

2021 MVC SUPER MEET

Waterloo, IA

Irv Warren Golf Course/Byrnes Park

Weather: Overcast, Light Rain, Wind ENE 5mph & 71

Host: Waterloo West

Thursday, October 07, 2021

MEET OFFICIALS

Meet Director:

Gordy Yuska

Meet Referee:

Rick Hall

Timing:

Andrew Kauder - Kauder Racing, LLC



OFFICIAL MEET REPORT

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Race #3
Varsity Girls 5K

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Dubuque Hempstead	49	2-3-5-9-30(36)(37)	1:35:09	19:02	1:38.4
2 Prairie Cedar Rapids	78	4-6-7-23-38(56)	1:36:54	19:23	1:36.4
3 Linn-Mar Marion	108	13-15-24-27-29(45)(67)	1:38:43	19:45	0:40.0
4 Dubuque Senior	127	11-19-25-26-46(51)(53)	1:39:26	19:54	1:29.5
5 Iowa City City High	133	8-16-28-40-41(48)(55)	1:39:40	19:56	1:25.9
6 Iowa City West	147	17-18-33-35-44(73)(74)	1:40:21	20:05	1:14.3
7 Iowa City Liberty	160	1-10-43-49-57(59)(69)	1:40:33	20:07	3:11.6
8 Epworth Western Dubuque	171	14-31-34-42-50(54)(58)	1:41:23	20:17	1:30.9
9 Wahlert Dubuque	213	22-32-39-52-68(72)	1:43:31	20:43	2:20.6
10 Cedar Falls	230	20-21-60-63-66(70)(71)	1:44:30	20:54	2:17.1
11 Cedar Rapids Kennedy	246	12-47-61-62-64(65)(79)	1:45:20	21:04	2:27.8
12 Xavier Cedar Rapids	399	76-77-81-82-83(84)(85)	1:59:26	23:54	1:54.6
13 Cedar Rapids Jefferson	406	75-78-80-86-87(88)(89)	2:00:25	24:05	2:31.1
DNP Cedar Rapids Washington					
DNP Waterloo United					

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM
1 KEENEY, Ashlyn	SR	Iowa City Liberty	1	18:17.3	5:53.9	3:39.9
2 GEHL, Julia	SO	Dubuque Hempstea	2	18:25.8	5:56.7	3:41.6
3 LEITZEN, Keelee	SO	Dubuque Hempstea	3	18:41.0	6:01.6	3:44.6
4 CORTEZ, Gabrielle	SR	Prairie Cedar Rapid	4	18:48.0	6:03.9	3:46.0
5 O'BRIEN, Brooke	JR	Dubuque Hempstea	5	18:48.6	6:04.0	3:46.2
6 MASON, Lourdes	JR	Prairie Cedar Rapid	6	18:53.6	6:05.7	3:47.2
7 HESS, Keirra	SO	Prairie Cedar Rapid	7	19:03.6	6:08.9	3:49.2
8 WEDEMEYER, Iris	JR	Iowa City City High	8	19:07.3	6:10.1	3:49.9
9 HENNEBERRY, Evie	FR	Dubuque Hempstea	9	19:09.5	6:10.8	3:50.4
10 MAC, Cori	SO	Iowa City Liberty	10	19:11.5	6:11.4	3:50.7
11 Klapatauskas, Leah	SO	Dubuque Senior	11	19:15.6	6:12.8	3:51.6
12 SMEED, Bethany	SR	Cedar Rapids Kenn	12	19:21.1	6:14.5	3:52.7
13 BUCK, Ally	SO	Linn-Mar Marion	13	19:23.4	6:15.3	3:53.1
14 BOGE, Lilly	SR	Epworth Western D	14	19:24.8	6:15.7	3:53.4
15 SHIPLEY, Elly	SO	Linn-Mar Marion	15	19:26.8	6:16.4	3:53.8
16 WEDEMEYER, Ani	FR	Iowa City City High	16	19:26.9	6:16.4	3:53.8
17 WANG, Cindy	SO	Iowa City West	17	19:27.5	6:16.6	3:54.0
18 MONIZA, Gabby	SO	Iowa City West	18	19:33.2	6:18.4	3:55.1
19 MILLER, Kaitlyn	SO	Dubuque Senior	19	19:36.8	6:19.6	3:55.8
20 ZYLSTRA, Zoe	FR	Cedar Falls	20	19:38.3	6:20.1	3:56.1
21 MANDT, Rachel	JR	Cedar Falls	21	19:39.8	6:20.6	3:56.4
22 MEYER, Ellie	SR	Wahlert Dubuque	22	19:42.3	6:21.4	3:56.9
23 JOHANNES, Lily	SR	Prairie Cedar Rapid	23	19:44.6	6:22.1	3:57.4
24 ROBERTS, Abi	FR	Linn-Mar Marion	24	19:51.1	6:24.2	3:58.7
25 GORTON, Emily	FR	Dubuque Senior	25	19:52.9	6:24.8	3:59.0

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**Race #3
Varsity Girls 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
26 HOYER, Claire	FR	Dubuque Senior	26	19:55.2	6:25.5	3:59.5
27 ADAMSON, Rachel	JR	Linn-Mar Marion	27	19:57.6	6:26.3	4:00.0
28 BOULTER, Rowan	SR	Iowa City City High	28	20:02.1	6:27.8	4:00.9
29 VEZINA, Abbey	JR	Linn-Mar Marion	29	20:03.3	6:28.2	4:01.1
30 DIGMAN, Maddie	JR	Dubuque Hempstea	30	20:04.2	6:28.4	4:01.3
31 KLEIN, Alyssa	SO	Epworth Western D	31	20:06.6	6:29.2	4:01.8
32 KIRBY, Ellen	SR	Wahlert Dubuque	32	20:11.2	6:30.7	4:02.7
33 SCHWARTZ, Annie	JR	Iowa City West	33	20:17.9	6:32.9	4:04.1
34 BIERMANN, Audrey	SR	Epworth Western D	34	20:19.7	6:33.4	4:04.4
35 ALAYA, Sara	SR	Iowa City West	35	20:20.1	6:33.6	4:04.5
36 SCHLICHTE, Natalie	JR	Dubuque Hempstea	(36)	20:22.3	6:34.3	4:04.9
37 DALLAL, Sophia	JR	Dubuque Hempstea	(37)	20:23.7	6:34.7	4:05.2
38 HERRIG, Kaylee	SR	Dubuque Hempstea	-	20:23.7	6:34.7	4:05.2
39 KOPPES, Alyza	SR	Prairie Cedar Rapid	38	20:24.4	6:34.9	4:05.4
40 TAKES, Lilah	JR	Wahlert Dubuque	39	20:24.8	6:35.1	4:05.4
41 HETRICK, Makenna	SO	Cedar Rapids Wash	-	20:26.8	6:35.7	4:05.8
42 CORBIN, Lucy	SR	Iowa City City High	40	20:30.0	6:36.8	4:06.5
43 FRAZIER, Tatum	SR	Iowa City City High	41	20:33.2	6:37.8	4:07.1
44 DIGMANN, Leah	SR	Epworth Western D	42	20:36.1	6:38.7	4:07.7
45 TAYLOR, Malia	JR	Iowa City Liberty	43	20:41.6	6:40.5	4:08.8
46 VARGA, Erin	SO	Iowa City West	44	20:41.8	6:40.6	4:08.8
47 BECK, Jordyn	JR	Linn-Mar Marion	(45)	20:42.1	6:40.7	4:08.9
48 GOOCHE, Jayda	SR	Dubuque Senior	46	20:45.1	6:41.6	4:09.5
49 HERMISTON, Ellie	SO	Dubuque Hempstea	-	20:46.1	6:41.9	4:09.7
50 BRADLEY, Anabel	JR	Cedar Rapids Kenn	47	20:46.2	6:42.0	4:09.7
51 BESLER, Anna	JR	Dubuque Hempstea	-	20:46.6	6:42.1	4:09.8
52 KUHLMANN, Nina	FR	Iowa City City High	(48)	20:53.4	6:44.3	4:11.2
53 RAMSEY, Hannah	JR	Iowa City Liberty	49	20:53.7	6:44.4	4:11.2
54 GRABER, Isabella	JR	Epworth Western D	50	20:55.6	6:45.0	4:11.6
55 NAUMAN, Mena	FR	Dubuque Senior	(51)	20:59.2	6:46.2	4:12.3
56 DUGGAN, Alana	SR	Wahlert Dubuque	52	21:09.8	6:49.6	4:14.5
57 CHAMBERS, Emma	SR	Dubuque Senior	(53)	21:13.0	6:50.6	4:15.1
58 THUL, Olivia	JR	Epworth Western D	(54)	21:15.8	6:51.5	4:15.7
59 PETERSON, Nina	FR	Iowa City City High	(55)	21:20.2	6:53.0	4:16.6
60 ROMERO, Sophia	SO	Iowa City City High	-	21:23.1	6:53.9	4:17.1
61 CANTON, Bridget	SO	Prairie Cedar Rapid	(56)	21:25.6	6:54.7	4:17.6
62 CEYNAR, Grace	SR	Iowa City Liberty	57	21:28.8	6:55.7	4:18.3
63 MEYERS, Bella	FR	Epworth Western D	(58)	21:30.3	6:56.2	4:18.6
64 JOHNSON, Madelyn	FR	Iowa City Liberty	(59)	21:30.8	6:56.4	4:18.7
65 SCHILLINGER, Ruby	FR	Cedar Falls	60	21:31.9	6:56.7	4:18.9
66 DUNCAN, Kayleigh	SR	Cedar Rapids Kenn	61	21:38.8	6:59.0	4:20.3
67 COGDILL, Lillian	FR	Cedar Rapids Kenn	62	21:44.5	7:00.8	4:21.4
68 FRANCIS, Brooklyn	SO	Cedar Falls	63	21:44.6	7:00.8	4:21.4
69 BRANDT, Alyssa	SO	Cedar Rapids Kenn	64	21:48.8	7:02.2	4:22.3
70 HALLAM, Grace	SO	Cedar Rapids Kenn	(65)	21:53.4	7:03.7	4:23.2
71 SCHREIBER, Lainey	JR	Cedar Falls	66	21:55.4	7:04.3	4:23.6

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**Race #3
Varsity Girls 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
72 WILKES, Sydney	JR	Iowa City City High	-	21:55.9	7:04.5	4:23.7
73 SULLIVAN, Shayne	SR	Linn-Mar Marion	(67)	21:59.8	7:05.7	4:24.5
74 BELKEN, Josie	JR	Wahlert Dubuque	68	22:02.8	7:06.7	4:25.1
75 RIORDAN, Emma	SR	Waterloo United	-	22:06.9	7:08.0	4:25.9
76 DORMAN, Ella	JR	Linn-Mar Marion	-	22:08.8	7:08.6	4:26.3
77 MAUREN, Gabby	FR	Linn-Mar Marion	-	22:10.5	7:09.2	4:26.6
78 KAISER, Gabby	JR	Epworth Western D	-	22:11.6	7:09.5	4:26.8
79 ANDERSON, Erin	JR	Iowa City City High	-	22:12.3	7:09.8	4:27.0
80 BUCHHOLZ, Anna	FR	Linn-Mar Marion	-	22:14.4	7:10.4	4:27.4
81 KLEIN, Brie	SR	Iowa City Liberty	(69)	22:14.4	7:10.4	4:27.4
82 MEYER, Emily	FR	Cedar Falls	(70)	22:18.7	7:11.8	4:28.3
83 HALSOR, Apryl	FR	Cedar Falls	(71)	22:18.7	7:11.8	4:28.3
84 ESTRADA, Sam	JR	Iowa City Liberty	-	22:30.4	7:15.6	4:30.6
85 VAN OTTERLOO, Anna	JR	Wahlert Dubuque	(72)	22:36.3	7:17.5	4:31.8
86 SHIM, Ijin	SO	Iowa City West	(73)	22:43.1	7:19.7	4:33.2
87 ORTEGA, Jasmine	SR	Iowa City West	(74)	22:48.6	7:21.5	4:34.3
88 GILL, Tanya	SR	Cedar Falls	-	22:50.6	7:22.1	4:34.7
89 EGGER, Christina	SO	Cedar Rapids Jeffer	75	22:59.1	7:24.9	4:36.4
90 COSGROVE, Alma	JR	Xavier Cedar Rapid	76	23:00.7	7:25.4	4:36.7
91 CAMPBELL, Eden	SR	Xavier Cedar Rapid	77	23:02.2	7:25.8	4:37.0
92 HERTZ, Ella	JR	Cedar Falls	-	23:03.6	7:26.3	4:37.3
93 TIESKOTTER, Madison	SR	Waterloo United	-	23:22.7	7:32.5	4:41.1
94 BRANDIS, Aindrana	JR	Cedar Rapids Jeffer	78	23:25.0	7:33.2	4:41.5
95 JEFFRIES, Brooklynne	FR	Waterloo United	-	23:25.3	7:33.3	4:41.6
96 MARTIN, Rebekkah	SR	Cedar Rapids Kenn	(79)	23:31.5	7:35.3	4:42.9
97 FOWLER, Samantha	JR	Cedar Rapids Jeffer	80	23:33.8	7:36.0	4:43.3
98 DELONG, Haylee	SR	Epworth Western D	-	23:34.8	7:36.4	4:43.5
99 SLESSOR, Sage	JR	Cedar Rapids Wash	-	23:39.7	7:38.0	4:44.5
100 GORMAN, Maggie	SR	Cedar Rapids Wash	-	23:57.3	7:43.6	4:48.0
101 KARL, Faith	SR	Xavier Cedar Rapid	81	23:58.2	7:43.9	4:48.2
102 FOX, Grace	SR	Cedar Rapids Wash	-	24:00.5	7:44.7	4:48.7
103 DAKE, Madelyn	SR	Xavier Cedar Rapid	82	24:29.4	7:54.0	4:54.5
104 MARLIN, Grace	FR	Waterloo United	-	24:43.4	7:58.5	4:57.3
105 NGUYEN, Teresa	SO	Xavier Cedar Rapid	83	24:55.2	8:02.3	4:59.6
106 JANSEN, Jordan	SR	Xavier Cedar Rapid	(84)	24:55.2	8:02.3	4:59.6
107 MEYER, Jaclyn	JR	Xavier Cedar Rapid	(85)	24:55.4	8:02.4	4:59.7
108 BUMPUS, Megan	JR	Cedar Rapids Jeffer	86	24:56.5	8:02.7	4:59.9
109 KLEIN, Jaleah	SR	Xavier Cedar Rapid	-	25:19.3	8:10.1	5:04.5
110 DEAM, Anna	SR	Cedar Rapids Jeffer	87	25:30.2	8:13.6	5:06.7
111 CHENEY, Lakya	SR	Cedar Rapids Jeffer	(88)	26:08.0	8:25.8	5:14.2
112 NIWE, Martine	JR	Cedar Rapids Jeffer	(89)	28:01.7	9:02.5	5:37.0

