

2023 DENVER INVITATIONAL

Denver, IA
 Willow Run Country Club
 Host: Denver
 Monday, September 18, 2023

MEET OFFICIALS

Meet Director:
 Nate Skaar
Meet Referee:
 Bob Murphy
Timing:
 Shannon Event Timings



OFFICIAL MEET REPORT
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Race #1
Girls Junior High 2 Mile

Final Results**RACE SUMMARY****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 MS_Dike-New Hartford	47	4-5-10-11-17(26)(28)	1:13:19	14:40	1:14.5
2 MS_Aplington - Parkersbur	51	1-6-7-18-19(25)(27)	1:13:59	14:48	2:13.4
3 MS_Denver	60	3-12-14-15-16(23)(35)	1:14:01	14:49	1:13.1
4 MS_Wapsie Valley	118	20-21-22-24-31(32)(40)	1:21:19	16:16	1:32.9
5 MS_Waverly-Shell Rock	156	2-30-36-42-46	1:31:59	18:24	8:59.1
6 MS_Sumner-Fredericksbur	161	9-29-37-39-47	1:32:15	18:27	8:22.0
7 MS_Union	170	13-33-38-41-45	1:32:36	18:32	7:43.4
8 MS_Oelwein	177	8-34-43-44-48	1:39:52	19:59	8:54.2
DNP MS_BCLUW					
DNP MS_Blessed Maria Assunt					
DNP MS_Oelwein					
DNP MS_Sumner-Fredericksbur					
DNP MS_Waverly-Shell Rock					
DNP MS_Wapsie Valley					
DNP MS_Dunkerton					

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 BERNARD, Bella	7	MS_Aplington - Par	1	13:28.25	---	6:44.1	4:11.0
2 SWITZER, Chloe	8	MS_BCLUW	-	13:36.48	8.23	6:48.2	4:13.6
3 GRITTERS, Aliya	8	MS_Waverly-Shell	2	14:00.19	31.94	7:00.1	4:20.9
4 TEAGAN, Trunkhill	7	MS_Denver	3	14:02.69	34.44	7:01.3	4:21.7
5 SMITH, Jaelyn	8	MS_Dike-New Hartf	4	14:08.82	40.57	7:04.4	4:23.6
6 PETULLO, Olivia	7	MS_Dike-New Hartf	5	14:12.96	44.71	7:06.5	4:24.9
7 BERNARD, Lorna	7	MS_Aplington - Par	6	14:30.57	1:02.32	7:15.3	4:30.4
8 ENDELMAN, Charlee	7	MS_Aplington - Par	7	14:38.65	1:10.40	7:19.3	4:32.9
9 EHN, Melissa	8	MS_Oelwein	8	14:43.44	1:15.19	7:21.7	4:34.4
10 ROBERTSON, Rain	8	MS_Sumner-Freder	9	14:44.33	1:16.08	7:22.2	4:34.6
11 MOORE, Lily	8	MS_Dike-New Hartf	10	14:46.16	1:17.91	7:23.1	4:35.2
12 PETERSEN, Bryn	8	MS_Dike-New Hartf	11	14:47.05	1:18.80	7:23.5	4:35.5
13 HOCKENSON, Madelyn	8	MS_Denver	12	14:49.41	1:21.16	7:24.7	4:36.2
14 CAUSEY, Aaliyah	8	MS_Blessed Maria	-	14:49.93	1:21.68	7:25.0	4:36.4
15 KEEGAN, Finley	7	MS_Union	13	14:53.52	1:25.27	7:26.8	4:37.5
16 DOEPKE, Jillian	8	MS_Denver	14	14:56.09	1:27.84	7:28.0	4:38.3
17 STANLEY, Ellery	8	MS_Denver	15	14:56.35	1:28.10	7:28.2	4:38.4
18 WALTERS, Lucy	8	MS_BCLUW	-	15:11.84	1:43.59	7:35.9	4:43.2
19 HONN, Brooklyn	7	MS_Denver	16	15:15.73	1:47.48	7:37.9	4:44.4
20 AMES, Addi	8	MS_Dike-New Hartf	17	15:23.23	1:54.98	7:41.6	4:46.7
21 WEBER, Aubree	7	MS_Aplington - Par	18	15:39.18	2:10.93	7:49.6	4:51.7
22 STAHL, Bella	7	MS_Aplington - Par	19	15:41.58	2:13.33	7:50.8	4:52.4
23 SHANNON, Emry	7	MS_Wapsie Valley	20	15:42.41	2:14.16	7:51.2	4:52.7
24 BOHEME, Brinley	8	MS_Wapsie Valley	21	16:00.73	2:32.48	8:00.4	4:58.4

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Race #1
Girls Junior High 2 Mile

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
25 KANE, Adalynn	8	MS_Wapsie Valley	22	16:00.79	2:32.54	8:00.4	4:58.4
26 MATTHIAS, Summer	7	MS_Denver	(23)	16:15.11	2:46.86	8:07.6	5:02.8
27 STUBER, Elly	7	MS_Wapsie Valley	24	16:19.55	2:51.30	8:09.8	5:04.2
28 CASHATT, Ireland	7	MS_Aplington - Par	(25)	16:23.77	2:55.52	8:11.9	5:05.5
29 EPLEY, Lucy	7	MS_Dike-New Hartf	(26)	16:32.85	3:04.60	8:16.4	5:08.3
30 BERENDS, Violet	7	MS_Aplington - Par	(27)	16:43.04	3:14.79	8:21.5	5:11.5
31 GRIFFITH, Kaitlyn	8	MS_Dike-New Hartf	(28)	16:59.81	3:31.56	8:29.9	5:16.7
32 RYAN, Addi	8	MS_Dike-New Hartf	-	17:00.34	3:32.09	8:30.2	5:16.9
33 PROSSER, Natalie	8	MS_Sumner-Freder	29	17:11.73	3:43.48	8:35.9	5:20.4
34 WHITNEY, Eryana	8	MS_Waverly-Shell	30	17:12.28	3:44.03	8:36.1	5:20.6
35 MEYER, Eliza	7	MS_Wapsie Valley	31	17:15.27	3:47.02	8:37.6	5:21.5
36 ANEMA, Sadie	8	MS_Dike-New Hartf	-	17:18.11	3:49.86	8:39.1	5:22.4
37 RULAPAUGH, Martha	8	MS_Wapsie Valley	(32)	17:18.79	3:50.54	8:39.4	5:22.6
38 GARCIA, Brooklyn	7	MS_Union	33	17:34.21	4:05.96	8:47.1	5:27.4
39 WESTENDORF, Kenna	8	MS_Oelwein	34	17:35.11	4:06.86	8:47.6	5:27.7
40 STOTTS, Gabriella	8	MS_BCLUW	-	17:50.74	4:22.49	8:55.4	5:32.5
41 WHITE, Casadee	7	MS_BCLUW	-	17:54.46	4:26.21	8:57.2	5:33.7
42 JEYS, Madison	7	MS_Denver	(35)	17:55.98	4:27.73	8:58.0	5:34.2
43 OLMSTEAD, Mallory	7	MS_Waverly-Shell	36	18:06.34	4:38.09	9:03.2	5:37.4
44 GRAY, Mary	7	MS_Dunkerton	-	18:20.40	4:52.15	9:10.2	5:41.7
45 BARTIE, Angelina	7	MS_Sumner-Freder	37	18:31.71	5:03.46	9:15.9	5:45.3
46 SYHLMAN, Mila	7	MS_Dike-New Hartf	-	18:34.99	5:06.74	9:17.5	5:46.3
47 TOENGES, Kayla	7	MS_Union	38	18:37.59	5:09.34	9:18.8	5:47.1
48 FOUNTAIN, Addison	8	MS_Sumner-Freder	39	18:40.19	5:11.94	9:20.1	5:47.9
49 FRANCK, Addison	7	MS_Wapsie Valley	(40)	18:41.63	5:13.38	9:20.8	5:48.3
50 STEEGE, Emma	7	MS_Denver	-	18:47.08	5:18.83	9:23.5	5:50.0
51 STOCKS, Morgan	7	MS_Union	41	18:53.67	5:25.42	9:26.8	5:52.1
52 FRANCK, Arizona	7	MS_Wapsie Valley	-	19:00.49	5:32.24	9:30.2	5:54.2
53 SANDER, Carizma	8	MS_Wapsie Valley	-	19:11.59	5:43.34	9:35.8	5:57.6
54 JOHNSON, Brylie	8	MS_Waverly-Shell	42	19:40.15	6:11.90	9:50.1	6:06.5
55 BEHNKE, Mira	8	MS_Wapsie Valley	-	19:45.07	6:16.82	9:52.5	6:08.0
56 DEAN, Josie	8	MS_Blessed Maria	-	19:51.55	6:23.30	9:55.8	6:10.0
57 MCWILLIAMS, Kianna	7	MS_Dike-New Hartf	-	19:56.97	6:28.72	9:58.5	6:11.7
58 WILDEBOER, Macy	7	MS_Dike-New Hartf	-	19:57.86	6:29.61	9:58.9	6:12.0
59 WALKER, Stella	7	MS_Aplington - Par	-	20:01.82	6:33.57	10:00.9	6:13.2
60 STANBROUGH, Lilly	8	MS_Dike-New Hartf	-	20:11.85	6:43.60	10:05.9	6:16.4
61 SZURLEY, Reagan	7	MS_Wapsie Valley	-	21:22.35	7:54.10	10:41.2	6:38.2
62 SULLIVAN, Hannah	8	MS_Oelwein	43	21:43.16	8:14.91	10:51.6	6:44.7
63 SNAY, Arizona	7	MS_Oelwein	44	22:12.32	8:44.07	11:06.2	6:53.8
64 PEARSON, Skylar	8	MS_Union	45	22:36.92	9:08.67	11:18.5	7:01.4
65 WENGER, Jayne	7	MS_Dike-New Hartf	-	22:41.73	9:13.48	11:20.9	7:02.9
66 GILSTRAP, Amelia	7	MS_Waverly-Shell	46	22:59.27	9:31.02	11:29.6	7:08.3
67 BERGMAN, Sawyer	7	MS_Sumner-Freder	47	23:06.30	9:38.05	11:33.2	7:10.5
68 SHARP, Sydney	7	MS_Aplington - Par	-	23:15.00	9:46.75	11:37.5	7:13.2
69 BEHNKE, Elis	7	MS_Wapsie Valley	-	23:15.24	9:46.99	11:37.6	7:13.3
70 BUSEMAN, Adelyn	7	MS_Aplington - Par	-	23:15.39	9:47.14	11:37.7	7:13.4

