

**2023 Cedar Rapids Cross Country Invitational - 9/7/2023****Seminole Valley Cross County Course****Rankings****Event 3 Girls 5k Run CC Varsity**

Name	Year School	Avg Mile	Finals	Points
1 Anika Mohrhauser	Ankeny Cent	5:53.7	18:18.84	1
2 Grace Boleyn	Pleasant Valley	5:54.7	18:21.98	2
3 Camryn Sattler	Clinton	6:02.2	18:45.23	3
4 Alyssa Brandt	CR Kennedy	6:09.9	19:09.21	4
5 Brynn Edgin	Pleasant Valley	6:10.0	19:09.31	5
6 Maddie Millage	Pleasant Valley	6:11.9	19:15.44	6
7 Vivian McCombs	Pleasant Valley	6:13.7	19:20.77	7
8 Bella Hodges	Ankeny Cent	6:13.8	19:21.16	8
9 Kiersten Swart	Mt Vernon	6:14.0	19:21.96	9
10 Emily See	Bettendorf	6:14.6	19:23.62	10
11 Addison Dabroski	Marion	6:14.7	19:23.89	11
12 Lucy Murphy	Wahlert, Dub	6:14.8	19:24.24	
13 Keirra Hess	Prairie, CR	6:16.1	19:28.24	12
14 Kate Van Waning	Ic, West	6:17.5	19:32.72	13
15 Selah Flanigan	Pleasant Valley	6:17.8	19:33.63	14
16 Julia Flick	Ankeny Cent	6:19.4	19:38.75	15
17 Kaylee Mowen	Pleasant Valley	6:20.4	19:41.69	16
18 Cori Mac	Ic, Liberty	6:20.4	19:41.83	17
19 Cora DenHartog	Ankeny Cent	6:23.3	19:50.82	18
20 Haley Hveem	Ankeny Cent	6:23.7	19:52.04	19
21 Chelsea VeDepo	Ic, Liberty	6:23.9	19:52.46	20
22 Carryn Sattler	Clinton	6:24.0	19:52.88	21
23 Eastin Whisner	Mt Vernon	6:25.9	19:58.75	22
24 Evelyn Moeller	Mt Vernon	6:26.7	20:01.30	23
25 Haddie LeVake	CR Washington	6:27.0	20:02.27	
26 Ava Christensen	Prairie, CR	6:27.2	20:02.93	24
27 Olivia Divoky	Prairie, CR	6:28.7	20:07.43	25
28 Emma Wilkerson	Cpu	6:28.9	20:08.10	26
29 Grace Estling	Cpu	6:29.2	20:09.06	27
30 Peyton Madison	North Scott	6:30.2	20:12.10	28
31 Hannah Hughes	Prairie, CR	6:30.2	20:12.24	29
32 Anja Peck	Ankeny Cent	6:32.0	20:17.64	30
33 Tillie Smith	Ankeny Cent	6:32.6	20:19.63	31
34 Lexi Minard	Pleasant Valley	6:32.7	20:20.05	32
35 Dylan Moeller	Dvpt, Central	6:33.4	20:22.06	33
36 Makenna Hetrick	CR Washington	6:33.8	20:23.21	
37 Clara Welch	Ic, Liberty	6:33.8	20:23.48	34
38 Sloane Moeller	Dvpt, Central	6:34.7	20:26.14	35
39 Cindy Wang	Ic, West	6:35.1	20:27.26	36
40 Bridget Canton	Ic, Liberty	6:37.3	20:34.35	37
41 Kiara Hallet	Muscatine	6:38.4	20:37.62	38
42 Mimi Marquardt	Ic, Liberty	6:39.2	20:40.22	39
43 Mia Deegan	Xavier, CR	6:40.1	20:42.99	40
44 Emrie Johnson	Mt Vernon	6:40.5	20:44.26	41
45 Annabelle Everding	Bettendorf	6:41.4	20:46.90	42
46 AudryElla Meyer	Marion	6:42.5	20:50.30	43
47 Kalli Titus	Ic, West	6:42.9	20:51.48	44
48 Lillian Cogdill	CR Kennedy	6:44.0	20:55.17	45
49 Erinn Varga	Ic, West	6:46.7	21:03.48	46
50 Kendall Orozco	Marion	6:47.4	21:05.72	47
51 Abbie Moss	Mt Vernon	6:49.1	21:10.87	48
52 Hannah Ford	Dvpt, Central	6:50.6	21:15.62	49

**2023 Cedar Rapids Cross Country Invitational - 9/7/2023****Seminole Valley Cross County Course****Rankings****...Event 3 Girls 5k Run CC Varsity**