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**Race #4
Varsity Boys 5K**

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Iowa City City High	58	2-8-12-17-19(28)(30)	1:20:21	16:05	0:49.3
2 Dubuque Hempstead	59	3-11-13-14-18(23)(59)	1:20:29	16:06	0:40.1
3 Cedar Falls	82	6-9-16-25-26(33)(39)	1:21:41	16:21	0:58.4
4 Prairie Cedar Rapids	147	15-20-29-41-42(44)(45)	1:23:46	16:46	0:57.2
5 Iowa City Liberty	158	21-27-31-36-43(46)(52)	1:24:23	16:53	0:44.8
6 Iowa City West	172	1-10-49-51-61(78)(91)	1:23:46	16:46	2:20.1
7 Cedar Rapids Kennedy	182	5-22-37-58-60(67)(71)	1:24:34	16:55	1:51.9
8 Linn-Mar Marion	208	7-40-50-55-56(62)(66)	1:25:25	17:05	1:41.9
9 Epworth Western Dubuque	211	4-35-53-54-65(74)(89)	1:25:19	17:04	2:00.5
10 Waterloo United	312	34-48-72-76-82(83)(84)	1:28:52	17:47	1:30.9
11 Dubuque Senior	324	38-63-68-75-80(85)(92)	1:28:57	17:48	1:10.9
12 Cedar Rapids Jefferson	326	32-57-73-77-87(98)(100)	1:29:13	17:51	1:44.4
13 Wahlert Dubuque	375	24-69-86-95-101	1:32:52	18:35	3:39.7
14 Xavier Cedar Rapids	399	47-81-88-90-93(99)	1:32:18	18:28	1:47.5
15 Cedar Rapids Washington	403	64-70-79-94-96(97)	1:32:22	18:29	1:46.6

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM
1 MCKANE, Alexander	SR	Iowa City West	1	15:14.8	4:55.1	3:03.3
2 WASHBURN, Ford	JR	Iowa City City High	2	15:29.9	5:00.0	3:06.3
3 LEICHT, Derek	SR	Dubuque Hempstea	3	15:37.3	5:02.3	3:07.8
4 NAUMANN, Eli	SR	Epworth Western D	4	15:40.7	5:03.4	3:08.5
5 WILSON, Miles	JR	Cedar Rapids Kenn	5	15:42.6	5:04.0	3:08.9
6 BURNETT, Brayden	SR	Cedar Falls	6	15:46.8	5:05.4	3:09.7
7 KUHN, Hayden	SR	Linn-Mar Marion	7	15:49.8	5:06.4	3:10.3
8 SMITH, Ammon	JR	Iowa City City High	8	16:06.6	5:11.8	3:13.7
9 HARTMAN, Luke	SO	Cedar Falls	9	16:08.4	5:12.4	3:14.1
10 CHENEY, Seth	JR	Iowa City West	10	16:08.6	5:12.4	3:14.1
11 MALONEY, John	SO	Dubuque Hempstea	11	16:08.8	5:12.5	3:14.1
12 THOMPSON, Truman	JR	Iowa City City High	12	16:09.6	5:12.8	3:14.3
13 O'BRIEN, Johnathan	SR	Dubuque Hempstea	13	16:11.5	5:13.4	3:14.7
14 KASS, Caleb	JR	Dubuque Hempstea	14	16:13.3	5:14.0	3:15.1
15 CANTON, Bryson	SR	Prairie Cedar Rapid	15	16:14.4	5:14.3	3:15.3
16 HORSTMAN, Alex	SR	Cedar Falls	16	16:15.7	5:14.7	3:15.5
17 CAREY, Noah	JR	Iowa City City High	17	16:15.9	5:14.8	3:15.6
18 BLEAN, Brady	SR	Dubuque Hempstea	18	16:17.4	5:15.3	3:15.9
19 DUNNWALD, Elliot	SR	Iowa City City High	19	16:19.2	5:15.9	3:16.2
20 LEE, Anthony	SR	Prairie Cedar Rapid	20	16:22.7	5:17.0	3:16.9
21 DECKER, Aidan	SO	Iowa City Liberty	21	16:28.7	5:18.9	3:18.1
22 MCMAHAN, Henry	SO	Cedar Rapids Kenn	22	16:37.5	5:21.7	3:19.9
23 LEITZEN, Marcus	SR	Dubuque Hempstea	(23)	16:42.5	5:23.4	3:20.9
24 HANCOCK, Carter	SR	Wahlert Dubuque	24	16:44.6	5:24.1	3:21.3
25 BURJES, Joshua	SR	Cedar Falls	25	16:45.0	5:24.2	3:21.4

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Varsity Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
26 DENHOLM, Gavin	JR	Cedar Falls	26	16:45.1	5:24.2	3:21.4
27 MONTOVER, Christian	SR	Iowa City Liberty	27	16:45.3	5:24.3	3:21.4
28 MAX, Parker	SR	Iowa City City High	(28)	16:45.9	5:24.5	3:21.6
29 CORTEZ, Brady	SR	Prairie Cedar Rapid	29	16:46.0	5:24.5	3:21.6
30 HALL, Sullivan	SR	Iowa City City High	(30)	16:46.7	5:24.7	3:21.7
31 ROBINSON, Jordan	SR	Iowa City Liberty	31	16:49.5	5:25.6	3:22.3
32 HALL, Gavin	SR	Cedar Rapids Jeffer	32	16:51.0	5:26.1	3:22.6
33 JOHNSON, Colin	JR	Cedar Falls	(33)	16:52.5	5:26.6	3:22.9
34 CONGDON, Andrew	SR	Waterloo United	34	16:53.6	5:27.0	3:23.1
35 HAMMERAND, Isaiah	JR	Epworth Western D	35	16:56.9	5:28.0	3:23.8
36 MARKER, Braeden	JR	Iowa City City High	-	16:58.4	5:28.5	3:24.1
37 NELSON, Logan	SR	Iowa City Liberty	36	17:05.7	5:30.9	3:25.6
38 BRUNS, Jacob	SO	Cedar Rapids Kenn	37	17:05.8	5:30.9	3:25.6
39 HOWES, Robert	JR	Dubuque Senior	38	17:06.5	5:31.1	3:25.7
40 CRYER, Colby	JR	Cedar Falls	(39)	17:07.2	5:31.4	3:25.8
41 MORRISSEY, Graedyn	SO	Linn-Mar Marion	40	17:08.0	5:31.6	3:26.0
42 COOPER, Zach	JR	Prairie Cedar Rapid	41	17:11.0	5:32.6	3:26.6
43 NOVE, Carson	FR	Prairie Cedar Rapid	42	17:11.5	5:32.7	3:26.7
44 KEENEY, Gavin	SR	Iowa City Liberty	43	17:13.5	5:33.4	3:27.1
45 FAUCHIER, Anson	JR	Prairie Cedar Rapid	(44)	17:13.6	5:33.4	3:27.1
46 LEE, Nick	FR	Prairie Cedar Rapid	(45)	17:14.6	5:33.7	3:27.3
47 KEENEY, Ethan	SR	Iowa City Liberty	(46)	17:20.5	5:35.6	3:28.5
48 KINNER, Randall	SR	Xavier Cedar Rapid	47	17:21.2	5:35.8	3:28.6
49 SCHAEFER, Sam	SR	Iowa City City High	-	17:22.1	5:36.1	3:28.8
50 TRACY, Andrew	SR	Waterloo United	48	17:22.1	5:36.2	3:28.8
51 STONG, Robert	SO	Iowa City West	49	17:22.5	5:36.3	3:28.9
52 STEFFEN, Luke	JR	Linn-Mar Marion	50	17:24.4	5:36.9	3:29.3
53 NOELLER, Caden	SR	Iowa City West	51	17:24.7	5:37.0	3:29.4
54 WESTHOFF, Kyle	SR	Cedar Falls	-	17:25.0	5:37.1	3:29.4
55 GREGOIRE, Noah	FR	Iowa City Liberty	(52)	17:26.8	5:37.7	3:29.8
56 BEGLE, Brenden	SR	Epworth Western D	53	17:29.0	5:38.4	3:30.2
57 FANGMANN, Derek	JR	Epworth Western D	54	17:30.7	5:38.9	3:30.6
58 GORSICH, Nicholas	JR	Linn-Mar Marion	55	17:31.2	5:39.1	3:30.7
59 TIEFEL, Tyler	JR	Linn-Mar Marion	56	17:31.6	5:39.2	3:30.7
60 EGGER, Zach	SR	Cedar Rapids Jeffer	57	17:31.8	5:39.3	3:30.8
61 MURRAY, Reece	SO	Cedar Rapids Kenn	58	17:33.3	5:39.8	3:31.1
62 DUEHR, Kyle	SO	Dubuque Hempstea	(59)	17:34.1	5:40.0	3:31.2
63 MCGOVERN, Connor	SR	Cedar Rapids Kenn	60	17:34.4	5:40.1	3:31.3
64 OVERHOLT, Asher	JR	Iowa City West	61	17:34.9	5:40.3	3:31.4
65 COZINE, Ethan	JR	Linn-Mar Marion	(62)	17:36.2	5:40.7	3:31.6
66 CUHAT, Pascal	JR	Cedar Falls	-	17:36.2	5:40.7	3:31.6
67 OFTEDAHL, Cole	FR	Dubuque Senior	63	17:37.6	5:41.1	3:31.9
68 LORENZ, John	JR	Cedar Rapids Wash	64	17:38.8	5:41.5	3:32.2
69 MEYER, Drew	JR	Epworth Western D	65	17:41.1	5:42.3	3:32.6
70 FERGUSON, John	FR	Cedar Falls	-	17:45.1	5:43.6	3:33.4
71 BAKKER, Brendan	SO	Linn-Mar Marion	(66)	17:45.3	5:43.6	3:33.5

2021 MVC SUPER MEET

Waterloo, IA

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Gordy Yuska

Meet Referee:

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Andrew Kauder - Kauder Racing, LLC


