

# Forest City Invitational HS, MS

**OFFICIAL** 📅 Mon, Oct 10, 2022 📍 Bear Creek Golf Course

Deadline was Fri 10/7/22 @ 08:00 PM

## Mens Results

### 5,000 Meters High School

#### Official Team Scores

1. Garner-Hayfield-Ventura	44
2. Forest City	71
3. Lake Mills	100
4. Osage	111
5. Newman Catholic Mason City	127
6. Belmond-Klemme	160
7. North Butler Greene	175
8. North Union	207
9. Bishop Garrigan Algona	209

1.	11 Justin Rygh	16:44.91	Lake Mills
2.	10 Gavin Grunhovd	16:57.02	North Iowa Buffalo Center
3.	10 Zach Flatebo	16:59.47	Garner-Hayfield-Ventura
4.	12 Owen Almelen	17:08.90	North Butler Greene
5.	11 Connor Hammitt	17:14.98	Garner-Hayfield-Ventura
6.	12 Keagan Hennessey	17:32.96	Osage
7.	12 Joey Ringo	17:39.22	Newman Catholic Mason City
8.	12 Aiden Egertson	17:43.27	GTRA
9.	9 Knute Rogne	17:44.84	Lake Mills
10.	12 Parker Sharp	17:50.23	Forest City
11.	12 Scylar Schulze	17:50.61	Garner-Hayfield-Ventura
12.	12 Isaac Swenson	17:55.29	Belmond-Klemme
13.	12 Gavin Swift	17:59.04	Bishop Garrigan Algona
14.	12 Bronson Buitenwerf	18:00.82	Garner-Hayfield-Ventura
15.	11 Darren Adams	18:02.16	Osage
16.	12 Jady Welch	18:04.19	Forest City
17.	12 Carson Strukel	18:07.98	Forest City
18.	9 Ethan Bertram	18:09.06	Forest City
19.	10 Caleb Good	18:11.91	Garner-Hayfield-Ventura
20.	12 Ethan Johnson	18:15.73	Forest City
21.	11 Gavyn Morphew	18:16.81	North Union
22.	9 Silas Gann	18:31.91	Forest City
23.	9 Jonah Pringnitz	18:34.11	Garner-Hayfield-Ventura
24.	12 Cole Hansen	18:37.63	Saint Ansgar
25.	12 Ryan Kelly	18:45.39	Newman Catholic Mason City
26.	9 Trager Pecha	18:54.77	North Butler Greene
27.	12 Josiah Welch	19:01.60	Forest City
28.	9 Ty Heller	19:03.31	Garner-Hayfield-Ventura
29.	12 Bradan Gabrielson	19:08.63	Belmond-Klemme
30.	10 Kade Van Roekel	19:12.39	Lake Mills
31.	12 Chase Potter	19:16.05	Osage
32.	9 Isaiah Collins	19:19.33	West Hancock Britt
33.	9 Hayden Thompson	19:19.80	Lake Mills

## Womens Results

### 5,000 Meters High School

#### Official Team Scores

1. Forest City	54
2. North Iowa Buffalo Center	58
3. Newman Catholic Mason City	72
4. Garner-Hayfield-Ventura	73
5. North Union	136
6. Belmond-Klemme	155
7. Lake Mills	156
8. West Hancock Britt	185