53	Maeve Krogmann	Mt Vernon	6:51.3	21:17.78	50
54	Susanna Olson	Ic, West	6:52.4	21:21.11	51
55	Chloe Bishop	Prairie, CR	6:55.2	21:29.88	52
56	Kannah Block	Bettendorf	6:57.1	21:35.60	53
57	Calista Rasmer	Bettendorf	6:57.5	21:36.86	54
58	Rose Pisarik	Mt Vernon	6:57.6	21:37.21	55
59	Sydney Andresen	Marion	6:57.6	21:37.34	56
60	Keira Richmond	Xavier, CR	6:57.8	21:37.84	57
61	Lydia Evans	Ic, West	6:58.1	21:38.82	58
62	Evelyn Barfels	Dvpt, Central	6:59.1	21:41.85	59
63	Elise Moore	Marion	6:59.6	21:43.61	60
64	Alena Dietz	Marion	7:00.4	21:46.14	61
65	Mackenzie Schaefer	Bettendorf	7:01.9	21:50.51	62
66	Ella Ripslinger	Bettendorf	7:03.2	21:54.76	63
67	Ava Acker	Muscatine	7:03.3	21:55.06	64
68	Gabby Moniza	Ic, West	7:04.1	21:57.37	65
69	Avanti Dunn	Cpu	7:05.0	22:00.40	66
70	Destiny Borland	Bettendorf	7:05.6	22:02.20	67
71	Aubrey Rivers	Clinton	7:06.2	22:04.11	68
72	Peyten Eide	Ic, Liberty	7:06.4	22:04.53	69
73	Lola Miller	Cpu	7:09.6	22:14.66	70
74	Emma Manthe	CR Kennedy	7:10.2	22:16.45	71
75	Ramsay Geater	CR Kennedy	7:11.8	22:21.35	72
76	Gabby Leibold	Dvpt, North	7:14.2	22:29.01	
77	Sophia Schneckloth	North Scott	7:16.3	22:35.31	73
78	Madeline Hetrick	CR Washington	7:17.3	22:38.47	
79	Sescie Haan	Clinton	7:17.8	22:40.20	74
80	Madelyn Robinson	Clinton	7:18.2	22:41.24	75
81	Whitney Estabrook	Muscatine	7:20.3	22:47.78	76
82	Lauren Hunt	Prairie, CR	7:21.6	22:51.90	77
83	Ava Duncan	North Scott	7:21.9	22:52.66	78
84	Isabella Kopf	Muscatine	7:22.0	22:53.04	79
85	Kennadi Thiessen	North Scott	7:22.1	22:53.38	80
86	Kate Olson	Muscatine	7:22.2	22:53.78	81
87	Sofia Musick	Xavier, CR	7:26.3	23:06.38	82
88	Erin Arnold	CR Kennedy	7:27.0	23:08.57	83
89	Amelia Luna	Muscatine	7:27.6	23:10.36	84
90	Kaelin Carlson-Gross	North Scott	7:29.6	23:16.76	85
91	Ella Riniker	North Scott	7:30.1	23:18.24	86
92	Sophie Stilwell	CR Washington	7:31.9	23:23.74	
93	Laura Fitch	Marion	7:33.0	23:27.15	87
94	Lily Miller	Cpu	7:35.8	23:36.03	88
95	Olivia Hallam	CR Kennedy	7:39.1	23:46.13	89
96	Lizeth Esqueda	CR Jefferson	7:42.3	23:56.14	90
97	Natalie Nwatchock	North Scott	7:44.6	24:03.31	91
98	Ella Arens	Xavier, CR	7:46.7	24:09.74	92
99	Nora Maloney	Xavier, CR	7:48.4	24:15.05	93
100	Emma Yacapraro	Dvpt, North	7:51.7	24:25.44	
101	Ella Nove	Prairie, CR	7:53.5	24:30.98	94
102	Delainey Woodman	Dvpt, North	7:56.5	24:40.38	
103	Lydia Long	CR Jefferson	7:57.4	24:43.19	95
104	Thursday Peterson	CR Jefferson	7:58.9	24:47.63	96
105	Sophie Wiklund	Dvpt, West	8:02.1	24:57.83	
106	Christina Egger	CR Jefferson	8:06.1	25:10.22	97
107	Cheyanna Thompson-Willia	CR Jefferson	8:07.2	25:13.64	98



**2023 Cedar Rapids Cross Country Invitational - 9/7/2023**  
**Seminole Valley Cross County Course**  
**Rankings**

**....Event 3 Girls 5k Run CC Varsity**

14	North Scott	344	28	73	78	80	85	86	91
	Total Time:	1:51:50.21							
	Average:	22:22.05							
15	Xavier, CR	364	40	57	82	92	93	100	
	Total Time:	1:53:52.00							
	Average:	22:46.40							
16	CR Jefferson	476	90	95	96	97	98	102	103
	Total Time:	2:03:50.82							
	Average:	24:46.17							

**2023 Cedar Rapids Cross Country Invitational - 9/7/2023****Seminole Valley Cross County Course****Rankings****Event 4 Boys 5k Run CC Varsity**

Name	Year School	Avg Mile	Finals	Points
1 AJ Schermerhorn	Ankeny Cent	4:54.1	15:13.48	1
2 Adam Gray	CR Kennedy	5:02.6	15:40.09	2
3 Grady Olberding	Mt Vernon	5:04.2	15:44.90	3
4 Jacob Bruns	CR Kennedy	5:05.5	15:49.05	4
5 Nick Lee	Prairie, CR	5:06.4	15:51.72	5
6 Reece Murray	CR Kennedy	5:09.8	16:02.31	6
7 Cameron Gotto	Pleasant Valley	5:11.2	16:06.74	7
8 Henry McMahan	CR Kennedy	5:11.6	16:07.86	8
9 Jack Perry	Pleasant Valley	5:12.4	16:10.58	9
10 AJ Willey	Bettendorf	5:12.7	16:11.39	10
11 Carl Rekow	Pleasant Valley	5:12.8	16:11.83	11
12 Joe Knepp	Pleasant Valley	5:13.3	16:13.23	12
13 Max Sorgenfrey	Pleasant Valley	5:14.9	16:18.15	13
14 Tyler Stegemoller	Prairie, CR	5:16.1	16:21.93	14
15 Ryan Heden	Bettendorf	5:19.9	16:33.65	15
16 Tyler Ryan	Dvpt, Central	5:20.0	16:34.20	16
17 Kaidan VanderWeele	Bettendorf	5:20.2	16:34.77	17
18 Jayden Brookins	Wahlert, Dub	5:20.3	16:34.92	
19 Kamran Foad	Pleasant Valley	5:20.7	16:36.18	18
20 Slader Buckheister	CR Kennedy	5:21.0	16:37.13	19
21 Cooper Cook	Marion	5:23.0	16:43.39	20
22 Juan Nuci	Dvpt, North	5:23.3	16:44.28	21
23 Bennett Allred	Prairie, CR	5:23.6	16:45.27	22
24 Ben Ritter	Wat West	5:24.7	16:48.58	23
25 Zack Ryan	Dvpt, Central	5:25.5	16:51.17	24
26 Presley Berns	Wat West	5:26.7	16:54.74	25
27 Klayten Perreault	Mt Vernon	5:26.8	16:55.14	26
28 Dawson Scheil	Mt Vernon	5:26.8	16:55.21	27
29 Carson Nove	Prairie, CR	5:27.3	16:56.69	28
30 Brendan Owens	Ankeny Cent	5:27.4	16:56.95	29
31 Jack Behrens	Ankeny Cent	5:27.4	16:57.15	30
32 Carter Mulford	Prairie, CR	5:28.2	16:59.54	31
33 Yorton Hagedorn	North Scott	5:28.6	17:00.82	32
34 Kyle Johnson	Prairie, CR	5:28.9	17:01.63	33
35 Sean Thomas	Ankeny Cent	5:28.9	17:01.79	34
36 Aammin Hassan	Ankeny Cent	5:29.1	17:02.38	35
37 Blayze Havel	Cpu	5:29.7	17:04.32	36
38 Jordan Fischer	Marion	5:30.4	17:06.35	37
39 Wesley Sadler	Mt Vernon	5:30.7	17:07.24	38
40 Bennett Kautz	Marion	5:30.8	17:07.57	39
41 Kriene Schneidermann	CR Washington	5:31.2	17:08.84	40
42 Chase Wakefield	Bettendorf	5:31.8	17:10.69	41
43 Seamus O'Connor	Mt Vernon	5:31.9	17:11.00	42
44 Brayden Vander Wilt	Ankeny Cent	5:32.6	17:13.25	43
45 Carter Easton	Cpu	5:32.8	17:13.98	44
46 Brody Behrens	Cpu	5:33.2	17:15.20	45
47 Ryan Harn	Wat West	5:33.5	17:15.96	46
48 Curtis Sanders	CR Jefferson	5:33.7	17:16.71	47
49 Mason Nove	Prairie, CR	5:34.0	17:17.50	48
50 Mark Nelson	Ankeny Cent	5:34.8	17:20.09	49
51 Carter Unwin	North Scott	5:34.9	17:20.43	50
52 Tyler Nels	Pleasant Valley	5:35.7	17:22.92	51