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**Race #4
Varsity Boys 5K**
Final Results
INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
72 ABONYI, Bence	SO	Cedar Rapids Kenn	(67)	17:45.6	5:43.7	3:33.5
73 HAUG, Jacob	FR	Dubuque Senior	68	17:46.5	5:44.0	3:33.7
74 CECHURA, Gabe	SR	Linn-Mar Marion	-	17:46.5	5:44.0	3:33.7
75 MARTINEAU, Nolan	SR	Wahlert Dubuque	69	17:47.6	5:44.4	3:33.9
76 SCHNEIDERMANN, Kriene	SO	Cedar Rapids Wash	70	17:49.9	5:45.1	3:34.4
77 GEATER, Crew	SO	Cedar Rapids Kenn	(71)	17:52.5	5:46.0	3:34.9
78 SPAHN, Devin	JR	Dubuque Hempstea	-	17:52.7	5:46.0	3:35.0
79 KASS, Brandon	FR	Dubuque Hempstea	-	17:58.0	5:47.7	3:36.0
80 EILERS, Kaelan	SR	Waterloo United	72	18:01.0	5:48.7	3:36.6
81 MATSON, Miles	SR	Linn-Mar Marion	-	18:01.9	5:49.0	3:36.8
82 SANDERS, Curtis	SO	Cedar Rapids Jeffer	73	18:03.2	5:49.4	3:37.1
83 MOOTZ, Justin	SR	Dubuque Hempstea	-	18:04.9	5:49.9	3:37.4
84 MEYER, Levi	JR	Epworth Western D	(74)	18:07.1	5:50.7	3:37.8
85 TONN, Jack	SR	Dubuque Senior	75	18:09.0	5:51.3	3:38.2
86 BULVER, Ryan	SR	Waterloo United	76	18:10.4	5:51.7	3:38.5
87 COHEN, Quinn	SR	Cedar Rapids Jeffer	77	18:11.2	5:52.0	3:38.7
88 VAN WANING, Mason	JR	Iowa City West	(78)	18:13.1	5:52.6	3:39.0
89 MCCARLEY, Lucas	SR	Cedar Rapids Wash	79	18:13.4	5:52.7	3:39.1
90 ROWE, Jacob	FR	Dubuque Senior	80	18:17.4	5:54.0	3:39.9
91 CAMACHO, Marcus	SO	Xavier Cedar Rapid	81	18:21.1	5:55.2	3:40.6
92 NYSTROM, Braden	JR	Waterloo United	82	18:24.5	5:56.3	3:41.3
93 PAXTON, Cooper	JR	Waterloo United	(83)	18:25.9	5:56.7	3:41.6
94 BARTACHEK, Ethan	SR	Iowa City Liberty	-	18:28.3	5:57.5	3:42.1
95 MOE, Caleb	SR	Waterloo United	(84)	18:29.0	5:57.7	3:42.2
96 OLESON, Joe	SR	Cedar Rapids Kenn	-	18:30.0	5:58.1	3:42.4
97 LUCAS, Ian	SR	Waterloo United	-	18:31.5	5:58.5	3:42.7
98 WEBER, Sam	SO	Dubuque Senior	(85)	18:34.2	5:59.4	3:43.3
99 AUER, Gabriel	JR	Wahlert Dubuque	86	18:34.3	5:59.4	3:43.3
100 DAVIS, Caden	SO	Cedar Rapids Jeffer	87	18:35.3	5:59.8	3:43.5
101 HORSTMANN, Brady	SR	Xavier Cedar Rapid	88	18:36.6	6:00.2	3:43.7
102 CRANDALL, Ezra	SO	Linn-Mar Marion	-	18:39.4	6:01.1	3:44.3
103 STANER, Brody	FR	Epworth Western D	(89)	18:45.3	6:03.0	3:45.5
104 SWEENEY, Collin	SO	Cedar Rapids Kenn	-	18:48.6	6:04.0	3:46.2
105 BATTIEN, Alec	JR	Xavier Cedar Rapid	90	18:49.8	6:04.4	3:46.4
106 KREMERS, Preston	FR	Epworth Western D	-	19:01.4	6:08.2	3:48.7
107 DICKENS, James	JR	Iowa City West	(91)	19:08.2	6:10.4	3:50.1
108 BRANSCOMB, Charlie	FR	Dubuque Senior	(92)	19:08.6	6:10.5	3:50.2
109 LESNIK, Tim	JR	Xavier Cedar Rapid	93	19:08.7	6:10.5	3:50.2
110 BURKAMPER, Lucas	FR	Cedar Rapids Wash	94	19:14.2	6:12.3	3:51.3
111 AMISI, Juma	SR	Iowa City City High	-	19:20.0	6:14.2	3:52.5
112 CHAPMAN, Joe	SR	Wahlert Dubuque	95	19:20.4	6:14.3	3:52.5
113 REISINGER, Kyle	SO	Cedar Rapids Wash	96	19:25.4	6:15.9	3:53.5
114 HORSFALL, Brady	SR	Epworth Western D	-	19:35.0	6:19.0	3:55.5
115 KURT, Noah	SR	Dubuque Senior	-	19:42.4	6:21.4	3:56.9
116 DEW, Louis	FR	Cedar Rapids Wash	(97)	19:58.3	6:26.5	4:00.1
117 SMITH, Zach	SR	Cedar Rapids Jeffer	(98)	20:06.9	6:29.3	4:01.9

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Gordy Yuska

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Rick Hall

Timing:

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**Race #4
Varsity Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
118 PERREAU, Liam	SO	Xavier Cedar Rapid	(99)	20:16.2	6:32.3	4:03.7
119 DEAL, Austin	SO	Cedar Rapids Jeffer	(100)	20:23.5	6:34.7	4:05.2
120 NEWLIN, Murphy	SR	Wahlert Dubuque	101	20:24.3	6:34.9	4:05.3
121 ASCHENBRENNER, Sean	JR	Cedar Rapids Jeffer	-	20:29.7	6:36.7	4:06.4

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**Race #5
JV Girls 5K****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Iowa City City High	39	1-2-7-14-15(20)(23)	1:50:26	22:06	1:32.3
2 Dubuque Senior	62	3-4-10-21-24(33)(36)	1:53:28	22:42	2:14.2
3 Iowa City Liberty	73	5-11-12-19-26(29)(41)	1:54:12	22:51	2:08.7
4 Prairie Cedar Rapids	115	6-16-28-31-34(38)(47)	1:58:27	23:42	2:25.0
5 Iowa City West	151	9-18-22-37-65	2:00:33	24:07	4:20.3
6 Dubuque Hempstead	175	8-13-48-51-55(62)(63)	2:01:49	24:22	3:42.3
7 Cedar Falls	211	25-40-43-45-58(60)(64)	2:05:24	25:05	2:08.5
8 Cedar Rapids Washington	219	27-35-49-52-56(66)(77)	2:06:06	25:14	1:49.1
9 Linn-Mar Marion	247	17-39-50-69-72(76)	2:07:06	25:26	3:48.4
10 Cedar Rapids Kennedy	259	32-44-53-57-73(82)(89)	2:08:28	25:42	2:22.0
11 Cedar Rapids Jefferson	332	54-61-68-74-75(81)(91)	2:13:20	26:40	1:30.6
12 Wahlert Dubuque	341	42-46-78-87-88(90)	2:17:59	27:36	4:49.8
13 Waterloo United	350	59-67-70-71-83(92)(93)	2:15:58	27:12	3:15.2
14 Epworth Western Dubuque	358	30-79-80-84-85(86)	2:19:30	27:54	5:10.2
DNP Xavier Cedar Rapids					

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM
1 SCHULTES, Avery	JR	Iowa City City High	1	21:12.4	6:50.4	4:15.0
2 REYNOLDS, Eva	JR	Iowa City City High	2	21:35.8	6:58.0	4:19.7
3 POTTS, Josie	JR	Dubuque Senior	3	21:40.3	6:59.4	4:20.6
4 KILGORE, Julia	JR	Dubuque Senior	4	21:55.6	7:04.4	4:23.6
5 WELCH, Clara	FR	Iowa City Liberty	5	22:02.7	7:06.7	4:25.1
6 LONG, Grace	SR	Prairie Cedar Rapid	6	22:12.2	7:09.7	4:27.0
7 VAN DAELE, Sophia	JR	Iowa City City High	7	22:17.4	7:11.4	4:28.0
8 KESSLER, Trinity	SR	Dubuque Hempstea	8	22:19.8	7:12.2	4:28.5
9 ZIRKER, Camden	SR	Iowa City West	9	22:22.2	7:12.9	4:29.0
10 KRAPFL, Lily	JR	Dubuque Senior	10	22:22.8	7:13.2	4:29.1
11 SULWER, Carly	SR	Iowa City Liberty	11	22:26.0	7:14.2	4:29.7
12 JAEGER, Elizabeth	SR	Iowa City Liberty	12	22:27.2	7:14.6	4:30.0
13 ONKEN, Emily	SR	Dubuque Hempstea	13	22:27.3	7:14.6	4:30.0
14 STUMBO, Sophie	JR	Iowa City City High	14	22:35.4	7:17.2	4:31.6
15 KUHLMANN, Natalie	JR	Iowa City City High	15	22:44.7	7:20.2	4:33.5
16 SHELANGOSKI, Maya	JR	Prairie Cedar Rapid	16	22:53.2	7:22.9	4:35.2
17 CHRISTENSEN, Jillian	SR	Linn-Mar Marion	17	23:02.1	7:25.8	4:37.0
18 EMMAD, Minou	JR	Iowa City West	18	23:02.9	7:26.1	4:37.1
19 FAGA, Sophie	SR	Iowa City Liberty	19	23:04.6	7:26.6	4:37.5
20 PUGH, Mary Cate	JR	Iowa City City High	(20)	23:17.2	7:30.7	4:40.0
21 GUNN, Ella	JR	Dubuque Senior	21	23:34.3	7:36.2	4:43.4
22 DICKENS, Annie	FR	Iowa City West	22	23:37.9	7:37.4	4:44.1
23 VEIT, Annika	SR	Iowa City City High	(23)	23:46.4	7:40.1	4:45.8
24 GIDAL, Jennie	JR	Iowa City City High	-	23:52.8	7:42.2	4:47.1
25 SULLIVAN, Maggie	JR	Dubuque Senior	24	23:54.4	7:42.7	4:47.5

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**Race #5
JV Girls 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
26 SAWADA, Erii	SR	Cedar Falls	25	23:57.4	7:43.7	4:48.0
27 SKAY, Bella	JR	Iowa City City High	-	23:58.2	7:43.9	4:48.2
28 MARSH, Rachel	SR	Iowa City City High	-	24:01.9	7:45.1	4:48.9
29 MEYER, Aubrey	FR	Iowa City Liberty	26	24:11.4	7:48.2	4:50.9
30 STILWELL, Sophie	FR	Cedar Rapids Wash	27	24:15.7	7:49.6	4:51.7
31 DIGTON, Kelsey	SO	Prairie Cedar Rapid	28	24:17.4	7:50.1	4:52.1
32 MCDONALD, Elaina	FR	Iowa City Liberty	(29)	24:26.1	7:52.9	4:53.8
33 NAUMAN, Kylie	JR	Epworth Western D	30	24:27.1	7:53.2	4:54.0
34 LEITHEISER, Kaitlyn	SR	Prairie Cedar Rapid	31	24:27.3	7:53.3	4:54.0
35 BLOCKHUS, Kyndall	FR	Cedar Rapids Kenn	32	24:31.1	7:54.5	4:54.8
36 WERTZBERGER, Evelyn	SR	Dubuque Senior	(33)	24:33.5	7:55.3	4:55.3
37 FLOCKHART, Kilee	SR	Prairie Cedar Rapid	34	24:37.1	7:56.5	4:56.0
38 TARVESTAD, Anna	JR	Cedar Rapids Wash	35	24:37.2	7:56.5	4:56.0
39 HOEFFLIN, Lily	SR	Dubuque Senior	(36)	24:40.8	7:57.7	4:56.7
40 DUPUICH, Kate	FR	Iowa City West	37	24:47.4	7:59.8	4:58.1
41 KELSEY, Marisa	SR	Prairie Cedar Rapid	(38)	24:47.6	7:59.9	4:58.1
42 ZIEHR, Nora	FR	Iowa City City High	-	24:50.7	8:00.9	4:58.7
43 RICHMAN, Noe	FR	Iowa City City High	-	24:54.6	8:02.1	4:59.5
44 HAUG, Ruthanne	SR	Dubuque Senior	-	24:55.1	8:02.3	4:59.6
45 BROOKS, Addie	FR	Linn-Mar Marion	39	24:55.5	8:02.4	4:59.7
46 DOTZLER, Brianna	SO	Cedar Falls	40	24:57.1	8:02.9	5:00.0
47 RIEHL, Avery	FR	Iowa City Liberty	(41)	24:57.3	8:03.0	5:00.0
48 BUCHANAN, Wendy	JR	Iowa City City High	-	25:03.3	8:04.9	5:01.3
49 CONOVER, Hattie	FR	Iowa City City High	-	25:06.9	8:06.1	5:02.0
50 CUSHMAN, Katie	SR	Wahlert Dubuque	42	25:07.2	8:06.2	5:02.0
51 FUNK, Rebecca	SR	Cedar Falls	43	25:10.4	8:07.2	5:02.7
52 HOFFMAN, Maya	FR	Iowa City City High	-	25:11.8	8:07.7	5:03.0
53 COOK, Ayda	SO	Cedar Rapids Kenn	44	25:12.1	8:07.8	5:03.0
54 BUDKE, Hannah	JR	Cedar Falls	45	25:12.7	8:07.9	5:03.1
55 JORGENSEN, Ella	FR	Dubuque Senior	-	25:14.4	8:08.5	5:03.5
56 MANTERNACH, Tatum	JR	Wahlert Dubuque	46	25:15.2	8:08.8	5:03.6
57 SIECH, Ashley	JR	Prairie Cedar Rapid	(47)	25:20.4	8:10.4	5:04.7
58 HOEFFLIN, Roz	SO	Dubuque Senior	-	25:24.2	8:11.7	5:05.4
59 BERNS, Kamille	SR	Dubuque Hempstea	48	25:24.8	8:11.8	5:05.6
60 STILWELL, Frannie	FR	Cedar Rapids Wash	49	25:28.5	8:13.1	5:06.3
61 WELLS, Madi	JR	Linn-Mar Marion	50	25:30.3	8:13.6	5:06.7
62 DOORN, Sophia	SR	Iowa City Liberty	-	25:33.0	8:14.5	5:07.2
63 NORMAN, Elise	JR	Dubuque Senior	-	25:34.8	8:15.1	5:07.6
64 DAVISDON, Emily	JR	Dubuque Hempstea	51	25:34.9	8:15.1	5:07.6
65 MCFARLAND, Rya	SO	Cedar Rapids Wash	52	25:40.1	8:16.8	5:08.6
66 BECKER, Cora	SR	Iowa City City High	-	25:43.0	8:17.7	5:09.2
67 MCARTOR, Cora	FR	Cedar Rapids Kenn	53	25:46.9	8:19.0	5:10.0
68 PETERSON, Thursday	FR	Cedar Rapids Jeffer	54	25:49.3	8:19.7	5:10.5
69 DENMAN, Paige	JR	Xavier Cedar Rapid	-	25:57.8	8:22.5	5:12.2
70 MONGUIDI, Alice	JR	Dubuque Hempstea	55	26:02.1	8:23.9	5:13.0
71 APPLEBY-SPARROW, Lydia	SO	Cedar Rapids Wash	56	26:04.7	8:24.7	5:13.6

