

# Eastern Iowa Classic HS

**OFFICIAL** 📅 Thu, Sep 21, 2023 📍 Seminole Valley Park

## Mens Results

### 5,000 Meters Junior Varsity

#### Official Team Scores

1. Iowa City City High	20
2. Iowa City West	54
3. Linn-Mar Marion	63
4. Cedar Rapids Kennedy	123
5. Center Point-Urbana	157
6. Regina Iowa City	199
7. Cedar Rapids Washington	208
8. Clear Creek-Amana	228
9. Marion	257

1.	11	Owen Hanson	16:59.37	Linn-Mar Marion
2.	12	Ben Platte	17:12.09	Iowa City City High
3.	11	William Karr	17:13.24	Iowa City City High
4.	11	Mustafa Noreldaim	17:20.14	Iowa City City High
5.	12	Jack Degner	17:25.14	Iowa City City High
6.	11	Ephram Byler	17:25.37	Iowa City City High
7.	9	Colin Wehrle	17:37.26	Iowa City West
8.	11	Seth Yoder	17:39.81	Iowa City City High
9.	9	Henry Vande Berg	17:47.35	Iowa City City High
10.	10	Thomas Tong	17:57.52	Iowa City West
11.	11	Dylan Beerends	17:59.79	Iowa City City High
12.	11	Henri Renaud	18:02.45	Iowa City City High
13.	10	Jack Eastvold	18:03.41	Iowa City West
14.	11	Brady Gluba	18:04.73	Iowa City City High
15.	11	Casandro Chan	18:06.47	Iowa City West
16.	10	Jack Leman	18:06.85	Iowa City City High
17.	12	Thiago Bedal	18:06.97	Linn-Mar Marion
18.	12	Logan Waters	18:07.32	Iowa City West
19.	12	Hudson Decklever	18:08.54	Linn-Mar Marion
20.	11	Griffin Adamson	18:11.69	Linn-Mar Marion
21.	9	Evan Merrill	18:16.99	Iowa City West
22.	10	Jack Edwards	18:17.86	Iowa City City High
23.	11	Zach Falk	18:18.84	Iowa City City High
24.	10	Robbie Hoke	18:24.29	Linn-Mar Marion
25.	11	Lucas Tentinger	18:25.40	Linn-Mar Marion
26.	11	Talan Stradt	18:26.68	Linn-Mar Marion
27.	9	Jonah Sands	18:27.41	Linn-Mar Marion
28.	11	Timmy Hosier	18:28.56	Iowa City City High

## Womens Results

### 5,000 Meters Junior Varsity

#### Official Team Scores

1. Linn-Mar Marion	15
2. Iowa City West	54
3. Clear Creek-Amana	86
4. Cedar Rapids Washington	113
5. Cedar Rapids Kennedy	144
6. Regina Iowa City	159
7. Center Point-Urbana	182

1.	10	Avery Dechant	21:41.81	Linn-Mar Marion
2.	10	Chloe Kozloski	21:44.58	Linn-Mar Marion
3.	11	Anna Buchholz	21:52.73	Linn-Mar Marion
4.	10	Leah Paulson	22:05.48	Linn-Mar Marion
5.	10	Anika Haugen	22:08.38	Linn-Mar Marion
6.	12	Violet Clark	22:22.59	Iowa City West
7.	11	Zoe Scott	22:34.60	Linn-Mar Marion
8.	9	Olivia Lindeman	22:36.34	Linn-Mar Marion
9.	9	Chloe Adamson	22:36.45	Linn-Mar Marion
10.	12	Ijin Shim	22:58.33	Iowa City West
11.	11	Ivy Hendrickson	23:17.12	Iowa City West
12.	-	Olivia Orszula	23:20.44	Iowa City West
13.	9	Brooke Walrath	23:27.37	Linn-Mar Marion
14.	11	Katie Christenson	23:44.65	Linn-Mar Marion
15.	12	Eva Ford	23:47.18	Cedar Rapids Kennedy
16.	12	Rita Sourwine	23:49.67	Linn-Mar Marion
17.	11	Olivia Stopko	23:59.70	Clear Creek-Amana
18.	9	Summer Stiltner	24:01.06	Clear Creek-Amana
19.	9	Alyssa Shounick	24:03.50	Clear Creek-Amana
20.	9	Maya Lindwall	24:03.58	Cedar Rapids Washington
21.	10	Delaney Shindelar	24:04.94	Marion
22.	11	Josie Klett	24:13.00	Center Point-Urbana
23.	11	Sophia Olivo	24:14.19	Iowa City West
24.	9	Lilly Lemke	24:14.39	Cedar Rapids Washington
25.	9	Jadyn Pauly	24:30.77	Marion
26.	11	Katelyn Orr	24:38.65	Linn-Mar Marion
27.	12	Morgan Like	24:43.46	Linn-Mar Marion
28.	11	Greta Kautz	24:54.27	Marion
29.	9	Kennedi Cartier	25:01.19	Clear Creek-Amana
30.	12	Gabby Sueppel	25:05.75	Regina Iowa City
31.	10	Ellie Scott	25:22.36	Linn-Mar Marion

