

# IOWA STATE QUALIFIER 1A - NEWMAN CATHOLIC

Mason City, IA

Newman Catholic School

Thursday, October 21, 2021



OFFICIAL MEET REPORT

printed: 10/21/2021 5:07 PM

**Race #1**  
**Girls 5000M**

## Final Results

### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.
1 Sumner-Fredericksbu	47	1-6-7-15-18(27)(31)	1:48:07	21:38
2 Newman Catholic Ma	65	5-9-14-16-21(25)(30)	1:50:08	22:02
3 Nashua-Plainfield	69	4-8-10-13-34(40)(55)	1:50:50	22:10
4 West Fork Sheffield	78	3-12-17-20-26(29)(35)	1:51:34	22:19
5 North Union	137	2-24-32-36-43(48)	1:57:29	23:30
6 West Hancock Britt	159	11-22-38-41-47(49)(53)	2:00:21	24:05
7 Bishop Garrigan Algo	189	19-23-37-52-58	2:06:45	25:21
8 North Butler Greene	215	28-42-44-45-56(57)(59)	2:08:20	25:40
9 Riceville	219	33-39-46-50-51(54)	2:06:49	25:22

### TEAM SCORING SUMMARY (cont'd)

Athlete	YR Team	Score	Time
36 Lexi Welter	FR West Bend-Mall	-	23:39.48
37 Cassie Beadle	SR North Union	32	23:41.06
38 O'Malley Fair	SR Riceville	33	23:42.20
39 Khari Young	JR Saint Ansgar	-	23:55.42
40 Kara Levi	SR Nashua-Plainfie	34	23:57.89
41 Kaylee Horgan	FR Saint Ansgar	-	24:03.35
42 Madelynn Welbus	JR West Fork Shef	(35)	24:05.94
43 Shea Sopher	SR Belmond-Klem	-	24:06.64
44 Ella Pippert	JR Central Springs	-	24:14.65
45 Allison Nelson	FR North Union	36	24:24.75
46 Lauren Swift	SO Bishop Garriga	37	24:26.27
47 Paige Kudej	SR West Hancock	38	24:35.63
48 Ashley Koenigs	JR Riceville	39	24:46.06
49 Alexis Weiss	SO Nashua-Plainfie	(40)	24:46.14
50 Karlie Klemesrud	SR Central Springs	-	24:55.50
51 Elliana Christensen	FR West Hancock	41	25:00.42
52 Lauren Crawford	SR Belmond-Klem	-	25:13.07
53 Macy Thorson	FR Northwood-Ken	-	25:14.24
54 Elizabeth Beenken	JR North Iowa Buff	-	25:15.51
55 Kara Van Genderen	JR North Butler Gr	42	25:16.74
56 Jennifer Carranza	FR North Union	43	25:25.38
57 Grace Muller	SO Rockford	-	25:26.07
58 Aeryn Anderson	JR North Butler Gr	44	25:35.05
59 McKenzie Bohach	SO North Butler Gr	45	25:39.22
60 Rina Isono	SO Riceville	46	25:43.66
61 Olivia Moore	JR West Hancock	47	25:50.83
62 Hanna Sandvig	SR North Union	(48)	26:00.35
63 Hayden Lang	JR West Hancock	(49)	26:06.22
64 Taylor Hemann	SO Riceville	50	26:08.46
65 Lauren Hemann	SR Riceville	51	26:27.72
66 Lillee Diekee	SR Bishop Garriga	52	27:06.37
67 Cecelia Hill	SR Central Springs	-	27:10.71
68 Amelia Collins	SO West Hancock	(53)	27:17.95
69 Avery Kruse	FR Rockford	-	27:18.12
70 Alyssa Olson	FR North Iowa Buff	-	27:27.80
71 Morgan Koenigs	SR Riceville	(54)	27:31.36
72 Emma O'Neill	SO Nashua-Plainfie	(55)	27:50.05
73 Ann Shafer	JR North Butler Gr	56	28:21.10
74 Kayla Welter	SR West Bend-Mall	-	28:45.33
75 Keeley Stanbrough	FR North Butler Gr	(57)	29:11.86
76 Katelyn Cink	SR Bishop Garriga	58	29:39.80
77 Miranda Johanns	JR North Butler Gr	(59)	30:12.45
78 Daniella Havranek	FR Rockford	-	33:42.45
79 Karima Rostom	SR GTRA	-	34:26.64