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Race #1
Girls Junior High 2 Mile

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
71 CROW, April	7	MS_Oelwein	48	23:37.62	10:09.3	11:48.8	7:20.3
72 LABREE, Karissa	7	MS_Aplington - Par	-	23:49.59	10:21.3	11:54.8	7:24.0
73 FAUST, Jenta	8	MS_Wapsie Valley	-	25:13.67	11:45.4	12:36.8	7:50.1
74 HERNANDEZ, Roscely	7	MS_Dike-New Hart	-	26:19.47	12:51.2	13:09.7	8:10.5

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Race #2
Boys Junior High 2 Mile

Final Results**RACE SUMMARY****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 MS_Denver	51*	1-3-13-15-19(31)(32)	1:04:18	12:52	3:24.3
2 MS_Dike-New Hartford	51*	4-5-8-9-25(36)(37)	1:06:35	13:19	1:31.9
3 MS_Oelwein	76	2-10-12-18-34(35)(40)	1:08:11	13:39	3:07.7
4 MS_Waverly-Shell Rock	88	7-16-20-22-23(26)(27)	1:09:21	13:53	1:09.6
5 MS_Union	132	11-14-24-38-45	1:15:33	15:07	4:52.5
6 MS_Sumner-Fredericksbur	137	17-28-29-30-33(41)(43)	1:13:14	14:39	1:21.7
7 MS_BCLUW	152	6-21-39-42-44	1:18:04	15:37	5:03.6
DNP MS_Wapsie Valley					
DNP MS_Aplington - Parkersbur					
DNP MS_Dike-New Hartford					
DNP MS_BCLUW					
DNP MS_Waverly-Shell Rock					
DNP MS_Oelwein					

***Tiebreakers**

MS_Denver	1	3	13	15	19	31
MS_Dike-New Hartford	4	5	8	9	25	36

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 GOMEZ, Jesse	8	MS_Denver	1	10:34.48	---	5:17.2	3:17.0
2 IRVINE, Kaiden	8	MS_Oelwein	2	12:10.11	1:35.63	6:05.1	3:46.7
3 PAGEL, Ethan	8	MS_Denver	3	12:36.99	2:02.51	6:18.5	3:55.1
4 O'NEILL, Sully	8	MS_Dike-New Hartf	4	12:50.02	2:15.54	6:25.0	3:59.1
5 L'HEUREUX, Gus	8	MS_Dike-New Hartf	5	12:53.71	2:19.23	6:26.9	4:00.3
6 HINDERHOFER, Tommy	8	MS_BCLUW	6	13:04.08	2:29.60	6:32.0	4:03.5
7 HOMMOWUN, Matthew	7	MS_Waverly-Shell	7	13:06.42	2:31.94	6:33.2	4:04.2
8 OLSON, Isaiah	8	MS_Dike-New Hartf	8	13:09.91	2:35.43	6:35.0	4:05.3
9 PRICE, Owen	7	MS_Aplington - Par	-	13:13.21	2:38.73	6:36.6	4:06.3
10 LINDAMAN, McKennen	7	MS_Dike-New Hartf	9	13:18.73	2:44.25	6:39.4	4:08.1
11 RAEL, Brandon	8	MS_Oelwein	10	13:19.56	2:45.08	6:39.8	4:08.3
12 MULLEN, Trevor	8	MS_Union	11	13:25.63	2:51.15	6:42.8	4:10.2
13 STEINLAGE, Drake	8	MS_Oelwein	12	13:29.73	2:55.25	6:44.9	4:11.5
14 PAUTSCH, Henry	8	MS_Denver	13	13:30.82	2:56.34	6:45.4	4:11.8
15 KEISTER, Tristan	8	MS_Union	14	13:31.14	2:56.66	6:45.6	4:11.9
16 DAHLAGER, Kale	7	MS_Denver	15	13:36.88	3:02.40	6:48.4	4:13.7
17 LORENZEN, Lincoln	8	MS_Waverly-Shell	16	13:43.97	3:09.49	6:52.0	4:15.9
18 MEYER, Grayden	8	MS_Sumner-Freder	17	13:51.09	3:16.61	6:55.5	4:18.1
19 BUSHAW, Jaxson	7	MS_Oelwein	18	13:53.28	3:18.80	6:56.6	4:18.8
20 HEASLEY-EIKE, Jace	8	MS_Wapsie Valley	-	13:55.50	3:21.02	6:57.8	4:19.5
21 VALVERDE, Maddox	8	MS_Denver	19	13:58.74	3:24.26	6:59.4	4:20.5
22 WHITNEY, Caden	7	MS_Waverly-Shell	20	13:58.91	3:24.43	6:59.5	4:20.5

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Race #2
Boys Junior High 2 Mile

