

SOUTHWEST VALLEY CC INVITE

SW Valley HS Girls XC Result Lake Icaria 9/16/2021 Cloudy 85°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Winterset	1	2	6	8	11	13	14	= 28	1:56:51	23:22	3:45
2	Central Decatur	3	4	7	12	17	20	26	= 43	2:01:13	24:15	3:45
3	Martensdale St. Marys	5	9	15	16	25			= 70	2:08:22	25:40	5:51
4	Red Oak	10	18	22	24	27	28	30	= 101	2:17:39	27:32	5:25
5	Southwest Valley	19	21	23	29	31	32	33	= 123	2:27:39	29:32	6:36

Incomplete Teams: Bedford, East Mills, East Union, Essex, North Nodaway, Sidney, Stanton

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Darci Wiseman	SR	Winterset	21:35	6:57
2	2	Dyllan Kaufman	JR	Winterset	22:23	7:12
3	3	Hadley Bell	SO	Central Decatur	22:36	7:16
4	4	Harrison Bevan	JR	Central Decatur	22:57	7:23
5	5	Ellie Baker	FR	Martensdale St. Marys	23:24	7:32
6	6	Micah Yeager	SR	Winterset	23:31	7:34
7	7	Aniston Jones	SO	Central Decatur	23:43	7:38
8	8	Morgan Sutton	SO	Winterset	24:02	7:44
9	9	Josephine Wearmouth	SR	Martensdale St. Marys	24:15	7:48
10	10	Camryn Bass	SR	Red Oak	24:31	7:54
11		Jilian Valencia	SO	East Union	24:58	8:02
12	11	Sami Craven	SO	Winterset	25:20	8:09
13	12	Makenna Perkins	FR	Central Decatur	25:37	8:15
14	13	Karsyn Kaufman	JR	Winterset	25:39	8:15
15	14	Mia Kerr	SR	Winterset	25:40	8:16
16	15	Autumn Elbert	FR	Martensdale St. Marys	25:41	8:16
17	16	Maryann Hart	FR	Martensdale St. Marys	25:47	8:18
18		Carly Roberts	SO	Stanton	26:06	8:24
19		Tori Sample	JR	Essex	26:12	8:26
20	17	Jamie Oesch	SO	Central Decatur	26:21	8:29
21	18	Delaney Hall	SR	Red Oak	26:24	8:30
22	19	Christine Andrews	SR	Southwest Valley	26:27	8:31
23	20	Addyson Schreck	FR	Central Decatur	26:59	8:41
24	21	Kya Newton	SO	Southwest Valley	27:17	8:47
25	22	Aedynn Graham	SR	Red Oak	27:54	8:59
26		Luci Davis	FR	Winterset	27:58	9:00
27		Hayleigh Vinzant	SR	North Nodaway	28:00	9:01
28		Allie Soderberg	JR	Winterset	28:03	9:02
29	23	Olivia Kathikar	FR	Southwest Valley	28:50	9:17
30		Hayden Waigand	SO	East Union	28:52	9:17
31	24	Lainey Klepinger	SO	Red Oak	28:53	9:18
32	25	Brooke Thompson	FR	Martensdale St. Marys	29:15	9:25
33	26	Chloe Hamaker	SR	Central Decatur	29:27	9:29
34		Annika Evertson	JR	Central Decatur	29:53	9:37
35	27	Josie McCunn	SO	Red Oak	29:56	9:38
36		Kandra Laumann	SO	Sidney	30:24	9:47
37		Maren Buckingham	JR	Central Decatur	30:28	9:48
38		Rhiana Henderson	FR	Winterset	30:49	9:55
39	28	Tessa Rolenc	JR	Red Oak	31:38	10:11
40	29	Seirra Pearson	SO	Southwest Valley	32:02	10:19
41		Ellyson Sheetz	SR	Central Decatur	32:03	10:19
42	30	Anna Grizzard	SR	Red Oak	32:06	10:20
43		Gigi Hanselman	FR	Winterset	32:21	10:25
44		Allie Stolte	SR	Winterset	32:46	10:33
45		Emma Aldridge	FR	Winterset	32:47	10:33
46		Aaleah Boles	FR	East Union	32:50	10:34
47		Grace Hockett	SO	Winterset	33:01	10:38
48	31	Karissa Richey	SO	Southwest Valley	33:03	10:38
49		Riley Yoder	SO	Central Decatur	34:21	11:04
50		Jessica Lukehart	SR	Red Oak	35:07	11:18
51	32	Victoria Fletchall	FR	Southwest Valley	35:20	11:22
52		Willow Miller	SR	Bedford	38:04	12:15
53	33	Averyle Butcher	FR	Southwest Valley	39:30	12:43
54		Alice Williams	SR	Southwest Valley	40:08	12:55
55		Michelle Grass	JR	Red Oak	42:15	13:36
56		Julia Means	JR	Southwest Valley	42:35	13:42
57		Jaide Larson	FR	Red Oak	42:48	13:47
58		Shelby Hindman	SR	East Mills	44:28	14:19