29.	<sup>10</sup>	Parker Holten	18:30.21	Linn-Mar Marion	32.	<sup>11</sup>	Tina Hong	25:39.65	Iowa City West
30.	<sup>9</sup>	Cooper Adams	18:30.68	Linn-Mar Marion	33.	<sup>12</sup>	Angelina Forte	25:49.71	Iowa City West
31.	<sup>9</sup>	Henry Lawler	18:31.05	Iowa City West	34.	<sup>11</sup>	Madi Tonelli	25:51.67	Clear Creek-Amana
32.	<sup>10</sup>	Asif Ali	18:31.73	Iowa City West	35.	<sup>10</sup>	Sarah Novak	26:16.06	Cedar Rapids Washington
33.	<sup>9</sup>	Dara Olaleye	18:34.84	Iowa City West	36.	<sup>11</sup>	Annie Dickens	26:16.07	Iowa City West
34.	<sup>11</sup>	Zachary Ispentchian	18:36.52	Cedar Rapids Kennedy	37.	<sup>10</sup>	Marley Lytle	26:22.37	Cedar Rapids Washington
35.	<sup>10</sup>	Grant Pattridge	18:43.57	Cedar Rapids Kennedy	38.	<sup>9</sup>	Alena Jensen	26:26.27	Cedar Rapids Washington
36.	<sup>9</sup>	Levi Graham	18:50.95	Center Point-Urbana	39.	<sup>10</sup>	Julia Bruns	26:29.83	Cedar Rapids Kennedy
37.	<sup>12</sup>	Jonah McMahan	18:55.19	Cedar Rapids Kennedy	40.	<sup>9</sup>	Jana Fayed	26:49.73	Linn-Mar Marion
38.	<sup>11</sup>	Evan Felton	18:57.26	Linn-Mar Marion	41.	<sup>12</sup>	Rya McFarland	27:00.90	Cedar Rapids Washington
39.	<sup>11</sup>	Sintayehu Hall	18:59.55	Cedar Rapids Kennedy	42.	<sup>10</sup>	Riley Sabin	27:03.88	Center Point-Urbana
40.	<sup>11</sup>	Bhargava Mayla	19:00.60	Linn-Mar Marion	43.	<sup>11</sup>	Melia Pursley	27:16.54	Regina Iowa City
41.	<sup>9</sup>	Advait Kalaver	19:01.42	Linn-Mar Marion	44.	<sup>10</sup>	Emily Pritchard	27:23.52	Regina Iowa City
42.	<sup>12</sup>	Christian Hodgins	19:01.70	Cedar Rapids Kennedy	45.	<sup>11</sup>	Kate Dupuich	27:27.47	Iowa City West
43.	<sup>12</sup>	Tate Whittaker-Smith	19:09.18	Linn-Mar Marion	46.	<sup>11</sup>	Lily McConnell	27:32.45	Iowa City West
44.	<sup>11</sup>	Brady Olson	19:10.72	Iowa City West	47.	-	Claire Loan	27:35.56	Cedar Rapids Kennedy
45.	<sup>9</sup>	Arefat Ali	19:14.54	Cedar Rapids Kennedy	48.	<sup>12</sup>	Bethany May	27:36.95	Marion
46.	<sup>10</sup>	Will Cardo	19:22.15	Center Point-Urbana	49.	<sup>9</sup>	Scarlett Dwyer	27:40.23	Cedar Rapids Washington
47.	<sup>9</sup>	Beckett Tobin	19:22.22	Iowa City City High	50.	<sup>10</sup>	Ryan Chittenden	27:45.70	Cedar Rapids Kennedy
48.	<sup>10</sup>	Ben Sholes	19:22.66	Center Point-Urbana	51.	<sup>9</sup>	Frances Roland	28:00.63	Cedar Rapids Washington
49.	<sup>10</sup>	Ethan White	19:24.75	Cedar Rapids Kennedy	52.	<sup>10</sup>	Kayla Langerman	28:14.02	Cedar Rapids Kennedy
50.	<sup>9</sup>	Zach Bruzek	19:26.83	Iowa City West	53.	<sup>11</sup>	Frannie Stilwell	28:16.16	Cedar Rapids Washington
51.	<sup>9</sup>	Jonah Detweiler	19:28.51	Linn-Mar Marion	54.	<sup>9</sup>	Becca Boblenz	28:22.97	Regina Iowa City
52.	<sup>10</sup>	Anthony Zachar	19:29.22	Cedar Rapids Kennedy	55.	<sup>11</sup>	Mya Koppes	28:24.47	Linn-Mar Marion
53.	<sup>9</sup>	Maddox Pitcher	19:29.81	Cedar Rapids Kennedy	56.	<sup>10</sup>	Avery Recker	28:25.19	Regina Iowa City
54.	<sup>9</sup>	Mose Caulk	19:29.92	Iowa City City High	57.	<sup>12</sup>	Natalie Martin	28:27.23	Cedar Rapids Kennedy
56.	<sup>10</sup>	James Wood	19:37.10	Linn-Mar Marion	58.	<sup>12</sup>	Lydia Appleby-Sparrow	28:32.00	Cedar Rapids Washington
57.	<sup>9</sup>	Chris Lindsay	19:37.21	Linn-Mar Marion	59.	<sup>10</sup>	Addy McDermott	28:35.50	Linn-Mar Marion