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
23 HUPFELD, Olin	8	MS_BCLUW	21	14:11.19	3:36.71	7:05.6	4:24.3
24 HAYES, Connor	7	MS_Waverly-Shell	22	14:15.01	3:40.53	7:07.5	4:25.5
25 CHRISTENSEN, Ben	7	MS_Waverly-Shell	23	14:15.94	3:41.46	7:08.0	4:25.8
26 BEERMANN, Phineas	7	MS_Union	24	14:17.82	3:43.34	7:08.9	4:26.4
27 SHAKESPEARE, Jax	7	MS_Dike-New Hartf	25	14:21.89	3:47.41	7:10.9	4:27.7
28 VAN BROCKLIN, JOshua	7	MS_Waverly-Shell	(26)	14:25.66	3:51.18	7:12.8	4:28.8
29 KRUTSINGER, Max	8	MS_Waverly-Shell	(27)	14:29.88	3:55.40	7:14.9	4:30.1
30 BIEBER, Elliot	8	MS_Aplington - Par	-	14:31.46	3:56.98	7:15.7	4:30.6
31 ANDERSON, Quinn	7	MS_Sumner-Freder	28	14:37.84	4:03.36	7:18.9	4:32.6
32 WELTER, Conner	7	MS_Waverly-Shell	-	14:44.42	4:09.94	7:22.2	4:34.7
33 MARTIN, Ashton	7	MS_Sumner-Freder	29	14:44.79	4:10.31	7:22.4	4:34.8
34 PRIEBE, Greyson	7	MS_Sumner-Freder	30	14:47.45	4:12.97	7:23.7	4:35.6
35 MANCHESTER, Zady	8	MS_Denver	(31)	14:55.16	4:20.68	7:27.6	4:38.0
36 POTTEBAUM, Dane	7	MS_Denver	(32)	14:56.37	4:21.89	7:28.2	4:38.4
37 WILLMS, Matthew	7	MS_Waverly-Shell	-	14:56.95	4:22.47	7:28.5	4:38.6
38 SZURLEY, Bailey	8	MS_Wapsie Valley	-	15:01.39	4:26.91	7:30.7	4:39.9
39 PAGEL, Brennan	7	MS_Sumner-Freder	33	15:12.76	4:38.28	7:36.4	4:43.5
40 GIESELMAN, Simon	8	MS_Oelwein	34	15:17.76	4:43.28	7:38.9	4:45.0
41 PROUTY, Ryne	8	MS_Oelwein	(35)	15:21.32	4:46.84	7:40.7	4:46.1
42 TARR, Elijah	7	MS_Aplington - Par	-	15:22.61	4:48.13	7:41.3	4:46.5
43 LOTT, Jalen	7	MS_Dike-New Hartf	(36)	15:22.73	4:48.25	7:41.4	4:46.6
44 BREITBACH, Sean	7	MS_Denver	-	15:25.40	4:50.92	7:42.7	4:47.4
45 TIEDT, Oliver	8	MS_Wapsie Valley	-	15:29.11	4:54.63	7:44.6	4:48.5
46 GRONOWSKI, Joey	8	MS_Dike-New Hartf	(37)	15:34.31	4:59.83	7:47.2	4:50.2
47 BRUNS, Dominic	8	MS_Waverly-Shell	-	15:40.14	5:05.66	7:50.1	4:52.0
48 THOMAS, Emery	8	MS_Denver	-	15:46.56	5:12.08	7:53.3	4:54.0
49 HERMANN, Tate	7	MS_Dike-New Hartf	-	15:58.56	5:24.08	7:59.3	4:57.7
50 STONEMAN, Cayden	8	MS_Union	38	16:00.17	5:25.69	8:00.1	4:58.2
51 PRUSHA, Zach	8	MS_BCLUW	39	16:00.51	5:26.03	8:00.3	4:58.3
52 NISSEN, Spencer	7	MS_Oelwein	(40)	16:00.64	5:26.16	8:00.3	4:58.3
53 DEUR, Mason	8	MS_Waverly-Shell	-	16:01.17	5:26.69	8:00.6	4:58.5
54 FREESE, Olin	7	MS_Dike-New Hartf	-	16:07.77	5:33.29	8:03.9	5:00.5
55 DEGEETER, Ethan	1	MS_Dike-New Hartf	-	16:11.41	5:36.93	8:05.7	5:01.7
56 HARTSOCK, Ty	7	MS_Dike-New Hartf	-	16:14.68	5:40.20	8:07.3	5:02.7
57 RITTGERS, Gabe	8	MS_Dike-New Hartf	-	16:20.39	5:45.91	8:10.2	5:04.5
58 POST, Corbin	7	MS_Waverly-Shell	-	16:24.69	5:50.21	8:12.3	5:05.8
59 MCCABE, Jayden	7	MS_Waverly-Shell	-	16:34.30	5:59.82	8:17.2	5:08.8
60 WILCOX, Braxton	8	MS_Sumner-Freder	(41)	16:36.00	6:01.52	8:18.0	5:09.3
61 STANBROUGH, Xander	8	MS_Dike-New Hartf	-	16:38.80	6:04.32	8:19.4	5:10.2
62 HINDERHOFER, Manny	7	MS_BCLUW	42	16:39.87	6:05.39	8:19.9	5:10.5
63 UHLENHOPP, Ty	8	MS_Waverly-Shell	-	16:46.94	6:12.46	8:23.5	5:12.7
64 BAKER, Jake	8	MS_Sumner-Freder	(43)	16:52.87	6:18.39	8:26.4	5:14.6
65 PERRY, Brandon	7	MS_Oelwein	-	16:57.72	6:23.24	8:28.9	5:16.1
66 MATTHIAS, Daniel	8	MS_Wapsie Valley	-	17:08.08	6:33.60	8:34.0	5:19.3
67 MOHAN, Aidan	7	MS_Waverly-Shell	-	17:30.89	6:56.41	8:45.4	5:26.4
68 MULERT, Matthew	7	MS_Denver	-	17:47.24	7:12.76	8:53.6	5:31.4

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Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
69 SCANLAN, Ethan	8	MS_BCLUW	44	18:07.63	7:33.15	9:03.8	5:37.8
70 ALTHOF, Liam	8	MS_Union	45	18:18.05	7:43.57	9:09.0	5:41.0
71 JONES, Greyson	7	MS_Waverly-Shell	-	19:02.98	8:28.50	9:31.5	5:55.0
72 PEYTON, Chase	7	MS_Sumner-Freder	-	19:08.91	8:34.43	9:34.5	5:56.8
73 WHITE, Joshua	7	MS_Dike-New Hartf	-	19:11.78	8:37.30	9:35.9	5:57.7
74 VIEROW, James	7	MS_Waverly-Shell	-	19:14.01	8:39.53	9:37.0	5:58.4
-- JOHNSON, Knox	7	MS_Dike-New Hartf	-			---	---
-- HELGEVOLD, Hugo	8	MS_Waverly-Shell	-			---	---
-- RADER, Patrick	8	MS_Oelwein	-			---	---
-- RADCLIFF, Julian	7	MS_Dike-New Hartf	-			---	---
-- BRODIGAN, Jack	8	MS_Wapsie Valley	-			---	---
-- SANDER, Carter	8	MS_Wapsie Valley	-			---	---
-- BRUNER, Garrett	8	MS_BCLUW	-			---	---
-- SHADLOW, Ethan	8	MS_BCLUW	-			---	---

2023 DENVER INVITATIONAL

Denver, IA
 Willow Run Country Club
 Host: Denver
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Timing:
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Race #3
Girls JV 5K