SOUTHWEST VALLEY CC INVITE

SW Valley HS Girls XC Result Lake Icaria 9/16/2021 Cloudy 85°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) Winterset				Score = 28			
1	Darci Wiseman, SR	21:35	6:57	Sidney			
2	Dyllan Kaufman, JR	22:23	7:12	36	Kandra Laumann, SO	30:24	9:47
6	Micah Yeager, SR	23:31	7:34	Stanton			
8	Morgan Sutton, SO	24:02	7:44	18	Carly Roberts, SO	26:06	8:24
11	Sami Craven, SO	25:20	8:09				
13	Karsyn Kaufman, JR	25:39	8:15				
14	Mia Kerr, SR	25:40	8:16				
	Luci Davis, FR	27:58	9:00				
	Allie Soderberg, JR	28:03	9:02				
	Rhiana Henderson, FR	30:49	9:55				
	Gigi Hanselman, FR	32:21	10:25				
	Allie Stolte, SR	32:46	10:33				
	Emma Aldridge, FR	32:47	10:33				
	Grace Hockett, SO	33:01	10:38				
2) Central Decatur				Score = 43			
3	Hadley Bell, SO	22:36	7:16				
4	Harrisen Bevan, JR	22:57	7:23				
7	Aniston Jones, SO	23:43	7:38				
12	Makenna Perkins, FR	25:37	8:15				
17	Jamie Oesch, SO	26:21	8:29				
20	Addyson Schreck, FR	26:59	8:41				
26	Chloe Hamaker, SR	29:27	9:29				
	Annika Evertson, JR	29:53	9:37				
	Maren Buckingham, JR	30:28	9:48				
	Ellyson Sheetz, SR	32:03	10:19				
	Riley Yoder, SO	34:21	11:04				
3) Martensdale St. Marys				Score = 70			
5	Ellie Baker, FR	23:24	7:32				
9	Josephine Wearmouth, SR	24:15	7:48				
15	Autumn Elbert, FR	25:41	8:16				
16	Maryann Hart, FR	25:47	8:18				
25	Brooke Thompson, FR	29:15	9:25				
4) Red Oak				Score = 101			
10	Camryn Bass, SR	24:31	7:54				
18	Delaney Hall, SR	26:24	8:30				
22	Aedynn Graham, SR	27:54	8:59				
24	Lainey Klepinger, SO	28:53	9:18				
27	Josie McCunn, SO	29:56	9:38				
28	Tessa Rolenc, JR	31:38	10:11				
30	Anna Grizzard, SR	32:06	10:20				
	Jessica Lukehart, SR	35:07	11:18				
	Michelle Grass, JR	42:15	13:36				
	Jaide Larson, FR	42:48	13:47				
5) Southwest Valley				Score = 123			
19	Christine Andrews, SR	26:27	8:31				
21	Kya Newton, SO	27:17	8:47				
23	Olivia Kathikar, FR	28:50	9:17				
29	Seirra Pearson, SO	32:02	10:19				
31	Karissa Richey, SO	33:03	10:38				
32	Victoria Fletchall, FR	35:20	11:22				
33	Averyle Butcher, FR	39:30	12:43				
	Alice Williams, SR	40:08	12:55				
	Julia Means, JR	42:35	13:42				
Incomplete Teams:							
Bedford							
52	Willow Miller, SR	38:04	12:15				
East Mills							
58	Shelby Hindman, SR	44:28	14:19				
East Union							
11	Jilian Valencia, SO	24:58	8:02				
30	Hayden Waigand, SO	28:52	9:17				
46	Aaleah Boles, FR	32:50	10:34				
Essex							
19	Tori Sample, JR	26:12	8:26				
North Nodaway							
27	Hayleigh Vinzant, SR	28:00	9:01				