### INDIVIDUAL RESULTS

Athlete	YR Team	Score	Time
1 Hillary Trainor I	SO Sumner-Frederi	1	20:29.51
2 Jacey Welbig I	FR North Union	2	20:55.45
3 Kacee Eisentrigger I	SR West Fork Shef	3	21:04.24
4 Kadence Huck I	FR Nashua-Plainfie	4	21:14.10
5 Maggie McBride I	SR Newman Cathol	5	21:19.08
6 Saela Steege I	FR Sumner-Frederi	6	21:21.36
7 Miriam Beenken I	SO North Iowa Buff	-	21:21.81
8 Lily Mayo I	JR Sumner-Frederi	7	21:27.57
9 Amberley Gerholdt I	FR Nashua-Plainfie	8	21:28.96
10 Kenna Hemann I	SO Newman Cathol	9	21:29.02
11 Jennah Carpenter	SR Nashua-Plainfie	10	21:58.36
12 Mallory Leerar	SO West Hancock	11	22:00.58
13 RaeLynn Nash	JR West Fork Shef	12	22:01.98
14 Ellie Eick	SO Nashua-Plainfie	13	22:10.02
15 Grace Gabriel T	JR Newman Cathol	14	22:16.55
16 Sophie Boehmler T	SO Sumner-Frederi	15	22:17.87
17 Ella Petree T	SO Newman Cathol	16	22:18.88
18 Tarah Rukdashal	FR West Fork Shef	17	22:26.01
19 Emerson Warnke T	SO Sumner-Frederi	18	22:30.15
20 Abby Capesius	SO Bishop Garriga	19	22:30.86
21 Leah Weaver	FR West Fork Shef	20	22:42.48
22 Emma Weiner T	SR Newman Cathol	21	22:43.90
23 Sienna Weiland	FR West Hancock	22	22:52.99
24 Veronica Capesius	SR Bishop Garriga	23	23:00.95
25 Hannah Mophew	JR North Union	24	23:01.67
26 Jayce Weiner T	SO Newman Cathol	(25)	23:01.79
27 Claire Rye	FR Central Springs	-	23:11.19
28 Olivia Jones	SO West Fork Shef	26	23:18.77
29 Jana Meyer T	SO Sumner-Frederi	(27)	23:24.76
30 Bree Van Genderen	SR North Butler Gr	28	23:27.10
31 Mycah Weaver	SR West Fork Shef	(29)	23:31.93
32 Hailey Heinselmann T	FR Newman Cathol	(30)	23:32.58
33 Abby Zabel T	JR Sumner-Frederi	(31)	23:36.98
34 Kyla Johanson	SO Lake Mills	-	23:38.67
35 Megan Ocel	SO Northwood-Ken	-	23:38.90

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## Race #2 Boys 5000M

## Final Results

### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.
1 Central SpringsT	73	1-3-16-17-36(69)(72)	1:31:53	18:23
2 Newman Catholic Ma	85	4-11-22-23-25(26)(33)	1:33:34	18:43
3 Bishop Garrigan Algo	129	2-21-27-39-40(48)(65)	1:36:28	19:18
4 North Butler Greene	133	7-19-20-43-44(46)(51)	1:36:30	19:18
5 Sumner-Fredericksbu	140	15-24-28-35-38(47)(52)	1:38:00	19:36
6 North Union	145	9-13-32-34-57(71)(77)	1:37:38	19:32
7 Lake Mills	193	10-14-30-66-73(75)(78)	1:41:51	20:23
8 North Iowa Buffalo C	210*	8-31-42-61-68(70)	1:41:54	20:23
9 Belmont-Klemme	210*	5-29-37-63-76	1:42:30	20:30
10 Nashua-Plainfield	214	6-41-53-56-58(59)(74)	1:41:03	20:13
11 West Fork Sheffield	228	18-45-49-54-62(64)(67)	1:42:32	20:31
12 GTRA	256	12-50-55-60-79	1:48:05	21:37

