

2022 STARMONT INVITATIONAL

Arlington, IA
 Starmont High School
 Host: Starmont
 Tuesday, September 13, 2022

MEET OFFICIALS

Meet Director:
 Charlie Gruman
Meet Referee:
 Howard Simpson
Timing:
 Shannon Event Timings



OFFICIAL MEET REPORT
 printed: 9/13/2022 9:24 PM

Race #5
Girls Varsity 5K

Final Results**RACE SUMMARY**

Start Time: 5:40 pm

TEAM SCORING SUMMARY**Class 2A/3A/4A**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Beckman Catholic Dyersvil	42	3-5-10-11-13(58)(71)	1:47:48	21:34	1:01.9
2 Denver	46	2-7-8-14-15(16)(20)	1:47:57	21:36	1:29.7
3 Sumner-Fredericksburg	110	1-21-25-26-37(44)(48)	1:51:20	22:16	4:09.4
4 Waukon	143	12-17-32-35-47(62)(70)	1:55:39	23:08	2:47.8
5 North Fayette Valley	157	6-29-30-31-61(63)	1:56:43	23:21	4:11.0
6 Union La Porte City	166	4-18-41-43-60(64)(68)	1:56:55	23:23	4:33.0
7 Dike-New Hartford	168	9-24-34-50-51(52)(57)	1:57:31	23:31	3:04.6
8 West Delaware Mancheste	186	33-36-38-39-40(42)(56)	1:58:30	23:42	0:22.0
9 Aplington-Parkersburg	206	19-22-46-53-66(69)	2:00:19	24:04	3:51.6
10 Oelwein	213	27-28-45-54-59(65)(67)	2:01:28	24:18	2:24.5
11 Vinton-Shellsburg	272	23-49-55-72-73(74)(75)	2:13:19	26:40	8:39.8
DNP Center Point-Urbana					
DNP Waterloo East					
DNP Independence					
DNP Starmont West Central					
DNP Aplington-Parkersburg					
DNP North Fayette Valley					
DNP Oelwein					

Class 1A

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 North Linn Troy Mills	43	1-5-8-14-15(23)(24)	1:50:34	22:07	4:19.7
2 Hudson	50	4-6-7-16-17(18)(21)	1:53:06	22:38	3:00.7
3 Wapsie Valley Fairbank	53	2-3-11-12-25(28)	1:54:16	22:52	4:41.0
4 MFL MarMac	94	9-13-20-22-30(31)	2:03:51	24:47	4:18.8
5 Alburnett	124	10-26-27-29-32(35)(38)	2:09:46	25:58	4:47.5
6 East Buchanan Winthrop	159	19-33-34-36-37	2:18:16	27:40	4:02.8
DNP Dunkerton					
DNP Springville					
DNP Edgewood-Colesburg					
DNP Wapsie Valley Fairbank					
DNP Janesville					
DNP Tripoli					

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Race #5
Girls Varsity 5K

Final Results

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM	
1	WHEATLEY, Meghan	JR	North Linn Troy Mill	1	19:22.55	---	6:14.2	3:52.5
2	TRAINOR, Hillary	JR	Sumner-Fredericks	1	19:30.99	8.44	6:16.9	3:54.2
3	RISTAU, Reeve	SO	Denver	2	20:37.33	1:14.78	6:38.2	4:07.5
4	WILKERSON, Emma	JR	Center Point-Urban	-	20:54.18	1:31.63	6:43.7	4:10.8
5	KRUSE, Maria	JR	Beckman Catholic	3	20:56.82	1:34.27	6:44.5	4:11.4
6	CONDON, Amilia	SO	Union La Porte City	4	20:57.55	1:35.00	6:44.7	4:11.5
7	BELLIS, Brylee	SR	Wapsie Valley Fairb	2	20:58.22	1:35.67	6:45.0	4:11.6
8	VANDAELE, Ava	JR	Wapsie Valley Fairb	3	21:01.08	1:38.53	6:45.9	4:12.2
9	LANG, Desi	FR	Hudson	4	21:09.14	1:46.59	6:48.5	4:13.8
10	MILLER, Lily	FR	Center Point-Urban	-	21:09.54	1:46.99	6:48.6	4:13.9
11	MERTZ, Julia	JR	Beckman Catholic	5	21:14.80	1:52.25	6:50.3	4:15.0
12	COLLUM, Bryn	SO	North Linn Troy Mill	5	21:16.32	1:53.77	6:50.8	4:15.3
13	MEYER, Braelyn	SO	North Fayette Valle	6	21:21.70	1:59.15	6:52.5	4:16.3
14	TRUNKHILL, Avery	FR	Denver	7	21:24.50	2:01.95	6:53.4	4:16.9
15	KATCHER, Deni	FR	Center Point-Urban	-	21:27.27	2:04.72	6:54.3	4:17.5
16	HANSEN, Mollie	FR	Hudson	6	21:35.60	2:13.05	6:57.0	4:19.1
17	MCCORMICK, Sydney	SO	Center Point-Urban	-	21:39.65	2:17.10	6:58.3	4:19.9
18	HOMAN, Hailey	SO	Denver	8	21:41.01	2:18.46	6:58.7	4:20.2
19	HOUTS, Izzy	JR	Dike-New Hartford	9	21:42.46	2:19.91	6:59.2	4:20.5
20	KNEPPER, Abby	SR	Beckman Catholic	10	21:46.96	2:24.41	7:00.7	4:21.4
21	REITER, Madelyn	SO	Beckman Catholic	11	21:50.22	2:27.67	7:01.7	4:22.0
22	JOHNSON, Cameron	JR	Waukon	12	21:53.42	2:30.87	7:02.7	4:22.7
23	DUDZIK, Maria	JR	Beckman Catholic	13	21:58.70	2:36.15	7:04.4	4:23.7
24	HOMAN, Amber	SR	Denver	14	22:06.18	2:43.63	7:06.8	4:25.2
25	DECKER, Aubrey	JR	Denver	15	22:07.02	2:44.47	7:07.1	4:25.4
26	MULERT, Anna	SO	Denver	(16)	22:07.38	2:44.83	7:07.2	4:25.5
27	KURTH, Mia	JR	Waukon	17	22:07.43	2:44.88	7:07.2	4:25.5
28	LORENZEN, Lily	SO	Union La Porte City	18	22:08.75	2:46.20	7:07.7	4:25.8
29	HOVENGA, Lia	SR	Aplington-Parkersb	19	22:12.98	2:50.43	7:09.0	4:26.6
30	EVEN, Laci	SR	Denver	(20)	22:14.65	2:52.10	7:09.6	4:26.9
31	STEEGE, Saela	SO	Sumner-Fredericks	21	22:20.06	2:57.51	7:11.3	4:28.0
32	MOORE, Kennedy	JR	Springville	-	22:20.56	2:58.01	7:11.5	4:28.1
33	SCHNEIDER, Savannah	JR	Hudson	7	22:23.34	3:00.79	7:12.4	4:28.7
34	SCHIPPER, Ashley	JR	Aplington-Parkersb	22	22:27.33	3:04.78	7:13.6	4:29.5
35	MCMAHON, Peyton	FR	North Linn Troy Mill	8	22:32.11	3:09.56	7:15.2	4:30.4
36	PRIMROSE, Olivia	SO	Vinton-Shellsburg	23	22:41.53	3:18.98	7:18.2	4:32.3
37	FOLKERTS, Elyse	SO	Dike-New Hartford	24	22:44.41	3:21.86	7:19.1	4:32.9
38	KEEHNER, Cora	FR	MFL MarMac	9	22:44.97	3:22.42	7:19.3	4:33.0
39	MCGRAW, Carly	FR	Alburnett	10	22:46.57	3:24.02	7:19.8	4:33.3
40	BOEHLER, Sophie	JR	Sumner-Fredericks	25	22:49.07	3:26.52	7:20.6	4:33.8
41	MAYO, Lily	SR	Sumner-Fredericks	26	22:59.27	3:36.72	7:23.9	4:35.9
42	MILLER, London	FR	Tripoli	-	23:00.34	3:37.79	7:24.3	4:36.1
43	RULAPAUGH, Rachel	JR	Oelwein	27	23:05.68	3:43.13	7:26.0	4:37.1
44	ETRINGER, Brooklyn	SR	Wapsie Valley Fairb	11	23:10.21	3:47.66	7:27.4	4:38.0
45	GEARHART, Libby	JR	Oelwein	28	23:12.39	3:49.84	7:28.1	4:38.5
46	ZURBRIGGEN, Hope	FR	North Fayette Valle	29	23:15.39	3:52.84	7:29.1	4:39.1

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Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
47 BILDEN, Ava	JR	North Fayette Valle	30	23:16.31	3:53.76	7:29.4	4:39.3
48 CHAPMAN, Addison	SR	North Fayette Valle	31	23:16.41	3:53.86	7:29.4	4:39.3
49 HANSMEIER, Paige	SR	Waukon	32	23:23.65	4:01.10	7:31.8	4:40.7
50 MAY, Jaylin	SO	Wapsie Valley Fairb	12	23:26.38	4:03.83	7:32.6	4:41.3
51 RICH, Faith	SR	West Delaware Ma	33	23:29.35	4:06.80	7:33.6	4:41.9
52 RESSLER, Reaghan	SO	Independence	-	23:31.40	4:08.85	7:34.3	4:42.3
53 STARBUCK, Allison	FR	Dike-New Hartford	34	23:31.43	4:08.88	7:34.3	4:42.3
54 MARTI, Olivia	JR	Waukon	35	23:33.21	4:10.66	7:34.8	4:42.6
55 HOGAN, Emma	JR	West Delaware Ma	36	23:33.53	4:10.98	7:35.0	4:42.7
56 GRAU, Clare	JR	MFL MarMac	13	23:36.80	4:14.25	7:36.0	4:43.4
57 BRIDGEWATER, Mackenzie	SO	North Linn Troy Mill	14	23:40.26	4:17.71	7:37.1	4:44.1
58 PITZ, Ella	SO	Sumner-Fredericks	37	23:40.31	4:17.76	7:37.1	4:44.1
59 RIES, Carly	FR	North Linn Troy Mill	15	23:42.22	4:19.67	7:37.7	4:44.4
60 SCHMITZ, Izzy	JR	West Delaware Ma	38	23:45.54	4:22.99	7:38.8	4:45.1
61 OLESON, Jasmine	SR	Hudson	16	23:47.61	4:25.06	7:39.5	4:45.5
62 BARDGETT, Noelle	JR	West Delaware Ma	39	23:49.70	4:27.15	7:40.2	4:45.9
63 LEWIN, Brooke	SR	West Delaware Ma	40	23:51.33	4:28.78	7:40.7	4:46.3
64 ANTON, Sydney	JR	Union La Porte City	41	23:53.17	4:30.62	7:41.3	4:46.6
65 MCMAHON, Josie	SO	West Delaware Ma	(42)	23:57.16	4:34.61	7:42.6	4:47.4
66 HOLTON, Kate	FR	Hudson	17	24:09.82	4:47.27	7:46.6	4:50.0
67 HENNINGER, Grace	SO	Dunkerton	-	24:12.11	4:49.56	7:47.4	4:50.4
68 HAMLETT, Natalie	SO	Starmont West Cen	-	24:15.91	4:53.36	7:48.6	4:51.2
69 JEFFRIES, Brooklynne	SO	Union La Porte City	43	24:24.78	5:02.23	7:51.4	4:53.0
70 AMLING, Brooke	JR	Edgewood-Colesbu	-	24:30.71	5:08.16	7:53.4	4:54.1
71 RUCKER, Claire	JR	Sumner-Fredericks	(44)	24:31.24	5:08.69	7:53.5	4:54.2
72 BERRYMAN, Alexa	JR	Oelwein	45	24:36.82	5:14.27	7:55.3	4:55.4
73 WILLIAMSON, Adison	SR	Aplington-Parkersb	46	24:37.37	5:14.82	7:55.5	4:55.5
74 BAXTER, Trudy	FR	Waukon	47	24:41.16	5:18.61	7:56.7	4:56.2
75 MEYER, Jana	JR	Sumner-Fredericks	(48)	24:41.58	5:19.03	7:56.9	4:56.3
76 WEETS, Ellie	SO	Vinton-Shellsburg	49	24:42.88	5:20.33	7:57.3	4:56.6
77 COSTELLO, Ella	SR	Dike-New Hartford	50	24:44.93	5:22.38	7:57.9	4:57.0
78 STEFFEN, Hanna	SO	Dike-New Hartford	51	24:47.04	5:24.49	7:58.6	4:57.4
79 SYHLMANN, Josey	FR	Dike-New Hartford	(52)	24:48.49	5:25.94	7:59.1	4:57.7
80 STEELE, Ella	FR	Hudson	(18)	24:54.63	5:32.08	8:01.1	4:58.9
81 LUEBBERS, Ella	SR	Aplington-Parkersb	53	24:56.62	5:34.07	8:01.7	4:59.3
82 BEYER, Lindsay	SO	East Buchanan Win	19	24:57.22	5:34.67	8:01.9	4:59.4
83 BAHE, Jenna	FR	Oelwein	54	25:02.10	5:39.55	8:03.5	5:00.4
84 HAISMAN, Molly	SR	Vinton-Shellsburg	55	25:02.43	5:39.88	8:03.6	5:00.5
85 KOETHER, Emma	FR	MFL MarMac	20	25:04.86	5:42.31	8:04.3	5:01.0
86 RIDENOUR, Claire	SR	West Delaware Ma	(56)	25:05.43	5:42.88	8:04.5	5:01.1
87 STEELE, Megan	FR	Hudson	(21)	25:10.80	5:48.25	8:06.3	5:02.2
88 RUFF, Evelyn	SO	MFL MarMac	22	25:20.17	5:57.62	8:09.3	5:04.0
89 ROEDER, Katelyn	SR	Dike-New Hartford	(57)	25:20.64	5:58.09	8:09.4	5:04.1
90 MICHAEL, Abby	FR	North Linn Troy Mill	(23)	25:25.22	6:02.67	8:10.9	5:05.0
91 MYERS, Carly	JR	North Linn Troy Mill	(24)	25:28.40	6:05.85	8:11.9	5:05.7
92 RECKER, Ellie	SR	Beckman Catholic	(58)	25:28.85	6:06.30	8:12.1	5:05.8