SOUTHWEST VALLEY CC INVITE

SW Valley HS Boys XC Results Lake Icaria 9/16/2021 Cloudy 85°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Central Decatur	1	7	8	10	12	13	27	= 38	1:34:50	18:58	2:16
2	Winterset	4	5	9	11	14	16	17	= 43	1:35:49	19:10	1:47
3	Red Oak	3	15	18	24	26	31	35	= 86	1:43:49	20:46	3:56
4	Lamoni	6	19	21	34	50			= 130	1:58:20	23:40	13:31
5	Sidney	2	20	32	36	45			= 135	1:57:00	23:24	10:31
6	Martensdale St. Marys	23	25	28	29	33	41	42	= 138	1:54:22	22:52	2:03
7	Southwest Valley	22	39	40	43	46	49	52	= 190	2:09:57	25:59	6:31
8	East Mills	30	37	38	44	47	48	51	= 196	2:13:14	26:39	7:19

Incomplete Teams: Bedford, Coon Rapids-Bayard, East Union, Essex, Iowa School for the Deaf, Lenox, North Nodaway, Stanton

Place	Score	Name	Year	School	Time	Pace mpm
1	1	William Gillis	SR	Central Decatur	17:36	5:40
2	2	Cole Jorgenson	SR	Sidney	17:58	5:47
3	3	Baylor Bergren	SR	Red Oak	18:12	5:51
4	4	Blake Freese	SR	Winterset	18:20	5:54
5	5	Mason Back	JR	Winterset	18:33	5:58
6	6	Tyson McDole	JR	Lamoni	18:45	6:02
7	7	Tate Swartz	JR	Central Decatur	18:57	6:06
8	8	Gunner Smith	JR	Central Decatur	19:02	6:08
9	9	Sam Hensley	SO	Winterset	19:17	6:12
10	10	Vincent Carcamo	JR	Central Decatur	19:24	6:15
11	11	Ethan Easter	JR	Winterset	19:33	6:17
12	12	Joe Sheetz	SO	Central Decatur	19:52	6:24
13	13	Glenn Oesch	JR	Central Decatur	19:56	6:25
14	14	Liam Sutton	SO	Winterset	20:07	6:28
15		Jacob Driskill	SO	East Union	20:21	6:33
16	15	Nolan Blackman	SR	Red Oak	20:33	6:37
17	16	Eli Cowman	SO	Winterset	20:36	6:38
18	17	Luke Heithoff	JR	Winterset	20:37	6:38
19		Tony Racine	SO	Essex	20:45	6:41
20	18	Bryton Bergren	SO	Red Oak	20:53	6:43
21	19	Jack Greenwood	SR	Lamoni	21:05	6:47
22		Collin Kessler	FR	Winterset	21:33	6:56
23	20	Andreas Buttry	FR	Sidney	21:36	6:57
24	21	Matthew Patience	SR	Lamoni	21:48	7:01
25	22	Gabe Fuller	SR	Southwest Valley	21:59	7:05
26	23	Christian Choate	SO	Martensdale St. Marys	22:02	7:05
27	24	Brett Erickson	FR	Red Oak	22:03	7:06
28	25	Aden Moore	SO	Martensdale St. Marys	22:03	7:06
29	26	Ty Jenkins	SO	Red Oak	22:07	7:07
30	27	Isaiah Brunk	SR	Central Decatur	22:23	7:12
31		Evan Gettler	FR	Stanton	22:47	7:20
32		Damian Meek	JR	Stanton	22:55	7:23
33		Noah Johnson	SR	Bedford	22:57	7:23
34	28	Jonathan Moore	SO	Martensdale St. Marys	23:02	7:25
35	29	Elijah Wheelton	FR	Martensdale St. Marys	23:09	7:27
36		Dominic Shaw	FR	Winterset	23:11	7:28
37		Seth Ripperger	FR	East Union	23:15	7:29
38	30	Anthony Obermiller	JR	East Mills	23:17	7:30
39		Zack Frease	SO	Winterset	23:18	7:30
40		Mizael Gomez	SR	Lenox	23:52	7:41
41	31	Joshua Lerette	SO	Red Oak	23:53	7:41
42		Ari Johnson	FR	Central Decatur	23:53	7:41
43		Maddox Kistler	FR	Central Decatur	23:57	7:42
44	32	Wil Bryant	SO	Sidney	23:59	7:43
45	33	Nathan Mundil	FR	Martensdale St. Marys	24:05	7:45
46		Corey Heithoff	SR	Coon Rapids-Bayard	24:08	7:46
47		Franklin Pastorino	SO	Winterset	24:13	7:48
48	34	Canon Rivera	JR	Lamoni	24:26	7:52
49	35	Logan Welchans	SO	Red Oak	24:41	7:57
50		Darron Bix	JR	North Nodaway	24:49	7:59
51	36	Ladarius Albright	FR	Sidney	24:57	8:02
52		Jayven Welch	FR	Bedford	25:02	8:03
53		Lane Stillen	SO	Red Oak	25:07	8:05
54		Hugo Hanselman	JR	Winterset	25:12	8:07
55		Chino Lepe	JR	Red Oak	25:36	8:14
56	37	Aj Laramy	JR	East Mills	25:45	8:17
57	38	Thoren Wade	JR	East Mills	25:48	8:18
58		Bennett Stickland	SO	Red Oak	25:52	8:19
59		Ashton Gregg	SR	Central Decatur	25:52	8:20
60	39	Ryder Petry	SO	Southwest Valley	26:01	8:22
61		Anden Hall	FR	Central Decatur	26:13	8:26
62	40	Zach Teneyck	SO	Southwest Valley	26:14	8:27
63		Derek Albretchen	SO	East Union	26:17	8:27
64	41	Teegan Dorenkamp	FR	Martensdale St. Marys	26:47	8:37
65		Tyler Schrandt	FR	Central Decatur	27:01	8:42