**2023 Cedar Rapids Cross Country Invitational - 9/7/2023****Seminole Valley Cross County Course****Rankings****...Event 4 Boys 5k Run CC Varsity**

53	Caden Davis	CR Jefferson	5:36.2	17:24.49	52
54	Maddox Sullivan	Dvpt, Central	5:37.8	17:29.29	53
55	Cayle Estling	Cpu	5:38.7	17:32.09	54
56	Noah Gehler	Bettendorf	5:39.4	17:34.29	55
57	Reuben Schlaak	CR Kennedy	5:39.8	17:35.59	56
58	Caden Brown	Muscatine	5:40.1	17:36.62	57
59	Sawyer Feldman	Mt Vernon	5:41.1	17:39.75	58
60	Austin Lewis	Dvpt, West	5:41.7	17:41.41	59
61	Marcus Camacho	Xavier, CR	5:42.5	17:43.97	60
62	Landon Potts	Bettendorf	5:42.6	17:44.28	61
63	Bradley Jones	Cpu	5:43.1	17:45.78	62
64	Jaydon Wiggins	North Scott	5:43.6	17:47.46	63
65	Josh Gant	Dvpt, Central	5:44.1	17:48.94	64
66	Kyle Powers	Wahlert, Dub	5:44.6	17:50.43	
67	Josiah Wendland	Wat West	5:44.7	17:50.71	65
68	Talan Becker	Muscatine	5:45.1	17:51.94	66
69	Caleb Rankin	Bettendorf	5:45.4	17:53.05	67
70	Carter Richter	Dvpt, Central	5:45.9	17:54.50	68
71	Chasen Caskey	Mt Vernon	5:46.6	17:56.69	69
72	Camden Bennett	Dvpt, North	5:47.5	17:59.45	70
73	Lincoln McMahan	CR Kennedy	5:50.4	18:08.43	71
74	Joe McCleary	Muscatine	5:51.2	18:10.89	72
75	Rexton Travagiakis	CR Jefferson	5:51.7	18:12.54	73
76	Kaleb Wilgenbusch	Xavier, CR	5:52.8	18:16.05	74
77	Casey Kirtz	Cpu	5:54.3	18:20.73	75
78	Landon Batcheler	Cpu	5:54.5	18:21.36	76
79	Luke Burkamper	CR Washington	5:55.4	18:23.92	77
80	Derek Barfels	Dvpt, Central	5:56.6	18:27.89	78
81	Louis Dew	CR Washington	5:56.8	18:28.51	79
82	Alex Ewoltdt	Dvpt, West	5:58.1	18:32.40	80
83	Ed Weiner	Clinton	5:58.3	18:33.01	81
84	Dylon Mason	Muscatine	5:58.4	18:33.51	82
85	Drew Kurriger	Muscatine	5:59.7	18:37.27	83
86	Caleb Kerkove	Wat West	6:00.2	18:38.91	84
87	Brycen Oberbroeckling	Marion	6:00.6	18:40.24	85
88	Liam Northway	Marion	6:00.8	18:40.71	86
89	Dylan Lang	Xavier, CR	6:00.8	18:40.72	87
90	Jack McCarthy	North Scott	6:01.0	18:41.58	88
91	Nate Lukkarenin	Muscatine	6:05.1	18:54.11	89
92	Asher Weems	Marion	6:05.2	18:54.46	90
93	Dylan Maresca	Muscatine	6:05.5	18:55.43	91
94	Isaiah Smith	CR Washington	6:05.8	18:56.46	92
95	Matthew Simmons	North Scott	6:06.9	18:59.90	93
96	Connor Heuthorst	Wat West	6:06.9	18:59.90	94
97	Nick Klapatauskas	Wahlert, Dub	6:07.8	19:02.50	
98	Kyle Reisinger	CR Washington	6:08.2	19:03.91	95
99	Isaac Stanley	North Scott	6:08.5	19:04.69	96
100	Pete Linehan	Dvpt, Central	6:09.5	19:07.81	97
101	Julius Edwards	Xavier, CR	6:09.7	19:08.57	98
102	Kolton Lorion	Clinton	6:10.2	19:09.88	99
103	Sebastian Paez	Dvpt, North	6:12.4	19:16.96	100
104	Josiah Gregory	Marion	6:15.2	19:25.66	101
105	Mason Schaack	North Scott	6:16.7	19:30.38	102
106	Adam Wiese	Dvpt, North	6:17.9	19:33.85	103
107	Sam Reynolds	Clinton	6:22.5	19:48.12	104



**2023 Cedar Rapids Cross Country Invitational - 9/7/2023**  
**Seminole Valley Cross County Course**  
**Rankings**

**....Event 4 Boys 5k Run CC Varsity**

9	Wat West	243	23	25	46	65	84	94	119
	Total Time:	1:27:28.90							
	Average:	17:29.78							
10	Marion	267	20	37	39	85	86	90	101
	Total Time:	1:28:18.26							
	Average:	17:39.66							
11	North Scott	326	32	50	63	88	93	96	102
	Total Time:	1:29:50.19							
	Average:	17:58.04							
12	Muscatine	360	57	66	72	82	83	89	91
	Total Time:	1:30:50.23							
	Average:	18:10.05							
13	CR Washington	383	40	77	79	92	95	106	112
	Total Time:	1:32:01.64							
	Average:	18:24.33							
14	CR Jefferson	394	47	52	73	107	115	116	
	Total Time:	1:33:17.46							
	Average:	18:39.50							
15	Dvpt, North	411	21	70	100	103	117	122	
	Total Time:	1:34:19.11							
	Average:	18:51.83							
16	Xavier, CR	429	60	74	87	98	110	111	118
	Total Time:	1:33:59.90							
	Average:	18:47.98							
17	Dvpt, West	478	59	80	105	114	120	121	
	Total Time:	1:37:34.57							
	Average:	19:30.92							
18	Clinton	501	81	99	104	108	109	113	123
	Total Time:	1:37:34.39							
	Average:	19:30.88							



