



CRESTWOOD INVITATIONAL

Cresco, IA

Cresco Country Club

10/1/2022

Race #1

Girls Jr High 2 Mile

FINAL RESULTS

TEAM SCORING SUMMARY

| Final Standings | Score | Total | Avg. | Division |
|--------------------|-------|---------|-------|----------|
| 1 MS_Decorah | 47 | 1:14:12 | 14:51 | |
| 2 MS_Crestwood | 55 | 1:14:47 | 14:58 | |
| 3 Waukon | 67 | 1:16:10 | 15:14 | |
| 4 South Winneshiek | 75 | 1:22:04 | 16:25 | |
| 5 MS_Postville | 110 | 1:22:14 | 16:27 | |

INDIVIDUAL RESULTS

| Athlete | Team | Score | Time |
|---------------------------|------------------|-------|----------|
| 1 Sophie Glaser | New Hampton | -- | 13:00.89 |
| 2 Ava Daley | MS_Crestwood | 1 | 13:27.01 |
| 3 Miriam Downing | Waukon | 2 | 13:45.02 |
| 4 Bella Stika | MS_Turkey Valley | -- | 13:54.68 |
| 5 Olivia Volkmann | MS_Decorah | 3 | 13:56.18 |
| 6 Lexus Dohlman | MS_Crestwood | 4 | 14:09.42 |
| 7 Annie Hageman | South Winneshiek | 5 | 14:38.23 |
| 8 Ava Franzen | South Winneshiek | 6 | 14:43.95 |
| 9 Alandra Mercado-Arneson | MS_Decorah | 7 | 14:49.55 |
| 10 Lauren Ondrashek | South Winneshiek | 8 | 14:49.60 |
| 11 Makenna Kurth | Waukon | 9 | 14:53.72 |
| 12 Ella Dennler | MS_Crestwood | 10 | 15:02.79 |
| 13 Tori Stammeyer | MS_Decorah | 11 | 15:08.51 |
| 14 Cassie Stammeyer | MS_Decorah | 12 | 15:08.61 |
| 15 Josy Vivero | MS_Postville | 13 | 15:08.68 |
| 16 Vivian Searcy | MS_Decorah | 14 | 15:08.96 |
| 17 Lillian Dahlen | MS_Decorah | 15 | 15:22.18 |
| 18 Bryiah Stewart | Waukon | 16 | 15:23.58 |
| 19 Maggie Gavle | MS_Decorah | 17 | 15:33.03 |
| 20 Lulu Bellrichard | MS_Decorah | -- | 15:35.16 |
| 21 Kelsey Adams | MS_Crestwood | 18 | 15:37.37 |
| 22 Rachel Weis | MS_Decorah | -- | 15:46.01 |
| 23 Kara Helgerson | Waukon | 19 | 15:48.71 |
| 24 Claire Storhoff | MS_Decorah | -- | 15:50.89 |