58.	<sup>10</sup>	Leo Hackett	19:37.65	Linn-Mar Marion	60.	<sup>11</sup>	Alex Cherry	28:36.28	Cedar Rapids Washington
59.	<sup>9</sup>	Beckham Erickson	19:40.22	Linn-Mar Marion	61.	<sup>10</sup>	Makenzie Cone	28:38.81	Cedar Rapids Kennedy
60.	<sup>11</sup>	Tanner Wilson	19:40.29	Cedar Rapids Kennedy	62.	<sup>11</sup>	Grace Cruse	28:48.38	Cedar Rapids Washington
61.	<sup>9</sup>	Hayden Reilly	19:41.47	Cedar Rapids Washington	63.	<sup>11</sup>	Hannah Gross	29:00.90	Clear Creek-Amana
62.	<sup>11</sup>	Owen Gahn	19:43.30	Iowa City City High	64.	<sup>9</sup>	Emily Goebel	29:18.72	Center Point-Urbana
63.	<sup>9</sup>	Thomas Hiscock	19:43.31	Linn-Mar Marion	65.	<sup>9</sup>	Haylie Ayala	29:22.83	Cedar Rapids Kennedy
64.	<sup>8</sup>	Silas Gollnick	19:43.33	Iowa City City High	66.	-	Rachel Calhoun	29:23.69	Iowa City West
65.	<sup>11</sup>	David Waweru	19:47.77	Cedar Rapids Kennedy	67.	<sup>10</sup>	Abby Tierney	29:32.22	Regina Iowa City
66.	<sup>8</sup>	Alexander Tempel	19:51.67	Linn-Mar Marion	68.	<sup>11</sup>	Reese Heisdorffer	29:46.17	Clear Creek-Amana
67.	<sup>10</sup>	Kameron Dunkin	19:52.28	Clear Creek-Amana	69.	-	Julia Enguidanos Faet	29:56.66	Cedar Rapids Kennedy
68.	<sup>10</sup>	Jack Fagan	19:52.29	Linn-Mar Marion	70.	<sup>11</sup>	Thanh Beech	30:45.16	Linn-Mar Marion
69.	<sup>9</sup>	Dylan Frisvold	19:52.36	Iowa City West	71.	<sup>12</sup>	Rachel Eckhoff	30:58.99	Regina Iowa City
70.	<sup>12</sup>	Carlos Morales	19:53.43	Linn-Mar Marion	72.	<sup>11</sup>	Allison Mourlam	32:16.73	Center Point-Urbana
71.	<sup>10</sup>	Quinn Lorenz	19:58.76	Linn-Mar Marion	73.	<sup>10</sup>	Allison Boyle	33:11.26	Cedar Rapids Washington
72.	<sup>11</sup>	Brady Kosikas	20:02.30	Linn-Mar Marion	74.	<sup>10</sup>	Sara Mutuale	34:44.05	Cedar Rapids Washington
73.	<sup>9</sup>	Lars Pressler	20:07.61	Iowa City West	75.	<sup>9</sup>	Emily Mourlam	35:48.31	Center Point-Urbana
74.	<sup>9</sup>	Cooper Ross	20:09.23	Center Point-Urbana	76.	<sup>9</sup>	Lola Cordell	37:54.33	Center Point-Urbana
75.	<sup>9</sup>	Drew Benson	20:09.86	Iowa City West					
76.	<sup>11</sup>	Karsten Ghabel	20:10.20	Iowa City West					
77.	<sup>9</sup>	Neil Cogdill	20:11.07	Cedar Rapids Kennedy					
78.	<sup>10</sup>	Caden Burkle	20:12.78	Clear Creek-Amana					
79.	<sup>9</sup>	David Whittaker	20:13.29	Iowa City City High					
80.	<sup>9</sup>	Sam Richman	20:15.39	Iowa City City High					
81.	<sup>10</sup>	Brendan Olney	20:17.19	Regina Iowa City					
82.	<sup>9</sup>	Preston Mayhew	20:18.13	Iowa City City High					
83.	<sup>11</sup>	Kai Merrill	20:19.42	Iowa City West					
84.	<sup>12</sup>	Joe Polyak	20:20.38	Regina Iowa City					
85.	<sup>9</sup>	Silas Suchomel	20:21.85	Iowa City City High					
86.	<sup>11</sup>	Dylan Koepnick	20:24.40	Linn-Mar Marion					
87.	<sup>12</sup>	Nathan Kozelsky	20:25.31	Cedar Rapids Washington					
88.	<sup>12</sup>	Will Boblenz	20:27.29	Regina Iowa City					
89.	<sup>11</sup>	Bassil Elshiekh	20:29.08	Linn-Mar Marion					
90.	<sup>9</sup>	Jackson Parr	20:29.72	Linn-Mar Marion					
91.	<sup>10</sup>	Lucas Correa Leibfried	20:33.49	Iowa City West					
92.	<sup>12</sup>	James DeSmet	20:36.28	Center Point-Urbana					
93.	<sup>12</sup>	Emiliano Herrera-Sinnwell	20:36.29	Regina Iowa City					

