



2022 Missouri Valley Cross Country Invitational - Girls Team Results Results

 Missouri Valley Conference Cross Country Meet
 Logan/Missouri Valley Country Club, Missouri Valley, IA
 October 15, 2022 - 5K

GIRLS TEAM RESULTS

1.	21	Logan-Magnolia	(20:24.23	1:42:01.16	1:43.00)
=====						
1	1	Allysen Johnsen 9		19:43.10		
2	2	Madison Sporrer 10		20:09.73		
3	3	Mya Moss 12		20:18.08		
4	4	Haedyn Hall 10		20:24.15		
5	11	Greylan Hornbeck 12		21:26.10		
6	(16)	Jada Cohn 12		21:55.74		
7	(27)	Kiera Hochstein 11		24:44.86		
2.	59	Ikm-Manning	(21:29.80	1:47:29.02	0:29.70)
=====						
1	8	Raegan Garrison 10		21:16.85		
2	10	Emily Albertsen 10		21:21.84		
3	12	Julianna Stribe 12		21:28.33		
4	14	Lauren Irlbeck 12		21:35.45		
5	15	Taylor Beckendorf 10		21:46.55		
6	(20)	Kaitlynn Spoelstra 12		22:32.45		
7	(28)	Maddy Snyder 12		25:12.09		
3.	79	Ahstw	(22:18.56	1:51:32.84	2:50.31)
=====						
1	6	Ava Paulsen 9		21:09.56		
2	7	Rylie Knop 11		21:10.12		
3	18	Kenna Paulsen 9		22:06.73		
4	22	Ellie Peterson 12		23:06.56		
5	26	Cali Petersen 12		23:59.87		
6	(29)	Kena Petersen 9		26:24.34		
4.	87	Woodbine	(23:12.97	1:56:04.85	6:38.02)
=====						
1	5	Adyson Lapel 10		21:08.13		
2	9	Nicole Sherer 12		21:18.81		
3	19	Elise Olson 10		22:12.59		
4	24	Reagan Cogdill 10		23:39.17		
5	30	Bailey Steppuhn 10		27:46.15		
5.	99	Boyer Valley	(22:44.69	1:53:43.46	2:12.86)
=====						
1	13	Mariah Falkena 10		21:35.19		
2	17	Lauryn Muff 9		22:02.38		
3	21	Lily Heistand 9		22:56.04		
4	23	Clara Gorham 10		23:21.80		
5	25	Abby Mandel 11		23:48.05		
6	(31)	Regan Harris 12		32:00.73		



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2022 Missouri Valley Cross Country Invitational - Girls Varsity Results