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**Race #5
JV Girls 5K**
Final Results
INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
72 TEGGATZ, Anna	SR	Cedar Rapids Kenn	57	26:04.9	8:24.8	5:13.6
73 SPECK, Raegan	SO	Cedar Falls	58	26:05.8	8:25.1	5:13.8
74 EADIE, Makenna	SR	Prairie Cedar Rapid	-	26:10.0	8:26.4	5:14.6
75 STOFFER, Isabelle	SR	Waterloo United	59	26:11.7	8:27.0	5:15.0
76 CRAIG, Cassidy	SR	Cedar Falls	(60)	26:17.4	8:28.8	5:16.1
77 KUUNDU, Himidi	FR	Cedar Rapids Jeffer	61	26:22.2	8:30.4	5:17.1
78 LEMAN, Liv	FR	Iowa City City High	-	26:23.9	8:30.9	5:17.4
79 LAHEY, Claire	SR	Dubuque Hempstea	(62)	26:31.0	8:33.2	5:18.8
80 DARTER, Ceccelia	SR	Dubuque Hempstea	(63)	26:31.6	8:33.4	5:18.9
81 HALVORSON, Emma	SO	Cedar Falls	(64)	26:36.4	8:34.9	5:19.9
82 BERGQUIST, Ava	SR	Dubuque Hempstea	-	26:40.2	8:36.2	5:20.7
83 LI, Jessie	FR	Iowa City West	65	26:42.5	8:36.9	5:21.1
84 BLOCK, Sydney	JR	Dubuque Hempstea	-	26:43.7	8:37.3	5:21.4
85 ERNST, Melanie	SO	Cedar Falls	-	26:43.9	8:37.4	5:21.4
86 STOCK, Reagan	SO	Cedar Rapids Wash	(66)	26:43.9	8:37.4	5:21.4
87 JOHNSON, Mya	JR	Waterloo United	67	26:44.4	8:37.5	5:21.5
88 GEHL, Anna	SR	Dubuque Hempstea	-	26:45.8	8:38.0	5:21.8
89 ESQUEDA, Lizeth	FR	Cedar Rapids Jeffer	68	26:46.8	8:38.3	5:22.0
90 RAO, Sharini	JR	Linn-Mar Marion	69	26:47.4	8:38.5	5:22.1
91 WILLIAMS, Belle	SO	Waterloo United	70	26:47.6	8:38.6	5:22.2
92 ALLEN, Hailey	FR	Waterloo United	71	26:47.7	8:38.6	5:22.2
93 DENISON, Maren	JR	Cedar Falls	-	26:48.6	8:38.9	5:22.4
94 BEECH, Thanh	FR	Linn-Mar Marion	72	26:50.5	8:39.5	5:22.7
95 TYLER, Anna	SO	Dubuque Hempstea	-	26:52.2	8:40.1	5:23.1
96 BAKER, Ashleigh	FR	Cedar Rapids Kenn	73	26:53.0	8:40.3	5:23.2
97 FUHRMAN, Sofie	SR	Xavier Cedar Rapid	-	26:55.4	8:41.1	5:23.7
98 JENSEN, Kayden	FR	Iowa City City High	-	27:01.8	8:43.1	5:25.0
99 MEYER, Brie	FR	Cedar Rapids Jeffer	74	27:02.0	8:43.2	5:25.0
100 PALMER, Kelsey	SR	Cedar Rapids Jeffer	75	27:19.8	8:49.0	5:28.6
101 SUNSERI, Danielle	SR	Linn-Mar Marion	(76)	27:25.9	8:50.9	5:29.8
102 ANKENMANN, Jocelyn	SR	Iowa City City High	-	27:29.5	8:52.1	5:30.6
103 BOEVERS, Molly	SR	Cedar Falls	-	27:30.0	8:52.2	5:30.7
104 GESELL, Riley	SR	Cedar Falls	-	27:33.4	8:53.3	5:31.3
105 KENDALL, Hannah	FR	Cedar Falls	-	27:37.1	8:54.5	5:32.1
106 HELDT, Samantha	FR	Cedar Rapids Wash	(77)	27:37.6	8:54.7	5:32.2
107 BARRON, Mae	SR	Iowa City City High	-	27:37.9	8:54.8	5:32.2
108 BERRYMAN, Jaedyn	JR	Cedar Rapids Wash	-	27:42.9	8:56.4	5:33.2
109 VIRTUE, Lydia	FR	Wahlert Dubuque	78	27:48.8	8:58.3	5:34.4
110 WILSON, Reagan	SR	Prairie Cedar Rapid	-	27:51.4	8:59.1	5:34.9
111 BURDS, Samantha	SR	Epworth Western D	79	27:52.7	8:59.6	5:35.2
112 MARIA CAWLEY, Ana	SR	Xavier Cedar Rapid	-	27:55.0	9:00.3	5:35.7
113 SCHERBRING, Maggie	JR	Epworth Western D	80	27:55.6	9:00.5	5:35.8
114 LEYSER, Ana Laura	SR	Iowa City City High	-	27:59.5	9:01.8	5:36.6
115 BAUSTIAN, Mackenzie	SO	Prairie Cedar Rapid	-	27:59.6	9:01.8	5:36.6
116 KNOCK, Maddie	SR	Cedar Falls	-	28:00.3	9:02.0	5:36.7
117 TORNBLOM, Rachel	SR	Iowa City City High	-	28:00.9	9:02.2	5:36.8

2021 MVC SUPER MEET

Waterloo, IA

Irv Warren Golf Course/Byrnes Park

Weather: Overcast, Light Rain, Wind ENE 5mph & 71

Host: Waterloo West

Thursday, October 07, 2021

MEET OFFICIALS**Meet Director:**

Gordy Yuska

Meet Referee:

Rick Hall

Timing:

Andrew Kauder - Kauder Racing, LLC

**OFFICIAL MEET REPORT**

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**Race #5
JV Girls 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
118 YORK, Emma	FR	Cedar Rapids Jeffer	(81)	28:02.2	9:02.6	5:37.1
119 HERNANDEZ, Hilda	SR	Iowa City City High	-	28:12.3	9:05.9	5:39.1
120 UDEN, Jenna	SR	Iowa City Liberty	-	28:19.2	9:08.1	5:40.5
121 KOEHN, Paige	SO	Cedar Falls	-	28:42.0	9:15.5	5:45.1
122 HAVERLAND, Lauren	FR	Dubuque Hempstea	-	28:46.4	9:16.9	5:46.0
123 APOLONIO-GEMARTINO, Ki	FR	Iowa City City High	-	28:48.9	9:17.7	5:46.5
124 HEIL, Megan	SR	Dubuque Hempstea	-	29:00.7	9:21.5	5:48.8
125 BENTLER, Ashley	SO	Iowa City City High	-	29:07.6	9:23.7	5:50.2
126 DALLAL, Abby	FR	Dubuque Hempstea	-	29:10.5	9:24.7	5:50.8
127 CORRIGAN, Sara	FR	Cedar Rapids Kenn	(82)	29:12.2	9:25.2	5:51.1
128 MORLEY, Grace	FR	Dubuque Hempstea	-	29:15.3	9:26.2	5:51.7
129 PAJIC, Emra	FR	Waterloo United	83	29:26.8	9:29.9	5:54.1
130 GREIMANN, Evelyn	SO	Iowa City City High	-	29:31.0	9:31.3	5:54.9
131 GILCHRIST, Ada	SO	Iowa City City High	-	29:36.1	9:32.9	5:55.9
132 NEUMANN, Claire	SR	Epworth Western D	84	29:37.1	9:33.3	5:56.1
133 RICE, Shelby	SR	Epworth Western D	85	29:37.2	9:33.3	5:56.1
134 MEYERS, Natalie	SR	Epworth Western D	(86)	29:38.3	9:33.6	5:56.4
135 GONNERMAN, Megan	FR	Cedar Falls	-	29:49.7	9:37.3	5:58.6
136 FOY, Lydia	JR	Wahlert Dubuque	87	29:50.4	9:37.5	5:58.8
137 MISIAGBECKLER, Scarlett	FR	Dubuque Hempstea	-	29:50.6	9:37.6	5:58.8
138 KAZMIERCZAK, Macy	SR	Iowa City Liberty	-	29:52.1	9:38.1	5:59.1
139 GILLE, Madison	SR	Wahlert Dubuque	88	29:56.9	9:39.6	6:00.1
140 BLOCK, Annaliese	JR	Cedar Falls	-	30:02.4	9:41.4	6:01.2
141 BEAVERS, Paichence	SO	Cedar Rapids Kenn	(89)	30:11.4	9:44.3	6:03.0
142 PORTZEN, Payton	FR	Wahlert Dubuque	(90)	30:11.9	9:44.5	6:03.1
143 FOX, Abby	FR	Cedar Rapids Jeffer	(91)	30:16.5	9:46.0	6:04.0
144 PRICE, Quinn	SO	Iowa City City High	-	30:24.1	9:48.4	6:05.5
145 MARTIN, Natalie	JR	Cedar Rapids Kenn	-	30:30.8	9:50.6	6:06.9
146 ANDERSON, Lilly	FR	Dubuque Senior	-	31:02.8	10:00.9	6:13.3
147 KIZZIER, Sophia	FR	Dubuque Hempstea	-	31:03.4	10:01.1	6:13.4
148 HERRIG, Grace	SR	Dubuque Senior	-	32:07.4	10:21.7	6:26.2
149 MEEHAN, Raygan	FR	Dubuque Hempstea	-	34:08.0	11:00.6	6:50.4
150 WILLIAMS, Hannah	SR	Dubuque Hempstea	-	34:19.0	11:04.2	6:52.6
151 TAYLOR, Cassidy	FR	Waterloo United	(92)	34:20.1	11:04.5	6:52.8
152 HOGLE, Karli	SR	Waterloo United	(93)	34:27.8	11:07.0	6:54.4
153 BERNA, Isabelle	FR	Dubuque Senior	-	34:31.8	11:08.3	6:55.2
154 WEIR, Chloe	FR	Cedar Rapids Kenn	-	35:07.9	11:19.9	7:02.4
155 POWERS, Evelyn	SO	Iowa City City High	-	47:57.2	15:28.1	9:36.6

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Race #6
JV Boys 5K

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Iowa City City High	56	5-8-10-16-17(19)(21)	1:29:59	18:00	0:25.8
2 Iowa City Liberty	60	6-7-12-13-22(23)(29)	1:29:56	18:00	0:34.9
3 Cedar Falls	70	3-4-14-24-25(26)(27)	1:30:44	18:09	0:50.8
4 Prairie Cedar Rapids	99	1-2-20-37-39(52)(53)	1:32:01	18:25	1:48.2
5 Linn-Mar Marion	149	18-28-33-34-36(38)(40)	1:34:01	18:49	0:52.1
6 Iowa City West	170	9-31-35-47-48(56)(58)	1:35:23	19:05	1:58.6
7 Dubuque Hempstead	181	11-30-32-51-57(61)	1:35:47	19:10	2:22.5
8 Cedar Rapids Kennedy	242	15-44-46-67-70(81)	1:40:32	20:07	3:31.9
9 Waterloo United	266	43-49-50-59-65(68)(69)	1:41:15	20:15	1:40.8
10 Cedar Rapids Washington	298	41-45-63-73-76(77)(78)	1:44:53	20:59	3:11.2
11 Epworth Western Dubuque	320	55-60-62-71-72(75)(79)	1:45:19	21:04	1:34.5
12 Dubuque Senior	334	42-54-74-80-84	1:51:15	22:15	5:42.3
13 Xavier Cedar Rapids	380	64-66-82-83-85(86)	1:58:05	23:37	4:39.3
DNP Cedar Rapids Jefferson					