SOUTHWEST VALLEY CC INVITE

SW Valley HS Boys XC Results Lake Icaria 9/16/2021 Cloudy 85°

Place	Score	Name	Year	School	Time	Pace mpm
66	42	Thomas Mundil	FR	Martensdale St. Marys	27:05	8:43
67		Quentin Coffelt	SR	Central Decatur	27:09	8:44
68		Griffin Eubank	SO	Red Oak	27:09	8:44
69	43	Ethan James	SO	Southwest Valley	27:12	8:45
70		James McDonald	FR	Stanton	27:30	8:51
71		Peyton Long	JR	East Union	27:33	8:52
72	44	Walter Seipold	FR	East Mills	27:49	8:57
73		Jacob Brower	FR	Red Oak	27:51	8:58
74	45	Christian Harris	JR	Sidney	28:30	9:10
75	46	Matthew Means	FR	Southwest Valley	28:30	9:11
76		Grayson Hewett	SR	Red Oak	28:53	9:18
77		Lakota Bengel	FR	Iowa School for the Deaf	30:01	9:40
78		Eric Super	JR	Winterset	30:09	9:42
79	47	Cooper Stearns	FR	East Mills	30:35	9:51
80	48	Fletcher Proctor	FR	East Mills	31:32	10:09
81	49	Deacon Ganfield	SO	Southwest Valley	31:37	10:11
82	50	Hosah Niebauer	FR	Lamoni	32:17	10:23
83	51	Jordan Williams	FR	East Mills	33:35	10:48
84		Kyle Pastore	JR	Stanton	34:03	10:58
85		Jeremiah Dobbins	JR	North Nodaway	34:15	11:01
86	52	Devyn Fasce	JR	Southwest Valley	42:22	13:38

