

Overall Finish List**Girls****Girls Varsity 5K**

<u>Place</u>	<u>Score</u>	<u>Bib No</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>Time</u>	<u>Pace</u>
1	(< 5)	3051	Tyra Schupbach	West Bend-Mallard	10	20:31.5	4:06/K
2	(< 5)	3039	Alexis Cummins	North Union	9	21:24.9	4:17/K
3	1	3028	Becca Hofmann	North Iowa Buffalo	12	21:50.5	4:22/K
4	2	3027	Lauren Hillesland	North Iowa Buffalo	10	22:18.8	4:28/K
5	(< 5)	3041	Jacey Welbig	North Union	11	22:51.6	4:34/K
6	(< 5)	1245	Tatum Dunlavy	Estherville Lincoln	12	24:04.3	4:49/K
7	(< 5)	1558	Abbie Capesius	Bishop Garrigan Algona	12	24:43.8	4:57/K
8	3	2492	Allyson Thompson	Emmetsburg	12	24:44.5	4:57/K
9	4	3029	Ava Meinders	North Iowa Buffalo	10	24:59.6	5:00/K
10	(< 5)	3040	Alyssa Welbig	North Union	9	25:01.6	5:00/K
11	(< 5)	3049	Maddie Fehr	West Bend-Mallard	10	25:04.6	5:01/K
12	(< 5)	3050	Lilly Morey	West Bend-Mallard	10	25:05.8	5:01/K
13	5	1116	Danica Ringlaben	Emmetsburg	10	25:08.4	5:02/K
14	(< 5)	2061	Libbie Veit	East Sac County	9	25:09.5	5:02/K
15	6	3024	Miriam Beenken	North Iowa Buffalo	12	25:15.2	5:03/K
16	(< 5)	3038	Jennifer Carranza	North Union	11	25:15.6	5:03/K
17	7	3025	Alexis Gray	North Iowa Buffalo	9	25:24.2	5:05/K
18	8	1088	Jenna Frields	Emmetsburg	11	25:44.2	5:09/K
19	9	2491	Anika Stearns	Emmetsburg	12	26:06.7	5:13/K
20	10	959	Nadia Berkland	Emmetsburg	12	26:16.1	5:15/K
21	(< 5)	1247	Rylee Yager	Estherville Lincoln	11	26:32.2	5:18/K
22	(< 5)	2056	Kortni Thomsen	East Sac County	11	26:45.1	5:21/K
23	(< 5)	1246	Kylie Olson	Estherville Lincoln	10	26:59.4	5:24/K
24	(< 5)	3047	McKenna Loutsch	St. Mary's Remsen	12	27:02.0	5:24/K
25	11	1111	Emma Krause	Emmetsburg	11	27:11.9	5:26/K
26	12	3026	Madeline Halberg	North Iowa Buffalo	9	28:27.2	5:41/K
27	(< 5)	1564	Rosanne Curtis	Bishop Garrigan Algona	10	30:07.1	6:01/K
28	(< 5)	1262	Liberty Ellis	GTRA	10	32:42.2	6:32/K
29	(< 5)	1261	Emma Chapin	GTRA	10	32:53.3	6:35/K
30	(< 5)	847	Julina Wagner	East Sac County	12	33:51.5	6:46/K
31	(< 5)	2339	Jolina DeSimone	East Sac County	12	38:08.4	7:38/K
32	(< 5)	1263	Eidann Squires	GTRA	11	41:14.5	8:15/K

