffith		22:01.73	26	143		
Aiden Egertson		19:13.90	9			
Quentin Scott		24:13.58	35			

Zac Borchers		22:19.37	32				
Tristan Harvey		26:55.78	41				
North Iowa							
Brock Jensen		22:04.83	28			108	
Isaac Hillesland		21:52.95	25				
Jack Bennett		22:13.65	31				
Gavin Grunhovd		18:21.03	4				
Brendan Price			?				
Jackson Potter		21:26.15	20				
North Union							
Nick Schiltz		18:33.54	6				
Gavyn Morphew		18:40.77	7				
Chase Cummins		20:15.13	13				
Nick Arndorfer		21:12.21	18				
Pocahontas							
NONE							
Remsen St. Mary's							
NONE							
Sibley-Ocheyedan							
Jackson Byers		20:24.64	14			75	
Garrett Atherton		22:52.82	33				
Alejandro Bernal		17:46.71	3				
Keegan DeZeeuw		21:37.76	22				
Aiden DeZeeuw		20:56.08	17				
David Poppen		21:22.73	19				
Carson Steichen		26:03.93	39				
Spencer							
NONE							
Spirit Lake							
NONE							
WBM							

Damon Fehr	Sr.	22:02.67	27				
Joel Costa		28:42.74	43				
Olin Link		29:05.41	45				

VARSITY GIRLS	YEAR	FINAL/TIME	POINTS/Finish	TEAM SCORE	
Algona					
NONE					Sibley-Ocheyedan: 19
Bishop Garrigan					Emmetsburg: 85
Veronica Capesius		24:10.60	14		
Lillee Dieke			DNF		
Abbie Capesius					
Lauren Swift					
Emmetsburg					
Jenna Frieids		24:39.54	16	85	
Anika Stearns		25:48.59	19		
Nadia Berkland		27:44.46	25		
Saige Brown		26:57.98	23		
Allyson Thompson		25:33.64	18		
Isabel Doyle		23:53.05	10		
Mattie Dooley		26:53.79	22		
Estherville Lincoln Central					
Jasey Anderson		21:52.70	4		
Ava Matheson		27:01.05	24		
Kaitlyn Hammond		30:48.38	27		
Auroura Bollin					
GTRA					
Karima Rostom		32:32.49	29		
North Iowa					
Elizabeth Beenken		26:49.64	21		
Miriam Beenken		22:50.72	9		
Alyssa Olson		30:49.02	28		
North Union					

Jacey Welbig			22:31.17	5	
Hanna Sandvig			23:58.60	12	
Hannah Morphew			23:56.88	11	
Cassie Beadle			24:04.69	13	
Pocahontas					
NONE					
Remsen St. Mary's					
McKenna Loutsch	10th		24:12.99	15	
Maria Russell	12th				
Sibley-Ocheyedan					
Madison Brouwer			18:49.69	1	19
Bria Wasmund			20:42.72	2	
Madison Marco			20:57.69	3	
Macey Hoekstra			22:48.34	7	
Alayna Wingate			22:44.42	6	
Olivia Hensch			22:49.64	8	
Rachel Rusche			26:02.54	20	
Spencer					
NONE					
Spirit Lake					
NONE					
WBM					
Kayla Welter		Sr.	27:49.57	26	
Lexi Welter			24:45.15	17	