Final Results**RACE SUMMARY****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Sumner-Fredericksburg	35	1-2-5-10-17(18)(29)	2:03:13	24:39	3:23.5
2 Denver	36	3-4-7-8-14(20)(36)	2:04:20	24:52	1:47.0
3 Union La Porte City	71	6-11-12-19-23(30)(32)	2:10:01	26:01	2:38.2
4 Dike-New Hartford	77	9-13-15-16-24(26)(28)	2:11:03	26:13	2:09.1
5 Aplington-Parkersburg	126	21-22-25-27-31(35)(38)	2:18:43	27:45	1:48.8
6 Wapsie Valley Fairbank	183	33-34-37-39-40	2:39:35	31:55	9:17.1
DNP Dike-New Hartford					
DNP Wapsie Valley Fairbank					
DNP Oelwein					
DNP BCLUW Conrad					
DNP Nashua-Plainfield					
DNP Aplington-Parkersburg					
DNP Denver					
DNP Sumner-Fredericksburg					
DNP Dunkerton					
DNP Tripoli					

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 RUCKER, Claire	SR	Sumner-Fredericks	1	22:56.73	---	7:23.1	4:35.3
2 ARTHUR, Grace	SO	Sumner-Fredericks	2	23:45.37	48.64	7:38.8	4:45.1
3 CLAYTON, Jillian	SO	Denver	3	24:20.13	1:23.40	7:49.9	4:52.0
4 SWALES, Grace	JR	Denver	4	24:26.63	1:29.90	7:52.0	4:53.3
5 SUCKOW, Kendall	FR	Sumner-Fredericks	5	24:31.01	1:34.28	7:53.5	4:54.2
6 TUDOR, Addie	SO	Union La Porte City	6	24:35.36	1:38.63	7:54.9	4:55.1
7 MCINTOSH, Avery	SO	Denver	7	24:36.40	1:39.67	7:55.2	4:55.3
8 LALK, Haley	JR	Denver	8	24:49.74	1:53.01	7:59.5	4:57.9
9 FOLKERTS, Elyse	JR	Dike-New Hartford	9	25:10.94	2:14.21	8:06.3	5:02.2
10 UHLENHOPP, Brylee	FR	Sumner-Fredericks	10	25:38.95	2:42.22	8:15.3	5:07.8
11 SORENSEN, Reagan	SR	Union La Porte City	11	25:43.25	2:46.52	8:16.7	5:08.7
12 JACKSON, Katie	FR	Union La Porte City	12	25:52.88	2:56.15	8:19.8	5:10.6
13 PETERSEN, Drew	SR	Dike-New Hartford	13	26:01.59	3:04.86	8:22.6	5:12.3
14 WILSON, Kate	SO	Denver	14	26:07.05	3:10.32	8:24.4	5:13.4
15 TYLER, Miranda	SR	Dike-New Hartford	15	26:10.18	3:13.45	8:25.4	5:14.0
16 TRELOAR, Rowan	FR	Dike-New Hartford	16	26:19.88	3:23.15	8:28.5	5:16.0
17 SCHULT, Ava	SR	Sumner-Fredericks	17	26:20.14	3:23.41	8:28.6	5:16.0
18 HARRISON, Jocelyn	SO	Sumner-Fredericks	(18)	26:21.49	3:24.76	8:29.0	5:16.3
19 HINEBAUGH, Lorolei	SO	Union La Porte City	19	26:35.78	3:39.05	8:33.6	5:19.2
20 OLTROGGE, Gretchen	SR	Denver	(20)	26:55.53	3:58.80	8:40.0	5:23.1
21 CARNEY, Lauren	SR	Aplington-Parkersb	21	26:56.50	3:59.77	8:40.3	5:23.3
22 WOLFENSBERGER, Lauren	SR	Dunkerton	-	27:00.47	4:03.74	8:41.6	5:24.1

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Race #3
Girls JV 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
23 TROYNA, Ciara	SO	Aplington-Parkersb	22	27:12.55	4:15.82	8:45.4	5:26.5
24 HUBBARD, Brooklyn	SR	Union La Porte City	23	27:13.49	4:16.76	8:45.7	5:26.7
25 PETERSEN, Katelyn	JR	Dike-New Hartford	24	27:20.00	4:23.27	8:47.8	5:28.0
26 LUPKES, Jenna	SR	Aplington-Parkersb	25	27:30.59	4:33.86	8:51.2	5:30.1
27 FOLKERTS, Natalie	JR	Dike-New Hartford	(26)	27:39.53	4:42.80	8:54.1	5:31.9
28 STAHL, Kaylee	FR	Aplington-Parkersb	27	28:17.91	5:21.18	9:06.5	5:39.6
29 POKORNY, Abrielle	SO	Dike-New Hartford	(28)	28:22.98	5:26.25	9:08.1	5:40.6
30 LEETE, Payton	SR	Sumner-Fredericks	(29)	28:37.61	5:40.88	9:12.8	5:43.5
31 WOLFF, Willa	FR	Union La Porte City	(30)	28:38.60	5:41.87	9:13.1	5:43.7
32 GOODMAN, Katharine	SO	Dike-New Hartford	-	28:39.52	5:42.79	9:13.4	5:43.9
33 RIHERD, Kendall	SR	Aplington-Parkersb	31	28:45.23	5:48.50	9:15.3	5:45.0
34 PETERSON, Devin	JR	BCLUW Conrad	-	28:49.91	5:53.18	9:16.8	5:46.0
35 MILLS, Ava	SR	Union La Porte City	(32)	29:00.03	6:03.30	9:20.0	5:48.0
36 PARKES, Brielle	SR	Wapsie Valley Fairb	33	29:00.69	6:03.96	9:20.2	5:48.1
37 WEDEMEIER, Mae	SO	Wapsie Valley Fairb	34	29:18.75	6:22.02	9:26.1	5:51.8
38 HOVELAND, Emmah	JR	Oelwein	-	29:19.32	6:22.59	9:26.2	5:51.9
39 JUNKER, Megan	SO	Aplington-Parkersb	(35)	29:29.63	6:32.90	9:29.6	5:53.9
40 LAURES, Maryn	SO	Denver	(36)	29:35.68	6:38.95	9:31.5	5:55.1
41 EILDERTS, Joy	JR	Dike-New Hartford	-	29:36.19	6:39.46	9:31.7	5:55.2
42 KEEGAN, Charlie	SR	Union La Porte City	-	29:38.39	6:41.66	9:32.4	5:55.7
43 MRACEK, Aubrey	FR	Dike-New Hartford	-	30:04.63	7:07.90	9:40.8	6:00.9
44 BERGMAN, Lily	JR	Denver	-	30:13.09	7:16.36	9:43.6	6:02.6
45 DESLOOVER, Anna	SO	Sumner-Fredericks	-	30:16.96	7:20.23	9:44.8	6:03.4
46 PARSON, Ruby	JR	Union La Porte City	-	30:20.37	7:23.64	9:45.9	6:04.1
47 SASSMAN, Josephine	SO	Sumner-Fredericks	-	30:45.41	7:48.68	9:54.0	6:09.1
48 STRANGE, Kennedy	FR	Dike-New Hartford	-	30:45.44	7:48.71	9:54.0	6:09.1
49 ROGERS, Merissa	JR	Oelwein	-	30:49.07	7:52.34	9:55.1	6:09.8
50 GRAY, Carly	FR	Wapsie Valley Fairb	37	31:06.41	8:09.68	10:00.7	6:13.3
51 SWITZER, Ada	JR	Aplington-Parkersb	(38)	31:11.23	8:14.50	10:02.3	6:14.2
52 SYHLMAN, Kennedy	SR	Dike-New Hartford	-	31:15.63	8:18.90	10:03.7	6:15.1
53 KEEGAN, Ellie	SR	Union La Porte City	-	31:40.58	8:43.85	10:11.7	6:20.1
54 STUBER, Lydia	JR	Wapsie Valley Fairb	39	31:50.76	8:54.03	10:15.0	6:22.2
55 RAHE, Averie	JR	Oelwein	-	32:05.41	9:08.68	10:19.7	6:25.1
56 CASHATT, Estelle	SR	Aplington-Parkersb	-	32:24.68	9:27.95	10:25.9	6:28.9
57 BERING, Ana	SR	Dike-New Hartford	-	32:32.08	9:35.35	10:28.3	6:30.4
58 SCHIPPER, Elle	SO	BCLUW Conrad	-	32:54.41	9:57.68	10:35.5	6:34.9
59 REISNER, Kate	SO	Sumner-Fredericks	-	34:11.20	11:14.4	11:00.2	6:50.2
60 STOCKS, Natalie	FR	Union La Porte City	-	35:13.02	12:16.2	11:20.1	7:02.6
61 GONNERMAN, Malea	SR	Denver	-	35:27.32	12:30.5	11:24.7	7:05.5
62 BOND, Bailey	JR	Nashua-Plainfield	-	35:32.16	12:35.4	11:26.2	7:06.4
63 RAHE, Sydney	SR	Oelwein	-	35:39.04	12:42.3	11:28.5	7:07.8
64 VOLDING, June	SR	Dike-New Hartford	-	37:39.81	14:43.0	12:07.3	7:32.0
65 BUSHMAN, Brooklyn	JR	Sumner-Fredericks	-	38:07.19	15:10.4	12:16.1	7:37.4
66 PARKES, Emerie	SO	Wapsie Valley Fairb	40	38:17.70	15:20.9	12:19.5	7:39.5
67 MRACEK, Macy	SR	Dike-New Hartford	-	38:28.51	15:31.7	12:23.0	7:41.7
-- RIORDAN, Liza	SR	Wapsie Valley Fairb	-			---	---