SOUTHWEST VALLEY CC INVITE

SW Valley HS Boys XC Results Lake Icaria 9/16/2021 Cloudy 85°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) Central Decatur				8) East Mills			
Score = 38				Score = 196			
1	William Gillis, SR	17:36	5:40	30	Anthony Obermiller, JR	23:17	7:30
7	Tate Swartz, JR	18:57	6:06	37	Aj Laramy, JR	25:45	8:17
8	Gunner Smith, JR	19:02	6:08	38	Thoren Wade, JR	25:48	8:18
10	Vincent Carcamo, JR	19:24	6:15	44	Walter Seipold, FR	27:49	8:57
12	Joe Sheetz, SO	19:52	6:24	47	Cooper Stearns, FR	30:35	9:51
13	Glenn Oesch, JR	19:56	6:25	48	Fletcher Proctor, FR	31:32	10:09
27	Isaiah Brunk, SR	22:23	7:12	51	Jordan Williams, FR	33:35	10:48
	Ari Johnson, FR	23:53	7:41	Incomplete Teams:			
	Maddox Kistler, FR	23:57	7:42	Bedford			
	Ashton Gregg, SR	25:52	8:20	33	Noah Johnson, SR	22:57	7:23
	Anden Hall, FR	26:13	8:26	52	Jayven Welch, FR	25:02	8:03
	Tyler Schrandt, FR	27:01	8:42	Coon Rapids-Bayard			
	Quentin Coffelt, SR	27:09	8:44	46	Corey Heithoff, SR	24:08	7:46
2) Winterset				East Union			
Score = 43				Score = 196			
4	Blake Freese, SR	18:20	5:54	15	Jacob Driskill, SO	20:21	6:33
5	Mason Back, JR	18:33	5:58	37	Seth Ripperger, FR	23:15	7:29
9	Sam Hensley, SO	19:17	6:12	63	Derek Albretchsen, SO	26:17	8:27
11	Ethan Easter, JR	19:33	6:17	71	Peyton Long, JR	27:33	8:52
14	Liam Sutton, SO	20:07	6:28	Essex			
16	Eli Cowman, SO	20:36	6:38	19	Tony Racine, SO	20:45	6:41
17	Luke Heithoff, JR	20:37	6:38	Iowa School for the Deaf			
	Collin Kessler, FR	21:33	6:56	77	Lakota Bengel, FR	30:01	9:40
	Dominic Shaw, FR	23:11	7:28	Lenox			
	Zack Frease, SO	23:18	7:30	40	Mizael Gomez, SR	23:52	7:41
	Franklin Pastorino, SO	24:13	7:48	North Nodaway			
	Hugo Hanselman, JR	25:12	8:07	50	Darron Bix, JR	24:49	7:59
	Eric Super, JR	30:09	9:42	85	Jeremiah Dobbins, JR	34:15	11:01
3) Red Oak				Stanton			
Score = 86				Score = 196			
3	Baylor Bergren, SR	18:12	5:51	31	Evan Gettler, FR	22:47	7:20
15	Nolan Blackman, SR	20:33	6:37	32	Damian Meek, JR	22:55	7:23
18	Bryton Bergren, SO	20:53	6:43	70	James McDonald, FR	27:30	8:51
24	Brett Erickson, FR	22:03	7:06	84	Kyle Pastore, JR	34:03	10:58
26	Ty Jenkins, SO	22:07	7:07	4) Lamoni			
31	Joshua Lerette, SO	23:53	7:41	Score = 130			
35	Logan Welchans, SO	24:41	7:57	6	Tyson McDole, JR	18:45	6:02
	Lane Stillen, SO	25:07	8:05	19	Jack Greenwood, SR	21:05	6:47
	Chino Lepe, JR	25:36	8:14	21	Matthew Patience, SR	21:48	7:01
	Bennett Stickland, SO	25:52	8:19	34	Canon Rivera, JR	24:26	7:52
	Griffin Eubank, SO	27:09	8:44	50	Hosah Niebauer, FR	32:17	10:23
	Jacob Brower, FR	27:51	8:58	5) Sidney			
	Grayson Hewett, SR	28:53	9:18	Score = 135			
4) Lamoni				6) Martensdale St. Marys			
Score = 130				Score = 138			
6	Tyson McDole, JR	18:45	6:02	23	Christian Choate, SO	22:02	7:05
19	Jack Greenwood, SR	21:05	6:47	25	Aden Moore, SO	22:03	7:06
21	Matthew Patience, SR	21:48	7:01	28	Jonathan Moore, SO	23:02	7:25
34	Canon Rivera, JR	24:26	7:52	29	Elijah Wheeldon, FR	23:09	7:27
50	Hosah Niebauer, FR	32:17	10:23	33	Nathan Mundil, FR	24:05	7:45
5) Sidney				7) Southwest Valley			
Score = 135				Score = 190			
2	Cole Jorgenson, SR	17:58	5:47	22	Gabe Fuller, SR	21:59	7:05
20	Andreas Buttry, FR	21:36	6:57	39	Ryder Petry, SO	26:01	8:22
32	Wil Bryant, SO	23:59	7:43	40	Zach Teneyck, SO	26:14	8:27
36	Ladarius Albright, FR	24:57	8:02	43	Ethan James, SO	27:12	8:45
45	Christian Harris, JR	28:30	9:10	46	Matthew Means, FR	28:30	9:11
6) Martensdale St. Marys				8) East Mills			
Score = 138				Score = 196			
23	Christian Choate, SO	22:02	7:05	30	Anthony Obermiller, JR	23:17	7:30
25	Aden Moore, SO	22:03	7:06	37	Aj Laramy, JR	25:45	8:17
28	Jonathan Moore, SO	23:02	7:25	38	Thoren Wade, JR	25:48	8:18
29	Elijah Wheeldon, FR	23:09	7:27	44	Walter Seipold, FR	27:49	8:57
33	Nathan Mundil, FR	24:05	7:45	47	Cooper Stearns, FR	30:35	9:51
41	Teegan Dorenkamp, FR	26:47	8:37	48	Fletcher Proctor, FR	31:32	10:09
42	Thomas Mundil, FR	27:05	8:43	51	Jordan Williams, FR	33:35	10:48
7) Southwest Valley				Essex			
Score = 190				Score = 196			
22	Gabe Fuller, SR	21:59	7:05	19	Tony Racine, SO	20:45	6:41
39	Ryder Petry, SO	26:01	8:22	Iowa School for the Deaf			
40	Zach Teneyck, SO	26:14	8:27	77	Lakota Bengel, FR	30:01	9:40
43	Ethan James, SO	27:12	8:45	Lenox			
46	Matthew Means, FR	28:30	9:11	40	Mizael Gomez, SR	23:52	7:41
49	Deacon Ganfield, SO	31:37	10:11	North Nodaway			
52	Devyn Fasce, JR	42:22	13:38	50	Darron Bix, JR	24:49	7:59
				85	Jeremiah Dobbins, JR	34:15	11:01
				Stanton			
				31	Evan Gettler, FR	22:47	7:20
				32	Damian Meek, JR	22:55	7:23
				70	James McDonald, FR	27:30	8:51
				84	Kyle Pastore, JR	34:03	10:58