1.	10 Jacey Welbig	20:24.82	North Union
2.	9 Lauren Hillesland	20:28.85	North Iowa Buffalo Center
3.	12 Lilian Nelson	20:54.90	Forest City
4.	11 Becca Hofmann	21:22.96	North Iowa Buffalo Center
5.	11 Katelyn Knoll	21:33.95	Garner-Hayfield-Ventura
6.	11 Emilie Weaver	21:43.02	Forest City
7.	9 Lila Powers	21:47.59	Saint Ansgar
8.	11 Kenna Hemann	21:50.76	Newman Catholic Mason City
9.	12 Sarah Lunning	22:03.34	Forest City
10.	9 Ava Meinders	22:13.91	North Iowa Buffalo Center
11.	11 Chloe Mullenbach	22:33.56	Garner-Hayfield-Ventura
12.	10 Hailey Hanson	22:36.95	Garner-Hayfield-Ventura
13.	12 Hannah Lunning	22:42.58	Forest City
14.	12 Josie Helgeson	22:52.96	Lake Mills
15.	11 Megan Ocel	22:55.27	Northwood-Kensett
16.	11 Ella Petree	23:05.10	Newman Catholic Mason City
17.	12 Grace Gabriel	23:20.85	Newman Catholic Mason City
18.	11 Miriam Beenken	23:29.98	North Iowa Buffalo Center
19.	11 Jayce Weiner	23:30.43	Newman Catholic Mason City
20.	10 Lillyann Aguilera	23:37.52	Belmond-Klemme
21.	11 Lauren Swift	23:46.02	Bishop Garrigan Algona
22.	11 Sydney Andersen	23:47.29	Newman Catholic Mason City
23.	12 Hannah Morphew	23:53.57	North Union
24.	9 Clementine Sifert	23:59.83	Belmond-Klemme
25.	10 Elli Christensen	24:00.91	West Hancock Britt
26.	12 Anna Zrostlik	24:05.08	Garner-Hayfield-Ventura
27.	11 Jenna Pringnitz	24:09.76	Garner-Hayfield-Ventura
28.	12 Lilly Holtan	24:22.68	Forest City
29.	9 Kate Klaassen	24:24.67	Forest City
30.	12 Elizabeth Beenken	24:31.59	North Iowa Buffalo Center
31.	12 Khari Young	24:39.65	Saint Ansgar
32.	10 Anna Stene	24:41.16	Lake Mills
33.	11 Jessica Larson	24:42.28	Garner-Hayfield-Ventura
34.	10 Hailey Heinselmann	24:51.05	Newman Catholic Mason City