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Race #5
Girls Varsity 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
93 STAAL, Katelynn	SO	Springville	-	25:29.75	6:07.20	8:12.4	5:06.0
94 DRISCOLL, Emma	SR	Oelwein	59	25:30.10	6:07.55	8:12.5	5:06.0
95 PETERSEN, Emily	JR	Union La Porte City	60	25:30.48	6:07.93	8:12.6	5:06.1
96 STEFFENS, Lexi	SR	North Fayette Valle	61	25:32.66	6:10.11	8:13.3	5:06.5
97 BUHR, Jayden	JR	Wapsie Valley Fairb	25	25:39.20	6:16.65	8:15.4	5:07.8
98 KRAMBEER, Katelyn	JR	Waukon	(62)	25:41.63	6:19.08	8:16.2	5:08.3
99 KUHSE, Tristen	FR	North Fayette Valle	(63)	25:51.09	6:28.54	8:19.2	5:10.2
100 HUBBARD, Brooklyn	JR	Union La Porte City	(64)	25:52.05	6:29.50	8:19.5	5:10.4
101 RESSLER, Bella	SR	Independence	-	25:57.19	6:34.64	8:21.2	5:11.4
102 OPPERMAN, Wendy	JR	Starmont West Cen	-	25:59.37	6:36.82	8:21.9	5:11.9
103 PROUTY, Claire	SO	Oelwein	(65)	26:00.65	6:38.10	8:22.3	5:12.1
104 BARRETT, Shayla	SR	Aplington-Parkersb	66	26:04.52	6:41.97	8:23.5	5:12.9
105 MARTIN, Gralynn	JR	Alburnett	26	26:14.00	6:51.45	8:26.6	5:14.8
106 STANLEY-JONES, Isabelle	SO	Alburnett	27	26:14.58	6:52.03	8:26.8	5:14.9
107 RAHE, Averie	SO	Oelwein	(67)	26:23.69	7:01.14	8:29.7	5:16.7
108 HYDE, Ashlyn	SR	Wapsie Valley Fairb	(28)	26:26.16	7:03.61	8:30.5	5:17.2
109 MILLS, Ava	JR	Union La Porte City	(68)	26:33.58	7:11.03	8:32.9	5:18.7
110 ASWEGEN, Lexi	JR	Aplington-Parkersb	(69)	26:34.57	7:12.02	8:33.2	5:18.9
111 STEJSKAL, Abi	SO	Springville	-	26:36.97	7:14.42	8:34.0	5:19.4
112 BERNS, Mallory	SO	Waukon	(70)	26:42.61	7:20.06	8:35.8	5:20.5
113 HOSPODARSKY, Lindsey	SR	Alburnett	29	26:56.23	7:33.68	8:40.2	5:23.2
114 MOSER, Mariah	FR	MFL MarMac	30	27:03.77	7:41.22	8:42.6	5:24.8
115 JOHNSON, Mya	SR	Waterloo East	-	27:10.10	7:47.55	8:44.7	5:26.0
116 NUEHRING, Kaylee	JR	MFL MarMac	(31)	27:11.50	7:48.95	8:45.1	5:26.3
117 ALLEN, Hailey	SO	Waterloo East	-	27:13.29	7:50.74	8:45.7	5:26.7
118 THIER, Jordan	SR	Beckman Catholic	(71)	27:15.22	7:52.67	8:46.3	5:27.0
119 MCINTOSH, Elsie	FR	Dunkerton	-	27:23.19	8:00.64	8:48.9	5:28.6
120 BANES, Haylee	SO	Alburnett	32	27:34.05	8:11.50	8:52.4	5:30.8
121 KELCHEN, Macy	FR	East Buchanan Win	33	27:43.06	8:20.51	8:55.3	5:32.6
122 WOLFENSBERGER, Lauren	JR	Dunkerton	-	28:02.92	8:40.37	9:01.7	5:36.6
123 CRAWFORD, Abigail	SO	East Buchanan Win	34	28:11.20	8:48.65	9:04.3	5:38.2
124 GRAUBARD, Isabelle	JR	Alburnett	(35)	28:14.07	8:51.52	9:05.2	5:38.8
125 PECK, Kreighton	FR	East Buchanan Win	36	28:23.78	9:01.23	9:08.4	5:40.8
126 KIPP, Hailey	FR	Dunkerton	-	28:40.00	9:17.45	9:13.6	5:44.0
127 TOALE, Gabby	JR	Independence	-	28:48.57	9:26.02	9:16.3	5:45.7
128 KRUM, Destiny	SO	East Buchanan Win	37	28:59.94	9:37.39	9:20.0	5:48.0
129 ROLLINGER, Rachel	JR	Vinton-Shellsburg	72	29:30.28	10:07.7	9:29.8	5:54.1
130 HULTON, Ruthie	SO	Waterloo East	-	30:12.49	10:49.9	9:43.4	6:02.5
131 BANES, Emma	SO	Alburnett	(38)	31:04.56	11:42.0	10:00.1	6:12.9
132 BIRKER, Isabel	SO	Vinton-Shellsburg	73	31:21.32	11:58.7	10:05.5	6:16.3
133 AHRENHOLZ, Aspen	SR	Vinton-Shellsburg	(74)	31:39.72	12:17.1	10:11.4	6:19.9
134 NEWTON, Annabelle	SR	Vinton-Shellsburg	(75)	31:39.95	12:17.4	10:11.5	6:20.0
135 HOFTENDER, Taylor	SO	Waterloo East	-	32:56.03	13:33.4	10:36.0	6:35.2
136 WEEKLEY, Izzy	SR	Janesville	-	37:20.79	17:58.2	12:01.2	7:28.2

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Race #6
Boys Varsity 5K

Final Results**RACE SUMMARY**

Start Time: 6:10 pm

TEAM SCORING SUMMARY**Class 2A/3A/4A**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Oelwein	45	2-5-7-8-23(37)(100)	1:27:25	17:29	1:09.9
2 Waukon	61	9-10-12-13-17(20)(24)	1:28:16	17:40	0:27.4
3 Center Point-Urbana	99	11-19-21-22-26(27)(28)	1:30:10	18:02	0:47.6
4 Denver	100	6-14-15-25-40(42)(43)	1:30:34	18:07	1:42.9
5 Vinton-Shellsburg	102	3-4-16-35-44(61)(86)	1:30:37	18:08	2:15.6
6 West Delaware Mancheste	169	18-32-33-41-45(46)(50)	1:34:15	18:51	1:37.9
7 North Fayette Valley	229	30-38-47-51-63(77)(96)	1:37:42	19:33	1:49.0
8 Starmont West Central	241	1-36-57-65-82(91)(99)	1:38:08	19:38	4:43.1
9 Beckman Catholic Dyersvil	265	34-39-49-68-75(89)(92)	1:39:47	19:58	2:23.5
10 Columbus Catholic Waterloo	293	31-54-56-67-85	1:41:16	20:16	3:00.2
11 Aplington-Parkersburg	317	29-69-71-72-76	1:43:05	20:37	2:36.0
12 Independence	333	60-62-64-73-74(78)(93)	1:43:48	20:46	0:50.8
13 Dike-New Hartford	336	48-53-66-81-88(98)	1:43:38	20:44	2:12.6
14 Sumner-Fredericksburg	354	52-55-80-83-84(90)(97)	1:44:26	20:54	1:48.6
15 Union La Porte City	413	59-70-87-94-103(104)(105)	1:49:30	21:54	3:39.5
16 Waterloo East	435	58-79-95-101-102(106)(107)	1:50:50	22:10	3:25.1
DNP Aplington-Parkersburg					
DNP Columbus Catholic Waterloo					
DNP Beckman Catholic Dyersvil					
DNP Union La Porte City					

Class 1A

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 North Linn Troy Mills	53	3-4-6-11-29(30)	1:36:15	19:15	3:18.7
2 Hudson	67	7-9-13-15-23(24)	1:38:53	19:47	1:57.6
3 Springville	76	2-5-14-27-28	1:39:23	19:53	3:27.5
4 Alburnett	83	8-10-19-21-25(26)(31)	1:40:30	20:06	2:06.9
5 MFL MarMac	96	1-17-20-22-36	1:42:53	20:35	6:40.2
6 Dunkerton	111	12-16-18-32-33(34)(35)	1:44:52	20:59	2:33.4
DNP East Buchanan Winthrop					
DNP Wapsie Valley Fairbank					
DNP Janesville					
DNP Turkey Valley Jackson Jun					
DNP Hudson					
DNP Tripoli					

2022 STARMONT INVITATIONAL

Arlington, IA
 Starmont High School
 Host: Starmont
 Tuesday, September 13, 2022

MEET OFFICIALS

Meet Director:
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Meet Referee:
 Howard Simpson
Timing:
 Shannon Event Timings



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Race #6
Boys Varsity 5K

Final Results**INDIVIDUAL RESULTS (cont'd)****Class 1A**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
DNP Cedar Valley Christian					

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 SIECK, Charlie	SR	Starmont West Cen	1	16:47.88	---	5:24.4	3:21.6
2 SAUSER, Conall	SO	Oelwein	2	17:02.92	15.04	5:29.2	3:24.6
3 PAGE, Eli	JR	Vinton-Shellsburg	3	17:05.21	17.33	5:30.0	3:25.0
4 BLIX, Elijah	SR	Vinton-Shellsburg	4	17:15.92	28.04	5:33.4	3:27.2
5 GEARHART, Ray	SR	Oelwein	5	17:17.04	29.16	5:33.8	3:27.4
6 SCHELLHORN, Jacob	SO	MFL MarMac	1	17:18.38	30.50	5:34.2	3:27.7
7 MULERT, Jack	SR	Denver	6	17:23.62	35.74	5:35.9	3:28.7
8 DRISCOLL, Benjamin	JR	Oelwein	7	17:25.24	37.36	5:36.4	3:29.0
9 SULLIVAN, Jacob	SR	Oelwein	8	17:26.86	38.98	5:36.9	3:29.4
10 O'NEILL, Nathan	SR	Waukon	9	17:27.99	40.11	5:37.3	3:29.6
11 DUGAN, Skyler	JR	Waukon	10	17:29.30	41.42	5:37.7	3:29.9
12 ESTLING, Cayle	FR	Center Point-Urban	11	17:35.17	47.29	5:39.6	3:31.0
13 REISINGER, Isaac	SO	Waukon	12	17:37.12	49.24	5:40.2	3:31.4
14 GULLA, Wyatt	JR	Waukon	13	17:45.37	57.49	5:42.9	3:33.1
15 SCHWANDT, Maxwell	SR	Denver	14	17:47.08	59.20	5:43.4	3:33.4
16 PINTER, Neal	JR	Denver	15	17:54.06	1:06.18	5:45.7	3:34.8
17 TORRES, Alex	FR	Vinton-Shellsburg	16	17:55.08	1:07.20	5:46.0	3:35.0
18 CAHOON, Connor	JR	Waukon	17	17:55.31	1:07.43	5:46.1	3:35.1
19 WENGER, Zach	JR	West Delaware Ma	18	17:55.50	1:07.62	5:46.2	3:35.1
20 STAMP, Jack	SO	Springville	2	17:56.83	1:08.95	5:46.6	3:35.4
21 EASTON, Carter	SO	Center Point-Urban	19	17:58.87	1:10.99	5:47.2	3:35.8
22 KEENAN, Josh	SR	Waukon	(20)	18:01.25	1:13.37	5:48.0	3:36.3
23 BEHRENS, Brody	JR	Center Point-Urban	21	18:05.60	1:17.72	5:49.4	3:37.1
24 FUESSLEY, Teegan	SR	Center Point-Urban	22	18:07.55	1:19.67	5:50.0	3:37.5
25 BILDSTEIN, Caleb	SO	North Linn Troy Mill	3	18:08.42	1:20.54	5:50.3	3:37.7
26 SCHUNK, Caleb	SO	Oelwein	23	18:12.78	1:24.90	5:51.7	3:38.6
27 BENESH, Levi	FR	North Linn Troy Mill	4	18:16.16	1:28.28	5:52.8	3:39.2
28 KEENAN, Nate	SR	Waukon	(24)	18:19.28	1:31.40	5:53.8	3:39.9
29 BAAS, Trevor	SO	Denver	25	18:21.89	1:34.01	5:54.6	3:40.4
30 KIRTZ, Casey	JR	Center Point-Urban	26	18:22.72	1:34.84	5:54.9	3:40.5
31 GRIMM, Cooper	FR	Center Point-Urban	(27)	18:27.36	1:39.48	5:56.4	3:41.5
32 LARSON, Isaac	JR	Center Point-Urban	(28)	18:30.83	1:42.95	5:57.5	3:42.2
33 NIEMAN, Russell	JR	Turkey Valley Jacks	-	18:35.24	1:47.36	5:58.9	3:43.0
34 WASHINGTON, Jesse	SR	Aplington-Parkersb	29	18:40.13	1:52.25	6:00.5	3:44.0
35 MCGOWAN, Lukas	JR	North Fayette Valle	30	18:41.91	1:54.03	6:01.1	3:44.4
36 MATERN, Jace	SO	Columbus Catholic	31	18:42.66	1:54.78	6:01.3	3:44.5
37 TURNIS, Jase	SO	West Delaware Ma	32	18:45.92	1:58.04	6:02.4	3:45.2
38 ROBERTSON, Evan	SR	Springville	5	18:46.29	1:58.41	6:02.5	3:45.3
39 KARTMAN, Evan	JR	West Delaware Ma	33	18:48.03	2:00.15	6:03.1	3:45.6
40 SCHLARMANN, Jacob	JR	Beckman Catholic	34	18:49.60	2:01.72	6:03.6	3:45.9
41 PFLUGHAUPT, Ty	JR	North Linn Troy Mill	6	18:51.46	2:03.58	6:04.2	3:46.3