**2023 Cedar Rapids Cross Country Invitational - 9/7/2023****Seminole Valley Cross County Course****Rankings****Event 5 Girls 5k Run CC Junior Varsity**

Name	Year School	Avg Mile	Finals	Points
1 Sophia Foad	Pleasant Valley	6:38.5	20:37.81	1
2 Tallie Plueger	Ankeny Cent	6:38.9	20:39.32	2
3 Lauren Reimer	Ankeny Cent	6:44.6	20:56.91	3
4 Josie Case	Pleasant Valley	6:46.5	21:02.80	4
5 Dana Cleveland	Ankeny Cent	7:00.0	21:44.77	5
6 Caitlin Reiter	Pleasant Valley	7:01.3	21:48.75	6
7 Marissa Becker	Ic, Liberty	7:02.2	21:51.55	7
8 Allison Schafer	Pleasant Valley	7:04.8	21:59.80	8
9 Hailey Bock	Mt Vernon	7:06.4	22:04.72	9
10 Tina Hong	Ic, West	7:08.4	22:10.98	10
11 Violet Clark	Ic, West	7:10.1	22:16.25	11
12 Emily Evison	Ankeny Cent	7:11.2	22:19.41	12
13 Aubrey Meyer	Ic, Liberty	7:11.8	22:21.30	13
14 Kyra Cordes	Marion	7:12.5	22:23.61	14
15 Ella Welch	Pleasant Valley	7:14.3	22:29.16	15
16 Avery Riehl	Ic, Liberty	7:16.0	22:34.54	16
17 Abby Drosieko	Ankeny Cent	7:16.7	22:36.77	17
18 Ivy Hendrickson	Ic, West	7:20.9	22:49.70	18
19 Katherine Schlawin	Muscatine	7:21.8	22:52.41	19
20 Cora Smith	Mt Vernon	7:23.6	22:58.00	20
21 Stella Hunter	Ic, West	7:25.1	23:02.65	21
22 Elaina McDonald	Ic, Liberty	7:25.5	23:04.08	22
23 Carie Johnson	Mt Vernon	7:25.9	23:05.13	23
24 Audrey Patkin	Ankeny Cent	7:25.9	23:05.17	24
25 Talula Schetzslle	Ankeny Cent	7:26.1	23:05.88	25
26 Ijim Shim	Ic, West	7:30.0	23:17.90	26
27 Liz Hyland	Ankeny Cent	7:30.5	23:19.39	
28 Isabel Makovec	Ankeny Cent	7:31.3	23:21.95	
29 Cassidy Griggs	Ankeny Cent	7:32.9	23:27.02	
30 Melody Urich	Ankeny Cent	7:36.9	23:39.55	
31 Miranda Sellner	Mt Vernon	7:37.6	23:41.50	27
32 Greta Hansen	Marion	7:38.0	23:42.83	28
33 Lilly Graham	Wahlert, Dub	7:38.9	23:45.50	
34 Olivia Petersen	Ankeny Cent	7:39.1	23:46.36	
35 Khloe Hamilton	North Scott	7:42.0	23:55.37	29
36 Tayli Lawler	Ankeny Cent	7:42.8	23:57.79	
37 Tori Allard	Prairie, CR	7:43.6	24:00.33	30
38 Delaney Shindelar	Marion	7:44.2	24:02.13	31
39 Macie Herting	Xavier, CR	7:47.2	24:11.48	32
40 Alison Munshower	Wahlert, Dub	7:47.3	24:11.73	
41 Lea Lefebvre	Dvpt, Central	7:50.0	24:20.04	
42 Sophia Olivo	Ic, West	7:50.4	24:21.30	33
43 Paige Mook	Bettendorf	7:50.5	24:21.52	34
44 Olivia Kopf	Muscatine	7:51.6	24:25.21	35
45 Muskan Mehta	Pleasant Valley	7:53.2	24:30.06	36
46 Caroline Rupe	Mt Vernon	7:54.4	24:33.70	37
47 Gabby Lawrence	Ankeny Cent	7:55.9	24:38.37	
48 Marie Stier	Ic, West	7:56.4	24:40.01	38
49 Riley Cabossart	Ankeny Cent	7:56.6	24:40.45	
50 Grace Miller	Muscatine	7:57.2	24:42.41	39
51 Olivia Orszula	Ic, West	7:58.1	24:45.28	
52 Sabrina Richards	Pleasant Valley	7:59.3	24:48.92	40

**2023 Cedar Rapids Cross Country Invitational - 9/7/2023****Seminole Valley Cross County Course****Rankings****....Event 5 Girls 5k Run CC Junior Varsity**