# E-Hawk Cross Country Invitational

Race Date

## Final Team Results

### Girls

#### Girls Varsity 5K

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - North Iowa Buffalo Center</b>				<b>Finish Position - 1</b>			
Team Score (places): 20				Average Time: 23:57.7			
1	3028	Becca Hofmann	12	1	21:50.5	21:50.5	0:00.0
2	3027	Lauren Hillesland	10	2	22:18.8	44:09.3	0:28.3
3	3029	Ava Meinders	10	4	24:59.6	1:09:08.9	3:09.1
4	3024	Miriam Beenken	12	6	25:15.2	1:34:24.1	3:24.7
5	3025	Alexis Gray	9	7	25:24.2	1:59:48.3	3:33.7
6	3026	Madeline Halberg	9	(12)	28:27.2	2:28:15.5	6:36.7
<b>Team - Emmetsburg</b>				<b>Finish Position - 2</b>			
Team Score (places): 35				Average Time: 25:36.0			
1	2492	Allyson Thompson	12	3	24:44.5	24:44.5	0:00.0
2	1116	Danica Ringlaben	10	5	25:08.4	49:52.9	0:23.9
3	1088	Jenna Frields	11	8	25:44.2	1:15:37.1	0:59.7
4	2491	Anika Stearns	12	9	26:06.7	1:41:43.8	1:22.2
5	959	Nadia Berkland	12	10	26:16.1	2:07:59.9	1:31.6
6	1111	Emma Krause	11	(11)	27:11.9	2:35:11.8	2:27.4
<b>Team - East Sac County</b>				<b>Finish Position - Inc.</b>			
Team Score (places): Inc.				Average Time:			
1	2061	Libbie Veit	9	Less Than 5	25:09.5	25:09.5	0:00.0
2	2056	Kortni Thomsen	11	Less Than 5	26:45.1	51:54.6	1:35.6
3	847	Julina Wagner	12	Less Than 5	33:51.5	1:25:46.1	8:42.0
4	2339	Jolina DeSimone	12	Less Than 5	38:08.4	2:03:54.5	12:58.9
<b>Team - North Union</b>				<b>Finish Position - Inc.</b>			
Team Score (places): Inc.				Average Time:			
1	3039	Alexis Cummins	9	Less Than 5	21:24.9	21:24.9	0:00.0
2	3041	Jacey Welbig	11	Less Than 5	22:51.6	44:16.5	1:26.7
3	3040	Alyssa Welbig	9	Less Than 5	25:01.6	1:09:18.1	3:36.7
4	3038	Jennifer Carranza	11	Less Than 5	25:15.6	1:34:33.7	3:50.7
<b>Team - Estherville Lincoln Central</b>				<b>Finish Position - Inc.</b>			
Team Score (places): Inc.				Average Time:			
1	1245	Tatum Dunlavy	12	Less Than 5	24:04.3	24:04.3	0:00.0
2	1247	Rylee Yager	11	Less Than 5	26:32.2	50:36.5	2:27.9
3	1246	Kylie Olson	10	Less Than 5	26:59.4	1:17:35.9	2:55.1
<b>Team - GTRA</b>				<b>Finish Position - Inc.</b>			
Team Score (places): Inc.				Average Time:			
1	1262	Liberty Ellis	10	Less Than 5	32:42.2	32:42.2	0:00.0

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## Final Team Results

### Girls

#### Girls Varsity 5K

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - GTRA</b>				<b>Finish Position - Inc.</b>			
Team Score (places): Inc.				Average Time:			
2	1261 Emma Chapin	10	Less Than 5		32:53.3	1:05:35.5	0:11.1
3	1263 Eidann Squires	11	Less Than 5		41:14.5	1:46:50.0	8:32.3
<b>Team - West Bend-Mallard</b>				<b>Finish Position - Inc.</b>			
Team Score (places): Inc.				Average Time:			
1	3051 Tyra Schupbach	10	Less Than 5		20:31.5	20:31.5	0:00.0
2	3049 Maddie Fehr	10	Less Than 5		25:04.6	45:36.1	4:33.1
3	3050 Lilly Morey	10	Less Than 5		25:05.8	1:10:41.9	4:34.3
<b>Team - Bishop Garrigan Algona</b>				<b>Finish Position - Inc.</b>			
Team Score (places): Inc.				Average Time:			
1	1558 Abbie Capesius	12	Less Than 5		24:43.8	24:43.8	0:00.0
2	1564 Rosanne Curtis	10	Less Than 5		30:07.1	54:50.9	5:23.3
<b>Team - St. Mary's Remsen</b>				<b>Finish Position - Inc.</b>			
Team Score (places): Inc.				Average Time:			
1	3047 McKenna Loutsch	12	Less Than 5		27:02.0	27:02.0	0:00.0