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
1 SICKLES, Jaxon	JR	Prairie Cedar Rapid	-	17:33.9	5:40.0	3:31.2
2 ALLARD, Harrison	JR	Prairie Cedar Rapid	-	17:37.0	5:40.9	3:31.8
3 SWITZER, Cameron	SR	Cedar Falls	-	17:45.5	5:43.7	3:33.5
4 STROHBEEN, Salem	SR	Cedar Falls	-	17:46.7	5:44.1	3:33.8
5 ACKERMAN, Jonas	JR	Iowa City City High	-	17:49.0	5:44.8	3:34.2
6 KAMBA KALEKA, Jonathan	SR	Iowa City Liberty	-	17:49.2	5:44.9	3:34.3
7 THOMPSON, Maxwell	JR	Iowa City Liberty	-	17:49.4	5:45.0	3:34.3
8 SCHAECKENBACH, Matt	JR	Iowa City City High	-	17:50.6	5:45.3	3:34.5
9 POLGREEN, Andrew	JR	Iowa City West	-	17:52.8	5:46.0	3:35.0
10 NORELDAIM, Ayman	JR	Iowa City City High	-	17:53.0	5:46.1	3:35.0
11 RIFFEL, Sam	SR	Dubuque Hempstea	-	17:54.8	5:46.7	3:35.4
12 BISGARD, Boden	JR	Iowa City Liberty	-	17:56.1	5:47.1	3:35.6
13 ABEL, Jack	SR	Iowa City Liberty	-	17:57.0	5:47.4	3:35.8
14 WUNDERLICH, Lane	JR	Cedar Falls	-	18:01.4	5:48.8	3:36.7
15 STRICKER, Kyan	SR	Cedar Rapids Kenn	-	18:09.4	5:51.4	3:38.3
16 MACGILLIVRAY, Philip	JR	Iowa City City High	-	18:11.5	5:52.1	3:38.7
17 CODD, Sumner	SR	Iowa City City High	-	18:14.8	5:53.1	3:39.4
18 FAIRLEY, Creighton	JR	Linn-Mar Marion	-	18:16.7	5:53.7	3:39.8
19 PROVORSE, Lohman	SR	Iowa City City High	-	18:17.0	5:53.8	3:39.8
20 REYES, Michael	JR	Prairie Cedar Rapid	-	18:17.4	5:54.0	3:39.9
21 BYWATER, Adam	JR	Iowa City City High	-	18:18.6	5:54.4	3:40.2
22 KINZER, Nathan	JR	Iowa City Liberty	-	18:24.1	5:56.1	3:41.3
23 VANDERLINDEN, Owen	JR	Iowa City City High	-	18:24.6	5:56.3	3:41.4
24 BAKER, Tyson	SR	Iowa City Liberty	-	18:25.8	5:56.7	3:41.6
25 STEELE, Xander	SR	Cedar Falls	-	18:33.4	5:59.2	3:43.1
26 GALLAGHER, Reece	SR	Cedar Falls	-	18:36.3	6:00.1	3:43.7

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Race #6
JV Boys 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
27 UHRMACHER, Xavier	SR	Cedar Falls	-	18:36.4	6:00.1	3:43.7
28 LE, Tommy	SR	Iowa City City High	-	18:36.7	6:00.2	3:43.8
29 MEHTA, Akshat	JR	Cedar Falls	-	18:37.8	6:00.6	3:44.0
30 HAWORTH, Austin	JR	Cedar Falls	-	18:39.6	6:01.2	3:44.4
31 BANOWETZ, Joey	JR	Linn-Mar Marion	-	18:40.1	6:01.3	3:44.5
32 HENK, Cal	JR	Iowa City Liberty	-	18:40.8	6:01.5	3:44.6
33 TYLER, Lucas	JR	Dubuque Hempstea	-	18:46.7	6:03.4	3:45.8
34 RAHAL, Nader	SR	Iowa City West	-	18:49.0	6:04.2	3:46.2
35 DICKSON, Will	JR	Iowa City City High	-	18:49.1	6:04.2	3:46.3
36 MISIAG-BECKLER, Grant	JR	Dubuque Hempstea	-	18:51.1	6:04.9	3:46.7
37 GAGE, Luke	JR	Iowa City Liberty	-	18:52.2	6:05.2	3:46.9
38 SCHOON, Henry	SR	Iowa City City High	-	18:56.0	6:06.4	3:47.6
39 DEAHL, Connor	JR	Linn-Mar Marion	-	18:56.3	6:06.5	3:47.7
40 HARPER, Kadon	JR	Linn-Mar Marion	-	18:59.4	6:07.5	3:48.3
41 VUKOVIC, Anel	SO	Iowa City West	-	19:02.2	6:08.4	3:48.9
42 ZAWOJEWSKI, Rhys	JR	Iowa City City High	-	19:03.0	6:08.7	3:49.0
43 KACZKA, Andrew	JR	Iowa City Liberty	-	19:03.8	6:09.0	3:49.2
44 MCDERMOTT, Aiden	SR	Linn-Mar Marion	-	19:08.7	6:10.5	3:50.2
45 HINKHOUSE, Luis	SR	Iowa City City High	-	19:08.9	6:10.6	3:50.2
46 SCHWARZ, Dylan	JR	Prairie Cedar Rapid	-	19:10.3	6:11.1	3:50.5
47 HADLEY, Calyx	JR	Cedar Falls	-	19:10.5	6:11.1	3:50.6
48 DELOACH, Lee	SR	Linn-Mar Marion	-	19:17.9	6:13.5	3:52.0
49 FRANTZ, Jaden	JR	Iowa City Liberty	-	19:20.2	6:14.2	3:52.5
50 RUDD, Nathan	SR	Prairie Cedar Rapid	-	19:22.1	6:14.9	3:52.9
51 AHRENS, Connor	SR	Iowa City Liberty	-	19:22.5	6:15.0	3:52.9
52 HUMMER, Paxton	JR	Linn-Mar Marion	-	19:23.7	6:15.4	3:53.2
53 SARSFIELD, Patrick	SR	Iowa City City High	-	19:24.0	6:15.5	3:53.3
54 DEBOOM, Finn	SR	Cedar Rapids Wash	-	19:24.7	6:15.7	3:53.4
55 COOPER, Henry	SR	Iowa City City High	-	19:27.9	6:16.7	3:54.0
56 FISCHER, Nate	SR	Dubuque Senior	-	19:28.0	6:16.8	3:54.1
57 GUSTAFSON, Zephaniah	SR	Waterloo United	-	19:35.2	6:19.1	3:55.5
58 HALLAM, Jonah	SR	Cedar Rapids Kenn	-	19:37.5	6:19.8	3:56.0
59 SMEBY, Cameron	SR	Cedar Rapids Wash	-	19:38.7	6:20.2	3:56.2
60 SEAMANS, Hal	JR	Iowa City City High	-	19:38.9	6:20.3	3:56.2
61 STUBBLEFIELD, Brian	SR	Cedar Rapids Kenn	-	19:42.3	6:21.4	3:56.9
62 WADDELL, Micah	JR	Linn-Mar Marion	-	19:43.9	6:21.9	3:57.2
63 JENNINGS, Isaiah	SR	Cedar Falls	-	19:46.9	6:22.9	3:57.8
64 ODE, Paul	JR	Iowa City West	-	19:47.8	6:23.1	3:58.0
65 BUCHHOLZ, Zach	JR	Iowa City West	-	19:51.3	6:24.3	3:58.7
66 RITTER, Layton	SR	Waterloo United	-	19:52.3	6:24.6	3:58.9
67 ROHR, Jacob	SR	Iowa City City High	-	19:53.8	6:25.1	3:59.2
68 OLIVE, Derek	SR	Waterloo United	-	19:54.3	6:25.2	3:59.3
69 GLAB, John	SR	Dubuque Hempstea	-	19:56.5	6:26.0	3:59.8
70 GAGE, Carter	SR	Iowa City Liberty	-	20:00.4	6:27.2	4:00.5
71 BENESH, Go	JR	Prairie Cedar Rapid	-	20:06.3	6:29.1	4:01.7
72 EHLER, Brett	SR	Prairie Cedar Rapid	-	20:06.3	6:29.1	4:01.7

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**Race #6
JV Boys 5K**
Final Results
INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
73 GRAHAM, Nic	FR	Dubuque Senior	-	20:09.9	6:30.3	4:02.5
74 MILLER, Russell	JR	Epworth Western D	-	20:11.3	6:30.7	4:02.7
75 ABU-HIJLEH, Thayer	SR	Iowa City West	-	20:14.1	6:31.6	4:03.3
76 JOHNSON, Jacob	JR	Dubuque Hempstea	-	20:17.2	6:32.6	4:03.9
77 PIERCE, Thomas	SR	Iowa City West	-	20:22.1	6:34.2	4:04.9
78 WELCH, Timothy	JR	Iowa City Liberty	-	20:22.9	6:34.5	4:05.1
79 CARGIN, Andrew	SR	Iowa City Liberty	-	20:23.9	6:34.8	4:05.3
80 CHAN, Cassandro	FR	Iowa City West	-	20:25.6	6:35.3	4:05.6
81 KIETA, Hassan	SR	Iowa City City High	-	20:31.0	6:37.1	4:06.7
82 ULMER, Matthew	SR	Linn-Mar Marion	-	20:33.4	6:37.9	4:07.2
83 LUND, Sam	JR	Waterloo United	-	20:36.7	6:38.9	4:07.8
84 BARKER, Ben	SO	Iowa City West	-	20:36.8	6:38.9	4:07.8
85 HORSFALL, Timmy	SR	Epworth Western D	-	20:36.9	6:39.0	4:07.9
86 ANDERSON, Jack	JR	Iowa City Liberty	-	20:38.6	6:39.5	4:08.2
87 REW, Mike	JR	Iowa City City High	-	20:39.1	6:39.7	4:08.3
88 O'TOOLE, Chris	SR	Linn-Mar Marion	-	20:39.5	6:39.8	4:08.4
89 CLEMONS, Tre	SR	Iowa City City High	-	20:41.1	6:40.3	4:08.7
90 SHIM, Iahn	SR	Iowa City West	-	20:43.2	6:41.0	4:09.1
91 WHITTLESEY, Zach	JR	Prairie Cedar Rapid	-	20:46.9	6:42.2	4:09.9
92 MALCOM, Henrey	JR	Dubuque Hempstea	-	20:48.5	6:42.7	4:10.2
93 ARENAS, Ricky	SO	Cedar Rapids Jeffer	-	20:50.4	6:43.3	4:10.6
94 DRUECKER, Kaden	JR	Prairie Cedar Rapid	-	20:50.6	6:43.4	4:10.6
95 HAGEDORN, Sam	JR	Iowa City City High	-	20:53.4	6:44.3	4:11.2
96 MERRIL, Kai	FR	Iowa City West	-	20:55.6	6:45.0	4:11.6
97 KINARD, Brevin	JR	Cedar Falls	-	20:59.9	6:46.4	4:12.5
98 BLAIR, Thomas	JR	Epworth Western D	-	21:01.6	6:46.9	4:12.8
99 MUNSON, Josh	JR	Iowa City Liberty	-	21:02.9	6:47.4	4:13.1
100 BIERBAUM, Jack	SR	Cedar Rapids Wash	-	21:06.2	6:48.4	4:13.7
101 QUANRUD, Max	SR	Prairie Cedar Rapid	-	21:07.6	6:48.9	4:14.0
102 ANTON, Carson	JR	Cedar Falls	-	21:10.3	6:49.8	4:14.6
103 SCHMITZ, Joseph	FR	Xavier Cedar Rapid	-	21:12.6	6:50.5	4:15.0
104 YODER, Chase	JR	Prairie Cedar Rapid	-	21:12.8	6:50.6	4:15.1
105 VASQUEZ-GALVEZ, Angel	JR	Waterloo United	-	21:15.9	6:51.6	4:15.7
106 GARRETT, Damien	JR	Iowa City Liberty	-	21:16.9	6:51.9	4:15.9
107 WALZ, Ethan	FR	Xavier Cedar Rapid	-	21:18.0	6:52.2	4:16.1
108 DOLPHIN, Lucas	JR	Cedar Rapids Kenn	-	21:21.6	6:53.4	4:16.8
109 KLABUNDE, William	SR	Waterloo United	-	21:22.5	6:53.7	4:17.0
110 DOYLE, Connor	JR	Cedar Falls	-	21:24.0	6:54.2	4:17.3
111 ASCHENBRENNER, Alec	FR	Cedar Rapids Jeffer	-	21:24.5	6:54.3	4:17.4
112 LONG, Ethan	SR	Iowa City Liberty	-	21:30.0	6:56.1	4:18.5
113 HERREWEYERS, Andrew	SR	Iowa City City High	-	21:34.3	6:57.5	4:19.4
114 LEWIS, Elliott	JR	Iowa City City High	-	21:37.2	6:58.4	4:19.9
115 REU, Noah	JR	Prairie Cedar Rapid	-	21:38.9	6:59.0	4:20.3
116 GHABEL, Karsten	FR	Iowa City West	-	21:39.6	6:59.2	4:20.4
117 HERRMANN, Cadin	SR	Waterloo United	-	21:39.9	6:59.3	4:20.5
118 FORT, Cooper	SR	Cedar Falls	-	21:41.0	6:59.7	4:20.7