| | Athlete | Team | Score | Time |
|----|-------------------------|------------------|--------------|-------------|
| 25 | Adeline Bollinger | MS_Decorah | -- | 15:58.95 |
| 26 | Willow Blair | MS_Decorah | -- | 15:59.00 |
| 27 | Lakin Evans | MS_Riceville | -- | 16:00.22 |
| 28 | Natalie Holthaus | MS_Decorah | -- | 16:04.79 |
| 29 | Isabelle White | MS_Postville | 20 | 16:14.54 |
| 30 | Loni Johnson | MS_Riceville | -- | 16:14.68 |
| 31 | Marissa Schullo | Waukon | 21 | 16:18.85 |
| 32 | Jillian Volz | MS_Decorah | -- | 16:26.31 |
| 33 | Kassidy Meyerhoff | New Hampton | -- | 16:27.80 |
| 34 | Lola Millage | MS_Crestwood | 22 | 16:30.06 |
| 35 | Violet Schmelzer | South Winneshiek | 23 | 16:32.59 |
| 36 | Brenda Gonzalez-Juarez | MS_Postville | 24 | 16:34.46 |
| 37 | Esveydi Palafox-Schultz | MS_Postville | 25 | 16:36.05 |
| 38 | Tegyn Sanderman | MS_Decorah | -- | 16:42.78 |
| 39 | Camryn Quandahl | MS_Decorah | -- | 16:43.49 |
| 40 | Teagan Menke | MS_Decorah | -- | 16:44.07 |
| 41 | Addison Neville | New Hampton | -- | 16:47.21 |
| 42 | Katherine Pattison | MS_Decorah | -- | 16:52.58 |
| 43 | Harper Winter | Waukon | 26 | 16:59.02 |
| 44 | Madalyn Vsetecka | MS_Turkey Valley | -- | 17:01.04 |
| 45 | Liv Anderson | MS_Decorah | -- | 17:06.85 |
| 46 | Kennedy Carlson | MS_Decorah | -- | 17:08.52 |
| 47 | Simone Downing | MS_Decorah | -- | 17:21.03 |
| 48 | Addisyn Berns | Waukon | 27 | 17:24.67 |
| 49 | Sophia McGee | MS_Decorah | -- | 17:28.51 |
| 50 | Cameron Thiele | MS_Decorah | -- | 17:29.59 |
| 51 | Poppy Bellrichard | MS_Decorah | -- | 17:29.63 |
| 52 | Nina Sessions | MS_Decorah | -- | 17:30.74 |
| 53 | Olivia Enyart | MS_Postville | 28 | 17:39.60 |
| 54 | Tanner Burrichter | Waukon | -- | 18:02.06 |
| 55 | Sophie Perez | MS_Postville | 29 | 18:19.84 |
| 56 | Bryleigh Slavin | MS_Crestwood | 30 | 18:26.12 |
| 57 | Raelyn Newhouse | MS_Decorah | -- | 18:43.23 |
| 58 | Evelyn Opheim | MS_Decorah | -- | 18:43.35 |
| 59 | Madi Fritcher-Larson | MS_Crestwood | 31 | 19:16.73 |
| 60 | Avery Church | MS_Crestwood | -- | 19:17.90 |
| 61 | Braelyn Zuercher | Waukon | -- | 19:22.68 |
| 62 | Kylie Lemke | MS_Decorah | -- | 19:38.88 |
| 63 | Frankie Kollasch | MS_Decorah | -- | 19:45.32 |
| 64 | Brielle Munkel | MS_Crestwood | -- | 19:46.66 |
| 65 | Ava Hanson | MS_Decorah | -- | 19:49.98 |
| 66 | Brandi Nehls | MS_Decorah | -- | 19:52.82 |
| 67 | Leticia Dahl | MS_Postville | 32 | 20:58.85 |
| 68 | Rachel Johnson | South Winneshiek | 33 | 21:18.96 |
| 69 | Fernanda Hernandez | MS_Postville | -- | 21:32.08 |

Race #2
Boys Jr High 2 Mile
FINAL RESULTS
TEAM SCORING SUMMARY

| Final Standings | Score | Total | Avg. | Division |
|--------------------|-------|---------|-------|----------|
| 1 MS_Decorah | 18 | 1:01:39 | 12:20 | |
| 2 MS_Postville | 67 | 1:09:33 | 13:55 | |
| 3 South Winneshiek | 90 | 1:12:20 | 14:28 | |
| 4 MS_Riceville | 93 | 1:13:59 | 14:48 | |
| 5 MS_Crestwood | 104 | 1:14:24 | 14:53 | |

