

**IKM CROSS COUNTRY INVITATIONAL - 9/29/2022****9/29/2022****Rankings****Event 1 Girls 5k Run CC HIGH SCHOOL**

Name	Year	School	Finals	Points
Results 5000 Run				
1 Mendlik, Lola	10	Denison	19:55.79	1
2 Sporrer, Madison	10	Logan-Magnolia	20:09.57	2
3 Johnsen, Allysen	9	Logan-Magnolia	20:39.81	3
4 Murdock, Addison	11	Woodbine	20:51.21	4
5 Beisswenger, Stefi	10	Audubon	20:52.31	
6 Moss, Mya	12	Logan-Magnolia	21:27.39	5
7 Hall, Haedyn	10	Logan-Magnolia	21:40.18	6
8 Lapel, Adyson	10	Woodbine	21:47.26	7
9 Knop, Rylie	11	Ahstw	21:48.88	8
10 Beckendorf, Taylor	10	Ikm-Manning	21:58.39	9
11 Albertsen, Emily	10	Ikm-Manning	22:04.73	10
12 Garrison, Raegan	10	Ikm-Manning	22:25.60	11
13 Hornbeck, Greytan	12	Logan-Magnolia	22:29.06	12
14 Tremblay, Alexa	11	Denison	22:31.59	13
15 Schrum, Charlotte	9	Denison	22:38.41	14
16 Cohn, Jada	12	Logan-Magnolia	22:39.58	15
17 Paulsen, Ava	9	Ahstw	22:42.10	16
18 Falkena, Mariah	10	Boyer Valley	22:42.78	17
19 Sherer, Nicole	12	Woodbine	22:46.32	18
20 Cogdill, Reagan	10	Woodbine	23:02.04	19
21 Vazquez, Ana	10	Denison	23:05.35	20
22 Paulsen, Kenna	9	Ahstw	23:16.46	21
23 Petersen, Ella	12	Exira-EHK	23:38.68	
24 Stribe, Julianna	12	Ikm-Manning	23:51.54	22
25 Gorham, Clara	10	Boyer Valley	24:11.05	23
26 Muff, Lauryn	9	Boyer Valley	24:11.93	24
27 Mandel, Abby	11	Boyer Valley	24:22.87	25
28 Peterson, Ellie	12	Ahstw	24:25.18	26
29 Petersen, Cali	12	Ahstw	24:27.26	27
30 Bahnsen, Emily	10	Denison	24:34.67	28
31 Heistand, Lily	9	Boyer Valley	24:52.14	29
32 Bowker, Lauren	12	Denison	25:01.18	30
33 Spoelstra, Kaitlynn	12	Ikm-Manning	25:04.89	31
34 Killpack, Cora	11	Logan-Magnolia	25:28.37	32
35 Langer, Ella	11	Ahstw	25:45.80	33
36 Wheelock, Adlen	10	South Centra	25:52.57	
37 Irlbeck, Lauren	12	Ikm-Manning	25:54.53	34
38 Olson, Elise	10	Woodbine	26:10.02	35
39 Snyder, Maddy	12	Ikm-Manning	26:15.20	36
40 Steppuhn, Bailey	10	Woodbine	26:32.40	37
41 Iglesias, Jazmine	12	Denison	26:32.93	38
42 Bartz, Gracie	10	Exira-EHK	26:53.90	
43 Flores, Adrea	9	Denison	27:00.54	
44 Lupian, Adrianna	11	Denison	27:43.44	
45 Mahler, Cora	11	East Sac County	27:52.14	
46 Thomsen, Kortni	10	East Sac County	27:58.27	
47 Petersen, Kena	9	Ahstw	28:23.99	39
48 Salazar, Christell	11	Denison	28:28.14	
49 Riat, Claire	11	South Centra	28:35.12	
50 VanderWal, Ruby	10	Exira-EHK	29:39.71	
51 Perez, Ashley	11	Denison	29:45.00	
52 Janssen, McKinley	10	South Centra	30:10.20	