53	Lila Blake	Ankeny Cent	7:59.5	24:49.64	
54	Kara Klinkhammer	Clinton	7:59.6	24:49.96	
55	Grace Bruns	Xavier, CR	8:00.3	24:52.11	41
56	Paige Nelson	Ankeny Cent	8:01.0	24:54.35	
57	Reagan Stock	CR Washington	8:01.1	24:54.47	42
58	Rowan Appel	Bettendorf	8:01.3	24:55.19	43
59	Sarah Kwilose	Prairie, CR	8:02.3	24:58.31	44
60	JoLee Steinecke	North Scott	8:04.5	25:05.14	45
61	Clare Nydegger	Mt Vernon	8:04.7	25:05.81	46
62	Emara Perreault	Mt Vernon	8:05.2	25:07.19	47
63	Hailey Gammon	Prairie, CR	8:07.4	25:14.08	48
64	Sylvia Tank	Bettendorf	8:09.0	25:19.12	49
65	Greta Kautz	Marion	8:09.5	25:20.75	50
66	Jady Pauly	Marion	8:09.5	25:20.76	51
67	Ellie Linehan	Dvpt, Central	8:11.1	25:25.60	
68	Abby Yahn	Muscatine	8:12.0	25:28.54	52
69	Allie Johnson	Pleasant Valley	8:12.6	25:30.45	
70	Grace Zorich	Muscatine	8:12.9	25:31.34	53
71	Lola Stamler	Muscatine	8:14.0	25:34.81	54
72	Allison Teague	Mt Vernon	8:14.1	25:34.84	
73	Angelynnah Beaman	Marion	8:14.2	25:35.24	55
74	Kira Holler	Muscatine	8:15.7	25:39.85	56
75	Addison Lundahl	Ankeny Cent	8:16.3	25:41.86	
76	Anna Dehn	Wahlert, Dub	8:16.8	25:43.50	
77	Ciara O'Brien	Xavier, CR	8:17.5	25:45.57	57
78	Reagan Slaymaker	Mt Vernon	8:18.2	25:47.78	
79	Kristin Wadden	Muscatine	8:18.6	25:48.99	
80	Madisyn Yarham	North Scott	8:18.8	25:49.50	58
81	Nora Brown	Clinton	8:19.2	25:50.94	
82	Sophia Bitter	Wahlert, Dub	8:19.5	25:51.77	
83	Elyse Meyer	Ankeny Cent	8:19.8	25:52.55	
84	Emma Reif	North Scott	8:20.3	25:54.09	59
85	Allie Sheesley	Ankeny Cent	8:21.2	25:57.04	
86	Olive Khoury	North Scott	8:21.8	25:58.88	60
87	Eleanor Goodin	Dvpt, North	8:22.2	26:00.00	
88	Anna Tryon	Bettendorf	8:23.6	26:04.46	61
89	KayleeAna Fries	Dvpt, North	8:25.7	26:10.91	
90	Adelia Good	Bettendorf	8:26.1	26:12.22	62
91	Haley Thomas	Muscatine	8:26.5	26:13.35	
92	Angelina Forte	Ic, West	8:29.7	26:23.59	
93	Chloe Hundertmark	North Scott	8:29.9	26:24.18	63
94	Lily McConnell	Ic, West	8:31.2	26:27.99	
95	Ashley Sabin	Ic, Liberty	8:31.8	26:29.95	64
96	Leona Rupp	Ic, Liberty	8:32.6	26:32.36	65
97	Lucelia chamberlain	Ankeny Cent	8:33.5	26:35.38	
98	Genesis Reyes	Ic, Liberty	8:34.6	26:38.80	66
99	Emma Semrow	Ankeny Cent	8:36.0	26:43.05	
100	Marley Cutshall	Clinton	8:37.1	26:46.54	
101	Jordan Cheesman	Dvpt, North	8:38.0	26:49.35	
102	Emily Smith	Bettendorf	8:38.1	26:49.42	67
103	Josie Bothell	Mt Vernon	8:38.7	26:51.29	
104	Aidan Matney	Ankeny Cent	8:40.2	26:56.00	
105	Emily Bock	Mt Vernon	8:41.4	26:59.89	
106	Bella Brinson	Ankeny Cent	8:42.7	27:03.79	
107	Valerie Marmolejo	Prairie, CR	8:43.5	27:06.16	68





**2023 Cedar Rapids Cross Country Invitational - 9/7/2023****Seminole Valley Cross County Course****Rankings****Event 6 Boys 5k Run CC Junior Varsity**

Name	Year School	Avg Mile	Finals	Points
1 Parker Millage	Pleasant Valley	5:41.6	17:41.30	1
2 William Parrish	Pleasant Valley	5:42.0	17:42.56	2
3 Josh Kerkove	Wat West	5:42.5	17:44.10	3
4 Zach VanWychen	Bettendorf	5:42.9	17:45.08	4
5 Eli Hughes	Bettendorf	5:43.3	17:46.57	5
6 Graham Vavricek	Mt Vernon	5:44.1	17:48.98	6
7 Cole Younger	Prairie, CR	5:44.3	17:49.50	7
8 Crew Geater	CR Kennedy	5:50.0	18:07.19	8
9 Gage Rath	Bettendorf	5:51.7	18:12.68	9
10 Jonah McMahan	CR Kennedy	5:54.4	18:21.06	10
11 Kurtis Petersen	Prairie, CR	5:55.4	18:24.00	11
12 John Hynek	Prairie, CR	5:55.7	18:25.13	12
13 Zachary Ispentchian	CR Kennedy	5:57.7	18:31.09	13
14 Stratton Ellyson	Mt Vernon	5:57.8	18:31.41	14
15 Henry Allers	Pleasant Valley	5:58.5	18:33.69	15
16 Kyle James	Cpu	5:58.8	18:34.72	16
17 Brayden Leis	Prairie, CR	6:02.4	18:45.73	17
18 Zack Malone	Ankeny Cent	6:05.3	18:54.88	18
19 Gavin Hove	Mt Vernon	6:06.2	18:57.51	19
20 Levi Graham	Cpu	6:06.4	18:58.37	20
21 Alexander Volden	CR Kennedy	6:07.0	19:00.03	21
22 Teague Krob	Mt Vernon	6:07.6	19:02.09	22
23 Brody Speidel	Mt Vernon	6:07.8	19:02.45	23
24 Christian Hodgins	CR Kennedy	6:08.6	19:05.19	24
25 Brady Jennings	Clinton	6:09.2	19:07.01	
26 Grant Peterson	North Scott	6:10.9	19:12.27	25
27 Gunner Steele	Wat West	6:12.3	19:16.57	26
28 Sintayehu Hall	CR Kennedy	6:12.6	19:17.41	27
29 Nick Moroney	Wahlert, Dub	6:12.7	19:17.71	28
30 Jeremy Reeve	Ankeny Cent	6:13.9	19:21.63	29
31 Isaac Copeland	North Scott	6:14.5	19:23.48	30
32 Kael Lawler	Ankeny Cent	6:14.8	19:24.25	31
33 Sam Nelson	Wahlert, Dub	6:15.5	19:26.47	32
34 Will Cardo	Cpu	6:17.4	19:32.40	33
35 Finn McMillan	Pleasant Valley	6:17.7	19:33.36	34
36 Ben Sholes	Cpu	6:18.1	19:34.47	35
37 Sullivan Newlin	Wahlert, Dub	6:18.3	19:35.23	36
38 Rylan Windmiller	Pleasant Valley	6:18.8	19:36.90	37
39 Tanner Wilson	CR Kennedy	6:19.0	19:37.34	38
40 James Knight	Wat West	6:20.7	19:42.71	39
41 Eden Schrack	Wahlert, Dub	6:21.1	19:43.79	40
42 Kayson Cordell	Wat West	6:21.4	19:44.94	41
43 Brooks Coates	Marion	6:21.6	19:45.52	42
44 Sam Kennedy	Wahlert, Dub	6:21.7	19:45.91	43
45 Carson Roman	Pleasant Valley	6:22.1	19:46.86	44
46 Andrew Kapler	Marion	6:23.4	19:50.91	45
47 Bradley Alldredge	Prairie, CR	6:23.5	19:51.43	46
48 Xander Riniker	Mt Vernon	6:23.8	19:52.22	47
49 Ian Bengé	Pleasant Valley	6:23.9	19:52.66	48
50 Aiden Ziegler	CR Kennedy	6:24.8	19:55.47	
51 Arthur Seufferlein	Marion	6:25.4	19:57.17	49
52 Matthew Pearson	Bettendorf	6:26.3	20:00.09	50