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Race #6
Boys Varsity 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
42 PECK, Ryan	SR	Hudson	7	18:53.87	2:05.99	6:04.9	3:46.8
43 BLAIS, Jack	FR	Vinton-Shellsburg	35	18:59.24	2:11.36	6:06.7	3:47.8
44 OSSMAN, Logan	FR	Alburnett	8	18:59.76	2:11.88	6:06.8	3:48.0
45 GERMAN, Lane	SR	Starmont West Cen	36	19:00.14	2:12.26	6:07.0	3:48.0
46 DRISCOLL, Gabe	FR	Oelwein	(37)	19:02.07	2:14.19	6:07.6	3:48.4
47 ZURBRIGGEN, Micah	JR	North Fayette Valle	38	19:03.72	2:15.84	6:08.1	3:48.7
48 SCHLARMANN, Andrew	FR	Beckman Catholic	39	19:05.03	2:17.15	6:08.5	3:49.0
49 HERRMANN, Jayden	SR	Denver	40	19:06.52	2:18.64	6:09.0	3:49.3
50 WENGER, Braden	SO	West Delaware Ma	41	19:12.20	2:24.32	6:10.8	3:50.4
51 HANSEN, Brady	JR	Hudson	9	19:13.63	2:25.75	6:11.3	3:50.7
52 GUSTAFSON, Hayden	FR	Alburnett	10	19:16.18	2:28.30	6:12.1	3:51.2
53 SWALES, Gabe	SO	Denver	(42)	19:19.49	2:31.61	6:13.2	3:51.9
54 GOMEZ, Sean	SO	Denver	(43)	19:20.13	2:32.25	6:13.4	3:52.0
55 SWANSON, Aldin	JR	Vinton-Shellsburg	44	19:20.76	2:32.88	6:13.6	3:52.2
56 THOMSEN, Landon	FR	North Linn Troy Mill	11	19:31.04	2:43.16	6:16.9	3:54.2
57 MENSEN, Nolan	SR	West Delaware Ma	45	19:33.34	2:45.46	6:17.6	3:54.7
58 STEFFEN, Alex	JR	West Delaware Ma	(46)	19:33.88	2:46.00	6:17.8	3:54.8
59 GILSON, Shawn	SR	North Fayette Valle	47	19:37.37	2:49.49	6:18.9	3:55.5
60 NYSTEL, Tyler	SR	Dike-New Hartford	48	19:41.21	2:53.33	6:20.2	3:56.2
61 MARQUART, Dylan	SO	Dunkerton	12	19:42.00	2:54.12	6:20.4	3:56.4
62 GRADY, Lucas	JR	Hudson	13	19:43.73	2:55.85	6:21.0	3:56.7
63 GAUL, Adam	FR	Beckman Catholic	49	19:43.74	2:55.86	6:21.0	3:56.7
64 MENSEN, Nick	JR	West Delaware Ma	(50)	19:46.66	2:58.78	6:21.9	3:57.3
65 SPARGROVE, Dillion	SR	North Fayette Valle	51	19:48.14	3:00.26	6:22.4	3:57.6
66 BOYLE, Ethan	SR	Sumner-Fredericks	52	19:51.14	3:03.26	6:23.4	3:58.2
67 CHRISMAN, Grant	JR	Springville	14	19:51.63	3:03.75	6:23.5	3:58.3
68 PETERSEN, Bryce	SR	Dike-New Hartford	53	19:51.92	3:04.04	6:23.6	3:58.4
69 HAGEDORN, Brock	SR	Columbus Catholic	54	19:52.31	3:04.43	6:23.7	3:58.5
70 BOEHLER, Isaac	SR	Sumner-Fredericks	55	19:58.26	3:10.38	6:25.7	3:59.7
71 MINARD, Peter	SR	Columbus Catholic	56	20:06.70	3:18.82	6:28.4	4:01.3
72 WEDO, Braydon	SR	Starmont West Cen	57	20:08.53	3:20.65	6:29.0	4:01.7
73 ROGERS, Lane	SR	Hudson	15	20:09.92	3:22.04	6:29.4	4:02.0
74 RIOS, Ricardo	JR	Waterloo East	58	20:10.50	3:22.62	6:29.6	4:02.1
75 WRIGHT, Taebien	SR	Tripoli	-	20:12.40	3:24.52	6:30.2	4:02.5
76 UCHIYAMA-HANSEN, Keng	SO	Union La Porte City	59	20:19.46	3:31.58	6:32.5	4:03.9
77 CALAHAN, Ethan	SO	Independence	60	20:21.03	3:33.15	6:33.0	4:04.2
78 PETERSON, Henry	SO	Dunkerton	16	20:21.18	3:33.30	6:33.0	4:04.2
79 KLOPPING, Zach	SO	Vinton-Shellsburg	(61)	20:23.33	3:35.45	6:33.7	4:04.7
80 KOETHER, Will	SR	MFL MarMac	17	20:23.52	3:35.64	6:33.8	4:04.7
81 NELSON, Hayden	JR	East Buchanan Win	-	20:24.19	3:36.31	6:34.0	4:04.8
82 WILSON, Tanner	SO	Independence	62	20:29.17	3:41.29	6:35.6	4:05.8
83 PHAN, Leo	SR	North Fayette Valle	63	20:30.85	3:42.97	6:36.2	4:06.2
84 FUELLING, Noah	SO	Dunkerton	18	20:31.42	3:43.54	6:36.3	4:06.3
85 SCOTT, Brady	FR	Alburnett	19	20:32.57	3:44.69	6:36.7	4:06.5
86 RUFF, Tucker	SO	MFL MarMac	20	20:33.01	3:45.13	6:36.8	4:06.6
87 ABEL, Trenton	SO	Alburnett	21	20:34.65	3:46.77	6:37.4	4:06.9

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Race #6
Boys Varsity 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
88 WIELAND, Tyler	SO	Independence	64	20:34.88	3:47.00	6:37.5	4:07.0
89 KEEHNER, Sawyer	JR	MFL MarMac	22	20:38.88	3:51.00	6:38.7	4:07.8
90 OTDOERFER, Ian	SO	Starmont West Cen	65	20:40.13	3:52.25	6:39.1	4:08.0
91 PAULSEN, Caleb	SR	Dike-New Hartford	66	20:41.26	3:53.38	6:39.5	4:08.3
92 AHERN, Theodore	SR	Columbus Catholic	67	20:51.20	4:03.32	6:42.7	4:10.2
93 STEELE, Alex	JR	Hudson	23	20:51.47	4:03.59	6:42.8	4:10.3
94 SCHNEIDER, Joe	SR	Beckman Catholic	68	20:54.76	4:06.88	6:43.8	4:11.0
95 CARNEY, Jonah	FR	Aplington-Parkersb	69	20:55.42	4:07.54	6:44.1	4:11.1
96 CULHAM, Jacob	FR	Hudson	(24)	20:55.50	4:07.62	6:44.1	4:11.1
97 HOY, Wyatt	JR	Union La Porte City	70	20:56.07	4:08.19	6:44.3	4:11.2
98 SHEESLEY, Evan	SR	Aplington-Parkersb	71	21:03.23	4:15.35	6:46.6	4:12.6
99 BEMER, Ben	FR	Alburnett	25	21:06.58	4:18.70	6:47.7	4:13.3
100 COOK, Sammy	SR	East Buchanan Win	-	21:07.92	4:20.04	6:48.1	4:13.6
101 FOXEN, Isaac	SO	Aplington-Parkersb	72	21:09.85	4:21.97	6:48.7	4:14.0
102 BANTZ, Carson	JR	Independence	73	21:10.15	4:22.27	6:48.8	4:14.0
103 DECKER, Talan	SO	Independence	74	21:11.80	4:23.92	6:49.3	4:14.4
104 DUDZIK, Danny	FR	Beckman Catholic	75	21:13.02	4:25.14	6:49.7	4:14.6
105 HOPPENWORTH, Kamdon	SR	Aplington-Parkersb	76	21:16.13	4:28.25	6:50.7	4:15.2
106 ELLIOTT, Peyton	FR	North Fayette Valle	(77)	21:16.19	4:28.31	6:50.7	4:15.2
107 KEENEY, Gunnar	SR	Alburnett	(26)	21:22.62	4:34.74	6:52.8	4:16.5
108 GATES, Blake	JR	Independence	(78)	21:22.84	4:34.96	6:52.9	4:16.6
109 STRAUB, Slayton	JR	Springville	27	21:23.75	4:35.87	6:53.2	4:16.8
110 CORDES, Creston	JR	Springville	28	21:24.25	4:36.37	6:53.3	4:16.9
111 TYLER, Georvon	SO	Waterloo East	79	21:24.44	4:36.56	6:53.4	4:16.9
112 PARRA-MORALES, Xavier	SO	Sumner-Fredericks	80	21:25.25	4:37.37	6:53.7	4:17.1
113 LONG, Sawyer	FR	North Linn Troy Mill	29	21:27.11	4:39.23	6:54.3	4:17.4
114 PEYTON, Jaden	SR	East Buchanan Win	-	21:27.87	4:39.99	6:54.5	4:17.6
115 LOGER, Shayden	SR	Dike-New Hartford	81	21:29.67	4:41.79	6:55.1	4:17.9
116 FOLKERS, Carter	SR	North Linn Troy Mill	(30)	21:30.23	4:42.35	6:55.3	4:18.0
117 BRYANT, Vincent	SO	Starmont West Cen	82	21:30.92	4:43.04	6:55.5	4:18.2
118 SMITH, Travis	SO	Sumner-Fredericks	83	21:31.61	4:43.73	6:55.7	4:18.3
119 KRUCKENBERG, Noah	JR	Alburnett	(31)	21:36.78	4:48.90	6:57.4	4:19.4
120 CONVERSE, Lane	JR	Sumner-Fredericks	84	21:39.71	4:51.83	6:58.3	4:19.9
121 BRAM, Cole	JR	Wapsie Valley Fairb	-	21:41.73	4:53.85	6:59.0	4:20.3
122 HART, Jalen	SO	Columbus Catholic	85	21:42.83	4:54.95	6:59.3	4:20.6
123 BEARBOWER, Kobe	FR	Vinton-Shellsburg	(86)	21:48.64	5:00.76	7:01.2	4:21.7
124 BEERMAN, Asher	SR	Union La Porte City	87	21:53.44	5:05.56	7:02.7	4:22.7
125 BRANDT, Rasmus	SR	Dike-New Hartford	88	21:53.73	5:05.85	7:02.8	4:22.7
126 REA, Spencer	SR	Beckman Catholic	(89)	21:55.21	5:07.33	7:03.3	4:23.0
127 SHERMAN, Parker	SO	Sumner-Fredericks	(90)	22:00.47	5:12.59	7:05.0	4:24.1
128 SNYDER, Colin	FR	Dunkerton	32	22:01.89	5:14.01	7:05.5	4:24.4
129 HJELMELAND, Ethan	JR	Janesville	-	22:12.69	5:24.81	7:08.9	4:26.5
130 CURTIS, Carson	FR	Starmont West Cen	(91)	22:14.73	5:26.85	7:09.6	4:26.9
131 FINCK, Grant	SO	Dunkerton	33	22:15.40	5:27.52	7:09.8	4:27.1
132 SALRIN, Andrew	JR	Beckman Catholic	(92)	22:16.20	5:28.32	7:10.1	4:27.2
133 WIELAND, Matt	SR	Independence	(93)	22:17.35	5:29.47	7:10.4	4:27.5

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Race #6
Boys Varsity 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
134 MARTIN, Austin	JR	Union La Porte City	94	22:21.60	5:33.72	7:11.8	4:28.3
135 RICO, Juan Carlos	JR	Waterloo East	95	22:27.81	5:39.93	7:13.8	4:29.6
136 STICKLER, Aidan	SO	Dunkerton	(34)	22:29.53	5:41.65	7:14.4	4:29.9
137 GABE, Stansbery	FR	North Fayette Valle	(96)	22:33.21	5:45.33	7:15.5	4:30.6
138 RICH, Ryan	SR	Sumner-Fredericks	(97)	22:38.67	5:50.79	7:17.3	4:31.7
139 O'NEILL, Finn	FR	Dike-New Hartford	(98)	22:45.79	5:57.91	7:19.6	4:33.2
140 GRUMAN, Jacen	SO	Starmont West Cen	(99)	22:49.22	6:01.34	7:20.7	4:33.8
141 WILLIAMS, Keshawn	FR	Oelwein	(100)	22:53.90	6:06.02	7:22.2	4:34.8
142 CALDERON, Juan	SO	Waterloo East	101	23:11.22	6:23.34	7:27.8	4:38.2
143 OLTMANN, Alex	JR	Janesville	-	23:13.65	6:25.77	7:28.6	4:38.7
144 KITE, Kayden	SO	Dunkerton	(35)	23:28.69	6:40.81	7:33.4	4:41.7
145 SEBER, Carter	SO	Waterloo East	102	23:35.51	6:47.63	7:35.6	4:43.1
146 ROSS, Logan	SO	MFL MarMac	36	23:58.57	7:10.69	7:43.0	4:47.7
147 BRUSTKERN, Hunter	FR	Union La Porte City	103	23:58.93	7:11.05	7:43.1	4:47.8
148 MOODY, Danson	JR	Union La Porte City	(104)	24:23.33	7:35.45	7:51.0	4:52.7
149 SPENCE, Brady	SR	Union La Porte City	(105)	24:26.35	7:38.47	7:52.0	4:53.3
150 REH, Pray	JR	Waterloo East	(106)	25:57.98	9:10.10	8:21.4	5:11.6
151 ZARCO, Pedro	SO	Waterloo East	(107)	26:14.09	9:26.21	8:26.6	5:14.8

2022 STARMONT INVITATIONAL

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Race #3
Girls Junior Varsity 5K

Final Results**RACE SUMMARY**

Start Time: 4:40 pm

TEAM SCORING SUMMARY**Class 2A/3A/4A**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Denver	25	2-3-4-7-9(12)(13)	1:59:36	23:56	1:04.8
2 Sumner-Fredericksburg	62	6-10-11-16-19(24)(32)	2:07:19	25:28	2:00.5
3 West Delaware Mancheste	92	15-17-18-20-22(25)(26)	2:11:15	26:15	0:32.7
4 Dike-New Hartford	119	8-14-23-29-45(46)(49)	2:12:05	26:25	4:01.3
5 Center Point-Urbana	132	1-5-30-40-56(63)	2:12:02	26:25	6:31.5
6 Aplington-Parkersburg	196	31-34-39-44-48(52)	2:19:30	27:54	1:39.7
7 North Fayette Valley	199	21-36-42-47-53	2:19:50	27:58	2:46.4
8 Waukon	223	35-37-43-50-58	2:22:21	28:29	2:29.6
9 Oelwein	237	27-28-55-62-65(67)	2:28:05	29:37	6:19.6
10 Beckman Catholic Dyersvil	241	33-38-51-59-60	2:24:49	28:58	2:53.8
11 Starmont West Central	277	41-54-57-61-64(66)	2:29:13	29:51	3:47.0
DNP Union La Porte City					
DNP Dike-New Hartford					
DNP West Delaware Mancheste					
DNP Columbus Catholic Waterlo					
DNP Center Point-Urbana					
DNP Starmont West Central					
DNP Independence					
DNP Vinton-Shellsburg					
DNP Sumner-Fredericksburg					
DNP Oelwein					
DNP Beckman Catholic Dyersvil					

Class 1A

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Hudson	32	1-2-7-10-12(16)(18)	2:11:19	26:16	4:25.5
2 Wapsie Valley Fairbank	39	3-6-8-9-13	2:15:19	27:04	3:27.0
3 North Linn Troy Mills	49	4-5-11-14-15(17)(19)	2:17:10	27:26	3:01.1
DNP Edgewood-Colesburg					
DNP MFL MarMac					
DNP Turkey Valley Jackson Jun					
DNP Tripoli					
DNP Alburnett					

2022 STARMONT INVITATIONAL

Arlington, IA
 Starmont High School
 Host: Starmont
 Tuesday, September 13, 2022

MEET OFFICIALS

Meet Director:
 Charlie Gruman
Meet Referee:
 Howard Simpson
Timing:
 Shannon Event Timings



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Race #3
Girls Junior Varsity 5K