INDIVIDUAL RESULTS

| Athlete | Team | Score | Time |
|-------------------------|------------------|-------|----------|
| 1 Spencer Christensen | MS_Decorah | 1 | 12:07.50 |
| 2 Liam Huang | MS_Decorah | 2 | 12:10.41 |
| 3 Connor Stumme | New Hampton | -- | 12:13.34 |
| 4 Masud Hashi | MS_Postville | 3 | 12:21.80 |
| 5 Kyan Oftedah | MS_Decorah | 4 | 12:22.78 |
| 6 Jack Delarosa | MS_Decorah | 5 | 12:28.86 |
| 7 Oak Pasche | MS_Decorah | 6 | 12:28.94 |
| 8 Kelton Casterton | MS_Decorah | 7 | 12:40.13 |
| 9 Oscar Grimstad | MS_Decorah | 8 | 12:45.22 |
| 10 Derek Hrdlicka | MS_Decorah | -- | 12:46.58 |
| 11 Keaton Vobr | MS_Crestwood | 9 | 12:54.31 |
| 12 Logan Nalean-Carlson | MS_Decorah | -- | 12:57.97 |
| 13 Owen Rix | MS_Decorah | -- | 13:00.24 |
| 14 Cedric Navaro | MS_Postville | 10 | 13:17.84 |
| 15 Darinel Ramirez | MS_Postville | 11 | 13:25.84 |
| 16 Weston Cote | MS_Decorah | -- | 13:29.73 |
| 17 Asher Ebert | MS_Riceville | 12 | 13:40.93 |
| 18 Hugh Conway | South Winneshiek | 13 | 13:44.14 |
| 19 Clayton Kuboushek | South Winneshiek | 14 | 13:54.62 |
| 20 Jack Knode | MS_Riceville | 15 | 14:06.62 |
| 21 Parker Evans | MS_Riceville | 16 | 14:17.47 |
| 22 Mitchell Williams | MS_Crestwood | 17 | 14:18.45 |
| 23 Cameron Einck | South Winneshiek | 18 | 14:25.61 |
| 24 Andrew Moore | MS_Riceville | 19 | 14:28.63 |
| 25 Maxwell Goodner | MS_Decorah | -- | 14:37.79 |
| 26 Levi Feickert | South Winneshiek | 20 | 14:42.10 |
| 27 Evan Madsen | MS_Decorah | -- | 14:44.10 |
| 28 Nils Peterson | MS_Decorah | -- | 14:44.99 |
| 29 Emmanuel Hernandez | MS_Postville | 21 | 15:10.28 |
| 30 Michael Hill | MS_Postville | 22 | 15:16.61 |

| Athlete | Team | Score | Time |
|----------------------|------------------|--------------|-------------|
| 31 Dylan Brincks | MS_Decorah | -- | 15:17.45 |
| 32 Karson Latwesen | MS_Crestwood | 23 | 15:26.80 |
| 33 Hugo Hernandez | MS_Postville | 24 | 15:29.99 |
| 34 Myles Green | South Winneshiek | 25 | 15:32.68 |
| 35 Caden Tieskoetter | South Winneshiek | 26 | 15:32.78 |
| 36 Andrew Kammerer | MS_Crestwood | 27 | 15:45.39 |
| 37 Cody Sobolik | MS_Crestwood | 28 | 15:58.23 |
| 38 Gael Torres | MS_Postville | 29 | 16:55.49 |
| 39 Wyatt Birdsell | MS_Decorah | -- | 17:00.84 |
| 40 Pranav Caton | MS_Decorah | -- | 17:05.83 |
| 41 Luke Kruckman | South Winneshiek | 30 | 17:16.80 |
| 42 Jonathan Hatle | MS_Riceville | 31 | 17:24.58 |
| 43 Nicholas Bernhard | MS_Turkey Valley | -- | 17:45.79 |
| 44 Noah Potvin | MS_Decorah | -- | 17:56.16 |
| 45 Earl Lineau | South Winneshiek | -- | 18:38.67 |
| 46 Jordan Einck | South Winneshiek | -- | 18:39.68 |
| 47 Gavin Wilkins | MS_Decorah | -- | 19:11.93 |
| 48 Isaac Bentley | MS_Decorah | -- | 19:29.63 |
| 49 Henry Lensing | South Winneshiek | -- | 21:25.69 |
| 50 Keagan Steines | MS_Decorah | -- | 22:12.06 |
| 51 Oskar Swanson | MS_Decorah | -- | 23:13.56 |

Race #3
Girls Varsity 5000M
FINAL RESULTS
TEAM SCORING SUMMARY

| Final Standings | Score | Total | Avg. | Division |
|-------------------------|-------|---------|-------|----------|
| 1 Sumner-Fredericksburg | 52 | 1:49:59 | 22:00 | |
| 2 New Hampton | 54 | 1:50:21 | 22:05 | |
| 3 Crestwood Cresco | 55 | 1:49:38 | 21:56 | |
| 4 South Winneshiek | 93 | 1:56:32 | 23:19 | |
| 5 Waukon | 99 | 1:59:14 | 23:51 | |