Results

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GIRLS VARSITY RACE

Place	Name	Year	Team	Time	Pace
1	Allysen Johnsen	9	Logan-Magnolia	19:43.1	6:21
2	Carly Henderson	11	Riveride Community School Di	19:56.5	6:26
3	Madison Sporrer	10	Logan-Magnolia	20:09.8	6:30
4	Mya Moss	12	Logan-Magnolia	20:18.1	6:33
5	Haedyn Hall	10	Logan-Magnolia	20:24.2	6:35
6	Bailey Richardson	9	Riveride Community School Di	21:00.5	6:46
7	Adyson Lapel	10	Woodbine	21:08.2	6:49
8	Ava Paulsen	9	Ahstw	21:09.6	6:49
9	Rylie Knop	11	Ahstw	21:10.2	6:49
10	Raegan Garrison	10	Ikm-Manning	21:16.9	6:51
11	Nicole Sherer	12	Woodbine	21:18.9	6:52
12	Emily Albertsen	10	Ikm-Manning	21:21.9	6:53
13	Greytan Hornbeck	12	Logan-Magnolia	21:26.1	6:54
14	Julianna Stribe	12	Ikm-Manning	21:28.4	6:55
15	Mariah Falkena	10	Boyer Valley	21:35.2	6:57
16	Lauren Irlbeck	12	Ikm-Manning	21:35.5	6:57
17	Grace Steinmetz	10	Heartland Christian School	21:35.9	6:58
18	Taylor Beckendorf	10	Ikm-Manning	21:46.6	7:01
19	Jada Cohn	12	Logan-Magnolia	21:55.8	7:04
20	Lauryn Muff	9	Boyer Valley	22:02.4	7:06
21	Kenna Paulsen	9	Ahstw	22:06.8	7:08
22	Elise Olson	10	Woodbine	22:12.6	7:09
23	Claire Schrage	9	Treynor	22:31.4	7:15
24	Kaitlynn Spoelstra	12	Ikm-Manning	22:32.5	7:16
25	Bella Boruff	11	Missouri Valley	22:49.7	7:21
26	Lily Heistand	9	Boyer Valley	22:56.1	7:23
27	Andyn White	10	Treynor	23:06.0	7:27
28	Ellie Peterson	12	Ahstw	23:06.6	7:27
29	Clara Gorham	10	Boyer Valley	23:21.8	7:32
30	Kasey Lang	12	Treynor	23:30.7	7:35
31	Reagan Cogdill	10	Woodbine	23:39.2	7:37
32	Abby Mandel	11	Boyer Valley	23:48.1	7:40
33	Danika Feigenbutz	9	Riveride Community School Di	23:53.9	7:42
34	Cali Petersen	12	Ahstw	23:59.9	7:44
35	Kiera Hochstein	11	Logan-Magnolia	24:44.9	7:58
36	Maddy Snyder	12	Ikm-Manning	25:12.1	8:07
37	Josephine Millikan	9	Griswold School	25:13.3	8:08
38	Kena Petersen	9	Ahstw	26:24.4	8:30
39	Delaney Jorgenson	9	Treynor	26:47.4	8:38
40	Bailey Steppuhn	10	Woodbine	27:46.2	8:57
41	Reagan Harris	12	Boyer Valley	32:00.8	10:19

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2022 Missouri Valley Cross Country Invitational - Boys Team Results

Results

 Missouri Valley Conference Cross Country Meet
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BOYS TEAM RESULTS

1.	25	Woodbine	(17:12.45	1:26:02.29	2:13.56)
=====						
1	1	Landon Bendgen 11		15:39.84		
2	3	Gunner Wagner 10		17:15.81		
3	5	Lane Vennink 12		17:31.00		
4	7	Thomas Tremel 11		17:42.24		
5	9	Adam Barry 10		17:53.40		
6	(18)	Xander Johnson 10		19:12.98		
7	(23)	Trey Burgmeyer 11		19:34.90		
2.	52	Ikm-Manning	(18:02.81	1:30:14.09	3:03.65)
=====						
1	2	Caden Keller 12		16:25.54		
2	6	Reed Hinnens 12		17:36.36		
3	10	Nathan Johnson 12		18:01.67		
4	14	Camden Morris 9		18:41.33		
5	20	Abe Polzien 10		19:29.19		
6	(25)	Kasche Huehn 10		19:49.16		
7	(27)	Ryan Germer 11		20:03.29		
3.	55	Riveride Community School Di	(18:15.95	1:31:19.75	2:02.74)
=====						
1	4	Mason McCready 11		17:26.05		
2	8	Brody Henderson 9		17:43.47		
3	11	Eric Duhachek 12		18:11.82		
4	13	Dawson Henderson 9		18:29.62		
5	19	Caleb Stevens 12		19:28.79		
6	(29)	Dalton Smith 11		20:16.40		
4.	129	East Mills	(19:54.67	1:39:33.36	2:01.03)
=====						
1	15	Steven Barrett 11		18:43.85		
2	17	Anthony Obermiller 12		19:10.28		
3	28	Camryn Johnson 12		20:10.17		
4	34	Cooper Stearns 10		20:44.18		
5	35	Walter Seipold 10		20:44.88		
6	(48)	Thoren Wade 12		24:54.15		
5.	135	Missouri Valley	(19:58.31	1:39:51.59	2:00.33)
=====						
1	16	Adam Meadows 10		18:52.03		
2	24	Aidan Rangel 10		19:37.78		
3	26	Keaton Voster 9		19:50.95		
4	33	Jackson Harrison 11		20:38.47		
5	36	Theron Felner 10		20:52.36		
6	(38)	Gavin Thacker 10		21:26.63		
7	(39)	Xavier Rangel 10		21:34.19		
6.	158	Griswold School	(20:51.17	1:44:15.85	3:01.09)
=====						
1	21	Nollan Smith 9		19:31.49		