Final Results**INDIVIDUAL RESULTS**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 PAINE, Julia	SO	Center Point-Urban	1	23:14.24	---	7:28.7	4:38.8
2 SANDERSON, Sophie	FR	Denver	2	23:22.27	8.03	7:31.3	4:40.5
3 COOPER, Lily	SO	Denver	3	23:27.84	13.60	7:33.1	4:41.6
4 LUDWIG, Stella	FR	Columbus Catholic	-	23:43.49	29.25	7:38.2	4:44.7
5 MCINTOSH, Avery	FR	Denver	4	23:54.10	39.86	7:41.6	4:46.8
6 WILLAND, Madison	SO	Hudson	1	23:57.24	43.00	7:42.6	4:47.4
7 BOCKENSTEDT, Madison	SO	Center Point-Urban	5	24:11.52	57.28	7:47.2	4:50.3
8 BROWN, Sofia	JR	Hudson	2	24:15.14	1:00.90	7:48.3	4:51.0
9 WENTHOLD, Morgan	FR	Turkey Valley Jacks	-	24:18.65	1:04.41	7:49.5	4:51.7
10 ZABEL, Abby	SR	Sumner-Fredericks	6	24:23.60	1:09.36	7:51.1	4:52.7
11 DUNKIN, Ava	JR	Denver	7	24:24.44	1:10.20	7:51.3	4:52.9
12 WARDELL, Rosie	JR	Dike-New Hartford	8	24:25.44	1:11.20	7:51.7	4:53.1
13 LALK, Haley	SO	Denver	9	24:26.98	1:12.74	7:52.2	4:53.4
14 SANDER, Melenna	FR	Wapsie Valley Fairb	3	25:03.44	1:49.20	8:03.9	5:00.7
15 SHONKA, Rylee	SO	Sumner-Fredericks	10	25:11.14	1:56.90	8:06.4	5:02.2
16 ARTHUR, Grace	FR	Sumner-Fredericks	11	25:21.43	2:07.19	8:09.7	5:04.3
17 LAURES, Maryn	FR	Denver	(12)	25:26.59	2:12.35	8:11.3	5:05.3
18 WESTBROOK, Paige	SR	Denver	(13)	25:27.04	2:12.80	8:11.5	5:05.4
19 TYLER, Miranda	JR	Dike-New Hartford	14	25:40.02	2:25.78	8:15.7	5:08.0
20 SCHAEFER, Claire	FR	Columbus Catholic	-	25:44.27	2:30.03	8:17.0	5:08.9
21 FOLKERS, Moya	FR	North Linn Troy Mill	4	25:47.87	2:33.63	8:18.2	5:09.6
22 WYLIE, Niamh	FR	North Linn Troy Mill	5	25:50.85	2:36.61	8:19.1	5:10.2
23 THOMPSON, Willow	SR	West Delaware Ma	15	25:53.63	2:39.39	8:20.0	5:10.7
24 WARNKE, Emersen	JR	Sumner-Fredericks	16	25:58.47	2:44.23	8:21.6	5:11.7
25 LAROSA, Stephanie	JR	West Delaware Ma	17	26:11.19	2:56.95	8:25.7	5:14.2
26 ANTE, Brooklin	FR	West Delaware Ma	18	26:17.99	3:03.75	8:27.9	5:15.6
27 SCHULT, Ava	JR	Sumner-Fredericks	19	26:24.04	3:09.80	8:29.8	5:16.8
28 HOEGER, Maddie	SR	West Delaware Ma	20	26:24.93	3:10.69	8:30.1	5:17.0
29 SWALES, Grace	SO	Denver	-	26:25.03	3:10.79	8:30.1	5:17.0
30 MUELLER, Alivia	FR	North Fayette Valle	21	26:26.13	3:11.89	8:30.5	5:17.2
31 DOMEYER, Taylor	JR	West Delaware Ma	22	26:26.31	3:12.07	8:30.6	5:17.3
32 PETERSEN, Drew	JR	Dike-New Hartford	23	26:27.53	3:13.29	8:31.0	5:17.5
33 BERNHARD, Ava	SR	Sumner-Fredericks	(24)	26:33.67	3:19.43	8:32.9	5:18.7
34 MENSEN, Erin	FR	West Delaware Ma	(25)	26:35.68	3:21.44	8:33.6	5:19.1
35 KASS, Abby	SO	West Delaware Ma	(26)	26:43.75	3:29.51	8:36.2	5:20.8
36 RULAPHAUGH, Mirium	FR	Wapsie Valley Fairb	6	26:46.86	3:32.62	8:37.2	5:21.4
37 HODSON, Mia	JR	West Delaware Ma	-	26:48.51	3:34.27	8:37.7	5:21.7
38 ROGERS, Taylor	JR	Hudson	7	26:54.64	3:40.40	8:39.7	5:22.9
39 WOODSON, Emma	FR	Oelwein	27	26:54.71	3:40.47	8:39.7	5:22.9
40 HOVELAND, Emmah	SO	Oelwein	28	26:57.80	3:43.56	8:40.7	5:23.6
41 MEYER, Schyler	SR	Edgewood-Colesbu	-	26:58.46	3:44.22	8:40.9	5:23.7
42 BARDGETT, Alaina	FR	West Delaware Ma	-	26:59.24	3:45.00	8:41.2	5:23.8
43 STEFFEN, Alli	SR	Dike-New Hartford	29	27:05.02	3:50.78	8:43.0	5:25.0
44 GENTZ, Sophia	SR	Center Point-Urban	30	27:05.55	3:51.31	8:43.2	5:25.1
45 EILERS, Sara	SO	Aplington-Parkersb	31	27:08.93	3:54.69	8:44.3	5:25.8
46 SORENSEN, Reagan	JR	Union La Porte City	-	27:12.43	3:58.19	8:45.4	5:26.5

2022 STARMONT INVITATIONAL

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Race #3
Girls Junior Varsity 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
47 MILLENKAMP, Maggie	JR	West Delaware Ma	-	27:14.63	4:00.39	8:46.1	5:26.9
48 BARNES, Maya	FR	Wapsie Valley Fairb	8	27:14.71	4:00.47	8:46.1	5:26.9
49 SCHMIDT, Carmen	SR	Sumner-Fredericks	(32)	27:17.96	4:03.72	8:47.2	5:27.6
50 MATTHIAS, Macy	JR	Denver	-	27:19.22	4:04.98	8:47.6	5:27.8
51 OLTROGGE, Gretchen	JR	Denver	-	27:27.18	4:12.94	8:50.2	5:29.4
52 HARRISON, Jocelyn	FR	Sumner-Fredericks	-	27:27.93	4:13.69	8:50.4	5:29.6
53 KNIPPER, Libby	SR	Beckman Catholic	33	27:29.63	4:15.39	8:50.9	5:29.9
54 PRICE, Ellie	SO	Aplington-Parkersb	34	27:32.40	4:18.16	8:51.8	5:30.5
55 O'NEILL, Ashlin	JR	Waukon	35	27:34.77	4:20.53	8:52.6	5:31.0
56 SCHULTZ, Ashton	SO	North Fayette Valle	36	27:35.45	4:21.21	8:52.8	5:31.1
57 MOUDY, Bella	SO	Waukon	37	27:36.64	4:22.40	8:53.2	5:31.3
58 CARLSON, Kate	SO	Union La Porte City	-	27:39.53	4:25.29	8:54.1	5:31.9
59 REED, Mary	SR	Beckman Catholic	38	27:40.03	4:25.79	8:54.3	5:32.0
60 CARNEY, Lauren	JR	Aplington-Parkersb	39	27:41.53	4:27.29	8:54.8	5:32.3
61 FRANCK, Austin	FR	Wapsie Valley Fairb	9	27:43.11	4:28.87	8:55.3	5:32.6
62 GERHOLD, Allison	SO	Center Point-Urban	40	27:44.54	4:30.30	8:55.7	5:32.9
63 SIECK, Abby	SO	Starmont West Cen	41	27:46.43	4:32.19	8:56.3	5:33.3
64 RHOMBERG, Abigail	JR	Columbus Catholic	-	27:47.56	4:33.32	8:56.7	5:33.5
65 UBBEN, Ella	FR	Hudson	10	27:48.90	4:34.66	8:57.1	5:33.8
66 FELDMAN, Grace	JR	North Fayette Valle	42	27:51.27	4:37.03	8:57.9	5:34.3
67 BOCKENSTEDT, Ava	JR	West Delaware Ma	-	27:59.42	4:45.18	9:00.5	5:35.9
68 NEUHAUS, Ava	SR	West Delaware Ma	-	28:01.12	4:46.88	9:01.1	5:36.2
69 SUTCLIFFE, Cady	SR	North Linn Troy Mill	11	28:03.07	4:48.83	9:01.7	5:36.6
70 HINEBAUGH, Lorolei	FR	Union La Porte City	-	28:06.02	4:51.78	9:02.7	5:37.2
71 RETALLICK, Emma	SO	Waukon	43	28:08.17	4:53.93	9:03.3	5:37.6
72 WALZ, Miley	FR	Edgewood-Colesbu	-	28:08.28	4:54.04	9:03.4	5:37.7
73 O'REAR, Abigail	JR	West Delaware Ma	-	28:14.20	4:59.96	9:05.3	5:38.8
74 JUNKER, Megan	FR	Aplington-Parkersb	44	28:18.36	5:04.12	9:06.6	5:39.7
75 LEETE, Payton	JR	Sumner-Fredericks	-	28:18.62	5:04.38	9:06.7	5:39.7
76 AUSTIN, Zoey	SO	Hudson	12	28:22.69	5:08.45	9:08.0	5:40.5
77 KLINGENBORG, Kayla	SR	Dike-New Hartford	45	28:26.68	5:12.44	9:09.3	5:41.3
78 HAYES, Emma	JR	Dike-New Hartford	(46)	28:29.10	5:14.86	9:10.1	5:41.8
79 WIERCK, Adelynn	FR	Wapsie Valley Fairb	13	28:30.36	5:16.12	9:10.5	5:42.1
80 REIERSON, Kelby	SO	North Linn Troy Mill	14	28:38.27	5:24.03	9:13.0	5:43.7
81 BOLDT, Ashlynn	JR	Tripoli	-	28:40.51	5:26.27	9:13.8	5:44.1
82 DEMMER, Maleah	SO	West Delaware Ma	-	28:41.13	5:26.89	9:14.0	5:44.2
83 NEY, Maddy	JR	North Fayette Valle	47	28:44.61	5:30.37	9:15.1	5:44.9
84 MERSCH, Sylvie	SR	West Delaware Ma	-	28:44.79	5:30.55	9:15.1	5:45.0
85 GROENEVELD, Finley	SO	Aplington-Parkersb	48	28:48.55	5:34.31	9:16.3	5:45.7
86 BRUNS, Daisy	SR	North Linn Troy Mill	15	28:48.95	5:34.71	9:16.5	5:45.8
87 POKORNY, Abrielle	FR	Dike-New Hartford	(49)	28:48.96	5:34.72	9:16.5	5:45.8
88 FOLKERTS, Natalie	SO	Dike-New Hartford	-	28:50.46	5:36.22	9:17.0	5:46.1
89 BYRNES, Natalie	JR	Waukon	50	28:56.32	5:42.08	9:18.8	5:47.3
90 REA, Mallory	JR	Beckman Catholic	51	29:05.40	5:51.16	9:21.8	5:49.1
91 WALKER, Eva	FR	Aplington-Parkersb	(52)	29:06.85	5:52.61	9:22.2	5:49.4
92 SMITH, Luca	JR	West Delaware Ma	-	29:07.12	5:52.88	9:22.3	5:49.4

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Race #3
Girls Junior Varsity 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
93 DEPPE, Jaden	SO	Hudson	(16)	29:09.82	5:55.58	9:23.2	5:50.0
94 FRANCIS, Jessica	JR	North Fayette Valle	53	29:12.49	5:58.25	9:24.0	5:50.5
95 OTDOERFER, Madelyn	SR	Starmont West Cen	54	29:17.83	6:03.59	9:25.8	5:51.6
96 STEFFEN, Kenzlei	JR	Sumner-Fredericks	-	29:21.21	6:06.97	9:26.9	5:52.2
97 ROGERS, Merissa	SO	Oelwein	55	29:36.64	6:22.40	9:31.8	5:55.3
98 SCHWARTZ, Sydney	SR	Independence	-	29:41.57	6:27.33	9:33.4	5:56.3
99 AULWES, Claire	JR	Edgewood-Colesbu	-	29:43.06	6:28.82	9:33.9	5:56.6
100 MOURLAM, Allison	SO	Center Point-Urban	56	29:45.70	6:31.46	9:34.7	5:57.1
101 KLOSTERMANN, Kennedy	SR	West Delaware Ma	-	30:00.88	6:46.64	9:39.6	6:00.2
102 GERMAN, Taylor	SO	Starmont West Cen	57	30:01.47	6:47.23	9:39.8	6:00.3
103 KLUESNER, Mackenzie	SR	West Delaware Ma	-	30:01.49	6:47.25	9:39.8	6:00.3
104 COTA, Azlynn	JR	Waukon	58	30:04.35	6:50.11	9:40.7	6:00.9
105 GREBNER, Marie	SO	Beckman Catholic	59	30:09.84	6:55.60	9:42.5	6:02.0
106 EMERSON, Keara	SR	West Delaware Ma	-	30:11.57	6:57.33	9:43.1	6:02.3
107 DEMMER, Sydney	SR	West Delaware Ma	-	30:11.71	6:57.47	9:43.1	6:02.3
108 BERGMAN, Lily	SO	Denver	-	30:17.49	7:03.25	9:45.0	6:03.5
109 GOEDKEN, Chloe	SO	Beckman Catholic	60	30:23.42	7:09.18	9:46.9	6:04.7
110 DONAT, Kelly	SO	Starmont West Cen	61	30:33.73	7:19.49	9:50.2	6:06.7
111 CAUGHRON, Amy	SR	Union La Porte City	-	30:40.75	7:26.51	9:52.5	6:08.2
112 GRIFFITH, Megan	SR	Dike-New Hartford	-	30:59.53	7:45.29	9:58.5	6:11.9
113 EILDERTS, Joy	SO	Dike-New Hartford	-	31:18.76	8:04.52	10:04.7	6:15.8
114 SCHUNK, Ella	SR	Oelwein	62	31:20.81	8:06.57	10:05.3	6:16.2
115 SABIN, Riley	FR	Center Point-Urban	(63)	31:23.48	8:09.24	10:06.2	6:16.7
116 DILLON, Kelli	SR	Sumner-Fredericks	-	31:24.53	8:10.29	10:06.5	6:16.9
117 MEADE, Mary	JR	Starmont West Cen	64	31:33.37	8:19.13	10:09.4	6:18.7
118 WEBER, Cadence	SR	MFL MarMac	-	31:52.82	8:38.58	10:15.6	6:22.6
119 CHRISTIANSEN, Kiersten	SO	Dike-New Hartford	-	32:13.46	8:59.22	10:22.3	6:26.7
120 HILDEBRAND, Maddie	JR	West Delaware Ma	-	32:28.15	9:13.91	10:27.0	6:29.6
121 CUTSFORTH, Emersen	JR	Dike-New Hartford	-	32:34.12	9:19.88	10:28.9	6:30.8
122 MORTENSON, Jory	SR	Oelwein	65	33:14.25	10:00.0	10:41.9	6:38.9
123 PASKER, Gwen	SO	West Delaware Ma	-	33:54.79	10:40.5	10:54.9	6:47.0
124 SCHMIDT, Gabryla	SR	North Linn Troy Mill	(17)	34:00.91	10:46.6	10:56.9	6:48.2
125 RICHTER, Ellie	FR	Hudson	(18)	34:03.49	10:49.2	10:57.7	6:48.7
126 HANCOCK, Anna	JR	Starmont West Cen	(66)	34:33.88	11:19.6	11:07.5	6:54.8
127 RAHE, Sydney	JR	Oelwein	(67)	34:48.45	11:34.2	11:12.2	6:57.7
128 REISNER, Kate	FR	Sumner-Fredericks	-	34:52.24	11:38.0	11:13.4	6:58.4
129 JOLLEY, Audrey	JR	West Delaware Ma	-	35:05.24	11:51.0	11:17.6	7:01.0
130 INGWERSEN, Kira	SR	North Linn Troy Mill	(19)	35:42.21	12:27.9	11:29.5	7:08.4
131 EDDY, Rachel	SR	Independence	-	35:42.21	12:27.9	11:29.5	7:08.4
132 TAYLOR, Samantha	SR	North Linn Troy Mill	-	35:57.98	12:43.7	11:34.6	7:11.6
133 GONNERMAN, Malea	JR	Denver	-	36:02.12	12:47.8	11:35.9	7:12.4
134 BACON, Tricia	SO	MFL MarMac	-	36:02.21	12:47.9	11:35.9	7:12.4