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Race #3
Girls JV 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
-- MULERT, Emily	FR	Denver	-			---	---
-- FRANCK, Austin	SO	Wapsie Valley Fairb	-			---	---
-- EAST, Dakota	SR	Wapsie Valley Fairb	-			---	---
-- LAMPE, Kali	SR	Wapsie Valley Fairb	-			---	---
-- BOLDT, Ashlynn	SR	Tripoli	-			---	---
-- WARNKE, Emersen	SR	Sumner-Fredericks	-			---	---
-- CASTER, Lillie	JR	Nashua-Plainfield	-			---	---
-- DEZARN, Natalie	FR	Dike-New Hartford	-			---	---
-- TAGTOW, Adelyn	FR	Dike-New Hartford	-			---	---
-- CALLAN, Tinsley	SO	Dike-New Hartford	-			---	---
-- HUNTINGTON, Mia	JR	Dike-New Hartford	-			---	---
-- BROTEN, Skyla	SR	Dike-New Hartford	-			---	---
-- WEDGWOOD, Leila	SO	BCLUW Conrad	-			---	---
-- GROENEVELD, Finley	JR	Aplington-Parkersb	-			---	---
-- STRICKLAND, Elle	SR	Aplington-Parkersb	-			---	---

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Race #4
Boys JV 5K

Final Results**RACE SUMMARY****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Denver	15	1-2-3-4-5(6)(7)	1:37:40	19:32	0:36.1
2 Oelwein	60	8-9-10-14-19(20)(25)	1:54:34	22:55	4:22.0
3 Nashua-Plainfield	80	12-13-16-18-21(23)(24)	1:59:37	23:56	2:14.4
4 Dike-New Hartford	91	11-15-17-22-26(27)	2:03:01	24:37	3:58.9
DNP Wapsie Valley Fairbank					
DNP Sumner-Fredericksburg					
DNP Union La Porte City					
DNP Dike-New Hartford					
DNP Denver					
DNP Oelwein					
DNP Columbus Catholic Waterloo					
DNP Aplington-Parkersburg					
DNP Tripoli					

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 BROWN, Christian	JR	Denver	1	19:18.92	---	6:13.0	3:51.8
2 KNOBLOCK, Caden	SO	Denver	2	19:23.74	4.82	6:14.6	3:52.7
3 HOMAN, Devin	FR	Denver	3	19:27.67	8.75	6:15.8	3:53.5
4 DOEPKE, Mitchell	SO	Denver	4	19:33.88	14.96	6:17.8	3:54.8
5 SWALES, Gabe	JR	Denver	5	19:54.96	36.04	6:24.6	3:59.0
6 WATERMAN, Jason	SR	Denver	(6)	20:09.02	50.10	6:29.1	4:01.8
7 PAUTSCH, Grant	SR	Denver	(7)	20:09.89	50.97	6:29.4	4:02.0
8 BARAT-KLIMESH, Konner	SR	Oelwein	8	20:28.34	1:09.42	6:35.3	4:05.7
9 MILLER, Caleb	FR	Denver	-	20:39.57	1:20.65	6:39.0	4:07.9
10 WALTON, Cy	FR	Denver	-	20:43.93	1:25.01	6:40.4	4:08.8
11 RABENHORST, Josh	SO	Denver	-	21:03.70	1:44.78	6:46.7	4:12.7
12 BROOKS, Noah	JR	Denver	-	21:03.72	1:44.80	6:46.7	4:12.7
13 HENZEN, Dagen	JR	Denver	-	21:34.70	2:15.78	6:56.7	4:18.9
14 TUCKER, Colby	FR	Denver	-	21:51.37	2:32.45	7:02.1	4:22.3
15 MINARD, Calvin	FR	Columbus Catholic	-	22:04.73	2:45.81	7:06.4	4:24.9
16 STREI, Elijah	FR	Columbus Catholic	-	22:13.06	2:54.14	7:09.1	4:26.6
17 BURKEY, Landon	FR	Oelwein	9	22:54.07	3:35.15	7:22.2	4:34.8
18 RADER, Silas	FR	Oelwein	10	22:55.24	3:36.32	7:22.6	4:35.0
19 DRUVENGA, Trey	SR	Dike-New Hartford	11	23:03.96	3:45.04	7:25.4	4:36.8
20 BIRD, Brexton	SO	Nashua-Plainfield	12	23:08.09	3:49.17	7:26.8	4:37.6
21 O'NEILL, Sam	SO	Nashua-Plainfield	13	23:17.96	3:59.04	7:29.9	4:39.6
22 BERUMEZ, Nick	SO	Columbus Catholic	-	23:20.43	4:01.51	7:30.7	4:40.1
23 PRIEBE, Eli	JR	Sumner-Fredericks	-	23:21.52	4:02.60	7:31.1	4:40.3
24 DRISCOLL, Jack	FR	Oelwein	14	23:25.26	4:06.34	7:32.3	4:41.1
25 L'HEUREUX, Rush	SO	Dike-New Hartford	15	23:31.81	4:12.89	7:34.4	4:42.4
26 LENSING, Brady	SO	Nashua-Plainfield	16	23:37.01	4:18.09	7:36.1	4:43.4