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## 5,000 Meters Varsity

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### Official Team Scores

1. Iowa City West	42
2. Linn-Mar Marion	64
3. Marion	85
4. Center Point-Urbana	101
5. Cedar Rapids Kennedy	138
6. Regina Iowa City	142

94.	<sup>9</sup> Owen Dew	20:37.36	Cedar Rapids Washington
95.	<sup>10</sup> Ethan Lee	20:37.76	Iowa City West
96.	<sup>10</sup> Caleb Klinkenberg	20:38.93	Linn-Mar Marion
97.	<sup>12</sup> Aidan Ziegler	20:40.67	Cedar Rapids Kennedy
98.	<sup>9</sup> Max Stephens	20:42.69	Iowa City West
99.	<sup>12</sup> Mikey Russo	20:43.03	Center Point-Urbana
100.	<sup>9</sup> Colin Wendling	20:43.06	Linn-Mar Marion
101.	<sup>9</sup> Ben Donald	20:44.71	Iowa City West
102.	<sup>9</sup> Brayden Pettit	20:49.00	Linn-Mar Marion
103.	<sup>9</sup> Mac Wilson	20:51.19	Iowa City West
104.	<sup>9</sup> Nicholas Reisinger	20:52.21	Cedar Rapids Washington
105.	<sup>11</sup> Ethan Kamphaugh	20:54.71	Linn-Mar Marion
106.	<sup>12</sup> Cole Pruet	20:55.13	Cedar Rapids Kennedy
107.	<sup>12</sup> Elliott Rogers-Cole	20:56.41	Marion
108.	<sup>11</sup> Nolan Balmer	20:58.20	Iowa City City High
109.	<sup>10</sup> Siddharth Venkatesan	20:58.30	Iowa City West
110.	<sup>9</sup> Hugh Loening	20:58.98	Regina Iowa City
111.	<sup>11</sup> Nick Kongable	21:00.70	Center Point-Urbana
112.	<sup>9</sup> Beckett Roos	21:01.19	Iowa City City High
113.	<sup>12</sup> Michael Roelofs	21:01.75	Center Point-Urbana
114.	<sup>10</sup> Charles Clark	21:04.13	Marion
115.	<sup>9</sup> Elijah Thompson	21:11.45	Clear Creek-Amana
116.	<sup>9</sup> Joe Schlitz	21:14.80	Iowa City City High
117.	<sup>10</sup> Brady Limbert	21:16.99	Linn-Mar Marion
118.	<sup>11</sup> Richard Yang	21:18.44	Iowa City West
119.	<sup>10</sup> Samuel Proctor	21:20.89	Marion
120.	<sup>9</sup> Jackson Kelly	21:23.51	Center Point-Urbana
121.	<sup>12</sup> Cole Iburg	21:23.79	Clear Creek-Amana
122.	<sup>12</sup> Ben Knipfer	21:25.41	Cedar Rapids Kennedy
123.	<sup>10</sup> Bronson Beals	21:25.91	Linn-Mar Marion