#### \*Tiebreakers

North Iowa Buffalo Center	8	31	42	61	68	70
Belmont-Klemme	5	29	37	63	76	

### INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time
1 Riley Witt I	SR	Saint Ansgar	-	16:36.42
2 Bryce McDonough I	SR	Central Springs	1	16:40.01
3 Quinn Swift I	SR	Bishop Garriga	2	17:20.90
4 Clayton McDonough I	SR	Central Springs	3	17:27.02
5 Ryan Kelly I	JR	Newman Cathol	4	17:31.24
6 Isaac Swenson I	JR	Belmont-Klem	5	17:31.85
7 Drew Wilken I	SR	Nashua-Plainfie	6	17:33.77
8 Owen Almeliem I	JR	North Butler Gr	7	17:34.82
9 Gavin Grunhovd I	FR	North Iowa Buff	8	17:41.40
10 Nick Schiltz I	SR	North Union	9	17:45.05
11 Cole Hansen	JR	Saint Ansgar	-	17:45.41
12 Justin Rygh	SO	Lake Mills	10	18:01.83
13 Joey Ringo T	JR	Newman Cathol	11	18:19.81
14 Aiden Egertson	JR	GTRA	12	18:23.51
15 Gavyn Mophew	SO	North Union	13	18:36.41
16 Aidan Johanson	SR	Lake Mills	14	18:39.45
17 Cael Judisch	SR	Sumner-Frederi	15	18:42.70
18 Carter Lanphere T	SO	Central Springs	16	18:46.03
19 Jordan Ryner T	SR	Central Springs	17	18:46.80
20 Josh Hagen	SO	West Fork Shef	18	18:48.88
21 Wyatt Anderson	SO	North Butler Gr	19	18:56.72
22 Avery Boos	SR	North Butler Gr	20	18:58.15
23 Gavin Swift	JR	Bishop Garriga	21	18:58.73
24 Adam Henrich T	FR	Newman Cathol	22	19:03.25
25 Thomas Block	SR	Northwood-Ken	-	19:05.86
26 Liam Stockberger T	SO	Newman Cathol	23	19:13.06
27 Ethan Boyle	JR	Sumner-Frederi	24	19:13.83