INDIVIDUAL RESULTS

| Athlete | Team | Score | Time |
|----------------------|--------------------------------|-------|----------|
| 1 Hillary Trainor | Sumner-Fredericksburg | 1 | 19:30.26 |
| 2 Campbell Kolbet | New Hampton | 2 | 19:46.72 |
| 3 Kinze Shea | Crestwood Cresco | 3 | 19:49.62 |
| 4 Natalie Nosbisch | New Hampton | 4 | 21:03.99 |
| 5 Tegan Dungey | New Hampton | 5 | 21:05.42 |
| 6 Laney Peter | Crestwood Cresco | 6 | 21:35.49 |
| 7 Olivia Ollendick | Crestwood Cresco | 7 | 21:39.55 |
| 8 Josie Tieskoetter | South Winneshiek | 8 | 22:04.37 |
| 9 Mia Kurth | Waukon | 9 | 22:19.56 |
| 10 Cameron Johnson | Waukon | 10 | 22:20.78 |
| 11 Sophie Boehmler | Sumner-Fredericksburg | 11 | 22:25.79 |
| 12 Saela Steege | Sumner-Fredericksburg | 12 | 22:28.00 |
| 13 Lily Mayo | Sumner-Fredericksburg | 13 | 22:33.46 |
| 14 Ella Knutson | New Hampton | 14 | 22:36.25 |
| 15 Claire Zweibohmer | Riceville | -- | 22:43.75 |
| 16 Ella Pitz | Sumner-Fredericksburg | 15 | 23:00.79 |
| 17 Jana Meyer | Sumner-Fredericksburg | 16 | 23:00.88 |
| 18 Ryleigh Myers | Crestwood Cresco | 17 | 23:01.28 |
| 19 Maddi Jansen | South Winneshiek | 18 | 23:07.33 |
| 20 Ella Willey | South Winneshiek | 19 | 23:14.69 |
| 21 Rylee Shonka | Sumner-Fredericksburg | 20 | 23:19.56 |
| 22 Anna Dietzenbach | South Winneshiek | 21 | 23:26.41 |
| 23 Cloey Horns | Crestwood Cresco | 22 | 23:31.75 |
| 24 Blaire Cummings | Crestwood Cresco | 23 | 23:47.69 |
| 25 Paige Hansmeier | Waukon | 24 | 23:50.48 |
| 26 Morgan Wenthold | Turkey Valley Jackson Junction | -- | 23:51.23 |
| 27 Jaylee Vobr | Crestwood Cresco | 25 | 23:57.09 |
| 28 Trudy Baxter | Waukon | 26 | 24:37.54 |
| 29 Katie Shimek | South Winneshiek | 27 | 24:38.55 |
| 30 Izzy Kuboushek | South Winneshiek | 28 | 24:39.56 |

| Athlete | Team | Score | Time |
|---------------------------|---------------------|--------------|-------------|
| 31 Ashley Koenigs | Riceville | -- | 25:25.66 |
| 32 Bailey Cox | New Hampton | 29 | 25:47.95 |
| 33 Mallory Berns | Waukon | 30 | 26:04.85 |
| 34 Kandice Eggerichs | New Hampton | 31 | 26:07.27 |
| 35 Katelyn Krambeer | Waukon | 32 | 26:08.58 |
| 36 Liliana Cortes | Postville Community | -- | 26:24.24 |
| 37 Rebecca Wickman | New Hampton | 33 | 26:31.06 |
| 38 Ashlin O'Neill | Waukon | 34 | 26:48.80 |
| 39 Aubrey Willey | South Winneshiek | 35 | 26:50.77 |
| 40 Jacqueline Mateo | Postville Community | -- | 27:25.74 |
| 41 Maria Quiroz - Ordonez | Postville Community | -- | 28:12.29 |

Race #4
Girls Junior Varsity 5000M
FINAL RESULTS
TEAM SCORING SUMMARY

| Final Standings | Score | Total | Avg. | Division |
|-------------------------|-------|---------|-------|----------|
| 1 Sumner-Fredericksburg | 27 | 2:04:38 | 24:56 | |
| 2 Crestwood Cresco | 30 | 2:06:06 | 25:14 | |