124.	<sup>9</sup> Ahmad Elshiekh	21:26.80	Linn-Mar Marion
125.	<sup>12</sup> Connor Rogahn	21:28.09	Cedar Rapids Washington
126.	<sup>10</sup> Owen Snyder	21:29.73	Linn-Mar Marion
127.	<sup>12</sup> Mandjou Camara	21:33.11	Cedar Rapids Washington
128.	<sup>9</sup> Blake Beaver	21:36.12	Cedar Rapids Kennedy
129.	<sup>10</sup> Henry Timmer Hackert	21:37.14	Iowa City West
130.	<sup>9</sup> Greyson Mesch	21:43.42	Cedar Rapids Kennedy
131.	<sup>9</sup> Joey Napoli	21:44.22	Iowa City City High
132.	<sup>10</sup> Aiden Moore	21:45.21	Linn-Mar Marion
133.	<sup>11</sup> Jacob Dixon	21:49.01	Iowa City City High
134.	<sup>9</sup> Daniel Tirgardoun	21:52.86	Iowa City West
135.	<sup>12</sup> Truman Bright	21:52.99	Iowa City City High
136.	<sup>11</sup> Jacob Dreier	21:53.04	Center Point-Urbana
137.	<sup>9</sup> Nikolia Gartelos	21:53.72	Iowa City City High
138.	<sup>10</sup> Henry Appleby-Sparrow	21:59.20	Cedar Rapids Washington
139.	<sup>9</sup> Harper Beck	22:01.10	Cedar Rapids Kennedy
140.	<sup>12</sup> Will Farnsworth	22:03.57	Regina Iowa City
141.	<sup>9</sup> Zayde Davis	22:12.11	Center Point-Urbana
142.	<sup>9</sup> Parker Derhammer	22:12.89	Cedar Rapids Kennedy
143.	<sup>9</sup> Connor Bussey	22:23.69	Marion
144.	<sup>9</sup> Alex Donovan	22:29.23	Iowa City City High
145.	<sup>12</sup> Zach Post	22:31.68	Center Point-Urbana
146.	<sup>11</sup> Kaden McCloe	22:35.34	Linn-Mar Marion
147.	<sup>10</sup> Caden Messenger	22:37.53	Cedar Rapids Washington
148.	<sup>9</sup> Nick Larson	22:41.83	Regina Iowa City
149.	<sup>10</sup> Max Schebel	22:46.78	Iowa City West
150.	<sup>11</sup> Adam Kmetz	23:01.96	Linn-Mar Marion
151.	<sup>9</sup> Sidney Westgard	23:02.39	Iowa City West
152.	<sup>12</sup> Hayden Wildman	23:05.95	Linn-Mar Marion
153.	<sup>9</sup> Jacob Beneke	23:11.65	Iowa City West
154.	<sup>10</sup> Owen Mclaughlin	23:13.15	Cedar Rapids Kennedy
155.	<sup>9</sup> Jackson McGonegle	23:28.94	Center Point-Urbana
156.	<sup>9</sup> Theo Allred	23:31.53	Iowa City City High
157.	<sup>9</sup> Jayden Otis	23:35.72	Iowa City West