2	22	Holden Jensen 10	19:31.83
3	32	Bode Wyman 10	20:37.68
4	40	Brayden Lockwood 9	22:02.27
5	43	Tosh Feltner 12	22:32.58
=====			
7.	173	Heartland Christian School	(21:46.86 1:48:54.31 5:29.97)
=====			
1	12	Gavin Andersen 12	18:26.40
2	31	Brady Dingus 10	20:32.98
3	41	Elijah Lewis 11	22:23.93
4	44	Bronx Fetter 12	23:34.63
5	45	Michael Holtmyer 9	23:56.37
6	(46)	Silas Lickliter 11	24:17.37
7	(47)	Colton Brennan 12	24:43.86
=====			
8.	208	West Harrison	(23:07.90 1:55:39.52 5:13.47)
=====			
1	30	Jacob Barry 11	20:30.04
2	37	Riley Acker 12	21:20.93
3	42	James Kraft 11	22:26.00
4	49	Gunner Stolz 12	25:39.04
5	50	Kendel Baldwin 9	25:43.51



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2022 Missouri Valley Cross Country Invitational - Boys Varsity Results

Results

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BOYS VARSITY RACE

Place	Name	Year	Team	Time	Pace
1	Landon Bendgen	11	Woodbine	15:39.9	5:03
2	Pat Heffernan	12	Boyer Valley	16:12.3	5:13
3	Caden Keller	12	Ikm-Manning	16:25.6	5:18
4	Gunner Wagner	10	Woodbine	17:15.9	5:34
5	Mason McCreedy	11	Riveride Community School Di	17:26.1	5:37
6	Lane Vennink	12	Woodbine	17:31.0	5:39
7	Reed Hinnens	12	Ikm-Manning	17:36.4	5:40
8	Thomas Tremel	11	Woodbine	17:42.3	5:42
9	Brody Henderson	9	Riveride Community School Di	17:43.5	5:43
10	Adam Barry	10	Woodbine	17:53.4	5:46
11	Nathan Johnson	12	Ikm-Manning	18:01.7	5:49
12	Caleb Hatch	11	Ahstw	18:10.5	5:51
13	Eric Duhachek	12	Riveride Community School Di	18:11.9	5:52
14	Gavin Andersen	12	Heartland Christian School	18:26.4	5:57
15	Dawson Henderson	9	Riveride Community School Di	18:29.7	5:58
16	Camden Morris	9	Ikm-Manning	18:41.4	6:01
17	Steven Barrett	11	East Mills	18:43.9	6:02
18	Adam Meadows	10	Missouri Valley	18:52.1	6:05
19	Wyatt Hawkins	10	Logan-Magnolia	18:56.4	6:06
20	Jeyden Farr	9	Treynor	18:59.6	6:07
21	Anthony Obermiller	12	East Mills	19:10.3	6:11
22	Xander Johnson	10	Woodbine	19:13.0	6:12
23	Jack Carley	11	Treynor	19:23.5	6:15
24	Caleb Stevens	12	Riveride Community School Di	19:28.8	6:17
25	Abe Polzien	10	Ikm-Manning	19:29.2	6:17
26	Nollan Smith	9	Griswold School	19:31.5	6:18
27	Holden Jensen	10	Griswold School	19:31.9	6:18
28	Trey Burgmeyer	11	Woodbine	19:34.9	6:19
29	Aidan Rangel	10	Missouri Valley	19:37.8	6:20
30	Kasche Huehn	10	Ikm-Manning	19:49.2	6:23
31	Keaton Voster	9	Missouri Valley	19:51.0	6:24
32	Ryan Germer	11	Ikm-Manning	20:03.3	6:28
33	Camryn Johnson	12	East Mills	20:10.2	6:30