INDIVIDUAL RESULTS

| Athlete | Team | Score | Time |
|----------------------|-----------------------|-------|----------|
| 1 Grace Arthur | Sumner-Fredericksburg | 1 | 23:21.95 |
| 2 Payton Ruppert | Crestwood Cresco | 2 | 24:21.21 |
| 3 Claire Rucker | Sumner-Fredericksburg | 3 | 24:24.86 |
| 4 Emersen Warnke | Sumner-Fredericksburg | 4 | 24:33.43 |
| 5 Tara Koshatka | Crestwood Cresco | 5 | 24:45.84 |
| 6 Heidi Mahr | Crestwood Cresco | 6 | 24:49.29 |
| 7 Ava Bernhard | Sumner-Fredericksburg | 7 | 25:54.84 |
| 8 Ella Bergan | Crestwood Cresco | 8 | 25:56.27 |
| 9 Addie Isaacson | Crestwood Cresco | 9 | 26:12.77 |
| 10 Alexis Pankow | Crestwood Cresco | 10 | 26:15.02 |
| 11 Allison Ferrie | Crestwood Cresco | 11 | 26:17.41 |
| 12 Jocelyn Harrison | Sumner-Fredericksburg | 12 | 26:22.66 |
| 13 Elise Church | Crestwood Cresco | -- | 26:33.28 |
| 14 Daniela Leon | New Hampton | -- | 26:39.66 |
| 15 Ana Gibbs | Crestwood Cresco | -- | 26:54.91 |
| 16 Carmen Schmidt | Sumner-Fredericksburg | 13 | 27:01.03 |
| 17 Anna Egan | Sumner-Fredericksburg | 14 | 27:28.32 |
| 18 Payton Leete | Sumner-Fredericksburg | -- | 27:43.67 |
| 19 Bella Moudy | Waukon | -- | 27:52.02 |
| 20 Natalie Byrnes | Waukon | -- | 28:29.84 |
| 21 Josephine Sassman | Sumner-Fredericksburg | -- | 28:45.85 |
| 22 Grace Zweibohmer | South Winneshiek | -- | 28:53.28 |
| 23 Kelli Dillon | Sumner-Fredericksburg | -- | 29:04.23 |
| 24 Azlynn Cota | Waukon | -- | 29:12.78 |
| 25 Quinn Kruckman | South Winneshiek | -- | 29:17.68 |
| 26 Hannah Crouch | Crestwood Cresco | -- | 30:58.54 |
| 27 Kate Reisner | Sumner-Fredericksburg | -- | 31:09.88 |
| 28 Zoey Dreckman | New Hampton | -- | 31:27.86 |
| 29 Cloey Zweibohmer | South Winneshiek | -- | 36:03.83 |

Race #5
Boys Varsity 5000M
FINAL RESULTS
TEAM SCORING SUMMARY

| Final Standings | Score | Total | Avg. | Division |
|-------------------------|--------------|--------------|-------------|-----------------|
| 1 New Hampton | 28 | 1:31:47 | 18:22 | |
| 2 Crestwood Cresco | 61 | 1:35:47 | 19:10 | |
| 3 Postville Community | 72 | 1:37:30 | 19:30 | |
| 4 South Winneshiek | 85 | 1:38:36 | 19:44 | |
| 5 Sumner-Fredericksburg | 97 | 1:40:35 | 20:07 | |