## 7. Cedar Rapids Washington 148

1.	<sup>10</sup> Kate Van Waning	19:10.58	Iowa City West
2.	<sup>10</sup> Addison Dabroski	19:27.02	Marion
3.	<sup>9</sup> Hailey Kozloski	19:42.42	Linn-Mar Marion
4.	<sup>9</sup> Grace Estling	19:43.58	Center Point-Urbana
5.	<sup>10</sup> Haddie Levake	19:48.18	Cedar Rapids Washington
6.	<sup>12</sup> Emma Wilkerson	19:56.81	Center Point-Urbana
7.	<sup>12</sup> Cindy Wang	20:03.16	Iowa City West
8.	<sup>12</sup> Ally Buck	20:17.78	Linn-Mar Marion
9.	<sup>11</sup> Kalli Titus	20:20.56	Iowa City West
10.	<sup>12</sup> Makenna Hetrick	20:21.67	Cedar Rapids Washington
11.	<sup>12</sup> Alyssa Brandt	20:22.73	Cedar Rapids Kennedy
12.	<sup>9</sup> Susanna Olson	20:23.34	Iowa City West
13.	<sup>12</sup> Erinn Varga	20:24.48	Iowa City West
14.	<sup>11</sup> Lillian Cogdill	20:28.64	Cedar Rapids Kennedy
15.	<sup>11</sup> AudryElla Meyer	20:40.49	Marion
16.	<sup>10</sup> Addie Domer	20:43.84	Linn-Mar Marion
17.	<sup>11</sup> Gabby Mauren	20:47.24	Linn-Mar Marion
18.	<sup>10</sup> Elise Moore	21:02.00	Marion
19.	<sup>10</sup> Ruby Greving	21:05.00	Regina Iowa City
20.	<sup>9</sup> Payzlee Shaffer	21:06.00	Linn-Mar Marion
21.	<sup>12</sup> Kendall Orozco	21:07.00	Marion
22.	<sup>9</sup> Bella Cole	21:08.00	Linn-Mar Marion
23.	<sup>10</sup> Lydia Evans	21:13.00	Iowa City West
24.	<sup>12</sup> Hazel Koenighain	21:18.00	Linn-Mar Marion
25.	<sup>10</sup> Harper Erwin	21:22.00	Regina Iowa City
26.	<sup>12</sup> Alli Clark	21:26.00	Regina Iowa City
27.	<sup>11</sup> Emily Bowe	21:27.00	Center Point-Urbana
28.	<sup>9</sup> Emma Manthe	21:34.00	Cedar Rapids Kennedy
29.	<sup>11</sup> Alena Dietz	21:35.00	Marion
30.	<sup>12</sup> Gabrielle Moniza	21:37.00	Iowa City West
31.	<sup>9</sup> Avanti Dunn	21:39.00	Center Point-Urbana
32.	<sup>11</sup> Kyra Cordes	21:40.00	Marion
33.	<sup>12</sup> Breka Trapp	21:45.00	Linn-Mar Marion
34.	<sup>11</sup> Sydney McCormick	21:48.00	Center Point-Urbana
35.	<sup>10</sup> Lily Miller	21:55.00	Center Point-Urbana
36.	<sup>10</sup> Ellie Johnson	21:58.00	Regina Iowa City
37.	<sup>9</sup> Lola Miller	22:00.00	Center Point-Urbana
38.	<sup>10</sup> Ruby Eastman	22:08.00	Regina Iowa City
39.	<sup>11</sup> Jayda Carnes	22:12.00	Marion
40.	<sup>12</sup> Faith Boileau	22:13.00	Regina Iowa City
41.	<sup>10</sup> Caitlyn Bell	22:20.00	Regina Iowa City
42.	<sup>12</sup> Sydney Andresen	22:26.00	Marion
43.	<sup>10</sup> Maddy Hetrick	22:28.00	Cedar Rapids Washington
44.	<sup>11</sup> Laura Fitch	22:44.00	Marion
45.	<sup>10</sup> Erin Arnold	22:54.00	Cedar Rapids Kennedy
46.	<sup>10</sup> Maria Kaiser	23:01.00	Cedar Rapids Kennedy
47.	<sup>10</sup> Olivia Hallam	23:09.00	Cedar Rapids Kennedy
48.	<sup>12</sup> Keira Sickels	23:15.00	Regina Iowa City
49.	<sup>11</sup> Greta Hansen	23:38.00	Marion
50.	<sup>11</sup> Ava Wiltgen	23:48.00	Regina Iowa City
51.	<sup>11</sup> Sophie Stilwell	23:50.00	Cedar Rapids Washington
52.	<sup>10</sup> Audrey Pruet	23:53.00	Cedar Rapids Kennedy
53.	<sup>9</sup> Alanna Lahart	24:12.00	Cedar Rapids Washington
54.	<sup>12</sup> Grace Hallam	24:19.00	Cedar Rapids Kennedy
55.	<sup>9</sup> Maya Lahart	24:26.00	Cedar Rapids Washington
56.	<sup>9</sup> Avery Campbell	24:26.01	Cedar Rapids Kennedy
57.	<sup>12</sup> Reagan Stock	24:43.00	Cedar Rapids Washington
58.	<sup>12</sup> Cate Klitgaard	24:53.00	Regina Iowa City
59.	<sup>10</sup> Ellison Pierce	25:56.00	Cedar Rapids Kennedy