**2023 Cedar Rapids Cross Country Invitational - 9/7/2023****Seminole Valley Cross County Course****Rankings****...Event 6 Boys 5k Run CC Junior Varsity**

53	Walter Freund	Wahlert, Dub	6:27.6	20:04.20	51
54	Anthony Conard	Dvpt, Central	6:30.5	20:13.25	52
55	Cade Smith	CR Washington	6:31.2	20:15.22	53
56	Noah Baxa	Bettendorf	6:31.4	20:16.01	54
57	David Waweru	CR Kennedy	6:33.5	20:22.47	
58	Odin Moore	Bettendorf	6:34.9	20:26.82	55
59	Shyam Devasthali	Dvpt, Central	6:35.9	20:29.91	56
60	Jordan Stafford	Clinton	6:36.9	20:32.90	
61	Luke Simmons	North Scott	6:37.2	20:33.78	57
62	Nathan Kozelsky	CR Washington	6:37.5	20:34.96	58
63	Cayden Scheil	Mt Vernon	6:38.5	20:37.87	59
64	Karter Holdridge	Bettendorf	6:40.9	20:45.55	60
65	Bodie Logsdon	Dvpt, Central	6:41.6	20:47.51	61
66	Cameron Bimson	CR Kennedy	6:43.5	20:53.35	
67	Kyler Happel	Mt Vernon	6:44.0	20:55.13	
68	Connor Brooks	Bettendorf	6:44.3	20:56.07	
69	Cooper Ross	Cpu	6:44.5	20:56.61	62
70	Matt Fischke	Pleasant Valley	6:46.1	21:01.45	
71	Tate Petersen	Mt Vernon	6:46.4	21:02.35	
72	Cole Pruettt	CR Kennedy	6:47.1	21:04.69	
73	Chauncey Duffee	Dvpt, Central	6:47.8	21:06.81	63
74	Ethan Hunt	Dvpt, Central	6:47.9	21:07.26	64
75	Cole Halupnik	Pleasant Valley	6:50.6	21:15.47	
76	Cole Butteris	Mt Vernon	6:51.9	21:19.71	
77	Cole Tjaden	Ankeny Cent	6:52.3	21:20.80	65
78	Nathan Schmitt	Muscatine	6:52.5	21:21.31	
79	Isaac Coronel	Ankeny Cent	6:52.5	21:21.46	66
80	Oliver Olsen	North Scott	6:52.8	21:22.52	67
81	Samuel Proctor	Marion	6:53.3	21:23.85	68
82	Oliver Totten	Clinton	6:53.8	21:25.42	
83	Alexander Wood	Ankeny Cent	6:54.0	21:26.02	69
84	Khoa Nguyen	Ankeny Cent	6:54.1	21:26.31	70
85	Evan Padron	Dvpt, North	6:54.3	21:27.03	71
86	Azaryah (Aj) Dietz	Marion	6:54.6	21:27.96	72
87	Charlie Peterson	North Scott	6:54.8	21:28.54	73
88	Steven Ly	Pleasant Valley	6:55.0	21:29.20	
89	Timothy Ku	Pleasant Valley	6:56.6	21:34.31	
90	Calvin Haag	Ankeny Cent	6:57.3	21:36.26	
91	Reuben Leveridge	Dvpt, Central	6:57.6	21:37.19	74
92	Aiden Morrill	Mt Vernon	6:57.6	21:37.37	
93	Jacob Chizek	Ankeny Cent	6:58.3	21:39.48	
94	Connor Rogahn	CR Washington	7:02.2	21:51.63	75
95	James Desmet	Cpu	7:02.8	21:53.46	76
96	Beckett Johnson	Mt Vernon	7:04.8	21:59.59	
97	Joseph Hanson	Pleasant Valley	7:05.7	22:02.59	
98	Cade Happel	Mt Vernon	7:06.5	22:04.83	
99	Nick Kongable	Cpu	7:06.7	22:05.59	77
100	Caleb Andersen	Wat West	7:07.1	22:06.77	78
101	Michael Roelofs	Cpu	7:07.8	22:09.01	
102	Nathan Poduska	Mt Vernon	7:09.7	22:14.84	
103	Clark Lechtenberg	Pleasant Valley	7:09.7	22:14.86	
104	Joey Recalde	Mt Vernon	7:10.3	22:16.72	
105	Rodney Fetter	Marion	7:10.8	22:18.46	79
106	Ben Knipfer	CR Kennedy	7:12.4	22:23.41	
107	Hunter Farrell	Ankeny Cent	7:13.4	22:26.36	







**2023 Cedar Rapids Cross Country Invitational - 9/7/2023****Seminole Valley Cross County Course****Rankings****Event 1 Girls 5k Run CC Freshman/Sophomore**