**IKM CROSS COUNTRY INVITATIONAL - 9/29/2022****9/29/2022****Rankings****Event 2 Boys 5k Run CC HIGH SCHOOL**

Name	Year	School	Finals	Points
1 Bendgen, Landon	11	Woodbine	16:08.35	1
2 Keller, Caden	12	Ikm-Manning	16:29.05	2
3 Heffernan, Pat	12	Boyer Valley	16:51.17	
4 Flores, Leo	12	Denison	17:57.40	3
5 Wagner, Gunner	10	Woodbine	18:03.22	4
6 Engel, Parker	11	East Sac County	18:12.77	5
7 Vennink, Lane	12	Woodbine	18:13.71	6
8 Perrien, Ethan	12	Denison	18:16.75	7
9 Sams, Lane	11	Ikm-Manning	18:18.25	8
10 Hanners, Reed	12	Ikm-Manning	18:21.77	9
11 Engel, Isaiah	11	East Sac County	18:26.49	10
12 Sporrer, Landon	9	East Sac County	18:28.60	11
13 Tremel, Thomas	11	Woodbine	18:28.93	12
14 Johnson, Nathan	12	Ikm-Manning	18:31.14	13
15 Barry, Adam	10	Woodbine	18:32.90	14
16 Hatch, Caleb	11	Ahstw	18:59.62	
17 Cook, Landon	9	Coon Rapids-Bayard	19:17.31	
18 Blair, Tristan	11	South Centra	19:19.55	15
19 Geraghty, Caden	10	Ahstw	19:21.08	
20 Polzien, Abe	10	Ikm-Manning	19:21.77	16
21 Olsen, Ethan	10	Denison	19:24.72	17
22 Morris, Camden	9	Ikm-Manning	19:30.26	18
23 Johnson, Xander	10	Woodbine	19:33.09	19
24 Huehn, Kasche	10	Ikm-Manning	19:33.92	20
25 Ibarra, Brian	12	Denison	19:40.24	21
26 Ledesma, Ivan	9	Denison	19:41.19	22
27 Wilson, Eric	11	Exira-EHK	19:49.91	23
28 Potts, Redge	10	South Centra	20:13.17	24
29 Blankman, Isaac	9	Ikm-Manning	20:19.66	
30 Germer, Ryan	11	Ikm-Manning	20:31.24	
31 Thielen, Joe	9	South Centra	20:33.96	25
32 Burgmeyer, Trey	11	Woodbine	20:37.92	26
33 Rasmussen, Austin	9	Exira-EHK	20:46.67	27
34 Conner, Nathanael	9	Ikm-Manning	21:01.89	
35 Smith, Wyatt	9	East Sac County	21:09.61	28
36 Wheelock, Eli	12	South Centra	21:11.45	29
37 Engel, Owen	9	East Sac County	21:15.10	30
38 Conner, Josiah	10	Ikm-Manning	21:20.62	
39 Diaz, Juan	12	Denison	21:25.34	31
40 Phipps, Jayden	11	Ikm-Manning	21:29.53	
41 Stueve, Lyrick	11	Logan-Magnolia	21:34.18	
42 Davis, Michael	9	Boyer Valley	21:41.10	
43 Steckler, Mason	10	Audubon	21:57.64	
44 Reinhart, Phil	11	Exira-EHK	21:59.66	32
45 LaCanne, Jonas	11	Exira-EHK	22:00.20	33
46 Kelley, Carson	10	Woodbine	22:00.87	
47 Estrada, Evan	10	Woodbine	22:01.27	
48 White, Quintinn	11	Exira-EHK	22:38.98	34
49 Wingert, Owen	10	Woodbine	22:40.44	
50 Julin, Hunter	9	Ikm-Manning	22:44.71	
51 Deist, Eli	11	Audubon	22:58.87	
52 McLaws, Joel	12	Ikm-Manning	23:07.17	