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Race #4
Boys Junior Varsity 5K

Final Results**RACE SUMMARY**

Start Time: 5:10 pm

TEAM SCORING SUMMARY**Class 2A/3A/4A**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Denver	29	2-3-5-7-12(13)(14)	1:37:29	19:30	1:13.5
2 Waukon	43	1-4-9-10-19(22)(23)	1:38:13	19:39	2:35.9
3 Center Point-Urbana	56	6-8-11-15-16(17)(20)	1:40:37	20:08	1:05.1
4 West Delaware Mancheste	114	18-21-24-25-26(27)(30)	1:46:30	21:18	0:59.5
5 North Fayette Valley	165	28-29-31-38-39(50)(52)	1:51:42	22:21	1:05.4
6 Independence	212	35-40-44-46-47(48)(59)	1:55:00	23:00	0:45.6
7 Oelwein	229	36-37-42-53-61(63)(64)	1:57:45	23:33	2:47.4
8 Vinton-Shellsburg	231	32-33-51-55-60(65)(69)	1:58:22	23:41	2:49.7
9 Beckman Catholic Dyersvil	263	34-54-56-57-62	2:02:13	24:27	3:06.6
10 Starmont West Central	287	45-49-58-67-68(70)(71)	2:05:16	25:04	4:02.1
11 Sumner-Fredericksburg	295	41-43-66-72-73	2:21:15	28:15	13:06.7
DNP Columbus Catholic Waterloo					
DNP North Fayette Valley					
DNP Dike-New Hartford					
DNP Aplington-Parkersburg					
DNP Center Point-Urbana					
DNP Beckman Catholic Dyersvil					
DNP West Delaware Mancheste					
DNP Waukon					
DNP Waterloo East					
DNP Oelwein					
DNP Sumner-Fredericksburg					
DNP Union La Porte City					

Class 1A

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Wapsie Valley Fairbank	15	1-2-3-4-5(6)(7)	2:03:04	24:37	2:50.9
DNP Edgewood-Colesburg					
DNP Alburnett					
DNP Wapsie Valley Fairbank					
DNP Hudson					
DNP Tripoli					
DNP Cedar Valley Christian					
DNP North Linn Troy Mills					
DNP Turkey Valley Jackson Jun					

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Race #4
Boys Junior Varsity 5K

Final Results

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 HELGERSON, Caleb	SO	Waukon	1	18:07.99	---	5:50.2	3:37.6
2 LAFRENTZ, Talan	SO	Denver	2	18:51.12	43.13	6:04.1	3:46.2
3 CLAYTON, Jarett	JR	Denver	3	19:13.63	1:05.64	6:11.3	3:50.7
4 GIBBS, Ethan	SO	Waukon	4	19:20.42	1:12.43	6:13.5	3:52.1
5 LARSON, Ethan	JR	Denver	5	19:28.94	1:20.95	6:16.2	3:53.8
6 CARDO, Will	FR	Center Point-Urban	6	19:32.61	1:24.62	6:17.4	3:54.5
7 HAASE, Carson	JR	Denver	7	19:49.89	1:41.90	6:23.0	3:58.0
8 SALOW, Jonah	SR	Center Point-Urban	8	19:49.96	1:41.97	6:23.0	3:58.0
9 O'NEILL, Colton	FR	Waukon	9	19:56.96	1:48.97	6:25.2	3:59.4
10 LEPPERT, Brandon	FR	Waukon	10	20:02.90	1:54.91	6:27.2	4:00.6
11 BECK, Brayden	JR	Center Point-Urban	11	20:03.74	1:55.75	6:27.4	4:00.7
12 MATTHIAS, Myles	SO	Denver	12	20:04.54	1:56.55	6:27.7	4:00.9
13 WATERMAN, Jason	JR	Denver	(13)	20:04.58	1:56.59	6:27.7	4:00.9
14 EVEN, Garrett	SR	Denver	(14)	20:07.99	2:00.00	6:28.8	4:01.6
15 DOEPKE, Mitchell	FR	Denver	-	20:09.32	2:01.33	6:29.2	4:01.9
16 SCHECHINGER, Austin	SO	Alburnett	-	20:21.24	2:13.25	6:33.1	4:04.2
17 CLINTON, Conner	JR	Denver	-	20:22.50	2:14.51	6:33.5	4:04.5
18 DESMET, James	JR	Center Point-Urban	15	20:32.62	2:24.63	6:36.7	4:06.5
19 DRIEIER, Jacob	SO	Center Point-Urban	16	20:37.63	2:29.64	6:38.3	4:07.5
20 BATCHELOR, Landon	FR	Center Point-Urban	(17)	20:37.87	2:29.88	6:38.4	4:07.6
21 MENARD, Trent	FR	West Delaware Ma	18	20:39.20	2:31.21	6:38.8	4:07.8
22 WASSON, Mason	JR	Waukon	19	20:43.84	2:35.85	6:40.3	4:08.8
23 BROWN, Christian	SO	Denver	-	20:47.88	2:39.89	6:41.6	4:09.6
24 SHOLES, Ben	FR	Center Point-Urban	(20)	20:51.89	2:43.90	6:42.9	4:10.4
25 PAUTSCH, Grant	JR	Denver	-	20:54.54	2:46.55	6:43.8	4:10.9
26 NEUHAUS, Owen	JR	West Delaware Ma	21	21:07.21	2:59.22	6:47.9	4:13.4
27 BALK, Bode	JR	Turkey Valley Jacks	-	21:14.92	3:06.93	6:50.3	4:15.0
28 PERKINS, Caleb	JR	Waukon	(22)	21:14.96	3:06.97	6:50.4	4:15.0
29 WARNELL, Connor	JR	Hudson	-	21:16.04	3:08.05	6:50.7	4:15.2
30 BROOKS, Noah	SO	Denver	-	21:21.99	3:14.00	6:52.6	4:16.4
31 NICODEMUS, Jeremy	FR	Cedar Valley Christi	-	21:26.76	3:18.77	6:54.1	4:17.4
32 KOVARIK, Isaak	FR	Waukon	(23)	21:27.70	3:19.71	6:54.5	4:17.5
33 FANGMAN, Ashton	SO	West Delaware Ma	24	21:27.76	3:19.77	6:54.5	4:17.6
34 BLAKEMAN, Adam	FR	Columbus Catholic	-	21:31.12	3:23.13	6:55.6	4:18.2
35 BARBER, Drew	JR	Hudson	-	21:35.22	3:27.23	6:56.9	4:19.0
36 BURRICHTER, Tucker	FR	Waukon	-	21:35.85	3:27.86	6:57.1	4:19.2
37 MASTIN, Dominic	JR	West Delaware Ma	25	21:36.39	3:28.40	6:57.2	4:19.3
38 JOHNSON, Gil	SO	West Delaware Ma	26	21:38.68	3:30.69	6:58.0	4:19.7
39 HENZEN, Dagen	SO	Denver	-	21:43.57	3:35.58	6:59.6	4:20.7
40 COOK, Adam	SO	West Delaware Ma	(27)	21:44.23	3:36.24	6:59.8	4:20.8
41 MCGRANE, Keagan	JR	North Fayette Valle	28	21:45.28	3:37.29	7:00.1	4:21.1
42 STEEGE, Jacob	SR	Denver	-	22:00.02	3:52.03	7:04.9	4:24.0
43 STARRETT, John	SR	North Fayette Valle	29	22:00.11	3:52.12	7:04.9	4:24.0
44 WOOTEN, Kyler	FR	West Delaware Ma	(30)	22:00.49	3:52.50	7:05.0	4:24.1
45 LLOYD, Cashton	JR	Waukon	-	22:07.69	3:59.70	7:07.3	4:25.5
46 VANDERVELDEN, James	SR	Waukon	-	22:16.67	4:08.68	7:10.2	4:27.3

2022 STARMONT INVITATIONAL

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Race #4
Boys Junior Varsity 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
47 PUTNEY, Ryan	FR	North Fayette Valle	31	22:17.33	4:09.34	7:10.4	4:27.5
48 ZUNIGA, Maximo	SO	Columbus Catholic	-	22:17.80	4:09.81	7:10.6	4:27.6
49 COLSCH, Emmett	JR	Vinton-Shellsburg	32	22:21.65	4:13.66	7:11.8	4:28.3
50 QUINT, Gabe	JR	West Delaware Ma	-	22:22.12	4:14.13	7:12.0	4:28.4
51 MANGOLD, Hugh	JR	Vinton-Shellsburg	33	22:25.08	4:17.09	7:12.9	4:29.0
52 RABENHORST, Josh	FR	Denver	-	22:27.19	4:19.20	7:13.6	4:29.4
53 GREBNER, John Paul	SR	Beckman Catholic	34	22:27.95	4:19.96	7:13.8	4:29.6
54 WIELAND, Kale	SR	Independence	35	22:29.24	4:21.25	7:14.3	4:29.8
55 MARTING, Tanner	SR	Waukon	-	22:30.15	4:22.16	7:14.6	4:30.0
56 MCGRAW, Aidan	JR	Alburnett	-	22:31.11	4:23.12	7:14.9	4:30.2
57 BEATTY, Cj	JR	Oelwein	36	22:31.67	4:23.68	7:15.0	4:30.3
58 DOWD, Landon	FR	Oelwein	37	22:37.51	4:29.52	7:16.9	4:31.5
59 HOHENBRINK, Nick	JR	North Fayette Valle	38	22:48.59	4:40.60	7:20.5	4:33.7
60 CLARK, Tommy	SR	North Fayette Valle	39	22:50.66	4:42.67	7:21.2	4:34.1
61 JUSTASON, Kyle	JR	Independence	40	22:51.77	4:43.78	7:21.5	4:34.4
62 KONGABLE, Nick	SO	Center Point-Urban	-	22:52.73	4:44.74	7:21.8	4:34.5
63 BIERMANN, Breven	JR	Tripoli	-	22:53.95	4:45.96	7:22.2	4:34.8
64 O'REAR, Zach	SR	West Delaware Ma	-	23:00.57	4:52.58	7:24.3	4:36.1
65 OSBORN, Westin	SO	Sumner-Fredericks	41	23:01.72	4:53.73	7:24.7	4:36.3
66 BERRY, Nevin	SR	Oelwein	42	23:07.89	4:59.90	7:26.7	4:37.6
67 HANKES, Drake	FR	Waukon	-	23:09.01	5:01.02	7:27.1	4:37.8
68 POST, Zach	JR	Center Point-Urban	-	23:09.88	5:01.89	7:27.3	4:38.0
69 BLAKE, Brennen	SO	Sumner-Fredericks	43	23:09.95	5:01.96	7:27.4	4:38.0
70 HURLEY, Elliot	SO	Independence	44	23:10.11	5:02.12	7:27.4	4:38.0
71 NELSON, Wyatt	SO	Starmont West Cen	45	23:10.92	5:02.93	7:27.7	4:38.2
72 STRAW, Carter	SR	Independence	46	23:13.57	5:05.58	7:28.5	4:38.7
73 PERRY, Will	SR	Independence	47	23:14.76	5:06.77	7:28.9	4:39.0
74 SCHAEFER, Finn	FR	Wapsie Valley Fairb	1	23:19.82	5:11.83	7:30.5	4:40.0
75 DANIELSEN, Cameron	SR	Hudson	-	23:20.16	5:12.17	7:30.6	4:40.0
76 KILER, Chase	JR	Independence	(48)	23:21.19	5:13.20	7:31.0	4:40.2
77 PINION, Caleb	FR	Starmont West Cen	49	23:23.45	5:15.46	7:31.7	4:40.7
78 RABENHORST, Joe	FR	Denver	-	23:24.31	5:16.32	7:32.0	4:40.9
79 SKINNER, Josh	FR	Cedar Valley Christi	-	23:27.66	5:19.67	7:33.1	4:41.5
80 SCHAEFER, Clay	JR	North Fayette Valle	(50)	23:40.00	5:32.01	7:37.0	4:44.0
81 JANSSEN, Max	JR	Vinton-Shellsburg	51	23:40.86	5:32.87	7:37.3	4:44.2
82 RABENHORST, Nate	SR	Denver	-	23:41.34	5:33.35	7:37.5	4:44.3
83 PFAB, Isaac	SO	North Linn Troy Mill	-	23:43.36	5:35.37	7:38.1	4:44.7
84 HAAS, Kaiden	FR	West Delaware Ma	-	23:47.30	5:39.31	7:39.4	4:45.5
85 KOLSRUD, Ryan	JR	Waukon	-	23:48.89	5:40.90	7:39.9	4:45.8
86 SWALES, Josiah	SO	Denver	-	23:59.56	5:51.57	7:43.3	4:47.9
87 TANEVIC, Matija		North Fayette Valle	(52)	24:00.96	5:52.97	7:43.8	4:48.2
88 BARTH, Luke	FR	North Linn Troy Mill	-	24:01.62	5:53.63	7:44.0	4:48.3
89 BANTZ, Braden	FR	Wapsie Valley Fairb	2	24:04.18	5:56.19	7:44.8	4:48.8
90 BRAM, Alex	FR	Wapsie Valley Fairb	3	24:06.08	5:58.09	7:45.4	4:49.2
91 DRISCOLL, Hunter	FR	Oelwein	53	24:08.82	6:00.83	7:46.3	4:49.8
92 CAHALAN, Kelby	FR	Waukon	-	24:13.24	6:05.25	7:47.7	4:50.6