SOUTHWEST VALLEY CC INVITE

SW Valley MS XC Results Lake Icaria 9/16/2021 Cloudy 85°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Martensdale St. Marys MS	1	2	3	4	5	6		= 15	1:16:58	15:24	1:40
2	Red Oak MS	7	8	9	13	16			= 53	1:33:19	18:40	7:46
3	Shenandoah MS	10	11	12	14	15	17		= 62	1:39:03	19:49	5:42

Incomplete Teams: East Union MS, Essex MS, Lamoni MS, North Nodaway MS, Southwest Valley MS, Winterset MS

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Karson Oberender	8th	Martensdale St. Marys MS	14:26	7:13
2	2	MacLaine German	8th	Martensdale St. Marys MS	14:56	7:28
3		Maria Long	7th	East Union MS	15:31	7:46
4	3	Penelope Wearmouth	7th	Martensdale St. Marys MS	15:41	7:51
5	4	Finley Pearson	7th	Martensdale St. Marys MS	15:48	7:54
6	5	Morgan Shepard	8th	Martensdale St. Marys MS	16:06	8:03
7	6	Alena Oberbroeckling	7th	Martensdale St. Marys MS	16:08	8:04
8	7	Marlee Perrien	7th	Red Oak MS	16:15	8:08
9	8	Gabby Smith	7th	Red Oak MS	16:26	8:13
10		Julianne Garlich	8th	Winterset MS	16:38	8:19
11		Sienna Evans	8th	Winterset MS	17:22	8:41
12		Landry Kaysen	8th	Winterset MS	17:24	8:42
13	9	Cate Horn	7th	Red Oak MS	17:30	8:45
14	10	Caroline Campbell	7th	Shenandoah MS	18:12	9:06
15	11	Zoe Young	7th	Shenandoah MS	18:41	9:20
16	12	Addy Leece	8th	Shenandoah MS	18:42	9:21
17	13	Jaela Leuschen	8th	Red Oak MS	19:08	9:34
18	14	Nora Martin	8th	Shenandoah MS	19:35	9:47
19		Casey Wray	8th	North Nodaway MS	20:14	10:07
20		Nayliah Nary	7th	Lamoni MS	20:36	10:18
21		Cheyenne Dike	7th	East Union MS	21:13	10:36
22		Zoey Mullen	8th	Southwest Valley MS	23:05	11:33
23	15	Sophia Amedeo	8th	Shenandoah MS	23:54	11:57
24	16	Madison Osheim	7th	Red Oak MS	24:01	12:01
25		Winifred Stuck	7th	Essex MS	24:02	12:01
26		Josie Hill	7th	Lamoni MS	26:16	13:08
27	17	Alison Stearns	7th	Shenandoah MS	27:55	13:57

SOUTHWEST VALLEY CC INVITE

SW Valley MS XC Results Lake Icaria 9/16/2021 Cloudy 85°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) Martensdale St. Marys MS Score = 15							
1	Karson Oberender, 8th	14:26	7:13				
2	MacLaine German, 8th	14:56	7:28				
3	Penelope Wearmouth, 7th	15:41	7:51				
4	Finley Pearson, 7th	15:48	7:54				
5	Morgan Shepard, 8th	16:06	8:03				
6	Alena Oberbroeckling, 7th	16:08	8:04				
2) Red Oak MS Score = 53							
7	Marlee Perrien, 7th	16:15	8:08				
8	Gabby Smith, 7th	16:26	8:13				
9	Cate Horn, 7th	17:30	8:45				
13	Jaela Leuschen, 8th	19:08	9:34				
16	Madison Osheim, 7th	24:01	12:01				
3) Shenandoah MS Score = 62							
10	Caroline Campbell, 7th	18:12	9:06				
11	Zoe Young, 7th	18:41	9:20				
12	Addy Leece, 8th	18:42	9:21				
14	Nora Martin, 8th	19:35	9:47				
15	Sophia Amedeo, 8th	23:54	11:57				
17	Alison Stearns, 7th	27:55	13:57				
Incomplete Teams:							
East Union MS							
3	Maria Long, 7th	15:31	7:46				
21	Cheyenne Dike, 7th	21:13	10:36				
Essex MS							
25	Winifred Stuck, 7th	24:02	12:01				
Lamoni MS							
20	Nayliah Nary, 7th	20:36	10:18				
26	Josie Hill, 7th	26:16	13:08				
North Nodaway MS							
19	Casey Wray, 8th	20:14	10:07				
Southwest Valley MS							
22	Zoey Mullen, 8th	23:05	11:33				
Winterset MS							
10	Julianne Garlich, 8th	16:38	8:19				
11	Sienna Evans, 8th	17:22	8:41				
12	Landry Kaysen, 8th	17:24	8:42				