34.	11 Tyler Englin	19:22.48	Garner-Hayfield-Ventura	35.	12 Rachel Bierle	24:53.20	Garner-Hayfield-Ventura
35.	12 Ashton Sonberg	19:29.73	Osage	36.	11 Grace Muller	25:05.77	Rockford
36.	10 Dawson Sharp	19:31.28	Forest City	37.	10 Emma Taft	25:14.35	Lake Mills
37.	9 Griffin Paulsen	19:34.15	Belmond-Klemme	38.	10 Sienna Weiland	25:16.99	West Hancock Britt
38.	12 Landon Kohler	19:44.74	Newman Catholic Mason City	39.	9 Lila Swenson	25:17.46	Belmond-Klemme
39.	10 Sam Steidl	19:46.31	Newman Catholic Mason City	40.	10 Jennifer Carranza	25:18.33	North Union
40.	10 Noah O'Connell	19:48.35	Newman Catholic Mason City	41.	9 Avery Williams	25:19.42	Garner-Hayfield-Ventura
41.	12 Garrett Heller	19:50.17	Garner-Hayfield-Ventura	42.	9 Kendra Huedepohl	25:28.07	Belmond-Klemme
42.	11 Logan Mitchell	19:57.05	Osage	43.	11 Taylor Gassman	25:32.52	Forest City
43.	10 Lucas Oldenkamp	19:57.14	Lake Mills	44.	12 Morgan Krein	25:42.26	Garner-Hayfield-Ventura
44.	11 Gavin Chambers	20:01.77	Garner-Hayfield-Ventura	45.	10 Ellie Redig	25:47.58	Lake Mills
45.	11 Liam Stockberger	20:07.70	Newman Catholic Mason City	46.	10 Allyson Nelson	25:47.63	North Union
46.	11 Isaac Hillesland	20:09.09	North Iowa Buffalo Center	47.	11 Courtney Hanson	25:49.26	Garner-Hayfield-Ventura
47.	12 Quentin Scott	20:10.97	GTRA	48.	12 Olivia Moore	26:03.99	West Hancock Britt
48.	10 Caden Gibbons	20:11.15	Newman Catholic Mason City	49.	9 Lanie Hanna	26:38.88	Saint Ansgar
49.	10 Jackson Potter	20:14.14	North Iowa Buffalo Center	50.	12 Sarah Schmidt	26:53.82	Garner-Hayfield-Ventura
50.	10 Chase Sorenson	20:18.36	Forest City	51.	10 Madi Renner	26:55.02	Garner-Hayfield-Ventura
51.	10 Tanner Wright	20:18.56	Osage	52.	11 Jenna Chizek	27:00.95	Garner-Hayfield-Ventura
52.	11 Ethan Kuper	20:20.67	Bishop Garrigan Algona	53.	11 Harley Tobin	27:02.03	North Union
53.	9 Ryan Hartwig	20:23.34	Belmond-Klemme	54.	9 Maggie McMichael	27:06.26	Newman Catholic Mason City
54.	12 Chase Cummins	20:24.82	North Union	55.	9 Brinley Hiscocks	27:09.07	West Hancock Britt
55.	9 Tysen Stangel	20:28.97	Osage	56.	10 Alyssa Olson	27:37.95	North Iowa Buffalo Center
56.	11 Kacey Renneker	20:32.85	Lake Mills	57.	12 Alexa Torres	27:40.76	Forest City
57.	12 Cesar Lechuga	20:35.98	Forest City	58.	9 Roseann Curtis	28:33.97	Bishop Garrigan Algona
58.	11 Josh Hanson	20:37.91	Newman Catholic Mason City	59.	12 Alexis Nelson	28:34.79	Forest City
59.	9 Dan Spooner	20:53.25	Newman Catholic Mason City	60.	9 Liberty Ellis	28:38.49	GTRA
60.	9 Brady Henning	20:53.79	North Butler Greene	61.	9 Madison Johnson	28:43.42	Lake Mills
61.	9 Elias Carlsson	20:55.02	Newman Catholic Mason City	62.	9 Kaylen Morris	28:43.54	Belmond-Klemme
62.	9 Tyler Petree	21:02.05	Newman Catholic Mason City	63.	9 Allison Wirtjes	28:50.69	Forest City
63.	10 Noah Hanson	21:07.35	North Iowa Buffalo Center	64.	9 Vanessa Mendez	29:26.26	West Hancock Britt
64.	9 Kaden VanEpps	21:13.60	West Hancock Britt	65.	9 Merrin Hansen	29:27.66	Northwood-Kensett
65.	10 Luke Lamb	21:17.33	Garner-Hayfield-Ventura	66.	9 Macie Lau	29:52.39	Garner-Hayfield-Ventura
66.	10 Alejandro Vazquez-Perez	21:18.28	Lake Mills	67.	9 Emma Chapin	30:18.32	GTRA
67.	12 Dalton Tobin	21:18.32	North Union	68.	9 Sophia Squire	30:21.28	Saint Ansgar
68.	11 Bryce Budach	21:21.00	Lake Mills	69.	12 Nevaeh Andersen	30:22.48	Garner-Hayfield-Ventura
69.	10 Alex Almelien	21:23.67	North Butler Greene	70.	12 Lexi Wilkinson	31:44.99	Garner-Hayfield-Ventura
70.	11 Nicholas Arndorfer	21:25.47	North Union	71.	11 Michaela Caranza	34:08.07	North Union
71.	11 Zach Borchers	21:28.93	GTRA	72.	9 Claire Hiscocks	36:12.07	West Hancock Britt
72.	9 Aiden Bauer	21:36.71	North Union	73.	10 Eidann Squires	40:00.00	GTRA
73.	9 Jace Suntken	21:38.38	Newman Catholic Mason City				
74.	10 Daniel Meis	21:41.98	Bishop Garrigan Algona				
75.	12 Calvin Ohrt	21:43.17	Forest City				
76.	11 Tristan Harvey	21:49.76	GTRA				
77.	11 Owen Klatt	21:51.25	Newman Catholic Mason City				
78.	10 Ryker Hoffman	21:56.06	Rockford				
79.	10 Jason Betts	21:56.50	Forest City				
80.	12 Brody Dirksen	21:59.95	Forest City				
81.	9 Blake Buitenwerf	22:02.18	Garner-Hayfield-Ventura				
82.	9 Wyatt Bertram	22:03.84	Forest City				
83.	11 Asa Stellpflug	22:11.70	Lake Mills				
84.	11 Jackson Clouse	22:20.20	Forest City				
85.	9 Alec Herrold	22:31.61	Belmond-Klemme				
86.	10 Schyler Morse	22:40.33	Bishop Garrigan Algona				
87.	11 Nathaniel Darling	22:44.87	Bishop Garrigan Algona				
88.	10 Calvin Holtan	22:46.27	Forest City				
89.	9 Zach Heiken	22:54.77	Northwood-Kensett				
90.	11 Christopher Madsen	22:55.55	Northwood-Kensett				
91.	10 Latham Mitchell	22:59.82	Garner-Hayfield-Ventura				