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Race #4
Boys Junior Varsity 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
93 HAMANN, Dakota	JR	Edgewood-Colesbu	-	24:14.28	6:06.29	7:48.1	4:50.9
94 BUSHMAN, Hudson	FR	North Fayette Valle	-	24:22.69	6:14.70	7:50.8	4:52.5
95 HENNINGS, Adam	SR	Tripoli	-	24:25.40	6:17.41	7:51.6	4:53.1
96 BERUMEZ, Jacob	SO	Columbus Catholic	-	24:26.68	6:18.69	7:52.1	4:53.3
97 HELMRICHS, Cael	FR	Edgewood-Colesbu	-	24:27.50	6:19.51	7:52.3	4:53.5
98 WESTHOFF, Isaac	SR	Beckman Catholic	54	24:34.61	6:26.62	7:54.6	4:54.9
99 COLE, Kyler	SO	Edgewood-Colesbu	-	24:41.05	6:33.06	7:56.7	4:56.2
100 VRBA, Ian	SR	Vinton-Shellsburg	55	24:42.18	6:34.19	7:57.0	4:56.4
101 WHITE, Riley	JR	Beckman Catholic	56	24:47.30	6:39.31	7:58.7	4:57.5
102 LUENSMANN, Cole	FR	Beckman Catholic	57	24:48.46	6:40.47	7:59.1	4:57.7
103 SIMPSON, Jacob	SR	Starmont West Cen	58	24:48.64	6:40.65	7:59.1	4:57.7
104 POST, Cael	SO	Independence	(59)	24:49.09	6:41.10	7:59.3	4:57.8
105 PETERSON, Xander	SO	Denver	-	24:55.14	6:47.15	8:01.2	4:59.0
106 BIRCH, Tyler	SR	Aplington-Parkersb	-	25:03.70	6:55.71	8:04.0	5:00.7
107 WHITE, Jacob	FR	Dike-New Hartford	-	25:08.75	7:00.76	8:05.6	5:01.8
108 CHRISTENSON, Cal	FR	Vinton-Shellsburg	60	25:11.31	7:03.32	8:06.4	5:02.3
109 KING, Elijah	FR	Oelwein	61	25:18.99	7:11.00	8:08.9	5:03.8
110 MCGRAW, Cam	FR	Alburnett	-	25:21.62	7:13.63	8:09.7	5:04.3
111 WEEPIE, Marshall	FR	Wapsie Valley Fairb	4	25:22.91	7:14.92	8:10.2	5:04.6
112 HELLE, Zach	SO	Beckman Catholic	62	25:34.48	7:26.49	8:13.9	5:06.9
113 WILLIAMS, Mike	FR	Oelwein	(63)	25:35.39	7:27.40	8:14.2	5:07.1
114 L'HEUREUX, Rush	FR	Dike-New Hartford	-	25:36.39	7:28.40	8:14.5	5:07.3
115 DRUVENGA, Trey	JR	Dike-New Hartford	-	25:40.68	7:32.69	8:15.9	5:08.1
116 JAMES, Adyen	JR	Oelwein	(64)	25:54.51	7:46.52	8:20.3	5:10.9
117 PALMER, Landen	SO	West Delaware Ma	-	25:55.24	7:47.25	8:20.6	5:11.0
118 NISSEN, Logan	FR	Center Point-Urban	-	26:08.75	8:00.76	8:24.9	5:13.8
119 EIKE, Elijah	FR	Wapsie Valley Fairb	5	26:10.72	8:02.73	8:25.5	5:14.1
120 MASKE, Adam	SR	Aplington-Parkersb	-	26:11.21	8:03.22	8:25.7	5:14.2
121 BOOKMIER, Matthew	JR	Vinton-Shellsburg	(65)	26:25.00	8:17.01	8:30.1	5:17.0
122 REYNOLDS, Landon	SO	Aplington-Parkersb	-	26:33.99	8:26.00	8:33.0	5:18.8
123 MATT, Anderson	SR	Sumner-Fredericks	66	26:38.51	8:30.52	8:34.5	5:19.7
124 RECKER, Evan	SR	Starmont West Cen	67	26:39.27	8:31.28	8:34.7	5:19.9
125 CHOPARD, Aiden	FR	West Delaware Ma	-	27:07.80	8:59.81	8:43.9	5:25.6
126 STOCKS, Anthony	SR	Starmont West Cen	68	27:12.94	9:04.95	8:45.6	5:26.6
127 CORNWELL, Aiden	SO	Alburnett	-	27:13.58	9:05.59	8:45.8	5:26.7
128 BRYAN, Eric	FR	Wapsie Valley Fairb	(6)	27:17.09	9:09.10	8:46.9	5:27.4
129 KANE, Madden	FR	Wapsie Valley Fairb	(7)	27:21.19	9:13.20	8:48.2	5:28.2
130 STURTZ, Isaac	JR	Vinton-Shellsburg	(69)	27:26.12	9:18.13	8:49.8	5:29.2
131 WILLEY, Wyatt	SR	West Delaware Ma	-	27:28.53	9:20.54	8:50.6	5:29.7
132 HENKLE, Hayden	FR	Vinton-Shellsburg	-	27:44.15	9:36.16	8:55.6	5:32.8
133 CONN, Landon	FR	Cedar Valley Christi	-	27:44.29	9:36.30	8:55.7	5:32.9
134 HENNING, Alex	SO	Columbus Catholic	-	27:44.35	9:36.36	8:55.7	5:32.9
135 BOARDMAN, Caleb	FR	Starmont West Cen	(70)	27:47.52	9:39.53	8:56.7	5:33.5
136 DEKUTOSKI, Steven	FR	Hudson	-	27:51.34	9:43.35	8:57.9	5:34.3
137 PALMER, Hayden	FR	Waukon	-	28:48.84	10:40.8	9:16.4	5:45.8
138 KULA, Jayson	SO	Starmont West Cen	(71)	30:28.49	12:20.5	9:48.5	6:05.7

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Race #4
Boys Junior Varsity 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
139 PRIEBE, Eli	SO	Sumner-Fredericks	72	32:15.66	14:07.6	10:23.0	6:27.1
140 WILDER, DeShaun	SR	Tripoli	-	32:16.60	14:08.6	10:23.3	6:27.3
141 KELLY, Ethan	JR	Waukon	-	32:53.48	14:45.4	10:35.2	6:34.7
142 SZURLEY, Cameron		Wapsie Valley Fairb	-	34:20.30	16:12.3	11:03.1	6:52.1
143 BRITT, Mason	SO	Sumner-Fredericks	73	36:08.40	18:00.4	11:37.9	7:13.7
144 DAHLEN, Jonas	FR	Waterloo East	-	36:19.09	18:11.1	11:41.3	7:15.8
145 OLIND, McCoy	FR	Edgewood-Colesbu	-	36:24.25	18:16.2	11:43.0	7:16.9
146 SATTHERTHWAITE, Nick	FR	Denver	-	38:54.44	20:46.4	12:31.3	7:46.9
147 REGAN, Jacob	SO	Center Point-Urban	-	43:18.36	25:10.3	13:56.3	8:39.7

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Race #1
Girls Junior High 2 Mile

Final Results

RACE SUMMARY

Start Time: 4:00 pm

TEAM SCORING SUMMARY**Junior High**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 MS_West Delaware	83	2-13-19-24-25(46)(48)	1:16:29	15:18	1:49.7
2 MS_Denver	115	5-7-28-37-38(56)(57)	1:18:44	15:45	2:21.9
3 MS_North Fayette Valley	121	16-20-26-29-30(31)(42)	1:18:49	15:46	0:52.6
4 MS_East Buchanan	140	9-12-27-45-47(49)(58)	1:20:38	16:08	2:23.9
5 MS_North Linn	151	14-17-39-40-41(52)(60)	1:21:06	16:14	1:38.2
6 MS_Waukon	160	3-10-32-50-65(67)(68)	1:21:42	16:21	4:32.9
7 MS_Center Point-Urbana	182	11-15-44-51-61(63)(64)	1:23:16	16:40	3:09.2
8 MS_Wapsie Valley	192	21-22-23-55-71(78)(82)	1:24:23	16:53	3:45.5
9 MS_Alburnett	208	4-33-43-53-75	1:26:55	17:23	7:21.0
10 MS_Hudson	210	6-8-54-62-80(83)	1:29:14	17:51	8:52.4
11 MS_Vinton-Shellsburg	233	34-35-36-59-69(70)(74)	1:26:14	17:15	2:46.3
12 MS_Oelwein	309	1-66-77-81-84	1:50:09	22:02	18:14.7
13 MS_Waterloo Co-Op	318	18-72-73-76-79	1:39:52	19:59	6:58.8
DNP MS_Aplington - Parkersbur					
DNP MS_Independence					
DNP MS_Waterloo Co-Op					
DNP MS_Starmont West Central					
DNP MS_Turkey Valley					
DNP MS_North Fayette Valley					
DNP MS_Vinton-Shellsburg					
DNP MS_Eggedwood-Colesburg					
DNP MS_Waukon					
DNP MS_Wapsie Valley					
DNP MS_Janesville					
DNP MS_Dunkerton					
DNP MS_Cedar Valley Christian					

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 WASKOW, Abbi	8	MS_Dunkerton	-	13:23.92	---	6:42.0	4:09.7
2 SAUSER, Ashlynn	8	MS_Oelwein	1	13:37.21	13.29	6:48.6	4:13.8
3 KARTMAN, Brynn	8	MS_West Delaware	2	14:03.70	39.78	7:01.9	4:22.0
4 DOWNING, Miriam	7	MS_Waukon	3	14:12.85	48.93	7:06.4	4:24.9
5 MCGRAW, Josie	7	MS_Alburnett	4	14:17.59	53.67	7:08.8	4:26.3
6 STIKA, Bella	8	MS_Turkey Valley	-	14:20.31	56.39	7:10.2	4:27.2
7 DECKER, Adeline	8	MS_Denver	5	14:23.93	1:00.01	7:12.0	4:28.3
8 HANSEN, Reese	8	MS_Hudson	6	14:48.59	1:24.67	7:24.3	4:36.0

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Race #1
Girls Junior High 2 Mile

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
9	DOEPKE, Holland	8 MS_Denver	7	14:50.30	1:26.38	7:25.2	4:36.5
10	STRAYER, Kate	8 MS_Hudson	8	14:52.10	1:28.18	7:26.1	4:37.0
11	CONNOLLY, Jaden	7 MS_East Buchanan	9	14:55.90	1:31.98	7:28.0	4:38.2
12	KURTH, Makenna	8 MS_Waukon	10	15:01.25	1:37.33	7:30.6	4:39.9
13	KENDSCHL, Maci	7 MS_Center Point-U	11	15:02.82	1:38.90	7:31.4	4:40.4
14	BRADY, Whitney	7 MS_East Buchanan	12	15:04.87	1:40.95	7:32.4	4:41.0
15	SCHMITZ, Avery	8 MS_West Delaware	13	15:05.85	1:41.93	7:32.9	4:41.3
16	NIEMAN, Hazel	8 MS_Turkey Valley	-	15:08.76	1:44.84	7:34.4	4:42.2
17	HOOVER, Ava	8 MS_North Linn	14	15:13.16	1:49.24	7:36.6	4:43.6
18	DUNN, Avanti	8 MS_Center Point-U	15	15:13.42	1:49.50	7:36.7	4:43.7
19	ELLIOTT, Kendall	7 MS_North Fayette	16	15:13.43	1:49.51	7:36.7	4:43.7
20	HAUGHENBURY, Lucy	8 MS_North Linn	17	15:23.64	1:59.72	7:41.8	4:46.8
21	TUDOR, Mara	7 MS_Waterloo Co-O	18	15:31.27	2:07.35	7:45.6	4:49.2
22	KASS, Lily	7 MS_West Delaware	19	15:33.03	2:09.11	7:46.5	4:49.8
23	MURRAY, Anabel	7 MS_North Fayette	20	15:33.39	2:09.47	7:46.7	4:49.9
24	PETERSEN, Olivia	8 MS_Aplington - Par	-	15:37.14	2:13.22	7:48.6	4:51.0
25	MEYER, Ava	8 MS_Wapsie Valley	21	15:40.77	2:16.85	7:50.4	4:52.2
26	LUHRING, Emery	8 MS_Aplington - Par	-	15:41.85	2:17.93	7:50.9	4:52.5
27	KANE, Adalynn	7 MS_Wapsie Valley	22	15:42.08	2:18.16	7:51.0	4:52.6
28	BOHEME, Brinley	7 MS_Wapsie Valley	23	15:50.58	2:26.66	7:55.3	4:55.2
29	BARDGETT, Jeanne	7 MS_West Delaware	24	15:52.37	2:28.45	7:56.2	4:55.8
30	SCHULTE, Addison	8 MS_West Delaware	25	15:53.35	2:29.43	7:56.7	4:56.1
31	NURRE, Amanda	8 MS_Edgewood-Col	-	15:53.49	2:29.57	7:56.7	4:56.1
32	STARKWEATHER, Brielle	8 MS_North Fayette	26	15:55.49	2:31.57	7:57.7	4:56.7
33	STIEFEL, Lyla	7 MS_East Buchanan	27	15:59.07	2:35.15	7:59.5	4:57.8
34	MULERT, Emily	8 MS_Denver	28	15:59.78	2:35.86	7:59.9	4:58.1
35	MCGOWAN, Lexi	8 MS_North Fayette	29	16:00.36	2:36.44	8:00.2	4:58.2
36	TUDAHL, Megan	7 MS_North Fayette	30	16:05.99	2:42.07	8:03.0	5:00.0
37	BEYER, Ella	8 MS_Edgewood-Col	-	16:06.74	2:42.82	8:03.4	5:00.2
38	SWENSON, Anna	7 MS_North Fayette	(31)	16:09.92	2:46.00	8:05.0	5:01.2
39	HELGERSON, Kara	7 MS_Waukon	32	16:12.79	2:48.87	8:06.4	5:02.1
40	DEBROWER, Sydnee	7 MS_Alburnett	33	16:13.97	2:50.05	8:07.0	5:02.5
41	LUTZ, Aliyah	8 MS_Vinton-Shellsb	34	16:15.94	2:52.02	8:08.0	5:03.1
42	LUND, Araya	8 MS_Vinton-Shellsb	35	16:19.11	2:55.19	8:09.6	5:04.1
43	ROLLINGER, Kara	8 MS_Vinton-Shellsb	36	16:31.81	3:07.89	8:15.9	5:08.0
44	HOCKENSON, Madelyn	7 MS_Denver	37	16:44.09	3:20.17	8:22.0	5:11.8
45	DOEPKE, Jillian	7 MS_Denver	38	16:45.75	3:21.83	8:22.9	5:12.3
46	BURKE, Mackenzie	8 MS_North Linn	39	16:47.50	3:23.58	8:23.8	5:12.9
47	RAWSON, Delanie	7 MS_North Linn	40	16:50.06	3:26.14	8:25.0	5:13.7
48	BENESCH, Irys	7 MS_North Linn	41	16:51.32	3:27.40	8:25.7	5:14.1
49	FRANK, Hannah	7 MS_North Fayette	(42)	16:53.69	3:29.77	8:26.8	5:14.8
50	SESSLER, Sierra	8 MS_Aplington - Par	-	16:59.75	3:35.83	8:29.9	5:16.7
51	BURIS, Trinitee	7 MS_Alburnett	43	17:05.64	3:41.72	8:32.8	5:18.5
52	POPHAM, Lexi	7 MS_Starmont West	-	17:06.42	3:42.50	8:33.2	5:18.8
53	MILLER, Lola	8 MS_Center Point-U	44	17:10.00	3:46.08	8:35.0	5:19.9
54	KRUM, Natalie	7 MS_East Buchanan	45	17:18.32	3:54.40	8:39.2	5:22.5