Name	Year School	Avg Mile	Finals	Points
1 Frankie Gotto	Pleasant Valley	6:26.7	20:01.27	1
2 Kylee Patterson	Ankeny Cent	6:40.1	20:43.04	2
3 Jaylee Duncan	Pleasant Valley	6:48.8	21:09.81	3
4 Kailee Wilson	Pleasant Valley	6:51.6	21:18.74	4
5 Piper Zeman	Ankeny Cent	6:52.7	21:22.02	5
6 Kylie Lincoln	Ankeny Cent	6:56.7	21:34.44	6
7 Taylor porter	Ankeny Cent	6:59.4	21:42.90	7
8 Maya Bormann	Wahlert, Dub	7:00.9	21:47.64	8
9 Camryn Johnson	Ankeny Cent	7:01.3	21:48.82	9
10 Emerson Adams	Ic, Liberty	7:01.5	21:49.28	10
11 Trudy Haag	Ankeny Cent	7:11.8	22:21.29	11
12 Lizzie Beam	Ankeny Cent	7:15.2	22:31.92	12
13 Ashlyn Brubaker	Ic, Liberty	7:18.7	22:42.81	13
14 Ella Rohner	Wahlert, Dub	7:18.9	22:43.54	14
15 Lilah Rasche	Bettendorf	7:19.9	22:46.62	15
16 Campbell Keibler	Bettendorf	7:20.2	22:47.66	16
17 Olivia Bellini	Wahlert, Dub	7:26.3	23:06.60	17
18 Nora Brown	Ic, Liberty	7:28.6	23:13.66	18
19 Bria Kelly	Ankeny Cent	7:29.0	23:14.96	
20 Anika Roe	Prairie, CR	7:30.2	23:18.66	19
21 Alli Maile	Ankeny Cent	7:32.7	23:26.41	
22 Evelyn Forrester	Ankeny Cent	7:32.8	23:26.70	
23 Lillian Mohrhauser	Ankeny Cent	7:33.0	23:27.39	
24 Sara Brown	Ankeny Cent	7:35.4	23:34.68	
25 Kaitlyn Raue	Ic, Liberty	7:37.0	23:39.80	20
26 Ella Campbell	Ankeny Cent	7:39.0	23:45.87	
27 Chloe Rausch	Prairie, CR	7:41.9	23:54.89	21
28 Mallory Unsen	Wahlert, Dub	7:44.0	24:01.39	22
29 Addy Van Voorst	Prairie, CR	7:47.3	24:11.85	23
30 Maddie Cappaert	Pleasant Valley	7:50.0	24:20.18	24
31 Maryl Meeboer	Pleasant Valley	7:52.1	24:26.53	25
32 Audrey Pruettt	CR Kennedy	7:53.6	24:31.13	26
33 Marissa Eads	Muscatine	7:57.8	24:44.31	27
34 Claire King	Wahlert, Dub	7:58.1	24:45.33	28
35 Willa Berning	Wahlert, Dub	7:58.7	24:47.04	29
36 Alanna Lahart	CR Washington	8:03.9	25:03.16	30
37 Maya Lahart	CR Washington	8:04.4	25:04.94	31
38 Hope Hazen	Prairie, CR	8:04.8	25:06.06	32
39 Claire Thielen	Wahlert, Dub	8:07.8	25:15.36	33
40 Raegan McDermott	Ic, Liberty	8:11.7	25:27.47	34
41 Riley Reynolds	Clinton	8:16.3	25:41.67	
42 Victoria Stellmach	Bettendorf	8:16.5	25:42.39	35
43 Melinda Tian	Ic, Liberty	8:18.9	25:50.02	36
44 Lilly Lemke	CR Washington	8:19.3	25:50.99	37
45 Maya Lindwall	CR Washington	8:20.0	25:53.33	38
46 Avery Campbell	CR Kennedy	8:21.8	25:59.03	39
47 Paula Schwan	Bettendorf	8:24.5	26:07.27	40
48 Taylor Cavanh	Ic, Liberty	8:25.7	26:11.05	41
49 Annabelle Cearlock	Wahlert, Dub	8:26.4	26:13.07	
50 Everlie Sell	Wahlert, Dub	8:26.9	26:14.85	
51 Elly Pfab	Xavier, CR	8:36.2	26:43.68	42
52 Sarah Novak	CR Washington	8:37.8	26:48.48	43



**2023 Cedar Rapids Cross Country Invitational - 9/7/2023****Seminole Valley Cross County Course****Rankings**

<b>....Event 1 Girls 5k Run CC Freshman/Sophomore</b>									
5	Bettendorf	151	15	16	35	40	45		
	Total Time:	2:04:12.91							
	Average:	24:50.59							
6	Prairie, CR	152	19	21	23	32	57		
	Total Time:	2:04:58.17							
	Average:	24:59.64							
7	CR Washington	179	30	31	37	38	43	44	51
	Total Time:	2:08:40.90							
	Average:	25:44.18							
8	CR Kennedy	229	26	39	50	56	58	59	63
	Total Time:	2:14:23.70							
	Average:	26:52.74							
9	Xavier, CR	235	42	46	47	48	52	61	62
	Total Time:	2:14:25.33							
	Average:	26:53.07							
10	Muscatine	258	27	53	54	60	64		
	Total Time:	2:20:43.98							
	Average:	28:08.80							

**2023 Cedar Rapids Cross Country Invitational - 9/7/2023****Seminole Valley Cross County Course****Rankings****Event 2 Boys 5k Run CC Freshman/Sophomore**

Name	Year School	Avg Mile	Finals	Points
1 Cohen Moll	Ankeny Cent	5:34.1	17:17.79	1
2 Carter Hatz	Pleasant Valley	5:37.5	17:28.54	2
3 Jonah Whitson	Pleasant Valley	5:40.1	17:36.45	3
4 Davis Johnson	Ankeny Cent	5:41.0	17:39.43	4
5 Landon Orris	Pleasant Valley	5:43.0	17:45.54	5
6 Nathaniel Goff	CR Kennedy	5:49.0	18:04.05	6
7 Isaac Porter	Ankeny Cent	5:51.3	18:11.18	7
8 Gavin Russell	Pleasant Valley	5:52.2	18:14.18	8
9 Dylan Berg	Bettendorf	5:52.6	18:15.21	9
10 Nathan Winger	Bettendorf	5:53.6	18:18.48	10
11 Ian Smith	Ankeny Cent	5:55.2	18:23.44	11
12 Andrew Heden	Bettendorf	5:57.1	18:29.22	12
13 Liam Rehnberg	Bettendorf	5:57.7	18:31.23	13
14 Elliot Davis	Bettendorf	6:03.2	18:48.43	14
15 Nile Connely	Wahlert, Dub	6:03.3	18:48.74	15
16 Levi Steele	Pleasant Valley	6:04.4	18:52.03	16
17 Jacob O'Connor	Pleasant Valley	6:07.1	19:00.44	17
18 Arefat Ali	CR Kennedy	6:09.1	19:06.58	18
19 Zach Zuiderveen	Pleasant Valley	6:09.6	19:08.27	19
20 Zach Bauer	Pleasant Valley	6:11.5	19:13.98	
21 Grant Pattridge	CR Kennedy	6:11.5	19:14.14	20
22 Grayer Pruitt	Pleasant Valley	6:12.3	19:16.45	
23 Ben Clayton	North Scott	6:15.6	19:26.91	21
24 Zach McMann	North Scott	6:15.9	19:27.78	22
25 Blake Bybee	Ankeny Cent	6:16.9	19:30.89	23
26 Levi Odson	Ankeny Cent	6:17.3	19:32.02	24
27 JJ / Jason Garnica	North Scott	6:17.4	19:32.44	25
28 Maddox Pitcher	CR Kennedy	6:17.6	19:33.10	26
29 Duncan Freund	Wahlert, Dub	6:19.4	19:38.74	27
30 Canton Welsch	Muscatine	6:20.8	19:43.10	28
31 Kyle Brewer	Muscatine	6:21.1	19:43.77	29
32 Brogan Ganshert	Dvpt, Central	6:21.2	19:44.08	30
33 Cooper Bries	Pleasant Valley	6:22.5	19:48.22	
34 Lane Morgart	Pleasant Valley	6:23.3	19:50.60	
35 Jacob Krambeer	Prairie, CR	6:23.9	19:52.62	31
36 Carter Bass	Dvpt, Central	6:25.2	19:56.54	32
37 Liam Clark	Prairie, CR	6:25.5	19:57.44	33
38 Tim Regan	North Scott	6:27.1	20:02.53	34
39 Owen Levora	Bettendorf	6:27.3	20:03.22	35
40 Michael Seamans	Prairie, CR	6:28.5	20:06.80	36
41 Jordan DeSimone	Bettendorf	6:28.6	20:07.32	37
42 Thomas Bacon	Pleasant Valley	6:28.8	20:07.88	
43 Ethan White	CR Kennedy	6:29.4	20:09.68	38
44 Anthony Zachar	CR Kennedy	6:30.8	20:13.93	39
45 Braxton Helstrom	Dvpt, Central	6:31.0	20:14.77	40
46 Aaron Raleigh	North Scott	6:32.3	20:18.56	41
47 Lane Moeckly	Ankeny Cent	6:33.8	20:23.25	42
48 J.J. McDermott	Bettendorf	6:34.8	20:26.44	
49 Gavin Wolbers	Wahlert, Dub	6:35.5	20:28.57	43
50 Laird Hanna	CR Washington	6:36.7	20:32.25	44
51 Malachi Armon	CR Jefferson	6:37.2	20:33.86	45
52 Dade Davis	Prairie, CR	6:38.7	20:38.59	46