158.	<sup>12</sup> Justin Leemhuis	23:36.29	Linn-Mar Marion
159.	<sup>9</sup> Joel Kolder	23:37.23	Cedar Rapids Washington
160.	<sup>11</sup> Corban McCoy	23:47.11	Marion
161.	<sup>12</sup> Hunter Reynolds	23:57.06	Linn-Mar Marion
162.	<sup>10</sup> Jackson Kopecky	23:59.41	Regina Iowa City
163.	<sup>9</sup> Zayin Barkley	24:08.99	Marion
164.	<sup>11</sup> Brady VanVang	24:11.58	Iowa City City High
165.	<sup>9</sup> Matthew Myrom	24:24.39	Linn-Mar Marion
166.	<sup>11</sup> Cameron Andrews	24:27.74	Cedar Rapids Washington
167.	<sup>9</sup> Noah Bourget	24:54.38	Clear Creek-Amana
168.	<sup>11</sup> Sam Biles	25:08.49	Linn-Mar Marion
169.	<sup>11</sup> Arav Parandkar	25:18.87	Iowa City City High
170.	<sup>9</sup> Jasper Morton	25:26.49	Iowa City City High
171.	<sup>9</sup> Cael Salow	25:30.89	Center Point-Urbana
172.	<sup>9</sup> Benjamin Tentinger	26:16.35	Linn-Mar Marion
173.	<sup>11</sup> Eli Whitaker	26:22.85	Regina Iowa City
174.	<sup>9</sup> Reece Rambo	28:22.60	Center Point-Urbana

## 5,000 Meters Varsity

### Official Team Scores

1.	Cedar Rapids Kennedy	20
2.	Iowa City City High	54
3.	Iowa City West	73
4.	Linn-Mar Marion	82
5.	Center Point-Urbana	152
6.	Marion	152
7.	Regina Iowa City	206
8.	Cedar Rapids Washington	236
9.	Clear Creek-Amana	276

1.	<sup>11</sup> Moustafa Tiea	15:40.90	Iowa City West
2.	<sup>10</sup> Adam Gray	15:41.38	Cedar Rapids Kennedy
3.	<sup>12</sup> Jacob Bruns	15:53.79	Cedar Rapids Kennedy
4.	<sup>12</sup> Henry McMahan	16:00.88	Cedar Rapids Kennedy
5.	<sup>12</sup> Reece Murray	16:12.57	Cedar Rapids Kennedy
6.	<sup>10</sup> Slader Buckheister	16:12.91	Cedar Rapids Kennedy
7.	<sup>12</sup> Owyn Noble	16:13.52	Iowa City City High
8.	<sup>10</sup> Linus McRoberts	16:24.98	Iowa City City High
9.	<sup>10</sup> Caleb Benson	16:30.05	Iowa City West
10.	<sup>12</sup> Riley Kuhn	16:30.38	Linn-Mar Marion
11.	<sup>12</sup> Cooper Cook	16:31.41	Marion
12.	<sup>11</sup> George Karr	16:32.46	Iowa City City High
13.	<sup>10</sup> Max McDowell	16:33.60	Iowa City City High
14.	<sup>9</sup> David Randall	16:34.49	Iowa City City High
14.	<sup>10</sup> Ethan Cheney	16:34.49	Linn-Mar Marion
16.	<sup>12</sup> Graedyn Morrissey	16:41.21	Linn-Mar Marion
17.	<sup>11</sup> Ethan Boston	16:47.59	Linn-Mar Marion
18.	<sup>12</sup> Michael Lee	16:52.78	Iowa City West
19.	<sup>9</sup> Will Carey	16:53.65	Iowa City City High
20.	<sup>11</sup> Adam Schaefer	16:55.46	Iowa City City High
21.	<sup>12</sup> Jordan Fischer	16:55.79	Marion
22.	<sup>11</sup> Sam Showers	16:58.04	Iowa City West