Overall Finish List**Boys****Boys Varsity 5K**

<u>Place</u>	<u>Score</u>	<u>Bib No</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>Time</u>	<u>Pace</u>
1	1	3031	Gavin Grunhovd	North Iowa Buffalo	11	17:07.2	3:25/K
2	2	1044	Parker Engel	East Sac County	12	17:44.7	3:33/K
3	3	1161	Isaiah Aragon	East Sac County	12	18:01.7	3:36/K
4	4	1252	Parker Duitsman	Estherville Lincoln	12	18:30.7	3:42/K
5	5	936	Landon Sporrer	East Sac County	10	19:06.1	3:49/K
6	6	1039	Owen Engel	East Sac County	10	19:19.2	3:52/K
7	7	3035	Jackson Potter	North Iowa Buffalo	11	19:41.4	3:56/K
8	(< 5)	3046	Gavyn Morphew	North Union	12	19:50.7	3:58/K
9	8	1253	Warren Duitsman	Estherville Lincoln	10	20:18.8	4:04/K
10	9	896	Wyatt Smith	East Sac County	10	20:51.7	4:10/K
11	10	1255	Conner Matheson	Estherville Lincoln	10	20:56.4	4:11/K
12	11	3034	Isaac Hillesland	North Iowa Buffalo	12	21:19.1	4:16/K
13	(< 5)	3052	Silas Bindel	West Bend-Mallard	11	21:21.0	4:16/K
14	(< 5)	3044	Aiden Bauer	North Union	10	21:45.0	4:21/K
15	12	2344	Amaury Thomas	Bishop Garrigan Algona	10	21:49.1	4:22/K
16	13	1251	Gu Chitic-Aguilar	Estherville Lincoln	9	21:58.7	4:24/K
17	(< 5)	1264	Zach Borchers	GTRA	12	22:14.9	4:27/K
18	14	947	Xander Hemer	East Sac County	10	22:16.2	4:27/K
19	15	1535	Ethan Kuper	Bishop Garrigan Algona	12	22:45.2	4:33/K
20	(< 5)	3043	Nicholas Arndorfer	North Union	12	22:53.5	4:35/K
21	16	1254	Wyatt Martin	Estherville Lincoln	9	23:04.9	4:37/K
22	(< 5)	3053	Grayden Forsythe	West Bend-Mallard	11	23:33.9	4:43/K
23	17	1539	Schylar Morse	Bishop Garrigan Algona	11	23:54.8	4:47/K
24	(< 5)	2494	Robert Frederick	Emmetsburg	11	23:55.8	4:47/K
25	18	3036	Jasper Wirth	North Iowa Buffalo	9	24:02.0	4:48/K
26	19	3033	Noah Hanson	North Iowa Buffalo	11	24:32.7	4:55/K
27	20	1576	Corbin Darlene	Bishop Garrigan Algona	9	24:44.2	4:57/K
28	(< 5)	3045	Kade Madden	North Union	10	24:47.1	4:57/K
29	(< 5)	1266	Anthony Pickar	GTRA	10	25:33.1	5:07/K
30	(< 5)	1265	Tristan Harvey	GTRA	12	26:34.2	5:19/K
31	21	1256	Jayden Pollock	Estherville Lincoln	10	26:50.4	5:22/K
32	22	1579	Nathaniel Darling	Bishop Garrigan Algona	12	26:52.8	5:23/K
33	23	1257	Aaron Thelen	Estherville Lincoln	11	27:33.7	5:31/K
34	(< 5)	2493	Lucian Benjamin	Emmetsburg	12	27:56.7	5:35/K