**2023 Cedar Rapids Cross Country Invitational - 9/7/2023****Seminole Valley Cross County Course****Rankings****...Event 2 Boys 5k Run CC Freshman/Sophomore**

53	Neil Cogdill	CR Kennedy	6:41.3	20:46.75	47
54	Truman Brooks	Bettendorf	6:42.8	20:51.28	
55	Roman Wright	CR Jefferson	6:45.3	20:59.10	48
56	Ben Miller	Muscatine	6:45.3	20:59.23	49
57	Owen Dew	CR Washington	6:46.2	21:01.86	50
58	Jonathan Klapatauskas	Wahlert, Dub	6:46.5	21:02.94	51
59	Athon Wilcox	Pleasant Valley	6:47.7	21:06.69	
60	Colin Merrell	Pleasant Valley	6:48.2	21:08.09	
61	Brady Cripe	Xavier, CR	6:48.4	21:08.65	52
62	Nicholas Reisinger	CR Washington	6:49.3	21:11.55	53
63	JP Auer	Wahlert, Dub	6:50.5	21:15.37	54
64	Colbie Shupe	Pleasant Valley	6:51.1	21:17.18	
65	Shawn Harris	Ankeny Cent	6:51.8	21:19.31	
66	Cole Sharar	Muscatine	6:52.5	21:21.50	55
67	Henry Appleby-Sparrow	CR Washington	6:53.0	21:23.08	56
68	Greyson Mesch	CR Kennedy	6:53.6	21:25.01	
69	Koen Krambeck	North Scott	6:54.2	21:26.67	57
70	Vrayas Pila	Pleasant Valley	6:54.9	21:28.97	
71	Jayden Krogmann	Clinton	6:55.5	21:30.66	58
72	Josh Schwartzhoff	Dvpt, Central	6:57.9	21:38.20	59
73	Will Fitzpatrick	Wahlert, Dub	7:00.1	21:45.12	60
74	Ethan Freckleton	Pleasant Valley	7:00.9	21:47.52	
75	Griffin Adkins	Pleasant Valley	7:02.2	21:51.58	
76	Cooper McLeod	Muscatine	7:04.4	21:58.41	61
77	Dean Landis	Ankeny Cent	7:04.5	21:58.68	
78	Killian Simanek	Xavier, CR	7:05.4	22:01.51	62
79	Rowan Shalk	Bettendorf	7:05.6	22:02.24	
80	Finnegan Newlin	Wahlert, Dub	7:06.7	22:05.67	63
81	Logan Bailey	Muscatine	7:07.1	22:06.76	64
82	Rowan Adkins	Pleasant Valley	7:08.1	22:09.78	
83	Charlie Waechter	CR Jefferson	7:08.1	22:09.87	65
84	Micah Rohde	Bettendorf	7:08.5	22:11.08	
85	Ian Eirp	CR Jefferson	7:09.7	22:14.96	66
86	Carter Kuhl	Ankeny Cent	7:10.8	22:18.28	
87	Nate Holst	North Scott	7:11.2	22:19.58	67
88	Garrett Schutte	Pleasant Valley	7:11.4	22:20.08	
89	Ben Nelson	Ankeny Cent	7:11.9	22:21.80	
90	Paul Marchik	Pleasant Valley	7:12.7	22:24.08	
91	Sam Crawford	Dvpt, Central	7:12.7	22:24.29	68
92	Ivan Akolly	Dvpt, North	7:13.0	22:25.06	69
93	Brandon Gass	CR Jefferson	7:13.2	22:25.76	70
94	Harper Beck	CR Kennedy	7:13.6	22:27.02	
95	Jonas Robinson	Ankeny Cent	7:13.9	22:28.08	
96	Evan Osler	Pleasant Valley	7:14.4	22:29.45	
97	Michael Hartmann	Wahlert, Dub	7:14.7	22:30.42	
98	Brandon Thomas	Pleasant Valley	7:15.4	22:32.67	
99	Caden Messenger	CR Washington	7:15.7	22:33.39	71
100	Seth Schechinger	Xavier, CR	7:19.5	22:45.24	72
101	Joseph Dake	Xavier, CR	7:19.9	22:46.45	73
102	Blake Burbridge	Pleasant Valley	7:20.6	22:48.77	
103	Carter Dunham	Clinton	7:22.0	22:53.07	74
104	Neal Patel	Pleasant Valley	7:22.0	22:53.20	
105	John Mansur	Ankeny Cent	7:22.1	22:53.38	
106	Jack Belby	Pleasant Valley	7:25.1	23:02.70	
107	Bennett Welcher	Ankeny Cent	7:25.3	23:03.25	