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Race #4
Boys JV 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
27 HINES, Clayton	FR	Dike-New Hartford	17	23:41.01	4:22.09	7:37.4	4:44.2
28 STICKFORT, Aaron	FR	Aplington-Parkersb	-	23:53.11	4:34.19	7:41.3	4:46.6
29 SWALES, Josiah	SO	Denver	-	24:09.16	4:50.24	7:46.4	4:49.8
30 SULLIVAN, Connor	FR	Nashua-Plainfield	18	24:10.90	4:51.98	7:47.0	4:50.2
31 MOODY, Danson	SR	Union La Porte City	-	24:24.72	5:05.80	7:51.4	4:52.9
32 LEE, Robert	JR	Wapsie Valley Fairb	-	24:41.97	5:23.05	7:57.0	4:56.4
33 PETERSON, Xander	JR	Denver	-	24:47.34	5:28.42	7:58.7	4:57.5
34 JAMES, Ayden	SR	Oelwein	19	24:50.33	5:31.41	7:59.7	4:58.1
35 KIRBY, Gus	FR	Union La Porte City	-	24:59.24	5:40.32	8:02.5	4:59.8
36 DRISCOLL, Hunter	SO	Oelwein	(20)	25:03.15	5:44.23	8:03.8	5:00.6
37 BRYAN, Eric	SO	Wapsie Valley Fairb	-	25:17.24	5:58.32	8:08.3	5:03.4
38 MUNDORF, Carson	FR	Nashua-Plainfield	21	25:22.46	6:03.54	8:10.0	5:04.5
39 WHITE, Jacob	SO	Dike-New Hartford	22	25:41.15	6:22.23	8:16.0	5:08.2
40 KALVIG, Christopher	FR	Nashua-Plainfield	(23)	25:59.46	6:40.54	8:21.9	5:11.9
41 DIETZ-MCDONALD, Maveric	JR	Nashua-Plainfield	(24)	26:41.59	7:22.67	8:35.5	5:20.3
42 PETERS, Colten	FR	Oelwein	(25)	26:51.16	7:32.24	8:38.6	5:22.2
43 PERCY, Benjamin	SO	Nashua-Plainfield	-	27:00.76	7:41.84	8:41.6	5:24.2
44 WEEDMAN, Dax	SO	Dike-New Hartford	26	27:02.84	7:43.92	8:42.3	5:24.6
45 SZURLEY, Cameron	SO	Wapsie Valley Fairb	-	27:03.80	7:44.88	8:42.6	5:24.8
46 DEGEETER, Brooks	SO	Dike-New Hartford	(27)	27:08.89	7:49.97	8:44.3	5:25.8
47 SHOLLENBARGER, Darwin	SR	Denver	-	28:13.15	8:54.23	9:04.9	5:38.6
48 HULBERT, Nick	FR	Nashua-Plainfield	-	29:30.71	10:11.7	9:29.9	5:54.1
49 SATTHERTHWAITE, Nick	SO	Denver	-	29:47.97	10:29.0	9:35.5	5:57.6
50 OSBORN, Wylie	FR	Sumner-Fredericks	-	33:18.76	13:59.8	10:43.3	6:39.8
51 BRITT, Mason	JR	Sumner-Fredericks	-	36:59.21	17:40.2	11:54.3	7:23.8
-- DAILEY, Jacob	FR	Oelwein	-			---	---
-- RABENHORST, Joe	SO	Denver	-			---	---
-- STROTTMAN, Talyn	SO	Denver	-			---	---
-- CLINTON, Conner	SR	Denver	-			---	---
-- BURGART, Reyce	FR	Wapsie Valley Fairb	-			---	---
-- BATES, Dayne	SR	Wapsie Valley Fairb	-			---	---
-- BERGMAN, Bryce	SR	Sumner-Fredericks	-			---	---
-- LABUSCHAGNE, Eric	SR	Tripoli	-			---	---
-- WILLIAMS, Mike	SO	Oelwein	-			---	---
-- BEATTY, Cj	SR	Oelwein	-			---	---
-- BRUSTKERN, Hunter	SO	Union La Porte City	-			---	---
-- MARTIN, Austin	SR	Union La Porte City	-			---	---
-- OLSON, Gabe	SO	Dike-New Hartford	-			---	---
-- HUITZIL, Josue	JR	Dike-New Hartford	-			---	---
-- KIRBY, Ethan	SR	Dike-New Hartford	-			---	---
-- SOTOMAYOR, Mateo	SR	Dike-New Hartford	-			---	---

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Race #5
Girls Varsity 5K

Final Results**RACE SUMMARY****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Denver	43	5-6-9-11-12(17)(18)	1:47:33	21:31	0:43.0
2 Sumner-Fredericksburg	65	1-10-14-19-21(23)(25)	1:47:11	21:27	4:16.2
3 Union La Porte City	84	3-15-16-20-30(32)	1:49:33	21:55	3:51.3
4 Dike-New Hartford	123	4-22-27-31-39(47)	1:54:18	22:52	3:57.5
5 Oelwein	143	7-28-33-34-41(43)(46)	1:56:32	23:19	3:11.3
6 BCLUW Conrad	158	8-13-42-44-51(52)	1:59:40	23:56	5:21.1
7 Wapsie Valley Fairbank	185	24-29-37-45-50	2:01:12	24:15	2:52.1
8 Nashua-Plainfield	189	2-38-40-53-56(57)(58)	2:02:34	24:31	8:03.0
9 Aplington-Parkersburg	194	26-35-36-48-49(54)(55)	2:01:49	24:22	2:29.0
DNP Columbus Catholic Waterloo					
DNP Dunkerton					
DNP Dike-New Hartford					
DNP Wapsie Valley Fairbank					
DNP BCLUW Conrad					
DNP Tripoli					

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 TRAINOR, Hillary	SR	Sumner-Fredericks	1	18:30.76	---	5:57.5	3:42.2
2 HUCK, Kadence	JR	Nashua-Plainfield	2	19:25.28	54.52	6:15.0	3:53.1
3 CONDON, Amilia	JR	Union La Porte City	3	19:32.27	1:01.51	6:17.3	3:54.5
4 WASKOW, Abbi	FR	Dunkerton	-	20:01.61	1:30.85	6:26.7	4:00.3
5 HOUTS, Izzy	SR	Dike-New Hartford	4	20:22.66	1:51.90	6:33.5	4:04.5
6 MULERT, Anna	JR	Denver	5	21:08.99	2:38.23	6:48.4	4:13.8
7 HOMAN, Hailey	JR	Denver	6	21:09.22	2:38.46	6:48.5	4:13.8
8 SAUSER, Ashlynn	FR	Oelwein	7	21:22.32	2:51.56	6:52.7	4:16.5
9 KEMP, Abby	JR	BCLUW Conrad	8	21:28.75	2:57.99	6:54.8	4:17.8
10 VALVERDE, Ari	SO	Denver	9	21:34.45	3:03.69	6:56.6	4:18.9
11 SHONKA, Rylee	JR	Sumner-Fredericks	10	21:37.47	3:06.71	6:57.6	4:19.5
12 RISTAU, Reeve	JR	Denver	11	21:47.82	3:17.06	7:00.9	4:21.6
13 HELLMAN, Madison	SR	Columbus Catholic	-	21:49.24	3:18.48	7:01.4	4:21.8
14 DECKER, Aubrey	SR	Denver	12	21:51.97	3:21.21	7:02.3	4:22.4
15 STOVER, Kalia	JR	BCLUW Conrad	13	21:54.28	3:23.52	7:03.0	4:22.9
16 BOEHMLER, Sophie	SR	Sumner-Fredericks	14	21:55.21	3:24.45	7:03.3	4:23.0
17 ANTON, Sydney	SR	Union La Porte City	15	21:57.36	3:26.60	7:04.0	4:23.5
18 LUDWIG, Stella	SO	Columbus Catholic	-	22:04.77	3:34.01	7:06.4	4:25.0
19 ALBERTSEN, Brynn	SO	Union La Porte City	16	22:06.12	3:35.36	7:06.8	4:25.2
20 COOPER, Lily	JR	Denver	(17)	22:08.54	3:37.78	7:07.6	4:25.7
21 SANDERSON, Sophie	SO	Denver	(18)	22:18.77	3:48.01	7:10.9	4:27.8
22 PITZ, Ella	JR	Sumner-Fredericks	19	22:19.99	3:49.23	7:11.3	4:28.0
23 LORENZEN, Lily	JR	Union La Porte City	20	22:33.12	4:02.36	7:15.5	4:30.6
24 MEYER, Jana	SR	Sumner-Fredericks	21	22:46.87	4:16.11	7:19.9	4:33.4