### TEAM SCORING SUMMARY (cont'd)

Athlete	YR	Team	Score	Time
28 Eli Brinkley T	SR	Newman Cathol	25	19:25.96
29 Bennett Suntken T	SR	Newman Cathol	(26)	19:28.88
30 Hollis Bode	SR	Bishop Garriga	27	19:28.88
31 Austin Langreck	SR	Sumner-Frederi	28	19:37.89
32 Bradan Gabrielson	JR	Belmont-Klem	29	19:46.56
33 Kade Van Roekel	FR	Lake Mills	30	19:50.00
34 Hayden Moore	SR	Northwood-Ken	-	19:53.66
35 Jack Bennett	FR	North Iowa Buff	31	19:56.21
36 Chase Cummins	JR	North Union	32	19:59.51
37 Landon Kohler T	JR	Newman Cathol	(33)	20:03.07
38 Caleb Zweibohmer	FR	Riceville	-	20:07.18
39 Aidan Ebert	FR	Riceville	-	20:08.41
40 Nicholas Arndorfer	SO	North Union	34	20:11.10
41 Xavier Parra-Morales	FR	Sumner-Frederi	35	20:11.91
42 Gavin Ryner T	FR	Central Springs	36	20:12.16
43 Cohen Sifert	SR	Belmont-Klem	37	20:13.02
44 Isaac Boehmler	JR	Sumner-Frederi	38	20:13.23
45 Ethan Kuper	SO	Bishop Garriga	39	20:15.75
46 Damon Fehr	SR	West Bend-Mall	-	20:17.99
47 Christopher Madsen	SO	Northwood-Ken	-	20:19.32
48 Saben Meraz	SR	Bishop Garriga	40	20:23.20
49 Kendrick Huck	JR	Nashua-Plainfie	41	20:24.74
50 Jackson Potter	FR	North Iowa Buff	42	20:27.35
51 Trenten Swenson	JR	Riceville	-	20:28.81
52 Alex Almeliem	FR	North Butler Gr	43	20:28.90
53 Zach McPherson	JR	North Butler Gr	44	20:31.20
54 Dylan Sturges	SO	West Fork Shef	45	20:33.33
55 Lucas Martzann	SR	North Butler Gr	(46)	20:34.63
56 Lane Converse	SO	Sumner-Frederi	(47)	20:36.18
57 Xander Darling	SR	Bishop Garriga	(48)	20:38.48
58 Austin Altick	SO	West Fork Shef	49	20:38.77
59 Quentin Scott	JR	GTRA	50	20:42.13
60 Jason Brehmer	SR	North Butler Gr	(51)	20:45.41
61 Westin Osborn	FR	Sumner-Frederi	(52)	20:45.84
62 Levi Winters	JR	Nashua-Plainfie	53	20:47.10
63 Ethan Shields	SO	West Fork Shef	54	20:54.22
64 Evan Hinders	SO	West Hancock	-	20:57.67
65 Nehemiah Hollingswort	SO	Saint Ansgar	-	20:59.88
66 David Griffith	SR	GTRA	55	21:02.78
67 Braiden Schaufenbuel	FR	Nashua-Plainfie	56	21:03.85
68 Dalton Tobin	JR	North Union	57	21:05.92
69 Caleb Lentz	SO	Nashua-Plainfie	58	21:13.19
70 Caleb Sinnwell	FR	Nashua-Plainfie	(59)	21:22.97
71 Zach Borchers	SO	GTRA	60	21:25.21
72 Brock Jensen	SR	North Iowa Buff	61	21:34.89
73 Sander Thompkins	SO	West Fork Shef	62	21:36.12

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**Race #2**  
**Boys 5000M****Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>
74 Aldo Martinez	JR	Belmond-Klem	63	21:38.70
75 Asher Wiseman	FR	West Fork Shef	(64)	21:45.13
76 C.J. Weydert	SO	Bishop Garriga	(65)	21:55.39
77 Reese Wilhelm	SR	Lake Mills	66	22:07.95
78 Edison Maske	SO	West Fork Shef	(67)	22:09.13
79 Brendan Price	FR	North Iowa Buff	68	22:13.90
80 Owen Wetter T	SO	Central Springs	(69)	22:25.62
81 Mac Hirv	SO	Rockford	-	22:27.66
82 Isaac Hillesland	SO	North Iowa Buff	(70)	22:29.03
83 Ben Strueber	SR	North Union	(71)	22:49.17
84 Spencer Beyer T	SR	Central Springs	(72)	22:53.81
85 Bryce Budach	SO	Lake Mills	73	23:11.76
86 Luke Paplow	FR	Nashua-Plainfie	(74)	23:13.49
87 Alejandro VazquezPer	FR	Lake Mills	(75)	23:18.74
88 Dalton Clark	SR	Belmond-Klem	76	23:19.38
89 Landon Price	FR	North Union	(77)	23:31.95
90 Geraldo VazquezPerez	JR	Lake Mills	(78)	23:44.82
91 Joel Costa	SO	West Bend-Mall	-	24:02.01
92 Trent Tiedemann	FR	Northwood-Ken	-	24:04.72
93 Cooper Eden	JR	West Hancock	-	25:42.41
94 Trevor Sabin	JR	West Bend-Mall	-	26:03.02
95 Brian Nunez	FR	Saint Ansgar	-	26:30.32
96 Tristan Harvey	SO	GTRA	79	26:30.68
97 Connor Nobbs	SO	Rockford	-	26:40.57
98 Olin Link	FR	West Bend-Mall	-	29:57.67