2022 STARMONT INVITATIONAL

Arlington, IA
 Starmont High School
 Host: Starmont
 Tuesday, September 13, 2022

MEET OFFICIALS

Meet Director:
 Charlie Gruman
Meet Referee:
 Howard Simpson
Timing:
 Shannon Event Timings



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Race #1
Girls Junior High 2 Mile

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
55 LYNCH, Charly	8	MS_West Delaware	(46)	17:19.65	3:55.73	8:39.8	5:22.9
56 RIES, Kambria	7	MS_East Buchanan	47	17:19.76	3:55.84	8:39.9	5:22.9
57 RETH, Kaci	7	MS_West Delaware	(48)	17:19.78	3:55.86	8:39.9	5:22.9
58 DEVLIN, Claire	7	MS_East Buchanan	(49)	17:21.63	3:57.71	8:40.8	5:23.5
59 SCHULLO, Marissa	7	MS_Waukon	50	17:28.78	4:04.86	8:44.4	5:25.7
60 VSETECKA, Madalyn	7	MS_Turkey Valley	-	17:30.48	4:06.56	8:45.2	5:26.2
61 WYCKOFF, Brooklyn	7	MS_Center Point-U	51	17:37.14	4:13.22	8:48.6	5:28.3
62 SCHULTE, Gillian	8	MS_North Linn	(52)	17:38.27	4:14.35	8:49.1	5:28.7
63 CRIST, Esme	8	MS_Alburnett	53	17:38.66	4:14.74	8:49.3	5:28.8
64 LEWIS, Reagan	8	MS_Hudson	54	17:38.81	4:14.89	8:49.4	5:28.8
65 RULAPAUGH, Martha	7	MS_Wapsie Valley	55	17:42.74	4:18.82	8:51.4	5:30.0
66 STANLEY, Ellery	7	MS_Denver	(56)	17:48.44	4:24.52	8:54.2	5:31.8
67 OESTERLE, Serephie	7	MS_Denver	(57)	17:49.76	4:25.84	8:54.9	5:32.2
68 THURN, Evie	7	MS_East Buchanan	(58)	17:58.54	4:34.62	8:59.3	5:35.0
69 THOMPSON, Paige	8	MS_Starmont West	-	17:59.79	4:35.87	8:59.9	5:35.3
70 GRIMM, Chloe	7	MS_Vinton-Shellsb	59	18:04.77	4:40.85	9:02.4	5:36.9
71 HOEFER, Maryn	8	MS_West Delaware	-	18:06.03	4:42.11	9:03.0	5:37.3
72 PFAB, Savannah	8	MS_North Linn	(60)	18:08.64	4:44.72	9:04.3	5:38.1
73 CUE, Emily	7	MS_Center Point-U	61	18:12.01	4:48.09	9:06.0	5:39.1
74 TREVEY, Jaylea	8	MS_Hudson	62	18:13.53	4:49.61	9:06.8	5:39.6
75 BRUNS, McKenna	8	MS_North Linn	-	18:14.67	4:50.75	9:07.3	5:40.0
76 HEIDEMANN, Maggie	7	MS_Janesville	-	18:15.34	4:51.42	9:07.7	5:40.2
77 KARTMAN, Avery	8	MS_West Delaware	-	18:37.75	5:13.83	9:18.9	5:47.1
78 SPRAGUE, Sophia	7	MS_Center Point-U	(63)	18:37.88	5:13.96	9:18.9	5:47.2
79 ARNOLD, Makayla	7	MS_Center Point-U	(64)	18:40.53	5:16.61	9:20.3	5:48.0
80 ZUERCHER, Braelyn	7	MS_Waukon	65	18:45.74	5:21.82	9:22.9	5:49.6
81 COOK, Emily	8	MS_East Buchanan	-	18:47.14	5:23.22	9:23.6	5:50.0
82 HAAN, Makenzie	8	MS_West Delaware	-	18:49.89	5:25.97	9:24.9	5:50.9
83 EHN, Melissa	7	MS_Oelwein	66	18:53.92	5:30.00	9:27.0	5:52.1
84 BURICHTER, Tanner	7	MS_Waukon	(67)	18:56.30	5:32.38	9:28.2	5:52.9
85 BUSHMAN, Charity	7	MS_North Fayette	-	18:57.87	5:33.95	9:28.9	5:53.4
86 WINTER, Harper	7	MS_Waukon	(68)	18:58.26	5:34.34	9:29.1	5:53.5
87 MAHER, Kaylee	7	MS_North Linn	-	19:01.98	5:38.06	9:31.0	5:54.7
88 MOSSMAN, Sophie	7	MS_Vinton-Shellsb	69	19:02.22	5:38.30	9:31.1	5:54.7
89 BUNTEN, Maddie	7	MS_Vinton-Shellsb	(70)	19:13.15	5:49.23	9:36.6	5:58.1
90 GOEBEL, Emily	8	MS_Center Point-U	-	19:15.84	5:51.92	9:37.9	5:59.0
91 SCHUPBACH, Jisela	8	MS_North Fayette	-	19:18.11	5:54.19	9:39.1	5:59.7
92 GRAY, Carly	8	MS_Wapsie Valley	71	19:26.27	6:02.35	9:43.1	6:02.2
93 HANSEN, Katherine	8	MS_Independence	-	19:27.58	6:03.66	9:43.8	6:02.6
94 REMERT, Lydia	8	MS_Independence	-	19:27.82	6:03.90	9:43.9	6:02.7
95 MURPHY, Annalise	7	MS_Cedar Valley C	-	19:29.48	6:05.56	9:44.7	6:03.2
96 MCBRIDE, Ava	7	MS_Aplington - Par	-	19:30.30	6:06.38	9:45.2	6:03.4
97 BEATTY, Addison	8	MS_Independence	-	19:42.60	6:18.68	9:51.3	6:07.3
98 REAR, Brianna	8	MS_North Fayette	-	19:45.58	6:21.66	9:52.8	6:08.2
99 THOMPSON, Addy	8	MS_North Fayette	-	19:46.20	6:22.28	9:53.1	6:08.4
100 HEMPEL, Anna	8	MS_Waterloo Co-O	72	19:48.00	6:24.08	9:54.0	6:08.9

2022 STARMONT INVITATIONAL

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Race #1
Girls Junior High 2 Mile

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
101 FALCONER, Emma	7	MS_Center Point-U	-	19:54.62	6:30.70	9:57.3	6:11.0
102 BENNETT, Bre	7	MS_Waterloo Co-O	73	19:59.03	6:35.11	9:59.5	6:12.4
103 REYNOLDS, Bailey	7	MS_Center Point-U	-	20:13.54	6:49.62	10:06.8	6:16.9
104 THODE, Samantha	7	MS_Denver	-	20:18.88	6:54.96	10:09.4	6:18.5
105 WHITE, Alivia	7	MS_West Delaware	-	20:21.63	6:57.71	10:10.8	6:19.4
106 COOK, Sara	7	MS_East Buchanan	-	20:24.97	7:01.05	10:12.5	6:20.4
107 MILLENKAMP, Emma	7	MS_West Delaware	-	20:30.12	7:06.20	10:15.1	6:22.0
108 KASS, Katie	8	MS_West Delaware	-	20:33.42	7:09.50	10:16.7	6:23.0
109 HOUGH, Gwenyth	7	MS_West Delaware	-	20:35.22	7:11.30	10:17.6	6:23.6
110 BERNS, Addison	8	MS_Waukon	-	20:39.65	7:15.73	10:19.8	6:25.0
111 CONDRY, Libby	7	MS_Vinton-Shellsb	(74)	21:14.02	7:50.10	10:37.0	6:35.7
112 CARTER, Jassie	7	MS_Alburnett	75	21:38.50	8:14.58	10:49.3	6:43.3
113 MCGRAW, Claire	7	MS_North Linn	-	21:52.60	8:28.68	10:56.3	6:47.6
114 GREEN, Latianna	8	MS_Waterloo Co-O	76	22:03.20	8:39.28	11:01.6	6:50.9
115 HERSHEY, Jenna	7	MS_Oelwein	77	22:03.32	8:39.40	11:01.7	6:51.0
116 BEHNKE, Mira	7	MS_Wapsie Valley	(78)	22:08.13	8:44.21	11:04.1	6:52.5
117 PALMER, Natalie	8	MS_West Delaware	-	22:11.44	8:47.52	11:05.7	6:53.5
118 LOECKE, Emma	8	MS_West Delaware	-	22:21.33	8:57.41	11:10.7	6:56.6
119 KATCHER, Isabelle	7	MS_Center Point-U	-	22:29.20	9:05.28	11:14.6	6:59.0
120 LUMSDEN, Courtney	7	MS_Waterloo Co-O	79	22:30.06	9:06.14	11:15.0	6:59.3
121 MOURLAM, Emily	8	MS_Center Point-U	-	22:31.13	9:07.21	11:15.6	6:59.6
122 BALL, Olivia	7	MS_Hudson	80	23:40.95	10:17.0	11:50.5	7:21.3
123 VINE, Genna	7	MS_Oelwein	81	23:41.71	10:17.7	11:50.9	7:21.5
124 STARRETT, Trinity	8	MS_North Fayette	-	23:48.75	10:24.8	11:54.4	7:23.7
125 FAUST, Jenta	7	MS_Wapsie Valley	(82)	24:24.66	11:00.7	12:12.3	7:34.9
126 BACH, Bryar	7	MS_North Linn	-	24:27.54	11:03.6	12:13.8	7:35.8
127 SEELEY, Makayla	8	MS_West Delaware	-	24:58.08	11:34.1	12:29.0	7:45.2
128 BARBER, Kati	7	MS_Hudson	(83)	28:48.95	15:25.0	14:24.5	8:56.9
129 HAMPTON, Melissa	7	MS_Oelwein	84	31:51.87	18:27.9	15:55.9	9:53.7

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Race #2
Boys Junior High 2 Mile

Final Results**RACE SUMMARY**

Start Time: 4:20 pm

TEAM SCORING SUMMARY**Junior High**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 MS_Denver	34	1-2-4-12-15(18)(26)	1:03:41	12:45	1:25.8
2 MS_Waukon	99	6-14-22-28-29(37)(65)	1:08:38	13:44	1:32.6
3 MS_North Fayette Valley	109	9-10-19-32-39(52)(54)	1:09:43	13:57	1:37.8
4 MS_Center Point-Urbana	114	5-11-24-34-40(56)(62)	1:09:38	13:56	2:24.6
5 MS_Waterloo Co-Op	134	3-8-27-35-61(66)(70)	1:10:46	14:10	4:31.7
6 MS_Starmont West Central	140	16-17-33-36-38(44)(85)	1:11:35	14:19	1:09.3
7 MS_West Delaware	191	7-23-47-55-59(60)(86)	1:15:01	15:01	3:43.5
8 MS_Independence	224	20-25-50-51-78(81)	1:18:15	15:39	4:52.6
9 MS_Oelwein	244	21-41-48-63-71(75)(76)	1:18:46	15:46	3:41.0
10 MS_Vinton-Shellsburg	246	30-45-46-58-67(69)(77)	1:18:36	15:44	3:05.3
11 MS_Hudson	261	13-42-43-79-84	1:24:11	16:51	7:40.7
12 MS_Alburnett	278	31-49-57-68-73(80)	1:21:14	16:15	3:33.8
13 MS_Wapsie Valley	345	53-64-72-74-82(83)	1:28:27	17:42	3:54.9
DNP MS_Vinton-Shellsburg					
DNP MS_Janesville					
DNP MS_Eggedwood-Colesburg					
DNP MS_Aplington - Parkersbur					
DNP MS_East Buchanan					
DNP MS_Turkey Valley					
DNP MS_Cedar Valley Christian					
DNP MS_Waterloo Co-Op					
DNP MS_Wapsie Valley					
DNP MS_Oelwein					
DNP MS_Starmont West Central					
DNP MS_Alburnett					
DNP MS_West Delaware					

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 GOMEZ, Jesse	7	MS_Denver	1	12:07.26	---	6:03.6	3:45.9
2 ROETHLER, Lincoln	8	MS_Denver	2	12:08.17	.91	6:04.1	3:46.1
3 KERKOVE, Josh	8	MS_Waterloo Co-O	3	12:12.27	5.01	6:06.1	3:47.4
4 HOMAN, Devin	8	MS_Denver	4	12:25.91	18.65	6:13.0	3:51.6
5 GRAHAM, Levi	8	MS_Center Point-U	5	12:35.99	28.73	6:18.0	3:54.8
6 BREITSPRECHER, Sawyer	8	MS_Waukon	6	12:41.85	34.59	6:20.9	3:56.6
7 WHITE, Brendan	8	MS_West Delaware	7	12:55.84	48.58	6:27.9	4:00.9
8 WILSON, Guyan	8	MS_Waterloo Co-O	8	13:05.30	58.04	6:32.6	4:03.9

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Race #2
Boys Junior High 2 Mile