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Race #5
Girls Varsity 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
25 WARDELL, Roselle	SR	Dike-New Hartford	22	22:56.24	4:25.48	7:22.9	4:35.2
26 SNYDER, Jaci	FR	Sumner-Fredericks	(23)	22:58.08	4:27.32	7:23.5	4:35.6
27 MAY, Jaylin	JR	Wapsie Valley Fairb	24	23:01.16	4:30.40	7:24.5	4:36.2
28 STEEGE, Saela	JR	Sumner-Fredericks	(25)	23:02.56	4:31.80	7:25.0	4:36.5
29 SCHIPPER, Ashley	SR	Aplington-Parkersb	26	23:10.05	4:39.29	7:27.4	4:38.0
30 STEFFEN, Hanna	JR	Dike-New Hartford	27	23:13.16	4:42.40	7:28.4	4:38.6
31 RULAPPAUGH, Rachel	SR	Oelwein	28	23:15.28	4:44.52	7:29.1	4:39.1
32 MEYER, Ava	FR	Wapsie Valley Fairb	29	23:20.58	4:49.82	7:30.8	4:40.1
33 PETERSEN, Emily	SR	Union La Porte City	30	23:23.53	4:52.77	7:31.7	4:40.7
34 SYHLMANN, Josey	SO	Dike-New Hartford	31	23:24.96	4:54.20	7:32.2	4:41.0
35 CARLSON, Kate	JR	Union La Porte City	(32)	23:36.42	5:05.66	7:35.9	4:43.3
36 BERRYMAN, Alexa	SR	Oelwein	33	23:39.82	5:09.06	7:37.0	4:44.0
37 MARTIN, Khloie	FR	Oelwein	34	23:40.78	5:10.02	7:37.3	4:44.2
38 EILERS, Sara	JR	Aplington-Parkersb	35	23:41.68	5:10.92	7:37.6	4:44.3
39 SCHULTZ, Quinnlyn	JR	Aplington-Parkersb	36	23:42.41	5:11.65	7:37.8	4:44.5
40 HENNINGER, Grace	JR	Dunkerton	-	23:45.73	5:14.97	7:38.9	4:45.1
41 BARNES, Maya	SO	Wapsie Valley Fairb	37	23:53.50	5:22.74	7:41.4	4:46.7
42 EICK, Ellie	SR	Nashua-Plainfield	38	24:03.53	5:32.77	7:44.6	4:48.7
43 STARBUCK, Allison	SO	Dike-New Hartford	39	24:20.14	5:49.38	7:50.0	4:52.0
44 WHITE, Jalissa	SO	Nashua-Plainfield	40	24:32.38	6:01.62	7:53.9	4:54.5
45 GEARHART, Libby	SR	Oelwein	41	24:33.59	6:02.83	7:54.3	4:54.7
46 WHITE, Ceanna	FR	BCLUW Conrad	42	24:37.91	6:07.15	7:55.7	4:55.6
47 BAHE, Jenna	SO	Oelwein	(43)	24:42.50	6:11.74	7:57.1	4:56.5
48 MORRIS, Izzy	SO	BCLUW Conrad	44	24:49.14	6:18.38	7:59.3	4:57.8
49 SANDER, Melenna	SO	Wapsie Valley Fairb	45	25:03.05	6:32.29	8:03.8	5:00.6
50 PROUTY, Claire	JR	Oelwein	(46)	25:19.08	6:48.32	8:08.9	5:03.8
51 CALLAN, Tinsley	SO	Dike-New Hartford	(47)	25:20.15	6:49.39	8:09.3	5:04.0
52 RHOMBERG, Abigail	SR	Columbus Catholic	-	25:28.13	6:57.37	8:11.8	5:05.6
53 PRICE, Ellie	JR	Aplington-Parkersb	48	25:35.53	7:04.77	8:14.2	5:07.1
54 ASWEGEN, Lexi	SR	Aplington-Parkersb	49	25:39.05	7:08.29	8:15.3	5:07.8
55 RULAPHAUGH, Miriam	SO	Wapsie Valley Fairb	50	25:53.20	7:22.44	8:19.9	5:10.6
56 WEDGWOOD, Leila	SO	BCLUW Conrad	51	26:49.77	8:19.01	8:38.1	5:22.0
57 STOTTS, Bella	SO	BCLUW Conrad	(52)	26:54.99	8:24.23	8:39.8	5:23.0
58 GERHOLDT, Amberley	JR	Nashua-Plainfield	53	27:03.90	8:33.14	8:42.7	5:24.8
59 PETERSEN, Olivia	FR	Aplington-Parkersb	(54)	27:06.88	8:36.12	8:43.6	5:25.4
60 WALKER, Eva	SO	Aplington-Parkersb	(55)	27:18.68	8:47.92	8:47.4	5:27.7
61 LOWE, Marleigh	JR	Nashua-Plainfield	56	27:28.27	8:57.51	8:50.5	5:29.7
62 WEISS, Lexi	SR	Nashua-Plainfield	(57)	27:45.06	9:14.30	8:55.9	5:33.0
63 O'NEILL, Emma	SR	Nashua-Plainfield	(58)	31:27.05	12:56.2	10:07.4	6:17.4
-- WIERCK, Adelynn	SO	Wapsie Valley Fairb	-			---	---
-- MILLER, London	SO	Tripoli	-			---	---
-- SCHAEFER, Claire	SO	Columbus Catholic	-			---	---
-- KLINGENBORG, Olivia	FR	Dike-New Hartford	-			---	---
-- FOLKERTS, Elyse	JR	Dike-New Hartford	-			---	---
-- BALTER, Rebecca	SR	BCLUW Conrad	-			---	---

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Race #6
Boys Varsity 5K

Final Results**RACE SUMMARY****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Denver	29	2-3-7-8-9(10)(14)	1:28:29	17:42	1:31.3
2 Oelwein	62	4-6-11-19-22(26)	1:32:15	18:27	2:09.1
3 Sumner-Fredericksburg	112	16-17-21-27-31(41)(43)	1:39:06	19:50	1:30.0
4 Union La Porte City	123	12-20-25-30-36(49)	1:39:45	19:57	2:40.2
5 Nashua-Plainfield	131	15-23-28-32-33(34)(38)	1:40:54	20:11	1:47.8
6 Dike-New Hartford	165	24-29-35-37-40	1:44:07	20:50	1:22.7
7 Columbus Catholic Waterloo	173	13-18-39-50-53	1:46:45	21:21	6:08.5
8 Wapsie Valley Fairbank	181	1-42-45-46-47	1:47:06	21:26	6:17.7
9 BCLUW Conrad	200	5-44-48-51-52(54)(55)	1:50:58	22:12	6:46.2
DNP Aplington-Parkersburg					
DNP Wapsie Valley Fairbank					
DNP Dunkerton					
DNP Dike-New Hartford					
DNP Tripoli					
DNP Oelwein					
DNP Union La Porte City					