23.	<sup>11</sup>	Brice Wahe	16:59.16	Iowa City West
24.	<sup>9</sup>	Will Kennedy	17:06.19	Linn-Mar Marion
25.	<sup>10</sup>	Jarris Prottzman	17:08.05	Iowa City City High
26.	<sup>10</sup>	Cayle Estling	17:15.02	Center Point-Urbana
27.	<sup>10</sup>	Bennett Kautz	17:15.24	Marion
28.	<sup>12</sup>	Brody Behrens	17:16.36	Center Point-Urbana
29.	<sup>12</sup>	Robert Stong	17:18.34	Iowa City West
30.	<sup>12</sup>	Blayze Havel	17:18.93	Center Point-Urbana
31.	<sup>12</sup>	Ezra Crandall	17:19.06	Linn-Mar Marion
32.	<sup>11</sup>	Reuben Schlaak	17:30.21	Cedar Rapids Kennedy
33.	<sup>10</sup>	Venelin Kotev	17:32.20	Iowa City West
34.	<sup>10</sup>	Lincoln McMahan	17:34.47	Cedar Rapids Kennedy
35.	<sup>12</sup>	Brendan Bakker	17:35.98	Linn-Mar Marion
36.	<sup>12</sup>	Casey Kirtz	17:40.17	Center Point-Urbana
37.	<sup>10</sup>	Nathaniel Goff	17:41.05	Cedar Rapids Kennedy
38.	<sup>10</sup>	Noah Penn	17:41.62	Cedar Rapids Kennedy
39.	<sup>11</sup>	Carter Easton	17:42.95	Center Point-Urbana
40.	<sup>12</sup>	Benjamin White	17:44.14	Linn-Mar Marion
41.	<sup>12</sup>	Alexander Volden	17:47.18	Cedar Rapids Kennedy
42.	<sup>12</sup>	Isaac Larson	17:52.63	Center Point-Urbana
43.	<sup>10</sup>	Praneel Rastogi	17:56.86	Iowa City West
44.	<sup>12</sup>	Kriene Schneidermann	17:58.96	Cedar Rapids Washington
45.	<sup>12</sup>	Ambrose Nuxoll	18:00.09	Regina Iowa City
46.	<sup>12</sup>	Colin Olney	18:00.41	Regina Iowa City
47.	<sup>10</sup>	Howie O'Rourke	18:01.65	Regina Iowa City
48.	<sup>10</sup>	Evan White	18:01.68	Regina Iowa City
49.	<sup>11</sup>	Tyler Person	18:03.45	Linn-Mar Marion
50.	<sup>12</sup>	Bradley Jones	18:06.16	Center Point-Urbana
51.	<sup>12</sup>	Matt Takacs	18:08.91	Regina Iowa City
52.	<sup>10</sup>	Landon Batcheler	18:10.16	Center Point-Urbana
53.	<sup>9</sup>	Brycen Oberbroeckling	18:16.26	Marion
54.	<sup>11</sup>	Lucas Burkamper	18:17.16	Cedar Rapids Washington
55.	<sup>11</sup>	Samuel Welter	18:33.07	Regina Iowa City
56.	<sup>11</sup>	Louis Dew	18:49.72	Cedar Rapids Washington
57.	<sup>11</sup>	Asher Weems	18:50.55	Marion
58.	<sup>12</sup>	Riordan Smith	18:58.12	Regina Iowa City
59.	<sup>12</sup>	Quinn Warren	19:03.33	Regina Iowa City
60.	<sup>12</sup>	Isaiah Smith	19:03.71	Cedar Rapids Washington
61.	<sup>9</sup>	Luke Young	19:04.82	Clear Creek-Amana
62.	<sup>12</sup>	Kyle Reisinger	19:04.92	Cedar Rapids Washington
63.	<sup>11</sup>	Kyle James	19:05.91	Center Point-Urbana
64.	<sup>10</sup>	Odin Hankins	19:12.31	Clear Creek-Amana
65.	<sup>11</sup>	Tate Schloss	19:20.80	Clear Creek-Amana
66.	<sup>11</sup>	Josiah Gregory	19:20.81	Marion
67.	<sup>9</sup>	Beckett Boeset	19:22.28	Clear Creek-Amana
68.	<sup>11</sup>	Andrew Rotzoll	19:23.91	Clear Creek-Amana
69.	<sup>10</sup>	Austin Damisch	19:29.97	Cedar Rapids Washington
70.	<sup>10</sup>	Conall Smith	19:30.30	Regina Iowa City
71.	<sup>11</sup>	Lincon Dardis	19:32.20	Regina Iowa City
72.	<sup>9</sup>	Brooks Coates	19:34.30	Marion
73.	<sup>11</sup>	Arthur Seufferlein	19:42.03	Marion
74.	<sup>10</sup>	Laird Hanna	19:46.75	Cedar Rapids Washington
75.	<sup>9</sup>	Azaryah Dietz	20:30.05	Marion
76.	<sup>10</sup>	Andrew Kapler	20:49.85	Marion