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## 2 Miles Junior High

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### Official Team Scores

1. West Hancock	37
2. Osage	46
3. Lake Mills	58
4. Garner-Hayfield-Ventura	69

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1.	8 Carmen Sharp	12:22.43	Forest City
2.	7 Muren Sharp	12:39.07	Forest City
3.	8 Alexis Cummins	12:44.72	North Union
4.	7 Iselle Weiland	12:58.31	West Hancock
5.	8 Claire Weaver	13:07.94	Forest City
6.	7 Avery Boeshart	14:32.48	Belmond-Klemme Community
7.	7 Ella Horgen	14:39.84	Saint Ansgar
8.	7 Nichole Larson	14:44.15	Garner-Hayfield-Ventura
9.	8 Abby Rachut	14:48.72	Osage

92.	12	Geraldo VazquezPerez	23:10.67	Lake Mills	10.	8	Alyssa Welbig	14:55.68	North Union
93.	9	Jackson Johnson	23:18.90	Osage	11.	8	Gabrielis SantiagoRodriguez	15:05.22	Lake Mills
94.	9	Amaury Thomas	23:22.17	Bishop Garrigan Algona	12.	7	LaBella Clark	15:05.76	Saint Ansgar
95.	10	Hampton Arciniega	23:23.80	Osage	13.	7	Hope Voigt	15:27.09	Osage
96.	10	Brian Nunez	23:44.60	Saint Ansgar	14.	8	Isabelle Aitchison	15:36.67	West Hancock
97.	10	Ben Meier	23:49.67	Osage	15.	7	Hailey Voigt	15:38.19	Osage
98.	9	Evan Swygman	23:54.02	North Butler Greene	16.	8	Kara Renneker	15:40.71	Lake Mills
99.	12	Holden Maher	24:10.05	Lake Mills	17.	8	Ava Keiper	15:42.37	West Hancock
100.	9	Daniel Rodriguez	24:11.55	Belmond-Klemme	18.	7	Sara Schutt	16:01.77	Newman Catholic Mason City
101.	9	Kade Madden	24:16.87	North Union	19.	8	Sophie Aitchison	16:07.37	West Hancock
102.	10	Lucan Knutson	24:31.39	Saint Ansgar	20.	7	Claire Squire	16:07.81	Saint Ansgar
103.	11	Mac Hirv	24:40.94	Rockford	21.	7	Norah Blodgett	16:20.04	North Iowa Buffalo Center
104.	9	Ethan Peterson	24:42.69	Osage	22.	8	Haylen Broshar	16:20.06	West Hancock
105.	9	Taylor Hobbs	25:35.11	Osage	23.	8	Kaylie Sylvara	16:30.29	Lake Mills
106.	9	Miles Nielsen	25:39.78	North Butler Greene	24.	8	Veronica Spooner	16:41.74	Newman Catholic Mason City
107.	9	Connor Adams	25:50.50	Osage	25.	7	Eva Sayer	16:47.02	Osage
108.	10	Marcus Pedalty	26:16.70	Forest City	26.	7	Alexis Greiman	17:16.99	Garner-Hayfield-Ventura
109.	9	Callum Sifert	26:24.41	Belmond-Klemme	27.	8	Annie Bloedel	17:22.40	Lake Mills
110.	9	Gabe Swift	26:24.97	Bishop Garrigan Algona	28.	7	Kara Knoll	17:58.34	Garner-Hayfield-Ventura
111.	10	Ben Schutt	26:36.61	Newman Catholic Mason City	29.	8	Shelby Johnson	18:48.43	Garner-Hayfield-Ventura
112.	9	Noah Brunsvold	32:43.68	Lake Mills	30.	8	Elyse Brown	19:12.65	Osage