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
9 JANSSEN, Graeden	7	MS_Aplington - Par	-	13:06.81	59.55	6:33.4	4:04.4
10 ALLI, Arefat	8	MS_Cedar Valley C	-	13:13.78	1:06.52	6:36.9	4:06.5
11 HUCK, Robert	8	MS_North Fayette	9	13:15.44	1:08.18	6:37.7	4:07.0
12 GROVE, Brody	7	MS_North Fayette	10	13:22.74	1:15.48	6:41.4	4:09.3
13 BAUMGARTEL, Blake	8	MS_Center Point-U	11	13:23.67	1:16.41	6:41.8	4:09.6
14 PAGEL, Ethan	7	MS_Denver	12	13:26.08	1:18.82	6:43.0	4:10.3
15 GREIMAN, Casey	8	MS_Hudson	13	13:30.46	1:23.20	6:45.2	4:11.7
16 BAXTER, Jacob	8	MS_Waukon	14	13:31.04	1:23.78	6:45.5	4:11.9
17 WALTON, Cy	7	MS_Denver	15	13:33.01	1:25.75	6:46.5	4:12.5
18 TIMMERMAN, Jagger	8	MS_Starmont West	16	13:42.64	1:35.38	6:51.3	4:15.5
19 GELNER, Ben	7	MS_Starmont West	17	13:42.94	1:35.68	6:51.5	4:15.6
20 VALVERDE, Maddox	7	MS_Denver	(18)	13:43.13	1:35.87	6:51.6	4:15.6
21 MUELLER, Zander	7	MS_North Fayette	19	13:48.70	1:41.44	6:54.4	4:17.4
22 FRANZEN, Avery	8	MS_Turkey Valley	-	13:48.72	1:41.46	6:54.4	4:17.4
23 SENNE, Niles	7	MS_Independence	20	13:51.07	1:43.81	6:55.5	4:18.1
24 IRVINE, Kaiden	7	MS_Oelwein	21	13:53.99	1:46.73	6:57.0	4:19.0
25 RETALLICK, Zeke	7	MS_Waukon	22	13:58.50	1:51.24	6:59.3	4:20.4
26 MATHER, Clay	8	MS_West Delaware	23	14:01.47	1:54.21	7:00.7	4:21.3
27 MCCORMICK, Luke	7	MS_Center Point-U	24	14:02.62	1:55.36	7:01.3	4:21.7
28 PREUSS, Brody	7	MS_Independence	25	14:03.05	1:55.79	7:01.5	4:21.8
29 COOPER, Jack	7	MS_Denver	(26)	14:04.07	1:56.81	7:02.0	4:22.1
30 RITTER, Harrison	8	MS_Waterloo Co-O	27	14:08.13	2:00.87	7:04.1	4:23.4
31 PECK, Kyle	7	MS_East Buchanan	-	14:10.03	2:02.77	7:05.0	4:24.0
32 KNOX, Parker	7	MS_Waukon	28	14:11.65	2:04.39	7:05.8	4:24.5
33 FROYUM ROISE, Isak	8	MS_Denver	-	14:13.11	2:05.85	7:06.6	4:24.9
34 RASMUSSEN, Cayden	7	MS_Waukon	29	14:14.42	2:07.16	7:07.2	4:25.3
35 ALLEN, Leif	8	MS_Vinton-Shellsb	30	14:16.71	2:09.45	7:08.4	4:26.1
36 FORD, Anson	8	MS_Alburnett	31	14:17.41	2:10.15	7:08.7	4:26.3
37 FRIEDEN, Broden	8	MS_North Fayette	32	14:22.60	2:15.34	7:11.3	4:27.9
38 POPE, Jackson	8	MS_Starmont West	33	14:29.54	2:22.28	7:14.8	4:30.0
39 MICHAEL, Jacob	7	MS_Aplington - Par	-	14:30.35	2:23.09	7:15.2	4:30.3
40 SALOW, Cael	8	MS_Center Point-U	34	14:34.50	2:27.24	7:17.3	4:31.6
41 MENDOZA, Sonny	7	MS_Waterloo Co-O	35	14:35.83	2:28.57	7:17.9	4:32.0
42 REYNOLDS, Adian	8	MS_Edgewood-Col	-	14:37.47	2:30.21	7:18.7	4:32.5
43 SWALES, Maison	8	MS_Starmont West	36	14:47.62	2:40.36	7:23.8	4:35.7
44 LANGE, Garner	8	MS_Waukon	(37)	14:47.80	2:40.54	7:23.9	4:35.7
45 VANDE HAAR, Gerrit	8	MS_Janesville	-	14:50.83	2:43.57	7:25.4	4:36.7
46 OTDOERFER, Izaiah	7	MS_Starmont West	38	14:51.88	2:44.62	7:25.9	4:37.0
47 WHITE, Bjorn	7	MS_North Fayette	39	14:53.16	2:45.90	7:26.6	4:37.4
48 HUGHES, Zach	7	MS_Center Point-U	40	15:00.50	2:53.24	7:30.3	4:39.7
49 RADER, Silas	8	MS_Oelwein	41	15:02.69	2:55.43	7:31.3	4:40.3
50 WARNELL, Cohen	8	MS_Hudson	42	15:09.62	3:02.36	7:34.8	4:42.5
51 BUSKOHL, Charlie	7	MS_Hudson	43	15:12.02	3:04.76	7:36.0	4:43.2
52 PAUTSCH, Henry	7	MS_Denver	-	15:12.67	3:05.41	7:36.3	4:43.4
53 SIECK, Lincoln	8	MS_Starmont West	(44)	15:14.27	3:07.01	7:37.1	4:43.9
54 BIRKER, Cole	7	MS_Vinton-Shellsb	45	15:19.66	3:12.40	7:39.8	4:45.6

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Race #2
Boys Junior High 2 Mile

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
55 PRIMROSE, Will	7	MS_Vinton-Shellsb	46	15:20.72	3:13.46	7:40.4	4:45.9
56 QUINT, Phinehas	8	MS_West Delaware	47	15:21.21	3:13.95	7:40.6	4:46.1
57 SHERRETS, Kaleb	7	MS_East Buchanan	-	15:24.97	3:17.71	7:42.5	4:47.3
58 GOELLER, Anders	8	MS_Oelwein	48	15:25.45	3:18.19	7:42.7	4:47.4
59 GREGORSOK, Seth	8	MS_Janesville	-	15:28.10	3:20.84	7:44.1	4:48.2
60 BOHL, Henry	7	MS_Alburnett	49	15:29.01	3:21.75	7:44.5	4:48.5
61 HERNANDEZ, Rio	7	MS_Cedar Valley C	-	15:29.68	3:22.42	7:44.8	4:48.7
62 MCINTOSH, Trey	7	MS_Denver	-	15:30.51	3:23.25	7:45.3	4:49.0
63 JENKINS, Cash	8	MS_Independence	50	15:43.96	3:36.70	7:52.0	4:53.2
64 BAILEY, Eli	7	MS_Edgewood-Col	-	15:48.06	3:40.80	7:54.0	4:54.4
65 WESTENDORF, Jason	8	MS_Janesville	-	15:49.29	3:42.03	7:54.6	4:54.8
66 PUFFETT, Jacob	7	MS_Independence	51	15:52.36	3:45.10	7:56.2	4:55.8
67 SASS, Sam	7	MS_North Fayette	(52)	15:53.59	3:46.33	7:56.8	4:56.1
68 HEASLEY-EIKE, Jace	7	MS_Wapsie Valley	53	15:55.00	3:47.74	7:57.5	4:56.6
69 MARCKS, Keaton	7	MS_North Fayette	(54)	16:02.55	3:55.29	8:01.3	4:58.9
70 CLEMEN-JONES, Keegan	8	MS_West Delaware	55	16:02.79	3:55.53	8:01.4	4:59.0
71 MCGONEGLE, Jackson	8	MS_Center Point-U	(56)	16:12.05	4:04.79	8:06.0	5:01.9
72 BIEBER, Elliot	7	MS_Aplington - Par	-	16:13.51	4:06.25	8:06.8	5:02.3
73 SCHECHINGER, Seth	8	MS_Alburnett	57	16:13.65	4:06.39	8:06.8	5:02.4
74 MEYER, Jonah	7	MS_Vinton-Shellsb	58	16:16.82	4:09.56	8:08.4	5:03.4
75 TUCKER, Hayden	8	MS_West Delaware	59	16:39.32	4:32.06	8:19.7	5:10.3
76 SELLERS, Ethan	8	MS_West Delaware	(60)	16:39.34	4:32.08	8:19.7	5:10.4
77 DUNKERTON, Jeremiah	8	MS_Waterloo Co-O	61	16:43.89	4:36.63	8:21.9	5:11.8
78 KELLY, Gavin	7	MS_Center Point-U	(62)	16:46.10	4:38.84	8:23.1	5:12.5
79 SANFORD, Cameron	7	MS_Center Point-U	-	16:46.23	4:38.97	8:23.1	5:12.5
80 BURKEY, Landon	8	MS_Oelwein	63	16:48.31	4:41.05	8:24.2	5:13.1
81 LYNCH, Scottie	7	MS_Cedar Valley C	-	16:56.17	4:48.91	8:28.1	5:15.6
82 MCCONNELEE, Devin	8	MS_Wapsie Valley	64	16:59.30	4:52.04	8:29.7	5:16.6
83 RAMBO, Reece	8	MS_Center Point-U	-	17:10.36	5:03.10	8:35.2	5:20.0
84 KELLY, Jackson	8	MS_Center Point-U	-	17:13.38	5:06.12	8:36.7	5:20.9
85 STRITTMATER, Zach	7	MS_Waukon	(65)	17:15.87	5:08.61	8:37.9	5:21.7
86 DAVIS, Ryker	8	MS_Center Point-U	-	17:17.36	5:10.10	8:38.7	5:22.2
87 MANGRICH, Hunter	7	MS_Waterloo Co-O	(66)	17:17.99	5:10.73	8:39.0	5:22.4
88 BRINCKS, Isaac	7	MS_North Fayette	-	17:18.52	5:11.26	8:39.3	5:22.5
89 GRIMM, Kashton	7	MS_Vinton-Shellsb	67	17:22.01	5:14.75	8:41.0	5:23.6
90 OLINGER, Wyatt	8	MS_Alburnett	68	17:22.31	5:15.05	8:41.2	5:23.7
91 MANGOLD, Reid	7	MS_Vinton-Shellsb	(69)	17:22.33	5:15.07	8:41.2	5:23.7
92 GUYER, Cam	8	MS_North Fayette	-	17:24.51	5:17.25	8:42.3	5:24.4
93 MAUE, Gabe	7	MS_Center Point-U	-	17:31.79	5:24.53	8:45.9	5:26.6
94 ALLISON, Alex	7	MS_Waterloo Co-O	(70)	17:33.10	5:25.84	8:46.6	5:27.0
95 PETERS, Colten	8	MS_Oelwein	71	17:34.93	5:27.67	8:47.5	5:27.6
96 GROSS, Isaac	7	MS_Center Point-U	-	17:46.45	5:39.19	8:53.2	5:31.2
97 TIEDT, Oliver	7	MS_Wapsie Valley	72	17:49.91	5:42.65	8:55.0	5:32.3
98 STANLEY-JONES, Oliver	8	MS_Alburnett	73	17:51.16	5:43.90	8:55.6	5:32.7
99 SANDER, Carter	7	MS_Wapsie Valley	74	17:52.71	5:45.45	8:56.4	5:33.1
100 GEARHART, Alecander	7	MS_North Fayette	-	17:52.77	5:45.51	8:56.4	5:33.2

2022 STARMONT INVITATIONAL

Arlington, IA
 Starmont High School
 Host: Starmont
 Tuesday, September 13, 2022

MEET OFFICIALS

Meet Director:
 Charlie Gruman
Meet Referee:
 Howard Simpson
Timing:
 Shannon Event Timings



OFFICIAL MEET REPORT
 printed: 9/13/2022 7:07 PM

Race #2
Boys Junior High 2 Mile

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
101 KEPLER, Chase	7	MS_Edgewood-Col	-	17:55.23	5:47.97	8:57.6	5:33.9
102 SPERFSLAGE, Tanner	8	MS_Oelwein	(75)	17:55.86	5:48.60	8:57.9	5:34.1
103 GIESELMAN, Simon	7	MS_Oelwein	(76)	18:09.45	6:02.19	9:04.7	5:38.3
104 DEE, Cameron	7	MS_Vinton-Shellsb	(77)	18:14.32	6:07.06	9:07.2	5:39.9
105 PAGE, Carson	7	MS_Vinton-Shellsb	-	18:15.63	6:08.37	9:07.8	5:40.3
106 DUFOE, Jonathan	7	MS_Center Point-U	-	18:17.32	6:10.06	9:08.7	5:40.8
107 MANCHESTER, Zady	7	MS_Denver	-	18:19.78	6:12.52	9:09.9	5:41.5
108 RAEL, Brandon	7	MS_Oelwein	-	18:21.81	6:14.55	9:10.9	5:42.2
109 KOVARIK, Andrew	7	MS_North Fayette	-	18:22.19	6:14.93	9:11.1	5:42.3
110 RADER, Patrick	7	MS_Oelwein	-	18:26.05	6:18.79	9:13.0	5:43.5
111 LECLAIRE, Braiden	7	MS_Independence	78	18:43.64	6:36.38	9:21.8	5:49.0
112 STANSBERRY, Tytus	7	MS_North Fayette	-	18:48.68	6:41.42	9:24.3	5:50.5
113 BOLICK, Carter	8	MS_Waterloo Co-O	-	18:55.95	6:48.69	9:28.0	5:52.8
114 SWANSON, Carter	8	MS_Hudson	79	19:06.82	6:59.56	9:33.4	5:56.2
115 BURKE, Kaden	7	MS_Alburnett	(80)	19:30.25	7:22.99	9:45.1	6:03.4
116 GOLDBERG, Kyler	7	MS_Waterloo Co-O	-	19:45.97	7:38.71	9:53.0	6:08.3
117 KOTH, Teegan	8	MS_Independence	(81)	19:47.94	7:40.68	9:54.0	6:08.9
118 SZURLEY, Bailey	7	MS_Wapsie Valley	82	19:49.84	7:42.58	9:54.9	6:09.5
119 GANSEN, Noah	7	MS_Janesville	-	19:57.18	7:49.92	9:58.6	6:11.8
120 THOMAS, Emery	7	MS_Denver	-	20:02.21	7:54.95	10:01.1	6:13.4
121 BERNHARD, Nicholas	8	MS_Turkey Valley	-	20:23.51	8:16.25	10:11.8	6:20.0
122 MICK, Rhys	8	MS_Vinton-Shellsb	-	20:33.77	8:26.51	10:16.9	6:23.2
123 MATTHIAS, Daniel	7	MS_Wapsie Valley	(83)	20:40.71	8:33.45	10:20.4	6:25.3
124 TURNUS, Zach	7	MS_Vinton-Shellsb	-	20:48.89	8:41.63	10:24.4	6:27.9
125 RUEBER, Adam	8	MS_Hudson	84	21:11.15	9:03.89	10:35.6	6:34.8
126 STEWART, Carter	7	MS_Starmont West	(85)	21:36.19	9:28.93	10:48.1	6:42.5
127 BRECKENFELDER, Evan	7	MS_West Delaware	(86)	21:39.63	9:32.37	10:49.8	6:43.6
128 GRAWE, Brayden	8	MS_Starmont West	-	21:42.72	9:35.46	10:51.4	6:44.6
129 ROBBINS, Kinnick	7	MS_Edgewood-Col	-	21:50.79	9:43.53	10:55.4	6:47.1
130 POWERS, Brayden	7	MS_Waterloo Co-O	-	21:54.58	9:47.32	10:57.3	6:48.3
131 SCHLEMMER, Aden	7	MS_Center Point-U	-	21:59.24	9:51.98	10:59.6	6:49.7
132 KETCHAM, La'Dontrell	7	MS_Vinton-Shellsb	-	22:07.00	9:59.74	11:03.5	6:52.1
133 YOUNG, John	7	MS_Waterloo Co-O	-	22:18.43	10:11.1	11:09.2	6:55.7