SOUTHWEST VALLEY CC INVITE

SW Valley MS XC Results Lake Icaria 9/16/2021 Cloudy 85°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Winterset MS	2	3	10	13	14	21	22	= 42	1:14:55	14:59	2:30
2	Red Oak MS	5	6	9	18	19	28	30	= 57	1:20:22	16:04	3:29
3	Sidney MS	1	7	15	17	20			= 60	1:20:22	16:04	5:15
4	Coon Rapids-Bayard MS	4	11	12	25	26	27		= 78	1:29:43	17:57	8:23
5	Shenandoah MS	8	16	23	24	29			= 100	1:35:36	19:07	9:43

Incomplete Teams: Diagonal MS, East Mills MS, East Union MS, Essex MS, Iowa School for the Deaf, Martensdale St. Marys MS, Southwest Valley MS, Stanton MS

Place	Score	Name	Year	School	Time	Pace	mpm
1	1	Carter Buttry	7th	Sidney MS	13:04	6:32	
2	2	Calum Yaeger	8th	Winterset MS	13:24	6:42	
3		Isaiah Wheeldon	7th	Martensdale St. Marys MS	13:30	6:45	
4	3	Taron Livingston	8th	Winterset MS	14:10	7:05	
5	4	Landon Cook	8th	Coon Rapids-Bayard MS	14:16	7:08	
6	5	Pace Chaillie	7th	Red Oak MS	14:35	7:18	
7	6	Cale Hall	8th	Red Oak MS	14:38	7:19	
8	7	Flynt Bell	8th	Sidney MS	14:39	7:20	
9	8	Luke Daoust	7th	Shenandoah MS	14:40	7:20	
10		Cristian Lopez	8th	Iowa School for the Deaf	14:48	7:24	
11		Ashton Boswell	8th	Southwest Valley MS	14:51	7:25	
12	9	Bryce Williams	8th	Red Oak MS	15:34	7:47	
13	10	Charlie King	8th	Winterset MS	15:37	7:48	
14	11	Ty Heydon	7th	Coon Rapids-Bayard MS	15:49	7:55	
15	12	Cole Cretsinger	8th	Coon Rapids-Bayard MS	15:50	7:55	
16	13	Kody Nelson	7th	Winterset MS	15:51	7:55	
17	14	John Taylor	7th	Winterset MS	15:54	7:57	
18		Mark Wells	7th	East Mills MS	16:37	8:19	
19		Garrett Harris	7th	Essex MS	16:54	8:27	
20	15	Calvin Johnson	7th	Sidney MS	16:59	8:30	
21	16	Conor O'Hara	7th	Shenandoah MS	17:11	8:35	
22	17	Carter Jorgenson	7th	Sidney MS	17:21	8:40	
23	18	Osiel Pedersen	7th	Red Oak MS	17:30	8:45	
24		Owen Whittington	8th	Diagonal MS	17:50	8:55	
25	19	Ethan Strunk	7th	Red Oak MS	18:04	9:02	
26	20	Mavryc Morgan	8th	Sidney MS	18:19	9:09	
27		Brock Driskill	7th	East Union MS	18:33	9:16	
28	21	Kannon Anker	7th	Winterset MS	18:37	9:19	
29	22	Max Booton	7th	Winterset MS	18:44	9:22	
30		Nathan Bowman	7th	Winterset MS	18:47	9:24	
31		Adlai Stephens	8th	Diagonal MS	18:51	9:25	
32		Dane Van Werden	7th	Winterset MS	18:58	9:29	
33	23	Luke Mather	7th	Shenandoah MS	19:04	9:32	
34		Lucas James	8th	Southwest Valley MS	19:31	9:46	
35		Eric Kutzli	7th	Stanton MS	19:56	9:58	
36		Nicholas Herrick	7th	Stanton MS	20:10	10:05	
37	24	Ryan Lawrence	7th	Shenandoah MS	20:18	10:09	
38		Travis Waltz	7th	Winterset MS	21:05	10:32	
39	25	Logan Kenyon	8th	Coon Rapids-Bayard MS	21:08	10:34	
40		Gavin Chapman	7th	Winterset MS	21:20	10:40	
41	26	Kellen Hilgenberg	7th	Coon Rapids-Bayard MS	22:39	11:20	
42	27	Bennett Heiderscheit	7th	Coon Rapids-Bayard MS	23:02	11:31	
43	28	Elliott Cartwright	7th	Red Oak MS	23:29	11:44	
44		Ej Allee	8th	Diagonal MS	24:15	12:08	
45	29	Will Stevenson	7th	Shenandoah MS	24:23	12:12	
46		Grant Spencer	7th	Stanton MS	26:43	13:22	
47		Trey Jordan	7th	Stanton MS	29:34	14:47	
48	30	Rebel Thoren	7th	Red Oak MS	29:41	14:51	