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## 2 Miles Junior High

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### Official Team Scores

1.	Forest City	21
2.	Osage	48
3.	Newman Catholic Mason City	65

31.	8	Delaney Imler	19:37.95	Lake Mills
32.	7	Ellie Rodriguez	20:29.84	Garner-Hayfield-Ventura
33.	-	Victoria Ellis	21:21.11	GTRA
34.	8	Isabelle O'Malley	21:49.26	Osage
35.	7	Riley Szyszkowski	21:54.51	Saint Ansgar
36.	8	Kaelea Blakely	22:29.19	Garner-Hayfield-Ventura
37.	-	Magnolia Malm	28:25.00	GTRA

1.	8	Keagan Albertson	11:09.99	Forest City
2.	8	Cooper Blaser	11:10.28	Forest City
3.	8	Henry Hansen	11:44.58	Newman Catholic Mason City
4.	7	Jayden Grunhovd	12:14.02	North Iowa Buffalo Center
5.	8	Brett Halbach	12:16.38	Osage
6.	8	Grant Gayther	12:17.05	Forest City
7.	8	Ezra Thompson	12:18.48	Forest City
8.	8	Dirk Zeman	12:25.81	Forest City
9.	8	Cash Young	12:28.87	Belmond-Klemme Community
10.	8	Abram Clark	12:38.19	Saint Ansgar
11.	8	Nicholas Messersmtih	12:44.10	Osage
12.	8	Joseph Charlson	12:45.55	Lake Mills
13.	7	Isaac Chase	13:06.12	Forest City
14.	8	Jasper Wirth	13:07.71	North Iowa Buffalo Center
15.	8	Finn Smith	13:17.61	Osage
16.	7	Nolan Muhlenbruch	13:28.16	Belmond-Klemme Community
17.	8	Ezekiel Garst	13:35.42	North Iowa Buffalo Center
18.	8	Caleb Sorenson	13:36.17	Forest City
19.	8	Lucas Helgeland	13:45.76	Lake Mills
20.	7	Robert Marks	13:57.12	Osage
21.	7	Angel Ramirez	14:00.29	Forest City
22.	8	Lane Rygh	14:10.55	Lake Mills
23.	8	Michael Tobin	14:12.67	North Union
24.	8	Gavin Henning	14:21.44	North Union
25.	8	Drew Crimmins	14:28.58	Newman Catholic Mason City
26.	8	Corbin Darling	14:44.68	Bishop Garrigan Algona
27.	8	John Schaeffer	14:48.15	Osage
28.	7	Levi Heckes	14:48.45	Forest City

29.7	Tristan Grey	14:56.03	Newman Catholic Mason City
30.8	Wyatt Eekhoff	15:00.92	West Hancock
31.8	Trey Stevens	15:44.42	Rockford
32.7	Lane Helgeland	15:50.25	Lake Mills
33.8	Richard Smith	15:52.15	North Union
34.7	Aaron Carlsson	16:02.03	Newman Catholic Mason City
35.8	Devin Scott	16:09.65	Osage
36.8	Simon Wollner	16:15.67	Newman Catholic Mason City
37.7	Garrett Summerfield	16:16.60	Newman Catholic Mason City
38.7	Isaac Alphs	16:19.79	Forest City
39.8	Isaac Weber	16:34.57	Osage
40.7	Brekkin Ullmann	17:00.47	North Iowa Buffalo Center
41.8	Tyler Tobin	18:36.78	North Union
42.8	Mark Bradley	21:39.11	Newman Catholic Mason City
43.7	Ivan Jimenez	21:47.25	Newman Catholic Mason City
44.7	Charlie Reindl	22:16.14	Newman Catholic Mason City