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Race Date

## Final Team Results

### Boys

#### Boys Varsity 5K

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - East Sac County</b>			<b>Finish Position - 1</b>				
Team Score (places): 25			Average Time: 19:00.7				
1	1044 Parker Engel	12	2	2	17:44.7	17:44.7	0:00.0
2	1161 Isaiah Aragon	12	3	5	18:01.7	35:46.4	0:17.0
3	936 Landon Sporrer	10	5	10	19:06.1	54:52.5	1:21.4
4	1039 Owen Engel	10	6	16	19:19.2	1:14:11.7	1:34.5
5	896 Wyatt Smith	10	9	25	20:51.7	1:35:03.4	3:07.0
6	947 Xander Hemer	10	(14)	(39)	22:16.2	1:57:19.6	4:31.5
<b>Team - Estherville Lincoln Central</b>			<b>Finish Position - 2</b>				
Team Score (places): 51			Average Time: 20:57.9				
1	1252 Parker Duitsman	12	4	4	18:30.7	18:30.7	0:00.0
2	1253 Warren Duitsman	10	8	12	20:18.8	38:49.5	1:48.1
3	1255 Conner Matheson	10	10	22	20:56.4	59:45.9	2:25.7
4	1251 Gu Chitic-Aguilar	9	13	35	21:58.7	1:21:44.6	3:28.0
5	1254 Wyatt Martin	9	16	51	23:04.9	1:44:49.5	4:34.2
6	1256 Jayden Pollock	10	(21)	(72)	26:50.4	2:11:39.9	8:19.7
7	1257 Aaron Thelen	11	(23)	(95)	27:33.7	2:39:13.6	9:03.0
<b>Team - North Iowa Buffalo Center</b>			<b>Finish Position - 3</b>				
Team Score (places): 56			Average Time: 21:20.5				
1	3031 Gavin Grunhovd	11	1	1	17:07.2	17:07.2	0:00.0
2	3035 Jackson Potter	11	7	8	19:41.4	36:48.6	2:34.2
3	3034 Isaac Hillesland	12	11	19	21:19.1	58:07.7	4:11.9
4	3036 Jasper Wirth	9	18	37	24:02.0	1:22:09.7	6:54.8
5	3033 Noah Hanson	11	19	56	24:32.7	1:46:42.4	7:25.5
<b>Team - Bishop Garrigan Algona</b>			<b>Finish Position - 4</b>				
Team Score (places): 86			Average Time: 24:01.3				
1	2344 Amaury Thomas	10	12	12	21:49.1	21:49.1	0:00.0
2	1535 Ethan Kuper	12	15	27	22:45.2	44:34.3	0:56.1
3	1539 Schyler Morse	11	17	44	23:54.8	1:08:29.1	2:05.7
4	1576 Corbin Darlene	9	20	64	24:44.2	1:33:13.3	2:55.1
5	1579 Nathaniel Darling	12	22	86	26:52.8	2:00:06.1	5:03.7
<b>Team - North Union</b>			<b>Finish Position - Inc.</b>				
Team Score (places): Inc.			Average Time:				
1	3046 Gavyn Morphew	12	Less Than 5		19:50.7	19:50.7	0:00.0
2	3044 Aiden Bauer	10	Less Than 5		21:45.0	41:35.7	1:54.3
3	3043 Nicholas Arndorfer	12	Less Than 5		22:53.5	1:04:29.2	3:02.8
4	3045 Kade Madden	10	Less Than 5		24:47.1	1:29:16.3	4:56.4

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## Final Team Results

### Boys

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<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - GTRA</b>				<b>Finish Position - Inc.</b>			
Team Score (places): Inc.					Average Time:		
1	1264 Zach Borchers	12	Less Than 5		22:14.9	22:14.9	0:00.0
2	1266 Anthony Pickar	10	Less Than 5		25:33.1	47:48.0	3:18.2
3	1265 Tristan Harvey	12	Less Than 5		26:34.2	1:14:22.2	4:19.3
<b>Team - Emmetsburg</b>				<b>Finish Position - Inc.</b>			
Team Score (places): Inc.					Average Time:		
1	2494 Robert Frederick	11	Less Than 5		23:55.8	23:55.8	0:00.0
2	2493 Lucian Benjamin	12	Less Than 5		27:56.7	51:52.5	4:00.9
<b>Team - West Bend-Mallard</b>				<b>Finish Position - Inc.</b>			
Team Score (places): Inc.					Average Time:		
1	3052 Silas Bindel	11	Less Than 5		21:21.0	21:21.0	0:00.0
2	3053 Grayden Forsythe	11	Less Than 5		23:33.9	44:54.9	2:12.9