SOUTHWEST VALLEY CC INVITE

SW Valley MS XC Results Lake Icaria 9/16/2021 Cloudy 85°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) Winterset MS				Score = 42			
2	Calum Yaeger, 8th	13:24	6:42				
3	Taron Livingston, 8th	14:10	7:05				
10	Charlie King, 8th	15:37	7:48				
13	Kody Nelson, 7th	15:51	7:55				
14	John Taylor, 7th	15:54	7:57				
21	Kannon Anker, 7th	18:37	9:19				
22	Max Booton, 7th	18:44	9:22				
	Nathan Bowman, 7th	18:47	9:24				
	Dane Van Werden, 7th	18:58	9:29				
	Travis Waltz, 7th	21:05	10:32				
	Gavin Chapman, 7th	21:20	10:40				
2) Red Oak MS				Score = 57			
5	Pace Chaillie, 7th	14:35	7:18				
6	Cale Hall, 8th	14:38	7:19				
9	Bryce Williams, 8th	15:34	7:47				
18	Osiel Pedersen, 7th	17:30	8:45				
19	Ethan Strunk, 7th	18:04	9:02				
28	Elliott Cartwright, 7th	23:29	11:44				
30	Rebel Thoren, 7th	29:41	14:51				
3) Sidney MS				Score = 60			
1	Carter Buttry, 7th	13:04	6:32				
7	Flynt Bell, 8th	14:39	7:20				
15	Calvin Johnson, 7th	16:59	8:30				
17	Carter Jorgenson, 7th	17:21	8:40				
20	Mavryc Morgan, 8th	18:19	9:09				
4) Coon Rapids-Bayard MS				Score = 78			
4	Landon Cook, 8th	14:16	7:08				
11	Ty Heydon, 7th	15:49	7:55				
12	Cole Cretsinger, 8th	15:50	7:55				
25	Logan Kenyon, 8th	21:08	10:34				
26	Kellen Hilgenberg, 7th	22:39	11:20				
27	Bennett Heiderscheit, 7th	23:02	11:31				
5) Shenandoah MS				Score = 100			
8	Luke Daoust, 7th	14:40	7:20				
16	Conor O'Hara, 7th	17:11	8:35				
23	Luke Mather, 7th	19:04	9:32				
24	Ryan Lawrence, 7th	20:18	10:09				
29	Will Stevenson, 7th	24:23	12:12				
Incomplete Teams:							
Diagonal MS							
24	Owen Whittington, 8th	17:50	8:55				
31	Adlai Stephens, 8th	18:51	9:25				
44	Ej Allee, 8th	24:15	12:08				
East Mills MS							
18	Mark Wells, 7th	16:37	8:19				
East Union MS							
27	Brock Driskill, 7th	18:33	9:16				
Essex MS							
19	Garrett Harris, 7th	16:54	8:27				
Iowa School for the Deaf							
10	Cristian Lopez, 8th	14:48	7:24				
Martensdale St. Marys MS							
3	Isaiah Wheeldon, 7th	13:30	6:45				
Southwest Valley MS							
11	Ashton Boswell, 8th	14:51	7:25				
34	Lucas James, 8th	19:31	9:46				
Stanton MS							
35	Eric Kutzli, 7th	19:56	9:58				
36	Nicholas Herrick, 7th	20:10	10:05				
46	Grant Spencer, 7th	26:43	13:22				
47	Trey Jordan, 7th	29:34	14:47				