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**Race #6
JV Boys 5K**
Final Results
INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
119 ISPENTCHIAN, Zachary	FR	Cedar Rapids Kenn	-	21:41.2	6:59.7	4:20.8
120 COYLE, Caden	SR	Epworth Western D	-	21:43.4	7:00.5	4:21.2
121 SCHROEDER, Dylan	SR	Epworth Western D	-	21:45.7	7:01.2	4:21.7
122 HELLMAN, Ben	SR	Prairie Cedar Rapid	-	21:47.9	7:01.9	4:22.1
123 AYERS, Jack	JR	Iowa City City High	-	21:51.3	7:03.0	4:22.8
124 STAFSHOLT, Landon	SR	Waterloo United	-	21:57.8	7:05.1	4:24.1
125 BOWEN-BURT, Eliano	FR	Iowa City City High	-	22:04.2	7:07.1	4:25.4
126 FLEMING, Ryder	JR	Cedar Rapids Wash	-	22:06.9	7:08.0	4:25.9
127 ZDAN, Kent	SR	Iowa City City High	-	22:11.3	7:09.4	4:26.8
128 DUNN, Michael	JR	Waterloo United	-	22:14.2	7:10.4	4:27.4
129 ALEXMAN, Jackson	JR	Linn-Mar Marion	-	22:18.8	7:11.9	4:28.3
130 STRAND, Evan	JR	Linn-Mar Marion	-	22:20.8	7:12.5	4:28.7
131 JAYAWICHRAMA, Tharu	JR	Dubuque Senior	-	22:23.1	7:13.2	4:29.2
132 CASEY, Nathan	JR	Epworth Western D	-	22:23.6	7:13.4	4:29.2
133 ANDRE, Morgan	SR	Waterloo United	-	22:33.6	7:16.6	4:31.3
134 TOMINSKY, Evan	SO	Cedar Rapids Wash	-	22:35.9	7:17.4	4:31.7
135 BROWN, Sam	SR	Iowa City City High	-	22:42.2	7:19.4	4:33.0
136 WITTNEBEL, Alex	JR	Cedar Rapids Wash	-	22:48.9	7:21.6	4:34.3
137 ROBERTS, Jefferson	SR	Cedar Falls	-	22:53.2	7:23.0	4:35.2
138 LEAPOLD, Brom	JR	Iowa City City High	-	22:54.6	7:23.4	4:35.5
139 ROGAHN, Connor	SO	Cedar Rapids Wash	-	22:55.2	7:23.6	4:35.6
140 WIRTZ, Carson	JR	Cedar Falls	-	22:57.1	7:24.2	4:36.0
141 HEIDERSCHEIT, Zane	JR	Epworth Western D	-	23:14.0	7:29.7	4:39.4
142 MCCOOL, Jagger	JR	Epworth Western D	-	23:14.1	7:29.7	4:39.4
143 YANG, Richard	FR	Iowa City West	-	23:16.8	7:30.6	4:39.9
144 LOCHER, Luke	SO	Iowa City City High	-	23:26.3	7:33.6	4:41.8
145 STUENKEL, Elliott	SR	Waterloo United	-	23:29.2	7:34.6	4:42.4
146 PIETERS, Jack	SR	Cedar Falls	-	23:29.7	7:34.7	4:42.5
147 TAYLOR, Kale	JR	Waterloo United	-	23:40.0	7:38.0	4:44.6
148 HANSEN, Seth	SR	Cedar Falls	-	23:42.2	7:38.8	4:45.0
149 ANDREWS, Cameron	FR	Cedar Rapids Wash	-	23:46.4	7:40.1	4:45.8
150 SMITH, Cade	FR	Cedar Rapids Wash	-	23:47.3	7:40.4	4:46.0
151 KENAGA, Aidan	JR	Cedar Falls	-	24:02.5	7:45.3	4:49.1
152 SULLIVAN, Joseph	SR	Dubuque Senior	-	24:03.9	7:45.8	4:49.3
153 HAGEN, Asle	SR	Cedar Rapids Wash	-	24:17.5	7:50.2	4:52.1
154 MEIER, Kinnick	SO	Cedar Rapids Jeffer	-	24:21.7	7:51.5	4:52.9
155 GLENSNER, Kiernan	FR	Cedar Rapids Kenn	-	24:35.1	7:55.8	4:55.6
156 COSLEY, Will	SR	Epworth Western D	-	24:42.9	7:58.3	4:57.2
157 HAGUE, Linden	SR	Cedar Rapids Wash	-	24:47.4	7:59.8	4:58.1
158 GAINES, Ryan	JR	Cedar Falls	-	24:47.7	7:59.9	4:58.1
159 ASCHENBRENNER, Domini	SO	Xavier Cedar Rapid	-	24:48.3	8:00.1	4:58.2
160 LE, James	JR	Xavier Cedar Rapid	-	24:53.8	8:01.9	4:59.4
161 ZHENG, Michael	FR	Iowa City West	-	24:57.8	8:03.1	5:00.1
162 DIXON, Jacob	FR	Iowa City City High	-	25:07.2	8:06.2	5:02.0
163 RUPPEL, Teddy	FR	Dubuque Senior	-	25:10.3	8:07.2	5:02.7
164 GUETZKO, Lu	SO	Iowa City City High	-	25:17.9	8:09.6	5:04.2

2021 MVC SUPER MEET

Waterloo, IA

Irv Warren Golf Course/Byrnes Park

Weather: Overcast, Light Rain, Wind ENE 5mph & 71

Host: Waterloo West

Thursday, October 07, 2021

MEET OFFICIALS**Meet Director:**

Gordy Yuska

Meet Referee:

Rick Hall

Timing:

Andrew Kauder - Kauder Racing, LLC

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**Race #6
JV Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
165 CLASEN, Corbin	JR	Prairie Cedar Rapid	-	25:19.1	8:10.0	5:04.4
166 DARINGER-WRIGHT, Malac	SR	Waterloo United	-	25:33.0	8:14.5	5:07.2
167 REU, Jonathan	FR	Prairie Cedar Rapid	-	25:51.5	8:20.5	5:10.9
168 WHITE, Constantine	SO	Xavier Cedar Rapid	-	25:51.8	8:20.6	5:11.0
169 YOUNG, Bradon	FR	Xavier Cedar Rapid	-	25:59.1	8:22.9	5:12.4
170 ZHENG, Steven	FR	Iowa City West	-	26:07.2	8:25.5	5:14.1
171 VASKE, Brandon	SO	Epworth Western D	-	26:42.4	8:36.9	5:21.1
172 HOLUB, Sam	SO	Cedar Rapids Wash	-	26:42.6	8:36.9	5:21.1
173 BENDER, Michael	FR	Iowa City City High	-	26:45.2	8:37.8	5:21.7
174 SCHRADER, Charles	FR	Cedar Rapids Wash	-	28:12.8	9:06.1	5:39.2
175 PLUMMER, Jackson	SR	Cedar Falls	-	30:38.4	9:53.0	6:08.4

2021 MVC SUPER MEET

Waterloo, IA

Irv Warren Golf Course/Byrnes Park

Weather: Overcast, Wind ENE 5mph & 71

Host: Waterloo West

Thursday, October 07, 2021

MEET OFFICIALS**Meet Director:**

Gordy Yuska

Meet Referee:

Rick Hall

Timing:

Andrew Kauder - Kauder Racing, LLC

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**Race #1
Fr-So Girls 5K****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Dubuque Hempstead	25	3-4-5-6-7(8)(37)	1:48:42	21:45	1:10.1
2 Dubuque Senior	81	9-13-16-19-24(28)(36)	1:56:00	23:12	1:34.7
3 Iowa City City High	83	1-10-14-27-31(32)(39)	1:55:05	23:01	3:44.6
4 Iowa City West	99	11-15-17-26-30(34)(42)	1:57:46	23:34	1:48.5
5 Prairie Cedar Rapids	117	2-18-25-29-43(44)	1:59:43	23:57	5:43.4
6 Wahlert Dubuque	139	20-21-22-35-41	2:02:05	24:25	2:01.3
7 Linn-Mar Marion	146	12-23-33-38-40	2:01:49	24:22	2:30.0
DNP Cedar Falls					

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM
1 PETERSON, Nicole	FR	Iowa City City High	1	20:49.7	6:43.1	4:10.4
2 HAMILTON, Karlee	SO	Prairie Cedar Rapid	2	21:00.2	6:46.5	4:12.5
3 LANGE, Mylee	FR	Dubuque Hempstea	3	21:07.8	6:48.9	4:14.1
4 SCHLICHTE, Aubrey	FR	Dubuque Hempstea	4	21:31.0	6:56.4	4:18.7
5 BRAUHN, Isabel	SO	Dubuque Hempstea	5	21:49.4	7:02.4	4:22.4
6 MCFADDEN, Hannah	FR	Dubuque Hempstea	6	21:56.1	7:04.5	4:23.7
7 HERRIG, Bella	FR	Dubuque Hempstea	7	22:17.8	7:11.5	4:28.1
8 GEHL, Lauren	SO	Dubuque Hempstea	(8)	22:18.3	7:11.7	4:28.2
9 WAGNER, Clara	SO	Dubuque Senior	9	22:27.7	7:14.7	4:30.1
10 PRUESSNER, Sierra	SO	Iowa City City High	10	22:33.1	7:16.5	4:31.1
11 HENDRICKSON, Ivy	FR	Iowa City West	11	22:38.1	7:18.1	4:32.2
12 SOURWINE, Rita	SO	Linn-Mar Marion	12	22:42.0	7:19.3	4:32.9
13 TOMPKINS-GAROU, Gwen	FR	Dubuque Senior	13	22:46.9	7:20.9	4:33.9
14 BERNARDY, Ashley	FR	Cedar Falls	-	22:53.9	7:23.2	4:35.3
15 TORKELSON, Nina	SO	Iowa City City High	14	22:57.1	7:24.2	4:36.0
16 ORSZULA, Helen	SO	Iowa City West	15	23:05.1	7:26.8	4:37.6
17 LUDOVISSEY, Kamryn	FR	Dubuque Senior	16	23:12.6	7:29.2	4:39.1
18 BLAKE, Natalie	FR	Cedar Falls	-	23:13.4	7:29.5	4:39.2
19 CLARK, Violet	SO	Iowa City West	17	23:25.9	7:33.5	4:41.7
20 ALLARD, Tori	SO	Prairie Cedar Rapid	18	23:28.6	7:34.4	4:42.3
21 MONTGOMERY, London	SO	Dubuque Senior	19	23:29.7	7:34.7	4:42.5
22 STEFFEN, Rylee	SO	Wahlert Dubuque	20	23:39.7	7:38.0	4:44.5
23 CUHAT, Isabelle	FR	Cedar Falls	-	23:55.3	7:43.0	4:47.6
24 PAPE, Marley	FR	Wahlert Dubuque	21	23:57.0	7:43.5	4:48.0
25 CUSHMAN, Laura	SO	Wahlert Dubuque	22	23:58.1	7:43.9	4:48.2
26 CHRISTENSON, Katie	FR	Linn-Mar Marion	23	24:01.3	7:44.9	4:48.8
27 CARBER, Delaney	SO	Dubuque Senior	24	24:02.3	7:45.3	4:49.0
28 ANTON, Ellie	FR	Cedar Falls	-	24:02.9	7:45.4	4:49.2
29 REDIG, Riley	FR	Prairie Cedar Rapid	25	24:09.3	7:47.5	4:50.4
30 GRIENER, Naomi	FR	Iowa City West	26	24:10.3	7:47.8	4:50.6
31 THOMPSON, Lucy	SO	Iowa City City High	27	24:10.7	7:48.0	4:50.7
32 DONOVAN, Ella	SO	Dubuque Senior	(28)	24:13.3	7:48.8	4:51.2
33 SANDERS, Sarah	FR	Prairie Cedar Rapid	29	24:21.6	7:51.5	4:52.9
34 HAROUN, Wesal	SO	Iowa City West	30	24:26.6	7:53.1	4:53.9