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 SHANNON, Aidan	SR	Wapsie Valley Fairb	1	16:32.56	---	5:19.5	3:18.5
2 PINTER, Neal	SR	Denver	2	16:46.47	13.91	5:23.9	3:21.3
3 MATTHIAS, Myles	SO	Denver	3	17:11.98	39.42	5:32.1	3:26.4
4 SCHUNK, Caleb	JR	Oelwein	4	17:23.48	50.92	5:35.8	3:28.7
5 WHITE, Cayden	JR	BCLUW Conrad	5	17:30.95	58.39	5:38.3	3:30.2
6 DRISCOLL, Benjamin	SR	Oelwein	6	17:36.41	1:03.85	5:40.0	3:31.3
7 GOMEZ, Sean	JR	Denver	7	17:57.40	1:24.84	5:46.8	3:35.5
8 PETERSON, Henry	JR	Dunkerton	-	18:10.24	1:37.68	5:50.9	3:38.0
9 LARSON, Ethan	SR	Denver	8	18:15.33	1:42.77	5:52.5	3:39.1
10 BAAS, Trevor	JR	Denver	9	18:17.76	1:45.20	5:53.3	3:39.6
11 HAASE, Carson	SR	Denver	(10)	18:18.28	1:45.72	5:53.5	3:39.7
12 WILLIAMS, Keshawn	SO	Oelwein	11	18:18.42	1:45.86	5:53.5	3:39.7
13 SPENCE, Sawyer	SO	Union La Porte City	12	18:20.19	1:47.63	5:54.1	3:40.0
14 MATERN, Jace	JR	Columbus Catholic	13	18:21.92	1:49.36	5:54.7	3:40.4
15 CLAYTON, Jarett	SR	Denver	(14)	18:46.11	2:13.55	6:02.4	3:45.2
16 HANSEN, Jase	SO	Nashua-Plainfield	15	18:57.04	2:24.48	6:06.0	3:47.4
17 ROCHFORD, Tate	JR	Sumner-Fredericks	16	19:10.75	2:38.19	6:10.4	3:50.2
18 OSBORN, Westin	JR	Sumner-Fredericks	17	19:16.37	2:43.81	6:12.2	3:51.3
19 HART, Jalen	JR	Columbus Catholic	18	19:17.69	2:45.13	6:12.6	3:51.5
20 DRISCOLL, Gabe	SO	Oelwein	19	19:23.66	2:51.10	6:14.5	3:52.7
21 MULLEN, Cameron	SO	Union La Porte City	20	19:26.47	2:53.91	6:15.4	3:53.3
22 WURZER, Easton	FR	Sumner-Fredericks	21	19:29.28	2:56.72	6:16.3	3:53.9

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Race #6
Boys Varsity 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
23 KING, Elijah	SO	Oelwein	22	19:32.57	3:00.01	6:17.4	3:54.5
24 SINNWELL, Caleb	JR	Nashua-Plainfield	23	19:57.83	3:25.27	6:25.5	3:59.6
25 HARTSOCK, Brady	FR	Dike-New Hartford	24	20:04.73	3:32.17	6:27.7	4:00.9
26 HERMAN, Mason	SR	Union La Porte City	25	20:19.00	3:46.44	6:32.3	4:03.8
27 DOWD, Landon	SO	Oelwein	(26)	20:24.44	3:51.88	6:34.1	4:04.9
28 CONVERSE, Lane	SR	Sumner-Fredericks	27	20:27.94	3:55.38	6:35.2	4:05.6
29 MUELLER, Avery	SO	Nashua-Plainfield	28	20:32.41	3:59.85	6:36.7	4:06.5
30 MUNGUIA-CHAVEZ, Bryan	JR	Dike-New Hartford	29	20:36.98	4:04.42	6:38.1	4:07.4
31 UCHIYAMA-HANSEN, Keng	JR	Union La Porte City	30	20:38.78	4:06.22	6:38.7	4:07.8
32 BLAKE, Brennen	JR	Sumner-Fredericks	31	20:40.72	4:08.16	6:39.3	4:08.1
33 LENTZ, Caleb	SR	Nashua-Plainfield	32	20:41.55	4:08.99	6:39.6	4:08.3
34 SMITH, Jake	SO	Nashua-Plainfield	33	20:44.83	4:12.27	6:40.7	4:09.0
35 PAPLOW, Luke	JR	Nashua-Plainfield	(34)	20:52.14	4:19.58	6:43.0	4:10.4
36 MCCORMICK, Reid	SO	Dike-New Hartford	35	20:53.68	4:21.12	6:43.5	4:10.7
37 DEWINTER, Maddux	SO	Union La Porte City	36	21:00.39	4:27.83	6:45.7	4:12.1
38 ESKEVIK, Mats	SR	Dike-New Hartford	37	21:03.86	4:31.30	6:46.8	4:12.8
39 LEVI, Callahan	JR	Nashua-Plainfield	(38)	21:21.33	4:48.77	6:52.4	4:16.3
40 BERUMEZ, Jacob	JR	Columbus Catholic	39	21:22.13	4:49.57	6:52.7	4:16.4
41 SOTOMAYOR, Mateo	SR	Dike-New Hartford	40	21:27.42	4:54.86	6:54.4	4:17.5
42 EIMERS, Michael	FR	Sumner-Fredericks	(41)	21:43.58	5:11.02	6:59.6	4:20.7
43 STICKLER, Aidan	JR	Dunkerton	-	21:55.49	5:22.93	7:03.4	4:23.1
44 WEEPIE, Marshall	SO	Wapsie Valley Fairb	42	22:24.54	5:51.98	7:12.7	4:28.9
45 ANDERSON, Trice	FR	Sumner-Fredericks	(43)	22:31.63	5:59.07	7:15.0	4:30.3
46 MORRIS, Zack	JR	BCLUW Conrad	44	22:31.95	5:59.39	7:15.1	4:30.4
47 EIKE, Elijah	SO	Wapsie Valley Fairb	45	22:34.46	6:01.90	7:15.9	4:30.9
48 KANE, Madden	SO	Wapsie Valley Fairb	46	22:43.88	6:11.32	7:19.0	4:32.8
49 HILSENBECK, Hayden	FR	Wapsie Valley Fairb	47	22:50.24	6:17.68	7:21.0	4:34.0
50 CASTELL, Jacob	JR	BCLUW Conrad	48	22:51.76	6:19.20	7:21.5	4:34.4
51 GRIMM, Ian	FR	Union La Porte City	(49)	22:54.20	6:21.64	7:22.3	4:34.8
52 ZUNIGA, Maximo	JR	Columbus Catholic	50	23:11.95	6:39.39	7:28.0	4:38.4
53 SEVERA, Dominic	FR	BCLUW Conrad	51	23:45.58	7:13.02	7:38.8	4:45.1
54 DONALDSON, Colton	JR	BCLUW Conrad	52	24:17.06	7:44.50	7:49.0	4:51.4
55 MINARD, Louis	SR	Columbus Catholic	53	24:30.33	7:57.77	7:53.2	4:54.1
56 BIERMANN, Breven	SR	Tripoli	-	27:57.74	11:25.1	9:00.0	5:35.5
57 BOND, Elijah	JR	BCLUW Conrad	(54)	28:06.07	11:33.5	9:02.7	5:37.2
58 WEDGWOOD, Tucker	SR	BCLUW Conrad	(55)	28:22.74	11:50.1	9:08.0	5:40.5
59 LABUSCHAGNE, Eric	SR	Tripoli	-	31:46.43	15:13.8	10:13.6	6:21.3
-- BRADY, Aiden	SO	Wapsie Valley Fairb	-			---	---
-- FOXEN, Isaac	JR	Aplington-Parkersb	-			---	---
-- SCHAEFER, Finn	SO	Wapsie Valley Fairb	-			---	---
-- SAUSER, Conall	JR	Oelwein	-			---	---
-- DAVIS, Cooper	FR	Union La Porte City	-			---	---
-- DALL, Cooper	FR	Dike-New Hartford	-			---	---
-- EIKLENBORG, Liam	SR	Dike-New Hartford	-			---	---
-- JANSSEN, Sam	FR	Aplington-Parkersb	-			---	---
-- STICKFORT, Aaron	FR	Aplington-Parkersb	-			---	---

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Race #6
Boys Varsity 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
-- CARNEY, Jonah	SO	Aplington-Parkersb	-			---	---