INDIVIDUAL RESULTS

| Athlete | Team | Score | Time |
|------------------------|--------------------------------|--------------|-------------|
| 1 Peyton Anderson | New Hampton | 1 | 17:28.53 |
| 2 Abdiaziz Ibrahim | Postville Community | 2 | 17:35.30 |
| 3 Dominic Bigalk | Crestwood Cresco | 3 | 18:00.45 |
| 4 Nathan Ahern | Crestwood Cresco | 4 | 18:12.28 |
| 5 Jack Shawver | New Hampton | 5 | 18:15.57 |
| 6 Treyce Orr | New Hampton | 6 | 18:30.12 |
| 7 Cam McMorris | New Hampton | 7 | 18:38.23 |
| 8 Mohamed Hashi | Postville Community | 8 | 18:50.35 |
| 9 Braiden Schaufenbuel | New Hampton | 9 | 18:53.77 |
| 10 Isaac Boehmler | Sumner-Fredericksburg | 10 | 18:59.07 |
| 11 Hunter Wagner | South Winneshiek | 11 | 19:02.26 |
| 12 Ethan Boyle | Sumner-Fredericksburg | 12 | 19:05.09 |
| 13 Jack MacDuff | Crestwood Cresco | 13 | 19:08.80 |
| 14 Abe Conway | South Winneshiek | 14 | 19:12.12 |
| 15 John Donovan | South Winneshiek | 15 | 19:27.22 |
| 16 Calyb Zeien | New Hampton | 16 | 19:43.88 |
| 17 Melvin Martin | Postville Community | 17 | 19:58.74 |
| 18 Karl Peters | Postville Community | 18 | 20:02.07 |
| 19 Jarrin Robinson | New Hampton | 19 | 20:07.37 |
| 20 Brooks Moser | Crestwood Cresco | 20 | 20:11.92 |
| 21 Luke Stortz | Crestwood Cresco | 21 | 20:13.42 |
| 22 Brad Dahl | South Winneshiek | 22 | 20:19.89 |
| 23 Aidan Ebert | Riceville | -- | 20:29.26 |
| 24 Dawson Wenthold | South Winneshiek | 23 | 20:34.42 |
| 25 Lane Converse | Sumner-Fredericksburg | 24 | 20:41.66 |
| 26 Parker Sherman | Sumner-Fredericksburg | 25 | 20:49.70 |
| 27 Bode Balk | Turkey Valley Jackson Junction | -- | 20:56.96 |
| 28 Ryan Rich | Sumner-Fredericksburg | 26 | 20:59.19 |
| 29 Deyby Muxin | Postville Community | 27 | 21:03.11 |
| 30 Cody Hart | Riceville | -- | 21:08.52 |

| Athlete | Team | Score | Time |
|-------------------------|-----------------------|--------------|-------------|
| 31 Xavier Parra-Morales | Sumner-Fredericksburg | 28 | 21:11.50 |
| 32 Kaleb Adams | Crestwood Cresco | 29 | 21:12.32 |
| 33 Travis Smith | Sumner-Fredericksburg | 30 | 21:14.22 |
| 34 Chase Adam | South Winneshiek | 31 | 21:29.22 |
| 35 Ethin Matt | Crestwood Cresco | 32 | 21:32.15 |
| 36 Abdikhaliq Ibrahim | Postville Community | 33 | 22:11.71 |
| 37 Max Moonen | South Winneshiek | 34 | 22:30.32 |
| 38 Elijah Dwine | Riceville | -- | 23:14.68 |

Race #6**Boys Junior Varsity 5000M****FINAL RESULTS****TEAM SCORING SUMMARY**

| Final Standings | Score | Total | Avg. | Division |
|------------------------|--------------|--------------|-------------|-----------------|
| 1 New Hampton | 15 | 1:56:32 | 23:19 | |

INDIVIDUAL RESULTS

| Athlete | Team | Score | Time |
|--------------------|-----------------------|--------------|-------------|
| 1 Eddie Arnold | New Hampton | 1 | 21:09.22 |
| 2 Xander Meyerhoff | New Hampton | 2 | 21:22.82 |
| 3 Westin Osborn | Sumner-Fredericksburg | -- | 22:07.82 |
| 4 Jake Frahm | New Hampton | 3 | 22:28.07 |
| 5 Ethan Holthaus | Crestwood Cresco | -- | 22:35.03 |
| 6 Kyler Glenn | New Hampton | 4 | 22:43.66 |
| 7 Lucas Wemark | Crestwood Cresco | -- | 22:49.54 |
| 8 Eli Higgins | South Winneshiek | -- | 22:57.70 |
| 9 Landon Merrill | South Winneshiek | -- | 23:14.74 |
| 10 Colten Knight | Crestwood Cresco | -- | 23:15.46 |
| 11 Collin Rice | Crestwood Cresco | -- | 23:41.44 |
| 12 Nathan Davis | South Winneshiek | -- | 25:23.84 |
| 13 Anderson Matt | Sumner-Fredericksburg | -- | 25:29.51 |
| 14 Henry Willey | South Winneshiek | -- | 28:16.02 |
| 15 Eli Priebe | Sumner-Fredericksburg | -- | 28:21.39 |
| 16 Colin Shatek | New Hampton | 5 | 28:47.66 |
| 17 Mason Britt | Sumner-Fredericksburg | -- | 34:26.33 |