34	Dalton Smith	11	Riveride Community School Di	20:16.4	6:32
35	Jacob Barry	11	West Harrison	20:30.1	6:36
36	Brady Dingus	10	Heartland Christian School	20:33.0	6:37
37	Bode Wyman	10	Griswold School	20:37.7	6:39
38	Jackson Harrison	11	Missouri Valley	20:38.5	6:39
39	Cooper Stearns	10	East Mills	20:44.2	6:41
40	Walter Seipold	10	East Mills	20:44.9	6:41
41	Theron Felner	10	Missouri Valley	20:52.4	6:44
42	Lyrick Stueve	11	Logan-Magnolia	21:04.2	6:47
43	Riley Acker	12	West Harrison	21:21.0	6:53
44	Gavin Thacker	10	Missouri Valley	21:26.7	6:55
45	Xavier Rangel	10	Missouri Valley	21:34.2	6:57
46	Brayden Lockwood	9	Griswold School	22:02.3	7:06
47	Elijah Lewis	11	Heartland Christian School	22:24.0	7:13
48	James Kraft	11	West Harrison	22:26.0	7:14
49	Tosh Feltner	12	Griswold School	22:32.6	7:16
50	Cole Bethune	10	Whiting Community School	22:42.4	7:19
51	Layne Brenden	12	Logan-Magnolia	22:48.1	7:21
52	Bronx Fetter	12	Heartland Christian School	23:34.7	7:36
53	Michael Holtmyer	9	Heartland Christian School	23:56.4	7:43

54 Silas Licklitér	11 Heartland Christian School	24:17.4	7:50
55 Colton Brennan	12 Heartland Christian School	24:43.9	7:58
56 Thoren Wade	12 East Mills	24:54.2	8:01
57 Jonny Diggins	12 Logan-Magnolia	25:03.8	8:05
58 Gunner Stolz	12 West Harrison	25:39.1	8:16
59 Kendel Baldwin	9 West Harrison	25:43.6	8:17
60 Isaac Rich	9 Whiting Community School	25:58.2	8:22

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GIRLS JUNIOR VARSITY RACE

Place	Name	Year	Team	Time	Pace
No Girls JV Runners in 2022					

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2022 Missouri Valley Cross Country Invitational - Boys JV Results

Results

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 October 15, 2022 - 5K

BOYS JUNIOR VARSITY RACE

Place	Name	Year	Team	Time	Pace
1	Carson Kelley	10	Woodbine	19:57.4	6:26
2	Jayden Phipps	11	Ikm-Manning	20:03.7	6:28
3	Evan Estrada	10	Woodbine	20:14.0	6:31
4	Isaac Blankman	9	Ikm-Manning	20:28.3	6:36
5	Owen Wingert	10	Woodbine	21:01.5	6:47
6	Hunter Julin	9	Ikm-Manning	21:31.7	6:56
7	Aj Laramy	12	East Mills	21:39.5	6:59
8	Dom Lary	9	Woodbine	21:51.8	7:03
9	Wyatt Coenen	10	Woodbine	22:17.7	7:11
10	Tyler Leusink	10	Missouri Valley	23:38.7	7:37
11	Zander Richards	11	Ikm-Manning	24:01.5	7:44
12	Branden Steppuhn	11	Woodbine	24:17.4	7:50
13	Jordan Williams	10	East Mills	26:23.5	8:30

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