**IKM CROSS COUNTRY INVITATIONAL - 9/29/2022****9/29/2022****Rankings****Event 3 Mixed 3200 Meter Run CC MIDDLE SCHOOL**

Name	Year School	Finals	Points
Results - Women 3200 Run			
1 Wilson, Michelle	W8 Exira-EHK MS	15:31.75	1
2 Robbins, Mykah	W8 Logan-Magnolia MS	15:47.01	
3 Lander, Yana	W8 Ahstw MS	16:18.76	
4 Heistand, Mia	W8 Boyer Valley MS	16:42.30	
5 Brockhoff, Emery	W7 Ahstw MS	16:56.06	
6 Boysen, Leah	W8 Exira-EHK MS	16:57.43	2
7 Hundling, Gabrielle	W8 Ar We Va	17:04.16	
8 Veit, Libbie	W8 East Sac County MS	17:22.95	
9 Rasmussen, Zoey	W7 Exira-EHK MS	17:32.91	3
10 Snider, Brooklynn	W7 Exira-EHK MS	17:34.23	4
11 Malone, Sophia	W7 Boyer Valley MS	18:42.07	
12 Todd, Maya	W8 Ahstw MS	18:42.40	
13 Bass, Brielle	W7 Coon Rapids-	19:08.80	
14 Conner, Catherine	W7 Ikm-Manning MS	19:10.57	
15 Gore, Claire	W8 Ikm-Manning MS	19:13.53	
16 Mitchell, Jenna	W8 Boyer Valley MS	19:34.23	
17 Christensen, Kaitlyn	W8 Exira-EHK MS	20:56.51	5
18 Greer, Kylie	W7 Coon Rapids-	20:57.44	
19 Woodard, Leah	W7 Coon Rapids-	21:17.26	
20 Flint, Luca	W7 Woodbine MS	21:31.75	
21 Muhlbauer, Audrey	W7 Ikm-Manning MS	21:58.54	
22 Alvis, Cecilia	W8 Logan-Magnolia MS	22:35.87	
23 Laffoon, Saylor	W7 Ar We Va	25:03.76	
24 Parton, Emily	W7 Exira-EHK MS	31:38.16	6
Results - Men 3200 Run			
1 Davis, Brodie	M8 Logan-Magnolia MS	12:31.44	1
2 Gorham, Dane	M8 Boyer Valley MS	12:34.31	2
3 Summerfield, Aiden	M7 Woodbine MS	13:52.63	3
4 Bendgen, Lawson	M7 Woodbine MS	14:38.33	4
5 Seymour, Meyrick	M8 Logan-Magnolia MS	14:51.92	5
6 Hunter, Liam	M7 Logan-Magnolia MS	15:23.56	6
7 Kuhlman, Keenen	M7 Logan-Magnolia MS	15:24.59	7
8 Steinkuhler, Kody	M7 Woodbine MS	15:53.47	8
9 Bromert, Jace	M7 Boyer Valley MS	15:55.72	9
10 Cox, Carter	M8 Woodbine MS	15:56.66	10
11 Baker, Jace	M8 Coon Rapids-	15:58.26	
12 Irlbeck, Aaron	M8 Coon Rapids-	16:16.32	
13 Williams, Jaxson	M7 Woodbine MS	16:40.39	11
14 Diggins, Zach	M8 Logan-Magnolia MS	16:46.86	12
15 Cogdill, Owen	M7 Boyer Valley MS	16:56.43	13
16 Hilgenberg, Kellen	M8 Coon Rapids-	17:36.48	
17 Moores, Keaton	M8 Woodbine MS	17:46.54	14
18 Brewer, James	M8 Ikm-Manning MS	17:53.25	
19 Riggerberg, Calum	M8 Boyer Valley MS	18:00.11	15
20 Stone, Sam	M8 Logan-Magnolia MS	18:18.69	16
21 Sailors, Izaac	M8 Logan-Magnolia MS	18:26.87	17
22 Denton, Nolan	M7 Boyer Valley MS	18:27.72	18
23 Lary, Levi	M8 Woodbine MS	19:09.87	19
24 Harris, Fred	M8 Exira-EHK MS	19:30.47	
25 Shakhirev, Vladimir	M8 Coon Rapids-	20:49.94	
26 Mackey, Isaac	M7 Logan-Magnolia MS	20:54.45	
27 Sherer, Quinn	M7 Woodbine MS	21:09.94	