2021 MVC SUPER MEET

Waterloo, IA

Irv Warren Golf Course/Byrnes Park

Weather: Overcast, Wind ENE 5mph & 71

Host: Waterloo West

Thursday, October 07, 2021

MEET OFFICIALS**Meet Director:**

Gordy Yuska

Meet Referee:

Rick Hall

Timing:

Andrew Kauder - Kauder Racing, LLC

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**Race #1
Fr-So Girls 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
35 MATEL, Rachel	FR	Iowa City City High	31	24:34.3	7:55.6	4:55.4
36 LECLAIR, Josie	FR	Iowa City City High	(32)	24:36.8	7:56.4	4:55.9
37 CLARK, Chelsea	FR	Linn-Mar Marion	33	24:44.6	7:58.9	4:57.5
38 ORSZULA, Yaya	SO	Iowa City West	(34)	24:47.5	7:59.8	4:58.1
39 DEHN, Anna	SO	Wahlert Dubuque	35	24:48.9	8:00.3	4:58.4
40 NEMMERS, Lauren	SO	Dubuque Senior	(36)	24:53.1	8:01.6	4:59.2
41 BERNS, Kourtney	SO	Dubuque Hempstea	(37)	24:54.9	8:02.2	4:59.6
42 COOK, Alli	SO	Dubuque Senior	-	24:56.6	8:02.7	4:59.9
43 SCOTT, Zoe	FR	Linn-Mar Marion	38	25:08.5	8:06.6	5:02.3
44 PISARIK, Savannah	SO	Iowa City City High	(39)	25:10.5	8:07.2	5:02.7
45 SWANSON, Audrey	SO	Linn-Mar Marion	40	25:12.0	8:07.7	5:03.0
46 POPPEN, Ava	SO	Dubuque Senior	-	25:18.4	8:09.8	5:04.3
47 RICHTER, Rachel	SO	Dubuque Hempstea	-	25:22.2	8:11.0	5:05.0
48 ANGERER-SUEPPEL, Ellen	SO	Iowa City City High	-	25:31.4	8:14.0	5:06.9
49 GALLUZZO, Joanna	FR	Iowa City City High	-	25:36.8	8:15.7	5:08.0
50 MUNSHOWER, Alison	SO	Wahlert Dubuque	41	25:41.0	8:17.1	5:08.8
51 BOERNER, Greta	SO	Iowa City City High	-	25:42.8	8:17.7	5:09.2
52 HONG, Tina	FR	Iowa City West	(42)	25:44.9	8:18.3	5:09.6
53 LARSEN, Haley	SO	Prairie Cedar Rapid	43	26:43.5	8:37.2	5:21.3
54 GAMMON, Hailey	SO	Prairie Cedar Rapid	(44)	27:14.5	8:47.2	5:27.5

2021 MVC SUPER MEET

Waterloo, IA

Irv Warren Golf Course/Byrnes Park

Weather: Overcast, Light Rain, Wind ENE 5mph & 71

Host: Waterloo West

Thursday, October 07, 2021

MEET OFFICIALS

Meet Director:

Gordy Yuska

Meet Referee:

Rick Hall

Timing:

Andrew Kauder - Kauder Racing, LLC



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Race #2
Fr-So Boys 5K

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Iowa City West	34	1-3-6-7-17(20)(26)	1:29:40	17:56	1:04.2
2 Cedar Falls	55	2-9-11-15-18(23)(35)	1:30:56	18:12	0:48.3
3 Prairie Cedar Rapids	57	4-5-10-13-25(44)(61)	1:30:51	18:11	0:52.4
4 Dubuque Hempstead	113	8-12-24-33-36(51)(52)	1:32:55	18:35	0:59.0
5 Cedar Rapids Kennedy	173	29-31-32-34-47(56)(63)	1:35:07	19:02	0:23.3
6 Waterloo United	176	19-22-40-42-53(69)(74)	1:35:03	19:01	0:59.1
7 Iowa City City High	189*	30-37-38-41-43(45)(46)	1:35:22	19:05	0:12.1
8 Linn-Mar Marion	189*	16-21-48-50-54(55)(65)	1:35:20	19:04	1:12.7
9 Iowa City Liberty	198	14-28-39-57-60(62)(67)	1:35:56	19:12	1:27.2
10 Wahlert Dubuque	257	27-49-58-59-64(70)(73)	1:37:54	19:35	1:10.9
11 Dubuque Senior	352	66-68-71-72-75(76)(77)	1:45:37	21:08	1:55.1
DNP Epworth Western Dubuque					

*Tiebreakers

Iowa City City High	30	37	38	41	43	45
Linn-Mar Marion	16	21	48	50	54	55

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
1 LEE, Michael	SO	Iowa City West	1	17:26.0	5:37.4	3:29.6
2 CONSIDINE, Jack	SO	Cedar Falls	2	17:45.7	5:43.8	3:33.6
3 TIEA, Moustafa	FR	Iowa City West	3	17:51.1	5:45.5	3:34.6
4 PETER, Earl	SO	Prairie Cedar Rapid	4	17:53.0	5:46.1	3:35.0
5 KAHLER, Landon	SO	Prairie Cedar Rapid	5	17:53.5	5:46.3	3:35.1
6 WAHE, Brice	FR	Iowa City West	6	17:56.1	5:47.1	3:35.6
7 DONG, Andrew	SO	Iowa City West	7	17:56.3	5:47.2	3:35.7
8 JOHNSON, Zach	SO	Dubuque Hempstea	8	18:01.2	5:48.8	3:36.7
9 FREY, Brayden	SO	Cedar Falls	9	18:01.2	5:48.8	3:36.7
10 WARDER, Alex	SO	Prairie Cedar Rapid	10	18:07.1	5:50.7	3:37.8
11 BAILEY, Tyler	SO	Cedar Falls	11	18:10.5	5:51.8	3:38.5
12 LEITZEN, Owen	FR	Dubuque Hempstea	12	18:11.1	5:52.0	3:38.6
13 ALLRED, Bennett	FR	Prairie Cedar Rapid	13	18:12.3	5:52.4	3:38.9
14 JOHNSON, Maddux	SO	Iowa City Liberty	14	18:23.9	5:56.1	3:41.2
15 O'BRYON, Collin	SO	Cedar Falls	15	18:23.9	5:56.1	3:41.2
16 HANSON, Owen	FR	Linn-Mar Marion	16	18:24.5	5:56.3	3:41.3
17 WATERS, Logan	SO	Iowa City West	17	18:30.2	5:58.1	3:42.5
18 DEJONG, Rentse	SO	Cedar Falls	18	18:34.0	5:59.3	3:43.2
19 NORDMAN, Chase	SO	Waterloo United	19	18:34.7	5:59.6	3:43.4
20 BENSON, Cade	SO	Iowa City West	(20)	18:36.9	6:00.3	3:43.8
21 WHITTAKER-SMITH, Tate	SO	Linn-Mar Marion	21	18:38.2	6:00.7	3:44.1
22 WENDLAND, Josiah	SO	Waterloo United	22	18:38.9	6:00.9	3:44.2
23 DEGROOTE, Kieran	FR	Cedar Falls	(23)	18:41.1	6:01.6	3:44.7
24 MASONIVIC, Denis	SO	Dubuque Hempstea	24	18:44.2	6:02.6	3:45.3

2021 MVC SUPER MEET

Waterloo, IA

Irv Warren Golf Course/Byrnes Park

Weather: Overcast, Light Rain, Wind ENE 5mph & 71

Host: Waterloo West

Thursday, October 07, 2021

MEET OFFICIALS**Meet Director:**

Gordy Yuska

Meet Referee:

Rick Hall

Timing:

Andrew Kauder - Kauder Racing, LLC

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**Race #2
Fr-So Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
25 MAI, Easton	FR	Prairie Cedar Rapid	25	18:45.3	6:03.0	3:45.5
26 SHOWERS, Sam	FR	Iowa City West	(26)	18:47.7	6:03.7	3:46.0
27 POWERS, Kyle	FR	Wahlert Dubuque	27	18:51.7	6:05.0	3:46.8
28 FOWLER, Thomas	FR	Iowa City Liberty	28	18:52.1	6:05.2	3:46.9
29 ZIEGLER, Aidan	SO	Cedar Rapids Kenn	29	18:54.5	6:05.9	3:47.3
30 BOWEN-BURT, Jonah	FR	Iowa City City High	30	18:56.8	6:06.7	3:47.8
31 SCHLAAK, Reuben	FR	Cedar Rapids Kenn	31	18:57.7	6:07.0	3:48.0
32 HODGINS, Christian	SO	Cedar Rapids Kenn	32	18:57.8	6:07.0	3:48.0
33 SCHERR, Vincent	FR	Dubuque Hempstea	33	18:58.2	6:07.2	3:48.1
34 VOLDEN, Alexander	SO	Cedar Rapids Kenn	34	18:58.5	6:07.3	3:48.2
35 MILLS, Max	FR	Cedar Falls	(35)	19:00.0	6:07.7	3:48.4
36 HANSELMAN, Matthew	SO	Dubuque Hempstea	36	19:00.1	6:07.8	3:48.5
37 KIES, Chase	FR	Cedar Falls	-	19:00.3	6:07.8	3:48.5
38 VEISETH, Greyson	FR	Cedar Falls	-	19:01.2	6:08.1	3:48.7
39 KARR, Will	FR	Iowa City City High	37	19:03.9	6:09.0	3:49.2
40 BYLER, Ephram	FR	Iowa City City High	38	19:04.0	6:09.0	3:49.2
41 JOHNSON, Hayden	FR	Iowa City Liberty	39	19:06.8	6:09.9	3:49.8
42 KERKOVE, Caleb	SO	Waterloo United	40	19:07.0	6:10.0	3:49.9
43 SCHAEFER, Adam	FR	Iowa City City High	41	19:07.6	6:10.2	3:50.0
44 RITTER, Ben	FR	Waterloo United	42	19:08.0	6:10.3	3:50.1
45 DEGNER, Jack	SO	Iowa City City High	43	19:08.9	6:10.6	3:50.2
46 FREDERIKSEN, Vincent	SO	Cedar Falls	-	19:13.1	6:12.0	3:51.1
47 BENESH, Julien	JR	Prairie Cedar Rapid	(44)	19:16.8	6:13.2	3:51.8
48 KARR, George	FR	Iowa City City High	(45)	19:17.4	6:13.3	3:51.9
49 HILL, Ethan	SO	Iowa City City High	(46)	19:17.7	6:13.4	3:52.0
50 MCMAHAN, Jonah	SO	Cedar Rapids Kenn	47	19:17.7	6:13.4	3:52.0
51 BEERENDS, Dylan	FR	Iowa City City High	-	19:18.6	6:13.7	3:52.2
52 ADAMSON, Griffin	FR	Linn-Mar Marion	48	19:19.2	6:13.9	3:52.3
53 NEWLIN, Sullivan	SO	Wahlert Dubuque	49	19:19.9	6:14.2	3:52.4
54 KUHN, Riley	SO	Linn-Mar Marion	50	19:21.0	6:14.5	3:52.7
55 LANGE, Aiden	FR	Dubuque Hempstea	(51)	19:22.4	6:15.0	3:52.9
56 PEASE, William	SO	Cedar Falls	-	19:22.5	6:15.0	3:53.0
57 BREITBACH, Cohen	FR	Dubuque Hempstea	(52)	19:28.5	6:16.9	3:54.2
58 MCGRANE, Liam	FR	Cedar Falls	-	19:31.2	6:17.8	3:54.7
59 HUEGERICH, Trevor	SO	Cedar Falls	-	19:32.3	6:18.1	3:54.9
60 BURNS, Presley	FR	Waterloo United	53	19:33.8	6:18.6	3:55.2
61 TRESSLER, Jamison	FR	Cedar Falls	-	19:34.5	6:18.8	3:55.4
62 LUKES, Landon	FR	Linn-Mar Marion	54	19:37.1	6:19.7	3:55.9
63 MAYLA, Bhargava	FR	Linn-Mar Marion	(55)	19:37.2	6:19.7	3:55.9
64 ROELOFS, Reagan	SO	Cedar Rapids Kenn	(56)	19:37.5	6:19.8	3:56.0
65 BRIGHT, Truman	SO	Iowa City City High	-	19:41.4	6:21.1	3:56.7
66 KLEIN, Braxton	FR	Iowa City Liberty	57	19:42.1	6:21.3	3:56.9
67 REESE, Nolan	SO	Cedar Falls	-	19:45.2	6:22.3	3:57.5
68 ARENDTS, Jace	SO	Cedar Falls	-	19:47.6	6:23.1	3:58.0
69 HALLSTOOS, Joplin	SO	Wahlert Dubuque	58	19:49.1	6:23.6	3:58.3
70 SCHRACK, Eden	SO	Wahlert Dubuque	59	19:50.2	6:23.9	3:58.5

2021 MVC SUPER MEET

Waterloo, IA

Irv Warren Golf Course/Byrnes Park

Weather: Overcast, Light Rain, Wind ENE 5mph & 71

Host: Waterloo West

Thursday, October 07, 2021

MEET OFFICIALS**Meet Director:**

Gordy Yuska

Meet Referee:

Rick Hall

Timing:

Andrew Kauder - Kauder Racing, LLC

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**Race #2
Fr-So Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
71 VANBROCKLIN, Gavin	SO	Cedar Falls	-	19:50.2	6:23.9	3:58.5
72 THOMPSON, Will	SO	Iowa City Liberty	60	19:51.1	6:24.2	3:58.7
73 WINTERBURG, Hero	FR	Prairie Cedar Rapid	(61)	19:54.4	6:25.3	3:59.3
74 SMITH, Sam	FR	Cedar Falls	-	19:57.0	6:26.1	3:59.9
75 PAVOLVEC, Evan	FR	Iowa City Liberty	(62)	19:59.1	6:26.8	4:00.3
76 KNIPFER, Ben	SO	Cedar Rapids Kenn	(63)	19:59.8	6:27.0	4:00.4
77 ROELFS, Will	FR	Prairie Cedar Rapid	-	20:00.8	6:27.3	4:00.6
78 SCHMITT, Christopher	SO	Wahlert Dubuque	64	20:02.6	6:27.9	4:01.0
79 SCOTT, Will	SO	Dubuque Hempstea	-	20:04.9	6:28.7	4:01.5
80 WHITE, Ben	SO	Linn-Mar Marion	(65)	20:05.9	6:29.0	4:01.7
81 WEIMER, Eli	FR	Cedar Falls	-	20:08.8	6:29.9	4:02.2
82 WIERING, Henry	SO	Cedar Falls	-	20:12.2	6:31.0	4:02.9
83 RILEY, Lucas	FR	Iowa City City High	-	20:12.4	6:31.1	4:03.0
84 LEIS, Brayden	FR	Prairie Cedar Rapid	-	20:16.1	6:32.3	4:03.7
85 DEAN, Logan	SO	Dubuque Senior	66	20:16.8	6:32.5	4:03.8
86 MAYFIELD, Isaiah	FR	Cedar Falls	-	20:18.9	6:33.2	4:04.3
87 CATRON, Jaylon	FR	Prairie Cedar Rapid	-	20:19.4	6:33.3	4:04.4
88 BELAND, Caden	SO	Cedar Falls	-	20:22.8	6:34.4	4:05.0
89 ARBID, Needal	SO	Iowa City Liberty	(67)	20:25.1	6:35.2	4:05.5
90 MARTIN, Connor	FR	Cedar Falls	-	20:25.5	6:35.3	4:05.6
91 XU, Hao	FR	Dubuque Senior	68	20:26.5	6:35.6	4:05.8
92 O'HAIR, Samuel	SO	Cedar Falls	-	20:26.6	6:35.7	4:05.8
93 MESSER, Coy	FR	Epworth Western D	-	20:26.9	6:35.8	4:05.9
94 STEWART, Braden	SO	Cedar Falls	-	20:27.2	6:35.9	4:05.9
95 HEUTHORST, Connor	SO	Waterloo United	(69)	20:27.4	6:35.9	4:06.0
96 STRATHMAN, Peter	FR	Iowa City Liberty	-	20:28.5	6:36.3	4:06.2
97 GRAY, Jake	FR	Cedar Falls	-	20:29.8	6:36.7	4:06.5
98 YODER, Seth	FR	Iowa City City High	-	20:32.9	6:37.7	4:07.1
99 PAREDES RUIZ, Angel	SO	Iowa City Liberty	-	20:38.7	6:39.6	4:08.2
100 CLARK, Braden	FR	Iowa City City High	-	20:40.5	6:40.2	4:08.6
101 ELDRIDGE, Spencer	FR	Cedar Falls	-	20:41.7	6:40.5	4:08.8
102 HALL, Sintayehu	FR	Cedar Rapids Kenn	-	20:42.0	6:40.6	4:08.9
103 LUCIOUS, JT	SO	Epworth Western D	-	20:42.5	6:40.8	4:09.0
104 PETERSEN, Kurtis	JR	Prairie Cedar Rapid	-	20:43.8	6:41.2	4:09.3
105 WHITE, Jensen	SO	Prairie Cedar Rapid	-	20:46.8	6:42.2	4:09.8
106 WILSON, Tanner	FR	Cedar Rapids Kenn	-	20:47.2	6:42.3	4:09.9
107 MCDERMOTT, Ryan	FR	Iowa City Liberty	-	20:47.3	6:42.3	4:10.0
108 Klapatauskas, Nick	FR	Wahlert Dubuque	(70)	20:50.5	6:43.4	4:10.6
109 PATTERSON, Mikolai	SO	Cedar Falls	-	20:52.7	6:44.1	4:11.0
110 NELSON, Gavin	SO	Iowa City Liberty	-	20:53.6	6:44.4	4:11.2
111 ALLDREDGE, Bradley	SO	Prairie Cedar Rapid	-	20:54.2	6:44.6	4:11.3
112 SMITH, Brien	SO	Cedar Falls	-	20:54.7	6:44.7	4:11.4
113 JOHNSON, Andrew	SO	Prairie Cedar Rapid	-	20:55.4	6:45.0	4:11.6
114 WILSON, Mack	FR	Iowa City City High	-	20:56.1	6:45.2	4:11.7
115 CHRIST, Alex	FR	Cedar Falls	-	21:05.7	6:48.3	4:13.6
116 PRUETT, Cole	SO	Cedar Rapids Kenn	-	21:06.9	6:48.7	4:13.9

2021 MVC SUPER MEET

Waterloo, IA

Irv Warren Golf Course/Byrnes Park

Weather: Overcast, Light Rain, Wind ENE 5mph & 71

Host: Waterloo West

Thursday, October 07, 2021

MEET OFFICIALS

Meet Director:

Gordy Yuska

Meet Referee:

Rick Hall

Timing:

Andrew Kauder - Kauder Racing, LLC



OFFICIAL MEET REPORT

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Race #2 Fr-So Boys 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
117 STEGEMOLLER, Tyler	FR	Prairie Cedar Rapid	-	21:08.6	6:49.2	4:14.2
118 DIXON, Alex	FR	Dubuque Senior	71	21:13.0	6:50.6	4:15.1
119 KACZKA, Ben	FR	Iowa City Liberty	-	21:17.1	6:52.0	4:15.9
120 FRANKLIN, Garrett	FR	Prairie Cedar Rapid	-	21:26.9	6:55.1	4:17.9
121 KINKAID, Finn	FR	Dubuque Senior	72	21:29.0	6:55.8	4:18.3
122 KENNEDY, Sam	FR	Wahlert Dubuque	(73)	21:30.1	6:56.2	4:18.5
123 TENTINGER, Lucas	FR	Linn-Mar Marion	-	21:37.2	6:58.4	4:19.9
124 DELLIT, Bobby	FR	Waterloo United	(74)	21:38.3	6:58.8	4:20.2
125 LEITHEISER, Trevor	SO	Prairie Cedar Rapid	-	21:38.7	6:58.9	4:20.2
126 MILLER, Sawyer	SO	Prairie Cedar Rapid	-	21:39.8	6:59.3	4:20.5
127 LENO, Max	FR	Cedar Rapids Kenn	-	21:44.0	7:00.6	4:21.3
128 LABATH, Sammy	FR	Linn-Mar Marion	-	21:45.2	7:01.0	4:21.6
129 DORMAN, Riley	FR	Iowa City Liberty	-	21:47.4	7:01.7	4:22.0
130 MORTON, Noam	FR	Iowa City City High	-	21:49.0	7:02.2	4:22.3
131 DECKLEVER, Hudson	SO	Linn-Mar Marion	-	21:52.3	7:03.3	4:23.0
132 RODEMEYER, Isaac	FR	Prairie Cedar Rapid	-	21:58.1	7:05.2	4:24.1
133 REYES, Dante	FR	Prairie Cedar Rapid	-	21:58.8	7:05.4	4:24.3
134 MORONEY, Nick	FR	Wahlert Dubuque	-	22:02.1	7:06.5	4:24.9
135 KERNS, Cole	SO	Iowa City Liberty	-	22:11.2	7:09.4	4:26.8
136 MORALES, Carlos	SO	Linn-Mar Marion	-	22:11.5	7:09.5	4:26.8
137 FOHT, Derek	FR	Dubuque Senior	75	22:11.9	7:09.6	4:26.9
138 ERGER, Alex	FR	Prairie Cedar Rapid	-	22:14.8	7:10.6	4:27.5
139 DIDELOT, Jett	FR	Dubuque Hempstea	-	22:15.0	7:10.6	4:27.5
140 SPRANK, Monte	FR	Dubuque Senior	(76)	22:15.6	7:10.8	4:27.7
141 PENCE, Isaac	SO	Cedar Falls	-	22:16.3	7:11.1	4:27.8
142 HOOVER, Jimmy	FR	Epworth Western D	-	22:19.4	7:12.0	4:28.4
143 BLOCK, Preston	FR	Dubuque Senior	(77)	22:20.0	7:12.2	4:28.5
144 OLESEN, Jack	FR	Cedar Rapids Kenn	-	22:22.3	7:13.0	4:29.0
145 ROBERTS, Nate	SO	Prairie Cedar Rapid	-	22:25.0	7:13.9	4:29.5
146 DALLNER, Connor	FR	Iowa City Liberty	-	22:27.8	7:14.8	4:30.1
147 PFOHL, Charlie	SO	Iowa City City High	-	22:30.9	7:15.7	4:30.7
148 ODEKIRK, Logan	SO	Waterloo United	-	22:34.7	7:17.0	4:31.5
149 ANDERSEN, Caleb	FR	Waterloo United	-	22:35.1	7:17.1	4:31.5
150 CHANDAK, Ash	FR	Linn-Mar Marion	-	22:37.4	7:17.9	4:32.0
151 MEEHAN, Carlyle	FR	Wahlert Dubuque	-	22:38.5	7:18.2	4:32.2
152 FELTON, Evan	FR	Linn-Mar Marion	-	22:39.2	7:18.4	4:32.4
153 HENRY, Bostyn	FR	Linn-Mar Marion	-	22:40.1	7:18.7	4:32.5
154 JOHNSON, Torrey	SO	Cedar Rapids Kenn	-	22:42.4	7:19.5	4:33.0
155 OLSEN, Elliot	SO	Cedar Falls	-	22:51.3	7:22.3	4:34.8
156 REES, Micah	SO	Iowa City Liberty	-	22:57.3	7:24.3	4:36.0
157 SCHULTZ, Adam	SO	Iowa City Liberty	-	22:58.9	7:24.8	4:36.3
158 PALMER, Hayden	FR	Linn-Mar Marion	-	23:01.9	7:25.8	4:36.9
159 NELSON, Sam	FR	Wahlert Dubuque	-	23:08.5	7:27.9	4:38.2
160 HAYEK, Nash	SO	Prairie Cedar Rapid	-	23:11.6	7:28.9	4:38.9
161 REINERT, Sebastian	FR	Dubuque Senior	-	23:17.9	7:30.9	4:40.1
162 TENTINGER, Ben	FR	Linn-Mar Marion	-	23:28.3	7:34.3	4:42.2

2021 MVC SUPER MEET

Waterloo, IA

Irv Warren Golf Course/Byrnes Park

Weather: Overcast, Light Rain, Wind ENE 5mph & 71

Host: Waterloo West

Thursday, October 07, 2021

MEET OFFICIALS**Meet Director:**

Gordy Yuska

Meet Referee:

Rick Hall

Timing:

Andrew Kauder - Kauder Racing, LLC

**OFFICIAL MEET REPORT**

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**Race #2
Fr-So Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
163 TIGGES, Riley	SO	Dubuque Hempstea	-	23:29.4	7:34.6	4:42.4
164 LIDDLE, Mason	FR	Dubuque Senior	-	23:36.5	7:36.9	4:43.9
165 WILDMAN, Hayden	SO	Linn-Mar Marion	-	23:59.5	7:44.3	4:48.5
166 ELSHIEKH, Bassil	FR	Linn-Mar Marion	-	24:10.3	7:47.8	4:50.6
167 SACCO, Vincent	SO	Cedar Falls	-	24:20.8	7:51.2	4:52.7
168 TAYLOR, Walker	FR	Cedar Falls	-	24:37.3	7:56.5	4:56.0
169 DANFORTH, Sawyer	SO	Cedar Falls	-	27:22.3	8:49.8	5:29.1